

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
CARLOS COSTA S.Salvador Do Campo	99	1	00:25:17.643	00:00:00.000
ARTUR RODRIGUES Gdc Guilhovai	20	2	00:25:41.727	00:00:24.084
JOSÉ AZEVEDO Boavista Futebol Clube	10	3	00:26:15.727	00:00:58.084
JOAQUIM FIGUEIREDO C D São Salvador Do Campo	19	4	00:26:25.820	00:01:08.177
ANTÓNIO MOREIRA Salvador Do Campo	12	5	00:26:52.027	00:01:34.384
PEDRO FERREIRA Acd S.Joao Da Serra	6	6	00:27:06.523	00:01:48.880
SERGIO SOUSA Acd S.Joao Da Serra	18	7	00:27:28.313	00:02:10.670
MARTIM FREITAS U.D.C.A. - União Desportiva E Cultural De Argivai	903	8	00:27:55.573	00:02:37.930
PAULO SILVA Nascidos Para Correr - Associação Desportiva	81	9	00:28:38.833	00:03:21.190
PAULO JESUS G.R.D.Bonfim , Povia De Varzim	233	10	00:28:39.010	00:03:21.367
BELMIRO RODRIGUES C.F.Oliveira Do Douro	551	11	00:28:44.750	00:03:27.107
ANDRÉ PINTO Andatrilhos Freamunde	751	12	00:28:53.767	00:03:36.124
JOSÉ MOREIRA S. Salvador Do Campo	930	13	00:28:56.007	00:03:38.364
DELFIN CONCEICAO Acd S.Joao Da Serra	5	14	00:29:16.510	00:03:58.867
JUSTYNA WOJCIK S.Joao Da Serra	11	15	00:29:17.103	00:03:59.460
JESSICA PONTES Sporting Clube Braga	712	16	00:29:33.570	00:04:15.927
JOÃO SILVA Vitória Sport Clube	362	17	00:29:33.780	00:04:16.137
NUNO ALVES Fama Runners	857	18	00:29:35.060	00:04:17.417
CARLOS GOMES Salgueiros Running	760	19	00:29:36.820	00:04:19.177
DAVID LEITE Caldas S. Jorge Sport Clube	827	20	00:29:38.317	00:04:20.674
JOSÉ ALMEIDA Academia Fernanda Ribeiro	618	21	00:29:43.847	00:04:26.204
MANUEL SANTOS Individual	423	22	00:29:45.000	00:04:27.357
MARCO PINTO Águias Da Misericórdia	92	23	00:29:45.073	00:04:27.430
DOMINGOS SANTOS Nascidos Para Correr - Associação Desportiva	89	24	00:29:48.320	00:04:30.677
JOSÉ MOTA Nascidos Para Correr - Associação Desportiva	90	25	00:29:50.000	00:04:32.357
AMANDIO ANTUNES Afifense Trail	358	26	00:29:52.573	00:04:34.930
BRUNO SOUSA Individual	442	27	00:29:55.570	00:04:37.927
HUGO SANTOS Nascidos Para Correr - Associação Desportiva	84	28	00:29:58.513	00:04:40.870
MANUEL DOURADO Bairro De Carcavelos Synergie	601	29	00:29:58.613	00:04:40.970
MANUEL AZEVEDO S.Salvador Do Campo	100	30	00:30:01.320	00:04:43.677
JOAQUIM ALVES Nascidos Para Correr - Associação Desportiva	91	31	00:30:04.323	00:04:46.680
NUNO PEREIRA Individual	264	32	00:30:10.463	00:04:52.820

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
JOAQUIM MOREIRA Grebolfim	298	33	00:30:15.060	00:04:57.417
ANDREIA CUNHA Figueiredos Runners And Friends	462	34	00:30:16.490	00:04:58.847
MIGUEL FIGUEIREDO Figueiredos Runners And Friends	463	35	00:30:17.410	00:04:59.767
JOSÉ VIANA Amigos Da Montanha	548	36	00:30:23.237	00:05:05.594
MANUEL CARDOSO Boavista Futebol Clube	710	37	00:30:27.070	00:05:09.427
FERNANDO COSTA Lipor Bike Team	927	38	00:30:36.823	00:05:19.180
JOAQUIM COSTA Clube De Atletismo De Ovar	470	39	00:30:39.323	00:05:21.680
NUNO SILVA Individual	476	40	00:30:53.247	00:05:35.604
ANGELO FREITAS Individual	917	41	00:30:53.473	00:05:35.830
DUARTE BARBOSA Individual	138	42	00:31:05.160	00:05:47.517
VASCO MACIEIRA Os Kágados	464	43	00:31:08.430	00:05:50.787
ANTÓNIO FERNANDES Gstenvc	346	44	00:31:10.323	00:05:52.680
JOSE MONTEIRO Bairro De Carcavelos Synergie	178	45	00:31:13.830	00:05:56.187
TELMO REIS Lousada Runners	167	46	00:31:20.460	00:06:02.817
MANUEL CARDOSO Nascidos Para Correr - Associação Desportiva	609	47	00:31:20.933	00:06:03.290
LUIS NUNES Individual	672	48	00:31:26.737	00:06:09.094
TIAGO CORREIA Dive Into The Mountains	447	49	00:31:34.543	00:06:16.900
ANTÓNIO GRAÇA Nascidos Para Correr - Associação Desportiva	595	50	00:31:49.327	00:06:31.684
MIGUEL RIBEIRO Individual	659	51	00:31:51.327	00:06:33.684
FERNANDO MIRANDA Individual	876	52	00:31:56.480	00:06:38.837
AUGUSTO PEREIRA Nascidos Para Correr - Associação Desportiva	85	53	00:31:59.487	00:06:41.844
RENATO ARAÚJO Fama Runners	861	54	00:32:00.577	00:06:42.934
RAFAEL MARTINS Individual	171	55	00:32:06.827	00:06:49.184
NUNO ARAUJO Olimpico Vianense Trail	574	56	00:32:07.347	00:06:49.704
CARLOS SOUSA Batedores	774	57	00:32:10.733	00:06:53.090
JOÃO RODRIGUES Clube De Atletismo De Ovar	471	58	00:32:11.863	00:06:54.220
CARLOS COSTA Nascidos Para Correr - Associação Desportiva	596	59	00:32:13.727	00:06:56.084
JOÃO GOMES Orlando Oliveira	825	60	00:32:19.827	00:07:02.184
ANTÓNIO MOREIRA Academia Fernanda Ribeiro	620	61	00:32:26.730	00:06:45.003
DOMINGOS VALE Barcelos Runner	915	62	00:32:29.100	00:06:47.373
FERNANDO ALMEIDA Runpenafiel	738	63	00:32:29.727	00:05:01.414

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
ROSA SOARES	933	65	00:32:35.517	00:03:18.414
PAULO MENDES C.R.Candoso	340	66	00:32:35.983	00:06:54.256
MIGUEL CARNEIRO Individual	487	67	00:32:41.383	00:05:13.070
		68		
HELDER GUEDES Individual	161	69	00:32:50.327	00:07:08.600
		70		
EDUARDO XAVIER Batedores	354	71	00:33:00.213	00:04:21.380
TIAGO FERREIRA Individual	21	72	00:33:00.720	00:00:00.000
CARLOS OLIVEIRA U.D.C.A. - União Desportiva E Cultural De Argivai	904	73	00:33:02.413	00:07:20.686
ANTÓNIO CARVALHO Individual	761	74	00:33:03.330	00:06:37.510
VÍTOR ARAUJO Gds	636	75	00:33:04.887	00:05:36.574
NUNO FERNANDES Individual	344	76	00:33:05.577	00:07:47.934
RAFAEL COUTINHO Banda De Músicos	352	77	00:33:07.580	00:07:49.937
ANDRÉ ALVES Banda De Músicos	912	78	00:33:09.440	00:07:51.797
MADALENA SILVA Amigos Da Corrida	14	79	00:33:10.227	00:07:52.584
ANTÓNIO DIAS Fanbik/Regufe	120	80	00:33:13.230	00:07:55.587
INÊS FIGUEIREDO Turbulentos	72	81	00:33:15.967	00:07:58.324
DOMINGOS NEIVA Individual	276	82	00:33:16.617	00:07:58.974
CARLOS FERREIRA Arpo	295	83	00:33:16.830	00:07:59.187
CARLOS OLIVEIRA Individual	515	84	00:33:19.107	00:08:01.464
ALBINO LOURENÇO Newteam2011	848	85	00:33:19.830	00:08:02.187
RICARDO GONÇALVES Ss Box Team	555	86	00:33:23.967	00:08:06.324
MANUEL PINTO Individual	425	87	00:33:24.177	00:08:06.534
RICARDO COUTO Ss Box Team	726	88	00:33:24.227	00:08:06.584
ANTÓNIO PEREIRA Nascidos Para Correr - Associação Desportiva	586	89	00:33:26.717	00:08:09.074
CLAUDIO GONÇALVES Xpar	775	90	00:33:27.587	00:08:09.944
BRUNO MACHADO Individual	157	91	00:33:28.063	00:08:10.420
FRANCISCO RODRIGUES Roda Dos Ventos	742	92	00:33:36.080	00:08:18.437
ANDRE LOUREIRO Vfs	616	93	00:33:36.567	00:08:18.924
JOAO BARROS Batedores	351	94	00:33:39.670	00:08:22.027
CRISTÓVÃO SAMPAIO Amigos Das Sapatilhas	441	95	00:33:42.837	00:08:25.194
JOSÉ DUARTE Individual	504	96	00:33:49.587	00:08:31.944

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
HÉLDER LOPES Clube Do Rio	572	97	00:33:49.883	00:08:32.240
LUÍS LIMA Trofa Runners	537	98	00:33:52.957	00:08:35.314
BRUNO RODRIGUES Individual	363	99	00:33:55.067	00:08:37.424
MÁRIO VIEIRA Braguinhas Runners	339	100	00:33:57.713	00:08:40.070
FILIPE MOÇA Individual	367	101	00:33:58.033	00:08:40.390
VASCO DUARTE Werunbue	126	102	00:33:59.427	00:08:41.784
MÓNICA FERNANDES Clube De Atletismo De Ovar	472	103	00:34:03.580	00:08:45.937
MANUEL VIVAS Individual	634	104	00:34:04.190	00:08:46.547
JOÃO SILVA Individual	418	105	00:34:04.713	00:08:47.070
GRACIANO PEREIRA Academia Fernanda Ribeiro	637	106	00:34:06.210	00:08:48.567
MARCO ALMEIDA Nascidos Para Correr - Associação Desportiva	604	107	00:34:08.580	00:08:50.937
PEDRO TEIXEIRA Individual	736	108	00:34:12.050	00:08:54.407
EMANUEL MADUREIRA Nascidos Para Correr - Associação Desportiva	587	109	00:34:12.840	00:08:55.197
JOSÉ SERRANO Individual	576	110	00:34:19.830	00:09:02.187
HUGO MOREIRA Douroconta ? Gabinete De Apoio E Contabilidade, Lda	22	111	00:34:21.830	00:09:04.187
BRUNO CASTRO Individual	821	112	00:34:22.460	00:09:04.817
HORTENSE TENDA Centro De Atletismo Do Porto	581	113	00:34:26.797	00:09:09.154
LEONEL VIDEIRA Nascidos Para Correr - Associação Desportiva	603	114	00:34:31.983	00:09:14.340
RODRIGO DUARTE Faz-Te À Estrada!	852	115	00:34:32.830	00:09:15.187
EDUARDO PINTO Nascidos Para Correr - Associação Desportiva	588	116	00:34:34.110	00:09:16.467
GILBERTO MELO Individual	911	117	00:34:34.330	00:09:16.687
ADELINO BRITO Britus Running	215	118	00:34:34.790	00:09:17.147
PAULO ANTUNES Os Kágados	745	119	00:34:39.780	00:09:22.137
FERNANDO ROCHA Nascidos Para Correr - Associação Desportiva	591	120	00:34:40.083	00:09:22.440
PEDRO VIEIRA Fama Runners	859	121	00:34:40.967	00:09:23.324
PEDRO REINA Varzim Sport Club	773	122	00:34:42.333	00:09:24.690
JOSE PEREIRA Individual	175	123	00:34:43.830	00:09:26.187
ANÍBAL SILVA Nascidos Para Correr - Associação Desportiva	605	124	00:34:44.877	00:09:27.234
VITOR SILVA Guidões Futebol Clube/Trail Running Team	255	125	00:34:51.713	00:09:34.070
GRAÇA COSTA Amigos Da Montanha	547	126	00:34:53.547	00:09:35.904
LUÍS COSTA Nn	453	127	00:34:55.940	00:09:38.297
VITOR SANTOS Leões Tadariz	162	128	00:34:57.960	00:09:40.317

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
DOMINIQUE LIMA Superstarsrunners	846	129	00:34:58.203	00:09:40.560
JOÃO CRUZ Individual	320	130	00:35:02.453	00:09:44.810
TIAGO MENDES Individual	407	131	00:35:03.703	00:09:46.060
AUGUSTO DOURADO Individual	907	132	00:35:03.837	00:09:46.194
FILIPE MACHADO Individual	17	133	00:35:04.803	00:09:47.160
CÉLINE GOMES Nascidos Para Correr - Associação Desportiva	608	134	00:35:05.453	00:09:47.810
HUGO MARTINS Martins	633	135	00:35:08.437	00:09:50.794
VALDEMAR FRAGOSO Spin & Run Esposende	281	136	00:35:08.627	00:09:50.984
ANDRÉ ROCHA Individual	438	137	00:35:13.110	00:09:55.467
MÁRCIO LOURENÇO Newteam2011	261	138	00:35:16.093	00:09:58.450
JOSE BARBOSA G.R.D.Bonfim , Povia De Varzim	164	139	00:35:17.590	00:09:59.947
RICARDO PLITEIRO Werunbue	342	140	00:35:18.603	00:10:00.960
PAULO LOUREIRO Fama Runners	908	141	00:35:19.093	00:10:01.450
PEDRO BARBOSA Individual	204	142	00:35:22.700	00:10:05.057
JOÃO MENDES Amigos Dos Copos	550	143	00:35:23.583	00:10:05.940
VITOR SANTOS Flybtt	639	144	00:35:29.437	00:10:11.794
HUGO PEREIRA Gtt - Armazém Do Caffè	449	145	00:35:30.373	00:10:12.730
ANDRÉ GOMES Individual	544	146	00:35:30.713	00:10:13.070
PAULO PEREIRA Gdctencv	345	147	00:35:33.457	00:10:15.814
JOAQUIM OLIVEIRA Vfs	612	148	00:35:35.083	00:10:17.440
ALEXANDRE DIAS Em´Força	97	149	00:35:35.457	00:10:17.814
NELSON TEIXEIRA True Evolution	768	150	00:35:37.820	00:10:20.177
FERNANDO MATOS Individual	497	151	00:35:40.837	00:10:23.194
ORLANDO OLIVEIRA Orlando Oliveira	826	152	00:35:45.297	00:10:27.654
ANDRÉ OLIVEIRA Adp - Amigos Do Pedal	728	153	00:35:45.967	00:10:28.324
MARCO NEIVA Hc Prods	735	154	00:35:46.703	00:10:29.060
JOAQUIM COELHO One Soul Crossfit	137	155	00:35:47.357	00:10:29.714
PAULA SALGADO #Elcomandanteteam	824	156	00:35:49.993	00:10:32.350
ROGÉRIO VIEIRA #Elcomandanteteam	625	157	00:35:50.627	00:10:32.984
FILIPE GUIMARÃES Vimaranes Running Team	621	158	00:35:51.303	00:10:33.660
VÍTOR VALENTE Individual	731	159	00:35:51.913	00:10:34.270
NUNO MONTEIRO Individual	744	160	00:35:52.333	00:10:34.690

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FERNANDES Sentir Saúde	786	161	00:35:53.343	00:10:35.700
FREDERICO SÁ Turbulentos	475	162	00:35:54.687	00:10:37.044
JORGE VIANA Cmi Montanhismo	366	163	00:35:56.593	00:10:38.950
ORLANDO SILVA Individual	687	164	00:36:01.443	00:10:43.800
RICARDO FERREIRA A. D. Carvalhal	98	165	00:36:02.390	00:10:44.747
SOFIA PIMENTA Lion Runners - G. D. Leões Da Guarda	638	166	00:36:04.703	00:10:47.060
ANTÓNIO COSTA Team Top 10	401	167	00:36:05.087	00:10:47.444
MARGARIDA SOBREIRA Individual	928	168	00:36:06.087	00:10:48.444
MIGUEL ANDRADE Individual	569	169	00:36:11.000	00:10:53.357
JOÃO CASTRO Ss Box Team	557	170	00:36:12.193	00:10:54.550
SANDRA GOMES #Papamedalhas	350	171	00:36:13.193	00:10:55.550
SÉRGIO MARTINS Fitness Hut Braga Running	174	172	00:36:15.107	00:10:57.464
PAULO SILVA Toutou Running	938	173	00:36:16.693	00:10:59.050
JOÃO LOPES Desportivo Ases S. Jorge - Fafe	274	174	00:36:16.987	00:10:59.344
ISMAEL BATISTA S.R.Cepanense Ciclismo	234	175	00:36:25.580	00:11:07.937
VÍTOR SILVA Proriver	542	176	00:36:28.817	00:11:11.174
CARLOS LEAL Kemedo Team	534	177	00:36:31.327	00:11:13.684
NUNO PINHEIRO Individual	759	178	00:36:32.097	00:11:14.454
NATÁLIA RODRIGUES Ruilhe Runners	198	179	00:36:34.263	00:11:16.620
PEDRO TEIXEIRA Ss Box Team	583	180	00:36:34.337	00:11:16.694
SUSANA COSTA Amigos Da Corrida	341	181	00:36:34.837	00:11:17.194
FERNANDO NUNES Amigos Da Corrida	231	182	00:36:36.690	00:11:19.047
FILIPE MOURA Amigos Das Sapatilhas	436	183	00:36:38.827	00:11:21.184
TERESA SILVA Amigos Da Corrida	230	184	00:36:39.757	00:11:22.114
PEDRO MEIXEDO Clube Zupper	662	185	00:36:44.230	00:11:26.587
JOAQUIM PEREIRA Roda Dos Ventos	741	186	00:36:44.587	00:11:26.944
PAULO MARTINS Nascidos Para Correr - Associação Desportiva	606	187	00:36:45.620	00:11:27.977
SANDRA GOMES #Papamedalhas	349	188	00:36:46.690	00:11:29.047
JOAO LARANJEIRA Ade Trail Running	326	189	00:36:46.717	00:11:29.074
CLAUDIO COENTRAO Individual	507	190	00:36:49.037	00:11:31.394
DAVID BARROS Batedores	299	191	00:36:49.523	00:11:31.880
PEDRO MAIA Maiagym	881	192	00:36:50.097	00:11:32.454

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FERNANDES Individual	195	193	00:36:53.687	00:11:36.044
PEDRO SILVEIRA Amigos Das Sapatilhas	454	194	00:36:54.837	00:11:37.194
PEDRO RIBEIRO Clube Do Rio	622	195	00:36:56.020	00:11:38.377
RAMIRO SILVA Csjsc	347	196	00:36:57.080	00:11:39.437
WELLINGTON ALVES Individual	217	197	00:37:01.977	00:11:44.334
LUIS GONÇALVES Fitness Hut Braga Running	206	198	00:37:02.877	00:11:45.234
ADÃO DIAS Nascidos Para Correr - Associação Desportiva	593	199	00:37:06.187	00:11:48.544
VITOR MOREIRA Individual	702	200	00:37:07.567	00:11:49.924
SANDRA PEREIRA Nascidos Para Correr - Associação Desportiva	598	201	00:37:08.087	00:11:50.444
ANTÓNIO AZEVEDO Nascidos Para Correr - Associação Desportiva	87	202	00:37:08.337	00:11:50.694
JOEL FERREIRA Sete Fontes	851	203	00:37:11.090	00:11:53.447
RUI FERREIRA Vizela Nos Pés	801	204	00:37:12.650	00:11:55.007
MARIA BARBEDO Runriver	377	205	00:37:13.187	00:11:55.544
HÉLDER MONTEIRO Runriver	379	206	00:37:13.193	00:11:55.550
HENRIQUE BARBEDO Runriver	378	207	00:37:13.340	00:11:55.697
ANA PEREIRA Academia Fernanda Ribeiro	527	208	00:37:14.683	00:11:57.040
INÊS MENDES Individual	790	209	00:37:15.587	00:11:57.944
PAULO MOREIRA Individual	232	210	00:37:16.203	00:11:58.560
PAULO FERREIRA Badalhocos	241	211	00:37:17.833	00:12:00.190
NUNO PIRES Individual	459	212	00:37:20.857	00:12:03.214
SERGIO SANTOS Individual	387	213	00:37:22.677	00:12:05.034
RUI BARBOSA Individual	536	214	00:37:23.840	00:12:06.197
ANTÓNIO NETO Trifitrofa	112	215	00:37:28.340	00:12:10.697
JOSÉ NUNES Carapaus	514	216	00:37:28.683	00:12:11.040
PEDRO CERQUEIRA Individual	291	217	00:37:30.307	00:12:12.664
RICARDO MACIEL Individual	811	218	00:37:32.323	00:12:14.680
OLINDA SÁ Clube Do Rio	671	219	00:37:34.497	00:12:16.854
ETELVINA ROCHA Nascidos Para Correr - Associação Desportiva	592	220	00:37:34.933	00:12:17.290
NUNO BATISTA Amigos Dos Copos	578	221	00:37:35.827	00:12:18.184
JOÃO TEIXEIRA True Evolution	769	222	00:37:37.817	00:12:20.174
RUI AMORIM Individual	582	223	00:37:39.470	00:12:21.827
FRANCISCO SÁ M&Costas	909	224	00:37:41.347	00:12:23.704

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO VIEIRA Vidaativarunners	332	225	00:37:41.560	00:12:23.917
ANTÓNIO BORGES Individual	506	226	00:37:46.093	00:12:28.450
ANTÓNIO FREIRE Individual	520	227	00:37:47.830	00:12:30.187
ANTONIO COENTRAO Bcr	216	228	00:37:48.093	00:12:30.450
RUI DIAS Correndo Leve, Levemente, Como Quem Chama Por Mim	709	229	00:37:51.177	00:12:33.534
MANUEL RIBEIRO Patanisca	841	230	00:37:54.343	00:12:36.700
FILIPE SERRA Individual	539	231	00:37:54.853	00:12:37.210
SUSANA CARRASQUINHO Ss Box Team	584	232	00:37:57.340	00:12:39.697
ERNESTO BRANDÃO Nucleo De Karate E Atletismo De Roriz	419	233	00:37:57.443	00:12:39.800
CARLOS ARAUJO Individual	371	234	00:37:58.177	00:12:40.534
SAMUEL BARBOSA Fitness Hut Braga Running	121	235	00:37:58.667	00:12:41.024
HUGO RAMOS Principado Nova Aldeia	448	236	00:38:00.657	00:12:43.014
MANUEL RIBEIRO Invicta Runners Team	370	237	00:38:02.387	00:12:44.744
ADÉRITO FLORES Equipa Flores	793	238	00:38:11.693	00:12:54.050
CELINA SILVA Figueiredos Runners And Friends	290	239	00:38:13.937	00:12:56.294
FERNANDO PINHO Individual	382	240	00:38:14.013	00:12:56.370
ANTONIO SOARES Individual	15	241	00:38:15.843	00:12:58.200
CARLOS FERREIRA Potes De Ouro	627	242	00:38:17.423	00:12:59.780
ARMANDO PINTO Nascidos Para Correr - Associação Desportiva	610	243	00:38:19.350	00:13:01.707
ROGÉRIO PEREIRA Roger Running	427	244	00:38:21.423	00:13:03.780
VÍTOR FERREIRA Sete Fontes	850	245	00:38:25.600	00:13:07.957
AMÉRICO ANDRÉ Individual	386	246	00:38:26.673	00:13:09.030
ROGÉRIO NOVAIS Otz Bike	173	247	00:38:28.057	00:13:10.414
JOAQUIM SILVA Amigos Da Corrida	564	248	00:38:28.937	00:13:11.294
SÉRGIO PEREIRA Potes De Ouro	412	249	00:38:29.093	00:13:11.450
ALBERTO S? Inss5	292	250	00:38:30.343	00:13:12.700
ANABELA LOPES Individual	381	251	00:38:30.940	00:13:13.297
JORGE VILELA Nucleo De Atletismo De Vila Real	111	252	00:38:31.957	00:13:14.314
MARLENE COSTA Barcelos Runners	776	253	00:38:35.340	00:13:17.697
JULIO FERREIRA Insanos	439	254	00:38:37.350	00:13:19.707
RICARDO ALVES Sports&Cycling	402	255	00:38:41.993	00:13:24.350
PAULO CARNEIRO Flechas	629	256	00:38:43.343	00:13:25.700

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
HELDER ALMEIDA Ss Box Team	554	257	00:38:43.600	00:13:25.957
INÊS TEIXEIRA Banda De Músicos	304	258	00:38:44.130	00:13:26.487
TORCATO COSTA Vizela Nos Pés	805	259	00:38:44.607	00:13:26.964
PAULO LEITE Vizela Nos Pés	806	260	00:38:45.843	00:13:28.200
MARTINHO FERREIRA C D São Salvador Do Campo	315	261	00:38:48.447	00:13:30.804
ANTÓNIO SOUSA Individual	770	262	00:38:49.173	00:13:31.530
MARIANA LEITÃO Individual	836	263	00:38:53.307	00:13:35.664
JOAQUIM GOMES Individual	808	264	00:38:53.973	00:13:36.330
ZECA GOMES Individual	457	265	00:38:55.540	00:13:37.897
CLAUDIO LOPES Individual	492	266	00:38:58.857	00:13:41.214
ALCINO PINTO Athlon Runner'S	624	267	00:39:00.667	00:13:43.024
RUI VIEIRA Sb Running Team	849	268	00:39:01.003	00:13:43.360
DÊNIS QUADROS Athlon Runner'S	580	269	00:39:03.080	00:13:45.437
PEDRO OLIVEIRA Rcm	80	270	00:39:04.093	00:13:46.450
DORES SANTOS Flybtt	193	271	00:39:04.217	00:13:46.574
MARCELO TELES Gtt - Armazém Do Caffè	247	272	00:39:04.667	00:13:47.024
JOAO GOMES Individual	543	273	00:39:05.187	00:13:47.544
LISE ROSIERE Individual	424	274	00:39:06.843	00:13:49.200
ANTONIO COSTA Individual	488	275	00:39:07.593	00:13:49.950
ONDINA SALGADO Gtt - Armazém Do Caffè	248	276	00:39:08.830	00:13:51.187
FERNANDO AZEVEDO Individual	200	277	00:39:09.843	00:13:52.200
CARLOS BARBOSA O Comer	675	278	00:39:11.843	00:13:54.200
MARIA LEITE Caldas S. Jorge Sport Clube	828	279	00:39:12.843	00:13:55.200
TIAGO FERREIRA Individual	493	280	00:39:16.847	00:13:59.204
FRANCISCO BRAGA Barcelos Runners	810	281	00:39:17.417	00:13:59.774
JOSÉ SANTANA Arpo	296	282	00:39:19.730	00:14:02.087
HÉLDER COSTA Arpo	691	283	00:39:21.607	00:14:03.964
RICARDO COSTA Individual	416	284	00:39:27.133	00:14:09.490
MANUEL FERREIRA B Life Outdoor Team	697	285	00:39:28.913	00:14:11.270
ANA PINTO Solemates	124	286	00:39:29.187	00:14:11.544
PEDRO SILVA Guidões Futebol Clube/Trail Running Team	253	287	00:39:33.180	00:14:15.537
RUI MATOS Otz Bike	172	288	00:39:34.097	00:14:16.454

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
CANDIDO AREIAS Candido	473	289	00:39:39.210	00:14:21.567
NUNO SILVA Individual	211	290	00:39:41.690	00:14:24.047
RUBEN DUARTE Nuno Pereira	510	291	00:39:47.077	00:14:29.434
PAULO SILVA Amigos De Guimarães	465	292	00:39:48.660	00:14:31.017
JOAO PINHEIRO Porto Sentido Runners	483	293	00:39:49.347	00:14:31.704
JOSÉ GRANJA Individual	385	294	00:39:50.597	00:14:32.954
JOSÉ MORAIS Vizela Nos Pés	804	295	00:39:53.063	00:14:35.420
SÉRGIO FERNANDES Arpo	294	296	00:39:53.160	00:14:35.517
JOSE VELOSO Braga A Correr	185	297	00:39:54.990	00:14:37.347
EZEQUIEL FERREIRA Individual	239	298	00:39:55.097	00:14:37.454
GORETI SOUSA Profisio Team	900	299	00:39:55.560	00:14:37.917
JOSÉ PINTO Pipocas	308	300	00:39:57.347	00:14:39.704
CRISTINA TEIXEIRA Solemates	123	301	00:39:57.847	00:14:40.204
LUIS BESSA Nucleo De Karate E Atletismo De Roriz	645	302	00:39:58.410	00:14:40.767
PEDRO ARAUJO Magic Friends Runners	158	303	00:39:59.623	00:14:41.980
CATARINA COSTA Famarunners	755	304	00:40:01.347	00:14:43.704
CARMO FERREIRA Kalenji Runners Braga	151	305	00:40:01.843	00:14:44.200
DANIELA SARMENTO Lion Runners - G. D. Leões Da Guarda	187	306	00:40:01.847	00:14:44.204
EDUARDO MAIA Magnunssens - Regimaia	134	307	00:40:04.097	00:14:46.454
JOÃO RIBEIRO Ss Box Team	743	308	00:40:05.317	00:14:47.674
JOSÉ SENCADAS Tugas Donro	511	309	00:40:06.097	00:14:48.454
ANDRÉ TOMÉ Sentir Saúde	784	310	00:40:07.663	00:14:50.020
ÁLVARO VIANA Sentir Saúde	785	311	00:40:08.327	00:14:50.684
RUI GARCIA Individual	422	312	00:40:09.097	00:14:51.454
CARLOS TAVARES Individual	139	313	00:40:09.160	00:14:51.517
ANTÓNIO BARBOSA G. D. Aldeia Nova	799	314	00:40:11.650	00:14:54.007
VERGILIO PALMEIRO Individual	450	315	00:40:13.033	00:14:55.390
PATRÍCIA CARVALHO Individual	676	316	00:40:13.347	00:14:55.704
VERONICA CARVALHO Individual	237	317	00:40:13.537	00:14:55.894
PAULO MARTINS Individual	910	318	00:40:13.663	00:14:56.020
JORGE VARELA Individual	549	319	00:40:14.967	00:14:57.324
JORGE FERNANDES Alanorte Runners	323	320	00:40:15.207	00:14:57.564

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
LUDGERO RIBEIRO Individual	140	321	00:40:16.307	00:14:58.664
PATRÍCIA PORTO Academia Fernanda Ribeiro	529	322	00:40:19.280	00:15:01.637
JORGE COSTA Individual	874	323	00:40:23.290	00:15:05.647
RUI CARVALHO Beachboys	719	324	00:40:25.467	00:15:07.824
ROBERTO MORIM Beachboys	717	325	00:40:26.287	00:15:08.644
ANTÓNIO SANTOS Nascidos Para Correr - Associação Desportiva	589	326	00:40:27.097	00:15:09.454
RICARDO MAIA Runriver	376	327	00:40:29.103	00:15:11.460
ARNALDO PIRES Runfamily	798	328	00:40:30.083	00:15:12.440
MANUEL CARVALHO Amigos . P.C.D Guimares	330	329	00:40:31.157	00:15:13.514
PEDRO ROCHA Ade Trail Running	384	330	00:40:33.157	00:15:15.514
PEDRO DIAS Individual	268	331	00:40:37.917	00:15:20.274
LUCAS VILELA Individual	737	332	00:40:39.097	00:15:21.454
JOSÉ ARNAUD Individual	714	333	00:40:39.120	00:15:21.477
JOSÉ VINHAL Peniche A Correr	474	334	00:40:39.607	00:15:21.964
MANUEL PACHECO Individual	275	335	00:40:41.920	00:15:24.277
PEDRO SANTOS Individual	764	336	00:40:42.350	00:15:24.707
ARLETE SANTOS Arada Atlético Clube	406	337	00:40:42.653	00:15:25.010
JORGE MENDES Individual	489	338	00:40:43.903	00:15:26.260
JOSÉ SILVA Amigos Dos Copos	585	339	00:40:44.350	00:15:26.707
JOÃO BRAGA Fama Runners	870	340	00:40:44.607	00:15:26.964
BRUNO COUTO Arada Atlético Clube	405	341	00:40:44.613	00:15:26.970
JOÃO QUEIROZ Mouquim/Afacycles/Eugénios/Bargauto/Cosmocar	278	342	00:40:47.597	00:15:29.954
ELISIO CARDOSO Caldas S. Jorge Sport Clube	495	343	00:40:49.907	00:15:32.264
JACINTA CUNHA Fafe A Correr	235	344	00:40:50.347	00:15:32.704
MARIO NOVAIS Individual	212	345	00:40:52.347	00:15:34.704
LÍGIA SANTOS Fama Runners	853	346	00:40:54.597	00:15:36.954
TIAGO DIAS Individual	577	347	00:40:54.650	00:15:37.007
DANIEL SOUSA Fama Runners	856	348	00:40:55.403	00:15:37.760
JORGE SILVA Potes De Ouro	696	349	00:40:56.347	00:15:38.704
MARCO PEREIRA Potes De Ouro	626	350	00:40:56.600	00:15:38.957
ISABEL MORIM Individual	110	351	00:40:58.600	00:15:40.957
ANA FERNANDES Academia Fernanda Ribeiro	530	352	00:40:58.903	00:15:41.260

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO SILVA Ss Box Team	730	353	00:41:03.613	00:15:45.970
MARIO NUNES Individual	720	354	00:41:05.500	00:15:47.857
ARMANDO BARBOSA Fanbik/Regufe	13	355	00:41:10.100	00:15:52.457
JOAQUIM BAPTISTA Atlético Clube Da Póvoa De Varzim	245	356	00:41:13.660	00:15:56.017
FILIPE MOREIRA Individual	109	357	00:41:13.950	00:15:56.307
MANUEL SANTOS Flybtt	194	358	00:41:14.037	00:15:56.394
ANTONIO PEREIRA Rcm	71	359	00:41:14.600	00:15:56.957
FERNANDA LOPES Porto Sentido Runners	486	360	00:41:17.647	00:16:00.004
GORETTI CARDOSO Caldas S. Jorge Sport Clube	494	361	00:41:18.370	00:16:00.727
EMANUEL CORREIA Magnunssens - Regimaia	135	362	00:41:19.647	00:16:02.004
DANIELA RODRIGUES Fitness Hut Braga Running	414	363	00:41:19.850	00:16:02.207
MÓNICA FERREIRA Spin & Run Esposende	337	364	00:41:19.877	00:16:02.234
JOSE SECA Individual	558	365	00:41:25.267	00:16:07.624
JERÓNIMO SILVA Individual	924	366	00:41:25.623	00:16:07.980
MANUEL GOMES Amigos Da Corrida	283	367	00:41:26.147	00:16:08.504
CRISTINA MAGALHÃES Academia Fernanda Ribeiro	528	368	00:41:26.320	00:16:08.677
JOSÉ ANDRADE Academia Fernanda Ribeiro	643	369	00:41:27.007	00:16:09.364
ISABEL GOMES Amigos Da Corrida	284	370	00:41:28.017	00:16:10.374
HÉLDER NEVES Individual	375	371	00:41:28.860	00:16:11.217
TATIANA MERA Nascidos Para Correr - Associação Desportiva	607	372	00:41:30.767	00:16:13.124
LILIANA VIEIRA Kemedo Team	700	373	00:41:32.940	00:16:15.297
ANA MARTINS Invicta Runners Team	816	374	00:41:32.940	00:16:15.297
EDUARDO LOUREIRO Cave Esposende	649	375	00:41:33.637	00:16:15.994
LUÍS BARROS Ss Box Team	698	376	00:41:34.850	00:16:17.207
VITOR RODRIGUES Individual	148	377	00:41:36.397	00:16:18.754
BERNARDINO FARIA Potes De Ouro	695	378	00:41:39.543	00:16:21.900
JOSE MARTINS Potes De Ouro	655	379	00:41:41.170	00:16:23.527
NATÁLIA SANTOS Fama Runners	855	380	00:41:43.893	00:16:26.250
ANDRÉ MOREIRA Individual	932	381	00:41:44.143	00:16:26.500
RICARDO CACHADINHA Individual	383	382	00:41:46.893	00:16:29.250
MAURO FERNANDES Fama Runners	860	383	00:41:47.030	00:16:29.387
DANIEL VIEIRA Fama Runners	865	384	00:41:49.100	00:16:31.457

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
TERESA COSTA Banda De Músicos	333	385	00:41:50.050	00:16:32.407
JOSÉ FARIA Amigos Das Sapatilhas	116	386	00:41:50.247	00:16:32.604
ANA MACHADO Vizela Nos Pés	802	387	00:41:56.593	00:16:38.950
PEDRO RODRIGUES Individual	926	388	00:41:56.957	00:16:39.314
PABLO CURRÁS Sbr	553	389	00:42:02.313	00:16:44.670
JOÃO GOMES Individual	847	390	00:42:04.473	00:16:46.830
LUIS GONÇALVES Maximogymnasium	640	391	00:42:04.973	00:16:47.330
DIOGO MATOS Vimatrail Runners	579	392	00:42:05.100	00:16:47.457
RICARDO RIBEIRO Vimatrail Runners	380	393	00:42:08.937	00:16:51.294
FERNANDO SILVA Individual	678	394	00:42:09.363	00:16:51.720
TIAGO ALEXANDRE Individual	103	395	00:42:11.140	00:16:53.497
SARA MACHADO Figueiredos Runners And Friends	289	396	00:42:12.640	00:16:54.997
ADELAIDE BRANDÃO Os Avenses	147	397	00:42:12.890	00:16:55.247
JOAO CARVALHO Figueiredos Runners And Friends	287	398	00:42:13.310	00:16:55.667
FERNANDO FIGUEIREDO Figueiredos Runners And Friends	286	399	00:42:13.603	00:16:55.960
RICARDO SILVA Rebenta A Bilha	766	400	00:42:14.217	00:16:56.574
PAULO PINHEIRO Os Avenses	146	401	00:42:19.107	00:17:01.464
BRUNO GOUVEIA Individual	316	402	00:42:21.387	00:17:03.744
JOAQUIM LOPES Newteam2011	263	403	00:42:21.887	00:17:04.244
LUIS FREITAS Individual	563	404	00:42:24.523	00:17:06.880
RAFAEL MOREIRA Individual	644	405	00:42:26.360	00:17:08.717
ROSA LOPES Individual	765	406	00:42:27.137	00:17:09.494
RICARDO MACHADO Individual	656	407	00:42:27.387	00:17:09.744
RUTE COUTO Nascidos Para Correr - Associação Desportiva	597	408	00:42:27.597	00:17:09.954
FERNANDO VAZ Braga A Correr	131	409	00:42:29.853	00:17:12.210
RUI CHAVES Individual	832	410	00:42:29.887	00:17:12.244
FILIFE RODRIGUES Individual	251	411	00:42:34.050	00:17:16.407
PAULO LIMA Individual	732	412	00:42:34.677	00:17:17.034
ANABELA OLIVEIRA Maiagym	886	413	00:42:41.157	00:17:23.514
SERGIO ANDRADE Individual	334	414	00:42:43.610	00:17:25.967
ANTÓNIO CANELAS Individual	777	415	00:42:47.677	00:17:30.034
NUNO OLIVEIRA Fama Runners	867	416	00:42:48.913	00:17:31.270

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
NAIKE NOGUEIRA Superstarsrunners	648	417	00:42:49.357	00:17:31.714
HELDER MAIO Camprunner´S	271	418	00:42:49.650	00:17:32.007
FLORBELA PEIXOTO Individual	343	419	00:42:53.013	00:17:35.370
FERNANDO PINTO Nascidos Para Correr - Associação Desportiva	590	420	00:42:54.870	00:17:37.227
CARLOS RIBEIRO Badalhocos	240	421	00:42:55.700	00:17:38.057
JAIME GONÇALVES Amigos Da Corrida	842	422	00:42:56.140	00:17:38.497
MÁRIO FARIA Individual	703	423	00:42:57.640	00:17:39.997
ALICE BRITO Maiagym	882	424	00:42:58.133	00:17:40.490
JOAO REMEDIOS Carapaus	214	425	00:42:58.860	00:17:41.217
CONCEICAO REMEDIOS Carapaus	213	426	00:43:00.637	00:17:42.994
SARA BARRRADAS Police Challenge	706	427	00:43:02.747	00:17:45.104
RUI CUNHA Badalhocos	767	428	00:43:05.067	00:17:47.424
CARLOS PEREIRA Ruilhe Runners	875	429	00:43:07.607	00:17:49.964
JOAO BAPTISTA Individual	831	430	00:43:10.603	00:17:52.960
PEDRO DINIS Corre Comigo Riba De Ave	154	431	00:43:11.133	00:17:53.490
HÉLDER COSTA Fama Runners	866	432	00:43:12.733	00:17:55.090
ARMANDO FERREIRA Individual	282	433	00:43:13.530	00:17:55.887
SALETE OLIVEIRA Ade Trail Running	327	434	00:43:16.107	00:17:58.464
NUNO FERREIRA Papamedalhas	901	435	00:43:20.603	00:18:02.960
JOSÉ RODRIGUES Individual	228	436	00:43:22.880	00:18:05.237
CELINA FARIA Individual	704	437	00:43:25.537	00:18:07.894
JOSE PACHECO Individual	440	438	00:43:25.880	00:18:08.237
DIANA SOUSA Prozis	94	439	00:43:26.377	00:18:08.734
JOÃO JORGE Individual	921	440	00:43:28.603	00:18:10.960
ANA CAMPOS Individual	498	441	00:43:29.603	00:18:11.960
NATÉRCIA SILVA Pedome	566	442	00:43:29.763	00:18:12.120
BRUNO MEIRA Spin & Run Esposende	368	443	00:43:30.683	00:18:13.040
PAULO MARQUES Individual	122	444	00:43:34.607	00:18:16.964
ARMANDINO COUTO Arpo	399	445	00:43:35.107	00:18:17.464
VIRGINIA CARNEIRO Flechas	628	446	00:43:36.127	00:18:18.484
ELSA MOREIRA Profisio Team	895	447	00:43:36.357	00:18:18.714
DANIEL SILVA Individual	101	448	00:43:36.377	00:18:18.734

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
TERESA OLIVEIRA Profisio Team	894	449	00:43:37.893	00:18:20.250
ANTONIO LOBO Individual	939	450	00:43:37.913	00:18:20.270
JOSE PEREIRA Individual	663	451	00:43:38.377	00:18:20.734
CARLA CARNEIRO Flechas	630	452	00:43:38.553	00:18:20.910
JOSÉ LEITÃO Individual	941	453	00:43:48.487	00:18:30.844
PAULO ARAÚJO Mancos	519	454	00:43:51.863	00:18:34.220
ERNESTO MACIEIRA Bttfree	114	455	00:43:52.627	00:18:34.984
FILOMENA SILVA Prozis	96	456	00:43:53.107	00:18:35.464
ANA SILVA Vizela Nos Pés	803	457	00:43:54.107	00:18:36.464
VITOR EUSÉBIO Individual	229	458	00:43:54.457	00:18:36.814
MARIA PEREIRA Mouquim/Afacycles/Eugénios/Bargauto/Cosmocar	280	459	00:43:57.607	00:18:39.964
JOAQUIM BARROS Batedores	460	460	00:43:59.373	00:18:41.730
ANA PATRICIO Frf	747	461	00:44:03.107	00:18:45.464
CAROLINA BATISTA Maximogymnasium	561	462	00:44:03.123	00:18:45.480
SERGIO ARAÚJO Individual	503	463	00:44:03.600	00:18:45.957
FERNANDO RAMOS Frf	725	464	00:44:03.857	00:18:46.214
MÁRIO MARQUES Frf	829	465	00:44:04.110	00:18:46.467
MONICA FONSECA Kemedo Team	410	466	00:44:04.123	00:18:46.480
PEDRO FERREIRA Individual	533	467	00:44:04.790	00:18:47.147
CÁTIA RIBEIRO Maximogymnasium	207	468	00:44:04.877	00:18:47.234
LUCÍLIA RIBEIRO Individual	686	469	00:44:05.357	00:18:47.714
MIGUEL GOMES Maximogymnasium	208	470	00:44:05.420	00:18:47.777
SÉRGIO MARQUES Individual	277	471	00:44:06.713	00:18:49.070
FILIPA MEIRA Beachboys	718	472	00:44:07.107	00:18:49.464
ALBERTINA GONÇALVES Lousada Runners	168	473	00:44:08.107	00:18:50.464
CANDIDA PEDROSA Maiagym	885	474	00:44:08.120	00:18:50.477
LUÍS MONTEIRO C.M.C. Guinfoes, Leça Do Balio, Custoias - Carapaus	293	475	00:44:12.850	00:18:55.207
RAQUEL SAMPAIO Clube Do Rio	623	476	00:44:13.607	00:18:55.964
SÉRGIO FIGUEIREDO Vfs	615	477	00:44:13.617	00:18:55.974
MAFALDA NOGUEIRA Clube Do Rio	668	478	00:44:13.623	00:18:55.980
AFONSO TEIXEIRA Individual	834	479	00:44:16.107	00:18:58.464
JOSÉ FERNANDES Individual	835	480	00:44:16.357	00:18:58.714

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL MAIA Mm	443	481	00:44:17.023	00:18:59.380
NUNO PEREIRA Individual	896	482	00:44:17.780	00:19:00.137
DIANA SAMPAIO Clube Do Rio	669	483	00:44:17.890	00:19:00.247
NELSON MARIZ Mancos	518	484	00:44:23.097	00:19:05.454
JOANA MONTEIRO Invicta Runners Team	809	485	00:44:24.160	00:19:06.517
SÉRGIO CARVALHO Guidões Futebol Clube/Trail Running Team	252	486	00:44:26.607	00:19:08.964
RUI PEDRO Figueiredos Runners And Friends	288	487	00:44:28.587	00:19:10.944
LUÍS SILVA Ruilhe Runners	415	488	00:44:29.110	00:19:11.467
RUI SANTOS Nascidos Para Correr - Associação Desportiva	602	489	00:44:32.613	00:19:14.970
PEDRO LOPES Clube De Corrida Varzim Lazer	75	490	00:44:33.120	00:19:15.477
RODRIGO MOÇA Rcm Etiquetas	2	491	00:44:33.357	00:19:15.714
CRISTINA NEVES Clube De Corrida Varzim Lazer	7	492	00:44:33.367	00:19:15.724
MIGUEL COELHO Individual	106	493	00:44:33.370	00:19:15.727
NATALIA COSTA Clube De Corrida Varzim Lazer	76	494	00:44:33.627	00:19:15.984
LÚCIA RODRIGUES Individual	733	495	00:44:33.753	00:19:16.110
MARGARIDA TERESO Individual	102	496	00:44:34.110	00:19:16.467
ANA LEONOR C.A.P.V	411	497	00:44:34.530	00:19:16.887
DAVID SIMÃO Individual	923	498	00:44:34.617	00:19:16.974
SILVIA COSTA Individual	105	499	00:44:34.953	00:19:17.310
SOFIA NUNES Newteam2011	256	500	00:44:35.747	00:19:18.104
GABRIELA FONSECA Clube De Corrida Varzim Lazer	78	501	00:44:36.370	00:19:18.727
SANDRA SILVA Individual	905	502	00:44:38.543	00:19:20.900
JOÃO MATA Individual	562	503	00:44:46.183	00:19:28.540
RUI COSTA Riba De Ave, Vila Nova De Famalicão	491	504	00:44:46.857	00:19:29.214
ANA ABREU Corre Comigo Riba De Ave	490	505	00:44:49.360	00:19:31.717
ANTÓNIO MAGALHÃES Almosrunners	413	506	00:44:49.907	00:19:32.264
FERNANDA PINHO Moreira Relax Runners	417	507	00:44:49.987	00:19:32.344
FILOMENA MAGALHAES Individual	177	508	00:44:53.533	00:19:35.890
TIAGO GONÇALVES Pacto Cycling	814	509	00:44:59.107	00:19:41.464
JOÃO SILVA Ss Box Team	758	510	00:44:59.843	00:19:42.200
AFONSO AZEVEDO Pacto Cycling	819	511	00:45:00.297	00:19:42.654
TÂNIA CAMPOS Barcelos Runners	753	512	00:45:00.697	00:19:43.054

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
JORGE OLIVEIRA Vilanovarunners	833	513	00:45:01.867	00:19:44.224
ANDRE COSTA Calca Folhas	445	514	00:45:01.870	00:19:44.227
ISABEL COSTA Barcelos Runner	916	515	00:45:03.260	00:19:45.617
MARGARIDA SOUSA Kemedo Team	522	516	00:45:03.367	00:19:45.724
BERTA FERREIRA Porto Sentido Runners	484	517	00:45:04.117	00:19:46.474
DEOLINDA CANELAS Individual	118	518	00:45:04.120	00:19:46.477
GRACINDA COSTA Individual	791	519	00:45:06.360	00:19:48.717
LUCIA PEREIRA Individual	218	520	00:45:06.593	00:19:48.950
JORGE SAMPAIO Individual	155	521	00:45:10.363	00:19:52.720
ANTÓNIO CONCEIÇÃO Caldas S. Jorge Sport Clube	389	522	00:45:18.897	00:20:01.254
LÍDIA FERREIRA Caldas S. Jorge Sport Clube	388	523	00:45:19.873	00:20:02.230
SÓNIA TORRES Individual	266	524	00:45:24.610	00:20:06.967
ANA MAGALHÃES Individual	269	525	00:45:26.110	00:20:08.467
JORGE MARQUES Sentir Saúde	722	526	00:45:28.323	00:20:10.680
DIOGO FERNANDES Twins	796	527	00:45:28.360	00:20:10.717
JOÃO REINA Varzim Sport Club	265	528	00:45:28.970	00:20:11.327
SARA FERNANDES Twins	795	529	00:45:29.613	00:20:11.970
IOLANDA ARAUJO Running Shoes	789	530	00:45:30.877	00:20:13.234
PAULO FONSECA Individual	130	531	00:45:31.360	00:20:13.717
VITOR FERREIRA Individual	929	532	00:45:31.610	00:20:13.967
MARIA MAGALHAES Individual	176	533	00:45:32.360	00:20:14.717
SARA VIEIRA Braguinhas Runners	688	534	00:45:34.183	00:20:16.540
SUSANA FERREIRA Insanos	679	535	00:45:36.360	00:20:18.717
SÉRGIO COSTA V.N.Famalicão	880	536	00:45:38.657	00:20:21.014
JOANA FERNANDES Twins	794	537	00:45:39.280	00:20:21.637
DÉCIO PEREIRA Individual	568	538	00:45:41.610	00:20:23.967
MANUEL SOUSA Individual	935	539	00:45:43.500	00:20:25.857
DIANA ALVES Vizela Nos Pés	800	540	00:45:45.433	00:20:27.790
IVO PINTO Individual	611	541	00:45:46.323	00:20:28.680
PAULA BARROS Running Shoes	787	542	00:45:48.860	00:20:31.217
FATIMA LISBOA Running Shoes	788	543	00:45:49.110	00:20:31.467
CARLA GOUVEIA Amigos Da Corrida	249	544	00:45:50.360	00:20:32.717

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
ROSA FERNANDES Amigos Da Corrida	250	545	00:45:51.107	00:20:33.464
IVO MESQUITA Os Maiores	913	546	00:45:51.607	00:20:33.964
SERGIO MORAIS Aguçabtt	535	547	00:45:51.700	00:20:34.057
SERGIO MACEDO Individual	499	548	00:45:51.877	00:20:34.234
ORLANDO SILVA Individual	179	549	00:45:55.197	00:20:37.554
CRISTIANA FERREIRA Nucleo De Karate E Atletismo De Roriz	420	550	00:45:56.360	00:20:38.717
PAULO FERREIRA Individual	694	551	00:45:57.260	00:20:39.617
ANA CARVALHO Alive Runners	682	552	00:45:57.863	00:20:40.220
JOSE QUINTEIRO Kalenji Runners Braga	150	553	00:45:58.273	00:20:40.630
SUSANA MONTEIRO Nucleo De Karate E Atletismo De Roriz	421	554	00:45:59.367	00:20:41.724
MANUEL MAIO Torreao Cafe	196	555	00:46:01.867	00:20:44.224
CRISTINA CAMPOS Clube De Corrida Varzim Lazer	77	556	00:46:01.880	00:20:44.237
FÁTIMA COSTA Individual	108	557	00:46:02.107	00:20:44.464
ROSA FERNANDES Mouquim/Afacycles/Eugénios/Bargauto/Cosmocar	279	558	00:46:05.863	00:20:48.220
INÊS DIAS Correndo Leve, Levemente, Como Quem Chama Por Mim	708	559	00:46:06.147	00:20:48.504
RICARDO FANGUEIRO Individual	752	560	00:46:08.613	00:20:50.970
CLARA MARTINS B Life Outdoor Team	823	561	00:46:08.617	00:20:50.974
FILIPA CRUZ B Life Outdoor Team	727	562	00:46:09.117	00:20:51.474
RICARDO SANDIM Guidões Futebol Clube/Trail Running Team	455	563	00:46:14.370	00:20:56.727
MARCELINO PINHEIRO Beachboys	715	564	00:46:14.517	00:20:56.874
MANUELA BARROS Team Top 11	400	565	00:46:26.110	00:21:08.467
ANA RIBEIRO Os Maiores	914	566	00:46:32.190	00:21:14.547
RUI RODRIGUES Individual	246	567	00:46:36.113	00:21:18.470
LILIANA BRANDÃO Brandão Pinho	466	568	00:46:38.747	00:21:21.104
ARMANDO PINHO Brandão Pinho	467	569	00:46:38.930	00:21:21.287
VANESSA OLIVEIRA Fama Runners	863	570	00:46:40.363	00:21:22.720
DANIELA MARQUES Fama Runners	858	571	00:46:40.737	00:21:23.094
VERA PIRES Fama Runners	868	572	00:46:40.863	00:21:23.220
RUI MARQUES Sentir Saúde	781	573	00:46:42.113	00:21:24.470
CLÁUDIA LEITE Guidões Futebol Clube/Trail Running Team	254	574	00:46:42.187	00:21:24.544
INÊS OLIVEIRA Guidões Futebol Clube/Trail Running Team	482	575	00:46:45.147	00:21:27.504
JOSE MOURA Os Manguelas	397	576	00:46:45.613	00:21:27.970

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
PAULA MACHADO Camprunner'S	272	577	00:46:55.867	00:21:38.224
ANA TEIXEIRA Individual	646	578	00:46:57.120	00:21:39.477
ANTÓNIO ARAÚJO Sentir Saúde	778	579	00:46:57.850	00:21:40.207
NUNO NUNES Individual	647	580	00:46:58.673	00:21:41.030
ISABEL BRITO Britus Running	205	581	00:47:00.250	00:21:42.607
FERNANDO MIRANDA Spem	877	582	00:47:03.773	00:21:46.130
MANUELA CASTELO Trilobites Tf	143	583	00:47:04.613	00:21:46.970
LIDIA SILVA Individual	677	584	00:47:06.490	00:21:48.847
CATARINA MILHEIRO Ss Box Team	556	585	00:47:06.587	00:21:48.944
PAULO CASTELO Trilobites Tf	144	586	00:47:06.880	00:21:49.237
FRANÇOIS CASTRO Bikes & Bites	661	587	00:47:07.617	00:21:49.974
ISABEL VELOSO Braga A Correr	184	588	00:47:08.863	00:21:51.220
ROSA VAZ Braga A Correr	132	589	00:47:10.390	00:21:52.747
DELFINA FERNANDES Apúlia A Correr	918	590	00:47:11.347	00:21:53.704
LAURINDA MARTINS Apúlia A Correr	160	591	00:47:12.973	00:21:55.330
ANTÓNIO SÁ Fama Runners	864	592	00:47:19.323	00:22:01.680
JOSÉ GRAÇA Insanos	456	593	00:47:22.097	00:22:04.454
FERNANDO MARINHO Insanos	225	594	00:47:22.347	00:22:04.704
HELENA AMARO Individual	180	595	00:47:23.120	00:22:05.477
PEDRO TEIXEIRA Pipocas	480	596	00:47:29.600	00:22:11.957
CARLA CASTRO Individual	746	597	00:47:31.830	00:22:14.187
HÉLDER LONGRAS Beachboys	716	598	00:47:32.843	00:22:15.200
ELSA SILVA Mancos	517	599	00:47:34.867	00:22:17.224
MIGUEL LIMA Individual	525	600	00:47:36.507	00:22:18.864
FILIPA MAGALHAES Atlético Clube Da Póvoa De Varzim	713	601	00:47:44.267	00:22:26.624
MANUEL MIRANDA Sentir Saúde	899	602	00:47:50.617	00:22:32.974
HÉLDER RIBEIRO Individual	748	603	00:47:57.597	00:22:39.954
SANDRA LEMOS Individual	734	604	00:47:58.230	00:22:40.587
CARMEN SOBRINHO Patanisca	840	605	00:47:59.097	00:22:41.454
EDUARDO FARIA Individual	763	606	00:47:59.880	00:22:42.237
RITA MARTINS Individual	749	607	00:48:01.487	00:22:43.844
FILIPE MELO Individual	830	608	00:48:06.117	00:22:48.474

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO SÁ Guidões Futebol Clube/Trail Running Team	481	609	00:48:06.823	00:22:49.180
MARCELO TOBO Bikes & Bites	321	610	00:48:07.313	00:22:49.670
TERESA CORREIA Fama Runners	862	611	00:48:08.350	00:22:50.707
MARIA MANO Individual	653	612	00:48:08.617	00:22:50.974
JOAO COSTA Individual	496	613	00:48:15.617	00:22:57.974
JOSÉ VIEIRA Ruilhe Runners	689	614	00:48:16.090	00:22:58.447
DIANELYS CABALLERO Nascidos Para Correr - Associação Desportiva	600	615	00:48:17.587	00:22:59.944
GASTAO SILVA Estúdio Treino Nuno Pereira	451	616	00:48:18.217	00:23:00.574
ANA MARGARIDA Prozis	95	617	00:48:23.527	00:23:05.884
PAULA CUNHA Pipocas	309	618	00:48:36.120	00:23:18.477
FÁTIMA LOPES Trofa Runners	538	619	00:48:38.833	00:23:21.190
MARIA DUARTE Individual	940	620	00:48:39.127	00:23:21.484
PATRICIA NETO Kemedo Team	729	621	00:48:41.980	00:23:24.337
FRANCISCO ALVES Cmi Montanhismo	301	622	00:48:43.370	00:23:25.727
JOSÉ GONÇALVES Pacto Cycling	815	623	00:48:48.580	00:23:30.937
ANDRÉ CADILHE Individual	721	624	00:48:49.620	00:23:31.977
JOANA AZEVEDO Pacto Cycling	812	625	00:48:51.530	00:23:33.887
RICARDO TEIXEIRA Individual	238	626	00:48:55.457	00:23:37.814
HELDER SILVA Camprunner'S	285	627	00:49:16.120	00:23:58.477
RAQUEL CARDOSO Vfs	724	628	00:49:19.627	00:24:01.984
JOSÉ SILVA Amigos Dos Copos	652	629	00:49:22.870	00:24:05.227
BIANCA LAZARO Individual	306	630	00:49:23.410	00:24:05.767
RAFAELA LEITE Individual	897	631	00:49:25.077	00:24:07.434
VITOR CARVALHO Individual	681	632	00:49:27.827	00:24:10.184
MARJORIE SILVA Ss Box Team	754	633	00:49:41.330	00:24:23.687
MARIA ORGANISTA Nós Conseguimos	373	634	00:49:45.870	00:24:28.227
JOSE ORGANISTA Nós Conseguimos	372	635	00:49:46.323	00:24:28.680
PATRICIA AMORIM Afifense Trail	355	636	00:49:50.073	00:24:32.430
DALILA ARAÚJO Maximogymnasius	209	637	00:49:51.823	00:24:34.180
CARLOS CARVALHO Individual	313	638	00:50:00.877	00:24:43.234
FERNANDO NUNES Individual	317	639	00:50:02.883	00:24:45.240
PAULO SANTOS Magnunssens - Regimaia	133	640	00:50:08.580	00:24:50.937

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
EDUARDA MACHADO Sentir Saúde	783	641	00:50:09.320	00:24:51.677
PATÍCIA LIMA Individual	16	642	00:50:11.380	00:24:53.737
MARIANA ROCHA Individual	8	643	00:50:11.570	00:24:53.927
TIAGO SANTOS Individual	224	644	00:50:16.517	00:24:58.874
MARTA COTO Individual	699	645	00:50:18.143	00:25:00.500
FRANCISCO LEMOS Individual	169	646	00:50:19.570	00:25:01.927
SÓNIA AZEVEDO Individual	575	647	00:50:20.067	00:25:02.424
CLAUDIA LEMOS Individual	199	648	00:50:20.763	00:25:03.120
JOANA MIRANDA Vfs	613	649	00:50:27.810	00:25:10.167
MARIXIEL DESANGLES Fama Runners	869	650	00:50:28.287	00:25:10.644
TÂNIA FERREIRA Runriver	183	651	00:50:30.630	00:25:12.987
CARLOS MOREIRA Runriver	182	652	00:50:30.887	00:25:13.244
CRISTIANO SALGADO Individual	223	653	00:50:31.077	00:25:13.434
MANUEL SILVA Vfs	617	654	00:50:32.623	00:25:14.980
ZULMIRA GOMES Mancos	516	655	00:50:33.573	00:25:15.930
SARA CASTRO Pipocas	311	656	00:50:36.090	00:25:18.447
MIGUEL MONTEIRO Individual	331	657	00:50:39.463	00:25:21.820
MARTINA MACHADO Individual	934	658	00:50:45.130	00:25:27.487
SUSANA PEREIRA Calca Folhas	444	659	00:50:48.813	00:25:31.170
SOFIA ASSUNÇÃO Sentir Saúde	872	660	00:50:49.123	00:25:31.480
CARLOS REBELO Ruilhe Runners	879	661	00:50:51.887	00:25:34.244
JOÃO CRUZ Cmi Montanhismo	300	662	00:50:54.430	00:25:36.787
FRANCISCO COSTA Individual	433	663	00:51:12.060	00:25:54.417
SUZANA CADILHE Palhinhas	227	664	00:51:12.377	00:25:54.734
RUI BASTOS Individual	651	665	00:51:16.723	00:25:59.080
ADELAIDE PEREIRA Trilobites Tf	142	666	00:51:18.133	00:26:00.490
ISABEL PEREIRA Trilobites Tf	141	667	00:51:19.057	00:26:01.414
PAULO AMORIM Quarteto	509	668	00:51:21.873	00:26:04.230
JOSÉ PAIXÃO Individual	890	669	00:51:28.830	00:26:11.187
PAULA XAVIER Individual	740	670	00:51:36.307	00:26:18.664
NELSON CADILHE Palhinhas	226	671	00:51:37.557	00:26:19.914
GUILHERME VIEIRA Varzim Sport Club	739	672	00:51:39.330	00:26:21.687

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
HENRIQUE RODRIGUES Individual	396	673	00:51:53.947	00:26:36.304
ANA MONTEIRO Individual	395	674	00:51:55.263	00:26:37.620
MARIANA MARQUES Individual	468	675	00:52:00.377	00:26:42.734
ANDRÉ LEITE Individual	469	676	00:52:01.963	00:26:44.320
BRUNO SILVA Os Turbomula	210	677	00:52:05.553	00:26:47.910
CARLOS SANTOS Individual	654	678	00:52:14.213	00:26:56.570
IVO LEITES Nascidos Para Correr - Associação Desportiva	683	679	00:52:25.430	00:27:07.787
SÓNIA RIBEIRO Amigos Das Sapatilhas	117	680	00:52:28.277	00:27:10.634
JOÃO LOPES Individual	925	681	00:52:32.837	00:27:15.194
DIANA FERNANDES Vilanovarunners	545	682	00:52:33.300	00:27:15.657
JORGE OLIVEIRA Vilanovarunners	546	683	00:52:33.717	00:27:16.074
MANUELA TEIXEIRA Quarteto	364	684	00:52:35.377	00:27:17.734
SANDRA AMORIM Quarteto	508	685	00:52:35.627	00:27:17.984
GABRIEL MOREIRA Individual	501	686	00:52:36.590	00:27:18.947
EURICO PEREIRA Ruilhe Runners	188	687	00:52:40.393	00:27:22.750
SOFIA PEIXOTO Ruilhe Runners	202	688	00:52:40.537	00:27:22.894
CARINA FREITAS Individual	887	689	00:52:46.880	00:27:29.237
TÂNIA TELES Individual	526	690	00:52:54.370	00:27:36.727
LUIZ RIBEIRO Individual	353	691	00:52:55.130	00:27:37.487
PAULO MAGALHÃES Iron Task Force	523	692	00:52:58.107	00:27:40.464
AFONSO RIBEIRO Iron Task Force	524	693	00:52:58.183	00:27:40.540
MARLENE FERREIRA Só Eu	667	694	00:53:09.543	00:27:51.900
LILIANA ALMEIDA Csjsc	348	695	00:53:10.377	00:27:52.734
PATRÍCIA RIBEIRO Pipocas	312	696	00:53:12.043	00:27:54.400
ANDREIA MANDIM Fonte Boa	390	697	00:53:14.070	00:27:56.427
FLORA COSTA Ruilhe Runners	192	698	00:53:15.880	00:27:58.237
RITA MANDIM Fonte Boa	392	699	00:53:16.243	00:27:58.600
RUI RODRIGUES Ruilhe Runners	203	700	00:53:16.293	00:27:58.650
DÉBORA AZEVEDO Nascidos Para Correr - Associação Desportiva	599	701	00:53:17.380	00:27:59.737
CRISTINA VIDEIRA Clube De Corrida Varzim Lazer	79	702	00:53:17.843	00:28:00.200
DANIELA FERREIRA Sentir Saúde	780	703	00:53:18.003	00:28:00.360
FÁTIMA GONÇALVES Ruilhe Runners	690	704	00:53:19.220	00:28:01.577

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
JOANA DIAS Werunbue	128	705	00:53:21.050	00:28:03.407
DANIELA CASTRO Fonte Boa	391	706	00:53:22.863	00:28:05.220
ALICE ESCRIVAES Individual	845	707	00:53:22.990	00:28:05.347
IOLANDA GONÇALVES Equipa Flores	792	708	00:53:39.870	00:28:22.227
SANDRINA AZEVEDO Equipa Flores	797	709	00:53:40.557	00:28:22.914
DAIANE PINTO Individual	922	710	00:53:41.887	00:28:24.244
PAULO TEIXEIRA Quarteto	365	711	00:53:51.687	00:28:34.044
ANA CALDEIRA Familia Maia	319	712	00:53:52.880	00:28:35.237
SÓNIA DIAS Individual	658	713	00:53:57.297	00:28:39.654
RUI JESUS Bikes & Bites	236	714	00:53:59.537	00:28:41.894
OLÍVIA CORREIA Individual	817	715	00:53:59.620	00:28:41.977
PATRICIA ROCHA Individual	936	716	00:53:59.873	00:28:42.230
TIAGO SILVA Individual	657	717	00:54:00.020	00:28:42.377
BELMIRO SOUSA Bikes & Bites	243	718	00:54:01.097	00:28:43.454
JOANA MARQUES Nascidos Para Correr - Associação Desportiva	594	719	00:54:07.390	00:28:49.747
ANA FERREIRA Individual	632	720	00:54:14.390	00:28:56.747
MARIA FERREIRA Individual	631	721	00:54:16.003	00:28:58.360
ANGELA PIMENTA Maximogymnasium	221	722	00:54:20.633	00:29:02.990
CLÁUDIA ROCHA Braga A Correr	660	723	00:54:24.133	00:29:06.490
JOAO SILVA Individual	325	724	00:54:24.783	00:29:07.140
PAULA PIRES Braga A Correr	878	725	00:54:26.770	00:29:09.127
SANDRA JÚLIO Individual	369	726	00:54:36.597	00:29:18.954
JOANA FERREIRA Individual	707	727	00:54:37.883	00:29:20.240
MARIANA ANTUNES Affense Trail	356	728	00:54:44.530	00:29:26.887
JOANA PONTES Individual	701	729	00:54:46.057	00:29:28.414
JOSÉ LIMA Individual	357	730	00:54:46.367	00:29:28.724
LUÍS SILVA Príncipe A Correr	750	731	00:54:47.873	00:29:30.230
ISABEL MARINHA Spin & Run Esposende	430	732	00:54:50.910	00:29:33.267
NUNO LOMBA Ade Trail Running	429	733	00:54:50.923	00:29:33.280
TÂNIA CASTRO Individual	393	734	00:54:51.383	00:29:33.740
JAIME AMORIM Príncipe A Correr	684	735	00:54:53.520	00:29:35.877
VÍTOR SÁ Príncipe A Correr	685	736	00:54:55.527	00:29:37.884

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
PATRÍCIA SÁ Prozis	93	737	00:55:08.157	00:29:50.514
EMMANUEL MOREIRA Individual	500	738	00:55:10.467	00:29:52.824
PAULO LARANJO Individual	567	739	00:55:12.643	00:29:55.000
NUNO MARTINS Individual	305	740	00:55:23.880	00:30:06.237
HÉLDER OLIVEIRA Individual	889	741	00:55:26.273	00:30:08.630
SANDRA SANTOS Fonte Boa	931	742	00:55:26.400	00:30:08.757
CARLA COSTA Individual	888	743	00:55:26.523	00:30:08.880
PAULA CASTRO Fonte Boa	893	744	00:55:27.137	00:30:09.494
ÂNGELA DIAS Werunbue	127	745	00:55:33.660	00:30:16.017
ADELAIDE PEREIRA Cmc - Carapaus	181	746	00:55:35.897	00:30:18.254
JOÃO MARQUES Insanos	398	747	00:55:45.770	00:30:28.127
JOÃO RUA Insanos	461	748	00:55:48.300	00:30:30.657
CONCEIÇÃO ALVES Vizela Nos Pés	807	749	00:56:18.767	00:31:01.124
NUNO IGREJA Sentir Saúde	898	750	00:56:19.267	00:31:01.624
CRISTINA IGREJA Sentir Saúde	873	751	00:56:20.707	00:31:03.064
ANA ARAÚJO Sentir Saúde	779	752	00:56:36.137	00:31:18.494
PAULA AGONIA Sentir Saúde	871	753	00:56:36.263	00:31:18.620
RICARDO CADILHE Individual	119	754	00:56:40.513	00:31:22.870
JORGE FARIA Casa Favais	502	755	00:56:43.120	00:31:25.477
MADALENA VIEIRA Ruilhe Runners	189	756	00:57:10.420	00:31:52.777
MÁRCIO FERREIRA Individual	762	757	00:57:17.607	00:31:59.964
MANUEL CASTRO Maximogymnasius	220	758	00:57:18.757	00:32:01.114
MAFALDA OLIVEIRA Maximogymnasius	222	759	00:57:19.013	00:32:01.370
RITA RODRIGUES Sentir Saúde	723	760	00:57:32.397	00:32:14.754
FÁTIMA SILVA Sentir Saúde	782	761	00:57:32.420	00:32:14.777
SONIA SAMPAIO Metralhas Runners	328	762	00:58:25.997	00:33:08.354
ANA CASTRO Anami	693	763	00:58:33.840	00:33:16.197
MICHEL MENDES Anami	692	764	00:58:34.030	00:33:16.387
ANA MARTINS Em 'Força	113	765	00:58:54.993	00:33:37.350
PEDRO BRAGA Em 'Força	23	766	00:58:55.007	00:33:37.364
ANA COELHO Gaia Running	477	767	00:58:55.007	00:33:37.364
RUI RODRIGUES Gaia Running	478	768	00:58:58.233	00:33:40.590

Atleta/Equipa	Dorsal	Lugar	Tempo	Diferença
FLOMENA AZEVEDO	201	769	00:59:16.397	00:33:58.754
Individual				
ODETE PEREIRA	74	770	00:59:16.753	00:33:59.110
Clube De Corrida Varzim Lazer				
JOANA SANTO	513	771	00:59:17.490	00:33:59.847
Woof Cycles				
GUILHERME CAPELA	512	772	00:59:18.990	00:34:01.347
Woof Cycles				
ROLANDO MARQUES	650	773	00:59:19.777	00:34:02.134
Asgo				
EUGÉNIA SAMPAIO	307	774	00:59:37.157	00:34:19.514
Pipocas				
JOSE VARELA	434	775	00:59:51.983	00:34:34.340
Parafusos Btt				
ANA VARELA	435	776	00:59:55.963	00:34:38.320
Parafusos Btt				
ALEXANDRA PEREIRA	310	777	01:00:02.647	00:34:45.004
Pipocas				
ISABEL MANADA	937	778	01:00:08.897	00:34:51.254
Individual				
JOÃO ROCHA	822	779	01:00:08.983	00:34:51.340
Individual				
NUNO PINTO	666	780	01:00:11.230	00:34:53.587
Vfs				
TÂNIA CARDOSO	664	781	01:00:11.397	00:34:53.754
Vfs				
JÉSSICA SILVA	843	782	01:00:41.727	00:35:24.084
Individual				
PAULO ARAÚJO	818	783	01:00:42.227	00:35:24.584
Individual				
FABIO SANTOS	844	784	01:00:46.250	00:35:28.607
Individual				
MARIA CARVALHO	665	785	01:01:59.403	00:36:41.760
Vfs				
VÂNIA FARIA	614	786	01:02:03.833	00:36:46.190
Vfs				
NAIR LIMA	432	787	01:02:24.960	00:37:07.317
Alive Runners				
ANA CASTRO	190	788	01:02:34.370	00:37:16.727
Ruilhe Runners				
SARA PEREIRA	191	789	01:02:36.017	00:37:18.374
Ruilhe Runners				
FILIPE SOUSA	314	790	01:02:41.713	00:37:24.070
Carapaus				
ALEXANDRA DINIS	153	791	01:02:42.353	00:37:24.710
Corre Comigo Riba De Ave				
EMANUEL MATOS	565	792	01:03:11.443	00:37:53.800
Individual				
IVONE ALMEIDA	257	793	01:03:42.437	00:38:24.794
Newteam2011				
SOFIA ALMEIDA	260	794	01:03:44.663	00:38:27.020
Newteam2011				
CATARINA SANTOS	892	795	01:03:44.907	00:38:27.264
Fonte Boa				
CRISTINA LOURENÇO	262	796	01:03:47.737	00:38:30.094
Newteam2011				
NUNO RIBEIRO	359	797	01:03:59.417	00:38:41.774
Vimatrail Runners				
LUIS CASTILHO	711	798	01:04:03.487	00:38:45.844
Individual				
VANDA SILVA	297	799	01:04:05.160	00:38:47.517
Metralhas Runners				
ANA OLIVEIRA	571	800	01:04:26.193	00:39:08.550
Individual				

<u>Atleta/Equipa</u>	<u>Dorsal</u>	<u>Lugar</u>	<u>Tempo</u>	<u>Diferença</u>
SOFIA SILVA Individual	242	801	01:04:26.953	00:39:09.310
MARIA PEREIRA Nós	883	802	01:06:07.913	00:40:50.270
SONIA MIRANDA Nós	884	803	01:06:07.920	00:40:50.277
MARCIA PINTO Metralhas Runners	303	804	01:07:02.480	00:41:44.837