



Rota das Adegas Mini Trail

04 de Novembro, 2018

<https://werun.pt/resultados/rota-das-adegas-mini-trail/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	494	MÁRIO FIRMINO	01:11:58	01:09:01	M2339	DOLCE FURADOURO	1
2	491	FLORIANO SILVA	01:17:03	01:14:05	M4049	AMINHACORRIDA/MY PROTEIN	1
3	450	JOSÉ PEREIRA	01:18:50	01:15:52	M4049	Saca Trilhos de Anadia	2
4	464	NUNO MANUEL LIMPO	01:20:42	01:17:40	M2339		2
5	455	BRÍGIDA INÊS CRUZ JOÃO	01:23:42	01:23:42	F2339	Saca Trilhos Anadia	1
6	438	PEDRO LUCAS	01:25:09	01:22:07	M4049	Capenafirme	3
7	456	JOAO OLIVEIRA	01:25:37	01:22:38	M4049	STJOAOLIVEIRATEAM	4
8	435	CARLOS REBELO	01:26:09	01:23:08	M5059	Capenafirme	1
9	436	CARLOS LEAL	01:30:10	01:27:08	M5059	Capenafirme	2
10	484	MANUEL PEREIRA ARAÚJO ARAÚJO	01:31:39	01:28:38	M5059		3
11	431	CARLOS MOREIRA	01:31:53	01:28:53	M4049		5
12	430	SARA MACHADO	01:33:43	01:30:43	F2339	STRONG TEAM	2
13	454	JOÃO SALVADO	01:33:43	01:30:43	M5059	STRONG TEAM	4
14	453	LUIS CARDOSO	01:33:47	01:30:47	M4049	STRONG TEAM	6
15	483	HELIA SANTOS	01:33:56	01:30:53	F2339		3
16	408	FERNANDO ROSA	01:34:59	01:31:56	M5059	RUN&SMILE	5
17	448	ANABELA BRANCO DA COSTA	01:35:45	01:32:45	F2339	STRONG TEAM	4
18	472	JOSÉ DE PROENÇA	01:36:34	01:33:29	M5059		6

19	449	ALBANO JOÃO	01:37:41	01:34:35	M5059	Saca Trilhos Anadia	7
20	492	CARLA TABAIO	01:38:16	01:35:18	F2339	AMINHACORRIDA/MY PROTEIN	5
21	401	RICARDO SANTOS	01:38:16	01:35:15	M4049	STJOAOOLIVEIRATEAM	7
22	422	GIRAULT FANNY	01:38:48	01:35:43	F4049		1
23	416	EMANUEL PEQUENO	01:39:25	01:36:13	M4049		8
24	460	JOÃO FERRO	01:39:36	01:36:28	M5059	BCC RUNNERS	8
25	451	FERNANDO REIS	01:39:57	01:36:57	M5059	STRONG TEAM	9
26	477	ALVARO FERREIRA	01:40:11	01:37:13	M5059		10
27	479	ANDRÉ RIBEIRO	01:41:48	01:38:46	M2339	YKK TEAM RUN	3
28	468	FILIFE GOMES	01:41:52	01:38:50	M2339		4
29	412	ANSELMO RODRIGUES	01:43:25	01:40:21	M6099	RUN&SMILE	1
30	439	GRAÇA JESUS	01:45:16	01:42:14	F5059	Capenafirme	1
31	414	MÁRIO BOTEQUILHA	01:46:41	01:43:33	M4049		9
32	475	EUNICE RAQUEL SILVA LOURENÇO	01:46:41	01:43:34	F4049		2
33	482	CARLOS NOGUEIRA	01:46:42	01:43:35	M4049		10
34	447	RUI PEDRO BASTOS	01:47:12	01:44:11	M4049	STRONG TEAM	11
35	419	JOÃO PARDAL	01:47:38	01:44:28	M2339		5
36	417	PAULO RAMOS	01:47:40	01:44:29	M2339		6
37	481	BÁRBARA CRUZ	01:48:10	01:45:12	F2339		6
38	429	GIL FRANCO	01:49:49	01:46:39	M5059	ORAIOCOSARREBENTASSE	11
39	434	LUIA PISCO	01:50:42	01:47:33	F5059	LESMAS ACELERADAS	2
40	493	LILIANA JULIÃO	01:50:42	01:47:43	F2339	DOLCE FURADOURO	7
41	462	PAULO BOTO	01:50:52	01:47:45	M6099	BCC RUNNERS	2

42	411	PAULO LOPES	01:50:56	01:47:52	M4049	RUN&SMILE	12
43	418	ANTONIO CAETANO	01:52:26	01:49:26	M4049	STJOAOOLIVEIRATEAM	13
44	413	ALBERTO LOPES	01:52:28	01:49:18	M4049		14
45	406	SAMUEL TEIXEIRA	01:52:29	01:49:20	M2339	Pipas Team	7
46	495	ALBANO ALMEIDA	01:52:45	01:49:38	M2339	Saca Trilhos Anadia	8
47	423	PEDRO TEODORO	01:53:13	01:50:09	M4049	Quarta a Fundo	15
48	473	ALEXANDRA SIMÃO	01:53:22	01:50:18	F2339	100Travões Trail Team	8
49	487	GESSINA MENDES	01:54:23	01:51:18	F5059	MATILHA RADICAL	3
50	486	MARIO ANJO	01:54:24	01:51:18	M5059	MATILHA RADICAL	12
51	465	RUBEN FRANCISCO	01:54:25	01:51:19	M2339	ORB MAXIAL OESTE	9
52	421	GISELA MONTEIRO	01:54:46	01:51:45	F2339		9
53	467	RICARDO ALEXANDRE	01:55:21	01:52:15	M2339	VeterasTeam	10
54	478	JOÃO ALEXANDRE	01:55:38	01:52:34	M2339	100Travões Trail Team	11
55	474	PAULO SIMÃO	01:55:38	01:52:34	M5059	100Travões Trail Team	13
56	466	LUIA MARIA RODRIGUES RAMOS	01:57:11	01:54:04	F5059	BCC RUNNERS	4
57	461	ROGÉRIO DIAS	01:57:11	01:54:03	M4049		16
58	440	CARLOS VILAFANHA	01:58:00	01:58:00	M5059		14
59	470	ÂNGELO MARCOS	01:58:10	01:55:06	M2339	MIND RUNNERS	12
60	469	CARLOS ALMEIDA	01:58:11	01:55:05	M2339	MIND RUNNERS	13
61	407	PEDRO DOS REIS	02:00:27	01:57:19	M4049	Pipas Team	17
62	405	CARLOS LAVRADOR	02:01:28	01:58:25	M5059	RUN&SMILE	15
63	426	KAREN RESENDE	02:03:06	02:00:02	F4049		3
64	437	SÍLVIA FERREIRA	02:03:29	02:00:26	F2339	Capenafirme	10

65	424	ANTÓNIO GOMES	02:03:30	02:00:26	M4049	Quarta a Fundo	18
66	471	SAMUEL SILVA	02:03:32	02:00:22	M4049		19
67	420	NUNO OLIVEIRA	02:04:14	02:01:08	M4049	Luso-Atlantica Corretor de Seguros SA	20
68	446	CARLOS MARTINS	02:04:37	02:01:26	M5059		16
69	441	ALEXANDRA SANTOS	02:04:44	02:01:43	F2339	Pé de atleta	11
70	488	KINA SEABRA	02:04:51	02:01:45	F5059	INDIVIDUAL	5
71	432	FERNANDA BASLIO	02:06:40	02:03:31	F4049	LESMAS ACELERADAS	4
72	443	NUNO BARRADAS	02:06:51	02:06:51	M2339	Pé de atleta	14
73	457	DIANA SANTOS	02:07:27	02:04:28	F2339	STJOAOOLIVEIRATEAM	12
74	427	ANA PAULA RODRIGUES	02:09:12	02:06:05	F4049	Zoomb'art	5
75	404	CRISTINA LAVRADOR	02:12:43	02:09:40	F5059	RUN&SMILE	6
76	442	CIDALIA LADEIRA	02:13:01	02:10:00	F5059	Pé de atleta	7
77	485	NÍDIA MARTINS	02:14:48	02:11:38	F2339		13
78	415	RUTE SANTOS	02:26:09	02:26:09	F4049	DIRTRUNNERS - FONTE GRADA	6
79	480	CARLA ATILHÓ	02:29:11	02:26:06	M4049	AO RITMO DAS 200PPM	21
80	403	ANTÓNIO GONÇALVES	02:29:12	02:26:07	M0022		1
81	400	PAULA TELES	02:54:31	02:51:31	F5059	STJOAOOLIVEIRATEAM	8
82	409	PATROCÍNIA VARANDAS	02:54:48	02:51:47	F4049	STJOAOOLIVEIRATEAM	7