Penha Trail 2016
Guimarães
15-October-2016

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	15.6ºC	89%
End	19:15	14.4ºC	99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	143	Joel Pereira	minho e lima trail	Senior Masculino	01:52:10		04:29
2	25	Vitor Cordeiro	herbalásticos de portalegre	Veterano M40	01:52:10	+00:01	04:29
3	136	Paulo Pereira	individual	Veterano M40	02:02:45	+10:35	04:55
4	47	ATRP 1505 - Luis Filipe Salgado Oliveira	individual	Senior Masculino	02:04:31	+12:21	04:59
5	158	Filipe Abreu	sweet runners	Senior Masculino	02:05:33	+13:24	05:01
6	115	Domingos Ferreira	individual	Veterano M40	02:05:34	+13:24	05:01
7	145	Rafael Brito Abreu Pereira	minho e lima trail	Senior Masculino	02:06:59	+14:50	05:05
8	117	Filipe Ferreira	individual	Veterano M40	02:07:23	+15:13	05:06
9	147	António Araújo	os galgos de tancos	Senior Masculino	02:12:31	+20:22	05:18
10	7	Francisco lemos	amigos do pedal	Veterano M40	02:12:32	+20:22	05:18
11	57	Gabriel Coutinho	individual	Senior Masculino	02:12:50	+20:40	05:19
12	144	Jorge Nogueira Amorim	minho e lima trail	Senior Masculino	02:13:59	+21:49	05:22
13	122	Joaquim Fernandes Pinheiro	alive fitness club	Veterano M40	02:17:19	+25:09	05:30
14	118	Helder Manuel Fernandes Torres	individual	Veterano M40	02:17:26	+25:16	05:30
15	55	Ernesto Miguel de Almeida Machado	individual	Senior Masculino	02:17:26	+25:17	05:30
16	94	Tiago Miguel Oliveira Brandão	individual	Senior Masculino	02:17:45	+25:35	05:31
17	76	Nuno Alves	individual	Senior Masculino	02:18:09	+26:00	05:32
18	46	Ângelo Santos	individual	Senior Masculino	02:20:16	+28:07	05:37
19	85	Ricardo Manuel Lobo	individual	Senior Masculino	02:21:09	+29:00	05:39
20	66	jose manuel costa pinto	individual	Senior Masculino	02:21:25	+29:16	05:39
21	149	Inuo Melo	run 4 all	Senior Masculino	02:21:33	+29:24	05:40
22	48	Bruno Daniel Teixeira Da Cunha	individual	Senior Masculino	02:22:59	+30:50	05:43
23	18	André Gustavo Sousa Costa	ernesto são simão	Senior Masculino	02:24:14	+32:05	05:46
24	130	MANUEL DA COSTA OLIVEIRA	individual	Veterano M40	02:27:34	+35:24	05:54
25	81	Pedro Leandro Guedes Nogueira	individual	Senior Masculino	02:27:45	+35:35	05:55
26	80	Paulo Carvalho	individual	Senior Masculino	02:27:57	+35:47	05:55
27	96	Vasco Manuel Matos Duarte	individual	Senior Masculino	02:29:12	+37:03	05:58
28	51	Bruno Oliveira	individual	Senior Masculino	02:29:13	+37:03	05:58
29	45	André Gonçalves	individual	Senior Masculino	02:30:10	+38:00	06:00
30	8	Maria Loureiro	associação desportiva de cabroelo	Veterana F40	02:30:22	+38:13	06:01
31	22	César Pais	gondomar futsal clube	Senior Masculino	02:30:22	+38:13	06:01
32	10	António Daniel da SIlva Ribeiro	bitrunners - bota pr´o monte	Senior Masculino	02:30:24	+38:15	06:01
33	53	DE BRITO	individual	Senior Masculino	02:32:36	+40:26	06:06
34	139	Rui Miguel Aguiar Rodrigues	individual	Veterano M40	02:34:04	+41:54	06:10
35	50	Bruno Miguel Pereira Ribeiro	individual	Senior Masculino	02:34:31	+42:22	06:11
36	13	manuel antonio teixeira	cmmp	Veterano M40	02:35:41	+43:31	06:14
37	123	Jorge Manuel Campelos Soares	individual	Veterano M40	02:36:39	+44:29	06:16
38	20	Susana silva Rodrigues	fafe runners	Senior Feminino	02:37:23	+45:13	06:18
39	75	Nelson Teixeira	individual	Senior Masculino	02:37:50	+45:41	06:19
40	92	SCHATZ Frédéric	individual	Senior Masculino	02:38:25	+46:15	06:20

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	142	Fábio Silva Vaz	minho e lima trail	Senior Masculino	02:38:57	+46:48	06:22
42	83	Ricardo Guerra	individual	Senior Masculino	02:41:24	+49:14	06:27
43	162	Pedro Cunha e Silva	villa de basto trail	Senior Masculino	02:42:09	+49:59	06:29
44	161	NUNO SANTOS	villa de basto trail	Senior Masculino	02:42:09	+49:59	06:29
45	131	Manuel Gomes	individual	Veterano M40	02:42:32	+50:23	06:30
46	152	Artur Santiago Coelho	scalabis nigth runners	Veterano M40	02:42:32	+50:23	06:30
47	153	Nuno Martinho	semprejuntos	Veterano M40	02:42:33	+50:23	06:30
48	132	Manuel Tomás Guimarães Pereira	individual	Veterano M40	02:45:03	+52:53	06:36
49	103	Maria Leonor	individual	Veterana F40	02:45:11	+53:02	06:36
50	102	Maria de Fátima	individual	Veterana F40	02:45:12	+53:02	06:36
51	127	Luís Filipe	individual	Veterano M40	02:45:15	+53:05	06:37
52	58	Helder Cristiano Leite Ribeiro	individual	Senior Masculino	02:45:24	+53:15	06:37
53	141	Eurico Fernando Portela Mendes	lacraus	Veterano M40	02:45:42	+53:33	06:38
54	148	António Soares	os galgos de tancos	Senior Masculino	02:46:06	+53:57	06:39
55	77	Nuno Fernando Ribeiro Pereira	individual	Senior Masculino	02:47:12	+55:03	06:41
56	93	Sérgio Simões	individual	Senior Masculino	02:48:22	+56:12	06:44
57	116	Fernando soares	individual	Veterano M40	02:48:37	+56:27	06:45
58	86	Ricardo Torres Sousa	individual	Senior Masculino	02:49:57	+57:48	06:48
59	114	Domingos Barros	individual	Veterano M40	02:50:06	+57:57	06:48
60	151	Rui Ferreira	run4wellness	Senior Masculino	02:51:27	+59:17	06:51
61	157	Nuno Fernandes	sscgd	Senior Masculino	02:53:13	+01:01:03	06:56
62	155	João Couto	spin&run esposende team	Senior Masculino	02:55:24	+01:03:15	07:01
63	138	Ricardo Lima	individual	Veterano M40	02:55:40	+01:03:30	07:02
64	89	Rui Martins	individual	Senior Masculino	02:55:40	+01:03:31	07:02
65	134	Paolo Pozzan	individual	Veterano M40	02:55:44	+01:03:35	07:02
66	110	António ildefonso piedade santos	individual	Veterano M40	02:55:55	+01:03:46	07:02
67	17	Fernando Cunha	edv viana trail	Veterano M40	02:56:31	+01:04:22	07:04
68	160	Ivo Ricardo Pires de Moura	villa de basto trail	Senior Masculino	02:58:09	+01:06:00	07:08
69	27	Carla Sousa	individual	Senior Feminino	02:58:10	+01:06:01	07:08
70	111	António Mendes	individual	Veterano M40	03:00:01	+01:07:51	07:12
71	64	Jorge Almeida	individual	Senior Masculino	03:00:17	+01:08:07	07:13
72	23	João Lourenço	herbalásticos de portalegre	Senior Masculino	03:00:46	+01:08:36	07:14
73	150	Cláudia Cunha	run4fun	Senior Feminino	03:00:53	+01:08:43	07:14
74	154	Bruno Ferreira	spin&run esposende team	Senior Masculino	03:00:58	+01:08:49	07:14
75	163	Jorge Manuel Teixeira Alves	villa de basto trail	Veterano M40	03:02:23	+01:10:14	07:18
76	11	Ana Sousa	clube nortada - murtosa night runners	Senior Feminino	03:04:44	+01:12:35	07:23
77	30	Cristina Machado	individual	Senior Feminino	03:04:59	+01:12:49	07:24
78	61	João Pinheiro	individual	Senior Masculino	03:05:18	+01:13:08	07:25
79	133	Maria de Fátima Pessoa de Sousa	individual	Veterano M40	03:05:36	+01:13:26	07:25
80	5	Atleta 5	individual	Senior Masculino	03:06:48	+01:14:39	07:28
81	106	Silvia Carla Nascimento Pedroso	individual	Veterana F40	03:06:57	+01:14:48	07:29
82	120	Joao Carlos da Silva Leite de Freitas	individual	Veterano M40	03:07:21	+01:15:11	07:30
83	112	Daniel Dário Silva Rebelo	individual	Veterano M40	03:07:21	+01:15:11	07:30
84	137	Ricardo Jose Mendes Ribeiro	individual	Veterano M40	03:07:21	+01:15:12	07:30
85	167	Clarisse Ribeiro	individual	Veterana F40	03:07:54	+01:15:45	07:31

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	168	Paula Antunes	s.paio team	Veterana F40	03:08:12	+01:16:03	07:32
87	97	amelia moreira	individual	Veterana F40	03:09:06	+01:16:57	07:34
88	16	Maria João Regalo	derretebanha	Veterana F40	03:10:20	+01:18:10	07:37
89	15	Luis Simão	derretebanha	Senior Masculino	03:10:21	+01:18:11	07:37
90	14	Nuno Santos	crocodilos/misterpc	Senior Masculino	03:10:52	+01:18:42	07:38
91	113	David Paulo Vieira Costa	individual	Veterano M40	03:11:13	+01:19:03	07:39
92	56	Filipe Gonçalves	individual	Senior Masculino	03:12:51	+01:20:41	07:43
93	21	Virgílio Teixeira	fama runners	Senior Masculino	03:12:53	+01:20:43	07:43
94	12	Carlos Martins	clube nortada - murtosa night runners	Senior Masculino	03:15:09	+01:22:59	07:48
95	90	Rui Simões Ferreira	individual	Senior Masculino	03:15:12	+01:23:02	07:48
96	38	MERCEANA MARIA REBELO PEREIRA	individual	Senior Feminino	03:17:15	+01:25:06	07:53
97	166	Isabel Loureiro	zim	Veterana F40	03:18:22	+01:26:13	07:56
98	165	Jorge Cristino	zim	Senior Masculino	03:18:22	+01:26:13	07:56
99	135	Paulo C Fernandes	individual	Veterano M40	03:18:25	+01:26:16	07:56
100	41	Rebeca Sofia Mendonça Liiborio	individual	Senior Feminino	03:18:34	+01:26:24	07:57
101	6	Cátia Roque	acm montemor a correr	Senior Feminino	03:18:50	+01:26:40	07:57
102	119	Hugo Ribeiro	individual	Veterano M40	03:18:56	+01:26:47	07:57
103	107	Álvaro Brandão	individual	Veterano M40	03:19:04	+01:26:55	07:58
104	19	Manuel Cunha Lima	experienciar	Veterano M40	03:19:11	+01:27:02	07:58
105	82	Raul Viana	individual	Senior Masculino	03:20:39	+01:28:29	08:02
106	159	Francisco José Fernandes Novais	villa de basto trail	Senior Masculino	03:21:34	+01:29:25	08:04
107	156	Sara Silveira	sscgd	Senior Feminino	03:30:59	+01:38:49	08:26
108	52	David Correia Martins	individual	Senior Masculino	03:35:47	+01:43:38	08:38
109	26	Ana Luisa Lage	individual	Senior Feminino	03:35:50	+01:43:40	08:38
110	104	Paula Ribeiro	individual	Veterana F40	03:37:10	+01:45:00	08:41
111	24	Filomena Cordeiro	herbalásticos de portalegre	Veterana F40	03:37:21	+01:45:12	08:42
112	125	José Alexandre Caldas Ribeiro	individual	Veterano M40	03:44:06	+01:51:56	08:58
113	140	VITOR DIAS	individual	Veterano M40	03:49:18	+01:57:09	09:10

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	15.6ºC	89%
End	19:15	14.4ºC	99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	20	Susana silva Rodrigues	Fafe Runners	Senior Feminino	02:37:23		06:18
2	27	Carla Sousa	Individual	Senior Feminino	02:58:10	+20:48	07:08
3	150	Cláudia Cunha	run4fun	Senior Feminino	03:00:53	+23:30	07:14
4	11	Ana Sousa	Clube Nortada - Murtosa Night Runners	Senior Feminino	03:04:44	+27:22	07:23
5	30	Cristina Machado	Individual	Senior Feminino	03:04:59	+27:36	07:24
6	38	MERCEANA MARIA REBELO PEREIRA	Individual	Senior Feminino	03:17:15	+39:53	07:53
7	41	Rebeca Sofia Mendonça Liiborio	Individual	Senior Feminino	03:18:34	+41:11	07:57
8	6	Cátia Roque	ACM Montemor a Correr	Senior Feminino	03:18:50	+41:27	07:57
9	156	Sara Silveira	SSCGD	Senior Feminino	03:30:59	+53:36	08:26
10	26	Ana Luisa Lage	Individual	Senior Feminino	03:35:50	+58:27	08:38

Senior Masculino

1	143	Joel Pereira	Minho e Lima Trail	Senior Masculino	01:52:10		04:29
2	47	ATRP 1505 - Luis Filipe Salgado Oliveira	Individual	Senior Masculino	02:04:31	+12:21	04:59
3	158	Filipe Abreu	SWEET RUNNERS	Senior Masculino	02:05:33	+13:24	05:01
4	145	Rafael Brito Abreu Pereira	Minho e Lima Trail	Senior Masculino	02:06:59	+14:50	05:05
5	147	António Araújo	Os Galgos de Tancos	Senior Masculino	02:12:31	+20:22	05:18
6	57	Gabriel Coutinho	Individual	Senior Masculino	02:12:50	+20:40	05:19
7	144	Jorge Nogueira Amorim	Minho e Lima Trail	Senior Masculino	02:13:59	+21:49	05:22
8	55	Ernesto Miguel de Almeida Machado	Individual	Senior Masculino	02:17:26	+25:17	05:30
9	94	Tiago Miguel Oliveira Brandão	Individual	Senior Masculino	02:17:45	+25:35	05:31
10	76	Nuno Alves	Individual	Senior Masculino	02:18:09	+26:00	05:32
11	46	Ângelo Santos	Individual	Senior Masculino	02:20:16	+28:07	05:37
12	85	Ricardo Manuel Lobo	Individual	Senior Masculino	02:21:09	+29:00	05:39
13	66	jose manuel costa pinto	Individual	Senior Masculino	02:21:25	+29:16	05:39
14	149	Inuo Melo	Run 4 All	Senior Masculino	02:21:33	+29:24	05:40
15	48	Bruno Daniel Teixeira Da Cunha	Individual	Senior Masculino	02:22:59	+30:50	05:43
16	18	André Gustavo Sousa Costa	Ernesto São Simão	Senior Masculino	02:24:14	+32:05	05:46
17	81	Pedro Leandro Guedes Nogueira	Individual	Senior Masculino	02:27:45	+35:35	05:55
18	80	Paulo Carvalho	Individual	Senior Masculino	02:27:57	+35:47	05:55
19	96	Vasco Manuel Matos Duarte	Individual	Senior Masculino	02:29:12	+37:03	05:58
20	51	Bruno Oliveira	Individual	Senior Masculino	02:29:13	+37:03	05:58
21	45	André Gonçalves	Individual	Senior Masculino	02:30:10	+38:00	06:00
22	22	César Pais	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:30:22	+38:13	06:01
23	10	António Daniel da SIlva Ribeiro	BITRUNNERS - BOTA PR´O MONTE	Senior Masculino	02:30:24	+38:15	06:01

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	53	DE BRITO	Individual	Senior Masculino	02:32:36	+40:26	06:06
25	50	Bruno Miguel Pereira Ribeiro	Individual	Senior Masculino	02:34:31	+42:22	06:11
26	75	Nelson Teixeira	Individual	Senior Masculino	02:37:50	+45:41	06:19
27	92	SCHATZ Frédéric	Individual	Senior Masculino	02:38:25	+46:15	06:20
28	142	Fábio Silva Vaz	Minho e Lima Trail	Senior Masculino	02:38:57	+46:48	06:22
29	83	Ricardo Guerra	Individual	Senior Masculino	02:41:24	+49:14	06:27
30	162	Pedro Cunha e Silva	Villa de Basto Trail	Senior Masculino	02:42:09	+49:59	06:29
31	161	NUNO SANTOS	Villa de Basto Trail	Senior Masculino	02:42:09	+49:59	06:29
32	58	Helder Cristiano Leite Ribeiro	Individual	Senior Masculino	02:45:24	+53:15	06:37
33	148	António Soares	Os Galgos de Tancos	Senior Masculino	02:46:06	+53:57	06:39
34	77	Nuno Fernando Ribeiro Pereira	Individual	Senior Masculino	02:47:12	+55:03	06:41
35	93	Sérgio Simões	Individual	Senior Masculino	02:48:22	+56:12	06:44
36	86	Ricardo Torres Sousa	Individual	Senior Masculino	02:49:57	+57:48	06:48
37	151	Rui Ferreira	Run4Wellness	Senior Masculino	02:51:27	+59:17	06:51
38	157	Nuno Fernandes	SSCGD	Senior Masculino	02:53:13	+01:01:03	06:56
39	155	João Couto	Spin&Run Esposende Team	Senior Masculino	02:55:24	+01:03:15	07:01
40	89	Rui Martins	Individual	Senior Masculino	02:55:40	+01:03:31	07:02
41	160	Ivo Ricardo Pires de Moura	Villa de Basto Trail	Senior Masculino	02:58:09	+01:06:00	07:08
42	64	Jorge Almeida	Individual	Senior Masculino	03:00:17	+01:08:07	07:13
43	23	João Lourenço	Herbalásticos de Portalegre	Senior Masculino	03:00:46	+01:08:36	07:14
44	154	Bruno Ferreira	Spin&Run Esposende Team	Senior Masculino	03:00:58	+01:08:49	07:14
45	61	João Pinheiro	Individual	Senior Masculino	03:05:18	+01:13:08	07:25
46	5	Atleta 5	Individual	Senior Masculino	03:06:48	+01:14:39	07:28
47	15	Luis Simão	Derretebanha	Senior Masculino	03:10:21	+01:18:11	07:37
48	14	Nuno Santos	CROCODILOS/MISTERPC	Senior Masculino	03:10:52	+01:18:42	07:38
49	56	Filipe Gonçalves	Individual	Senior Masculino	03:12:51	+01:20:41	07:43
50	21	Virgílio Teixeira	FAMA RUNNERS	Senior Masculino	03:12:53	+01:20:43	07:43
51	12	Carlos Martins	Clube Nortada - Murtosa Night Runners	Senior Masculino	03:15:09	+01:22:59	07:48
52	90	Rui Simões Ferreira	Individual	Senior Masculino	03:15:12	+01:23:02	07:48
53	165	Jorge Cristino	ZIM	Senior Masculino	03:18:22	+01:26:13	07:56
54	82	Raul Viana	Individual	Senior Masculino	03:20:39	+01:28:29	08:02
55	159	Francisco José Fernandes Novais	Villa de Basto Trail	Senior Masculino	03:21:34	+01:29:25	08:04
56	52	David Correia Martins	Individual	Senior Masculino	03:35:47	+01:43:38	08:38

Veterana F40

1	8	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F40	02:30:22		06:01
2	103	Maria Leonor	Individual	Veterana F40	02:45:11	+14:49	06:36
3	102	Maria de Fátima	Individual	Veterana F40	02:45:12	+14:49	06:36
4	106	Silvia Carla Nascimento Pedroso	Individual	Veterana F40	03:06:57	+36:35	07:29
5	167	Clarisse Ribeiro	Individual	Veterana F40	03:07:54	+37:32	07:31
6	168	Paula Antunes	S.Paio Team	Veterana F40	03:08:12	+37:50	07:32
7	97	amelia moreira	Individual	Veterana F40	03:09:06	+38:44	07:34
8	16	Maria João Regalo	Derretebanha	Veterana F40	03:10:20	+39:57	07:37
9	166	Isabel Loureiro	ZIM	Veterana F40	03:18:22	+48:00	07:56

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	104	Paula Ribeiro	Individual	Veterana F40	03:37:10	+01:06:47	08:41
11	24	Filomena Cordeiro	Herbalásticos de Portalegre	Veterana F40	03:37:21	+01:06:59	08:42

Veterano M40

1	25	Vitor Cordeiro	Herbalásticos de Portalegre	Veterano M40	01:52:10		04:29
2	136	Paulo Pereira	Individual	Veterano M40	02:02:45	+10:34	04:55
3	115	Domingos Ferreira	Individual	Veterano M40	02:05:34	+13:23	05:01
4	117	Filipe Ferreira	Individual	Veterano M40	02:07:23	+15:12	05:06
5	7	Francisco lemos	AMIGOS DO PEDAL	Veterano M40	02:12:32	+20:21	05:18
6	122	Joaquim Fernandes Pinheiro	Alive Fitness Club	Veterano M40	02:17:19	+25:08	05:30
7	118	Helder Manuel Fernandes Torres	Individual	Veterano M40	02:17:26	+25:15	05:30
8	130	MANUEL DA COSTA OLIVEIRA	Individual	Veterano M40	02:27:34	+35:23	05:54
9	139	Rui Miguel Aguiar Rodrigues	Individual	Veterano M40	02:34:04	+41:53	06:10
10	13	manuel antonio teixeira	cmmp	Veterano M40	02:35:41	+43:30	06:14
11	123	Jorge Manuel Campelos Soares	Individual	Veterano M40	02:36:39	+44:28	06:16
12	131	Manuel Gomes	Individual	Veterano M40	02:42:32	+50:22	06:30
13	152	Artur Santiago Coelho	Scalabis Nigth Runners	Veterano M40	02:42:32	+50:22	06:30
14	153	Nuno Martinho	semprejuntos	Veterano M40	02:42:33	+50:22	06:30
15	132	Manuel Tomás Guimarães Pereira	Individual	Veterano M40	02:45:03	+52:52	06:36
16	127	Luís Filipe	Individual	Veterano M40	02:45:15	+53:04	06:37
17	141	Eurico Fernando Portela Mendes	LACRAUS	Veterano M40	02:45:42	+53:32	06:38
18	116	Fernando soares	Individual	Veterano M40	02:48:37	+56:26	06:45
19	114	Domingos Barros	Individual	Veterano M40	02:50:06	+57:56	06:48
20	138	Ricardo Lima	Individual	Veterano M40	02:55:40	+01:03:29	07:02
21	134	Paolo Pozzan	Individual	Veterano M40	02:55:44	+01:03:34	07:02
22	110	António ildefonso piedade santos	Individual	Veterano M40	02:55:55	+01:03:45	07:02
23	17	Fernando Cunha	EDV VIANA TRAIL	Veterano M40	02:56:31	+01:04:21	07:04
24	111	António Mendes	Individual	Veterano M40	03:00:01	+01:07:50	07:12
25	163	Jorge Manuel Teixeira Alves	Villa de Basto Trail	Veterano M40	03:02:23	+01:10:13	07:18
26	133	Maria de Fátima Pessoa de Sousa	Individual	Veterano M40	03:05:36	+01:13:25	07:25
27	120	Joao Carlos da Silva Leite de Freitas	Individual	Veterano M40	03:07:21	+01:15:10	07:30
28	112	Daniel Dário Silva Rebelo	Individual	Veterano M40	03:07:21	+01:15:10	07:30
29	137	Ricardo Jose Mendes Ribeiro	Individual	Veterano M40	03:07:21	+01:15:11	07:30
30	113	David Paulo Vieira Costa	Individual	Veterano M40	03:11:13	+01:19:02	07:39
31	135	Paulo C Fernandes	Individual	Veterano M40	03:18:25	+01:26:15	07:56
32	119	Hugo Ribeiro	Individual	Veterano M40	03:18:56	+01:26:46	07:57
33	107	Álvaro Brandão	Individual	Veterano M40	03:19:04	+01:26:54	07:58
34	19	Manuel Cunha Lima	EXPERIENCIAR	Veterano M40	03:19:11	+01:27:01	07:58
35	125	José Alexandre Caldas Ribeiro	Individual	Veterano M40	03:44:06	+01:51:55	08:58
36	140	VITOR DIAS	Individual	Veterano M40	03:49:18	+01:57:08	09:10

EQUIPAS 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Minho e Lima Trail	1 + 7 + 12	20
2	Villa de Basto Trail	43 + 44 + 68	155
3	Herbalásticos de Portalegre	2 + 72 + 111	185