

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
1	218	M	SERGIO SANCHEZ	SPAIN	CONSTRUCCIONES CARCOBA	ABSOLUTOS M	00:28:11.837	00:00:00.000	00:28:11.837
2	52	M	HÉLDER SANTOS	PORTUGAL	SPORTING CLUBE DE PORTUGAL	ABSOLUTOS M	00:28:53.010	00:00:41.173	00:28:53.010
3	194	M	VITOR OLIVEIRA	PORTUGAL	C D C GUILHOVAI	ABSOLUTOS M	00:29:15.027	00:01:03.190	00:29:15.027
4	214	M	RICARDO PEREIRA	PORTUGAL	ACD JARDIM DA SERRA	ABSOLUTOS M	00:29:23.687	00:01:11.850	00:29:23.687
5	1	M	ANTÓNIO ROCHA	PORTUGAL	C. D. SÃO SALVADOR DO CAMPO	ABSOLUTOS M	00:29:50.710	00:01:38.873	00:29:50.710
6	71	M	PAULO GOMES	PORTUGAL	C D C GUILHOVAI	VET 1 M	00:29:51.573	00:01:39.736	00:29:51.573
7	29	M	ADELINO OLIVEIRA	PORTUGAL	GRECAS-VAGOS	ABSOLUTOS M	00:30:17.483	00:02:05.646	00:30:17.483
8	204	M	ARTUR RODRIGUES	PORTUGAL	C D C GUILHOVAI	VET 1 M	00:30:20.587	00:02:08.750	00:30:20.587
9	176	M	JOÃO PEREIRA	PORTUGAL	GRE- GRUPO RECRETAIVO EIRENSE-ACADEMIA DE ATLETISMO	VET 1 M	00:30:30.750	00:02:18.913	00:30:30.750
10	86	M	MARCO MARQUES	PORTUGAL	A. C. R. SRA DO DESTERRO - NAPO	ABSOLUTOS M	00:31:13.430	00:03:01.593	00:31:13.430
11	17	M	JOSÉ CARVALHO	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	VET 1 M	00:31:33.883	00:03:22.046	00:31:33.883
12	37	M	JOSÉ VIEIRA	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	ABSOLUTOS M	00:31:48.767	00:03:36.930	00:31:48.767
13	243	M	MANUEL ALVES	PORTUGAL	CLUBE DE CAMPISMO SÃO JOÃO DA MADEIRA	VET 3 M	00:31:49.780	00:03:37.943	00:31:49.780
14	142	M	PEDRO MACHADO	PORTUGAL	CASA DO POVO DE MANGUALDE	ABSOLUTOS M	00:32:23.697	00:04:11.860	00:32:23.697
15	140	M	TIAGO MACHADO	PORTUGAL	CASA DO POVO DE MANGUALDE	ABSOLUTOS M	00:32:25.973	00:04:14.136	00:32:25.973
16	197	F	SUSANA GODINHO	PORTUGAL	GRUPO DESPORTIVO DO ESTREITO	ABSOLUTOS F	00:32:53.553	00:04:41.716	00:32:53.553
17	205	M	SÉRGIO PAIVA	PORTUGAL	NÚCLEO DE OEIRAS	VET 2 M	00:33:05.407	00:04:53.570	00:33:05.407
18	2	F	EMILIA PISOEIRO	PORTUGAL	RECREIO DESPORTIVO DE ÁGUEDA	ABSOLUTOS F	00:33:06.317	00:04:54.480	00:33:06.317
19	33	M	VÍTOR BARBOSA	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	ABSOLUTOS M	00:33:11.603	00:04:59.766	00:33:11.603
20	39	M	LUÍS SANTOS	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	VET 1 M	00:33:37.617	00:05:25.780	00:33:37.617
21	196	M	MANUEL URBANO	PORTUGAL	C D C GUILHOVAI	VET 3 M	00:33:42.800	00:05:30.963	00:33:42.800
22	213	M	DIOGO RIBEIRO	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:34:37.143	00:06:25.306	00:34:37.143
23	155	M	BRUNO FIGUEIREDO	PORTUGAL	UISEU RUNNING TEAM	ABSOLUTOS M	00:34:55.297	00:06:43.460	00:34:55.297
24	127	M	ALEXANDRE SANTOS	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:35:20.240	00:07:08.403	00:35:20.240
25	219	M	GRACIANO FERREIRA	PORTUGAL	ATHLÉTISME VISEU GENÈVE	VET 2 M	00:35:27.393	00:07:15.556	00:35:27.393
26	102	M	JORGE LOUREIRO	PORTUGAL	DÍNAMO CLUBE DA ESTAÇÃO	VET 1 M	00:35:40.100	00:07:28.263	00:35:40.100
27	46	M	RICARDO VEIGA	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	ABSOLUTOS M	00:35:43.177	00:07:31.340	00:35:43.177
28	40	M	RUI RODRIGUES	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	VET 1 M	00:35:44.623	00:07:32.786	00:35:44.623
29	92	F	ROSA MADUREIRA	PORTUGAL	A D MARCO 09	VET F	00:35:49.083	00:07:37.246	00:35:49.083
30	122	M	LUÍS FREITAS	PORTUGAL	TOC RUNNERS	VET 1 M	00:35:59.867	00:07:48.030	00:35:59.867
31	187	M	NUNO DIAS	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	ABSOLUTOS M	00:36:05.387	00:07:53.550	00:36:05.387
32	195	M	FÁBIO FILIPE	PORTUGAL	MONTANHA CLUBE TRAIL EFAPEL	ABSOLUTOS M	00:36:20.283	00:08:08.446	00:36:16.523
33	31	M	CARLOS ALMEIDA	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	VET 2 M	00:37:26.020	00:09:14.183	00:37:25.750
34	174	M	AMADEU PEREIRO	PORTUGAL	UNIÃO DESPORTIVA VILAMAIORENSE	VET 3 M	00:37:34.287	00:09:22.450	00:37:34.287
35	137	M	CARLOS NUNES	PORTUGAL	CASA DO POVO DE MANGUALDE	ABSOLUTOS M	00:37:40.773	00:09:28.936	00:37:38.143
36	198	M	FILIPE NUNES	PORTUGAL	INDIVIDUAL	VET 2 M	00:37:51.437	00:09:39.600	00:37:51.437
37	154	M	CLAUDIO QUEIROGA	PORTUGAL	DÍNAMO CLUBE DA ESTAÇÃO	VET 3 M	00:37:54.597	00:09:42.760	00:37:54.597
38	62	M	LUÍS SANTOS	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:37:56.317	00:09:44.480	00:37:56.317
39	96	M	PEDRO LARANJO	PORTUGAL	VISEU 360	VET 3 M	00:38:02.677	00:09:50.840	00:38:00.427
40	170	M	CÉLIO CAMOES	PORTUGAL	232 RUNNERS	VET 1 M	00:38:04.810	00:09:52.973	00:38:04.810
41	236	M	NUNO SILVA		GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	ABSOLUTOS M	00:38:11.327	00:09:59.490	00:38:11.327
42	91	M	NICOLAU SANTOS	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	VET 3 M	00:38:12.803	00:10:00.966	00:38:12.803
43	156	M	NUNO QUEIROZ	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 1 M	00:38:17.000	00:10:05.163	00:38:13.223
44	93	M	JOSE MOREIRA	PORTUGAL	PUBLIMORE	ABSOLUTOS M	00:38:27.150	00:10:15.313	00:38:27.150
45	89	M	CARLOS SILVA	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	VET 3 M	00:38:34.897	00:10:23.060	00:38:34.897
46	216	M	ANTÓNIO ALMEIDA	PORTUGAL	INDIVIDUAL	VET 3 M	00:38:58.410	00:10:46.573	00:38:56.800
47	97	M	RUI PIRES	PORTUGAL	VIRIATHVS RUNNERS	VET 2 M	00:39:06.773	00:10:54.936	00:39:06.773

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
48	55	M	CARLOS CARDOSO	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:39:08.980	00:10:57.143	00:39:08.667
49	110	M	SÉRGIO LOPES	PORTUGAL	GRE- GRUPO RECRETAIVO EIRENSE-ACADEMIA DE ATLETISMO	ABSOLUTOS M	00:39:16.250	00:11:04.413	00:39:16.250
50	119	M	MIGUEL CAMPOS	PORTUGAL	TOC RUNNERS	VET 2 M	00:39:28.007	00:11:16.170	00:39:28.007
51	80	F	VANDA RIBEIRO	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:39:31.137	00:11:19.300	00:39:31.137
52	26	M	PAULO CASAIS	PORTUGAL	CLUBE MONTANHA ALTO TRILHO - JAVALIS	ABSOLUTOS M	00:39:32.040	00:11:20.203	00:39:26.870
53	138	M	ANDRÉ CARDÃO	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:39:59.403	00:11:47.566	00:39:59.403
54	157	M	ROBERTO LEAL	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 3 M	00:40:05.773	00:11:53.936	00:40:05.773
55	208	M	ARLINDO DIAS	PORTUGAL	INDIVIDUAL	VET 3 M	00:40:06.927	00:11:55.090	00:40:04.440
56	7	M	RUI PINTO	PORTUGAL	INDIVIDUAL	VET 1 M	00:40:21.467	00:12:09.630	00:40:14.334
57	32	F	AMÉLIA VIEIRA	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	ABSOLUTOS F	00:40:25.050	00:12:13.213	00:40:25.050
58	4	M	JOÃO FONSECA	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	VET 3 M	00:40:48.773	00:12:36.936	00:40:48.773
59	51	M	SÉRGIO SERÔDIO	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:41:03.837	00:12:52.000	00:41:02.870
60	161	M	LUÍS SANTOS	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 2 M	00:41:15.077	00:13:03.240	00:41:14.850
61	146	F	PAULA MARTINHO	PORTUGAL	CASA DO POVO DE MANGUALDE	VET F	00:41:27.760	00:13:15.923	00:41:27.760
62	150	M	ANDRÉ COELHO	PORTUGAL	AOACASO RUNNERS	ABSOLUTOS M	00:41:30.353	00:13:18.516	00:41:24.920
63	21	M	RICARDO CARVALHO	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:41:31.443	00:13:19.606	00:41:31.443
64	175	M	DIOGO ALMEIDA	PORTUGAL	INDIVIDUAL	VET 1 M	00:41:35.623	00:13:23.786	00:41:35.623
65	183	M	NUNO MARTINS	PORTUGAL	WISEU 360	VET 2 M	00:41:38.570	00:13:26.733	00:41:35.667
66	133	M	VASCO MONTEIRO	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 2 M	00:41:46.240	00:13:34.403	00:41:37.040
67	160	M	LUIS BARROS	PORTUGAL	INDIVIDUAL	VET 3 M	00:41:51.670	00:13:39.833	00:41:51.670
68	100	M	JOÃO ALMEIDA	PORTUGAL	DÍNAMO CLUBE DA ESTAÇÃO	VET 2 M	00:41:53.627	00:13:41.790	00:41:53.627
69	99	M	SERGIO BRANQUINHO	PORTUGAL	OLIVEIRA RUNNERS	ABSOLUTOS M	00:41:55.517	00:13:43.680	00:41:55.094
70	149	F	LAURINDA FERREIRA	PORTUGAL	CASA DO POVO DE MANGUALDE	VET F	00:42:02.653	00:13:50.816	00:42:02.653
71	249	M	BRUNO LOPES	PORTUGAL	WISEU 360	ABSOLUTOS M	00:42:05.113	00:13:53.276	00:42:01.813
72	148	M	CARLOS ALMEIDA	PORTUGAL	CASA DO POVO DE MANGUALDE	VET 3 M	00:42:07.947	00:13:56.110	00:41:59.534
73	159	M	GABRIEL NIZA	PORTUGAL	232 RUNNERS	VET 1 M	00:42:27.740	00:14:15.903	00:42:27.220
74	28	M	ANTÓNIO LEITÃO	PORTUGAL	ESPIGUEIROS RUNNERS	VET 1 M	00:42:30.047	00:14:18.210	00:42:24.450
75	34	M	PEDRO FERREIRA	PORTUGAL	AOACASO RUNNERS	ABSOLUTOS M	00:42:32.787	00:14:20.950	00:42:27.687
76	50	M	JORGE SILVA	PORTUGAL	ESPIGUEIROS RUNNERS	VET 1 M	00:42:37.033	00:14:25.196	00:42:33.673
77	221	M	FILIPE FRANCISCO		INDIVIDUAL	ABSOLUTOS M	00:42:41.687	00:14:29.850	00:42:41.687
78	203	M	JOSÉ SILVA	PORTUGAL	L?ITFIT VISEU	ABSOLUTOS M	00:42:41.723	00:14:29.886	00:42:33.013
79	73	M	MANUEL PAIVA	PORTUGAL	CORRER VISEU	ABSOLUTOS M	00:42:46.087	00:14:34.250	00:42:46.087
80	57	F	ANABELA ABREU	PORTUGAL	CORRER VISEU	VET F	00:42:49.073	00:14:37.236	00:42:49.073
81	182	M	RICARDO CARVALHEIRA	PORTUGAL	JMP TEAM	ABSOLUTOS M	00:42:55.023	00:14:43.186	00:42:47.020
82	109	M	ANTÓNIO FERNANDES	PORTUGAL	TOC RUNNERS	VET 3 M	00:43:01.967	00:14:50.130	00:43:01.967
83	27	M	LUÍS RODRIGUES	PORTUGAL	OLIVEIRA RUNNERS	VET 3 M	00:43:06.947	00:14:55.110	00:43:06.250
84	107	M	NUNO MATOS	PORTUGAL	WISEU 360	ABSOLUTOS M	00:43:10.270	00:14:58.433	00:43:05.797
85	164	M	MANUEL CAMPOS	PORTUGAL	VIRIATHVS RUNNERS	VET 3 M	00:43:16.460	00:15:04.623	00:43:16.460
86	202	M	ANTÓNIO MADUREIRA	PORTUGAL	UNIÃO DESPORTIVA VILAMAIORENSE	VET 1 M	00:43:24.387	00:15:12.550	00:43:21.907
87	245	M	PEDRO CORREIA	PORTUGAL	SAMPEDRENSE	VET 2 M	00:43:33.247	00:15:21.410	00:43:26.727
88	169	M	ILLYA VOZNYUK	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:43:39.333	00:15:27.496	00:43:27.543
89	113	M	DIOGO REIS	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:43:41.403	00:15:29.566	00:43:41.403
90	56	M	MANUEL CONDE	PORTUGAL	INDIVIDUAL	VET 3 M	00:44:05.687	00:15:53.850	00:44:05.687
91	90	F	SANDRA TEIXEIRA	PORTUGAL	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	ABSOLUTOS F	00:44:23.533	00:16:11.696	00:44:23.533
92	220	M	ARMINDO SOARES		INDIVIDUAL	VET 2 M	00:44:28.073	00:16:16.236	00:44:17.096
93	129	M	RUI CORREIA	PORTUGAL	S.M.M. ATLETISMO	VET 1 M	00:44:31.077	00:16:19.240	00:44:31.077
94	168	M	FILIPE DUARTE	PORTUGAL	JMP TEAM	ABSOLUTOS M	00:44:36.490	00:16:24.653	00:44:28.823

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
95	60	M	VITOR FERREIRA	PORTUGAL	INDIVIDUAL	VET 3 M	00:44:44.620	00:16:32.783	00:44:36.277
96	58	M	PEDRO DUARTE	PORTUGAL	INDIVIDUAL	VET 1 M	00:44:44.820	00:16:32.983	00:44:36.000
97	68	M	JOSÉ OLIVEIRA	PORTUGAL	S.M.M. ATLETISMO	VET 3 M	00:44:52.343	00:16:40.506	00:44:43.983
98	184	M	PEDRO CARVALHO	PORTUGAL	CASA DO POVO DE MANGUALDE	ABSOLUTOS M	00:44:54.327	00:16:42.490	00:44:46.654
99	8	M	HENRIQUE AIDOS	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:45:02.467	00:16:50.630	00:44:55.010
100	105	M	PAULO FERNANDES	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 1 M	00:45:03.587	00:16:51.750	00:45:02.047
101	193	M	ADELINO AMORIM	PORTUGAL	INDIVIDUAL	VET 3 M	00:45:22.420	00:17:10.583	00:45:22.420
102	115	F	SOFIA GIRÃO	PORTUGAL	TOC RUNNERS	ABSOLUTOS F	00:45:22.550	00:17:10.713	00:45:22.550
103	134	M	PEDRO FARRECA	PORTUGAL	OLIVEIRA RUNNERS	ABSOLUTOS M	00:45:26.887	00:17:15.050	00:45:20.110
104	237	M	MIGUEL FIGUEIREDO		PUBLICENTRO	ABSOLUTOS M	00:45:30.633	00:17:18.796	00:45:25.190
105	54	M	JOSÉ MARTINS	PORTUGAL	INDIVIDUAL	VET 2 M	00:45:37.720	00:17:25.883	00:45:35.753
106	74	M	MÁRIO FERNANDES	PORTUGAL	UISEU 360	ABSOLUTOS M	00:45:39.100	00:17:27.263	00:45:35.767
107	248	F	CATARINA BERNARDES	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:45:42.887	00:17:31.050	00:45:41.927
108	20	M	TIAGO FERREIRA	PORTUGAL	INDIVIDUAL	VET 2 M	00:45:43.403	00:17:31.566	00:45:43.403
109	104	M	JOSÉ SILVA	PORTUGAL	QUEIRÁ RUNNERS	VET 3 M	00:45:58.717	00:17:46.880	00:45:49.440
110	201	M	MARCO COELHO	PORTUGAL	INDIVIDUAL	VET 1 M	00:45:59.633	00:17:47.796	00:45:58.573
111	177	M	JORGE COUTO	PORTUGAL	UNIÃO DESPORTIVA VILAMAIORENSE	VET 1 M	00:46:02.953	00:17:51.116	00:46:01.376
112	200	M	CUSTÓDIO FERREIRA	PORTUGAL	UISEU 360	VET 3 M	00:46:13.573	00:18:01.736	00:46:09.330
113	67	M	BRUNO MARQUES	PORTUGAL	OLIVEIRA RUNNERS	ABSOLUTOS M	00:46:24.317	00:18:12.480	00:46:14.500
114	85	F	ISABEL REGUEIRA	PORTUGAL	JAVALLIS - AMIZADE & GLÓRIA	VET F	00:46:24.630	00:18:12.793	00:46:24.630
115	103	F	ANA PINHO	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:46:24.977	00:18:13.140	00:46:20.954
116	162	F	TELMA LOPES	PORTUGAL	CORRER VISEU	ABSOLUTOS F	00:46:42.327	00:18:30.490	00:46:40.310
117	44	M	HUGO TEIXEIRA	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:46:50.997	00:18:39.160	00:46:36.987
118	211	F	ISABEL INACIO	PORTUGAL	UISEU 360	VET F	00:46:57.910	00:18:46.073	00:46:53.163
119	108	M	FERNANDO PEREIRA	PORTUGAL	TOC RUNNERS	VET 2 M	00:47:02.960	00:18:51.123	00:47:02.960
120	139	M	ANTÓNIO MELO	PORTUGAL	UISEU 360	VET 3 M	00:47:04.140	00:18:52.303	00:46:59.900
121	135	F	JOANA RODRIGUES	PORTUGAL	TOC RUNNERS	ABSOLUTOS F	00:47:06.067	00:18:54.230	00:47:06.067
122	217	M	ANTÓNIO MARTINS	PORTUGAL	CORRER VISEU	VET 2 M	00:47:15.977	00:19:04.140	00:47:12.734
123	61	F	RAQUEL DIAS	PORTUGAL	INDIVIDUAL	VET F	00:47:37.220	00:19:25.383	00:47:31.647
124	11	F	CATARINA MATOS	PORTUGAL	ESPIGUEIROS RUNNERS	ABSOLUTOS F	00:47:50.030	00:19:38.193	00:47:47.480
125	215	M	NUNO DIAS	PORTUGAL	UISEU 360	VET 1 M	00:47:52.807	00:19:40.970	00:47:47.564
126	22	F	CATARINA CORREIA	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:47:56.843	00:19:45.006	00:47:49.293
127	25	F	HELENA MELO	PORTUGAL	ESPIGUEIROS RUNNERS	VET F	00:47:58.087	00:19:46.250	00:47:55.844
128	181	F	SÓNIA EUGÉNIO	PORTUGAL	INDIVIDUAL	VET F	00:47:59.423	00:19:47.586	00:47:55.306
129	165	M	PAULO FERREIRA	PORTUGAL	"G.D. ""OS RIBEIRINHOS""	VET 1 M	00:48:03.550	00:19:51.713	00:48:03.550
130	242	M	JOSÉ SILVINO	PORTUGAL	INDIVIDUAL	VET 3 M	00:48:07.897	00:19:56.060	00:47:56.597
131	167	M	MARCO SOUZA	PORTUGAL	CORRER VISEU	VET 3 M	00:48:17.083	00:20:05.246	00:48:14.316
132	173	M	JOAQUIM CRUZ	PORTUGAL	INDIVIDUAL	VET 2 M	00:48:34.767	00:20:22.930	00:48:28.717
133	24	F	ANA SOARES	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:48:46.770	00:20:34.933	00:48:38.353
134	192	F	RAQUEL LOPES	PORTUGAL	JAVALLIS - AMIZADE & GLÓRIA	VET F	00:48:52.893	00:20:41.056	00:48:52.893
135	246	M	JOÃO VIEIRA	PORTUGAL	SAMPEDRENSE	VET 2 M	00:48:55.687	00:20:43.850	00:48:49.027
136	76	M	AIRES FERREIRA	PORTUGAL	CORRER VISEU	VET 2 M	00:49:01.427	00:20:49.590	00:49:00.050
137	78	M	ANTONIO RAMOS	PORTUGAL	CORRER VISEU	VET 3 M	00:49:02.660	00:20:50.823	00:49:01.673
138	79	F	TERESA RAMOS	PORTUGAL	CORRER VISEU	VET F	00:49:13.740	00:21:01.903	00:49:13.740
139	19	M	SANDRO SANDRO	PORTUGAL	INDIVIDUAL	VET 1 M	00:49:22.937	00:21:11.100	00:49:16.934
140	70	M	FILIFE MARQUES	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:49:26.077	00:21:14.240	00:49:16.634
141	199	F	EDUARDA BAPTISTA	PORTUGAL	INDIVIDUAL	VET F	00:49:37.650	00:21:25.813	00:49:37.650

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
142	238	M	RUBÉN FIGUEIREDO		PUBLICENTRO	ABSOLUTOS M	00:49:37.787	00:21:25.950	00:49:32.940
143	145	F	SANDRA COELHO	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS F	00:49:47.907	00:21:36.070	00:49:47.540
144	120	M	JOSE AGNELO	PORTUGAL	INDIVIDUAL	VET 2 M	00:49:49.243	00:21:37.406	00:49:40.356
145	172	M	LUIS SIMOES	PORTUGAL	CENTRO DE ATLETISMO DE TONDELA	VET 3 M	00:50:11.640	00:21:59.803	00:50:05.760
146	188	F	TERESA LOPES	PORTUGAL	CORRER VISEU	ABSOLUTOS F	00:50:12.283	00:22:00.446	00:50:06.516
147	124	M	JOSE MENDES	PORTUGAL	QUEIRÃ RUNNERS	VET 1 M	00:50:14.027	00:22:02.190	00:50:03.070
148	117	M	FILIPE CASTANHEIRA	PORTUGAL	TOC RUNNERS	ABSOLUTOS M	00:50:20.833	00:22:08.996	00:50:16.910
149	123	M	NUNO ROCHA	PORTUGAL	TOC RUNNERS	ABSOLUTOS M	00:50:21.327	00:22:09.490	00:50:16.000
150	151	M	TIAGO RODRIGUES	PORTUGAL	AOACASO RUNNERS	ABSOLUTOS M	00:50:31.237	00:22:19.400	00:50:26.600
151	179	M	JORGE FERREIRA	PORTUGAL	VIRIATHVS RUNNERS	VET 2 M	00:50:47.747	00:22:35.910	00:50:47.747
152	65	F	SÓNIA LEMOS	PORTUGAL	GDR GRANJA - TRUTAS DO MAU	ABSOLUTOS F	00:51:07.947	00:22:56.110	00:51:04.977
153	114	F	JOANA MONTEIRO	PORTUGAL	TOC RUNNERS	VET F	00:51:19.783	00:23:07.946	00:51:19.783
154	38	F	HELENA CRUZ	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS F	00:51:20.167	00:23:08.330	00:51:20.147
155	166	F	FÁTIMA SANTOS	PORTUGAL	CORRER VISEU	ABSOLUTOS F	00:51:21.380	00:23:09.543	00:51:16.213
156	163	M	EDGAR RAMOS	PORTUGAL	CORRER VISEU	ABSOLUTOS M	00:51:22.523	00:23:10.686	00:51:18.023
157	141	M	BRUNO SANTOS	PORTUGAL	"G.D. ""OS RIBEIRINHOS"""	ABSOLUTOS M	00:52:29.107	00:24:17.270	00:52:26.964
158	9	M	RUI ROCHA	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS M	00:52:35.550	00:24:23.713	00:52:17.133
159	81	M	FÁBIO DURÃES	PORTUGAL	BODUM2020	ABSOLUTOS M	00:52:40.120	00:24:28.283	00:52:29.447
160	239	M	TIAGO OLIVEIRA	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:52:44.147	00:24:32.310	00:52:41.814
161	240	F	JULIANA JORGE	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:52:44.520	00:24:32.683	00:52:40.980
162	101	F	DANIELA DIAS	PORTUGAL	"G.D. ""OS RIBEIRINHOS"""	VET F	00:52:48.423	00:24:36.586	00:52:48.246
163	116	M	JORGE SOUSA	PORTUGAL	QUEIRÃ RUNNERS	VET 2 M	00:52:48.523	00:24:36.686	00:52:36.863
164	210	F	HELENA SARAIVA	PORTUGAL	ESPIGUEIROS RUNNERS	ABSOLUTOS F	00:53:21.247	00:25:09.410	00:53:18.364
165	207	M	EDUARDO RIBEIRO	PORTUGAL	INDIVIDUAL	VET 3 M	00:53:41.950	00:25:30.113	00:53:35.977
166	23	F	MARIANA FERREIRA	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	ABSOLUTOS F	00:54:38.063	00:26:26.226	00:54:36.043
167	158	M	ÁLVARO JESUS	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	VET 3 M	00:55:11.057	00:26:59.220	00:55:01.137
168	75	M	MANUEL JACINTO	PORTUGAL	CORRER VISEU	VET 1 M	00:55:11.317	00:26:59.480	00:55:06.997
169	88	F	MARGARIDA RODRIGUES	PORTUGAL	OLIVEIRA RUNNERS	VET F	00:55:41.240	00:27:29.403	00:55:28.993
170	180	F	RUTE VASCONCELOS	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	00:55:44.037	00:27:32.200	00:55:32.920
171	69	F	OLGA VIEIRA	PORTUGAL	S.M.M. ATLETISMO	VET F	00:55:56.677	00:27:44.840	00:55:55.107
172	13	M	PEDRO ALMEIDA	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:56:17.350	00:28:05.513	00:56:05.883
173	72	F	SARA ALMEIDA	PORTUGAL	VISEU 360	VET F	00:56:29.877	00:28:18.040	00:56:26.217
174	43	F	FILIPA APARÍCIO	PORTUGAL	INDIVIDUAL	VET F	00:56:29.877	00:28:18.040	00:56:26.264
175	84	M	JOSE FARO	PORTUGAL	VISEU 360	VET 2 M	00:56:29.997	00:28:18.160	00:56:23.350
176	87	F	ESTRELA FARO	PORTUGAL	VIRIATHVS RUNNERS	VET F	00:56:30.107	00:28:18.270	00:56:21.320
177	15	M	JOÃO AGUIAR	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	00:57:10.857	00:28:59.020	00:57:00.250
178	77	F	ANA CARLÃO	PORTUGAL	CORRER VISEU	VET F	00:57:42.307	00:29:30.470	00:57:38.544
179	82	M	JORGE BORGES	PORTUGAL	CORRER VISEU	VET 3 M	00:57:42.870	00:29:31.033	00:57:39.910
180	10	M	JOSÉ AIDOS	PORTUGAL	INDIVIDUAL	VET 3 M	00:58:43.280	00:30:31.443	00:58:33.753
181	16	M	ANDRÉ ALMEIDA	PORTUGAL	INDIVIDUAL	ABSOLUTOS M	01:00:43.120	00:32:31.283	01:00:32.477
182	14	F	CARLA RODRIGUES	PORTUGAL	INDIVIDUAL	VET F	01:03:14.797	00:35:02.960	01:03:04.254
183	118	M	LUÍS FIGUEIREDO	PORTUGAL	TOC RUNNERS	ABSOLUTOS M	01:03:15.830	00:35:03.993	01:03:09.393
184	94	M	RAÚL TEIXEIRA	PORTUGAL	INDIVIDUAL	VET 2 M	01:03:42.170	00:35:30.333	01:03:39.520
185	244	M	PAUL CRETEGNY	PORTUGAL	INDIVIDUAL	VET 3 M	01:04:26.987	00:36:15.150	01:04:14.777
186	5	F	PATRICIA FRANCISCO	PORTUGAL	SEM NOME	ABSOLUTOS F	01:06:05.420	00:37:53.583	01:05:53.463
187	152	M	JOAO SANTOS	PORTUGAL	SEM NOME	VET 1 M	01:06:05.683	00:37:53.846	01:05:53.066
188	190	F	CATARINA MARQUES	PORTUGAL	SEM NOME	ABSOLUTOS F	01:06:05.747	00:37:53.910	01:05:54.900

Lugar	Dorsal	S Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
189	3	M ANDRE MATOS	PORTUGAL	SEM NOME	ABSOLUTOS M	01:06:06.313	00:37:54.476	01:05:53.340
190	241	F DIANA OLIVEIRA	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	01:08:51.160	00:40:39.323	01:08:47.613
191	247	F ANA SANTOS	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	01:08:51.163	00:40:39.326	01:08:48.080
192	112	F ZÉLIA FERNANDES	PORTUGAL	TOC RUNNERS	VET F	01:14:05.933	00:45:54.096	01:13:59.503
193	48	F PATRICIA FERREIRINHA	PORTUGAL	INDIVIDUAL	VET F	01:14:10.217	00:45:58.380	01:13:57.174
194	209	F MARTA GOMES	PORTUGAL	INDIVIDUAL	ABSOLUTOS F	01:14:10.277	00:45:58.440	01:13:56.577
195	59	F MARIA MARTINS	PORTUGAL	INDIVIDUAL	VET F	01:17:58.307	00:49:46.470	01:17:50.330