

## 23ª SAO SILVESTRE OLIVAIS 2011

**Patrocínio:** JF STA MARIA OLIVAIS

**Apoio:** CCD OLIVAIS SUL

**Data:** 30/12/2011

**Classif.:** Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1	3	RICARDO DIAS	27	M2039	1	M			GDR CONFORLIMPA	00:31:19	00:31:17
2	1005	RICARDO PAIXAO	25	M2039	2	M			GD ESTREITO	00:32:28	00:32:26
3	20	CARLOS SANTOS	38	M2039	3	M			SL BENFICA	00:32:37	00:32:34
4	4	MIGUEL ARRAIOLOS	23	M2039	4	M			INDIVIDUAL	00:32:45	00:32:41
5	1248	LUIS BAPTISTA	34	M2039	5	M			ODIMARQ	00:32:49	00:32:46
6	1171	HAMID HAKIM	29	M2039	6	M			UDR ZONA ALTA	00:32:56	00:32:54
7	11	JOEL MARTINS	34	M2039	7	M			CUA	00:33:02	00:33:00
8	17	LUIS RAÇOES	35	M2039	8	M			GIRA SOL	00:33:25	00:33:22
9	1326	NUNO CARRAÇA	22	M2039	9	M			URCA	00:33:40	00:33:37
10	1383	PEDRO M NOGUEIRA	29	M2039	10	M			ADFA EVORA	00:33:44	00:33:38
11	444	PEDRO ARSENIO	29	M2039	11	M			A VALE SILENCIO	00:33:46	00:00:00
12	1200	JOSE ESTRANGEIRO	23	M2039	12	M			AA COIMBRA	00:33:46	00:00:00
13	481	ALEXANDRE CANAL	44	M4044	1	M			CCR ALTO MOINHO	00:33:49	00:00:00
14	1006	FELISBERTO PINA	27	M2039	13	M			CF OS BELENENSES	00:34:01	00:33:58
15	957	ARMANDO MONTEIRO	37	M2039	14	M			FSG COL BELLERIVE	00:34:09	00:34:05
16	759	FRANCISCO ROCHA	44	M4044	2	M			AA MAFRA	00:34:11	00:00:00
17	480	JOSE FERREIRA	38	M2039	15	M			CCR ALTO MOINHO	00:34:17	00:00:00
18	1173	MARCO FRANCISCO	29	M2039	16	M			UDR ZONA ALTA	00:34:33	00:34:29
19	5	RAUL CAETANO	39	M2039	17	M			CUA	00:34:35	00:34:32
20	955	ANDRÉ FERREIRA	31	M2039	18	M			AMCR FONTE	00:34:52	00:34:48
21	430	JOAO INOCENCIO	41	M4044	3	M			A VALE SILENCIO	00:34:54	00:00:00
22	391	PAULO ROLA	46	M4549	1	M			NAZ ABOBODA	00:34:59	00:34:56
23	954	LUIS GOMES	42	M4044	4	M			AMCR FONTE	00:34:59	00:00:00
24	1331	JORGE MARCELINO	38	M2039	19	M			ID VIEIRENSE	00:35:02	00:00:00
25	1574	NELSON TAIA	18	M1819	1	M			GR QUINTA LOMBA	00:35:07	00:35:03
26	1321	FRANCISCO PEDRO	40	M4044	5	M			OESTE RUNNING	00:35:16	00:35:11
27	447	RUI PACHECO	35	M2039	20	M			A VALE SILENCIO	00:35:24	00:35:18
28	1240	PEDRO GOMES	34	M2039	21	M			ODIMARQ	00:35:26	00:00:00
29	477	RICARDO OLIVEIRA	22	M2039	22	M			CCR ALTO MOINHO	00:35:34	00:00:00
30	8	JOSE SANTOS	41	M4044	6	M			CUA	00:35:37	00:35:35
31	12	JOSE LUZ	41	M4044	7	M			CUA	00:35:39	00:35:37
32	958	FERNANDO CORTEZ	47	M4549	2	M			FSG COL BELLERIVE	00:35:41	00:35:37
33	1336	JOSE FIGUEIRA	42	M4044	8	M			ID VIEIRENSE	00:35:45	00:00:00
34	1172	JOAO PLACIDO	26	M2039	23	M			UDR ZONA ALTA	00:35:46	00:35:41
35	13	MIGUEL TEIXEIRA	20	M2039	24	M			CUA	00:35:49	00:35:49
36	302	EDGAR SEMEDO	22	M2039	25	M			ADL	00:35:55	00:35:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
37	1141	JORGE GOMES	26	M2039	26	M			AFIS OVAR	00:35:56	00:00:00
38	1533	RICARDO OLIVEIRA	36	M2039	27	M			GDR FIGUEIRAS	00:35:58	00:35:56
39	743	LUIS MOTA	42	M4044	9	M			ADR AGUAS BELAS	00:36:06	00:36:01
40	901	PEDRO MARQUES	29	M2039	28	M			CD ASAS MILENIUM	00:36:10	00:36:04
41	153	JOAO GOMES	52	M5054	1	M			AÇOREANA C BANIF	00:36:13	00:00:00
42	443	PAULO POVOA	48	M4549	3	M			A VALE SILENCIO	00:36:18	00:36:18
43	927	RICARDO HENRIQUES	27	M2039	29	M			CR AMIEIRINHENSE	00:36:21	00:36:18
44	655	JOAO H FAUSTINO	38	M2039	30	M			INDIVIDUAL	00:36:22	00:36:12
45	1246	JOSE LOPES	45	M4549	4	M			ODIMARQ	00:36:24	00:36:21
46	1341	LICINIO PEREIRA	55	M5559	1	M			ID VIEIRENSE	00:36:28	00:36:25
47	1521	PEDRO GOMES	28	M2039	31	M			NUCLEOEIRAS/SPO	00:36:28	00:36:25
48	926	LUIS DUARTE	23	M2039	32	M			CR AMIEIRINHENSE	00:36:30	00:36:27
49	1332	VITOR DINIS	39	M2039	33	M			ID VIEIRENSE	00:36:30	00:36:23
50	479	ANTONIO M AIRES	28	M2039	34	M			CCR ALTO MOINHO	00:36:32	00:36:27
51	1394	AMBROSIO FERREIRA	37	M2039	35	M			CRD ARRUDENSE	00:36:35	00:36:35
52	1036	ROMEU CORREIA	39	M2039	36	M			INDIVIDUAL	00:36:36	00:36:34
53	26	HUMBERTO VIAIS	48	M4549	5	M			C FERROV	00:36:40	00:36:36
54	448	TIAGO SILVA	20	M2039	37	M			A VALE SILENCIO	00:36:52	00:36:48
55	1397	JOAO DIAS	40	M4044	10	M			CRD ARRUDENSE	00:36:54	00:36:54
56	1074	ANTONIO MURTEIRA	44	M4044	11	M			CR LEOES P SALVO	00:36:56	00:36:52
57	1541	EDUARDO CARDEIRA	28	M2039	38	M			GDR FIGUEIRAS	00:36:56	00:00:00
58	1604	EDMIR CORREIA	31	M2039	39	M			GD SÃO DOMINGOS	00:37:05	00:36:59
59	907	MARIO FERREIRA	30	M2039	40	M			CD ASAS MILENIUM	00:37:12	00:00:00
60	142	AILTON MOREIRA	18	M1819	2	M			AÇOREANA C BANIF	00:37:15	00:00:00
61	1084	LUÍS PEREIRA	41	M4044	12	M			CR LEOES P SALVO	00:37:20	00:37:17
62	1542	JOSE RAIMUNDO	49	M4549	6	M			GDR FIGUEIRAS	00:37:25	00:37:22
63	1520	DIOGO CUSTODIO	22	M2039	41	M			NUCLEOEIRAS/SPO	00:37:28	00:37:24
64	1587	VIRGILIO GONÇALVES	41	M4044	13	M			GDR RIBEIRINHOS	00:37:30	00:37:25
65	181	JOSE BORGES	34	M2039	42	M			MIRANTENSE FC	00:37:31	00:37:27
66	924	JOAO GOMES	49	M4549	7	M			CR AMIEIRINHENSE	00:37:44	00:00:00
67	830	MIGUEL FERNANDES	32	M2039	43	M			INDIVIDUAL	00:37:49	00:37:49
68	140	PAULO DURAES	32	M2039	44	M			AÇOREANA C BANIF	00:37:50	00:37:40
69	1327	CARLOS PIRES	40	M4044	14	M			URCA	00:37:52	00:37:49
70	405	DANIEL ANTUNES	49	M4549	8	M			CAMARA L CLUBE	00:37:55	00:37:50
71	1369	FERNANDO FEIJAO	56	M5559	2	M			C PRAÇAS ARMADA	00:38:02	00:37:59
72	1596	BRUNO RODRIGUES	28	M2039	45	M			OS ZATOPEQUES	00:38:04	00:37:54
73	172	RUI OLIVEIRA	41	M4044	15	M			AÇOREANA C BANIF	00:38:05	00:38:02
74	1247	LUCIANO CONCEIÇÃO	45	M4549	9	M			ODIMARQ	00:38:07	00:00:00
75	1037	HORACIO ALEXANDRE	31	M2039	46	M			GD FREG VIDAIS	00:38:09	00:38:09
76	308	JOAO RODRIGUES	52	M5054	2	M			UF DEGOLADOS	00:38:11	00:38:08
77	1329	PAULO PAIS	44	M4044	16	M			URCA	00:38:13	00:38:08
78	742	CARLOS SILVA	39	M2039	47	M			PUMAS GUINCHO	00:38:16	00:38:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
79	934	NUNO TINTIM	35	M2039	48	M			IRMANDADE	00:38:19	00:38:15
80	14	LUIS BRITO	36	M2039	49	M			CUA	00:38:22	00:38:22
81	925	VITOR LOPES	43	M4044	17	M			CR AMIEIRINHENSE	00:38:29	00:38:26
82	1013	ICARO SILVA	26	M2039	50	M			GAA VILA FRANCA	00:38:32	00:38:27
83	758	JORGE CRUZ	46	M4549	10	M			AA MAFRA	00:38:33	00:38:33
84	1079	ANTONIO VALE	54	M5054	3	M			CR LEOES P SALVO	00:38:34	00:38:31
85	291	JOSE FELIX	43	M4044	18	M			AA AVIS	00:38:35	00:38:32
86	657	VITOR SANTOS	35	M2039	51	M			PE ATLETA	00:38:41	00:38:36
87	1207	JORGE RODRIGUES	45	M4549	11	M			NS SAO MIGUEL	00:38:43	00:38:39
88	866	ALCINO NUNES	39	M2039	52	M			CLAC	00:38:45	00:38:44
89	1444	PAULO PALMA	34	M2039	53	M			INDIVIDUAL	00:38:45	00:38:42
90	576	LUÍS M FERREIRA	44	M4044	19	M			RUN 4 FUN	00:38:48	00:00:00
91	1503	BRUNO CARVALHO	32	M2039	54	M			CC ARCOS	00:38:57	00:38:52
92	235	FABIO FERREIRA	19	M1819	3	M			GD MACEDO	00:39:07	00:39:07
93	872	Mª ISABEL AREIAS	26	F2039	1	F			GIRA SOL	00:39:08	00:39:02
94	712	JOAO CANAS	36	M2039	55	M			BUERAPIDOS	00:39:09	00:38:42
95	1576	JOAO MACIEL	30	M2039	56	M			C RUGBY	00:39:11	00:39:01
96	948	JOAO FRANCO	63	M6099	1	M			AMCR FONTE	00:39:12	00:39:12
97	970	CATARINA FERREIRA	27	F2039	2	F			GD JOANINHAS	00:39:12	00:39:11
98	118	FERNANDO CANDEIAS	40	M4044	20	M			ADCR POLICIA	00:39:13	00:39:11
99	478	RICARDO NASCIMENTO	31	M2039	57	M			CCR ALTO MOINHO	00:39:13	00:39:13
100	597	GUILHERME HORA	37	M2039	58	M			INDIVIDUAL	00:39:13	00:39:04
101	1101	TIAGO SILVA	32	M2039	59	M			INDIVIDUAL	00:39:14	00:39:02
102	1062	LUIS FERREIRA	35	M2039	60	M			SCALABIS N	00:39:15	00:39:14
103	1544	PAULO SIMAO	42	M4044	21	M			GDR FIGUEIRAS	00:39:17	00:39:12
104	1524	PEDRO R SA	33	M2039	61	M			SERPENTINE RC	00:39:22	00:39:19
105	438	LUIS LOPES	42	M4044	22	M			A VALE SILENCIO	00:39:25	00:39:21
106	1153	NELIO CARVALHO	31	M2039	62	M			MAROTAS RUNNERS	00:39:27	00:39:24
107	1251	VITOR ALVES	46	M4549	12	M			BOLOTAOBRA	00:39:32	00:39:23
108	784	PEDRO RUNA	37	M2039	63	M			AM Bº CV LUMIAR	00:39:35	00:39:32
109	159	MARIO GOMES	41	M4044	23	M			AÇOREANA C BANIF	00:39:36	00:39:30
110	1338	RUI DINIS	47	M4549	13	M			ID VIEIRENSE	00:39:36	00:39:28
111	27	PEDRO ESTEVENS	53	M5054	4	M			C FERROV	00:39:39	00:39:34
112	23	GERMANO SILVA	53	M5054	5	M			AD REAL ACADEMIA	00:39:41	00:39:38
113	1536	ARMENIO LEAL	54	M5054	6	M			GDR FIGUEIRAS	00:39:41	00:39:35
114	1572	MANUEL FIGUEIREDO	54	M5054	7	M			GE OS	00:39:43	00:39:39
115	858	SÉRGIO RIBEIRO	37	M2039	64	M			INDIVIDUAL	00:39:44	00:39:39
116	1314	SAMUEL GALVEIA	31	M2039	65	M			AA LEBRES SADO	00:39:44	00:39:38
117	1367	PATRICIA SERAFIM	28	F2039	3	F			C PRAÇAS ARMADA	00:39:45	00:39:30
118	1375	ANTONIO MOURA	51	M5054	8	M			C PRAÇAS ARMADA	00:39:45	00:39:42
119	1231	PAULO GASPAR	34	M2039	66	M			CR CRUZ PAU	00:39:46	00:39:43
120	1193	JOSE SILVA	37	M2039	67	M			INDIVIDUAL	00:39:49	00:39:47

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
121	95	ANTONIO SANTOS	53	M5054	9	M		GD INE	00:39:57	00:39:41
122	863	JOAO P FERREIRA	35	M2039	68	M		CLAC	00:40:02	00:40:00
123	974	JOSEFA SANJÉ	36	F2039	4	F		GD JOANINHAS	00:40:04	00:40:01
124	1569	CARLOS FERREIRA	42	M4044	24	M		SR CAMARNAL	00:40:11	00:40:07
125	1325	DEOLINDO ANDRE	51	M5054	10	M		URCA	00:40:12	00:40:06
126	1537	JOAO GUERREIRO	44	M4044	25	M		GDR FIGUEIRAS	00:40:13	00:40:07
127	1091	RUI M S CORREIA	35	M2039	69	M		INDIVIDUAL	00:40:14	00:40:08
128	1204	PAULO ALVES	34	M2039	70	M		GD IN CASA MOEDA	00:40:14	00:40:09
129	234	CONSTANTINO ARAUJO	44	M4044	26	M		GD MACEDO	00:40:17	00:40:08
130	1291	JOAQUIM ALVES	59	M5559	3	M		CCD O ALVITEJO	00:40:20	00:40:15
131	892	PIOTR KOROLEV	39	M2039	71	M		UNIDADE	00:40:22	00:40:22
132	1016	VITOR NOGUEIRA	47	M4549	14	M		GAA VILA FRANCA	00:40:23	00:40:19
133	1290	ARSENIO FERNANDES	56	M5559	4	M		CCD O ALVITEJO	00:40:23	00:40:18
134	967	JOAO FERREIRA	25	M2039	72	M		GD JOANINHAS	00:40:26	00:40:23
135	1334	NUNO LORVAO	41	M4044	27	M		ID VIEIRENSE	00:40:27	00:40:14
136	130	EDUARDO SANTOS	55	M5559	5	M		O MUNDO CORRIDA	00:40:29	00:40:18
137	508	DIOGO GRAÇA	20	M2039	73	M		INDIVIDUAL	00:40:30	00:40:30
138	841	ANTONIO RIBEIRO	32	M2039	74	M		C BENFICA	00:40:32	00:00:00
139	1018	JOAO LUIS	22	M2039	75	M		GAA VILA FRANCA	00:40:34	00:40:22
140	217	NUNO PITA	36	M2039	76	M		CCDT METRO LX	00:40:36	00:40:30
141	570	ANTONIO GASPARINHO	34	M2039	77	M		INDIVIDUAL	00:40:37	00:40:33
142	1214	JOAO SOARES	58	M5559	6	M		NS SAO MIGUEL	00:40:38	00:40:33
143	400	PAULO PALMA	34	M2039	78	M		CAMARA L CLUBE	00:40:42	00:40:26
144	649	RUI FALCÃO	50	M5054	11	M		FALÇOES	00:40:45	00:40:26
145	1185	LUIS REBELO	47	M4549	15	M		AMCR FONTE	00:40:47	00:40:42
146	1590	JOSE PIRES	55	M5559	7	M		GDR RIBEIRINHOS	00:40:56	00:40:53
147	1361	JOAO JESUS	36	M2039	79	M		GD SANTANDER	00:40:59	00:40:59
148	132	RICARDO DIEZ	38	M2039	80	M		O MUNDO CORRIDA	00:41:00	00:40:53
149	1355	LUIS RAFAEL	40	M4044	28	M		GD SANTANDER	00:41:00	00:00:00
150	1335	JOAO MARCELINO	41	M4044	29	M		ID VIEIRENSE	00:41:04	00:41:02
151	1121	MARIO NETO	35	M2039	81	M		INDIVIDUAL	00:41:06	00:41:03
152	1356	HAMILTON DIAS	36	M2039	82	M		GD SANTANDER	00:41:07	00:41:00
153	1188	PEDRO SIMOES	32	M2039	83	M		INDIVIDUAL	00:41:08	00:41:08
154	1232	CARLOS PALAS	52	M5054	12	M		CR CRUZ PAU	00:41:09	00:41:03
155	865	RUI PERDIGÃO	45	M4549	16	M		CLAC	00:41:10	00:41:10
156	963	RUI HENRIQUES	32	M2039	84	M		INDIVIDUAL	00:41:10	00:41:03
157	1054	JULIO VICENTE	39	M2039	85	M		INDIVIDUAL	00:41:10	00:41:07
158	1573	ELVINA BOYO	20	F2039	5	F		GE OS	00:41:16	00:41:05
159	941	NUNO ROCHA	35	M2039	86	M		GDR LEIAO	00:41:19	00:40:34
160	1337	CARLOS PINTO	44	M4044	30	M		ID VIEIRENSE	00:41:27	00:41:14
161	567	EMANUEL BANDEIRA	36	M2039	87	M		INDIVIDUAL	00:41:28	00:41:24
162	1591	FERNANDO BEIJINHA	62	M6099	2	M		GDR RIBEIRINHOS	00:41:29	00:41:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
163	811	CARLOS J C MARTINS	46	M4549	17	M			RUN 4 FUN	00:41:31	00:41:30
164	260	VASCO MARQUES	40	M4044	31	M			C VETERANOS LIS	00:41:32	00:41:30
165	590	MIGUEL ROCHA	40	M4044	32	M			INDIVIDUAL	00:41:32	00:00:00
166	664	ANIBAL LOPES	46	M4549	18	M			FALÇOES	00:41:36	00:41:17
167	170	REINALDO FIGUEIRA	60	M6099	3	M			AÇOREANA C BANIF	00:41:37	00:41:37
168	1015	VITOR NOVAIS	35	M2039	88	M			GAA VILA FRANCA	00:41:41	00:41:36
169	1122	MARCO RICARDO	30	M2039	89	M			INDIVIDUAL	00:41:41	00:41:31
170	1428	MARIO J M ROSA	46	M4549	19	M			INDIVIDUAL	00:41:42	00:41:25
171	58	EDGAR JACINTO	25	M2039	90	M			OS ZATOPEQUES	00:41:44	00:41:34
172	680	ANDRE COSTA	30	M2039	91	M			INDIVIDUAL	00:41:44	00:41:44
173	574	JOAO CARDOSO	35	M2039	92	M			INDIVIDUAL	00:41:48	00:41:45
174	1032	CARLOS COSTA	41	M4044	33	M			INDIVIDUAL	00:41:52	00:41:27
175	1514	RAUL QUARESMA	31	M2039	93	M			INDIVIDUAL	00:41:53	00:41:42
176	1372	ANTONIO PIRES	43	M4044	34	M			C PRAÇAS ARMADA	00:41:54	00:41:43
177	1589	JOAQUIM FIGUEIREDO	54	M5054	13	M			GDR RIBEIRINHOS	00:41:55	00:41:49
178	416	MIGUEL TAVARES	39	M2039	94	M			CAMARA L CLUBE	00:41:56	00:41:51
179	815	PEDRO GABRIEL	37	M2039	95	M			AMIGOS PARQUE	00:41:56	00:41:23
180	818	PEDRO RIBEIRO	39	M2039	96	M			AMIGOS PARQUE	00:41:56	00:00:00
181	101	MARCOS OLIVEIRA	39	M2039	97	M			GD INE	00:41:57	00:41:40
182	835	SERGIO SANTOS	47	M4549	20	M			GDT JF TRAFARIA	00:41:57	00:41:47
183	1106	RUI RIBEIRO	30	M2039	98	M			FALÇOES	00:41:59	00:41:58
184	1178	NUNO CARVALHINHO	37	M2039	99	M			INDIVIDUAL	00:42:00	00:41:54
185	1454	EDUARDO RODRIGUES	52	M5054	14	M			INDIVIDUAL	00:42:03	00:42:00
186	675	LEANDRO SANTOS	54	M5054	15	M			OS NOMADAS	00:42:04	00:41:56
187	999	PEDRO C LIMA	45	M4549	21	M			INDIVIDUAL	00:42:04	00:00:00
188	99	GONÇALO FERREIRA	39	M2039	100	M			GD INE	00:42:05	00:41:49
189	370	ANTONIO SILVA	58	M5559	8	M			CA VALE FIGUEIRA	00:42:06	00:42:06
190	487	MANUEL AMARO	56	M5559	9	M			CCR ALTO MOINHO	00:42:06	00:41:57
191	834	ANTONIO SILVA	42	M4044	35	M			GDT JF TRAFARIA	00:42:06	00:41:56
192	231	ANTONIO SANTOS	44	M4044	36	M			GD MACEDO	00:42:08	00:42:03
193	1242	JOSE SILVA	48	M4549	22	M			ODIMARQ	00:42:09	00:00:00
194	861	CARLOS HIPÓLITO	37	M2039	101	M			SCALABIS N	00:42:10	00:42:08
195	627	PEDRO GOUVEIA	44	M4044	37	M			CR LEOES P SALVO	00:42:11	00:42:06
196	1535	ANTONIO SALCEDAS	40	M4044	38	M			GDR FIGUEIRAS	00:42:11	00:42:08
197	390	JOAO HEITOR	61	M6099	4	M			CA PAÇO ARCOS	00:42:12	00:42:08
198	156	JORGE SERRA	45	M4549	23	M			AÇOREANA C BANIF	00:42:13	00:42:06
199	162	NUNO E SANTO	41	M4044	39	M			AÇOREANA C BANIF	00:42:13	00:42:05
200	648	FERNANDO FIGUEIREDO	45	M4549	24	M			FALÇOES	00:42:13	00:41:54
201	158	LUIS PREGO	54	M5054	16	M			AÇOREANA C BANIF	00:42:14	00:42:06
202	173	RUI SILVA	35	M2039	102	M			AÇOREANA C BANIF	00:42:14	00:42:06
203	946	JOSE MAGALHÃES	40	M4044	40	M			AMCR FONTE	00:42:15	00:42:07
204	1044	VITOR LEBRE	36	M2039	103	M			INDIVIDUAL	00:42:15	00:42:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
205	1131	RUBEN PAIS	18	M1819	4	M			INDIVIDUAL	00:42:16	00:42:10
206	1239	JOAO LOURENÇO	47	M4549	25	M			CR CRUZ PAU	00:42:17	00:42:10
207	1125	SERGIO BASTINHO	31	M2039	104	M			INDIVIDUAL	00:42:21	00:00:00
208	262	CRISTOVAO GOMES	30	M2039	105	M			C VETERANOS LIS	00:42:23	00:42:17
209	403	MIGUEL VELEZ	48	M4549	26	M			CAMARA L CLUBE	00:42:26	00:42:14
210	485	JOAO VEIGA	52	M5054	17	M			CCR ALTO MOINHO	00:42:26	00:42:00
211	1575	JOAO SALVADO	45	M4549	27	M			CR LEOES P SALVO	00:42:29	00:41:57
212	259	RICARDO MONTEIRO	36	M2039	106	M			C VETERANOS LIS	00:42:30	00:00:00
213	599	JOAO MAÇAS	42	M4044	41	M			INDIVIDUAL	00:42:33	00:42:16
214	764	PEDRO BUENO	43	M4044	42	M			AC PORTO SALVO	00:42:33	00:42:28
215	705	ANTONIO COIMBRA	37	M2039	107	M			INDIVIDUAL	00:42:34	00:42:34
216	1538	MARIO DUARTE	53	M5054	18	M			GDR FIGUEIRAS	00:42:36	00:42:36
217	1072	AMERICO AMARO	51	M5054	19	M			CR LEOES P SALVO	00:42:37	00:42:32
218	1448	MARCOS PEREIRA	56	M5559	10	M			INDIVIDUAL	00:42:38	00:42:19
219	969	MARCO SOUSA	46	M4549	28	M			GD JOANINHAS	00:42:39	00:42:26
220	1097	ALEXANDRE COSTA	38	M2039	108	M			INDIVIDUAL	00:42:40	00:42:40
221	164	PAULO MORADIAS	47	M4549	29	M			AÇOREANA C BANIF	00:42:42	00:42:36
222	436	LEONEL NEVES	58	M5559	11	M			A VALE SILENCIO	00:42:42	00:42:42
223	48	CARLOS RODRIGUES	39	M2039	109	M			GD CHELAS	00:42:44	00:00:00
224	56	FERNANDO PAULO	58	M5559	12	M			GD CHELAS	00:42:44	00:42:41
225	1014	CLAUDIO MIRA	46	M4549	30	M			GAA VILA FRANCA	00:42:44	00:42:40
226	457	DAVID RIBEIRO	18	M1819	5	M			C BENFICA	00:42:47	00:00:00
227	65	JOSE CUNHA	47	M4549	31	M			OS ZATOPEQUES	00:42:48	00:42:30
228	367	MANUEL CHINITA	47	M4549	32	M			CA VALE FIGUEIRA	00:42:48	00:42:46
229	1243	JOAQUIM MARTINS	48	M4549	33	M			ODIMARQ	00:42:49	00:42:48
230	767	JOSE MAIO	48	M4549	34	M			AC PORTO SALVO	00:42:50	00:42:45
231	326	FLAVIO SANTOS	18	M1819	6	M			IGREJA UNIFICAÇÃO	00:42:53	00:42:48
232	112	JOSE SOUSA	39	M2039	110	M			AA LEBRES SADO	00:42:56	00:42:53
233	327	ARMINDO SANTOS	50	M5054	20	M			IGREJA UNIFICAÇÃO	00:42:56	00:42:50
234	1340	ALBERTO VINAGRE	50	M5054	21	M			ID VIEIRENSE	00:42:56	00:42:56
235	396	AUGUSTO DIOGO	50	M5054	22	M			NAZ ABOBODA	00:43:01	00:42:44
236	1078	MANUEL ARAÚJO	50	M5054	23	M			CR LEOES P SALVO	00:43:03	00:42:58
237	503	JOSE C MELO	49	M4549	35	M			RUN 4 FUN	00:43:08	00:43:08
238	1047	LUIS SOUSA	36	M2039	111	M			CR PENTEADO	00:43:08	00:42:39
239	812	CARLOS JACINTO	42	M4044	43	M			INDIVIDUAL	00:43:10	00:43:10
240	782	CARLOS NEVES	48	M4549	36	M			SPORTISEL	00:43:11	00:00:00
241	918	LUIS SANTOS	26	M2039	112	M			INDIVIDUAL	00:43:12	00:42:31
242	606	NUNO ALVES	35	M2039	113	M			INDIVIDUAL	00:43:13	00:42:58
243	1571	PAULO LOPES	40	M4044	44	M			GE OS	00:43:13	00:43:09
244	1223	JOSE DIAS	55	M5559	13	M			CR CRUZ PAU	00:43:14	00:43:07
245	1235	ANTONIO SALSINHA	60	M6099	5	M			CR CRUZ PAU	00:43:14	00:43:14
246	995	JOAO FREIRE	18	M1819	7	M			C PRAÇAS ARMADA	00:43:15	00:42:59

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
247	1370	JOSE MARQUES	38	M2039	114	M			C PRAÇAS ARMADA	00:43:15	00:43:00
248	1592	NUNO FRADIQUE	37	M2039	115	M			SCALABIS N	00:43:17	00:43:15
249	389	JOSE MATOS	39	M2039	116	M			GRD RIBEIRA LAGE	00:43:19	00:43:02
250	526	LUIS NEVES	33	M2039	117	M			MARINHAI AC	00:43:21	00:43:07
251	1065	AMELIA C P COSTA	45	F4599	1	F			CCR ALTO MOINHO	00:43:21	00:43:19
252	869	CARLOS LOURENÇO	43	M4044	45	M			INDIVIDUAL	00:43:22	00:42:57
253	726	RAFAEL SANTOS	39	M2039	118	M			INDIVIDUAL	00:43:23	00:43:14
254	1300	JOAO ANDRADE	43	M4044	46	M			GARMIN/CO OEIRAS	00:43:24	00:43:20
255	338	CARLOS CARDOSO	59	M5559	14	M			GD BANCO BPI	00:43:25	00:42:51
256	1495	DAVID PALMEIRO	45	M4549	37	M			SL CAMPOLIDE	00:43:26	00:43:24
257	247	RENATO SOUSA	61	M6099	6	M			A DANIEL CALDEIRA	00:43:29	00:43:13
258	1211	JOAO SANTOS	53	M5054	24	M			NS SAO MIGUEL	00:43:31	00:43:28
259	1238	AUGUSTO PINTO	38	M2039	119	M			CR CRUZ PAU	00:43:31	00:43:22
260	591	ANTONIO RELVAS	49	M4549	38	M			INDIVIDUAL	00:43:32	00:43:28
261	1360	ANTONIO FERREIRA	40	M4044	47	M			GD SANTANDER	00:43:32	00:00:00
262	102	NUNO MARTINS	39	M2039	120	M			GD INE	00:43:33	00:43:31
263	1041	ANTONIO S HENRIQUES	39	M2039	121	M			INDIVIDUAL	00:43:33	00:43:32
264	506	JOAO P G MOREIRA	44	M4044	48	M			INDIVIDUAL	00:43:34	00:43:28
265	1034	EDUARDO CARY	33	M2039	122	M			A PANDILHA JOVEM	00:43:34	00:43:11
266	1080	RUI FREITAS	34	M2039	123	M			CR LEOES P SALVO	00:43:37	00:43:21
267	947	LUIS CIPRIANO	38	M2039	124	M			AMCR FONTE	00:43:38	00:42:51
268	1066	JOAO P MARQUES	49	M4549	39	M			CCR ALTO MOINHO	00:43:41	00:43:38
269	1156	INES MARQUES	19	F0019	1	F			JOMA	00:43:42	00:43:39
270	166	PAULO TORRAO	40	M4044	49	M			AÇOREANA C BANIF	00:43:43	00:43:26
271	1384	CARLOS FONSECA	51	M5054	25	M			O MUNDO CORRIDA	00:43:43	00:43:35
272	1548	MARIO GOMES	60	M6099	7	M			INDIVIDUAL	00:43:43	00:43:39
273	422	MARTA FONSECA	31	F2039	6	F			ADFA EVORA	00:43:44	00:43:42
274	644	JOSE AUGUSTO	39	M2039	125	M			FALÇOES	00:43:45	00:43:25
275	423	PEDRO PEREIRA	36	M2039	126	M			ADFA EVORA	00:43:46	00:43:39
276	54	PAULO CARDOSO	46	M4549	40	M			GD CHELAS	00:43:48	00:43:46
277	1387	ALEXANDRE SILVA	33	M2039	127	M			ACADEMIA KORPO	00:43:49	00:43:49
278	1212	LEONEL SELEIRO	54	M5054	26	M			NS SAO MIGUEL	00:43:50	00:43:50
279	451	AUGUSTO GASPAR	50	M5054	27	M			TIRAPICOS	00:43:51	00:43:49
280	1594	ISIDRO DUARTE	44	M4044	50	M			RB RUNNING	00:43:51	00:43:20
281	1333	RICARDO VICENTE	38	M2039	128	M			ID VIEIRENSE	00:43:52	00:43:38
282	1401	JOAQUIM BELO	45	M4549	41	M			INDIVIDUAL	00:43:52	00:43:51
283	1117	JORGE REIS	35	M2039	129	M			GD FREG VIDAIS	00:43:53	00:43:37
284	1199	JOSE B P DIAS	21	M2039	130	M			INDIVIDUAL	00:43:56	00:43:46
285	854	HELDER SILVA	41	M4044	51	M			AA CARTAXENSE	00:43:57	00:43:51
286	1342	ACACIO LAVOS	60	M6099	8	M			ID VIEIRENSE	00:43:57	00:43:38
287	346	JOSE DIONISIO	49	M4549	42	M			MULTIFLOW	00:43:59	00:43:49
288	1515	JOAO CAMPOS	53	M5054	28	M			INDIVIDUAL	00:43:59	00:43:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
289	1516	ODETE FIUZA	39	F2039	7	F			MARATONA CP	00:43:59	00:43:33
290	920	TIAGO VERMELHO	26	M2039	131	M			INDIVIDUAL	00:44:00	00:43:59
291	1376	MARIO LOURENÇO	46	M4549	43	M			C PRAÇAS ARMADA	00:44:00	00:43:56
292	600	EDGAR FRANCISCO	46	M4549	44	M			URD ARRANHO	00:44:01	00:43:51
293	755	ANTONIO P LOPES	51	M5054	29	M			CC ARGANIL	00:44:01	00:43:58
294	1540	LEONEL RODRIGUES	57	M5559	15	M			GDR FIGUEIRAS	00:44:03	00:44:02
295	440	MARCO MELO	36	M2039	132	M			A VALE SILENCIO	00:44:04	00:43:54
296	1038	VITOR MANSO	51	M5054	30	M			GD FREG VIDAIS	00:44:04	00:43:49
297	568	PEDRO AFONSO	44	M4044	52	M			INDIVIDUAL	00:44:05	00:44:02
298	63	PAULO BASILIO	44	M4044	53	M			OS ZATOPEQUES	00:44:07	00:43:47
299	1561	CAMILO TARMAHOMED	39	M2039	133	M			INDIVIDUAL	00:44:07	00:44:07
300	123	JOSE NOBRE	48	M4549	45	M			ADCR POLICIA	00:44:08	00:43:50
301	753	ANTONIO BATALHA	58	M5559	16	M			SCALABIS N	00:44:08	00:44:06
302	897	CUSTÓDIO ANTÓNIO	34	M2039	134	M			CD ASAS MILENIUM	00:44:09	00:44:07
303	906	CARMEN PIRES	34	F2039	8	F			CD ASAS MILENIUM	00:44:09	00:44:08
304	483	JORGE SANTOS	46	M4549	46	M			CCR ALTO MOINHO	00:44:10	00:43:16
305	484	ANTONIO P AIRES	50	M5054	31	M			CCR ALTO MOINHO	00:44:10	00:43:26
306	1196	JOEL GUEDES	37	M2039	135	M			INDIVIDUAL	00:44:10	00:43:38
307	629	JOAO GONCALVES	39	M2039	136	M			MERIDIANOS	00:44:11	00:44:08
308	777	JOAO P SERODIO	33	M2039	137	M			INDIVIDUAL	00:44:11	00:43:35
309	1305	SERGIO SANTOS	39	M2039	138	M			INDIVIDUAL	00:44:12	00:44:02
310	1306	PAULA LEMOS	45	F4599	2	F			GARMIN/CO OEIRAS	00:44:12	00:00:00
311	469	RICARDO BAIXINHO	24	M2039	139	M			ARBITROS FUTEBOL	00:44:13	00:44:13
312	610	LUÍS SANTOS	38	M2039	140	M			OS TUGAS	00:44:15	00:00:00
313	1358	CARLOS TEIXEIRA	39	M2039	141	M			GD SANTANDER	00:44:15	00:00:00
314	620	GONÇALO FERREIRA	38	M2039	142	M			INDIVIDUAL	00:44:17	00:44:06
315	397	JOSE MELO	50	M5054	32	M			NAZ ABOBODA	00:44:18	00:43:59
316	1234	RUI PINTO	46	M4549	47	M			CR CRUZ PAU	00:44:21	00:44:10
317	978	JOSE M P FIGUEIREDO	41	M4044	54	M			INDIVIDUAL	00:44:23	00:44:13
318	205	ANTONIO GONÇALVES	46	M4549	48	M			CCDT METRO LX	00:44:25	00:44:13
319	206	ANTONIO PEREIRA	47	M4549	49	M			CCDT METRO LX	00:44:25	00:44:08
320	836	JOSE CABRAL	54	M5054	33	M			GDT JF TRAFARIA	00:44:26	00:44:18
321	857	ANTÓNIO VILELA	42	M4044	55	M			INDIVIDUAL	00:44:27	00:44:24
322	803	JOSE BERNARDO	43	M4044	56	M			INDIVIDUAL	00:44:28	00:44:19
323	853	RICARDO TAVARES	30	M2039	143	M			INDIVIDUAL	00:44:28	00:44:10
324	246	CARLOS CALDEIRA	48	M4549	50	M			A DANIEL CALDEIRA	00:44:31	00:44:20
325	733	RAUL SANTOS	54	M5054	34	M			SEMPRE ANDAR	00:44:33	00:44:33
326	1045	AUGUSTO SEMEDO	53	M5054	35	M			CR PENTEADO	00:44:33	00:44:27
327	888	JOAO CARMO	39	M2039	144	M			UNIDADE	00:44:34	00:44:21
328	765	JOSE SOUSA	61	M6099	9	M			AC PORTO SALVO	00:44:38	00:44:34
329	951	JOAO ALVES	44	M4044	57	M			AMCR FONTE	00:44:41	00:44:33
330	1555	VALTER MORAIS	28	M2039	145	M			INDIVIDUAL	00:44:42	00:44:41



Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
331	185	CARLOS COELHO	50	M5054	36	M			GA MONSANTO	00:44:43	00:44:38
332	540	PAULO RANA	47	M4549	51	M			INDIVIDUAL	00:44:44	00:44:27
333	525	ANTONIO S COSTA	44	M4044	58	M			INDIVIDUAL	00:44:45	00:44:24
334	789	NUNO B COELHO	43	M4044	59	M			INDIVIDUAL	00:44:46	00:44:30
335	267	VITOR ANTUNES	56	M5559	17	M			C VETERANOS LIS	00:44:47	00:44:37
336	227	MIGUEL SOBRAL	33	M2039	146	M			OS ULTIMOS	00:44:48	00:44:26
337	683	JORGE PEREIRA	57	M5559	18	M			CD GRUPO BES	00:44:48	00:44:28
338	882	ANTONIO J CUNHA	36	M2039	147	M			MATILHA RADICAL	00:44:49	00:44:39
339	293	FERNANDO COSTA	42	M4044	60	M			AA AVIS	00:44:51	00:44:10
340	1205	CARLOS CRISTOVAO	36	M2039	148	M			GD IN CASA MOEDA	00:44:51	00:44:46
341	344	MIGUEL SAN PAYO	49	M4549	52	M			RUN 4 FUN	00:44:53	00:44:53
342	449	ANTONIO S DESIDERIO	44	M4044	61	M			RUN 4 FUN	00:44:53	00:44:53
343	531	ANTONIO REBELO	40	M4044	62	M			INDIVIDUAL	00:44:54	00:44:41
344	676	JOAO SILVA	48	M4549	53	M			OS NOMADAS	00:44:54	00:44:48
345	100	JOSE MAGALHAES	57	M5559	19	M			GD INE	00:44:56	00:44:33
346	1210	BERNARDO GRADISSIMO	53	M5054	37	M			NS SAO MIGUEL	00:44:56	00:44:55
347	605	LUIS FERREIRA	44	M4044	63	M			URD ARRANHO	00:44:58	00:44:48
348	1218	JOSE ALVES	62	M6099	10	M			NS SAO MIGUEL	00:44:58	00:44:56
349	49	PEDRO MARQUES	47	M4549	54	M			GD CHELAS	00:44:59	00:44:48
350	1330	HUGO SERRANO	34	M2039	149	M			URCA	00:44:59	00:44:53
351	196	FERNANDO GONÇALVES	44	M4044	64	M			GDCT UNICRE	00:45:01	00:44:55
352	382	LUIS MARIANO	49	M4549	55	M			GD AGUIAS MOITA	00:45:01	00:44:35
353	735	PAULO COSTA	31	M2039	150	M			PUMAS GUINCHO	00:45:01	00:44:34
354	828	JORGE SANTOS	58	M5559	20	M			C BENFICA ALG MEM	00:45:01	00:44:48
355	1315	MANUEL FONSECA	48	M4549	56	M			AA LEBRES SADO	00:45:02	00:44:57
356	1363	LUIS COITO	41	M4044	65	M			GD SANTANDER	00:45:02	00:44:40
357	1377	JOAO SANTOS	47	M4549	57	M			C PRAÇAS ARMADA	00:45:02	00:44:59
358	151	FRANCISCO CALÇADA	47	M4549	58	M			AÇOREANA C BANIF	00:45:04	00:44:57
359	79	FERNANDO RODRIGUES	47	M4549	59	M			C MILLENNIUM BCP	00:45:05	00:44:34
360	80	PAULO PAIS	46	M4549	60	M			C MILLENNIUM BCP	00:45:06	00:45:01
361	138	LUCIA OLIVEIRA	32	F2039	9	F			AÇOREANA C BANIF	00:45:07	00:44:54
362	35	GUSTAVO PEDROSA	30	M2039	151	M			C FERROV	00:45:08	00:44:56
363	1052	JOSE SIMÕES	49	M4549	61	M			CR PENTEADO	00:45:09	00:44:41
364	875	LICINIO SIMÕES	29	M2039	152	M			ATOMIC TEAM	00:45:10	00:44:51
365	873	EDUARDO LUÍS	33	M2039	153	M			ATOMIC TEAM	00:45:11	00:44:52
366	1475	TIAGO AVELAS	36	M2039	154	M			SS CGD	00:45:11	00:45:03
367	459	FABIO CATITA	18	M1819	8	M			C BENFICA	00:45:12	00:45:09
368	1418	HERNANI FERNANDES	40	M4044	66	M			INDIVIDUAL	00:45:12	00:44:28
369	1477	JOAQUIM FRADE	56	M5559	21	M			SS CGD	00:45:13	00:45:05
370	1040	RUBEN ROBALO	32	M2039	155	M			INDIVIDUAL	00:45:15	00:45:15
371	1146	ALEXANDRE DIAS	42	M4044	67	M			INDIVIDUAL	00:45:18	00:44:41
372	1588	AUGUSTO FERNANDES	55	M5559	22	M			GDR RIBEIRINHOS	00:45:18	00:44:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
373	266	JOSE GABRIEL	62	M6099	11	M		C VETERANOS LIS	00:45:22	00:45:22
374	183	ALFREDO SOUSA	56	M5559	23	M		TIRAPICOS	00:45:23	00:45:17
375	50	JORGE MARQUES	42	M4044	68	M		GD CHELAS	00:45:24	00:45:07
376	923	JOAO BRONZE	34	M2039	156	M		INDIVIDUAL	00:45:24	00:45:07
377	116	JOSE OLIVEIRA	38	M2039	157	M		AA LEBRES SADO	00:45:27	00:44:56
378	1308	PEDRO MENDES	33	M2039	158	M		GARMIN/CO OEIRAS	00:45:27	00:44:57
379	1440	ARTUR TAVARES	46	M4549	62	M		INDIVIDUAL	00:45:29	00:45:24
380	1385	BRUNO SILVA	37	M2039	159	M		O MUNDO CORRIDA	00:45:32	00:45:24
381	347	GASPAR LANDEIRO	51	M5054	38	M		MULTIFLOW	00:45:33	00:45:29
382	1543	EVANGELINO CARDEIRA	56	M5559	24	M		GDR FIGUEIRAS	00:45:33	00:45:05
383	97	CARLOS ALBERTO	53	M5054	39	M		GD INE	00:45:34	00:45:31
384	766	MANUEL ALVES	45	M4549	63	M		AC PORTO SALVO	00:45:34	00:45:29
385	953	RUI PEREIRA	31	M2039	160	M		AMCR FONTE	00:45:35	00:44:50
386	710	JOAO BENTO	43	M4044	69	M		BUERAPIDOS	00:45:38	00:44:58
387	517	JOAQUIM P MARQUES	42	M4044	70	M		INDIVIDUAL	00:45:39	00:45:31
388	529	MIGUEL GOMES	41	M4044	71	M		INDIVIDUAL	00:45:39	00:44:53
389	602	PAULO TOMÁS	39	M2039	161	M		URD ARRANHO	00:45:39	00:45:28
390	1081	ARMANDO CORREIA	60	M6099	12	M		CR LEOES P SALVO	00:45:39	00:45:30
391	471	HELDER MALHEIRO	31	M2039	162	M		ARBITROS FUTEBOL	00:45:42	00:44:51
392	494	JOAO CALDAS	45	M4549	64	M		CLUBE AUTOCOOPE	00:45:42	00:45:18
393	585	ALEXANDRE VAZ	38	M2039	163	M		GE OS	00:45:43	00:45:11
394	810	ANTONIO FIGUEIREDO	31	M2039	164	M		INDIVIDUAL	00:45:43	00:45:43
395	1303	LEONEL S JOSE	42	M4044	72	M		GARMIN/CO OEIRAS	00:45:43	00:45:14
396	1474	ANTONIO TABORDA	61	M6099	13	M		SS CGD	00:45:43	00:45:19
397	355	VENANCIO GUERREIRO	57	M5559	25	M		A SACAVENENSE	00:45:46	00:45:41
398	88	ANTONIO BRAGA	52	M5054	40	M		C MILLENNIUM BCP	00:45:47	00:45:43
399	1549	JOAO CRESPO	49	M4549	65	M		INDIVIDUAL	00:45:47	00:45:43
400	1184	CECILIA SHINN	35	F2039	10	F		INDIVIDUAL	00:45:48	00:45:19
401	1368	LUIS CONCEIÇÃO	34	M2039	165	M		C PRAÇAS ARMADA	00:45:48	00:45:31
402	1270	JOSE REIS	57	M5559	26	M		CP IVA	00:45:50	00:45:28
403	1215	FERNANDO SANTOS	58	M5559	27	M		NS SAO MIGUEL	00:45:51	00:45:46
404	1294	DANIEL SILVA	51	M5054	41	M		GD SÃO DOMINGOS	00:45:51	00:45:24
405	938	MARCO MIGUEL	21	M2039	166	M		PINHAL BIKE TEAM	00:45:53	00:45:22
406	691	JOAO BORREGA	46	M4549	66	M		CD GRUPO BES	00:45:54	00:45:35
407	1202	MANUEL GABOLEIRO	41	M4044	73	M		INGLESES FC	00:45:54	00:00:00
408	1546	DIAMANTINO CRUZ	54	M5054	42	M		GDR FIGUEIRAS	00:45:54	00:45:41
409	340	PAULO ALMEIDA	44	M4044	74	M		GD BANCO BPI	00:45:55	00:45:05
410	409	JOSE FELIX	54	M5054	43	M		CAMARA L CLUBE	00:45:57	00:45:49
411	392	JOAO SILVA	48	M4549	67	M		NAZ ABOBODA	00:46:00	00:45:56
412	786	JOAO BALSINHA	58	M5559	28	M		INDIVIDUAL	00:46:00	00:45:55
413	817	LUIS M ROQUE	42	M4044	75	M		AMIGOS PARQUE	00:46:00	00:45:26
414	1071	BRUNO SÁ	20	M2039	167	M		CR LEOES P SALVO	00:46:02	00:45:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
415	306	RAUL GODINHO	48	M4549	68	M		OS PALITOS	00:46:04	00:45:45
416	1186	LUIS MARÇAL	33	M2039	168	M		INDIVIDUAL	00:46:05	00:45:21
417	922	RICARDO RESENDE	33	M2039	169	M		INDIVIDUAL	00:46:06	00:45:37
418	1075	RICARDO DAMIÃO	35	M2039	170	M		CR LEOES P SALVO	00:46:06	00:45:23
419	83	EDUARDO FERREIRA	36	M2039	171	M		C MILLENNIUM BCP	00:46:07	00:45:37
420	1161	JOAO RICO	28	M2039	172	M		BEAUTIFUL STYLUS	00:46:07	00:46:02
421	375	NUNO ANTUNES	42	M4044	76	M		GD DEUTSCHE	00:46:08	00:46:04
422	82	CARLOS TOME	60	M6099	14	M		C MILLENNIUM BCP	00:46:09	00:45:39
423	1388	JORGE PORTIJO	30	M2039	173	M		ACADEMIA KORPO	00:46:09	00:45:50
424	1472	ALVARO FURTADO	53	M5054	44	M		SS CGD	00:46:09	00:45:37
425	207	BARROS COSTA	55	M5559	29	M		CCDT METRO LX	00:46:11	00:45:23
426	218	ORLANDO SILVA	54	M5054	45	M		CCDT METRO LX	00:46:11	00:45:23
427	879	CARLOS M V D SILVA	37	M2039	174	M		MATILHA RADICAL	00:46:11	00:46:01
428	692	JOSE PEQUENO	36	M2039	175	M		CD GRUPO BES	00:46:12	00:45:51
429	1452	MARIO AMARO	44	M4044	77	M		INDIVIDUAL	00:46:12	00:46:01
430	263	JULIO LOPES	37	M2039	176	M		C VETERANOS LIS	00:46:13	00:46:07
431	1436	CARLOS SOUSA	54	M5054	46	M		INDIVIDUAL	00:46:13	00:46:13
432	952	JOAO CORTE-REAL	48	M4549	69	M		AMCR FONTE	00:46:15	00:45:29
433	1249	JOSE COSTA	45	M4549	70	M		BOLOTAOBRA	00:46:15	00:46:06
434	1599	JOSE CARVALHO	18	M1819	9	M		OS SANTARENOS	00:46:15	00:46:04
435	29	GUILHERME GONÇALVES	51	M5054	47	M		C FERROV	00:46:18	00:46:16
436	823	ERNESTO GUIA	57	M5559	30	M		ACD BOCAL	00:46:22	00:46:02
437	1322	PEDRO ANTUNES	37	M2039	177	M		OESTE RUNNING	00:46:22	00:45:58
438	751	NUNO CHARRUA	35	M2039	178	M		INDIVIDUAL	00:46:23	00:46:13
439	1028	HUGO REBELO	37	M2039	179	M		INDIVIDUAL	00:46:23	00:46:23
440	19	HUGO BARRA	35	M2039	180	M		MADURO ATHLETICS	00:46:24	00:46:24
441	105	CONSTANTINO MENDAO	51	M5054	48	M		AA LEBRES SADO	00:46:25	00:46:09
442	1598	JOAO CARVALHO	43	M4044	78	M		OS SANTARENOS	00:46:25	00:46:14
443	1113	MANUEL MARTINS	42	M4044	79	M		ACADEMIA LUMIAR	00:46:27	00:46:12
444	982	PAULO VALADA	46	M4549	71	M		ARC SOCASA	00:46:28	00:46:12
445	1085	GONÇALO CARVALHO	37	M2039	181	M		GUARDS N	00:46:29	00:46:03
446	223	RUI ARAUJO	53	M5054	49	M		CCDT METRO LX	00:46:32	00:00:00
447	945	JOAO MIRANDA	24	M2039	182	M		INDIVIDUAL	00:46:32	00:46:28
448	864	PAULA ABEGÃO	43	F4044	1	F		CLAC	00:46:34	00:46:34
449	264	JACINTO FERREIRA	54	M5054	50	M		C VETERANOS LIS	00:46:39	00:46:36
450	527	JOSE LEAL	35	M2039	183	M		MARINHAIS AC	00:46:39	00:46:25
451	806	RUI PANCADARES	37	M2039	184	M		INDIVIDUAL	00:46:39	00:46:39
452	1225	DIOGO COSTA	63	M6099	15	M		CR CRUZ PAU	00:46:39	00:46:31
453	909	VÍTOR VELOSO	36	M2039	185	M		CD ASAS MILENIUM	00:46:40	00:46:12
454	1042	PAULO POIARES	35	M2039	186	M		INDIVIDUAL	00:46:40	00:46:34
455	1229	NASCIMENTO	55	M5559	31	M		CR CRUZ PAU	00:46:40	00:46:31
456	149	FERNANDO ANDRADE	57	M5559	32	M		AÇOREANA C BANIF	00:46:41	00:46:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
457	903	CARLOS CERQUEIRA	34	M2039	187	M			CD ASAS MILENIUM	00:46:41	00:46:13
458	1431	JOSE SARAIVA	43	M4044	80	M			INDIVIDUAL	00:46:46	00:46:42
459	913	PAULO LOPES	43	M4044	81	M			CD ASAS MILENIUM	00:46:47	00:46:22
460	1060	EDUARDO SOUSA	24	M2039	188	M			INDIVIDUAL	00:46:48	00:46:15
461	1129	PAULO LAPAO	45	M4549	72	M			INDIVIDUAL	00:46:48	00:46:32
462	1159	DOMINGOS PENEDO	54	M5054	51	M			NS SAO MIGUEL	00:46:48	00:46:48
463	887	PIFAS FONSECA	37	M2039	189	M			UNIDADE	00:46:49	00:00:00
464	1568	NELSON SANTOS	40	M4044	82	M			INDIVIDUAL	00:46:49	00:46:24
465	889	DAVID GANÇO	28	M2039	190	M			UNIDADE	00:46:50	00:00:00
466	1216	AURELIANO VIDEIRA	56	M5559	33	M			NS SAO MIGUEL	00:46:50	00:46:24
467	129	ANTONIO ANTUNES	45	M4549	73	M			O MUNDO CORRIDA	00:46:51	00:46:44
468	232	IVO FERREIRA	22	M2039	191	M			GD MACEDO	00:46:53	00:46:51
469	240	RUBEN FERREIRA	19	M1819	10	M			GD MACEDO	00:46:53	00:46:50
470	364	DAVID SANTOS	48	M4549	74	M			UDCA	00:46:54	00:46:00
471	522	JORGE D PINHEIRO	45	M4549	75	M			RUN 4 FUN	00:46:54	00:46:48
472	1187	DANIEL V SIMOES	38	M2039	192	M			INDIVIDUAL	00:46:54	00:45:54
473	845	RUI OLIVEIRA	38	M2039	193	M			2 FAST 4 YOU	00:46:55	00:46:37
474	993	JOSE PAJINHA	51	M5054	52	M			GD BV ALVERCA	00:46:56	00:46:17
475	64	JORGE LEITAO	47	M4549	76	M			OS ZATOPEQUES	00:46:57	00:46:43
476	543	MANUEL CUNHA	46	M4549	77	M			LEAIS BEIRA	00:46:57	00:46:13
477	134	ALEXANDRA ALVES	28	F2039	11	F			AÇOREANA C BANIF	00:46:58	00:46:57
478	566	CARLOS A C MENDES	54	M5054	53	M			4 AO KM	00:46:59	00:46:13
479	831	CARLOS M P BARROSO	34	M2039	194	M			INDIVIDUAL	00:47:00	00:46:11
480	1100	JOSE G P COELHO	30	M2039	195	M			INDIVIDUAL	00:47:00	00:46:27
481	365	LUIS GONÇALVES	32	M2039	196	M			UDCA	00:47:01	00:46:05
482	1030	HELDER MARTINHO	28	M2039	197	M			INDIVIDUAL	00:47:01	00:46:38
483	21	ALVARO PINTO	54	M5054	54	M			AD REAL ACADEMIA	00:47:02	00:46:21
484	1349	MANUEL ROBALO	66	M6099	16	M			GD SANTANDER	00:47:02	00:46:35
485	38	PEDRO RAMOS	36	M2039	198	M			C FERROV	00:47:03	00:46:36
486	125	JORGE MIMOSO	40	M4044	83	M			O MUNDO CORRIDA	00:47:03	00:46:22
487	411	RUBEN SILVA	55	M5559	34	M			CAMARA L CLUBE	00:47:04	00:46:23
488	493	ANTONIO ALMEIDA	48	M4549	78	M			CLUBE AUTOCOOPE	00:47:04	00:46:52
489	1457	GERMANO MATOS	63	M6099	17	M			INDIVIDUAL	00:47:04	00:46:23
490	852	JOAO MACHADO	41	M4044	84	M			HABITAR	00:47:05	00:00:00
491	213	JOSE SANTOS	42	M4044	85	M			CCDT METRO LX	00:47:06	00:46:17
492	418	JOSE S AUGUSTO	50	M5054	55	M			PERSISTENTES	00:47:06	00:47:04
493	150	FERNANDO CELESTINO	53	M5054	56	M			AÇOREANA C BANIF	00:47:09	00:46:56
494	1152	JOAO ALMEIDA	34	M2039	199	M			MAROTAS RUNNERS	00:47:10	00:47:07
495	776	CARLOS M S CAEIRO	57	M5559	35	M			INDIVIDUAL	00:47:11	00:47:06
496	547	NUNO M M TEMPERA	42	M4044	86	M			RUN 4 FUN	00:47:12	00:47:10
497	1439	ANTONIO C BRITO	45	M4549	79	M			INDIVIDUAL	00:47:12	00:47:04
498	595	MIGUEL DIAS	40	M4044	87	M			RUN 4 FUN	00:47:14	00:47:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
499	9	JOAQUIM CARMO	45	M4549	80	M		CUA	00:47:17	00:46:55
500	202	FERNANDO MARQUES	62	M6099	18	M		CP EDP	00:47:17	00:47:04
501	1547	EDILSON SILVA	35	M2039	200	M		INDIVIDUAL	00:47:17	00:47:06
502	1453	JORGE MIRANDA	44	M4044	88	M		INDIVIDUAL	00:47:19	00:47:17
503	120	JOAQUIM SILVA	43	M4044	89	M		ADCR POLICIA	00:47:20	00:46:51
504	122	VIRGILIO OLIVEIRA	51	M5054	57	M		ADCR POLICIA	00:47:20	00:47:02
505	816	JORGE ALVES	56	M5559	36	M		AMIGOS PARQUE	00:47:20	00:00:00
506	935	JOAO BIAIO	48	M4549	81	M		PINHAL BIKE TEAM	00:47:20	00:46:50
507	986	RICARDO VITORINO	28	M2039	201	M		OUR TEAM	00:47:20	00:46:24
508	989	RICARDO FERREIRA	29	M2039	202	M		OUR TEAM	00:47:20	00:46:24
509	530	NUNO MARQUES	44	M4044	90	M		RUN 4 FUN	00:47:21	00:47:20
510	237	LUIS MACEDO	32	M2039	203	M		GD MACEDO	00:47:23	00:46:54
511	1421	MANUEL J S RAMOS	42	M4044	91	M		INDIVIDUAL	00:47:23	00:47:18
512	174	TAM AFONSO	59	M5559	37	M		AÇOREANA C BANIF	00:47:25	00:47:24
513	809	HUGO ROCHA	30	M2039	204	M		ZEZES	00:47:27	00:47:21
514	1403	JOSE FERRAZ	49	M4549	82	M		INDIVIDUAL	00:47:27	00:47:26
515	832	PEDRO MENDES	26	M2039	205	M		RUN 4 FUN	00:47:29	00:47:25
516	93	HUGO LUZ	47	M4549	83	M		C MILLENNIUM BCP	00:47:30	00:47:17
517	94	JAIME LUZ	18	M1819	11	M		C MILLENNIUM BCP	00:47:30	00:47:16
518	1137	CARLOS MARQUES	41	M4044	92	M		INDIVIDUAL	00:47:31	00:47:25
519	1209	ANTONIO GOMES	43	M4044	93	M		NS SAO MIGUEL	00:47:32	00:47:18
520	305	ARNALDO JUNIOR	42	M4044	94	M		OS PALITOS	00:47:35	00:46:36
521	1033	JOAO LUZ	35	M2039	206	M		A PANDILHA JOVEM	00:47:35	00:47:12
522	775	FILIFE SANTOS	29	M2039	207	M		INDIVIDUAL	00:47:36	00:47:34
523	1531	MARIO PEREIRA	39	M2039	208	M		GDU CAXIENSES	00:47:36	00:47:35
524	679	MANUEL FIDALGO	59	M5559	38	M		OS NOMADAS	00:47:39	00:47:38
525	1262	HENRIQUE F SILVA	57	M5559	39	M		TEJAVISTA	00:47:39	00:47:26
526	677	JOSE BARROCO	53	M5054	58	M		OS NOMADAS	00:47:40	00:47:38
527	1077	MANUEL RODRIGUES	53	M5054	59	M		CR LEOES P SALVO	00:47:40	00:47:17
528	1244	ANA COSTA	20	F2039	12	F		ODIMARQ	00:47:40	00:46:58
529	39	CARLOS SANTOS	59	M5559	40	M		C FERROV	00:47:41	00:47:27
530	98	FABIO CRUZ	24	M2039	209	M		GD INE	00:47:41	00:47:23
531	145	ARLINDO DUARTE	47	M4549	84	M		AÇOREANA C BANIF	00:47:42	00:47:24
532	665	DUARTE CALDEIRA	33	M2039	210	M		INDIVIDUAL	00:47:42	00:47:35
533	783	FERNANDO CARMO	49	M4549	85	M		SPORTISEL	00:47:42	00:47:03
534	1083	LUISA SANTO	44	F4044	2	F		CR LEOES P SALVO	00:47:42	00:00:00
535	133	ANTONIO ALMEIDA	49	M4549	86	M		O MUNDO CORRIDA	00:47:43	00:47:14
536	843	ANABELA CARVALHO	47	F4599	3	F		GD SÃO DOMINGOS	00:47:43	00:47:37
537	1324	JOAO TRAVADO	41	M4044	95	M		OESTE RUNNING	00:47:44	00:47:26
538	334	JOAO REVES	39	M2039	211	M		LESMAS	00:47:45	00:47:32
539	1378	MANUEL JACINTO	55	M5559	41	M		C PRAÇAS ARMADA	00:47:45	00:47:20
540	939	EURICO GERVÁSIO	27	M2039	212	M		PINHAL BIKE TEAM	00:47:46	00:47:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
541	740	RUTH LOPES	40	F4044	3	F			PUMAS GUINCHO	00:47:48	00:47:03
542	911	VÍTOR MANETA	51	M5054	60	M			CD ASAS MILENIUM	00:47:48	00:47:19
543	781	JOAO HENRIQUES	49	M4549	87	M			SPORTISEL	00:47:49	00:47:11
544	1323	RUI SALES	44	M4044	96	M			OESTE RUNNING	00:47:52	00:47:27
545	115	MANUEL BAPTISTA	62	M6099	19	M			AA LEBRES SADO	00:47:53	00:00:00
546	198	FERNANDO LUZ	42	M4044	97	M			GDCT UNICRE	00:47:53	00:47:17
547	1351	JOSE PEREIRA	42	M4044	98	M			GD SANTANDER	00:47:54	00:47:26
548	216	NUNO AZEVEDO	33	M2039	213	M			CCDT METRO LX	00:47:55	00:47:05
549	820	CARLOS PEDRO	40	M4044	99	M			ACD BOCAL	00:47:55	00:46:57
550	821	TELMO COELHO	36	M2039	214	M			ACD BOCAL	00:47:55	00:46:57
551	212	JOAO SEQUEIRA	49	M4549	88	M			CCDT METRO LX	00:47:56	00:47:06
552	615	PAULA SANTOS	42	F4044	4	F			OS TUGAS	00:47:56	00:47:43
553	822	MARCO BAPTISTA	30	M2039	215	M			ACD BOCAL	00:47:56	00:46:57
554	956	SÉRGIO CIPRIANO	33	M2039	216	M			AMCR FONTE	00:47:57	00:47:17
555	1413	ANTONIO V OLIVEIRA	53	M5054	61	M			INDIVIDUAL	00:47:58	00:47:51
556	1339	EDUARDO PIRES	49	M4549	89	M			ID VIEIRENSE	00:47:59	00:47:51
557	420	AGOSTINHO VALENTE	38	M2039	217	M			PERSISTENTES	00:48:00	00:47:57
558	1095	GILBERTO MORAIS	56	M5559	42	M			INGLESES FC	00:48:01	00:47:59
559	1299	ISABEL RODRIGUES	40	F4044	5	F			GARMIN/CO OEIRAS	00:48:02	00:47:43
560	1307	PAULO SANTOS	44	M4044	100	M			GARMIN/CO OEIRAS	00:48:03	00:47:35
561	109	ALVARO GINGADO	55	M5559	43	M			AA LEBRES SADO	00:48:04	00:47:52
562	131	HELDER TOME	41	M4044	101	M			O MUNDO CORRIDA	00:48:04	00:47:31
563	168	PEDRO SOUSA	30	M2039	218	M			AÇOREANA C BANIF	00:48:05	00:47:52
564	523	JORGE ESTEVES	47	M4549	90	M			RUN 4 FUN	00:48:10	00:48:04
565	673	OCTAVIO MORAIS	51	M5054	62	M			INDIVIDUAL	00:48:14	00:47:32
566	1103	CARLOS RAFAEL	19	M1819	12	M			INDIVIDUAL	00:48:17	00:48:07
567	626	GHEORGHE TICU	21	M2039	219	M			INDIVIDUAL	00:48:18	00:47:54
568	868	RUDOLFO NOBRE	32	M2039	220	M			INDIVIDUAL	00:48:18	00:48:13
569	369	VIRGILIO NASCIMENTO	57	M5559	44	M			CA VALE FIGUEIRA	00:48:19	00:47:23
570	371	ANTONIO CAMACHO	59	M5559	45	M			CA VALE FIGUEIRA	00:48:19	00:47:22
571	902	TIAGO ANDRADE	28	M2039	221	M			CD ASAS MILENIUM	00:48:19	00:48:19
572	578	BRUNO AFONSO	34	M2039	222	M			METAVISTA	00:48:21	00:48:11
573	155	JORGE CANTEIRO	42	M4044	102	M			AÇOREANA C BANIF	00:48:23	00:48:06
574	171	RUI CANTEIRO	39	M2039	223	M			AÇOREANA C BANIF	00:48:23	00:48:06
575	180	FRANCISCO BANDO	60	M6099	20	M			MIRANTENSE FC	00:48:23	00:48:19
576	618	GRAÇA ROLDÃO	47	F4599	4	F			OS TUGAS	00:48:24	00:48:10
577	800	ALEXANDRINO AIRES	57	M5559	46	M			GRUPO S	00:48:28	00:48:10
578	940	RICARDO SILVA	38	M2039	224	M			INDIVIDUAL	00:48:28	00:48:07
579	1019	TIAGO MARTINS	27	M2039	225	M			INDIVIDUAL	00:48:28	00:48:07
580	656	SARA REIS	33	F2039	13	F			PE ATLETA	00:48:29	00:47:43
581	998	CLAUDIA REVEZ	29	F2039	14	F			INDIVIDUAL	00:48:30	00:48:10
582	322	DELSON MARQUES	36	M2039	226	M			CDR AGUIAS	00:48:31	00:47:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
583	294	PAULO RIBEIRO	39	M2039	227	M			AA AVIS	00:48:33	00:47:38
584	739	JOSÉ LOPES	41	M4044	103	M			PUMAS GUINCHO	00:48:34	00:47:48
585	414	MADALENA BRANCO	39	F2039	15	F			CAMARA L CLUBE	00:48:36	00:47:55
586	178	CARLOS VITORINO	38	M2039	228	M			MIRANTENSE FC	00:48:37	00:47:40
587	1139	FRANCISCO B CARLOS	25	M2039	229	M			INDIVIDUAL	00:48:39	00:48:33
588	819	MIGUEL MARQUES	51	M5054	63	M			AMIGOS PARQUE	00:48:41	00:00:00
589	900	MIGUEL LOPES	35	M2039	230	M			CD ASAS MILENIUM	00:48:42	00:48:20
590	380	ANTONIO SILVANO	45	M4549	91	M			SOBRALPISO	00:48:43	00:47:45
591	1278	PAULO MARTINS	44	M4044	104	M			RUNNING OF D	00:48:43	00:47:44
592	182	ALESSANDRO ALMEIDA	33	M2039	231	M			MIRANTENSE FC	00:48:44	00:47:48
593	1296	ANTONIO PORTIJO	57	M5559	47	M			GD SÃO DOMINGOS	00:48:47	00:48:22
594	533	ANTONIO BOGAS	45	M4549	92	M			C BENFICA ALG MEM	00:48:48	00:48:09
595	634	ALEXANDRE MATEUS	35	M2039	232	M			INDIVIDUAL	00:48:50	00:47:55
596	1534	FERNANDO SANTOS	51	M5054	64	M			GDR FIGUEIRAS	00:48:50	00:48:42
597	1282	NUNO MONTEIRO	31	M2039	233	M			RUNNING OF D	00:48:51	00:47:50
598	51	AMERICO PIMENTA	46	M4549	93	M			GD CHELAS	00:48:52	00:48:49
599	257	MANUEL PEDRO	66	M6099	21	M			A DANIEL CALDEIRA	00:48:52	00:48:39
600	16	CARLOS SILVA	18	M1819	13	M			CUA	00:48:53	00:48:12
601	510	LEANDRO REIS	42	M4044	105	M			AA MAFRA	00:48:53	00:48:11
602	394	PAULINO PACHECO	55	M5559	48	M			NAZ ABOBODA	00:48:54	00:48:33
603	1597	TANIA PEDROSA	23	F2039	16	F			OS ZATOPQUES	00:48:54	00:48:44
604	714	ANTONIO R S JÚNIOR	44	M4044	106	M			INDIVIDUAL	00:48:55	00:48:55
605	827	VENTURA SARAIVA	60	M6099	22	M			C BENFICA ALG MEM	00:48:55	00:48:23
606	1055	RAUL GALVEIA	40	M4044	107	M			INDIVIDUAL	00:48:56	00:48:29
607	838	FABIO SANTOS	23	M2039	234	M			RUNNING OF D	00:49:00	00:48:01
608	1160	CLAUDIO SARAIVA	37	M2039	235	M			INDIVIDUAL	00:49:00	00:48:33
609	1183	JOAO TAVARES	36	M2039	236	M			INDIVIDUAL	00:49:00	00:48:04
610	22	CARLOS NEVES	59	M5559	49	M			AD REAL ACADEMIA	00:49:01	00:48:51
611	161	NELSON MOTA	41	M4044	108	M			AÇOREANA C BANIF	00:49:02	00:48:54
612	256	MARIO MIRA	45	M4549	94	M			A DANIEL CALDEIRA	00:49:03	00:48:52
613	298	JOAO JACINTO	54	M5054	65	M			CC LINDA A VELHA	00:49:04	00:48:56
614	401	ERNESTO MONTEIRO	40	M4044	109	M			CAMARA L CLUBE	00:49:05	00:48:26
615	146	ARMANDO PARREIRA	43	M4044	110	M			AÇOREANA C BANIF	00:49:06	00:48:58
616	242	VERONICA CORREIA	35	F2039	17	F			GD MACEDO	00:49:06	00:48:26
617	732	CARLOS MACHADO	35	M2039	237	M			INDIVIDUAL	00:49:06	00:48:12
618	1417	MARIO SOUSA	57	M5559	50	M			INDIVIDUAL	00:49:08	00:48:35
619	1111	JOAO SILVA	42	M4044	111	M			ACADEMIA LUMIAR	00:49:11	00:48:31
620	708	HELIO SANTOS	27	M2039	238	M			BUERAPIDOS	00:49:12	00:48:31
621	709	LUIS PENTEADO	40	M4044	112	M			BUERAPIDOS	00:49:12	00:48:31
622	1112	NORBERTO COELHO	55	M5559	51	M			ACADEMIA LUMIAR	00:49:12	00:48:33
623	1	HONORATO MOURA	31	M2039	239	M			INDIVIDUAL	00:49:13	00:00:00
624	587	RICARDO FRANCO	39	M2039	240	M			INDIVIDUAL	00:49:14	00:48:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
625	1026	PEDRO FERNANDES	39	M2039	241	M		CASCAIS PANDILHA	00:49:14	00:48:45
626	1406	CARLOS M O SILVA	46	M4549	95	M		INDIVIDUAL	00:49:14	00:49:10
627	57	CARLOS ANDRADE	41	M4044	113	M		GD CHELAS	00:49:15	00:00:00
628	1217	JOAQUIM NEIVA	68	M6099	23	M		NS SAO MIGUEL	00:49:16	00:48:57
629	571	ANALICE SILVA	68	F4599	5	F		LIBERDADE AC	00:49:17	00:49:15
630	652	FRANCISCO SILVA	51	M5054	66	M		FALÇOES	00:49:18	00:49:16
631	715	LUIS RAMOS	32	M2039	242	M		INDIVIDUAL	00:49:19	00:49:07
632	990	JOAO LOBO	28	M2039	243	M		INDIVIDUAL	00:49:20	00:49:07
633	992	JOSE NETO	54	M5054	67	M		GD BV ALVERCA	00:49:21	00:48:46
634	114	NAPOLEAO LEAL	59	M5559	52	M		AA LEBRES SADO	00:49:23	00:49:11
635	195	GONÇALO OLIVEIRA	49	M4549	96	M		GDCT UNICRE	00:49:23	00:48:48
636	1530	IDALECIO BARROS	57	M5559	53	M		GDU CAXIENSES	00:49:24	00:49:24
637	688	SILVIO PAIVA	60	M6099	24	M		CD GRUPO BES	00:49:25	00:49:06
638	700	GUILHERME ROSA	47	M4549	97	M		N A CNAS	00:49:25	00:49:17
639	363	JOAQUIM CRISPIM	55	M5559	54	M		UDCA	00:49:26	00:48:32
640	961	RUI OLIVEIRA	38	M2039	244	M		RUN 4 FUN	00:49:28	00:49:10
641	60	CARLOS PEREIRA	29	M2039	245	M		OS ZATOPQUES	00:49:30	00:48:49
642	383	JAIME MESTRE	41	M4044	114	M		GD AGUIAS MOITA	00:49:31	00:49:05
643	488	AURELIO FERNANDES	56	M5559	55	M		CCR ALTO MOINHO	00:49:31	00:48:47
644	428	FILIPE RAMALHO	31	M2039	246	M		A VALE SILENCIO	00:49:32	00:49:04
645	453	NUNO HENRIQUES	44	M4044	115	M		TIRAPICOS	00:49:33	00:49:26
646	188	ANTONIO INGLES	53	M5054	68	M		GA MONSANTO	00:49:34	00:49:11
647	270	MANUEL R NUNES	55	M5559	56	M		OS NUNES	00:49:34	00:49:21
648	711	FERNANDO CARVALHO	40	M4044	116	M		BUERAPIDOS	00:49:35	00:48:52
649	486	JOAO BATISTA	54	M5054	69	M		CCR ALTO MOINHO	00:49:38	00:48:54
650	25	JOAO VERISSIMO	53	M5054	70	M		AD REAL ACADEMIA	00:49:39	00:49:01
651	111	LUIS SANTOS	46	M4549	98	M		AA LEBRES SADO	00:49:40	00:48:41
652	1241	EDUARDO TANGANHITO	64	M6099	25	M		ODIMARQ	00:49:40	00:49:39
653	437	LUCIANO TOMAS	55	M5559	57	M		A VALE SILENCIO	00:49:41	00:49:17
654	1069	SÉRGIO MÓNICA	41	M4044	117	M		INDIVIDUAL	00:49:41	00:49:00
655	179	CARLOS LOPES	37	M2039	247	M		MIRANTENSE FC	00:49:43	00:49:19
656	674	TINA OLIVEIRA	47	F4599	6	F		CDR AGUIAS	00:49:43	00:49:25
657	1395	DAVID FERNANDES	37	M2039	248	M		CRD ARRUDENSE	00:49:43	00:00:00
658	280	LUIS TORRAO	57	M5559	58	M		GDCT REPSOL	00:49:44	00:49:06
659	719	JORGE NUNES	45	M4549	99	M		INDIVIDUAL	00:49:44	00:48:41
660	1285	RUI PESSOA	20	M2039	249	M		RUNNING OF D	00:49:45	00:48:47
661	1359	CARLOS PEREIRA	41	M4044	118	M		GD SANTANDER	00:49:45	00:48:54
662	511	JOSE CARLOS	48	M4549	100	M		AA MAFRA	00:49:47	00:49:18
663	1468	JOSE CAETANO	59	M5559	59	M		INDIVIDUAL	00:49:47	00:49:11
664	825	LUIS BATISTA	41	M4044	119	M		INDIVIDUAL	00:49:48	00:49:25
665	1009	JOSE VALERIO	66	M6099	26	M		INDIVIDUAL	00:49:48	00:49:43
666	718	MANUEL TRINDADE	55	M5559	60	M		INDIVIDUAL	00:49:50	00:49:47



Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
667	1116	JOAO COSTA	49	M4549	101	M			INDIVIDUAL	00:49:50	00:49:18
668	1471	JOSE ALVES	62	M6099	27	M			SS CGD	00:49:50	00:48:56
669	1024	TIAGO COSTA	37	M2039	250	M			CASCAIS PANDILHA	00:49:52	00:49:23
670	621	JOAO R REIS	60	M6099	28	M			INDIVIDUAL	00:49:53	00:49:50
671	328	JOSE BELCHIOR	59	M5559	61	M			OS PERIGOSOS	00:49:54	00:49:43
672	750	JORGE SANTOS	34	M2039	251	M			INDIVIDUAL	00:49:55	00:49:32
673	1181	JOSE GONÇALVES	36	M2039	252	M			INDIVIDUAL	00:49:58	00:49:54
674	66	JOSE MORAIS	50	M5054	71	M			OS ZATOPEQUES	00:50:01	00:49:23
675	829	ALEXANDRINO AIRES	57	M5559	62	M			INDIVIDUAL	00:50:01	00:50:01
676	299	LUIS ALMEIDA	40	M4044	120	M			CC LINDA A VELHA	00:50:02	00:49:54
677	152	FRANCISCO PEREIRA	44	M4044	121	M			AÇOREANA C BANIF	00:50:03	00:49:55
678	224	CARLOS DAMASIO	39	M2039	253	M			OS ULTIMOS	00:50:03	00:49:41
679	225	HUGO NETO	32	M2039	254	M			OS ULTIMOS	00:50:03	00:49:40
680	332	ALCIDES NUNES	53	M5054	72	M			OS PERIGOSOS	00:50:04	00:49:09
681	1404	PEDRO GONÇALVES	57	M5559	63	M			INDIVIDUAL	00:50:04	00:49:17
682	1430	JOSE NUNES	40	M4044	122	M			INDIVIDUAL	00:50:04	00:49:11
683	1374	JOSE MATOS	43	M4044	123	M			C PRAÇAS ARMADA	00:50:06	00:49:59
684	1219	SONIA CAIXEIRINHO	41	F4044	6	F			RB RUNNING	00:50:07	00:50:01
685	1046	FERNANDO PERNAS	38	M2039	255	M			CR PENTEADO	00:50:09	00:49:36
686	929	DAVID PINHEIRO	33	M2039	256	M			A FUTSAL ODIVELAS	00:50:10	00:49:27
687	727	FRANCISCO VAL	19	M1819	14	M			CORRER POR	00:50:11	00:50:02
688	844	HELDER FERNANDES	31	M2039	257	M			2 FAST 4 YOU	00:50:11	00:49:51
689	703	JOSE HENRIQUES	40	M4044	124	M			INDIVIDUAL	00:50:12	00:50:12
690	104	PAULO PUGA	45	M4549	102	M			GD INE	00:50:13	00:50:00
691	108	PAULO FERNANDES	39	M2039	258	M			AA LEBRES SADO	00:50:13	00:49:25
692	445	RICARDO PEREIRA	35	M2039	259	M			A VALE SILENCIO	00:50:13	00:49:42
693	1155	TIAGO PIMENTA	34	M2039	260	M			INDIVIDUAL	00:50:13	00:49:51
694	89	PAULO CAETANO	43	M4044	125	M			C MILLENNIUM BCP	00:50:14	00:49:44
695	1316	PAULO MOTA	44	M4044	126	M			AA LEBRES SADO	00:50:14	00:49:14
696	1409	LUIS M M VIEIRA	41	M4044	127	M			INDIVIDUAL	00:50:14	00:50:05
697	1320	ANTONIO BERNARDES	62	M6099	29	M			OESTE RUNNING	00:50:16	00:49:52
698	919	DAVID GONÇALVES	36	M2039	261	M			INDIVIDUAL	00:50:18	00:49:41
699	160	MICHEL COSTA	40	M4044	128	M			AÇOREANA C BANIF	00:50:19	00:50:14
700	651	JORGE ZENHA	48	M4549	103	M			FALÇOES	00:50:19	00:49:59
701	748	PEDRO MACEDO	31	M2039	262	M			INDIVIDUAL	00:50:20	00:49:55
702	738	RUI ROSA	54	M5054	73	M			PUMAS GUINCHO	00:50:21	00:49:52
703	1371	RUI INFANTE	40	M4044	129	M			C PRAÇAS ARMADA	00:50:23	00:50:13
704	1373	JOSE INFANTE	43	M4044	130	M			C PRAÇAS ARMADA	00:50:23	00:50:12
705	1380	POSSIDONIO CONSTANTINO	59	M5559	64	M			C PRAÇAS ARMADA	00:50:23	00:50:12
706	75	LEONEL BRANDAO	44	M4044	131	M			C MILLENNIUM BCP	00:50:24	00:50:02
707	379	JESUS M JORGE	38	M2039	263	M			SOBRALPISO	00:50:25	00:49:44
708	1284	PAULO MOTA	29	M2039	264	M			RUNNING OF D	00:50:27	00:49:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
709	741	MARIO ALVES	56	M5559	65	M			PUMAS GUINCHO	00:50:30	00:50:04
710	1194	JOSE C FORTE	52	M5054	74	M			REPORTPRO	00:50:32	00:50:13
711	813	JOAQUIM DAMAS	57	M5559	66	M			INDIVIDUAL	00:50:34	00:50:20
712	1292	HENRIQUE RUAS	71	M6099	30	M			CCD O ALVITEJO	00:50:35	00:50:24
713	1012	MANUEL BATISTA	46	M4549	104	M			GAA VILA FRANCA	00:50:36	00:49:42
714	319	VENANCIO BRANCO	42	M4044	132	M			TECNOSPIE	00:50:38	00:50:05
715	666	MAURICIO ANTUNES	27	M2039	265	M			INDIVIDUAL	00:50:38	00:50:30
716	856	JOAO VEIGA	23	M2039	266	M			RUN 4 FUN	00:50:38	00:50:32
717	467	HUGO RIBEIRO	30	M2039	267	M			ARBITROS FUTEBOL	00:50:41	00:49:50
718	402	CARLOS FERREIRA	47	M4549	105	M			CAMARA L CLUBE	00:50:42	00:49:54
719	462	TIAGO TRIGO	39	M2039	268	M			ARBITROS FUTEBOL	00:50:42	00:49:56
720	465	ALEXANDRE BENTO	38	M2039	269	M			ARBITROS FUTEBOL	00:50:42	00:49:53
721	220	PEDRO CUNHA	48	M4549	106	M			CCDT METRO LX	00:50:43	00:49:55
722	460	ANDRE CAMPOS	33	M2039	270	M			ARBITROS FUTEBOL	00:50:43	00:49:54
723	464	JOSE GOMES	34	M2039	271	M			ARBITROS FUTEBOL	00:50:43	00:49:55
724	466	JOAO CAPELA	37	M2039	272	M			ARBITROS FUTEBOL	00:50:43	00:49:50
725	725	ALMERINDO SILVA	52	M5054	75	M			ADC CATUJAL	00:50:43	00:50:00
726	461	PEDRO PROENÇA	41	M4044	133	M			ARBITROS FUTEBOL	00:50:44	00:49:50
727	1017	MARCO FIDALGO	35	M2039	273	M			GAA VILA FRANCA	00:50:44	00:50:23
728	1319	JOSE SERAFIM	55	M5559	67	M			GAA VILA FRANCA	00:50:44	00:50:39
729	429	HERNANI MONTEIRO	51	M5054	76	M			A VALE SILENCIO	00:50:45	00:50:45
730	473	DUARTE GOMES	38	M2039	274	M			ARBITROS FUTEBOL	00:50:45	00:49:51
731	1402	VITOR M M TEIXEIRA	52	M5054	77	M			INDIVIDUAL	00:50:45	00:50:18
732	276	CARLOS JESUS	61	M6099	31	M			GDCT REPSOL	00:50:47	00:50:25
733	536	RODOLFO CARNEIRO	23	M2039	275	M			JOÃO CARNEIRO	00:50:47	00:50:01
734	1381	ANTONIO BORLA	66	M6099	32	M			C PRAÇAS ARMADA	00:50:47	00:50:01
735	720	CARLOS M PENA	42	M4044	134	M			GRD RIBEIRA LAGE	00:50:50	00:50:43
736	271	DANIEL NUNES	31	M2039	276	M			OS NUNES	00:50:52	00:50:11
737	1348	JOAO ROCHA	60	M6099	33	M			GD SANTANDER	00:50:52	00:50:40
738	454	FERNANDO CARVALHO	46	M4549	107	M			GD INE	00:50:53	00:50:21
739	779	HUGO SILVA	38	M2039	277	M			INDIVIDUAL	00:50:53	00:50:53
740	898	JOAO FRANCO	57	M5559	68	M			CD ASAS MILENIUM	00:50:53	00:49:54
741	91	OSCAR MARQUES	58	M5559	69	M			C MILLENNIUM BCP	00:50:57	00:50:49
742	702	JOSE RODRIGUES	37	M2039	278	M			INDIVIDUAL	00:50:57	00:50:18
743	1499	PAULA CARDOSO	35	F2039	18	F			CC ARCOS	00:50:59	00:50:57
744	1562	NUNO VALENTE	33	M2039	279	M			INDIVIDUAL	00:51:00	00:50:42
745	1450	JEREMIAS RIBEIRO	68	M6099	34	M			INDIVIDUAL	00:51:01	00:50:27
746	730	ALFREDO FALCÃO	46	M4549	108	M			RUN 4 FUN	00:51:02	00:50:58
747	1456	CARLOS MARQUES	74	M6099	35	M			INDIVIDUAL	00:51:03	00:50:40
748	1420	RENE DUARTE	62	M6099	36	M			INDIVIDUAL	00:51:04	00:50:23
749	746	RUI CANDEIAS	38	M2039	280	M			FOGUETES 2	00:51:05	00:50:07
750	292	MANUEL SARAIVA	50	M5054	78	M			AA AVIS	00:51:09	00:50:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
751	1264	JOSE GOMES	58	M5559	70	M			TEJAVISTA	00:51:09	00:50:44
752	1304	LUIS PARRO	50	M5054	79	M			GARMIN/CO OEIRAS	00:51:09	00:50:20
753	226	LUIS FRANCO	59	M5559	71	M			OS ULTIMOS	00:51:10	00:50:40
754	698	PAULO NUNES	39	M2039	281	M			INDIVIDUAL	00:51:10	00:50:07
755	278	JOAQUIM RODRIGUES	70	M6099	37	M			GDCT REPSOL	00:51:13	00:50:51
756	279	MANUEL SEQUEIRA	61	M6099	38	M			GDCT REPSOL	00:51:14	00:50:54
757	450	JORGE LOPES	37	M2039	282	M			GD CHELAS	00:51:14	00:50:56
758	1400	ABILIO TAVARES	56	M5559	72	M			INDIVIDUAL	00:51:14	00:00:00
759	650	JOSE RIBEIRO	45	M4549	109	M			FALÇOES	00:51:15	00:50:53
760	1021	JOAO CAMPOS	42	M4044	135	M			INDIVIDUAL	00:51:16	00:50:57
761	904	CÉLIA DIAS	39	F2039	19	F			CD ASAS MILENIUM	00:51:17	00:50:55
762	62	FREDERIC SERRE	43	M4044	136	M			OS ZATOPEQUES	00:51:19	00:50:39
763	513	JOSE FERREIRA	47	M4549	110	M			INDIVIDUAL	00:51:19	00:50:56
764	1415	MIGUEL TEIXEIRA	38	M2039	283	M			INDIVIDUAL	00:51:21	00:51:17
765	1416	SANDRA TEIXEIRA	39	F2039	20	F			INDIVIDUAL	00:51:21	00:51:16
766	110	FERNANDO MENDES	64	M6099	39	M			AA LEBRES SADO	00:51:22	00:50:22
767	76	ANTONIO SOUSA	46	M4549	111	M			C MILLENNIUM BCP	00:51:23	00:50:47
768	1165	ANTONIO PATRICIO	47	M4549	112	M			INDIVIDUAL	00:51:23	00:50:51
769	670	ISABEL OLEIRO	38	F2039	21	F			SEMPRE ANDAR	00:51:24	00:51:24
770	381	CARLOS SECO	51	M5054	80	M			GD AGUIAS MOITA	00:51:25	00:51:00
771	1180	FERNANDO GIL	59	M5559	73	M			INDIVIDUAL	00:51:25	00:51:06
772	1253	LUIS MIRANDA	52	M5054	81	M			TEJAVISTA	00:51:25	00:50:56
773	1488	VANESSA REIS	33	F2039	22	F			WIKABOO	00:51:26	00:50:38
774	221	RAFAEL SANTOS	44	M4044	137	M			CCDT METRO LX	00:51:28	00:50:36
775	1362	LUCIO SILVA	45	M4549	113	M			GD SANTANDER	00:51:28	00:50:38
776	273	JORGE NEVES	43	M4044	138	M			OS NUNES	00:51:29	00:51:22
777	848	DAVID CLEMENTE	29	M2039	284	M			HABITAR	00:51:29	00:50:47
778	1350	ANASTACIO VALADAS	58	M5559	74	M			GD SANTANDER	00:51:32	00:50:43
779	395	VIRGILIO CARLOS	49	M4549	114	M			NAZ ABOBODA	00:51:33	00:51:12
780	417	SILVINO MARTINS	62	M6099	40	M			NA PALACIO	00:51:33	00:50:44
781	424	ANTONIO FERNANDES	55	M5559	75	M			A VALE SILENCIO	00:51:33	00:51:05
782	356	CARLOS PEREIRA	60	M6099	41	M			A SACAVENENSE	00:51:34	00:50:46
783	561	JOAQUIM PINTO	52	M5054	82	M			INDIVIDUAL	00:51:35	00:50:45
784	197	PEDRO FERREIRA	46	M4549	115	M			GDCT UNICRE	00:51:36	00:51:01
785	1497	MANUEL FONSECA	48	M4549	116	M			SL CAMPOLIDE	00:51:38	00:50:58
786	107	JOAQUIM FERNANDES	49	M4549	117	M			AA LEBRES SADO	00:51:40	00:50:40
787	936	JOAO C ALVES	36	M2039	285	M			PINHAL BIKE TEAM	00:51:40	00:51:10
788	1399	DOMINGOS MOREIRA	69	M6099	42	M			CRD ARRUDENSE	00:51:40	00:51:09
789	1422	CARLOS RANGEL	58	M5559	76	M			INDIVIDUAL	00:51:40	00:51:10
790	1489	NUNO VENTURA	38	M2039	286	M			WIKABOO	00:51:40	00:50:53
791	441	PAULO BARBEITO	47	M4549	118	M			A VALE SILENCIO	00:51:41	00:51:14
792	499	VIRGILIO FERRAZ	62	M6099	43	M			FALCOES CHILE	00:51:42	00:51:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
793	1138	LUIS SANTOS	44	M4044	139	M			INDIVIDUAL	00:51:42	00:50:58
794	1552	JOSE L ESQUIVEL	39	M2039	287	M			INDIVIDUAL	00:51:43	00:51:22
795	980	RICARDO CUNHA	25	M2039	288	M			INDIVIDUAL	00:51:45	00:51:37
796	497	CARLOS FERREIRA	54	M5054	83	M			CLUBE AUTOCOOPE	00:51:46	00:51:41
797	895	JOSE JORGE	39	M2039	289	M			UNIDADE	00:51:47	00:51:16
798	72	MARIO B CAMPOS	63	M6099	44	M			C MILLENNIUM BCP	00:51:49	00:51:05
799	1502	ORLANDO ZACARIAS	59	M5559	77	M			CC ARCOS	00:51:50	00:51:46
800	333	ALBINO FERREIRA	47	M4549	119	M			LESMAS	00:51:51	00:51:34
801	1120	PAULO DIEGUES	50	M5054	84	M			INDIVIDUAL	00:51:51	00:51:34
802	1601	CARLOS MAGALHAES	42	M4044	140	M			INDIVIDUAL	00:51:51	00:51:24
803	1344	NUNO J LOPES	42	M4044	141	M			CLUBE STRESS	00:51:52	00:51:36
804	1027	ANTONIO M ALMEIDA	46	M4549	120	M			INDIVIDUAL	00:51:53	00:51:16
805	505	MOISES CARDOSO	33	M2039	290	M			INDIVIDUAL	00:51:55	00:51:21
806	512	LEONEL AMARO	47	M4549	121	M			AA MAFRA	00:51:56	00:51:24
807	1460	JOSE MONTEIRO	54	M5054	85	M			INDIVIDUAL	00:51:57	00:51:44
808	1582	PEDRO TRINDADE	23	M2039	291	M			INDIVIDUAL	00:51:58	00:51:29
809	432	ANDRE SANTOS	35	M2039	292	M			A VALE SILENCIO	00:51:59	00:51:31
810	695	JOAO PEREIRA	49	M4549	122	M			EIRAGYM	00:51:59	00:51:08
811	799	LOURENÇO LOBO	47	M4549	123	M			GRUPO S	00:51:59	00:51:41
812	119	MARIO GOULART	40	M4044	142	M			ADCR POLICIA	00:52:01	00:51:31
813	439	LUIS SANTOS	29	M2039	293	M			A VALE SILENCIO	00:52:02	00:51:34
814	661	ALEXANDRE E SANTO	30	M2039	294	M			INDIVIDUAL	00:52:02	00:51:42
815	550	MARIO R N MATEUS	43	M4044	143	M			INDIVIDUAL	00:52:03	00:51:25
816	721	PAULO AZEVEDO	42	M4044	144	M			EIRAGYM	00:52:03	00:51:11
817	752	ORLANDO G S FERREIRA	54	M5054	86	M			INDIVIDUAL	00:52:03	00:51:26
818	1119	BERNARDO P COELHO	33	M2039	295	M			INDIVIDUAL	00:52:03	00:51:31
819	362	MANUEL CRISPIM	59	M5559	78	M			UDCA	00:52:04	00:51:08
820	427	FERNANDO SILVA	47	M4549	124	M			A VALE SILENCIO	00:52:05	00:51:39
821	434	JOSE MOGA	53	M5054	87	M			A VALE SILENCIO	00:52:05	00:51:30
822	1560	HUGO VELOSA	36	M2039	296	M			INDIVIDUAL	00:52:05	00:51:50
823	413	VITOR ANTUNES	56	M5559	79	M			CAMARA L CLUBE	00:52:07	00:51:20
824	73	SERGIO ANJOS	64	M6099	45	M			C MILLENNIUM BCP	00:52:10	00:51:55
825	103	NUNO M SILVA	57	M5559	80	M			GD INE	00:52:10	00:52:00
826	1048	DIAMANTINO COSTA	50	M5054	88	M			CR PENTEADO	00:52:10	00:51:37
827	167	PEDRO BURQUETTE	36	M2039	297	M			AÇOREANA C BANIF	00:52:11	00:51:57
828	662	JORGE MARTINS	33	M2039	298	M			JD ALHANDRENSE	00:52:11	00:51:57
829	1478	ANTONIO CARPINTEIRO	66	M6099	46	M			SS CGD	00:52:12	00:52:08
830	245	NUNO CALDEIRA	29	M2039	299	M			A DANIEL CALDEIRA	00:52:13	00:52:01
831	502	JOAO RALHA	52	M5054	89	M			RUN 4 FUN	00:52:14	00:52:08
832	1020	ALEXANDRE DIAS	22	M2039	300	M			INDIVIDUAL	00:52:14	00:52:00
833	351	LUIS AMORIM	53	M5054	90	M			NA BEIERSDORF	00:52:15	00:52:01
834	352	VICENTE DIAS	57	M5559	81	M			NA BEIERSDORF	00:52:15	00:52:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
835	780	SÓNIA CARVALHO	33	F2039	23	F			SPORTISEL	00:52:16	00:52:15
836	1379	MANUEL CARDIM	59	M5559	82	M			C PRAÇAS ARMADA	00:52:17	00:51:32
837	1051	NUNO BATALHEIRO	49	M4549	125	M			CR PENTEADO	00:52:21	00:51:46
838	532	ANTONIO VARELA	45	M4549	126	M			INDIVIDUAL	00:52:22	00:51:57
839	1094	VASCO BRANCO	30	M2039	301	M			FOGUETES 2	00:52:22	00:51:25
840	611	TIAGO B MENDES	38	M2039	302	M			OS TUGAS	00:52:23	00:52:17
841	433	JOSE SILVA	25	M2039	303	M			A VALE SILENCIO	00:52:27	00:51:57
842	1447	ALBERTO SOARES	49	M4549	127	M			INDIVIDUAL	00:52:27	00:52:03
843	32	MARTINS BARATA	68	M6099	47	M			C FERROV	00:52:29	00:52:10
844	329	LUIS FARINHA	56	M5559	83	M			OS PERIGOSOS	00:52:29	00:51:34
845	528	ANTONIO LEAL	40	M4044	145	M			MARINHAI AC	00:52:30	00:00:00
846	1179	FILIPA GONÇALVES	27	F2039	24	F			INDIVIDUAL	00:52:30	00:52:03
847	1007	JORGE CARVALHO	42	M4044	146	M			INDIVIDUAL	00:52:31	00:52:19
848	350	ARLINDO BRAS	47	M4549	128	M			AMIGOS ESTRELA	00:52:34	00:51:58
849	1073	LUIS DAMIÃO	42	M4044	147	M			CR LEOES P SALVO	00:52:35	00:52:07
850	937	JOAO JOSE	27	M2039	304	M			PINHAL BIKE TEAM	00:52:38	00:52:08
851	1464	JORGE MARQUES	58	M5559	84	M			INDIVIDUAL	00:52:38	00:52:15
852	154	JOAQUIM GUERREIRO	51	M5054	91	M			AÇOREANA C BANIF	00:52:39	00:52:26
853	1317	JOSE FREIRE	40	M4044	148	M			AA LEBRES SADO	00:52:39	00:51:40
854	208	CARLOS MOREIRA	58	M5559	85	M			CCDT METRO LX	00:52:40	00:51:50
855	736	CRISTINA GAVINHO	35	F2039	25	F			PUMAS GUINCHO	00:52:40	00:52:11
856	616	FÁTIMA GONÇALVES	44	F4044	7	F			OS TUGAS	00:52:41	00:52:25
857	723	SÉRGIO SALVADO	35	M2039	305	M			INDIVIDUAL	00:52:41	00:52:15
858	737	Mª CARMO BARROS	52	F4599	7	F			PUMAS GUINCHO	00:52:42	00:52:13
859	1213	MANUEL EMIDIO	53	M5054	92	M			NS SAO MIGUEL	00:52:44	00:52:42
860	942	ELISABETE ROCHA	36	F2039	26	F			GDR LEIAO	00:52:45	00:52:00
861	1206	NELSON EMIDIO	24	M2039	306	M			NS SAO MIGUEL	00:52:45	00:52:43
862	236	INACIO GONÇALAVES	60	M6099	48	M			GD MACEDO	00:52:47	00:52:18
863	309	JOAO PINHEIRO	45	M4549	129	M			FRACOS MAS	00:52:47	00:52:32
864	360	CARLOS PRECISO	38	M2039	307	M			CAA BELEM	00:52:48	00:52:04
865	84	MARIO ROMAO	38	M2039	308	M			C MILLENNIUM BCP	00:52:49	00:52:06
866	342	NIVALDO SANTOS	42	M4044	149	M			CR ALVORADA	00:52:49	00:52:05
867	672	VITOR MOREIRA	58	M5559	86	M			INDIVIDUAL	00:52:49	00:52:26
868	1517	JOAQUIM Q LOPES	64	M6099	49	M			INDIVIDUAL	00:52:52	00:52:25
869	330	BENTO VALENTE	46	M4549	130	M			OS PERIGOSOS	00:52:53	00:51:57
870	874	CARLOS LOPES	35	M2039	309	M			ATOMIC TEAM	00:52:54	00:52:36
871	1004	ALEXANDRE JORGE	59	M5559	87	M			GAA VILA FRANCA	00:52:55	00:52:32
872	43	RAMOS QUERIDO	50	M5054	93	M			C FERROV	00:52:56	00:52:15
873	663	PEDRO LEITÃO	29	M2039	310	M			JD ALHANDRENSE	00:52:56	00:52:41
874	693	PEDRO ANDRADE	41	M4044	150	M			CD GRUPO BES	00:52:56	00:52:16
875	1559	PEDRO ALMEIDA	37	M2039	311	M			INDIVIDUAL	00:52:56	00:52:44
876	353	RUI PIRES	38	M2039	312	M			ADL	00:52:57	00:52:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
877	1224	JOAO TOMAS	56	M5559	88	M			CR CRUZ PAU	00:52:57	00:52:18
878	824	JOAO BAPTISTA	34	M2039	313	M			ACD BOCAL	00:53:01	00:53:01
879	312	ANTONIO ANTUNES	47	M4549	131	M			FRACOS MAS	00:53:03	00:52:48
880	1192	JORGE FRADIQUE	52	M5054	94	M			INDIVIDUAL	00:53:04	00:52:41
881	1511	SERGIO LUIS	35	M2039	314	M			INDIVIDUAL	00:53:04	00:52:41
882	71	ORLANDO SILVA	55	M5559	89	M			OS ZATOPEQUES	00:53:06	00:52:29
883	796	LUIS F SANTOS	59	M5559	90	M			GRUPO S	00:53:06	00:52:47
884	797	JOAO S PINTO	54	M5054	95	M			GRUPO S	00:53:07	00:52:45
885	1347	SALVADOR AFONSO	57	M5559	91	M			GD SANTANDER	00:53:07	00:52:09
886	53	JOSE VENANCIO	61	M6099	50	M			GD CHELAS	00:53:10	00:52:44
887	24	MAURO TEIXEIRA	31	M2039	315	M			AD REAL ACADEMIA	00:53:13	00:52:36
888	977	MARCO SANTOS	25	M2039	316	M			INDIVIDUAL	00:53:14	00:52:27
889	859	NUNO SANTOS	33	M2039	317	M			INDIVIDUAL	00:53:15	00:52:28
890	559	RUI TAVARES	36	M2039	318	M			INDIVIDUAL	00:53:16	00:52:17
891	847	LILIANA FILIPE	28	F2039	27	F			HABITAR	00:53:16	00:52:33
892	318	AMERICO COSTA	54	M5054	96	M			TECNOSPIE	00:53:17	00:52:44
893	1545	ADRIANO FONTES	53	M5054	97	M			GDR FIGUEIRAS	00:53:18	00:53:06
894	795	VITOR FERREIRA	47	M4549	132	M			INDIVIDUAL	00:53:19	00:52:46
895	770	JORGE NETO	39	M2039	319	M			INDIVIDUAL	00:53:22	00:53:19
896	1132	CARLOS NEVES	31	M2039	320	M			OS INDOMAVEIS	00:53:24	00:52:54
897	1133	JOSE NEVES	59	M5559	92	M			OS INDOMAVEIS	00:53:24	00:52:53
898	802	VERA CORREIA	37	F2039	28	F			GE OS	00:53:25	00:53:25
899	1553	MIGUEL ESQUIVEL	33	M2039	321	M			INDIVIDUAL	00:53:25	00:53:03
900	697	ANDRE CARRONHA	31	M2039	322	M			INDIVIDUAL	00:53:26	00:52:42
901	814	TELMA ALVES	26	F2039	29	F			INDIVIDUAL	00:53:26	00:53:03
902	468	LUIS ESTRELA	30	M2039	323	M			ARBITROS FUTEBOL	00:53:28	00:52:39
903	147	DIOGO FERREIRA	38	M2039	324	M			AÇOREANA C BANIF	00:53:30	00:53:02
904	1309	RICARDO CAPELO	27	M2039	325	M			GD CIMPOR	00:53:32	00:52:51
905	734	NUNO SANTOS	22	M2039	326	M			SEMPRE ANDAR	00:53:33	00:53:26
906	1345	ANTONIO PEREIRA	46	M4549	133	M			GD SANTANDER	00:53:33	00:52:34
907	1076	MIGUEL LOPES	32	M2039	327	M			CR LEOES P SALVO	00:53:34	00:53:16
908	255	NUNO GOMES	33	M2039	328	M			A DANIEL CALDEIRA	00:53:36	00:52:58
909	1105	RUI BELO	36	M2039	329	M			INDIVIDUAL	00:53:38	00:53:10
910	126	RICARDO ALMEIDA	31	M2039	330	M			O MUNDO CORRIDA	00:53:40	00:53:30
911	1557	MIGUEL ALMEIDA	28	M2039	331	M			INDIVIDUAL	00:53:40	00:53:29
912	1176	MARIO LUIS	46	M4549	134	M			CARAPAUS	00:53:41	00:52:55
913	34	CUSTODIO JANUARIO	58	M5559	93	M			C FERROV	00:53:42	00:53:24
914	1279	MIGUEL TEIXEIRA	32	M2039	332	M			RUNNING OF D	00:53:42	00:52:45
915	1086	TERESA AFONSO	34	F2039	30	F			INDIVIDUAL	00:53:43	00:52:49
916	1087	ANGELO SILVA	30	M2039	333	M			INDIVIDUAL	00:53:43	00:52:49
917	537	JOSE DIOGO	53	M5054	98	M			INDIVIDUAL	00:53:45	00:53:23
918	1099	BRUNO SILVA	31	M2039	334	M			INDIVIDUAL	00:53:48	00:53:28

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
919	729	ANTONIO JACINTO	46	M4549	135	M			CORRER POR	00:53:49	00:53:40
920	304	MIGUEL MONCHIQUE	49	M4549	136	M			OS PALITOS	00:53:51	00:53:08
921	1438	JOSE C CARVALHO	46	M4549	137	M			INDIVIDUAL	00:53:51	00:53:41
922	378	CARLOS A PESSOA	44	M4044	151	M			SOBRALPISO	00:53:52	00:53:09
923	994	JOSE VALENTIM	58	M5559	94	M			GD BV ALVERCA	00:53:53	00:53:42
924	323	ANTONIO RELVAS	56	M5559	95	M			CDR AGUIAS	00:53:55	00:53:00
925	793	ANGELO FLOR	55	M5559	96	M			INDIVIDUAL	00:53:56	00:53:18
926	893	PIOTR KOROLEV	39	F2039	31	F			UNIDADE	00:53:56	00:53:13
927	943	JORGE BARREIRA	67	M6099	51	M			GDR LEIAO	00:53:56	00:53:13
928	1093	ANA MONTEIRO	40	F4044	8	F			INDIVIDUAL	00:53:56	00:53:53
929	40	MARIO FERRO	59	M5559	97	M			C FERROV	00:53:58	00:53:38
930	404	JORGE DUARTE	48	M4549	138	M			CAMARA L CLUBE	00:53:58	00:53:20
931	406	EDUARDO MANSO	50	M5054	99	M			CAMARA L CLUBE	00:53:58	00:53:20
932	407	AMERICO BRITO	51	M5054	100	M			CAMARA L CLUBE	00:53:58	00:53:20
933	431	JOAQUIM ADELINO	63	M6099	52	M			A VALE SILENCIO	00:53:58	00:53:31
934	524	NUNO MARTINS	35	M2039	335	M			INDIVIDUAL	00:54:00	00:53:03
935	586	JOSE DUARTE	39	M2039	336	M			INDIVIDUAL	00:54:00	00:53:55
936	669	ANTONIA OLEIRO	44	F4044	9	F			SEMPRE ANDAR	00:54:02	00:53:57
937	241	ISABEL CABRAL	53	F4599	8	F			GD MACEDO	00:54:03	00:53:42
938	372	JOSE LINDO	65	M6099	53	M			CA VALE FIGUEIRA	00:54:04	00:54:00
939	387	ANDRE WIBORG	53	M5054	101	M			VFF 1896	00:54:09	00:54:09
940	572	PAULO CRUZ	52	M5054	102	M			INDIVIDUAL	00:54:09	00:53:32
941	1446	JOSE NASCIMENTO	47	M4549	139	M			INDIVIDUAL	00:54:09	00:53:43
942	1458	ALBERTO RAMIRES	57	M5559	98	M			INDIVIDUAL	00:54:10	00:53:54
943	564	RAFAEL MONTEIRO	33	M2039	337	M			INDIVIDUAL	00:54:11	00:53:48
944	1281	ADRIANO VITORINO	50	M5054	103	M			RUNNING OF D	00:54:11	00:53:55
945	1506	ANDRE LOURENÇO	30	M2039	338	M			BOM PETISCO	00:54:11	00:53:50
946	1508	ROGERIO DIAS	40	M4044	152	M			BOM PETISCO	00:54:11	00:53:54
947	176	VITOR RAFAEL	48	M4549	140	M			AÇOREANA C BANIF	00:54:12	00:53:57
948	1429	ANTONIO CORREIA	48	M4549	141	M			INDIVIDUAL	00:54:13	00:53:52
949	90	JOAO CUNHA	54	M5054	104	M			C MILLENNIUM BCP	00:54:14	00:54:10
950	303	JORGE PEREZ	50	M5054	105	M			OS PALITOS	00:54:14	00:53:32
951	850	MADALENA FONTINHAS	29	F2039	32	F			HABITAR	00:54:14	00:53:32
952	46	LURDES SOUTO	58	F4599	9	F			C FERROV	00:54:16	00:53:38
953	106	LUIS OLIVEIRA	42	M4044	153	M			AA LEBRES SADO	00:54:16	00:53:38
954	1483	CARLOS ALBANO	40	M4044	154	M			SS CGD	00:54:16	00:53:15
955	575	ANTONIO RAMOS	57	M5559	99	M			PERNAS	00:54:20	00:54:06
956	1426	ALBANO SILVA	49	M4549	142	M			INDIVIDUAL	00:54:21	00:54:19
957	339	RENATO CRUZ	43	M4044	155	M			GD BANCO BPI	00:54:22	00:53:31
958	724	PEDRO SILVA	49	M4549	143	M			INDIVIDUAL	00:54:23	00:53:42
959	1425	ANTONIO M CORREIA	50	M5054	106	M			INDIVIDUAL	00:54:25	00:53:45
960	1567	FERNANDO SILVEIRO	43	M4044	156	M			INDIVIDUAL	00:54:28	00:53:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
961	1134	ANTONIO SILVA	55	M5559	100	M			OS INDOMAVEIS	00:54:29	00:53:58
962	189	VITOR RODRIGUES	57	M5559	101	M			GA MONSANTO	00:54:30	00:53:28
963	1043	JOSE ANDRE	56	M5559	102	M			APOGMA	00:54:31	00:54:20
964	359	RICARDO FELICIANO	34	M2039	339	M			A SACAVENENSE	00:54:32	00:54:09
965	268	NATERCIA CARVALHO	31	F2039	33	F			C VETERANOS LIS	00:54:33	00:54:33
966	1174	JOAO ANTONIO	44	M4044	157	M			INDIVIDUAL	00:54:38	00:53:41
967	588	JORGE SEBASTIÃO	36	M2039	340	M			INDIVIDUAL	00:54:39	00:54:18
968	67	ANTONIO JACINTO	51	M5054	107	M			OS ZATOPEQUES	00:54:40	00:00:00
969	345	HELIO GODINHO	61	M6099	54	M			C BENFICA	00:54:43	00:54:01
970	641	LUIS ALMEIDA	38	M2039	341	M			GUP GRALHAS	00:54:43	00:53:58
971	121	CARLOS FREIRE	39	M2039	342	M			ADCR POLICIA	00:54:44	00:54:12
972	912	LURDES HENRIQUES	54	F4599	10	F			CD ASAS MILENIUM	00:54:44	00:54:44
973	1297	ANTONIO SUL	42	M4044	158	M			GARMIN/CO OEIRAS	00:54:45	00:54:23
974	124	ANTONIO FRANCO	46	M4549	144	M			SS MONTEPIO	00:54:47	00:54:38
975	1522	HUGO R L RODRIGUES	36	M2039	343	M			SOBRALPISO	00:54:47	00:54:05
976	458	SUSANA ROSA	20	F2039	34	F			C BENFICA	00:54:48	00:54:44
977	1252	LUIS MOURA	53	M5054	108	M			TEJAVISTA	00:54:48	00:53:49
978	1245	FATIMA ABREU	62	F4599	11	F			ODIMARQ	00:54:49	00:54:49
979	1261	CARLOS O RODRIGUES	43	M4044	159	M			TEJAVISTA	00:54:49	00:54:19
980	194	PAULO DUARTE	46	M4549	145	M			GDCT UNICRE	00:54:50	00:54:15
981	1208	QUELUNTAM TURE	48	M4549	146	M			NS SAO MIGUEL	00:54:51	00:54:38
982	1496	ANTONIO LIMA	48	M4549	147	M			SL CAMPOLIDE	00:54:58	00:54:14
983	77	FERNANDO ALMEIDA	43	M4044	160	M			C MILLENNIUM BCP	00:55:01	00:54:54
984	320	MARCO BERNARDES	39	M2039	344	M			TECNOSPIE	00:55:02	00:54:31
985	671	ELENA IABANJI	45	F4599	12	F			INDIVIDUAL	00:55:02	00:54:45
986	1295	ANTONIO BRITO	60	M6099	55	M			GD SÃO DOMINGOS	00:55:02	00:54:19
987	871	NUNO AMARO	42	M4044	161	M			INDIVIDUAL	00:55:05	00:55:03
988	1318	DINA MOTA	43	F4044	10	F			AA LEBRES SADO	00:55:05	00:54:04
989	336	FERNANDO SANTOS	49	M4549	148	M			GD BANCO BPI	00:55:06	00:53:57
990	890	SHAHAB SHAYDIAN	51	M5054	109	M			UNIDADE	00:55:07	00:54:36
991	1175	PEDRO ESTEVES	42	M4044	162	M			INDIVIDUAL	00:55:07	00:54:28
992	1177	AGOSTINHO DIAS	46	M4549	149	M			CARAPAU	00:55:07	00:54:20
993	1424	JOAQUIM M C CARDOSO	39	M2039	345	M			INDIVIDUAL	00:55:08	00:54:27
994	1254	JOSE A AZURARA	53	M5054	110	M			TEJAVISTA	00:55:09	00:54:10
995	1302	JOSE CATITA	53	M5054	111	M			GARMIN/CO OEIRAS	00:55:09	00:54:21
996	608	VASCO VENTURA	40	M4044	163	M			OS FOGUETES	00:55:10	00:54:11
997	1167	VASCO ALPALHAO	41	M4044	164	M			ALPALHAO	00:55:10	00:54:39
998	1434	NUNO COSTA	35	M2039	346	M			INDIVIDUAL	00:55:10	00:54:58
999	1500	JOAO SILVA	60	M6099	56	M			CC ARCOS	00:55:11	00:55:06
1000	343	GILBERTO GONÇALVES	63	M6099	57	M			CR ALVORADA	00:55:13	00:54:38
1001	642	FANCISCO ANDRÉ	46	M4549	150	M			INDIVIDUAL	00:55:15	00:54:23
1002	643	TIAGO ANDRÉ	18	M1819	15	M			INDIVIDUAL	00:55:15	00:54:23



Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1003	569	RICARDO MARTINS	32	M2039	347	M			INDIVIDUAL	00:55:19	00:54:22
1004	501	LUISA RALHA	52	F4599	13	F			RUN 4 FUN	00:55:22	00:54:57
1005	950	ANTONIO CIPRIANO	66	M6099	58	M			AMCR FONTE	00:55:22	00:54:37
1006	1267	AFONSO BUSTORF	22	M2039	348	M			TEJAVISTA	00:55:22	00:54:53
1007	1063	JORGE DOMINGOS	36	M2039	349	M			ATOMIC TEAM	00:55:26	00:55:09
1008	896	ANTONIO P SIETRA	40	M4044	165	M			INDIVIDUAL	00:55:27	00:54:48
1009	747	PAULA PEREIRA	34	F2039	35	F			FOGUETES 2	00:55:28	00:54:30
1010	960	AMELIA L GONÇALVES	40	F4044	11	F			RUN 4 FUN	00:55:29	00:55:08
1011	962	CARLOS GONÇALVES	46	M4549	151	M			RUN 4 FUN	00:55:29	00:55:08
1012	348	MANUEL AZEVEDO	54	M5054	112	M			MULTIFLOW	00:55:30	00:55:14
1013	1491	CARLA LEAO	40	F4044	12	F			WIKABOO	00:55:34	00:54:46
1014	768	RUI MATOS	34	M2039	350	M			INDIVIDUAL	00:55:36	00:55:14
1015	1405	LUIS CARREIRA	37	M2039	351	M			INDIVIDUAL	00:55:37	00:54:48
1016	489	GABRIEL CRUZ	69	M6099	59	M			CCR ALTO MOINHO	00:55:38	00:55:24
1017	1473	FERNANDO ALVES	50	M5054	113	M			SS CGD	00:55:38	00:55:27
1018	1082	RICARDO FAÍSCA	29	M2039	352	M			CR LEOES P SALVO	00:55:39	00:55:16
1019	1466	FERNANDO MATIAS	55	M5559	103	M			INDIVIDUAL	00:55:39	00:55:03
1020	300	LUIS SANTOS	35	M2039	353	M			CC LINDA A VELHA	00:55:43	00:55:34
1021	1118	MARCO SILVA	26	M2039	354	M			CP EDP LISBOA	00:55:46	00:54:56
1022	1170	JOAO FIALHO	32	M2039	355	M			INDIVIDUAL	00:55:46	00:54:49
1023	1169	NUNO NUNES	37	M2039	356	M			INDIVIDUAL	00:55:47	00:54:50
1024	1275	ANDRE COELHO	25	M2039	357	M			CP EDP LISBOA	00:55:47	00:54:57
1025	558	VITOR M P GONCALVES	42	M4044	166	M			INDIVIDUAL	00:55:48	00:55:15
1026	1025	JOAO S R S REIS	39	M2039	358	M			CASCAIS PANDILHA	00:55:49	00:55:17
1027	685	JOAO SIMOES	57	M5559	104	M			CD GRUPO BES	00:55:54	00:55:16
1028	41	CARLOS ALVES	54	M5054	114	M			C FERROV	00:55:56	00:55:45
1029	393	PAULO MAFRA	43	M4044	167	M			NAZ ABOBODA	00:55:57	00:55:52
1030	1277	JORGE FERREIRA	46	M4549	152	M			RUNNING OF D	00:55:59	00:55:02
1031	335	PAULO ANTUNES	43	M4044	168	M			LESMAS	00:56:00	00:55:48
1032	754	JOAO SILVA	34	M2039	359	M			INDIVIDUAL	00:56:00	00:55:22
1033	70	LUIS GRAVE	54	M5054	115	M			OS ZATOPEQUES	00:56:01	00:55:25
1034	190	JOAO PINTO	50	M5054	116	M			GA MONSANTO	00:56:01	00:55:16
1035	186	LUIS ANTUNES	49	M4549	153	M			GA MONSANTO	00:56:03	00:55:19
1036	201	PAULO CRAVO	44	M4044	169	M			AC SALVATERRA	00:56:04	00:55:16
1037	632	LUIS F FERNANDES	28	M2039	360	M			PAPA MILHAS	00:56:06	00:55:08
1038	633	PAULO FERREIRA	38	M2039	361	M			PAPA MILHAS	00:56:06	00:55:07
1039	778	ARLINDO CONDE	49	M4549	154	M			INDIVIDUAL	00:56:07	00:55:10
1040	840	LIGORIO BORLOTT	53	M5054	117	M			CR ALVORADA	00:56:07	00:55:51
1041	749	JORGE M S CARREIRAS	45	M4549	155	M			INDIVIDUAL	00:56:08	00:55:11
1042	1310	PAULO ASCENÇÃO	40	M4044	170	M			GD CIMPOR	00:56:16	00:55:41
1043	1311	Mª GORETI FERNANDES	48	F4599	14	F			GD CIMPOR	00:56:16	00:55:40
1044	713	ALEXANDRE RODRIGUES	40	M4044	171	M			BUERAPIDOS	00:56:17	00:55:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1045	1143	RUI M SILVA	52	M5054	118	M			INDIVIDUAL	00:56:17	00:55:29
1046	1580	MANUEL COELHO	43	M4044	172	M			INDIVIDUAL	00:56:18	00:55:53
1047	1182	ANTONIO FERREIRA	40	M4044	173	M			BUERAPIDOS	00:56:20	00:55:36
1048	1583	SERGIO MIL HOMENS	23	M2039	362	M			INDIVIDUAL	00:56:22	00:55:54
1049	582	JOSE LOUREIRO	47	M4549	156	M			APOGMA	00:56:23	00:55:20
1050	96	CARLA A LOPES	39	F2039	36	F			GD INE	00:56:26	00:56:14
1051	645	ANA DUARTE	41	F4044	13	F			FALÇOES	00:56:26	00:55:59
1052	722	FRANCISCO VELOSO	51	M5054	119	M			INDIVIDUAL	00:56:27	00:55:51
1053	1507	FERNANDO LOURENÇO	60	M6099	60	M			BOM PETISCO	00:56:30	00:56:12
1054	421	JOSE C MARTINS	44	M4044	174	M			PERSISTENTES	00:56:33	00:56:30
1055	18	CARLOS A J DIAS	55	M5559	105	M			AA COIMBRA	00:56:35	00:56:17
1056	694	JOAO TORRADO	63	M6099	61	M			EIRAGYM	00:56:37	00:55:45
1057	165	PAULO SARAMAGO	39	M2039	363	M			AÇOREANA C BANIF	00:56:39	00:56:31
1058	1386	MONICA FAISCA	33	F2039	37	F			O MUNDO CORRIDA	00:56:40	00:56:40
1059	1556	ANONIO LOURO	35	M2039	364	M			INDIVIDUAL	00:56:40	00:00:00
1060	42	MANUEL SIMOES	62	M6099	62	M			C FERROV	00:56:41	00:56:00
1061	658	RICARDO HENRIQUES	35	M2039	365	M			INDIVIDUAL	00:56:43	00:56:09
1062	1108	FABIO MENDES	24	M2039	366	M			FALÇOES	00:56:43	00:56:13
1063	1558	JOAO RAPOSO	37	M2039	367	M			INDIVIDUAL	00:56:44	00:56:29
1064	1150	FERNANDO ALVES	32	M2039	368	M			FALÇOES	00:56:45	00:56:23
1065	1288	VITOR RODRIGUES	44	M4044	175	M			CCD O ALVITEJO	00:56:45	00:56:09
1066	1479	ANDRE NORONHA	47	M4549	157	M			SS CGD	00:56:45	00:56:09
1067	1107	CATARINA FRANCISCO	27	F2039	38	F			FALÇOES	00:56:46	00:56:25
1068	117	CELIA AZENHA	47	F4599	15	F			AA LEBRES SADO	00:56:47	00:56:47
1069	696	CARLA MARQUES	39	F2039	39	F			EIRAGYM	00:56:49	00:55:58
1070	646	ANTONIO CANDEIAS	49	M4549	158	M			FALÇOES	00:56:52	00:56:31
1071	1092	MARCO MORGADO	32	M2039	369	M			INDIVIDUAL	00:56:53	00:56:53
1072	199	ARMENIO ANDRADE	59	M5559	106	M			AC SALVATERRA	00:56:57	00:56:08
1073	200	JORGE VIEIRA	47	M4549	159	M			AC SALVATERRA	00:56:57	00:56:09
1074	521	LUIS F OLIVEIRA	28	M2039	370	M			INDIVIDUAL	00:56:57	00:56:14
1075	1465	ANA P MATIAS	46	F4599	16	F			INDIVIDUAL	00:56:57	00:56:32
1076	1593	SUSANA FRADIQUE	36	F2039	40	F			SCALABIS N	00:56:58	00:56:54
1077	565	IVONE MATOS	29	F2039	41	F			INDIVIDUAL	00:57:01	00:56:29
1078	1057	REINALDO PEREIRA	48	M4549	160	M			INDIVIDUAL	00:57:01	00:56:50
1079	772	Mª ALCINA C CORREIA	58	F4599	17	F			SMO	00:57:02	00:56:45
1080	905	ANTONIO MARQUES	62	M6099	63	M			CD ASAS MILENIUM	00:57:02	00:56:36
1081	1123	ANA AFONSO	34	F2039	42	F			LOBOS MONSANTO	00:57:04	00:56:07
1082	1142	ANDRE FIGUEIRAL	37	M2039	371	M			LOBOS MONSANTO	00:57:04	00:56:07
1083	991	ANTONIO LOBO	54	M5054	120	M			INDIVIDUAL	00:57:05	00:56:50
1084	933	RUI LAPA	40	M4044	176	M			A FUTSAL ODIVELAS	00:57:13	00:56:29
1085	1490	FERNANDO LEAO	43	M4044	177	M			WIKABOO	00:57:13	00:56:25
1086	580	ANA PEREIRA	20	F2039	43	F			INDIVIDUAL	00:57:15	00:56:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
1087	1485	FRANCISCO CLERIGO	58	M5559	107	M		SS CGD	00:57:15	00:56:36
1088	745	PATRICIA CARRÃO	34	F2039	44	F		FOGUETES 2	00:57:16	00:56:17
1089	349	JOAO SANTOS	62	M6099	64	M		MULTIFLOW	00:57:22	00:56:50
1090	1484	RICARDO RODRIGUES	35	M2039	372	M		SS CGD	00:57:23	00:56:45
1091	435	JOSE REBOCHO	56	M5559	108	M		A VALE SILENCIO	00:57:24	00:57:10
1092	230	ANTONIO FERREIRA	49	M4549	161	M		GD MACEDO	00:57:26	00:56:38
1093	538	RUI CARNEIRO	56	M5559	109	M		JOÃO CARNEIRO	00:57:26	00:56:40
1094	1343	JOAO NASCIMENTO	46	M4549	162	M		CLUBE STRESS	00:57:27	00:00:00
1095	272	JOAQUIM PALMA	57	M5559	110	M		OS NUNES	00:57:32	00:57:24
1096	1412	JOAO C M FALÇAO	42	M4044	178	M		INDIVIDUAL	00:57:33	00:56:49
1097	1382	JOSE ISIDORO	71	M6099	65	M		C PRAÇAS ARMADA	00:57:34	00:57:28
1098	1088	BERNARDO CORREIA	25	M2039	373	M		RUN 4 FUN	00:57:37	00:57:15
1099	87	JOAO PEREIRA	40	M4044	179	M		C MILLENNIUM BCP	00:57:38	00:57:31
1100	807	TÂNIA PIRES	30	F2039	45	F		INDIVIDUAL	00:57:38	00:57:33
1101	1461	RAMON NETO	65	M6099	66	M		INDIVIDUAL	00:57:46	00:57:08
1102	544	ANTONIO SANTOS	47	M4549	163	M		LEAIS BEIRA	00:57:47	00:56:45
1103	1481	PAULO BILAO	41	M4044	180	M		SS CGD	00:57:47	00:57:13
1104	61	GONÇALO SEABRA	34	M2039	374	M		OS ZATOPEQUES	00:57:50	00:57:08
1105	1061	EDUARDO M V C SOUSA	50	M5054	121	M		INDIVIDUAL	00:57:53	00:57:19
1106	1221	GERMANO BERNARDO	56	M5559	111	M		CR CRUZ PAU	00:57:54	00:57:17
1107	1227	ARMANDO FERNANDES	63	M6099	67	M		CR CRUZ PAU	00:57:54	00:57:18
1108	716	ANTONIO MARTINS	50	M5054	122	M		INDIVIDUAL	00:57:55	00:57:09
1109	1230	JACINTO VAZ	54	M5054	123	M		CR CRUZ PAU	00:57:55	00:00:00
1110	1102	RITA ESTEVES	39	F2039	46	F		INDIVIDUAL	00:57:59	00:57:18
1111	163	NUNO SABINO	34	M2039	375	M		AÇOREANA C BANIF	00:58:00	00:57:10
1112	1089	ANDRE MARTINS	24	M2039	376	M		INDIVIDUAL	00:58:00	00:57:13
1113	1228	JOAO JESUS	61	M6099	68	M		CR CRUZ PAU	00:58:00	00:57:23
1114	554	JORGE FILIPE	46	M4549	164	M		INDIVIDUAL	00:58:02	00:57:54
1115	555	TERESA FIGUEIREDO	37	F2039	47	F		INDIVIDUAL	00:58:02	00:57:54
1116	1570	JOSE GONÇALVES	60	M6099	69	M		GD SANTANDER	00:58:02	00:57:11
1117	628	FIOMENA AGUIÃ	54	F4599	18	F		CR LEOES P SALVO	00:58:04	00:58:03
1118	706	MARIO PEREIRA	44	M4044	181	M		CONSTRUTENIS	00:58:06	00:57:57
1119	203	NUNO MARQUES	37	M2039	377	M		CP EDP	00:58:08	00:57:54
1120	1276	NUNO VALVERDE	27	M2039	378	M		CP EDP LISBOA	00:58:08	00:57:19
1121	412	DANIEL OLIVEIRA	56	M5559	112	M		CAMARA L CLUBE	00:58:09	00:00:00
1122	581	CARLOS SOUSA	44	M4044	182	M		APOGMA	00:58:09	00:57:14
1123	1366	PAULA FIGUEIREDO	54	F4599	19	F		GD SANTANDER	00:58:09	00:57:46
1124	1031	DIOGO LUCAS	18	M1819	16	M		INDIVIDUAL	00:58:11	00:57:18
1125	1064	CARLOS BEITES	29	M2039	379	M		INDIVIDUAL	00:58:14	00:58:14
1126	798	AMERICO LOPES	48	M4549	165	M		GRUPO S	00:58:15	00:57:56
1127	295	MARIO CARDOSO	43	M4044	183	M		AA AVIS	00:58:16	00:00:00
1128	539	ANTONIO PAIS	64	M6099	70	M		GD JOANINHAS	00:58:16	00:57:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1129	184	ANTONIO REYES	57	M5559	113	M			GA MONSANTO	00:58:17	00:57:25
1130	928	MANUEL MARTINHO	44	M4044	184	M			A FUTSAL ODIVELAS	00:58:18	00:57:35
1131	930	PEDRO NUNES	37	M2039	380	M			A FUTSAL ODIVELAS	00:58:18	00:57:35
1132	1435	CLAUDIA FREIXO	29	F2039	48	F			INDIVIDUAL	00:58:20	00:58:07
1133	1476	ALBERTINO SEMEDO	53	M5054	124	M			SS CGD	00:58:22	00:57:43
1134	228	JORGE FERREIRA	50	M5054	125	M			JAF	00:58:23	00:57:59
1135	635	JOAO RODRIGUES	34	M2039	381	M			INDIVIDUAL	00:58:23	00:57:43
1136	1523	RITA RODRIGUES	20	F2039	49	F			SOBRALPISO	00:58:23	00:57:42
1137	229	LUIS AFONSO	41	M4044	185	M			JAF	00:58:24	00:58:00
1138	377	JOSE C ANTUNES	37	M2039	382	M			SOBRALPISO	00:58:24	00:57:41
1139	855	NUNO LEÃO	33	M2039	383	M			INDIVIDUAL	00:58:24	00:57:44
1140	1049	JOSE J AFECTO	57	M5559	114	M			CR PENTEADO	00:58:25	00:57:48
1141	463	RUI RODRIGUES	33	M2039	384	M			ARBITROS FUTEBOL	00:58:26	00:57:34
1142	472	CARLOS SANTOS	35	M2039	385	M			ARBITROS FUTEBOL	00:58:26	00:57:31
1143	476	VANESSA GOMES	24	F2039	50	F			ARBITROS FUTEBOL	00:58:26	00:57:31
1144	1104	PEDRO ALMEIDA	35	M2039	386	M			INDIVIDUAL	00:58:28	00:58:07
1145	277	ANTONIO SANTOS	55	M5559	115	M			GDCT REPSOL	00:58:30	00:57:29
1146	331	ANTONIO PICA	63	M6099	71	M			OS PERIGOSOS	00:58:35	00:57:41
1147	756	SEBASTIÃO C MELO	60	M6099	72	M			CC ARGANIL	00:58:36	00:58:07
1148	1266	DAVID MOREIRA	24	M2039	387	M			TEJAVISTA	00:58:36	00:57:34
1149	1357	FABIO DIAS	40	M4044	186	M			GD SANTANDER	00:58:36	00:58:20
1150	1226	RICARDO GASPAR	58	M5559	116	M			CR CRUZ PAU	00:58:37	00:57:41
1151	313	LEOPOLDINO MARCELINO	72	M6099	73	M			GD ARRIFANA	00:58:39	00:58:23
1152	914	BRUNO A ROCHA	34	F2039	51	F			FRIENDSHIP	00:58:39	00:57:47
1153	1470	MIGUEL REIS	35	M2039	388	M			SS CGD	00:58:39	00:57:46
1154	1096	DOMINGOS COSTA	63	M6099	74	M			INGLESES FC	00:58:40	00:58:05
1155	1039	MIGUEL BASTOS	59	M5559	117	M			INDIVIDUAL	00:58:46	00:57:53
1156	127	ANABELA PACHECO	40	F4044	14	F			O MUNDO CORRIDA	00:58:47	00:57:58
1157	1260	MARIO J B SILVA	50	M5054	126	M			TEJAVISTA	00:58:49	00:57:46
1158	113	MANUEL SANTOS	62	M6099	75	M			AA LEBRES SADO	00:58:51	00:57:48
1159	886	ISABEL J FARIA	36	F2039	52	F			MATILHA RADICAL	00:58:52	00:58:05
1160	535	CELIA A F DIAS	39	F2039	53	F			JOÃO CARNEIRO	00:58:53	00:57:56
1161	877	JOSE M P CARVALHO	59	M5559	118	M			MATILHA RADICAL	00:58:53	00:58:06
1162	881	LUIS H C SILVA	40	M4044	187	M			MATILHA RADICAL	00:58:53	00:58:05
1163	284	RUI CORDEIRO	68	M6099	76	M			C MATA	00:58:55	00:58:24
1164	285	ANTONIO GAMEIRO	55	M5559	119	M			C MATA	00:58:55	00:58:23
1165	286	OTILIO MONTEIRO	49	M4549	166	M			C MATA	00:58:55	00:58:25
1166	287	ANTONIO CRISTOVAO	47	M4549	167	M			C MATA	00:58:55	00:58:23
1167	289	NUNO CORDEIRO	37	M2039	389	M			C MATA	00:58:55	00:58:23
1168	1198	BRUNO LOPES	36	M2039	390	M			INDIVIDUAL	00:58:55	00:58:05
1169	244	DAVID CALDEIRA	32	M2039	391	M			A DANIEL CALDEIRA	00:58:59	00:58:47
1170	1197	CARLOS RODRIGUES	37	M2039	392	M			INDIVIDUAL	00:58:59	00:58:59

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
1171	243	ANTONIO CALDEIRA	57	M5559	120	M		A DANIEL CALDEIRA	00:59:00	00:58:48
1172	519	HENRIQUE VILHENA	55	M5559	121	M		INDIVIDUAL	00:59:02	00:58:08
1173	959	ISABEL OLIVEIRA	42	F4044	15	F		RUN 4 FUN	00:59:04	00:58:42
1174	507	NUNO PERALTA	37	M2039	393	M		INDIVIDUAL	00:59:05	00:58:55
1175	949	FRANCISCO CIPRIANO	69	M6099	77	M		AMCR FONTE	00:59:05	00:58:19
1176	1584	ABILIO LOPES	32	M2039	394	M		INDIVIDUAL	00:59:05	00:58:54
1177	177	MARIA SANTOS	56	F4599	20	F		MIRANTENSE FC	00:59:08	00:58:39
1178	1391	FERNANDA ANTUNES	55	F4599	21	F		CRD ARRUDENSE	00:59:10	00:59:03
1179	1480	SEVERINO ROSA	56	M5559	122	M		SS CGD	00:59:12	00:58:36
1180	85	JOAO S ALVES	63	M6099	78	M		C MILLENNIUM BCP	00:59:13	00:58:30
1181	612	LUIS F MARCELINO	39	M2039	395	M		OS TUGAS	00:59:14	00:58:56
1182	846	HELIO OLIVEIRA	31	M2039	396	M		2 FAST 4 YOU	00:59:14	00:58:55
1183	1427	RICARDO SILVA	18	M1819	17	M		INDIVIDUAL	00:59:16	00:59:13
1184	647	ANA MARQUES	41	F4044	16	F		FALÇOES	00:59:17	00:59:05
1185	1068	ANTONIO LOPES	57	M5559	123	M		INDIVIDUAL	00:59:17	00:58:21
1186	1158	NUNO S SILVA	40	M4044	188	M		INDIVIDUAL	00:59:17	00:58:50
1187	1168	JOAO VIEGAS	35	M2039	397	M		INDIVIDUAL	00:59:17	00:58:49
1188	368	RUI LUIS	54	M5054	127	M		CA VALE FIGUEIRA	00:59:20	00:58:46
1189	623	ORLANDO COUTO	56	M5559	124	M		4 AO KM	00:59:21	00:58:30
1190	1147	PEDRO SOUSA	33	M2039	398	M		INDIVIDUAL	00:59:22	00:58:49
1191	1022	SANDRA B ELVAS	35	F2039	54	F		INDIVIDUAL	00:59:23	00:58:34
1192	1148	MAFALDA MIRANDA	33	F2039	55	F		INDIVIDUAL	00:59:23	00:00:00
1193	1513	SILVERIO BRAS	51	M5054	128	M		INDIVIDUAL	00:59:26	00:58:32
1194	573	FERNANDO FIÃES	47	M4549	168	M		INDIVIDUAL	00:59:27	00:58:56
1195	30	NEVES SILVA	59	M5559	125	M		C FERROV	00:59:28	00:58:25
1196	1126	PAULO SOUSA	43	M4044	189	M		INDIVIDUAL	00:59:31	00:58:43
1197	607	JOAO P SILVA	41	M4044	190	M		OS FOGUETES	00:59:33	00:58:36
1198	1407	MARIO PIRES	52	M5054	129	M		INDIVIDUAL	00:59:33	00:58:47
1199	1164	SARA LOPES	22	F2039	56	F		INDIVIDUAL	00:59:36	00:58:40
1200	301	RUI R GOMES	29	M2039	399	M		INDIVIDUAL	00:59:37	00:59:10
1201	771	ANTONIO RIBEIRO	46	M4549	169	M		INDIVIDUAL	00:59:39	00:59:20
1202	690	PEDRO VICTOR	41	M4044	191	M		CD GRUPO BES	00:59:45	00:59:03
1203	274	AMADEU FERREIRA	69	M6099	79	M		GDCT REPSOL	00:59:47	00:59:27
1204	1128	LUIS QUINTINO	61	M6099	80	M		AFIS OVAR	00:59:47	00:59:27
1205	157	LUIS NEVES	38	M2039	400	M		AÇOREANA C BANIF	00:59:52	00:00:00
1206	1271	JOAO BRAZIO	52	M5054	130	M		CP IVA	00:59:54	00:59:40
1207	239	ROSINDA FERREIRA	57	F4599	22	F		GD MACEDO	00:59:55	00:59:43
1208	316	JOAO BRANCO	64	M6099	81	M		AAE BNU	00:59:56	00:59:09
1209	515	JOAO P S LIMA	51	M5054	131	M		4 AO KM	00:59:56	00:59:09
1210	516	SANDRA S S MARTINS	34	F2039	57	F		4 AO KM	00:59:56	00:59:03
1211	1157	SERGIO NICOLAU	34	M2039	401	M		INDIVIDUAL	00:59:57	00:59:02
1212	1482	PAULA COSTA	40	F4044	17	F		SS CGD	00:59:59	00:59:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1213	442	PAULO PORTUGAL	46	M4549	170	M			A VALE SILENCIO	01:00:01	00:59:27
1214	269	JOSE M MATILDES	55	M5559	126	M			OS NUNES	01:00:02	00:59:20
1215	1346	JOSE SIMOES	63	M6099	82	M			GD SANTANDER	01:00:02	00:59:02
1216	1293	FERNANDO GUERREIRO	64	M6099	83	M			GD SÃO DOMINGOS	01:00:06	00:59:31
1217	265	JOSE CLARO	66	M6099	84	M			C VETERANOS LIS	01:00:10	00:59:19
1218	624	MARIA MARQUES	49	F4599	23	F			INDIVIDUAL	01:00:12	00:59:37
1219	996	ANA BARROSO	36	F2039	58	F			INDIVIDUAL	01:00:13	00:59:29
1220	1410	JOAQUIM I MONTEIRO	40	M4044	192	M			INDIVIDUAL	01:00:14	00:59:30
1221	1280	RICARDO SIMOES	42	M4044	193	M			RUNNING OF D	01:00:16	00:59:20
1222	470	HUGO MIGUEL	34	M2039	402	M			ARBITROS FUTEBOL	01:00:20	00:59:29
1223	475	ANA AGUIAR	30	F2039	59	F			ARBITROS FUTEBOL	01:00:20	00:59:26
1224	1390	DEOLINDA ANTONIO	56	F4599	24	F			CRD ARRUDENSE	01:00:20	01:00:14
1225	981	JOAO MARTINS	41	M4044	194	M			ARC SOCASA	01:00:25	01:00:10
1226	983	ANA PIPIO	37	F2039	60	F			ARC SOCASA	01:00:25	01:00:09
1227	997	JOSE FIGUEIREDO	75	M6099	85	M			ARC SOCASA	01:00:25	01:00:10
1228	1000	CARLOS P ABREU	40	M4044	195	M			INDIVIDUAL	01:00:27	00:59:34
1229	1001	MIGUEL ALMEIDA	26	M2039	403	M			INDIVIDUAL	01:00:27	00:59:34
1230	534	JOAO CARNEIRO	52	M5054	132	M			JOÃO CARNEIRO	01:00:32	00:59:35
1231	211	JOAO MIRANDA	52	M5054	133	M			CCDT METRO LX	01:00:33	00:59:43
1232	808	SUSANA BARREIROS	27	F2039	61	F			ZEZES	01:00:34	01:00:29
1233	867	VITOR RODRIGUES	47	M4549	171	M			CONSTRUÇÕES CR	01:00:35	00:59:29
1234	833	TIAGO LOPES	26	M2039	404	M			INDIVIDUAL	01:00:36	01:00:32
1235	384	MANUEL AUGUSTO	72	M6099	86	M			OURV ESP SANTO	01:00:37	00:59:33
1236	686	RICARDO SILVA	34	M2039	405	M			CD GRUPO BES	01:00:37	00:59:54
1237	1441	ARONS CARVALHO	64	M6099	87	M			INDIVIDUAL	01:00:39	00:59:48
1238	143	ALBANO ALVES	56	M5559	127	M			AÇOREANA C BANIF	01:00:40	01:00:33
1239	1109	NUNO GOMES	38	M2039	406	M			INDIVIDUAL	01:00:40	01:00:15
1240	1286	ELISABETE AGUAS	46	F4599	25	F			CCD O ALVITEJO	01:00:44	01:00:08
1241	1469	ALEXANDRE TREMOCEIRO	35	M2039	407	M			INDIVIDUAL	01:00:47	01:00:20
1242	1414	Mª FATIMA OLIVEIRA	51	F4599	26	F			INDIVIDUAL	01:00:48	01:00:48
1243	290	PEDRO ROCHA	31	M2039	408	M			C MATA	01:00:49	01:00:37
1244	307	PAULO REBELO	45	M4549	172	M			OS PALITOS	01:00:51	01:00:09
1245	1008	Mª ROSARIO CARLOS	22	F2039	62	F			INDIVIDUAL	01:00:51	01:00:41
1246	36	PAULO BARATA	37	M2039	409	M			C FERROV	01:00:52	01:00:16
1247	563	FILIPA MOURA	20	F2039	63	F			INDIVIDUAL	01:00:52	01:00:45
1248	222	RICARDO DIAS	33	M2039	410	M			CCDT METRO LX	01:00:53	00:59:58
1249	638	LUIS VIEIRA	39	M2039	411	M			INDIVIDUAL	01:00:53	00:59:59
1250	944	MARLENE O OLIVEIRA	38	F2039	64	F			INDIVIDUAL	01:00:53	01:00:51
1251	191	PAULO RODRIGUES	36	M2039	412	M			GATOS	01:00:54	01:00:45
1252	622	RICARDO SOUSA	40	M4044	196	M			INDIVIDUAL	01:00:55	01:00:19
1253	1365	LARA VELOSO	36	F2039	65	F			GD SANTANDER	01:00:58	01:00:36
1254	419	JOSE DINIS	51	M5054	134	M			PERSISTENTES	01:01:00	01:00:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
1255	1364	JOSE MONTEIRO	67	M6099	88	M		GD SANTANDER	01:01:02	01:00:59
1256	1539	MANUEL BRAS	53	M5054	135	M		GDR FIGUEIRAS	01:01:06	01:00:16
1257	192	MARIO RODRIGUES	58	M5559	128	M		GATOS	01:01:11	01:00:55
1258	410	JOAO FIGUEIREDO	55	M5559	129	M		CAMARA L CLUBE	01:01:16	01:00:40
1259	321	FILIFE SIMOES	36	M2039	413	M		TECNOSPIE	01:01:18	01:00:45
1260	1463	EBERHARD A WILHELM	63	M6099	89	M		INDIVIDUAL	01:01:18	01:00:53
1261	317	MANUEL OLIVEIRA	72	M6099	90	M		AAE BNU	01:01:23	01:00:25
1262	238	MARIA QUITERIA	38	F2039	66	F		GD MACEDO	01:01:25	01:00:58
1263	55	FILIFE RODRIGUES	18	M1819	18	M		GD CHELAS	01:01:26	01:00:53
1264	288	NARCISO LOURENÇO	43	M4044	197	M		C MATA	01:01:29	01:01:17
1265	744	SUSAN P S MOTA	41	F4044	18	F		ADR AGUAS BELAS	01:01:30	01:01:23
1266	86	SONIA RODRIGUES	37	F2039	67	F		C MILLENNIUM BCP	01:01:31	01:00:52
1267	92	MANUEL PEREIRA	51	M5054	136	M		C MILLENNIUM BCP	01:01:31	01:00:51
1268	837	JOAQUIM MACHADO	59	M5559	130	M		GDT JF TRAFARIA	01:01:32	01:01:23
1269	975	CATIA RAMOS	29	F2039	68	F		GD JOANINHAS	01:01:33	01:00:59
1270	1050	JOEL CARVALHO	54	M5054	137	M		CR PENTEADO	01:01:33	01:01:14
1271	932	RICARDO CAMPOS	36	M2039	414	M		A FUTSAL ODIVELAS	01:01:42	01:00:57
1272	52	CARLOS SA	42	M4044	198	M		GD CHELAS	01:01:44	01:01:19
1273	1023	RICARDO MENDONÇA	41	M4044	199	M		CASCAIS PANDILHA	01:01:50	01:01:19
1274	1389	ANTONIO COELHO	37	M2039	415	M		A VALE SILENCIO	01:01:51	01:01:16
1275	773	ANTONIO J O CORREIA	61	M6099	91	M		SMO	01:01:53	01:01:36
1276	654	JOAO LOBO	49	M4549	173	M		INDIVIDUAL	01:01:55	01:01:18
1277	851	JOAO SOUSA	52	M5054	138	M		HABITAR	01:01:55	01:01:05
1278	1504	AGOSTINHO NUNES	59	M5559	131	M		CC ARCOS	01:01:55	01:01:02
1279	426	EMILIO GONÇALVES	44	M4044	200	M		A VALE SILENCIO	01:01:57	01:01:23
1280	1144	JORGE SOARES	39	M2039	416	M		INDIVIDUAL	01:01:59	01:01:51
1281	1411	BRUNO M V RAMOS	36	M2039	417	M		INDIVIDUAL	01:02:02	01:01:17
1282	1313	ANTONIO PINHO	59	M5559	132	M		AA LEBRES SADO	01:02:04	01:01:32
1283	653	VITORIA CORREIA	38	F2039	69	F		INDIVIDUAL	01:02:07	01:01:29
1284	1581	CARLOS TEIXEIRA	52	M5054	139	M		INDIVIDUAL	01:02:08	01:01:34
1285	1352	ANTONIO CASTRO	42	M4044	201	M		GD SANTANDER	01:02:09	01:01:08
1286	233	ARTUR DINIS	54	M5054	140	M		GD MACEDO	01:02:11	01:01:55
1287	684	RUI GAMEIRO	38	M2039	418	M		CD GRUPO BES	01:02:11	01:01:52
1288	687	CRISTINA ALEXANDRE	38	M2039	419	M		CD GRUPO BES	01:02:11	01:01:51
1289	1136	MARIO OLIVEIRA	36	M2039	420	M		INDIVIDUAL	01:02:14	01:01:22
1290	78	FERNANDO FERREIRA	65	M6099	92	M		C MILLENNIUM BCP	01:02:15	01:01:35
1291	1257	MANUELA BUSTORFF	56	F4599	27	F		TEJAVISTA	01:02:15	01:01:14
1292	1554	LUIS MARTINS	51	M5054	141	M		INDIVIDUAL	01:02:15	01:01:54
1293	1222	TEIXEIRA	68	M6099	93	M		CR CRUZ PAU	01:02:17	01:01:43
1294	311	PEDRO NEVES	51	M5054	142	M		FRACOS MAS	01:02:20	01:02:05
1295	452	TERESA HENTRIQUES	42	F4044	19	F		TIRAPICOS	01:02:20	01:01:29
1296	689	JORGE GOIS	51	M5054	143	M		CD GRUPO BES	01:02:22	01:02:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1297	215	MARQUES ALEXANDRE	53	M5054	144	M			CCDT METRO LX	01:02:23	01:01:32
1298	74	FERNANDO LEMOS	61	M6099	94	M			C MILLENNIUM BCP	01:02:30	01:01:49
1299	614	FILIFE MORAIS	21	M2039	421	M			OS TUGAS	01:02:32	00:00:00
1300	596	LUIS BOLETO	34	M2039	422	M			INDIVIDUAL	01:02:33	01:01:49
1301	1029	FLORIVAL LUCAS	48	M4549	174	M			INDIVIDUAL	01:02:35	01:01:42
1302	915	ANA R LEITÃO	37	F2039	70	F			FRIENDSHIP	01:02:41	01:01:49
1303	916	LUIS S LIBORIO	28	M2039	423	M			FRIENDSHIP	01:02:41	01:01:49
1304	917	RUI M LEITÃO	37	M2039	424	M			FRIENDSHIP	01:02:42	01:01:50
1305	504	ANTONIO C NOVAS	33	M2039	425	M			INDIVIDUAL	01:02:46	01:02:13
1306	69	ARNALDO DAVID	53	M5054	145	M			OS ZATOPEQUES	01:02:49	01:02:07
1307	187	MIGUEL SILVA	67	M6099	95	M			GA MONSANTO	01:02:51	01:02:41
1308	1353	DINIS SOUSA	70	M6099	96	M			GD SANTANDER	01:02:51	01:01:47
1309	1354	LIDIA LOPES	49	F4599	28	F			GD SANTANDER	01:02:51	01:01:47
1310	141	PAULA SIMOES	32	F2039	71	F			AÇOREANA C BANIF	01:02:54	01:02:04
1311	931	JOAO ESMENIO	54	M5054	146	M			A FUTSAL ODIVELAS	01:02:59	01:02:14
1312	860	ANGELO MARCOS	30	M2039	426	M			INDIVIDUAL	01:03:04	01:02:38
1313	1195	HELDER VARANDAS	64	M6099	97	M			REPORTPRO	01:03:07	01:02:48
1314	455	CARLOS ALFAIATE	58	M5559	133	M			C BENFICA	01:03:15	01:03:08
1315	518	NUNO VEIGA	42	M4044	202	M			INDIVIDUAL	01:03:17	01:02:43
1316	594	ELSA MOTA	48	F4599	29	F			RUN 4 FUN	01:03:17	01:03:11
1317	731	VASCO PIPA	48	M4549	175	M			RUN 4 FUN	01:03:17	01:03:12
1318	1056	EDUARDO P CORREIA	45	M4549	176	M			RUN 4 FUN	01:03:17	01:02:55
1319	1058	SANDRA CORREIA	42	F4044	20	F			RUN 4 FUN	01:03:17	01:02:55
1320	1437	CRISTINA CUNHA	41	F4044	21	F			INDIVIDUAL	01:03:19	01:03:19
1321	59	VANIA PEREIRA	27	F2039	72	F			OS ZATOPEQUES	01:03:27	01:02:45
1322	341	MARCO CRUZ	33	M2039	427	M			CR ALVORADA	01:03:29	01:03:11
1323	1256	ANA L FONSECA	35	F2039	73	F			TEJAVISTA	01:03:33	01:02:33
1324	1432	JOAQUIM CAPUCHO	60	M6099	98	M			INDIVIDUAL	01:03:33	01:03:33
1325	870	MARTINHO ROQUE	43	M4044	203	M			INDIVIDUAL	01:03:36	01:02:33
1326	1298	FERNANDA PARRO	48	F4599	30	F			GARMIN/CO OEIRAS	01:03:38	01:03:09
1327	136	HELENA SANTOS	49	F4599	31	F			AÇOREANA C BANIF	01:03:51	01:03:37
1328	144	ANTONIO JORGE	57	M5559	134	M			AÇOREANA C BANIF	01:03:55	01:03:41
1329	296	JOAO CARVALHO	18	M1819	19	M			CC LINDA A VELHA	01:03:55	01:03:46
1330	1090	PEDRO MELO	42	M4044	204	M			INDIVIDUAL	01:03:55	01:02:59
1331	1098	RICARDO OLIVEIRA	31	M2039	428	M			INDIVIDUAL	01:03:55	01:02:59
1332	1035	RUI M EUSÉBIO	65	M6099	99	M			INDIVIDUAL	01:03:56	01:03:00
1333	81	PAULA BATALHA	46	F4599	32	F			C MILLENNIUM BCP	01:03:58	01:03:52
1334	562	ANTONIO MOURA	55	M5559	135	M			INDIVIDUAL	01:04:20	01:04:13
1335	1529	GUY CASIMIRO	67	M6099	100	M			A VALE SILENCIO	01:04:24	01:03:51
1336	446	RICARDO NICOLAU	30	M2039	429	M			A VALE SILENCIO	01:04:28	01:04:28
1337	250	AMERICO FRANCISCO	56	M5559	136	M			A DANIEL CALDEIRA	01:04:33	01:04:05
1338	249	LURDES CUNHA	49	F4599	33	F			A DANIEL CALDEIRA	01:04:34	01:04:06



Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1339	625	RUI HENRIQUES	38	M2039	430	M			INDIVIDUAL	01:04:35	01:03:41
1340	253	ANA PEREIRA	50	F4599	34	F			A DANIEL CALDEIRA	01:04:36	01:04:02
1341	399	ARMINDO VELEZ	62	M6099	101	M			SC LIBERDADE	01:04:40	01:04:16
1342	545	LUIS F PINHÃO	55	M5559	137	M			LEAIS BEIRA	01:04:42	01:04:42
1343	1059	NUNO OLIVEIRA	35	M2039	431	M			#1	01:04:45	01:04:28
1344	769	HUGO FERREIRA	32	M2039	432	M			INDIVIDUAL	01:04:46	01:04:03
1345	1258	PEDRO M DELGADO	63	M6099	102	M			TEJAVISTA	01:04:49	01:03:48
1346	1259	Mª CONCEIÇÃO PALMA	44	F4044	22	F			TEJAVISTA	01:04:49	01:03:42
1347	219	ORLANDO SOUSA	49	M4549	177	M			CCDT METRO LX	01:04:56	01:04:02
1348	757	JORGE NARCISO	51	M5054	147	M			CC ARGANIL	01:05:01	01:04:33
1349	1002	JOAO ESTEVES	32	M2039	433	M			INDIVIDUAL	01:05:01	01:04:21
1350	717	MARIA LEITÃO	50	F4599	35	F			INDIVIDUAL	01:05:04	01:04:21
1351	839	HUGO SANTOS	18	M1819	20	M			RUNNING OF D	01:05:04	01:04:06
1352	137	IDALINA MADEIRA	50	F4599	36	F			AÇOREANA C BANIF	01:05:06	01:04:36
1353	1255	CARLOS J TEIXEIRA	50	M5054	148	M			TEJAVISTA	01:05:14	00:00:00
1354	1190	CATARINA ROLO	25	F2039	74	F			INDIVIDUAL	01:05:15	01:04:30
1355	1191	ANA TRINDADE	29	F2039	75	F			INDIVIDUAL	01:05:15	01:04:31
1356	1550	Mª DULCE VARZEA	45	F4599	37	F			INDIVIDUAL	01:05:16	01:04:39
1357	1551	LUIS C MIRA	47	M4549	178	M			INDIVIDUAL	01:05:16	01:04:39
1358	1201	MADALENA NUNES	56	F4599	38	F			INGLESES FC	01:05:19	01:04:35
1359	546	JOAO P CUNHA	43	M4044	205	M			LEAIS BEIRA	01:05:30	01:04:29
1360	541	JOAO GRACIO	50	M5054	149	M			LEAIS BEIRA	01:05:31	01:04:28
1361	33	MIGUEL BARATA	38	M2039	434	M			C FERROV	01:05:37	01:05:01
1362	862	LUCILENE CARDOSO	32	F2039	76	F			SCALABIS N	01:05:40	01:05:36
1363	1563	ANDRE PASCOAL	29	M2039	435	M			INDIVIDUAL	01:05:41	01:04:56
1364	1525	EDELVINA PAULINO	52	F4599	39	F			INDIVIDUAL	01:05:43	01:05:08
1365	1526	ANTONIO PAULINO	59	M5559	138	M			INDIVIDUAL	01:05:43	01:05:09
1366	760	NUNO LOUREIRO	45	M4549	179	M			MAD UROS	01:05:44	01:04:41
1367	514	CARLOS OLIVEIRA	56	M5559	139	M			INDIVIDUAL	01:05:50	01:04:57
1368	358	ANTONIO PEREIRA	63	M6099	103	M			A SACAVENENSE	01:05:51	01:05:23
1369	1269	JOSE SILVA	67	M6099	104	M			CP IVA	01:05:53	01:05:29
1370	1274	SUSANA PALMA	37	F2039	77	F			CP IVA	01:05:53	01:05:30
1371	1273	SANDRA SILVA	39	F2039	78	F			CP IVA	01:05:55	00:00:00
1372	193	PALMIRA RODRIGUES	57	F4599	40	F			GATOS	01:06:05	01:06:05
1373	678	RICARDO SEPÚLVEDA	33	M2039	436	M			OS NOMADAS	01:06:06	01:05:24
1374	1451	FERNANDO P RODRIGUES	69	M6099	105	M			INDIVIDUAL	01:06:07	01:05:37
1375	1518	MANUEL GOMES	66	M6099	106	M			INDIVIDUAL	01:06:07	01:05:43
1376	704	CARLOS PEDRO	65	M6099	107	M			INDIVIDUAL	01:06:08	01:05:53
1377	1233	JOSE MONIZ	63	M6099	108	M			CR CRUZ PAU	01:06:20	01:05:42
1378	1236	FRANCISCO FERRO	63	M6099	109	M			CR CRUZ PAU	01:06:20	01:05:41
1379	659	MARIO RIBEIRO	39	M2039	437	M			INDIVIDUAL	01:06:21	01:06:10
1380	1579	VITOR ROQUETE	60	M6099	110	M			INDIVIDUAL	01:06:21	01:05:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1381	1114	LUIS SOUSA	37	M2039	438	M			ACADEMIA LUMIAR	01:06:25	01:05:43
1382	324	RUI DIAS	38	M2039	439	M			GIRAFENSE FC	01:06:36	01:05:33
1383	425	ARMANDO ALMEIDA	52	M5054	150	M			A VALE SILENCIO	01:06:38	00:00:00
1384	728	CARLOS FERREIRA	63	M6099	111	M			CORRER POR	01:06:38	01:06:29
1385	474	INES SIMOES	28	F2039	79	F			ARBITROS FUTEBOL	01:06:39	01:05:50
1386	640	ARMENIO CORREIA	52	M5054	151	M			GUP GRALHAS	01:06:39	01:05:54
1387	1445	JOAO GAVANCHA	40	M4044	206	M			INDIVIDUAL	01:06:41	01:05:36
1388	804	ARMANDO J SILVA	61	M6099	112	M			INDIVIDUAL	01:06:42	01:06:37
1389	1053	PEDRO M DIAS	33	M2039	440	M			CR PENTEADO	01:06:47	01:06:10
1390	490	CARLA PEREIRA	40	F4044	23	F			CCD SEG SOCIAL	01:06:49	01:06:29
1391	169	RICARDO ALVES	28	M2039	441	M			AÇOREANA C BANIF	01:06:54	00:00:00
1392	979	TELMA MOREIRA	25	F2039	80	F			INDIVIDUAL	01:06:55	01:06:46
1393	1127	MARTA SOUSA	43	F4044	24	F			INDIVIDUAL	01:07:09	01:06:22
1394	1578	RICARDO FONSECA	38	M2039	442	M			INDIVIDUAL	01:07:24	01:06:51
1395	637	CARLA SIMÕES	37	F2039	81	F			INDIVIDUAL	01:07:36	01:06:36
1396	354	RUI XAVIER	44	M4044	207	M			CP EDP LISBOA	01:07:42	01:07:18
1397	128	JOSE MAGRO	41	M4044	208	M			O MUNDO CORRIDA	01:07:54	01:06:52
1398	135	ANA ISAAC	34	F2039	82	F			AÇOREANA C BANIF	01:07:56	01:07:24
1399	148	FAUSTO ISAAC	42	M4044	209	M			AÇOREANA C BANIF	01:07:56	01:07:23
1400	498	JOAO GRAÇA	72	M6099	113	M			CLUBE AUTOCOOPE	01:08:15	01:07:19
1401	577	MANUEL AFONSO	61	M6099	114	M			METAVISTA	01:08:15	01:08:05
1402	314	ARTUR MARCELINO	70	M6099	115	M			GD ARRIFANA	01:08:17	01:08:01
1403	1070	ELSA LUIS	41	F4044	25	F			INDIVIDUAL	01:08:20	01:07:59
1404	1140	RUI SOUSA	41	M4044	210	M			INDIVIDUAL	01:08:20	01:07:59
1405	214	JOSE PIRES	75	M6099	116	M			CCDT METRO LX	01:08:30	01:07:37
1406	1328	HELENA MAGALHAES	41	F4044	26	F			URCA	01:08:33	01:07:59
1407	785	VICTOR M G MENDES	50	M5054	152	M			VPRLR MENDES	01:08:36	01:07:36
1408	139	MA FEE HUNG	61	F4599	41	F			AÇOREANA C BANIF	01:08:58	01:08:26
1409	682	ANA MENDES	38	F2039	83	F			CD GRUPO BES	01:09:05	01:08:34
1410	1166	ANA ALPALHAO	38	F2039	84	F			ALPALHAO	01:09:06	01:08:35
1411	1486	ANTONIO FONSECA	42	M4044	211	M			SS CGD	01:09:16	01:08:43
1412	1263	GRAÇA NECA	56	F4599	42	F			TEJAVISTA	01:09:30	01:08:29
1413	966	SUSANA FRAZÃO	30	F2039	85	F			INDIVIDUAL	01:09:36	01:08:38
1414	1283	LUIS GRAÇA	47	M4549	180	M			RUNNING OF D	01:10:16	01:09:18
1415	964	RUTE GONÇALVES	30	F2039	86	F			OS GONÇALVES	01:10:18	01:09:32
1416	965	HORACIO GONÇALVES	56	M5559	140	M			OS GONÇALVES	01:10:18	01:09:31
1417	47	MARGARIDA REBELO	39	F2039	87	F			C FERROV	01:10:24	01:09:30
1418	1301	JOAO GONÇALVES	50	M5054	153	M			GARMIN/CO OEIRAS	01:10:25	01:09:32
1419	667	PAULA A M SILVA	41	F4044	27	F			CABRIZRUN	01:10:30	01:09:41
1420	668	JORGE FERNANDES	42	M4044	212	M			CABRIZRUN	01:10:30	01:09:41
1421	1419	JOSE J CABACEIRA	51	M5054	154	M			INDIVIDUAL	01:10:30	01:10:03
1422	1602	CRISTINA VICENTE	21	F2039	88	F			BELELE	01:10:47	01:10:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
1423	1603	JOAO SILVA	23	M2039	443	M		BELELE	01:10:47	01:10:40
1424	1145	ANTONIO FERNANDES	44	M4044	213	M		INDIVIDUAL	01:10:49	01:10:25
1425	1585	JORGE MARTINS	35	M2039	444	M		INDIVIDUAL	01:10:50	00:00:00
1426	548	JORGE PIRES	57	M5559	141	M		INDIVIDUAL	01:10:55	01:10:55
1427	1003	FERNANDO ALVARENGA	65	M6099	117	M		GAA VILA FRANCA	01:10:58	01:10:24
1428	204	ALIPIO OLIVEIRA	51	M5054	155	M		CCDT METRO LX	01:11:09	01:10:15
1429	297	LUIS SALVADOR	60	M6099	118	M		CC LINDA A VELHA	01:11:23	01:11:17
1430	310	Mª JOSE PACHECO	50	F4599	43	F		FRACOS MAS	01:11:23	01:11:09
1431	1442	MANUEL MOREIRA	65	M6099	119	M		INDIVIDUAL	01:11:40	01:11:06
1432	1237	JOSE PARRANÇA	73	M6099	120	M		CR CRUZ PAU	01:11:54	01:11:17
1433	699	ANTONIO NASCIMENTO	45	M4549	181	M		N A CNAS	01:12:09	01:11:18
1434	1565	PAULO FIGUEIREDO	33	M2039	445	M		INDIVIDUAL	01:12:10	01:11:23
1435	1272	FERNANDO SANTOS	65	M6099	121	M		CP IVA	01:13:09	01:13:00
1436	315	FRANCISCO MOUCHINHO	63	M6099	122	M		ACADEMIA LUMIAR	01:13:11	01:12:54
1437	1268	LUDGERO CALDEIRA	66	M6099	123	M		CP IVA	01:13:16	01:13:07
1438	549	FILIFE LEITÃO	35	M2039	446	M		INDIVIDUAL	01:13:47	01:13:00
1439	258	RODRIGO NETO	30	M2039	447	M		A DANIEL CALDEIRA	01:14:00	01:13:24
1440	283	JOAO SANTOS	36	M2039	448	M		GDCT REPSOL	01:14:04	01:13:04
1441	593	CESAR F GUERRA	42	M4044	214	M		CTJD	01:14:34	01:13:56
1442	630	DIOGO J R BRANCO	19	M1819	21	M		PAPA MILHAS	01:14:34	01:13:37
1443	631	JOAO C G BRANCO	43	M4044	215	M		PAPA MILHAS	01:14:34	01:13:37
1444	592	Mª TERESA L RODRIGUES	55	F4599	44	F		CTJD	01:14:35	01:13:56
1445	282	ALDA OLIVEIRA	57	F4599	45	F		GDCT REPSOL	01:14:49	01:13:48
1446	281	MANUEL SANTOS	64	M6099	124	M		GDCT REPSOL	01:14:50	01:13:50
1447	1467	ROSA CAETANO	57	F4599	46	F		INDIVIDUAL	01:15:09	01:14:43
1448	609	ROSA MARQUES	38	F2039	89	F		OS TUGAS	01:15:13	01:14:57
1449	613	ANTONIO GONÇALVES	50	M5054	156	M		OS TUGAS	01:15:13	01:14:54
1450	619	RAQUEL B MENDES	35	F2039	90	F		OS TUGAS	01:15:13	01:15:07
1451	583	JOAQUIM VENÂNCIO	57	M5559	142	M		APOGMA	01:15:25	01:14:32
1452	584	JOAO SIMOES	48	M4549	182	M		APOGMA	01:15:25	01:14:32
1453	1149	ANTONIETA F M AUGUSTO	46	F4599	47	F		INDIVIDUAL	01:16:00	01:16:00
1454	1577	Mª AMALIA CRUZ	46	F4599	48	F		INDIVIDUAL	01:16:06	01:15:41
1455	1151	CARLOS M G JACINTO	45	M4549	183	M		INDIVIDUAL	01:16:07	01:15:34
1456	894	JOÃO JACQUES	44	M4044	216	M		UNIDADE	01:17:06	01:16:42
1457	388	CECILIA TAVARES	45	F4599	49	F		CCD CASA PIA	01:17:24	01:16:56
1458	1455	ANTONIO A FERNANDES	75	M6099	125	M		INDIVIDUAL	01:18:30	01:18:11
1459	891	MARIA JACQUES	38	F2039	91	F		UNIDADE	01:18:40	01:18:16
1460	589	ANTONIO F R MARQUES	65	M6099	126	M		INDIVIDUAL	01:19:19	01:18:21
1461	1564	SARA DUQUE	29	F2039	92	F		INDIVIDUAL	01:20:10	01:19:24
1462	1566	JOAO MIRANDA	24	M2039	449	M		INDIVIDUAL	01:20:10	01:19:25
1463	1600	CARLOS VICENTE	39	M2039	450	M		INDIVIDUAL	01:21:13	01:20:45
1464	248	CATIA CORREIA	25	F2039	93	F		A DANIEL CALDEIRA	01:22:32	01:22:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
1465	252	BRUNO REDONDO	29	M2039	451	M		A DANIEL CALDEIRA	01:22:32	01:21:56
1466	761	CARLOS RIBEIRO	51	M5054	157	M		MAD UROS	01:22:45	01:21:41
1467	1459	CELESTE ROMERO	36	F2039	94	F		INDIVIDUAL	01:22:48	01:22:30
1468	876	FERNANDA MONTEIRO	47	F4599	50	F		MATILHA RADICAL	01:22:53	01:22:02
1469	884	JOAO M C SILVEIRA	56	M5559	143	M		MATILHA RADICAL	01:22:53	01:22:02
1470	1492	VANDA GUEDES	37	F2039	95	F		TEJAVISTA	01:23:34	01:22:33
1471	880	XANA LOURENÇO	57	F4599	51	F		MATILHA RADICAL	01:23:41	01:22:50
1472	883	LUCIA CARVALHO	55	F4599	52	F		MATILHA RADICAL	01:23:41	01:22:49
1473	1443	LAURENTINO SANTOS	57	M5559	144	M		INDIVIDUAL	01:24:05	01:23:10
1474	398	VICTOR MORA	75	M6099	127	M		SC LIBERDADE	01:24:06	01:23:40
1475	45	GLORIA SILVA	60	F4599	53	F		C FERROV	01:25:24	01:25:23
1476	251	CARLA MORAIS	35	F2039	96	F		A DANIEL CALDEIRA	01:25:25	01:24:55
1477	374	TERESA BRITO	62	F4599	54	F		CA VALE FIGUEIRA	01:26:32	01:26:18
1478	878	Mª GLORIA M SANTOS	56	F4599	55	F		MATILHA RADICAL	01:27:57	01:27:07
1479	885	ANA RODRIGUES	53	F4599	56	F		MATILHA RADICAL	01:28:19	01:27:29
1480	762	INES LOUREIRO	39	F2039	97	F		MAD UROS	01:29:25	01:28:21
1481	763	ILDA RIBEIRO	51	F4599	57	F		MAD UROS	01:29:25	01:28:21
1482	254	CATARINA GOMES	28	F2039	98	F		A DANIEL CALDEIRA	01:33:28	01:32:51
1483	1586	SARA NAPOLEAO	32	F2039	99	F		INDIVIDUAL	01:34:05	01:34:05
1484	325	ANTONIO BERNARDINO	38	M2039	452	M		GIRAFENSE FC	01:46:58	01:45:55