

## Classificação Geral

## 10,00 Km.

Pos.	Dor. Nome	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	<b>151</b> Rogério Marques	M	1	<b>33:04.82</b>	03:18	
2	<b>247</b> Pablo lopez	M	2	<b>34:10.98</b>	03:25	0:01:06
3	<b>54</b> Jose Correia	M	3	<b>34:41.87</b>	03:28	0:01:37
4	<b>291</b> Sem Nome	M	4	<b>35:57.11</b>	03:36	0:02:52
5	<b>205</b> Rubén Alonso Pereira	M	5	<b>36:00.19</b>	03:36	0:02:55
6	<b>203</b> Carlos Fernandez Álvarez	M	6	<b>36:24.30</b>	03:38	0:03:19
7	<b>167</b> Márcio Vieira	M	7	<b>37:29.55</b>	03:45	0:04:25
8	<b>244</b> Armando Santos	M	8	<b>37:33.75</b>	03:45	0:04:29
9	<b>102</b> Joao Teixeira	M	9	<b>37:35.00</b>	03:46	0:04:30
10	<b>294</b> carlos Martins - Olimpico Vianense	M	10	<b>37:57.25</b>	03:48	0:04:52
11	<b>126</b> Antonio Fernandes	M	11	<b>38:04.00</b>	03:48	0:04:59
12	<b>297</b> Nuno Araújo	M	12	<b>38:04.80</b>	03:48	0:05:00
13	<b>11</b> Jorge Alves	M	13	<b>38:06.31</b>	03:49	0:05:01
14	<b>296</b> Mário Gonçalves	M	14	<b>38:17.18</b>	03:50	0:05:12
15	<b>202</b> Ariana González Verde	F	1	<b>38:29.58</b>	03:51	0:05:25
16	<b>168</b> Alfredo Ferreiro Deaño	M	15	<b>38:30.98</b>	03:51	0:05:26
17	<b>217</b> Stephane Simoes	M	16	<b>38:35.06</b>	03:52	0:05:30
18	<b>182</b> Nuno Simoes	M	17	<b>38:57.07</b>	03:54	0:05:52
19	<b>187</b> Daniel Leite	M	18	<b>39:06.24</b>	03:55	0:06:01
20	<b>139</b> Fernando Rodrigues	M	19	<b>39:11.70</b>	03:55	0:06:07
21	<b>228</b> pedro caldas	M	20	<b>39:37.75</b>	03:58	0:06:33
22	<b>292</b> Sem Nome	M	21	<b>39:38.90</b>	03:58	0:06:34
23	<b>138</b> Modesto Rodrigues	M	22	<b>39:44.67</b>	03:58	0:06:40
24	<b>206</b> Paulo Manuel Costa Bouça	M	23	<b>39:46.84</b>	03:59	0:06:42
25	<b>48</b> Ricardo pires cerejeira Leite	M	24	<b>39:48.58</b>	03:59	0:06:44
26	<b>196</b> João Carlos Costa	M	25	<b>39:49.93</b>	03:59	0:06:45
27	<b>77</b> Francisco Cerqueira	M	26	<b>39:56.13</b>	04:00	0:06:51
28	<b>174</b> António Ribeiro	M	27	<b>39:56.78</b>	04:00	0:06:52
29	<b>96</b> José Pais	M	28	<b>39:56.88</b>	04:00	0:06:52
30	<b>113</b> Joy Santos	M	29	<b>39:57.00</b>	04:00	0:06:52
31	<b>185</b> Francisco Alves	M	30	<b>40:05.45</b>	04:01	0:07:00
32	<b>227</b> Hugo Bezerra	M	31	<b>40:05.46</b>	04:01	0:07:00
33	<b>164</b> Luís Nunes	M	32	<b>40:06.07</b>	04:01	0:07:01
34	<b>24</b> Francisco Alves	M	33	<b>40:07.23</b>	04:01	0:07:02
35	<b>42</b> Nelson Casal	M	34	<b>40:12.19</b>	04:01	0:07:07
36	<b>43</b> Jose Porto	M	35	<b>40:20.76</b>	04:02	0:07:16
37	<b>243</b> Filipe Ribeiro	M	36	<b>40:24.17</b>	04:02	0:07:19
38	<b>156</b> Sérgio Ramos	M	37	<b>40:36.84</b>	04:04	0:07:32
39	<b>234</b> Alexandre Sá	M	38	<b>40:36.86</b>	04:04	0:07:32
40	<b>169</b> Miguel Pereira	M	39	<b>41:00.19</b>	04:06	0:07:55
41	<b>127</b> Manuel Festas	M	40	<b>41:12.86</b>	04:07	0:08:08
42	<b>195</b> Rui Novo	M	41	<b>41:27.30</b>	04:09	0:08:22
43	<b>119</b> Luís Gomes	M	42	<b>41:35.33</b>	04:10	0:08:30
44	<b>236</b> Carlos Martins	M	43	<b>41:38.20</b>	04:10	0:08:33
45	<b>250</b> Rodrigo Costinha	M	44	<b>41:41.29</b>	04:10	0:08:36
46	<b>192</b> Ricardo Silva	M	45	<b>41:47.12</b>	04:11	0:08:42
47	<b>149</b> Marino Rodrigues	M	46	<b>41:54.50</b>	04:11	0:08:49
48	<b>100</b> Paulo Pereira	M	47	<b>42:00.67</b>	04:12	0:08:56
49	<b>128</b> Rafael Loureiro	M	48	<b>42:05.60</b>	04:13	0:09:01
50	<b>242</b> Sérgio Martins	M	49	<b>42:07.84</b>	04:13	0:09:03
51	<b>15</b> Raul Veiga	M	50	<b>42:10.16</b>	04:13	0:09:05
52	<b>79</b> ANTÓNIO COELHO	M	51	<b>42:16.06</b>	04:14	0:09:11
53	<b>23</b> Joni Santos	M	52	<b>42:18.42</b>	04:14	0:09:13
54	<b>131</b> Hugo Gomes	M	53	<b>42:18.43</b>	04:14	0:09:13
55	<b>289</b> Sem Nome	M	54	<b>42:24.95</b>	04:14	0:09:20

56	22	Mariana Domingos	F	2	42:30.12	04:15	0:09:25
57	251	Alberto Lorenzo Uz	M	55	42:33.38	04:15	0:09:28
58	204	Borja Cadilla Lomba	M	56	42:45.61	04:17	0:09:41
59	80	Abel Pires	M	57	42:54.30	04:17	0:09:49
60	189	Carlos Gavinho	M	58	43:22.25	04:20	0:10:17
61	295	Victor Conejo Pena	M	59	43:25.76	04:21	0:10:21
62	123	Pedro Passos	M	60	43:25.85	04:21	0:10:21
63	221	Gonçalo Fernandes	M	61	43:26.16	04:21	0:10:21
64	184	Pedro Matos	M	62	43:43.18	04:22	0:10:38
65	245	Alexandre Costa	M	63	43:43.99	04:22	0:10:39
66	246	Cristina Iglesias	F	3	43:51.47	04:23	0:10:46
67	146	Enrique Rodriguez Alejos	M	64	43:53.92	04:23	0:10:49
68	45	Joaquim Fonseca	M	65	43:58.18	04:24	0:10:53
69	122	Maria Puga	F	4	44:01.75	04:24	0:10:57
70	25	Vitor Araújo	M	66	44:14.34	04:25	0:11:09
71	290	Sem Nome	M	67	44:23.77	04:26	0:11:19
72	129	José Loureiro	M	68	44:26.49	04:27	0:11:21
73	92	Frutuoso Sousa	M	69	44:30.05	04:27	0:11:25
74	37	António Meireles	M	70	44:32.71	04:27	0:11:28
75	84	Júlio Marques	M	71	44:35.67	04:28	0:11:31
76	238	Vitor Silva	M	72	44:39.41	04:28	0:11:34
77	223	Maria Cunha	F	5	44:42.32	04:28	0:11:37
78	158	Carla Fernandes	F	6	44:43.49	04:28	0:11:38
79	89	Nuno Brás	M	73	44:51.50	04:29	0:11:47
80	248	Elsa Maria Sá	F	7	45:00.39	04:30	0:11:55
81	186	Paulo Alexandre Matos	M	74	45:09.01	04:31	0:12:04
82	103	Ana Queirós	F	8	45:15.29	04:32	0:12:10
83	191	José Sá	M	75	45:16.89	04:32	0:12:12
84	10	Pedro Cacais	M	76	45:22.65	04:32	0:12:18
85	108	Rui Ribeiro	M	77	45:31.71	04:33	0:12:27
86	73	Vitor Martins	M	78	45:35.44	04:34	0:12:30
87	140	Miguel Silva	M	79	45:45.94	04:35	0:12:41
88	134	João Venade	M	80	45:46.40	04:35	0:12:41
89	21	Simão Belchior	M	81	45:46.68	04:35	0:12:42
90	110	Pedro Lopes	M	82	45:48.60	04:35	0:12:44
91	170	Ricardo Melo	M	83	45:51.93	04:35	0:12:47
92	225	Pedro Patrício	M	84	45:59.36	04:36	0:12:54
93	222	Carlos Fernandes	M	85	46:00.81	04:36	0:12:56
94	241	Antonio Lourenco	M	86	46:02.35	04:36	0:12:57
95	183	João Bezerra	M	87	46:23.65	04:38	0:13:19
96	154	Rui Fernandes	M	88	46:30.89	04:39	0:13:26
97	141	André Pires	M	89	46:31.76	04:39	0:13:27
98	71	Paulo Silva	M	90	46:31.98	04:39	0:13:27
99	104	José Torrinha	M	91	46:38.44	04:40	0:13:33
100	197	Francisco Santos	M	92	46:39.95	04:40	0:13:35
101	115	Pedro Oliveira	M	93	46:40.54	04:40	0:13:36
102	111	Fernando Cunha	M	94	46:50.69	04:41	0:13:46
103	188	Cesar Lomba	M	95	46:58.30	04:42	0:13:53
104	18	Miguel Alves	M	96	46:58.69	04:42	0:13:54
105	214	Fatima Veiga	F	9	47:00.99	04:42	0:13:56
106	61	Vitor Estrela	M	97	47:01.97	04:42	0:13:57
107	210	Joao Domingues	M	98	47:07.97	04:43	0:14:03
108	133	Hugo Oterelo	M	99	47:16.03	04:44	0:14:11
109	226	Ricardo Pereira	M	100	47:16.92	04:44	0:14:12
110	130	Igor Sousa	M	101	47:19.19	04:44	0:14:14
111	231	Márcia Lourenço	F	10	47:29.16	04:45	0:14:24
112	72	Bruno Loureiro	M	102	47:45.08	04:47	0:14:40
113	293	Sem Nome	M	103	47:46.51	04:47	0:14:42
114	215	Sérgio Cadilha	M	104	47:56.35	04:48	0:14:51

115	<b>136</b>	Augusta Rodrigues	F	11	<b>47:59.40</b>	04:48	0:14:54
116	<b>117</b>	Isabel Cunha	F	12	<b>48:06.91</b>	04:49	0:15:02
117	<b>148</b>	Sara Carpinteira	F	13	<b>48:08.84</b>	04:49	0:15:04
118	<b>106</b>	António Fernandes	M	105	<b>48:12.94</b>	04:49	0:15:08
119	<b>230</b>	Rui Gonçalves	M	106	<b>48:32.76</b>	04:51	0:15:28
120	<b>14</b>	Catarina Pereira	F	14	<b>48:36.56</b>	04:52	0:15:32
121	<b>212</b>	Antonio Teixeira	M	107	<b>48:45.88</b>	04:53	0:15:41
122	<b>166</b>	Gustavo Bouzada Dámaso	M	108	<b>48:47.74</b>	04:53	0:15:43
123	<b>58</b>	Rui Fonseca	M	109	<b>49:06.60</b>	04:55	0:16:02
124	<b>150</b>	Raul Rego	M	110	<b>49:08.64</b>	04:55	0:16:04
125	<b>211</b>	Celia Marques	F	15	<b>49:34.39</b>	04:57	0:16:29
126	<b>218</b>	Susana Rodrigues	F	16	<b>49:34.70</b>	04:57	0:16:30
127	<b>12</b>	Deolinda Monteiro	F	17	<b>49:59.54</b>	05:00	0:16:55
128	<b>181</b>	Nuno Silva	M	111	<b>50:01.80</b>	05:00	0:16:57
129	<b>81</b>	Kevin gómez	M	112	<b>50:02.30</b>	05:00	0:16:57
130	<b>176</b>	Carlos Oliveira	M	113	<b>50:15.40</b>	05:02	0:17:10
131	<b>29</b>	ALBERTO VILLANUEVA MARTINEZ	M	114	<b>50:22.72</b>	05:02	0:17:18
132	<b>95</b>	Maria Fatima Garcia	F	18	<b>50:31.53</b>	05:03	0:17:27
133	<b>165</b>	Yolanda Morán González	F	19	<b>50:31.78</b>	05:03	0:17:27
134	<b>137</b>	Vitor Alves	M	115	<b>50:44.71</b>	05:04	0:17:40
135	<b>78</b>	MARIA VIANA	F	20	<b>50:50.18</b>	05:05	0:17:45
136	<b>30</b>	Luisa Pinto	F	21	<b>50:53.09</b>	05:05	0:17:48
137	<b>31</b>	Ana Margarida Pinto	F	22	<b>50:53.10</b>	05:05	0:17:48
138	<b>159</b>	Vitor Martins	M	116	<b>50:59.62</b>	05:06	0:17:55
139	<b>252</b>	André Costa	M	117	<b>51:01.99</b>	05:06	0:17:57
140	<b>193</b>	Amaro Rocha	M	118	<b>51:07.38</b>	05:07	0:18:02
141	<b>160</b>	Francisco Vieira	M	119	<b>51:10.76</b>	05:07	0:18:06
142	<b>57</b>	pedro araujo	M	120	<b>51:27.98</b>	05:09	0:18:23
143	<b>35</b>	Manuel Afonso	M	121	<b>51:31.80</b>	05:09	0:18:27
144	<b>74</b>	Liliana Loureiro	F	23	<b>51:55.32</b>	05:12	0:18:50
145	<b>124</b>	Francisco Abuin Garcia	M	122	<b>51:55.69</b>	05:12	0:18:51
146	<b>44</b>	António Estrela	M	123	<b>52:15.69</b>	05:14	0:19:11
147	<b>155</b>	Cristiano Saraiva	M	124	<b>52:24.91</b>	05:14	0:19:20
148	<b>147</b>	Bruno Valente	M	125	<b>52:25.38</b>	05:15	0:19:20
149	<b>49</b>	José Gonçalves	M	126	<b>52:27.41</b>	05:15	0:19:22
150	<b>52</b>	Miguel Augusto	M	127	<b>52:27.86</b>	05:15	0:19:23
151	<b>59</b>	Marisa Ferreira	F	24	<b>52:31.87</b>	05:15	0:19:27
152	<b>69</b>	Patrícia Pereira	F	25	<b>52:36.65</b>	05:16	0:19:32
153	<b>36</b>	Fernadno Catarino	M	128	<b>52:42.56</b>	05:16	0:19:38
154	<b>120</b>	Florentino Insuelas	M	129	<b>52:44.24</b>	05:16	0:19:39
155	<b>208</b>	Anabela Salgado	F	26	<b>52:49.25</b>	05:17	0:19:44
156	<b>199</b>	Alexandra Vieira	F	27	<b>52:54.83</b>	05:17	0:19:50
157	<b>198</b>	José Rodrigues	M	130	<b>52:56.43</b>	05:18	0:19:51
158	<b>34</b>	Diamantino Falcão	M	131	<b>53:08.53</b>	05:19	0:20:04
159	<b>161</b>	José Garcia	M	132	<b>53:25.11</b>	05:21	0:20:20
160	<b>13</b>	Liliana Rocha	F	28	<b>53:34.22</b>	05:21	0:20:29
161	<b>299</b>	Luiz Carlos Lima Quarteu	M	133	<b>53:35.55</b>	05:22	0:20:31
162	<b>47</b>	Leonardo Cerejeira	M	134	<b>53:37.63</b>	05:22	0:20:33
163	<b>237</b>	Paulo Ferreira	M	135	<b>53:41.13</b>	05:22	0:20:36
164	<b>55</b>	Rui Slva	M	136	<b>53:53.89</b>	05:23	0:20:49
165	<b>56</b>	Mirela Costa	F	29	<b>53:54.18</b>	05:23	0:20:49
166	<b>109</b>	Sara Oliveira	F	30	<b>54:51.97</b>	05:29	0:21:47
167	<b>86</b>	Paulo Oliveira	M	137	<b>54:58.74</b>	05:30	0:21:54
168	<b>40</b>	Manuel Costa	M	138	<b>55:23.64</b>	05:32	0:22:19
169	<b>93</b>	Liliana Duarte	F	31	<b>55:27.86</b>	05:33	0:22:23
170	<b>91</b>	Luis Cardoso	M	139	<b>55:27.98</b>	05:33	0:22:23
171	<b>135</b>	Sérgio David Sousa	M	140	<b>55:30.84</b>	05:33	0:22:26
172	<b>99</b>	Rosa Villar	F	32	<b>55:38.52</b>	05:34	0:22:34
173	<b>98</b>	Abílio Mina	M	141	<b>55:38.84</b>	05:34	0:22:34

174	<b>97</b>	Ana Mina	F	33	<b>55:40.96</b>	05:34	0:22:36
175	<b>121</b>	Nelson Fraga	M	142	<b>55:41.70</b>	05:34	0:22:37
176	<b>107</b>	Jose Fernandes	M	143	<b>56:00.81</b>	05:36	0:22:56
177	<b>60</b>	Maria Figueiredo	F	34	<b>56:03.71</b>	05:36	0:22:59
178	<b>240</b>	Josue Moreno	M	144	<b>56:04.00</b>	05:36	0:22:59
179	<b>38</b>	Mario Armando Correia Gonçalves	M	145	<b>56:04.34</b>	05:36	0:22:59
180	<b>216</b>	Alexandre Negrao	M	146	<b>56:05.95</b>	05:37	0:23:01
181	<b>239</b>	Candela Dominguez C	F	35	<b>56:06.10</b>	05:37	0:23:01
182	<b>132</b>	Diana Cunha	F	36	<b>56:11.71</b>	05:37	0:23:07
183	<b>157</b>	Ivo Aguiar	M	147	<b>56:11.72</b>	05:37	0:23:07
184	<b>101</b>	Pedro Costa	M	148	<b>56:11.85</b>	05:37	0:23:07
185	<b>162</b>	Ricardo Sampaio	M	149	<b>56:12.58</b>	05:37	0:23:08
186	<b>114</b>	Abel Costa	M	150	<b>56:12.83</b>	05:37	0:23:08
187	<b>112</b>	Ricardo Esteves	M	151	<b>56:12.91</b>	05:37	0:23:08
188	<b>298</b>	Rui Manuel Afonso Souto	M	152	<b>56:13.19</b>	05:37	0:23:08
189	<b>233</b>	Bruno Pereira	M	153	<b>56:13.87</b>	05:37	0:23:09
190	<b>116</b>	César Carrêlo	M	154	<b>56:14.07</b>	05:37	0:23:09
191	<b>143</b>	Rui Viana	M	155	<b>56:14.42</b>	05:37	0:23:09
192	<b>224</b>	Xavier Areias	M	156	<b>56:15.47</b>	05:38	0:23:10
193	<b>39</b>	Luis Martins	M	157	<b>56:21.06</b>	05:38	0:23:16
194	<b>70</b>	Fernando Pereira	F	37	<b>56:27.68</b>	05:39	0:23:23
195	<b>253</b>	Susana Pereira	F	38	<b>56:29.15</b>	05:39	0:23:24
196	<b>75</b>	Manuel Novo	M	158	<b>56:29.95</b>	05:39	0:23:25
197	<b>254</b>	Nuno Monteiro	M	159	<b>56:30.76</b>	05:39	0:23:26
198	<b>144</b>	Renato Ferreira	M	160	<b>56:46.39</b>	05:41	0:23:41
199	<b>145</b>	Albertino Domingues	M	161	<b>56:51.13</b>	05:41	0:23:46
200	<b>171</b>	Alexandre Areias	M	162	<b>56:56.50</b>	05:42	0:23:52
201	<b>178</b>	Vera Domingues	F	39	<b>57:08.03</b>	05:43	0:24:03
202	<b>180</b>	Daniela Cerqueira	F	40	<b>57:51.83</b>	05:47	0:24:47
203	<b>20</b>	Elisabete Estrela	F	41	<b>57:54.99</b>	05:47	0:24:50
204	<b>16</b>	Sílvia Pires	F	42	<b>57:55.85</b>	05:48	0:24:51
205	<b>62</b>	Maria Manuel Ramos	F	43	<b>59:09.64</b>	05:55	0:26:05
206	<b>201</b>	Carine Reis	F	44	<b>59:18.44</b>	05:56	0:26:13
207	<b>26</b>	Christopher Guimaraens	M	163	<b>59:35.74</b>	05:58	0:26:31
208	<b>163</b>	Paulo Nunes	M	164	<b>1:00:08.38</b>	06:01	0:27:03
209	<b>229</b>	Nuno Lima	M	165	<b>1:01:23.36</b>	06:08	0:28:18
210	<b>179</b>	Helena Lages	F	45	<b>1:01:53.08</b>	06:11	0:28:48
211	<b>85</b>	Néstor Castro	M	166	<b>1:02:02.52</b>	06:12	0:28:58
212	<b>53</b>	Adriana Gravato	F	46	<b>1:02:02.73</b>	06:12	0:28:58
213	<b>33</b>	Christine Pereira	F	47	<b>1:04:26.46</b>	06:27	0:31:21
214	<b>17</b>	Ana Brandão	F	48	<b>1:04:26.46</b>	06:27	0:31:21
215	<b>125</b>	Luis Vilares	M	167	<b>1:04:32.24</b>	06:27	0:31:27
216	<b>46</b>	Joan Wilson	F	49	<b>1:04:32.52</b>	06:27	0:31:28
217	<b>105</b>	Pedro Pereira	M	168	<b>1:04:53.52</b>	06:29	0:31:49
218	<b>94</b>	Isabel Sa	F	50	<b>1:05:07.88</b>	06:31	0:32:03
219	<b>64</b>	Álvaro Gavinho	M	169	<b>1:05:26.75</b>	06:33	0:32:22
220	<b>63</b>	Elena Andreea Bikfalvi Zoltan	F	51	<b>1:05:36.61</b>	06:34	0:32:32
221	<b>177</b>	Ivo Oliveira	M	170	<b>1:08:10.25</b>	06:49	0:35:05
222	<b>175</b>	Edite Oliveira	F	52	<b>1:08:32.20</b>	06:51	0:35:27
223	<b>209</b>	Ana Orfão	F	53	<b>1:08:32.75</b>	06:51	0:35:28
224	<b>173</b>	Isabel Monteiro	F	54	<b>1:08:34.00</b>	06:51	0:35:29
225	<b>172</b>	Sofia Freitas	F	55	<b>1:08:35.00</b>	06:51	0:35:30
226	<b>90</b>	Carina Cardoso	F	56	<b>1:08:36.00</b>	06:52	0:35:31
227	<b>66</b>	César Martins	M	171	<b>1:11:10.17</b>	07:07	0:38:05
228	<b>67</b>	Pedro Bernardino	M	172	<b>1:11:10.71</b>	07:07	0:38:06
229	<b>76</b>	Francisco José fernandesDireito dos Santos	M	173	<b>1:17:29.64</b>	07:45	0:44:25