Penacova Trail do Centro 2017

Penacova

30-abril-2017

TRAIL LONGO 27K - STAGE 1

27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13,3ºC	85%
End	13:39	13,3ºC	85%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	525	João Pimentel	holmes place health clubs	Senior Masculino	02:19:07		05:09
2	535	Gustavo	individual	Senior Masculino	02:19:46	+00:39	05:11
3	517	António Figueiredo	coimbra trail running	Senior Masculino	02:20:18	+01:11	05:12
4	605	Tiago Gaspar	arsm - associação recreativa de s. miguel	Senior Masculino	02:22:31	+03:24	05:17
5	529	André Miguel Jesus Simões	individual	Senior Masculino	02:25:57	+06:51	05:24
6	513	Marco André Jesus Campos	clube de montanha alto trilho (javalis)	Senior Masculino	02:36:37	+17:30	05:48
7	604	Pedro Fernandes	individual	Senior Masculino	02:38:12	+19:06	05:52
8	547	Vitor	individual	Senior Masculino	02:39:41	+20:35	05:55
9	516	Roberto Martins	coac coruche	Senior Masculino	02:41:12	+22:06	05:58
10	527	Ester alves	individual	Senior Feminino	02:43:02	+23:55	06:02
11	506	André Carvalho	arsm - associação recreativa de s. miguel	Senior Masculino	02:43:02	+23:56	06:02
12	552	André Castro	individual	Veterano M40	02:43:03	+23:56	06:02
13	540	Luís Pereira	individual	Senior Masculino	02:44:30	+25:24	06:06
14	603	Alvaro Nano	coimbra trail running	Veterano M45	02:47:55	+28:48	06:13
15	598	Tiago Santos	scbm	Senior Masculino	02:48:03	+28:57	06:13
16	514	Hugo Agua	coac coruche	Senior Masculino	02:48:29	+29:22	06:14
17	567	Pedro Mouro	individual	Veterano M40	02:52:19	+33:13	06:23
18	518	Rui Carrito	coimbra trail running	Senior Masculino	02:53:09	+34:02	06:25
19	536	João Filipe Tomás Amândio	individual	Senior Masculino	02:53:16	+34:09	06:25
20	545	RAFAEL SILVA	individual	Senior Masculino	02:53:53	+34:46	06:26
21	515	Miguel Gualdino	coac coruche	Senior Masculino	02:54:02	+34:56	06:27
22	554	Carlos Alberto Pires Loureiro	individual	Veterano M40	02:55:43	+36:37	06:31
23	600	Antonio Fonseca	tartatugas	Veterano M40	02:58:01	+38:54	06:36
24	595	ARSÉNIO SANTOS	pascoalitos a.d.barcouço	Veterano M45	02:58:24	+39:17	06:36
25	576	João Paulo Duarte Marques	individual	Veterano M50	02:59:48	+40:41	06:40
26	521	Pedro Filipe Dias Moreira	escola de atletismo de coimbra /jpaiva	Senior Masculino	02:59:54	+40:48	06:40
27	589	Nuno Neves	nel - pédatleta	Veterano M45	03:01:21	+42:14	06:43
28	594	HEBER PIRES	pascoalitos a.d.barcouço	Senior Masculino	03:03:08	+44:01	06:47
29	561	Luís Miguel Cavadas	individual	Veterano M40	03:03:25	+44:18	06:48
30	580	Álvaro Marques Costa	individual	Veterano M55	03:03:25	+44:18	06:48
31	520	Isabel Boavida	desnível positivo	Senior Feminino	03:03:25	+44:19	06:48
32	534	gonçalo pinto sousa pereira nina	individual	Senior Masculino	03:03:35	+44:29	06:48
33	501	Mário Rui Vicente Martins	abutres	Veterano M45	03:05:46	+46:40	06:53
34	569	Carlos Miguel Lopes Filipe	individual	Veterano M45	03:06:26	+47:20	06:54
35	524	Tiago Maia	formobike btt & trail running	Senior Masculino	03:08:14	+49:08	06:58
36	523	Nélio Girão	formobike btt & trail running	Senior Masculino	03:08:14	+49:08	06:58
37	550	Cacau Medeiros	individual	Veterana F45	03:16:53	+57:46	07:18
38	539	jose padrao	individual	Senior Masculino	03:18:38	+59:31	07:21
39	544	Pedro Ricardo Pacheco Fernandes	individual	Senior Masculino	03:18:48	+59:41	07:22
40	588	HERMINIO JORGE CARDOSO AMARAL	montanha clube trail running/efapel	Veterano M40	03:18:51	+59:44	07:22

TRAIL LONGO 27K - STAGE 1 — 27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	560	José Maria Dias Leal	individual	Veterano M40	03:20:59	+01:01:52	07:27
42	562	Luis Nunes	individual	Veterano M40	03:23:23	+01:04:16	07:32
43	575	Cesario Rocha	individual	Veterano M50	03:23:23	+01:04:17	07:32
44	509	Luis Vieira	ccd crédito agrícola mútuo	Veterano M45	03:23:25	+01:04:19	07:32
45	556	João Cardoso	individual	Veterano M40	03:25:51	+01:06:45	07:37
46	526	Daniela Ventura Gonçalves	individual	Senior Feminino	03:26:36	+01:07:29	07:39
47	528	Joana dos Santos Ferreira	individual	Senior Feminino	03:26:44	+01:07:38	07:39
48	582	José Monteiro	individual	Veterano M60	03:27:03	+01:07:57	07:40
49	546	Renato Miguel da Mota Santos	individual	Senior Masculino	03:27:06	+01:07:59	07:40
50	579	Raul Abraão Martins	individual	Veterano M50	03:28:44	+01:09:37	07:44
51	548	Susana Salvaterra	individual	Veterana F40	03:29:24	+01:10:17	07:45
52	555	Daniel Mendes	individual	Veterano M40	03:29:24	+01:10:17	07:45
53	573	pedro saraiva	individual	Veterano M45	03:29:55	+01:10:48	07:46
54	590	Geraldo Santos	núcleo de montanha de espinho	Senior Masculino	03:31:06	+01:12:00	07:49
55	591	Nuno Tamagnini	núcleo de montanha de espinho	Veterano M40	03:31:07	+01:12:00	07:49
56	568	António Manuel Ferreira	individual	Veterano M45	03:33:11	+01:14:04	07:54
57	571	Luis Moura	individual	Veterano M45	03:33:35	+01:14:29	07:55
58	551	Karina Moura	individual	Veterana F45	03:33:36	+01:14:29	07:55
59	538	João Pedro dos Reis Luís	individual	Senior Masculino	03:37:41	+01:18:34	08:04
60	512	Magda Vieira	clube de condeixa	Veterana F40	03:39:10	+01:20:03	08:07
61	511	Sara Carvalho	clube de condeixa	Senior Feminino	03:39:10	+01:20:03	08:07
62	587	Joaquim Lucio Ribeiro	marcapasso trail team	Veterano M40	03:39:25	+01:20:19	08:08
63	577	José Augusto Martins Morgado	individual	Veterano M50	03:40:03	+01:20:57	08:09
64	584	Pedro Gomes Mota	marcapasso trail team	Senior Masculino	03:43:56	+01:24:50	08:18
65	585	Tiago Gomes Mota	marcapasso trail team	Senior Masculino	03:43:57	+01:24:51	08:18
66	586	Tiago Pereira e Silva	marcapasso trail team	Senior Masculino	03:43:58	+01:24:51	08:18
67	38	Mário José da Rocha Vieira	individual	Senior Masculino	03:44:42	+01:25:36	08:19
68	583	Vitorino Coragem	individual	Veterano M60	03:45:45	+01:26:38	08:22
69	531	Carlos Henrique da Silva Neves	individual	Senior Masculino	03:47:08	+01:28:02	08:25
70	553	António Miguel Morais Fernandes	individual	Veterano M40	03:47:41	+01:28:34	08:26
71	532	Diogo Xavier Pastor Oliveira	individual	Senior Masculino	03:51:56	+01:32:49	08:35
72	533	Fábio Daniel Pocinho Silva	individual	Senior Masculino	03:51:56	+01:32:50	08:35
73	572	Paulo Alexandre Pinto da Silva	individual	Veterano M45	03:52:51	+01:33:44	08:37
74	541	Nuno Miguel Araujo	individual	Senior Masculino	03:54:49	+01:35:42	08:42
75	563	Mário Pedroso	individual	Veterano M40	03:57:24	+01:38:17	08:48
76	510	Rafaela alexandra ramos moreira	chitas de alcobaça	Senior Feminino	03:57:24	+01:38:17	08:48
77	566	Pedro Lemos	individual	Veterano M40	03:57:26	+01:38:20	08:48
78	597	Gustavo Baeta	santiagobikes	Veterano M40	04:12:58	+01:53:52	09:22
79	564	Miguel Costa	individual	Veterano M40	04:16:10	+01:57:04	09:29
80	71	Sofia Portela	não fazemos nem mais um km	Veterana F40	04:18:48	+01:59:41	09:35
81	581	Paulo Morão	individual	Veterano M55	04:18:57	+01:59:51	09:35
82	578	José Carlos Melo	individual	Veterano M50	04:20:21	+02:01:15	09:39
83	570	Humberto Batista	individual	Veterano M45	04:26:33	+02:07:27	09:52
84	559	José Alberto Martins	individual	Veterano M40	04:29:44	+02:10:37	09:59

TRAIL LONGO 27K - STAGE 1 — 27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	549	Teresa José Ferreira	individual	Veterana F40	04:29:44	+02:10:37	09:59
86	505	Vitor Manuel Costa	amigos vale silêncio	Veterano M40	04:35:18	+02:16:12	10:12
87	504	Sandra Bompastor Costa	amigos vale silêncio	Senior Feminino	04:35:19	+02:16:12	10:12

Trail Longo 27K

27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	13,3ºC	85%
End	13:39	13,3ºC	85%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	527	Ester alves	Individual	Senior Feminino	02:43:02		06:02
2	520	Isabel Boavida	Desnível Positivo	Senior Feminino	03:03:26	+20:24	06:48
3	526	Daniela Ventura Gonçalves	Individual	Senior Feminino	03:26:36	+43:34	07:39
4	528	Joana dos Santos Ferreira	Individual	Senior Feminino	03:26:45	+43:43	07:39
5	511	Sara Carvalho	Clube de Condeixa	Senior Feminino	03:39:10	+56:08	08:07
6	510	Rafaela alexandra ramos moreira	Chitas de Alcobaça	Senior Feminino	03:57:24	+01:14:22	08:48
7	504	Sandra Bompastor Costa	Amigos Vale Silêncio	Senior Feminino	04:35:19	+01:52:17	10:12

Senior Masculino

1	525	João Pimentel	Holmes Place Health Clubs	Senior Masculino	02:19:07		05:09
2	535	Gustavo	Individual	Senior Masculino	02:19:46	+00:39	05:11
3	517	António Figueiredo	Coimbra Trail Running	Senior Masculino	02:20:18	+01:11	05:12
4	605	Tiago Gaspar	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:22:31	+03:24	05:17
5	529	André Miguel Jesus Simões	Individual	Senior Masculino	02:25:58	+06:51	05:24
6	513	Marco André Jesus Campos	Clube de Montanha Alto Trilho (Javalis)	Senior Masculino	02:36:37	+17:30	05:48
7	604	Pedro Fernandes	Individual	Senior Masculino	02:38:13	+19:06	05:52
8	547	Vitor	Individual	Senior Masculino	02:39:42	+20:35	05:55
9	516	Roberto Martins	COAC Coruche	Senior Masculino	02:41:13	+22:06	05:58
10	506	André Carvalho	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:43:03	+23:56	06:02
11	540	Luís Pereira	Individual	Senior Masculino	02:44:31	+25:24	06:06
12	598	Tiago Santos	SCBM	Senior Masculino	02:48:04	+28:57	06:13
13	514	Hugo Agua	COAC Coruche	Senior Masculino	02:48:29	+29:22	06:14
14	518	Rui Carrito	Coimbra Trail Running	Senior Masculino	02:53:09	+34:02	06:25
15	536	João Filipe Tomás Amândio	Individual	Senior Masculino	02:53:16	+34:09	06:25
16	545	RAFAEL SILVA	Individual	Senior Masculino	02:53:53	+34:46	06:26
17	515	Miguel Gualdino	COAC Coruche	Senior Masculino	02:54:03	+34:56	06:27
18	521	Pedro Filipe Dias Moreira	Escola de atletismo de Coimbra /JPAIVA	Senior Masculino	02:59:55	+40:48	06:40
19	594	HEBER PIRES	PASCOALITOS A.D.BARCOUÇO	Senior Masculino	03:03:08	+44:01	06:47
20	534	gonçalo pinto sousa pereira nina	Individual	Senior Masculino	03:03:36	+44:29	06:48
21	524	Tiago Maia	FormoBike Btt & Trail Running	Senior Masculino	03:08:15	+49:08	06:58
22	523	Nélio Girão	FormoBike Btt & Trail Running	Senior Masculino	03:08:15	+49:08	06:58
23	539	jose padrao	Individual	Senior Masculino	03:18:38	+59:31	07:21
24	544	Pedro Ricardo Pacheco Fernandes	Individual	Senior Masculino	03:18:48	+59:41	07:22
25	546	Renato Miguel da Mota Santos	Individual	Senior Masculino	03:27:06	+01:07:59	07:40
26	590	Geraldo Santos	Núcleo de Montanha de Espinho	Senior Masculino	03:31:07	+01:12:00	07:49

Trail Longo 27K

27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

27	538	João Pedro dos Reis Luís	Individual	Senior Masculino	03:37:41	+01:18:34	08:04
28	584	Pedro Gomes Mota	Marcapasso trail team	Senior Masculino	03:43:57	+01:24:50	08:18
29	585	Tiago Gomes Mota	Marcapasso trail team	Senior Masculino	03:43:58	+01:24:51	08:18
30	586	Tiago Pereira e Silva	Marcapasso trail team	Senior Masculino	03:43:58	+01:24:51	08:18
31	38	Mário José da Rocha Vieira	Individual	Senior Masculino	03:44:43	+01:25:36	08:19
32	531	Carlos Henrique da Silva Neves	Individual	Senior Masculino	03:47:09	+01:28:02	08:25
33	532	Diogo Xavier Pastor Oliveira	Individual	Senior Masculino	03:51:56	+01:32:49	08:35
34	533	Fábio Daniel Pocinho Silva	Individual	Senior Masculino	03:51:57	+01:32:50	08:35
35	541	Nuno Miguel Araujo	Individual	Senior Masculino	03:54:49	+01:35:42	08:42

Veterana F40

1	548	Susana Salvaterra	Individual	Veterana F40	03:29:24		07:45
2	512	Magda Vieira	Clube de Condeixa	Veterana F40	03:39:10	+09:46	08:07
3	71	Sofia Portela	Não fazemos nem mais um km	Veterana F40	04:18:48	+49:24	09:35
4	549	Teresa José Ferreira	Individual	Veterana F40	04:29:44	+01:00:20	09:59

Veterana F45

1	550	Cacau Medeiros	Individual	Veterana F45	03:16:53		07:18
2	551	Karina Moura	Individual	Veterana F45	03:33:36	+16:43	07:55

Veterano M40

1	552	André Castro	Individual	Veterano M40	02:43:03		06:02
2	567	Pedro Mouro	Individual	Veterano M40	02:52:20	+09:17	06:23
3	554	Carlos Alberto Pires Loureiro	Individual	Veterano M40	02:55:44	+12:41	06:31
4	600	Antonio Fonseca	TartaTugas	Veterano M40	02:58:01	+14:58	06:36
5	561	Luís Miguel Cavadas	Individual	Veterano M40	03:03:25	+20:22	06:48
6	588	HERMINIO JORGE CARDOSO AMARAL	Montanha Clube Trail Running/Efapel	Veterano M40	03:18:51	+35:48	07:22
7	560	José Maria Dias Leal	Individual	Veterano M40	03:20:59	+37:56	07:27
8	562	Luis Nunes	Individual	Veterano M40	03:23:23	+40:20	07:32
9	556	João Cardoso	Individual	Veterano M40	03:25:52	+42:49	07:37
10	555	Daniel Mendes	Individual	Veterano M40	03:29:24	+46:21	07:45
11	591	Nuno Tamagnini	Núcleo de Montanha de Espinho	Veterano M40	03:31:07	+48:04	07:49
12	587	Joaquim Lucio Ribeiro	Marcapasso trail team	Veterano M40	03:39:26	+56:23	08:08
13	553	António Miguel Morais Fernandes	Individual	Veterano M40	03:47:41	+01:04:38	08:26
14	563	Mário Pedroso	Individual	Veterano M40	03:57:24	+01:14:21	08:48
15	566	Pedro Lemos	Individual	Veterano M40	03:57:27	+01:14:24	08:48
16	597	Gustavo Baeta	SANTIAGOBIKES	Veterano M40	04:12:59	+01:29:56	09:22
17	564	Miguel Costa	Individual	Veterano M40	04:16:11	+01:33:08	09:29
18	559	José Alberto Martins	Individual	Veterano M40	04:29:44	+01:46:41	09:59
19	505	Vitor Manuel Costa	Amigos Vale Silêncio	Veterano M40	04:35:19	+01:52:16	10:12

Trail Longo 27K

27 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M45

1	603	Alvaro Nano	Coimbra Trail Running	Veterano M45	02:47:55		06:13
2	595	ARSÉNIO SANTOS	PASCOALITOS A.D.BARCOUÇO	Veterano M45	02:58:24	+10:29	06:36
3	589	Nuno Neves	NEL - Pédatleta	Veterano M45	03:01:21	+13:26	06:43
4	501	Mário Rui Vicente Martins	Abutres	Veterano M45	03:05:47	+17:52	06:53
5	569	Carlos Miguel Lopes Filipe	Individual	Veterano M45	03:06:27	+18:32	06:54
6	509	Luis Vieira	CCD Crédito Agrícola Mútuo	Veterano M45	03:23:26	+35:31	07:32
7	573	pedro saraiva	Individual	Veterano M45	03:29:55	+42:00	07:46
8	568	António Manuel Ferreira	Individual	Veterano M45	03:33:11	+45:16	07:54
9	571	Luis Moura	Individual	Veterano M45	03:33:36	+45:41	07:55
10	572	Paulo Alexandre Pinto da Silva	Individual	Veterano M45	03:52:51	+01:04:56	08:37
11	570	Humberto Batista	Individual	Veterano M45	04:26:34	+01:38:39	09:52

Veterano M50

1	576	João Paulo Duarte Marques	Individual	Veterano M50	02:59:48		06:40
2	575	Cesario Rocha	Individual	Veterano M50	03:23:24	+23:36	07:32
3	579	Raul Abraão Martins	Individual	Veterano M50	03:28:44	+28:56	07:44
4	577	José Augusto Martins Morgado	Individual	Veterano M50	03:40:04	+40:16	08:09
5	578	José Carlos Melo	Individual	Veterano M50	04:20:22	+01:20:34	09:39

Veterano M55

1	580	Álvaro Marques Costa	Individual	Veterano M55	03:03:25		06:48
2	581	Paulo Morão	Individual	Veterano M55	04:18:58	+01:15:33	09:35

Veterano M60

1	582	José Monteiro	Individual	Veterano M60	03:27:04		07:40
2	583	Vitorino Coragem	Individual	Veterano M60	03:45:45	+18:41	08:22

Penacova Trail do Centro 2017
Penacova
30-abril-2017

COLETIVA 27K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Coimbra Trail Running	3 + 14 + 18	35
2	COAC Coruche	9 + 16 + 21	46
3	Marcapasso trail team	62 + 64 + 65	191