Penacova Trail do Centro
Penacova, PT
11-November-2018

17K - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	12:45	14.1ºC	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1036	Diogo pimenta	freguesia figueira de lorvão	Senior Masculino	01:32:48		05:28
2	1184	José Pereira	saca trilhos anadia	Veterano M40	01:38:23	+05:34	05:47
3	1061	André Magalhães	individual	Senior Masculino	01:39:03	+06:15	05:50
4	1209	LUIS MARTINS	individual	Veterano M40	01:41:30	+08:42	05:58
5	1117	João Simões	individual	Veterano M40	01:44:53	+12:05	06:10
6	1001	Tiago Alexandre Ferreira Salgueiro	abutres	Veterano M40	01:46:26	+13:38	06:16
7	1163	Luis Neves	marinhais ac	Veterano M40	01:46:55	+14:07	06:17
8	1031	Jorge Tiago	coimbra trail running	Veterano M40	01:47:38	+14:50	06:20
9	1035	Paulo Marques	formobike btt & trail running	Senior Masculino	01:49:35	+16:47	06:27
10	1006	Fernando Machado	almatrail	Senior Masculino	01:50:23	+17:35	06:30
11	1022	Luis Jorge	cabritos da montanha	Veterano M40	01:55:21	+22:32	06:47
12	1128	Paulo Miguel Lourenço dos Santos	individual	Veterano M40	01:55:43	+22:55	06:48
13	1114	Hermenegildo Santos	abutres	Veterano M40	01:56:21	+23:32	06:51
14	1161	Pedro Miguel Serra Santos	lama solta	Senior Masculino	01:56:23	+23:34	06:51
15	1135	ANTONIO MARQUES	individual	Veterano M50	01:57:56	+25:07	06:56
16	1015	MANUEL SEGUNDO	arcorun	Veterano M60	01:58:29	+25:40	06:58
17	1032	Paulo J Carvalho	coimbra trail running	Veterano M40	01:58:57	+26:08	07:00
18	1066	David Jesus	individual	Senior Masculino	01:59:56	+27:07	07:03
19	1193	Rui Nina	trail bela bela	Senior Masculino	02:01:06	+28:18	07:07
20	1085	Tiago Fernandes	individual	Senior Masculino	02:01:57	+29:09	07:10
21	1068	filipe andré gomes dos reis pimentel	individual	Senior Masculino	02:02:42	+29:54	07:13
22	1088	David Fernandes	individual	Sub 23 Masculino	02:02:44	+29:55	07:13
23	1162	Jose Leal	marinhais ac	Veterano M40	02:04:20	+31:31	07:19
24	1148	Paulo Marques	individual	Veterano M50	02:04:45	+31:57	07:20
25	1113	Eduardo miguel da silva soares	individual	Veterano M40	02:04:48	+32:00	07:21
26	1123	NUNO ALMEIDA	individual	Veterano M40	02:05:19	+32:30	07:22
27	1130	Pedro Marques	individual	Veterano M40	02:05:36	+32:48	07:23
28	1079	Pedro Ricardo Coelho Gonçalves	individual	Senior Masculino	02:06:05	+33:17	07:25
29	1013	Paulo Reis	arcorun	Veterano M40	02:06:34	+33:46	07:27
30	1102	JOANA FRANCA	individual	Veterana F40	02:06:42	+33:54	07:27
31	1160	Eduardo Neves	lama solta	Senior Masculino	02:06:42	+33:54	07:27
32	1166	Francisco Ferreira	os tolinhos	Veterano M50	02:08:14	+35:26	07:33
33	1176	Virgílio Neto	ozxtreme/adcrpereira	Veterano M40	02:09:26	+36:37	07:37
34	1150	Carlos Ferreira	individual	Veterano M60	02:09:31	+36:43	07:37
35	1081	Rui Baptista	individual	Senior Masculino	02:10:59	+38:11	07:42
36	1051	Nuno Carvalho	individual	Veterano M40	02:12:29	+39:41	07:48
37	1043	Nuno Carvalho	gdctin casa da moeda	Veterano M40	02:13:07	+40:19	07:50
38	1041	Carlos Cristovão	gdctin casa da moeda	Veterano M40	02:13:07	+40:19	07:50
39	1111	Carlos Alberto Neves Pereira	individual	Veterano M40	02:13:08	+40:20	07:50

17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1071	Heber Pires	individual	Senior Masculino	02:14:06	+41:18	07:53
41	1023	JOEL MARTINS	casa do benfica em abrantes	Senior Masculino	02:14:10	+41:21	07:54
42	1075	Lino Albano	individual	Senior Masculino	02:14:22	+41:33	07:54
43	1125	Patrick Maia	individual	Veterano M40	02:15:30	+42:42	07:58
44	1090	Jorge Pereira	individual	Sub 23 Masculino	02:15:31	+42:42	07:58
45	1151	Fernando Duarte Ferreira	individual	Veterano M60	02:15:52	+43:04	08:00
46	1016	José Jorge Páscoa de Oliveira	arsm-associação recreativa de s.miguel	Veterano M50	02:15:55	+43:07	08:00
47	1072	hugo filipe pereira faustino	individual	Senior Masculino	02:16:00	+43:11	08:00
48	1069	Flávio David Santos Silva	fruta da 5a	Senior Masculino	02:16:02	+43:14	08:00
49	1083	Rui Henriques	individual	Senior Masculino	02:16:02	+43:14	08:00
50	1182	Francisco Roque	saca trilhos anadia	Veterano M40	02:16:40	+43:51	08:02
51	1027	Raquel Matias	cds notre e soure	Veterana F40	02:16:40	+43:51	08:02
52	1104	Maria Feio	individual	Veterana F40	02:16:48	+44:00	08:03
53	1189	JOSÉ MADEIRA	soure mov	Veterano M40	02:18:31	+45:43	08:09
54	1118	Joao Venes	individual	Veterano M40	02:19:04	+46:16	08:11
55	1143	José Filipe Costa	individual	Veterano M50	02:19:41	+46:53	08:13
56	1086	Tiago Santos	individual	Senior Masculino	02:22:07	+49:18	08:22
57	1159	Marina Barroca	lama solta	Senior Feminino	02:22:12	+49:24	08:22
58	1019	Filipe Almeida	b.a.c.o.	Senior Masculino	02:22:32	+49:44	08:23
59	1170	Ricardo Andé	out2run/miro	Senior Masculino	02:23:41	+50:53	08:27
60	1101	Isabel Margarida da Costa Lopes	individual	Veterana F40	02:24:24	+51:36	08:30
61	1077	Nuno Miguel Garcia	individual	Senior Masculino	02:24:32	+51:44	08:30
62	1060	Teresa	individual	Senior Feminino	02:24:53	+52:05	08:31
63	1052	Diana Martins	individual	Senior Feminino	02:25:35	+52:47	08:34
64	1171	Samuel Amaral	out2run/miro	Senior Masculino	02:25:35	+52:47	08:34
65	1132	Ricardo Veiga	individual	Veterano M40	02:26:15	+53:27	08:36
66	1158	José Nunes	keep running	Veterano M50	02:27:01	+54:13	08:39
67	1110	Avelino Rodrigues	individual	Veterano M40	02:27:02	+54:13	08:39
68	1121	LUIS DUARTE	individual	Veterano M40	02:27:09	+54:20	08:39
69	1025	Ana Teresa MOrais de Melo	cc family	Senior Feminino	02:28:05	+55:16	08:43
70	1136	Artur costa	individual	Veterano M50	02:29:05	+56:16	08:46
71	1107	Paula Santos	individual	Veterana F40	02:29:05	+56:16	08:46
72	1139	Francisco Afonso	individual	Veterano M50	02:29:20	+56:31	08:47
73	1062	Armenio Nogueira	individual	Senior Masculino	02:29:37	+56:49	08:48
74	1112	carvalheira	individual	Veterano M40	02:30:05	+57:17	08:50
75	1167	Isabel Jesus	out2run/miro	Senior Feminino	02:31:11	+58:23	08:54
76	1155	Pedro Dias	keep running	Veterano M40	02:31:17	+58:29	08:54
77	1175	José Santos	out2run/miro	Veterano M50	02:31:22	+58:33	08:54
78	1174	Joselito Pereira	out2run/miro	Veterano M40	02:31:25	+58:36	08:54
79	1127	Paulo Gonçalves	individual	Veterano M40	02:31:25	+58:37	08:54
80	1080	Remi Ribeiro Alves	individual	Senior Masculino	02:31:39	+58:51	08:55
81	1156	Joaquim Varanda	keep running	Veterano M50	02:31:47	+58:58	08:56
82	1067	Diogo Samuel Costa Martins	individual	Senior Masculino	02:32:34	+59:45	08:58
83	1087	Valdivino santos	individual	Senior Masculino	02:33:12	+01:00:23	09:01
84	1131	Pedro Mesquito	individual	Veterano M40	02:33:21	+01:00:33	09:01

17K - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1053	Eva Moutinho	individual	Senior Feminino	02:33:22	+01:00:33	09:01
86	1183	João Gabriel João	saca trilhos anadia	Veterano M40	02:34:36	+01:01:48	09:06
87	1154	Helder Costa	keep running	Senior Masculino	02:34:56	+01:02:07	09:07
88	1169	João Paulo Fernandes Da Silva	out2run/miro	Senior Masculino	02:34:56	+01:02:08	09:07
89	1049	Mário Nunes	gelcentro	Veterano M50	02:35:14	+01:02:26	09:08
90	1064	Bruno Simões	individual	Senior Masculino	02:37:12	+01:04:24	09:15
91	1146	Paulo Castro	individual	Veterano M50	02:37:21	+01:04:33	09:15
92	1178	Beto Rodriguez	pascoalitos	Senior Masculino	02:37:50	+01:05:02	09:17
93	1038	Helena Lopes	freguesia figueira de lorvão	Veterana F40	02:39:02	+01:06:14	09:21
94	1037	Mário Ferreira	freguesia figueira de lorvão	Senior Masculino	02:39:03	+01:06:15	09:21
95	1030	Ana Alves	coimbra trail running	Senior Feminino	02:39:09	+01:06:21	09:22
96	1002	Emanuel Casimiro	actifisio	Senior Masculino	02:40:25	+01:07:37	09:26
97	1190	Carlos Marques	táxis marialves running team	Senior Masculino	02:40:33	+01:07:45	09:27
98	1192	Mateus Marques	táxis marialves running team	Veterano M40	02:40:33	+01:07:45	09:27
99	1074	João Paulo da Fonseca Amaro	individual	Senior Masculino	02:41:35	+01:08:47	09:30
100	1026	Lucia Teles	cc family	Veterana F40	02:41:35	+01:08:47	09:30
101	1073	Hugo Moreira Rodrigues	individual	Senior Masculino	02:41:43	+01:08:55	09:31
102	1133	Rui Menesrs	individual	Veterano M40	02:43:26	+01:10:38	09:37
103	1120	Jorge Ferreira	individual	Veterano M40	02:43:50	+01:11:02	09:38
104	1177	Rui lopes	ozxtreme/adcrpereira	Veterano M50	02:43:53	+01:11:05	09:38
105	1168	Marta Fonseca	out2run/miro	Senior Feminino	02:44:11	+01:11:22	09:39
106	1204	Vasco Tiago Morais Santos	individual	Senior Masculino	02:44:13	+01:11:25	09:40
107	1144	José Manuel Gonçalves	individual	Veterano M50	02:46:06	+01:13:17	09:46
108	1034	Raquel gomes	dão nelas runners	Veterana F40	02:47:03	+01:14:15	09:50
109	1004	Filipa Oliveira	akuafit	Senior Feminino	02:47:30	+01:14:41	09:51
110	1173	Fatima Malta	out2run/miro	Veterana F50	02:47:46	+01:14:57	09:52
111	1020	CARMEN VIDAL	borba trail / help 4 u	Veterana F40	02:47:48	+01:14:59	09:52
112	1042	Marco Carvalho	gdctin casa da moeda	Veterano M40	02:48:31	+01:15:43	09:55
113	1194	Isabel Ventura	tribo nr	Veterana F50	02:48:50	+01:16:01	09:56
114	1054	Lídia Maria Jesus Mira	individual	Senior Feminino	02:48:52	+01:16:04	09:56
115	1046	Gisela Curto	gelcentro	Senior Feminino	02:50:50	+01:18:02	10:03
116	1018	Daniela Varandas	b.a.c.o.	Senior Feminino	02:51:16	+01:18:28	10:05
117	1040	Inês Correia	gang dos chefes	Senior Feminino	02:51:17	+01:18:29	10:05
118	1196	Alice Ventura	vikings trail runners / ccr alcabideque	Veterana F40	02:51:18	+01:18:29	10:05
119	1126	Paulo Baltazar	individual	Veterano M40	02:51:27	+01:18:39	10:05
120	1063	Bruno Ferreira	individual	Senior Masculino	02:51:27	+01:18:39	10:05
121	1099	Cláudia Raquel Santos Simões	individual	Veterana F40	02:51:28	+01:18:40	10:05
122	1157	José Andrade	keep running	Veterano M50	02:51:52	+01:19:04	10:07
123	1138	Fernando Medeiros	individual	Veterano M50	02:52:05	+01:19:17	10:07
124	1141	Joao Orvalho	individual	Veterano M50	02:52:19	+01:19:30	10:08
125	1172	Sílvia Pedro	out2run/miro	Veterana F40	02:54:25	+01:21:36	10:16
126	1122	Marco Moita	individual	Veterano M40	02:56:05	+01:23:17	10:22
127	1165	Susana Bértolo	os tolinhos	Veterana F40	02:56:32	+01:23:44	10:23
128	1202	PEDRO MIGUEL SANTOS MATOS	yazaki runners	Veterano M40	02:56:32	+01:23:44	10:23
129	1179	Beatriz Loureiro	pernetas	Senior Feminino	02:58:47	+01:25:59	10:31

17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	1208	Maria João da Silva Santos	individual	Sub 23 Feminino	03:00:30	+01:27:42	10:37
131	1207	Jorge Simões dos Santos	individual	Veterano M40	03:00:30	+01:27:42	10:37
132	1057	Rita Cassilda Rodrigues Duarte	individual	Senior Feminino	03:03:34	+01:30:45	10:48
133	1048	Telmo André dos Santos Pereira	gelcentro	Senior Masculino	03:04:41	+01:31:53	10:52
134	1097	Carla Silva	individual	Veterana F40	03:06:24	+01:33:36	10:58
135	1024	CARLOS ALFAIATE	casa do benfica em abrantes	Veterano M60	03:06:32	+01:33:44	10:58
136	1115	JANNIER VINCENT	individual	Veterano M40	03:06:36	+01:33:47	10:59
137	1164	Manuel Moura	os barriguitas	Veterano M60	03:08:44	+01:35:56	11:06
138	1129	Pedro Graça	individual	Veterano M40	03:08:47	+01:35:58	11:06
139	1197	João Carlos Santos Nogueira	vilaventura trail running team	Senior Masculino	03:09:28	+01:36:39	11:09
140	1124	Nuno Neves	individual	Veterano M40	03:09:30	+01:36:42	11:09
141	1147	Paulo Fortunato	individual	Veterano M50	03:09:30	+01:36:42	11:09
142	1044	Vasco Ferreira	gdctin casa da moeda	Veterano M40	03:09:48	+01:37:00	11:10
143	1012	ROSINA COUTO	arcorun	Veterana F60	03:12:50	+01:40:02	11:21
144	1211	Zenaida Andrade	individual	Veterana F40	03:15:14	+01:42:26	11:29
145	1005	Nazaré Ferreira	akuafit	Veterana F40	03:20:24	+01:47:36	11:47
146	1003	Filipa Martins	akuafit	Senior Feminino	03:20:24	+01:47:36	11:47
147	1105	Maria Manuela Jesus Mira	individual	Veterana F40	03:24:21	+01:51:33	12:01
148	1103	Kelly Farias	individual	Veterana F40	03:24:21	+01:51:33	12:01
149	1045	Cátia Farinha	gelcentro	Senior Feminino	03:25:02	+01:52:14	12:04
150	1047	Joana Lopes	gelcentro	Senior Feminino	03:25:03	+01:52:14	12:04
151	1021	Ricardo Santos	cabritos da montanha	Senior Masculino	03:33:42	+02:00:54	12:34
152	1109	Artur Durães	individual	Veterano M40	03:36:33	+02:03:44	12:44
153	1058	Simone Gomes	individual	Senior Feminino	03:36:33	+02:03:45	12:44
154	1029	Anabela Roxo	centro de trail carlos sá team	Veterana F40	03:36:56	+02:04:07	12:46
155	1028	Isabel Abreu	centro de trail carlos sá team	Senior Feminino	03:36:56	+02:04:07	12:46
156	1200	Walter palma	xanuxa em passeio	Veterano M50	03:39:10	+02:06:22	12:54
157	1014	STERLING BOLIVAR	arcorun	Veterano M40	03:40:46	+02:07:57	12:59
158	1009	MARIA JOÃO FERNANDES	arcorun	Senior Feminino	03:40:46	+02:07:58	12:59
159	1010	Sandra Ferreira	arcorun	Veterana F40	03:40:46	+02:07:58	12:59
160	1011	CINDA MOURA	arcorun	Veterana F60	03:40:46	+02:07:58	12:59
161	1198	Alexandra lavado	xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02
162	1199	Isabel Ucha	xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02

Penacova Trail do Centro

Penacova, PT

11-November-2018

17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	12:45	14.1ºC	96%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1159	Marina Barroca	Lama Solta	Senior Feminino	02:22:12	+49:24	08:22
2	1060	Teresa	Individual	Senior Feminino	02:24:53	+52:05	08:31
3	1052	Diana Martins	Individual	Senior Feminino	02:25:35	+52:47	08:34
4	1025	Ana Teresa MOrais de Melo	CC FAMILY	Senior Feminino	02:28:05	+55:16	08:43
5	1167	Isabel Jesus	out2run/miro	Senior Feminino	02:31:11	+58:23	08:54
6	1053	Eva Moutinho	Individual	Senior Feminino	02:33:22	+01:00:33	09:01
7	1030	Ana Alves	Coimbra Trail Running	Senior Feminino	02:39:09	+01:06:21	09:22
8	1168	Marta Fonseca	out2run/miro	Senior Feminino	02:44:11	+01:11:22	09:39
9	1004	Filipa Oliveira	Akuafit	Senior Feminino	02:47:30	+01:14:41	09:51
10	1054	Lídia Maria Jesus Mira	Individual	Senior Feminino	02:48:52	+01:16:04	09:56
11	1046	Gisela Curto	GELCENTRO	Senior Feminino	02:50:50	+01:18:02	10:03
12	1018	Daniela Varandas	B.A.C.O.	Senior Feminino	02:51:16	+01:18:28	10:05
13	1040	Inês Correia	Gang dos Chefes	Senior Feminino	02:51:17	+01:18:29	10:05
14	1179	Beatriz Loureiro	Pernetas	Senior Feminino	02:58:47	+01:25:59	10:31
15	1057	Rita Cassilda Rodrigues Duarte	Individual	Senior Feminino	03:03:34	+01:30:45	10:48
16	1003	Filipa Martins	Akuafit	Senior Feminino	03:20:24	+01:47:36	11:47
17	1045	Cátia Farinha	GELCENTRO	Senior Feminino	03:25:02	+01:52:14	12:04
18	1047	Joana Lopes	GELCENTRO	Senior Feminino	03:25:03	+01:52:14	12:04
19	1058	Simone Gomes	Individual	Senior Feminino	03:36:33	+02:03:45	12:44
20	1028	Isabel Abreu	Centro de Trail Carlos Sá Team	Senior Feminino	03:36:56	+02:04:07	12:46
21	1009	MARIA JOÃO FERNANDES	ARCORUN	Senior Feminino	03:40:46	+02:07:58	12:59

Senior Masculino

1	1036	Diogo pimenta	Freguesia Figueira de Lorvão	Senior Masculino	01:32:48		05:28
2	1061	André Magalhães	Individual	Senior Masculino	01:39:03	+06:15	05:50
3	1035	Paulo Marques	FormoBike Btt & Trail Running	Senior Masculino	01:49:35	+16:47	06:27
4	1006	Fernando Machado	Almatrail	Senior Masculino	01:50:23	+17:35	06:30
5	1161	Pedro Miguel Serra Santos	Lama Solta	Senior Masculino	01:56:23	+23:34	06:51
6	1066	David Jesus	Individual	Senior Masculino	01:59:56	+27:07	07:03
7	1193	Rui Nina	Trail Bela Bela	Senior Masculino	02:01:06	+28:18	07:07
8	1085	Tiago Fernandes	Individual	Senior Masculino	02:01:57	+29:09	07:10
9	1068	filipe andré gomes dos reis pimentel	Individual	Senior Masculino	02:02:42	+29:54	07:13
10	1079	Pedro Ricardo Coelho Gonçalves	Individual	Senior Masculino	02:06:05	+33:17	07:25
11	1160	Eduardo Neves	Lama Solta	Senior Masculino	02:06:42	+33:54	07:27
12	1081	Rui Baptista	Individual	Senior Masculino	02:10:59	+38:11	07:42
13	1071	Heber Pires	Individual	Senior Masculino	02:14:06	+41:18	07:53
14	1023	JOEL MARTINS	CASA DO BENFICA EM ABRANTES	Senior Masculino	02:14:10	+41:21	07:54

17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

15	1075	Lino Albano	Individual	Senior Masculino	02:14:22	+41:33	07:54
16	1072	hugo filipe pereira faustino	Individual	Senior Masculino	02:16:00	+43:11	08:00
17	1069	Flávio David Santos Silva	Fruta da 5a	Senior Masculino	02:16:02	+43:14	08:00
18	1083	Rui Henriques	Individual	Senior Masculino	02:16:02	+43:14	08:00
19	1086	Tiago Santos	Individual	Senior Masculino	02:22:07	+49:18	08:22
20	1019	Filipe Almeida	B.A.C.O.	Senior Masculino	02:22:32	+49:44	08:23
21	1170	Ricardo Andé	out2run/miro	Senior Masculino	02:23:41	+50:53	08:27
22	1077	Nuno Miguel Garcia	Individual	Senior Masculino	02:24:32	+51:44	08:30
23	1171	Samuel Amaral	out2run/miro	Senior Masculino	02:25:35	+52:47	08:34
24	1062	Armenio Nogueira	Individual	Senior Masculino	02:29:37	+56:49	08:48
25	1080	Remi Ribeiro Alves	Individual	Senior Masculino	02:31:39	+58:51	08:55
26	1067	Diogo Samuel Costa Martins	Individual	Senior Masculino	02:32:34	+59:45	08:58
27	1087	Valdivino santos	Individual	Senior Masculino	02:33:12	+01:00:23	09:01
28	1154	Helder Costa	Keep Running	Senior Masculino	02:34:56	+01:02:07	09:07
29	1169	João Paulo Fernandes Da Silva	out2run/miro	Senior Masculino	02:34:56	+01:02:08	09:07
30	1064	Bruno Simões	Individual	Senior Masculino	02:37:12	+01:04:24	09:15
31	1178	Beto Rodriguez	Pascoalitos	Senior Masculino	02:37:50	+01:05:02	09:17
32	1037	Mário Ferreira	Freguesia Figueira de Lorvão	Senior Masculino	02:39:03	+01:06:15	09:21
33	1002	Emanuel Casimiro	ACTIFISIO	Senior Masculino	02:40:25	+01:07:37	09:26
34	1190	Carlos Marques	Táxis Marialves Running Team	Senior Masculino	02:40:33	+01:07:45	09:27
35	1074	João Paulo da Fonseca Amaro	Individual	Senior Masculino	02:41:35	+01:08:47	09:30
36	1073	Hugo Moreira Rodrigues	Individual	Senior Masculino	02:41:43	+01:08:55	09:31
37	1204	Vasco Tiago Morais Santos	Individual	Senior Masculino	02:44:13	+01:11:25	09:40
38	1063	Bruno Ferreira	Individual	Senior Masculino	02:51:27	+01:18:39	10:05
39	1048	Telmo André dos Santos Pereira	GELCENTRO	Senior Masculino	03:04:41	+01:31:53	10:52
40	1197	João Carlos Santos Nogueira	Vilaventura Trail Running Team	Senior Masculino	03:09:28	+01:36:39	11:09
41	1021	Ricardo Santos	Cabritos da Montanha	Senior Masculino	03:33:42	+02:00:54	12:34

Sub 23 Feminino

1	1208	Maria João da Silva Santos	Individual	Sub 23 Feminino	03:00:30	+01:27:42	10:37

Sub 23 Masculino

1	1088	David Fernandes	Individual	Sub 23 Masculino	02:02:44	+29:55	07:13
2	1090	Jorge Pereira	Individual	Sub 23 Masculino	02:15:31	+42:42	07:58

Veterana F40

1	1102	JOANA FRANCA	Individual	Veterana F40	02:06:42	+33:54	07:27
2	1027	Raquel Matias	CDS Notre e Soure	Veterana F40	02:16:40	+43:51	08:02
3	1104	Maria Feio	Individual	Veterana F40	02:16:48	+44:00	08:03
4	1101	Isabel Margarida da Costa Lopes	Individual	Veterana F40	02:24:24	+51:36	08:30
5	1107	Paula Santos	Individual	Veterana F40	02:29:05	+56:16	08:46
6	1038	Helena Lopes	Freguesia Figueira de Lorvão	Veterana F40	02:39:02	+01:06:14	09:21

17K 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	1026	Lucia Teles	CC FAMILY	Veterana F40	02:41:35	+01:08:47	09:30
8	1034	Raquel gomes	Dão Nelas Runners	Veterana F40	02:47:03	+01:14:15	09:50
9	1020	CARMEN VIDAL	BORBA TRAIL / HELP 4 U	Veterana F40	02:47:48	+01:14:59	09:52
10	1196	Alice Ventura	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F40	02:51:18	+01:18:29	10:05
11	1099	Cláudia Raquel Santos Simões	Individual	Veterana F40	02:51:28	+01:18:40	10:05
12	1172	Sílvia Pedro	out2run/miro	Veterana F40	02:54:25	+01:21:36	10:16
13	1165	Susana Bértolo	Os Tolinhos	Veterana F40	02:56:32	+01:23:44	10:23
14	1097	Carla Silva	Individual	Veterana F40	03:06:24	+01:33:36	10:58
15	1211	Zenaida Andrade	Individual	Veterana F40	03:15:14	+01:42:26	11:29
16	1005	Nazaré Ferreira	Akuafit	Veterana F40	03:20:24	+01:47:36	11:47
17	1105	Maria Manuela Jesus Mira	Individual	Veterana F40	03:24:21	+01:51:33	12:01
18	1103	Kelly Farias	Individual	Veterana F40	03:24:21	+01:51:33	12:01
19	1029	Anabela Roxo	Centro de Trail Carlos Sá Team	Veterana F40	03:36:56	+02:04:07	12:46
20	1010	Sandra Ferreira	ARCORUN	Veterana F40	03:40:46	+02:07:58	12:59

Veterana F50

1	1173	Fatima Malta	out2run/miro	Veterana F50	02:47:46	+01:14:57	09:52
2	1194	Isabel Ventura	TRIBO NR	Veterana F50	02:48:50	+01:16:01	09:56
3	1198	Alexandra lavado	Xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02
4	1199	Isabel Ucha	Xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02

Veterana F60

1	1012	ROSINA COUTO	ARCORUN	Veterana F60	03:12:50	+01:40:02	11:21
2	1011	CINDA MOURA	ARCORUN	Veterana F60	03:40:46	+02:07:58	12:59

Veterano M40

1	1184	José Pereira	Saca Trilhos Anadia	Veterano M40	01:38:23	+05:34	05:47
2	1209	LUIS MARTINS	Individual	Veterano M40	01:41:30	+08:42	05:58
3	1117	João Simões	Individual	Veterano M40	01:44:53	+12:05	06:10
4	1001	Tiago Alexandre Ferreira Salgueiro	Abutres	Veterano M40	01:46:26	+13:38	06:16
5	1163	Luis Neves	MARINHAIS AC	Veterano M40	01:46:55	+14:07	06:17
6	1031	Jorge Tiago	Coimbra Trail Running	Veterano M40	01:47:38	+14:50	06:20
7	1022	Luis Jorge	Cabritos da Montanha	Veterano M40	01:55:21	+22:32	06:47
8	1128	Paulo Miguel Lourenço dos Santos	Individual	Veterano M40	01:55:43	+22:55	06:48
9	1114	Hermenegildo Santos	Abutres	Veterano M40	01:56:21	+23:32	06:51
10	1032	Paulo J Carvalho	Coimbra Trail Running	Veterano M40	01:58:57	+26:08	07:00
11	1162	Jose Leal	MARINHAIS AC	Veterano M40	02:04:20	+31:31	07:19
12	1113	Eduardo miguel da silva soares	Individual	Veterano M40	02:04:48	+32:00	07:21
13	1123	NUNO ALMEIDA	Individual	Veterano M40	02:05:19	+32:30	07:22
14	1130	Pedro Marques	Individual	Veterano M40	02:05:36	+32:48	07:23
15	1013	Paulo Reis	ARCORUN	Veterano M40	02:06:34	+33:46	07:27

16	1176	Virgílio Neto	Ozxtreme/ADCRPereira	Veterano M40	02:09:26	+36:37	07:37
17	1051	Nuno Carvalho	Individual	Veterano M40	02:12:29	+39:41	07:48
18	1043	Nuno Carvalho	GDCTIN Casa da Moeda	Veterano M40	02:13:07	+40:19	07:50
19	1041	Carlos Cristovão	GDCTIN Casa da Moeda	Veterano M40	02:13:07	+40:19	07:50
20	1111	Carlos Alberto Neves Pereira	Individual	Veterano M40	02:13:08	+40:20	07:50
21	1125	Patrick Maia	Individual	Veterano M40	02:15:30	+42:42	07:58
22	1182	Francisco Roque	Saca Trilhos Anadia	Veterano M40	02:16:40	+43:51	08:02
23	1189	JOSÉ MADEIRA	Soure Mov	Veterano M40	02:18:31	+45:43	08:09
24	1118	Joao Venes	Individual	Veterano M40	02:19:04	+46:16	08:11
25	1132	Ricardo Veiga	Individual	Veterano M40	02:26:15	+53:27	08:36
26	1110	Avelino Rodrigues	Individual	Veterano M40	02:27:02	+54:13	08:39
27	1121	LUIS DUARTE	Individual	Veterano M40	02:27:09	+54:20	08:39
28	1112	carvalheira	Individual	Veterano M40	02:30:05	+57:17	08:50
29	1155	Pedro Dias	Keep Running	Veterano M40	02:31:17	+58:29	08:54
30	1174	Joselito Pereira	out2run/miro	Veterano M40	02:31:25	+58:36	08:54
31	1127	Paulo Gonçalves	Individual	Veterano M40	02:31:25	+58:37	08:54
32	1131	Pedro Mesquito	Individual	Veterano M40	02:33:21	+01:00:33	09:01
33	1183	João Gabriel João	Saca Trilhos Anadia	Veterano M40	02:34:36	+01:01:48	09:06
34	1192	Mateus Marques	Táxis Marialves Running Team	Veterano M40	02:40:33	+01:07:45	09:27
35	1133	Rui Menesrs	Individual	Veterano M40	02:43:26	+01:10:38	09:37
36	1120	Jorge Ferreira	Individual	Veterano M40	02:43:50	+01:11:02	09:38
37	1042	Marco Carvalho	GDCTIN Casa da Moeda	Veterano M40	02:48:31	+01:15:43	09:55
38	1126	Paulo Baltazar	Individual	Veterano M40	02:51:27	+01:18:39	10:05
39	1122	Marco Moita	Individual	Veterano M40	02:56:05	+01:23:17	10:22
40	1202	PEDRO MIGUEL SANTOS MATOS	Yazaki Runners	Veterano M40	02:56:32	+01:23:44	10:23
41	1207	Jorge Simões dos Santos	Individual	Veterano M40	03:00:30	+01:27:42	10:37
42	1115	JANNIER VINCENT	Individual	Veterano M40	03:06:36	+01:33:47	10:59
43	1129	Pedro Graça	Individual	Veterano M40	03:08:47	+01:35:58	11:06
44	1124	Nuno Neves	Individual	Veterano M40	03:09:30	+01:36:42	11:09
45	1044	Vasco Ferreira	GDCTIN Casa da Moeda	Veterano M40	03:09:48	+01:37:00	11:10
46	1109	Artur Durães	Individual	Veterano M40	03:36:33	+02:03:44	12:44
47	1014	STERLING BOLIVAR	ARCORUN	Veterano M40	03:40:46	+02:07:57	12:59

Veterano M50

1	1135	ANTONIO MARQUES	Individual	Veterano M50	01:57:56	+25:07	06:56
2	1148	Paulo Marques	Individual	Veterano M50	02:04:45	+31:57	07:20
3	1166	Francisco Ferreira	Os Tolinhos	Veterano M50	02:08:14	+35:26	07:33
4	1016	José Jorge Páscoa de Oliveira	ARSM-Associação Recreativa de S.Miguel	Veterano M50	02:15:55	+43:07	08:00
5	1143	José Filipe Costa	Individual	Veterano M50	02:19:41	+46:53	08:13
6	1158	José Nunes	Keep Running	Veterano M50	02:27:01	+54:13	08:39
7	1136	Artur costa	Individual	Veterano M50	02:29:05	+56:16	08:46
8	1139	Francisco Afonso	Individual	Veterano M50	02:29:20	+56:31	08:47
9	1175	José Santos	out2run/miro	Veterano M50	02:31:22	+58:33	08:54
10	1156	Joaquim Varanda	Keep Running	Veterano M50	02:31:47	+58:58	08:56

17K 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1049	Mário Nunes	GELCENTRO	Veterano M50	02:35:14	+01:02:26	09:08
12	1146	Paulo Castro	Individual	Veterano M50	02:37:21	+01:04:33	09:15
13	1177	Rui lopes	Ozxtreme/ADCRPereira	Veterano M50	02:43:53	+01:11:05	09:38
14	1144	José Manuel Gonçalves	Individual	Veterano M50	02:46:06	+01:13:17	09:46
15	1157	José Andrade	Keep Running	Veterano M50	02:51:52	+01:19:04	10:07
16	1138	Fernando Medeiros	Individual	Veterano M50	02:52:05	+01:19:17	10:07
17	1141	Joao Orvalho	Individual	Veterano M50	02:52:19	+01:19:30	10:08
18	1147	Paulo Fortunato	Individual	Veterano M50	03:09:30	+01:36:42	11:09
19	1200	Walter palma	Xanuxa em passeio	Veterano M50	03:39:10	+02:06:22	12:54

Veterano M60

1	1015	MANUEL SEGUNDO	ARCORUN	Veterano M60	01:58:29	+25:40	06:58
2	1150	Carlos Ferreira	Individual	Veterano M60	02:09:31	+36:43	07:37
3	1151	Fernando Duarte Ferreira	Individual	Veterano M60	02:15:52	+43:04	08:00
4	1024	CARLOS ALFAIATE	CASA DO BENFICA EM ABRANTES	Veterano M60	03:06:32	+01:33:44	10:58
5	1164	Manuel Moura	OS BARRIGUITAS	Veterano M60	03:08:44	+01:35:56	11:06

Penacova Trail do Centro
Penacova, PT
11-November-2018

COLETIVO - 17K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	**POINTS**
1	LAMA SOLTA	14 + 31 + 57	102
2	COIMBRA TRAIL RUNNING	8 + 17 + 94	119
3	SACA TRILHOS ANADIA	2 + 50 + 85	137
4	FREGUESIA FIGUEIRA DE LORVÃO	1 + 92 + 93	186
5	GDCTIN CASA DA MOEDA	37 + 38 + 111	186
6	ARCORUN	16 + 29 + 142	187
7	OUT2RUN/MIRO	59 + 64 + 75	198
8	KEEP RUNNING	66 + 76 + 81	223
9	GELCENTRO	88 + 114 + 132	334
10	AKUAFIT	108 + 144 + 145	397
11	XANUXA EM PASSEIO	155 + 160 + 161	476