

**MEIA MARATONA - STAGE 1**

**21.097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	10°C	93%
End	13:03	10°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	24	Bruno Silva	águias de alvelos	Senior Masculino	01:08:08		03:14
2	326	Rui Teixeira	sporting clube de portugal	Senior Masculino	01:08:23	+00:14	03:14
3	75	Pedro Cruz	c. d. são salvador do campo	Senior Masculino	01:09:05	+00:57	03:17
4	130	ARTUR RODRIGUES	grupo desportivo e cultural de guilhovai	Senior Masculino	01:09:55	+01:47	03:19
5	141	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	01:10:16	+02:08	03:20
6	16	António Fernandes	acr vale de cambra	Veterano M50	01:10:48	+02:40	03:21
7	23	André Silva	águias de alvelos	Senior Masculino	01:11:38	+03:30	03:24
8	73	Nuno Costa	c. d. são salvador do campo	Senior Masculino	01:11:43	+03:35	03:24
9	338	Nelson Magalhaes	união desportiva da varzea	Senior Masculino	01:11:53	+03:45	03:24
10	325	Ricardo Ribas	sport lisboa e benfica	Veterano M40	01:12:40	+04:32	03:27
11	112	João Ferreira Amorim	f.c. penafiel	Veterano M40	01:13:00	+04:52	03:28
12	344	Pedro Ferreira	a c d são joão da serra	Veterano M40	01:13:06	+04:58	03:28
13	115	Davide Figueiredo	figueiredos runners and friends	Veterano M45	01:13:25	+05:17	03:29
14	172	henrique costa	individual	Senior Masculino	01:13:28	+05:20	03:29
15	27	Pedro Magalhães	ama - associação mondim atletismo	Senior Masculino	01:13:28	+05:20	03:29
16	82	Abilio Costa	c. d. são salvador do campo	Veterano M50	01:14:04	+05:56	03:31
17	38	JORGE ALMEIDA	arvor associação veteranos de ovar	Senior Masculino	01:14:35	+06:27	03:32
18	134	FERNANDO FERREIRA	grupo desportivo e cultural de guilhovai	Veterano M50	01:14:42	+06:34	03:32
19	2	Carlos Costa	c. d. são salvador do campo	Senior Masculino	01:15:02	+06:54	03:33
20	71	João Antunes	c. d. são salvador do campo	Senior Masculino	01:15:02	+06:54	03:33
21	231	Carlos Sousa	individual	Veterano M45	01:15:04	+06:56	03:34
22	39	Alfredo Pinheiro	a. d. amarante	Veterano M50	01:15:05	+06:57	03:34
23	90	Nuno Fernandes	clube atletismo fafe	Senior Masculino	01:15:25	+07:17	03:35
24	354	Pedro Ribeiro	sporting clube de portugal	Senior Masculino	01:15:37	+07:29	03:35
25	1	Sara Moreira	sporting clube de portugal	Senior Feminino	01:15:38	+07:30	03:35
26	184	Marco Paulo Vides	individual	Senior Masculino	01:15:40	+07:32	03:35
27	142	AMADEU ROCHA	grupo dramatico e recreativo da retorta	Veterano M40	01:15:45	+07:36	03:35
28	144	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Veterano M50	01:16:06	+07:58	03:36
29	57	Joaquim Silva	bairro de carcavelos synergie	Veterano M55	01:16:19	+08:11	03:37
30	74	Nuno Queiroz	c. d. são salvador do campo	Senior Masculino	01:16:21	+08:13	03:37
31	208	Adelino Fernandes	individual	Veterano M40	01:16:26	+08:18	03:37
32	20	João Pereira	afis/ovar	Veterano M55	01:16:27	+08:19	03:37
33	358	Adelino Fernandes	cyclones sanitop	Veterano M50	01:16:36	+08:28	03:38
34	80	Mário Contreiras	c. d. são salvador do campo	Veterano M45	01:16:42	+08:34	03:38
35	143	NIGUEL MENDES	grupo dramatico e recreativo da retorta	Veterano M40	01:16:52	+08:44	03:39
36	140	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:16:58	+08:50	03:39
37	52	Ulisses Lopes	bairro de carcavelos synergie	Veterano M50	01:17:03	+08:54	03:39
38	59	Casimiro Galhardo	bairro de carcavelos synergie	Veterano M60	01:17:12	+09:04	03:40
39	69	Carlos Silva	c. d. são salvador do campo	Senior Masculino	01:17:19	+09:11	03:40
40	139	TIAGO LISBOA	grupo dramatico e recreativo da retorta	Senior Masculino	01:17:25	+09:17	03:40
41	145	JOAQUIM ROCHA	grupo dramatico e recreativo da retorta	Veterano M50	01:17:45	+09:37	03:41
42	93	Pedro Terra	clube campismo	Veterano M60	01:17:56	+09:48	03:42

**MEIA MARATONA - STAGE 1**

**21.097 KM**

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	298	Ernesto Almeida	núcleo de atletismo de cucujães	Veterano M55	01:17:57	+09:49	03:42
44	41	Manuel Costa	associação desportiva de lustosa	Veterano M50	01:18:21	+10:13	03:43
45	174	Ivo Peko	individual	Senior Masculino	01:18:31	+10:22	03:43
46	97	João Cavadas	crsdc santiago	Veterano M50	01:18:41	+10:33	03:44
47	342	Luísa Oliveira	paredes aventura	Senior Feminino	01:18:55	+10:47	03:44
48	128	ANTÓNIO CRISTÓVÃO	grupo desportivo e cultural de guilhovai	Senior Masculino	01:18:58	+10:50	03:45
49	171	Hélder Costa	individual	Senior Masculino	01:19:02	+10:54	03:45
50	78	Rui Veloso	c. d. são salvador do campo	Veterano M40	01:19:02	+10:54	03:45
51	25	Filipe Cunha	águas de alvelos	Senior Masculino	01:19:06	+10:58	03:45
52	122	Paulo Jesus	g.r.estrela do bonfim	Veterano M40	01:20:27	+12:19	03:49
53	212	Carlos manuel batista ferreira	individual	Veterano M40	01:20:33	+12:25	03:49
54	70	Hélder Peixoto	c. d. são salvador do campo	Senior Masculino	01:20:37	+12:29	03:49
55	104	António Domingos Moreira de Freitas	dr.merino/4moove	Senior Masculino	01:21:28	+13:20	03:52
56	68	Albano Silva	c. d. são salvador do campo	Senior Masculino	01:21:50	+13:42	03:53
57	357	Ezequiel Fernandes	team lanthemil	Veterano M45	01:21:59	+13:51	03:53
58	54	Benjamin Soares	bairro de carcavelos synergie	Veterano M55	01:22:30	+14:22	03:55
59	302	Adelino Silva	grupo dramatico e recreativo da retorta	Veterano M40	01:22:37	+14:29	03:55
60	339	Agostinho Teixeira	união desportiva da varzea	Veterano M45	01:22:51	+14:43	03:56
61	84	Manuel Gomes	c. d. são salvador do campo	Veterano M50	01:22:56	+14:48	03:56
62	63	Jose Monteiro	bairro de carcavelos synergie	Veterano M60	01:23:00	+14:52	03:56
63	353	Justyna Wojcik	sport comercio e salgueiros	Senior Feminino	01:23:10	+15:02	03:57
64	234	Luís Lopes	individual	Veterano M45	01:23:32	+15:24	03:58
65	315	Joana Nunes	recreio desportivo de águeda	Senior Feminino	01:23:36	+15:28	03:58
66	288	Flávio Fernandes	n b a barrosas	Veterano M45	01:24:07	+15:59	03:59
67	290	JOSÉ MOTA	nascidos para correr	Veterano M55	01:24:09	+16:01	03:59
68	138	FLAVIO PASTOR	grupo dramatico e recreativo da retorta	Senior Masculino	01:24:14	+16:06	04:00
69	137	Eurico Moura	grupo dramatico e recreativo da retorta	Senior Masculino	01:24:24	+16:16	04:00
70	274	Paulo Ribeiro	kilosmoda	Veterano M45	01:24:26	+16:18	04:00
71	64	Manuel Dourado	bairro de carcavelos synergie	Veterano M60	01:24:29	+16:20	04:00
72	18	Sara Carvalho	acrsdeterro	Senior Feminino	01:24:31	+16:23	04:00
73	191	Pedro Maio	individual	Senior Masculino	01:24:33	+16:25	04:00
74	17	José Graça	acr vale de cambra	Veterano M55	01:24:42	+16:34	04:01
75	40	Fernando Pereira	associação desportiva de lustosa	Veterano M50	01:24:43	+16:35	04:01
76	103	Ricardo Barros	douroconta-gabinete de apoio e contabilidade	Senior Masculino	01:24:56	+16:48	04:02
77	21	ANTONIO VIEIRA	afis/ovar	Veterano M60	01:24:58	+16:50	04:02
78	193	Pedro Sérgio Moreira Santos	individual	Senior Masculino	01:25:09	+17:01	04:02
79	179	Joel Barbosa	individual	Senior Masculino	01:25:14	+17:06	04:02
80	102	Hugo Moreira	douroconta-gabinete de apoio e contabilidade	Senior Masculino	01:25:28	+17:20	04:03
81	222	Paulo Sérgio Pereira Pinto	individual	Veterano M40	01:25:28	+17:20	04:03
82	129	ALEXANDRE SANTOS	grupo desportivo e cultural de guilhovai	Veterano M40	01:25:37	+17:29	04:04
83	340	Manuel Freitas Mendes	vitoria sport clube	Veterano M45	01:25:45	+17:37	04:04
84	337	Rosa Soares	união desportiva da varzea	Senior Feminino	01:25:45	+17:37	04:04
85	277	Jessica Pontes	liberdade futebol clube	Senior Feminino	01:25:51	+17:42	04:04
86	336	Rui Alves	trail me	Senior Masculino	01:25:51	+17:43	04:04

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21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	160	Bruno M Pacheco	individual	Senior Masculino	01:26:06	+17:58	04:05
88	346	Manuel Azevedo	individual	Veterano M40	01:26:09	+18:01	04:05
89	37	AUGUSTO ANTUNES	arpo - associação recreativa pousadense	Veterano M50	01:26:11	+18:03	04:05
90	42	José Ferreira	associação desportiva de lustosa	Veterano M55	01:26:20	+18:12	04:06
91	118	Belmiro Ferreira	g.d.leoes da guarda	Veterano M50	01:27:03	+18:55	04:08
92	125	Lídia Pereira	gdr granja - trutas do mau	Veterana F50	01:27:09	+19:01	04:08
93	83	Agostinho Costa	c. d. são salvador do campo	Veterano M50	01:27:12	+19:04	04:08
94	157	Andre Neves	individual	Veterano M40	01:27:14	+19:06	04:08
95	48	Julio Ribeiro	bairro de carcavelos synergie	Veterano M50	01:27:21	+19:13	04:08
96	45	Arlindo Sousa	atletico clube alfenense	Veterano M50	01:27:28	+19:20	04:09
97	273	José Alves	kilosmoda	Veterano M45	01:27:30	+19:22	04:09
98	46	Afonso Torres	aves runners	Veterano M40	01:27:30	+19:22	04:09
99	187	Paulo Brandao	individual	Senior Masculino	01:27:44	+19:36	04:10
100	351	Manuel Alves	individual	Veterano M55	01:27:50	+19:42	04:10
101	81	Zeferino Neto	c. d. são salvador do campo	Veterano M45	01:27:51	+19:43	04:10
102	8	Antonio Jesus	a d r aveleda	Veterano M45	01:27:54	+19:46	04:10
103	76	Vitor Pontes	c. d. são salvador do campo	Senior Masculino	01:28:21	+20:13	04:11
104	91	Rui Fernandes	clube atletismo fafe	Senior Masculino	01:28:52	+20:44	04:13
105	36	Ricardo Azevedo	arpo - associação recreativa pousadense	Veterano M40	01:29:04	+20:56	04:13
106	15	MANUEL GOMES	a.r.de negrelos	Veterano M50	01:29:05	+20:57	04:13
107	300	ERNESTO BRANDÃO	nucleo de karate e atletismo de roriz	Veterano M55	01:29:07	+20:59	04:13
108	6	Nuno Oliveira	a d r aveleda	Veterano M40	01:29:19	+21:11	04:14
109	9	Paulo Ribeiro	a d r aveleda	Veterano M45	01:29:33	+21:25	04:15
110	14	LUIS MARTINS	a.r.de negrelos	Veterano M50	01:29:41	+21:33	04:15
111	307	José Manuel de Oliveira Pedrosa	os primos	Veterano M40	01:30:01	+21:53	04:16
112	163	Daniel José Abreu	individual	Senior Masculino	01:30:04	+21:56	04:16
113	158	Bernardo Braga	individual	Senior Masculino	01:30:12	+22:04	04:17
114	189	Paulo Costa	individual	Senior Masculino	01:30:13	+22:05	04:17
115	308	Gustavo André Carvalho de Vasconcelos	ourivesaria vasconcelos - vizela	Veterano M45	01:30:23	+22:15	04:17
116	62	Jose Corval	bairro de carcavelos synergie	Veterano M60	01:30:33	+22:25	04:18
117	13	SERGIO MARTINS	a.r.de negrelos	Veterano M45	01:30:38	+22:30	04:18
118	61	Joaquim Ribeiro	bairro de carcavelos synergie	Veterano M60	01:30:39	+22:31	04:18
119	283	Manuel Pereira	lousada runners	Veterano M50	01:30:40	+22:32	04:18
120	343	Alcino Sampaio	aves runners	Veterano M40	01:30:48	+22:40	04:18
121	505	Telmo Cardoso	associação desportiva de lustosa	Veterano M40	01:31:00	+22:52	04:19
122	188	Paulo Cesar Vieira Fernandes	individual	Senior Masculino	01:31:08	+23:00	04:19
123	214	João Gilberto Silva Lopes	individual	Veterano M40	01:31:23	+23:15	04:20
124	117	Gualter da Silva Freitas	fisiovera lemos	Veterano M45	01:31:27	+23:19	04:20
125	116	Eduardo Lemos	fisiovera lemos	Veterano M45	01:31:27	+23:19	04:20
126	252	José Manuel Costa	individual	Veterano M55	01:32:10	+24:02	04:22
127	219	Milton Rodrigues	individual	Veterano M40	01:32:24	+24:16	04:23
128	33	Alexandre Silva	amigos do atletismo do magna	Veterano M55	01:32:49	+24:41	04:24
129	213	filipe martins	individual	Veterano M40	01:33:45	+25:37	04:27
130	200	Vitor Cunha	individual	Senior Masculino	01:33:49	+25:41	04:27
131	244	Paulo Martins	individual	Veterano M50	01:33:49	+25:41	04:27

## MEIA MARATONA - STAGE 1

**21.097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	235	nuno cáceres	individual	Veterano M45	01:33:51	+25:43	04:27
133	34	Silverio Guedes	amigos do atletismo do magna	Veterano M55	01:34:00	+25:52	04:27
134	136	DAVID FERNANDES	grupo desportivo e cultural de guilhovai	Veterano M60	01:34:07	+25:59	04:28
135	159	Bruno Daniel Carvalho Castro	individual	Senior Masculino	01:34:12	+26:04	04:28
136	132	Carlos Oliveira	grupo desportivo e cultural de guilhovai	Veterano M60	01:34:25	+26:17	04:29
137	255	Antonio Gomes Barros Oliveira.	individual	Veterano M60	01:34:56	+26:48	04:30
138	269	Sérgio Gonçalves	kilosmoda	Senior Masculino	01:34:59	+26:51	04:30
139	173	ISOLINO ALVES	individual	Senior Masculino	01:35:00	+26:52	04:30
140	270	Alberto Santos	kilosmoda	Veterano M40	01:35:14	+27:06	04:31
141	30	Joaquim Fernandes	amigos do atletismo do magna	Senior Masculino	01:35:17	+27:09	04:31
142	32	Maximiano Borges	amigos do atletismo do magna	Veterano M50	01:35:17	+27:09	04:31
143	127	gaspar pais	godini	Veterano M45	01:35:18	+27:10	04:31
144	228	Abílio Pereira	individual	Veterano M45	01:35:19	+27:11	04:31
145	165	Edgar Costa	individual	Senior Masculino	01:35:19	+27:11	04:31
146	271	Helder Ferreira	kilosmoda	Veterano M40	01:35:29	+27:21	04:32
147	352	Pedro Ferreira	individual	Senior Masculino	01:35:35	+27:27	04:32
148	268	João Ferreira	kilosmoda	Senior Masculino	01:35:40	+27:31	04:32
149	276	Artur Araújo	kilosmoda	Veterano M50	01:35:40	+27:32	04:32
150	209	Afonso Pereira	individual	Veterano M40	01:35:41	+27:33	04:32
151	11	Horácio Teixeira	a d r aveleda	Veterano M60	01:35:47	+27:39	04:32
152	121	Carlos Frias	g.d.leoes da guarda	Veterano M60	01:36:03	+27:55	04:33
153	312	Raul Pinto Ferreira	pinto ferreira	Senior Masculino	01:36:08	+28:00	04:33
154	133	Miguel Santos	grupo desportivo e cultural de guilhovai	Veterano M40	01:36:26	+28:18	04:34
155	256	Augusto Dourado	individual	Veterano M60	01:36:34	+28:26	04:35
156	109	Telma Duarte	ermidafit	Senior Feminino	01:36:36	+28:28	04:35
157	110	Ricardo Pais	ermidafit	Senior Masculino	01:36:50	+28:41	04:35
158	331	paulo loureiro	team lanthemil	Senior Masculino	01:37:48	+29:40	04:38
159	181	Jorge antonio oliveira miranda	individual	Senior Masculino	01:38:23	+30:15	04:40
160	98	Daniel Dias Rodrigues	cyclones sanitop	Senior Masculino	01:38:23	+30:15	04:40
161	261	Daniel Cruz	i-run	Senior Masculino	01:38:40	+30:32	04:41
162	287	Marco Vaz	n b a barrosas	Senior Masculino	01:38:44	+30:36	04:41
163	135	NORBERTO OLIVEIRA	grupo desportivo e cultural de guilhovai	Veterano M55	01:38:53	+30:45	04:41
164	310	Sergio Andre Marques Crista	persistentes	Senior Masculino	01:38:54	+30:46	04:41
165	286	Bruno Ribeiro	n b a barrosas	Senior Masculino	01:39:03	+30:55	04:42
166	318	CARLOS MANUEL DOS SANTOS ROCHA	sai da frente	Veterano M40	01:39:03	+30:55	04:42
167	253	José Sá	individual	Veterano M55	01:39:07	+30:59	04:42
168	232	Celestino Garcia	individual	Veterano M45	01:40:11	+32:03	04:45
169	166	Eduardo Xavier	individual	Senior Masculino	01:40:16	+32:08	04:45
170	314	Filipe Silva	r/r online	Veterano M40	01:40:19	+32:11	04:45
171	192	Pedro Pereira	individual	Senior Masculino	01:40:30	+32:22	04:46
172	355	Bruno Pereira	individual	Senior Masculino	01:40:37	+32:29	04:46
173	194	Ricardo cruz	individual	Senior Masculino	01:40:57	+32:49	04:47
174	220	Nelson NOval	individual	Veterano M40	01:41:00	+32:52	04:47
175	150	joana creissac	individual	Senior Feminino	01:41:06	+32:58	04:48
176	284	António Sousa	lousada runners	Veterano M60	01:41:06	+32:58	04:48

**MEIA MARATONA - STAGE 1****21.097 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	280	José Fernando Costa	lousada runners	Senior Masculino	01:41:06	+32:58	04:48
178	227	Vitor Mateus	individual	Veterano M40	01:42:40	+34:32	04:52
179	242	Nuno Rodrigues	individual	Veterano M50	01:42:46	+34:38	04:52
180	293	Leonel Silva	neighbors run	Veterano M40	01:43:19	+35:11	04:54
181	292	Leonardo Brito	neighbors run	Senior Masculino	01:43:19	+35:11	04:54
182	313	Paula Salgado	r/r online	Veterana F40	01:43:22	+35:14	04:54
183	152	Marta Martins	individual	Senior Feminino	01:43:27	+35:19	04:54
184	322	Marcelino Cunha	só mais uma ...	Veterano M40	01:43:30	+35:22	04:54
185	289	CÉLINE GOMES	nascidos para correr	Senior Feminino	01:43:34	+35:26	04:55
186	190	Paulo Morais	individual	Senior Masculino	01:43:42	+35:34	04:55
187	185	Nuno César Vieira Monteiro	individual	Senior Masculino	01:43:54	+35:46	04:56
188	100	Luís Barreiro	domoweb	Senior Masculino	01:43:55	+35:47	04:56
189	311	JORGE SILVA	pevidém	Veterano M45	01:44:10	+36:02	04:56
190	180	Joel Roriz Azevedo	individual	Senior Masculino	01:44:12	+36:04	04:56
191	250	António Oliveira	individual	Veterano M55	01:44:17	+36:09	04:57
192	168	fernando manuel tuna magalhaes	individual	Senior Masculino	01:44:28	+36:20	04:57
193	7	Antónia Bessa	a d r aveleda	Veterana F40	01:44:30	+36:22	04:57
194	3	Bruno Martins	a d r aveleda	Senior Masculino	01:44:31	+36:23	04:57
195	345	Carlos Paulo Gomes Costa	individual	Veterano M45	01:44:33	+36:25	04:57
196	348	José Carlos Sousa	a. a. lebres do sado	Veterano M45	01:44:33	+36:25	04:57
197	229	AUGUSTO SILVA	individual	Veterano M45	01:44:41	+36:33	04:58
198	124	Jorge Manuel Oliveira e Silva	gd bpi	Veterano M45	01:44:50	+36:42	04:58
199	10	Domingos Mendes	a d r aveleda	Veterano M55	01:45:21	+37:13	05:00
200	305	Bruno Miguel Da Costa Fontao e Silva	os primos	Senior Masculino	01:45:40	+37:32	05:01
201	89	Susana Silva Rodrigues	clube atletismo fafe	Senior Feminino	01:45:42	+37:34	05:01
202	146	Alexandre Silva	helena closet	Senior Masculino	01:46:11	+38:02	05:02
203	196	Sérgio Quintas	individual	Senior Masculino	01:46:11	+38:03	05:02
204	154	Patrícia Silva	individual	Senior Feminino	01:46:20	+38:12	05:02
205	333	Filipe	team toyota	Veterano M40	01:46:29	+38:21	05:03
206	183	José Vasconcelos	individual	Senior Masculino	01:46:34	+38:25	05:03
207	264	Joaquim Paulo da Rocha Ferreira	i-run	Veterano M45	01:46:35	+38:27	05:03
208	267	Bruno Lopes	isidros	Senior Masculino	01:46:49	+38:41	05:04
209	275	Pedro Silva	kilosmoda	Veterano M45	01:46:49	+38:41	05:04
210	224	PEDRO PEDROSO	individual	Veterano M40	01:46:50	+38:42	05:04
211	299	ARMINDO TORRES	nucleo de karate e atletismo de roriz	Veterano M55	01:47:03	+38:55	05:04
212	198	Tiago Miguel dos Santos Barbosa	individual	Senior Masculino	01:47:03	+38:55	05:04
213	223	Pedro Augusto da Silva loureiro	individual	Veterano M40	01:47:03	+38:55	05:04
214	301	LUIS BESSA	nucleo de karate e atletismo de roriz	Veterano M60	01:47:03	+38:55	05:04
215	247	Rui Carvalho	individual	Veterano M50	01:47:09	+39:01	05:05
216	349	Fábio Cunha	individual	Senior Masculino	01:47:24	+39:16	05:05
217	263	Mário Sá-Carneiro	i-run	Veterano M40	01:47:32	+39:24	05:06
218	257	Carlos Duarte dos Reis	individual	Veterano M60	01:47:39	+39:30	05:06

## MEIA MARATONA - STAGE 1

21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	262	ESMERALDA SOUTO SILVA	i-run	Veterana F40	01:47:39	+39:31	05:06
220	265	Antonio Carvalho	i-run	Veterano M60	01:47:47	+39:39	05:07
221	101	Nelson Ferreira	domoweb	Senior Masculino	01:47:59	+39:51	05:07
222	211	Armando Rui Oliveira	individual	Veterano M40	01:47:59	+39:51	05:07
223	291	Daniel Silva	neighbors run	Senior Masculino	01:48:39	+40:31	05:09
224	114	Celina Silva	figueiredos runners and friends	Senior Feminino	01:48:42	+40:34	05:09
225	182	José manuel gonçalves barbosa	individual	Senior Masculino	01:48:52	+40:44	05:10
226	295	Leandro Ramos	nocturnos de paredes	Veterano M40	01:48:53	+40:45	05:10
227	240	José António Oliveira Ferreira	individual	Veterano M50	01:49:05	+40:57	05:10
228	241	Manuel Azevedo Mendes	individual	Veterano M50	01:49:25	+41:17	05:11
229	66	Luis Tavora	barbatonas	Senior Masculino	01:49:28	+41:20	05:11
230	99	Arnaldo Rodrigues	desnivel positivo	Veterano M50	01:49:33	+41:25	05:12
231	254	Nuno Oliveira	individual	Veterano M55	01:49:36	+41:28	05:12
232	323	Joaquim Cunha	só mais uma ...	Veterano M50	01:49:44	+41:36	05:12
233	204	Silvia Carla Nascimento Pedroso	individual	Veterana F40	01:49:56	+41:48	05:13
234	303	Jose Lino Ferreira Moura	os mangueiras	Veterano M55	01:50:11	+42:03	05:13
235	304	Jose Manuel To Carmo Neves	os mangueiras	Veterano M55	01:50:12	+42:04	05:13
236	22	MARCO RUSSO	afrikanrunners	Senior Masculino	01:50:25	+42:17	05:14
237	236	Paulo Ribeiro	individual	Veterano M45	01:52:50	+44:42	05:21
238	195	Rodolfo	individual	Senior Masculino	01:53:17	+45:09	05:22
239	359	Felizberto Silva	individual	Veterano M40	01:53:44	+45:36	05:23
240	306	Luís Miguel Araújo Pedrosa	os primos	Senior Masculino	01:54:09	+46:01	05:25
241	72	MARTINHO FERREIRA	c. d. são salvador do campo	Senior Masculino	01:54:54	+46:46	05:27
242	297	Herminia Rodrigues	núcleo atletismo das taipas	Veterana F50	01:55:50	+47:42	05:29
243	285	João Maia	magnunssens	Senior Masculino	01:56:01	+47:53	05:30
244	329	Miguel Barqueiro	sunset runners	Veterano M40	01:56:27	+48:19	05:31
245	330	Jose Silva	sunset runners	Veterano M50	01:56:28	+48:20	05:31
246	96	Nuno Gonçalves	corridas.beer	Senior Masculino	01:56:31	+48:23	05:31
247	356	Ricardo Costa	individual	Senior Masculino	01:57:22	+49:14	05:34
248	258	Emídio Silva	individual	Veterano M60	01:58:55	+50:47	05:38
249	259	José do Eirado Azevedo	individual	Veterano M60	01:59:10	+51:02	05:39
250	249	Agostinho Fontes	individual	Veterano M55	01:59:41	+51:33	05:40
251	226	Ricardo Ferreira	individual	Veterano M40	02:00:14	+52:06	05:42
252	106	Gil Ferreira	emigrantes team	Senior Masculino	02:03:41	+55:32	05:52
253	105	Daniel Ferreira	emigrantes team	Senior Masculino	02:03:42	+55:34	05:52
254	149	Inês Rodrigues	individual	Senior Feminino	02:05:46	+57:38	05:58
255	230	Baltazar Matos	individual	Veterano M45	02:07:06	+58:58	06:01
256	248	Adão Cunha Faria	individual	Veterano M55	02:07:56	+59:48	06:04
257	35	Fernando Azevedo.	arpo - associação recreativa pousadense	Senior Masculino	02:09:56	+01:01:48	06:10
258	324	Rita Silva	sport comercio e salgueiros	Senior Feminino	02:10:42	+01:02:34	06:12
259	260	Manuel Emidio	individual	Veterano M60	02:13:08	+01:05:00	06:19
260	206	Arminda Cruz	individual	Veterana F50	02:16:31	+01:08:23	06:28



Meia Maratona

21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	184	Marco Paulo Vides	Individual	Senior Masculino	01:15:40	+07:32	03:35
17	74	Nuno Queiroz	C. D. São Salvador do Campo	Senior Masculino	01:16:21	+08:13	03:37
18	140	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:16:58	+08:50	03:39
19	69	Carlos Silva	C. D. São Salvador do Campo	Senior Masculino	01:17:19	+09:11	03:40
20	139	TIAGO LISBOA	grupo dramatico e recreativo da retorta	Senior Masculino	01:17:25	+09:17	03:40
21	174	Ivo Peko	Individual	Senior Masculino	01:18:31	+10:22	03:43
22	128	ANTÓNIO CRISTÓVÃO	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	01:18:58	+10:50	03:45
23	171	Hélder Costa	Individual	Senior Masculino	01:19:02	+10:54	03:45
24	25	Filipe Cunha	Águias de Alvelos	Senior Masculino	01:19:06	+10:58	03:45
25	70	Hélder Peixoto	C. D. São Salvador do Campo	Senior Masculino	01:20:37	+12:29	03:49
26	104	António Domingos Moreira de Freitas	Dr.Merino/4Moove	Senior Masculino	01:21:28	+13:20	03:52
27	68	Albano Silva	C. D. São Salvador do Campo	Senior Masculino	01:21:50	+13:42	03:53
28	138	FLAVIO PASTOR	grupo dramatico e recreativo da retorta	Senior Masculino	01:24:14	+16:06	04:00
29	137	Eurico Moura	grupo dramatico e recreativo da retorta	Senior Masculino	01:24:24	+16:16	04:00
30	191	Pedro Maio	Individual	Senior Masculino	01:24:33	+16:25	04:00
31	103	Ricardo Barros	Douroconta-Gabinete de Apoio e Contabilidade	Senior Masculino	01:24:56	+16:48	04:02
32	193	Pedro Sérgio Moreira Santos	Individual	Senior Masculino	01:25:09	+17:01	04:02
33	179	Joel Barbosa	Individual	Senior Masculino	01:25:14	+17:06	04:02
34	102	Hugo Moreira	Douroconta-Gabinete de Apoio e Contabilidade	Senior Masculino	01:25:28	+17:20	04:03
35	336	Rui Alves	TRAIL ME	Senior Masculino	01:25:51	+17:43	04:04
36	160	Bruno M Pacheco	Individual	Senior Masculino	01:26:06	+17:58	04:05
37	187	Paulo Brandao	Individual	Senior Masculino	01:27:44	+19:36	04:10
38	76	Vitor Pontes	C. D. São Salvador do Campo	Senior Masculino	01:28:21	+20:13	04:11
39	91	Rui Fernandes	Clube Atletismo Fafe	Senior Masculino	01:28:52	+20:44	04:13
40	163	Daniel José Abreu	Individual	Senior Masculino	01:30:04	+21:56	04:16
41	158	Bernardo Braga	Individual	Senior Masculino	01:30:12	+22:04	04:17
42	189	Paulo Costa	Individual	Senior Masculino	01:30:13	+22:05	04:17
43	188	Paulo Cesar Vieira Fernandes	Individual	Senior Masculino	01:31:08	+23:00	04:19
44	200	Vitor Cunha	Individual	Senior Masculino	01:33:49	+25:41	04:27
45	159	Bruno Daniel Carvalho Castro	Individual	Senior Masculino	01:34:12	+26:04	04:28
46	269	Sérgio Gonçalves	KILOSMODA	Senior Masculino	01:34:59	+26:51	04:30
47	173	ISOLINO ALVES	Individual	Senior Masculino	01:35:00	+26:52	04:30
48	30	Joaquim Fernandes	Amigos do Atletismo do Magna	Senior Masculino	01:35:17	+27:09	04:31
49	165	Edgar Costa	Individual	Senior Masculino	01:35:19	+27:11	04:31
50	352	Pedro Ferreira	Individual	Senior Masculino	01:35:35	+27:27	04:32
51	268	João Ferreira	KILOSMODA	Senior Masculino	01:35:40	+27:31	04:32
52	312	Raul Pinto Ferreira	Pinto Ferreira	Senior Masculino	01:36:08	+28:00	04:33
53	110	Ricardo Pais	ErmidaFit	Senior Masculino	01:36:50	+28:41	04:35
54	331	paulo loureiro	TEAM LANTEMIL	Senior Masculino	01:37:48	+29:40	04:38
55	181	Jorge antonio oliveira miranda	Individual	Senior Masculino	01:38:23	+30:15	04:40
56	98	Daniel Dias Rodrigues	CYCLONES SANITOP	Senior Masculino	01:38:23	+30:15	04:40
57	261	Daniel Cruz	I-Run	Senior Masculino	01:38:40	+30:32	04:41



Meia Maratona

21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

58	287	Marco Vaz	N B A Barrosas	Senior Masculino	01:38:44	+30:36	04:41
59	310	Sergio Andre Marques Crista	PERSISTENTES	Senior Masculino	01:38:54	+30:46	04:41
60	286	Bruno Ribeiro	N B A Barrosas	Senior Masculino	01:39:03	+30:55	04:42
61	166	Eduardo Xavier	Individual	Senior Masculino	01:40:16	+32:08	04:45
62	192	Pedro Pereira	Individual	Senior Masculino	01:40:30	+32:22	04:46
63	355	Bruno Pereira	Individual	Senior Masculino	01:40:37	+32:29	04:46
64	194	Ricardo cruz	Individual	Senior Masculino	01:40:57	+32:49	04:47
65	280	José Fernando Costa	LOUSADA RUNNERS	Senior Masculino	01:41:06	+32:58	04:48
66	292	Leonardo Brito	Neighbors run	Senior Masculino	01:43:19	+35:11	04:54
67	190	Paulo Moraes	Individual	Senior Masculino	01:43:42	+35:34	04:55
68	185	Nuno César Vieira Monteiro	Individual	Senior Masculino	01:43:54	+35:46	04:56
69	100	Luis Barreiro	Domoweb	Senior Masculino	01:43:55	+35:47	04:56
70	180	Joel Roriz Azevedo	Individual	Senior Masculino	01:44:12	+36:04	04:56
71	168	fernando manuel tuna magalhaes	Individual	Senior Masculino	01:44:28	+36:20	04:57
72	3	Bruno Martins	A D R Aveleda	Senior Masculino	01:44:31	+36:23	04:57
73	305	Bruno Miguel Da Costa Fontao e Silva	Os primos	Senior Masculino	01:45:40	+37:32	05:01
74	146	Alexandre Silva	Helena Closet	Senior Masculino	01:46:11	+38:02	05:02
75	196	Sérgio Quintas	Individual	Senior Masculino	01:46:11	+38:03	05:02
76	183	José Vasconcelos	Individual	Senior Masculino	01:46:34	+38:25	05:03
77	267	Bruno Lopes	Isidros	Senior Masculino	01:46:49	+38:41	05:04
78	198	Tiago Miguel dos Santos Barbosa	Individual	Senior Masculino	01:47:03	+38:55	05:04
79	349	Fábio Cunha	Individual	Senior Masculino	01:47:24	+39:16	05:05
80	101	Nelson Ferreira	Domoweb	Senior Masculino	01:47:59	+39:51	05:07
81	291	Daniel Silva	Neighbors run	Senior Masculino	01:48:39	+40:31	05:09
82	182	José manuel gonçalves barbosa	Individual	Senior Masculino	01:48:52	+40:44	05:10
83	66	Luis Tavora	Barbatonas	Senior Masculino	01:49:28	+41:20	05:11
84	22	MARCO RUSSO	AfrikanRunners	Senior Masculino	01:50:25	+42:17	05:14
85	195	Rodolfo	Individual	Senior Masculino	01:53:17	+45:09	05:22
86	306	Luis Miguel Araújo Pedrosa	Os primos	Senior Masculino	01:54:09	+46:01	05:25
87	72	MARTINHO FERREIRA	C. D. São Salvador do Campo	Senior Masculino	01:54:54	+46:46	05:27
88	285	João Maia	Magnunssens	Senior Masculino	01:56:01	+47:53	05:30
89	96	Nuno Gonçalves	Corridas.Beer	Senior Masculino	01:56:31	+48:23	05:31
90	356	Ricardo Costa	Individual	Senior Masculino	01:57:22	+49:14	05:34
91	106	Gil Ferreira	Emigrantes TEam	Senior Masculino	02:03:41	+55:32	05:52
92	105	Daniel Ferreira	Emigrantes TEam	Senior Masculino	02:03:42	+55:34	05:52
93	35	Fernando Azevedo.	ARPO - Associação Recreativa Pousadense	Senior Masculino	02:09:56	+01:01:48	06:10

Veterana F40

1	313	Paula Salgado	R/R ONLINE	Veterana F40	01:43:22	+35:14	04:54
2	7	Antónia Bessa	A D R Aveleda	Veterana F40	01:44:30	+36:22	04:57
3	262	ESMERALDA SOUTO SILVA	I-Run	Veterana F40	01:47:39	+39:31	05:06
4	204	Silvia Carla Nascimento Pedroso	Individual	Veterana F40	01:49:56	+41:48	05:13

Meia Maratona

21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## Veterana F50

1	125	Lídia Pereira	GDR Granja - TRUTAS DO MAU	Veterana F50	01:27:09	+19:01	04:08
2	297	Herminia Rodrigues	Núcleo Atletismo das Taipas	Veterana F50	01:55:50	+47:42	05:29
3	206	Arminda Cruz	Individual	Veterana F50	02:16:31	+01:08:23	06:28

## Veterano M40

1	325	Ricardo Ribas	SPORT LISBOA E BENFICA	Veterano M40	01:12:40	+04:32	03:27
2	112	João Ferreira Amorim	F.C. Penafiel	Veterano M40	01:13:00	+04:52	03:28
3	344	Pedro Ferreira	A C D São João da Serra	Veterano M40	01:13:06	+04:58	03:28
4	142	AMADEU ROCHA	grupo dramatico e recreativo da retorta	Veterano M40	01:15:45	+07:36	03:35
5	208	Adelino Fernandes	Individual	Veterano M40	01:16:26	+08:18	03:37
6	143	NIGUEL MENDES	grupo dramatico e recreativo da retorta	Veterano M40	01:16:52	+08:44	03:39
7	78	Rui Veloso	C. D. São Salvador do Campo	Veterano M40	01:19:02	+10:54	03:45
8	122	Paulo Jesus	g.r.Estrela do Bonfim	Veterano M40	01:20:27	+12:19	03:49
9	212	Carlos manuel batista ferreira	Individual	Veterano M40	01:20:33	+12:25	03:49
10	302	Adelino Silva	grupo dramatico e recreativo da retorta	Veterano M40	01:22:37	+14:29	03:55
11	222	Paulo Sérgio Pereira Pinto	Individual	Veterano M40	01:25:28	+17:20	04:03
12	129	ALEXANDRE SANTOS	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	01:25:37	+17:29	04:04
13	346	Manuel Azevedo	Individual	Veterano M40	01:26:09	+18:01	04:05
14	157	Andre Neves	Individual	Veterano M40	01:27:14	+19:06	04:08
15	46	Afonso Torres	Aves Runners	Veterano M40	01:27:30	+19:22	04:09
16	36	Ricardo Azevedo	ARPO - Associação Recreativa Pousadense	Veterano M40	01:29:04	+20:56	04:13
17	6	Nuno Oliveira	A D R Aveleda	Veterano M40	01:29:19	+21:11	04:14
18	307	José Manuel de Oliveira Pedrosa	Os primos	Veterano M40	01:30:01	+21:53	04:16
19	343	Alcino Sampaio	Aves Runners	Veterano M40	01:30:48	+22:40	04:18
20	505	Telmo Cardoso	Associação Desportiva de Lustosa	Veterano M40	01:31:00	+22:52	04:19
21	214	João Gilberto Silva Lopes	Individual	Veterano M40	01:31:23	+23:15	04:20
22	219	Milton Rodrigues	Individual	Veterano M40	01:32:24	+24:16	04:23
23	213	filipe martins	Individual	Veterano M40	01:33:45	+25:37	04:27
24	270	Alberto Santos	KILOSMODA	Veterano M40	01:35:14	+27:06	04:31
25	271	Helder Ferreira	KILOSMODA	Veterano M40	01:35:29	+27:21	04:32
26	209	Afonso Pereira	Individual	Veterano M40	01:35:41	+27:33	04:32
27	133	Miguel Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	01:36:26	+28:18	04:34
28	318	CARLOS MANUEL DOS SANTOS ROCHA	SAI DA FRENTE	Veterano M40	01:39:03	+30:55	04:42
29	314	Filipe Silva	R/R ONLINE	Veterano M40	01:40:19	+32:11	04:45
30	220	Nelson NOval	Individual	Veterano M40	01:41:00	+32:52	04:47
31	227	Vitor Mateus	Individual	Veterano M40	01:42:40	+34:32	04:52
32	293	Leonel Silva	Neighbors run	Veterano M40	01:43:19	+35:11	04:54
33	322	Marcelino Cunha	Só mais uma ...	Veterano M40	01:43:30	+35:22	04:54





## Meia Maratona

21.097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	300	ERNESTO BRANDÃO	NUCLEO DE KARATE E ATLETISMO DE RORIZ	Veterano M55	01:29:07	+20:59	04:13
10	252	José Manuel Costa	Individual	Veterano M55	01:32:10	+24:02	04:22
11	33	Alexandre Silva	Amigos do Atletismo do Magna	Veterano M55	01:32:49	+24:41	04:24
12	34	Silverio Guedes	Amigos do Atletismo do Magna	Veterano M55	01:34:00	+25:52	04:27
13	135	NORBERTO OLIVEIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	01:38:53	+30:45	04:41
14	253	José Sá	Individual	Veterano M55	01:39:07	+30:59	04:42
15	250	António Oliveira	Individual	Veterano M55	01:44:17	+36:09	04:57
16	10	Domingos Mendes	A D R Aveleda	Veterano M55	01:45:21	+37:13	05:00
17	299	ARMINDO TORRES	NUCLEO DE KARATE E ATLETISMO DE RORIZ	Veterano M55	01:47:03	+38:55	05:04
18	254	Nuno Oliveira	Individual	Veterano M55	01:49:36	+41:28	05:12
19	303	Jose Lino Ferreira Moura	Os Manguelas	Veterano M55	01:50:11	+42:03	05:13
20	304	Jose Manuel To Carmo Neves	Os Manguelas	Veterano M55	01:50:12	+42:04	05:13
21	249	Agostinho Fontes	Individual	Veterano M55	01:59:41	+51:33	05:40
22	248	Adão Cunha Faria	Individual	Veterano M55	02:07:56	+59:48	06:04

## Veterano M60

1	59	Casimiro Galhardo	Bairro de Carcavelos Synergie	Veterano M60	01:17:12	+09:04	03:40
2	93	Pedro Terra	Clube Campismo	Veterano M60	01:17:56	+09:48	03:42
3	63	Jose Monteiro	Bairro de Carcavelos Synergie	Veterano M60	01:23:00	+14:52	03:56
4	64	Manuel Dourado	Bairro de Carcavelos Synergie	Veterano M60	01:24:29	+16:20	04:00
5	21	ANTONIO VIEIRA	AFIS/OVAR	Veterano M60	01:24:58	+16:50	04:02
6	62	Jose Corval	Bairro de Carcavelos Synergie	Veterano M60	01:30:33	+22:25	04:18
7	61	Joaquim Ribeiro	Bairro de Carcavelos Synergie	Veterano M60	01:30:39	+22:31	04:18
8	136	DAVID FERNANDES	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	01:34:07	+25:59	04:28
9	132	Carlos Oliveira	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	01:34:25	+26:17	04:29
10	255	Antonio Gomes Barros Oliveira.	Individual	Veterano M60	01:34:56	+26:48	04:30
11	11	Horácio Teixeira	A D R Aveleda	Veterano M60	01:35:47	+27:39	04:32
12	121	Carlos Frias	G.D.LEOES DA GUARDA	Veterano M60	01:36:03	+27:55	04:33
13	256	Augusto Dourado	Individual	Veterano M60	01:36:34	+28:26	04:35
14	284	António Sousa	LOUSADA RUNNERS	Veterano M60	01:41:06	+32:58	04:48
15	301	LUIS BESSA	NUCLEO DE KARATE E ATLETISMO DE RORIZ	Veterano M60	01:47:03	+38:55	05:04
16	257	Carlos Duarte dos Reis	Individual	Veterano M60	01:47:39	+39:30	05:06
17	265	Antonio Carvalho	I-Run	Veterano M60	01:47:47	+39:39	05:07
18	258	Emídio Silva	Individual	Veterano M60	01:58:55	+50:47	05:38
19	259	José do Eirado Azevedo	Individual	Veterano M60	01:59:10	+51:02	05:39
20	260	Manuel Emidio	Individual	Veterano M60	02:13:08	+01:05:00	06:19

