



# Rota das Adegas Trail Run - Trail Longo

04 de Novembro, 2018

<https://werun.pt/resultados/rota-das-adegas-trail-run/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	10	JOÃO SILVA	01:45:25	01:45:24	M2339		1
2	21	HORÁCIO CAETANO	01:48:55	01:48:52	M4049	Alquimia Health Club	1
3	15	VITOR SANTOS	01:49:02	01:49:00	M4049	Capenafirme	2
4	14	CLUBE DE PENAFIRME	01:53:40	01:53:38	M2339	Capenafirme	2
5	12	FRANCISCO GAIO	01:55:07	01:55:07	M5059	CARACOL TRAIL TEAM	1
6	16	CARLOS PASCOAL	01:58:32	01:58:28	M5059		2
7	22	LUIS LUDOVINO	02:04:26	02:04:25	M2339	ASSOCIAÇÃO DE TOLEDO	3
8	28	NELSON PIRES	02:04:26	02:04:26	M4049	SPORT PERFORMANCE CENTER	3
9	25	JEAN ALMEIDA	02:09:33	02:09:30	M4049	INDIVIDUAL	4
10	23	RUTE MARTINS	02:10:56	02:10:55	F2339	CAFZ	1
11	17	JORGE NABAIS	02:23:15	02:23:14	M2339	COA - Clube de Orientação e Aventura	4
12	6	VITORINO MOTA	02:24:13	02:24:09	M5059	STJOAOOLIVEIRATEAM	3
13	3	LUIS FERREIRA	02:26:10	02:26:06	M5059	STJOAOOLIVEIRATEAM	4
14	20	CARLA HENRIQUES	02:28:30	02:28:30	F4049	Renault Run Club	1
15	13	CONCEIÇÃO ALVES	02:33:17	02:33:09	F5059	LESMAS ACELERADAS	1
16	24	RODRIGO SOUSA	02:35:33	02:35:30	M2339	RUNLOVERS	5
17	26	RUI MARQUES	02:45:27	02:45:24	M2339	INDIVIDUAL	6
18	27	CAROLINA PEREIRA	02:46:38	02:46:36	F0022	DOLCE FURADOURO	1

19	19	EUNICE AMORIM	02:53:58	02:53:56	F5059	BCC RUNNERS	2
20	18	NUNO BONIFÁCIO	02:54:11	02:54:10	M4049	BCC RUNNERS	5
21	7	PEDRO LOPES	02:57:51	02:57:51	M4049		6
22	1	MIGUEL SEQUEIRA	03:11:50	03:11:46	M2339	STJOAOLIVEIRATEAM	7
23	2	SÓNIA SEQUEIRA	03:11:50	03:11:47	F4049	STJOAOLIVEIRATEAM	2