

Etapa:
 Percurso:
 Escalão:
 Local:

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
1	61	Licínio Pimentel	Sporting Club Portugal	00:30:38.950	00:00:00.000
2	1	António Rocha	GiraSol	00:30:41.167	00:00:02.217
3	69	Cristiano Pereira	Casa do Povo de Mangualde	00:30:51.447	00:00:12.497
4	96	Gonçalo Jesus	Sporting Club Portugal	00:30:58.200	00:00:19.250
5	66	Vítor Oliveira	Maia ac	00:31:14.950	00:00:36.000
6	94	Artur Rodrigues	D.C. GUILHOVAI	00:31:39.953	00:01:01.003
7	46	Antonio Fernandes	ACR Vale de Cambra	00:32:05.460	00:01:26.510
8	110	Marco Marques	ACR Sra. Desterro	00:32:16.210	00:01:37.260
9	98	Rodrigo Almeida	GiraSol	00:33:01.703	00:02:22.753
10	23	Pedro Rodrigues	Clube Académico de Mogadouro	00:33:20.207	00:02:41.257
11	17	João Pereira	ACP Portalegre/ UTSM	00:33:38.423	00:02:59.473
12	71	Fernando Santos	Casa do Povo de Mangualde	00:33:40.957	00:03:02.007
13	59	José Figueiredo	Grupo Desportivo Os Ribeirinhos	00:33:55.177	00:03:16.227
14	48	Hugo Ramalho	Recreio Desportivo de Águeda	00:34:01.717	00:03:22.767
15	100	José Silva	ASS. AMIGOS DE FIGUEIREDO DE ALVA	00:35:05.967	00:04:27.017
16	43	Luis Martins	Tondela Runners	00:35:19.720	00:04:40.770
17	70	Jorge Pádua	Casa do Povo de Mangualde	00:35:32.210	00:04:53.260
18	35	Luis Almeida	Clube de Montanha Alto Trilho (Javalis)	00:35:38.467	00:04:59.517
19	50	Nuno Carneiro	Clube Zupper	00:35:49.677	00:05:10.727
20	87	Clarisse Cruz	Comesaña Sporting Clube	00:35:55.210	00:05:16.260
21	95	José Silva	CUCUJÃES	00:35:56.717	00:05:17.767
22	79	Rui Rodrigues	INDIVIDUAL	00:35:58.967	00:05:20.017
23	37	Marco Lopes	INDIVIDUAL	00:36:23.973	00:05:45.023
24	10	Toni	juventude ilha verde	00:36:40.217	00:06:01.267
25	11	Marco Campos	Clube de Montanha Alto Trilho (Javalis)	00:36:47.713	00:06:08.763
26	108	Joana Nunes	Recreio Desportivo de Águeda	00:37:06.463	00:06:27.513
27	107	Miguel Almeida	A.C.R.C. CAMBRA-VOUZELA	00:37:32.467	00:06:53.517
28	19	Carlos Ferreira	Runner´s do Demo	00:37:34.723	00:06:55.773
29	15	Bruno Ribeiro	Clube de Montanha Alto Trilho (Javalis)	00:37:50.217	00:07:11.267
30	8	Paulo Santos	Spotcriativo Viseu Running Team	00:37:57.717	00:07:18.767
31	31	Pedro Amaro	Grupo Desportivo Os Ribeirinhos	00:38:24.970	00:07:46.020
32	49	Catarina Rodrigues	Recreio Desportivo de Águeda	00:38:43.977	00:08:05.027
33	29	Nuno Dias	Grupo Desportivo Os Ribeirinhos	00:38:47.933	00:08:08.983
34	9	Manuel Paiva	Correr Viseu	00:38:56.220	00:08:17.270
35	77	Jorge Loureiro	Dínamo Clube Estação	00:39:04.470	00:08:25.520
36	106	Marco Rodrigues	A.C.R.C. CAMBRA-VOUZELA	00:39:15.220	00:08:36.270
37	12	Mário Almeida	INDIVIDUAL	00:39:20.730	00:08:41.780
38	90	Paulo Matos	Clube de Montanha Alto Trilho (Javalis)	00:39:27.230	00:08:48.280
39	34	Tiago Almeida	Clube de Montanha Alto Trilho (Javalis)	00:39:54.973	00:09:16.023
40	103	André Bastos	A.C.R.C. CAMBRA-VOUZELA	00:40:00.480	00:09:21.530
41	13	Roberto Leal	INDIVIDUAL	00:40:24.980	00:09:46.030

42	105	Tânia Pereira	A.C.R.C. CAMBRA-VOUZELA	00:40:30.227	00:09:51.277
43	22	Manuel Vieira	Grupo Desportivo Os Ribeirinhos	00:40:53.477	00:10:14.527
44	6	Miguel Campos	Correr Viseu	00:41:05.977	00:10:27.027
45	85	Gabriel Niza	INDIVIDUAL	00:41:31.727	00:10:52.777
46	101	Tatiana Silva	A.C.R.C. CAMBRA-VOUZELA	00:41:36.477	00:10:57.527
47	7	António Lourenço	INDIVIDUAL	00:41:45.227	00:11:06.277
48	73	Célia Matias	Casa do Povo de Mangualde	00:41:52.233	00:11:13.283
49	78	João Almeida	Dinamo Clube Estação	00:42:02.480	00:11:23.530
50	63	Joao Goncalves	INDIVIDUAL	00:42:02.947	00:11:23.997
51	104	Ana Martins	A.C.R.C. CAMBRA-VOUZELA	00:42:36.987	00:11:58.037
52	40	José Gonçalves	União Desportiva de Vilamaiorense	00:42:38.003	00:11:59.053
53	41	Antonio Pereira	INDIVIDUAL	00:43:17.990	00:12:39.040
54	72	Lurdes Monteiro	Casa do Povo de Mangualde	00:43:19.700	00:12:40.750
55	68	Jorge Correia	Viriathvs Runners Viseu	00:43:34.740	00:12:55.790
56	16	Anabela Abreu	Correr Viseu	00:43:36.483	00:12:57.533
57	26	André Cardão	INDIVIDUAL	00:44:02.983	00:13:24.033
58	67	Catarina Fernandes	Viriathvs Runners Viseu	00:44:28.237	00:13:49.287
59	4	José Gomes	Ligeirinhos	00:44:38.987	00:14:00.037
60	92	Ricardo Abreu	toc termas hoquei club	00:44:43.737	00:14:04.787
61	53	Luís Rodrigues	INDIVIDUAL	00:44:52.740	00:14:13.790
62	91	Nuno Silva	Spotcriativo Viseu Running Team	00:45:01.737	00:14:22.787
63	24	Daniela Alves	Clube Zupper	00:45:12.457	00:14:33.507
64	45	Jose Graça	ACR Vale de Cambra	00:45:22.237	00:14:43.287
65	74	Laurinda Ferreira	Casa do Povo de Mangualde	00:45:42.457	00:15:03.507
66	55	Antonio Figueiredo	INDIVIDUAL	00:45:47.740	00:15:08.790
67	25	Rogério Soares	Clube de Montanha Alto Trilho (Javalis)	00:46:22.490	00:15:43.540
68	32	Paulo Morgado	INDIVIDUAL	00:46:27.740	00:15:48.790
69	89	José Ferreira	Grupo Desportivo Os Ribeirinhos	00:46:34.740	00:15:55.790
70	38	Nelson Muga	Clube Académico de Mogadouro	00:47:06.240	00:16:27.290
71	80	Sérgio Ferreira	Azurara Runners	00:47:28.460	00:16:49.510
72	21	Luis Pereira	Pink & Imens	00:48:05.247	00:17:26.297
73	51	Rui Rocha	toc termas hoquei club	00:48:16.497	00:17:37.547
74	28	Gustavo Santos	Grupo Desportivo Os Ribeirinhos	00:48:22.493	00:17:43.543
75	30	Hugo Santos	Grupo Desportivo Os Ribeirinhos	00:48:23.497	00:17:44.547
76	36	António Melo	Correr Viseu	00:51:37.503	00:20:58.553
77	47	Isabel Inacio	Correr Viseu	00:51:38.003	00:20:59.053
78	54	Pedro Marques	INDIVIDUAL	00:52:12.220	00:21:33.270
79	2	Rosa Silva	Ligeirinhos	00:52:39.007	00:22:00.057
80	3	Deolinda Silva	Ligeirinhos	00:52:39.507	00:22:00.557
81	56	Luísmiguel Nogueira	INDIVIDUAL	00:53:29.013	00:22:50.063
82	76	Filipe Marques	INDIVIDUAL	00:53:50.013	00:23:11.063
83	20	Liane Carreira	Pink & Imens	00:54:21.010	00:23:42.060
84	44	Mário Correia	INDIVIDUAL	00:56:29.017	00:25:50.067
85	64	Bebiana Alves	Clube Zupper	00:56:32.267	00:25:53.317
86	65	Agostinho Bizarro	VFM	00:56:34.017	00:25:55.067
87	109	Luis Soares	INDIVIDUAL	00:58:49.020	00:28:10.070
88	42	Bruno Costa	Pink & Imens	00:58:56.273	00:28:17.323