São Silvestre de Coimbra
Coimbra
14-dezembro-2019

CORRIDA - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	12,9ºC	77%
End	19:49	12,9ºC	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Licínio Pimentel	sporting clube de portugal	Veterano M40	28:59		02:54
2	331	João Valente	escola de atletismo de coimbra/jpaiva	Senior Masculino	29:06	+00:06	02:55
3	2	Rui Pedro Silva	sporting clube de portugal	Senior Masculino	29:20	+00:21	02:56
4	328	Filipe Rosa	escola de atletismo de coimbra/jpaiva	Senior Masculino	29:29	+00:30	02:57
5	6	Miguel Ribeiro	sport lisboa e benfica	Senior Masculino	29:53	+00:53	02:59
6	9	Hermano Ferreira	escola de atletismo de coimbra/jpaiva	Senior Masculino	29:53	+00:53	02:59
7	333	Nelson Oliveira	escola de atletismo de coimbra/jpaiva	Senior Masculino	30:03	+01:03	03:00
8	3	Pedro Ribeiro	sporting clube de portugal	Senior Masculino	30:09	+01:09	03:01
9	264	Rogério Amaral	cpt sobral de ceira	Junior Masculino	30:46	+01:46	03:05
10	291	Helder Lopes	dci/trilhos luso bussaco	Senior Masculino	30:54	+01:54	03:05
11	265	António Cunha	cpt sobral de ceira	Senior Masculino	32:14	+03:14	03:13
12	334	Ricardo Gaspar	escola de atletismo de coimbra/jpaiva	Senior Masculino	32:22	+03:22	03:14
13	424	Diogo Pinheiro	hospital da luz coimbra	Senior Masculino	32:28	+03:28	03:15
14	326	Carlos Costa	escola de atletismo de coimbra/jpaiva	Senior Masculino	32:34	+03:34	03:15
15	4	Ana Mafalda Ferreira	sporting clube de portugal	Senior Feminino	32:38	+03:38	03:16
16	332	José Neves	escola de atletismo de coimbra/jpaiva	Senior Masculino	32:40	+03:40	03:16
17	338	Santiago Perez	escola de atletismo de coimbra/jpaiva	Senior Masculino	32:44	+03:44	03:16
18	262	André Ferreira	cpt sobral de ceira	Junior Masculino	32:51	+03:51	03:17
19	70	RUI MIGUEL LOPES	associação académica de coimbra	Veterano M40	32:55	+03:55	03:18
20	329	Igor Castro	escola de atletismo de coimbra/jpaiva	Senior Masculino	33:03	+04:03	03:18
21	348	João Pereira	escola de atletismo de coimbra/jpaiva	Veterano M40	33:09	+04:09	03:19
22	5	Daniela Cunha	sporting clube de portugal	Senior Feminino	33:29	+04:30	03:21
23	8	Carla Martinho	recreio desportivo de águeda	Veterana F40	33:37	+04:37	03:22
24	7	Patricia Silva	sport lisboa e benfica	Senior Feminino	33:42	+04:42	03:22
25	339	Vasco Pereira	escola de atletismo de coimbra/jpaiva	Senior Masculino	33:45	+04:45	03:23
26	24	Alexandre Mestre	a.s.c.v. -associação sócio cultural da valeirinha	Veterano M40	33:53	+04:54	03:23
27	150	Rui Rodrigues	centro de atletismo de tondela	Senior Masculino	34:03	+05:04	03:24
28	71	RUI RODRIGUES	associação académica de coimbra	Veterano M40	34:27	+05:27	03:27
29	143	Joel Ramalhoto	centro de atletismo de tondela	Senior Masculino	34:35	+05:35	03:28
30	351	Vitor Cardoso	escola de atletismo de coimbra/jpaiva	Veterano M40	34:42	+05:43	03:28
31	364	Vitor Godinho	escola de atletismo de coimbra/jpaiva	Veterano M45	34:48	+05:49	03:29
32	309	Vitor Oliveira	dci/trilhos luso bussaco	Veterano M50	34:52	+05:52	03:29
33	1294	António Mariz	saca trilhos	Veterano M45	34:59	+05:59	03:30
34	235	Eduardo Gonçalves	coimbra trail running	Senior Masculino	35:02	+06:02	03:30
35	92	Ricardo Silv	bluepharma group	Senior Masculino	35:03	+06:03	03:30
36	72	PAULO ANTUNES	associação académica de coimbra	Veterano M45	35:03	+06:04	03:30
37	667	VANDERLI PACHECO	individual	Senior Masculino	35:04	+06:04	03:30
38	293	Ricardo Sousa	dci/trilhos luso bussaco	Senior Masculino	35:05	+06:05	03:31
39	139	Tiago Tomas	ccrd burinhosa	Senior Masculino	35:11	+06:11	03:31
40	349	Miguel Pires	escola de atletismo de coimbra/jpaiva	Veterano M40	35:12	+06:13	03:31
41	1282	Cristiano Oliveira	escola de atletismo de coimbra/jpaiva	Senior Masculino	35:18	+06:18	03:32

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	306	João Almeida	dci/trilhos luso bussaco	Veterano M50	35:26	+06:27	03:33
43	151	Carlos Ribeiro	centro de atletismo de tondela	Veterano M40	35:28	+06:28	03:33
44	1022	Carlos Pimenta	lusoteam	Veterano M40	35:35	+06:35	03:34
45	158	João Pontes	cluve	Senior Masculino	35:49	+06:49	03:35
46	354	Jorge Santos	escola de atletismo de coimbra/jpaiva	Veterano M45	35:51	+06:51	03:35
47	266	Evandro Duarte	cpt sobral de ceira	Senior Masculino	35:53	+06:53	03:35
48	1251	Manuel Pinto	tribo nr	Veterano M45	35:58	+06:58	03:36
49	409	António José da Cunha Lourenço	gdr da granja trutas do mau	Veterano M45	36:13	+07:14	03:37
50	659	Tiago Carreira	individual	Senior Masculino	36:20	+07:21	03:38
51	623	Paulo Neves	individual	Senior Masculino	36:21	+07:21	03:38
52	668	Vicente Julião	individual	Senior Masculino	36:29	+07:29	03:39
53	362	Pedro Marques	escola de atletismo de coimbra/jpaiva	Veterano M45	36:30	+07:30	03:39
54	147	Rui Coimbra	centro de atletismo de tondela	Senior Masculino	36:37	+07:38	03:40
55	335	Ricardo Gomes	escola de atletismo de coimbra/jpaiva	Senior Masculino	36:41	+07:41	03:40
56	936	Gary Blesson	individual	Veterano M55	36:42	+07:43	03:40
57	533	Carlos manuel pereira da silva	individual	Senior Masculino	36:44	+07:44	03:40
58	899	Fernando Antunes	individual	Veterano M50	36:49	+07:49	03:41
59	146	Pedro Conceição	centro de atletismo de tondela	Senior Masculino	36:58	+07:58	03:42
60	107	Augusto Lopes	braga a correr	Veterano M40	37:01	+08:01	03:42
61	330	João Rodrigues	escola de atletismo de coimbra/jpaiva	Senior Masculino	37:02	+08:02	03:42
62	524	Armindo Faria Gonçalves	individual	Senior Masculino	37:04	+08:04	03:42
63	303	José Campar	dci/trilhos luso bussaco	Veterano M45	37:05	+08:05	03:43
64	1266	Ricardo Santos	vikings trail runners/ccr alcabideque	Senior Masculino	37:05	+08:06	03:43
65	285	Miguel Silva	dci/trilhos luso bussaco	Junior Masculino	37:18	+08:18	03:44
66	160	Ricardo Germano	cluve	Senior Masculino	37:18	+08:18	03:44
67	854	João Simões	individual	Veterano M45	37:19	+08:19	03:44
68	644	Rodrigo Barreto Carreira	individual	Senior Masculino	37:21	+08:21	03:44
69	302	Sergio Machado	dci/trilhos luso bussaco	Veterano M40	37:28	+08:28	03:45
70	36	Nuno Sousa	adr4 estações	Veterano M45	37:29	+08:29	03:45
71	1237	Saúl Martins	tribo nr	Senior Masculino	37:36	+08:36	03:46
72	527	Bruno André da Costa Robalo	individual	Senior Masculino	37:48	+08:48	03:47
73	65	Paulo Jorge da Silva Pinto	arsm - associação recreativa de s. miguel	Veterano M40	37:53	+08:54	03:47
74	365	Fernando Nogueira	escola de atletismo de coimbra/jpaiva	Veterano M50	37:58	+08:58	03:48
75	549	Fábio Samuel Marques	individual	Senior Masculino	37:59	+08:59	03:48
76	169	Luís Santos	cluve	Veterano M45	38:01	+09:01	03:48
77	288	Diogo Reis	dci/trilhos luso bussaco	Senior Masculino	38:07	+09:08	03:49
78	290	Frederico Oliveira	dci/trilhos luso bussaco	Senior Masculino	38:10	+09:10	03:49
79	750	António Francisco	individual	Veterano M40	38:13	+09:13	03:49
80	416	Rúben Baptista Fernandes	greirense	Senior Masculino	38:18	+09:18	03:50
81	320	André Filipe Correia Carvalho	edv- viana trail	Senior Masculino	38:24	+09:24	03:50
82	869	Manuel António Roseiro Ferreira	individual	Veterano M45	38:38	+09:39	03:52
83	380	Vitor Manuel Rodrigues Gomes	flashover-bvpenela	Veterano M45	38:40	+09:40	03:52
84	1015	Telmo Almeida	lágrimas team	Veterano M45	38:41	+09:41	03:52
85	842	Fernando Manuel Rocha Freire	individual	Veterano M45	38:42	+09:42	03:52
86	352	Augusto Figueiredo	escola de atletismo de coimbra/jpaiva	Veterano M45	38:46	+09:47	03:53

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	367	Luis Oliveira	escola de atletismo de coimbra/jpaiva	Veterano M50	38:47	+09:47	03:53
88	138	Ricardo pires	ccrd burinhosa	Senior Masculino	38:49	+09:49	03:53
89	797	Nuno Pimenta	individual	Veterano M40	38:53	+09:53	03:53
90	75	PEDRO GERARDO	associação académica de coimbra	Veterano M55	38:57	+09:57	03:54
91	350	Rui Borges	escola de atletismo de coimbra/jpaiva	Veterano M40	38:58	+09:58	03:54
92	221	Rodrigo César Direito Monteiro	cmc	Veterano M45	39:05	+10:05	03:55
93	1118	Hélder Piedade	ozxtreme/adcrpereira	Veterano M45	39:08	+10:09	03:55
94	916	Luis Pires	individual	Veterano M50	39:11	+10:11	03:55
95	637	Ricardo	individual	Senior Masculino	39:11	+10:12	03:55
96	855	jorge manuel simoes da cruz	individual	Veterano M45	39:12	+10:12	03:55
97	1003	Francisco Manuel Floro Missa	jm.pulaqui	Senior Masculino	39:14	+10:14	03:55
98	1053	Luis Vilela	montanha clube trail running/efapel	Veterano M40	39:15	+10:15	03:56
99	1295	Atão	coimbra trail running	Senior Masculino	39:16	+10:16	03:56
100	241	Álvaro Mano	coimbra trail running	Veterano M45	39:17	+10:17	03:56
101	355	Luc Hennetier	escola de atletismo de coimbra/jpaiva	Veterano M45	39:18	+10:18	03:56
102	862	Lucio Ventura	individual	Veterano M45	39:22	+10:22	03:56
103	529	Bruno Gil	individual	Senior Masculino	39:26	+10:27	03:57
104	921	paulo carvalho	individual	Veterano M50	39:29	+10:30	03:57
105	117	Dércio Teixeira	bubateam 2019	Veterano M40	39:33	+10:33	03:57
106	1270	Pedro Lopes	viriathvs runners viseu	Senior Masculino	39:37	+10:37	03:58
107	537	daniel guedes	individual	Senior Masculino	39:39	+10:39	03:58
108	233	Rodrigo Santos	coimbra trail running	Junior Masculino	39:40	+10:40	03:58
109	515	André Miguel Lameiro Monteiro	individual	Senior Masculino	39:43	+10:43	03:58
110	375	Bruno José Duarte Cardoso	fitness hut coimbra	Senior Masculino	39:46	+10:46	03:59
111	605	Micael Santos	individual	Senior Masculino	39:47	+10:47	03:59
112	881	RAFAEL GUEDES	individual	Veterano M45	39:51	+10:51	03:59
113	337	Rui Melo	escola de atletismo de coimbra/jpaiva	Senior Masculino	40:05	+11:05	04:01
114	1267	Bruno Antunes	vilaventura trail	Senior Masculino	40:09	+11:10	04:01
115	292	Miguel Viegas	dci/trilhos luso bussaco	Senior Masculino	40:10	+11:10	04:01
116	244	Fernando Alhau	coimbra trail running	Veterano M55	40:12	+11:12	04:01
117	794	Nuno Coelho	individual	Veterano M40	40:14	+11:14	04:01
118	550	Fábio Silva Costa	individual	Senior Masculino	40:18	+11:18	04:02
119	909	João Veloso	individual	Veterano M50	40:20	+11:20	04:02
120	37	António Patrício	adr4 estações	Veterano M55	40:22	+11:22	04:02
121	1211	Ricardo Mota	sri chinmoy marathon team	Veterano M40	40:27	+11:27	04:03
122	905	Humberto Neves	individual	Veterano M50	40:32	+11:32	04:03
123	363	Rui Silva	escola de atletismo de coimbra/jpaiva	Veterano M45	40:33	+11:33	04:03
124	1183	fernando morais	saca trilhos anadia	Veterano M55	40:33	+11:34	04:03
125	1177	Carlos Conceicao	runners & friends	Veterano M55	40:34	+11:34	04:03
126	1171	Egídio Neves	runners & friends	Veterano M45	40:34	+11:34	04:03
127	825	Vitor Gomes	individual	Veterano M40	40:35	+11:35	04:04
128	1116	Frederico Marques	out2run/miro	Veterano M40	40:37	+11:37	04:04
129	841	Eduardo Jorge Cardoso da Costa	individual	Veterano M45	40:38	+11:38	04:04
130	1102	Rui Melão	opraticante.pt	Veterano M55	40:43	+11:43	04:04
131	77	João Diogo Costa	associação escola de atletismo correr+ do cartaxo	Senior Masculino	40:48	+11:48	04:05

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	861	José Vitor Vieira	individual	Veterano M45	40:48	+11:48	04:05
133	271	David Patricio	cpt sobral de ceira	Veterano M50	40:48	+11:49	04:05
134	1017	Paulo Cavaleiro	leitão & cavaleiro	Veterano M55	40:49	+11:50	04:05
135	171	Mario Carapinheiro	cluve	Veterano M55	40:50	+11:51	04:05
136	788	Luis Silvério Barbosa	individual	Veterano M40	40:52	+11:52	04:05
137	310	Joaquim Godinho	dci/trilhos luso bussaco	Veterano M60	40:53	+11:53	04:05
138	1150	António Pereira	quasequeacabamos	Veterano M45	40:55	+11:55	04:06
139	912	josé carlos santos	individual	Veterano M50	40:56	+11:57	04:06
140	782	José Manuel Seromenho Duarte	escola de atletismo de coimbra/jpaiva	Veterano M40	40:59	+11:59	04:06
141	966	José Augusto Cortesão	individual	Veterano M60	40:59	+11:59	04:06
142	1192	Renato carvalho	sicó trilhos	Senior Masculino	41:12	+12:12	04:07
143	775	João Amaral	individual	Veterano M40	41:14	+12:15	04:07
144	1110	Hugo Dias	os papa milhas	Veterano M40	41:15	+12:15	04:08
145	638	Ricardo Bica	individual	Senior Masculino	41:17	+12:17	04:08
146	1052	Pedro Sequeira	montanha clube trail running/efapel	Senior Masculino	41:19	+12:19	04:08
147	1043	Joselito Simões Pereira	miro trail	Veterano M40	41:20	+12:20	04:08
148	224	José Manuel Amado Marques	cmc	Veterano M50	41:20	+12:21	04:08
149	325	Susana Meireles	escola de atletismo de coimbra/jpaiva	Senior Feminino	41:22	+12:22	04:08
150	39	José Carlos Ramalho	ansibikers	Veterano M55	41:23	+12:23	04:08
151	709	Marisa Joao	individual	Veterana F40	41:23	+12:24	04:08
152	76	ALBERTO FRECHES	associação académica de coimbra	Veterano M60	41:24	+12:24	04:08
153	33	Fred José	adcp	Veterano M40	41:26	+12:26	04:09
154	1235	Mário Silva	tribo nr	Senior Masculino	41:28	+12:28	04:09
155	987	João Pedro Freire Duarte	ipnrunners	Senior Masculino	41:28	+12:29	04:09
156	441	Joel Rodrigues	individual	Junior Masculino	41:31	+12:31	04:09
157	586	José Machado	individual	Senior Masculino	41:33	+12:33	04:09
158	38	Arnaldo Carvalho Tomás	adr4e	Veterano M45	41:33	+12:33	04:09
159	73	ANTÓNIO PÊGO	associação académica de coimbra	Veterano M50	41:35	+12:35	04:10
160	646	Roland Sousa	individual	Senior Masculino	41:38	+12:38	04:10
161	74	FERNANDO AGANTE	associação académica de coimbra	Veterano M55	41:41	+12:41	04:10
162	600	Marco Simões	individual	Senior Masculino	41:49	+12:49	04:11
163	114	José Carlos Leal	bttrain - clube ferroviário de coimbra	Veterano M45	41:52	+12:52	04:11
164	240	JOANA FRANCA	coimbra trail running	Veterana F40	41:52	+12:52	04:11
165	379	Paulo Miguel Lourenço dos Santos	flashover-bvpenela	Veterano M40	41:52	+12:53	04:11
166	412	Bruno	gelcentro team	Senior Masculino	41:52	+12:53	04:11
167	887	Salomão Rocha	individual	Veterano M45	41:54	+12:54	04:11
168	918	Mário Neves	individual	Veterano M50	41:55	+12:55	04:12
169	1190	Daniel Filipe Gomes Antunes	sicó trilhos	Senior Masculino	41:56	+12:56	04:12
170	922	Paulo Marques	individual	Veterano M50	41:57	+12:57	04:12
171	1114	Rui Silva	os papa milhas	Veterano M45	41:58	+12:59	04:12
172	1051	Clara Rodrigues	montanha clube trail running/efapel	Senior Feminino	42:03	+13:03	04:12
173	270	Rui Figueiredo	cpt sobral de ceira	Veterano M40	42:04	+13:04	04:12
174	702	Helena Colaço	individual	Veterana F40	42:04	+13:04	04:12
175	893	António Ribeiro	individual	Veterano M50	42:05	+13:05	04:13
176	689	Cristina Colaço	individual	Veterana F40	42:06	+13:06	04:13

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	311	Célio Duarte	deixa passar	Senior Masculino	42:08	+13:08	04:13
178	243	Filipe Santos	coimbra trail running	Veterano M45	42:15	+13:15	04:14
179	509	Afonso Tavares	individual	Senior Masculino	42:18	+13:18	04:14
180	663	Tiago Lopes	individual	Senior Masculino	42:19	+13:19	04:14
181	654	Samuel Santos	individual	Senior Masculino	42:22	+13:22	04:14
182	215	João Salustiano	cmc	Veterano M45	42:22	+13:22	04:14
183	317	Filipe Duarte	duarte e companhia	Senior Masculino	42:22	+13:23	04:14
184	823	Telmo Pedro	individual	Veterano M40	42:24	+13:24	04:14
185	168	Luis Costa	cluve	Veterano M45	42:27	+13:27	04:15
186	525	Bernardo Rafael Gomes Gonçalves	individual	Senior Masculino	42:27	+13:28	04:15
187	182	Cátia Lopes	cmc	Senior Feminino	42:28	+13:28	04:15
188	142	Rui ventura	ccrd burinhosa	Veterano M55	42:28	+13:28	04:15
189	1066	Rui Filipe dos Santos Silva	nest collective	Veterano M40	42:29	+13:29	04:15
190	1260	Miguel Coimbra	uc eirense	Veterano M50	42:29	+13:29	04:15
191	184	Edgar Faria	cmc	Senior Masculino	42:29	+13:29	04:15
192	238	Rui Carrito	coimbra trail running	Senior Masculino	42:33	+13:33	04:15
193	208	Fernando Carvalho	cmc	Veterano M40	42:34	+13:34	04:15
194	274	Pedro Roque	cpt sobral de ceira	Veterano M50	42:40	+13:40	04:16
195	901	Francisco Machado	individual	Veterano M50	42:41	+13:41	04:16
196	513	André Filipe Morais	individual	Senior Masculino	42:41	+13:41	04:16
197	135	Carlos Almeida	casa do povo de mangualde	Veterano M55	42:45	+13:45	04:17
198	342	Célia Alves	escola de atletismo de coimbra/jpaiva	Veterana F40	42:45	+13:46	04:17
199	476	Inês Rebelo Costa	individual	Senior Feminino	42:48	+13:48	04:17
200	595	Luís Machado	individual	Senior Masculino	42:50	+13:50	04:17
201	1230	Oscar Ramalho	trail bela bela	Veterano M50	42:50	+13:50	04:17
202	81	João Abrunheiro	atletismo clube da tocha	Senior Masculino	42:50	+13:50	04:17
203	553	Filipe Oliveira	individual	Senior Masculino	42:50	+13:50	04:17
204	1207	Carlos Patrão	soure mov	Senior Masculino	42:50	+13:50	04:17
205	1187	Nelson Jorge de Aguiar	sflur / viver almonda	Veterano M40	42:55	+13:55	04:18
206	609	Nuno Afonso	individual	Senior Masculino	42:56	+13:56	04:18
207	813	Ricardo Melo	individual	Veterano M40	42:57	+13:57	04:18
208	917	Marcelo Coutinho	individual	Veterano M50	42:59	+14:00	04:18
209	1264	Marco Andre Dias Sousa	velozes e furiosos	Senior Masculino	42:59	+14:00	04:18
210	1221	Luis Filipe Marçal dos Reis	team noesis	Senior Masculino	43:00	+14:00	04:18
211	625	Pedro Coelho	individual	Senior Masculino	43:01	+14:01	04:18
212	405	Marco Brásio	gang da portela	Senior Masculino	43:05	+14:05	04:19
213	784	Juan Oliveira	individual	Veterano M40	43:06	+14:06	04:19
214	619	Paulo Dias	individual	Senior Masculino	43:08	+14:08	04:19
215	1296	Pedro José Cotovio Eufrasio Antunes	individual	Senior Masculino	43:09	+14:09	04:19
216	858	Jose Luis Nunes	individual	Veterano M45	43:11	+14:11	04:19
217	792	Miguel Figueiredo	individual	Veterano M40	43:12	+14:12	04:19
218	120	Nuno Cortesaão	bubateam 2019	Veterano M40	43:14	+14:15	04:19
219	660	Tiago Costa	individual	Senior Masculino	43:16	+14:16	04:20
220	581	Joao Sequeira	individual	Senior Masculino	43:17	+14:17	04:20
221	834	Carlos Correia	individual	Veterano M45	43:19	+14:19	04:20

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
222	69	MANUELA GONÇALVES	associação académica de coimbra	Veterana F40	43:22	+14:22	04:20
223	617	Paulino Oliveira	individual	Senior Masculino	43:27	+14:27	04:21
224	166	Nuno Franco	cluve	Veterano M40	43:29	+14:29	04:21
225	172	Vitor Gomes	cluve	Veterano M55	43:30	+14:31	04:21
226	597	Luis Pinto	individual	Senior Masculino	43:31	+14:32	04:21
227	594	Luis Jesus	individual	Senior Masculino	43:33	+14:33	04:21
228	622	Paulo Milheiro	individual	Senior Masculino	43:33	+14:33	04:21
229	878	Pedro Figueiredo	individual	Veterano M45	43:34	+14:34	04:21
230	343	Dora Serra	escola de atletismo de coimbra/jpaiva	Veterana F40	43:37	+14:37	04:22
231	822	Sérgio Paulo	individual	Veterano M40	43:39	+14:39	04:22
232	923	PEDRO PAULO	individual	Veterano M50	43:39	+14:39	04:22
233	773	Ivo Magalhães	individual	Veterano M40	43:39	+14:39	04:22
234	906	João Castro	individual	Veterano M50	43:40	+14:40	04:22
235	943	José Canha	individual	Veterano M55	43:40	+14:40	04:22
236	1209	Paulo Lopes	soure mov	Veterano M45	43:43	+14:43	04:22
237	308	José Pereira	dci/trilhos luso bussaco	Veterano M50	43:44	+14:44	04:22
238	579	João Rocha	individual	Senior Masculino	43:44	+14:44	04:22
239	816	Rui Fonseca	individual	Veterano M40	43:45	+14:45	04:23
240	763	David Olveira	individual	Veterano M40	43:47	+14:47	04:23
241	551	Fernando Ferreira	individual	Senior Masculino	43:49	+14:49	04:23
242	988	Jorge Pimenta	ipnrunners	Veterano M40	43:50	+14:50	04:23
243	840	Duarte Domingues	individual	Veterano M45	43:54	+14:54	04:23
244	178	José Abade	cluve	Veterano M60	43:55	+14:55	04:24
245	157	Gonçalo Carvalho	cluve	Senior Masculino	43:58	+14:59	04:24
246	286	Eunice Magalhães	dci/trilhos luso bussaco	Senior Feminino	44:00	+15:01	04:24
247	658	Telmo Santos	individual	Senior Masculino	44:01	+15:01	04:24
248	307	Joaquim Martins	dci/trilhos luso bussaco	Veterano M50	44:02	+15:02	04:24
249	414	Adérito Curto	gira sol	Veterano M55	44:02	+15:02	04:24
250	544	Eduardo Carvalheiro	individual	Senior Masculino	44:03	+15:03	04:24
251	242	Edgar Semedo	coimbra trail running	Veterano M45	44:05	+15:05	04:25
252	94	Ana Luisa Branco Fernandes	bluepharma group	Veterana F40	44:08	+15:08	04:25
253	1246	Marcos Alves	tribo nr	Veterano M40	44:13	+15:13	04:25
254	616	Nuno Santos Rocha	individual	Senior Masculino	44:14	+15:14	04:25
255	1234	João Quintino	tribo nr	Senior Masculino	44:15	+15:15	04:26
256	614	Nuno Fontes	individual	Senior Masculino	44:15	+15:16	04:26
257	1081	António Geraldo	o mundo da corrida	Veterano M60	44:17	+15:17	04:26
258	167	Nuno Miguel	cluve	Veterano M40	44:17	+15:17	04:26
259	54	Gil António Figueiredo da Costa Santos	arcd venda da luisa	Veterano M40	44:19	+15:19	04:26
260	639	Ricardo Carvalheira	individual	Senior Masculino	44:20	+15:20	04:26
261	1122	Joao Oliveira	pdarunners	Senior Masculino	44:20	+15:20	04:26
262	650	Rui Neto	individual	Senior Masculino	44:21	+15:21	04:26
263	1236	Miguel Silva Rocha	tribo nr	Senior Masculino	44:23	+15:23	04:26
264	1253	João Bernardino	tribo nr	Veterano M50	44:24	+15:24	04:26
265	847	Hilário dos Reis Espadilha	individual	Veterano M45	44:27	+15:27	04:27
266	1123	Marco Simões	pdarunners	Senior Masculino	44:28	+15:28	04:27

CORRIDA - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	759	Celso Rafael Gonçalves de Carvalho	individual	Veterano M40	44:28	+15:28	04:27
268	915	Luís Costa	individual	Veterano M50	44:28	+15:29	04:27
269	122	José Dias	bubateam 2019	Veterano M45	44:30	+15:30	04:27
270	275	Álvaro Coelho	cpt sobral de ceira	Veterano M60	44:31	+15:31	04:27
271	61	José Manuel Castanheiro dos Santos	arcd venda da luisa	Veterano M55	44:33	+15:33	04:27
272	941	João Paulo Duarte Marques	individual	Veterano M55	44:34	+15:34	04:27
273	123	Pedro Jacinto	bubateam 2019	Veterano M45	44:35	+15:35	04:28
274	115	Hélder Gante	bttrain - clube ferroviário de coimbra	Veterano M50	44:36	+15:36	04:28
275	113	António José Almeida	bttrain - clube ferroviário de coimbra	Veterano M45	44:37	+15:37	04:28
276	710	Marlene Cecília Luís de Oliveira	individual	Veterana F40	44:37	+15:37	04:28
277	776	João Paulo de Melo Ferreira	individual	Veterano M40	44:37	+15:37	04:28
278	112	Cristiano Gante	bttrain - clube ferroviário de coimbra	Senior Masculino	44:37	+15:37	04:28
279	596	luis oliveira	individual	Senior Masculino	44:38	+15:38	04:28
280	323	Maria Carvalho	escola de atletismo de coimbra/jpaiva	Senior Feminino	44:38	+15:39	04:28
281	360	Nuno Costa	escola de atletismo de coimbra/jpaiva	Veterano M45	44:39	+15:39	04:28
282	945	Manuel	individual	Veterano M55	44:39	+15:39	04:28
283	519	André Simões	individual	Senior Masculino	44:40	+15:40	04:28
284	276	Carlos Garrido	cpt sobral de ceira	Veterano M60	44:49	+15:49	04:29
285	567	João Batista	individual	Senior Masculino	44:51	+15:51	04:29
286	615	NUNO PINTO	individual	Senior Masculino	44:52	+15:52	04:29
287	835	Carlos Costa	individual	Veterano M45	44:52	+15:52	04:29
288	543	Duarte Marques	individual	Senior Masculino	44:53	+15:53	04:29
289	239	Catarina Alves	coimbra trail running	Veterana F40	44:53	+15:53	04:29
290	1263	Fábio Mendes	velozes e furiosos	Senior Masculino	44:57	+15:58	04:30
291	555	Filipe Santos Buco	individual	Senior Masculino	44:58	+15:58	04:30
292	1169	Rui Vidal	run & burn	Senior Masculino	45:00	+16:00	04:30
293	1281	Carla Reis	cmc	Veterana F40	45:04	+16:05	04:30
294	953	Virgilio oliveira	individual	Veterano M55	45:06	+16:06	04:31
295	1173	Augusto Amaral	runners & friends	Veterano M50	45:07	+16:07	04:31
296	1176	Carlos Conceicao	runners & friends	Veterano M55	45:07	+16:07	04:31
297	815	Ricardo Veiga	individual	Veterano M40	45:09	+16:09	04:31
298	439	Felipe Ferreira	individual	Junior Masculino	45:12	+16:12	04:31
299	633	Pedro Miguel neves da Silva	individual	Senior Masculino	45:12	+16:12	04:31
300	924	pedro saraiva	individual	Veterano M50	45:14	+16:14	04:31
301	1269	Margarida Albuquerque	viriathvs runners viseu	Senior Feminino	45:18	+16:18	04:32
302	951	Rui Teixeira	individual	Veterano M55	45:20	+16:20	04:32
303	304	Nuno Pessoa	dci/trilhos luso bussaco	Veterano M45	45:22	+16:22	04:32
304	1197	Alexandre Veloso	solum runners	Senior Masculino	45:23	+16:23	04:32
305	767	Filipe Almeida Fernandes	individual	Veterano M40	45:25	+16:25	04:33
306	1181	Carlos Pires	saca trilhos anadia	Veterano M50	45:25	+16:25	04:33
307	434	João Matos	hospital da luz coimbra	Veterano M55	45:26	+16:26	04:33
308	34	Mário Miguel	adcp	Veterano M40	45:27	+16:27	04:33
309	1016	João Cavadas	lágrimas team	Veterano M50	45:27	+16:28	04:33
310	103	Gabriel Sousa	braga a correr	Senior Masculino	45:28	+16:28	04:33

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	1024	Luís Lagarto	m4a	Senior Masculino	45:32	+16:32	04:33
312	44	João Rafael Castro Marques Nobre	arcd venda da luisa	Senior Masculino	45:32	+16:33	04:33
313	671	Vítor Hugo Estrela Fonseca	individual	Senior Masculino	45:33	+16:33	04:33
314	177	Hélder José Ferreira	cluve	Veterano M60	45:35	+16:35	04:34
315	656	Sergio Coelho	individual	Senior Masculino	45:37	+16:37	04:34
316	846	Hermínio Amaral	individual	Veterano M45	45:37	+16:38	04:34
317	677	Ana Mota	individual	Veterana F40	45:38	+16:38	04:34
318	1039	Cecília Manuela Carvalho Mendes	miro trail	Veterana F40	45:40	+16:40	04:34
319	1258	Álvaro Costa	tribo nr	Veterano M55	45:40	+16:41	04:34
320	562	Hugo Miguel da Costa bonita	individual	Senior Masculino	45:40	+16:41	04:34
321	805	Pedro Carlos	individual	Veterano M40	45:42	+16:42	04:34
322	686	Celina Dias	individual	Veterana F40	45:42	+16:42	04:34
323	217	José Luís Ferreira Coelho	cmc	Veterano M45	45:42	+16:42	04:34
324	848	Humberto Dias	individual	Veterano M45	45:42	+16:42	04:34
325	1265	Miguel Freire	velozes e furiosos	Senior Masculino	45:45	+16:45	04:35
326	926	Raul Martins	individual	Veterano M50	45:45	+16:45	04:35
327	82	José Domingues Costa	atletismo clube da tocha	Senior Masculino	45:46	+16:46	04:35
328	99	ANDRE CARVALHO	bluepharma group	Veterano M40	45:47	+16:47	04:35
329	949	Octavio Sergio Rodrigues Linhares	individual	Veterano M55	45:48	+16:48	04:35
330	1060	João Rafael Almeida Monteiro	nest collective	Senior Masculino	45:51	+16:51	04:35
331	791	Miguel António Aroso de Campos	individual	Veterano M40	45:51	+16:51	04:35
332	552	Filipe Duarte	individual	Senior Masculino	45:53	+16:53	04:35
333	958	Avelino Silva	individual	Veterano M60	45:54	+16:54	04:35
334	1133	João Ricardo Costa	polyrunners	Senior Masculino	45:57	+16:57	04:36
335	786	Luis Moreira	individual	Veterano M40	45:58	+16:58	04:36
336	269	Liliana Silva	cpt sobral de ceira	Veterana F40	45:58	+16:59	04:36
337	946	Manuel Oliveira	individual	Veterano M55	45:59	+16:59	04:36
338	944	Jose FREITAS	individual	Veterano M55	46:00	+17:00	04:36
339	1255	Pedro Elias	tribo nr	Veterano M50	46:04	+17:04	04:36
340	1200	Ricardo Silva	solum runners	Senior Masculino	46:05	+17:06	04:37
341	649	Rui Moura	individual	Senior Masculino	46:06	+17:06	04:37
342	807	Pedro Lopes	individual	Veterano M40	46:06	+17:06	04:37
343	569	João carvalho	individual	Senior Masculino	46:06	+17:06	04:37
344	534	Carlos Pessoa	individual	Senior Masculino	46:07	+17:07	04:37
345	1174	Luis Pires	runners & friends	Veterano M50	46:11	+17:11	04:37
346	1175	Rui Dias	runners & friends	Veterano M50	46:11	+17:11	04:37
347	769	Gonçalo Martins	individual	Veterano M40	46:12	+17:12	04:37
348	561	Henrique Carvalheiro	individual	Senior Masculino	46:12	+17:12	04:37
349	1257	Vítor Figeiredo	tribo nr	Veterano M50	46:14	+17:15	04:37
350	27	André Rafael Pereira Bessa Azambujo	acdrs quinhendros	Senior Masculino	46:16	+17:16	04:38
351	1210	Tiago Freitas	sri chinmoy marathon team	Senior Masculino	46:18	+17:18	04:38
352	545	Eduardo Lamas	individual	Senior Masculino	46:18	+17:18	04:38

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	589	José Miguel Perdigão	individual	Senior Masculino	46:19	+17:19	04:38
354	575	João Marques	individual	Senior Masculino	46:21	+17:21	04:38
355	1115	Luís Marques	os unidos	Senior Masculino	46:23	+17:23	04:38
356	752	Bento Ferreira	individual	Veterano M40	46:25	+17:25	04:39
357	632	Pedro Martins	individual	Senior Masculino	46:25	+17:26	04:39
358	467	Daniela Guerra	individual	Senior Feminino	46:27	+17:27	04:39
359	867	Luis santos	individual	Veterano M45	46:27	+17:27	04:39
360	779	Jose antonio ribeiro costa	individual	Veterano M40	46:28	+17:28	04:39
361	914	Luís Carvalheiro	individual	Veterano M50	46:30	+17:30	04:39
362	426	Pedro Borges	hospital da luz coimbra	Senior Masculino	46:32	+17:32	04:39
363	843	Filipe Mendes	individual	Veterano M45	46:33	+17:33	04:39
364	296	Julia Santos	dci/trilhos luso bussaco	Veterana F40	46:39	+17:39	04:40
365	1155	Almerindo	rglp	Veterano M55	46:39	+17:39	04:40
366	314	Paulo Oliveira Tavares	devagar se vai ao longe	Veterano M45	46:40	+17:40	04:40
367	857	José António Costa	individual	Veterano M45	46:40	+17:40	04:40
368	870	Miguel Santos	individual	Veterano M45	46:44	+17:44	04:40
369	253	Ricardo Brásio	cpt coimbra	Senior Masculino	46:46	+17:46	04:41
370	1205	Manuel Ventura	solum runners	Veterano M50	46:50	+17:50	04:41
371	1125	Pedro Gonçalves	pereira1b	Senior Masculino	46:52	+17:52	04:41
372	900	Fernando Inacio Medeiros	individual	Veterano M50	46:53	+17:53	04:41
373	608	Mykola Rasko	individual	Senior Masculino	46:55	+17:55	04:42
374	876	Paulo Gonçalves	individual	Veterano M45	46:55	+17:55	04:42
375	651	Rui Palrinhas	individual	Senior Masculino	46:57	+17:57	04:42
376	282	Jorge Faria	cumibroa bike`s running team	Veterano M45	46:58	+17:58	04:42
377	190	Ana Feteira	cmc	Veterana F40	46:58	+17:59	04:42
378	194	Carla Soares	cmc	Veterana F40	46:58	+17:59	04:42
379	962	Fernando Rodrigues	individual	Veterano M60	47:00	+18:00	04:42
380	1047	JORGE LOPES	mondegopeças	Veterano M40	47:01	+18:01	04:42
381	806	Pedro Figueira	individual	Veterano M40	47:01	+18:02	04:42
382	280	Carlos Mendes	cumibroa bike`s running team	Senior Masculino	47:04	+18:04	04:42
383	283	GILBERTO MARTINHO	dar - desportivo atlético de recardães	Veterano M40	47:04	+18:05	04:43
384	133	Joaquim Pessoa	casa do benfica de condeixa	Veterano M60	47:07	+18:07	04:43
385	230	José Luís Garcia	cmc	Veterano M60	47:10	+18:10	04:43
386	931	VITOR PAULO BORGES DA CRUZ PEREIRA	individual	Veterano M50	47:10	+18:10	04:43
387	963	Helder Araujo	individual	Veterano M60	47:10	+18:10	04:43
388	226	Luís Manuel Lopes Justo Batista	cmc	Veterano M55	47:10	+18:10	04:43
389	1182	Silvino Pais	saca trilhos anadia	Veterano M50	47:14	+18:14	04:43
390	764	Eduardo Jorge Penacho Ribeiro	individual	Veterano M40	47:16	+18:16	04:44
391	1179	Mário Rodrigues	runners sernancelhe terra da castanha	Veterano M40	47:18	+18:18	04:44
392	369	Fernando Batista	escola de atletismo de coimbra/jpaiva	Veterano M55	47:19	+18:19	04:44
393	231	Júlio Manuel da Silva Gonçalves	cmc	Veterano M60	47:19	+18:19	04:44
394	1042	Arménio Nogueir	miro trail	Veterano M40	47:20	+18:20	04:44
395	697	Fatima Videira	individual	Veterana F40	47:20	+18:21	04:44

CORRIDA - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	1023	Sara Raquel Martins da Silva	m4a	Senior Feminino	47:22	+18:22	04:44
397	359	Miguel Fonseca	escola de atletismo de coimbra/jpaiva	Veterano M45	47:25	+18:25	04:45
398	227	Ricardo Madureira	cmc	Veterano M55	47:26	+18:26	04:45
399	578	João Paulo da Costa	individual	Senior Masculino	47:27	+18:27	04:45
400	1198	Filipe Almeida	solum runners	Senior Masculino	47:27	+18:27	04:45
401	628	Pedro Jose	individual	Senior Masculino	47:27	+18:27	04:45
402	611	Nuno Duarte	individual	Senior Masculino	47:29	+18:29	04:45
403	643	Rodolfo Mendes	individual	Senior Masculino	47:29	+18:29	04:45
404	1232	Diogo Costa	tribo nr	Senior Masculino	47:30	+18:30	04:45
405	252	Mário Ferreira	cpt coimbra	Senior Masculino	47:30	+18:30	04:45
406	891	António Ferreira	individual	Veterano M50	47:31	+18:32	04:45
407	141	Anibal silva	ccrd burinhosa	Veterano M55	47:32	+18:32	04:45
408	438	David Miguel de Matos serrano	individual	Junior Masculino	47:32	+18:32	04:45
409	1259	Paulo Costa	tribo nr	Veterano M55	47:33	+18:33	04:45
410	636	Renato Seara	individual	Senior Masculino	47:33	+18:34	04:45
411	53	Ezequiel Andre Pimentel Lapo	arcd venda da luisa	Veterano M40	47:36	+18:36	04:46
412	1011	Filipe Picao	just keep running	Veterano M40	47:37	+18:37	04:46
413	46	Marco Paulo Malo Ribeiro	arcd venda da luisa	Senior Masculino	47:38	+18:38	04:46
414	770	Henrique Miguel dias Serrano	individual	Veterano M40	47:38	+18:38	04:46
415	777	Jody Fernandes rato	individual	Veterano M40	47:39	+18:39	04:46
416	778	Jorge Melo	individual	Veterano M40	47:40	+18:40	04:46
417	700	GINA KERLY PONTES MOURA	individual	Veterana F40	47:40	+18:40	04:46
418	180	Narciso Arromba	cluve	Veterano M60	47:41	+18:41	04:46
419	929	Rui Monteiro	individual	Veterano M50	47:42	+18:42	04:46
420	950	Pedro Vicente	individual	Veterano M55	47:42	+18:42	04:46
421	64	Zenaide Alves	arsm - associação recreativa de s. miguel	Veterana F40	47:43	+18:43	04:46
422	548	Fábio Cerejo	individual	Senior Masculino	47:45	+18:45	04:47
423	1229	Pedro José Silva Santos	timim	Veterano M40	47:49	+18:49	04:47
424	1292	Luis Caetano	individual	Veterano M40	47:50	+18:50	04:47
425	989	Nuno Varandas	ipnrunners	Veterano M40	47:50	+18:50	04:47
426	1248	Paulo Domingues	tribo nr	Veterano M40	47:52	+18:52	04:47
427	1000	Mariana Oliveira Nujo	jm.pulaqui	Senior Feminino	47:56	+18:56	04:48
428	1004	Jorge Filipe Correia Lemos	jm.pulaqui	Senior Masculino	47:56	+18:57	04:48
429	1293	Artur Vieira	hospital da luz coimbra	Senior Masculino	47:58	+18:58	04:48
430	714	Raquel Maria Costa de Brito	individual	Veterana F40	48:02	+19:02	04:48
431	856	Jorge Mota	individual	Veterano M45	48:04	+19:04	04:48
432	818	Rui Póvoa	individual	Veterano M40	48:04	+19:04	04:48
433	127	CHARDOZE	carvalhos	Veterano M40	48:12	+19:13	04:49
434	1297	Fausto Henrique Matos Carvalho	arsm	Veterano M60	48:13	+19:13	04:49
435	576	João Mesquita	individual	Senior Masculino	48:15	+19:15	04:50
436	1283	Nuno Rodrigues	deixa passar	Senior Masculino	48:19	+19:19	04:50
437	1074	Alexandre Pereira	niwa	Senior Masculino	48:22	+19:23	04:50
438	104	Anabela Lopes	braga a correr	Veterana F40	48:24	+19:24	04:50
439	1287	Francisco Gomes	run & burn	Senior Masculino	48:25	+19:25	04:51

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
440	831	Bruno Geovane Rodrigues Silva	individual	Veterano M45	48:26	+19:26	04:51
441	875	PAULO AZEVEDO	individual	Veterano M45	48:26	+19:26	04:51
442	661	Tiago Filipe Pereira Carvalho	individual	Senior Masculino	48:26	+19:27	04:51
443	911	Jorge Ribeiro	individual	Veterano M50	48:28	+19:28	04:51
444	125	Jorge Alexandre Batista de Campos	campos	Veterano M60	48:28	+19:28	04:51
445	297	Lucia Marques	dci/trilhos luso bussaco	Veterana F40	48:33	+19:33	04:51
446	1222	Marcos Rafael Catarino Soares	team noesis	Senior Masculino	48:34	+19:34	04:51
447	886	Rui Soares	individual	Veterano M45	48:34	+19:35	04:51
448	871	Nuno Henriques	individual	Veterano M45	48:35	+19:36	04:52
449	459	Catarina Pereira	individual	Senior Feminino	48:36	+19:36	04:52
450	812	Ricardo Gaspar	individual	Veterano M40	48:40	+19:40	04:52
451	521	António Calhau	individual	Senior Masculino	48:40	+19:40	04:52
452	522	António Manuel Vieira Cardoso Pinto	individual	Senior Masculino	48:41	+19:41	04:52
453	930	Rui Simões	individual	Veterano M50	48:41	+19:42	04:52
454	1136	José Teixeira	portuguese united training association	Veterano M40	48:43	+19:44	04:52
455	652	Rui Seabra	individual	Senior Masculino	48:47	+19:47	04:53
456	712	Marta Fonseca	individual	Veterana F40	48:48	+19:48	04:53
457	1079	Pedro Ramalho	niwa	Senior Masculino	48:49	+19:49	04:53
458	1144	Hélder Fernandes Santos Baptista	quasequeacabamos	Senior Masculino	48:49	+19:50	04:53
459	895	Basílio Simões	individual	Veterano M50	48:51	+19:51	04:53
460	648	Rui Mota	individual	Senior Masculino	48:51	+19:52	04:53
461	1256	Pedro Medina	tribo nr	Veterano M50	48:52	+19:52	04:53
462	1254	Miguel Teteto	tribo nr	Veterano M50	48:52	+19:52	04:53
463	407	Paulo Pinheiro	gang da portela	Veterano M40	48:52	+19:53	04:53
464	539	David Baião	individual	Senior Masculino	48:53	+19:53	04:53
465	894	António salgado	individual	Veterano M50	48:56	+19:56	04:54
466	954	Alcides Marques	individual	Veterano M60	48:56	+19:56	04:54
467	956	António Apolinário Saraiva	individual	Veterano M60	48:58	+19:58	04:54
468	629	Pedro Manuel de Matos Lopes Pinto	individual	Senior Masculino	48:59	+19:59	04:54
469	1010	António Manuel Dinis Marques de Almeida	jm.pulaqui	Veterano M45	49:02	+20:02	04:54
470	799	Nuno Sampaio	individual	Veterano M40	49:02	+20:02	04:54
471	864	Luís Leitão	individual	Veterano M45	49:03	+20:03	04:54
472	1119	Joao Negrao	parrampas	Senior Masculino	49:04	+20:04	04:54
473	1145	Leonel Reis	quasequeacabamos	Senior Masculino	49:04	+20:04	04:54
474	254	Carla Santos	cpt coimbra	Veterana F40	49:04	+20:04	04:54
475	1036	Samuel Amaral	miro trail	Senior Masculino	49:04	+20:04	04:54
476	1032	Diana Martins	miro trail	Senior Feminino	49:05	+20:05	04:55
477	935	Carlos Marcelino	individual	Veterano M55	49:06	+20:06	04:55
478	863	Luís Duarte	individual	Veterano M45	49:07	+20:07	04:55
479	1164	João Brundele	individual	Senior Masculino	49:07	+20:07	04:55
480	1186	Adelino Nunes	saldo válido team	Veterano M55	49:09	+20:09	04:55
481	1203	António Caetano	solum runners	Veterano M40	49:09	+20:09	04:55

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
482	599	Marco José Marreiro	individual	Senior Masculino	49:12	+20:12	04:55
483	620	Paulo Duarte	individual	Senior Masculino	49:12	+20:12	04:55
484	952	Victor Santos	individual	Veterano M55	49:14	+20:14	04:55
485	559	Gonçalo Hubert	individual	Senior Masculino	49:15	+20:15	04:56
486	377	João Paulo dos Santos Fernandes	fitness hut coimbra	Veterano M45	49:15	+20:15	04:56
487	435	Fernando Venda	hospital da luz coimbra	Veterano M60	49:17	+20:17	04:56
488	564	Hugo Rafael Rosa Godinho	individual	Senior Masculino	49:17	+20:18	04:56
489	129	Pedro Fontes	carvalhos	Veterano M40	49:20	+20:21	04:56
490	860	JOSE OLIVEIRA	individual	Veterano M45	49:25	+20:25	04:57
491	859	José Manuel Lima Antunes	individual	Veterano M45	49:26	+20:27	04:57
492	1085	Pedro Caeiro	olympic silvas	Junior Masculino	49:27	+20:27	04:57
493	447	Ana Filipa Ferreira	individual	Senior Feminino	49:30	+20:30	04:57
494	1194	Pedro Marques	sola gasta pcv	Senior Masculino	49:30	+20:30	04:57
495	406	Pedro Pinto	gang da portela	Senior Masculino	49:31	+20:31	04:57
496	1112	Manuel Tavares	os papa milhas	Veterano M45	49:32	+20:33	04:57
497	316	Daniel Crespo	duarte e companhia	Senior Masculino	49:33	+20:33	04:57
498	340	Vitor Santos	escola de atletismo de coimbra/jpaiva	Senior Masculino	49:37	+20:37	04:58
499	574	Joao Manuel da Silva Matos da Cruz	individual	Senior Masculino	49:39	+20:39	04:58
500	927	Ricardo Rocha	individual	Veterano M50	49:40	+20:40	04:58
501	531	Carlos Figueiredo	individual	Senior Masculino	49:46	+20:46	04:59
502	828	Alexandre Paulo Xavier Sales Ritchie	individual	Veterano M45	49:48	+20:48	04:59
503	287	Sara Oliveira	dci/trilhos luso bussaco	Senior Feminino	49:50	+20:50	04:59
504	790	Manuel Telles	individual	Veterano M40	49:50	+20:51	04:59
505	1013	Paulo Neves	just keep running	Veterano M45	49:51	+20:51	04:59
506	1014	Rui Manuel Pacheco Duarte	karrapateira	Veterano M55	49:52	+20:52	04:59
507	295	Helena Lopes	dci/trilhos luso bussaco	Veterana F40	49:53	+20:53	04:59
508	289	Fernando Marques	dci/trilhos luso bussaco	Senior Masculino	49:53	+20:53	04:59
509	482	Ligia dos Santos	individual	Senior Feminino	49:54	+20:54	04:59
510	547	Elton Pinho	individual	Senior Masculino	49:54	+20:55	05:00
511	606	Miguel Forte	individual	Senior Masculino	49:57	+20:57	05:00
512	130	Pedro Gonçalves	carvalhos	Veterano M45	50:00	+21:00	05:00
513	511	Ana Filipa	individual	Senior Masculino	50:00	+21:01	05:00
514	985	Alireza Emami	ipnrunners	Senior Masculino	50:01	+21:01	05:00
515	975	Vitor Manuel Borges Fontes	individual	Veterano M60	50:04	+21:04	05:00
516	520	Andrews Fontana	individual	Senior Masculino	50:04	+21:05	05:00
517	185	Mário José Fernandes da Silva Almeida	cmc	Senior Masculino	50:06	+21:06	05:01
518	211	Pedro Nuno Vasco Amado	cmc	Veterano M40	50:06	+21:06	05:01
519	588	José Miguel Medina Dias	individual	Senior Masculino	50:12	+21:13	05:01
520	874	Olivier Jean Agostinho Wasterlain	individual	Veterano M45	50:12	+21:13	05:01
521	237	Ricardo Jesus	coimbra trail running	Senior Masculino	50:13	+21:13	05:01
522	1240	Ana Silva	tribo nr	Veterana F40	50:16	+21:16	05:02
523	772	Hugo Jorge Pires Ferreira	individual	Veterano M40	50:25	+21:25	05:03

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
524	814	Ricardo Rodrigues	individual	Veterano M40	50:27	+21:27	05:03
525	939	João Capelôa	individual	Veterano M55	50:29	+21:30	05:03
526	1208	Patrícia Beja	soure mov	Veterana F40	50:31	+21:31	05:03
527	80	Nuno Pinto	atletas ao domingo	Veterano M40	50:31	+21:32	05:03
528	78	Amilcar Sandinha	atletas ao domingo	Veterano M40	50:32	+21:32	05:03
529	79	Duarte Bernardo	atletas ao domingo	Veterano M40	50:32	+21:32	05:03
530	852	João Luis Dias Dos Santos	individual	Veterano M45	50:33	+21:33	05:03
531	853	João Manuel Lopes Sequeira	individual	Veterano M45	50:33	+21:33	05:03
532	560	Gustavo Rodrigues de Almeida Simões	individual	Senior Masculino	50:34	+21:34	05:03
533	108	Hilário Ramos	braga a correr	Veterano M45	50:37	+21:37	05:04
534	415	Pedro Fernando	gr	Veterano M50	50:38	+21:38	05:04
535	109	José Sousa	braga a correr	Veterano M45	50:38	+21:38	05:04
536	15	PEDRO NATARIO	100 gás trail team	Veterano M40	50:39	+21:39	05:04
537	11	Luis Mendes	100 gás trail team	Senior Masculino	50:39	+21:39	05:04
538	371	José Ladeiro	fitmov	Senior Masculino	50:41	+21:41	05:04
539	903	Francisco Viegas	individual	Veterano M50	50:42	+21:42	05:04
540	437	Vitor Sergio de Oliveira Parola	impact factor	Senior Masculino	50:45	+21:45	05:05
541	436	Hugo Leiria Neves	impact factor	Senior Masculino	50:45	+21:45	05:05
542	819	Samuel Ferraz Costa	individual	Veterano M40	50:47	+21:47	05:05
543	902	Francisco Pereira	individual	Veterano M50	50:48	+21:48	05:05
544	568	João Carlos Bento	individual	Senior Masculino	50:50	+21:50	05:05
545	1082	Francisco Santos	olimpíadas da economia	Senior Masculino	50:50	+21:50	05:05
546	1189	Daniela silva	sicó trilhos	Senior Feminino	50:52	+21:52	05:05
547	299	Manuela Mendes	dci/trilhos luso bussaco	Veterana F50	50:53	+21:53	05:05
548	321	Cheila Dias	escola de atletismo de coimbra/jpaiva	Senior Feminino	50:56	+21:56	05:06
549	210	Nelson Mendes	cmc	Veterano M40	50:56	+21:56	05:06
550	590	José Pedro Laranjeira	individual	Senior Masculino	50:56	+21:56	05:06
551	209	José Miguel Batista Mendes	cmc	Veterano M40	50:56	+21:56	05:06
552	55	Hugo Daniel H. S. Dâmaso da Silva	arcd venda da luisa	Veterano M40	50:57	+21:57	05:06
553	475	Helena Santana	individual	Senior Feminino	50:59	+21:59	05:06
554	370	Danilo Dias	esgalhada trail team	Senior Masculino	51:01	+22:01	05:06
555	645	Rodrigo Nunes	individual	Senior Masculino	51:02	+22:02	05:06
556	1137	Miguel Fonseca	portuguese united training association	Veterano M40	51:02	+22:02	05:06
557	1268	Francisca Correia	viriathvs runners viseu	Junior Feminino	51:02	+22:02	05:06
558	154	Carlos Viegas	chamagás	Veterano M40	51:03	+22:03	05:06
559	155	Alfredo Ferreira	chamagás	Veterano M45	51:04	+22:04	05:06
560	1154	Jose Luis Cruz	rg levanta poeira	Veterano M60	51:04	+22:04	05:06
561	1220	João Miguel Santos Faria	team noesis	Senior Masculino	51:04	+22:04	05:06
562	324	Rita Carvalho	escola de atletismo de coimbra/jpaiva	Senior Feminino	51:05	+22:05	05:07
563	748	António Alberto Direita Quinteiro	individual	Veterano M40	51:05	+22:05	05:07
564	432	Carlos Humberto Madeira Coelho	hospital da luz coimbra	Veterano M45	51:07	+22:07	05:07
565	1077	Jorge Cruz	niwa	Senior Masculino	51:07	+22:08	05:07
566	810	Pedro Trindade	individual	Veterano M40	51:09	+22:09	05:07

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
567	624	Paulo pired	individual	Senior Masculino	51:10	+22:10	05:07
568	234	Álvaro Filipe Tomé Pinheiro	coimbra trail running	Senior Masculino	51:12	+22:12	05:07
569	827	Alberto Olivença Mendes	individual	Veterano M45	51:13	+22:13	05:07
570	798	Nuno Rineiro	individual	Veterano M40	51:16	+22:16	05:08
571	601	Marcos Neves	individual	Senior Masculino	51:19	+22:19	05:08
572	423	Daniel Alves	hospital da luz coimbra	Senior Masculino	51:23	+22:23	05:08
573	399	Marta Laranjeiro Pinto	gang da portela	Senior Feminino	51:27	+22:27	05:09
574	868	Manuel António Marques da Silva	individual	Veterano M45	51:28	+22:28	05:09
575	298	Patricia Santos	dci/trilhos luso bussaco	Veterana F40	51:31	+22:31	05:09
576	464	Cristiana de Almeida Rosa	individual	Senior Feminino	51:32	+22:33	05:09
577	897	Carlos Manuel Gonçalves Carreira	individual	Veterano M50	51:33	+22:33	05:09
578	582	João Silva	individual	Senior Masculino	51:35	+22:35	05:10
579	680	ANDREIA RAQUEL DOS SANTOS COSTA	individual	Veterana F40	51:39	+22:39	05:10
580	957	Armando da Costa França	individual	Veterano M60	51:42	+22:42	05:10
581	829	António Manuel Lourenço Guedes	individual	Veterano M45	51:42	+22:42	05:10
582	787	Luís Pedro Reis	individual	Veterano M40	51:43	+22:43	05:10
583	1227	Silvina Maria do Nascimento Baptista	timim	Veterana F40	51:43	+22:44	05:10
584	1228	Fernando José Marques Gomes Ribeiro	timim	Veterano M40	51:43	+22:44	05:10
585	736	Isabel Maria Moniz Vieira	individual	Veterana F50	51:44	+22:45	05:10
586	219	Paulo Marcos Palrilha	cmc	Veterano M45	51:49	+22:49	05:11
587	1100	João Pedro São Miguel dos Santos	opraticante.pt	Senior Masculino	51:52	+22:52	05:11
588	258	Pedro Aleixo	cpt coimbra	Veterano M40	51:52	+22:52	05:11
589	518	André Silva	individual	Senior Masculino	51:55	+22:55	05:12
590	196	Cristina Isabel Silva Melo	cmc	Veterana F40	51:58	+22:58	05:12
591	850	João Carloto	individual	Veterano M45	51:59	+22:59	05:12
592	1216	João Correia Campos	team noesis	Senior Masculino	51:59	+23:00	05:12
593	585	jorge villarroel	individual	Senior Masculino	52:01	+23:01	05:12
594	1239	Ana Rufino	tribo nr	Veterana F40	52:01	+23:02	05:12
595	1300	Alexandre Gouveia e Melo	individual	Veterano M50	52:03	+23:03	05:12
596	376	Margarida Victor Vieira	fitness hut coimbra	Veterana F40	52:03	+23:03	05:12
597	571	João Filipe Roque Gomes	individual	Senior Masculino	52:06	+23:06	05:13
598	707	Maria João Benquerença	individual	Veterana F40	52:07	+23:07	05:13
599	1299	Daniela Saraiva Amaro	individual	Senior Feminino	52:07	+23:07	05:13
600	889	Simão Paredes	individual	Veterano M45	52:08	+23:08	05:13
601	161	Telmo Martins	cluve	Senior Masculino	52:12	+23:12	05:13
602	801	NUNO SIMOES	individual	Veterano M40	52:23	+23:23	05:14
603	420	Maria Isabel Jesus	hospital da luz coimbra	Senior Feminino	52:26	+23:26	05:15
604	261	Fernando Machado	cpt coimbra	Veterano M60	52:27	+23:27	05:15
605	630	Pedro Manuel Simões	individual	Senior Masculino	52:27	+23:27	05:15
606	1054	Firmino Mendes	montanha clube trail running/efapel	Veterano M55	52:30	+23:30	05:15
607	665	Tiago Oliveira	individual	Senior Masculino	52:30	+23:30	05:15

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
608	1289	Nuno Costa	run & burn	Senior Masculino	52:33	+23:33	05:15
609	1151	Acácio José Fidalgo de Albuqerque	quasequeacabamos	Veterano M50	52:35	+23:36	05:16
610	1152	Carlos Reste Martiins	quasequeacabamos	Veterano M50	52:36	+23:36	05:16
611	433	Marco Machado	hospital da luz coimbra	Veterano M45	52:38	+23:38	05:16
612	723	Sónia de Jesus	individual	Veterana F40	52:38	+23:38	05:16
613	400	Sabina Brásio	gang da portela	Senior Feminino	52:40	+23:40	05:16
614	942	João Rodrigues	individual	Veterano M55	52:42	+23:42	05:16
615	66	luis costa	arsm - associação recreativa de s. miguel	Veterano M55	52:47	+23:47	05:17
616	563	Hugo Peneda	individual	Senior Masculino	52:50	+23:50	05:17
617	783	José Nunes	individual	Veterano M40	52:52	+23:52	05:17
618	1147	Tiago Manuel Costa Simões	quasequeacabamos	Senior Masculino	52:52	+23:52	05:17
619	1196	Maria Ferreira	solum runners	Senior Feminino	52:54	+23:54	05:17
620	670	Vítor Gomes	individual	Senior Masculino	52:54	+23:54	05:17
621	570	João Fernandes	individual	Senior Masculino	52:55	+23:55	05:18
622	865	Luís Manuel Santos Antunes Alves	individual	Veterano M45	52:55	+23:55	05:18
623	484	Liliana Marlene Pereira Simões	individual	Senior Feminino	52:57	+23:58	05:18
624	986	Carlos João Bento da Costa Madeira Lopes	ipnrunners	Senior Masculino	52:58	+23:58	05:18
625	753	Bruno Ferreira	individual	Veterano M40	52:58	+23:58	05:18
626	765	Fernando Jorge	individual	Veterano M40	52:59	+23:59	05:18
627	131	Marisa Amaral de Almeida	casa do benfica de condeixa	Senior Feminino	52:59	+23:59	05:18
628	1272	Rosa Correia	viriathvs runners viseu	Veterana F40	52:59	+23:59	05:18
629	1273	Isabel Figueiredo	viriathvs runners viseu	Veterana F50	53:00	+24:00	05:18
630	506	Vera Constancio	individual	Senior Feminino	53:01	+24:01	05:18
631	478	Joana da Silva	individual	Senior Feminino	53:02	+24:02	05:18
632	1238	Ana Paula Matias	tribo nr	Veterana F40	53:02	+24:03	05:18
633	162	Luisa Aveiro	cluve	Veterana F40	53:04	+24:04	05:18
634	313	Teresa Carvalho Tavares	devagar se vai ao longe	Veterana F40	53:06	+24:06	05:19
635	883	RUI ANTÓNIO DOS SANTOS COSTA	individual	Veterano M45	53:08	+24:08	05:19
636	747	André Luz Silva	individual	Veterano M40	53:08	+24:08	05:19
637	474	Hannah Gevartosky	individual	Senior Feminino	53:09	+24:09	05:19
638	512	André Brinca	individual	Senior Masculino	53:09	+24:10	05:19
639	780	José Jorge dos Santos Costa Rodrigues	individual	Veterano M40	53:09	+24:10	05:19
640	607	Miguel Jesus	individual	Senior Masculino	53:10	+24:10	05:19
641	517	André Sério	individual	Senior Masculino	53:10	+24:11	05:19
642	1029	Luciano Pereira	mestres do passevite	Senior Masculino	53:11	+24:11	05:19
643	1030	Marta Marques	mestres do passevite	Veterana F40	53:12	+24:12	05:19
644	1028	João Veiga	mestres do passevite	Senior Masculino	53:12	+24:13	05:19
645	493	Mónica Pereira Dias	individual	Senior Feminino	53:13	+24:13	05:19
646	516	André Neves	individual	Senior Masculino	53:14	+24:14	05:19
647	1061	João Simões	nest collective	Senior Masculino	53:17	+24:17	05:20
648	1223	Mauro Ferreira Pinheiro	team noesis	Senior Masculino	53:18	+24:18	05:20
649	536	Daniel Espinhal	individual	Senior Masculino	53:18	+24:18	05:20

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
650	87	Rui Nora	bagateam	Senior Masculino	53:19	+24:19	05:20
651	411	Brigitte Geria	gear up	Veterana F40	53:19	+24:19	05:20
652	344	Joana Silva	escola de atletismo de coimbra/jpaiva	Veterana F40	53:20	+24:20	05:20
653	366	Jorge Alves	escola de atletismo de coimbra/jpaiva	Veterano M50	53:20	+24:20	05:20
654	993	Diogo Miguel Cortesão Cardoso	jm.pulaqui	Junior Masculino	53:23	+24:23	05:20
655	173	Afonso Macedo	cluve	Veterano M60	53:24	+24:25	05:20
656	126	Gonçalo Azevedo Mendes	capsas	Veterano M45	53:28	+24:29	05:21
657	427	Bruno Pita	hospital da luz coimbra	Veterano M40	53:31	+24:31	05:21
658	428	João Coutinho	hospital da luz coimbra	Veterano M40	53:31	+24:31	05:21
659	612	Nuno Fernandes	individual	Senior Masculino	53:33	+24:33	05:21
660	1146	Pedro Miguel Dos Santos Gonçalves	quasequeacabamos	Senior Masculino	53:34	+24:34	05:21
661	1149	Sérgio Faustino	quasequeacabamos	Veterano M40	53:35	+24:35	05:22
662	1098	Adriano Pião	olympic silvas	Veterano M50	53:38	+24:38	05:22
663	932	Américo Pessoa	individual	Veterano M55	53:42	+24:42	05:22
664	676	Ana Margarida Gavião Morais	individual	Veterana F40	53:43	+24:43	05:22
665	458	Catarina Filipe	individual	Senior Feminino	53:43	+24:43	05:22
666	892	Antonio Jorge Ferreira	individual	Veterano M50	53:44	+24:44	05:22
667	101	Mónica Martins	bombeiros de brasfemes trail e btt	Veterana F40	53:46	+24:46	05:23
668	789	Luís Valente	individual	Veterano M40	53:46	+24:47	05:23
669	59	Paulo Alexandre Lopes Curado	arcd venda da luisa	Veterano M45	53:46	+24:47	05:23
670	255	Fátima Machado	cpt coimbra	Veterana F50	53:48	+24:48	05:23
671	170	Carlos Ferraro	cluve	Veterano M50	53:50	+24:50	05:23
672	877	Paulo Pinto	individual	Veterano M45	53:52	+24:52	05:23
673	672	ZÉ MIGUEL	individual	Senior Masculino	53:57	+24:58	05:24
674	1002	Patrícia da Graça Gonçalves Cordinhã	jm.pulaqui	Senior Feminino	53:59	+24:59	05:24
675	40	José Guilherme Campos Fernandes	arcd venda da luisa	Junior Masculino	54:00	+25:00	05:24
676	165	antonia abrantes	cluve	Veterana F50	54:02	+25:02	05:24
677	990	Alberto Valejo	ipnrunners	Veterano M45	54:03	+25:03	05:24
678	1108	Sandra Leite	os papa milhas	Veterana F40	54:06	+25:06	05:25
679	1247	Nuno Santos	tribo nr	Veterano M40	54:11	+25:11	05:25
680	259	Pedro Coutinho	cpt coimbra	Veterano M55	54:11	+25:11	05:25
681	1045	Rui Manuel de Melo Lopes	miro trail	Veterano M55	54:11	+25:12	05:25
682	960	Carlos Manuel Alexandre Ferreira	individual	Veterano M60	54:12	+25:12	05:25
683	499	Raquel Vítor	individual	Senior Feminino	54:19	+25:19	05:26
684	1117	Celso Ferreira	out2run	Veterano M50	54:20	+25:20	05:26
685	218	Paulo Bernardo	cmc	Veterano M45	54:20	+25:20	05:26
686	746	Rosário Ramos	individual	Veterana F50	54:21	+25:21	05:26
687	730	Ângela Teresa Simões Silva Campos	individual	Veterana F50	54:22	+25:22	05:26
688	666	Tomás Ramos	individual	Senior Masculino	54:22	+25:22	05:26
689	278	Laurinda Pereira	cskd condeixa shukokai karate-do	Veterana F40	54:25	+25:25	05:27
690	978	Bruno Marques	inline engenharia	Senior Masculino	54:28	+25:28	05:27
691	722	Silvia ferreira	individual	Veterana F40	54:30	+25:30	05:27

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
692	836	Carlos Jesus	individual	Veterano M45	54:31	+25:31	05:27
693	119	José Pedro Saraiva	bubateam 2019	Veterano M40	54:37	+25:37	05:28
694	983	Bruno Vicente	inter de limão	Senior Masculino	54:38	+25:38	05:28
695	984	João Rainho	inter de limão	Senior Masculino	54:38	+25:39	05:28
696	965	João Silva	individual	Veterano M60	54:39	+25:39	05:28
697	738	Margarida Carvalho	individual	Veterana F50	54:39	+25:40	05:28
698	740	Maria da Glória Lopes Leite Relvas Soares	individual	Veterana F50	54:40	+25:41	05:28
699	530	Bruno Sampaio	individual	Senior Masculino	54:41	+25:41	05:28
700	1059	João Pedro Monteiro Gonçalves	nest collective	Senior Masculino	54:43	+25:43	05:28
701	1084	Francisco Rosendo	olympic silvas	Junior Masculino	54:46	+25:46	05:29
702	1083	Mafalda Tavares	olympic silvas	Junior Feminino	54:46	+25:47	05:29
703	880	Pedro Silva	individual	Veterano M45	54:47	+25:47	05:29
704	1276	JOSE FARO	viseu 360	Veterano M45	54:50	+25:50	05:29
705	1271	Estrela Faro	viriathvs runners viseu	Veterana F40	54:50	+25:50	05:29
706	981	Pedro Bento	inline engenharia	Senior Masculino	54:52	+25:52	05:29
707	201	Liliana Sofia Antunes Cortesão Pimenta	cmc	Veterana F40	54:53	+25:53	05:29
708	183	Perla Estefania Domanchuk	cmc	Senior Feminino	54:53	+25:53	05:29
709	284	Marco André	dci/trilhos luso bussaco	Junior Masculino	54:53	+25:53	05:29
710	294	Catarina Batista	dci/trilhos luso bussaco	Veterana F40	54:53	+25:53	05:29
711	301	Marco P. Almeida	dci/trilhos luso bussaco	Veterano M40	54:53	+25:53	05:29
712	796	Nuno Filipe	individual	Veterano M40	54:54	+25:54	05:29
713	1001	Olga Cristina de Matos Vagueiro	jm.pulaqui	Senior Feminino	54:55	+25:55	05:30
714	896	CARLOS GASPAR	individual	Veterano M50	54:55	+25:55	05:30
715	593	Luís Fernandes	individual	Senior Masculino	54:55	+25:55	05:30
716	538	Daniel Reis	individual	Senior Masculino	54:56	+25:56	05:30
717	319	João Filipe Duarte	duarte e companhia	Senior Masculino	54:57	+25:57	05:30
718	1101	Nuno Fernandes	opraticante.pt	Senior Masculino	54:57	+25:57	05:30
719	318	João Duarte	duarte e companhia	Senior Masculino	54:57	+25:57	05:30
720	1034	Fábio Pita	miro trail	Senior Masculino	54:58	+25:59	05:30
721	181	Valdemar Ferraz	cluve	Veterano M60	54:59	+25:59	05:30
722	542	Diogo Rodrigues	individual	Senior Masculino	54:59	+25:59	05:30
723	1025	Manuel Montezuma Fonseca	manos fonseca	Senior Masculino	55:00	+26:00	05:30
724	1027	Manuel José Fonseca	manos fonseca	Veterano M55	55:00	+26:00	05:30
725	934	Carlos	individual	Veterano M55	55:08	+26:08	05:31
726	937	ILDO FUCS	individual	Veterano M55	55:10	+26:10	05:31
727	378	Rui Manuel Marques Pires	fitness hut coimbra	Veterano M45	55:10	+26:10	05:31
728	408	Rui Pedro Ferreira	gang da portela	Veterano M40	55:10	+26:10	05:31
729	849	JKF70	individual	Veterano M45	55:10	+26:10	05:31
730	888	Sérgio Almeida	individual	Veterano M45	55:10	+26:10	05:31
731	565	Ivo Alexandre Carvalho dos Reis	individual	Senior Masculino	55:13	+26:13	05:31
732	768	Gonçalo Martins	individual	Veterano M40	55:15	+26:15	05:32
733	195	Cláudia Cristina Simões Cravo	cmc	Veterana F40	55:16	+26:16	05:32

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
734	60	José Carlos Rodrigues Fernandes	arcd venda da luisa	Veterano M55	55:17	+26:17	05:32
735	1132	Carlos Tadeu Paula	polyrunners	Senior Masculino	55:17	+26:18	05:32
736	1129	Caroline Reimann	polyrunners	Senior Feminino	55:19	+26:19	05:32
737	501	Sandra Ribeiro	individual	Senior Feminino	55:22	+26:23	05:32
738	804	Pedro Brás	individual	Veterano M40	55:23	+26:23	05:32
739	749	ANTONIO DIAS	individual	Veterano M40	55:24	+26:24	05:32
740	63	Sandra Borges	arsm - associação recreativa de s. miguel	Senior Feminino	55:26	+26:26	05:33
741	731	Antonieta Alexandra Bauleth Marques Ramos Abegoaria	individual	Veterana F50	55:28	+26:28	05:33
742	95	Claudia Silva	bluepharma group	Veterana F40	55:28	+26:28	05:33
743	353	Filipe Martins	escola de atletismo de coimbra/jpaiva	Veterano M45	55:29	+26:29	05:33
744	245	Renato Ramos	coimbra trail running	Veterano M55	55:34	+26:34	05:33
745	1250	Luís Nunes	tribo nr	Veterano M45	55:35	+26:35	05:34
746	1252	Armando Rodrigues	tribo nr	Veterano M50	55:37	+26:37	05:34
747	1201	Filipa Sousa	solum runners	Veterana F40	55:37	+26:37	05:34
748	1204	Jorge Mendes	solum runners	Veterano M40	55:38	+26:38	05:34
749	1078	Miguel Francisco Branco Garcia	niwa	Senior Masculino	55:39	+26:39	05:34
750	62	José Almeida Correia	arcd venda da luisa	Veterano M60	55:39	+26:39	05:34
751	940	João Manuel Ferreira Correia	individual	Veterano M55	55:40	+26:40	05:34
752	504	Sofia Margarida Garcia Ferreira	individual	Senior Feminino	55:45	+26:45	05:35
753	1180	Maria Carvalho	saca trilhos anadia	Senior Feminino	55:45	+26:45	05:35
754	174	Agostinho Moreira	cluve	Veterano M60	55:46	+26:46	05:35
755	618	Paulo	individual	Senior Masculino	55:49	+26:50	05:35
756	197	Dina Barroca	cmc	Veterana F40	55:52	+26:53	05:35
757	470	Diana Videira	individual	Senior Feminino	55:55	+26:56	05:36
758	502	Sandra Videira	individual	Senior Feminino	55:56	+26:56	05:36
759	156	Carlos Sousa	chamagás	Veterano M45	55:57	+26:58	05:36
760	468	Denny Rodrigues	individual	Senior Feminino	56:03	+27:03	05:36
761	687	Cláudia Oliveira	individual	Veterana F40	56:08	+27:08	05:37
762	300	Homero Gomes	dci/trilhos luso bussaco	Veterano M40	56:10	+27:10	05:37
763	1233	Humberto Alves	tribo nr	Senior Masculino	56:16	+27:16	05:38
764	669	Victor Maciel	individual	Senior Masculino	56:18	+27:18	05:38
765	1026	Tomás Montezuma FOnseca	manos fonseca	Senior Masculino	56:21	+27:22	05:38
766	526	Bernardo Vicente	individual	Senior Masculino	56:23	+27:23	05:38
767	964	João Carlos Gaspar Simões	individual	Veterano M60	56:23	+27:23	05:38
768	920	Paulo Barreirinhas	individual	Veterano M50	56:27	+27:27	05:39
769	683	Catarina Martins	individual	Veterana F40	56:28	+27:28	05:39
770	35	Mário Marinho	adcp	Veterano M50	56:29	+27:29	05:39
771	938	Joao Caetano	individual	Veterano M55	56:30	+27:30	05:39
772	546	Eduardo Padovani Galetti	individual	Senior Masculino	56:31	+27:31	05:39
773	1103	Filipa Batista	os batistas	Senior Feminino	56:32	+27:32	05:39
774	1193	ILIDIO CORDEIRO	sicó trilhos	Veterano M55	56:32	+27:32	05:39
775	454	Carla Rodrigues	individual	Senior Feminino	56:34	+27:34	05:39
776	535	Carlos Viegas	individual	Senior Masculino	56:42	+27:42	05:40

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
777	573	Joao MALCATA	individual	Senior Masculino	56:42	+27:43	05:40
778	556	Flávio Miguel Moreira da Silva	individual	Senior Masculino	56:45	+27:45	05:41
779	1143	Sandra Isabel Mendes dos Reis	quasequeacabamos	Senior Feminino	56:45	+27:45	05:41
780	997	Cátia Sofia Rodrigues Leitão	jm.pulaqui	Senior Feminino	56:49	+27:50	05:41
781	425	Pedro Beja Afonso	hospital da luz coimbra	Senior Masculino	56:56	+27:56	05:42
782	480	Joana Machado	individual	Senior Feminino	56:57	+27:57	05:42
783	1277	Mara Janeiro	hospital da luz coimbra	Senior Feminino	56:57	+27:57	05:42
784	532	Carlos Henrique Nascimento	individual	Senior Masculino	57:04	+28:04	05:42
785	913	Leonildo Manuel Jacob dos Reis	individual	Veterano M50	57:07	+28:07	05:43
786	483	Liliana Margarida Casaleiro Estrela	individual	Senior Feminino	57:09	+28:09	05:43
787	1037	Tiago Marques	miro trail	Senior Masculino	57:13	+28:13	05:43
788	967	José Luís Duque	individual	Veterano M60	57:14	+28:14	05:43
789	492	Marta Varandas	individual	Senior Feminino	57:14	+28:15	05:43
790	422	Teresa Mesquita	hospital da luz coimbra	Senior Feminino	57:15	+28:15	05:44
791	1072	Renata Filipa Figueira Patrâo	niwa	Senior Feminino	57:17	+28:17	05:44
792	246	José Pedro Oliveira	con_dores choupal coimbra	Veterano M50	57:18	+28:18	05:44
793	758	Carlos Teixeira	individual	Veterano M40	57:18	+28:18	05:44
794	1093	Rui Brandão	olympic silvas	Senior Masculino	57:19	+28:19	05:44
795	557	Francisco José Carvalho Pires	individual	Senior Masculino	57:19	+28:19	05:44
796	206	Filomena Dias	cmc	Veterana F50	57:20	+28:20	05:44
797	465	Cristiana Filipa Rodrigues Pereira	individual	Senior Feminino	57:22	+28:22	05:44
798	793	Miguel Serra	individual	Veterano M40	57:25	+28:25	05:45
799	410	Anaísa Ferreira	gear up	Veterana F40	57:26	+28:26	05:45
800	1062	José Pedro Soares Castanheira	nest collective	Senior Masculino	57:27	+28:27	05:45
801	980	Nuno Gomes	inline engenharia	Senior Masculino	57:30	+28:30	05:45
802	41	Fátima do Céu Gramaxo Lopes da Silva	arcd venda da luisa	Senior Feminino	57:30	+28:30	05:45
803	976	Joana Marreco	inline engenharia	Senior Feminino	57:30	+28:30	05:45
804	979	Miguel Dias	inline engenharia	Senior Masculino	57:30	+28:31	05:45
805	653	Rui Vasco Vicente Raposo	individual	Senior Masculino	57:33	+28:33	05:45
806	220	Ricardo Pinho	cmc	Veterano M45	57:33	+28:33	05:45
807	222	Carlos Barroso	cmc	Veterano M50	57:34	+28:34	05:45
808	1280	Paulo Coutinho	individual	Senior Masculino	57:37	+28:37	05:46
809	116	Vasco Alexandre Borges	bttrain - clube ferroviário de coimbra	Veterano M50	57:37	+28:37	05:46
810	1290	Carolina Borges	bttrain - clube ferroviário de coimbra	Senior Feminino	57:37	+28:37	05:46
811	455	Carla Simões	individual	Senior Feminino	57:38	+28:38	05:46
812	417	Dora Dourado	grupo desportivo ferreirense	Veterana F40	57:40	+28:40	05:46
813	83	Hugo Santos	badalhoca running team	Senior Masculino	57:41	+28:41	05:46
814	84	Cristina Paredes	badalhoca running team	Veterana F40	57:41	+28:41	05:46
815	1067	Ana Rita Duarte Gomes	niwa	Senior Feminino	57:41	+28:42	05:46
816	994	Ana Cristina Eufrásio Poeta	jm.pulaqui	Senior Feminino	57:44	+28:44	05:46
817	879	Pedro Ramos	individual	Veterano M45	57:44	+28:44	05:46
818	86	João Ribeiro	bagateam	Senior Masculino	57:45	+28:46	05:47

CORRIDA - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
819	85	Marta Almeida	bagateam	Senior Feminino	57:46	+28:46	05:47
820	1178	Jorge Pessoa	runners & friends	Veterano M60	57:47	+28:47	05:47
821	1244	Anabela Amaral	tribo nr	Veterana F50	57:48	+28:48	05:47
822	706	Maria Franca	individual	Veterana F40	57:49	+28:49	05:47
823	720	Sara Almeida	individual	Veterana F40	57:51	+28:51	05:47
824	1278	Pedro Saraiva	individual	Veterano M45	57:54	+28:54	05:47
825	839	Dinis António Fonseca Martins	individual	Veterano M45	57:55	+28:56	05:48
826	1050	Anita Garcia	montanha clube trail running/efapel	Senior Feminino	57:57	+28:57	05:48
827	42	Fábio Filipe Gonçalves Fernandes	arcd venda da luisa	Senior Masculino	57:59	+28:59	05:48
828	1134	Rafael Alexandre Costa Rebel	polyrunners	Senior Masculino	58:00	+29:00	05:48
829	898	Daniel Jorge Pereira Pinto	individual	Veterano M50	58:02	+29:02	05:48
830	673	Alexandra Lopes	individual	Veterana F40	58:05	+29:05	05:49
831	708	Mariana Perdigão	individual	Veterana F40	58:06	+29:06	05:49
832	1020	João Ricardo Santos	lovetiles	Veterano M45	58:06	+29:06	05:49
833	724	Sonia Vieira	individual	Veterana F40	58:06	+29:06	05:49
834	1019	Carmen Ferreira	lovetiles	Veterana F40	58:07	+29:07	05:49
835	973	Rui Girão	individual	Veterano M60	58:09	+29:09	05:49
836	572	João Girão	individual	Senior Masculino	58:09	+29:09	05:49
837	404	João Afonso	gang da portela	Senior Masculino	58:09	+29:10	05:49
838	760	César Rodrigues	individual	Veterano M40	58:13	+29:14	05:49
839	679	Anabela de Paiva Figueiredo	individual	Veterana F40	58:16	+29:16	05:50
840	800	NUNO SILVA	individual	Veterano M40	58:26	+29:26	05:51
841	1126	Rosa Bispo	pernas inertes	Veterana F50	58:28	+29:28	05:51
842	627	Pedro Hermeiro	individual	Senior Masculino	58:28	+29:28	05:51
843	1124	João Pereira	pereira1b	Senior Masculino	58:33	+29:33	05:51
844	257	Rosa Matos	cpt coimbra	Veterana F50	58:43	+29:43	05:52
845	696	elisabete Pedrosa	individual	Veterana F40	58:43	+29:43	05:52
846	1243	Florbela Fernandes	tribo nr	Veterana F40	58:45	+29:46	05:53
847	635	Rafael Simões	individual	Senior Masculino	58:48	+29:48	05:53
848	592	Luis António	individual	Senior Masculino	58:51	+29:51	05:53
849	744	OlgaCristina Correia Simões	individual	Veterana F50	58:53	+29:53	05:53
850	1261	Micael Fazenda	velozes e furiosos	Junior Masculino	58:53	+29:54	05:53
851	699	Florbela Silva Rouxinol	individual	Veterana F40	58:54	+29:54	05:53
852	213	Acílio Santos Franco Rodrigues Noro	cmc	Veterano M45	58:55	+29:55	05:54
853	188	Alda Cristina Oliveira Santos	cmc	Veterana F40	58:55	+29:55	05:54
854	419	Pedro Correia	happys	Veterano M40	58:58	+29:58	05:54
855	25	Ana Magalhães	aac remo	Veterana F50	59:00	+30:00	05:54
856	598	Luiz Ribeiro	individual	Senior Masculino	59:05	+30:05	05:55
857	505	Tânia Teles	individual	Senior Feminino	59:05	+30:05	05:55
858	580	João Rodrigues	individual	Senior Masculino	59:07	+30:07	05:55
859	1159	André Santos	run & burn	Senior Masculino	59:07	+30:07	05:55
860	1044	José Santos	miro trail	Veterano M50	59:11	+30:11	05:55
861	803	Paulo de Jesus	individual	Veterano M40	59:17	+30:17	05:56
862	446	Alice Maria da Silva Moreira	individual	Senior Feminino	59:17	+30:17	05:56
863	762	David neves	individual	Veterano M40	59:17	+30:18	05:56

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
864	910	Joaquim Gaspar	individual	Veterano M50	59:23	+30:23	05:56
865	742	Milú Gaspar	individual	Veterana F50	59:23	+30:23	05:56
866	1069	Daniela Madama	niwa	Senior Feminino	59:24	+30:24	05:56
867	1075	Bruno João Fragoso Simões	niwa	Senior Masculino	59:24	+30:24	05:56
868	495	Patrícia Nibau	individual	Senior Feminino	59:25	+30:25	05:57
869	463	Cláudia Rodrigues	individual	Senior Feminino	59:28	+30:28	05:57
870	469	Diana	individual	Senior Feminino	59:28	+30:28	05:57
871	199	Isabel Maria Silva Madeira	cmc	Veterana F40	59:43	+30:43	05:58
872	48	Luisa Teresa Monteiro da Costa Miranda	arcd venda da luisa	Veterana F40	59:43	+30:43	05:58
873	584	Jorge	individual	Senior Masculino	59:43	+30:43	05:58
874	49	Sandra Simões	arcd venda da luisa	Veterana F40	59:43	+30:44	05:58
875	1219	João Miguel Patrício Rodrigues	team noesis	Senior Masculino	59:45	+30:45	05:59
876	106	LIliana Cumpana	braga a correr	Veterana F40	59:50	+30:50	05:59
877	105	Aurora Silva	braga a correr	Veterana F40	59:51	+30:51	05:59
878	496	Patrícia Primo	individual	Senior Feminino	59:58	+30:58	06:00
879	685	Cátia Martins	individual	Veterana F40	59:59	+30:59	06:00
880	713	Minita	individual	Veterana F40	01:00:02	+31:02	06:00
881	508	A.Ferreira	individual	Senior Masculino	01:00:02	+31:03	06:00
882	566	J.Oliveira "Pistoleiro"	individual	Senior Masculino	01:00:03	+31:03	06:00
883	968	José Manuel Oliveira Madeira	individual	Veterano M60	01:00:05	+31:05	06:01
884	691	Dídia Ferreira	individual	Veterana F40	01:00:06	+31:06	06:01
885	694	Dora Oliveira	individual	Veterana F40	01:00:06	+31:06	06:01
886	193	Carla Silva	cmc	Veterana F40	01:00:07	+31:07	06:01
887	675	Ana Luísa Pinto da Silva	individual	Veterana F40	01:00:10	+31:10	06:01
888	741	Maria Luísa Belo Pedro Saraiva	individual	Veterana F50	01:00:10	+31:10	06:01
889	1109	Sandra Machado	os papa milhas	Veterana F40	01:00:21	+31:22	06:02
890	1130	Mónica	polyrunners	Senior Feminino	01:00:28	+31:28	06:03
891	1218	João Miguel Coimbra Barros da Silva	team noesis	Senior Masculino	01:00:30	+31:30	06:03
892	662	Tiago José de Oliveira Fernandes	individual	Senior Masculino	01:00:32	+31:32	06:03
893	498	Raquel Estrela	individual	Senior Feminino	01:00:40	+31:40	06:04
894	1070	Rebeca Rodrigues	niwa	Senior Feminino	01:00:46	+31:46	06:05
895	1076	Carlos	niwa	Senior Masculino	01:00:46	+31:46	06:05
896	873	NUNO MARQUES	individual	Veterano M45	01:00:47	+31:47	06:05
897	674	Ana Karine de Albuquerque Alves Brito	individual	Veterana F40	01:00:49	+31:49	06:05
898	118	João Machado	bubateam 2019	Veterano M40	01:00:49	+31:49	06:05
899	89	Joana Sousa	bluepharma group	Senior Feminino	01:00:50	+31:50	06:05
900	373	Cátia Micaela Barros Rebelo	fitness hut coimbra	Senior Feminino	01:00:50	+31:50	06:05
901	164	Sara Martins	cluve	Veterana F40	01:00:51	+31:51	06:05
902	248	Joana Almeida	condores	Senior Feminino	01:00:52	+31:52	06:05
903	1245	Isabel Ventura	tribo nr	Veterana F50	01:00:58	+31:58	06:06
904	473	Filipa Simões Pires	individual	Senior Feminino	01:01:00	+32:00	06:06
905	281	Anabela Monteiro	cumibroa bike`s running team	Veterana F40	01:01:00	+32:01	06:06

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
906	456	Carolina Moitinho Lourenço	individual	Senior Feminino	01:01:01	+32:01	06:06
907	1006	Ana Carla Sequeira Gonçalves Lucas	jm.pulaqui	Veterana F40	01:01:02	+32:02	06:06
908	1170	Carla Esteves	runners & friends	Veterana F40	01:01:04	+32:04	06:06
909	1172	Paulo Torres	runners & friends	Veterano M45	01:01:04	+32:04	06:06
910	717	Sandra Fonseca	individual	Veterana F40	01:01:07	+32:07	06:07
911	1135	Maria Bicas	portuguese united training association	Veterana F40	01:01:09	+32:09	06:07
912	1156	Inês Ferreira	run & burn	Senior Feminino	01:01:12	+32:12	06:07
913	460	Cátia	individual	Senior Feminino	01:01:13	+32:14	06:07
914	19	Pedro Pinto	49	Veterano M45	01:01:15	+32:15	06:08
915	56	Nelson Gonçalves Gomes Gaspar	arcd venda da luisa	Veterano M40	01:01:25	+32:25	06:09
916	732	Clara Machado	individual	Veterana F50	01:01:27	+32:28	06:09
917	18	Gonçalo Nuno Malaguerra Fonseca	49	Veterano M40	01:01:29	+32:29	06:09
918	1080	Isabel Trindade	o mundo da corrida	Veterana F50	01:01:32	+32:32	06:09
919	995	Ana Raquel Póvoa Correia	jm.pulaqui	Senior Feminino	01:01:34	+32:34	06:09
920	500	Rita Rodrigues	individual	Senior Feminino	01:01:40	+32:40	06:10
921	1157	Luísa Alves	run & burn	Senior Feminino	01:01:51	+32:51	06:11
922	1064	Miguel Ângelo Silva Vieira	nest collective	Senior Masculino	01:01:53	+32:53	06:11
923	1056	Ricardo Custódio	nadiana	Veterano M45	01:01:55	+32:55	06:12
924	1055	Nádia Custódio	nadiana	Junior Feminino	01:01:55	+32:55	06:12
925	192	Ana Paula Borges de Carvalho Pio	cmc	Veterana F40	01:01:56	+32:56	06:12
926	756	Carlos Nascimento	individual	Veterano M40	01:02:04	+33:05	06:12
927	279	Nélia Matos	cskd condeixa shukokai karate-do	Veterana F40	01:02:08	+33:09	06:13
928	202	Maria João da Silva Martins	cmc	Veterana F40	01:02:18	+33:18	06:14
929	14	HELDER CARRASQUEIRA	100 gás trail team	Veterano M40	01:02:31	+33:31	06:15
930	1008	José Pedro de Almeida Pinto Cortesão Gonçalves	jm.pulaqui	Veterano M40	01:02:34	+33:35	06:15
931	1140	Pedro Nascimento	portuguese united training association	Veterano M45	01:02:40	+33:40	06:16
932	1127	José Pires Lima	pernas inertes	Veterano M60	01:02:46	+33:46	06:17
933	688	Cláudia Simões	individual	Veterana F40	01:02:47	+33:48	06:17
934	12	Nelson Cordeiro	100 gás trail team	Senior Masculino	01:02:53	+33:53	06:17
935	1120	Licinio Silva	parrampas	Veterano M55	01:03:01	+34:01	06:18
936	996	Ana Sofia da Silva Pimentel	jm.pulaqui	Senior Feminino	01:03:01	+34:01	06:18
937	1007	Joana Alexandre Mendes Sequeira Fernandes Neto	jm.pulaqui	Veterana F40	01:03:01	+34:02	06:18
938	703	Isabel Pedrosa	individual	Veterana F40	01:03:05	+34:05	06:19
939	1262	Catarina Marques	velozes e furiosos	Senior Feminino	01:03:07	+34:07	06:19
940	110	Ana Braga cruz	braga cruz	Veterana F40	01:03:11	+34:11	06:19
941	111	João Braga Cruz	braga cruz	Veterano M45	01:03:12	+34:12	06:19
942	47	Guida Mendes da Silva	arcd venda da luisa	Veterana F40	01:03:23	+34:23	06:20
943	1058	Bernardo Nunes Figueiredo Patrão	nest collective	Senior Masculino	01:03:25	+34:25	06:21
944	604	Mauro Cardoso	individual	Senior Masculino	01:03:34	+34:34	06:21
945	728	Alexandra André	individual	Veterana F50	01:03:37	+34:37	06:22
946	100	João Veloso	bluepharma group	Veterano M50	01:03:37	+34:38	06:22

CORRIDA - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
947	737	Ivone Dilella	individual	Veterana F50	01:03:53	+34:54	06:23
948	971	Manuel Pereira	individual	Veterano M60	01:04:02	+35:02	06:24
949	277	Ana Vieira	cskd condeixa shukokai karate-do	Veterana F40	01:04:17	+35:17	06:26
950	247	Marta Costa	condores	Junior Feminino	01:04:22	+35:23	06:26
951	249	Telma Costa	condores	Veterana F40	01:04:22	+35:23	06:26
952	503	Sara Oliveira	individual	Senior Feminino	01:04:33	+35:34	06:27
953	452	Carla Cortês	individual	Senior Feminino	01:04:36	+35:37	06:28
954	1106	Joao Sousa	os mimosos	Senior Masculino	01:04:37	+35:37	06:28
955	774	João Luis Almeida Cunha Rodrigues	individual	Veterano M40	01:04:37	+35:37	06:28
956	1105	Maria Beirão	os mimosos	Senior Feminino	01:04:37	+35:37	06:28
957	755	Carlos Manuel Almeida Cunha Rodrigues	individual	Veterano M40	01:04:37	+35:37	06:28
958	991	António Damasceno	ipnrunners	Veterano M50	01:04:49	+35:49	06:29
959	418	Andreia Oliveira	happys	Senior Feminino	01:04:50	+35:50	06:29
960	1009	Miguel Tiago Arriaga Cortesão	jm.pulaqui	Veterano M40	01:04:54	+35:54	06:29
961	725	Susan Rowling	individual	Veterana F40	01:04:55	+35:55	06:30
962	490	Marta Álvarez García	individual	Senior Feminino	01:05:01	+36:01	06:30
963	1128	Camila Dariva	polyrunners	Senior Feminino	01:05:02	+36:02	06:30
964	479	Joana Isabel do Vale Lourenço	individual	Senior Feminino	01:05:15	+36:15	06:32
965	1184	Andre Ventura	saldo válido team	Senior Masculino	01:05:16	+36:16	06:32
966	1185	Fernanda Diogo	saldo válido team	Veterana F50	01:05:16	+36:16	06:32
967	682	Catarina Henriques	individual	Veterana F40	01:05:17	+36:18	06:32
968	817	Rui Lopes	individual	Veterano M40	01:05:20	+36:20	06:32
969	1096	Catarina Matias	olympic silvas	Veterana F50	01:05:25	+36:25	06:33
970	374	Daniela Sofia Carvalho Fernandes	fitness hut coimbra	Senior Feminino	01:05:27	+36:27	06:33
971	466	Daniela Geitoeira	individual	Senior Feminino	01:05:38	+36:38	06:34
972	102	Hugo Silva	bombeiros de brasfemes trail e btt	Veterano M40	01:05:38	+36:38	06:34
973	312	David Deveza	deixa passar	Senior Masculino	01:05:46	+36:46	06:35
974	785	Luís Miguel Laranjeira 11156684	individual	Veterano M40	01:05:48	+36:48	06:35
975	795	Nuno Cruz	individual	Veterano M40	01:05:49	+36:49	06:35
976	739	Maria Cidália Jesus Freire	individual	Veterana F50	01:05:59	+36:59	06:36
977	745	Paula Martins	individual	Veterana F50	01:06:08	+37:08	06:37
978	453	Carla Costa	individual	Senior Feminino	01:06:15	+37:15	06:38
979	851	João Cruz	individual	Veterano M45	01:06:15	+37:15	06:38
980	67	Dora Borge	as companheiras do trilho	Senior Feminino	01:06:16	+37:16	06:38
981	719	SANDRA PONTE	individual	Veterana F40	01:06:17	+37:17	06:38
982	471	Fernanda Dias Pereira Gonçalves da Silva	individual	Senior Feminino	01:06:22	+37:22	06:38
983	711	marlene oliveira	individual	Veterana F40	01:06:23	+37:24	06:38
984	1111	António Sousa	os papa milhas	Veterano M45	01:06:24	+37:24	06:38
985	1107	Paula Tavares	os papa milhas	Veterana F40	01:06:24	+37:24	06:38
986	743	Monica Cunha	individual	Veterana F50	01:06:31	+37:32	06:39
987	766	Filipe Afonso	individual	Veterano M40	01:06:38	+37:38	06:40
988	721	Sara Pereira	individual	Veterana F40	01:06:38	+37:39	06:40

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
989	948	Miguel Cunha	individual	Veterano M55	01:06:54	+37:54	06:41
990	10	Sofia Coelho	100 gás trail team	Senior Feminino	01:07:07	+38:07	06:43
991	977	Nélia Carreira	inline engenharia	Senior Feminino	01:07:07	+38:07	06:43
992	621	Paulo Mendes	individual	Senior Masculino	01:07:08	+38:08	06:43
993	1092	Miguel Rosendo	olympic silvas	Senior Masculino	01:07:08	+38:08	06:43
994	1086	Beatriz Silva	olympic silvas	Senior Feminino	01:07:09	+38:09	06:43
995	1087	Gabriela Silva	olympic silvas	Senior Feminino	01:07:09	+38:09	06:43
996	26	Isabel Esteves	aac remo	Veterana F50	01:07:12	+38:12	06:43
997	488	Marilia Cintra	individual	Senior Feminino	01:07:15	+38:15	06:44
998	256	Graça Castanheira	cpt coimbra	Veterana F50	01:07:36	+38:36	06:46
999	1241	Anabela Jordão	tribo nr	Veterana F40	01:07:43	+38:43	06:46
1000	718	Sandra Marques	individual	Veterana F40	01:07:51	+38:51	06:47
1001	678	Ana Neves	individual	Veterana F40	01:07:51	+38:51	06:47
1002	735	Iracema Ferreira	individual	Veterana F50	01:07:55	+38:55	06:48
1003	1214	Bruno Miguel Braz Simoes	team noesis	Senior Masculino	01:07:57	+38:57	06:48
1004	1217	João Miguel Batista Branco	team noesis	Senior Masculino	01:07:58	+38:58	06:48
1005	445	Alexandra Daniela Mota Esteves	individual	Senior Feminino	01:08:00	+39:00	06:48
1006	121	Paulo Tomás	bubateam 2019	Veterano M40	01:08:15	+39:15	06:50
1007	1206	Joana Carolina Ramos Gante	soure mov	Senior Feminino	01:08:27	+39:27	06:51
1008	1242	Cristina Daniel	tribo nr	Veterana F40	01:09:17	+40:17	06:56
1009	970	Manuel de Freitas Balhau Jorge	individual	Veterano M60	01:09:17	+40:17	06:56
1010	1035	José Matos	miro trail	Senior Masculino	01:09:36	+40:36	06:58
1011	701	Hanna Kurinna	individual	Veterana F40	01:09:46	+40:46	06:59
1012	919	Nuno Alves	individual	Veterano M50	01:09:46	+40:46	06:59
1013	203	Maryline Ducret Pereira	cmc	Veterana F40	01:10:22	+41:22	07:02
1014	198	Flávia Margarida Marques Lopes	cmc	Veterana F40	01:10:22	+41:22	07:02
1015	450	Bárbara Lemos	individual	Senior Feminino	01:10:27	+41:27	07:03
1016	20	Sara silva	4funteam	Senior Feminino	01:10:27	+41:28	07:03
1017	21	Ricardo Carvalho	4funteam	Veterano M40	01:10:28	+41:28	07:03
1018	641	Ricardo Tavares	individual	Senior Masculino	01:10:28	+41:29	07:03
1019	690	Cristina Silva	individual	Veterana F40	01:10:42	+41:42	07:04
1020	837	Carlos Silva	individual	Veterano M45	01:10:43	+41:43	07:04
1021	1225	Sérgio José Grosso da Cruz	team noesis	Senior Masculino	01:12:23	+43:23	07:14
1022	461	Cátia Alexandra Ferreira	individual	Senior Feminino	01:12:39	+43:39	07:16
1023	229	José Luís dos Santos Fernandes	cmc	Veterano M60	01:12:45	+43:45	07:17
1024	1038	Catarina Simões	miro trail	Veterana F40	01:12:47	+43:47	07:17
1025	1041	Cristina Santos	miro trail	Veterana F50	01:12:47	+43:47	07:17
1026	68	Mónica Maleiro	as companheiras do trilho	Senior Feminino	01:13:28	+44:28	07:21
1027	1094	Ana Filipa Cardoso	olympic silvas	Veterana F40	01:13:28	+44:29	07:21
1028	491	Marta Oliveira Martins	individual	Senior Feminino	01:14:16	+45:16	07:26
1029	1097	Maria José Noronha	olympic silvas	Veterana F50	01:14:46	+45:46	07:29
1030	1090	Olga Moura	olympic silvas	Senior Feminino	01:15:18	+46:18	07:32
1031	1089	Liliana Constantino	olympic silvas	Senior Feminino	01:15:18	+46:18	07:32

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1032	1095	Rosa Ferreira	olympic silvas	Veterana F40	01:15:56	+46:56	07:36
1033	1088	Inês Rosendo	olympic silvas	Senior Feminino	01:15:56	+46:56	07:36
1034	216	José Carlos Afonso Duarte	cmc	Veterano M45	01:16:20	+47:20	07:38
1035	947	manuel pedrosa	individual	Veterano M55	01:16:35	+47:36	07:40
1036	1142	Dora Cristina Costa Ferreira	quasequeacabamos	Senior Feminino	01:19:06	+50:06	07:55
1037	1148	Carla Isabel Marques Azevedo	quasequeacabamos	Veterana F40	01:19:06	+50:06	07:55

São Silvestre de Coimbra
Coimbra
14-dezembro-2019

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	12,9ºC	77%
End	19:49	12,9ºC	77%

Junior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1268	Francisca Correia	Viriathvs Runners Viseu	Junior Feminino	51:02	+22:02	05:06
2	1083	Mafalda Tavares	Olympic Silvas	Junior Feminino	54:46	+25:47	05:29
3	1055	Nádia Custódio	Nadiana	Junior Feminino	01:01:55	+32:55	06:12
4	247	Marta Costa	Condores	Junior Feminino	01:04:22	+35:23	06:26

Junior Masculino

1	264	Rogério Amaral	CPT Sobral de Ceira	Junior Masculino	30:46	+01:46	03:05
2	262	André Ferreira	CPT Sobral de Ceira	Junior Masculino	32:51	+03:51	03:17
3	285	Miguel Silva	DCI/Trilhos Luso Bussaco	Junior Masculino	37:18	+08:18	03:44
4	233	Rodrigo Santos	Coimbra Trail Running	Junior Masculino	39:40	+10:40	03:58
5	441	Joel Rodrigues	Individual	Junior Masculino	41:31	+12:31	04:09
6	439	Felipe Ferreira	Individual	Junior Masculino	45:12	+16:12	04:31
7	438	David Miguel de Matos serrano	Individual	Junior Masculino	47:32	+18:32	04:45
8	1085	Pedro Caeiro	Olympic Silvas	Junior Masculino	49:27	+20:27	04:57
9	993	Diogo Miguel Cortesão Cardoso	JM.Pulaqui	Junior Masculino	53:23	+24:23	05:20
10	40	José Guilherme Campos Fernandes	ARCD Venda da Luisa	Junior Masculino	54:00	+25:00	05:24
11	1084	Francisco Rosendo	Olympic Silvas	Junior Masculino	54:46	+25:46	05:29
12	284	Marco André	DCI/Trilhos Luso Bussaco	Junior Masculino	54:53	+25:53	05:29
13	1261	Micael Fazenda	Velozes e Furiosos	Junior Masculino	58:53	+29:54	05:53

Senior Feminino

1	4	Ana Mafalda Ferreira	Sporting Clube de Portugal	Senior Feminino	32:38	+03:38	03:16
2	5	Daniela Cunha	Sporting Clube de Portugal	Senior Feminino	33:29	+04:30	03:21
3	7	Patricia Silva	Sport Lisboa e Benfica	Senior Feminino	33:42	+04:42	03:22
4	325	Susana Meireles	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	41:22	+12:22	04:08
5	1051	Clara Rodrigues	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Feminino	42:03	+13:03	04:12
6	182	Cátia Lopes	CMC	Senior Feminino	42:28	+13:28	04:15
7	476	Inês Rebelo Costa	Individual	Senior Feminino	42:48	+13:48	04:17
8	286	Eunice Magalhães	DCI/Trilhos Luso Bussaco	Senior Feminino	44:00	+15:01	04:24
9	323	Maria Carvalho	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	44:38	+15:39	04:28
10	1269	Margarida Albuquerque	Viriathvs Runners Viseu	Senior Feminino	45:18	+16:18	04:32
11	467	Daniela Guerra	Individual	Senior Feminino	46:27	+17:27	04:39
12	1023	Sara Raquel Martins da Silva	M4A	Senior Feminino	47:22	+18:22	04:44
13	1000	Mariana Oliveira Nujo	JM.Pulaqui	Senior Feminino	47:56	+18:56	04:48

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

14	459	Catarina Pereira	Individual	Senior Feminino	48:36	+19:36	04:52
15	1032	Diana Martins	Miro Trail	Senior Feminino	49:05	+20:05	04:55
16	447	Ana Filipa Ferreira	Individual	Senior Feminino	49:30	+20:30	04:57
17	287	Sara Oliveira	DCI/Trilhos Luso Bussaco	Senior Feminino	49:50	+20:50	04:59
18	482	Ligia dos Santos	Individual	Senior Feminino	49:54	+20:54	04:59
19	1189	Daniela silva	Sicó trilhos	Senior Feminino	50:52	+21:52	05:05
20	321	Cheila Dias	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	50:56	+21:56	05:06
21	475	Helena Santana	Individual	Senior Feminino	50:59	+21:59	05:06
22	324	Rita Carvalho	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	51:05	+22:05	05:07
23	399	Marta Laranjeiro Pinto	GANG DA PORTELA	Senior Feminino	51:27	+22:27	05:09
24	464	Cristiana de Almeida Rosa	Individual	Senior Feminino	51:32	+22:33	05:09
25	1299	Daniela Saraiva Amaro	Individual	Senior Feminino	52:07	+23:07	05:13
26	420	Maria Isabel Jesus	Hospital da Luz Coimbra	Senior Feminino	52:26	+23:26	05:15
27	400	Sabina Brásio	GANG DA PORTELA	Senior Feminino	52:40	+23:40	05:16
28	1196	Maria Ferreira	Solum Runners	Senior Feminino	52:54	+23:54	05:17
29	484	Liliana Marlene Pereira Simões	Individual	Senior Feminino	52:57	+23:58	05:18
30	131	Marisa Amaral de Almeida	Casa do Benfica de Condeixa	Senior Feminino	52:59	+23:59	05:18
31	506	Vera Constancio	Individual	Senior Feminino	53:01	+24:01	05:18
32	478	Joana da Silva	Individual	Senior Feminino	53:02	+24:02	05:18
33	474	Hannah Gevartosky	Individual	Senior Feminino	53:09	+24:09	05:19
34	493	Mónica Pereira Dias	Individual	Senior Feminino	53:13	+24:13	05:19
35	458	Catarina Filipe	Individual	Senior Feminino	53:43	+24:43	05:22
36	1002	Patrícia da Graça Gonçalves Cordinhã	JM.Pulaqui	Senior Feminino	53:59	+24:59	05:24
37	499	Raquel Vítor	Individual	Senior Feminino	54:19	+25:19	05:26
38	183	Perla Estefania Domanchuk	CMC	Senior Feminino	54:53	+25:53	05:29
39	1001	Olga Cristina de Matos Vagueiro	JM.Pulaqui	Senior Feminino	54:55	+25:55	05:30
40	1129	Caroline Reimann	polyrunners	Senior Feminino	55:19	+26:19	05:32
41	501	Sandra Ribeiro	Individual	Senior Feminino	55:22	+26:23	05:32
42	63	Sandra Borges	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	55:26	+26:26	05:33
43	504	Sofia Margarida Garcia Ferreira	Individual	Senior Feminino	55:45	+26:45	05:35
44	1180	Maria Carvalho	SACA TRILHOS ANADIA	Senior Feminino	55:45	+26:45	05:35
45	470	Diana Videira	Individual	Senior Feminino	55:55	+26:56	05:36
46	502	Sandra Videira	Individual	Senior Feminino	55:56	+26:56	05:36
47	468	Denny Rodrigues	Individual	Senior Feminino	56:03	+27:03	05:36
48	1103	Filipa Batista	Os Batistas	Senior Feminino	56:32	+27:32	05:39
49	454	Carla Rodrigues	Individual	Senior Feminino	56:34	+27:34	05:39
50	1143	Sandra Isabel Mendes dos Reis	QUASEQUEACABAMOS	Senior Feminino	56:45	+27:45	05:41
51	997	Cátia Sofia Rodrigues Leitão	JM.Pulaqui	Senior Feminino	56:49	+27:50	05:41
52	480	Joana Machado	Individual	Senior Feminino	56:57	+27:57	05:42
53	1277	Mara Janeiro	Hospital da Luz Coimbra	Senior Feminino	56:57	+27:57	05:42
54	483	Liliana Margarida Casaleiro Estrela	Individual	Senior Feminino	57:09	+28:09	05:43
55	492	Marta Varandas	Individual	Senior Feminino	57:14	+28:15	05:43
56	422	Teresa Mesquita	Hospital da Luz Coimbra	Senior Feminino	57:15	+28:15	05:44
57	1072	Renata Filipa Figueira Patrâo	NIWA	Senior Feminino	57:17	+28:17	05:44

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

58	465	Cristiana Filipa Rodrigues Pereira	Individual	Senior Feminino	57:22	+28:22	05:44
59	41	Fátima do Céu Gramaxo Lopes da Silva	ARCD Venda da Luisa	Senior Feminino	57:30	+28:30	05:45
60	976	Joana Marreco	Inline Engenharia	Senior Feminino	57:30	+28:30	05:45
61	1290	Carolina Borges	Bttrain - Clube Ferroviário de Coimbra	Senior Feminino	57:37	+28:37	05:46
62	455	Carla Simões	Individual	Senior Feminino	57:38	+28:38	05:46
63	1067	Ana Rita Duarte Gomes	NIWA	Senior Feminino	57:41	+28:42	05:46
64	994	Ana Cristina Eufrásio Poeta	JM.Pulaqui	Senior Feminino	57:44	+28:44	05:46
65	85	Marta Almeida	bagateam	Senior Feminino	57:46	+28:46	05:47
66	1050	Anita Garcia	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Feminino	57:57	+28:57	05:48
67	505	Tânia Teles	Individual	Senior Feminino	59:05	+30:05	05:55
68	446	Alice Maria da Silva Moreira	Individual	Senior Feminino	59:17	+30:17	05:56
69	1069	Daniela Madama	NIWA	Senior Feminino	59:24	+30:24	05:56
70	495	Patrícia Nibau	Individual	Senior Feminino	59:25	+30:25	05:57
71	463	Cláudia Rodrigues	Individual	Senior Feminino	59:28	+30:28	05:57
72	469	Diana	Individual	Senior Feminino	59:28	+30:28	05:57
73	496	Patrícia Primo	Individual	Senior Feminino	59:58	+30:58	06:00
74	1130	Mónica	Polyrunners	Senior Feminino	01:00:28	+31:28	06:03
75	498	Raquel Estrela	Individual	Senior Feminino	01:00:40	+31:40	06:04
76	1070	Rebeca Rodrigues	NIWA	Senior Feminino	01:00:46	+31:46	06:05
77	89	Joana Sousa	Bluepharma Group	Senior Feminino	01:00:50	+31:50	06:05
78	373	Cátia Micaela Barros Rebelo	Fitness Hut Coimbra	Senior Feminino	01:00:50	+31:50	06:05
79	248	Joana Almeida	Condores	Senior Feminino	01:00:52	+31:52	06:05
80	473	Filipa Simões Pires	Individual	Senior Feminino	01:01:00	+32:00	06:06
81	456	Carolina Moitinho Lourenço	Individual	Senior Feminino	01:01:01	+32:01	06:06
82	1156	Inês Ferreira	Run & Burn	Senior Feminino	01:01:12	+32:12	06:07
83	460	Cátia	Individual	Senior Feminino	01:01:13	+32:14	06:07
84	995	Ana Raquel Póvoa Correia	JM.Pulaqui	Senior Feminino	01:01:34	+32:34	06:09
85	500	Rita Rodrigues	Individual	Senior Feminino	01:01:40	+32:40	06:10
86	1157	Luísa Alves	Run & Burn	Senior Feminino	01:01:51	+32:51	06:11
87	996	Ana Sofia da Silva Pimentel	JM.Pulaqui	Senior Feminino	01:03:01	+34:01	06:18
88	1262	Catarina Marques	Velozes e Furiosos	Senior Feminino	01:03:07	+34:07	06:19
89	503	Sara Oliveira	Individual	Senior Feminino	01:04:33	+35:34	06:27
90	452	Carla Cortês	Individual	Senior Feminino	01:04:36	+35:37	06:28
91	1105	Maria Beirão	Os Mimosos	Senior Feminino	01:04:37	+35:37	06:28
92	418	Andreia Oliveira	Happys	Senior Feminino	01:04:50	+35:50	06:29
93	490	Marta Álvarez García	Individual	Senior Feminino	01:05:01	+36:01	06:30
94	1128	Camila Dariva	Polyrunners	Senior Feminino	01:05:02	+36:02	06:30
95	479	Joana Isabel do Vale Lourenço	Individual	Senior Feminino	01:05:15	+36:15	06:32
96	374	Daniela Sofia Carvalho Fernandes	Fitness Hut Coimbra	Senior Feminino	01:05:27	+36:27	06:33
97	466	Daniela Geitoeira	Individual	Senior Feminino	01:05:38	+36:38	06:34
98	453	Carla Costa	Individual	Senior Feminino	01:06:15	+37:15	06:38
99	67	Dora Borge	As Companheiras do Trilho	Senior Feminino	01:06:16	+37:16	06:38
100	471	Fernanda Dias Pereira Gonçalves da Silva	Individual	Senior Feminino	01:06:22	+37:22	06:38
101	10	Sofia Coelho	100 Gás Trail Team	Senior Feminino	01:07:07	+38:07	06:43

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

102	977	Nélia Carreira	Inline Engenharia	Senior Feminino	01:07:07	+38:07	06:43
103	1086	Beatriz Silva	Olympic Silvas	Senior Feminino	01:07:09	+38:09	06:43
104	1087	Gabriela Silva	Olympic Silvas	Senior Feminino	01:07:09	+38:09	06:43
105	488	Marilia Cintra	Individual	Senior Feminino	01:07:15	+38:15	06:44
106	445	Alexandra Daniela Mota Esteves	Individual	Senior Feminino	01:08:00	+39:00	06:48
107	1206	Joana Carolina Ramos Gante	Soure Mov	Senior Feminino	01:08:27	+39:27	06:51
108	450	Bárbara Lemos	Individual	Senior Feminino	01:10:27	+41:27	07:03
109	20	Sara silva	4funteam	Senior Feminino	01:10:27	+41:28	07:03
110	461	Cátia Alexandra Ferreira	Individual	Senior Feminino	01:12:39	+43:39	07:16
111	68	Mónica Maleiro	As Companheiras do Trilho	Senior Feminino	01:13:28	+44:28	07:21
112	491	Marta Oliveira Martins	Individual	Senior Feminino	01:14:16	+45:16	07:26
113	1090	Olga Moura	Olympic Silvas	Senior Feminino	01:15:18	+46:18	07:32
114	1089	Liliana Constantino	Olympic Silvas	Senior Feminino	01:15:18	+46:18	07:32
115	1088	Inês Rosendo	Olympic Silvas	Senior Feminino	01:15:56	+46:56	07:36
116	1142	Dora Cristina Costa Ferreira	QUASEQUEACABAMOS	Senior Feminino	01:19:06	+50:06	07:55

Senior Masculino

1	331	João Valente	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	29:06	+00:06	02:55
2	2	Rui Pedro Silva	Sporting Clube de Portugal	Senior Masculino	29:20	+00:21	02:56
3	328	Filipe Rosa	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	29:29	+00:30	02:57
4	6	Miguel Ribeiro	Sport Lisboa e Benfica	Senior Masculino	29:53	+00:53	02:59
5	9	Hermano Ferreira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	29:53	+00:53	02:59
6	333	Nelson Oliveira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	30:03	+01:03	03:00
7	3	Pedro Ribeiro	Sporting Clube de Portugal	Senior Masculino	30:09	+01:09	03:01
8	291	Helder Lopes	DCI/Trilhos Luso Bussaco	Senior Masculino	30:54	+01:54	03:05
9	265	António Cunha	CPT Sobral de Ceira	Senior Masculino	32:14	+03:14	03:13
10	334	Ricardo Gaspar	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	32:22	+03:22	03:14
11	424	Diogo Pinheiro	Hospital da Luz Coimbra	Senior Masculino	32:28	+03:28	03:15
12	326	Carlos Costa	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	32:34	+03:34	03:15
13	332	José Neves	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	32:40	+03:40	03:16
14	338	Santiago Perez	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	32:44	+03:44	03:16
15	329	Igor Castro	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	33:03	+04:03	03:18
16	339	Vasco Pereira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	33:45	+04:45	03:23
17	150	Rui Rodrigues	Centro de Atletismo de Tondela	Senior Masculino	34:03	+05:04	03:24
18	143	Joel Ramalhoto	Centro de Atletismo de Tondela	Senior Masculino	34:35	+05:35	03:28
19	235	Eduardo Gonçalves	Coimbra Trail Running	Senior Masculino	35:02	+06:02	03:30
20	92	Ricardo Silv	Bluepharma Group	Senior Masculino	35:03	+06:03	03:30
21	667	VANDERLI PACHECO	Individual	Senior Masculino	35:04	+06:04	03:30

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

22	293	Ricardo Sousa	DCI/Trilhos Luso Bussaco	Senior Masculino	35:05	+06:05	03:31
23	139	Tiago Tomas	CCRD BURINHOSA	Senior Masculino	35:11	+06:11	03:31
24	1282	Cristiano Oliveira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	35:18	+06:18	03:32
25	158	João Pontes	CluVe	Senior Masculino	35:49	+06:49	03:35
26	266	Evandro Duarte	CPT Sobral de Ceira	Senior Masculino	35:53	+06:53	03:35
27	659	Tiago Carreira	Individual	Senior Masculino	36:20	+07:21	03:38
28	623	Paulo Neves	Individual	Senior Masculino	36:21	+07:21	03:38
29	668	Vicente Julião	Individual	Senior Masculino	36:29	+07:29	03:39
30	147	Rui Coimbra	Centro de Atletismo de Tondela	Senior Masculino	36:37	+07:38	03:40
31	335	Ricardo Gomes	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	36:41	+07:41	03:40
32	533	Carlos manuel pereira da silva	Individual	Senior Masculino	36:44	+07:44	03:40
33	146	Pedro Conceição	Centro de Atletismo de Tondela	Senior Masculino	36:58	+07:58	03:42
34	330	João Rodrigues	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	37:02	+08:02	03:42
35	524	Armindo Faria Gonçalves	Individual	Senior Masculino	37:04	+08:04	03:42
36	1266	Ricardo Santos	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	Senior Masculino	37:05	+08:06	03:43
37	160	Ricardo Germano	CluVe	Senior Masculino	37:18	+08:18	03:44
38	644	Rodrigo Barreto Carreira	Individual	Senior Masculino	37:21	+08:21	03:44
39	1237	Saúl Martins	Tribo NR	Senior Masculino	37:36	+08:36	03:46
40	527	Bruno André da Costa Robalo	Individual	Senior Masculino	37:48	+08:48	03:47
41	549	Fábio Samuel Marques	Individual	Senior Masculino	37:59	+08:59	03:48
42	288	Diogo Reis	DCI/Trilhos Luso Bussaco	Senior Masculino	38:07	+09:08	03:49
43	290	Frederico Oliveira	DCI/Trilhos Luso Bussaco	Senior Masculino	38:10	+09:10	03:49
44	416	Rúben Baptista Fernandes	GREirense	Senior Masculino	38:18	+09:18	03:50
45	320	André Filipe Correia Carvalho	EDV- Viana Trail	Senior Masculino	38:24	+09:24	03:50
46	138	Ricardo pires	CCRD BURINHOSA	Senior Masculino	38:49	+09:49	03:53
47	637	Ricardo	Individual	Senior Masculino	39:11	+10:12	03:55
48	1003	Francisco Manuel Floro Missa	JM.Pulaqui	Senior Masculino	39:14	+10:14	03:55
49	1295	Atão	Coimbra Trail Running	Senior Masculino	39:16	+10:16	03:56
50	529	Bruno Gil	Individual	Senior Masculino	39:26	+10:27	03:57
51	1270	Pedro Lopes	Viriathvs Runners Viseu	Senior Masculino	39:37	+10:37	03:58
52	537	daniel guedes	Individual	Senior Masculino	39:39	+10:39	03:58
53	515	André Miguel Lameiro Monteiro	Individual	Senior Masculino	39:43	+10:43	03:58
54	375	Bruno José Duarte Cardoso	Fitness Hut Coimbra	Senior Masculino	39:46	+10:46	03:59
55	605	Micael Santos	Individual	Senior Masculino	39:47	+10:47	03:59
56	337	Rui Melo	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	40:05	+11:05	04:01
57	1267	Bruno Antunes	Vilaventura Trail	Senior Masculino	40:09	+11:10	04:01
58	292	Miguel Viegas	DCI/Trilhos Luso Bussaco	Senior Masculino	40:10	+11:10	04:01
59	550	Fábio Silva Costa	Individual	Senior Masculino	40:18	+11:18	04:02
60	77	João Diogo Costa	Associação Escola de Atletismo Correr+ do Cartaxo	Senior Masculino	40:48	+11:48	04:05
61	1192	Renato carvalho	Sicó trilhos	Senior Masculino	41:12	+12:12	04:07
62	638	Ricardo Bica	Individual	Senior Masculino	41:17	+12:17	04:08
63	1052	Pedro Sequeira	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	41:19	+12:19	04:08

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

64	1235	Mário Silva	Tribo NR	Senior Masculino	41:28	+12:28	04:09
65	987	João Pedro Freire Duarte	IPNrunners	Senior Masculino	41:28	+12:29	04:09
66	586	José Machado	Individual	Senior Masculino	41:33	+12:33	04:09
67	646	Roland Sousa	Individual	Senior Masculino	41:38	+12:38	04:10
68	600	Marco Simões	Individual	Senior Masculino	41:49	+12:49	04:11
69	412	Bruno	Gelcentro team	Senior Masculino	41:52	+12:53	04:11
70	1190	Daniel Filipe Gomes Antunes	Sicó trilhos	Senior Masculino	41:56	+12:56	04:12
71	311	Célio Duarte	Deixa Passar	Senior Masculino	42:08	+13:08	04:13
72	509	Afonso Tavares	Individual	Senior Masculino	42:18	+13:18	04:14
73	663	Tiago Lopes	Individual	Senior Masculino	42:19	+13:19	04:14
74	654	Samuel Santos	Individual	Senior Masculino	42:22	+13:22	04:14
75	317	Filipe Duarte	Duarte e Companhia	Senior Masculino	42:22	+13:23	04:14
76	525	Bernardo Rafael Gomes Gonçalves	Individual	Senior Masculino	42:27	+13:28	04:15
77	184	Edgar Faria	CMC	Senior Masculino	42:29	+13:29	04:15
78	238	Rui Carrito	Coimbra Trail Running	Senior Masculino	42:33	+13:33	04:15
79	513	André Filipe Morais	Individual	Senior Masculino	42:41	+13:41	04:16
80	595	Luís Machado	Individual	Senior Masculino	42:50	+13:50	04:17
81	81	João Abrunheiro	Atletismo Clube da Tocha	Senior Masculino	42:50	+13:50	04:17
82	553	Filipe Oliveira	Individual	Senior Masculino	42:50	+13:50	04:17
83	1207	Carlos Patrão	Soure Mov	Senior Masculino	42:50	+13:50	04:17
84	609	Nuno Afonso	Individual	Senior Masculino	42:56	+13:56	04:18
85	1264	Marco Andre Dias Sousa	Velozes e Furiosos	Senior Masculino	42:59	+14:00	04:18
86	1221	Luis Filipe Marçal dos Reis	Team NOESIS	Senior Masculino	43:00	+14:00	04:18
87	625	Pedro Coelho	Individual	Senior Masculino	43:01	+14:01	04:18
88	405	Marco Brásio	GANG DA PORTELA	Senior Masculino	43:05	+14:05	04:19
89	619	Paulo Dias	Individual	Senior Masculino	43:08	+14:08	04:19
90	1296	Pedro José Cotovio Eufrasio Antunes	Individual	Senior Masculino	43:09	+14:09	04:19
91	660	Tiago Costa	Individual	Senior Masculino	43:16	+14:16	04:20
92	581	Joao Sequeira	Individual	Senior Masculino	43:17	+14:17	04:20
93	617	Paulino Oliveira	Individual	Senior Masculino	43:27	+14:27	04:21
94	597	Luis Pinto	Individual	Senior Masculino	43:31	+14:32	04:21
95	594	Luis Jesus	Individual	Senior Masculino	43:33	+14:33	04:21
96	622	Paulo Milheiro	Individual	Senior Masculino	43:33	+14:33	04:21
97	579	João Rocha	Individual	Senior Masculino	43:44	+14:44	04:22
98	551	Fernando Ferreira	Individual	Senior Masculino	43:49	+14:49	04:23
99	157	Gonçalo Carvalho	CluVe	Senior Masculino	43:58	+14:59	04:24
100	658	Telmo Santos	Individual	Senior Masculino	44:01	+15:01	04:24
101	544	Eduardo Carvalheiro	Individual	Senior Masculino	44:03	+15:03	04:24
102	616	Nuno Santos Rocha	Individual	Senior Masculino	44:14	+15:14	04:25
103	1234	João Quintino	Tribo NR	Senior Masculino	44:15	+15:15	04:26
104	614	Nuno Fontes	Individual	Senior Masculino	44:15	+15:16	04:26
105	639	Ricardo Carvalheira	Individual	Senior Masculino	44:20	+15:20	04:26
106	1122	Joao Oliveira	PDARunners	Senior Masculino	44:20	+15:20	04:26
107	650	Rui Neto	Individual	Senior Masculino	44:21	+15:21	04:26
108	1236	Miguel Silva Rocha	Tribo NR	Senior Masculino	44:23	+15:23	04:26
109	1123	Marco Simões	PDARunners	Senior Masculino	44:28	+15:28	04:27

110	112	Cristiano Gante	Bttrain - Clube Ferroviário de Coimbra	Senior Masculino	44:37	+15:37	04:28
111	596	luis oliveira	Individual	Senior Masculino	44:38	+15:38	04:28
112	519	André Simões	Individual	Senior Masculino	44:40	+15:40	04:28
113	567	João Batista	Individual	Senior Masculino	44:51	+15:51	04:29
114	615	NUNO PINTO	Individual	Senior Masculino	44:52	+15:52	04:29
115	543	Duarte Marques	Individual	Senior Masculino	44:53	+15:53	04:29
116	1263	Fábio Mendes	Velozes e Furiosos	Senior Masculino	44:57	+15:58	04:30
117	555	Filipe Santos Buco	Individual	Senior Masculino	44:58	+15:58	04:30
118	1169	Rui Vidal	Run & Burn	Senior Masculino	45:00	+16:00	04:30
119	633	Pedro Miguel neves da Silva	Individual	Senior Masculino	45:12	+16:12	04:31
120	1197	Alexandre Veloso	Solum Runners	Senior Masculino	45:23	+16:23	04:32
121	103	Gabriel Sousa	Braga a Correr	Senior Masculino	45:28	+16:28	04:33
122	1024	Luís Lagarto	M4A	Senior Masculino	45:32	+16:32	04:33
123	44	João Rafael Castro Marques Nobre	ARCD Venda da Luisa	Senior Masculino	45:32	+16:33	04:33
124	671	Vítor Hugo Estrela Fonseca	Individual	Senior Masculino	45:33	+16:33	04:33
125	656	Sergio Coelho	Individual	Senior Masculino	45:37	+16:37	04:34
126	562	Hugo Miguel da Costa bonita	Individual	Senior Masculino	45:40	+16:41	04:34
127	1265	Miguel Freire	Velozes e Furiosos	Senior Masculino	45:45	+16:45	04:35
128	82	José Domingues Costa	Atletismo Clube da Tocha	Senior Masculino	45:46	+16:46	04:35
129	1060	João Rafael Almeida Monteiro	Nest Collective	Senior Masculino	45:51	+16:51	04:35
130	552	Filipe Duarte	Individual	Senior Masculino	45:53	+16:53	04:35
131	1133	João Ricardo Costa	Polyrunners	Senior Masculino	45:57	+16:57	04:36
132	1200	Ricardo Silva	Solum Runners	Senior Masculino	46:05	+17:06	04:37
133	649	Rui Moura	Individual	Senior Masculino	46:06	+17:06	04:37
134	569	João carvalho	Individual	Senior Masculino	46:06	+17:06	04:37
135	534	Carlos Pessoa	Individual	Senior Masculino	46:07	+17:07	04:37
136	561	Henrique Carvalheiro	Individual	Senior Masculino	46:12	+17:12	04:37
137	27	André Rafael Pereira Bessa Azambujo	ACDRS QUINHENDROS	Senior Masculino	46:16	+17:16	04:38
138	1210	Tiago Freitas	Sri Chinmoy Marathon Team	Senior Masculino	46:18	+17:18	04:38
139	545	Eduardo Lamas	Individual	Senior Masculino	46:18	+17:18	04:38
140	589	José Miguel Perdigão	Individual	Senior Masculino	46:19	+17:19	04:38
141	575	João Marques	Individual	Senior Masculino	46:21	+17:21	04:38
142	1115	Luís Marques	Os Unidos	Senior Masculino	46:23	+17:23	04:38
143	632	Pedro Martins	Individual	Senior Masculino	46:25	+17:26	04:39
144	426	Pedro Borges	Hospital da Luz Coimbra	Senior Masculino	46:32	+17:32	04:39
145	253	Ricardo Brásio	CPT Coimbra	Senior Masculino	46:46	+17:46	04:41
146	1125	Pedro Gonçalves	Pereira1B	Senior Masculino	46:52	+17:52	04:41
147	608	Mykola Rasko	Individual	Senior Masculino	46:55	+17:55	04:42
148	651	Rui Palrinhas	Individual	Senior Masculino	46:57	+17:57	04:42
149	280	Carlos Mendes	CUMIBROA BIKE`S RUNNING TEAM	Senior Masculino	47:04	+18:04	04:42
150	578	João Paulo da Costa	Individual	Senior Masculino	47:27	+18:27	04:45
151	1198	Filipe Almeida	Solum Runners	Senior Masculino	47:27	+18:27	04:45
152	628	Pedro Jose	Individual	Senior Masculino	47:27	+18:27	04:45
153	611	Nuno Duarte	Individual	Senior Masculino	47:29	+18:29	04:45
154	643	Rodolfo Mendes	Individual	Senior Masculino	47:29	+18:29	04:45

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

155	1232	Diogo Costa	Tribo NR	Senior Masculino	47:30	+18:30	04:45
156	252	Mário Ferreira	CPT Coimbra	Senior Masculino	47:30	+18:30	04:45
157	636	Renato Seara	Individual	Senior Masculino	47:33	+18:34	04:45
158	46	Marco Paulo Malo Ribeiro	ARCD Venda da Luisa	Senior Masculino	47:38	+18:38	04:46
159	548	Fábio Cerejo	Individual	Senior Masculino	47:45	+18:45	04:47
160	1004	Jorge Filipe Correia Lemos	JM.Pulaqui	Senior Masculino	47:56	+18:57	04:48
161	1293	Artur Vieira	Hospital da Luz Coimbra	Senior Masculino	47:58	+18:58	04:48
162	576	João Mesquita	Individual	Senior Masculino	48:15	+19:15	04:50
163	1283	Nuno Rodrigues	Deixa passar	Senior Masculino	48:19	+19:19	04:50
164	1074	Alexandre Pereira	NIWA	Senior Masculino	48:22	+19:23	04:50
165	1287	Francisco Gomes	Run & Burn	Senior Masculino	48:25	+19:25	04:51
166	661	Tiago Filipe Pereira Carvalho	Individual	Senior Masculino	48:26	+19:27	04:51
167	1222	Marcos Rafael Catarino Soares	Team NOESIS	Senior Masculino	48:34	+19:34	04:51
168	521	António Calhau	Individual	Senior Masculino	48:40	+19:40	04:52
169	522	António Manuel Vieira Cardoso Pinto	Individual	Senior Masculino	48:41	+19:41	04:52
170	652	Rui Seabra	Individual	Senior Masculino	48:47	+19:47	04:53
171	1079	Pedro Ramalho	NIWA	Senior Masculino	48:49	+19:49	04:53
172	1144	Hélder Fernandes Santos Baptista	QUASEQUEACABAMOS	Senior Masculino	48:49	+19:50	04:53
173	648	Rui Mota	Individual	Senior Masculino	48:51	+19:52	04:53
174	539	David Baião	Individual	Senior Masculino	48:53	+19:53	04:53
175	629	Pedro Manuel de Matos Lopes Pinto	Individual	Senior Masculino	48:59	+19:59	04:54
176	1119	Joao Negrao	Parrampas	Senior Masculino	49:04	+20:04	04:54
177	1145	Leonel Reis	QUASEQUEACABAMOS	Senior Masculino	49:04	+20:04	04:54
178	1036	Samuel Amaral	Miro Trail	Senior Masculino	49:04	+20:04	04:54
179	1164	João Brundele	individual	Senior Masculino	49:07	+20:07	04:55
180	599	Marco José Marreiro	Individual	Senior Masculino	49:12	+20:12	04:55
181	620	Paulo Duarte	Individual	Senior Masculino	49:12	+20:12	04:55
182	559	Gonçalo Hubert	Individual	Senior Masculino	49:15	+20:15	04:56
183	564	Hugo Rafael Rosa Godinho	Individual	Senior Masculino	49:17	+20:18	04:56
184	1194	Pedro Marques	Sola Gasta PCV	Senior Masculino	49:30	+20:30	04:57
185	406	Pedro Pinto	GANG DA PORTELA	Senior Masculino	49:31	+20:31	04:57
186	316	Daniel Crespo	Duarte e Companhia	Senior Masculino	49:33	+20:33	04:57
187	340	Vitor Santos	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	49:37	+20:37	04:58
188	574	Joao Manuel da Silva Matos da Cruz	Individual	Senior Masculino	49:39	+20:39	04:58
189	531	Carlos Figueiredo	Individual	Senior Masculino	49:46	+20:46	04:59
190	289	Fernando Marques	DCI/Trilhos Luso Bussaco	Senior Masculino	49:53	+20:53	04:59
191	547	Elton Pinho	Individual	Senior Masculino	49:54	+20:55	05:00
192	606	Miguel Forte	Individual	Senior Masculino	49:57	+20:57	05:00
193	511	Ana Filipa	Individual	Senior Masculino	50:00	+21:01	05:00
194	985	Alireza Emami	IPNrunners	Senior Masculino	50:01	+21:01	05:00
195	520	Andrews Fontana	Individual	Senior Masculino	50:04	+21:05	05:00
196	185	Mário José Fernandes da Silva Almeida	CMC	Senior Masculino	50:06	+21:06	05:01
197	588	José Miguel Medina Dias	Individual	Senior Masculino	50:12	+21:13	05:01
198	237	Ricardo Jesus	Coimbra Trail Running	Senior Masculino	50:13	+21:13	05:01
199	560	Gustavo Rodrigues de Almeida Simões	Individual	Senior Masculino	50:34	+21:34	05:03
200	11	Luis Mendes	100 Gás Trail Team	Senior Masculino	50:39	+21:39	05:04

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

201	371	José Ladeiro	FitMov	Senior Masculino	50:41	+21:41	05:04
202	437	Vitor Sergio de Oliveira Parola	Impact Factor	Senior Masculino	50:45	+21:45	05:05
203	436	Hugo Leiria Neves	Impact Factor	Senior Masculino	50:45	+21:45	05:05
204	568	João Carlos Bento	Individual	Senior Masculino	50:50	+21:50	05:05
205	1082	Francisco Santos	Olimpíadas da Economia	Senior Masculino	50:50	+21:50	05:05
206	590	José Pedro Laranjeira	Individual	Senior Masculino	50:56	+21:56	05:06
207	370	Danilo Dias	Esgalhada Trail Team	Senior Masculino	51:01	+22:01	05:06
208	645	Rodrigo Nunes	Individual	Senior Masculino	51:02	+22:02	05:06
209	1220	João Miguel Santos Faria	Team NOESIS	Senior Masculino	51:04	+22:04	05:06
210	1077	Jorge Cruz	NIWA	Senior Masculino	51:07	+22:08	05:07
211	624	Paulo pired	Individual	Senior Masculino	51:10	+22:10	05:07
212	234	Álvaro Filipe Tomé Pinheiro	Coimbra Trail Running	Senior Masculino	51:12	+22:12	05:07
213	601	Marcos Neves	Individual	Senior Masculino	51:19	+22:19	05:08
214	423	Daniel Alves	Hospital da Luz Coimbra	Senior Masculino	51:23	+22:23	05:08
215	582	João Silva	Individual	Senior Masculino	51:35	+22:35	05:10
216	1100	João Pedro São Miguel dos Santos	OPraticante.pt	Senior Masculino	51:52	+22:52	05:11
217	518	André Silva	Individual	Senior Masculino	51:55	+22:55	05:12
218	1216	João Correia Campos	Team NOESIS	Senior Masculino	51:59	+23:00	05:12
219	585	jorge villarroel	Individual	Senior Masculino	52:01	+23:01	05:12
220	571	João Filipe Roque Gomes	Individual	Senior Masculino	52:06	+23:06	05:13
221	161	Telmo Martins	CluVe	Senior Masculino	52:12	+23:12	05:13
222	630	Pedro Manuel Simões	Individual	Senior Masculino	52:27	+23:27	05:15
223	665	Tiago Oliveira	Individual	Senior Masculino	52:30	+23:30	05:15
224	1289	Nuno Costa	Run & Burn	Senior Masculino	52:33	+23:33	05:15
225	563	Hugo Peneda	Individual	Senior Masculino	52:50	+23:50	05:17
226	1147	Tiago Manuel Costa Simões	QUASEQUEACABAMOS	Senior Masculino	52:52	+23:52	05:17
227	670	Vítor Gomes	Individual	Senior Masculino	52:54	+23:54	05:17
228	570	João Fernandes	Individual	Senior Masculino	52:55	+23:55	05:18
229	986	Carlos João Bento da Costa Madeira Lopes	IPNrunners	Senior Masculino	52:58	+23:58	05:18
230	512	André Brinca	Individual	Senior Masculino	53:09	+24:10	05:19
231	607	Miguel Jesus	Individual	Senior Masculino	53:10	+24:10	05:19
232	517	André Sério	Individual	Senior Masculino	53:10	+24:11	05:19
233	1029	Luciano Pereira	Mestres do Passevite	Senior Masculino	53:11	+24:11	05:19
234	1028	João Veiga	Mestres do Passevite	Senior Masculino	53:12	+24:13	05:19
235	516	André Neves	Individual	Senior Masculino	53:14	+24:14	05:19
236	1061	João Simões	Nest Collective	Senior Masculino	53:17	+24:17	05:20
237	1223	Mauro Ferreira Pinheiro	Team NOESIS	Senior Masculino	53:18	+24:18	05:20
238	536	Daniel Espinhal	Individual	Senior Masculino	53:18	+24:18	05:20
239	87	Rui Nora	bagateam	Senior Masculino	53:19	+24:19	05:20
240	612	Nuno Fernandes	Individual	Senior Masculino	53:33	+24:33	05:21
241	1146	Pedro Miguel Dos Santos Gonçalves	QUASEQUEACABAMOS	Senior Masculino	53:34	+24:34	05:21
242	672	ZÉ MIGUEL	Individual	Senior Masculino	53:57	+24:58	05:24
243	666	Tomás Ramos	Individual	Senior Masculino	54:22	+25:22	05:26
244	978	Bruno Marques	Inline Engenharia	Senior Masculino	54:28	+25:28	05:27
245	983	Bruno Vicente	Inter de Limão	Senior Masculino	54:38	+25:38	05:28
246	984	João Rainho	Inter de Limão	Senior Masculino	54:38	+25:39	05:28

247	530	Bruno Sampaio	Individual	Senior Masculino	54:41	+25:41	05:28
248	1059	João Pedro Monteiro Gonçalves	Nest Collective	Senior Masculino	54:43	+25:43	05:28
249	981	Pedro Bento	Inline Engenharia	Senior Masculino	54:52	+25:52	05:29
250	593	Luís Fernandes	Individual	Senior Masculino	54:55	+25:55	05:30
251	538	Daniel Reis	Individual	Senior Masculino	54:56	+25:56	05:30
252	319	João Filipe Duarte	Duarte e Companhia	Senior Masculino	54:57	+25:57	05:30
253	1101	Nuno Fernandes	OPraticante.pt	Senior Masculino	54:57	+25:57	05:30
254	318	João Duarte	Duarte e Companhia	Senior Masculino	54:57	+25:57	05:30
255	1034	Fábio Pita	Miro Trail	Senior Masculino	54:58	+25:59	05:30
256	542	Diogo Rodrigues	Individual	Senior Masculino	54:59	+25:59	05:30
257	1025	Manuel Montezuma Fonseca	Manos Fonseca	Senior Masculino	55:00	+26:00	05:30
258	565	Ivo Alexandre Carvalho dos Reis	Individual	Senior Masculino	55:13	+26:13	05:31
259	1132	Carlos Tadeu Paula	Polyrunners	Senior Masculino	55:17	+26:18	05:32
260	1078	Miguel Francisco Branco Garcia	NIWA	Senior Masculino	55:39	+26:39	05:34
261	618	Paulo	Individual	Senior Masculino	55:49	+26:50	05:35
262	1233	Humberto Alves	Tribo NR	Senior Masculino	56:16	+27:16	05:38
263	669	Victor Maciel	Individual	Senior Masculino	56:18	+27:18	05:38
264	1026	Tomás Montezuma FOnseca	Manos Fonseca	Senior Masculino	56:21	+27:22	05:38
265	526	Bernardo Vicente	Individual	Senior Masculino	56:23	+27:23	05:38
266	546	Eduardo Padovani Galetti	Individual	Senior Masculino	56:31	+27:31	05:39
267	535	Carlos Viegas	Individual	Senior Masculino	56:42	+27:42	05:40
268	573	Joao MALCATA	Individual	Senior Masculino	56:42	+27:43	05:40
269	556	Flávio Miguel Moreira da Silva	Individual	Senior Masculino	56:45	+27:45	05:41
270	425	Pedro Beja Afonso	Hospital da Luz Coimbra	Senior Masculino	56:56	+27:56	05:42
271	532	Carlos Henrique Nascimento	Individual	Senior Masculino	57:04	+28:04	05:42
272	1037	Tiago Marques	Miro Trail	Senior Masculino	57:13	+28:13	05:43
273	1093	Rui Brandão	Olympic Silvas	Senior Masculino	57:19	+28:19	05:44
274	557	Francisco José Carvalho Pires	Individual	Senior Masculino	57:19	+28:19	05:44
275	1062	José Pedro Soares Castanheira	Nest Collective	Senior Masculino	57:27	+28:27	05:45
276	980	Nuno Gomes	Inline Engenharia	Senior Masculino	57:30	+28:30	05:45
277	979	Miguel Dias	Inline Engenharia	Senior Masculino	57:30	+28:31	05:45
278	653	Rui Vasco Vicente Raposo	Individual	Senior Masculino	57:33	+28:33	05:45
279	1280	Paulo Coutinho	Individual	Senior Masculino	57:37	+28:37	05:46
280	83	Hugo Santos	Badalhoca Running Team	Senior Masculino	57:41	+28:41	05:46
281	86	João Ribeiro	bagateam	Senior Masculino	57:45	+28:46	05:47
282	42	Fábio Filipe Gonçalves Fernandes	ARCD Venda da Luisa	Senior Masculino	57:59	+28:59	05:48
283	1134	Rafael Alexandre Costa Rebelo	Polyrunners	Senior Masculino	58:00	+29:00	05:48
284	572	João Girão	Individual	Senior Masculino	58:09	+29:09	05:49
285	404	João Afonso	GANG DA PORTELA	Senior Masculino	58:09	+29:10	05:49
286	627	Pedro Hermeiro	Individual	Senior Masculino	58:28	+29:28	05:51
287	1124	João Pereira	Pereira1B	Senior Masculino	58:33	+29:33	05:51
288	635	Rafael Simões	Individual	Senior Masculino	58:48	+29:48	05:53
289	592	Luis António	Individual	Senior Masculino	58:51	+29:51	05:53
290	598	Luiz Ribeiro	Individual	Senior Masculino	59:05	+30:05	05:55
291	580	João Rodrigues	Individual	Senior Masculino	59:07	+30:07	05:55
292	1159	André Santos	Run & Burn	Senior Masculino	59:07	+30:07	05:55

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

293	1075	Bruno João Fragoso Simões	NIWA	Senior Masculino	59:24	+30:24	05:56
294	584	Jorge	Individual	Senior Masculino	59:43	+30:43	05:58
295	1219	João Miguel Patrício Rodrigues	Team NOESIS	Senior Masculino	59:45	+30:45	05:59
296	508	A.Ferreira	Individual	Senior Masculino	01:00:02	+31:03	06:00
297	566	J.Oliveira "Pistoleiro"	Individual	Senior Masculino	01:00:03	+31:03	06:00
298	1218	João Miguel Coimbra Barros da Silva	Team NOESIS	Senior Masculino	01:00:30	+31:30	06:03
299	662	Tiago José de Oliveira Fernandes	Individual	Senior Masculino	01:00:32	+31:32	06:03
300	1076	Carlos	NIWA	Senior Masculino	01:00:46	+31:46	06:05
301	1064	Miguel Ângelo Silva Vieira	Nest Collective	Senior Masculino	01:01:53	+32:53	06:11
302	12	Nelson Cordeiro	100 Gás Trail Team	Senior Masculino	01:02:53	+33:53	06:17
303	1058	Bernardo Nunes Figueiredo Patrão	Nest Collective	Senior Masculino	01:03:25	+34:25	06:21
304	604	Mauro Cardoso	Individual	Senior Masculino	01:03:34	+34:34	06:21
305	1106	Joao Sousa	Os Mimosos	Senior Masculino	01:04:37	+35:37	06:28
306	1184	Andre Ventura	SALDO VÁLIDO TEAM	Senior Masculino	01:05:16	+36:16	06:32
307	312	David Deveza	Deixa Passar	Senior Masculino	01:05:46	+36:46	06:35
308	621	Paulo Mendes	Individual	Senior Masculino	01:07:08	+38:08	06:43
309	1092	Miguel Rosendo	Olympic Silvas	Senior Masculino	01:07:08	+38:08	06:43
310	1214	Bruno Miguel Braz Simoes	Team NOESIS	Senior Masculino	01:07:57	+38:57	06:48
311	1217	João Miguel Batista Branco	Team NOESIS	Senior Masculino	01:07:58	+38:58	06:48
312	1035	José Matos	MIRO TRAIL	Senior Masculino	01:09:36	+40:36	06:58
313	641	Ricardo Tavares	Individual	Senior Masculino	01:10:28	+41:29	07:03
314	1225	Sérgio José Grosso da Cruz	Team NOESIS	Senior Masculino	01:12:23	+43:23	07:14

Veterana F40

1	8	Carla Martinho	Recreio Desportivo de Águeda	Veterana F40	33:37	+04:37	03:22
2	709	Marisa Joao	Individual	Veterana F40	41:23	+12:24	04:08
3	240	JOANA FRANCA	COIMBRA TRAIL RUNNING	Veterana F40	41:52	+12:52	04:11
4	702	Helena Colaço	Individual	Veterana F40	42:04	+13:04	04:12
5	689	Cristina Colaço	Individual	Veterana F40	42:06	+13:06	04:13
6	342	Célia Alves	Escola de Atletismo de Coimbra/JPaiva	Veterana F40	42:45	+13:46	04:17
7	69	MANUELA GONÇALVES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterana F40	43:22	+14:22	04:20
8	343	Dora Serra	Escola de Atletismo de Coimbra/JPaiva	Veterana F40	43:37	+14:37	04:22
9	94	Ana Luisa Branco Fernandes	Bluepharma Group	Veterana F40	44:08	+15:08	04:25
10	710	Marlene Cecília Luís de Oliveira	Individual	Veterana F40	44:37	+15:37	04:28
11	239	Catarina Alves	Coimbra Trail Running	Veterana F40	44:53	+15:53	04:29
12	1281	Carla Reis	CMC	Veterana F40	45:04	+16:05	04:30
13	677	Ana Mota	Individual	Veterana F40	45:38	+16:38	04:34
14	1039	Cecília Manuela Carvalho Mendes	Miro Trail	Veterana F40	45:40	+16:40	04:34
15	686	Celina Dias	Individual	Veterana F40	45:42	+16:42	04:34
16	269	Liliana Silva	CPT Sobral de Ceira	Veterana F40	45:58	+16:59	04:36
17	296	Julia Santos	DCI/Trilhos Luso Bussaco	Veterana F40	46:39	+17:39	04:40
18	190	Ana Feteira	CMC	Veterana F40	46:58	+17:59	04:42
19	194	Carla Soares	CMC	Veterana F40	46:58	+17:59	04:42

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	697	Fatima Videira	Individual	Veterana F40	47:20	+18:21	04:44
21	700	GINA KERLY PONTES MOURA	Individual	Veterana F40	47:40	+18:40	04:46
22	64	Zenaide Alves	ARSM - Associação Recreativa de S. Miguel	Veterana F40	47:43	+18:43	04:46
23	714	Raquel Maria Costa de Brito	Individual	Veterana F40	48:02	+19:02	04:48
24	104	Anabela Lopes	Braga a Correr	Veterana F40	48:24	+19:24	04:50
25	297	Lucia Marques	DCI/Trilhos Luso Bussaco	Veterana F40	48:33	+19:33	04:51
26	712	Marta Fonseca	Individual	Veterana F40	48:48	+19:48	04:53
27	254	Carla Santos	CPT Coimbra	Veterana F40	49:04	+20:04	04:54
28	295	Helena Lopes	DCI/Trilhos Luso Bussaco	Veterana F40	49:53	+20:53	04:59
29	1240	Ana Silva	Tribo NR	Veterana F40	50:16	+21:16	05:02
30	1208	Patrícia Beja	Soure Mov	Veterana F40	50:31	+21:31	05:03
31	298	Patricia Santos	DCI/Trilhos Luso Bussaco	Veterana F40	51:31	+22:31	05:09
32	680	ANDREIA RAQUEL DOS SANTOS COSTA	Individual	Veterana F40	51:39	+22:39	05:10
33	1227	Silvina Maria do Nascimento Baptista	TiMim	Veterana F40	51:43	+22:44	05:10
34	196	Cristina Isabel Silva Melo	CMC	Veterana F40	51:58	+22:58	05:12
35	1239	Ana Rufino	Tribo NR	Veterana F40	52:01	+23:02	05:12
36	376	Margarida Victor Vieira	Fitness Hut Coimbra	Veterana F40	52:03	+23:03	05:12
37	707	Maria João Benquerença	Individual	Veterana F40	52:07	+23:07	05:13
38	723	Sónia de Jesus	Individual	Veterana F40	52:38	+23:38	05:16
39	1272	Rosa Correia	Viriathvs Runners Viseu	Veterana F40	52:59	+23:59	05:18
40	1238	Ana Paula Matias	Tribo NR	Veterana F40	53:02	+24:03	05:18
41	162	Luisa Aveiro	CluVe	Veterana F40	53:04	+24:04	05:18
42	313	Teresa Carvalho Tavares	Devagar se vai ao longe	Veterana F40	53:06	+24:06	05:19
43	1030	Marta Marques	Mestres do Passevite	Veterana F40	53:12	+24:12	05:19
44	411	Brigitte Geria	Gear up	Veterana F40	53:19	+24:19	05:20
45	344	Joana Silva	Escola de Atletismo de Coimbra/JPaiva	Veterana F40	53:20	+24:20	05:20
46	676	Ana Margarida Gavião Morais	Individual	Veterana F40	53:43	+24:43	05:22
47	101	Mónica Martins	Bombeiros de Brasfemes Trail e BTT	Veterana F40	53:46	+24:46	05:23
48	1108	Sandra Leite	Os Papa Milhas	Veterana F40	54:06	+25:06	05:25
49	278	Laurinda Pereira	CSKD Condeixa Shukokai Karate-Do	Veterana F40	54:25	+25:25	05:27
50	722	Silvia ferreira	Individual	Veterana F40	54:30	+25:30	05:27
51	1271	Estrela Faro	Viriathvs Runners Viseu	Veterana F40	54:50	+25:50	05:29
52	201	Liliana Sofia Antunes Cortesão Pimenta	CMC	Veterana F40	54:53	+25:53	05:29
53	294	Catarina Batista	DCI/Trilhos Luso Bussaco	Veterana F40	54:53	+25:53	05:29
54	195	Cláudia Cristina Simões Cravo	CMC	Veterana F40	55:16	+26:16	05:32
55	95	Claudia Silva	Bluepharma Group	Veterana F40	55:28	+26:28	05:33
56	1201	Filipa Sousa	Solum Runners	Veterana F40	55:37	+26:37	05:34
57	197	Dina Barroca	CMC	Veterana F40	55:52	+26:53	05:35
58	687	Cláudia Oliveira	Individual	Veterana F40	56:08	+27:08	05:37
59	683	Catarina Martins	Individual	Veterana F40	56:28	+27:28	05:39
60	410	Anaísa Ferreira	Gear up	Veterana F40	57:26	+28:26	05:45
61	417	Dora Dourado	Grupo Desportivo Ferreirense	Veterana F40	57:40	+28:40	05:46
62	84	Cristina Paredes	Badalhoca Running Team	Veterana F40	57:41	+28:41	05:46

63	706	Maria Franca	Individual	Veterana F40	57:49	+28:49	05:47
64	720	Sara Almeida	Individual	Veterana F40	57:51	+28:51	05:47
65	673	Alexandra Lopes	Individual	Veterana F40	58:05	+29:05	05:49
66	708	Mariana Perdigão	Individual	Veterana F40	58:06	+29:06	05:49
67	724	Sonia Vieira	Individual	Veterana F40	58:06	+29:06	05:49
68	1019	Carmen Ferreira	LoveTiles	Veterana F40	58:07	+29:07	05:49
69	679	Anabela de Paiva Figueiredo	Individual	Veterana F40	58:16	+29:16	05:50
70	696	elisabete Pedrosa	Individual	Veterana F40	58:43	+29:43	05:52
71	1243	Florbela Fernandes	Tribo NR	Veterana F40	58:45	+29:46	05:53
72	699	Florbela Silva Rouxinol	Individual	Veterana F40	58:54	+29:54	05:53
73	188	Alda Cristina Oliveira Santos	CMC	Veterana F40	58:55	+29:55	05:54
74	199	Isabel Maria Silva Madeira	CMC	Veterana F40	59:43	+30:43	05:58
75	48	Luisa Teresa Monteiro da Costa Miranda	ARCD Venda da Luisa	Veterana F40	59:43	+30:43	05:58
76	49	Sandra Simões	ARCD Venda da Luisa	Veterana F40	59:43	+30:44	05:58
77	106	LIliana Cumpana	Braga a Correr	Veterana F40	59:50	+30:50	05:59
78	105	Aurora Silva	Braga a Correr	Veterana F40	59:51	+30:51	05:59
79	685	Cátia Martins	Individual	Veterana F40	59:59	+30:59	06:00
80	713	Minita	Individual	Veterana F40	01:00:02	+31:02	06:00
81	691	Dídia Ferreira	Individual	Veterana F40	01:00:06	+31:06	06:01
82	694	Dora Oliveira	Individual	Veterana F40	01:00:06	+31:06	06:01
83	193	Carla Silva	CMC	Veterana F40	01:00:07	+31:07	06:01
84	675	Ana Luísa Pinto da Silva	Individual	Veterana F40	01:00:10	+31:10	06:01
85	1109	Sandra Machado	Os Papa Milhas	Veterana F40	01:00:21	+31:22	06:02
86	674	Ana Karine de Albuquerque Alves Brito	Individual	Veterana F40	01:00:49	+31:49	06:05
87	164	Sara Martins	CluVe	Veterana F40	01:00:51	+31:51	06:05
88	281	Anabela Monteiro	CUMIBROA BIKE`S RUNNING TEAM	Veterana F40	01:01:00	+32:01	06:06
89	1006	Ana Carla Sequeira Gonçalves Lucas	JM.Pulaqui	Veterana F40	01:01:02	+32:02	06:06
90	1170	Carla Esteves	Runners & Friends	Veterana F40	01:01:04	+32:04	06:06
91	717	Sandra Fonseca	Individual	Veterana F40	01:01:07	+32:07	06:07
92	1135	Maria Bicas	PORTUGUESE UNITED TRAINING ASSOCIATION	Veterana F40	01:01:09	+32:09	06:07
93	192	Ana Paula Borges de Carvalho Pio	CMC	Veterana F40	01:01:56	+32:56	06:12
94	279	Nélia Matos	CSKD Condeixa Shukokai Karate-Do	Veterana F40	01:02:08	+33:09	06:13
95	202	Maria João da Silva Martins	CMC	Veterana F40	01:02:18	+33:18	06:14
96	688	Cláudia Simões	Individual	Veterana F40	01:02:47	+33:48	06:17
97	1007	Joana Alexandre Mendes Sequeira Fernandes Neto	JM.Pulaqui	Veterana F40	01:03:01	+34:02	06:18
98	703	Isabel Pedrosa	Individual	Veterana F40	01:03:05	+34:05	06:19
99	110	Ana Braga cruz	Braga Cruz	Veterana F40	01:03:11	+34:11	06:19
100	47	Guida Mendes da Silva	ARCD Venda da Luisa	Veterana F40	01:03:23	+34:23	06:20
101	277	Ana Vieira	CSKD Condeixa Shukokai Karate-Do	Veterana F40	01:04:17	+35:17	06:26
102	249	Telma Costa	Condores	Veterana F40	01:04:22	+35:23	06:26
103	725	Susan Rowling	Individual	Veterana F40	01:04:55	+35:55	06:30
104	682	Catarina Henriques	Individual	Veterana F40	01:05:17	+36:18	06:32

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

105	719	SANDRA PONTE	Individual	Veterana F40	01:06:17	+37:17	06:38
106	711	marlene oliveira	Individual	Veterana F40	01:06:23	+37:24	06:38
107	1107	Paula Tavares	Os Papa Milhas	Veterana F40	01:06:24	+37:24	06:38
108	721	Sara Pereira	Individual	Veterana F40	01:06:38	+37:39	06:40
109	1241	Anabela Jordão	Tribo NR	Veterana F40	01:07:43	+38:43	06:46
110	718	Sandra Marques	Individual	Veterana F40	01:07:51	+38:51	06:47
111	678	Ana Neves	Individual	Veterana F40	01:07:51	+38:51	06:47
112	1242	Cristina Daniel	Tribo NR	Veterana F40	01:09:17	+40:17	06:56
113	701	Hanna Kurinna	Individual	Veterana F40	01:09:46	+40:46	06:59
114	203	Maryline Ducret Pereira	CMC	Veterana F40	01:10:22	+41:22	07:02
115	198	Flávia Margarida Marques Lopes	CMC	Veterana F40	01:10:22	+41:22	07:02
116	690	Cristina Silva	Individual	Veterana F40	01:10:42	+41:42	07:04
117	1038	Catarina Simões	Miro Trail	Veterana F40	01:12:47	+43:47	07:17
118	1094	Ana Filipa Cardoso	Olympic Silvas	Veterana F40	01:13:28	+44:29	07:21
119	1095	Rosa Ferreira	Olympic Silvas	Veterana F40	01:15:56	+46:56	07:36
120	1148	Carla Isabel Marques Azevedo	QUASEQUEACABAMOS	Veterana F40	01:19:06	+50:06	07:55

Veterana F50

1	299	Manuela Mendes	DCI/Trilhos Luso Bussaco	Veterana F50	50:53	+21:53	05:05
2	736	Isabel Maria Moniz Vieira	Individual	Veterana F50	51:44	+22:45	05:10
3	1273	Isabel Figueiredo	Viriathvs Runners Viseu	Veterana F50	53:00	+24:00	05:18
4	255	Fátima Machado	CPT Coimbra	Veterana F50	53:48	+24:48	05:23
5	165	antonia abrantes	CluVe	Veterana F50	54:02	+25:02	05:24
6	746	Rosário Ramos	Individual	Veterana F50	54:21	+25:21	05:26
7	730	Ângela Teresa Simões Silva Campos	Individual	Veterana F50	54:22	+25:22	05:26
8	738	Margarida Carvalho	Individual	Veterana F50	54:39	+25:40	05:28
9	740	Maria da Glória Lopes Leite Relvas Soares	Individual	Veterana F50	54:40	+25:41	05:28
10	731	Antonieta Alexandra Bauleth Marques Ramos Abegoaria	Individual	Veterana F50	55:28	+26:28	05:33
11	206	Filomena Dias	CMC	Veterana F50	57:20	+28:20	05:44
12	1244	Anabela Amaral	Tribo NR	Veterana F50	57:48	+28:48	05:47
13	1126	Rosa Bispo	PERNAS INERTES	Veterana F50	58:28	+29:28	05:51
14	257	Rosa Matos	CPT Coimbra	Veterana F50	58:43	+29:43	05:52
15	744	OlgaCristina Correia Simões	Individual	Veterana F50	58:53	+29:53	05:53
16	25	Ana Magalhães	AAC Remo	Veterana F50	59:00	+30:00	05:54
17	742	Milú Gaspar	Individual	Veterana F50	59:23	+30:23	05:56
18	741	Maria Luísa Belo Pedro Saraiva	Individual	Veterana F50	01:00:10	+31:10	06:01
19	1245	Isabel Ventura	Tribo NR	Veterana F50	01:00:58	+31:58	06:06
20	732	Clara Machado	Individual	Veterana F50	01:01:27	+32:28	06:09
21	1080	Isabel Trindade	O MUNDO DA CORRIDA	Veterana F50	01:01:32	+32:32	06:09
22	728	Alexandra André	Individual	Veterana F50	01:03:37	+34:37	06:22
23	737	Ivone Dilella	Individual	Veterana F50	01:03:53	+34:54	06:23
24	1185	Fernanda Diogo	SALDO VÁLIDO TEAM	Veterana F50	01:05:16	+36:16	06:32
25	1096	Catarina Matias	Olympic Silvas	Veterana F50	01:05:25	+36:25	06:33
26	739	Maria Cidália Jesus Freire	Individual	Veterana F50	01:05:59	+36:59	06:36

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

27	745	Paula Martins	Individual	Veterana F50	01:06:08	+37:08	06:37
28	743	Monica Cunha	Individual	Veterana F50	01:06:31	+37:32	06:39
29	26	Isabel Esteves	AAC Remo	Veterana F50	01:07:12	+38:12	06:43
30	256	Graça Castanheira	CPT Coimbra	Veterana F50	01:07:36	+38:36	06:46
31	735	Iracema Ferreira	Individual	Veterana F50	01:07:55	+38:55	06:48
32	1041	Cristina Santos	MIRO TRAIL	Veterana F50	01:12:47	+43:47	07:17
33	1097	Maria José Noronha	Olympic Silvas	Veterana F50	01:14:46	+45:46	07:29

Veterano M40

1	1	Licínio Pimentel	Sporting Clube de Portugal	Veterano M40	28:59		02:54
2	70	RUI MIGUEL LOPES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M40	32:55	+03:55	03:18
3	348	João Pereira	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	33:09	+04:09	03:19
4	24	Alexandre Mestre	A.S.C.V. -ASSOCIAÇÃO SÓCIO CULTURAL DA VALEIRINHA	Veterano M40	33:53	+04:54	03:23
5	71	RUI RODRIGUES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M40	34:27	+05:27	03:27
6	351	Vitor Cardoso	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	34:42	+05:43	03:28
7	349	Miguel Pires	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	35:12	+06:13	03:31
8	151	Carlos Ribeiro	Centro de Atletismo de Tondela	Veterano M40	35:28	+06:28	03:33
9	1022	Carlos Pimenta	LUSOTEAM	Veterano M40	35:35	+06:35	03:34
10	107	Augusto Lopes	Braga a Correr	Veterano M40	37:01	+08:01	03:42
11	302	Sergio Machado	DCI/Trilhos Luso Bussaco	Veterano M40	37:28	+08:28	03:45
12	65	Paulo Jorge da Silva Pinto	ARSM - Associação Recreativa de S. Miguel	Veterano M40	37:53	+08:54	03:47
13	750	António Francisco	Individual	Veterano M40	38:13	+09:13	03:49
14	797	Nuno Pimenta	Individual	Veterano M40	38:53	+09:53	03:53
15	350	Rui Borges	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	38:58	+09:58	03:54
16	1053	Luis Vilela	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterano M40	39:15	+10:15	03:56
17	117	Dércio Teixeira	BUBATEAM 2019	Veterano M40	39:33	+10:33	03:57
18	794	Nuno Coelho	Individual	Veterano M40	40:14	+11:14	04:01
19	1211	Ricardo Mota	Sri Chinmoy Marathon Team	Veterano M40	40:27	+11:27	04:03
20	825	Vitor Gomes	Individual	Veterano M40	40:35	+11:35	04:04
21	1116	Frederico Marques	Out2run/Miro	Veterano M40	40:37	+11:37	04:04
22	788	Luis Silvério Barbosa	Individual	Veterano M40	40:52	+11:52	04:05
23	782	José Manuel Seromenho Duarte	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	40:59	+11:59	04:06
24	775	João Amaral	Individual	Veterano M40	41:14	+12:15	04:07
25	1110	Hugo Dias	Os Papa Milhas	Veterano M40	41:15	+12:15	04:08
26	1043	Joselito Simões Pereira	MIRO TRAIL	Veterano M40	41:20	+12:20	04:08
27	33	Fred José	ADCP	Veterano M40	41:26	+12:26	04:09
28	379	Paulo Miguel Lourenço dos Santos	Flashover-BVPenela	Veterano M40	41:52	+12:53	04:11
29	270	Rui Figueiredo	CPT Sobral de Ceira	Veterano M40	42:04	+13:04	04:12

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

30	823	Telmo Pedro	Individual	Veterano M40	42:24	+13:24	04:14
31	1066	Rui Filipe dos Santos Silva	Nest Collective	Veterano M40	42:29	+13:29	04:15
32	208	Fernando Carvalho	CMC	Veterano M40	42:34	+13:34	04:15
33	1187	Nelson Jorge de Aguiar	SFLUR / Viver Almonda	Veterano M40	42:55	+13:55	04:18
34	813	Ricardo Melo	Individual	Veterano M40	42:57	+13:57	04:18
35	784	Juan Oliveira	Individual	Veterano M40	43:06	+14:06	04:19
36	792	Miguel Figueiredo	Individual	Veterano M40	43:12	+14:12	04:19
37	120	Nuno Cortesaão	BUBATEAM 2019	Veterano M40	43:14	+14:15	04:19
38	166	Nuno Franco	CluVe	Veterano M40	43:29	+14:29	04:21
39	822	Sérgio Paulo	Individual	Veterano M40	43:39	+14:39	04:22
40	773	Ivo Magalhães	Individual	Veterano M40	43:39	+14:39	04:22
41	816	Rui Fonseca	Individual	Veterano M40	43:45	+14:45	04:23
42	763	David Olveira	Individual	Veterano M40	43:47	+14:47	04:23
43	988	Jorge Pimenta	IPNrunners	Veterano M40	43:50	+14:50	04:23
44	1246	Marcos Alves	Tribo NR	Veterano M40	44:13	+15:13	04:25
45	167	Nuno Miguel	CluVe	Veterano M40	44:17	+15:17	04:26
46	54	Gil António Figueiredo da Costa Santos	ARCD Venda da Luisa	Veterano M40	44:19	+15:19	04:26
47	759	Celso Rafael Gonçalves de Carvalho	Individual	Veterano M40	44:28	+15:28	04:27
48	776	João Paulo de Melo Ferreira	Individual	Veterano M40	44:37	+15:37	04:28
49	815	Ricardo Veiga	Individual	Veterano M40	45:09	+16:09	04:31
50	767	Filipe Almeida Fernandes	Individual	Veterano M40	45:25	+16:25	04:33
51	34	Mário Miguel	ADCP	Veterano M40	45:27	+16:27	04:33
52	805	Pedro Carlos	Individual	Veterano M40	45:42	+16:42	04:34
53	99	ANDRE CARVALHO	Bluepharma Group	Veterano M40	45:47	+16:47	04:35
54	791	Miguel António Aroso de Campos	Individual	Veterano M40	45:51	+16:51	04:35
55	786	Luis Moreira	Individual	Veterano M40	45:58	+16:58	04:36
56	807	Pedro Lopes	Individual	Veterano M40	46:06	+17:06	04:37
57	769	Gonçalo Martins	Individual	Veterano M40	46:12	+17:12	04:37
58	752	Bento Ferreira	Individual	Veterano M40	46:25	+17:25	04:39
59	779	Jose antonio ribeiro costa	Individual	Veterano M40	46:28	+17:28	04:39
60	1047	JORGE LOPES	MONDEGOPEÇAS	Veterano M40	47:01	+18:01	04:42
61	806	Pedro Figueira	Individual	Veterano M40	47:01	+18:02	04:42
62	283	GILBERTO MARTINHO	DAR - Desportivo Atlético de Recardães	Veterano M40	47:04	+18:05	04:43
63	764	Eduardo Jorge Penacho Ribeiro	Individual	Veterano M40	47:16	+18:16	04:44
64	1179	Mário Rodrigues	Runners Sernancelhe Terra da Castanha	Veterano M40	47:18	+18:18	04:44
65	1042	Arménio Nogueir	MIRO TRAIL	Veterano M40	47:20	+18:20	04:44
66	53	Ezequiel Andre Pimentel Lapo	ARCD Venda da Luisa	Veterano M40	47:36	+18:36	04:46
67	1011	Filipe Picao	Just Keep Running	Veterano M40	47:37	+18:37	04:46
68	770	Henrique Miguel dias Serrano	Individual	Veterano M40	47:38	+18:38	04:46
69	777	Jody Fernandes rato	Individual	Veterano M40	47:39	+18:39	04:46
70	778	Jorge Melo	Individual	Veterano M40	47:40	+18:40	04:46
71	1229	Pedro José Silva Santos	TiMim	Veterano M40	47:49	+18:49	04:47
72	1292	Luis Caetano	Individual	Veterano M40	47:50	+18:50	04:47
73	989	Nuno Varandas	IPNrunners	Veterano M40	47:50	+18:50	04:47
74	1248	Paulo Domingues	Tribo NR	Veterano M40	47:52	+18:52	04:47

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

75	818	Rui Póvoa	Individual	Veterano M40	48:04	+19:04	04:48
76	127	CHARDOZE	CARVALHOS	Veterano M40	48:12	+19:13	04:49
77	812	Ricardo Gaspar	Individual	Veterano M40	48:40	+19:40	04:52
78	1136	José Teixeira	PORTUGUESE UNITED TRAINING ASSOCIATION	Veterano M40	48:43	+19:44	04:52
79	407	Paulo Pinheiro	GANG DA PORTELA	Veterano M40	48:52	+19:53	04:53
80	799	Nuno Sampaio	Individual	Veterano M40	49:02	+20:02	04:54
81	1203	António Caetano	Solum Runners	Veterano M40	49:09	+20:09	04:55
82	129	Pedro Fontes	CARVALHOS	Veterano M40	49:20	+20:21	04:56
83	790	Manuel Telles	Individual	Veterano M40	49:50	+20:51	04:59
84	211	Pedro Nuno Vasco Amado	CMC	Veterano M40	50:06	+21:06	05:01
85	772	Hugo Jorge Pires Ferreira	Individual	Veterano M40	50:25	+21:25	05:03
86	814	Ricardo Rodrigues	Individual	Veterano M40	50:27	+21:27	05:03
87	80	Nuno Pinto	Atletas ao Domingo	Veterano M40	50:31	+21:32	05:03
88	78	Amilcar Sandinha	Atletas ao Domingo	Veterano M40	50:32	+21:32	05:03
89	79	Duarte Bernardo	Atletas ao Domingo	Veterano M40	50:32	+21:32	05:03
90	15	PEDRO NATARIO	100 Gás Trail Team	Veterano M40	50:39	+21:39	05:04
91	819	Samuel Ferraz Costa	Individual	Veterano M40	50:47	+21:47	05:05
92	210	Nelson Mendes	CMC	Veterano M40	50:56	+21:56	05:06
93	209	José Miguel Batista Mendes	CMC	Veterano M40	50:56	+21:56	05:06
94	55	Hugo Daniel H. S. Dâmaso da Silva	ARCD Venda da Luisa	Veterano M40	50:57	+21:57	05:06
95	1137	Miguel Fonseca	PORTUGUESE UNITED TRAINING ASSOCIATION	Veterano M40	51:02	+22:02	05:06
96	154	Carlos Viegas	Chamagás	Veterano M40	51:03	+22:03	05:06
97	748	António Alberto Direita Quinteiro	Individual	Veterano M40	51:05	+22:05	05:07
98	810	Pedro Trindade	Individual	Veterano M40	51:09	+22:09	05:07
99	798	Nuno Rineiro	Individual	Veterano M40	51:16	+22:16	05:08
100	787	Luís Pedro Reis	Individual	Veterano M40	51:43	+22:43	05:10
101	1228	Fernando José Marques Gomes Ribeiro	TiMim	Veterano M40	51:43	+22:44	05:10
102	258	Pedro Aleixo	CPT Coimbra	Veterano M40	51:52	+22:52	05:11
103	801	NUNO SIMOES	Individual	Veterano M40	52:23	+23:23	05:14
104	783	José Nunes	Individual	Veterano M40	52:52	+23:52	05:17
105	753	Bruno Ferreira	Individual	Veterano M40	52:58	+23:58	05:18
106	765	Fernando Jorge	Individual	Veterano M40	52:59	+23:59	05:18
107	747	André Luz Silva	Individual	Veterano M40	53:08	+24:08	05:19
108	780	José Jorge dos Santos Costa Rodrigues	Individual	Veterano M40	53:09	+24:10	05:19
109	427	Bruno Pita	Hospital da Luz Coimbra	Veterano M40	53:31	+24:31	05:21
110	428	João Coutinho	Hospital da Luz Coimbra	Veterano M40	53:31	+24:31	05:21
111	1149	Sérgio Faustino	QUASEQUEACABAMOS	Veterano M40	53:35	+24:35	05:22
112	789	Luís Valente	Individual	Veterano M40	53:46	+24:47	05:23
113	1247	Nuno Santos	Tribo NR	Veterano M40	54:11	+25:11	05:25
114	119	José Pedro Saraiva	BUBATEAM 2019	Veterano M40	54:37	+25:37	05:28
115	301	Marco P. Almeida	DCI/Trilhos Luso Bussaco	Veterano M40	54:53	+25:53	05:29
116	796	Nuno Filipe	Individual	Veterano M40	54:54	+25:54	05:29
117	408	Rui Pedro Ferreira	GANG DA PORTELA	Veterano M40	55:10	+26:10	05:31
118	768	Gonçalo Martins	Individual	Veterano M40	55:15	+26:15	05:32

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

119	804	Pedro Brás	Individual	Veterano M40	55:23	+26:23	05:32
120	749	ANTONIO DIAS	Individual	Veterano M40	55:24	+26:24	05:32
121	1204	Jorge Mendes	Solum Runners	Veterano M40	55:38	+26:38	05:34
122	300	Homero Gomes	DCI/Trilhos Luso Bussaco	Veterano M40	56:10	+27:10	05:37
123	758	Carlos Teixeira	Individual	Veterano M40	57:18	+28:18	05:44
124	793	Miguel Serra	Individual	Veterano M40	57:25	+28:25	05:45
125	760	César Rodrigues	Individual	Veterano M40	58:13	+29:14	05:49
126	800	NUNO SILVA	Individual	Veterano M40	58:26	+29:26	05:51
127	419	Pedro Correia	Happys	Veterano M40	58:58	+29:58	05:54
128	803	Paulo de Jesus	Individual	Veterano M40	59:17	+30:17	05:56
129	762	David neves	Individual	Veterano M40	59:17	+30:18	05:56
130	118	João Machado	BUBATEAM 2019	Veterano M40	01:00:49	+31:49	06:05
131	56	Nelson Gonçalves Gomes Gaspar	ARCD Venda da Luisa	Veterano M40	01:01:25	+32:25	06:09
132	18	Gonçalo Nuno Malaguerra Fonseca	49	Veterano M40	01:01:29	+32:29	06:09
133	756	Carlos Nascimento	Individual	Veterano M40	01:02:04	+33:05	06:12
134	14	HELDER CARRASQUEIRA	100 Gás Trail Team	Veterano M40	01:02:31	+33:31	06:15
135	1008	José Pedro de Almeida Pinto Cortesão Gonçalves	JM.Pulaqui	Veterano M40	01:02:34	+33:35	06:15
136	774	João Luis Almeida Cunha Rodrigues	Individual	Veterano M40	01:04:37	+35:37	06:28
137	755	Carlos Manuel Almeida Cunha Rodrigues	Individual	Veterano M40	01:04:37	+35:37	06:28
138	1009	Miguel Tiago Arriaga Cortesão	JM.Pulaqui	Veterano M40	01:04:54	+35:54	06:29
139	817	Rui Lopes	Individual	Veterano M40	01:05:20	+36:20	06:32
140	102	Hugo Silva	Bombeiros de Brasfemes Trail e BTT	Veterano M40	01:05:38	+36:38	06:34
141	785	Luís Miguel Laranjeira 11156684	Individual	Veterano M40	01:05:48	+36:48	06:35
142	795	Nuno Cruz	Individual	Veterano M40	01:05:49	+36:49	06:35
143	766	Filipe Afonso	Individual	Veterano M40	01:06:38	+37:38	06:40
144	121	Paulo Tomás	BUBATEAM 2019	Veterano M40	01:08:15	+39:15	06:50
145	21	Ricardo Carvalho	4funteam	Veterano M40	01:10:28	+41:28	07:03

Veterano M45

1	364	Vitor Godinho	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	34:48	+05:49	03:29
2	1294	António Mariz	Saca Trilhos	Veterano M45	34:59	+05:59	03:30
3	72	PAULO ANTUNES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M45	35:03	+06:04	03:30
4	354	Jorge Santos	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	35:51	+06:51	03:35
5	1251	Manuel Pinto	Tribo NR	Veterano M45	35:58	+06:58	03:36
6	409	António José da Cunha Lourenço	GDR da Granja Trutas do Mau	Veterano M45	36:13	+07:14	03:37
7	362	Pedro Marques	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	36:30	+07:30	03:39
8	303	José Campar	DCI/Trilhos Luso Bussaco	Veterano M45	37:05	+08:05	03:43
9	854	João Simões	Individual	Veterano M45	37:19	+08:19	03:44
10	36	Nuno Sousa	ADR4 ESTAÇÕES	Veterano M45	37:29	+08:29	03:45
11	169	Luís Santos	CluVe	Veterano M45	38:01	+09:01	03:48

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	869	Manuel António Roseiro Ferreira	Individual	Veterano M45	38:38	+09:39	03:52
13	380	Vitor Manuel Rodrigues Gomes	Flashover-BVPenela	Veterano M45	38:40	+09:40	03:52
14	1015	Telmo Almeida	Lágrimas Team	Veterano M45	38:41	+09:41	03:52
15	842	Fernando Manuel Rocha Freire	Individual	Veterano M45	38:42	+09:42	03:52
16	352	Augusto Figueiredo	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	38:46	+09:47	03:53
17	221	Rodrigo César Direito Monteiro	CMC	Veterano M45	39:05	+10:05	03:55
18	1118	Hélder Piedade	Ozxtreme/ADCRPEREIRA	Veterano M45	39:08	+10:09	03:55
19	855	jorge manuel simoes da cruz	Individual	Veterano M45	39:12	+10:12	03:55
20	241	Álvaro Mano	Coimbra Trail Running	Veterano M45	39:17	+10:17	03:56
21	355	Luc Hennetier	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	39:18	+10:18	03:56
22	862	Lucio Ventura	Individual	Veterano M45	39:22	+10:22	03:56
23	881	RAFAEL GUEDES	Individual	Veterano M45	39:51	+10:51	03:59
24	363	Rui Silva	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	40:33	+11:33	04:03
25	1171	Egídio Neves	Runners & Friends	Veterano M45	40:34	+11:34	04:03
26	841	Eduardo Jorge Cardoso da Costa	Individual	Veterano M45	40:38	+11:38	04:04
27	861	José Vitor Vieira	Individual	Veterano M45	40:48	+11:48	04:05
28	1150	António Pereira	QUASEQUEACABAMOS	Veterano M45	40:55	+11:55	04:06
29	38	Arnaldo Carvalho Tomás	ADR4E	Veterano M45	41:33	+12:33	04:09
30	114	José Carlos Leal	Bttrain - Clube Ferroviário de Coimbra	Veterano M45	41:52	+12:52	04:11
31	887	Salomão Rocha	Individual	Veterano M45	41:54	+12:54	04:11
32	1114	Rui Silva	Os Papa Milhas	Veterano M45	41:58	+12:59	04:12
33	243	Filipe Santos	Coimbra Trail Running	Veterano M45	42:15	+13:15	04:14
34	215	João Salustiano	CMC	Veterano M45	42:22	+13:22	04:14
35	168	Luis Costa	CluVe	Veterano M45	42:27	+13:27	04:15
36	858	Jose Luis Nunes	Individual	Veterano M45	43:11	+14:11	04:19
37	834	Carlos Correia	Individual	Veterano M45	43:19	+14:19	04:20
38	878	Pedro Figueiredo	Individual	Veterano M45	43:34	+14:34	04:21
39	1209	Paulo Lopes	Soure Mov	Veterano M45	43:43	+14:43	04:22
40	840	Duarte Domingues	Individual	Veterano M45	43:54	+14:54	04:23
41	242	Edgar Semedo	Coimbra Trail Running	Veterano M45	44:05	+15:05	04:25
42	847	Hilário dos Reis Espadilha	Individual	Veterano M45	44:27	+15:27	04:27
43	122	José Dias	BUBATEAM 2019	Veterano M45	44:30	+15:30	04:27
44	123	Pedro Jacinto	BUBATEAM 2019	Veterano M45	44:35	+15:35	04:28
45	113	António José Almeida	Bttrain - Clube Ferroviário de Coimbra	Veterano M45	44:37	+15:37	04:28
46	360	Nuno Costa	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	44:39	+15:39	04:28
47	835	Carlos Costa	Individual	Veterano M45	44:52	+15:52	04:29
48	304	Nuno Pessoa	DCI/Trilhos Luso Bussaco	Veterano M45	45:22	+16:22	04:32
49	846	Hermínio Amaral	Individual	Veterano M45	45:37	+16:38	04:34
50	217	José Luís Ferreira Coelho	CMC	Veterano M45	45:42	+16:42	04:34
51	848	Humberto Dias	Individual	Veterano M45	45:42	+16:42	04:34
52	867	Luis santos	Individual	Veterano M45	46:27	+17:27	04:39
53	843	Filipe Mendes	Individual	Veterano M45	46:33	+17:33	04:39

Corrida 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

54	314	Paulo Oliveira Tavares	Devagar se vai ao longe	Veterano M45	46:40	+17:40	04:40
55	857	José António Costa	Individual	Veterano M45	46:40	+17:40	04:40
56	870	Miguel Santos	Individual	Veterano M45	46:44	+17:44	04:40
57	876	Paulo Gonçalves	Individual	Veterano M45	46:55	+17:55	04:42
58	282	Jorge Faria	CUMIBROA BIKE`S RUNNING TEAM	Veterano M45	46:58	+17:58	04:42
59	359	Miguel Fonseca	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	47:25	+18:25	04:45
60	856	Jorge Mota	Individual	Veterano M45	48:04	+19:04	04:48
61	831	Bruno Geovane Rodrigues Silva	Individual	Veterano M45	48:26	+19:26	04:51
62	875	PAULO AZEVEDO	Individual	Veterano M45	48:26	+19:26	04:51
63	886	Rui Soares	Individual	Veterano M45	48:34	+19:35	04:51
64	871	Nuno Henriques	Individual	Veterano M45	48:35	+19:36	04:52
65	1010	António Manuel Dinis Marques de Almeida	JM.Pulaqui	Veterano M45	49:02	+20:02	04:54
66	864	Luís Leitão	Individual	Veterano M45	49:03	+20:03	04:54
67	863	Luís Duarte	Individual	Veterano M45	49:07	+20:07	04:55
68	377	João Paulo dos Santos Fernandes	Fitness Hut Coimbra	Veterano M45	49:15	+20:15	04:56
69	860	JOSE OLIVEIRA	Individual	Veterano M45	49:25	+20:25	04:57
70	859	José Manuel Lima Antunes	Individual	Veterano M45	49:26	+20:27	04:57
71	1112	Manuel Tavares	Os Papa Milhas	Veterano M45	49:32	+20:33	04:57
72	828	Alexandre Paulo Xavier Sales Ritchie	Individual	Veterano M45	49:48	+20:48	04:59
73	1013	Paulo Neves	Just Keep Running	Veterano M45	49:51	+20:51	04:59
74	130	Pedro Gonçalves	CARVALHOS	Veterano M45	50:00	+21:00	05:00
75	874	Olivier Jean Agostinho Wasterlain	Individual	Veterano M45	50:12	+21:13	05:01
76	852	João Luis Dias Dos Santos	Individual	Veterano M45	50:33	+21:33	05:03
77	853	João Manuel Lopes Sequeira	Individual	Veterano M45	50:33	+21:33	05:03
78	108	Hilário Ramos	Braga a Correr	Veterano M45	50:37	+21:37	05:04
79	109	José Sousa	Braga a Correr	Veterano M45	50:38	+21:38	05:04
80	155	Alfredo Ferreira	Chamagás	Veterano M45	51:04	+22:04	05:06
81	432	Carlos Humberto Madeira Coelho	Hospital da Luz Coimbra	Veterano M45	51:07	+22:07	05:07
82	827	Alberto Olivença Mendes	Individual	Veterano M45	51:13	+22:13	05:07
83	868	Manuel António Marques da Silva	Individual	Veterano M45	51:28	+22:28	05:09
84	829	António Manuel Lourenço Guedes	Individual	Veterano M45	51:42	+22:42	05:10
85	219	Paulo Marcos Palrilha	CMC	Veterano M45	51:49	+22:49	05:11
86	850	João Carloto	Individual	Veterano M45	51:59	+22:59	05:12
87	889	Simão Paredes	Individual	Veterano M45	52:08	+23:08	05:13
88	433	Marco Machado	Hospital da Luz Coimbra	Veterano M45	52:38	+23:38	05:16
89	865	Luís Manuel Santos Antunes Alves	Individual	Veterano M45	52:55	+23:55	05:18
90	883	RUI ANTÓNIO DOS SANTOS COSTA	Individual	Veterano M45	53:08	+24:08	05:19
91	126	Gonçalo Azevedo Mendes	CAPSAS	Veterano M45	53:28	+24:29	05:21
92	59	Paulo Alexandre Lopes Curado	ARCD Venda da Luisa	Veterano M45	53:46	+24:47	05:23
93	877	Paulo Pinto	Individual	Veterano M45	53:52	+24:52	05:23
94	990	Alberto Valejo	IPNrunners	Veterano M45	54:03	+25:03	05:24
95	218	Paulo Bernardo	CMC	Veterano M45	54:20	+25:20	05:26
96	836	Carlos Jesus	Individual	Veterano M45	54:31	+25:31	05:27
97	880	Pedro Silva	Individual	Veterano M45	54:47	+25:47	05:29

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

98	1276	JOSE FARO	Viseu 360	Veterano M45	54:50	+25:50	05:29
99	378	Rui Manuel Marques Pires	Fitness Hut Coimbra	Veterano M45	55:10	+26:10	05:31
100	849	JKF70	Individual	Veterano M45	55:10	+26:10	05:31
101	888	Sérgio Almeida	Individual	Veterano M45	55:10	+26:10	05:31
102	353	Filipe Martins	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	55:29	+26:29	05:33
103	1250	Luís Nunes	Tribo NR	Veterano M45	55:35	+26:35	05:34
104	156	Carlos Sousa	Chamagás	Veterano M45	55:57	+26:58	05:36
105	220	Ricardo Pinho	CMC	Veterano M45	57:33	+28:33	05:45
106	879	Pedro Ramos	Individual	Veterano M45	57:44	+28:44	05:46
107	1278	Pedro Saraiva	Individual	Veterano M45	57:54	+28:54	05:47
108	839	Dinis António Fonseca Martins	Individual	Veterano M45	57:55	+28:56	05:48
109	1020	João Ricardo Santos	LoveTiles	Veterano M45	58:06	+29:06	05:49
110	213	Acílio Santos Franco Rodrigues Noro	CMC	Veterano M45	58:55	+29:55	05:54
111	873	NUNO MARQUES	Individual	Veterano M45	01:00:47	+31:47	06:05
112	1172	Paulo Torres	Runners & Friends	Veterano M45	01:01:04	+32:04	06:06
113	19	Pedro Pinto	49	Veterano M45	01:01:15	+32:15	06:08
114	1056	Ricardo Custódio	Nadiana	Veterano M45	01:01:55	+32:55	06:12
115	1140	Pedro Nascimento	PORTUGUESE UNITED TRAINING ASSOCIATION	Veterano M45	01:02:40	+33:40	06:16
116	111	João Braga Cruz	Braga Cruz	Veterano M45	01:03:12	+34:12	06:19
117	851	João Cruz	Individual	Veterano M45	01:06:15	+37:15	06:38
118	1111	António Sousa	Os Papa Milhas	Veterano M45	01:06:24	+37:24	06:38
119	837	Carlos Silva	Individual	Veterano M45	01:10:43	+41:43	07:04
120	216	José Carlos Afonso Duarte	CMC	Veterano M45	01:16:20	+47:20	07:38

Veterano M50

1	309	Vitor Oliveira	DCI/Trilhos Luso Bussaco	Veterano M50	34:52	+05:52	03:29
2	306	João Almeida	DCI/Trilhos Luso Bussaco	Veterano M50	35:26	+06:27	03:33
3	899	Fernando Antunes	Individual	Veterano M50	36:49	+07:49	03:41
4	365	Fernando Nogueira	Escola de Atletismo de Coimbra/JPaiva	Veterano M50	37:58	+08:58	03:48
5	367	Luis Oliveira	Escola de Atletismo de Coimbra/JPaiva	Veterano M50	38:47	+09:47	03:53
6	916	Luis Pires	Individual	Veterano M50	39:11	+10:11	03:55
7	921	paulo carvalho	Individual	Veterano M50	39:29	+10:30	03:57
8	909	João Veloso	Individual	Veterano M50	40:20	+11:20	04:02
9	905	Humberto Neves	Individual	Veterano M50	40:32	+11:32	04:03
10	271	David Patricio	CPT Sobral de Ceira	Veterano M50	40:48	+11:49	04:05
11	912	josé carlos santos	Individual	Veterano M50	40:56	+11:57	04:06
12	224	José Manuel Amado Marques	CMC	Veterano M50	41:20	+12:21	04:08
13	73	ANTÓNIO PÊGO	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M50	41:35	+12:35	04:10
14	918	Mário Neves	Individual	Veterano M50	41:55	+12:55	04:12
15	922	Paulo Marques	Individual	Veterano M50	41:57	+12:57	04:12
16	893	António Ribeiro	Individual	Veterano M50	42:05	+13:05	04:13
17	1260	Miguel Coimbra	UC EIRENSE	Veterano M50	42:29	+13:29	04:15

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

18	274	Pedro Roque	CPT Sobral de Ceira	Veterano M50	42:40	+13:40	04:16
19	901	Francisco Machado	Individual	Veterano M50	42:41	+13:41	04:16
20	1230	Oscar Ramalho	Trail Bela Bela	Veterano M50	42:50	+13:50	04:17
21	917	Marcelo Coutinho	Individual	Veterano M50	42:59	+14:00	04:18
22	923	PEDRO PAULO	Individual	Veterano M50	43:39	+14:39	04:22
23	906	João Castro	Individual	Veterano M50	43:40	+14:40	04:22
24	308	José Pereira	DCI/Trilhos Luso Bussaco	Veterano M50	43:44	+14:44	04:22
25	307	Joaquim Martins	DCI/Trilhos Luso Bussaco	Veterano M50	44:02	+15:02	04:24
26	1253	João Bernardino	Tribo NR	Veterano M50	44:24	+15:24	04:26
27	915	Luís Costa	Individual	Veterano M50	44:28	+15:29	04:27
28	115	Hélder Gante	Bttrain - Clube Ferroviário de Coimbra	Veterano M50	44:36	+15:36	04:28
29	1173	Augusto Amaral	Runners & Friends	Veterano M50	45:07	+16:07	04:31
30	924	pedro saraiva	Individual	Veterano M50	45:14	+16:14	04:31
31	1181	Carlos Pires	SACA TRILHOS ANADIA	Veterano M50	45:25	+16:25	04:33
32	1016	João Cavadas	Lágrimas Team	Veterano M50	45:27	+16:28	04:33
33	926	Raul Martins	Individual	Veterano M50	45:45	+16:45	04:35
34	1255	Pedro Elias	Tribo NR	Veterano M50	46:04	+17:04	04:36
35	1174	Luis Pires	Runners & Friends	Veterano M50	46:11	+17:11	04:37
36	1175	Rui Dias	Runners & Friends	Veterano M50	46:11	+17:11	04:37
37	1257	Vítor Figeiredo	Tribo NR	Veterano M50	46:14	+17:15	04:37
38	914	Luís Carvalheiro	Individual	Veterano M50	46:30	+17:30	04:39
39	1205	Manuel Ventura	Solum Runners	Veterano M50	46:50	+17:50	04:41
40	900	Fernando Inacio Medeiros	Individual	Veterano M50	46:53	+17:53	04:41
41	931	VITOR PAULO BORGES DA CRUZ PEREIRA	Individual	Veterano M50	47:10	+18:10	04:43
42	1182	Silvino Pais	SACA TRILHOS ANADIA	Veterano M50	47:14	+18:14	04:43
43	891	António Ferreira	Individual	Veterano M50	47:31	+18:32	04:45
44	929	Rui Monteiro	Individual	Veterano M50	47:42	+18:42	04:46
45	911	Jorge Ribeiro	Individual	Veterano M50	48:28	+19:28	04:51
46	930	Rui Simões	Individual	Veterano M50	48:41	+19:42	04:52
47	895	Basílio Simões	Individual	Veterano M50	48:51	+19:51	04:53
48	1256	Pedro Medina	Tribo NR	Veterano M50	48:52	+19:52	04:53
49	1254	Miguel Teteto	Tribo NR	Veterano M50	48:52	+19:52	04:53
50	894	António salgado	Individual	Veterano M50	48:56	+19:56	04:54
51	927	Ricardo Rocha	Individual	Veterano M50	49:40	+20:40	04:58
52	415	Pedro Fernando	GR	Veterano M50	50:38	+21:38	05:04
53	903	Francisco Viegas	Individual	Veterano M50	50:42	+21:42	05:04
54	902	Francisco Pereira	Individual	Veterano M50	50:48	+21:48	05:05
55	897	Carlos Manuel Gonçalves Carreira	Individual	Veterano M50	51:33	+22:33	05:09
56	1300	Alexandre Gouveia e Melo	Individual	Veterano M50	52:03	+23:03	05:12
57	1151	Acácio José Fidalgo de Albuqerque	QUASEQUEACABAMOS	Veterano M50	52:35	+23:36	05:16
58	1152	Carlos Reste Martiins	QUASEQUEACABAMOS	Veterano M50	52:36	+23:36	05:16
59	366	Jorge Alves	Escola de Atletismo de Coimbra/JPaiva	Veterano M50	53:20	+24:20	05:20
60	1098	Adriano Pião	Olympic Silvas	Veterano M50	53:38	+24:38	05:22
61	892	Antonio Jorge Ferreira	Individual	Veterano M50	53:44	+24:44	05:22

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

62	170	Carlos Ferraro	CluVe	Veterano M50	53:50	+24:50	05:23
63	1117	Celso Ferreira	Out2run	Veterano M50	54:20	+25:20	05:26
64	896	CARLOS GASPAR	Individual	Veterano M50	54:55	+25:55	05:30
65	1252	Armando Rodrigues	Tribo NR	Veterano M50	55:37	+26:37	05:34
66	920	Paulo Barreirinhas	Individual	Veterano M50	56:27	+27:27	05:39
67	35	Mário Marinho	ADCP	Veterano M50	56:29	+27:29	05:39
68	913	Leonildo Manuel Jacob dos Reis	Individual	Veterano M50	57:07	+28:07	05:43
69	246	José Pedro Oliveira	Con_Dores Choupal Coimbra	Veterano M50	57:18	+28:18	05:44
70	222	Carlos Barroso	CMC	Veterano M50	57:34	+28:34	05:45
71	116	Vasco Alexandre Borges	Bttrain - Clube Ferroviário de Coimbra	Veterano M50	57:37	+28:37	05:46
72	898	Daniel Jorge Pereira Pinto	Individual	Veterano M50	58:02	+29:02	05:48
73	1044	José Santos	MIRO TRAIL	Veterano M50	59:11	+30:11	05:55
74	910	Joaquim Gaspar	Individual	Veterano M50	59:23	+30:23	05:56
75	100	João Veloso	Bluepharma Group	Veterano M50	01:03:37	+34:38	06:22
76	991	António Damasceno	IPNrunners	Veterano M50	01:04:49	+35:49	06:29
77	919	Nuno Alves	Individual	Veterano M50	01:09:46	+40:46	06:59

Veterano M55

1	936	Gary Blesson	Individual	Veterano M55	36:42	+07:43	03:40
2	75	PEDRO GERARDO	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M55	38:57	+09:57	03:54
3	244	Fernando Alhau	Coimbra Trail Running	Veterano M55	40:12	+11:12	04:01
4	37	António Patrício	ADR4 ESTAÇÕES	Veterano M55	40:22	+11:22	04:02
5	1183	fernando morais	saca trilhos anadia	Veterano M55	40:33	+11:34	04:03
6	1177	Carlos Conceicao	Runners & Friends	Veterano M55	40:34	+11:34	04:03
7	1102	Rui Melão	OPraticante.pt	Veterano M55	40:43	+11:43	04:04
8	1017	Paulo Cavaleiro	Leitão & Cavaleiro	Veterano M55	40:49	+11:50	04:05
9	171	Mario Carapinheiro	CluVe	Veterano M55	40:50	+11:51	04:05
10	39	José Carlos Ramalho	AnsiBikers	Veterano M55	41:23	+12:23	04:08
11	74	FERNANDO AGANTE	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M55	41:41	+12:41	04:10
12	142	Rui ventura	CCRD BURINHOSA	Veterano M55	42:28	+13:28	04:15
13	135	Carlos Almeida	Casa do Povo de Mangualde	Veterano M55	42:45	+13:45	04:17
14	172	Vitor Gomes	CluVe	Veterano M55	43:30	+14:31	04:21
15	943	José Canha	Individual	Veterano M55	43:40	+14:40	04:22
16	414	Adérito Curto	Gira Sol	Veterano M55	44:02	+15:02	04:24
17	61	José Manuel Castanheiro dos Santos	ARCD Venda da Luisa	Veterano M55	44:33	+15:33	04:27
18	941	João Paulo Duarte Marques	Individual	Veterano M55	44:34	+15:34	04:27
19	945	Manuel	Individual	Veterano M55	44:39	+15:39	04:28
20	953	Virgilio oliveira	Individual	Veterano M55	45:06	+16:06	04:31
21	1176	Carlos Conceicao	Runners & Friends	Veterano M55	45:07	+16:07	04:31
22	951	Rui Teixeira	Individual	Veterano M55	45:20	+16:20	04:32
23	434	João Matos	Hospital da Luz Coimbra	Veterano M55	45:26	+16:26	04:33
24	1258	Álvaro Costa	Tribo NR	Veterano M55	45:40	+16:41	04:34
25	949	Octavio Sergio Rodrigues Linhares	Individual	Veterano M55	45:48	+16:48	04:35

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

26	946	Manuel Oliveira	Individual	Veterano M55	45:59	+16:59	04:36
27	944	Jose FREITAS	Individual	Veterano M55	46:00	+17:00	04:36
28	1155	Almerindo	RGLP	Veterano M55	46:39	+17:39	04:40
29	226	Luís Manuel Lopes Justo Batista	CMC	Veterano M55	47:10	+18:10	04:43
30	369	Fernando Batista	Escola de Atletismo de Coimbra/JPaiva	Veterano M55	47:19	+18:19	04:44
31	227	Ricardo Madureira	CMC	Veterano M55	47:26	+18:26	04:45
32	141	Anibal silva	CCRD BURINHOSA	Veterano M55	47:32	+18:32	04:45
33	1259	Paulo Costa	Tribo NR	Veterano M55	47:33	+18:33	04:45
34	950	Pedro Vicente	Individual	Veterano M55	47:42	+18:42	04:46
35	935	Carlos Marcelino	Individual	Veterano M55	49:06	+20:06	04:55
36	1186	Adelino Nunes	SALDO VÁLIDO TEAM	Veterano M55	49:09	+20:09	04:55
37	952	Victor Santos	Individual	Veterano M55	49:14	+20:14	04:55
38	1014	Rui Manuel Pacheco Duarte	Karrapateira	Veterano M55	49:52	+20:52	04:59
39	939	João Capelôa	Individual	Veterano M55	50:29	+21:30	05:03
40	1054	Firmino Mendes	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterano M55	52:30	+23:30	05:15
41	942	João Rodrigues	Individual	Veterano M55	52:42	+23:42	05:16
42	66	luis costa	ARSM - Associação Recreativa de S. Miguel	Veterano M55	52:47	+23:47	05:17
43	932	Américo Pessoa	Individual	Veterano M55	53:42	+24:42	05:22
44	259	Pedro Coutinho	CPT Coimbra	Veterano M55	54:11	+25:11	05:25
45	1045	Rui Manuel de Melo Lopes	Miro Trail	Veterano M55	54:11	+25:12	05:25
46	1027	Manuel José Fonseca	Manos Fonseca	Veterano M55	55:00	+26:00	05:30
47	934	Carlos	Individual	Veterano M55	55:08	+26:08	05:31
48	937	ILDO FUCS	Individual	Veterano M55	55:10	+26:10	05:31
49	60	José Carlos Rodrigues Fernandes	ARCD Venda da Luisa	Veterano M55	55:17	+26:17	05:32
50	245	Renato Ramos	Coimbra Trail Running	Veterano M55	55:34	+26:34	05:33
51	940	João Manuel Ferreira Correia	Individual	Veterano M55	55:40	+26:40	05:34
52	938	Joao Caetano	Individual	Veterano M55	56:30	+27:30	05:39
53	1193	ILIDIO CORDEIRO	Sicó trilhos	Veterano M55	56:32	+27:32	05:39
54	1120	Licinio Silva	Parrampas	Veterano M55	01:03:01	+34:01	06:18
55	948	Miguel Cunha	Individual	Veterano M55	01:06:54	+37:54	06:41
56	947	manuel pedrosa	Individual	Veterano M55	01:16:35	+47:36	07:40

Veterano M60

1	310	Joaquim Godinho	DCI/Trilhos Luso Bussaco	Veterano M60	40:53	+11:53	04:05
2	966	José Augusto Cortesão	Individual	Veterano M60	40:59	+11:59	04:06
3	76	ALBERTO FRECHES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	Veterano M60	41:24	+12:24	04:08
4	178	José Abade	CluVe	Veterano M60	43:55	+14:55	04:24
5	1081	António Geraldo	O MUNDO DA CORRIDA	Veterano M60	44:17	+15:17	04:26
6	275	Álvaro Coelho	CPT Sobral de Ceira	Veterano M60	44:31	+15:31	04:27
7	276	Carlos Garrido	CPT Sobral de Ceira	Veterano M60	44:49	+15:49	04:29
8	177	Hélder José Ferreira	CluVe	Veterano M60	45:35	+16:35	04:34
9	958	Avelino Silva	Individual	Veterano M60	45:54	+16:54	04:35

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	962	Fernando Rodrigues	Individual	Veterano M60	47:00	+18:00	04:42
11	133	Joaquim Pessoa	Casa do Benfica de Condeixa	Veterano M60	47:07	+18:07	04:43
12	230	José Luís Garcia	CMC	Veterano M60	47:10	+18:10	04:43
13	963	Helder Araujo	Individual	Veterano M60	47:10	+18:10	04:43
14	231	Júlio Manuel da Silva Gonçalves	CMC	Veterano M60	47:19	+18:19	04:44
15	180	Narciso Arromba	CluVe	Veterano M60	47:41	+18:41	04:46
16	1297	Fausto Henrique Matos Carvalho	ARSM	Veterano M60	48:13	+19:13	04:49
17	125	Jorge Alexandre Batista de Campos	Campos	Veterano M60	48:28	+19:28	04:51
18	954	Alcides Marques	Individual	Veterano M60	48:56	+19:56	04:54
19	956	António Apolinário Saraiva	Individual	Veterano M60	48:58	+19:58	04:54
20	435	Fernando Venda	Hospital da Luz Coimbra	Veterano M60	49:17	+20:17	04:56
21	975	Vitor Manuel Borges Fontes	Individual	Veterano M60	50:04	+21:04	05:00
22	1154	Jose Luis Cruz	RG Levanta Poeira	Veterano M60	51:04	+22:04	05:06
23	957	Armando da Costa França	Individual	Veterano M60	51:42	+22:42	05:10
24	261	Fernando Machado	CPT Coimbra	Veterano M60	52:27	+23:27	05:15
25	173	Afonso Macedo	CluVe	Veterano M60	53:24	+24:25	05:20
26	960	Carlos Manuel Alexandre Ferreira	Individual	Veterano M60	54:12	+25:12	05:25
27	965	João Silva	Individual	Veterano M60	54:39	+25:39	05:28
28	181	Valdemar Ferraz	CluVe	Veterano M60	54:59	+25:59	05:30
29	62	José Almeida Correia	ARCD Venda da Luisa	Veterano M60	55:39	+26:39	05:34
30	174	Agostinho Moreira	CluVe	Veterano M60	55:46	+26:46	05:35
31	964	João Carlos Gaspar Simões	Individual	Veterano M60	56:23	+27:23	05:38
32	967	José Luís Duque	Individual	Veterano M60	57:14	+28:14	05:43
33	1178	Jorge Pessoa	Runners & Friends	Veterano M60	57:47	+28:47	05:47
34	973	Rui Girão	Individual	Veterano M60	58:09	+29:09	05:49
35	968	José Manuel Oliveira Madeira	Individual	Veterano M60	01:00:05	+31:05	06:01
36	1127	José Pires Lima	PERNAS INERTES	Veterano M60	01:02:46	+33:46	06:17
37	971	Manuel Pereira	Individual	Veterano M60	01:04:02	+35:02	06:24
38	970	Manuel de Freitas Balhau Jorge	Individual	Veterano M60	01:09:17	+40:17	06:56
39	229	José Luís dos Santos Fernandes	CMC	Veterano M60	01:12:45	+43:45	07:17

COLETIVO - CORRIDA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ESCOLA DE ATLETISMO DE COIMBRA/JPAIVA	2 + 4 + 6 + 7 + 12	31
2	SPORTING CLUBE DE PORTUGAL	1 + 3 + 8 + 15 + 22	49
3	DCI/TRILHOS LUSO BUSSACO	10 + 32 + 38 + 42 + 63	185
4	CENTRO DE ATLETISMO DE TONDELA	27 + 29 + 43 + 54 + 59	212
5	CPT SOBRAL DE CEIRA	9 + 11 + 18 + 47 + 133	218
6	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	19 + 28 + 36 + 90 + 152	325
7	COIMBRA TRAIL RUNNING	34 + 99 + 100 + 108 + 116	457
8	CLUVE	45 + 66 + 76 + 135 + 185	507
9	TRIBO NR	48 + 71 + 154 + 253 + 255	781
10	CMC	92 + 148 + 182 + 187 + 191	800
11	RUNNERS & FRIENDS	125 + 126 + 295 + 296 + 345	1187
12	BUBATEAM 2019	105 + 218 + 269 + 273 + 693	1558
13	HOSPITAL DA LUZ COIMBRA	13 + 307 + 362 + 429 + 487	1598
14	ARCD VENDA DA LUISA	259 + 271 + 312 + 411 + 413	1666
15	BTTRAIN - CLUBE FERROVIÁRIO DE COIMBRA	163 + 274 + 275 + 278 + 809	1799
16	MIRO TRAIL	147 + 318 + 394 + 475 + 476	1810
17	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	98 + 146 + 172 + 606 + 826	1848
18	BRAGA A CORRER	60 + 310 + 438 + 533 + 535	1876
19	SOLUM RUNNERS	304 + 340 + 370 + 400 + 481	1895
20	IPNRUNNERS	155 + 242 + 425 + 514 + 624	1960
21	JM.PULAQUI	97 + 427 + 428 + 469 + 654	2075
22	VIRIATHVS RUNNERS VISEU	106 + 301 + 557 + 628 + 629	2221
23	BLUEPHARMA GROUP	35 + 252 + 328 + 742 + 899	2256
24	QUASEQUEACABAMOS	138 + 458 + 473 + 609 + 610	2288
25	GANG DA PORTELA	212 + 463 + 495 + 573 + 613	2356
26	OS PAPA MILHAS	144 + 171 + 496 + 678 + 889	2378
27	CPT COIMBRA	369 + 405 + 474 + 588 + 604	2440
28	TEAM NOESIS	210 + 446 + 561 + 592 + 648	2457
29	VELOZES E FURIOSOS	209 + 290 + 325 + 850 + 939	2613
30	NEST COLLECTIVE	189 + 330 + 647 + 700 + 800	2666
31	FITNESS HUT COIMBRA	110 + 486 + 596 + 728 + 900	2820
32	NIWA	437 + 457 + 565 + 749 + 791	2999
33	RUN & BURN	292 + 439 + 608 + 859 + 912	3110
34	OLYMPIC SILVAS	492 + 662 + 701 + 702 + 794	3351
35	POLYRUNNERS	334 + 735 + 736 + 828 + 890	3523
36	INLINE ENGENHARIA	690 + 706 + 801 + 802 + 804	3803
37	100 GÁS TRAIL TEAM	536 + 537 + 929 + 934 + 990	3926