

Classificação Geral e Escalão

Corrida

28/12/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Ritmo	Diferenca
1	94	Franquelim Gonçalves		M	M	1		00:36:10	3.62	00:00:00
2	106	Patricio Castro		M	M	2		00:36:41	3.67	00:00:31
3	16	Jorge Filipe Barroso		M	M	3		00:36:46	3.68	00:00:36
4	31	Eurides Gonçalves		M	M	4		00:36:46	3.68	00:00:36
5	124	Rui Fernandes		M	M	5		00:38:05	3.81	00:01:55
6	153	Adelino Sousa		M	M	6		00:38:28	3.85	00:02:18
7	33	Henrique Silva		M	M	7		00:38:50	3.88	00:02:40
8	114	Nuno Cachetas Pinto		M	M	8		00:38:54	3.89	00:02:44
9	151	Fábio Carvalho		M	M	9		00:39:37	3.96	00:03:27
10	39	Bruno Pontes		M	M	10		00:39:46	3.98	00:03:36
11	126	Diogo Sousa		M	M	11		00:39:57	4	00:03:47
12	105	Filipe Coelho		M	M	12		00:39:58	4	00:03:48
13	13	Sergio Torre		M	M	13		00:40:31	4.05	00:04:21
14	135	Jorge Meireles		M	M	14		00:41:45	4.18	00:05:35
15	34	Roberto Meira		M	M	15		00:41:45	4.18	00:05:35
16	141	Sebastian Pereira		M	M	16		00:41:45	4.18	00:05:35
17	120	José Fins		M	M	17		00:41:46	4.18	00:05:36
18	49	Nuno Antunes		M	M	18		00:42:55	4.29	00:06:45
19	43	Tiago Fernandes		M	M	19		00:43:01	4.3	00:06:51
20	70	Miguel Gonçalves		M	M	20		00:43:14	4.32	00:07:04
21	84	Pedro Barroso		M	M	21		00:44:02	4.4	00:07:52
22	57	Barbosa Emanuel		M	M	22		00:44:11	4.42	00:08:01
23	53	João Carvalho		M	M	23		00:44:13	4.42	00:08:03
24	40	Mariana Pinheiro		F	F	1		00:44:16	4.43	00:08:06
25	95	Miguel Gonçalves		M	M	24		00:44:17	4.43	00:08:07
26	93	Rui Torres		M	M	25		00:44:33	4.46	00:08:23
27	92	Humberto Cardoso		M	M	26		00:44:39	4.47	00:08:29
28	68	Manuel Joaquim Ribeiro Barroso		M	M	27		00:44:43	4.47	00:08:33
29	150	Micael Gonçalves		M	M	28		00:44:46	4.48	00:08:36
30	119	Luis Ribeiro		M	M	29		00:44:47	4.48	00:08:37
31	149	Luis Carlos Monteiro		M	M	30		00:45:20	4.53	00:09:10
32	139	Nuno Best		M	M	31		00:45:23	4.54	00:09:13
33	1	Daniel Filipe Fernandes		M	M	32		00:45:38	4.56	00:09:28
34	22	Cecília Faria		F	F	2		00:45:46	4.58	00:09:36
35	44	nuno gonçalves		M	M	33		00:45:55	4.59	00:09:45
36	82	Duarte Costa		M	M	34		00:46:29	4.65	00:10:19
37	60	Filipe Ribeiro		M	M	35		00:46:40	4.67	00:10:30
38	159	Susana Rodrigues		F	F	3		00:46:44	4.67	00:10:34
39	142	Goreti Silva		F	F	4		00:47:18	4.73	00:11:08
40	51	Paulo Da Silva		M	M	36		00:47:55	4.79	00:11:45
41	108	Zeferino Araujo Alves		M	M	37		00:47:55	4.79	00:11:45
42	112	Manuel Fernandes		M	M	38		00:48:00	4.8	00:11:50
43	88	Sergio Mota		M	M	39		00:48:04	4.81	00:11:54
44	76	José Antunes		M	M	40		00:48:12	4.82	00:12:02
45	123	André Fernandes		M	M	41		00:48:36	4.86	00:12:26
46	36	André Carneiro Carneiro		M	M	42		00:48:40	4.87	00:12:30
47	147	Manuel Teixeira		M	M	43		00:49:39	4.97	00:13:29
48	41	PAULA SOARES		F	F	5		00:49:40	4.97	00:13:30

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Ritmo	Diferenca
49	131	Alcino Xavier		M	M	44		00:49:41	4.97	00:13:31
50	158	Guilherme Costa		M	M	45		00:49:48	4.98	00:13:38
51	129	Miguel Magalhães		M	M	46		00:49:56	4.99	00:13:46
52	6	Simão Ferreira		M	M	47		00:50:49	5.08	00:14:39
53	152	Alfredo Pereira		M	M	48		00:51:07	5.11	00:14:57
54	29	Hélder Barroso		M	M	49		00:51:17	5.13	00:15:07
55	134	José Marques		M	M	50		00:51:17	5.13	00:15:07
56	20	Ana Oliveira		F	F	6		00:51:19	5.13	00:15:09
57	154	Fábio Fernandes		M	M	51		00:51:20	5.13	00:15:10
58	136	Sandrina Sá		F	F	7		00:51:22	5.14	00:15:12
59	38	Patric Pinheiro		M	M	52		00:51:23	5.14	00:15:13
60	10	Hugo Cardoso		M	M	53		00:51:23	5.14	00:15:13
61	42	Paulo Fernandes		M	M	54		00:51:23	5.14	00:15:13
62	116	Humberto Carvalho		M	M	55		00:52:05	5.21	00:15:55
63	146	Domingos Machado		M	M	56		00:52:08	5.21	00:15:58
64	35	Cristina Gonçalves		F	F	8		00:52:41	5.27	00:16:31
65	61	Alexandre Silva		M	M	57		00:52:44	5.27	00:16:34
66	52	Fabio Vieira		M	M	58		00:52:44	5.27	00:16:34
67	155	Silvia Sousa		M	M	59		00:52:55	5.29	00:16:45
68	117	Álvaro Oliveira		M	M	60		00:53:00	5.3	00:16:50
69	130	Pedro Rebelo		M	M	61		00:53:02	5.3	00:16:52
70	2	Joana Martins		F	F	9		00:53:39	5.37	00:17:29
71	4	Catarina Barbosa		F	F	10		00:53:41	5.37	00:17:31
72	59	Renato Mendes		M	M	62		00:53:41	5.37	00:17:31
73	3	Nuno Martins		M	M	63		00:53:43	5.37	00:17:33
74	156	Bruno Lobo		M	M	64		00:54:47	5.48	00:18:37
75	137	Luis Carvalho		M	M	65		00:54:48	5.48	00:18:38
76	86	Miguel Oliveira		M	M	66		00:55:04	5.51	00:18:54
77	87	Nuno Gonçalves		M	M	67		00:55:05	5.51	00:18:55
78	90	Vitor Mota		M	M	68		00:55:06	5.51	00:18:56
79	148	Sérgio Alves		M	M	69		00:55:06	5.51	00:18:56
80	115	Ana Luísa Oliveira		F	F	11		00:55:07	5.51	00:18:57
81	99	João Manuel Ribeiro dos Prazeres		M	M	70		00:55:40	5.57	00:19:30
82	69	Nadine Silva		F	F	12		00:56:02	5.6	00:19:52
83	11	Luís Fernandes		M	M	71		00:57:39	5.77	00:21:29
84	140	Ricardo Dias		M	M	72		00:57:59	5.8	00:21:49
85	19	Jaime Pereira		M	M	73		00:58:08	5.81	00:21:58
86	15	LEONOR DIAS		F	F	13		00:58:28	5.85	00:22:18
87	55	Ricardo Costa		M	M	74		00:59:39	5.97	00:23:29
88	8	Antonio Ferreira		M	M	75		00:59:43	5.97	00:23:33
89	25	Natália Bento		F	F	14		00:59:58	6	00:23:48
90	7	Rui Ferreira		M	M	76		01:00:26	6.04	00:24:16
91	37	Sofia Gonçalves		F	F	15		01:00:27	6.05	00:24:17
92	127	Tiago Vieira		M	M	77		01:00:28	6.05	00:24:18
93	125	sofia carvalho		F	F	16		01:00:28	6.05	00:24:18
94	144	Bela Ferraz		F	F	17		01:00:40	6.07	00:24:30
95	143	Tito Fernandes Vieira		M	M	78		01:00:40	6.07	00:24:30
96	145	Raquel Ribeiro		F	F	18		01:00:40	6.07	00:24:30
97	23	André Guerreiro		M	M	79		01:00:40	6.07	00:24:30
98	110	Simão Fernandes		M	M	80		01:01:03	6.11	00:24:53
99	111	Ana Brás		F	F	19		01:01:04	6.11	00:24:54
100	109	Sonia Bras		F	F	20		01:01:04	6.11	00:24:54
101	101	Carina Silva		F	F	21		01:02:57	6.3	00:26:47
102	100	Elisabete Pereira		F	F	22		01:02:57	6.3	00:26:47

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Ritmo	Diferenca
103	132	Aurora Silva		F	F	23	01:02:58	6.3	00:26:48
104	83	Helder Pereira		M	M	81	01:04:32	6.45	00:28:22
105	85	Nelson Mota		M	M	82	01:04:34	6.46	00:28:24
106	28	Sílvia Vieira		F	F	24	01:05:18	6.53	00:29:08
107	138	João Henriques Pereira		M	M	83	01:06:54	6.69	00:30:44
108	157	Fernando Gomes		M	M	84	01:07:37	6.76	00:31:27
109	47	Carina Castro		F	F	25	01:11:12	7.12	00:35:02
110	133	Alda Ribeiro		F	F	26	01:11:21	7.14	00:35:11
111	128	Ana Cardoso		F	F	27	01:11:21	7.14	00:35:11
112	121	Elizabeth Ortiz		F	F	28	01:11:31	7.15	00:35:21
113	21	Dores Alves		F	F	29	01:13:13	7.32	00:37:03
114	63	Susana Silva		F	F	30	01:15:48	7.58	00:39:38
115	65	Paula Carneiro		F	F	31	01:15:49	7.58	00:39:39