

Pos.	Dorsal	Nome	Equipoa	Escalão	Sexo	Tempo
1	779	Tiago Pinto	GRUPO DRAMATICO E RECREATIVO DA RETORTA	SEN M	M	00:44:38.322
2	777	Henriques Dias	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M50	M	00:44:43.335
3	778	Vitor Barbosa	GRUPO DRAMATICO E RECREATIVO DA RETORTA	SEN M	M	00:44:43.865
4	619	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	SEN M	M	00:47:22.436
5	700	ADELINO SILVA	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M40	M	00:47:29.431
6	748	Sérgio Duarte	Dr Merino /4moove	M40	M	00:47:55.118
7	617	Antonio Maia	Kunalama runners	SEN M	M	00:48:05.476
8	509	Jorge Luz	Individual	M50	M	00:48:10.017
9	549	Asdrubal Freitas	Centro Ciclista de Gondomar	M40	M	00:48:45.763
10	485	Josué Moreira	Leões de Tardariz Trail	SEN M	M	00:49:37.503
11	442	Rafael Santos	Individual	SEN M	M	00:49:39.861
12	536	Carlos Monteiro	Marina Concept	SEN M	M	00:49:45.631
13	752	Filipe Teixeira	Individual	SEN M	M	00:50:23.996
14	419	Nuno Monteiro	Perdidos no trail	M40	M	00:50:36.512
15	659	Fernando Oliveira	Trinca Orelhas de Gato	M40	M	00:50:41.996
16	702	ANTONIO DIAS	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M40	M	00:50:48.168
17	753	Bruno Maia	Individual	SEN M	M	00:51:09.256
18	667	Joao Leite	Mexilhão da Montanha	SEN M	M	00:51:27.203
19	580	Sergio Rodrigues	Trinca Orelhas de Gato	SEN M	M	00:51:37.181
20	455	Rúben Gonçalves	Ninja team	SEN M	M	00:51:42.453
21	558	Carlos Barbosa	Danados	SEN M	M	00:51:54.709
22	417	José Gaspar	Perdidos no trail	SEN M	M	00:52:04.466
23	414	Luis Silva	Perdidos no trail	SEN M	M	00:52:05.773
24	578	Miguel Purificação	Trinca Orelhas de Gato	M40	M	00:52:44.417
25	413	José Santos	Oralklass amigos do trail	SEN M	M	00:53:00.364
26	451	Carlos Vinhas	Nocturnos de Paredes	M50	M	00:53:13.936
27	772	Mário Carvalho	5 à hora	M50	M	00:53:26.838
28	641	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	M40	M	00:54:10.924
29	615	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	M40	M	00:54:11.549
30	596	Joel Pereira	Aliança de Gandra	SEN M	M	00:55:12.148
31	83	Joaquim Pereira	GAIA TRAIL	M40	M	00:56:40.892
32	449	FILIPE PÓVOAS	Individual	SEN M	M	00:57:06.884
33	452	Vitor Cardoso	Baguim Runners	M40	M	00:57:15.578
34	666	Renato Alves	Trail 4ever/Cfit	SEN M	M	00:57:32.526
35	583	Miguel Silva	Trinca Orelhas de Gato	M40	M	00:58:20.611
36	598	Rui Dias	#correratenumdarmais	SEN M	M	00:58:38.467
37	760	Andreia Amorim	GONDOMAR FUTSAL CLUBE	SEN F	F	00:58:57.025
38	518	Nuno Fidalgo	Individual	SEN M	M	00:59:06.049
39	665	Cesar Moura	Trail 4ever/Cfit	SEN M	M	01:00:28.996
40	577	Nuno Sousa	Trinca Orelhas de Gato	SEN M	M	01:00:37.207
41	453	Sandra Cardoso	Baguim Runners	F40	F	01:00:43.834
42	744	José Mesquita	Individual	M50	M	01:01:07.773
43	416	Marta Marques	Perdidos no trail	SEN F	F	01:01:11.164
44	415	Filipe Rocha	Perdidos no trail	SEN M	M	01:01:11.713
45	656	Manuel Fonseca	100PRESSA	M40	M	01:01:30.138

Pos.	Dorsal	Nome	Equipoa	Escalão	Sexo	Tempo
46	661	Bruno Lopes	Grupo Desportivo Ferroviários de Campanhã	SEN M	M	01:01:35.783
47	579	Paulo Carneiro	Trinca Orelhas de Gato	M40	M	01:01:40.230
48	678	VICENTE JOÃO	GDC FIDELIDADE	M50	M	01:01:42.618
49	435	Manuel Peixoto	Individual	M40	M	01:01:49.196
50	662	Pedro Agostinho	Grupo Desportivo Ferroviários de Campanhã	SEN M	M	01:02:00.846
51	698	Ricardo Ferreira	Individual	SEN M	M	01:02:06.530
52	660	Ricardo Neves	Grupo Desportivo Ferroviários de Campanhã	SEN M	M	01:02:07.141
53	500	Agostinho Silva	OsFazConta	M50	M	01:02:10.407
54	704	Carlos Laranja	CROSSFIT	SEN M	M	01:02:29.230
55	664	Liliana Felgueiras	Individual	SEN F	F	01:02:54.009
56	729	Tiago Rocha	Míope bike Team	SEN M	M	01:02:54.971
57	517	Carlos Pereira	Individual	M40	M	01:02:59.219
58	550	Nuno Leal	Individual	SEN M	M	01:03:04.267
59	668	Paulo Assis	Individual	SEN M	M	01:03:05.867
60	690	António Coelho	Individual	M40	M	01:03:10.976
61	547	Miro Morais	Individual	M50	M	01:03:19.134
62	657	João Barbosa	100PRESSA	SEN M	M	01:03:23.533
63	502	Duarte Dias	Individual	SEN M	M	01:03:26.450
64	696	Vitor Dias	Individual	SEN M	M	01:03:45.278
65	732	João Saraiva	samsys	M40	M	01:04:19.776
66	775	Nelson Carvalho	samsys	SEN M	M	01:04:19.884
67	599	José caseiro	José Caseiro	M40	M	01:04:32.351
68	600	Hélder Costa	Amigo Trail Run	M40	M	01:04:35.661
69	489	Paulo Moura	Elite Corpus	SEN M	M	01:04:37.398
70	624	Alzira Sousa	MSS CONTABILIDADE TRAIL TEAM	F40	F	01:04:39.028
71	582	Fernando Vital	Trinca Orelhas de Gato	M50	M	01:04:44.275
72	456	Rui Almeida	Individual	SEN M	M	01:04:46.273
73	112	Ceu Costa	GD4Caminhos	F40	F	01:04:49.223
74	542	Ivo Pinto	Individual	SEN M	M	01:04:54.298
75	767	Pedro Sousa	GONDOMAR FUTSAL CLUBE	M50	M	01:04:55.042
76	591	José Peres	Aliança de Gandra	SEN M	M	01:04:56.463
77	560	André Martins	Health Club Campo	SEN M	M	01:05:00.674
78	741	António Miranda	YogurtNest	M50	M	01:05:04.309
79	757	Cidálio Oliveira	GD4Caminhos	M40	M	01:05:06.871
80	769	Sérgio Carneiro	samsys	M50	M	01:05:23.526
81	674	Paulo Ferreira	SANTIAGO TEAM	SEN M	M	01:05:25.239
82	692	Cesar Rosendo	SANTIAGO TEAM	SEN M	M	01:05:25.701
83	473	António Faria	Amigos 100 Limites	SEN M	M	01:05:27.852
84	501	Fábio Ferreira	Elite Corpus	SEN M	M	01:05:54.282
85	572	Silvio Dias	Trinca Orelhas de Gato	M40	M	01:05:55.318
86	626	Mia Pinto	MSS CONTABILIDADE TRAIL TEAM	SEN F	F	01:05:56.405
87	447	Hugo Mendes	Individual	SEN M	M	01:06:01.200
88	612	Filipe Roboredo	Individual	M40	M	01:06:03.674
89	765	Manuel Rocha	GONDOMAR FUTSAL CLUBE	M50	M	01:06:05.332
90	581	António Lima	Trinca Orelhas de Gato	M50	M	01:06:05.466

Pos.	Dorsal	Nome	Equipoa	Escalão	Sexo	Tempo
91	628	Fábio Nogueira	Club da Costa	SEN M	M	01:06:06.032
92	730	Nuno Nunes	SANTIAGO TEAM	SEN M	M	01:06:06.510
93	507	Pedro Espinheira	Individual	SEN M	M	01:06:11.081
94	436	Leopoldo Fernandes	Grupo Desportivo Leões da Guarda	M60	M	01:06:20.446
95	697	Ines Seabra	Individual	SEN F	F	01:06:24.098
96	553	Carlos Vieira	Os Cachos	M40	M	01:06:31.490
97	552	Joaquim Vieira	Os Cachos	M50	M	01:06:31.960
98	432	António Pires	Contacto running	M40	M	01:06:37.943
99	597	Ricardo Marques	Individual	SEN M	M	01:06:41.510
100	625	Luís Sousa	MSS CONTABILIDADE TRAIL TEAM	M40	M	01:07:21.680
101	422	Filipe Ribeiro	Ferreiras - Os Fortes	SEN M	M	01:07:23.802
102	543	Ricardo Silva	#JASOMOSTRES	SEN M	M	01:08:02.173
103	746	António Fidalgo	KeMedo Team	M50	M	01:08:05.549
104	529	Florinda Carvalho	Gansos	SEN F	F	01:08:10.335
105	531	Alcino Tavares	Gansos	M40	M	01:08:10.905
106	519	SANDRA CRUZ	Individual	M40	M	01:08:21.724
107	613	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	M40	M	01:08:39.361
108	587	Ricardo Rocha	Aliança de Gandra	SEN M	M	01:08:53.940
109	691	Nuno Vieira	Individual	SEN M	M	01:09:00.391
110	477	Tomas Moura	Individual	#N/A	M	01:09:12.459
111	776	Renato Duarte	samsys	SEN M	M	01:09:13.424
112	522	Adriana Neves	Individual	SEN F	F	01:09:23.553
113	454	Lourenço Cardoso	Baguim Runners	M40	M	01:09:39.273
114	747	Aurélio Carvalho	KeMedo Team	M60	M	01:09:46.809
115	573	Manuel Barros	Trinca Orelhas de Gato	M60	M	01:09:48.288
116	762	Ilidio Freitas	GONDOMAR FUTSAL CLUBE	M50	M	01:09:50.467
117	523	Armandina Torres	GDCT INCM	F40	F	01:09:55.342
118	468	Patrícia Conceição	Amigos 100 Limites	SEN F	F	01:10:03.556
119	538	Fernando Teixeira	Individual	M40	M	01:10:05.035
120	723	nuno lopes	Carapaus	M40	M	01:10:37.502
121	717	Joao Remedios	Carapaus	M50	M	01:10:38.221
122	554	Manuel Carneiro	Os Cachos	M50	M	01:10:47.752
123	405	Helder Marques	Salgueiros Running	SEN M	M	01:11:05.632
124	749	Alexandrino Guimarães	Individual	SEN M	M	01:11:09.138
125	466	Lucília Pereira	Amigos 100 Limites	F60	F	01:11:15.983
126	472	Sérgio Moreira	Amigos 100 Limites	M40	M	01:11:17.132
127	564	Filipe Terra	Trinca Orelhas de Gato	SEN M	M	01:11:17.878
128	530	Miguel Costa	Gansos	M40	M	01:11:39.042
129	508	Márcia Coelho	Ei Team Trail	SEN F	F	01:11:43.555
130	627	César Santos	Club da Costa	SEN M	M	01:11:53.832
131	669	Nuno Veloso	Individual	SEN M	M	01:11:56.724
132	745	paulo silva	cmds	M50	M	01:12:04.828
133	750	João Lopes	Individual	SEN M	M	01:12:14.858
134	516	cristina madureira	Individual	F40	F	01:12:20.710
135	770	Sérgio Tavares	samsys	M40	M	01:12:22.447

Pos.	Dorsal	Nome	Equipoa	Escalão	Sexo	Tempo
136	689	Eugénio Moreira	Health Club Campo	M50	M	01:12:27.907
137	755	Paulo Moreira	Health Club Campo	M40	M	01:12:28.062
138	537	Sérgio Pedra	Individual	SEN M	M	01:12:58.173
139	524	Agostinho Cardoso	Leões de Tardariz Trail	M40	M	01:13:02.927
140	763	Joaquim Matos	GONDOMAR FUTSAL CLUBE	M50	M	01:13:07.611
141	722	Toze Couto	Carapaus	M50	M	01:13:09.388
142	652	Adérito Brandão	100PRESSA	M50	M	01:13:19.084
143	10782					01:13:23.868
144	707	José Silva	Individual	SEN M	M	01:13:32.197
145	510	Rui Silva	Tartarugas Velozes	SEN M	M	01:13:45.528
146	645	Manuel Emidio	Individual	M60	M	01:13:50.242
147	647	Dinis Claro	Claro Coffee	SEN M	M	01:13:50.670
148	544	Joaquim Seca	Altorelevo	M50	M	01:14:06.743
149	766	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	M40	M	01:14:08.967
150	461	Daniel Terra	Factor X / S4L / Medense FC	SEN M	M	01:14:09.405
151	646	Tânia Teixeira	Claro Coffee	SEN F	F	01:14:10.806
152	418	José Carneiro	Perdidos no trail	M40	M	01:14:11.523
153	593	Sérgio Inverneiro	Aliança de Gandra	M50	M	01:14:13.010
154	725	Jose Silvano	SLB TEAM	SEN M	M	01:14:20.151
155	751	Flávio Pacheco	samsys	SEN M	M	01:14:20.460
156	402	João Sousa	100Pernas	M40	M	01:14:21.160
157	462	Alcino Silva	Amigos 100 Limites	SEN M	M	01:14:24.351
158	488	Isaac Pereira	Individual	M50	M	01:14:26.130
159	685	Luis Silva	Individual	SEN M	M	01:14:28.601
160	10781					01:14:29.295
161	731	Pedro Magalhães	samsys	M40	M	01:14:39.079
162	433	Manuela Nogueira	OriEstarreja	F40	F	01:14:47.006
163	701	TIAGO PINTO	GRUPO DRAMATICO E RECREATIVO DA RETORTA	SEN M	M	01:14:48.223
164	642	Luciano Silva	Individual	SEN M	M	01:14:54.173
165	459	Rosa Leal	Individual	SEN F	F	01:14:54.572
166	503	Rúben Costa	Individual	SEN M	M	01:15:13.572
167	504	Lúcia Costa	Individual	SEN F	F	01:15:17.905
168	764	Lucie Trpisovska	GONDOMAR FUTSAL CLUBE	SEN F	F	01:15:34.420
169	445	Cândida Moreira	Individual	F40	F	01:15:37.421
170	437	Armando Serra	Individual	M40	M	01:15:57.773
171	532	Paulo Ferreira	Gansos	M40	M	01:16:00.796
172	635	Tiago Moreira	Individual	SEN M	M	01:16:10.720
173	602	Ana Salgueiro	os Coxos	F50	F	01:16:13.624
174	688	Rogério Pacheco	Individual	SEN M	M	01:16:29.605
175	541	Hugo Alves	Individual	SEN M	M	01:16:30.779
176	555	Hugo Pereira	Ocidental	SEN M	M	01:16:39.553
177	440	Márcio Torres	Individual	SEN M	M	01:16:43.826
178	434	Sara Pimenta	Individual	SEN F	F	01:16:44.158
179	469	Ricardo Lascasas	Amigos 100 Limites	SEN M	M	01:17:05.756
180	475	Graça Ribeiro	Nocturnos de Paredes	F50	F	01:17:26.956

Pos.	Dorsal	Nome	Equioa	Escalão	Sexo	Tempo
181	629	Maria Sousa	Individual	F50	F	01:17:48.653
182	525	Carlos Santos	sabiUs	SEN M	M	01:18:10.621
183	528	Antonio Pinto	Individual	M50	M	01:18:12.461
184	586	Mário Barbosa	Aliança de Gandra	M40	M	01:18:13.384
185	571	Ana Fonseca	Trinca Orelhas de Gato	SEN F	F	01:18:46.194
186	670	Joana Rocha	Generosos Runners	SEN F	F	01:18:47.075
187	491	Paulina Soares	Individual	F50	F	01:18:48.177
188	601	Carla Sousa	Aliança de Gandra	F40	F	01:18:49.908
189	653	Adriano Campos	100PRESSA	M40	M	01:19:00.260
190	557	José Coelho	Individual	M40	M	01:19:02.203
191	654	Mário Silva	100PRESSA	M40	M	01:19:12.533
192	676	EMÍLIA MOREIRA	GDC FIDELIDADE	F50	F	01:19:31.793
193	694	Leonel Silva	Individual	M40	M	01:19:56.719
194	708	Susana Leal	Individual	F40	F	01:20:06.141
195	568	Rita Morais	Trinca Orelhas de Gato	SEN F	F	01:20:07.740
196	758	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	M50	M	01:20:14.999
197	546	André Cunha	cUnHaX	SEN M	M	01:20:42.894
198	592	Natália Moreira	Aliança de Gandra	F40	F	01:20:54.335
199	740	Carolina Martins	credito agricola	SEN F	F	01:20:54.798
200	458	Manuel Moura	Os Barriguitas	M60	M	01:21:01.842
201	609	Abilio Silva	Individual	M40	M	01:21:24.536
202	650	David Azevedo	100PRESSA	M50	M	01:21:25.494
203	735	Jorge Silva	credito agricola	M40	M	01:22:01.884
204	739	Helder Silva	credito agricola	SEN M	M	01:22:02.523
205	771	José Nogueira	100PRESSA	M40	M	01:22:08.954
206	682	Maria Costa	Individual	F50	F	01:22:11.154
207	511	Bruno Silva	Tartarugas Velozes	SEN M	M	01:22:11.276
208	562	Alexandra Azevedo	Health Club Campo	SEN F	F	01:22:16.009
209	610	Pedro Airosa	Budeguita Runners	SEN M	M	01:22:17.157
210	470	Ricardo Leal	Amigos 100 Limites	SEN M	M	01:22:21.200
211	603	André Santos	Individual	SEN M	M	01:22:28.658
212	630	Alexandra Pereira	Friends runners	SEN F	F	01:22:36.654
213	621	Inês Arcos	Runners ans friends	SEN F	F	01:22:40.486
214	545	Raul Cunha	cUnHaX	M40	M	01:23:09.700
215	759	Ana Sousa	GONDOMAR FUTSAL CLUBE	F50	F	01:23:23.269
216	569	Eduardo Oliveira	Trinca Orelhas de Gato	#N/A	M	01:23:31.793
217	534	Helena alvarenga	Gansos	SEN F	F	01:23:32.549
218	533	carlos anjos	Gansos	M40	M	01:23:45.599
219	443	Paula Cardoso	Factor X / S4L / Medense FC	SEN F	F	01:23:54.364
220	714	Maria Vinhas	Team Vinhas	F40	F	01:24:03.529
221	711	Pedro Nogueira	Friends Baltar	SEN M	M	01:24:03.767
222	713	Augusto Vinhas	Team Vinhas	M40	M	01:24:04.351
223	706	ana sousa	Barriguitas	SEN F	F	01:24:57.364
224	535	Joana Gonçalves	Individual	SEN F	F	01:25:07.063
225	423	Hélder Pacheco	Ferreiras - Os Fortes	SEN M	M	01:25:08.084

Pos.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
226	427	Isabel Lobo	Ferreiras - Os Fortes	SEN F	F	01:25:08.266
227	425	Nelson Ferreira	Ferreiras - Os Fortes	SEN M	M	01:25:08.805
228	594	Fernanda Oliveira	Aliança de Gandra	F40	F	01:25:10.555
229	774	José Moreira	Individual	M40	M	01:25:20.618
230	773	João Moreira	Individual	M40	M	01:25:21.217
231	446	Joao Oliveira	Os Imparaveis	SEN M	M	01:25:23.674
232	486	Fabio Silva	Individual	SEN M	M	01:25:26.137
233	444	Susana Duarte	Individual	F40	F	01:25:26.584
234	709	Helder Teixeira	Friends Baltar	SEN M	M	01:25:32.069
235	457	Sara Coelho	Individual	SEN F	F	01:25:36.039
236	622	Cláudia Nogueira	Os Imparáveis	SEN F	F	01:25:39.454
237	406	Filipa Namora	Individual	SEN F	F	01:25:41.892
238	671	Paula Ferreira	Generosos Runners	F40	F	01:25:42.308
239	705	Lurdes Loureiro	Sai da Frente	SEN F	F	01:25:45.302
240	521	Sandra Ferreira	Individual	SEN F	F	01:25:56.542
241	476	Marta Reguengo	Individual	SEN F	F	01:25:57.137
242	611	Isabel Ferreira	Budeguita Runners	F40	F	01:26:03.519
243	675	JOÃO MOREIRA	GDC FIDELIDADE	M50	M	01:26:48.707
244	618	Cidalia Silva	#correratenumdarmais	F50	F	01:27:03.770
245	412	Marília Paiva	Individual	F50	F	01:27:09.740
246	448	Andreia Moura	Hora do lobo	SEN F	F	01:27:14.778
247	460	Bárbara Feio	Individual	SEN F	F	01:27:43.858
248	684	Ricardo Moutinho	100meta	SEN M	M	01:27:45.216
249	663	Patrícia Neves	100meta	SEN F	F	01:27:45.272
250	498	Brigida Duarte	OsFazConta	SEN F	F	01:28:03.986
251	693	José Rodrigues	Individual	M50	M	01:28:11.842
252	441	Paula Moraes	Individual	M40	M	01:28:13.118
253	761	António Queirós	GONDOMAR FUTSAL CLUBE	M50	M	01:28:14.444
254	604	Francisco Caldas	Individual	M40	M	01:28:15.721
255	551	Jose Pinho	Individual	M40	M	01:28:15.727
256	695	Jorge Magalhães	Individual	SEN M	M	01:28:40.714
257	703	Patricia Silvia	Trinca Orelhas de Gato	SEN F	F	01:29:34.519
258	614	Andreia Oliveira	Individual	SEN F	F	01:29:45.592
259	420	Juliana Ferreira	Ferreiras - Os Fortes	SEN F	F	01:29:51.944
260	463	Clara Teixeira	Amigos 100 Limites	SEN F	F	01:29:55.881
261	743	JOÃO RAMOS	Individual	M40	M	01:29:56.877
262	742	RUI MAGALHÃES	Individual	M40	M	01:29:58.375
263	679	SANDRA Cepeda	GDC FIDELIDADE	F40	F	01:30:02.960
264	403	Manuel Silva	100Pernas	M60	M	01:30:12.042
265	401	Nuno Alexandre	100Pernas	M40	M	01:30:12.404
266	780	Paulo	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M40	M	01:30:12.767
267	513	Ricardo Ribeiro	Tartarugas Velozes	SEN M	M	01:30:19.111
268	570	Deolinda Campanha	Trinca Orelhas de Gato	F50	F	01:30:25.151
269	567	Goreti Rocha	Trinca Orelhas de Gato	M40	M	01:30:28.250
270	565	Carlos Conde	Trinca Orelhas de Gato	M40	M	01:30:28.431

Pos.	Dorsal	Nome	Equioa	Escalão	Sexo	Tempo
271	605	Luis Moutinho	Dragon Runners	M40	M	01:30:33.168
272	677	LICÍNIO MALAFAIA	GDC FIDELIDADE	M50	M	01:30:41.302
273	426	Eurico Ferreira	Ferreiras - Os Fortes	SEN M	M	01:30:43.746
274	438	..Marco Oliveira	Leões de Tardariz Trail	M40	M	01:31:00.809
275	588	Fátima Ramos	Aliança de Gandra	F40	F	01:31:04.493
276	589	Joana Soares	Aliança de Gandra	SEN F	F	01:31:04.851
277	590	Rosa Soares	Aliança de Gandra	F50	F	01:31:06.657
278	575	Sara Almeida	Trinca Orelhas de Gato	SEN F	F	01:31:26.565
279	719	Sergio Sousa	US ETORODA	SEN M	M	01:31:54.410
280	720	Susana Martins	US ETORODA	F40	F	01:31:55.174
281	733	Alice Coelho	credito agricola	SEN F	F	01:32:03.319
282	493	Joao Oliveira	Divigirls	SEN M	M	01:32:16.118
283	620	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	SEN F	F	01:32:49.684
284	633	Ana Cabeda	Individual	SEN F	F	01:33:07.289
285	736	Pedro Castro	credito agricola	SEN M	M	01:33:23.309
286	734	Pedro Silva	credito agricola	SEN M	M	01:33:25.891
287	1242	Laurinda Tavares	Gansos	F40	F	01:33:34.792
288	683	Aurora Mendonca	Individual	F40	F	01:33:35.148
289	718	Adelaide Madureira	Carapaus	F50	F	01:33:39.421
290	716	Conceicao Remedios	Carapaus	F50	F	01:33:39.767
291	479	Fábio Mota	Individual	SEN M	M	01:33:55.720
292	515	Diana Marques	Individual	SEN F	F	01:34:08.592
293	738	Mafalda Rodrigues	credito agricola	SEN F	F	01:34:40.029
294	497	Adriana Duarte	OsFazConta	SEN F	F	01:34:43.828
295	492	vera gomes	Divigirls	SEN F	F	01:34:46.582
296	566	Isilda silva	Trinca Orelhas de Gato	F40	F	01:35:21.631
297	574	Marco Oliveira	Trinca Orelhas de Gato	M40	M	01:35:22.357
298	540	Nuno Teixeira	Individual	SEN M	M	01:35:24.674
299	539	Inês Dias	Individual	SEN F	F	01:35:24.822
300	644	Magdalena wojcik	Larocas Team	SEN F	F	01:36:16.354
301	495	Liliana Rodrigues	Individual	SEN F	F	01:36:17.200
302	631	Pedro Lopes	C+Runners	SEN M	M	01:36:24.407
303	632	Joana Lopes	C+Runners	SEN F	F	01:36:25.194
304	439	Liliana Peira	Individual	SEN F	F	01:36:27.102
305	520	MARTA SILVA	Individual	SEN F	F	01:36:32.624
306	768	Pedro Silva	Nocturnos de Paredes	SEN M	M	01:36:36.974
307	559	Pedro Fernandes	Health Club Campo	SEN M	M	01:36:40.549
308	561	António Fernandes	Health Club Campo	M60	M	01:36:41.003
309	636	Rodrigo Ferraz	Generosos Runners	M40	M	01:37:04.335
310	637	Sofia Tadeu	Generosos Runners	SEN F	F	01:37:06.453
311	638	Claudia Coelho	Generosos Runners	SEN F	F	01:37:07.398
312	639	Maria Pinto	Generosos Runners	SEN F	F	01:37:23.411
313	429	Ângela Silva	Ferreiras - Os Fortes	SEN F	F	01:37:38.729
314	408	Analisa Teixeira	Eu e elas	SEN F	F	01:37:40.723
315	687	Marta Carvalho	Individual	SEN F	F	01:38:56.500

Pos.	Dorsal	Nome	Equioa	Escalão	Sexo	Tempo
316	686	Sandra Vasconcelos	Individual	F40	F	01:38:57.857
317	548	CATARINA SANTOS	Individual	SEN F	F	01:39:00.928
318	400	Alice Viveiros	Shots International Runners	F50	F	01:39:18.890
319	643	Ermelinda Lara	Larocas Team	F40	F	01:39:47.881
320	410	Rute Costa	Eu e elas	SEN F	F	01:39:57.523
321	710	Sonia Sousa	Friends Baltar	SEN F	F	01:40:00.559
322	478	Joana Flores	Individual	SEN F	F	01:40:18.517
323	595	Elisabete Silva	Aliança de Gandra	F40	F	01:40:46.392
324	483	Liliana Baia	10TEMIDOS	SEN F	F	01:41:30.377
325	484	Lília Sá	10TEMIDOS	F40	F	01:41:33.447
326	651	José Costa	100PRESSA	M60	M	01:43:35.026
327	490	Cláudia Moura	Danados	SEN F	F	01:43:35.247
328	563	Paula Moreira	Trinca Orelhas de Gato	F40	F	01:43:35.338
329	649	António Martins	100PRESSA	M60	M	01:43:59.285
330	407	Damião Pontes	Leões de Tardariz Trail	M50	M	01:44:07.634
331	712	Claudia Silva	Friends Baltar	SEN F	F	01:45:13.846
332	715	Paulo Rodrigues	Individual	M40	M	01:45:32.398
333	496	Jorge Silva	OsFazConta	SEN M	M	01:45:56.581
334	499	Vania Soares	OsFazConta	SEN F	F	01:45:58.559
335	737	Paulo Correia	credito agricola	M40	M	01:46:20.674
336	467	Maria Ferreira	Amigos 100 Limites	F50	F	01:46:58.230
337	471	Rosa Costa	Amigos 100 Limites	F40	F	01:46:58.474
338	672	Cecília Oliveira	Perdidos no trail	SEN F	F	01:47:48.608
339	514	Anabela Sampaio	Individual	F40	F	01:48:58.073
340	431	Tiago Ferreira	Ferreiras - Os Fortes	SEN M	M	01:49:22.657
341	430	Patrícia Ferreira	Ferreiras - Os Fortes	F40	F	01:49:22.667
342	481	Maria Peres	Caracois	F40	F	01:50:35.298
343	482	Rui Santos	Caracois	F50	F	01:50:38.101
344	480	Ana Reis	Caracois	F40	F	01:50:55.559
345	424	Estela Gonçalves	Ferreiras - Os Fortes	SEN F	F	01:52:14.835
346	428	Ana Silva	Ferreiras - Os Fortes	SEN F	F	01:52:14.933
347	10181					01:52:59.756
348	608	Ana Moreira	Os TurboMula	F60	F	01:53:00.408
349	728	Rodrigo Oliveira	Individual	#N/A	M	01:53:32.510
350	727	Nuno Oliveira	Individual	M40	M	01:53:33.608
351	585	Ana Oliveira	Individual	F40	F	01:54:03.801
352	726	Maria Moreira	Individual	F40	F	01:54:03.987
353	699	Gabriel Costa	Individual	SEN M	M	01:54:05.555
354	756	Helder Moraes	Individual	SEN M	M	01:58:17.433
355	680	MAFALDA MOREIRA	GDC FIDELIDADE	SEN F	F	01:58:37.585
356	464	Cláudia Silva	Amigos 100 Limites	SEN F	F	01:58:37.950
357	465	Liliana Gomes	Amigos 100 Limites	SEN F	F	01:58:38.200
358	606	Cristina Cabeda	Individual	SEN F	F	02:04:35.174
359	607	Manuel Gonçalves	Individual	SEN M	M	02:04:36.444
360	681	FERNANDA MALAFAIA	GDC FIDELIDADE	F50	F	02:04:41.869

Pos.	Dorsal	Nome	Equioa	Escalão	Sexo	Tempo
361	616	Jose Braga	Individual	M60	M	02:08:41.630
362	754	Daniel Sousa	Health Club Campo	M40	M	02:34:19.275