

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
1	510	M	NUNO COSTA		INDIVIDUAL	M SEN	00:30:38.000	00:00:00.000	00:30:38.000
2	175	M	RUI MUGA	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	M VET I	00:31:18.183	00:00:40.183	00:31:18.183
3	293	M	CARLOS LOPES	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	M VET I	00:32:20.007	00:01:42.007	00:32:19.187
4	355	M	PEDRO RODRIGUES	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	M VET II	00:33:01.510	00:02:23.510	00:33:01.510
5	358	M	SANTIAGO MEZQUITA	SPAIN	SOLORUNNERS	M VET II	00:33:54.020	00:03:16.020	00:33:53.807
6	516	M	LUIS ALVADIA		INDIVIDUAL	M VET III	00:35:37.300	00:04:59.300	00:35:36.980
7	88	M	ANTÓNIO CAMPOS	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET III	00:35:52.127	00:05:14.127	00:35:51.920
8	254	M	ANTÓNIO VARELAS	PORTUGAL	PAVIMIR - BELMIRO & BARREIRA, LDA.	M SEN	00:36:46.017	00:06:08.017	00:36:42.527
9	340	M	PEDRO NUNES	PORTUGAL	NÚCLEO ATLETISMO VILA REAL	M VET II	00:36:46.267	00:06:08.267	00:36:45.190
10	289	M	GABRIEL VILELA	PORTUGAL	INDIVIDUAL	M SEN	00:36:52.023	00:06:14.023	00:36:51.656
11	316	M	CARLOS CARNEIRO	PORTUGAL	ARA - ALFANDEGUENSE	M VET IV	00:36:53.293	00:06:15.293	00:36:52.593
12	426	M	SAMUEL TOMÁS	PORTUGAL	NÚCLEO ATLETISMO VILA REAL	M VET II	00:37:08.723	00:06:30.723	00:37:07.116
13	425	M	JORGE PIRES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET III	00:37:41.020	00:07:03.020	00:37:40.183
14	227	M	PAULO IM	PORTUGAL	RUN4FUN VILA REAL	M VET II	00:37:44.297	00:07:06.297	00:37:38.617
15	259	F	ANDREIA SANTOS	PORTUGAL	RUN TEJO-CM SOCKS	F SEN	00:37:47.273	00:07:09.273	00:37:44.986
16	141	M	PEDRO PIMPAREL	PORTUGAL	BOAVISTA TRAIL	M JUN	00:37:48.270	00:07:10.270	00:37:47.333
17	10	M	JOÃO PATATAS	PORTUGAL	MIRANDELA A CORRER	M SEN	00:37:55.520	00:07:17.520	00:37:52.007
18	54	M	JOAQUIM SANTOS	PORTUGAL	RUN4FUN VILA REAL	M VET III	00:37:56.783	00:07:18.783	00:37:54.310
19	423	M	RAUL BARTOLOMEU	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M SEN	00:38:10.770	00:07:32.770	00:38:08.583
20	364	M	LUÍS SILVA	PORTUGAL	MIRANDELA A CORRER	M SEN	00:38:11.523	00:07:33.523	00:38:08.456
21	427	M	MÁRIO MONTEIRO	PORTUGAL	CLUBE NOSSA SENHORA DA CONCEIÇÃO VILA REAL	M VET II	00:38:21.273	00:07:43.273	00:38:20.526
22	454	M	ALI QUANAKHAR		NUCLEO SPORTINGUISTA LEÕES DA FRONTEIRA	M VET IV	00:38:26.527	00:07:48.527	00:38:23.204
23	450	M	MIGUEL FERREIRA	PORTUGAL	CLUBE VETERANOS DO PORTO	M VET I	00:38:37.770	00:07:59.770	00:38:36.343
24	101	M	MARCO PINTO	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET I	00:38:51.027	00:08:13.027	00:38:50.660
25	251	M	NUNO QUITÉRIO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M SEN	00:38:52.023	00:08:14.023	00:38:48.696
26	156	M	NUNO FREITAS	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET I	00:38:53.940	00:08:15.940	00:38:52.113
27	324	M	LUIS GONZAGA	PORTUGAL	INDIVIDUAL	M VET V	00:38:59.523	00:08:21.523	00:38:55.666
28	234	M	GIL GARCIA	PORTUGAL	INDIVIDUAL	M VET II	00:39:15.283	00:08:37.283	00:39:09.596
29	2	F	LUCINDA MOREIRAS	PORTUGAL	GRUPO DESPORTIVO DE BRAGANÇA	F VET IV	00:39:16.027	00:08:38.027	00:39:14.320
30	511	M	ANTONIO MONTEIRO		NUCLEO SPORTINGUISTA LEÕES DA FRONTEIRA	M VET III	00:39:22.523	00:08:44.523	00:39:19.066
31	415	M	PEDRO NECHO	PORTUGAL	AFIS/OVAR	M VET II	00:39:34.773	00:08:56.773	00:39:33.060
32	277	M	LUIS RODRIGUES	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET III	00:39:37.027	00:08:59.027	00:39:35.844
33	502	M	JOÃO VIDEIRA	PORTUGAL	ARA - ALFANDEGUENSE	M VET IV	00:39:40.023	00:09:02.023	00:39:38.040
34	95	M	ÂNGELO COSTA	PORTUGAL	CTM VILA POUCA DE AGUIAR	M SEN	00:39:50.033	00:09:12.033	00:39:46.326
35	68	M	EDUARDO MADUREIRA	PORTUGAL	VILA FLOR SPORT CLUBE	M VET III	00:39:54.523	00:09:16.523	00:39:43.843
36	153	M	DANIEL PIRES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET IV	00:40:14.030	00:09:36.030	
37	417	M	DIOGO ALVES	PORTUGAL	INDIVIDUAL	M SEN	00:40:24.037	00:09:46.037	00:40:21.764
38	413	M	RUI BORGES	PORTUGAL	NÚCLEO DE ATLETISMO DE VILA REAL	M VET IV	00:40:25.777	00:09:47.777	00:40:23.947
39	97	M	GUILHERMINO MEIRELES	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET II	00:40:26.027	00:09:48.027	00:40:24.294
40	133	M	LUIS MARTINS	PORTUGAL	RUN4FUN VILA REAL	M VET II	00:40:34.283	00:09:56.283	00:40:33.446
41	345	M	JOÃO SILVA	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET IV	00:40:36.780	00:09:58.780	00:40:33.943
42	440	M	ARTUR DIAS	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET IV	00:40:39.030	00:10:01.030	00:40:36.747
43	71	M	TIAGO GOMES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M SEN	00:40:41.027	00:10:03.027	00:40:38.730
44	519	M	JOSE COSTA	PORTUGAL	LOUSADA RUNNERS	M VET I	00:40:43.777	00:10:05.777	00:40:42.587
45	62	M	RICARDO BATISTA	PORTUGAL	LAMEGO TRIBO RUNNERS	M VET II	00:40:45.763	00:10:07.763	00:40:40.786
46	512	M	MIGUEL MORAIS	PORTUGAL	OFF-ROAD MIRANDELA/ S & M.,LDA / ESPELHO DE AGUA	M VET II	00:40:56.787	00:10:18.787	00:40:53.734
47	191	M	PATRICIO PIRES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET II	00:40:58.280	00:10:20.280	00:40:55.427

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
48	111	M	RUI MOREIRA	PORTUGAL	MS FIT CLUB	M SEN	00:41:02.787	00:10:24.787	00:40:57.590
49	438	M	GONÇALO SILVA	PORTUGAL	INDIVIDUAL	M SEN	00:41:04.277	00:10:26.277	00:41:01.317
50	6	M	TIAGO FERREIRA	PORTUGAL	MIRANDELA A CORRER	M SEN	00:41:10.780	00:10:32.780	00:41:09.460
51	184	M	TIAGO CANTO	PORTUGAL	INDIVIDUAL	M SEN	00:41:43.280	00:11:05.280	00:41:39.827
52	180	M	JORGE INOCÊNCIO	PORTUGAL	INDIVIDUAL	M VET II	00:41:44.530	00:11:06.530	00:41:39.323
53	371	M	ISRAEL TEIXEIRA	PORTUGAL	INDIVIDUAL	M SEN	00:41:46.283	00:11:08.283	00:41:38.096
54	233	M	LUÍS PAÍS	PORTUGAL	GRUPO DESPORTIVO DE BRAGANÇA	M SEN	00:42:03.530	00:11:25.530	00:41:59.330
55	90	M	IGOR SILVA	PORTUGAL	INDIVIDUAL	M VET I	00:42:09.780	00:11:31.780	00:42:04.373
56	52	M	HELDER DEVEZA	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	M VET III	00:42:28.283	00:11:50.283	00:42:23.966
57	154	M	PAULO SANTOS	PORTUGAL	INDIVIDUAL	M VET II	00:42:31.283	00:11:53.283	00:42:24.346
58	406	F	SÍLVIA TEIXEIRA	PORTUGAL	BOAVISTA F. C.	F VET II	00:42:35.533	00:11:57.533	00:42:34.833
59	59	M	PAULO TAVARES	PORTUGAL	INDIVIDUAL	M VET II	00:42:38.533	00:12:00.533	00:42:35.603
60	223	M	PEDRO DIAS	PORTUGAL	BOAVISTA TRAIL	M VET III	00:42:46.533	00:12:08.533	00:42:46.533
61	276	M	JOSE CARREIRA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M SEN	00:42:51.033	00:12:13.033	00:42:48.856
62	448	M	RUI FRAGA	PORTUGAL	INDIVIDUAL	M VET III	00:42:51.283	00:12:13.283	00:42:48.236
63	77	M	BRUNO AIRES	PORTUGAL	INDIVIDUAL	M VET II	00:42:55.547	00:12:17.547	00:42:52.977
64	282	M	NORBERTO COSTA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET VI	00:42:56.577	00:12:18.577	00:42:54.414
65	437	M	MAURO VIDEIRA	PORTUGAL	ARA - ALFANDEGUENSE	M SEN	00:43:06.287	00:12:28.287	00:43:04.690
66	94	M	CARLOS SOUSA	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET IV	00:43:09.537	00:12:31.537	00:43:08.337
67	509	M	GONCALO SILVA		INDIVIDUAL	M SEN	00:43:13.037	00:12:35.037	00:43:07.214
68	15	M	CLÁUDIO MIRANDA	PORTUGAL	MIRANDELA A CORRER	M SEN	00:43:14.537	00:12:36.537	00:43:11.017
69	61	M	RÚBEN RICARDO	PORTUGAL	INDIVIDUAL	M SEN	00:43:23.033	00:12:45.033	00:43:20.020
70	46	M	LUÍS MORAIS	PORTUGAL	INDIVIDUAL	M VET IV	00:43:25.287	00:12:47.287	00:43:25.287
71	379	M	CARLOS MARQUES	PORTUGAL	DILOMI.SA - RUN4FUN	M VET II	00:43:29.037	00:12:51.037	00:43:22.520
72	418	M	PAULO PINTO	PORTUGAL	INDIVIDUAL	M VET IV	00:43:30.040	00:12:52.040	00:43:25.707
73	400	M	CEDRIC CHEIO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET I	00:43:30.537	00:12:52.537	00:43:28.270
74	139	M	FILIPE PINHEIRO	PORTUGAL	INDIVIDUAL	M VET I	00:43:33.787	00:12:55.787	00:43:27.440
75	143	F	CARLA SANTOS	PORTUGAL	INDIVIDUAL	F VET III	00:43:33.787	00:12:55.787	00:43:27.814
76	391	M	JOAO BARREIRA	PORTUGAL	INDIVIDUAL	M VET I	00:43:36.037	00:12:58.037	00:43:30.470
77	208	M	MARCO RIBEIRO	PORTUGAL	NUTRIPED HEALTHCARE MIRANDELA	M VET I	00:43:58.787	00:13:20.787	00:43:50.107
78	60	M	NUNO RODRIGUES	PORTUGAL	RUN4FUN VILA REAL	M VET II	00:44:04.827	00:13:26.827	00:44:01.304
79	412	M	MÁRIO NÓBREGA	PORTUGAL	RUN4FUN VILA REAL	M VET IV	00:44:05.360	00:13:27.360	00:44:04.650
80	102	M	FILIPE RODRIGUES	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET II	00:44:07.287	00:13:29.287	00:44:03.854
81	376	M	JOÃO PRETO	PORTUGAL	CATILENO	M VET II	00:44:17.787	00:13:39.787	00:44:12.307
82	1	M	ANTÓNIO FERREIRA	PORTUGAL	MIRANDELA A CORRER	M VET VII	00:44:18.293	00:13:40.293	00:44:17.540
83	331	M	ZEFERINO FERNANDES	PORTUGAL	MSS CONTABILIDADE	M VET III	00:44:25.793	00:13:47.793	00:44:21.580
84	65	M	VITOR CANCELA	PORTUGAL	INDIVIDUAL	M VET II	00:44:26.297	00:13:48.297	00:44:24.120
85	96	M	DÉRCIO FONSECA	PORTUGAL	MIRAZUMBA	M VET I	00:44:26.537	00:13:48.537	00:44:18.824
86	311	M	RUI GONÇALVES	PORTUGAL	ARA - ALFANDEGUENSE	M VET II	00:44:27.037	00:13:49.037	00:44:26.210
87	260	M	MARCO PIRES	PORTUGAL	MS FIT CLUB	M VET I	00:44:28.037	00:13:50.037	00:44:22.354
88	73	M	SEVERINO SANTOS	PORTUGAL	GDR- TRUTAS DO MAU	M VET VII	00:44:31.040	00:13:53.040	00:44:29.427
89	56	M	RICARDO ALVES	PORTUGAL	INDIVIDUAL	M VET I	00:44:31.663	00:13:53.663	00:44:26.766
90	278	F	FÁTIMA AMOÍNHA	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET I	00:44:32.290	00:13:54.290	00:44:30.097
91	318	M	NELSON PIRES	PORTUGAL	ARA - ALFANDEGUENSE	M SEN	00:44:35.287	00:13:57.287	00:44:33.700
92	380	F	CLAUDIA NOBREGA	PORTUGAL	CLUBE NOSSA SENHORA DA CONCEIÇÃO VILA REAL	F VET I	00:44:36.787	00:13:58.787	00:44:33.857
93	104	M	LUÍS PEREIRA	PORTUGAL	INDIVIDUAL	M VET II	00:44:38.297	00:14:00.297	00:44:35.934
94	443	M	DIRCEU SILVA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET I	00:44:59.790	00:14:21.790	00:44:45.963

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
95	280	F	CEU COSTA	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET IV	00:45:04.037	00:14:26.037	00:45:03.104
96	342	M	FERNANDO LOPES	PORTUGAL	NÚCLEO DE ATLETISMO DE VILA REAL	M VET III	00:45:14.790	00:14:36.790	00:45:13.720
97	410	F	SANDRA NUNES	PORTUGAL	CLUBE NOSSA SENHORA DA CONCEIÇÃO VILA REAL	F VET I	00:45:21.290	00:14:43.290	00:45:18.953
98	411	M	CARLOS ALVES	PORTUGAL	RUN4FUN VILA REAL	M VET IV	00:45:33.290	00:14:55.290	00:45:30.280
99	435	F	CARMEN AMARO	PORTUGAL	RUN4FUN VILA REAL	F VET II	00:45:33.540	00:14:55.540	00:45:32.097
100	392	M	MÁRIO MORAIS	PORTUGAL	INDIVIDUAL	M VET II	00:45:43.043	00:15:05.043	00:45:36.466
101	382	M	LUIS AMORIM	PORTUGAL	INDIVIDUAL	M VET III	00:45:43.057	00:15:05.057	
102	312	M	PAULO NEVES	PORTUGAL	ARA - ALFANDEGUENSE	M VET III	00:46:05.237	00:15:27.237	00:46:02.414
103	419	M	TIAGO PONA	PORTUGAL	INDIVIDUAL	M SEN	00:46:10.793	00:15:32.793	
104	449	M	JORGE FAUSTINO	PORTUGAL	INDIVIDUAL	M VET I	00:46:45.293	00:16:07.293	00:46:37.066
105	172	M	AGNELO MARQUES	PORTUGAL	INDIVIDUAL	M VET III	00:46:45.543	00:16:07.543	00:46:37.080
106	414	M	FERNANDO ALMEIDA	PORTUGAL	INDIVIDUAL	M VET IV	00:46:57.043	00:16:19.043	00:46:55.213
107	190	M	LUÍS BORGES	PORTUGAL	INDIVIDUAL	M VET II	00:47:09.543	00:16:31.543	00:46:58.883
108	69	M	BRUNO SIMÕES	PORTUGAL	MIRAZUMBA	M SEN	00:47:15.547	00:16:37.547	00:47:08.547
109	317	M	NELSON VIDEIRA	PORTUGAL	ARA - ALFANDEGUENSE	M VET I	00:47:21.297	00:16:43.297	00:47:21.297
110	314	M	DUARTE ESCOBAR	PORTUGAL	ARA - ALFANDEGUENSE	M VET III	00:47:21.547	00:16:43.547	00:47:18.164
111	3	M	CARLOS MARTA	PORTUGAL	MIRANDELA A CORRER	M VET V	00:47:23.297	00:16:45.297	00:47:20.464
112	361	F	RAQUEL HENRIQUES	PORTUGAL	MIRANDELA A CORRER	F SEN	00:47:27.543	00:16:49.543	00:47:23.833
113	128	M	EDER TEIXEIRA	PORTUGAL	VILA FLOR SPORT CLUBE	M VET I	00:47:31.043	00:16:53.043	00:47:24.640
114	275	F	FERNANDA TAVARES	PORTUGAL	CRT-CHAVES RUNNING TEAM	F SEN	00:47:32.047	00:16:54.047	00:47:29.550
115	283	M	PAULO TAVARES	PORTUGAL	CRT-CHAVES RUNNING TEAM	M SEN	00:47:32.047	00:16:54.047	00:47:29.550
116	416	M	JORGE VILELA	PORTUGAL	NÚCLEO DE ATLETISMO DE VILA REAL	M VET IV	00:47:34.797	00:16:56.797	00:47:34.797
117	79	M	VITOR TEIXEIRA	PORTUGAL	VILA FLOR SPORT CLUBE	M SEN	00:47:38.297	00:17:00.297	00:47:32.337
118	439	F	DELMINA ROMAO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	F VET I	00:47:40.687	00:17:02.687	00:47:36.847
119	386	M	JORGE GUEDES	PORTUGAL	INDIVIDUAL	M VET II	00:47:57.297	00:17:19.297	00:47:53.214
120	142	M	RICARDO BOAS	PORTUGAL	INDIVIDUAL	M SEN	00:48:06.483	00:17:28.483	00:48:00.036
121	428	M	ANTÓNIO DINIS	PORTUGAL	INDIVIDUAL	M VET III	00:48:13.797	00:17:35.797	00:48:01.370
122	87	M	JOÃO RIBEIRO	PORTUGAL	MDL278	M SEN	00:48:16.047	00:17:38.047	00:48:10.070
123	113	M	PEDRO COIMBRA	PORTUGAL	INDIVIDUAL	M VET I	00:48:19.297	00:17:41.297	00:48:14.450
124	446	M	JOSE BICA		INDIVIDUAL	M VET III	00:48:22.297	00:17:44.297	00:48:10.230
125	320	M	VICTOR OLIVEIRA	BRAZIL	ARA - ALFANDEGUENSE	M SEN	00:48:28.297	00:17:50.297	00:48:26.457
126	520	M	RUI FRAGA	PORTUGAL	INDIVIDUAL	M VET III	00:48:35.553	00:17:57.553	00:48:31.826
127	256	M	PAULO VEIGA	PORTUGAL	CCM - CLUBE CICLISMO MIRANDELA	M VET II	00:48:37.297	00:17:59.297	00:48:27.147
128	291	M	PAULO ESTEVES	PORTUGAL	CCM - CLUBE CICLISMO MIRANDELA	M VET VI	00:48:37.797	00:17:59.797	00:48:29.230
129	441	M	TIAGO OLIVEIRA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M SEN	00:48:51.457	00:18:13.457	00:48:43.110
130	225	M	CARLOS LEAL	PORTUGAL	BOAVISTA TRAIL	M VET III	00:48:54.297	00:18:16.297	00:48:53.527
131	422	M	TELMO SALAZAR	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET IV	00:48:55.297	00:18:17.297	00:48:50.980
132	390	M	FRANCISCO CORTEZ	PORTUGAL	INDIVIDUAL	M VET VI	00:48:56.047	00:18:18.047	00:48:49.984
133	356	M	DELMAR DOMINGUES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	M VET V	00:48:56.807	00:18:18.807	00:48:51.850
134	447	F	CATARINA COSTA	PORTUGAL	LOUSADA RUNNERS	F VET I	00:49:03.047	00:18:25.047	00:49:00.084
135	53	M	JORGE AUGUSTO	PORTUGAL	INDIVIDUAL	M VET II	00:49:10.800	00:18:32.800	00:49:05.833
136	363	M	PEDRO RAMIRES	PORTUGAL	MIRANDELA A CORRER	M JUN	00:49:35.800	00:18:57.800	00:49:29.867
137	92	F	LÚCIA LEMOS	PORTUGAL	CTM VILA POUCA DE AGUIAR	F VET IV	00:49:49.300	00:19:11.300	00:49:44.303
138	123	M	JOSÉ RIBEIRO	PORTUGAL	INDIVIDUAL	M VET II	00:49:51.550	00:19:13.550	00:49:43.083
139	86	M	CÉSAR SOUSA	PORTUGAL	CTM VILA POUCA DE AGUIAR	M VET II	00:49:52.057	00:19:14.057	00:49:42.624
140	185	M	RUI FREITAS	PORTUGAL	BIKEAVENTURAALIJO	M VET II	00:50:00.553	00:19:22.553	00:49:52.220
141	50	M	MARCO VARELA	PORTUGAL	BIKEAVENTURAALIJO	M VET II	00:50:00.553	00:19:22.553	00:49:52.226

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
142	405	F	ANA GUEDES	PORTUGAL	BOAVISTA F. C.	F VET III	00:50:03.550	00:19:25.550	00:50:02.217
143	11	F	ANA MOREIRA	PORTUGAL	MIRANDELA A CORRER	F VET III	00:50:08.800	00:19:30.800	00:50:05.107
144	247	M	CARLOS ESTEVES	PORTUGAL	INDIVIDUAL	M VET I	00:50:14.837	00:19:36.837	00:50:09.607
145	286	M	JOSE RODRIGUES	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET III	00:50:27.320	00:19:49.320	00:50:21.743
146	518	F	ANA QUITÉRIO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	F SEN	00:50:37.550	00:19:59.550	00:50:33.973
147	434	F	SUSANA TEIXEIRA	PORTUGAL	RUN4FUN VILA REAL	F VET II	00:50:39.820	00:20:01.820	00:50:37.540
148	409	F	SUSANA MAGALHÃES	PORTUGAL	RUN4FUN VILA REAL	F VET III	00:50:39.827	00:20:01.827	00:50:38.627
149	146	M	TIAGO SILVA	PORTUGAL	INDIVIDUAL	M SEN	00:50:44.310	00:20:06.310	00:50:34.493
150	297	M	JOSÉ MARTINS	PORTUGAL	INDIVIDUAL	M VET IV	00:50:44.553	00:20:06.553	00:50:37.373
151	377	M	CARLOS TEIXEIRA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET IV	00:51:00.057	00:20:22.057	00:50:59.287
152	118	M	ALVARO SILVA	PORTUGAL	MSS CONTABILIDADE	M VET VI	00:51:04.553	00:20:26.553	00:51:00.286
153	177	M	JOÃO MORAIS	PORTUGAL	INDIVIDUAL	M VET V	00:51:21.810	00:20:43.810	00:51:17.223
154	78	M	BRUNO PINHEIRO	PORTUGAL	INDIVIDUAL	M VET II	00:51:24.053	00:20:46.053	00:51:17.113
155	122	M	ANTONIO ALVES	PORTUGAL	MSS CONTABILIDADE	M VET IV	00:51:51.557	00:21:13.557	00:51:46.597
156	389	M	ARTUR CUNHA	PORTUGAL	INDIVIDUAL	M VET V	00:51:59.557	00:21:21.557	
157	57	M	RUI RODRIGUES	PORTUGAL	MDL278	M SEN	00:52:05.557	00:21:27.557	00:51:54.367
158	279	F	AMITAF COSTA	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET V	00:52:09.057	00:21:31.057	00:52:08.870
159	64	F	DANIELA MARTINS	PORTUGAL	INDIVIDUAL	F SEN	00:52:20.807	00:21:42.807	00:52:14.620
160	176	F	LETICIA ALEIXO	PORTUGAL	MIRAZUMBA	F SEN	00:52:25.807	00:21:47.807	00:52:19.607
161	127	M	PAULO MOREIRA	PORTUGAL	DEIXEI O SOFÁ	M VET IV	00:52:38.557	00:22:00.557	00:52:33.630
162	178	M	HUGO PIRES	PORTUGAL	MDL278	M SEN	00:52:41.590	00:22:03.590	00:52:30.147
163	119	M	OCTÁVIO SANTOS	PORTUGAL	INDIVIDUAL	M VET V	00:52:57.203	00:22:19.203	00:52:49.976
164	430	M	MAURO GONÇALVES	PORTUGAL	INDIVIDUAL	M SEN	00:53:18.313	00:22:40.313	00:53:08.886
165	374	M	JOÃO MAURÍCIO	PORTUGAL	INDIVIDUAL	M SEN	00:53:23.567	00:22:45.567	00:53:14.640
166	287	F	MANUELA CORDEIRO	PORTUGAL	INDIVIDUAL	F VET V	00:53:31.560	00:22:53.560	00:53:27.243
167	161	F	MARA CALADO	PORTUGAL	INDIVIDUAL	F SEN	00:53:39.560	00:23:01.560	00:53:31.333
168	162	M	BRUNO RODRIGUES	PORTUGAL	INDIVIDUAL	M SEN	00:53:39.813	00:23:01.813	00:53:31.586
169	442	F	SOLANGE RODRIGUES	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET IV	00:53:44.313	00:23:06.313	00:53:40.113
170	266	M	EDUARDO MEDEIROS	PORTUGAL	GRUPO DESPORTIVO DE BRAGANÇA	M VET VI	00:53:45.563	00:23:07.563	00:53:37.993
171	332	F	ANABELA BORDALO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	F VET III	00:53:45.813	00:23:07.813	00:53:38.000
172	210	M	ORLANDO PIRES	PORTUGAL	MIRANDELA A CORRER	M VET IV	00:53:50.067	00:23:12.067	00:53:50.067
173	170	F	PAULINA SOARES	PORTUGAL	TOG -TRINCA ORELHAS GATO	F VET V	00:54:03.310	00:23:25.310	00:53:59.590
174	452	M	GRACIA MANSO		INDIVIDUAL	M VET VII	00:54:25.787	00:23:47.787	00:54:16.860
175	281	F	MARILENE FARIA	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET II	00:54:35.563	00:23:57.563	00:54:33.086
176	261	M	JOÃO OLIVEIRA	PORTUGAL	CRT-CHAVES RUNNING TEAM	M VET II	00:54:38.167	00:24:00.167	00:54:35.084
177	136	M	CARLOS MENDES	PORTUGAL	REFEREE RUNNERS	M SEN	00:54:52.313	00:24:14.313	00:54:41.230
178	252	M	FERNANDO MENDONÇA	PORTUGAL	NBA BARROSAS	M VET I	00:55:01.567	00:24:23.567	
179	436	F	SOFIA JACINTO	PORTUGAL	ARA - ALFANDEGUENSE	F SEN	00:55:01.817	00:24:23.817	00:54:58.500
180	322	M	ANTÓNIO LOPES	PORTUGAL	INDIVIDUAL	M VET I	00:55:02.567	00:24:24.567	00:54:57.660
181	398	M	EDUARDO BACALHAU	PORTUGAL	MIRANDELA A CORRER	M VET III	00:55:03.567	00:24:25.567	
182	385	M	CARLOS FONTOURA	PORTUGAL	INDIVIDUAL	M VET VI	00:55:03.823	00:24:25.823	00:54:53.890
183	453	M	SERGIO GOMES	PORTUGAL	CLUBE N.B.A. BARRADAS	M VET I	00:55:04.573	00:24:26.573	
184	125	F	ANA MARTINS	PORTUGAL	INDIVIDUAL	F JUN	00:55:15.067	00:24:37.067	00:55:09.484
185	517	M	ANTONIO MONTEIRO		INDIVIDUAL	M VET III	00:55:15.317	00:24:37.317	00:55:09.920
186	368	F	CRISTINA RAMIRES	PORTUGAL	MIRANDELA A CORRER	F VET III	00:55:18.067	00:24:40.067	00:55:09.814
187	387	M	ALBERTO AMENDOEIRA	PORTUGAL	INDIVIDUAL	M VET VI	00:55:21.067	00:24:43.067	00:55:16.474
188	228	F	JUDY SOUSA	PORTUGAL	GRUPO DESPORTIVO DE BRAGANÇA	F VET III	00:55:27.567	00:24:49.567	00:55:23.357

Lugar	Dorsal	S	Nome	País	Equipa	Escalão	Tempo	Diferença	Chip
189	100	M	FILIFE MOFREITA	PORTUGAL	INDIVIDUAL	M VET II	00:56:32.327	00:25:54.327	00:56:25.367
190	167	M	ARTUR TEIXEIRA	PORTUGAL	ACD SAMÕES	M VET I	00:56:35.817	00:25:57.817	00:56:24.637
191	319	F	ANTÓNIA SANTOS	PORTUGAL	ARA - ALFANDEGUENSE	F VET IV	00:56:40.070	00:26:02.070	00:56:36.357
192	357	F	SÓNIA SACRAMENTO	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	F VET II	00:56:43.577	00:26:05.577	00:56:38.354
193	231	F	MARIA FERREIRA	PORTUGAL	GRUPO DESPORTIVO DE BRAGANÇA	F VET V	00:56:44.827	00:26:06.827	00:56:37.614
194	195	M	RUI PACHECO	PORTUGAL	INDIVIDUAL	M VET I	00:56:53.587	00:26:15.587	00:56:51.747
195	354	F	MARIA DOMINGUES	PORTUGAL	GINÁSIO CLUBE DE BRAGANÇA	F VET V	00:57:01.827	00:26:23.827	00:56:56.140
196	262	M	MANUEL PATATAS	PORTUGAL	INDIVIDUAL	M SEN	00:57:02.910	00:26:24.910	00:56:55.460
197	369	M	BRÁULIO VEIGA	PORTUGAL	MIRANDELA A CORRER	M VET II	00:57:55.320	00:27:17.320	00:57:50.867
198	14	F	SAUDADE LOPES	PORTUGAL	MIRANDELA A CORRER	F VET I	00:58:19.573	00:27:41.573	00:58:07.646
199	193	M	ANTÓNIO CAPELA	PORTUGAL	INDIVIDUAL	M VET V	00:58:44.577	00:28:06.577	00:58:37.760
200	8	F	CÁTIA FERREIRA	PORTUGAL	MIRANDELA A CORRER	F SEN	00:58:47.653	00:28:09.653	00:58:41.470
201	168	M	UNAI CHACIM	PORTUGAL	ACD SAMÕES	M SEN	00:59:03.827	00:28:25.827	00:58:53.007
202	149	M	GERSON NASCIMENTO	PORTUGAL	INDIVIDUAL	M SEN	00:59:16.577	00:28:38.577	00:59:04.890
203	429	F	CARLA GONÇALVES	PORTUGAL	RUN4FUN VILA REAL	F VET III	00:59:27.577	00:28:49.577	00:59:25.314
204	12	F	MARIA SANTOS	PORTUGAL	MIRANDELA A CORRER	F VET VI	00:59:51.827	00:29:13.827	00:59:42.394
205	165	F	ANA TAVEIRA	PORTUGAL	INDIVIDUAL	F VET IV	00:59:58.577	00:29:20.577	00:59:57.254
206	159	M	JORGE PIRES	PORTUGAL	JORGE PIRES	M VET II	01:00:02.493	00:29:24.493	00:59:59.653
207	432	M	CARLOS LIMA	PORTUGAL	RUN4FUN VILA REAL	M VET V	01:00:14.827	00:29:36.827	01:00:12.344
208	196	F	MELINA FERNANDES	PORTUGAL	INDIVIDUAL	F SEN	01:00:15.330	00:29:37.330	01:00:07.513
209	508	F	SOFIA REIS	PORTUGAL	INDIVIDUAL	F JUN	01:00:32.390	00:29:54.390	01:00:21.703
210	284	F	TERESA RODRIGUES	PORTUGAL	CRT-CHAVES RUNNING TEAM	F VET V	01:00:40.077	00:30:02.077	01:00:38.364
211	98	M	DANY NUNES	PORTUGAL	INDIVIDUAL	M JUN	01:01:20.580	00:30:42.580	01:01:14.227
212	399	M	VITOR CORREIA	PORTUGAL	MIRANDELA A CORRER	M VET V	01:01:22.333	00:30:44.333	01:01:17.416
213	76	F	EVA PINTO	PORTUGAL	MIRAZUMBA	F VET II	01:01:33.080	00:30:55.080	01:01:24.883
214	147	F	CATARINA PINTO	PORTUGAL	MIRAZUMBA	F VET II	01:02:01.833	00:31:23.833	01:01:54.846
215	109	F	SILVIA PIRES	PORTUGAL	MIRAZUMBA	F VET III	01:04:50.590	00:34:12.590	01:04:43.607
216	5	F	OLEMA GONÇALVES	PORTUGAL	MIRANDELA A CORRER	F VET IV	01:05:17.090	00:34:39.090	01:05:06.653
217	13	F	MILA LAGO	PORTUGAL	MIRANDELA A CORRER	F VET V	01:06:35.100	00:35:57.100	01:06:25.913
218	237	M	RICARDO GONÇALVES	PORTUGAL	JFM	M VET II	01:07:04.097	00:36:26.097	01:06:57.524
219	451	M	EDUARDO SIMAO		INDIVIDUAL	M VET IV	01:07:04.347	00:36:26.347	01:06:57.280
220	507	F	BEATRIZ REIS	PORTUGAL	INDIVIDUAL	F JUN	01:07:07.347	00:36:29.347	01:06:54.174
221	140	M	ARTUR REIS	PORTUGAL	INDIVIDUAL	M VET IV	01:07:09.573	00:36:31.573	01:06:56.646
222	433	F	ESTER LIMA	PORTUGAL	RUN4FUN VILA REAL	F VET V	01:08:06.847	00:37:28.847	01:08:05.877
223	183	M	RUI ALVES	PORTUGAL	2X2	M VET I	01:08:16.847	00:37:38.847	01:08:07.154
224	181	M	MANUEL CORDEIRO	PORTUGAL	INDIVIDUAL	M VET VII	01:08:19.347	00:37:41.347	01:08:12.007
225	134	F	ELISABETE MATEUS	PORTUGAL	MIRAZUMBA	F VET IV	01:09:55.380	00:39:17.380	01:09:48.927
226	107	F	FABIA BORGES	PORTUGAL	MIRAZUMBA	F SEN	01:09:55.853	00:39:17.853	01:09:49.390
227	106	M	ANTONIO GOMES	PORTUGAL	MIRAZUMBA	M VET II	01:09:56.103	00:39:18.103	01:09:47.923
228	187	F	LILIANA BORGES	PORTUGAL	2X2	F SEN	01:09:56.853	00:39:18.853	01:09:46.663
229	75	F	CÂNDIDA CAÇADOR	PORTUGAL	MIRAZUMBA	F VET IV	01:11:40.617	00:41:02.617	01:11:35.187
230	4	M	FRANCISCO GONÇALVES	PORTUGAL	MIRANDELA A CORRER	M VET IV	01:11:45.357	00:41:07.357	01:11:34.407
231	121	F	ANA ALVES	PORTUGAL	MIRAZUMBA	F VET III	01:13:57.613	00:43:19.613	01:13:50.623
232	370	F	ADRIANA ESTEVES	PORTUGAL	MIRANDELA A CORRER	F VET III	01:18:19.637	00:47:41.637	01:18:15.180
233	203	F	SANDRA VILARES	PORTUGAL	2X2	F VET II	01:18:20.387	00:47:42.387	01:18:10.320