















**17KM**

**17 KM**

**OFFICIAL RESULT**

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REVISED

|    |      |                                     |   |                  |          |           |       |
|----|------|-------------------------------------|---|------------------|----------|-----------|-------|
| 2  | 1083 | Bruno Simões                        | Trail Bela Bela                           | Senior Masculino | 01:40:08 | +04:37    | 05:53 |
| 3  | 1217 | Pedro                               | MONTANHA CLUBE TRAIL RUNNING / EFAPEL     | Senior Masculino | 01:42:04 | +06:34    | 06:00 |
| 4  | 1050 | Eduardo Gonçalves                   | Coimbra Trail Running                     | Senior Masculino | 01:42:56 | +07:26    | 06:03 |
| 5  | 1051 | Pedro Cardoso                       | Coimbra Trail Running                     | Senior Masculino | 01:50:57 | +15:27    | 06:32 |
| 6  | 1206 | Sérgio Escada                       | MIRO TRAIL                                | Senior Masculino | 01:51:33 | +16:03    | 06:34 |
| 7  | 1042 | João Vieira                         | CLAC Entroncamento/OndaTrilhos            | Senior Masculino | 01:52:18 | +16:48    | 06:36 |
| 8  | 586  | Pedro Sousa                         | Trail Bela Bela                           | Senior Masculino | 01:52:25 | +16:55    | 06:37 |
| 9  | 1249 | João Sacramento                     | OZXTREME                                  | Senior Masculino | 01:55:39 | +20:09    | 06:48 |
| 10 | 1014 | Paulo José Rodrigues Bernardo       | ARCD Venda da Luisa                       | Senior Masculino | 01:56:34 | +21:03    | 06:51 |
| 11 | 1189 | Frederico Oliveira                  | Junta de Freguesia Figueira de Lorvão     | Senior Masculino | 01:59:54 | +24:24    | 07:03 |
| 12 | 1105 | Tiago Martins                       | Individual                                | Senior Masculino | 02:03:16 | +27:46    | 07:15 |
| 13 | 1052 | Ricardo Bica                        | Coimbra Trail Running                     | Senior Masculino | 02:03:27 | +27:56    | 07:16 |
| 14 | 1009 | Gonçalo Vergueiro                   | Adabem Running Team                       | Senior Masculino | 02:04:32 | +29:02    | 07:20 |
| 15 | 1016 | João Simões                         | ARSM - Associação Recreativa de S. Miguel | Senior Masculino | 02:05:44 | +30:14    | 07:24 |
| 16 | 1006 | João Cruz                           | Adabem Running Team                       | Senior Masculino | 02:05:52 | +30:21    | 07:24 |
| 17 | 1191 | Mauro Sousa                         | Junta de Freguesia Figueira de Lorvão     | Senior Masculino | 02:06:25 | +30:54    | 07:26 |
| 18 | 1262 | André Oliveira                      | Trail Bela Bela                           | Senior Masculino | 02:08:14 | +32:44    | 07:33 |
| 19 | 1096 | Nelson Vieira                       | Individual                                | Senior Masculino | 02:09:14 | +33:43    | 07:36 |
| 20 | 1047 | André Coelho                        | CMM - Escaravelhos Team                   | Senior Masculino | 02:10:11 | +34:40    | 07:39 |
| 21 | 1098 | Nuno Miguel                         | Individual                                | Senior Masculino | 02:12:05 | +36:35    | 07:46 |
| 22 | 1063 | Paulo Marques                       | FormoBike Btt & Trail Running             | Senior Masculino | 02:12:52 | +37:21    | 07:49 |
| 23 | 1234 | Pedro Fernandes                     | OS PE NA COVA                             | Senior Masculino | 02:14:10 | +38:39    | 07:54 |
| 24 | 1276 | Nuno Fernandes                      | OS PE NA COVA                             | Senior Masculino | 02:17:23 | +41:53    | 08:05 |
| 25 | 1044 | Tiago Figueiredo                    | Clube Benfeita - Aldeia de Xisto          | Senior Masculino | 02:20:32 | +45:02    | 08:16 |
| 26 | 1067 | Elton Rodrigues                     | GELCENTRO                                 | Senior Masculino | 02:23:35 | +48:05    | 08:27 |
| 27 | 1066 | Diogo Bastos                        | GELCENTRO                                 | Senior Masculino | 02:26:39 | +51:09    | 08:38 |
| 28 | 1068 | Eugénio Santos                      | GELCENTRO                                 | Senior Masculino | 02:26:39 | +51:09    | 08:38 |
| 29 | 1061 | Bruno Marques                       | FormoBike Btt & Trail Running             | Senior Masculino | 02:27:10 | +51:40    | 08:39 |
| 30 | 1203 | Bruno Martins                       | MIRO TRAIL                                | Senior Masculino | 02:27:49 | +52:19    | 08:42 |
| 31 | 1251 | Sérgio Santos                       | Pascoalitos/ADBarcouço                    | Senior Masculino | 02:31:02 | +55:32    | 08:53 |
| 32 | 1101 | Rui Estrada                         | Individual                                | Senior Masculino | 02:31:19 | +55:49    | 08:54 |
| 33 | 1007 | Marco Marques                       | Adabem Running Team                       | Senior Masculino | 02:34:02 | +58:32    | 09:04 |
| 34 | 1087 | FREDERICO FERNANDES MARTINS         | Individual                                | Senior Masculino | 02:34:32 | +59:02    | 09:05 |
| 35 | 1085 | Daniel Serra                        | Individual                                | Senior Masculino | 02:34:36 | +59:06    | 09:06 |
| 36 | 1032 | Pedro Filipe Rodrigues Vieira       | Bustos Runners                            | Senior Masculino | 02:35:03 | +59:33    | 09:07 |
| 37 | 1102 | Tiago Alexandre Fernandes Verissimo | Individual                                | Senior Masculino | 02:37:44 | +01:02:14 | 09:17 |
| 38 | 1106 | Vitor Pereira                       | Individual                                | Senior Masculino | 02:37:45 | +01:02:14 | 09:17 |
| 39 | 1094 | Luís Bastos                         | Individual                                | Senior Masculino | 02:38:09 | +01:02:39 | 09:18 |
| 40 | 1103 | Tiago David Nogueira Silva Santos   | Individual                                | Senior Masculino | 02:38:14 | +01:02:44 | 09:19 |
| 41 | 1092 | Jorge Lopes                         | Individual                                | Senior Masculino | 02:40:35 | +01:05:04 | 09:27 |
| 42 | 1188 | Sergio Fachada                      | já vou                                    | Senior Masculino | 02:41:53 | +01:06:23 | 09:31 |
| 43 | 1202 | Bruno Freire                        | MIRO TRAIL                                | Senior Masculino | 02:42:32 | +01:07:02 | 09:34 |
| 44 | 1235 | Tiago Lopes                         | OS PE NA COVA                             | Senior Masculino | 02:44:42 | +01:09:12 | 09:41 |
| 45 | 1205 | Ruben Rodrigues                     | MIRO TRAIL                                | Senior Masculino | 02:46:34 | +01:11:04 | 09:48 |

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|    |      |                                     |  |                  |          |           |       |
|----|------|-------------------------------------|--|------------------|----------|-----------|-------|
| 46 | 1187 | Renato Santos                       | já vou                                   | Senior Masculino | 02:46:57 | +01:11:27 | 09:49 |
| 47 | 1090 | Hugo Rodrigues                      | Individual                               | Senior Masculino | 02:47:23 | +01:11:53 | 09:51 |
| 48 | 1099 | Pedro Manuel de Matos Lopes Pinto   | Individual                               | Senior Masculino | 02:47:52 | +01:12:22 | 09:53 |
| 49 | 1100 | Pedro Marques                       | Individual                               | Senior Masculino | 02:47:52 | +01:12:22 | 09:53 |
| 50 | 1025 | Sérgio Filipe Frias Forte           | AVENTURAS FORTE(S) - Turismo de Natureza | Senior Masculino | 02:54:25 | +01:18:55 | 10:16 |
| 51 | 1257 | Bruno Manuel Frada Matias           | Tenrinhos                                | Senior Masculino | 02:55:52 | +01:20:22 | 10:21 |
| 52 | 1082 | António David Calhau                | Individual                               | Senior Masculino | 02:59:17 | +01:23:47 | 10:33 |
| 53 | 1107 | Vitor Rafael Silva Lopes            | Individual                               | Senior Masculino | 02:59:18 | +01:23:48 | 10:33 |
| 54 | 1268 | MARCO GABRIEL DA MOTA PASCOAL       | Vilaventura Trail Running Team           | Senior Masculino | 03:10:53 | +01:35:23 | 11:14 |
| 55 | 1267 | João Carlos Santos Nogueira         | Vilaventura Trail Running Team           | Senior Masculino | 03:15:50 | +01:40:19 | 11:31 |
| 56 | 1223 | João Sousa                          | Os Mimosos                               | Senior Masculino | 03:15:50 | +01:40:20 | 11:31 |
| 57 | 1086 | Fausto Reis                         | Individual                               | Senior Masculino | 03:18:45 | +01:43:15 | 11:42 |
| 58 | 1088 | Hugo António Fialho Meneses Pereira | Individual                               | Senior Masculino | 03:23:36 | +01:48:06 | 11:59 |
| 59 | 1186 | Paulo Jorge de Carvalho Pereira     | já vou                                   | Senior Masculino | 03:27:41 | +01:52:11 | 12:13 |
| 60 | 1204 | José Almeida                        | MIRO TRAIL                               | Senior Masculino | 03:35:11 | +01:59:41 | 12:40 |
| 61 | 1091 | João Sousa Silva                    | Individual                               | Senior Masculino | 03:35:56 | +02:00:26 | 12:42 |
| 62 | 1097 | Nuno André Fernandes Couto          | Individual                               | Senior Masculino | 03:57:03 | +02:21:33 | 13:57 |
| 63 | 1059 | Bruno Martins                       | FFIITT GORDOS by A.M.C.R.Silveirinho     | Senior Masculino | 04:04:07 | +02:28:37 | 14:22 |
| 64 | 1060 | Tiago Santos                        | FFIITT GORDOS by A.M.C.R.Silveirinho     | Senior Masculino | 04:04:07 | +02:28:37 | 14:22 |
| 65 | 1093 | leandro craveiro                    | Individual                               | Senior Masculino | 04:22:39 | +02:47:09 | 15:27 |

**Veterana F40**

|    |      |                                 |   |              |          |           |       |
|----|------|---------------------------------|---|--------------|----------|-----------|-------|
| 1  | 1017 | Dina Rocha                      | ARSM - Associação Recreativa de S. Miguel | Veterana F40 | 02:29:17 | +53:47    | 08:47 |
| 2  | 1004 | Rute Bastos                     | ACT - Atletismo Clube Tocha               | Veterana F40 | 02:32:08 | +56:38    | 08:57 |
| 3  | 1192 | Patrícia Santos                 | Junta de Freguesia Figueira de Lrvão      | Veterana F40 | 02:34:44 | +59:14    | 09:06 |
| 4  | 1196 | Catarina Sintra                 | Lama Solta                                | Veterana F40 | 02:41:59 | +01:06:29 | 09:32 |
| 5  | 1199 | ines Nogueira                   | MIRO TRAIL                                | Veterana F40 | 02:42:32 | +01:07:02 | 09:34 |
| 6  | 1001 | Cândida Gonçalves               | 100 Gás Trail Team                        | Veterana F40 | 02:46:34 | +01:11:04 | 09:48 |
| 7  | 1049 | Marina Lemos                    | Coimbra Trail Running                     | Veterana F40 | 02:51:55 | +01:16:25 | 10:07 |
| 8  | 1010 | Claudia Sereno                  | Adabem Running Team                       | Veterana F40 | 03:07:06 | +01:31:36 | 11:00 |
| 9  | 1079 | Sónia Margarida Matias Pimentel | Individual                                | Veterana F40 | 03:07:38 | +01:32:08 | 11:02 |
| 10 | 1240 | Sofia valente                   | OS PE NA COVA                             | Veterana F40 | 03:12:34 | +01:37:04 | 11:20 |
| 11 | 1112 | Cláudia Raquel Santos Simões    | Individual                                | Veterana F40 | 03:21:26 | +01:45:56 | 11:51 |
| 12 | 1109 | Anaísa Ferreira                 | Individual                                | Veterana F40 | 03:21:35 | +01:46:05 | 11:52 |
| 13 | 1122 | Marta Sousa                     | Individual                                | Veterana F40 | 03:21:36 | +01:46:06 | 11:52 |
| 14 | 1230 | Patrícia Silva                  | OS PE NA COVA                             | Veterana F40 | 03:29:37 | +01:54:07 | 12:20 |
| 15 | 1003 | Sónia Monteiro                  | Ac Batalha                                | Veterana F40 | 03:30:32 | +01:55:02 | 12:23 |
| 16 | 1200 | Isabel Jesus                    | MIRO TRAIL                                | Veterana F40 | 03:31:24 | +01:55:54 | 12:26 |
| 17 | 1114 | Dora Luísa Martins Oliveira     | Individual                                | Veterana F40 | 03:31:25 | +01:55:55 | 12:26 |
| 18 | 1121 | Marília Macieira                | Individual                                | Veterana F40 | 03:32:26 | +01:56:56 | 12:30 |









