Penacova Trail do Centro 2017

Penacova

30-abril-2017

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13,3ºC	85%
End	12:23	13,3ºC	85%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1070	Fernando Marques	freguesia de figueira de lorvao	Senior Masculino	01:19:38		04:41
2	1202	Diogo Pimenta	freguesia de figueira de lorvao	Senior Masculino	01:20:13	+00:34	04:43
3	1244	Paulo esteve	runners dao nelas	Senior Masculino	01:21:05	+01:27	04:46
4	1090	PEDRO GOMES	galhardos runners	Senior Masculino	01:25:22	+05:43	05:01
5	1072	Paulo Faria	freguesia de figueira de lorvao	Senior Masculino	01:25:22	+05:43	05:01
6	1190	Hélder Piedade	individual	Veterano M45	01:25:44	+06:05	05:03
7	1239	Hugo ventura	puzzle centro de explicações e psicologia	Senior Masculino	01:26:20	+06:41	05:05
8	1084	Manuel Pinto	freguesia de figueira de lorvao	Veterano M45	01:27:15	+07:37	05:08
9	1131	José Santos	individual	Senior Masculino	01:27:45	+08:07	05:10
10	1089	Manuel Lino	freguesia de figueira de lorvao	Veterano M60	01:27:49	+08:10	05:10
11	1005	João Valério	acrd/psp viseu runners	Veterano M40	01:28:51	+09:12	05:14
12	1192	José Luís Carvalho Pinto	individual	Veterano M45	01:29:31	+09:52	05:16
13	1040	João Paulo Santos Domingues	clube desportivo de penacova	Senior Masculino	01:30:03	+10:25	05:18
14	1066	Vitor Gomes	flashover - bv penela	Veterano M40	01:31:18	+11:40	05:22
15	1073	Ricardo Teixeira	freguesia de figueira de lorvao	Senior Masculino	01:31:32	+11:54	05:23
16	1197	Jorge Jose Andrade Assunção	coimbra trail running	Veterano M50	01:32:07	+12:28	05:25
17	1060	José Machado	ffteam	Senior Masculino	01:34:45	+15:06	05:34
18	1061	Luís Gaspar	ffteam	Senior Masculino	01:34:47	+15:08	05:35
19	1059	Hugo Dias	ffteam	Senior Masculino	01:35:03	+15:24	05:35
20	1018	Tiago Silva	águeda action club | actib	Senior Masculino	01:35:09	+15:31	05:36
21	1208	Manuel Cabete	moinhos da gândara trail	Veterano M50	01:35:17	+15:39	05:36
22	1128	João Gomes	individual	Senior Masculino	01:35:23	+15:44	05:37
23	1006	Ramiro Augusto Gonçalves de Oliveira	acrd/psp viseu runners	Veterano M40	01:35:40	+16:01	05:38
24	1013	David Santos Coelho	águeda action club | actib	Senior Masculino	01:35:56	+16:18	05:39
25	1046	Susana Rodríguez Echeverría	coimbra trail running	Veterana F40	01:36:13	+16:34	05:40
26	1047	Jorge Tiago	coimbra trail running	Veterano M45	01:36:15	+16:36	05:40
27	1132	KIKO PEREIRA	individual	Senior Masculino	01:36:36	+16:57	05:41
28	1024	José Carlos Cardoso	arca barcelos runners	Veterano M50	01:37:00	+17:21	05:42
29	1028	Cristóvão José Domingues Gomes	arsm - associação recreativa de s. miguel	Senior Masculino	01:37:01	+17:22	05:42
30	1125	Hernâni José Oliveira Nogueira	individual	Senior Masculino	01:38:18	+18:39	05:47
31	1185	Pedro Ramos	arsm - associação recreativa de s. miguel	Veterano M40	01:38:24	+18:45	05:47
32	1026	Patrícia Fernandes	arsm - associação recreativa de s. miguel	Senior Feminino	01:39:07	+19:29	05:50
33	1087	Joaquim Martins	freguesia de figueira de lorvao	Veterano M50	01:39:16	+19:37	05:50
34	1175	LUIS MARTINS	individual	Veterano M40	01:39:16	+19:37	05:50
35	1179	Miguel Soares	individual	Veterano M40	01:39:17	+19:39	05:50
36	1117	Emanuel Silva Faim	individual	Senior Masculino	01:39:20	+19:42	05:51
37	1219	bruno malheiro	os tugas saloios	Veterano M40	01:39:25	+19:46	05:51
38	1014	Hugo Guerra	águeda action club | actib	Senior Masculino	01:39:44	+20:05	05:52
39	1011	Margarida Simões	águeda action club | actib	Senior Feminino	01:39:45	+20:07	05:52
40	1135	Marco Cunha	individual	Senior Masculino	01:41:15	+21:37	05:57

TRAIL CURTO - STAGE 1 — 17 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1221	Joselito Pereira	out 2 run	Senior Masculino	01:41:23	+21:44	05:58
42	1031	sofia lourenço	arsm - associação recreativa de s. miguel	Veterana F40	01:41:29	+21:50	05:58
43	1016	Marcelo Silva	águeda action club | actib	Senior Masculino	01:41:30	+21:51	05:58
44	1057	Luka silva	espaço saude	Senior Masculino	01:41:33	+21:54	05:58
45	1004	Fernando Marques	acrd/psp viseu runners	Senior Masculino	01:41:40	+22:02	05:59
46	1056	Diego cruz	espaço saude	Senior Masculino	01:41:41	+22:02	05:59
47	1077	Dora Serra	freguesia de figueira de lorvao	Veterana F40	01:41:43	+22:05	05:59
48	1215	michael jorge	os tugas saloios	Senior Masculino	01:41:44	+22:05	05:59
49	1069	Bruno Jesus	freguesia de figueira de lorvao	Senior Masculino	01:41:56	+22:17	06:00
50	1154	Tony Carvalheira	individual	Senior Masculino	01:41:58	+22:19	06:00
51	1211	Maria Isabel Trindade	o mundo da corrida	Veterana F50	01:42:19	+22:40	06:01
52	1034	Óscar Luís Pereira Simões	arsm - associação recreativa de s. miguel	Veterano M40	01:42:37	+22:58	06:02
53	1234	Tiago Carvalho	pónalama	Senior Masculino	01:43:04	+23:26	06:04
54	1114	Carlos Rico	individual	Senior Masculino	01:43:16	+23:38	06:05
55	1210	Júlio Marques	montanha clube trail running/efapel	Veterano M50	01:43:35	+23:56	06:06
56	1212	Francisco Pais	o mundo da corrida	Veterano M45	01:43:50	+24:11	06:06
57	1129	JOAO MIGUEL GOMES SOARES PIRES	individual	Senior Masculino	01:43:53	+24:14	06:07
58	1151	Rodrigo Manuel Barra Carvalho	individual	Senior Masculino	01:43:57	+24:18	06:07
59	1032	João Rosinha	arsm - associação recreativa de s. miguel	Veterano M40	01:44:01	+24:23	06:07
60	1065	Tiago Santos	flashover - bv penela	Senior Masculino	01:44:18	+24:39	06:08
61	1002	José Luís Coelho	abutres	Veterano M40	01:44:56	+25:18	06:10
62	1156	Miguel Póvoa Santos Ferreira	individual	Sub 23 Masculino	01:44:59	+25:20	06:11
63	503	Vasco Portugal	águeda action club | actib	Senior Masculino	01:45:07	+25:29	06:11
64	1245	Catarina Caetano	scbm	Sub 23 Feminino	01:45:10	+25:31	06:11
65	1017	Mário de Miranda	águeda action club | actib	Senior Masculino	01:45:19	+25:41	06:12
66	1081	Marcos Alves	freguesia de figueira de lorvao	Veterano M40	01:45:23	+25:45	06:12
67	1230	Agostinho da Silva Neves	out 2 run	Veterano M60	01:45:47	+26:09	06:13
68	1080	Luis Bonito	freguesia de figueira de lorvao	Veterano M40	01:46:15	+26:37	06:15
69	1153	Tiago Marques	individual	Senior Masculino	01:46:18	+26:40	06:15
70	1085	Vitor Figueiredo	freguesia de figueira de lorvao	Veterano M45	01:46:30	+26:51	06:16
71	1155	Vitor Pereira	individual	Senior Masculino	01:47:05	+27:27	06:18
72	1199	Paulo Marques	individual	Veterano M50	01:47:07	+27:29	06:18
73	1183	Paulo Miguel Lourenço dos Santos	individual	Veterano M40	01:47:10	+27:32	06:18
74	1062	Rui Teixeira	ffteam	Veterano M55	01:47:13	+27:35	06:18
75	1180	Nuno Engenheiro	individual	Veterano M40	01:47:14	+27:35	06:19
76	1055	André Mendes	duros do mondego	Veterano M40	01:47:25	+27:46	06:19
77	1106	Tânia Margarida Simões Rino	individual	Senior Feminino	01:47:28	+27:50	06:19
78	1110	Bruno Corga	individual	Senior Masculino	01:47:29	+27:50	06:19
79	1079	Helga Ferreira	freguesia de figueira de lorvao	Veterana F45	01:47:40	+28:01	06:20
80	1086	Carlos Ramos	freguesia de figueira de lorvao	Veterano M50	01:47:40	+28:01	06:20
81	1174	José Martins	individual	Veterano M40	01:47:42	+28:03	06:20
82	1176	Luís Mesquita	individual	Veterano M40	01:47:51	+28:12	06:21
83	1195	Luis Francisco Duarte	individual	Veterano M45	01:47:54	+28:16	06:21
84	1127	João Carlos Pereira	individual	Senior Masculino	01:48:07	+28:29	06:22

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1204	Eurico Mendes	m&e runners	Veterano M45	01:48:40	+29:01	06:24
86	1188	Arnaldo da Conceição Carvalho	individual	Veterano M45	01:48:44	+29:05	06:24
87	1022	Constança Brito	arca barcelos runners	Senior Feminino	01:48:57	+29:18	06:25
88	1201	Maria Ramos	freguesia de figueira de lorvão	Senior Feminino	01:49:27	+29:49	06:26
89	1172	Antonio Martins	individual	Veterano M40	01:49:31	+29:53	06:27
90	1041	Miguel André Vilaça dos Santos Patrão Silva	clube desportivo de penacova	Senior Masculino	01:51:18	+31:39	06:33
91	1149	Ricardo André Pereira dos Santos	individual	Senior Masculino	01:51:18	+31:39	06:33
92	1037	Jose Trindade	arsm - associação recreativa de s. miguel	Veterano M45	01:51:20	+31:41	06:33
93	1067	Carla Sofia	freguesia de figueira de lorvao	Senior Feminino	01:51:20	+31:41	06:33
94	1035	Pedro oliveira	arsm - associação recreativa de s. miguel	Veterano M40	01:51:20	+31:41	06:33
95	1036	Jose Feteira	arsm - associação recreativa de s. miguel	Veterano M45	01:51:20	+31:41	06:33
96	1030	Ana Feteira	arsm - associação recreativa de s. miguel	Veterana F40	01:51:20	+31:42	06:33
97	1023	Firmino Silva	arca barcelos runners	Veterano M50	01:51:42	+32:03	06:34
98	1083	Pedro Carvalho	freguesia de figueira de lorvao	Veterano M40	01:52:04	+32:25	06:36
99	1064	Rui Palrinhas	flashover - bv penela	Senior Masculino	01:53:31	+33:52	06:41
100	1231	Daniel Taborda	pés troikados - cscs	Senior Masculino	01:53:53	+34:14	06:42
101	1143	Paulino Oliveira	individual	Senior Masculino	01:55:17	+35:38	06:47
102	1136	Marcos Paulo	individual	Senior Masculino	01:55:57	+36:18	06:49
103	1187	Virgílio Neto	individual	Veterano M40	01:56:00	+36:21	06:49
104	1071	Mário Ferreira	freguesia de figueira de lorvao	Senior Masculino	01:56:02	+36:24	06:50
105	1039	Nuno Miguel	casa do benfica da figueira da foz	Veterano M40	01:56:18	+36:40	06:51
106	1146	Pedro José Martins Bandeira	arsm - associação recreativa de s. miguel	Senior Masculino	01:56:41	+37:03	06:52
107	1200	Vitor Luís Pratas dos Santos	individual	Veterano M50	01:56:56	+37:17	06:53
108	1045	João Oliveira do Rosário	coac coruche	Senior Masculino	01:57:39	+38:00	06:55
109	1222	Rui Carvalho	out 2 run	Senior Masculino	01:58:24	+38:46	06:58
110	1029	Helder Alves	arsm - associação recreativa de s. miguel	Senior Masculino	01:58:31	+38:52	06:58
111	1099	Diana Martins	individual	Senior Feminino	01:58:37	+38:58	06:59
112	502	Ricardo Baptista	águeda action club | actib	Senior Masculino	01:58:45	+39:07	06:59
113	1095	Carla Sofia Sousa Ramos	individual	Senior Feminino	01:58:52	+39:14	07:00
114	1220	jose oliveira	os tugas saloios	Veterano M45	01:59:27	+39:48	07:02
115	1053	David antunes	desnível positivo	Veterano M45	01:59:37	+39:58	07:02
116	1150	Ricardo Bica	individual	Senior Masculino	01:59:37	+39:58	07:02
117	565	PAULO JORGE SILVA PINTO	individual	Veterano M40	01:59:45	+40:06	07:03
118	1103	Francisca Morgado	individual	Senior Feminino	01:59:46	+40:07	07:03
119	1012	Rita Mendes	águeda action club | actib	Senior Feminino	01:59:57	+40:18	07:03
120	1082	Paulo Domingues	freguesia de figueira de lorvao	Veterano M40	01:59:57	+40:19	07:03
121	1247	Hugo Sa	sobrinhos do ti cristo	Veterano M40	02:00:57	+41:19	07:07
122	1246	Carlos Cunha	sobrinhos do ti cristo	Senior Masculino	02:00:58	+41:19	07:07
123	1076	Carla Patrícia	freguesia de figueira de lorvao	Veterana F40	02:01:05	+41:26	07:07
124	1232	Gonçalo Julião	pés troikados - cscs	Senior Masculino	02:01:05	+41:27	07:07
125	1130	Jorge figueiredo	individual	Senior Masculino	02:01:44	+42:05	07:10
126	1134	Marco Alexandre Costa Santos	spem	Senior Masculino	02:01:48	+42:09	07:10
127	1248	Nuno André Cardetas	spem	Senior Masculino	02:01:48	+42:09	07:10
128	1139	Miguel Duarte	individual	Senior Masculino	02:02:20	+42:42	07:12

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	1038	LUIS MANUEL COSTA	arsm - associação recreativa de s. miguel	Veterano M50	02:03:20	+43:41	07:15
130	1118	Fábio Gaspar	individual	Senior Masculino	02:03:21	+43:43	07:15
131	1249	Sara Coelho	team usf mondego	Senior Feminino	02:04:09	+44:30	07:18
132	1209	Luísa Baptista	montanha clube trail running/efapel	Veterana F50	02:04:10	+44:31	07:18
133	1237	Patrícia Ventura	puzzle centro de explicações e psicologia	Senior Feminino	02:04:11	+44:32	07:18
134	1133	Luís Vizeu	individual	Senior Masculino	02:04:16	+44:38	07:19
135	602	Emanuel Dias	tartatugas	Veterano M50	02:04:21	+44:42	07:19
136	601	Luis Veloso	tartatugas	Veterano M40	02:04:24	+44:46	07:19
137	1123	Filipe Santos Buco	individual	Senior Masculino	02:04:37	+44:58	07:20
138	1119	Fábio Pita	individual	Senior Masculino	02:04:40	+45:02	07:20
139	1142	Nuno Relvão	individual	Senior Masculino	02:04:50	+45:11	07:21
140	1021	Hernani Santos	águeda action club | actib	Veterano M60	02:05:00	+45:22	07:21
141	1148	Pedro Rico	individual	Senior Masculino	02:05:02	+45:23	07:21
142	1251	José Eduardo Mendes	team usf mondego	Senior Masculino	02:05:59	+46:20	07:25
143	1124	Gonçalo Martins	individual	Senior Masculino	02:06:01	+46:22	07:25
144	1003	Lucia Silva	acrd/psp viseu runners	Senior Feminino	02:06:07	+46:28	07:25
145	1224	Celso Ferreira	out 2 run	Veterano M45	02:06:12	+46:34	07:25
146	1044	Marcos Roldão	clube nortada - murtosa night runners	Senior Masculino	02:06:43	+47:04	07:27
147	1218	teresa oliveira	os tugas saloios	Veterana F45	02:07:48	+48:09	07:31
148	1214	patricia jorge	os tugas saloios	Senior Feminino	02:08:45	+49:07	07:34
149	1217	sónia malheiro	os tugas saloios	Veterana F40	02:08:46	+49:07	07:34
150	1238	Emanuel Magalhães	puzzle centro de explicações e psicologia	Senior Masculino	02:08:49	+49:10	07:35
151	1236	Marisa marques	puzzle centro de explicações e psicologia	Senior Feminino	02:08:49	+49:11	07:35
152	1253	José Luis Ferreira Nunes	individual	Senior Masculino	02:09:05	+49:26	07:36
153	1252	Alexandre Anjos	tribo ast coimbra	Senior Masculino	02:09:13	+49:35	07:36
154	1043	Ricardo Coelho	clube desportivo de penacova	Veterano M40	02:09:24	+49:46	07:37
155	1042	Paulo Pais	clube desportivo de penacova	Veterano M40	02:09:25	+49:46	07:37
156	1138	Miguel Alves	individual	Senior Masculino	02:09:40	+50:01	07:38
157	1001	Cláudia Cristina Simões Cravo	abutres	Veterana F40	02:09:52	+50:13	07:38
158	1116	Duarte Miguel Velez Morgado	individual	Senior Masculino	02:09:56	+50:18	07:39
159	1157	Clarisse Ribeiro	individual	Veterana F40	02:11:06	+51:28	07:43
160	1182	Paulo Antunes	individual	Veterano M40	02:11:07	+51:28	07:43
161	1108	André Luz Silva	individual	Senior Masculino	02:11:22	+51:43	07:44
162	1173	Bruno Abrantes	individual	Veterano M40	02:11:57	+52:18	07:46
163	1161	Rosa beja	individual	Veterana F40	02:12:47	+53:08	07:49
164	1233	joao pedro marques	pés troikados - cscs	Senior Masculino	02:13:32	+53:53	07:51
165	1120	Fernando André da Silva Coimbra	individual	Senior Masculino	02:13:49	+54:11	07:52
166	1141	Nuno Garcia	individual	Senior Masculino	02:13:49	+54:11	07:52
167	1007	Luis Filipe	aergóis trail running	Senior Masculino	02:14:00	+54:22	07:53
168	1177	Luís Miguel Pato	individual	Veterano M40	02:15:30	+55:52	07:58
169	574	Takahiro Ishida	individual	Veterano M45	02:15:31	+55:52	07:58
170	1162	Zenaide Alves	individual	Veterana F40	02:15:56	+56:17	08:00
171	1101	Dina simao	individual	Senior Feminino	02:15:58	+56:20	08:00
172	1193	Luis da Costa Simoes Brandao	individual	Veterano M45	02:17:08	+57:29	08:04
173	1019	Gabriela Santos	águeda action club | actib	Veterana F45	02:17:44	+58:05	08:06

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	1147	Pedro Laranjeiro Pinto	individual	Senior Masculino	02:17:52	+58:13	08:07
175	1203	Filomena Rocha	m&e runners	Veterana F45	02:20:13	+01:00:35	08:15
176	1027	alexandre santos	arsm - associação recreativa de s. miguel	Senior Masculino	02:20:34	+01:00:56	08:16
177	1207	Luís Gaspar	moinhos da gândara trail	Senior Masculino	02:22:27	+01:02:48	08:23
178	1206	Olga Felamino	moinhos da gândara trail	Senior Feminino	02:22:27	+01:02:48	08:23
179	1115	Diogo Monteiro	individual	Senior Masculino	02:22:48	+01:03:09	08:24
180	1229	Victor Silva	out 2 run	Veterano M50	02:22:49	+01:03:10	08:24
181	1227	Pedro Duarte	out 2 run	Veterano M45	02:22:49	+01:03:10	08:24
182	1196	Miguel Carneiro	individual	Veterano M45	02:23:25	+01:03:47	08:26
183	1051	Sara Pinheiro	desliza team	Veterana F40	02:23:33	+01:03:54	08:27
184	1169	Maria Jacinta de Jesus Rodrigues Almeida	individual	Veterana F45	02:23:56	+01:04:17	08:28
185	1048	Inês Mendonça	desliza team	Senior Feminino	02:23:58	+01:04:19	08:28
186	1109	BRUNO ARCANJO	individual	Senior Masculino	02:24:35	+01:04:57	08:30
187	1223	André Machado	out 2 run	Veterano M40	02:25:08	+01:05:29	08:32
188	1194	Luís FC Silva	individual	Veterano M45	02:26:21	+01:06:42	08:37
189	1243	Diogo Reis	roda dianteira	Senior Masculino	02:27:23	+01:07:44	08:40
190	1242	Celia Janeiro	roda dianteira	Senior Feminino	02:27:23	+01:07:45	08:40
191	1170	Paula Ribeiro	individual	Veterana F45	02:28:04	+01:08:26	08:43
192	1049	Inês Peres	desliza team	Senior Feminino	02:31:08	+01:11:30	08:53
193	1098	Cristina Isabel Rodrigues Colaço	individual	Senior Feminino	02:35:13	+01:15:34	09:08
194	1255	Silvia Neves Leão	individual	Senior Feminino	02:35:46	+01:16:08	09:10
195	1105	Tania Ferreira	individual	Senior Feminino	02:36:27	+01:16:48	09:12
196	1165	brigitte geria campos	individual	Veterana F45	02:38:35	+01:18:56	09:20
197	1256	Bruno Ferreira	individual	Senior Masculino	02:38:54	+01:19:15	09:21
198	1107	Vânia Filipa Alves Latado	individual	Senior Feminino	02:42:14	+01:22:36	09:33
199	1121	Fernando Miguel Lourenço Nunes	individual	Senior Masculino	02:42:15	+01:22:36	09:33
200	1145	Paulo Simões	individual	Senior Masculino	02:42:16	+01:22:37	09:33
201	1008	Alícia João Santos	águeda action club | actib	Senior Feminino	02:42:24	+01:22:45	09:33
202	1137	Micael da Mota Santos	individual	Senior Masculino	02:42:37	+01:22:58	09:34
203	1102	Estela Cruz	individual	Senior Feminino	02:42:37	+01:22:58	09:34
204	1257	Joao Rosado	fire team	Senior Masculino	02:42:56	+01:23:18	09:35
205	1009	Daniela Rodrigues	águeda action club | actib	Senior Feminino	02:43:49	+01:24:11	09:38
206	1096	Cláudia raquel Santos Simões	individual	Senior Feminino	02:44:08	+01:24:29	09:39
207	1258	Carla Magalhães	núcleo de montanha de espinho	Senior Feminino	02:44:32	+01:24:53	09:41
208	1054	Maria Jorge Silva	dosofaparalama	Senior Feminino	02:45:04	+01:25:26	09:43
209	1181	Nuno Sousa	individual	Veterano M40	02:45:12	+01:25:33	09:43
210	1020	Maria João Carlos	águeda action club | actib	Veterana F50	02:46:35	+01:26:56	09:48
211	1158	Eugénia Esteves	individual	Veterana F40	02:46:48	+01:27:10	09:49
212	1184	Pedro Filipe Achando da Silva Graça	individual	Veterano M40	02:47:37	+01:27:58	09:52
213	1160	Paula Sandra Coimbra Alves	individual	Veterana F40	02:48:44	+01:29:05	09:56
214	1093	Ana Raquel De Sa Rodrigues	individual	Senior Feminino	02:48:49	+01:29:10	09:56
215	1050	Magda Araujo	desliza team	Senior Feminino	02:57:20	+01:37:42	10:26
216	1228	José Santos	out 2 run	Veterano M50	02:57:21	+01:37:42	10:26

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
217	1074	Tiago Taborda	freguesia de figueira de lorvao	Senior Masculino	02:58:37	+01:38:58	10:30
218	1122	Fernando Sousa	individual	Senior Masculino	03:00:00	+01:40:22	10:35
219	1104	Sandra Ribeiro	individual	Senior Feminino	03:00:01	+01:40:22	10:35
220	1225	Jorge Alberto Teixeira	out 2 run	Veterano M45	03:00:18	+01:40:39	10:36
221	1226	José Manuel Carmo	out 2 run	Veterano M45	03:00:18	+01:40:39	10:36
222	1168	Eduarda Queimado	individual	Veterana F45	03:04:33	+01:44:55	10:51
223	1171	Sílvia Pedro	individual	Veterana F45	03:04:33	+01:44:55	10:51
224	1166	Claudia Sofia Cepeda da Costa Magalhaes	individual	Veterana F45	03:05:50	+01:46:12	10:56
225	1167	Diolinda Tavares	individual	Veterana F45	03:05:50	+01:46:12	10:56
226	1100	Dina Ferreira	individual	Senior Feminino	03:09:41	+01:50:03	11:10
227	1111	Bruno Ferreira	individual	Senior Masculino	03:09:41	+01:50:03	11:10
228	1159	Marta Loureiro	individual	Veterana F40	03:12:46	+01:53:08	11:20
229	1140	Nuno Andre lucas reis	individual	Senior Masculino	03:18:15	+01:58:37	11:40
230	1097	Cristina isabel ribeiro duarte	individual	Senior Feminino	03:18:16	+01:58:37	11:40
231	1092	Ana Carolina Domingues Dinis	individual	Senior Feminino	03:18:45	+01:59:06	11:41
232	1163	Ana paula faria joaquim	individual	Veterana F45	03:18:45	+01:59:07	11:42

Penacova Trail do Centro 2017

Penacova

30-abril-2017

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13,3ºC	85%
End	12:23	13,3ºC	85%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1026	Patrícia Fernandes	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	01:39:08		05:50
2	1011	Margarida Simões	Águeda Action Club | ACTIB	Senior Feminino	01:39:46	+00:38	05:52
3	1106	Tânia Margarida Simões Rino	Individual	Senior Feminino	01:47:29	+08:21	06:19
4	1022	Constança Brito	ARCA BarceloS runners	Senior Feminino	01:48:57	+09:49	06:25
5	1201	Maria Ramos	freguesia de Figueira de Lorvão	Senior Feminino	01:49:28	+10:20	06:26
6	1067	Carla Sofia	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Feminino	01:51:20	+12:12	06:33
7	1099	Diana Martins	Individual	Senior Feminino	01:58:37	+19:29	06:59
8	1095	Carla Sofia Sousa Ramos	Individual	Senior Feminino	01:58:53	+19:45	07:00
9	1103	Francisca Morgado	Individual	Senior Feminino	01:59:46	+20:38	07:03
10	1012	Rita Mendes	Águeda Action Club | ACTIB	Senior Feminino	01:59:57	+20:49	07:03
11	1249	Sara Coelho	Team USF Mondego	Senior Feminino	02:04:09	+25:01	07:18
12	1237	Patrícia Ventura	Puzzle centro de explicações e psicologia	Senior Feminino	02:04:11	+25:03	07:18
13	1003	Lucia Silva	ACRD/PSP Viseu Runners	Senior Feminino	02:06:07	+26:59	07:25
14	1214	patricia jorge	OS TUGAS SALOIOS	Senior Feminino	02:08:46	+29:38	07:34
15	1236	Marisa marques	Puzzle centro de explicações e psicologia	Senior Feminino	02:08:50	+29:42	07:35
16	1101	Dina simao	Individual	Senior Feminino	02:15:59	+36:51	08:00
17	1206	Olga Felamino	Moinhos da Gândara Trail	Senior Feminino	02:22:27	+43:19	08:23
18	1048	Inês Mendonça	Desliza Team	Senior Feminino	02:23:58	+44:50	08:28
19	1242	Celia Janeiro	Roda Dianteira	Senior Feminino	02:27:24	+48:16	08:40
20	1049	Inês Peres	Desliza Team	Senior Feminino	02:31:09	+52:01	08:53
21	1098	Cristina Isabel Rodrigues Colaço	Individual	Senior Feminino	02:35:13	+56:05	09:08
22	1255	Silvia Neves Leão	Individual	Senior Feminino	02:35:47	+56:39	09:10
23	1105	Tania Ferreira	Individual	Senior Feminino	02:36:27	+57:19	09:12
24	1107	Vânia Filipa Alves Latado	Individual	Senior Feminino	02:42:15	+01:03:07	09:33
25	1008	Alícia João Santos	Águeda Action Club | ACTIB	Senior Feminino	02:42:24	+01:03:16	09:33
26	1102	Estela Cruz	Individual	Senior Feminino	02:42:37	+01:03:29	09:34
27	1009	Daniela Rodrigues	Águeda Action Club | ACTIB	Senior Feminino	02:43:50	+01:04:42	09:38
28	1096	Cláudia raquel Santos Simões	Individual	Senior Feminino	02:44:08	+01:05:00	09:39
29	1258	Carla Magalhães	Núcleo de Montanha de Espinho	Senior Feminino	02:44:32	+01:05:24	09:41
30	1054	Maria Jorge Silva	DoSofaParaLama	Senior Feminino	02:45:05	+01:05:57	09:43
31	1093	Ana Raquel De Sa Rodrigues	Individual	Senior Feminino	02:48:49	+01:09:41	09:56
32	1050	Magda Araujo	Desliza Team	Senior Feminino	02:57:21	+01:18:13	10:26
33	1104	Sandra Ribeiro	Individual	Senior Feminino	03:00:01	+01:20:53	10:35
34	1100	Dina Ferreira	Individual	Senior Feminino	03:09:42	+01:30:34	11:10
35	1097	Cristina isabel ribeiro duarte	Individual	Senior Feminino	03:18:16	+01:39:08	11:40
36	1092	Ana Carolina Domingues Dinis	Individual	Senior Feminino	03:18:45	+01:39:37	11:41

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	1070	Fernando Marques	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:19:39		04:41
2	1202	Diogo Pimenta	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:20:13	+00:34	04:43
3	1244	Paulo esteve	runners dao nelas	Senior Masculino	01:21:06	+01:27	04:46
4	1090	PEDRO GOMES	GALHARDOS RUNNERS	Senior Masculino	01:25:22	+05:43	05:01
5	1072	Paulo Faria	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:25:22	+05:43	05:01
6	1239	Hugo ventura	Puzzle centro de explicações e psicologia	Senior Masculino	01:26:20	+06:41	05:05
7	1131	José Santos	Individual	Senior Masculino	01:27:46	+08:07	05:10
8	1040	João Paulo Santos Domingues	Clube Desportivo de Penacova	Senior Masculino	01:30:04	+10:25	05:18
9	1073	Ricardo Teixeira	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:31:33	+11:54	05:23
10	1060	José Machado	FFTeam	Senior Masculino	01:34:45	+15:06	05:34
11	1061	Luís Gaspar	FFTeam	Senior Masculino	01:34:47	+15:08	05:35
12	1059	Hugo Dias	FFTeam	Senior Masculino	01:35:03	+15:24	05:35
13	1018	Tiago Silva	Águeda Action Club | ACTIB	Senior Masculino	01:35:10	+15:31	05:36
14	1128	João Gomes	Individual	Senior Masculino	01:35:23	+15:44	05:37
15	1013	David Santos Coelho	Águeda Action Club | ACTIB	Senior Masculino	01:35:57	+16:18	05:39
16	1132	KIKO PEREIRA	Individual	Senior Masculino	01:36:36	+16:57	05:41
17	1028	Cristóvão José Domingues Gomes	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:37:01	+17:22	05:42
18	1125	Hernâni José Oliveira Nogueira	Individual	Senior Masculino	01:38:18	+18:39	05:47
19	1117	Emanuel Silva Faim	Individual	Senior Masculino	01:39:21	+19:42	05:51
20	1014	Hugo Guerra	Águeda Action Club | ACTIB	Senior Masculino	01:39:44	+20:05	05:52
21	1135	Marco Cunha	Individual	Senior Masculino	01:41:16	+21:37	05:57
22	1221	Joselito Pereira	out 2 run	Senior Masculino	01:41:23	+21:44	05:58
23	1016	Marcelo Silva	Águeda Action Club | ACTIB	Senior Masculino	01:41:30	+21:51	05:58
24	1057	Luka silva	Espaço saude	Senior Masculino	01:41:33	+21:54	05:58
25	1004	Fernando Marques	ACRD/PSP Viseu Runners	Senior Masculino	01:41:41	+22:02	05:59
26	1056	Diego cruz	Espaço saude	Senior Masculino	01:41:41	+22:02	05:59
27	1215	michael jorge	OS TUGAS SALOIOS	Senior Masculino	01:41:44	+22:05	05:59
28	1069	Bruno Jesus	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:41:56	+22:17	06:00
29	1154	Tony Carvalheira	Individual	Senior Masculino	01:41:58	+22:19	06:00
30	1234	Tiago Carvalho	PóNaLama	Senior Masculino	01:43:05	+23:26	06:04
31	1114	Carlos Rico	Individual	Senior Masculino	01:43:17	+23:38	06:05
32	1129	JOAO MIGUEL GOMES SOARES PIRES	Individual	Senior Masculino	01:43:53	+24:14	06:07
33	1151	Rodrigo Manuel Barra Carvalho	Individual	Senior Masculino	01:43:57	+24:18	06:07
34	1065	Tiago Santos	FlashOver - BV Penela	Senior Masculino	01:44:18	+24:39	06:08
35	503	Vasco Portugal	Águeda Action Club | ACTIB	Senior Masculino	01:45:08	+25:29	06:11
36	1017	Mário de Miranda	Águeda Action Club | ACTIB	Senior Masculino	01:45:20	+25:41	06:12
37	1153	Tiago Marques	Individual	Senior Masculino	01:46:19	+26:40	06:15

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	1155	Vitor Pereira	Individual	Senior Masculino	01:47:06	+27:27	06:18
39	1110	Bruno Corga	Individual	Senior Masculino	01:47:29	+27:50	06:19
40	1127	João Carlos Pereira	Individual	Senior Masculino	01:48:08	+28:29	06:22
41	1041	Miguel André Vilaça dos Santos Patrão Silva	Clube Desportivo de Penacova	Senior Masculino	01:51:18	+31:39	06:33
42	1149	Ricardo André Pereira dos Santos	Individual	Senior Masculino	01:51:18	+31:39	06:33
43	1064	Rui Palrinhas	FlashOver - BV Penela	Senior Masculino	01:53:31	+33:52	06:41
44	1231	Daniel Taborda	PÉS TROIKADOS - CSCS	Senior Masculino	01:53:53	+34:14	06:42
45	1143	Paulino Oliveira	Individual	Senior Masculino	01:55:17	+35:38	06:47
46	1136	Marcos Paulo	Individual	Senior Masculino	01:55:57	+36:18	06:49
47	1071	Mário Ferreira	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	01:56:03	+36:24	06:50
48	1146	Pedro José Martins Bandeira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:56:42	+37:03	06:52
49	1045	João Oliveira do Rosário	COAC Coruche	Senior Masculino	01:57:39	+38:00	06:55
50	1222	Rui Carvalho	out 2 run	Senior Masculino	01:58:25	+38:46	06:58
51	1029	Helder Alves	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:58:31	+38:52	06:58
52	502	Ricardo Baptista	Águeda Action Club | ACTIB	Senior Masculino	01:58:46	+39:07	06:59
53	1150	Ricardo Bica	Individual	Senior Masculino	01:59:37	+39:58	07:02
54	1246	Carlos Cunha	Sobrinhos do Ti Cristo	Senior Masculino	02:00:58	+41:19	07:07
55	1232	Gonçalo Julião	PÉS TROIKADOS - CSCS	Senior Masculino	02:01:06	+41:27	07:07
56	1130	Jorge figueiredo	Individual	Senior Masculino	02:01:44	+42:05	07:10
57	1134	Marco Alexandre Costa Santos	SPEM	Senior Masculino	02:01:48	+42:09	07:10
58	1248	Nuno André Cardetas	SPEM	Senior Masculino	02:01:48	+42:09	07:10
59	1139	Miguel Duarte	Individual	Senior Masculino	02:02:21	+42:42	07:12
60	1118	Fábio Gaspar	Individual	Senior Masculino	02:03:22	+43:43	07:15
61	1133	Luís Vizeu	Individual	Senior Masculino	02:04:17	+44:38	07:19
62	1123	Filipe Santos Buco	Individual	Senior Masculino	02:04:37	+44:58	07:20
63	1119	Fábio Pita	Individual	Senior Masculino	02:04:41	+45:02	07:20
64	1142	Nuno Relvão	Individual	Senior Masculino	02:04:50	+45:11	07:21
65	1148	Pedro Rico	Individual	Senior Masculino	02:05:02	+45:23	07:21
66	1251	José Eduardo Mendes	Team USF Mondego	Senior Masculino	02:05:59	+46:20	07:25
67	1124	Gonçalo Martins	Individual	Senior Masculino	02:06:01	+46:22	07:25
68	1044	Marcos Roldão	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:06:43	+47:04	07:27
69	1238	Emanuel Magalhães	Puzzle centro de explicações e psicologia	Senior Masculino	02:08:49	+49:10	07:35
70	1253	José Luis Ferreira Nunes	Individual	Senior Masculino	02:09:05	+49:26	07:36
71	1252	Alexandre Anjos	TRIBO AST COIMBRA	Senior Masculino	02:09:14	+49:35	07:36
72	1138	Miguel Alves	Individual	Senior Masculino	02:09:40	+50:01	07:38
73	1116	Duarte Miguel Velez Morgado	Individual	Senior Masculino	02:09:57	+50:18	07:39
74	1108	André Luz Silva	Individual	Senior Masculino	02:11:22	+51:43	07:44
75	1233	joao pedro marques	PÉS TROIKADOS - CSCS	Senior Masculino	02:13:32	+53:53	07:51
76	1120	Fernando André da Silva Coimbra	Individual	Senior Masculino	02:13:50	+54:11	07:52
77	1141	Nuno Garcia	Individual	Senior Masculino	02:13:50	+54:11	07:52
78	1007	Luis Filipe	AERGóis Trail Running	Senior Masculino	02:14:01	+54:22	07:53
79	1147	Pedro Laranjeiro Pinto	Individual	Senior Masculino	02:17:52	+58:13	08:07

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

80	1027	alexandre santos	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:20:35	+01:00:56	08:16
81	1207	Luís Gaspar	Moinhos da Gândara Trail	Senior Masculino	02:22:27	+01:02:48	08:23
82	1115	Diogo Monteiro	Individual	Senior Masculino	02:22:48	+01:03:09	08:24
83	1109	BRUNO ARCANJO	Individual	Senior Masculino	02:24:36	+01:04:57	08:30
84	1243	Diogo Reis	Roda Dianteira	Senior Masculino	02:27:23	+01:07:44	08:40
85	1256	Bruno Ferreira	Individual	Senior Masculino	02:38:54	+01:19:15	09:21
86	1121	Fernando Miguel Lourenço Nunes	Individual	Senior Masculino	02:42:15	+01:22:36	09:33
87	1145	Paulo Simões	Individual	Senior Masculino	02:42:16	+01:22:37	09:33
88	1137	Micael da Mota Santos	Individual	Senior Masculino	02:42:37	+01:22:58	09:34
89	1257	Joao Rosado	Fire team	Senior Masculino	02:42:57	+01:23:18	09:35
90	1074	Tiago Taborda	FREGUESIA DE FIGUEIRA DE LORVAO	Senior Masculino	02:58:37	+01:38:58	10:30
91	1122	Fernando Sousa	Individual	Senior Masculino	03:00:01	+01:40:22	10:35
92	1111	Bruno Ferreira	Individual	Senior Masculino	03:09:42	+01:50:03	11:10
93	1140	Nuno Andre lucas reis	Individual	Senior Masculino	03:18:16	+01:58:37	11:40

Sub 23 Feminino

1	1245	Catarina Caetano	SCBM	Sub 23 Feminino	01:45:10		06:11

Sub 23 Masculino

1	1156	Miguel Póvoa Santos Ferreira	Individual	Sub 23 Masculino	01:44:59		06:11

Veterana F40

1	1046	Susana Rodríguez Echeverría	Coimbra Trail Running	Veterana F40	01:36:13		05:40
2	1031	sofia lourenço	ARSM - Associação Recreativa de S. Miguel	Veterana F40	01:41:29	+05:16	05:58
3	1077	Dora Serra	FREGUESIA DE FIGUEIRA DE LORVAO	Veterana F40	01:41:44	+05:31	05:59
4	1030	Ana Feteira	ARSM - Associação Recreativa de S. Miguel	Veterana F40	01:51:21	+15:08	06:33
5	1076	Carla Patrícia	FREGUESIA DE FIGUEIRA DE LORVAO	Veterana F40	02:01:05	+24:52	07:07
6	1217	sónia malheiro	OS TUGAS SALOIOS	Veterana F40	02:08:46	+32:33	07:34
7	1001	Cláudia Cristina Simões Cravo	Abutres	Veterana F40	02:09:52	+33:39	07:38
8	1157	Clarisse Ribeiro	Individual	Veterana F40	02:11:07	+34:54	07:43
9	1161	Rosa beja	Individual	Veterana F40	02:12:47	+36:34	07:49
10	1162	Zenaide Alves	Individual	Veterana F40	02:15:56	+39:43	08:00
11	1051	Sara Pinheiro	Desliza Team	Veterana F40	02:23:33	+47:20	08:27
12	1158	Eugénia Esteves	Individual	Veterana F40	02:46:49	+01:10:36	09:49
13	1160	Paula Sandra Coimbra Alves	Individual	Veterana F40	02:48:44	+01:12:31	09:56
14	1159	Marta Loureiro	Individual	Veterana F40	03:12:47	+01:36:34	11:20

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F45

1	1079	Helga Ferreira	FREGUESIA DE FIGUEIRA DE LORVAO	Veterana F45	01:47:40		06:20
2	1218	teresa oliveira	OS TUGAS SALOIOS	Veterana F45	02:07:48	+20:08	07:31
3	1019	Gabriela Santos	Águeda Action Club | ACTIB	Veterana F45	02:17:44	+30:04	08:06
4	1203	Filomena Rocha	M&E Runners	Veterana F45	02:20:14	+32:34	08:15
5	1169	Maria Jacinta de Jesus Rodrigues Almeida	Individual	Veterana F45	02:23:56	+36:16	08:28
6	1170	Paula Ribeiro	Individual	Veterana F45	02:28:05	+40:25	08:43
7	1165	brigitte geria campos	Individual	Veterana F45	02:38:35	+50:55	09:20
8	1168	Eduarda Queimado	Individual	Veterana F45	03:04:34	+01:16:54	10:51
9	1171	Sílvia Pedro	Individual	Veterana F45	03:04:34	+01:16:54	10:51
10	1166	Claudia Sofia Cepeda da Costa Magalhaes	Individual	Veterana F45	03:05:51	+01:18:11	10:56
11	1167	Diolinda Tavares	Individual	Veterana F45	03:05:51	+01:18:11	10:56
12	1163	Ana paula faria joaquim	Individual	Veterana F45	03:18:46	+01:31:06	11:42

Veterana F50

1	1211	Maria Isabel Trindade	O Mundo da Corrida	Veterana F50	01:42:19		06:01
2	1209	Luísa Baptista	Montanha Clube Trail Running/Efapel	Veterana F50	02:04:10	+21:51	07:18
3	1020	Maria João Carlos	Águeda Action Club | ACTIB	Veterana F50	02:46:35	+01:04:16	09:48

Veterano M40

1	1005	João Valério	ACRD/PSP Viseu Runners	Veterano M40	01:28:51		05:14
2	1066	Vitor Gomes	FlashOver - BV Penela	Veterano M40	01:31:19	+02:28	05:22
3	1006	Ramiro Augusto Gonçalves de Oliveira	ACRD/PSP Viseu Runners	Veterano M40	01:35:40	+06:49	05:38
4	1185	Pedro Ramos	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:38:24	+09:33	05:47
5	1175	LUIS MARTINS	Individual	Veterano M40	01:39:16	+10:25	05:50
6	1179	Miguel Soares	Individual	Veterano M40	01:39:18	+10:27	05:50
7	1219	bruno malheiro	OS TUGAS SALOIOS	Veterano M40	01:39:25	+10:34	05:51
8	1034	Óscar Luís Pereira Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:42:37	+13:46	06:02
9	1032	João Rosinha	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:44:02	+15:11	06:07
10	1002	José Luís Coelho	Abutres	Veterano M40	01:44:57	+16:06	06:10
11	1081	Marcos Alves	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M40	01:45:24	+16:33	06:12
12	1080	Luis Bonito	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M40	01:46:16	+17:25	06:15
13	1183	Paulo Miguel Lourenço dos Santos	Individual	Veterano M40	01:47:11	+18:20	06:18
14	1180	Nuno Engenheiro	Individual	Veterano M40	01:47:14	+18:23	06:19
15	1055	André Mendes	Duros do Mondego	Veterano M40	01:47:25	+18:34	06:19
16	1174	José Martins	Individual	Veterano M40	01:47:42	+18:51	06:20

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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17	1176	Luís Mesquita	Individual	Veterano M40	01:47:51	+19:00	06:21
18	1172	Antonio Martins	Individual	Veterano M40	01:49:32	+20:41	06:27
19	1035	Pedro oliveira	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:51:20	+22:29	06:33
20	1083	Pedro Carvalho	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M40	01:52:04	+23:13	06:36
21	1187	Virgílio Neto	Individual	Veterano M40	01:56:00	+27:09	06:49
22	1039	Nuno Miguel	Casa do Benfica da Figueira da Foz	Veterano M40	01:56:19	+27:28	06:51
23	565	PAULO JORGE SILVA PINTO	Individual	Veterano M40	01:59:45	+30:54	07:03
24	1082	Paulo Domingues	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M40	01:59:58	+31:07	07:03
25	1247	Hugo Sa	Sobrinhos do Ti Cristo	Veterano M40	02:00:58	+32:07	07:07
26	601	Luis Veloso	TartaTugas	Veterano M40	02:04:25	+35:34	07:19
27	1043	Ricardo Coelho	Clube Desportivo de Penacova	Veterano M40	02:09:25	+40:34	07:37
28	1042	Paulo Pais	Clube Desportivo de Penacova	Veterano M40	02:09:25	+40:34	07:37
29	1182	Paulo Antunes	Individual	Veterano M40	02:11:07	+42:16	07:43
30	1173	Bruno Abrantes	Individual	Veterano M40	02:11:57	+43:06	07:46
31	1177	Luís Miguel Pato	Individual	Veterano M40	02:15:31	+46:40	07:58
32	1223	André Machado	out 2 run	Veterano M40	02:25:08	+56:17	08:32
33	1181	Nuno Sousa	Individual	Veterano M40	02:45:12	+01:16:21	09:43
34	1184	Pedro Filipe Achando da Silva Graça	Individual	Veterano M40	02:47:37	+01:18:46	09:52

Veterano M45

1	1190	Hélder Piedade	Individual	Veterano M45	01:25:44		05:03
2	1084	Manuel Pinto	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M45	01:27:16	+01:32	05:08
3	1192	José Luís Carvalho Pinto	Individual	Veterano M45	01:29:31	+03:47	05:16
4	1047	Jorge Tiago	Coimbra Trail Running	Veterano M45	01:36:15	+10:31	05:40
5	1212	Francisco Pais	O Mundo da Corrida	Veterano M45	01:43:50	+18:06	06:06
6	1085	Vitor Figueiredo	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M45	01:46:30	+20:46	06:16
7	1195	Luis Francisco Duarte	Individual	Veterano M45	01:47:55	+22:11	06:21
8	1204	Eurico Mendes	M&E Runners	Veterano M45	01:48:40	+22:56	06:24
9	1188	Arnaldo da Conceição Carvalho	Individual	Veterano M45	01:48:44	+23:00	06:24
10	1037	Jose Trindade	ARSM - Associação Recreativa de S. Miguel	Veterano M45	01:51:20	+25:36	06:33
11	1036	Jose Feteira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	01:51:20	+25:36	06:33
12	1220	jose oliveira	OS TUGAS SALOIOS	Veterano M45	01:59:27	+33:43	07:02
13	1053	David antunes	Desnível Positivo	Veterano M45	01:59:37	+33:53	07:02
14	1224	Celso Ferreira	out 2 run	Veterano M45	02:06:13	+40:29	07:25
15	574	Takahiro Ishida	Individual	Veterano M45	02:15:31	+49:47	07:58
16	1193	Luis da Costa Simoes Brandao	Individual	Veterano M45	02:17:08	+51:24	08:04
17	1227	Pedro Duarte	out 2 run	Veterano M45	02:22:49	+57:05	08:24
18	1196	Miguel Carneiro	Individual	Veterano M45	02:23:26	+57:42	08:26
19	1194	Luís FC Silva	Individual	Veterano M45	02:26:21	+01:00:37	08:37

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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20	1225	Jorge Alberto Teixeira	out 2 run	Veterano M45	03:00:18	+01:34:34	10:36
21	1226	José Manuel Carmo	out 2 run	Veterano M45	03:00:18	+01:34:34	10:36

Veterano M50

1	1197	Jorge Jose Andrade Assunção	Coimbra Trail Running	Veterano M50	01:32:07		05:25
2	1208	Manuel Cabete	Moinhos da Gândara Trail	Veterano M50	01:35:18	+03:11	05:36
3	1024	José Carlos Cardoso	ARCA BarceloS runners	Veterano M50	01:37:00	+04:53	05:42
4	1087	Joaquim Martins	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M50	01:39:16	+07:09	05:50
5	1210	Júlio Marques	Montanha Clube Trail Running/Efapel	Veterano M50	01:43:35	+11:28	06:06
6	1199	Paulo Marques	Individual	Veterano M50	01:47:08	+15:01	06:18
7	1086	Carlos Ramos	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M50	01:47:40	+15:33	06:20
8	1023	Firmino Silva	ARCA BarceloS runners	Veterano M50	01:51:42	+19:35	06:34
9	1200	Vitor Luís Pratas dos Santos	Individual	Veterano M50	01:56:56	+24:49	06:53
10	1038	LUIS MANUEL COSTA	ARSM - Associação Recreativa de S. Miguel	Veterano M50	02:03:20	+31:13	07:15
11	602	Emanuel Dias	TartaTugas	Veterano M50	02:04:21	+32:14	07:19
12	1229	Victor Silva	out 2 run	Veterano M50	02:22:49	+50:42	08:24
13	1228	José Santos	out 2 run	Veterano M50	02:57:21	+01:25:14	10:26

Veterano M55

1	1062	Rui Teixeira	FFTeam	Veterano M55	01:47:14		06:18

Veterano M60

1	1089	Manuel Lino	FREGUESIA DE FIGUEIRA DE LORVAO	Veterano M60	01:27:49		05:10
2	1230	Agostinho da Silva Neves	out 2 run	Veterano M60	01:45:48	+17:59	06:13
3	1021	Hernani Santos	Águeda Action Club | ACTIB	Veterano M60	02:05:01	+37:12	07:21

COLETIVA 17K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	FREGUESIA DE FIGUEIRA DE LORVAO	1 + 2 + 5	8
2	FFTeam	17 + 18 + 19	54
3	Coimbra Trail Running	16 + 25 + 26	67
4	ACRD/PSP Viseu Runners	11 + 23 + 45	79
5	Águeda Action Club | ACTIB	20 + 24 + 38	82
6	ARSM - Associação Recreativa de S. Miguel	29 + 31 + 32	92
7	FlashOver - BV Penela	14 + 60 + 99	173
8	OS TUGAS SALOIOS	37 + 48 + 114	199
9	ARCA BarceloS runners	28 + 87 + 97	212
10	out 2 run	41 + 67 + 109	217
11	Clube Desportivo de Penacova	13 + 90 + 154	257
12	Puzzle centro de explicações e psicologia	7 + 133 + 150	290
13	Moinhos da Gândara Trail	21 + 177 + 178	376
14	PÉS TROIKADOS - CSCS	100 + 124 + 164	388
15	Desliza Team	183 + 185 + 192	560