

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
27	1	1	LUIS SARAIVA	SPORTING CLUBE DE BRAGA	M	31:22.91	MSEN
3	2	2	MIGUEL RIBEIRO	OLIMPICO VIANENSE	M	31:23.55	MSEN
1	3	1	HERMANO FERREIRA	ESCOLA DE ATLETISMO DE COIMBRA	M	31:25.45	M35
2	4	2	RICARDO DIAS	G.D. CASTELENSE	M	31:30.23	M35
11	5	1	JOSE ROCHA	OLIMPICO VIANENSE	M	32:54.25	M40
47	6	3	JOSE SA	CYCLONES SANITOP	M	32:56.24	MSEN
237	7	4	JOSUE LIRA	CAR MARISQUEO	M	33:47.71	MSEN
45	8	5	PEDRO MAGALHAES		M	33:48.99	MSEN
49	9	3	VALTER PEREIRA	CYCLONES SANITOP	M	33:52.18	M35
28	10	1	EMILIA PISOEIRO	RECREIO DESPORTIVO DE AGUEDA	F	33:59.21	FSEN
5	11	2	SUSANA FRANCISCO	SPORTING CLUBE DE BRAGA	F	34:01.34	FSEN
50	12	1	ROGERIO MARQUES	CYCLONES SANITOP	M	34:10.53	M45
639	13	1	DOMINGOS BARROS	CENTRO DE ATLETISMO DE MAZAREFES	M	34:17.81	M50
239	14	4	MANUEL BESSADA	CORRER POR MONCAO	M	34:30.92	M35
15	15	2	CARLOS MEIRA	OLIMPICO VIANENSE	M	34:51.08	M40
8	16	5	HUGO SILVA	OLIMPICO VIANENSE	M	34:54.72	M35
26	17	1	MONICA SILVA	CLUBE DESPORTIVO S. SALVADOR DO CAMPO	F	34:55.56	F35
23	18	2	MANUEL BRANQUINHO	GRUPO JUVENIL DE VILA DE PUNHE	M	35:34.34	M45
458	19	2	JOSE CORREIA	CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ	M	35:38.88	M50
228	20	6	LUIS ANTONIO	KER SPORT TRAIL RUNNING	M	35:48.44	MSEN
9	21	6	ARTUR SILVA	OLIMPICO VIANENSE	M	35:49.68	M35
256	22	7	NUNO CASTELBRANCO	OLIMPICO VIANENSE	M	35:51.19	MSEN
486	23	7	SERGIO LIMA	GRUPO JUVENIL DE VILA DE PUNHE	M	35:54.02	M35
52	24	8	NUNO FELGUEIRAS	CENTRO DE ATLETISMO DE MAZAREFES	M	36:03.57	M35
706	25	1	UXIAPEREZ BUGARIN		F	36:07.53	FSUB23
786	26	3	LUIS MAGALHAES	MINHO E LIMA TRAIL	M	36:21.15	M45
48	27	8	PEDRO BARROS	CYCLONES SANITOP	M	36:23.36	MSEN
557	28	1	RUBEN BARROS	CYCLONES SANITOP	M	36:43.72	MSUB23
801	29	3	HUGO	LOULETANO DC	M	36:46.33	M40
740	30	2	CARLOS MARTINS	OLIMPICO VIANENSE	M	36:52.76	MSUB23
787	31	9	BRUNO RODRIGUES	MINHO E LIMA TRAIL	M	36:53.28	MSEN
51	32	9	ORLANDO SILVA	OLIMPICO VIANENSE	M	36:54.39	M35
18	33	10	TIAGO SUBTIL	AFIFENSE TRAIL	M	37:11.85	M35
729	34	10	ANDRE GOMES	OLIMPICO VIANENSE	M	37:19.41	MSEN
788	35	11	DIOGO SILVA	MINHO E LIMA TRAIL	M	37:28.36	MSEN
759	36	12	PEDRO ALVES	G.D. CASTELENSE	M	37:33.21	MSEN
294	37	11	FRANCISCO ALVES	GONTINHAES TRAIL RUNNERS	M	37:36.53	M35
344	38	12	PEDRO LOMBA	CLUBE DE PRACAS DA ARMADA	M	37:46.49	M35
481	39	13	TIAGO	VIANA RUNNING	M	38:06.03	MSEN
587	40	14	ANTONIO MIRANDA		M	38:06.36	MSEN
355	41	13	NUNO MACHADO	LOUSADA RUNNERS	M	38:12.87	M35
85	42	14	A. GOMES	SPAC BTT	M	38:15.51	M35
704	43	4	LUIS SILVA	ACRA RUNNING	M	38:21.29	M45
20	44	4	JOSE LIMA	EDVTRIATLO	M	38:24.68	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
660	45	15	HENRIQUE MOREIRA	PEDAL ARTE	M	38:35.62	M35
562	46	16	PEDRO INACIO	KCPHODA WOLVES TRAIL	M	38:35.91	M35
617	47	5	FRANCISCO FONTELO	PADELA NATURAL TEAM FISIOFREIXO	M	38:36.61	M45
641	48	15	FABIO POLIDO		M	38:36.89	MSEN
756	49	17	SAMUEL AMORIM	G.D. CASTELENSE	M	38:38.58	M35
351	50	16	JOAO CASTELBRANCO	OLIMPICO VIANENSE	M	38:39.64	MSEN
55	51	5	NUNO MORAIS	EDL TRAIL	M	38:42.92	M40
56	52	6	AMERICO	ADE TRAIL RUNNING	M	38:43.15	M40
585	53	7	NUNO SOUSA	ATC	M	38:48.72	M40
92	54	6	ADELINO AIRES	ALEXANDRA CARVALHO TEAM	M	38:51.69	M45
667	55	8	LUIS ALVES		M	38:59.98	M40
517	56	7	ANTONIO VIANA		M	39:07.71	M45
789	57	17	OLAVO CARNEIRO	MINHO E LIMA TRAIL	M	39:09.84	MSEN
6	58	1	PAULA RIOS	VIANA RUNNING	F	39:21.31	F45
548	59	9	MIGUEL LIRA	VIANA RUNNING	M	39:24.85	M40
64	60	18	MIGUEL.CAMPOS		M	39:29.63	MSEN
16	61	3	JOANA GOMES	OLIMPICO VIANENSE	F	39:39.07	FSEN
744	62	18	NUNO PEREIRA	OLIMPICO VIANENSE	M	39:42.12	M35
691	63	10	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	39:44.74	M40
22	64	19	HUGO LIMA	DESNIVEL POSITIVO	M	39:51.68	M35
741	65	3	HENRIQUE LOPES	OLIMPICO VIANENSE	M	39:52.89	MSUB23
742	66	4	DIOGO PASSOS	OLIMPICO VIANENSE	M	39:53.17	MSUB23
719	67	5	RUBEN SOUSA	OLIMPICO VIANENSE	M	39:53.56	MSUB23
137	68	20	RUI LIMA	OLIMPICO VIANENSE	M	39:55.76	M35
19	69	8	JOAO ANTUNES	EDV VIANA TRAIL	M	39:56.96	M45
307	70	21	RICARDO CARVALHO		M	39:57.56	M35
7	71	2	CARLA PEREIRA	OLIMPICO VIANENSE	F	39:58.39	F35
604	72	19	JOSE FERREIRA	TEAM WORKOUT 48	M	40:00.85	MSEN
535	73	22	ANTONIO RIBEIRO	OADA OS AMIGOS DA AVENTURA	M	40:19.68	M35
286	74	20	PEDRO MEIRA		M	40:27.70	MSEN
619	75	23	EDUARDO RODRIGUES	VIANA RUNNING	M	40:30.26	M35
821	76	9	DIONISIO GONCALVES		M	40:34.91	M45
46	77	21	MARIO CRUJEIRA	TEAM WORKOUT 48	M	40:41.10	MSEN
314	78	11	LUIS FERREIRA	ACRA RUNNING	M	40:44.06	M40
643	79	24	MAURO	ADE TRAIL RUNNING	M	40:47.19	M35
762	80	25	CARLOS OLIVEIRA	SIRA	M	40:48.05	M35
157	81	22	RAFAEL ABREU	G.D. CASTELENSE	M	40:50.44	MSEN
710	82	26	CARLOS RIBEIRO	SPAC BTT	M	40:53.37	M35
763	83	23	FRANCISCO RAMALHOSA		M	40:54.32	MSEN
399	84	27	PAULO BOUCA	PEDAL ARTE	M	40:58.14	M35
496	85	28	MIGUEL REGO	QUALY DETERGENTES	M	40:59.20	M35
677	86	24	FILIPE ABREU	RIO NEIVA A.D.A	M	41:06.39	MSEN
305	87	10	JOSE PAIS	EDL TRAIL	M	41:07.39	M45
713	88	25	HILARIO LOPES	EDL TRAIL	M	41:08.00	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
709	89	12	HUGO LIMA		M	41:10.97	M40
68	90	11	DIOGO OLIVEIRA		M	41:11.51	M45
720	91	26	TIAGO FLORES	OLIMPICO VIANENSE	M	41:12.20	MSEN
479	92	12	CARLOS ALBERTO	ACADEMIA DESPORTIVA DE ARCOS DE VALDEVEZ	M	41:14.66	M45
313	93	6	RENATO OLIVEIRA		M	41:16.68	MSUB23
515	94	13	MANUEL PEDREIRA		M	41:17.76	M40
427	95	7	ANDRE QUESADO		M	41:18.98	MSUB23
58	96	14	CESAR GONCALVES	AMC TRAIL	M	41:21.91	M40
183	97	27	FRUTUOSO SOUSA	AMC TRAIL	M	41:23.21	MSEN
491	98	3	JOAQUIM RIBEIRO	SPORTING CLUBE DE BRAGA	M	41:23.58	M50
446	99	15	ARLINDO COUTO		M	41:28.87	M40
594	100	16	RUI RODRIGUES	ADE TRAIL RUNNING	M	41:34.47	M40
780	101	13	PEDRO.CARVALHIDO	ALEXANDRA CARVALHO TEAM	M	41:42.13	M45
697	102	17	LUIS MACEDO	LUMA SPORTS	M	41:46.91	M40
164	103	29	NUNO GOMES	ADE TRAIL RUNNING	M	41:55.32	M35
685	104	4	MODESTO RODRIGUES		M	41:56.31	M50
760	105	30	JOAO FRANCO		M	41:56.40	M35
253	106	5	JOSE PORTO		M	42:04.08	M50
791	107	28	FILIPE CORREIA	MINHO E LIMA TRAIL	M	42:06.75	MSEN
199	108	31	MARCO PEREIRA		M	42:09.85	M35
260	109	18	GONCALO PINHEIRO	OLIMPICO VIANENSE	M	42:10.25	M40
359	110	29	NUNO VIAMONTE		M	42:15.08	MSEN
61	111	19	PAULO CERQUEIRA	AMC TRAIL	M	42:16.53	M40
422	112	30	MARINO	TAXI MAR TEAM	M	42:17.31	MSEN
563	113	32	PAULO XINES		M	42:17.72	M35
549	114	31	MARCIO VIEIRA		M	42:19.24	MSEN
731	115	8	HUGO GOMES		M	42:21.22	MSUB23
209	116	33	HELDER COUTINHO		M	42:22.00	M35
650	117	20	VASCO FARIA		M	42:24.66	M40
449	118	32	STEVEN PEREIRA	RIO NEIVA A.D.A	M	42:29.46	MSEN
642	119	14	ORLANDO GONCALVES		M	42:30.44	M45
194	120	33	JOAO AMORIM		M	42:35.54	MSEN
480	121	34	REMI FERREIRA	LINCES DO MARAO	M	42:38.56	MSEN
459	122	35	FAUSTO SILVA		M	42:39.46	MSEN
261	123	6	ANTONIO COELHO		M	42:44.25	M50
622	124	15	DOMINGOS DIAS	ECOBARCAVENTURA	M	42:45.29	M45
586	125	21	RUI GUIA	TRAIL TEAM MONTARIA	M	42:49.96	M40
773	126	36	HUGO FARIA		M	42:50.11	MSEN
799	127	7	DOMINGOS ROCHA	VIANA RUNNING	M	42:51.47	M50
118	128	34	PAULO CARVALHO	CAC	M	42:52.22	M35
53	129	37	ALEXANDRE PEREIRA	100TREINOS	M	42:55.53	MSEN
14	130	35	MIGUEL PEREIRA	OLIMPICO VIANENSE	M	42:59.44	M35
335	131	38	JORGE CARVALHO		M	42:59.50	MSEN
658	132	9	NELSON PINHEIRO		M	43:04.47	MSUB23

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
811	133	10	SERGIO MACIEL	VIANA GARCAS CLUBE	M	43:06.24	MSUB23
277	134	36	RUI GONCALVES	PASSO DE CARACOL	M	43:06.50	M35
859	135	22	LUIS LIMA	OLIMPICO VIANENSE	M	43:07.46	M40
637	136	11	DIOGO RODRIGUES		M	43:09.45	MSUB23
342	137	37	ANDRE MINAS		M	43:10.13	M35
420	138	12	FILIPE CASTRO		M	43:11.64	MSUB23
608	139	39	ARNALDO AZEVEDO		M	43:13.40	MSEN
501	140	38	TIAGO RODRIGUES	CLUBE DESPORTIVO DE SANTA CLARAACORES	M	43:13.44	M35
529	141	16	DAVID LOURENCO		M	43:15.17	M45
148	142	17	RAUL CURVA		M	43:18.99	M45
781	143	40	FABIO MENDES	MARRETAS DO NORTE	M	43:20.90	MSEN
754	144	8	MANUEL CARAMALHO	G.D. CASTELENSE	M	43:21.06	M50
276	145	39	NELSON FERNANDES	PASSO DE CARACOL	M	43:21.26	M35
25	146	18	JOAO PAULO	EDV VIANA TRAIL	M	43:23.03	M45
349	147	41	SERGIO LOPES		M	43:24.88	MSEN
398	148	13	EDUARDO PINTO	CMI MONTANHISMO	M	43:28.56	MSUB23
705	149	9	RAFAEL REGO		M	43:30.68	M50
72	150	23	ANTONIO PEREIRA	PASSEIO MARITIMO OEIRAS	M	43:31.47	M40
663	151	24	MARCO FERREIRA		M	43:32.33	M40
13	152	4	MARIA ISABEL	OLIMPICO VIANENSE	F	43:33.78	FSEN
554	153	42	VITOR LIMA		M	43:33.93	MSEN
463	154	19	ARTUR SA	PADELA NATURAL TEAM FISIOFREIXO	M	43:34.37	M45
602	155	20	FRANCISCO ALVES	CERVEIRA TEAM RUNNING	M	43:36.13	M45
292	156	21	RUI NOVO	GONTINHAES TRAIL RUNNERS	M	43:36.85	M45
369	157	43	NUNO SA	KER SPORT TRAIL RUNNING	M	43:38.44	MSEN
245	158	25	PAULO CARNEIRO	ADD	M	43:40.83	M40
44	159	2	CRISTINA IGLESIAS	VIANA RUNNING	F	43:43.74	F45
106	160	44	VITOR GONCALVES	TROGLODITAS RUNNERS	M	43:44.93	MSEN
131	161	22	RUI BARBOSA		M	43:47.63	M45
528	162	40	DOMINGOS VIEIRA		M	43:49.18	M35
606	163	45	JOSE RIBEIRO		M	43:50.17	MSEN
376	164	46	JOAO VENADE		M	43:50.59	MSEN
317	165	47	HUGO SA	CROSSFIT VIANA DO CASTELO	M	43:51.74	MSEN
552	166	48	GONCALO MARTINS		M	43:53.09	MSEN
156	167	5	EUNICE SOUSA	G.D. CASTELENSE	F	43:53.20	FSEN
772	168	26	GUSTAVO TAVEIRA	TROGLODITAS RUNNERS	M	43:54.43	M40
54	169	3	CATARINA AMORIM	G.D. CASTELENSE	F	43:58.94	F35
278	170	41	ANTHONY RIBEIRO	PASSO DE CARACOL	M	44:03.08	M35
109	171	49	JOSE PINHO	RETAIL CONSULT	M	44:11.62	MSEN
519	172	27	PEDRO PARENTE		M	44:14.36	M40
437	173	50	LUIS MORAIS		M	44:15.45	MSEN
254	174	42	MARCO SOUSA		M	44:16.80	M35
732	175	10	JORGE VIANA	OLIMPICO VIANENSE	M	44:17.52	M50
492	176	23	JOSE ARAUJO		M	44:18.75	M45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
784	177	43	RICARDO LOPES	CORRER POR MONCAO	M	44:19.35	M35
467	178	24	JORGE SILVA	VIANA RUNNING	M	44:21.68	M45
291	179	25	VITOR ROCHA	GONTINHAES TRAIL RUNNERS	M	44:27.14	M45
403	180	44	BRUNO PINHEIRO	TRAIL TEAM MONTARIA	M	44:32.07	M35
614	181	51	LUIS TOUCEIRA		M	44:34.55	MSEN
664	182	52	VITOR GOMES	ACRA RUNNING	M	44:35.09	MSEN
777	183	53	LUCIANO FARIA	G.D. CASTELENSE	M	44:35.22	MSEN
627	184	45	PEDRO ROCHA		M	44:36.26	M35
793	185	28	ALLVES		M	44:37.09	M40
592	186	11	JOAQUIM PEREIRA	ADMINOVA CONDOMINIOS	M	44:39.24	M50
222	187	29	GUSTAVO CACHO		M	44:40.29	M40
178	188	26	RICARDO VIEIRA	DERV	M	44:41.83	M45
507	189	54	JOSE ALVES	BOMBOS S. SEBASTIAO/MONCAOBIKE	M	44:47.55	MSEN
99	190	46	PEDRO MARINHO		M	44:49.92	M35
299	191	12	CARLOS GAVINHO	GONTINHAES TRAIL RUNNERS	M	44:50.08	M50
289	192	13	PEDRO MATOS	GONTINHAES TRAIL RUNNERS	M	44:50.52	M50
112	193	55	JOSE MIRANDA	100TREINOS	M	44:51.36	MSEN
707	194	30	GONCALO VIEIRA	TRAIL S. SILVESTRE	M	44:52.98	M40
779	195	14	TOME CRUZ	G.D. CASTELENSE	M	44:56.39	MSUB23
196	196	14	GUSTAVO		M	45:01.15	M50
119	197	56	VITOR ARAUJO		M	45:03.33	MSEN
21	198	27	PAULO FERREIRA	EDVTRIATLO	M	45:07.40	M45
662	199	15	JOAO FERREIRA	EDVTRIATLO	M	45:07.79	MSUB23
96	200	47	PEDRO		M	45:11.24	M35
82	201	28	CARLOS OLIVEIRA	BOAVISTA FC	M	45:18.31	M45
279	202	48	JORGE MACIEL	PASSO DE CARACOL	M	45:20.78	M35
630	203	29	CARLOS PEREIRA	AFIFENSE TRAIL	M	45:21.26	M45
320	204	57	JOSE GONZALEZ		M	45:22.46	MSEN
575	205	15	MANUEL CIVIDANES	BUGALLASMOBLES E VICTORPAZOS	M	45:24.52	M50
733	206	31	HUGO PACO	OLIMPICO VIANENSE	M	45:27.18	M40
175	207	32	JOSE PEREIRA		M	45:35.70	M40
186	208	58	JOSE MARTINS		M	45:45.99	MSEN
149	209	49	JOEL MALTEZ	CENTRO DE ATLETISMO DE MAZAREFES	M	45:47.60	M35
285	210	4	MARLENE PUGA	KER SPORT TRAIL RUNNING	F	45:50.76	F35
636	211	30	ABILIO RODRIGUES		M	45:51.68	M45
380	212	31	PAULO MARTINS		M	45:52.00	M45
274	213	50	PEDRO LIMA	BAQUINHAS	M	45:53.33	M35
738	214	5	VANESSA PEREIRA	OLIMPICO VIANENSE	F	45:53.41	F35
747	215	51	BRUNO RODRIGUES	TEAM WORKOUT 48	M	45:53.91	M35
797	216	59	RUI TERRA		M	45:55.05	MSEN
206	217	52	VITOR MARTINS	RENASCE	M	45:55.08	M35
551	218	32	JOAO CALCADA		M	45:56.12	M45
332	219	16	EDGAR BARBOSA		M	45:56.38	MSUB23
567	220	53	WILSON PEREIRA		M	45:56.87	M35

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
441	221	1	HELENA SOUSA	VIANA RUNNING	F	46:03.48	F40
17	222	33	HELDER PERES	AFIFENSE TRAIL	M	46:05.27	M45
473	223	60	IVO CARVALHO		M	46:09.40	MSEN
591	224	16	CARLOS COSTA	ADMINOVA CONDOMINIOS	M	46:17.62	M50
415	225	33	RAUL VEIGA		M	46:21.48	M40
425	226	17	GUILHERME FERNANDES	PEDAL ARTE	M	46:24.00	MSUB23
693	227	18	MIGUEL CORREIA		M	46:24.04	MSUB23
671	228	17	ALBERTO CUNHA	OLIMPICO VIANENSE	M	46:27.18	M50
316	229	18	JOSE AFONSO	OLIMPICO VIANENSE	M	46:27.61	M50
454	230	19	MIGUEL CARVALHO		M	46:32.30	MSUB23
699	231	34	EDUARDO MARTINS	AMC TRAIL	M	46:36.25	M40
230	232	61	TIAGO MIRANDA		M	46:36.41	MSEN
384	233	6	FATIMA VEIGA	CENTRO DE ATLETISMO DE MAZAREFES	F	46:36.57	FSEN
215	234	62	SAMUEL PEREIRA		M	46:37.71	MSEN
431	235	20	TIAGO GONCALVES	PEDAL ARTE	M	46:38.36	MSUB23
783	236	63	JOAO SILVA		M	46:39.35	MSEN
556	237	2	MARIA ARAUJO	CYCLONES SANITOP	F	46:40.64	FSUB23
571	238	34	PAULO SEABRA		M	46:42.93	M45
393	239	54	ANTONIO COSTA		M	46:45.13	M35
493	240	64	JOAQUIM CATARINO		M	46:47.32	MSEN
508	241	65	FABIO		M	46:52.21	MSEN
195	242	35	CLAUDIO CANDIDO	ADE TRAIL RUNNING	M	46:55.05	M40
329	243	66	FILIPE LEITE	OS FINOS	M	46:55.58	MSEN
220	244	36	FILIPE GONCALVES	ADE TRAIL RUNNING	M	46:55.95	M40
676	245	37	FILIPE		M	46:55.99	M40
673	246	19	RUI TORRES	DESNIVEL POSITIVO	M	46:57.71	M50
266	247	6	INES TEIXEIRA	BANDA DE MUSICOS	F	46:57.83	F35
736	248	21	RAFAEL LOUREIRO	OLIMPICO VIANENSE	M	47:00.06	MSUB23
547	249	55	LUIS SILVA		M	47:00.97	M35
77	250	2	AIDA PRESA		F	47:02.60	F40
80	251	38	MIGUEL CRUZ	CLUBE EFACEC	M	47:03.20	M40
461	252	56	RUI CAMPAINHA		M	47:04.67	M35
792	253	3	ELSA SA		F	47:05.15	F45
293	254	20	CESAR LOMBA	GONTINHAES TRAIL RUNNERS	M	47:07.06	M50
265	255	39	CELIO PEREIRA		M	47:07.90	M40
513	256	57	MANUEL FESTAS	GDCTENVC	M	47:08.42	M35
514	257	35	PAULO PEREIRA	GDCTENVC	M	47:09.80	M45
640	258	58	HUGO AZEVEDO		M	47:09.84	M35
406	259	67	FREDERICO MOREIRA		M	47:11.71	MSEN
689	260	36	VITOR GONCALVES		M	47:11.82	M45
203	261	21	JOSE COUTO		M	47:12.70	M50
174	262	37	VIRIATO QUINTINO	DERV	M	47:14.96	M45
684	263	4	AUGUSTA RODRIGUES	MAR	F	47:15.82	F45
408	264	40	RUI LOUREIRO		M	47:16.21	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
250	265	5	FATIMA GARCIA		F	47:16.44	F45
328	266	59	ANGELO DIAS	BAQUINHAS	M	47:18.62	M35
724	267	22	RUI NOVAIS	OLIMPICO VIANENSE	M	47:21.57	M50
690	268	68	MIGUEL PASSOS		M	47:21.86	MSEN
301	269	69	JOAO BEZERRA	GONTINHAES TRAIL RUNNERS	M	47:26.02	MSEN
620	270	38	VITOR VAZ		M	47:28.38	M45
81	271	41	PATRICK LIMA	THE WOLVES/AMIGOS DO DESPORTO DA ACRVF	M	47:28.44	M40
432	272	42	DINIS PEREIRA		M	47:35.41	M40
572	273	70	CARLOS CAMPAINHA	ALEXANDRA CARVALHO TEAM	M	47:36.02	MSEN
735	274	60	ANTONIO PINTO	OLIMPICO VIANENSE	M	47:36.48	M35
512	275	71	VITOR PIRES	GDCTENVC	M	47:38.51	MSEN
138	276	22	JOSE MARTINS	AO PE COCHINHO E MAIS FACIL	M	47:40.84	MSUB23
147	277	43	FRANCISCO MARINHA		M	47:43.04	M40
598	278	61	CARLOS REBELO		M	47:46.00	M35
433	279	7	PAULA ARAUJO	ESTRELA DO CAMPO DE AVIACAO	F	47:46.85	FSEN
264	280	23	LUIS PINTO		M	47:46.86	M50
775	281	24	MANUEL PEREIRA	ECOBARCAVENTURA	M	47:52.28	M50
698	282	7	RUTE MENEZES	LUMA SPORTS	F	47:54.07	F35
555	283	3	MARIANA GONCALVES	CYCLONES SANITOP	F	47:55.99	FSUB23
167	284	44	PEDRO SANTOS		M	47:56.28	M40
755	285	72	BRUNO COELHO	G.D. CASTELENSE	M	47:59.87	MSEN
635	286	39	NUNO OLIVEIRA		M	48:03.03	M45
229	287	45	RUI MIRANDA		M	48:03.13	M40
91	288	62	HELDER CALDAS	SPAC BTT	M	48:05.57	M35
366	289	63	VITOR SILVA		M	48:06.20	M35
546	290	3	ELIANA PEREIRA	ALEXANDRA CARVALHO TEAM	F	48:07.84	F40
69	291	46	PAULO BASTOS	G.D. CASTELENSE	M	48:10.26	M40
275	292	47	GILBERTO BORLIDO	TEAM WORKOUT 48	M	48:12.24	M40
703	293	48	PAULO RIBEIRO	EDV VIANA TRAIL	M	48:16.23	M40
444	294	64	PAULO FARINHOTO		M	48:18.95	M35
768	295	8	ANA PEDREIRA		F	48:20.23	F35
580	296	40	JOSE LIMA		M	48:21.37	M45
434	297	41	PAULO FERNANDES	CERVEIRA TEAM RUNNING	M	48:22.16	M45
372	298	65	HUGO		M	48:23.93	M35
645	299	73	ANDRE PIRES	FRAGOSO TRAIL	M	48:28.46	MSEN
428	300	23	LOURENCO PONTEDEIRA	PEDAL ARTE	M	48:29.31	MSUB23
457	301	74	JOAO SAMPAIO		M	48:32.60	MSEN
539	302	66	PAULO AMORIM		M	48:33.43	M35
728	303	49	JOSE LOUREIRO	OLIMPICO VIANENSE	M	48:33.77	M40
717	304	50	JORGE RIBEIRO	OLIMPICO VIANENSE	M	48:34.31	M40
794	305	4	INES PIMENTA		F	48:34.91	F40
621	306	51	SERGIO RAMOS	EDV VIANA TRAIL	M	48:37.32	M40
653	307	52	RICARDO CARVALHO		M	48:37.93	M40
702	308	75	BRUNO CERQUEIRA		M	48:37.99	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
419	309	25	JOSE REIGADA		M	48:38.20	M50
144	310	8	LUIZA PINTO	SPAC BTT	F	48:38.99	FSEN
649	311	5	VIVIANA LOPES		F	48:40.24	F40
367	312	9	JOANA MAGALHAES	RINUS FAFE	F	48:44.70	F35
361	313	53	SERAFIM FERNANDES		M	48:46.50	M40
362	314	67	DOMINGOS NEIVA		M	48:46.99	M35
97	315	76	LUIS MACEDO		M	48:51.76	MSEN
78	316	68	JOAO LEITE		M	48:52.62	M35
290	317	77	FRANCISCO RODRIGUES	GONTINHAES TRAIL RUNNERS	M	48:54.97	MSEN
812	318	78	MIGUEL ALVES	EDP DISTRIBUICAO	M	48:55.31	MSEN
171	319	79	RICARDO SOARES		M	48:56.80	MSEN
170	320	42	MIGUEL DOMINGUEZ		M	48:57.29	M45
281	321	9	CRISTINA RODRIGUES	C E R CALEIRAS RAFAEL	F	48:58.04	FSEN
146	322	54	JOSE SILVA		M	48:58.27	M40
708	323	80	RUI CARIDADE		M	49:00.05	MSEN
210	324	43	ANTONIO FREIRE	OLIVECONTA	M	49:04.63	M45
390	325	44	LUIZ QUARTEU		M	49:05.73	M45
819	326	26	JORGE SOARES		M	49:05.94	M50
802	327	45	HUGO LOPES		M	49:08.74	M45
679	328	81	SAMUEL PINHO		M	49:10.29	MSEN
400	329	82	EDUARDO RIBEIRO		M	49:13.25	MSEN
655	330	69	CANDIDO MARTINS		M	49:13.59	M35
477	331	27	JOAQUIM MATOS		M	49:15.25	M50
395	332	4	RITA BACELAR	GAF	F	49:18.75	FSUB23
397	333	46	RICARDO PINTO	CMI MONTANHISMO	M	49:23.50	M45
438	334	83	MIGUEL MEIRA		M	49:24.87	MSEN
456	335	84	ANDRE BARROS		M	49:25.36	MSEN
574	336	6	MA DOLORES	BUGALLASMOBLES E VICTORPAZOS	F	49:25.95	F45
576	337	55	ROBERTO EXPOSITO	BUGALLASMOBLES E VICTORPAZOS	M	49:26.11	M40
583	338	28	DAVID PILAR		M	49:28.37	M50
204	339	85	BRUNO LOUREIRO	RENASCE	M	49:29.03	MSEN
694	340	47	FERNANDO PILAR		M	49:29.37	M45
669	341	6	ANA QUEIROS	OLIMPICO VIANENSE	F	49:33.11	F40
104	342	70	GUSTAVO		M	49:33.21	M35
651	343	5	LUANA GONCALVES	ALEXANDRA CARVALHO TEAM	F	49:33.23	FSUB23
541	344	71	LUIS FREITAS	OLIMPICO VIANENSE	M	49:33.89	M35
489	345	29	LUIS SILVA	SPORTING CLUBE DE BRAGA	M	49:41.46	M50
475	346	48	ARLINDO RODRIGUES	EDV VIANA TRAIL	M	49:44.17	M45
484	347	30	EDUARDO VALENTE	GRUPO JUVENIL DE VILA DE PUNHE	M	49:44.51	M50
644	348	10	MARIANA PATRAO	CENTRO DE ATLETISMO DE MAZAREFES	F	49:52.77	FSEN
503	349	11	ANDREIA PEREIRA	CENTRO DE ATLETISMO DE MAZAREFES	F	49:53.56	FSEN
223	350	72	PEDRO ALVES	SPARKLE RUNNERS	M	49:56.13	M35
695	351	86	ALEXANDRE		M	49:56.75	MSEN
712	352	87	TIAGO BARBOSA		M	49:56.87	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
761	353	88	HENRIQUE SILVA		M	49:57.06	MSEN
765	354	49	NUNO CINTRA		M	49:57.64	M45
553	355	89	ANDREOS KRAMBECK		M	50:00.92	MSEN
578	356	73	FABIANO RODRIGUES		M	50:01.90	M35
447	357	31	JOAQUIM		M	50:04.09	M50
394	358	12	PATRICIA BACELAR		F	50:04.80	FSEN
382	359	6	MARGARIDA LIMA	ADD	F	50:08.04	FSUB23
383	360	56	CARLOS LIMA		M	50:08.53	M40
310	361	32	DIAMANTINO	DCR RUNNER	M	50:10.58	M50
568	362	7	ISABEL CUNHA	CERVEIRA TEAM RUNNING	F	50:12.82	F45
569	363	74	PEDRO OLIVEIRA	CERVEIRA TEAM RUNNING	M	50:13.01	M35
208	364	50	SECA JOSE		M	50:22.30	M45
330	365	57	HUGO OTERELO	CORRER POR MONCAO	M	50:22.43	M40
605	366	13	JESSICA SANTOS	TEAM WORKOUT 48	F	50:23.06	FSEN
304	367	90	FABIO NOVO		M	50:23.09	MSEN
758	368	14	RAQUEL SOUSA	G.D. CASTELENSE	F	50:23.38	FSEN
87	369	91	TOMAS SOTOMAIOR	RETAIL CONSULT	M	50:28.26	MSEN
782	370	33	CARLOS ANTUNES		M	50:35.10	M50
764	371	7	FANI CARNERO	CORNELIUS	F	50:38.55	F40
258	372	75	RICARDO SOUSA		M	50:53.75	M35
303	373	76	ADRIANO MAGALHAES		M	50:54.06	M35
861	374	92	JOAO TORRES		M	50:59.39	MSEN
127	375	34	AVELINO	TRAILISTAS EU E QUE SEI	M	51:02.55	M50
611	376	93	FILIPE ROCHA		M	51:04.37	MSEN
111	377	51	JOAO	ADMINOVA CONDOMINIOS	M	51:07.84	M45
805	378	35	JOSE GONCALVES		M	51:09.34	M50
193	379	94	EDGAR NOVO	SPARKLE RUNNERS	M	51:12.29	MSEN
59	380	15	ANDREIA COSTA	AMC TRAIL	F	51:12.52	FSEN
455	381	95	VITOR TEIXEIRA		M	51:15.55	MSEN
577	382	36	JOSE GONZALEZ		M	51:23.58	M50
499	383	96	HENRIQUE CORREIA	QUALY DETERGENTES	M	51:24.29	MSEN
101	384	77	RICARDO LIMA	ESDL DREAM TEAM	M	51:26.45	M35
331	385	78	ANDRE VIANA		M	51:26.46	M35
409	386	8	CRISTINA LOUREIRO		F	51:32.76	F45
337	387	58	HUGO SANTOS		M	51:32.95	M40
326	388	37	EUSEBIO MARTINS		M	51:39.34	M50
88	389	59	FRANCISCO AZEVEDO	RETAIL CONSULT	M	51:39.96	M40
525	390	60	PAULO FARIA	AGUIAS DE ALVELOS	M	51:43.97	M40
402	391	16	CATARINA CERQUEIRA	ACRA RUNNING	F	51:46.04	FSEN
718	392	17	SOFIA MARQUES	OLIMPICO VIANENSE	F	51:46.68	FSEN
725	393	9	GORETI PARENTE	OLIMPICO VIANENSE	F	51:46.90	F45
168	394	97	TIAGO LOURENCO		M	51:47.74	MSEN
411	395	79	JORGE SANTOS		M	51:52.33	M35
448	396	80	EDUARDO CAMILO		M	51:52.42	M35

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
412	397	18	ANDREIA CAMILO		F	51:52.66	FSEN
509	398	81	NUNO MONTEIRO	GDCTENVC	M	52:10.65	M35
219	399	38	PEDRO CASTELBRANCO		M	52:20.27	M50
582	400	98	DIOGO CASTELBRANCO		M	52:20.50	MSEN
860	401	99	CARLOS SILVA		M	52:22.62	MSEN
439	402	100	SIMAO GONCALVES		M	52:23.36	MSEN
440	403	101	ANDRE GONCALVES		M	52:23.66	MSEN
333	404	61	BRUNO LIMA		M	52:24.82	M40
796	405	82	MANUEL RIBEIRO		M	52:26.11	M35
295	406	39	AMARO ROCHA	GONTINHAES TRAIL RUNNERS	M	52:28.13	M50
242	407	62	ALEXANDRE ANJOS		M	52:32.02	M40
785	408	19	SARA RAMALHO		F	52:40.39	FSEN
490	409	24	CESAR MALHAO	TRAIL TEAM MONTARIA	M	52:41.67	MSUB23
767	410	83	NUNO BENTO		M	52:44.89	M35
590	411	40	JOSE COSTA	ADMINOVA CONDOMINIOS	M	52:46.01	M50
93	412	63	DINIS FREITAS	RETAIL CONSULT	M	52:46.47	M40
191	413	102	JOSE PEREIRA	SPARKLE RUNNERS	M	52:47.12	MSEN
603	414	103	ANDRE NUNES		M	52:48.84	MSEN
452	415	41	VITOR ALVES		M	52:53.51	M50
110	416	64	PEDRO	G.D. CASTELENSE	M	52:57.34	M40
505	417	10	ANITA DIAS	CORRER POR MONCAO	F	53:07.36	F35
179	418	52	JOSE MANUEL		M	53:12.22	M45
214	419	84	JOAO GONCALVES		M	53:12.34	M35
527	420	42	PAULO CARVALHO	TRAILISTAS EU E QUE SEI	M	53:18.21	M50
246	421	53	FRANCISCO CERQUEIRA	KER SPORT TRAIL RUNNING	M	53:21.72	M45
247	422	8	MARIA VIANA	KER SPORT TRAIL RUNNING	F	53:22.28	F40
321	423	25	TOMAS NEVES		M	53:23.62	MSUB23
107	424	85	FERNANDO MOTA		M	53:24.56	M35
442	425	104	ANDRE COSTA	B.T.M.	M	53:25.28	MSEN
711	426	11	JOANA CARVALHIDO		F	53:29.21	F35
522	427	10	SANDRA ALMEIDA		F	53:32.53	F45
521	428	43	MARCELO ALMEIDA		M	53:32.87	M50
401	429	44	MANUEL LIMA		M	53:39.56	M50
820	430	9	CRISTINA PASCOAL		F	53:39.87	F40
79	431	86	FILIPE CAMPOS		M	53:43.71	M35
129	432	45	ANTONIO MATOS		M	53:46.71	M50
692	433	46	DANIEL PINHEIRO		M	53:47.25	M50
665	434	20	HELENA CERQUEIRA	ACRA RUNNING	F	53:49.87	FSEN
426	435	10	ANA ROCHA		F	53:53.14	F40
418	436	47	VITOR MONTEIRO		M	53:53.16	M50
609	437	12	MARISA FERREIRA		F	53:54.78	F35
302	438	65	CARLOS LIMA		M	53:55.11	M40
511	439	48	MANUEL PEREIRA	GDCTENVC	M	53:56.80	M50
625	440	66	NUNO BARBOSA	NUCLEO SCP VIANA DO CASTELO	M	53:57.94	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
381	441	54	PAULO		M	53:57.98	M45
430	442	55	CELSO CARVALHOSA		M	53:58.08	M45
102	443	67	ANDRE MENDES		M	53:59.61	M40
262	444	21	SARA VIEIRA		F	54:02.02	FSEN
715	445	87	MARCO BAGANHA		M	54:03.42	M35
188	446	68	NUNO PEIXOTO	LINCES DO MARAO	M	54:11.76	M40
750	447	26	BRUNO MOREIRA	EDP DISTRIBUICAO	M	54:15.74	MSUB23
315	448	13	SUSANA FERREIRA	ACRA RUNNING	F	54:16.37	F35
623	449	11	FERNANDA DIAS	ECOBARCAVENTURA	F	54:21.17	F45
657	450	56	CARLOS OLIVEIRA	OADA OS AMIGOS DA AVENTURA	M	54:21.51	M45
103	451	69	SERGIO		M	54:23.01	M40
176	452	70	ADOLFO MORENO		M	54:23.09	M40
407	453	22	PATRICIA PEREIRA		F	54:24.43	FSEN
312	454	11	SONIA SILVA		F	54:25.62	F40
128	455	71	RICARDO CACHADINHA	ALEXANDRA CARVALHO TEAM	M	54:33.58	M40
618	456	27	DUARTE SIMOES		M	54:35.42	MSUB23
483	457	7	ELISA VALENTE	GRUPO JUVENIL DE VILA DE PUNHE	F	54:41.33	FSUB23
533	458	14	JULIANA CERQUEIRA		F	54:45.91	F35
325	459	105	BRUNO PIRES	OLIMPICO VIANENSE	M	54:49.87	MSEN
323	460	23	ANDREIA FONTAINHAS	OLIMPICO VIANENSE	F	54:49.96	FSEN
559	461	15	LILIANA SIMOES	CYCLONES SANITOP	F	54:53.63	F35
537	462	88	HENRIQUE GONCALVES	OADA OS AMIGOS DA AVENTURA	M	54:55.16	M35
341	463	89	LUIS RAMOS	EI TEAM TRAIL	M	55:00.55	M35
181	464	90	GIL PACO	SPARKLE RUNNERS	M	55:00.58	M35
192	465	72	NELSON ARAUJO	SPARKLE RUNNERS	M	55:01.67	M40
287	466	106	JOSE BARBOSA		M	55:02.82	MSEN
470	467	91	LUIS LIMA		M	55:04.16	M35
370	468	107	BRUNO VAZ		M	55:04.53	MSEN
451	469	12	ELSA BARBOSA		F	55:13.27	F40
280	470	12	ROSA CARONES		F	55:16.01	F45
646	471	24	ANDREIA PIRES		F	55:20.85	FSEN
524	472	73	NELSON PEREIRA	AGUIAS DE ALVELOS	M	55:21.71	M40
573	473	13	SILVINA PEREIRA		F	55:24.85	F40
584	474	57	PAULO SILVA	RETAIL CONSULT	M	55:28.35	M45
134	475	108	ANDRE PARRA	SOMOS TODOS ROSA MOTA	M	55:28.51	MSEN
404	476	58	BELMAR MARQUES		M	55:32.69	M45
255	477	109	NUNO FIGUEIREDO	DIVE INTO THE MOUNTAINS	M	55:33.38	MSEN
133	478	25	JOANA DUARTE	SOMOS TODOS ROSA MOTA	F	55:33.52	FSEN
165	479	92	MARCO MIRANDA	RETAIL CONSULT	M	55:35.68	M35
523	480	74	PEDRO SILVA		M	55:39.62	M40
632	481	14	RITA COIMBRA		F	55:47.06	F40
500	482	59	TITO VIEIRA		M	55:49.02	M45
132	483	15	CILA PENTEADO		F	55:49.97	F40
389	484	26	SUSANA SILVA	ALEXANDRA CARVALHO TEAM	F	55:50.57	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
379	485	49	VITOR		M	55:57.38	M50
809	486	93	VITOR GONCALVES	CLUBE DE TENIS DE VIANA	M	56:03.19	M35
396	487	16	NOEMIA ROCHA	CMI MONTANHISMO	F	56:04.08	F40
564	488	16	NEUZA CARIDADE	BOAVISTA TRAIL	F	56:10.16	F35
610	489	13	MARIA FERNANDES	CERVEIRA TEAM RUNNING	F	56:12.51	F45
243	490	94	JOAO DELGADO		M	56:14.28	M35
790	491	27	MARTA CUNHA	MINHO E LIMA TRAIL	F	56:16.87	FSEN
252	492	75	TIAGO DELGADO		M	56:17.06	M40
392	493	95	RICARDO PINTO	RETAIL CONSULT	M	56:17.92	M35
284	494	76	JORGE SAMPAIO		M	56:18.21	M40
180	495	17	MARIA ARAUJO		F	56:19.01	F40
347	496	110	VITOR FIGUEIRA		M	56:25.36	MSEN
417	497	50	CARLOS COSTA		M	56:26.39	M50
540	498	51	MANUEL		M	56:28.66	M50
504	499	60	JORGE MACHADO		M	56:30.54	M45
595	500	61	MANUEL	EDV VIANA TRAIL	M	56:30.69	M45
161	501	62	RICARDO ESCORTELL		M	56:31.46	M45
538	502	77	RICARDO VALENTE		M	56:55.93	M40
139	503	52	ANTONIO MARTINS	AO PE COCHINHO E MAIS FACIL	M	56:57.76	M50
776	504	14	TERESA NEIVA	ECOBARCAVENTURA	F	57:07.75	F45
159	505	53	EDUARDO LOUREIRO	CAVE ESPOSENDE	M	57:12.43	M50
558	506	63	SEBASTIEN SIMOES	CYCLONES SANITOP	M	57:15.42	M45
597	507	78	ARTUR SANTOS		M	57:15.82	M40
680	508	96	RICARDO		M	57:16.61	M35
534	509	28	VERA DOMINGUES	OADA OS AMIGOS DA AVENTURA	F	57:21.24	FSEN
518	510	15	ANA RAMOS	GONTINHAES TRAIL RUNNERS	F	57:25.86	F45
813	511	97	INGIMUNDUR THORSTEISSON		M	57:38.33	M35
218	512	54	RAFAEL BRITO	RENASCE	M	57:41.32	M50
207	513	64	MANUEL NOVO	RENASCE	M	57:41.59	M45
565	514	98	CONSTANTINO RAMOS		M	57:42.62	M35
232	515	111	DIOGO LIMA		M	57:44.99	MSEN
217	516	29	RITA MOTA		F	57:45.03	FSEN
322	517	55	PAULO NEVES		M	57:46.86	M50
158	518	79	RICARDO MENDES		M	57:49.24	M40
652	519	80	GUILHERME BASTOS	SURF CLUBE DE VIANA	M	57:51.81	M40
804	520	81	TIAGO PRIETO	CASA DO SER	M	57:52.12	M40
187	521	56	VITOR NUNES		M	57:58.31	M50
105	522	30	ELISABETE ALVES	TROGLODITAS RUNNERS	F	58:02.24	FSEN
453	523	112	FERNANDO SA		M	58:03.17	MSEN
443	524	31	SUSANA PEREIRA	B.T.M.	F	58:11.13	FSEN
166	525	32	MARTA ARAUJO	RETAIL CONSULT	F	58:12.45	FSEN
803	526	113	DANIEL CRUZ		M	58:14.05	MSEN
545	527	33	TERESA SILVA		F	58:15.52	FSEN
530	528	114	JOAO SILVA		M	58:15.71	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
648	529	18	VANIA LOPES		F	58:17.25	F40
124	530	115	TIAGO DIAS	ARRASTA RABOS	M	58:20.10	MSEN
465	531	82	NUNO OLIVEIRA		M	58:26.89	M40
89	532	116	ANDRE CORDEIRO	TAS BEM MENE	M	58:35.89	MSEN
95	533	34	ADRIANA GOMES	TAS BEM MENE	F	58:36.16	FSEN
90	534	117	BRUNO ANDRADE	TAS BEM MENE	M	58:36.85	MSEN
360	535	57	MANUEL ALVES		M	58:37.34	M50
75	536	58	PAULO CORREIA		M	58:39.94	M50
346	537	35	MARCIA ALVES		F	58:41.94	FSEN
197	538	36	DIANA ARIEIRA		F	58:48.13	FSEN
240	539	59	JOSE AZEVEDO		M	58:52.31	M50
343	540	99	MIGUEL NOVO	AMC TRAIL	M	58:55.50	M35
487	541	28	GONCALO PIRES	TRAIL TEAM MONTARIA	M	58:55.85	MSUB23
234	542	65	JOAQUIM RIBEIRO		M	58:56.78	M45
814	543	37	CATARINA FRANSCISCO		F	59:00.60	FSEN
615	544	29	PEDRO SIMAO	CLUBE DESPORTIVO OPERARIO LAGOAACORES	M	59:03.99	MSUB23
116	545	38	JOANA MEIRA	SOMOS TODOS ROSA MOTA	F	59:04.17	FSEN
115	546	118	PEDRO RIBEIRO	SOMOS TODOS ROSA MOTA	M	59:04.31	MSEN
60	547	39	MARTA TEIXEIRA		F	59:06.87	FSEN
169	548	83	RICARDO VIEIRA	OMATAPALO ENGENHARIA E CONSTRUCAO	M	59:14.17	M40
391	549	119	DUARTE PAULO		M	59:21.63	MSEN
282	550	84	RICARDO GOMES	VILLA CESARI FLAMA	M	59:35.25	M40
241	551	16	MARIA VALDREZ		F	59:39.01	F45
600	552	17	MARIA PILAR		F	59:39.10	F45
601	553	40	CATARINA		F	59:39.71	FSEN
469	554	19	CATARINA FREITAS		F	59:49.25	F40
300	555	30	MARTIM MATOS	GONTINHAES TRAIL RUNNERS	M	59:52.52	MSUB23
268	556	60	JOAO LIMA		M	59:56.07	M50
270	557	18	TERESA SOUSA		F	59:56.27	F45
163	558	61	FERNANDO		M	1:00:12.69	M50
806	559	66	NELSON SILVA		M	1:00:13.02	M45
120	560	120	VITOR PARENTE	ARRASTA RABOS	M	1:00:15.65	MSEN
476	561	20	ISABEL RODRIGUES		F	1:00:32.74	F40
526	562	85	BRUNO		M	1:00:53.51	M40
478	563	41	MARIA BATISTA		F	1:01:09.73	FSEN
544	564	21	CATIA CACHADA		F	1:01:09.78	F40
340	565	121	ELVIS ROCHA		M	1:01:10.57	MSEN
57	566	62	PEDRO FELIX		M	1:01:14.16	M50
405	567	122	FERNANDO PEREIRA		M	1:01:22.35	MSEN
414	568	19	INES BARROS	RUCA E NECA	F	1:01:42.34	F45
413	569	63	RUI FARIA	RUCA E NECA	M	1:01:42.71	M50
599	570	42	DANIELA RAMOS		F	1:01:53.08	FSEN
306	571	22	SANDRA BARREIROS		F	1:01:53.96	F40
387	572	20	ROSA OLIVEIRA		F	1:01:54.09	F45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
815	573	21	FERNANDA FRANSCISCO		F	1:01:56.12	F45
263	574	22	ELISABETE CUNHA		F	1:02:14.57	F45
238	575	43	SARA FREITAS		F	1:02:14.72	FSEN
629	576	44	MARTA ROCHA		F	1:02:22.84	FSEN
596	577	123	BRUNO FIGUEIREDO		M	1:02:23.02	MSEN
140	578	17	SUSANA MARTINS	AO PE COCHINHO E MAIS FACIL	F	1:02:48.13	F35
327	579	64	LUIS MARTINS		M	1:02:55.16	M50
125	580	23	ISABEL ARAUJO		F	1:03:32.91	F40
62	581	124	ANDRE CARVALHAS		M	1:03:36.48	MSEN
700	582	31	ANTONIO FERREIRA		M	1:03:40.59	MSUB23
368	583	45	FLAVIA PEIXOTO		F	1:03:41.93	FSEN
152	584	18	ANA CORREIA		F	1:03:55.71	F35
153	585	100	ANTONIO MOREIRA		M	1:03:55.77	M35
154	586	101	FRANCISCO PINTO		M	1:03:56.69	M35
498	587	46	CATARINA ROSAS	QUALY DETERGENTES	F	1:04:12.21	FSEN
324	588	23	MANUELA SILVA		F	1:04:19.42	F45
364	589	67	ANTONIO MATOS	TRAIL TEAM MONTARIA	M	1:04:19.87	M45
309	590	24	ELIANA ABREU	ALEXANDRA CARVALHO TEAM	F	1:04:32.01	F40
273	591	102	NUNO ROCHA		M	1:05:24.52	M35
74	592	32	DIOGO PEREIRA	PASSEIO MARITIMO OEIRAS	M	1:05:26.66	MSUB23
73	593	25	RITA PEREIRA	PASSEIO MARITIMO OEIRAS	F	1:05:26.82	F40
686	594	33	BRUNO BRANCO		M	1:05:41.93	MSUB23
687	595	68	CARLOS CANCELO		M	1:05:41.99	M45
542	596	65	FERNANDO MIRANDA		M	1:05:50.26	M50
388	597	66	GARCIA SILVA	ECOBARCAVENTURA	M	1:05:52.59	M50
701	598	47	VERA FREITAS		F	1:05:59.80	FSEN
143	599	8	CAROLINA MARTINS		F	1:06:28.57	FSUB23
114	600	9	TANIA BARROS		F	1:06:30.48	FSUB23
352	601	69	LUIS LOUREIRO		M	1:07:03.58	M45
76	602	34	GONCALO COSTA		M	1:07:12.30	MSUB23
267	603	103	SERGIO ROLEIRA	OLIMPICO VIANENSE	M	1:07:13.73	M35
339	604	86	CARLOS ALVES		M	1:07:28.56	M40
497	605	70	HELDER BRANCO		M	1:07:29.09	M45
858	606	67	JOAO REBELO	BOMBEIROS	M	1:08:21.18	M50
857	607	68	JOAO CARVALHO	BOMBEIROS	M	1:08:21.63	M50
850	608	125	FABIO ARAUJO	BOMBEIROS	M	1:08:22.19	MSEN
853	609	126	JOAO GOMES	BOMBEIROS	M	1:08:22.30	MSEN
855	610	104	HUGO COSTA	BOMBEIROS	M	1:08:22.63	M35
851	611	127	DOMINGOS GONCALVES	BOMBEIROS	M	1:08:22.95	MSEN
856	612	128	RAFAEL GONCALVES	BOMBEIROS	M	1:08:23.69	MSEN
854	613	129	RUI SANTOS	BOMBEIROS	M	1:08:23.92	MSEN
423	614	130	LUIS MIRANDA	RETAIL CONSULT	M	1:08:24.56	MSEN
424	615	48	PATRICIA TEIXEIRA		F	1:08:24.72	FSEN
770	616	26	PAOLA RODRIGUES		F	1:08:35.59	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
588	617	69	CARLOS SOUSA		M	1:08:39.82	M50
817	618	24	MARTA BARROS		F	1:08:40.42	F45
373	619	49	MARINA PEREIRA		F	1:09:08.46	FSEN
319	620	50	MARIA MARTINS		F	1:09:08.83	FSEN
795	621	51	CARMEN SOBRINHO		F	1:09:23.21	FSEN
122	622	52	SARA SILVA	ARRASTA RABOS	F	1:09:56.34	FSEN
450	623	131	AUGUSTO ALVES		M	1:10:04.37	MSEN
532	624	19	MARJORIE FERREIRA		F	1:10:06.29	F35
108	625	87	JOAQUIM TEIXEIRA		M	1:10:36.37	M40
506	626	53	PATRICIA NOGUEIRA		F	1:10:40.76	FSEN
472	627	54	ANDREA TAVARES		F	1:11:44.92	FSEN
682	628	55	ESTELA GOMES		F	1:13:16.36	FSEN
683	629	105	EDUARDO PASSOS		M	1:13:17.26	M35
297	630	70	BRONZE		M	1:15:19.93	M50
235	631	71	JOAQUIM		M	1:15:20.51	M45
298	632	35	BRONZE JR.		M	1:15:21.26	MSUB23
211	633	56	RAQUEL COSTA	RETAIL CONSULT	F	1:15:57.41	FSEN
86	634	132	FILIPPE CASTRO	RETAIL CONSULT	M	1:16:12.63	MSEN
94	635	133	FILIPPE PINHEIRO	RETAIL CONSULT	M	1:16:13.36	MSEN
123	636	57	TANIA MARTINS	ARRASTA RABOS	F	1:19:15.77	FSEN
800	637	25	ANA ARAUJO		F	1:21:51.33	F45
771	638	26	MARIA PEREIRA		F	1:21:51.52	F45