

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1	1540	Pedro Ferreira	M	Sport Lisboa e Benfica	Juniores/Séniore	00:31:51	00:31:51
2	1553	ISMAEL QUEIRÓS	M	Sport Lisboa e Benfica	Juniores/Séniore	00:32:44	00:32:44
3	1435	Bruno Silva	M	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:33:03	00:33:03
4	1029	Luis Pereira	M	CT smas Porto	Juniores/Séniore	00:33:22	00:33:21
5	1478	Sérgio Fernando Pinto Sousa	M	AC.D S. João da Serra	VET 40	00:33:40	00:33:40
6	1203	Tiago Teixeira	M	ORALKLASS-ALIANCA-AMIGOS DO TRAIL	Juniores/Séniore	00:35:12	00:35:11
7	1251	António Manuel Figueiredo Moita	M	ANONYMOUS ProSports Challenger	VET 40	00:35:16	00:35:15
8	1283	Vítor Bruno Fernandes Rodrigues	M	ANONYMOUS ProSports Challenger	Juniores/Séniore	00:35:18	00:35:16
9	1008	Domingos Silva	M	Nascidos para Correr - Associação Desportiva	VET 35	00:35:19	00:35:18
10	1587	Joao Seixas	M		VET 35	00:35:38	00:35:37
11	1518	Orlando Neves	M	Boavista F.C	VET 40	00:35:39	00:35:39
12	1320	Tiago Pinto	M	DOUROCONTA TRAIL TEAM	Juniores/Séniore	00:35:57	00:35:55
13	1237	Tiago Moreira	M		Juniores/Séniore	00:36:12	00:36:11
14	1315	Taborda	M	RPL	VET 35	00:36:17	00:36:16
15	1371	JOSE MOTA	M	CICLISTAS COSMICOS GISLOTICA	VET 50	00:36:22	00:36:18
16	1273	SALVADOR JOSÉ CARDODO MANSILHA	M	A C D SÃO JOÃO DA SERRA	VET 45	00:36:42	00:36:37
17	1544	Ricardo Carvalho	M	RUNRIVER - Escola Atletismo Rio Tinto	Juniores/Séniore	00:36:44	00:36:44
18	1170	Paulo Pereira	M		VET 35	00:37:04	00:37:03
19	1304	Francisco Sousa	M		Juniores/Séniore	00:37:04	00:36:55
20	1340	Diogo Serra	M		VET 35	00:37:12	00:37:08
21	1173	José almeida	M	Academia Fernanda Ribeiro	VET 45	00:37:19	00:37:18
22	1437	André Fonseca	M	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:37:25	00:37:24
23	1043	Diogo Vilaça	M	Escola do Movimento	Juniores/Séniore	00:37:25	00:37:16
24	1543	Rui Pedro Ferreira Alves	M	RUNRIVER - Escola Atletismo Rio Tinto	VET 40	00:37:31	00:37:31
25	1446	José Rocha	M	Associação Recreativa Luz e Vida Gondomarense	VET 40	00:37:32	00:37:32
26	1440	David Fernandes	M	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:37:36	00:37:36
27	1445	António Martins	M	Associação Recreativa Luz e Vida Gondomarense	VET 45	00:37:49	00:37:48
28	1318	Bruno Santos	M	DOUROCONTA TRAIL TEAM	Juniores/Séniore	00:37:52	00:37:46
29	1405	Mark Velhote	M	PPT TEAM	VET 40	00:37:58	00:37:51
30	1473	Nelson Marques	M	Trail Santa Iria Running Team	Juniores/Séniore	00:38:02	00:37:56
31	1030	Manuel Duarte Ferreira	M	CT smas Porto	VET 55	00:38:04	00:38:00
32	1241	Hélder Rocha	M	DOUROCONTA TRAIL TEAM	VET 35	00:38:15	00:38:09
33	1009	Domingos Presas	M	Nascidos para Correr - Associação Desportiva	VET 45	00:38:21	00:38:20
34	1166	Paulo Correia	M		VET 40	00:38:25	00:38:17
35	1157	José Moreira	M	Fc parada	Juniores/Séniore	00:38:32	00:38:27
36	1015	André Botelho	M	Nascidos para Correr - Associação Desportiva	VET 40	00:38:33	00:38:33
37	1356	Nelson Santos	M		VET 40	00:38:34	00:38:34
38	1205	Belmiro Moreira	M	ORALKLASS-ALIANCA-AMIGOS DO TRAIL	VET 35	00:38:52	00:38:51
39	1569	Fernando Miguel Neves	M	Centro Ciclista de Gondomar	Juniores/Séniore	00:39:00	00:38:58
40	1379	Vitor Cavadas	M		Juniores/Séniore	00:39:12	00:39:05
41	1156	Pedro Miguel da cruz Teixeira	M	Fc parada	Juniores/Séniore	00:39:12	00:39:01
42	1568	Paulo Alves	M	Gondomar Futsal Clube	VET 40	00:39:16	00:39:14
43	1001	Nuno Vidal	M	Nascidos para Correr - Associação Desportiva	VET 40	00:39:23	00:39:22
44	1158	Américo Da silva Pinto	M		VET 50	00:39:26	00:39:23
45	1486	Jorge Silva	M	Centro Ciclista de Gondomar	VET 50	00:39:39	00:39:37

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
46	1480	Márcio Rocha	M	Team rede ambiente	VET 35	00:39:41	00:39:36
47	1542	Rui Pedro Reis	M	RUNRIVER - Escola Atletismo Rio Tinto	VET 35	00:39:42	00:39:41
48	1307	António Alberto Da Silva Graça	M		VET 60	00:39:42	00:39:35
49	1167	Pedro Teixeira	M		VET 40	00:39:54	00:39:47
50	1010	Carlos Ferreira	M	Nascidos para Correr - Associação Desportiva	VET 45	00:39:59	00:39:57
51	1479	José Pinto	M	Team rede ambiente	Juniores/Séniore	00:40:06	00:40:01
52	1013	Bruno Adrião	M	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:40:12	00:40:09
53	1474	Micael Cunha	M	Trail Santa Iria Running Team	Juniores/Séniore	00:40:17	00:40:11
54	1456	Vergilio Vieira	M		VET 35	00:40:18	00:40:17
55	1487	VITOR RIO	M	SS Montepio	Juniores/Séniore	00:40:47	00:40:44
56	1423	Bruno Filipe Pinto	M		VET 35	00:40:50	00:40:49
57	1290	Carlos Samagaio	M	Amigos das Corridas	VET 35	00:40:52	00:40:50
58	1527	Helder Ferreira	M	Gramidense IFC	VET 35	00:40:53	00:40:41
59	1050	Paulo Santos	M		VET 45	00:40:57	00:40:52
60	1442	Ricardo Almeida	M	Associação Recreativa Luz e Vida Gondomarense	VET 35	00:41:03	00:41:02
61	1171	João Pereira	M		VET 40	00:41:04	00:41:01
62	1588	Americo Areias	M		VET 40	00:41:05	00:40:51
63	1469	José Lopes	M	Not Run Alone	VET 45	00:41:11	00:41:08
64	1582	António Rocha	M	Gondomar Futsal Clube	VET 55	00:41:15	00:41:14
65	1330	Ricardo Oliveira	M	DIVISÃO DE ELITE	Juniores/Séniore	00:41:27	00:41:17
66	1427	Paulo Jorge Ferreira	M	Município Gondomar	VET 45	00:41:29	00:41:29
67	1470	Pedro Barbosa	M	Not Run Alone	VET 35	00:41:30	00:41:27
68	1372	Bruno Freitas	M	DIVISÃO DE ELITE	Juniores/Séniore	00:41:37	00:41:25
69	1609	Ângelo Pereira	M	Centro Ciclista de Gondomar	VET 50	00:41:44	00:41:27
70	1450	Serafim Ramos	M	Clube do Pessoal EDP - Porto	VET 55	00:41:53	00:41:49
71	1449	JOSE ANDRADE	M		VET 45	00:41:58	00:41:48
72	1059	Cristophe Moreira	M	Nascidos para Correr - Associação Desportiva	VET 40	00:41:59	00:41:56
73	1003	Marco Almeida	M	Nascidos para Correr - Associação Desportiva	VET 40	00:42:07	00:42:05
74	1174	Paulo pinho	M		Juniores/Séniore	00:42:07	00:42:00
75	1053	Cesar Neves	M		VET 35	00:42:11	00:42:04
76	1054	Hugo Carvalho	M		VET 40	00:42:11	00:42:05
77	1399	sergio nuno ferreira silva	M		Juniores/Séniore	00:42:14	00:41:41
78	1285	Felipe freitas souza	M		Juniores/Séniore	00:42:14	00:42:07
79	1287	Fernando Souza	M		Juniores/Séniore	00:42:15	00:42:09
80	1447	José Sousa	M	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:42:20	00:42:18
81	1337	Mario Nogueira	M		VET 50	00:42:23	00:42:09
82	1007	Emanuel M. Valente	M	Nascidos para Correr - Associação Desportiva	VET 50	00:42:25	00:42:23
83	1202	Rita Loureiro	F	ORALKLASS-ALIANCA-AMIGOS DO TRAIL	Juniores/Séniore	00:42:25	00:42:24
84	1590	Carlos Eduardo Ferreira Viana	M		Juniores/Séniore	00:42:26	00:42:21
85	1039	Marco Esteves	M		Juniores/Séniore	00:42:27	00:42:15
86	1528	Angelo Cabral	M	Gramidense IFC	VET 35	00:42:30	00:42:17
87	1002	Nuno Ferreira	M	Nascidos para Correr - Associação Desportiva	VET 35	00:42:48	00:42:47
88	1303	carlos Moreira	M		Juniores/Séniore	00:42:48	00:42:43
89	1240	Nuno Costa	M		VET 40	00:43:00	00:42:57
90	1538	Hugo Alexandre Silva Amaro	M		VET 40	00:43:11	00:42:53

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
91	1004	Manuel Sampaio	M	Nascidos para Correr - Associação Desportiva	VET 60	00:43:13	00:43:12
92	1482	Orlando Sousa	M	DIVISÃO DE ELITE	Juniores/Séniore	00:43:18	00:43:07
93	1434	Sónia Sousa	F	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:43:26	00:43:25
94	1436	Fernando Maia	M	HAPPYRUN	VET 55	00:43:32	00:43:20
95	1302	Vitor Evaristo Sousa Pinto Rcahao	M		VET 60	00:43:40	00:43:37
96	1012	Bruno Ferreira	M	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:43:49	00:43:44
97	1577	Joana Cardoso	F	Gondomar Futsal Clube	Juniores/Séniore	00:43:51	00:43:49
98	1061	Miguel Moura	M	Moura & Amigos	VET 40	00:43:52	00:43:41
99	1319	Armando Fonseca	M	DOUROCONTA TRAIL TEAM	Juniores/Séniore	00:43:52	00:43:46
100	1410	Fernando Santos	M	Jotas	VET 50	00:44:05	00:43:33
101	1433	Andreia Azevedo	F	Associação Recreativa Luz e Vida Gondomarense	Juniores/Séniore	00:44:12	00:44:12
102	1413	Rui Fernando Gomes	M		VET 35	00:44:15	00:44:06
103	1255	Ricardo Lima Teixeira	M	Os Coxos	VET 45	00:44:17	00:44:03
104	1027	Jose bento morais	M	Amigos atletismo magna	VET 50	00:44:18	00:44:15
105	1200	Luis Carlos Ferreira Lobo	M	All-Titudes Trail Team	VET 40	00:44:23	00:44:13
106	1005	José Andrade	M	Nascidos para Correr - Associação Desportiva	VET 35	00:44:29	00:44:27
107	1551	José Miguel Neves	M		VET 45	00:44:38	00:44:24
108	1289	carlos Araújo	M	Amigos das Corridas	VET 40	00:44:38	00:44:36
109	1541	Eduardo Brandao	M	Gondomar Futsal Clube	Juniores/Séniore	00:44:40	00:44:40
110	1215	Luis Castro	M	Sporting Clube da Cruz	VET 55	00:44:43	00:44:41
111	1322	Alfredo Santos	M	DOUROCONTA TRAIL TEAM	VET 40	00:44:45	00:44:38
112	1387	Jose Lino Ferreira Moura	M		VET 50	00:44:49	00:44:44
113	1253	Sérgio Lima Teixeira	M	Os Coxos	VET 40	00:44:51	00:44:37
114	1336	Pedro Reina	M		Juniores/Séniore	00:44:55	00:44:20
115	1016	Adão Dias	M	Nascidos para Correr - Associação Desportiva	VET 60	00:44:56	00:44:55
116	1272	Ricardo Peixoto	M		Juniores/Séniore	00:44:57	00:44:47
117	1269	Francisco Monteiro	M		VET 40	00:44:58	00:44:22
118	1415	MARIA JOÃO MADEIRA	F	N.A. PAPAGAIOS CASCAIS	VET 45	00:45:05	00:45:01
119	1357	Joaquim Nogueira	M		VET 60	00:45:06	00:44:55
120	1221	Bruno Vigário	M	Gondomar Futsal Clube	Juniores/Séniore	00:45:13	00:45:09
121	1288	Mário Jorge Gomes Moreira	M		VET 45	00:45:23	00:45:01
122	1411	Fernando Jorge Da Silva Couto	M	Jotas	VET 45	00:45:31	00:45:00
123	1060	Paulo Machado	M	Nascidos para Correr - Associação Desportiva	VET 45	00:45:35	00:45:33
124	1545	Paulo Almeida	M	RUNRIVER - Escola Atletismo Rio Tinto	VET 40	00:45:35	00:45:24
125	1052	Domingos Ferreira Soares	M		VET 55	00:45:35	00:45:24
126	1323	Rui Marques	M	DOUROCONTA TRAIL TEAM	VET 40	00:45:46	00:45:40
127	1332	Ricardo Manuel Lopes Rocha	M		Juniores/Séniore	00:45:48	00:45:28
128	1414	Arménio de Melo Casal	M		VET 60	00:45:48	00:45:43
129	1046	Sara Almeida Rodrigues Alves Gomes	F	Correr Lisboa	Juniores/Séniore	00:45:53	00:45:48
130	1045	David Ribeiro Louro Pereira	M	Correr Lisboa	Juniores/Séniore	00:45:53	00:45:43
131	1325	Manuel Santos	M	DOUROCONTA TRAIL TEAM	Juniores/Séniore	00:45:53	00:45:44
132	1422	Manuel Santos Silva	M		VET 45	00:45:55	00:45:35
133	1058	Raquel Andrade	F	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:46:19	00:46:15
134	1011	Bruno Moura	M	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:46:19	00:46:15
135	1301	serafim fonseca	M	os amigos de s.pedro da cova	VET 60	00:46:21	00:46:11

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
136	1476	Paulo Oliveira	M	Trail Santa Iria Running Team	VET 40	00:46:21	00:46:14
137	1204	Gonçalo Pereira de Oliveira	M		VET 35	00:46:26	00:46:04
138	1471	Jose Carlos Vieira Sousa	M	Trail Santa Iria Running Team	Juniores/Séniore	00:46:26	00:46:18
139	1031	José Manuel Carmo Neves	M	CT smas Porto	VET 50	00:46:31	00:46:25
140	1314	sérgio Miguel Batista Couto	M	MaiaBoxFit	VET 40	00:46:36	00:46:18
141	1362	Sergio Filipe Maia de Sousa	M		VET 35	00:46:37	00:46:26
142	1217	ANDRÉ MARTINS	M	A D ESMERIZ RUNNING	VET 35	00:46:47	00:46:40
143	1036	Eduardo Rodrigues	M	Município Gondomar	Juniores/Séniore	00:46:52	00:46:49
144	1226	António Rocha	M		Juniores/Séniore	00:46:52	00:46:48
145	1468	Joaquim Fernando Martins Santos	M		Juniores/Séniore	00:46:55	00:46:41
146	1206	Maria Batista	F		VET 45	00:46:57	00:46:28
147	1023	Nuno Ribeiro	M		Juniores/Séniore	00:46:58	00:46:34
148	1400	Nuno Cardoso	M	dentalDOCTORS	VET 40	00:47:03	00:46:28
149	1601	Francisco Tavares	M		Juniores/Séniore	00:47:14	00:46:42
150	1424	Luis Filipe Rocha	M	Município Gondomar	VET 35	00:47:19	00:46:48
151	1508	João Gabriel Almeida Amaro	M	Opticalia	VET 45	00:47:20	00:47:11
152	1507	Rui Miguel Moreira Mota dos Santos	M	Opticalia	VET 40	00:47:21	00:47:12
153	1028	Rui Sousa	M		VET 40	00:47:22	00:47:05
154	1522	ruí ferraz	M		VET 35	00:47:22	00:47:12
155	1364	Joel Francisco Alves Faria	M		Juniores/Séniore	00:47:23	00:47:08
156	1232	André Silva	M		Juniores/Séniore	00:47:24	00:46:52
157	1252	Elsa Patricia dos Santos Oliveira Conceição Moita	F	ANONYMOUS ProSports Challenger	VET 35	00:47:29	00:47:25
158	1257	Amadeu Fernandes	M	Os Coxos	VET 45	00:47:30	00:47:15
159	1425	Adélio Pedro Lima	M	Município Gondomar	Juniores/Séniore	00:47:40	00:47:09
160	1369	ABILIO SOARES	M		VET 60	00:47:44	00:47:38
161	1448	JOSE CARRIÇO	M		VET 40	00:47:46	00:47:24
162	1575	José Conceição	M	Gondomar Futsal Clube	Juniores/Séniore	00:47:47	00:47:13
163	1566	Maria João Lima	F	AASM Triatlo	VET 50	00:47:47	00:47:36
164	1393	Daniela Soares	F	Unidos à Fresca	VET 35	00:47:49	00:47:18
165	1395	David Pinto	M	Unidos à Fresca	VET 45	00:47:49	00:47:19
166	1160	Hugo Miguel Noga Gaudêncio	M	Ginásio Clube de Bragança	VET 40	00:47:51	00:47:29
167	1483	Adalberto Correia Lima Figueiredo	M	Grupo Desportivo Santander Totta	VET 40	00:47:53	00:47:42
168	1580	Filipe Leitão	M	Gondomar Futsal Clube	VET 35	00:47:53	00:47:43
169	1324	Marco Castro	M	DOUROCONTA TRAIL TEAM	VET 40	00:47:56	00:47:50
170	1299	joão fonseca	M	os amigos de s.pedro da cova	VET 35	00:48:04	00:47:55
171	1277	Helena Santos	F	F.C. Oliveira do Douro	VET 45	00:48:06	00:47:59
172	1572	Pedro Sousa	M	Gondomar Futsal Clube	VET 45	00:48:15	00:48:11
173	1359	Ivo Gonzaga	M		Juniores/Séniore	00:48:17	00:47:56
174	1377	Filipe Pinto	M	Invicta Runners Team	VET 35	00:48:23	00:47:56
175	1349	Elisabete Cunha	F		VET 35	00:48:30	00:48:23
176	1526	Miguel Teixeira	M	Gramidense IFC	VET 35	00:48:39	00:48:33
177	1594	Jorge Abreu	M	Belém Runners	Juniores/Séniore	00:48:41	00:48:31
178	1596	Rui Pinho	M		VET 40	00:48:41	00:48:31
179	1218	Ibraim Sousa	M		VET 35	00:48:43	00:48:32
180	1599	Manuel Gonçalves	M		VET 55	00:48:45	00:48:36

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
181	1309	Luís Paulo de Castro Feiteira	M	Portelinha	VET 40	00:48:48	00:48:35
182	1236	Alberto César	M		VET 40	00:48:55	00:48:44
183	1426	Amadeu Lourenço Pereira Cardoso	M		VET 40	00:49:04	00:48:57
184	1216	Francisco Bogalho	M	ORALKLASS-ALIANCA-AMIGOS DO TRAIL	VET 35	00:49:14	00:49:05
185	1284	Nuno Miguel Sousa	M	MaiaBoxFit	VET 35	00:49:16	00:48:57
186	1360	Vânia Ferreira	F		Juniores/Séniore	00:49:22	00:49:01
187	1461	Helder oliveira	M	Chaplin	VET 35	00:49:31	00:49:23
188	1294	Jorge António da Costa Pereira	M		VET 55	00:49:31	00:48:59
189	1165	Marta Teixeira	F	Teixeira	Juniores/Séniore	00:49:43	00:49:39
190	1401	Nuno Monteiro	M		Juniores/Séniore	00:49:44	00:49:30
191	1381	Tiago Miguel Oliveira de Sousa	M		Juniores/Séniore	00:49:44	00:49:18
192	1163	José Carlos teixeira	M	Teixeira	VET 45	00:49:46	00:49:42
193	1084	Mário Noronha	M		VET 35	00:49:47	00:49:26
194	1608	Francisco Armando Ferreira Teixeira	M		VET 50	00:49:49	00:49:36
195	1282	Sandra Maria Guedes da Silva Cardoso	F		VET 40	00:49:54	00:49:46
196	1529	Paulo José Ferreira da Costa	M		VET 45	00:49:54	00:49:52
197	1223	Lúcia Santos	F		Juniores/Séniore	00:49:56	00:49:52
198	1021	EDUARDA ALVES	F		Juniores/Séniore	00:49:57	00:49:50
199	1592	Américo Martins	M		VET 40	00:50:01	00:49:41
200	1497	José Silva	M	Município Gondomar	VET 50	00:50:02	00:49:39
201	1228	Nelson Pedro Pinto Santos	M		VET 35	00:50:04	00:49:49
202	1574	José Mendes	M	Gondomar Futsal Clube	VET 50	00:50:05	00:49:57
203	1152	Lá-Salete Pinto	F		VET 40	00:50:08	00:49:55
204	1598	Rui Ribeiro	M		VET 45	00:50:11	00:49:55
205	1462	Vitor Daniel Ribeiro Pereira	M		Juniores/Séniore	00:50:20	00:49:58
206	1606	Luis CERQUEIRA	M	AMA Associação Mondim Atletismo	VET 50	00:50:24	00:50:12
207	1417	Sandra Carvalho	F		VET 40	00:50:24	00:50:17
208	1593	Armando Ferreira	M		VET 45	00:50:25	00:50:16
209	1219	Fernando Pedro Moreira	M		Juniores/Séniore	00:50:30	00:50:15
210	1207	Hugo André Vaz Faria Couto	M		Juniores/Séniore	00:50:31	00:50:16
211	1038	Manuel Emidio	M		VET 60	00:50:33	00:50:24
212	1245	Hugo Miguel Bento Ferreira	M		VET 35	00:50:33	00:49:59
213	1057	Rui Dias	M	Nascidos para Correr - Associação Desportiva	VET 55	00:50:41	00:50:38
214	1352	Pedro Meirinhos	M		Juniores/Séniore	00:50:44	00:50:20
215	1042	Ana Catarina Carvalho Pereira	F	ANAG TENNIS TEAM	Juniores/Séniore	00:50:46	00:50:16
216	1040	Afonso Silva	M	Ciclocabanas	VET 45	00:50:52	00:50:48
217	1366	Edilberto Manuel Ferreira da Costa	M		VET 40	00:50:52	00:50:48
218	1334	Bartolomeu Mota	M	Grupo Desportivo Limpeza Urbana	VET 50	00:51:00	00:50:49
219	1169	Sergio Moreira	M		VET 35	00:51:02	00:50:58
220	1585	Alexandre Barbosa	M	Gondomar Futsal Clube	VET 60	00:51:04	00:50:57
221	1441	Pedro Barros	M	HAPPYRUN	VET 40	00:51:07	00:51:03
222	1438	Teresa Maia	F	HAPPYRUN	VET 55	00:51:08	00:51:04
223	1159	Carlos Dinis Fernandes	M	Ginásio Clube de Bragança	VET 50	00:51:09	00:50:47
224	1563	Luis Mota Duarte	M		VET 35	00:51:16	00:50:48
225	1564	Jorge Gonçalves	M		VET 45	00:51:16	00:50:48

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
226	1259	Ilidio Moreira	M	PPT TEAM	VET 40	00:51:22	00:50:54
227	1316	José Ribeiro	M		Juniores/Séniore	00:51:48	00:51:34
228	1444	Serafim Ferreira	M	Associação Recreativa Luz e Vida Gondomarense	VET 50	00:51:48	00:51:33
229	1296	Pedro Marinho	M	ANAG TENNIS TEAM	VET 35	00:51:52	00:51:22
230	1498	Patricia Tavares	F	Xanfras	Juniores/Séniore	00:51:56	00:51:36
231	1455	Rui Sá	M	Radio Jornal FM Runners	VET 40	00:51:57	00:51:40
232	1032	Sérgio Manuel Monteiro Pereira	M		VET 40	00:52:11	00:51:52
233	1018	Diogo André Monteiro da Silva	M		Juniores/Séniore	00:52:12	00:51:44
234	1586	Hugo Mesquita	M		VET 40	00:52:17	00:51:57
235	1421	Alberto Henrique Sobral	M		VET 40	00:52:18	00:52:09
236	1604	Pedro Lopes	M		Juniores/Séniore	00:52:42	00:52:10
237	1475	José Carlos Resse Lascasas	M	Trail Santa Iria Running Team	VET 45	00:52:45	00:52:35
238	1051	Jerónimo Rocha	M		VET 45	00:52:45	00:52:24
239	1408	JOAQUIM ALEIXO	M		VET 45	00:52:48	00:52:20
240	1238	Mónica Santos	F		VET 35	00:52:48	00:52:38
241	1047	Ângelo Fernando Ramos Fernandes	M	Navegantes	Juniores/Séniore	00:52:49	00:52:36
242	1306	Francisca Marques	F		VET 55	00:52:59	00:52:31
243	1275	Antonio Correia	M		Juniores/Séniore	00:53:00	00:52:39
244	1370	Jorge Manuel Soares Correia	M		VET 35	00:53:00	00:52:39
245	1554	ALBERTO LIZARDO	M		VET 60	00:53:04	00:52:54
246	1014	Bernardo Mota	M	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:53:04	00:53:00
247	1404	Cristina Loureiro	F	dentalDOCTORS	VET 40	00:53:05	00:52:30
248	1539	João Rodrigues	M		Juniores/Séniore	00:53:07	00:52:39
249	1305	Ana Costa	F		Juniores/Séniore	00:53:12	00:53:02
250	1083	Ricardo Jorge Azenha Pires Pereira Monteiro	M		VET 40	00:53:14	00:52:59
251	1597	Alexandre João Valente Pereira da Silva Santos	M		VET 40	00:53:14	00:53:04
252	1346	antonio jorge F O gomes	M		VET 50	00:53:19	00:53:03
253	1035	Ana Campanhã	F	Radio Jornal FM Runners	Juniores/Séniore	00:53:23	00:53:07
254	1595	Cosme Almeida	M		VET 35	00:53:25	00:53:14
255	1491	Nuno Faro	M	Hyundai IRUN	VET 35	00:53:28	00:53:08
256	1351	João Lopes	M		VET 50	00:53:32	00:53:14
257	1281	Vitor Manuel Pereira Cardoso	M		VET 40	00:53:39	00:53:31
258	1477	César Ferreira	M		VET 35	00:53:39	00:53:28
259	1472	Altino Rocha	M	Trail Santa Iria Running Team	VET 40	00:53:45	00:53:38
260	1354	Cláudio Lísias Santos	M		VET 35	00:53:53	00:53:37
261	1172	Bruno Monteiro	M	All-Titudes Trail Team	Juniores/Séniore	00:53:54	00:53:33
262	1432	Carlos Manuel Guedes	M	Município Gondomar	VET 35	00:53:54	00:53:32
263	1548	emidio pontes	M	os amigos de s.pedro da cova	VET 50	00:54:00	00:53:42
264	1451	Sérgio Peixe	M		Juniores/Séniore	00:54:09	00:53:35
265	1055	Silvia Sousa	F	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	00:54:24	00:54:22
266	1403	Jorge Nogueira	M	ANAG TENNIS TEAM	VET 40	00:54:40	00:54:19
267	1154	António Pereira	M	Município Gondomar	VET 40	00:54:41	00:54:22
268	1571	Rosa Mendes	F	Gondomar Futsal Clube	VET 50	00:54:44	00:54:40
269	1262	EMANUEL MOTA	M		VET 40	00:54:45	00:54:19
270	1512	João Paulo Fonseca	M		VET 50	00:54:54	00:54:36

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
271	1385	João Paulo Andrade Carvalho	M	LUSOS XXI	VET 35	00:54:59	00:54:51
272	1603	Júlio Lopes	M		Juniores/Séniore	00:55:01	00:54:30
273	1329	Paulo Lara	M		VET 40	00:55:03	00:54:51
274	1519	Ricardo Ribeiro	M		VET 35	00:55:04	00:54:44
275	1454	Sara Gomes	F		VET 50	00:55:04	00:55:03
276	1235	Joana Pão Trigo	F	MaGni7	Juniores/Séniore	00:55:05	00:54:46
277	1457	Pedro Joaquim Ferreira Alves	M		Juniores/Séniore	00:55:05	00:54:35
278	1300	Bruno Lopes da Silva	M	MaGni7	VET 40	00:55:05	00:54:47
279	1567	Eduardo Castro	M		VET 40	00:55:06	00:55:01
280	1153	João Ricardo Sárria Vasconcelos Moura de Castro	M		VET 35	00:55:07	00:54:45
281	1591	João Manuel Dias Carvalho	M		VET 40	00:55:10	00:54:56
282	1034	José Paulo Neves Gonçalves	M		VET 45	00:55:10	00:54:47
283	1397	Mafalda Luis	F		Juniores/Séniore	00:55:13	00:54:45
284	1293	Joana Moura	F	ELITE NM	Juniores/Séniore	00:55:14	00:54:45
285	1233	Damião Pacheco	M	Associação Recreativa de Francelos	VET 45	00:55:14	00:54:45
286	1292	Ana Ferreira	F	Elite NM	Juniores/Séniore	00:55:16	00:54:46
287	1213	Tiago Ribeiro Barbosa	M		Juniores/Séniore	00:55:16	00:54:46
288	1033	Luis Pedro Almeida Neves Silva	M		VET 40	00:55:19	00:54:56
289	1514	Pedro Gonçalves	M	Xanfras	VET 35	00:55:21	00:55:00
290	1570	Nelson Silva	M	Gondomar Futsal Clube	VET 55	00:55:23	00:55:10
291	1000	Paula Nogueira	F	Nascidos para Correr - Associação Desportiva	VET 45	00:55:32	00:55:24
292	1056	Teresinha Castro	F	Nascidos para Correr - Associação Desportiva	VET 35	00:55:32	00:55:24
293	1313	Pedro Filipe Pinto Ribeiro	M		Juniores/Séniore	00:55:45	00:55:23
294	1210	Fernando Jorge Silva Pereira	M	Infante Remo	VET 45	00:55:46	00:55:16
295	1458	Suzana Rios	F		VET 45	00:55:46	00:55:17
296	1355	Pedro Magalhães	M		Juniores/Séniore	00:55:52	00:55:18
297	1375	vanessa martins	F		VET 35	00:55:53	00:55:31
298	1168	António Carvalho Gonçalves	M		VET 60	00:55:56	00:55:52
299	1515	Rita Martins	F	Xanfras	VET 40	00:55:56	00:55:35
300	1048	Jorge Fernando Coimbra de Sá Cruz	M	Navegantes	VET 40	00:56:11	00:55:58
301	1225	João Queirós	M		Juniores/Séniore	00:56:14	00:55:56
302	1492	Ilidio Santos	M	Hyundai IRUN	Juniores/Séniore	00:56:22	00:56:00
303	1220	Ticha Pereira	F	Gondomar Futsal Clube	VET 35	00:56:24	00:56:20
304	1386	Etelvina Santos	F	DOUROCONTA TRAIL TEAM	VET 35	00:56:28	00:56:03
305	1243	Angela Lopes	F		VET 50	00:56:30	00:56:19
306	1161	Sérgio Pereira	M		VET 35	00:56:37	00:56:31
307	1546	Rui Carvalho	M		VET 40	00:56:46	00:56:22
308	1493	Sonia Almeida	F	Hyundai IRUN	Juniores/Séniore	00:57:08	00:56:44
309	1584	Anabela Peixoto	F	Gondomar Futsal Clube	Juniores/Séniore	00:57:09	00:57:03
310	1494	Alberto Almeida	M	Hyundai IRUN	VET 35	00:57:15	00:56:51
311	1439	Maria Helena Maia	F	HAPPYRUN	VET 50	00:57:25	00:57:21
312	1365	Verónica Fernandes	F		VET 40	00:57:50	00:57:31
313	1310	José Canossa	M		Juniores/Séniore	00:57:50	00:57:31
314	1341	Tânia Rocha	F	DOUROCONTA TRAIL TEAM	Juniores/Séniore	00:57:51	00:57:37
315	1258	Nuno Maio	M	Jeremias Team	Juniores/Séniore	00:58:03	00:57:38

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
316	1521	Celeste Ribeiro	F		VET 45	00:58:10	00:53:04
317	1368	claudia moura	F	rmcosta	VET 40	00:58:13	00:57:58
318	1367	Rui Costa	M	rmcosta	VET 45	00:58:14	00:57:57
319	1317	Sana	F	RPL	VET 35	00:58:14	00:57:54
320	1583	Pedro Rodrigues	M	Gondomar Futsal Clube	Juniores/Séniore	00:58:16	00:58:10
321	1416	Marco Martins	M	Município Gondomar	VET 35	00:58:32	00:58:31
322	1459	Márcia Cristina Silva	F		VET 40	00:58:32	00:58:03
323	1041	Rui Pinto	M		VET 35	00:58:32	00:58:10
324	1533	Joao Sousa	M	Clínica de Gondomar - Medicina Dentária	VET 40	00:58:33	00:57:55
325	1602	Henrique Tavares	M		Juniores/Séniore	00:59:02	00:58:30
326	1280	Catarina Viana	M	Jeremias Team	Juniores/Séniore	00:59:04	00:58:39
327	1396	João Mota	M	dentalDOCTORS	VET 35	00:59:06	00:58:35
328	1250	José Monteiro	M		VET 40	00:59:16	00:58:39
329	1406	Celso Mota	M	dentalDOCTORS	VET 40	00:59:16	00:58:39
330	1463	José Joaquim da Silva Mndes	M		VET 35	00:59:28	00:59:08
331	1557	Odete Sofia Borges Carvalho	F	Opticalia	Juniores/Séniore	00:59:29	00:59:01
332	1565	Pedro Manuel Santos Soares	M	Opticalia	VET 35	00:59:29	00:58:59
333	1558	Carlos Miguel da Rocha Oliveira	M	Opticalia	Juniores/Séniore	00:59:30	00:59:00
334	1524	Sónia Botelho	F		VET 35	00:59:44	00:59:32
335	1523	Luis Miguel	M		VET 35	00:59:44	00:59:31
336	1600	António Alves	M		VET 60	00:59:49	00:59:46
337	1339	Maria Tavares	F		VET 45	01:00:03	00:59:34
338	1276	Ana Rocha	F	Aerodance Trail Running	Juniores/Séniore	01:00:06	00:59:42
339	1560	Marcos Bruno Castro Teixeira	M	Opticalia	VET 35	01:00:07	00:59:53
340	1530	Hermínia Oliveira	F	" Os Pressinhas "	VET 45	01:00:07	00:59:51
341	1573	Luís Peixoto	M	Gondomar Futsal Clube	Juniores/Séniore	01:00:23	01:00:12
342	1006	Emanuela Gonçalves	F	Nascidos para Correr - Associação Desportiva	Juniores/Séniore	01:00:25	01:00:21
343	1428	Manuel Alvarino	M	Uma Vez Perdi-me no Monte	VET 40	01:00:33	00:59:58
344	1430	Joaquim Leite	M	Uma Vez Perdi-me no Monte	VET 50	01:00:33	00:59:58
345	1347	Nuno Bartolomeu Mota	M		Juniores/Séniore	01:00:35	01:00:24
346	1291	Lénio Fernando Nogueira Marinho	M		VET 60	01:00:44	01:00:35
347	1278	Fernando Teixeira	M		VET 60	01:00:47	01:00:41
348	1279	Miguel Ángel	M		VET 35	01:00:47	01:00:42
349	1607	manuel machado	M	AMA Associação Mondim Atletismo	VET 60	01:00:52	01:00:40
350	1380	ELSA LEITE	F	PITWOMAN	VET 40	01:01:25	01:00:57
351	1578	António José Queiros	M	Gondomar Futsal Clube	VET 55	01:01:26	01:01:18
352	1485	Sérgio André Pereira Silva	M		VET 35	01:01:34	01:01:15
353	1484	Eduardo Filipe Pereira Santos Silva	M		VET 40	01:01:35	01:01:15
354	1500	JOANA RODRIGUES SOUSA	F	PT JRSOUSA TEAM	VET 35	01:01:38	01:01:06
355	1501	SUSANA MARINHO	F	PT JRSOUSA TEAM	VET 35	01:01:39	01:01:05
356	1326	Fernando Miguel Pinto Ribeiro	M		VET 40	01:01:45	01:01:23
357	1049	David Manuel Coimbra de Sá cruz	M	Navegantes	VET 35	01:01:53	01:01:40
358	1534	Rui Marques	M	Clínica de Gondomar - Medicina Dentária	VET 40	01:01:54	01:01:17
359	1382	MARIA DA GRAÇA FARELO	F	PITWOMAN	VET 45	01:02:17	01:01:49
360	1581	Cidália Peixoto	F	Gondomar Futsal Clube	VET 40	01:02:54	01:02:44



Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
361	1266	Carla Patrícia Sousa	F		VET 35	01:03:15	01:02:58
362	1338	Fernando Jorge Jesus Oliveira	M		VET 45	01:03:15	01:02:59
363	1516	Ricardo Romariz	M	Xanfras	VET 35	01:03:15	01:02:54
364	1234	Lília Santos	F	DOUROCONTA TRAIL TEAM	Juniores/Séniore	01:03:15	01:02:50
365	1348	ana sofia garrido	F		VET 35	01:03:16	01:02:59
366	1506	ANA SOFIA TEIXEIRA BARBOSA	F	PT JRSOUSA TEAM	Juniores/Séniore	01:03:17	01:02:42
367	1550	A. Jorge S.Correia	M		VET 55	01:03:23	01:03:12
368	1212	Nuno Miguel Salgado Silva	M		VET 35	01:03:25	01:02:53
369	1026	José Francisco Mota Vaz	M	Lentinhos	VET 50	01:03:25	01:03:23
370	1211	Catia Cristina Ferreira Magalhaes	F		VET 35	01:03:26	01:02:53
371	1025	Ana Maria Correia Araújo Oliveira	F	Lentinhos	VET 50	01:03:26	01:03:23
372	1361	Sara Daniela Sousa Monteiro Barbosa	F		VET 35	01:03:27	01:03:22
373	1222	Sara vigario	F		VET 35	01:03:58	01:03:53
374	1020	Maria Clara Dos Santos Pinto	F		VET 40	01:04:11	01:03:13
375	1267	Ana Carina Cerqueira Ferreira	F	Zumba Carinicas	Juniores/Séniore	01:04:11	01:03:46
376	1412	Arménio Manuel da Costa Casal	M	Grupo Desportivo Ferroviários Campanhã	VET 45	01:04:13	01:03:49
377	1260	João Nuno Ribeiro	M	Jeremias Team	Juniores/Séniore	01:04:27	01:04:03
378	1376	LISETE OLIVEIRA	F	PITWOMAN	VET 35	01:05:13	01:04:44
379	1162	MARIA JOÃO	F		VET 50	01:05:14	01:04:48
380	1388	João Miranda de Azevedo	M	dentalDOCTORS	VET 40	01:05:16	01:04:41
381	1389	Luisa Azevedo	F	dentalDOCTORS	VET 45	01:05:16	01:04:41
382	1509	joao cardoso	M		VET 45	01:05:50	01:05:31
383	1505	HELENA CARDOSO	F	PT JRSOUSA TEAM	VET 40	01:06:09	01:05:37
384	1378	CLAUDIA CARVALHO	F	PITWOMAN	VET 35	01:06:09	01:05:40
385	1495	Tiago Sousa	M		Juniores/Séniore	01:06:43	01:06:26
386	1496	Matthew Longo	M		VET 35	01:06:43	01:06:25
387	1342	Filipe Coutinho	M	Aerodance Trail Runnig	VET 40	01:06:43	01:06:20
388	1274	Liliana Cerqueira	F	Aerodance Trail Running	Juniores/Séniore	01:06:44	01:06:20
389	1312	Ana Isabel Caio dos Santos	F		VET 35	01:06:44	01:06:29
390	1555	Ana Cristina Pereira Rodrigues	F	Opticalia	Juniores/Séniore	01:06:50	01:06:21
391	1556	Joaquim Isaque Ribeiro Silva	M	Opticalia	Juniores/Séniore	01:06:50	01:06:21
392	1311	João Strecht	M		VET 45	01:07:02	01:06:36
393	1335	Helder Claro	M	Grupo Desportivo Limpeza Urbana	VET 35	01:07:09	01:06:39
394	1254	Inês Cardoso	F	Jeremias Team	Juniores/Séniore	01:07:28	01:07:03
395	1227	Ana Faria	F		Juniores/Séniore	01:07:29	01:07:11
396	1363	Sofia Brandão Neto Silva	F		Juniores/Séniore	01:07:30	01:07:13
397	1547	Isabel Carvalho	F		VET 40	01:07:53	01:07:29
398	1511	Fabio Sousa	M		Juniores/Séniore	01:08:01	01:07:56
399	1510	Pedro Manuel da Rocha Barbosa	M		Juniores/Séniore	01:08:01	01:07:56
400	1271	Anabela Morais Moreira Ascenção	F	Zumba Carinicas	VET 45	01:08:08	01:07:42
401	1331	Maria João Ferreira	F		VET 45	01:08:12	01:07:56
402	1308	LUÍS FILIPE FIGUEIREDO GOUVEIA	M	Portelinha	VET 40	01:08:19	01:08:06
403	1467	Filipa Camões	F		Juniores/Séniore	01:08:32	01:07:59
404	1549	António Lopes	M		VET 50	01:08:58	01:08:31
405	1244	Abel Soares da Cunha	M		Juniores/Séniore	01:09:16	01:09:00

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
406	1019	João Manuel Castro Lopes	M		VET 45	01:09:19	01:08:20
407	1086	Susana Vasconcelos	F		VET 35	01:09:24	01:09:07
408	1520	Marina Sousa	F		Juniores/Séniore	01:09:44	01:04:38
409	1270	Andreia Sofia Pereira Gomes	F	Zumba Carinicas	Juniores/Séniore	01:09:54	01:09:29
410	1268	Maria Manuela Monteiro Saraiva Silva	F	Zumba Carinicas	VET 45	01:10:26	01:10:02
411	1256	Bruno Guimarães	M	Jeremias Team	Juniores/Séniore	01:10:33	01:10:08
412	1261	Filipe Amorim	M		Juniores/Séniore	01:10:49	01:10:24
413	1263	Luciana Cristina Pinto Ribeiro	F		Juniores/Séniore	01:10:49	01:10:25
414	1024	Luís Coutinho	M		VET 35	01:11:06	01:10:41
415	1062	Ricardo Gomes	M		VET 35	01:11:07	01:10:41
416	1022	Paulo Alexandre Ribeiro Veloso	M		VET 35	01:11:07	01:10:42
417	1504	CECILIA MARTINS	F	PT JRSOUSA TEAM	VET 40	01:11:19	01:10:46
418	1503	CATARINA MONTEIRO	F	PT JRSOUSA TEAM	VET 35	01:11:20	01:10:47
419	1502	ANA NORIM	F	PT JRSOUSA TEAM	VET 45	01:11:20	01:10:47
420	1466	Mario Rui Oliveira Monteiro	M		Juniores/Séniore	01:11:55	01:11:23
421	1231	Maria Ferreira	F	CCD APDL	VET 45	01:11:55	01:11:29
422	1465	Pedro Miguel Pereira Duarte	M		Juniores/Séniore	01:12:00	01:11:29
423	1230	Mario Rodrigues	M	CCD APDL	VET 40	01:12:00	01:11:34
424	1490	Mariana Bernardes	F		Juniores/Séniore	01:17:34	01:17:08
425	1489	Marta Campelos	F		Juniores/Séniore	01:17:35	01:17:08