

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	João Antunes	C.D.S.Salvador do Campo	276	00:28:30.231	----
2	Jorge Robalo	Vitoria Futebol Clube	242	00:28:33.770	00:00:03.539
3	Pedro Gaspar	Skechers - Prozis	202	00:29:20.225	00:00:49.994
4	Gonçalo Casimiro	Fundação Cebi	200	00:29:34.025	00:01:03.794
5	Nuno Carraça	Run Tejo - CM Socks	260	00:29:45.766	00:01:15.535
6	João Vaz	CCD O Alvitejo	17	00:31:04.253	00:02:34.022
7	Fernando Duarte Matos	Grupo convívio amizade donas fundao	278	00:31:05.461	00:02:35.230
8	Miguel Fortunato	----	180	00:31:21.213	00:02:50.982
9	Helder Grosso	GFD RUNNING	137	00:31:51.706	00:03:21.475
10	Flávio Santos	Federação da Família para a Paz Mundial e Unificação	122	00:32:09.755	00:03:39.524
11	Filipe Ramos	Clube Pedro Pessoa Escola de Atletismo	266	00:32:14.965	00:03:44.734
12	Felisberto Alves	Juventude Vidigalense	258	00:33:05.198	00:04:34.967
13	José Antunes	Grupo Desportivo e Recreativo da Reboleira (G.D.R.R.)	37	00:33:06.708	00:04:36.477
14	Carlos Alves	.	304	00:33:36.944	00:05:06.713
15	Bruno Carvalho	.	305	00:34:08.441	00:05:38.210
16	LUÍS BATISTA	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	225	00:34:44.242	00:06:14.011
17	Francisco Laneta	GE Os Económicos	155	00:35:10.694	00:06:40.463
18	JOAO HORA FAUSTINO	CPPEA - Clube Pedro Pessoa Escola Atletismo	190	00:35:16.716	00:06:46.485
19	Adiven Lopes	----	172	00:35:36.937	00:07:06.706
20	Pedro Burrica	GRCD Leião	293	00:35:40.471	00:07:10.240
21	Nuno Miguel Oliveira	----	264	00:35:45.718	00:07:15.487
22	Luís Pedro	Casa do Concelho da Pampilhosa da Serra	271	00:36:03.479	00:07:33.248
23	Miguel Sobral	Associação GDAK	46	00:36:17.434	00:07:47.203
24	Marco Fernandes	MTBA	167	00:36:26.463	00:07:56.232
25	Aires Prates	.	301	00:36:32.432	00:08:02.201
26	Francisco Azevedo	----	32	00:37:07.930	00:08:37.699
27	André Santos	Grupo Recreativo e Desportivo da Ribeira da Lage	217	00:37:12.417	00:08:42.186
28	Jesús Ruiz Mingo	----	74	00:37:23.466	00:08:53.235
29	Tiago Almeida	Grupo Sportivo Adicense	235	00:37:26.217	00:08:55.986
30	RICARDO CARVALHO	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	226	00:37:43.672	00:09:13.441
31	André Miguel Barbosa	----	84	00:38:04.202	00:09:33.971
32	FERNANDO MELÃO	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	228	00:38:37.697	00:10:07.466
33	Fábio romão	UDCA dos Louquenses	80	00:38:46.459	00:10:16.228
34	JOÃO MONIZ	----	47	00:38:46.946	00:10:16.715
35	João Pateira	----	257	00:38:47.955	00:10:17.724
36	Sérgio Almeida	Casa do Concelho da Pampilhosa da Serra	269	00:38:52.945	00:10:22.714
37	António Sabugueiro	----	244	00:39:25.160	00:10:54.929
38	Ricardo Santos	CF os Belenenses	284	00:39:40.150	00:11:09.919
39	Rui Barata	.	310	00:40:03.438	00:11:33.207
40	Joao Job	----	219	00:40:10.644	00:11:40.413
41	Carlos Menino	.	308	00:40:17.938	00:11:47.707
42	José Pires	C. F. os Belenenses	280	00:40:20.894	00:11:50.663
43	Antonio Rebelo	----	126	00:40:23.184	00:11:52.953

#	Nome	Equipa	Dorsal	Tempo	Diferença
44	Gonçalo Ferraz	CF os Belenenses	198	00:40:26.694	00:11:56.463
45	Pedro Ramos	-----	171	00:40:37.641	00:12:07.410
46	Kikas Mateus	MTBA	165	00:40:56.185	00:12:25.954
47	Rui Pastor	pastor racing	45	00:41:05.293	00:12:35.062
48	Paulo Santos	Lis Running	27	00:41:05.438	00:12:35.207
49	Paulo Lopes	.	306	00:41:11.939	00:12:41.708
50	Vírgilio Madeira	Junta de Freguesia de Santa Maria Maior	211	00:41:23.691	00:12:53.460
51	Hélio Correia	Grupo Sportivo Adicense	233	00:41:27.932	00:12:57.701
52	Vasco Rodrigues	-----	286	00:41:29.635	00:12:59.404
53	justiniano Silva	Renault run club	295	00:41:34.184	00:13:03.953
54	Filipe Alves Frazão Moreira	-----	76	00:41:37.385	00:13:07.154
55	Rui Ventura	-----	53	00:42:02.174	00:13:31.943
56	Rui Filipe	-----	35	00:42:03.630	00:13:33.399
57	João Bogalheiro	Casa do Concelho da Pampilhosa da Serra	268	00:42:12.435	00:13:42.204
58	David Cardoso	Mercenários da Penha	12	00:42:17.631	00:13:47.400
59	Pedro Figueiredo	Running Club Santa Casa	114	00:42:23.679	00:13:53.448
60	Edgar Aguiar	-----	98	00:42:27.920	00:13:57.689
61	Duarte Costa	Run for Friends	21	00:42:34.877	00:14:04.646
62	Eduardo Manuel Coelho Luís	Atómicos	44	00:42:34.932	00:14:04.701
63	Álvaro Gomes	Terras Fundeiras	94	00:42:42.916	00:14:12.685
64	Tiago Silva	No Limit Runners	265	00:42:43.417	00:14:13.186
65	Tomas sousa	Fedração da Família para a Paz Mundial e Unificação	15	00:42:44.916	00:14:14.685
66	Vítor Viana	Casa do Concelho da Pampilhosa da Serra	270	00:42:46.875	00:14:16.644
67	Pedro Vicente	-----	48	00:42:50.375	00:14:20.144
68	Pedro Daniel Gaspar Correia	-----	132	00:42:53.446	00:14:23.215
69	Carlos Ribeiro	Os Tolinhas	150	00:42:59.859	00:14:29.628
70	Luis Almeida	Montes Saloios Trail Team	133	00:43:14.398	00:14:44.167
71	Antonio Teixeira	-----	73	00:43:20.485	00:14:50.254
72	Hélder Martins	Correr Queluz	72	00:43:26.056	00:14:55.825
73	Marco Molha	Morcegos Trail	261	00:43:32.605	00:15:02.374
74	Daniel Revés	Lesmas Alopradas	131	00:43:35.896	00:15:05.665
75	rui mendes	-----	109	00:43:37.605	00:15:07.374
76	ANTÓNIO FERNANDO TAVARES FLOR	Corrida Noturna Parque das Nações	218	00:44:14.604	00:15:44.373
77	José Carlos Pereira	Santander Totta	65	00:44:24.644	00:15:54.413
78	Rui	CD Estrela	188	00:44:38.851	00:16:08.620
79	Rui Trindade	CD ESTRELA	205	00:44:42.390	00:16:12.159
80	Paulo Lourinho	-----	140	00:44:55.349	00:16:25.118
81	vincent richeux	-----	29	00:45:01.609	00:16:31.378
82	José Manuel Costa Alves	-----	83	00:45:06.900	00:16:36.669
83	Carlos Oleastro	-----	104	00:45:23.658	00:16:53.427
84	José Freitas	Águas Livres de Caneças	296	00:45:25.356	00:16:55.125
85	António José	Casa do Concelho da Pampilhosa da Serra	274	00:45:29.106	00:16:58.875
86	João Fernandes	-----	282	00:45:32.866	00:17:02.635
87	Paulo Bogarim	Grupo Sportivo Adicense	230	00:45:48.145	00:17:17.914

#	Nome	Equipa	Dorsal	Tempo	Diferença
88	Luís Ramos	Grupo Sportivo Adicense	234	00:45:49.613	00:17:19.382
89	João Paulo Neves	Os Resistentes do Palácio	16	00:45:50.016	00:17:19.785
90	Sérgio Antunes	-----	160	00:46:00.369	00:17:30.138
91	Alexandre Mateus	-----	141	00:46:13.648	00:17:43.417
92	Paulo Revés	Lesmas Alopradas	128	00:46:17.904	00:17:47.673
93	Pedro Carvalho	-----	146	00:46:19.895	00:17:49.664
94	Pedro Morgado	Sport with Passion!	182	00:46:26.904	00:17:56.673
95	JOSÉ AVELINO	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	224	00:46:29.865	00:17:59.634
96	Paulo Bénard Guedes	-----	78	00:46:35.146	00:18:04.915
97	Paulo Jorge Pereira	-----	142	00:46:37.147	00:18:06.916
98	Nuno Bogalheiro	Casa do Concelho da Pampilhosa da Serra	267	00:46:37.851	00:18:07.620
99	Armando Correia	Lesmas Alopradas	134	00:46:44.410	00:18:14.179
100	Claudio Revés	Lesmas Alopradas	130	00:46:52.902	00:18:22.671
101	Rodrigo Deus	-----	55	00:47:12.631	00:18:42.400
102	Paulo Pais	CLUBEMILLENNIUMBCP	102	00:47:14.085	00:18:43.854
103	Joaquim Quipa	-----	291	00:47:16.626	00:18:46.395
104	Hugo Pascoalinho Pereira	Sonhos & Rabanadas	118	00:47:18.375	00:18:48.144
105	Horácio Alexandre	-----	58	00:47:22.137	00:18:51.906
106	Carlos Júnior	-----	154	00:47:29.374	00:18:59.143
107	André Soares	-----	138	00:47:42.336	00:19:12.105
108	LUÍS MANUEL SOUSA DUARTE	-----	31	00:47:48.593	00:19:18.362
109	Carlos Morais	-----	170	00:47:57.133	00:19:26.902
110	Matthias Wegener	Trottels	239	00:48:18.144	00:19:47.913
111	Ricardo Campos	-----	201	00:49:07.129	00:20:36.898
112	JOSÉ BRANQUINHO	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	227	00:49:12.380	00:20:42.149
113	António Varela	-----	290	00:49:16.871	00:20:46.640
114	Armando Cid	-----	206	00:49:26.126	00:20:55.895
115	Fernando Pires	-----	214	00:49:35.397	00:21:05.166
116	Rui correia	Asas Almada	298	00:49:59.584	00:21:29.353
117	José Moga	Casa do Concelho da Pampilhosa da Serra	272	00:50:12.621	00:21:42.390
118	Bernardo Vicente	-----	50	00:50:16.125	00:21:45.894
119	Xavier Moreira	-----	111	00:50:25.570	00:21:55.339
120	João Fonseca	Sonhos & Rabanadas	115	00:50:40.077	00:22:09.846
121	Joao Figueiredo	-----	220	00:50:48.359	00:22:18.128
122	Esmeraldo Gonçalves	-----	163	00:50:48.359	00:22:18.128
123	Nelson Tanganha	.	309	00:51:04.857	00:22:34.626
124	André Costa	Kira	96	00:51:06.067	00:22:35.836
125	Jorge Cunha	Grupo Sportivo Adicense	236	00:51:16.103	00:22:45.872
126	Tam Afonso	-----	90	00:51:17.313	00:22:47.082
127	Joao Campos	-----	247	00:51:17.365	00:22:47.134
128	joaquim matos fonseca	Fedração da Família para a Paz Mundial e Unificação	13	00:51:18.368	00:22:48.137
129	Jose Luis Freitas	Asas de Almada	288	00:51:32.611	00:23:02.380
130	Ricardo Silva	Silvas	8	00:51:41.610	00:23:11.379
131	Gabriel Spezi	-----	62	00:51:42.101	00:23:11.870

#	Nome	Equipa	Dorsal	Tempo	Diferença
132	Rui Pires	.	307	00:51:46.850	00:23:16.619
133	Hélder Silvério	-----	183	00:52:20.305	00:23:50.074
134	João Ferreira	Bon Camino	89	00:52:38.607	00:24:08.376
135	Adriano Cunha	-----	139	00:52:53.340	00:24:23.109
136	Tiago Rodrigues	-----	299	00:52:54.595	00:24:24.364
137	Manuel Gomes	CLUBE MARGINAL	69	00:53:31.046	00:25:00.815
138	Joao Santos	-----	277	00:53:41.346	00:25:11.115
139	José Barata	G.R.C.D Leião	186	00:53:49.339	00:25:19.108
140	Paulo Antunes	Lesmas Alopadas	129	00:54:02.552	00:25:32.321
141	Tiago Fernandes	-----	204	00:54:21.548	00:25:51.317
142	Manuel Faro	Grupo Sportivo Adicense	232	00:55:25.082	00:26:54.851
143	Mario Missil	Os corre para comer	162	00:56:27.085	00:27:56.854
144	Nuno Dantas	Os corre para comer	156	00:56:27.289	00:27:57.058
145	Julio Marques	.	303	00:56:28.575	00:27:58.344
146	João Nuno Filipe da Cunha Marrecas Ferreira	-----	262	00:56:56.070	00:28:25.839
147	Emílio Gonçalves	Casa do Concelho da Pampilhosa da Serra	273	00:57:08.577	00:28:38.346
148	Armando Almeida	Casa do Concelho da Pampilhosa da Serra	275	00:57:08.843	00:28:38.612
149	Paulo Gordo	Correr Queluz	177	00:57:18.518	00:28:48.287
150	Carlos Pena	GE Os Económicos	294	00:57:28.518	00:28:58.287
151	Miguel Pedro Ribeiro Castela	A.A.Lebres do Sado	95	00:57:28.559	00:28:58.328
152	luis oliveira	lebres do sado	79	00:57:30.060	00:28:59.829
153	António Rocha	G.D.R. São Francisco da Serra	243	00:58:58.555	00:30:28.324
154	Daniel Silvério	G.D.R. São Francisco da Serra	151	00:58:58.754	00:30:28.523
155	Mathias Hueck	Trottels	238	00:59:09.509	00:30:39.278
156	Mario Missil	Os corre para comer	159	00:59:24.558	00:30:54.327
157	Eduardo Lopes	Asas de Almada	289	01:00:00.580	00:31:30.349
158	Hugo Silva	-----	199	01:00:55.284	00:32:25.053
159	António Manachinho	.	311	01:01:13.552	00:32:43.321
160	Fernando Pestana	G.R.C.D Leião	187	01:01:36.494	00:33:06.263
161	Albrecht Carsten Wegener	Trottels	241	01:03:54.267	00:35:24.036
162	Rui Melão	A Natureza Ensina	5	01:09:19.008	00:40:48.777
163	Angelo Mariano Chan	Brasil	43	01:11:19.716	00:42:49.485
164	Luigi Rossi	-----	88	01:12:34.453	00:44:04.222
165	Mayer Raposo	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	127	01:12:39.722	00:44:09.491

FEMININO

1	Miriam Martins	Ingleses Futebol Clube	281	00:35:02.723	----
2	Sandra Protásio	Grupo Recreativo Eirense	221	00:35:09.728	00:00:07.005
3	Margarida Dionísio	Associação Cultural e Recreativa Senhora do Desterro	26	00:36:03.175	00:01:00.452
4	Maria Aurora Marques Dantier	Junta de Freguesia de Santa Maria Maior	208	00:37:06.936	00:02:04.213
5	Benvinda Santos	Juventude Vidigalense	256	00:37:25.970	00:02:23.247
6	Sara Baptista	Juventude Vidigalense	259	00:38:40.655	00:03:37.932
7	Mónica Moreiras	Atibá	166	00:38:59.198	00:03:56.475
8	Lucília Soares	Catagás	3	00:39:08.708	00:04:05.985
9	Fatima Ferreira	-----	176	00:39:21.651	00:04:18.928

#	Nome	Equipa	Dorsal	Tempo	Diferença
10	Cristina Rivera	-----	245	00:39:24.191	00:04:21.468
11	MARIA LUCAS	Fidelidade GDC	184	00:39:42.149	00:04:39.426
12	Aldina de Lurdes Marques	Junta de Freguesia de Santa Maria Maior	209	00:42:31.168	00:07:28.445
13	FERNANDO ALCIDES	CLUBEMILLENNIUMBCP	103	00:42:56.415	00:07:53.692
14	Isabel Santos F.F.W.P.U.	Federação da Família para a Paz Mundial e Unificação	123	00:43:39.615	00:08:36.892
15	Maria Cleonice de Oliveira	GCP	196	00:47:34.135	00:12:31.412
16	Carla Sofia	-----	285	00:48:51.138	00:13:48.415
17	Andreia Carvalho	-----	54	00:49:50.866	00:14:48.143
18	ALZIRA CRUZ	CASA DO CONCELHO DE ARCOS DE VALDEVEZ	229	00:49:58.615	00:14:55.892
19	Iana Lychko	-----	300	00:52:54.091	00:17:51.368
20	Maria João Gonçalves Teixeira	running club santa casa	75	00:52:58.603	00:17:55.880
21	Paula Traça Couto	-----	112	00:53:16.342	00:18:13.619
22	mercedes jesus fernandes fonseca	Federação da Família para a Paz Mundial e Unificação	14	00:53:30.598	00:18:27.875
23	Rafaela Gonçalves	-----	124	00:54:26.546	00:19:23.823
24	Isabel de Fátima Naia dos Reis Augusto	-----	120	00:54:52.578	00:19:49.855
25	Sandra Gonçalves	-----	164	00:55:45.079	00:20:42.356
26	Claudia Mercado	-----	191	00:56:00.079	00:20:57.356
27	Lisa Alves Azevedo	Manas	148	00:56:51.341	00:21:48.618
28	Luisa Xarraz	Correr Queluz	178	00:57:17.561	00:22:14.838
29	Cecilia Nicolau	aa lebres do sado	64	00:57:30.307	00:22:27.584
30	Celia Azenha	aa lebres do sado	63	00:57:30.583	00:22:27.860
31	sandymarycross	-----	216	00:57:51.305	00:22:48.582
32	Margarida Antunes	Bon Camino	71	00:58:25.751	00:23:23.028
33	Sara Amorim	Kira	97	00:59:01.300	00:23:58.577
34	Olga Dorokhina	-----	86	00:59:26.759	00:24:24.036
35	Rute Dias	-----	6	00:59:49.502	00:24:46.779
36	Maria Silva	Silvas	7	01:00:02.046	00:24:59.323
37	Susana	-----	20	01:00:30.305	00:25:27.582
38	Cristina Soares	.	312	01:01:12.538	00:26:09.815
39	Luísa Santos	-----	189	01:01:24.991	00:26:22.268
40	Patricia Navarro Martínez	-----	203	01:01:32.037	00:26:29.314
41	Carolina Wegener Hueck	Trottels	240	01:01:49.238	00:26:46.515
42	Sandra Antunes	-----	161	01:01:50.282	00:26:47.559
43	Beatriz Matias	Sonhos & Rabanadas	119	01:02:22.234	00:27:19.511
44	Carla Fernandes	Sonhos & Rabanadas	117	01:02:22.547	00:27:19.824
45	VALERIE LAUR	mãe et filhas	106	01:02:50.223	00:27:47.500
46	Rosane Marques	.	302	01:02:50.284	00:27:47.561
47	LAURA LAUR	mãe et filhas	108	01:02:51.022	00:27:48.299
48	Marina Traça	-----	113	01:03:54.272	00:28:51.549
49	Rosária Ferreira	-----	67	01:04:23.978	00:29:21.255
50	Claudia Tam	-----	91	01:05:32.506	00:30:29.783
51	Ana Soares	-----	215	01:06:25.015	00:31:22.292
52	Natacha Flecha	Os corre para comer	157	01:06:29.505	00:31:26.782
53	Joana D'Arc Chouriço	Running Club Santa Casa	38	01:07:11.987	00:32:09.264

#	Nome	Equipa	Dorsal	Tempo	Diferença
54	Fátima Preto	-----	246	01:07:16.946	00:32:14.223
55	Nazaré Carvalho	-----	179	01:07:23.692	00:32:20.969
56	Manuela Ribeiro	-----	213	01:07:23.748	00:32:21.025
57	CLAIRE-LOU LAUR	Mãe et filhas	107	01:08:21.186	00:33:18.463
58	NINE-AVRIL LAUR	Mãe e filhas	125	01:08:22.728	00:33:20.005
59	FOCK YIOT WAN	CONDOR	101	01:16:03.428	00:41:00.705
60	Ana Letícia Pereira	Brasil	42	01:16:13.399	00:41:10.676
61	LUCINDA LOPES HENRIQUES	CONDOR	152	01:17:37.129	00:42:34.406
62	MARIA CARMO ANJOS	CONDOR	145	01:20:09.906	00:45:07.183