

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
1	1624	Pedro Ferreira	M	Sport Lisboa e Benfica	Juniores/Séniore	00:29:58	00:29:58
2	1564	Sérgio Rodrigues	M	ACD S. João da Serra	Juniores/Séniore	00:32:41	00:32:39
3	1477	Ricardo Dias	M	ACD S. João da Serra	Juniores/Séniore	00:32:42	00:32:42
4	1478	Fábio Oliveira	M	ACD S. João da Serra	Juniores/Séniore	00:33:16	00:33:16
5	1509	Ismael Jose da Cunha Queiros	M	BOAVISTA F.C	Juniores/Séniore	00:33:34	00:33:34
6	942	Tiago Pinto	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Juniores/Séniore	00:33:42	00:33:41
7	1622	Paulo Rocha	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 35	00:34:00	00:34:00
8	1098	ANTÓNIO SOUSA	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:34:06	00:34:06
9	1566	Paulo Reis	M	Sporting Clube de Espinho / António Leitão	VET 45	00:34:11	00:34:11
10	956	Rui Gomes	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:34:15	00:34:13
11	999	Domingos Santos	M	Nascidos Para Correr	VET 35	00:34:19	00:34:19
12	1105	José Teixeira	M		VET 40	00:34:28	00:34:28
13	909	Andre Silva	M	Fiaes fc	Juniores/Séniore	00:34:33	00:34:31
14	1504	JOAQUIM LOPES	M	C.D. S.SALVADOR DO CAMPO	VET 50	00:34:36	00:34:36
15	944	Paulo Costa	M	Viriathvs Runners Viseu	VET 45	00:35:03	00:34:55
16	1451	José Moreira	M	CD S Salvador do Campo	VET 45	00:35:05	00:35:05
17	1567	Helder Rodrigues	M	Sporting Clube de Espinho / António Leitão	VET 35	00:35:26	00:35:26
18	1016	Salvador Mansilha	M	Nascidos Para Correr	VET 45	00:35:36	00:35:36
19	1256	Paulo Pilroto	M	Nascidos Para Correr	VET 45	00:35:50	00:35:50
20	1055	José Cabral	M	Sporting Clube de Espinho / António Leitão	VET 55	00:35:52	00:35:52
21	1081	Pedro Tapadas	M	Gondomar Futsal Clube	Juniores/Séniore	00:35:55	00:35:55
22	1411	Helder Rocha	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:35:58	00:35:55
23	981	António Jesus	M	Nascidos Para Correr	VET 50	00:36:02	00:35:58
24	950	Ricardo Barros	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Juniores/Séniore	00:36:10	00:36:08
25	1289	Carlos Gomes	M	salgueiros running	VET 35	00:36:11	00:36:11
26	1538	Ricardo Carvalho	M	RUNRIVER-Escola de Atletismo de Rio Tinto	Juniores/Séniore	00:36:13	00:36:08
27	1086	JOSÉ REIS	M	RIPOLINS GRIJÓ A CORRER	VET 55	00:36:16	00:36:14
28	1288	Fernando Miguel da Silva Neves	M		Juniores/Séniore	00:36:22	00:36:16
29	1557	Fernando Figueiredo	M	Centro Ciclista de Gondomar	VET 45	00:36:26	00:36:26
30	1436	Sergio Silva	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	00:36:31	00:36:29
31	1565	Paulo Oliveira	M	Sporting Clube de Espinho / António Leitão	VET 45	00:36:36	00:36:34
32	1191	Andre Filipe Oliveira Almeida	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:36:43	00:36:40
33	1610	Vasco Duarte	M	RUNRIVER-Escola de Atletismo de Rio Tinto	Juniores/Séniore	00:36:47	00:36:44
34	1621	Eduardo Brandão	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 35	00:36:48	00:36:48
35	1027	Taborda	M	ACD S. João da Serra	VET 35	00:36:55	00:36:55
36	1398	JOSÉ MOTA	M	NASCIDOS PARA CORRER	VET 55	00:37:05	00:36:57
37	1014	Nuno Vidal	M	Nascidos Para Correr	VET 40	00:37:11	00:37:07
38	1051	Ricardo Areias	M	Boavista Futebol Clube	Juniores/Séniore	00:37:15	00:37:09
39	1008	Luis Leite	M	Maia Runners	VET 40	00:37:18	00:37:10
40	1139	André Manita	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:37:28	00:37:26
41	929	Bruno Santos	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Juniores/Séniore	00:37:35	00:37:35
42	1502	Jorge Santos	M		Juniores/Séniore	00:37:46	00:37:43
43	1143	Luís Oliveira	M	Escola do Movimento	VET 50	00:37:48	00:37:45
44	1448	Francisco Bernardes	M	Grupo Desportivo Banco de Portugal	Juniores/Séniore	00:37:51	00:37:34
45	1472	António Pinto	M	Mocidade SanGemil AC	VET 35	00:37:52	00:37:49

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
46	1005	Hugo Santos	M	Nascidos Para Correr	VET 35	00:37:53	00:37:18
47	1467	Miguel Pereira	M	CCDTC.M.Gondomar	VET 45	00:37:59	00:37:54
48	1446	Vítor Ramos	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	00:38:00	00:37:44
49	1110	Vasco Figueiredo	M		VET 50	00:38:01	00:37:56
50	1253	Manuel Cardoso	M	Nascidos Para Correr	VET 50	00:38:05	00:38:01
51	1482	Paulo Castro	M		VET 35	00:38:17	00:37:42
52	1570	Inês Lopes Lima Sapage	F	CMG Desporto	VET 40	00:38:23	00:38:19
53	1095	RUI TAVARES	M	RIPOLINS GRIJÓ A CORRER	VET 35	00:38:25	00:38:23
54	1508	Marcelino Santos	M	Sob Efeito Trail	Juniores/Séniore	00:38:25	00:38:04
55	990	Bruno Cunha	M		Juniores/Séniore	00:38:48	00:38:44
56	1520	José Rocha	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:38:53	00:38:51
57	1413	Pedro Vieira da Silva	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	00:39:00	00:38:45
58	1069	Paulo Alves	M	Gondomar Futsal Clube	VET 40	00:39:02	00:38:55
59	1204	Pedro Freitas	M	Factor X / S4L / Medense FC	VET 40	00:39:05	00:39:01
60	1185	Tiago Vidal Leal	M	Individual	VET 45	00:39:15	00:38:36
61	1175	João Alves	M		Juniores/Séniore	00:39:15	00:39:10
62	1625	Catarina Vieira	F	C+S de Lavra	Juniores/Séniore	00:39:15	00:39:15
63	984	Augusto Pereira	M	Nascidos Para Correr	VET 60	00:39:17	00:39:14
64	1410	Antonio Graça	M	Nascidos Para Correr	VET 60	00:39:17	00:39:14
65	947	Vítor Rio	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Juniores/Séniore	00:39:18	00:39:13
66	1279	Acacio Costa	M	Clube Ginasio de Bragança	VET 35	00:39:30	00:39:09
67	1233	Bruno Neves	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:39:33	00:39:29
68	1424	David Sousa	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	00:39:35	00:38:58
69	948	João Reis	M	Viriathvs Runners Viseu	VET 45	00:39:37	00:39:24
70	1449	Arnaldo José Araújo	M		VET 40	00:39:38	00:39:07
71	1415	Rui Martins	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:39:39	00:39:25
72	1335	Ricardo Pereira	M		VET 35	00:39:41	00:39:24
73	1123	Manuel David	M	CAP-Centro Atletismo do Porto	VET 45	00:39:42	00:39:37
74	1354	Hugo Sousa	M	Fantasma Runners / urbanfitaermesinde	Juniores/Séniore	00:39:42	00:39:37
75	1582	Pedro Jorge Ribeiro pinto	M	Grupo VC	VET 40	00:39:48	00:39:31
76	921	Hélder Guedes	M		VET 40	00:39:49	00:39:46
77	1500	Ruben Gonçalves	M		Juniores/Séniore	00:39:52	00:39:49
78	987	Carlos Costa	M	Nascidos Para Correr	VET 50	00:39:56	00:39:50
79	1093	Tiago Oliveira	M	Sob Efeito Trail	Juniores/Séniore	00:40:06	00:39:43
80	1376	Nuno Soares	M		Juniores/Séniore	00:40:08	00:39:56
81	1259	Virgílio Vieira	M	Nascidos Para Correr	VET 35	00:40:08	00:40:03
82	1450	Catarina Fernandes	F	Viriathvs Runners Viseu	Juniores/Séniore	00:40:09	00:40:04
83	1283	mario de oliveira	M	grupo desportivo leões de veneza	VET 35	00:40:12	00:40:00
84	1160	Norberto Costa	M		VET 50	00:40:20	00:39:35
85	995	Domingos Presas	M	Nascidos Para Correr	VET 50	00:40:23	00:40:19
86	1468	Américo Pinto	M	CCDTC.M.Gondomar	VET 55	00:40:24	00:40:20
87	1365	Joaquim Manuel Lopes Cunha	M	Águias de Alvelos/Águas do Porto - Casa dos Trabalhadores		00:40:26	00:40:23
88	1444	Victor Azevedo	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	00:40:33	00:40:22
89	1435	Ibraim Sousa	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:40:43	00:40:41
90	1079	Serafim Fernando Aguiar Reis	M	CAP-Centro Atletismo do Porto	VET 45	00:40:46	00:40:37

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
91	1479	Orlando Neves	M	ACD S. João da Serra	VET 45	00:40:49	00:40:49
92	1328	JOSÉ CARLOS	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:40:50	00:40:46
93	1589	Rúben Neves	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Juniores/Séniore	00:40:53	00:40:39
94	963	vitormmanuel ferreira de sousa	M	Cemtro Ciclista de Gondomar	VET 50	00:41:00	00:40:58
95	959	Diana Julia Dias Paulo Ferreira de Sousa	F	Cemtro Ciclista de Gondomar	Juniores/Séniore	00:41:00	00:41:00
96	1116	Nicolas Lopes	M		Juniores/Séniore	00:41:04	00:40:28
97	1213	António Rocha	M	Factor X / S4L / Medense FC	VET 60	00:41:12	00:41:08
98	1367	Tiago Castro	M	10TEMIDOS	Juniores/Séniore	00:41:14	00:41:05
99	1115	João Araújo	M	Ermentão	VET 35	00:41:16	00:40:59
100	1315	Vítor novais	M	Solinca running tribe	VET 50	00:41:17	00:41:02
101	1280	Adelino Almeida	M	Os Amigos de Grijo	VET 45	00:41:23	00:41:13
102	1137	JOSE PEDRO MARTINS	M		Juniores/Séniore	00:41:26	00:41:06
103	1455	Tiago Gomes	M	Invicta Runneres Team	Juniores/Séniore	00:41:28	00:41:19
104	1172	Carlos Ferreira	M	Escola do Movimento	VET 55	00:41:29	00:41:07
105	976	António Pereira	M	Nascidos Para Correr	VET 60	00:41:31	00:41:21
106	1049	José Luís Cardoso	M	Gondomar Futsal Clube	VET 40	00:41:39	00:41:30
107	924	MANUEL CUNHA PÓVOAS	M	MSS CONTABILIDADE TRAIL TEAM	VET 55	00:41:40	00:41:37
108	1194	Rui Miguel Moreira Mota	M	Factor X / S4L / Medense FC	VET 45	00:41:42	00:41:38
109	1307	Hugo Dias	M		Juniores/Séniore	00:41:45	00:41:07
110	1196	Mario Nogueira	M		VET 50	00:42:02	00:41:42
111	1480	António Ferreira	M	Hora do Lobo Trail - CF Perosinho Atletismo	Juniores/Séniore	00:42:03	00:41:46
112	1337	Renato Nunes	M		VET 45	00:42:05	00:41:48
113	991	Emanuel Madureira	M	Nascidos Para Correr	VET 55	00:42:07	00:41:57
114	1461	Miguel cunha	M	Salgueiros running	VET 40	00:42:12	00:42:03
115	1353	carlos gonçalves	M	Oralklass	VET 40	00:42:13	00:41:59
116	1031	JORGE MOREIRA	M		VET 40	00:42:13	00:42:00
117	1200	Nuno Amorim	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:42:14	00:42:10
118	1229	César Moutinho	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:42:14	00:42:09
119	1569	Paulo Manuel Pereira Faria	M		VET 45	00:42:14	00:42:11
120	1536	Ângelo Pereira	M	Centro Ciclista de Gondomar	VET 55	00:42:15	00:41:34
121	1481	Pedro Castro	M		VET 35	00:42:17	00:41:40
122	1338	Luís Oliveira	M		Juniores/Séniore	00:42:18	00:41:58
123	1292	FRANCISCO CASTELO BRANCO	M	INDIVIDUAL	VET 50	00:42:24	00:42:08
124	926	FILIPE MIGUEL CASTRO PÓVOAS	M	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniore	00:42:24	00:42:20
125	964	Telmo Ferreira	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:42:26	00:42:09
126	1594	Antonio Azevedo	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 45	00:42:28	00:42:09
127	1295	Leonel Videira	M	Nascidos Para Correr	Juniores/Séniore	00:42:30	00:42:21
128	1400	CÉLINE GOMES	F	NASCIDOS PARA CORRER	Juniores/Séniore	00:42:33	00:42:24
129	1347	Paulo Machado	M	CAP-Centro Atletismo do Porto	VET 40	00:42:33	00:42:26
130	1505	António Borges	M	Porto Sentido Runners	VET 40	00:42:36	00:41:57
131	1498	Joaquim Pereira	M		Juniores/Séniore	00:42:42	00:42:37
132	1510	rui filipe nunes vieira	M		VET 35	00:42:44	00:42:41
133	979	Hendrik Wielinga	M	Budeguita Runners	VET 50	00:42:47	00:42:21
134	903	Hugo Cameirão	M	Clube Ginasio de Bragança	VET 40	00:42:48	00:42:24
135	1526	Joaquim Teixeira	M		VET 40	00:42:51	00:42:39

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
136	935	Rui Pires	M	Viriathvs Runners Viseu	VET 40	00:42:52	00:42:33
137	938	Fernando Neri	M	Viriathvs Runners Viseu	VET 40	00:42:52	00:42:29
138	1132	Paulo Gavina	M	ASPHALT ASSAULT TEAM	VET 35	00:43:04	00:42:36
139	1040	Pedro Marques	M	Município de Gondomar	VET 40	00:43:06	00:43:01
140	1525	Vitor Fernandes	M	Gondomar Futsal Clube	VET 35	00:43:09	00:42:51
141	1207	João Teles	M	Factor X / S4L / Medense FC	VET 35	00:43:10	00:43:06
142	1287	Rui Manuel Soares Freitas	M		VET 40	00:43:13	00:42:59
143	1470	José Paulo Magalhães Faria	M	No Tomorrow Runing Team	VET 40	00:43:13	00:42:22
144	1075	Manuel Sá	M	CAP-Centro Atletismo do Porto	VET 55	00:43:15	00:43:07
145	998	Filipe Rocha	M	Maia Runners	VET 35	00:43:16	00:43:00
146	994	Marta marques	F	Maia Runners	Juniores/Séniiores	00:43:17	00:42:59
147	1099	antonio oliveira	M		VET 60	00:43:17	00:42:55
148	919	Serafim Ramos	M	LION RUNNERS - G. D. Leões da Guarda	VET 55	00:43:21	00:43:02
149	1302	Rui Manuel Ferreira Pinho	M	Reumaticos	VET 40	00:43:25	00:43:06
150	1596	Miguel teixeira	M	PMG	VET 40	00:43:27	00:42:57
151	1598	Hugo Figueiredo	M	PMG	VET 40	00:43:27	00:42:56
152	1416	Edilberto Costa	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	00:43:32	00:43:23
153	1385	Vitor Cardoso	M	Baguim Runners	VET 40	00:43:33	00:43:26
154	1599	Andreia Azevedo	F	A. R. Luz e Vida Gondomarense	Juniores/Séniiores	00:43:36	00:43:13
155	1590	Rui Pedro Pena	M	AASM	VET 40	00:43:40	00:42:45
156	1088	Ricardo Silva	M	CAP-Centro Atletismo do Porto	VET 45	00:43:43	00:43:35
157	1318	Miguel Angelo Teles Carvalho	M		Juniores/Séniiores	00:43:47	00:42:59
158	1419	David Martins de Sousa	M	MSS CONTABILIDADE TRAIL TEAM	VET 50	00:43:50	00:43:02
159	1087	Nuno Miguel Carvalho Parga	M		VET 35	00:43:57	00:43:30
160	970	Wellington Alves	M		Juniores/Séniiores	00:44:01	00:43:48
161	1206	Filipe Rodrigues	M		VET 40	00:44:01	00:43:48
162	1626	Vitor Manuel Magalhães Moreira	M	B.V.Moreira Maia	VET 40	00:44:02	00:43:55
163	1078	David Silva	M		VET 40	00:44:02	00:43:48
164	1382	Tânia Marina Oliveira Bateira	F	Tânia Bateira	VET 35	00:44:02	00:43:55
165	1574	Filipe Amorim	M		Juniores/Séniiores	00:44:05	00:43:19
166	1250	Samuel Soares	M		VET 40	00:44:14	00:44:14
167	1517	Paulo Maia	M		VET 45	00:44:15	00:44:10
168	1022	Rui Bessa	M	Sob Efeito Trail	Juniores/Séniiores	00:44:16	00:43:55
169	1475	Sérgio Gomes	M		VET 45	00:44:19	00:43:44
170	1149	Pedro Lopes	M		Juniores/Séniiores	00:44:19	00:43:34
171	1355	Paulo Moura	M	Elite Corpus	VET 35	00:44:20	00:44:04
172	1154	SILVÉRIO	M	RIPOLINS GRIJÓ A CORRER	VET 50	00:44:21	00:44:12
173	1388	ANTONIO SILVA	M		VET 55	00:44:21	00:44:05
174	1104	Luis Gomes	M		VET 40	00:44:23	00:44:00
175	940	António Neto	M	Trifitrofa	VET 60	00:44:24	00:44:17
176	1070	Hortense Tenda	F	CAP-Centro Atletismo do Porto	VET 35	00:44:24	00:44:24
177	1090	Susana Gabriela Costa Pinto da Neta	F	Clube Zupper	VET 40	00:44:28	00:44:25
178	1030	Gabriel Rodrigues	M		VET 40	00:44:28	00:44:22
179	1038	Bruno Alexandre Braz Martins	M	Factor X / S4L / Medense FC	VET 35	00:44:31	00:44:25
180	1222	Cláudia Moutinho	F	Factor X / S4L / Medense FC	Juniores/Séniiores	00:44:31	00:44:26

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
181	1392	José Mendes	M	Gondomar Futsal Clube	VET 55	00:44:32	00:44:18
182	918	Bruno Couto	M		Juniores/Séniiores	00:44:32	00:44:08
183	1189	Mariana Ameixieira	F		Juniores/Séniiores	00:44:32	00:43:53
184	1584	Paulo Machado	M	Fit Gaia Trail	VET 50	00:44:33	00:43:50
185	958	António Batista	M	Viriathvs Runners Viseu	VET 35	00:44:33	00:44:11
186	1572	Luis Ribeiro	M	Grupo VC	VET 40	00:44:39	00:44:22
187	1072	Paulo Gama	M	Gondomar Futsal Clube	VET 45	00:44:40	00:44:21
188	1141	Cristiano Silva	M	ASPHALT ASSAULT TEAM	Juniores/Séniiores	00:44:41	00:44:13
189	1135	Paulo Mendes	M	ASPHALT ASSAULT TEAM	Juniores/Séniiores	00:44:41	00:44:13
190	954	Manuel Santos	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 45	00:44:42	00:44:24
191	1232	Pedro Costa	M		VET 45	00:44:42	00:44:08
192	1042	Marco Cunha	M	CAP-Centro Atletismo do Porto	VET 40	00:44:43	00:44:35
193	1291	Adalberto Figueiredo	M	salgueiros running	VET 40	00:44:50	00:44:42
194	1542	Americo Areias	M		VET 40	00:44:51	00:44:25
195	943	Daniela Soares	F		VET 35	00:44:53	00:44:17
196	978	David Pinto	M		VET 50	00:44:53	00:44:16
197	1181	José Duarte	M	Cuba Libre	VET 45	00:45:04	00:44:48
198	1036	Manuel Costa	M	Lebre 10	VET 60	00:45:04	00:44:54
199	1571	Serafim Costa	M	Run Frend's	VET 45	00:45:15	00:44:43
200	1579	MANUEL BARBOSA RI BEIRO	M		VET 35	00:45:16	00:44:31
201	1387	Sandra Cardoso	F	Baguim Runners	VET 40	00:45:19	00:45:12
202	1186	JOAO PEDRO MOURA CASTRO NEVES	M		VET 45	00:45:19	00:44:36
203	1133	filipe truta	M		VET 35	00:45:20	00:44:44
204	1535	jose alves	M		VET 45	00:45:25	00:45:12
205	1634	Hugo Miguel da Rocha Gonçalves Carvalho	M		VET 40	00:45:26	00:45:13
206	1277	Miguel Azevedo	M	Porto Sentido Runners	VET 40	00:45:26	00:44:47
207	1585	Rodolfo	M		Juniores/Séniiores	00:45:27	00:44:52
208	1261	Adão Dias	M	Nascidos Para Correr	VET 60	00:45:29	00:45:26
209	1264	Paulo Nascimento	M	Nascidos Para Correr	VET 40	00:45:31	00:45:23
210	1003	Etelvina Rocha	F	Nascidos Para Correr	VET 50	00:45:32	00:45:27
211	1614	Helder Monteiro	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:45:33	00:45:09
212	1393	Arménio Manuel da Costa Casal	M		VET 45	00:45:35	00:45:22
213	1203	Eurico Mendes	M	M&E runners	VET 45	00:45:45	00:45:11
214	1122	Manuel Silva	M	Ermentão	VET 50	00:45:46	00:45:28
215	1085	Baltazar Ferreira	M	Individual	VET 50	00:45:48	00:45:26
216	1170	Gonçalo Oliveira	M		VET 40	00:45:49	00:45:14
217	1421	Carlos Duarte	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:45:50	00:45:18
218	1041	Carlos Nogueira	M	Gondomar Futsal Clube	VET 35	00:45:50	00:45:33
219	934	Liliana Felgueiras	F	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 35	00:45:51	00:45:47
220	1248	Francisco Vieira	M		VET 35	00:45:55	00:45:35
221	1096	Jorge Aguiar	M		VET 40	00:45:56	00:45:34
222	1092	Fábio Silva	M		Juniores/Séniiores	00:45:56	00:45:34
223	1561	Helder José Martins Casanova	M		Juniores/Séniiores	00:45:56	00:45:35
224	1554	Paulo Sérgio Martins	M	Nascidos Para Correr	VET 45	00:45:59	00:45:23
225	1210	Hugo Santos	M	Factor X / S4L / Medense FC	VET 35	00:46:01	00:45:55

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
226	1166	Carlos Azevedo	M	Factor X / S4L / Medense FC	Juniores/Séniiores	00:46:01	00:45:55
227	1187	João Sousa	M	Factor X / S4L / Medense FC	VET 35	00:46:01	00:45:56
228	1162	André Pinho	M		VET 35	00:46:04	00:45:45
229	1445	Francisco Silva	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	00:46:09	00:46:03
230	1499	Salomé Mourisco	F	Ginásio Venda Nova	VET 35	00:46:12	00:46:00
231	1234	João Lopes	M	Nascidos Para Correr	VET 40	00:46:13	00:46:07
232	1240	Davide Miguel Soares Afonso	M	Amigos das Sapatilhas	Juniores/Séniiores	00:46:16	00:46:00
233	1271	João Pedro Costelha Leal	M		Juniores/Séniiores	00:46:17	00:46:01
234	1028	Filipe Leitão	M	Gondomar Futsal Clube	VET 35	00:46:18	00:45:50
235	1617	Pedro Marques	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:46:25	00:46:00
236	1613	Sérgio Cunha	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:46:25	00:46:01
237	1260	Paula Quintela	F	aminhacorrida	VET 50	00:46:28	00:46:07
238	1588	Diogo Bessa Leão	M		Juniores/Séniiores	00:46:28	00:46:09
239	1618	Ricardo Maia	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:46:33	00:46:08
240	911	JOSÉ MANUEL MARTINS DA SILVA	M		VET 55	00:46:35	00:46:02
241	1114	SERGIO BRUNO BERNARDO FERREIRA	M		VET 35	00:46:36	00:45:57
242	1616	Maria Lurdes Barbedo	F	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 45	00:46:36	00:46:12
243	1615	Henrique Barbedo	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 45	00:46:36	00:46:12
244	1024	António Silva Rocha	M		VET 50	00:46:36	00:46:15
245	1539	Hugo Daniel Santos Lopes	M		Juniores/Séniiores	00:46:37	00:45:56
246	1531	Ricardo Costa	M	Lebre 10	VET 35	00:46:41	00:46:15
247	1306	Luís Ribeiro	M		VET 35	00:46:41	00:46:13
248	1463	Susana Duarte	F	Academia F.R	VET 45	00:46:44	00:46:38
249	952	Victor Figueiredo	M	Viriathvs Runners Viseu	VET 45	00:46:47	00:46:28
250	1230	Isaque Pinto	M	Nascidos Para Correr	VET 50	00:46:47	00:46:43
251	1037	Ângela Moutinho	F	Gondomar Futsal Clube	VET 45	00:46:55	00:46:25
252	1002	Filipe Rocha	M	CMG Desporto	VET 40	00:47:00	00:46:21
253	1167	Carlos Carneiro	M	Run Frend's	VET 35	00:47:04	00:46:28
254	941	Viriato Coelho	M	Viriathvs Runners Viseu	VET 45	00:47:08	00:46:49
255	1386	Paulo Silva	M		Juniores/Séniiores	00:47:10	00:46:54
256	1434	Filipe Reboredo	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:47:11	00:46:57
257	1284	Pedro Manuel Silva	M		VET 45	00:47:14	00:46:57
258	1100	americo frança	M	frança	VET 45	00:47:15	00:46:58
259	1216	Rui Oliveira	M	Factor X / S4L / Medense FC	Juniores/Séniiores	00:47:15	00:47:09
260	1120	FATIMA PAIS	F	FIAES SC	VET 50	00:47:17	00:46:53
261	996	Igor Cunha	M	RUN2EAT	Juniores/Séniiores	00:47:20	00:46:42
262	1332	António Costa	M		VET 35	00:47:20	00:46:42
263	1021	Jorge Antonio da Costa Pereira	M		VET 60	00:47:24	00:47:08
264	1576	João Miguel Carvalho Luz Lopes	M		Juniores/Séniiores	00:47:26	00:47:23
265	1109	Martinho Ferreira	M	C D SÃO SALVADOR DO CAMPO	VET 40	00:47:29	00:46:54
266	1597	Paulo Silva	M	PMG	Juniores/Séniiores	00:47:33	00:47:02
267	1276	Heldeberto Santos	M	STCP Runners	VET 50	00:47:39	00:47:28
268	1423	Dario Pinto	M	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniiores	00:47:45	00:47:41
269	904	Hugo Silva	M		VET 35	00:47:45	00:47:34
270	1296	Jorge Torrão	M		VET 35	00:47:48	00:47:02

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
271	1456	Mafalda Oliveira	F		Juniores/Séniiores	00:47:53	00:47:20
272	1358	Fernando Manuel Neves Soares	M		VET 45	00:47:57	00:47:21
273	1255	Rosa Pinto	F	Nascidos Para Correr	VET 55	00:48:01	00:47:51
274	1533	José Fernando Ribeiro Soares	M		VET 50	00:48:07	00:47:18
275	931	Carlos Bento	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 60	00:48:08	00:47:10
276	1537	António Reis	M		VET 40	00:48:08	00:47:58
277	939	Agostinho Coelho	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:48:09	00:47:47
278	1580	Rui Pinho	M		VET 45	00:48:11	00:47:43
279	1402	Bruno Nunes	M		Juniores/Séniiores	00:48:12	00:47:47
280	1205	António Gomes	M		VET 45	00:48:13	00:47:40
281	1300	Alexandre João Valente Pereira da Silva Santos	M	Reumaticos	VET 40	00:48:13	00:47:54
282	1346	Magda Castro esteves	F		VET 35	00:48:14	00:47:23
283	1551	Borco Dimitrov	M		VET 50	00:48:15	00:48:08
284	1140	fernando azevedo	M		VET 60	00:48:16	00:47:50
285	1391	Paulo Pinto	M	Equipa dinamite	VET 40	00:48:17	00:48:07
286	923	Filipe Pereira	M		Juniores/Séniiores	00:48:18	00:48:03
287	1134	Esmeralda Silva	F	Individual	VET 45	00:48:19	00:48:08
288	1064	Pedro Oliveira	M	Sob Efeito Trail	Juniores/Séniiores	00:48:21	00:48:01
289	1359	José Carlos Almeida	M	Clube de Montanha Alto Trilho - Javalis	VET 35	00:48:25	00:47:47
290	1142	Bruno Monteiro	M	All Titudes Trail Team	VET 35	00:48:26	00:47:50
291	1148	Luis Lobo	M	All Titudes Trail Team	VET 45	00:48:26	00:47:49
292	1595	Otilio Vieira da Silva	M	Crossfit Drop`in	VET 55	00:48:32	00:48:17
293	907	Abel Cardoso	M		Juniores/Séniiores	00:48:34	00:48:17
294	1147	Fábio Ferreira	M	Elite Corpus	Juniores/Séniiores	00:48:38	00:48:24
295	1171	Luís Fernando Rodrigues da Silva	M		Juniores/Séniiores	00:48:39	00:48:20
296	1356	Oscar Loureiro	M	Porto Sentido Runners	VET 60	00:48:41	00:48:26
297	1267	Rui Marques	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:48:42	00:48:23
298	974	Nuno Ribeiro	M	Viriathvs Runners Viseu	VET 40	00:48:48	00:48:30
299	1611	Helder Castro	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:48:51	00:48:25
300	1546	Teresa Lima	F		VET 40	00:48:53	00:47:59
301	1544	Jorge Meireles	M		VET 40	00:48:54	00:48:00
302	1077	Pedro Sousa	M	Gondomar Futsal Clube	VET 50	00:48:56	00:48:28
303	1097	Ramirinho	M	Douro Runners	Juniores/Séniiores	00:48:59	00:48:07
304	1094	julio costa	M		VET 45	00:49:01	00:48:12
305	997	Lucas Ribeiro	M		Juniores/Séniiores	00:49:03	00:48:32
306	966	Maria VAle	F	Viriathvs Runners Viseu	VET 45	00:49:04	00:48:57
307	1532	HUGO RABACA	M		VET 35	00:49:10	00:48:43
308	913	Elisabete Cunha	F		VET 35	00:49:12	00:49:03
309	1562	Tiago Moreira	M		Juniores/Séniiores	00:49:18	00:48:41
310	1362	Ricardo Rocha	M	Copo Cheio Athletics	Juniores/Séniiores	00:49:22	00:49:05
311	1146	Vítor António Costelha Pinto	M		VET 40	00:49:22	00:48:36
312	989	João Gomes	M		VET 50	00:49:26	00:49:14
313	1144	Paulo Silva	M	ASPHALT ASSAULT TEAM	Juniores/Séniiores	00:49:26	00:48:55
314	985	Hugo	M	JRSOUSA TEAM	VET 35	00:49:34	00:48:56
315	1541	José Carlos seixas Cardoso	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:49:34	00:49:01

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
316	1373	Paulo Nunes	M	Copo Cheio Athletics	Juniores/Séniiores	00:49:38	00:49:21
317	945	Manuel Teixeira	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 50	00:49:41	00:49:23
318	1322	Manuel Alvarino	M	Leões de Tardariz Trail	VET 45	00:49:42	00:49:25
319	1127	Nilza Alexandra Gomes Ramião	F	Infinite k runners	Juniores/Séniiores	00:49:42	00:49:16
320	1128	ABILIO SOARES	M		VET 60	00:49:42	00:49:34
321	1062	Nelson Silva	M	Gondomar Futsal Clube	VET 55	00:49:43	00:49:34
322	914	David Silva de Sousa	M		Juniores/Séniiores	00:49:44	00:49:11
323	1060	Ana Oliveira	F	Sob Efeito Trail	Juniores/Séniiores	00:49:45	00:49:22
324	1462	Bruno Rodrigues	M	O JOGO	VET 40	00:49:46	00:49:32
325	1165	Carlos Sampaio (cabeleireiros)	M		VET 50	00:49:46	00:49:30
326	1511	Manuel Tavares Correia	M		VET 60	00:49:47	00:49:25
327	1209	Pedro Vicente	M		VET 50	00:49:49	00:49:11
328	946	Paulo Fernandes	M	Viriathvs Runners Viseu	VET 50	00:49:52	00:49:29
329	1575	Emídio Silva	M	Clube Millennium Bcp	VET 60	00:49:57	00:49:48
330	1158	Sara Antas	F		VET 35	00:49:57	00:49:19
331	1221	Flávia Martins Batista	F		Juniores/Séniiores	00:50:00	00:49:36
332	1009	Eduardo Fernandes	M	CMG Desporto	VET 45	00:50:01	00:49:32
333	1177	João Nogueira	M		Juniores/Séniiores	00:50:03	00:49:57
334	972	Jose Santos	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 50	00:50:04	00:49:40
335	1217	André Silva	M	SC África	Juniores/Séniiores	00:50:06	00:49:20
336	1107	Ana Carolina Silva Aranda André	F		Juniores/Séniiores	00:50:07	00:49:45
337	1324	Filomena Rocha	F	JRSOUSA TEAM	VET 45	00:50:08	00:49:35
338	1437	Ricardo Moreira	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	00:50:09	00:50:06
339	1560	Ludovico Areias Franco	M		VET 35	00:50:12	00:49:51
340	1312	JULIA SOUSA	F	ESCOLA DE ATLETISMO TROFA	VET 45	00:50:12	00:50:04
341	1304	PAULO FREITAS JORGE	M	A.N.A.	VET 45	00:50:16	00:50:06
342	1361	Ivo Oliveira	M		VET 35	00:50:20	00:49:42
343	1236	Pedro Ferreira	M		VET 40	00:50:21	00:50:01
344	1227	Tiago Rodrigues	M	Factor X / S4L / Medense FC	Juniores/Séniiores	00:50:21	00:50:14
345	1151	Paulo Teixeira	M	Boavista Futebol Clube	VET 35	00:50:24	00:50:17
346	1179	Ricardo Delfim dos Santos Vieira	M		Juniores/Séniiores	00:50:29	00:50:02
347	1389	Lourenço Cardoso	M	Baguim Runners	VET 45	00:50:33	00:50:25
348	1046	José Carlos Lascasas	M	Gondomar Futsal Clube	VET 45	00:50:34	00:50:31
349	1443	Manuel Gomes	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:50:36	00:50:11
350	1440	Rui Rodrigues	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:50:36	00:50:11
351	1428	Álvaro Santos	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	00:50:39	00:50:10
352	1518	Ricardo teixeira	M	Salgueiros running	VET 35	00:50:40	00:50:29
353	1366	Rui Sá	M	10TEMIDOS	VET 40	00:50:44	00:50:03
354	936	Etelvina Santos	F	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 40	00:50:46	00:50:27
355	949	FERNANDO SOUTO	M		VET 50	00:50:46	00:50:04
356	1586	Sergio Mota	M		VET 40	00:50:50	00:50:31
357	1268	Paulo Carneiro	M	Infinite k runners	VET 45	00:50:51	00:50:25
358	1266	Ana Pereira	F	Infinite k runners	VET 35	00:50:51	00:50:25
359	1316	Pedro Magalhães	M	Infinite k runners	VET 35	00:50:51	00:50:25
360	1182	Nuno Vasco Martins Ferreira da Rocha	M		Juniores/Séniiores	00:50:52	00:50:25

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
361	1223	Jorge Osório Rocha Dique	M		VET 60	00:50:53	00:50:53
362	1368	Jorge Moreira	M	10TEMIDOS	VET 50	00:50:55	00:50:49
363	1183	Sandra Monteiro	F		VET 45	00:50:55	00:50:24
364	1341	Fernanda Lopes	F	Porto Sentido Runners	VET 45	00:51:05	00:50:26
365	1218	Carla Neves	F	Factor X / S4L / Medense FC	Juniores/Séniore	00:51:06	00:50:58
366	975	ANTÓNIO CARVALHO	M		VET 50	00:51:08	00:50:36
367	1247	Rogério Freitas	M	Laboratório de Prótese Dentária	VET 50	00:51:08	00:50:37
368	1047	José Moita	M	Viriathvs Runners Viseu	VET 45	00:51:10	00:50:46
369	1573	Tiago Dias	M	Grupo VC	Juniores/Séniore	00:51:13	00:50:34
370	1394	Hugo Tavares	M	ParadelaRunners	VET 35	00:51:30	00:50:46
371	1384	Cláudia Ribeiro	F		Juniores/Séniore	00:51:41	00:51:25
372	1119	Nuno Moreira	M	Ermentão	Juniores/Séniore	00:51:42	00:51:24
373	1414	Ângela Silva	F	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniore	00:51:44	00:51:29
374	1408	Rui Sérgio Neves da Rocha	M	ParadelaRunners	VET 35	00:51:46	00:51:01
375	901	Jorge Silva	M		VET 50	00:51:48	00:51:38
376	1350	Gentil Oliveira	M	JRSOUSA TEAM	VET 50	00:51:49	00:51:05
377	1405	Pedro Ribeiro	M		Juniores/Séniore	00:51:52	00:51:11
378	1019	Tomás Ribeiro	M		Juniores/Séniore	00:51:52	00:51:11
379	1076	joão fonseca	M	amigos s.pedro da cova	VET 35	00:51:52	00:51:22
380	1433	António Estroia Alves	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	00:51:52	00:51:27
381	1190	PEDRO AMORIM	M		VET 40	00:51:53	00:51:07
382	925	Rita Teixeira Costa	F		Juniores/Séniore	00:51:54	00:51:50
383	1612	Nuno Costa	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 40	00:51:57	00:51:32
384	1201	Cristina Casimiro	F		VET 45	00:51:58	00:51:25
385	1044	Francisco Oliveira	M	Gondomar Futsal Clube	VET 55	00:52:02	00:51:48
386	1369	Sérgio Andrade	M		Juniores/Séniore	00:52:04	00:51:47
387	1403	Tiago Oliveira	M	Douro Runners	VET 35	00:52:06	00:51:15
388	1383	Francisco Gomes	M	Shots International Runners	VET 40	00:52:07	00:51:31
389	960	Marco Castro	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 45	00:52:10	00:51:48
390	1522	Rosa Mendes	F	Gondomar Futsal Clube	VET 50	00:52:14	00:52:02
391	1164	Josiane Stiehler	F		VET 35	00:52:15	00:51:48
392	1377	Bernardino Jorge Oliveira Almeida	M	Dá à Sola	VET 45	00:52:17	00:51:54
393	922	Tiago Teixeira	M	Sob Efeito Trail	Juniores/Séniore	00:52:17	00:51:57
394	1067	Hugo Dias	M		Juniores/Séniore	00:52:18	00:51:41
395	1555	Joao Alves	M		VET 35	00:52:21	00:51:32
396	1220	JOAQUIM ALEIXO	M		VET 45	00:52:22	00:52:09
397	1089	Paula Cunha	F		VET 45	00:52:26	00:52:05
398	1015	Adelaide Veludo	F	CMG Desporto	VET 60	00:52:26	00:51:39
399	1471	Paulo Campos	M	salgueiros running	VET 45	00:52:27	00:52:16
400	965	Cecília Martins	F	JRSOUSA TEAM	VET 40	00:52:29	00:51:44
401	1308	Tiago Ribeiro	M		Juniores/Séniore	00:52:29	00:52:02
402	1224	Alfredo Vieira	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:52:30	00:52:22
403	1006	Adélio Lima	M	CMG Desporto	Juniores/Séniore	00:52:31	00:51:51
404	1583	Alexander Bogorodskiy	M		Juniores/Séniore	00:52:32	00:52:24
405	1124	Carlos Guedes	M	All Titudes Trail Team	VET 40	00:52:32	00:51:55

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
406	912	Maria Goreti Antunes Fernandes	F		Juniores/Séniore	00:52:32	00:52:00
407	1527	Daniela Duarte	F		Juniores/Séniore	00:52:33	00:52:26
408	1278	Angela Sousa	F		VET 40	00:52:47	00:51:55
409	1080	serafim fonseca	M	amigos s.pedro da cova	VET 60	00:52:48	00:52:19
410	1273	Fabiana Alexandra Mesquita Coelho	F		Juniores/Séniore	00:52:53	00:52:41
411	1270	rui machado	M	salgueiros running	VET 50	00:52:53	00:52:42
412	1524	Margarida Oliveira	F	Gondomar Futsal Clube	VET 45	00:52:56	00:52:44
413	1458	Bruno Feiteira	M		VET 40	00:52:58	00:52:34
414	1469	Avelino Pereira	M	CCDTC.M.Gondomar	VET 60	00:53:00	00:52:37
415	1417	Paulo Costa	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	00:53:01	00:52:50
416	1548	Bruno Cardoso	M		VET 35	00:53:02	00:52:08
417	1348	Ricardo Pina	M	10Temidos	VET 35	00:53:03	00:52:21
418	1082	emidio pontes	M	amigos s.pedro da cova	VET 55	00:53:04	00:52:34
419	1178	Pedro Gonçalves	M	Cuba Libre	VET 35	00:53:05	00:52:48
420	1489	Filipe Pinto	M	Pit Power	VET 40	00:53:07	00:52:31
421	1331	Manuel Vieira de Carvalho	M		VET 60	00:53:19	00:52:29
422	1329	Antonio Jorge Ferreira Oliveira Gomes	M		VET 50	00:53:23	00:53:11
423	1195	Castalia Barbosa	F		VET 40	00:53:35	00:52:59
424	1053	José Sousa	M	Gondomar Futsal Clube	VET 60	00:53:38	00:53:32
425	1074	Pedro Rodrigues	M	Gondomar Futsal Clube	Juniores/Séniore	00:53:50	00:53:23
426	1257	Ângelo Oliveira	M		Juniores/Séniore	00:53:57	00:53:06
427	1494	Luis Teixeira	M		VET 35	00:53:58	00:53:46
428	1118	Rui Carvalho	M		VET 55	00:54:02	00:53:26
429	1056	MaGni7 Lopes da Silva Bruno	M	MaGni7	VET 40	00:54:04	00:53:54
430	1035	José Miguel Miranda Laranjeira	M		Juniores/Séniore	00:54:04	00:53:34
431	1496	Patricia Rodrigues	F		Juniores/Séniore	00:54:04	00:53:51
432	1372	Filipe Manuel Laranjeira	M		Juniores/Séniore	00:54:07	00:53:38
433	1357	Ana Raquel Ferreira de Castro	F		Juniores/Séniore	00:54:23	00:53:46
434	993	Jose Ribeiro	M		VET 50	00:54:27	00:53:58
435	1325	Octávio Cunha	M		Juniores/Séniore	00:54:31	00:54:17
436	1530	Hugo Barros	M	Powerrunners	VET 35	00:54:31	00:54:20
437	1263	Rui Rodrigues	M	aminhacorrida	VET 40	00:54:41	00:54:20
438	1258	Vitor Oliveira	M	aminhacorrida	VET 50	00:54:42	00:54:21
439	1138	Serafim Coutinho	M	ASPHALT ASSAULT TEAM	VET 60	00:54:42	00:54:12
440	1032	Alexandre Barbosa	M	Gondomar Futsal Clube	VET 60	00:54:42	00:54:30
441	1059	Paula Oliveira	F	Sporting Clube de Espinho / António Leitão	VET 45	00:54:43	00:54:30
442	1262	Serafim Sousa	M		Juniores/Séniore	00:54:44	00:53:52
443	1242	Daniel Terra	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:54:45	00:54:39
444	1004	Raquel Cunha Pacheco	F	Clube dos Pinguins	Juniores/Séniore	00:54:46	00:54:31
445	1401	ADAO DOMINGOS FERREIRA	M		VET 50	00:54:59	00:54:27
446	1474	Paulo Rocha	M	Grupo Desportivo dos Ferroviários de Campanhã	VET 50	00:55:09	00:54:55
447	1169	João Pedro da Costa	M		VET 40	00:55:11	00:54:32
448	1001	Evaristo Moreira	M		VET 45	00:55:11	00:54:34
449	1173	Manuela Damas	F		VET 35	00:55:11	00:54:33
450	1050	Luis Espassandim	M		VET 45	00:55:20	00:54:54

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
451	1457	Vitor Cardoso	M		VET 50	00:55:21	00:54:48
452	1512	Nuno André Silva	M	Grupo Desportivo do BPI	VET 35	00:55:23	00:54:35
453	1587	Alberto Lizardo	M	Individual	VET 60	00:55:29	00:55:19
454	1073	Ana Luísa Pimentel Alves	F		Juniores/Séniore	00:55:38	00:54:47
455	1159	Fatima Costa	F	Run Frend's	Juniores/Séniore	00:55:46	00:55:16
456	1013	Sérgio Martins	M	CMG Desporto	Juniores/Séniore	00:55:55	00:55:15
457	1397	Lucie Trpisovska	F	Gondomar Futsal Clube	Juniores/Séniore	00:55:58	00:55:28
458	1103	jose pacheco	M		VET 50	00:55:59	00:55:05
459	1126	helder reis	M	Rei Artur Team	VET 40	00:56:10	00:55:13
460	1129	sergio rocha	M	Rei Artur Team	VET 35	00:56:10	00:55:12
461	1298	Lénio Fernando Nogueira Marinho	M	Salgueiros Running	VET 60	00:56:14	00:56:04
462	1473	Ricardo André Meira Ferreira	M		Juniores/Séniore	00:56:14	00:55:43
463	932	Carina Monteiro	F		Juniores/Séniore	00:56:22	00:55:57
464	1226	Sara Salvador	F	Factor X / S4L / Medense FC	VET 35	00:56:38	00:56:31
465	1495	Sónia Botelho	F		VET 35	00:56:41	00:56:28
466	916	Sónia Pereira	F		Juniores/Séniore	00:56:50	00:56:27
467	1168	Renato Ferreira	M		VET 40	00:56:53	00:56:07
468	1125	Angela Lopes	F		VET 50	00:56:54	00:56:32
469	1249	Ricardo Freitas	M	Laboratório de Prótese Dentária	Juniores/Séniore	00:56:55	00:56:23
470	1339	Bruno Souto	M		Juniores/Séniore	00:56:55	00:56:13
471	955	José Dias	M	Viriathvs Runners Viseu	VET 40	00:56:58	00:56:37
472	1483	José Freitas	M	Grupo VC	VET 50	00:57:14	00:56:42
473	1425	Álvaro Silva	M	MSS CONTABILIDADE TRAIL TEAM	VET 55	00:57:17	00:57:17
474	1349	Christopher Guimaraens	M		Juniores/Séniore	00:57:18	00:56:27
475	1493	Ricardo Chorão	M		VET 40	00:57:28	00:56:36
476	1492	Rui Freitas (Hand@Runners)	M		VET 45	00:57:28	00:56:36
477	1293	Augusto Silveira	M		VET 40	00:57:28	00:56:35
478	917	maria luz almeida	F		VET 50	00:57:40	00:57:04
479	1174	Mário Pereira	M		VET 50	00:57:40	00:56:43
480	1083	Sérgio Pereira	M	Gondomar Futsal Clube	VET 35	00:57:40	00:57:11
481	1290	António Carvalho Gonçalves	M		VET 60	00:57:48	00:57:18
482	953	Márcio Torres	M		Juniores/Séniore	00:57:49	00:57:41
483	1313	Jose Manuel da Silva Meinedo	M	GOODVENTURE	VET 45	00:58:13	00:57:32
484	1274	FONSECA	M	DentalDoctors	VET 45	00:58:14	00:57:34
485	1528	Pedro Cruz	M		Juniores/Séniore	00:58:17	00:57:37
486	1476	Tiago José Magalhães da Costa	M		Juniores/Séniore	00:58:18	00:57:39
487	1487	João Pinto	M	Pit Power	Juniores/Séniore	00:58:27	00:57:40
488	1488	Lino Neves	M	Pit Power	VET 40	00:58:29	00:57:43
489	1529	Sónia Garcês	F	Powerrunners	VET 35	00:58:43	00:58:32
490	1066	Patrícia Pereira	F	Gondomar Futsal Clube	VET 35	00:58:44	00:58:16
491	1547	Marina Sousa	F		Juniores/Séniore	00:58:47	00:57:54
492	1330	Luzinha Monteiro	F	TrepaTrilhos Trail Team	VET 35	00:59:17	00:58:25
493	1333	Leandro Coelho	M	TrepaTrilhos Trail Team	VET 35	00:59:17	00:58:25
494	1404	Andreia Leitão	F	Douro Runners	Juniores/Séniore	00:59:21	00:58:30
495	1636	José Paulo Neves	M	Nascidos Para Correr	VET 55	00:59:25	00:58:49

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
496	1310	Rui Manuel Pereira	M	ParadelaRunners	VET 35	00:59:33	00:58:49
497	1020	Teresinha Castro	F	Nascidos Para Correr	VET 35	00:59:38	00:59:28
498	1252	Armenio Ferreira	M	Nascidos Para Correr	VET 60	00:59:38	00:59:17
499	1156	Licínio Sousa	M	LION RUNNERS - G. D. LEÕES DA GUARDA	VET 35	00:59:48	00:58:55
500	1176	Fernando Teixeira	M		VET 60	00:59:51	00:59:04
501	1320	Lola Ribeiro	F	RPL	Juniores/Séniore	00:59:54	00:59:21
502	1184	Ana Faria	F		Juniores/Séniore	00:59:56	00:59:13
503	1294	Hélder Manuel Santos Moreira	M		Juniores/Séniore	00:59:57	00:59:13
504	1390	Patrícia Pereira	F		VET 35	00:59:59	00:59:47
505	980	Sana Dias	F	RPL	VET 35	01:00:03	00:59:29
506	1345	Maria Cecília Sá	F	CAP-Centro Atletismo do Porto	VET 50	01:00:13	01:00:09
507	1214	Miguel Soares	M	SC África	VET 35	01:00:50	01:00:03
508	1395	Arménio de Melo Casal	M		VET 60	01:01:18	01:01:04
509	1592	Alexandre Goulão Pena	M	AASM	Juniores/Séniore	01:01:24	01:00:29
510	1101	Moura Pinto	M		VET 55	01:01:25	01:01:02
511	906	Paula Cardoso	F	Factor X / S4L / Medense FC	VET 35	01:01:27	01:01:21
512	1545	Arménia Celeste Ribeiro	F		VET 45	01:01:40	01:00:46
513	1484	João Castro	M		Juniores/Séniore	01:02:05	01:01:34
514	1071	Paula Moreira	F	Trinca Orelhas de Gato	VET 40	01:02:06	01:01:55
515	1430	Anabela Reis	F	MSS CONTABILIDADE TRAIL TEAM	VET 40	01:02:15	01:02:11
516	1452	jose pinto	M		VET 45	01:02:19	01:01:29
517	1454	BRUNO GONÇALVES	M		VET 35	01:02:20	01:01:28
518	1453	Jorge Soares	M		VET 40	01:02:20	01:01:29
519	1336	Teresa Silva	F		VET 45	01:02:32	01:01:56
520	1321	Joana Alves	F		Juniores/Séniore	01:02:40	01:02:33
521	1460	Jaime morais	M	Salgueiros running	VET 45	01:03:33	01:03:20
522	1202	Fernando Pedro Coutinho Martins Delindro	M	Factor X / S4L / Medense FC	Juniores/Séniore	01:03:34	01:03:25
523	1342	Pedro Alexandre Correia	M		VET 40	01:03:34	01:03:22
524	1519	Susana vasconcelos	F	Salgueiros running	VET 40	01:03:34	01:03:21
525	1591	Lore Horlamus	F	AASM	VET 35	01:03:36	01:02:40
526	1054	Rute Neves	F		Juniores/Séniore	01:03:38	01:02:58
527	933	Fernanda Bento	F	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 55	01:03:38	01:02:42
528	1426	Nuno Sousa Gama	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	01:03:50	01:03:33
529	1568	abilio brandao	M		VET 60	01:04:00	01:03:07
530	1157	Maria Goreti Sousa Gomes	F	Run Frend's	VET 35	01:04:06	01:03:32
531	1212	Márcia Rocha	F	Run Frend's	VET 35	01:04:07	01:03:31
532	1180	Filipe Ramos	M	Gondomar Futsal Clube	VET 55	01:04:47	01:04:13
533	1281	Marília Fernanda de Sá Marques de Paiva	F		VET 55	01:04:48	01:04:17
534	1540	Fernando Ferreira	M		VET 45	01:04:57	01:04:23
535	1380	Joaquim Rocha	M	JRSOUSA TEAM	VET 45	01:05:14	01:04:26
536	1422	Elisabete Brazeta	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:05:19	01:04:45
537	1559	Isabel Queirós	F		VET 45	01:05:25	01:04:30
538	1558	Francisco Costa	M		VET 50	01:05:25	01:04:30
539	1534	Filomena Correia	F	OPraticante	VET 60	01:05:46	01:05:29
540	1327	Ana Alexandra Oliveira Magalhães	F		Juniores/Séniore	01:05:49	01:05:02

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
541	1326	Diogo André Monteiro da Silva	M		Juniores/Séniiores	01:05:49	01:05:01
542	1058	Nelson Andrade	M	Gondomar Futsal Clube	VET 35	01:06:05	01:05:22
543	1486	Elsa Leite	F	Pit Power	VET 45	01:06:05	01:05:21
544	1314	Tânia Ferreira	F	RUNRIVER-Escola de Atletismo de Rio Tinto	Juniores/Séniiores	01:06:14	01:05:46
545	1609	Jose Carlos Neves	M	RUNRIVER-Escola de Atletismo de Rio Tinto	VET 55	01:06:14	01:05:46
546	1352	Jorge Pereira	M	JRSOUSA TEAM	VET 50	01:06:17	01:05:32
547	969	Isabel Nogueira	F	JRSOUSA TEAM	VET 40	01:06:34	01:05:48
548	1438	Silvina Barbosa	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:06:40	01:06:00
549	1427	Carla Maravilhas	F	MSS CONTABILIDADE TRAIL TEAM	VET 35	01:06:42	01:06:03
550	908	Sónia Rocha	F	RochasFTW	Juniores/Séniiores	01:07:11	01:06:40
551	1407	José Dara	M		VET 60	01:07:36	01:06:53
552	1043	José Manuel PINTO da Silva	M	Município de Gondomar	Juniores/Séniiores	01:07:39	01:06:56
553	1029	Isabel Santos	F		VET 40	01:08:04	01:07:24
554	1033	José Santos	M		VET 60	01:08:05	01:07:24
555	1199	Ricardo Luís Pinto	M	ALINHAS ??	Juniores/Séniiores	01:08:06	01:07:17
556	1311	Ana Catarina Vieira	F	ParadelaRunners	Juniores/Séniiores	01:08:08	01:07:24
557	1409	Pedro Manuel Alves Sequeira	M	ParadelaRunners	VET 35	01:08:08	01:07:23
558	1375	Sarah Pereira	F		Juniores/Séniiores	01:08:45	01:08:03
559	1106	Celeste dos Santos Silva Vieira	F		VET 50	01:08:57	01:08:27
560	983	Raquel Silva	F		Juniores/Séniiores	01:08:59	01:08:26
561	928	Soraia Milene Borges dos Santos Póvoas	F	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniiores	01:08:59	01:08:26
562	1231	Fernando Costa	M	Pernetas á Sexta	VET 45	01:09:02	01:08:13
563	1235	Susana Canhola	F	Pernetas á Sexta	VET 45	01:09:04	01:08:14
564	1593	Paulo Pimenta	M	Pernetas á Sexta	VET 45	01:09:05	01:08:14
565	1344	Paulo Meinedo	M	Pernetas á Sexta	VET 45	01:09:05	01:08:16
566	1465	Isabel Carvalho	F	Pernetas á Sexta	VET 45	01:09:05	01:08:16
567	1381	Maria Pereira	F	Pernetas á Sexta	VET 35	01:09:06	01:08:16
568	1379	Afonso Bonifacio	F	Pernetas á Sexta	Juniores/Séniiores	01:09:06	01:08:16
569	1501	Vítor Manuel Oliveira Coelho	M	Pernetas á Sexta	Juniores/Séniiores	01:09:06	01:08:18
570	1225	Manuela Ferreira	F	Pernetas á Sexta	VET 45	01:09:06	01:08:16
571	1466	Mário Cardoso	M	Pernetas à Sexta	VET 40	01:09:06	01:08:17
572	930	Pedro	M	Pernetas á Sexta	VET 35	01:09:06	01:08:20
573	1285	FATIMA MEINEDO	F	Pernetas á Sexta	VET 45	01:09:06	01:08:18
574	1464	Jorge Carvalho	M	Pernetas á Sexta	VET 40	01:09:07	01:08:18
575	1193	Luis Miguel Tavares	M	ALINHAS ??	VET 40	01:09:49	01:08:59
576	1490	Graça Farelo	F	Pit Power	VET 45	01:11:16	01:10:33
577	1420	Américo Leal	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	01:11:17	01:10:42
578	1340	Helena Isabel Coelho dos Santos	F		Juniores/Séniiores	01:12:56	01:12:14
579	1521	Sara Cardoso Guedes	F		Juniores/Séniiores	01:12:56	01:12:14
580	1503	Sofia Antunes Costa Lima	F		VET 40	01:13:17	01:12:35
581	1219	Helena Cardoso	F	JRSOUSA TEAM		01:13:46	01:13:02
582	973	Lurdes Sanguedo	F	JRSOUSA TEAM	VET 45	01:16:14	01:15:27
583	1374	Mafalda Sofia Coelho da Cruz Sarraguça	F		VET 40	01:16:51	01:16:09
584	1301	Cátia Francisco	F		Juniores/Séniiores	01:16:54	01:16:20
585	1303	Fátima Raquel Reis Ferreira	F		Juniores/Séniiores	01:16:54	01:16:20

Lugar	Dorsal	Nome	Sexo	Equipa	Categoria	Tempo	Chip
586	957	Sandra Couto Ferreirs	F	JRSOUSA TEAM	VET 45	01:16:57	01:16:11
587	927	Joana Rodrigues Sousa	F	JRSOUSA TEAM	VET 35	01:16:59	01:16:16
588	1441	Maria Alves	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:17:32	01:16:59
589	1431	Pedro Oliveira	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	01:17:32	01:17:27
590	1439	Paula Salgado	F	MSS CONTABILIDADE TRAIL TEAM	VET 55	01:17:32	01:16:58
	902	Álvaro Pereira	M		VET 35	00:14:01 (desq.)	00:14:01
	1238	Bruno Cardoso	M	Factor X / S4L / Medense FC	Juniores/Séniiores	00:39:39 (desq.)	00:13:25
	1155	LUÍS FILIPE FIGUEIREDO GOUVEIA	M	Portelinha	VET 45	00:51:00 (desq.)	00:48:24
	1550	Daniela Pinheiro	F		VET 40	00:53:02 (desq.)	00:52:08
	1406	Barbara Nunes	F	salgueiros running	Juniores/Séniiores	01:02:29 (desq.)	01:02:17
	1034	Fernanda Correia	F		VET 45	01:03:48 (desq.)	01:03:05
	1442	Natalina Videira	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:04:20 (desq.)	01:03:37
	1429	Rosa Maria Castro	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:05:19 (desq.)	01:05:19
	1491	Bina Brochado	F	Pit Power	VET 45	01:10:18 (desq.)	01:09:24
	1188	José Miguel Sousa da Cunha	M		VET 40	01:10:19 (desq.)	01:09:25