

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1388	MIGUEL QUARESMA	M	30		00:31:49	00:31:48	INGLESES FC
2	978	KUTS DMITRY	M	34		00:31:58	00:31:57	INDIVIDUAL
3	1392	ALBERTO CHAIÇA	M	40		00:32:02	00:32:02	INGLESES FC
4	1385	SERGIO MONTEIRO	M	22		00:32:31	00:32:30	INGLESES FC
5	369	NUNO CARRAÇA	M	24		00:32:50	00:32:49	URCA
6	1343	JOEL MARTINS	M	36		00:33:08	00:33:07	CUA BENAVENTENSE
7	1302	JOAO CAETANO	M	28		00:33:41	00:33:40	NUCLEOEIRAS/SPORTZONE
8	42	JOSE ESTRANGEIRO	M	25		00:34:11	00:34:10	AA COIMBRA
9	1395	EUSEBIO ROSA	M	45		00:34:23	00:34:22	INGLESES FC
10	32	JOAO GINJA	M	48		00:34:24	00:34:23	CR LEÕES P SALVO
11	1340	RAUL CAETANO	M	41		00:34:37	00:34:37	CUA BENAVENTENSE
12	977	RULEVSKII EVGENII	M	24		00:34:46	00:34:32	INDIVIDUAL
13	1341	PEDRO RIBEIRO	M	25		00:35:11	00:35:09	CUA BENAVENTENSE
14	670	JOSE FERREIRA	M	34		00:35:12	00:35:12	INDIVIDUAL
15	1348	PAULO ROLA	M	48		00:35:14	00:35:13	NAZ ABOBODA
16	1312	JOAO INOCENCIO	M	43		00:35:18	00:35:17	A VALE SILENCIO
17	85	CARLOS SANTOS	M	45		00:35:36	00:35:35	GAA VILA FRANCA XIRA
18	1203	GABRIEL RODRIGUES	M	49		00:35:59	00:35:57	ID VIEIRENSE
19	1197	JORGE MARCELINO	M	40		00:35:59	00:35:57	ID VIEIRENSE
20	799	EDMIR CORREIA	M	22		00:36:04	00:36:01	INDIVIDUAL
21	1393	PEDRO RIBEIRO	M	41		00:36:23	00:36:22	INGLESES FC
22	1397	JOSE QUARESMA	M	45		00:36:25	00:36:25	INGLESES FC
23	1391	GONÇALO FIGUEIRA	M	28		00:36:29	00:36:27	INGLESES FC
24	1141	JOAO GOMES	M	54		00:36:30	00:36:28	AÇOREANA C BANIF
25	582	JOSE SILVA	M	43		00:36:32	00:36:31	CA PATAMEIRAS
26	424	BRUNO PEDROSO	M	33		00:36:33	00:36:29	INDIVIDUAL
27	1396	JACINTO NASCIMENTO	M	44		00:36:35	00:36:33	INGLESES FC
28	611	DULIO PARREIRA	M	34		00:36:36	00:36:35	C BENFICA TORRES VEDRAS
29	1206	LICINIO PEREIRA	M	57		00:36:36	00:36:31	ID VIEIRENSE
30	25	NUNO RODRIGUES	M	27		00:36:40	00:36:39	CR LEÕES P SALVO
31	1369	CARLOS ROUXINOL	M	39		00:36:40	00:36:37	NAZ ABOBODA
32	1201	JOAO DOMINGOS	M	42		00:36:42	00:36:41	ID VIEIRENSE
33	662	PAULO ALVES	M	36		00:36:44	00:36:42	GDCT IN CASA MOEDA
34	585	VANDERLEY SILVA	M	19		00:36:47	00:36:40	GD CHELAS
35	645	SIMÃO P G ALBUQUERQUE	M	21		00:36:51	00:36:50	AC PORTALEGRE
36	646	VICENTE P G ALBUQUERQUE	M	18		00:36:51	00:36:50	AC PORTALEGRE
37	1378	JOSE LORGA	M	32		00:36:54	00:36:52	HC RUNNERS
38	746	JOAQUIM ANTUNES	M	54		00:36:58	00:36:56	ASS PARQ TEJO NORTE
39	40	AMILCAR SOARES	M	45		00:36:58	00:36:57	ALCAINS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	1228	VITOR T MARQUES	M	36		00:36:59	00:36:58	ASS PARQ TEJO NORTE
41	1325	LUIS SANTOS	M	31		00:36:59	00:36:50	A VALE SILENCIO
42	691	ANTONIO BRANCO	M	49		00:37:00	00:36:59	CR DO PENTEADO
43	1387	RUI CHAVES	M	37		00:37:02	00:37:02	INGLESES FC
44	1394	JOAQUIM MACHADO	M	42		00:37:02	00:37:01	INGLESES FC
45	452	CARLOS A S ALMEIDA	M	40		00:37:04	00:37:04	INDIVIDUAL
46	305	FLAVIO SANTOS	M	18		00:37:11	00:37:11	FF PAZ MUNDIAL
47	920	RUI NARIGUETA	M	37		00:37:15	00:37:15	INDIVIDUAL
48	685	PAULO SILVESTRE	M	41		00:37:19	00:37:18	A SACAVENENSE
49	1220	CARLOS JORGE	M	45		00:37:22	00:37:21	INDIVIDUAL
50	1398	JOAO LUCAS	M	49		00:37:30	00:37:29	INGLESES FC
51	999	VASILY ZVERER	M	50		00:37:40	00:37:38	INDIVIDUAL
52	1337	JOSE BORGES	M	53		00:37:43	00:37:42	ALHANDRA SC
53	1330	PAULO POVOA	M	50		00:37:45	00:37:42	A VALE SILENCIO
54	235	RODRIGO G N GREGÓRIO	M	31		00:37:47	00:37:44	INDIVIDUAL
55	1301	RUI FIRMINO	M	39		00:37:52	00:37:50	NUCLEOEIRAS/SPORTZONE
56	747	NUNO TINTIM	M	37		00:37:59	00:37:57	INDIVIDUAL
57	648	LUIS PEREIRA	M	43		00:38:02	00:38:02	AC PORTALEGRE
58	52	FERNANDO CANDEIAS	M	42		00:38:05	00:38:03	SS CGD
59	278	ANTONIO PINHEIRO	M	42		00:38:18	00:38:17	GD CHELAS
60	446	PAULO N J SEQUEIRA	M	35		00:38:19	00:38:17	AMIGOS DOS LOBOS
61	754	PAULO J OLIVEIRA	M	44		00:38:24	00:38:23	INDIVIDUAL
62	218	ANTONIO GASPARINHO	M	36		00:38:25	00:38:23	AA MAFRA
63	347	NUNO VAZ	M	30		00:38:27	00:38:25	FALCOES SELVAGENS
64	421	EDGAR JACINTO	M	27		00:38:28	00:38:24	INDIVIDUAL
65	600	LUÍS CIPRIANO	M	40		00:38:32	00:38:29	AMCR FONTE GRADA
66	598	VITOR SANTOS	M	37		00:38:38	00:38:36	AMCR FONTE GRADA
67	1352	JOSE GEADA	M	43		00:38:40	00:38:39	NAZ ABOBODA
68	1380	MIGUEL FERREIRA	M	18		00:38:42	00:38:42	INGLESES FC
69	1317	RUI PACHECO	M	37		00:38:47	00:38:39	A VALE SILENCIO
70	461	SUSANA CUNHA	F	25		00:38:51	00:38:49	LINDA A PASTORA SC
71	30	JORGE RODRIGUES	M	45		00:38:51	00:38:48	CR LEÕES P SALVO
72	226	JOAO CANAS	M	38		00:38:52	00:38:38	BUE RAPIDOS
73	580	RICARDO M ALMEIDA	M	33		00:39:00	00:38:55	O MUNDO CORRIDA
74	653	GUILHERME HORA	M	39		00:39:08	00:39:02	INDIVIDUAL
75	804	RUI NOVAIS	M	30		00:39:14	00:39:14	INDIVIDUAL
76	861	CLAUDIO PAULINHO	M	32		00:39:14	00:39:13	INDIVIDUAL
77	375	PAULO A M N RODRIGUES	M	37		00:39:15	00:39:15	INDIVIDUAL
78	866	FILIPE MADEIRA	M	22		00:39:16	00:39:15	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	1339	JOAO MARTINS	M	51		00:39:16	00:39:11	CUA BENAVENTENSE
80	1090	PEDRO SILVA	M	47		00:39:20	00:39:17	C MILLENNIUN BCP
81	1081	PEDRO MARTINS	M	46		00:39:22	00:39:18	C MILLENNIUN BCP
82	232	PAULO J S PALMA	M	36		00:39:25	00:39:24	INDIVIDUAL
83	1400	HUGO AFONSO	M	18		00:39:35	00:39:28	INGLESES FC
84	1406	AFONSO MOREIRA	M	18		00:39:35	00:39:27	INGLESES FC
85	1365	JOSE CONDUTO	M	52		00:39:39	00:39:33	NAZ ABOBODA
86	485	NUNO A M SOARES	M	32		00:39:42	00:39:28	INDIVIDUAL
87	824	PAULO JERÓNIMO	M	44		00:39:43	00:39:40	FAM 2 RUN
88	789	CARLOS LOPES	M	39		00:39:49	00:39:47	AMINHACORRIDA.COM
89	1384	JOAO PEREIRA	M	22		00:39:49	00:39:41	INGLESES FC
90	835	HENRIQUE SANJOANICO	M	35		00:39:54	00:39:50	OS ZATOPEQUES
91	679	JOAO LUIS	M	47		00:39:57	00:39:57	CP ALCANENA
92	202	JORGE MIMOSO	M	42		00:39:57	00:39:39	INDIVIDUAL
93	186	SAMUEL GALVEIA	M	32		00:39:57	00:39:54	AA LEBRES SADO
94	1179	DANIEL ANTUNES	M	51		00:39:58	00:39:55	CÂMARA L CLUBE
95	99	ANTONIO NUNES	M	41		00:39:58	00:39:55	CP RTP
96	1028	HERNANI FERNANDES	M	42		00:40:00	00:39:49	ARBITROS FUTEBOL
97	832	ARTUR OLIVEIRA	M	41		00:40:00	00:39:57	OS ZATOPEQUES
98	556	MARCOS A F PEREIRA	M	58		00:40:01	00:39:57	INDIVIDUAL
99	561	NUNO PITA	M	38		00:40:02	00:39:48	INDIVIDUAL
100	12	RICARDO JORGE	M	24		00:40:05	00:40:03	AA CHARNECA
101	1204	CARLOS PINTO	M	45		00:40:10	00:40:03	ID VIEIRENSE
102	1050	ANTONIO LOURO	M	40		00:40:11	00:40:09	GD SANTANDER TOTTA
103	39	RUI HENRIQUES	M	34		00:40:13	00:40:11	SS MONTEPIO GERAL
104	906	TIAGO A M CORREIA	M	28		00:40:14	00:40:13	NAFLS
105	1037	ANTONIO AMIEIRO	M	45		00:40:15	00:40:09	CCR ALTO MOINHO
106	864	HERMINIO VICENTE	M	41		00:40:16	00:40:15	INDIVIDUAL
107	1051	ANTONIO PEREIRA	M	48		00:40:22	00:40:20	GD SANTANDER TOTTA
108	398	MANUEL B COSTA	M	55		00:40:22	00:40:11	CCDT METRO LX
109	1205	RUI DINIS	M	49		00:40:24	00:40:16	ID VIEIRENSE
110	1143	RUI SILVA	M	37		00:40:26	00:40:06	AÇOREANA C BANIF
111	1213	LUIS MACEDO	M	34		00:40:35	00:40:23	GA MACEDO OCULISTA
112	1354	CARLOS MENDES	M	45		00:40:35	00:40:25	NAZ ABOBODA
113	1269	TIAGO BASTOS	M	36		00:40:37	00:40:37	INDIVIDUAL
114	244	LUÍS TRINDADE	M	35		00:40:38	00:40:26	INDIVIDUAL
115	1052	RUI MARTINS	M	28		00:40:38	00:40:35	INDIVIDUAL
116	399	CARLOS J MOREIRA	M	59		00:40:39	00:40:29	CCDT METRO LX
117	89	VITOR NOGUEIRA	M	49		00:40:44	00:40:41	GAA VILA FRANCA XIRA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	884	PEDRO FERNANDES	M	42		00:40:48	00:40:43	CRD ARRUDENSE
119	1293	JOAO P VIEIRA	M	19		00:40:49	00:40:46	INDIVIDUAL
120	477	LEONARDO A A LOPES	M	19		00:40:50	00:40:37	SFRAA
121	672	CARLOS LOURENÇO	M	45		00:40:51	00:40:46	INDIVIDUAL
122	599	JOSE MAGALHÃES	M	42		00:40:52	00:40:46	AMCR FONTE GRADA
123	765	MIGUEL ROCHA	M	42		00:40:52	00:40:51	INDIVIDUAL
124	370	CARLOS PIRES	M	42		00:40:53	00:40:51	URCA
125	350	PIOTR KOROLEV	M	41		00:41:01	00:40:57	INDIVIDUAL
126	826	ABEL M COSTA	M	49		00:41:04	00:41:01	FAM 2 RUN
127	1290	CARLOS CHARRUA	M	39		00:41:04	00:41:03	INDIVIDUAL
128	664	ARSÊNIO FERNANDES	M	58		00:41:06	00:41:03	INDIVIDUAL
129	1277	MIGUEL LOUREIRO	M	37		00:41:11	00:40:54	INDIVIDUAL
130	1134	LUIS PREGO	M	56		00:41:11	00:41:09	AÇOREANA C BANIF
131	795	PEDRO GABRIEL	M	39		00:41:13	00:40:37	CA AMIGOS PARQUE PAZ
132	755	PAULO R F PATRÍCIO	M	32		00:41:14	00:41:04	INDIVIDUAL
133	894	JOAO ROSA	M	42		00:41:15	00:41:12	CLUBE VODAFONE
134	451	NUNO M S F ALVES	M	37		00:41:16	00:41:14	INDIVIDUAL
135	88	RAUL QUARESMA	M	33		00:41:17	00:41:06	GAA VILA FRANCA XIRA
136	200	DAVID ROSADO	M	37		00:41:19	00:41:18	LE DROPSPORTIFF
137	928	JOAO CARMO	M	39		00:41:20	00:41:16	O MUNDO CORRIDA
138	41	DANIEL MORAIS	M	18		00:41:20	00:41:18	ALCAINS
139	488	JOSE M ANDRADE	M	35		00:41:21	00:41:08	INDIVIDUAL
140	1000	HUGO PINA	M	32		00:41:21	00:40:57	INDIVIDUAL
141	609	FERNANDO ANDRADE	M	34		00:41:24	00:41:17	OS PERIGOSOS
142	1358	AUGUSTO DIOGO	M	49		00:41:30	00:41:27	NAZ ABOBODA
143	976	CARLOS BRANCO	M	34		00:41:35	00:41:02	CD AGUIAS ALPIARÇA
144	803	MIGUEL LOURENÇO	M	40		00:41:37	00:40:59	INDIVIDUAL
145	87	VITOR NOVAIS	M	37		00:41:45	00:41:29	GAA VILA FRANCA XIRA
146	31	CARLOS MENDES	M	48		00:41:46	00:41:43	CR LEÕES P SALVO
147	1122	FRANCISCO CALÇADA	M	49		00:41:48	00:41:46	AÇOREANA C BANIF
148	678	JOAO FERNANDES	M	32		00:41:52	00:41:50	CP ALCANENA
149	81	SOFIA MARMELO	F	20		00:41:53	00:41:52	CA FERREIRA DO ZEZERE
150	934	FERNANDO FIGUEIREDO	M	47		00:41:54	00:41:26	FALCOES SELVAGENS
151	321	ANTONIO J A G LOUREIRO	M	32		00:41:57	00:41:53	INDIVIDUAL
152	273	RAUL RODRIGUES	M	55		00:41:59	00:41:58	GD CHELAS
153	499	VITOR LEBRE	M	38		00:42:00	00:41:53	INDIVIDUAL
154	637	JOSE M M FERREIRA	M	41		00:42:00	00:41:44	ADCR PAINHO
155	1237	ANTONIO CARDOSO	M	46		00:42:00	00:41:55	INDIVIDUAL
156	710	TIAGO VERMELHO	M	28		00:42:02	00:42:00	GRD RIBEIRA DA LAGE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	1390	LUIS FERNANDES	M	39		00:42:02	00:42:01	INGLESES FC
158	280	PEDRO SOUSA	M	57		00:42:02	00:41:54	INDIVIDUAL
159	1200	JOAO MARCELINO	M	43		00:42:03	00:41:49	ID VIEIRENSE
160	1207	ACACIO SANTOS	M	55		00:42:05	00:41:37	ID VIEIRENSE
161	173	CONSTANTINO ARAUJO	M	46		00:42:06	00:41:38	SC REBOLEIRA DAMAIA
162	738	SADIQ M KASSAMO	M	40		00:42:06	00:42:01	PORTUGAL RUNNING
163	512	AUGUSTO ESTEVES	M	56		00:42:09	00:42:08	OS PERIGOSOS
164	1199	NUNO LORVAO	M	43		00:42:12	00:42:08	ID VIEIRENSE
165	528	MIGUEL PAULINO	M	20		00:42:18	00:42:15	AMIGOS PENICHE
166	1181	LICINIO FIDALGO	M	54		00:42:18	00:41:33	CÂMARA L CLUBE
167	137	HELDER VALADAS	M	33		00:42:19	00:42:11	OS PERIGOSOS
168	384	HUGO PALMA	M	39		00:42:19	00:42:19	CP IVA
169	1092	TIAGO MENDES	M	40		00:42:19	00:42:16	C MILLENNIUM BCP
170	1382	RUBEN MONTEIRO	M	33		00:42:21	00:42:10	INGLESES FC
171	1379	MIGUEL HEITOR	M	25		00:42:21	00:41:57	INGLESES FC
172	258	EDUARDO RODRIGUES	M	54		00:42:21	00:42:09	GD CHELAS
173	1405	ANA MACHADO	F	24		00:42:21	00:42:21	INGLESES FC
174	531	PEDRO G CARDOSO	M	32		00:42:23	00:41:58	INDIVIDUAL
175	949	LUIS SALGUEIRO	M	56		00:42:25	00:42:18	INDIVIDUAL
176	1184	ANTONIO INACIO	M	57		00:42:25	00:42:21	CÂMARA L CLUBE
177	123	LUIS M C NEVES	M	35		00:42:27	00:42:18	MARINHAIS AC
178	1059	JOAO JESUS	M	38		00:42:29	00:42:21	GD SANTANDER TOTTA
179	151	FRANCISCO FREIRE	M	33		00:42:30	00:42:12	SERTANITOS & FRIENDS
180	259	PEDRO A MARQUES	M	38		00:42:31	00:42:20	GD CHELAS
181	279	JOSE SERRA	M	50		00:42:32	00:42:30	GD CHELAS
182	703	ALCIDES J CANIVETE	M	32		00:42:38	00:42:36	BTTTASCADUXICO
183	1238	PEDRO F SIMOES	M	34		00:42:39	00:41:54	INDIVIDUAL
184	478	JOAO L M B MARTINS	M	28		00:42:41	00:42:40	VIZINHOS TEAM
185	470	NUNO F LINO	M	33		00:42:41	00:42:39	INDIVIDUAL
186	519	MARIO LOURENÇO	M	48		00:42:42	00:42:40	C PRAÇAS ARMADA
187	711	PAULO LOPES	M	42		00:42:43	00:42:43	GRD RIBEIRA DA LAGE
188	102	DANIEL RAMOS	M	37		00:42:43	00:42:22	INDIVIDUAL
189	1399	TIAGO BRITO	M	30		00:42:44	00:42:16	INGLESES FC
190	193	HUGO P FARINHA	M	31		00:42:46	00:42:42	RUN TOPFITNESS
191	695	JOSE J AFECTO	M	59		00:42:49	00:42:35	CR DO PENTEADO
192	331	NUNO M R CARVALHINHO	M	39		00:42:50	00:42:35	INDIVIDUAL
193	134	MIGUEL F G MENEZES	M	41		00:42:54	00:42:50	OSC/IPA
194	900	NUNO NOBRE	M	39		00:42:54	00:42:50	R BIKES
195	227	NUNO M S JORGE	M	37		00:42:55	00:42:51	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	161	RUI D FREITAS	M	36		00:42:57	00:42:28	INDIVIDUAL
197	1042	AMELIA COSTA	F	47		00:43:01	00:42:44	CCR ALTO MOINHO
198	371	DEOLINDO ANDRÉ	M	53		00:43:02	00:43:01	URCA
199	78	DAVID SANTOS	M	50		00:43:03	00:42:52	UDCA
200	781	DAVID M FERREIRA	M	24		00:43:03	00:42:43	TRIATLO GOLEGÁ/DINAMITE TEAM
201	744	MANUEL DIAS	M	61		00:43:04	00:42:58	INDIVIDUAL
202	1176	MANUEL AMARO	M	58		00:43:05	00:42:47	CÂMARA L CLUBE
203	655	TIAGO M GABRIEL	M	26		00:43:05	00:43:00	INDIVIDUAL
204	1288	NUNO COELHO	M	45		00:43:08	00:42:58	INDIVIDUAL
205	727	FILIPE SERRAZINA	M	36		00:43:11	00:42:36	INDIVIDUAL
206	997	AURELIO ROSA	M	37		00:43:12	00:43:10	INDIVIDUAL
207	1294	JOSE A G BAPTISTA	M	47		00:43:12	00:43:11	INDIVIDUAL
208	801	RODRIGO G SILVA	M	46		00:43:13	00:42:37	INDIVIDUAL
209	895	PEDRO M V LIMA	M	35		00:43:15	00:43:05	INDIVIDUAL
210	363	JOSÉ MAIO	M	50		00:43:18	00:43:07	CD ARNEIRO
211	922	RICARDO F LEITAO	M	30		00:43:19	00:43:03	INDIVIDUAL
212	82	ANTONIO SANTOS	M	55		00:43:22	00:43:17	GAA VILA FRANCA XIRA
213	721	RODRIGO OLIVEIRA	M	35		00:43:25	00:43:15	FC ESTRELAS LISBOA
214	994	RUI RAMALHO	M	24		00:43:26	00:43:18	INDIVIDUAL
215	1036	ANTONIO BARROS	M	49		00:43:27	00:43:21	CCR ALTO MOINHO
216	673	JOAO LOURENÇO	M	33		00:43:27	00:43:15	CNCVG-TRIATLO
217	328	JOSE BERNARDO	M	45		00:43:28	00:43:25	GA MONSANTO GASCAN
218	822	RUI A S ESTEVES	M	39		00:43:34	00:43:23	GD FIDELIDADE
219	245	PAULO FERREIRA	M	36		00:43:35	00:43:26	INDIVIDUAL
220	395	ANTONIO E GONÇALVES	M	48		00:43:38	00:43:27	CCDT METRO LX
221	50	CARLOS ANTUNES	M	39		00:43:39	00:43:21	SS CGD
222	1086	EDUARDO FERREIRA	M	38		00:43:39	00:43:39	C MILLENNIUN BCP
223	1095	NUNO ALMEIDA	M	41		00:43:41	00:43:12	C MILLENNIUN BCP
224	740	PEDRO SIMÕES	M	32		00:43:42	00:43:35	BTTTASCADUXICO
225	373	JOAO A OMAÇÃS	M	44		00:43:44	00:43:15	INDIVIDUAL
226	1128	JORGE CANTEIRO	M	44		00:43:50	00:43:26	AÇOREANA C BANIF
227	663	CARLOS CRISTOVÃO	M	38		00:43:51	00:43:41	GDCT IN CASA MOEDA
228	1058	HAMILTON DIAS	M	38		00:43:51	00:43:39	GD SANTANDER TOTTA
229	1202	LUIS PEDROSA	M	47		00:43:53	00:43:40	ID VIEIRENSE
230	1191	JOAO CALDAS	M	47		00:43:53	00:43:44	ND AUTOCOOPE
231	1353	CARLOS PORTELA	M	42		00:43:54	00:43:45	NAZ ABOBODA
232	147	JOAQUIM SANTOS	M	55		00:43:55	00:43:02	FALCOES SELVAGENS
233	179	JOSE CARLOS MELO	M	51		00:43:56	00:43:31	RUN 4 FUN
234	633	MARIO P G MARTINS	M	40		00:43:56	00:43:47	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	190	JOAO M N R MARTINS	M	49		00:43:57	00:43:54	INDIVIDUAL
236	603	RUI PEREIRA	M	33		00:43:58	00:43:24	AMCR FONTE GRADA
237	1079	MANUEL PEREIRA	M	53		00:43:59	00:43:52	C MILLENNIUN BCP
238	177	JOSÉ SIMÕES	M	51		00:44:03	00:43:36	O MUNDO CORRIDA
239	1303	ANDRE SANTOS	M	37		00:44:03	00:43:49	A VALE SILENCIO
240	647	JOAO P C S ALBUQUERQUE	M	49		00:44:05	00:43:51	AC PORTALEGRE
241	1177	JORGE DUARTE	M	50		00:44:08	00:43:52	CÂMARA L CLUBE
242	1263	RUI MINHOTO	M	35		00:44:14	00:44:08	INDIVIDUAL
243	420	ANTONIO JACINTO	M	53		00:44:15	00:44:10	INDIVIDUAL
244	610	BERNARDO M M A GUERRA	M	18		00:44:16	00:44:16	INDIVIDUAL
245	990	LUIS BORGES	M	51		00:44:17	00:44:01	INDIVIDUAL
246	246	LUIS BARRETO	M	42		00:44:18	00:44:16	INDIVIDUAL
247	306	ARMINDO SANTOS	M	52		00:44:19	00:44:18	FF PAZ MUNDIAL
248	394	JOAO S ANTUNES	M	43		00:44:19	00:44:19	GD BANCO BPI
249	1273	FERNANDO CARREIRO	M	52		00:44:21	00:44:09	INDIVIDUAL
250	859	JAIME COSTA	M	43		00:44:21	00:44:11	BELAS RUNNERS
251	933	BOGDAN SANDU	M	21		00:44:22	00:44:06	INDIVIDUAL
252	898	ANTONIO P LOPES	M	53		00:44:23	00:44:19	CC ARGANIL
253	706	JOAO REVÉS	M	41		00:44:24	00:44:14	LESMAS ALOPRADAS
254	19	JOAO A MARQUES	M	48		00:44:25	00:44:25	GRD RIBEIRA DA LAGE
255	21	PEDRO M L PEREIRA	M	29		00:44:26	00:44:14	CNCVG-TRIATLO
256	1172	IVO NOGUEIRA	M	27		00:44:29	00:42:51	CÂMARA L CLUBE
257	1098	FILIPA VILAR	F	28		00:44:30	00:44:18	C MILLENNIUN BCP
258	8	JOSE OLIVEIRA	M	40		00:44:31	00:44:28	RB RUNNING
259	1138	NUNO SABINO	M	36		00:44:31	00:44:05	AÇOREANA C BANIF
260	725	RUI ROMÃO	M	36		00:44:33	00:44:24	INDIVIDUAL
261	362	PEDRO BUENO	M	45		00:44:34	00:44:22	CD ARNEIRO
262	460	LUIS F S RAMOS	M	34		00:44:36	00:44:30	INDIVIDUAL
263	659	CARLOS FOLGADO	M	53		00:44:37	00:44:06	GRD RIBEIRA DA LAGE
264	493	RUI T MARTINS	M	30		00:44:37	00:44:04	TECNOSPIE
265	652	JOSE BARROCO	M	55		00:44:42	00:44:38	INDIVIDUAL
266	985	GUILHERME GODINHO	M	43		00:44:44	00:44:14	INDIVIDUAL
267	267	CARLOS SA	M	43		00:44:44	00:44:41	GD CHELAS
268	1099	ANTONIO BRAGA	M	54		00:44:44	00:44:40	C MILLENNIUN BCP
269	240	EDUARDO LUIS	M	35		00:44:45	00:44:18	ATOMIC TEAM
270	1381	HELIO MARQUES	M	39		00:44:45	00:44:34	INGLESES FC
271	152	SILVIO M B HORTA	M	31		00:44:46	00:44:28	ACR ZONA AZUL
272	1401	ANDRE SATAR	M	25		00:44:48	00:44:20	INGLESES FC
273	442	DANIEL SILVA	M	53		00:44:48	00:44:40	GD SÃO DOMINGOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	564	JORGE SIRGADO	M	44		00:44:49	00:44:40	INDIVIDUAL
275	503	ANTONIO MACHADO	M	43		00:44:55	00:44:19	INDIVIDUAL
276	254	JORGE PRAZERES	M	39		00:44:55	00:44:42	MONSANTO RUNNING TEAM
277	1417	SERGIO RAMOS	M	37		00:44:55	00:44:26	INDIVIDUAL
278	701	JOAO VAZ	M	48		00:44:55	00:44:49	INDIVIDUAL
279	211	RUI PINA	M	36		00:44:55	00:44:43	INDIVIDUAL
280	281	DIOGO PIRES	M	28		00:44:57	00:44:53	INDIVIDUAL
281	758	MIGUEL RAMALHO	M	32		00:44:58	00:44:42	VALADARES
282	1239	JOAO DURAO	M	37		00:44:58	00:44:58	INDIVIDUAL
283	830	MANUEL FIDALGO	M	61		00:44:59	00:44:55	INDIVIDUAL
284	1016	JOAQUIM S FIDALGO	M	53		00:44:59	00:44:53	TEJAVISTA
285	471	RAFAEL SANTOS	M	40		00:45:01	00:44:59	INDIVIDUAL
286	482	JOAO ROSA	M	38		00:45:02	00:44:19	CLUBE VODAFONE
287	876	RUI P ALMEIDA	M	37		00:45:03	00:44:20	A VALE SILENCIO
288	604	JOAO ALVES	M	46		00:45:03	00:44:40	AMCR FONTE GRADA
289	472	LUIS M F ANTUNES	M	41		00:45:04	00:45:01	RB RUNNING
290	368	MANUEL ALVES	M	47		00:45:04	00:44:51	CD ARNEIRO
291	507	GONÇALO SILVA	M	35		00:45:05	00:44:28	AFRS
292	1072	RUI MACHINHO	M	37		00:45:06	00:44:57	GD SANTANDER TOTTA
293	807	JOSE C N RAMOS	M	38		00:45:08	00:44:53	INDIVIDUAL
294	243	ANDRE GUERREIRO	M	21		00:45:09	00:44:57	INDIVIDUAL
295	294	LUIS M P CARVALHO	M	38		00:45:12	00:44:41	AREALBIKE/RADIOALENQUER
296	696	AUGUSTO SEMEDO	M	55		00:45:13	00:45:11	CR DO PENTEADO
297	1256	JORGE GODINHO	M	48		00:45:14	00:44:36	INDIVIDUAL
298	1174	PAULO SANTOS	M	48		00:45:16	00:43:38	CÂMARA L CLUBE
299	501	JOAO GONCALVES	M	41		00:45:17	00:44:56	MERIDIANOS
300	180	MARCO MORGADO	M	34		00:45:19	00:45:16	INDIVIDUAL
301	720	RAQUEL AFONSO	F	40		00:45:20	00:45:15	NOVABASE
302	203	RICARDO LEITÃO	M	37		00:45:22	00:45:00	INDIVIDUAL
303	205	CARLOS CRAVO	M	48		00:45:22	00:45:00	INDIVIDUAL
304	29	ANTONIO VILELA	M	44		00:45:22	00:45:04	CR LEÕES P SALVO
305	1366	SERGIO MONTES	M	36		00:45:22	00:45:04	NAZ ABOBODA
306	1246	DUARTE ROLO	M	28		00:45:23	00:44:36	INDIVIDUAL
307	64	RUI PEREIRA	M	43		00:45:24	00:44:39	SS CGD
308	973	LUIS MENDES	M	41		00:45:26	00:44:48	NAPA
309	724	SERGIO NUNES	M	37		00:45:27	00:45:21	FC ESTRELAS LISBOA
310	231	VICTOR MANSO	M	33		00:45:28	00:45:14	A FAROLIM PENICHE
311	584	JOAO A D COSTA	M	25		00:45:29	00:45:15	INDIVIDUAL
312	1034	JAIME FIGUEIREDO	M	47		00:45:32	00:45:25	CCR ALTO MOINHO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	572	MANUEL FONSECA	M	50		00:45:33	00:45:29	AA LEBRES SADO
314	908	NUNO J ALMEIDA	M	29		00:45:34	00:45:28	INDIVIDUAL
315	860	HUMBERTO LUZ	M	43		00:45:34	00:45:24	BELAS RUNNERS
316	1087	PAULO PAIS	M	48		00:45:36	00:45:32	C MILLENNIUN BCP
317	841	PAULO BASÍLIO	M	46		00:45:38	00:45:12	OS ZATOPEQUES
318	63	PEDRO LUZIO	M	37		00:45:40	00:45:22	SS CGD
319	935	JOAO F F BALSINHA	M	60		00:45:40	00:45:35	INDIVIDUAL
320	90	FERNANDO ALVARENGA	M	67		00:45:40	00:45:20	GAA VILA FRANCA XIRA
321	1386	FERNANDO SANTOS	M	60		00:45:41	00:45:36	INGLESES FC
322	34	ANTONIO VALE	M	56		00:45:41	00:45:37	CR LEÕES P SALVO
323	1361	ARMINDO SANTOS	M	58		00:45:42	00:45:32	NAZ ABOBODA
324	55	JOAQUIM FRADE	M	58		00:45:43	00:45:40	SS CGD
325	839	JOSE CUNHA	M	49		00:45:44	00:45:17	OS ZATOPEQUES
326	950	LEANDRTO BARROS	M	24		00:45:46	00:45:41	INDIVIDUAL
327	318	NUNO M N CUNHA	M	34		00:45:46	00:45:37	INDIVIDUAL
328	148	CARLOS M G MARQUES	M	42		00:45:48	00:45:14	INDIVIDUAL
329	257	CARLOS RODRIGUES	M	41		00:45:50	00:45:45	GD CHELAS
330	1038	JOAO BATISTA	M	56		00:45:55	00:45:49	CCR ALTO MOINHO
331	697	PETER PITREZ	M	34		00:45:57	00:45:51	INDIVIDUAL
332	408	ROGERIO SILVA	M	49		00:45:57	00:45:48	INDIVIDUAL
333	643	PEDRO M D EUGÉNIO	M	41		00:45:58	00:45:49	OS PERIGOSOS
334	1119	FAUSTO ISAAC	M	44		00:45:58	00:45:32	AÇOREANA C BANIF
335	248	JORGE NUNES	M	47		00:46:01	00:45:04	INDIVIDUAL
336	1285	MARIO J C MARQUES	M	53		00:46:03	00:45:57	INDIVIDUAL
337	1121	FERNANDO CELESTINO	M	55		00:46:04	00:45:43	AÇOREANA C BANIF
338	266	PAULO CARDOSO	M	51		00:46:06	00:46:05	GD CHELAS
339	601	SERGIO CIPRIANO	M	35		00:46:09	00:45:46	AMCR FONTE GRADA
340	75	FRANCISCO GOMES	M	31		00:46:11	00:46:07	CA ODIMARQ
341	787	CARLOS OLIVEIRA	M	37		00:46:12	00:46:04	INDIVIDUAL
342	669	MICKE ROSADO	M	21		00:46:14	00:45:24	INDIVIDUAL
343	552	PEDRO SALGUEIRO	M	36		00:46:15	00:45:29	IRMANDADE PEDALEIRA
344	769	FREDERICO FERNANDES	M	37		00:46:16	00:46:09	INDIVIDUAL
345	1264	NUNO SILVA	M	37		00:46:16	00:46:16	INDIVIDUAL
346	1323	KEONEL NEVES	M	60		00:46:18	00:46:05	A VALE SILENCIO
347	1225	PEDRO ANDRADE	M	43		00:46:18	00:45:39	INDIVIDUAL
348	530	BRIGITTE S CARDOSO	F	30		00:46:18	00:45:53	INDIVIDUAL
349	704	ARMANDO CORREIA	M	62		00:46:18	00:46:07	LESMAS ALOPRADAS
350	1235	DOMINGOS P COELHO	M	39		00:46:20	00:45:47	INDIVIDUAL
351	1147	VIRGILIO MADEIRA	M	54		00:46:21	00:46:08	AÇOREANA C BANIF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	505	BRUNO FRANCISCO	M	30		00:46:22	00:45:50	2 FAST 4 YOU
353	1118	CARLOS FONSECA	M	53		00:46:22	00:46:15	AÇOREANA C BANIF
354	1260	ROGERIO ARAUJO	M	49		00:46:25	00:45:46	INDIVIDUAL
355	945	HUGO SILVA	M	27		00:46:27	00:46:10	INDIVIDUAL
356	671	JOAO VEIGA	M	25		00:46:29	00:45:59	RUN 4 FUN
357	574	JOÃO SANTOS	M	49		00:46:33	00:46:33	AA LEBRES SADO
358	709	RAFAEL A F D ABRUNHOSA	M	47		00:46:35	00:46:00	INDIVIDUAL
359	509	JOAO CORREIA	M	45		00:46:35	00:45:59	AFRS
360	1140	PAULO TORRAO	M	42		00:46:36	00:46:11	AÇOREANA C BANIF
361	863	LUIS GAMA	M	50		00:46:37	00:46:03	2 FAST 4 YOU
362	1336	ANDRE WIBORG	M	55		00:46:37	00:45:52	VFF 1896
363	1416	MIGUEL ALMEIDA	M	30		00:46:39	00:46:33	INDIVIDUAL
364	171	CARLOS M O SILVA	M	48		00:46:39	00:46:36	INDIVIDUAL
365	1326	MANUEL CHINITA	M	49		00:46:39	00:45:48	A VALE SILENCIO
366	230	JOSE L GONÇALVES	M	84		00:46:41	00:46:27	A FAROLIM PENICHE
367	1114	ALEXANDRA ALVES	F	30		00:46:41	00:46:41	AÇOREANA C BANIF
368	54	JOAO MARAL	M	44		00:46:42	00:46:33	SS CGD
369	140	MÁRIO LOPES	M	45		00:46:42	00:46:34	OS PERIGOSOS
370	304	VITOR MOREIRA	M	60		00:46:42	00:46:36	CP EDP LISBOA
371	1150	DIOGO COSTA	M	65		00:46:42	00:46:36	CR CRUZ PAU
372	1265	HUGO AFONSO	M	40		00:46:43	00:46:37	INDIVIDUAL
373	174	JOSE REIS	M	60		00:46:44	00:46:17	SC REBOLEIRA DAMAIA
374	141	MARCO CASEIRO	M	35		00:46:44	00:46:37	OS PERIGOSOS
375	366	JOSE SOUSA	M	63		00:46:45	00:46:31	CD ARNEIRO
376	276	LUIS BOLETO	M	36		00:46:46	00:46:22	GD CHELAS
377	1019	CAROLINA GREGORIO	F	22		00:46:47	00:46:41	FALCOES SELVAGENS
378	1328	PAULO DUARTE	M	47		00:46:47	00:45:54	A VALE SILENCIO
379	303	PEDRO ANTUNES	M	39		00:46:47	00:46:43	CP EDP LISBOA
380	47	ANTONIO TABORDA	M	63		00:46:48	00:46:39	SS CGD
381	852	HUGO GOMES	M	38		00:46:51	00:46:14	RUN 4U
382	1350	ANDRE LEANDRO	M	29		00:46:52	00:46:39	NAZ ABOBODA
383	543	DOUGLAS FRY	M	57		00:46:53	00:46:18	CLUBE SAL E LUZ
384	167	Mª JOAO LOPES	F	33		00:46:53	00:46:42	MONSANTO RUNNING TEAM
385	1153	JOSE SOIUSA	M	53		00:46:55	00:46:50	CR CRUZ PAU
386	1383	CARLOS MAGALHAES	M	44		00:46:56	00:46:30	INGLESES FC
387	343	RICARDO J F FRANCO	M	41		00:46:57	00:46:53	INDIVIDUAL
388	66	TIAGO AVELÃS	M	38		00:46:58	00:46:53	SS CGD
389	594	RUI PINTO	M	48		00:46:59	00:46:35	OS TUGAS
390	1173	ERNESTO MONTEIRO	M	42		00:47:00	00:46:14	CÂMARA L CLUBE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	298	JOSE M U TAVARES	M	54		00:47:01	00:46:59	INDIVIDUAL
392	1117	CARLA CALÇADA	F	44		00:47:02	00:46:54	AÇOREANA C BANIF
393	77	JOAQUIM CRISPIM	M	57		00:47:02	00:46:50	UDCA
394	660	DAVID MARTINS	M	31		00:47:03	00:46:32	GRD RIBEIRA DA LAGE
395	817	FLORIVAL LUCAS	M	50		00:47:04	00:46:55	AA LEBRES SADO
396	407	RUI ARAUJO	M	54		00:47:07	00:46:55	CCDT METRO LX
397	101	PEDRO CARVALHO	M	41		00:47:07	00:46:50	BIP-BIP RUNNERS
398	172	JOAO PARADINHA	M	40		00:47:08	00:45:39	INDIVIDUAL
399	225	JOAO BENTO	M	45		00:47:10	00:46:16	BUE RAPIDOS
400	176	MIGUEL SAN-PAYO	M	51		00:47:10	00:46:41	INDIVIDUAL
401	885	RICARDO MOREIRA	M	48		00:47:12	00:47:12	CRD ARRUDENSE
402	86	MAURO PIMENTA	M	37		00:47:12	00:46:51	GAA VILA FRANCA XIRA
403	84	ANTONIO RIBEIRO	M	52		00:47:12	00:46:51	GAA VILA FRANCA XIRA
404	960	ANA TOMAS	F	32		00:47:13	00:46:58	RUNLOVERS
405	1309	FERNANDO AVELINO	M	53		00:47:13	00:46:20	A VALE SILENCIO
406	1039	JOAO FAZENDA	M	55		00:47:13	00:46:55	CCR ALTO MOINHO
407	554	ANDRE TAVARES	M	24		00:47:13	00:46:53	INDIVIDUAL
408	776	LUIS FERREIRA	M	47		00:47:14	00:46:57	RUNLOVERS
409	1364	KJOSE OLIVEIRA	M	48		00:47:15	00:46:45	NAZ ABOBODA
410	325	CARLOS COELHO	M	52		00:47:16	00:47:12	GA MONSANTO GASCAN
411	109	MARIANA P S MARQUES	F	25		00:47:17	00:47:14	INDIVIDUAL
412	504	RICARDO TAVARES	M	32		00:47:20	00:46:50	2 FAST 4 YOU
413	625	FILIPA RAMOS	F	36		00:47:21	00:47:04	EQUIPA HERMES
414	1360	PAULINO PACHECO	M	57		00:47:22	00:47:03	NAZ ABOBODA
415	760	RAUL SANTOS	M	56		00:47:23	00:47:17	FF PAZ MUNDIAL
416	883	PAULO L VEIGA	M	47		00:47:25	00:46:58	CRD ARRUDENSE
417	842	NUNO PEREIRA	M	35		00:47:25	00:47:17	OS ZATOPEQUES
418	387	JORGE M SEBASTIAO	M	38		00:47:26	00:47:18	INDIVIDUAL
419	560	JOSE VITORINO	M	41		00:47:26	00:46:52	INDIVIDUAL
420	335	JOSE FALÉ	M	44		00:47:27	00:47:02	NUNCORRANTANTO
421	1247	BERNARDO ROQUE	M	28		00:47:27	00:46:41	INDIVIDUAL
422	892	NUNO M ANTUNES	M	44		00:47:30	00:46:59	INDIVIDUAL
423	963	FABIO MALHOA	M	28		00:47:31	00:47:12	INDIVIDUAL
424	680	MIGUEL MARQUES	M	53		00:47:36	00:47:24	INDIVIDUAL
425	169	JOAO G MOREIRA	M	46		00:47:37	00:47:25	INDIVIDUAL
426	956	PEDRO QUEIROS	M	30		00:47:38	00:47:22	INDIVIDUAL
427	308	ANA R S GASPAR	F	33		00:47:40	00:47:24	ESMTC
428	986	NUNO PINTAO	M	43		00:47:41	00:47:39	INDIVIDUAL
429	1010	JOAO C BRÁS	M	32		00:47:42	00:47:09	TEJAVISTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	210	RICARDO L R VITORINO	M	31		00:47:42	00:46:50	OUR TEAM
431	798	EDUARDO MOUTINHO	M	45		00:47:42	00:47:26	O MUNDO CORRIDA
432	1349	HELDER SANTOS	M	31		00:47:42	00:47:13	NAZ ABOBODA
433	1306	ARMANDO ALMEIDA	M	54		00:47:43	00:46:49	A VALE SILENCIO
434	70	JOSE HENRIQUES	M	50		00:47:43	00:47:02	AD REAL ACADEMIA
435	1367	JOSE MELO	M	52		00:47:43	00:47:15	NAZ ABOBODA
436	972	CELIA CECILIO	M	40		00:47:44	00:47:06	NAPA
437	142	CARLOS SOUSA	M	56		00:47:44	00:47:37	OS PERIGOSOS
438	1163	DAVID PALMEIRO	M	47		00:47:44	00:47:39	SL CAMPOLIDE
439	275	VICTOR DIAS	M	47		00:47:45	00:47:31	GD CHELAS
440	238	LICINIO SIMÕES	M	31		00:47:45	00:47:18	ATOMIC TEAM
441	926	ORLANDO G S FERREIRA	M	56		00:47:45	00:47:33	INDIVIDUAL
442	197	FERNANDO M SANTOS	M	51		00:47:47	00:47:23	GD BANCO BPI
443	1133	LUIS NOVO	M	59		00:47:47	00:47:24	AÇOREANA C BANIF
444	1078	FERNANDO RODRIGUES	M	49		00:47:48	00:47:09	C MILLENNIUN BCP
445	374	ALEXANDRE BARBOSA	M	33		00:47:49	00:47:49	NUNCORRANTANTO
446	1284	ANTONIO B ALMEIDA	M	43		00:47:51	00:47:46	INDIVIDUAL
447	899	RUI PANCADARES	M	39		00:47:54	00:47:18	R BIKES
448	295	CARLOS M F MACHADO	M	37		00:47:57	00:47:33	INDIVIDUAL
449	1116	ARMANDO APRREIRA	M	45		00:47:58	00:47:34	AÇOREANA C BANIF
450	1154	ANTONIO MONTEIRO	M	48		00:47:59	00:47:59	CR CRUZ PAU
451	209	RICARDO P R FERREIRA	M	31		00:47:59	00:47:06	OUR TEAM
452	475	JOSÉ MATOS	M	45		00:48:00	00:47:56	C PRAÇAS ARMADA
453	1113	ALBANO ALVES	M	58		00:48:02	00:47:30	AÇOREANA C BANIF
454	947	AUGUSTO GASPAR	M	52		00:48:02	00:47:29	CCD OLIVAIS SUL
455	402	JOSE L SANTOS	M	44		00:48:03	00:47:17	CCDT METRO LX
456	936	JOSE L F CAETANO	M	61		00:48:04	00:47:47	INDIVIDUAL
457	71	CARLOS SANTOS	M	61		00:48:06	00:47:57	C FERROV PORTIUGAL
458	403	JOSE P CUNHA	M	50		00:48:10	00:47:59	CCDT METRO LX
459	157	JOAO PEREIRA	M	46		00:48:11	00:48:06	INDIVIDUAL
460	1362	CARLOS DUARTE	M	63		00:48:11	00:47:33	NAZ ABOBODA
461	597	JOAO CORTE-REAL	M	50		00:48:11	00:47:58	AMCR FONTE GRADA
462	44	ALVARO FURTADO	M	55		00:48:12	00:47:28	SS CGD
463	1057	GABRIEL CHARRUA	M	35		00:48:13	00:47:42	GD SANTANDER TOTTA
464	166	JOAO P ALMEIDA	M	46		00:48:14	00:48:08	INDIVIDUAL
465	1208	ACACIO LAVOS	M	62		00:48:14	00:47:57	ID VIEIRENSE
466	69	ALVARO PINTO	M	56		00:48:14	00:47:33	AD REAL ACADEMIA
467	840	JORGE LEITÃO	M	49		00:48:16	00:47:50	OS ZATOPEQUES
468	1062	CARLOS TEIXEIRA	M	41		00:48:17	00:47:26	GD SANTANDER TOTTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	293	PAULO TRINDADE	M	39		00:48:18	00:47:50	O MUNDO CORRIDA
470	1049	ANTONIO FERREIRA	M	42		00:48:18	00:47:26	GD SANTANDER TOTTA
471	263	AMERICO PIMENTA	M	48		00:48:19	00:48:17	GD CHELAS
472	262	JORGE MARQUES	M	44		00:48:19	00:48:16	GD CHELAS
473	115	MARCO RICARDO	M	32		00:48:20	00:48:01	INDIVIDUAL
474	996	RUI FILIPE	M	49		00:48:20	00:47:31	OS ZATOPEQUES
475	838	JOSE MORAIS	M	52		00:48:20	00:47:31	OS ZATOPEQUES
476	410	BRUNO MMOITA	M	28		00:48:21	00:47:52	INDIVIDUAL
477	1389	NUNO MARQUES	M	39		00:48:21	00:48:19	INGLESES FC
478	418	CARLOS PEREIRA	M	31		00:48:22	00:47:56	INDIVIDUAL
479	201	ISRAEL GUARDA	M	35		00:48:23	00:48:20	LE DROPSPORTIFF
480	1297	PEDRO SEMEDO	M	41		00:48:26	00:48:21	JOMA
481	548	CARLOS SERRA	M	43		00:48:28	00:47:42	IRMANDADE PEDALEIRA
482	469	EDUARDO MARQUES	M	28		00:48:29	00:48:14	INDIVIDUAL
483	24	MANUELA FOLGADO	F	63		00:48:33	00:48:29	CR LEÕES P SALVO
484	924	FERNANDO ALBUQUERQUE	M	46		00:48:33	00:48:14	INDIVIDUAL
485	178	NUNO MANUEL	M	48		00:48:33	00:48:29	CLUBE TAP PORTUGAL
486	667	ANTHONY ROSADO	M	28		00:48:34	00:47:45	INDIVIDUAL
487	436	ROSARIO MORGADO	F	37		00:48:35	00:48:26	GD SÃO DOMINGOS
488	155	MIGUEL DIAS	M	42		00:48:36	00:48:05	RUN 4 FUN
489	739	DIOGO SILVA	M	34		00:48:36	00:48:34	BTTTASCADUXICO
490	156	JOSE GABRIEL	M	56		00:48:37	00:47:53	INDIVIDUAL
491	159	RUI M C AGUIAR	M	40		00:48:38	00:48:28	INDIVIDUAL
492	385	DANIEL M FEITEIRONA	M	31		00:48:39	00:48:21	INDIVIDUAL
493	160	JOAQUIM A S LACÃO	M	41		00:48:39	00:48:28	INDIVIDUAL
494	182	PAULO J A G NUNES	M	41		00:48:41	00:47:45	INDIVIDUAL
495	138	BENTO VALENTE	M	48		00:48:41	00:48:32	OS PERIGOSOS
496	559	CARLOS VITORINO	M	40		00:48:41	00:47:45	INDIVIDUAL
497	649	ANTONIO COSTA	M	46		00:48:42	00:47:48	GEORUNNERS
498	717	ANDRE MOTA	M	36		00:48:42	00:48:11	URD ARRANHO
499	440	FERNANDO GUERREIRO	M	66		00:48:43	00:48:35	GD SÃO DOMINGOS
500	437	ANABELA CARVALHO	F	49		00:48:43	00:48:34	GD SÃO DOMINGOS
501	107	NUNO LUCAS	M	33		00:48:46	00:48:29	PERNAS GAFANHOTO
502	320	ANTONIO CUMBRE	M	34		00:48:46	00:48:31	PERNAS GAFANHOTO
503	1373	ACACIO REIS	M	29		00:48:50	00:48:17	INDIVIDUAL
504	423	TÂNIA PEDROSO	F	33		00:48:50	00:48:34	INDIVIDUAL
505	1136	NELSON MOTA	M	43		00:48:51	00:48:27	AÇOREANA C BANIF
506	378	LUIS SOBRAL	M	51		00:48:51	00:47:57	GD AGUIAS MOITA
507	748	JOAO ANTUNES	M	44		00:48:52	00:48:29	REBELO'S

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	419	FREDERIC SERRE	M	45		00:48:52	00:48:23	INDIVIDUAL
509	1164	RUI RODRIGUES	M	48		00:48:58	00:48:53	SL CAMPOLIDE
510	3	CARLOS PRECISO	M	40		00:49:04	00:48:35	CAA BELEM
511	1120	FERNANDO ANDRADE	M	59		00:49:04	00:48:42	AÇOREANA C BANIF
512	1345	JOAQUIM CARMO	M	47		00:49:05	00:48:32	CUA BENAVENTENSE
513	590	GRAÇA ROLDÃO	F	49		00:49:06	00:48:42	OS TUGAS
514	103	JOÃO GERMANO	M	46		00:49:06	00:48:54	INDIVIDUAL
515	400	HONORATO MOURA	M	32		00:49:07	00:49:01	CCDT METRO LX
516	1168	PAULO COSTA	M	47		00:49:07	00:48:12	SFUAP
517	1254	DIAMANTINO ALMEIDA	M	45		00:49:09	00:48:29	INDIVIDUAL
518	555	ESTELA COSTA	F	39		00:49:09	00:48:47	INDIVIDUAL
519	302	DANIELA MARINHEIRO	F	36		00:49:10	00:48:44	CP EDP LISBOA
520	149	LUIS M S BERNARDINO	M	40		00:49:10	00:48:44	INDIVIDUAL
521	1253	ALBANO GINJA	M	57		00:49:12	00:48:59	INDIVIDUAL
522	1046	ANASYTACIO VALADAS	M	60		00:49:13	00:48:22	GD SANTANDER TOTTA
523	487	MARIO RAMOS	M	54		00:49:14	00:48:47	APOGMA
524	1160	JOAQUIM DELGADO	M	55		00:49:18	00:49:14	CR CRUZ PAU
525	413	FILIPA FARINHA	F	30		00:49:19	00:48:33	OPTICALIA RUNNING TEAM
526	731	DAVID PINHEIRO	M	35		00:49:19	00:48:59	AFO
527	1112	NUNO GAMEIRO	M	33		00:49:19	00:48:54	AÇOREANA C BANIF
528	814	CARLA BRITO	F	33		00:49:22	00:49:18	INDIVIDUAL
529	1183	JOSE PICAGO	M	57		00:49:23	00:48:35	CÂMARA L CLUBE
530	1027	HUGO RIBEIRO	M	32		00:49:25	00:49:25	ARBITROS FUTEBOL
531	940	MARCO A SILVA	M	38		00:49:26	00:49:11	INDIVIDUAL
532	114	MARCO P M CACHINHO	M	33		00:49:27	00:49:21	KANINOS
533	110	SERGIO SALVADO	M	37		00:49:34	00:49:03	INDIVIDUAL
534	1023	RUI RODRIGUES	M	35		00:49:34	00:48:48	ARBITROS FUTEBOL
535	1025	ALEXANDRE BENTO	M	40		00:49:35	00:48:50	ARBITROS FUTEBOL
536	1024	JOSE GOMES	M	36		00:49:35	00:48:48	ARBITROS FUTEBOL
537	1021	PEDRO PROENÇA	M	43		00:49:35	00:48:45	ARBITROS FUTEBOL
538	1022	TIAGO TRIGO	M	41		00:49:35	00:48:49	ARBITROS FUTEBOL
539	1020	ANDRE CAMPOS	M	35		00:49:35	00:48:50	ARBITROS FUTEBOL
540	352	HENRIQUE PEREIRA	M	37		00:49:36	00:49:18	TEAM PRENSOMETAL
541	913	RUI M S ALVES	M	39		00:49:36	00:49:31	INDIVIDUAL
542	896	VICTOR M S VENDA	M	42		00:49:36	00:48:48	FRIENDS2RUN
543	60	NUNO COSTA	M	39		00:49:37	00:48:42	SS CGD
544	1029	TIAGO MARTINS	M	33		00:49:37	00:48:48	ARBITROS FUTEBOL
545	967	FERNANDO FERREIRA	M	50		00:49:37	00:49:08	INDIVIDUAL
546	569	LUÍS CLAUDINA	M	54		00:49:38	00:49:02	AA LEBRES SADO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	658	FERNANDO CORREIA	M	48		00:49:38	00:49:07	GRD RIBEIRA DA LAGE
548	1109	FERNANDO LUZ	M	44		00:49:40	00:49:08	GDCT UNICRE
549	1063	FERNANDO MARQUES	M	58		00:49:40	00:49:40	GD SANTANDER TOTTA
550	682	JOSE M NUNES	M	42		00:49:40	00:48:55	INDIVIDUAL
551	121	CARLOS SEMIDE	M	39		00:49:41	00:49:28	ITALIAN MOTOR VILLAGE
552	540	JOAQUIM LIMA	M	50		00:49:41	00:49:00	CLUBE VODAFONE
553	777	MIGUEL QUINTANILHA	M	37		00:49:41	00:49:24	RUNLOVERS
554	297	MANUEL ANTUNES	M	45		00:49:42	00:49:24	INDIVIDUAL
555	204	FRANCISCO FERREIRA	M	41		00:49:42	00:49:22	INDIVIDUAL
556	336	RUI R V R M C GOMES	M	31		00:49:43	00:48:33	INDIVIDUAL
557	1355	JORGE PAIVA	M	49		00:49:43	00:49:07	NAZ ABOBODA
558	689	VITOR G MARTINS	M	54		00:49:44	00:49:18	CR DO PENTEADO
559	881	JOAO J FERNANDES	M	32		00:49:45	00:49:35	INDIVIDUAL
560	401	JOAO SEQUEIRA	M	49		00:49:46	00:48:55	CCDT METRO LX
561	815	CARLOS M S CAEIRO	M	59		00:49:46	00:49:33	INDIVIDUAL
562	139	ALCIDES NUNES	M	55		00:49:46	00:49:38	OS PERIGOSOS
563	428	CARLOS M SILVA	M	39		00:49:47	00:49:22	MATILHA RADICAL
564	527	JORGE PAULINO	M	51		00:49:49	00:49:46	AMIGOS PENICHE
565	526	JOSUE FRADE	M	41		00:49:53	00:49:36	INDIVIDUAL
566	220	PEDRO BRETES	M	48		00:49:55	00:49:32	INDIVIDUAL
567	1035	PAULO FERREIRA	M	47		00:49:57	00:49:42	CCR ALTO MOINHO
568	516	CARLOS GRADÍSSIMO	M	30		00:50:00	00:49:22	INDIVIDUAL
569	234	LUIS MIGUEL RIBEIRO	M	41		00:50:01	00:49:36	INDIVIDUAL
570	705	PAULO ANTUNES	M	45		00:50:01	00:49:51	LESMAS ALOPRADAS
571	212	MANUEL J S DIAS	M	46		00:50:02	00:49:27	INDIVIDUAL
572	247	ALMERINDO M L SILVA	M	54		00:50:03	00:49:56	ADC CATUJAL
573	1096	HUGO LUZ	M	49		00:50:03	00:49:56	C MILLENNIUN BCP
574	891	MILTON RODRIGUES	M	27		00:50:05	00:49:49	INDIVIDUAL
575	326	CARLOS FORTUNATO	M	51		00:50:06	00:49:50	GA MONSANTO GASCAN
576	650	ANTONIO CORREIA	M	56		00:50:07	00:49:14	GEORUNNERS
577	127	RUI MATOS	M	36		00:50:07	00:49:48	BE2RUN
578	1085	ANTONIO CORREIA	M	58		00:50:07	00:49:25	C MILLENNIUN BCP
579	199	FERNANDO L COSTA	M	37		00:50:08	00:49:26	INDIVIDUAL
580	613	PAULO A N RODRIGUES	M	35		00:50:08	00:49:55	INDIVIDUAL
581	1295	ANTONIO VARELA	M	47		00:50:08	00:50:02	INDIVIDUAL
582	187	MARIANA MONTEIRO	F	33		00:50:09	00:49:51	INDIVIDUAL
583	80	CARLOS RANGEL	M	60		00:50:10	00:49:42	UDCA
584	1300	MANUEL SANTOS	M	64		00:50:16	00:50:07	C C ARCOS VALDEVEZ
585	143	JOSE SILVA	M	59		00:50:19	00:49:47	OS PERIGOSOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	962	ANTONIO TRIGUEIRO	M	42		00:50:19	00:50:12	INDIVIDUAL
587	1221	HUGO REGO	M	32		00:50:21	00:49:49	INDIVIDUAL
588	750	NORBERTO COELHO	M	57		00:50:22	00:50:03	ACADEMIA LUMIAR
589	1159	RAQUEL MONTEIRO	F	21		00:50:23	00:50:23	CR CRUZ PAU
590	1006	JOSE L MARTINS	M	39		00:50:25	00:50:00	TEJAVISTA
591	33	ANTONIO JACINTO	M	48		00:50:25	00:49:52	CR LEÕES P SALVO
592	443	ANIBAL CARVALHO	M	62		00:50:27	00:49:44	GD SÃO DOMINGOS
593	1045	DANIEL SIMÕES	M	40		00:50:27	00:49:30	GD SANTANDER TOTTA
594	1043	MANUEL CLEMENTE	M	64		00:50:28	00:49:49	CCR ALTO MOINHO
595	317	TIAGO DUARTE	M	28		00:50:29	00:50:06	INDIVIDUAL
596	1418	JOSE NASCIMENTO	M	49		00:50:31	00:50:20	INDIVIDUAL
597	416	PEDRO A G FERREIRA	M	36		00:50:31	00:49:43	INDIVIDUAL
598	1363	CARLOS SIMOES	M	70		00:50:32	00:49:55	NAZ ABOBODA
599	988	JOAO MONTEIRO	M	31		00:50:32	00:50:16	LINDA A PASTORA SC
600	1083	NUNO MARTINS	M	18		00:50:34	00:50:16	C MILLENNIUN BCP
601	1060	JOAO ROCHA	M	62		00:50:36	00:50:28	GD SANTANDER TOTTA
602	126	JOAO R REIS	M	62		00:50:37	00:50:26	INDIVIDUAL
603	1351	SANDRINA CUNHA	F	30		00:50:37	00:50:25	NAZ ABOBODA
604	518	NUNO TENREIRO	M	29		00:50:38	00:49:43	INDIVIDUAL
605	98	RUI GAMEIRO	M	40		00:50:41	00:50:33	CP RTP
606	506	LUIS OLIVEIRA	M	61		00:50:42	00:50:09	2 FAST 4 YOU
607	1234	SALOME SANTOS	F	43		00:50:43	00:50:30	INDIVIDUAL
608	1322	JUÇIO ROQUE	M	48		00:50:43	00:49:50	A VALE SILENCIO
609	270	JORGE LOPES	M	39		00:50:44	00:50:40	GD CHELAS
610	1082	MARIANA MARTINS	F	20		00:50:44	00:50:08	C MILLENNIUN BCP
611	1080	VITOR GOMES	M	44		00:50:46	00:50:35	C MILLENNIUN BCP
612	1250	FILIPE R ORTIGAO	M	38		00:50:46	00:50:09	INDIVIDUAL
613	1222	NORBERTO MACEDO	M	37		00:50:48	00:50:16	INDIVIDUAL
614	1347	ANTONIO ROGERIO	M	47		00:50:51	00:50:15	CUA BENAVENTENSE
615	241	ISABEL MARTINS	F	42		00:50:51	00:50:34	ADCR P JUDICIARIA
616	495	DAVID PEREIRA	M	21		00:50:51	00:50:10	TECNOSPIE
617	1315	JOAQUIM DAMAS	M	59		00:50:52	00:50:15	A VALE SILENCIO
618	144	JOSE BELCHIOR	M	61		00:50:53	00:50:43	OS PERIGOSOS
619	845	JORGE ANDRADE	M	51		00:50:54	00:50:31	INDIVIDUAL
620	806	PAULO V FIGUEIRA	M	49		00:50:55	00:49:55	INDIVIDUAL
621	558	TIAGO N ANTUNES	M	33		00:50:57	00:50:50	INDIVIDUAL
622	1091	FERNANDO ALMEIDA	M	45		00:50:58	00:50:54	C MILLENNIUN BCP
623	351	KRISTINE ROHULA	F	34		00:50:58	00:50:44	INDIVIDUAL
624	1192	JOSE DIAS	M	56		00:50:59	00:50:28	ND AUTOCOOPE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	349	ROGERIO COSTA	M	32		00:51:00	00:50:34	NUNCORRASTANTO
626	1185	ANA MONTEIRO	F	42		00:51:00	00:50:36	CÂMARA L CLUBE
627	979	RUI MELO	M	41		00:51:00	00:50:47	INDIVIDUAL
628	961	RICARDO PESTANA	M	43		00:51:05	00:50:58	INDIVIDUAL
629	1068	MANUEL ROBALO	M	68		00:51:08	00:50:34	GD SANTANDER TOTTA
630	868	PEDRO BARRELA	M	41		00:51:08	00:50:52	GD BANCO BPI
631	337	PEDRO ROSA	M	43		00:51:09	00:50:21	ROSA BROS
632	571	MIGUEL CASTELA	M	43		00:51:11	00:50:31	AA LEBRES SADO
633	1252	ANTONIO J V RIBEIRO	M	48		00:51:12	00:50:32	INDIVIDUAL
634	222	LUIS PENTEADO	M	42		00:51:14	00:50:20	BUE RAPIDOS
635	853	ANDRE M CARMO	M	37		00:51:18	00:50:41	RUN 4U
636	433	JORGE MATINHO	M	46		00:51:20	00:51:18	INDIVIDUAL
637	332	RUI M I TAVARES	M	38		00:51:21	00:51:11	INDIVIDUAL
638	364	LUS VIDOEIRA	M	56		00:51:21	00:51:05	CD ARNEIRO
639	942	FERNANDO M G PEREIRA	M	26		00:51:22	00:50:32	GA BARRINHA
640	614	TIAGO FONSECA	M	39		00:51:24	00:50:43	INDIVIDUAL
641	757	JOAO M MORADIAS	M	44		00:51:24	00:51:08	VALADARES
642	1402	MARIO BRANQUINHO	M	59		00:51:25	00:51:09	INGLESES FC
643	618	CARLOS ANDRADE	M	42		00:51:26	00:50:59	SAI DA FRENTE
644	1210	MANUEL NUNES	M	57		00:51:26	00:51:20	OS NUNES
645	237	PAULO SANTOS	M	45		00:51:27	00:51:10	GARMIN CO OEIRAS
646	1188	GUILHERME ROSA	M	48		00:51:28	00:51:11	N&A-CNAS
647	867	LUIS M CALHEIROS	M	39		00:51:29	00:51:14	GD BANCO BPI
648	479	ALEXANDRA S F VICENTE	F	32		00:51:29	00:51:25	VIZINHOS TEAM
649	1002	JOSE A AZURARA	M	55		00:51:29	00:50:50	TEJAVISTA
650	751	JOAO P SILVA	M	44		00:51:31	00:51:12	ACADEMIA LUMIAR
651	638	RENATO INACIO	M	52		00:51:32	00:50:31	ADCR PAINHO
652	1370	PEDRO CAMPOS	M	35		00:51:32	00:50:54	NAZ ABOBODA
653	639	JOAO M INACIO	M	18		00:51:32	00:50:31	ADCR PAINHO
654	998	RODOLFO COSTA	M	35		00:51:34	00:50:48	MERIDIANOS
655	271	MANUEL TAVARES	M	55		00:51:34	00:51:20	GD CHELAS
656	903	RUI SANTOS	M	38		00:51:34	00:50:48	MERIDIANOS
657	987	ALDONIO FERNANDES	M	59		00:51:35	00:50:38	INDIVIDUAL
658	283	ANTONIO MINA	M	52		00:51:35	00:50:53	CA VALE FIGUEIRA
659	702	ALEXANDRE MATEUS	M	37		00:51:35	00:50:43	INDIVIDUAL
660	1009	CARLOS O RODRIGUES	M	45		00:51:37	00:51:03	TEJAVISTA
661	118	VITOR M P GONCALVES	M	44		00:51:38	00:50:54	INDIVIDUAL
662	749	LUÍS SOUSA	M	39		00:51:38	00:51:35	ACADEMIA LUMIAR
663	808	LUÍS PIRES	M	46		00:51:38	00:50:59	CA AMIGOS PARQUE PAZ

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	106	NUNO M N RAMOS	M	31		00:51:40	00:51:26	INDIVIDUAL
665	1145	SERGIO CAJADO	M	39		00:51:41	00:51:27	AÇOREANA C BANIF
666	943	LUIS COUTINHO	M	36		00:51:42	00:51:13	INDIVIDUAL
667	1033	PAULO ANTONIO	M	46		00:51:43	00:50:58	CCR ALTO MOINHO
668	576	LUÍS SOUSA	M	38		00:51:44	00:51:03	AA LEBRES SADO
669	788	JOEL J R TOMAZ	M	33		00:51:46	00:51:41	INDIVIDUAL
670	344	ANTONIO CANDEIAS	M	51		00:51:47	00:50:55	FALCOES SELVAGENS
671	1375	PAULO MARTINS	M	45		00:51:49	00:50:53	RUNNING OF D MARIA
672	595	LUIS FERREIRA	M	37		00:51:49	00:51:26	INDIVIDUAL
673	736	TIAGO FREITAS	M	32		00:51:49	00:51:23	AFO
674	825	TERESA JERÓNIMO	F	44		00:51:50	00:51:23	FAM 2 RUN
675	411	TIAGO FERREIRA	M	35		00:51:51	00:51:06	OPTICALIA RUNNING TEAM
676	412	SÉRGIO GALÓ	M	33		00:51:51	00:51:05	OPTICALIA RUNNING TEAM
677	330	VITOR RODRIGUES	M	59		00:51:51	00:51:14	GA MONSANTO GASCAN
678	74	RITA S MELO	F	32		00:51:52	00:51:29	C FERROV PORTIUGAL
679	1108	EDUARDO RIBEIRO	M	46		00:51:53	00:51:20	GDCT UNICRE
680	732	JOAO MARQUES	M	39		00:51:54	00:51:35	AFO
681	890	RICARDO CORREIA	M	32		00:51:54	00:51:39	INDIVIDUAL
682	72	GONÇALO BERNARDINO	M	36		00:51:55	00:50:34	C FERROV PORTIUGAL
683	1219	JORGE MIRANDA	M	46		00:51:55	00:51:49	INDIVIDUAL
684	1178	ADELINO PIRES	M	51		00:51:55	00:51:10	CÂMARA L CLUBE
685	340	JOAO C F COSTA	M	57		00:51:55	00:51:45	INDIVIDUAL
686	948	RENATO LUCAS	M	38		00:51:59	00:51:16	INDIVIDUAL
687	1166	MARIO ALVES	M	58		00:52:02	00:51:05	SFUAP
688	92	NUNO BATISTA	M	31		00:52:04	00:51:43	GAA VILA FRANCA XIRA
689	365	CARLOS DUARTE	M	60		00:52:06	00:51:50	CD ARNEIRO
690	1013	LUIS MIRANDA	M	54		00:52:08	00:51:33	TEJAVISTA
691	316	MAURI F GUEDES	M	49		00:52:09	00:52:01	INDIVIDUAL
692	1230	MIGUEL FRANCO	M	40		00:52:10	00:51:19	INDIVIDUAL
693	539	JOAQUIM M T CARRUFA	M	43		00:52:10	00:51:20	INDIVIDUAL
694	1231	ABEL MARTINS	M	36		00:52:11	00:51:19	INDIVIDUAL
695	632	NUNO A V F ZULMIRO	M	40		00:52:11	00:51:36	INDIVIDUAL
696	726	CARLOS ABRUNHOSA	M	43		00:52:11	00:51:36	INDIVIDUAL
697	707	JATIN RAMGI	M	29		00:52:11	00:51:18	FDS RUNNER
698	45	ANDRE NORONHA	M	49		00:52:13	00:51:44	SS CGD
699	358	PEDRO COSTA	M	42		00:52:15	00:51:05	INDIVIDUAL
700	923	VITOR DOMINGOS	M	51		00:52:15	00:51:43	INDIVIDUAL
701	833	NUNO RAFAEL	M	33		00:52:15	00:52:08	OS ZATOPEQUES
702	296	ABILIO GOMES	M	49		00:52:16	00:51:34	CAFÉ ESCONDIDINHO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	441	ARTUR PEREIRA	M	58		00:52:16	00:51:52	GD SÃO DOMINGOS
704	1041	INES MARQUES	F	36		00:52:18	00:52:01	CCR ALTO MOINHO
705	1	GILBERTO GONÇALVES	M	65		00:52:18	00:51:50	CAA BELEM
706	96	MAFALDA GAMEIRO	F	44		00:52:19	00:52:11	CP RTP
707	980	LUIS CARDOSO	M	41		00:52:19	00:51:59	INDIVIDUAL
708	1075	JORGE ALVES	M	36		00:52:20	00:51:28	GD SANTANDER TOTTA
709	699	NUNO AFONSO	M	41		00:52:20	00:52:15	INDIVIDUAL
710	162	CARLOS RODRIGUES	M	39		00:52:23	00:52:02	NEPN
711	716	GABRIEL ANTONIO	M	49		00:52:26	00:51:55	URD ARRANHO
712	313	NUNO PEREIRA	M	37		00:52:26	00:51:37	INDIVIDUAL
713	713	FILIPE BRANCO	M	43		00:52:27	00:51:56	URD ARRANHO
714	714	EDGAR FRANCISCO	M	48		00:52:27	00:51:56	URD ARRANHO
715	718	FERNANDO RODRIGUES	M	46		00:52:27	00:51:55	URD ARRANHO
716	1270	ARNALDO MACHADO	M	63		00:52:28	00:52:14	INDIVIDUAL
717	1275	ANTONIO CORREIA	M	52		00:52:30	00:52:15	INDIVIDUAL
718	1074	VITOR TEIXEIRA	M	54		00:52:30	00:51:51	GD SANTANDER TOTTA
719	628	JOAO DIAS	M	32		00:52:31	00:52:12	EQUIPA HERMES
720	496	FERNANDO ALVES	M	34		00:52:31	00:51:38	FALCOES SELVAGENS
721	668	STEEVE ROSADO	M	25		00:52:31	00:51:41	INDIVIDUAL
722	213	SUSANA G DURO	F	36		00:52:33	00:52:29	INDIVIDUAL
723	124	JOSE L C S LEAL	M	37		00:52:39	00:52:29	MARINHAIS AC
724	524	HUGO VIEIRA	M	36		00:52:40	00:52:02	INDIVIDUAL
725	617	MARTA F F P RODRIGUES	F	29		00:52:41	00:52:21	RUN FOR LIVE
726	828	JOAO H FAUSTINO	M	40		00:52:42	00:52:12	INDIVIDUAL
727	829	MARISA MARQUES	F	32		00:52:43	00:52:12	INDIVIDUAL
728	95	TIAGO OLIVEIRA	M	36		00:52:43	00:52:25	CLUBE CATERINGPOR
729	449	DAVID PRATA	M	30		00:52:44	00:51:51	INDIVIDUAL
730	464	JORGE P SANTOS	M	36		00:52:46	00:52:31	INDIVIDUAL
731	676	VITOR FERREIRA	M	49		00:52:46	00:52:09	CP ALCANENA
732	778	JOAO LEITÃO	M	43		00:52:48	00:52:33	RUNLOVERS
733	729	MANUEL MARTINHO	M	46		00:52:48	00:52:28	AFO
734	1175	MIGUEL VELEZ	M	50		00:52:50	00:52:02	CÂMARA L CLUBE
735	1180	EDUARDO MANSO	M	52		00:52:50	00:52:05	CÂMARA L CLUBE
736	759	NUNO SANTOS	M	24		00:52:50	00:52:43	FF PAZ MUNDIAL
737	802	RUI COSTA	M	27		00:52:51	00:52:35	INDIVIDUAL
738	681	ANTONIO LUÍS	M	48		00:52:54	00:52:31	AFO
739	607	BRUNO B SILVA	M	41		00:52:56	00:52:28	RUN 4 FUN
740	767	HILARIO TORRES	M	54		00:52:56	00:52:28	RUN 4 FUN
741	742	RODRIGO GUERREIRO	M	32		00:52:58	00:52:51	BTTTASCADUXICO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	83	JOSE SERAFIM	M	57		00:52:58	00:52:41	GAA VILA FRANCA XIRA
743	427	ISABEL J FARIA	F	38		00:52:59	00:52:33	MATILHA RADICAL
744	18	ANTONIO SILVA	M	57		00:53:00	00:52:44	OS INDOMAVEIS
745	426	PATRICIA V JEREMIAS	F	36		00:53:00	00:52:34	MATILHA RADICAL
746	775	NUNO MARQUES	M	46		00:53:01	00:52:45	RUNLOVERS
747	28	CARLOS PENA	M	44		00:53:04	00:52:30	CR LEÕES P SALVO
748	728	RUI LAPA	M	42		00:53:05	00:52:46	AFO
749	406	RAFAEL SANTOS	M	44		00:53:06	00:52:16	CCDT METRO LX
750	154	VASCO ALPALHÃO	M	43		00:53:08	00:52:25	ALPALHÃO
751	13	CARLOS JESUS	M	56		00:53:08	00:52:32	AA CHARNECA
752	525	NUNO MARQUES	M	35		00:53:10	00:52:32	INDIVIDUAL
753	491	MARCO BERNARDES	M	41		00:53:10	00:52:29	TECNOSPIE
754	170	CARLOS M SILVA	M	41		00:53:11	00:52:47	TARTARUGAS DO TEJO
755	1272	RUI FERNANDES	M	42		00:53:11	00:52:28	INDIVIDUAL
756	1211	DANIEL NUNES	M	33		00:53:12	00:52:54	OS NUNES
757	1066	LUCIO SILVA	M	47		00:53:16	00:52:24	GD SANTANDER TOTTA
758	623	JOAO CRUZ	M	39		00:53:18	00:53:00	EQUIPA HERMES
759	870	JORGE GONÇALVES	M	33		00:53:20	00:52:45	LEAIS DA BEIRA
760	889	ISABEL OLEIRO	F	40		00:53:21	00:52:53	OLEIRO P REBELO
761	348	JORGE MARQUES	M	60		00:53:21	00:53:21	INDIVIDUAL
762	1335	FREDERICO WIBORG	M	42		00:53:24	00:52:40	VFF 1896
763	694	BRUNO S RIBEIRO	M	35		00:53:26	00:53:00	CR DO PENTEADO
764	1107	GONÇALO OLIVEIRA	M	51		00:53:28	00:52:54	GDCT UNICRE
765	783	RUI DIAS	M	40		00:53:28	00:53:08	GIRAFENSE FC
766	483	RUI BARBOSA	M	44		00:53:29	00:52:49	CLUBE VODAFONE
767	536	ROGERIO SALAS	M	42		00:53:29	00:53:08	NOSTOP
768	592	ANTÓNIO GONÇALVES	M	52		00:53:32	00:52:50	OS TUGAS
769	1280	ANALICE SILVA	F	73		00:53:32	00:53:25	INDIVIDUAL
770	196	PAULO A ALMEIDA	M	46		00:53:36	00:52:37	GD BANCO BPI
771	877	JORGE M S CARREIRAS	M	47		00:53:38	00:52:41	INDIVIDUAL
772	391	ARLINDO C SANTOS	M	49		00:53:39	00:52:41	INDIVIDUAL
773	396	ALBERTO MARTINHO	M	50		00:53:39	00:53:26	CCDT METRO LX
774	223	ANTONIO FERREIRA	M	42		00:53:40	00:52:45	BUE RAPIDOS
775	837	ORLANDO SILVA	M	53		00:53:41	00:53:16	OS ZATOPEQUES
776	192	DIOGO A F MATOS	M	34		00:53:42	00:53:17	INDIVIDUAL
777	907	JOSE E B DUARTE	M	41		00:53:44	00:53:26	INDIVIDUAL
778	500	NUNO NUNES	M	39		00:53:45	00:52:58	INDIVIDUAL
779	944	NUNO PRATES	M	43		00:53:46	00:53:26	BE2RUN
780	388	ABILIO TAVARES	M	58		00:53:48	00:53:39	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	821	MANUEL A MEXIA	M	48		00:53:49	00:53:28	CLUBE TAP PORTUGAL
782	1012	JOSE F GOMES	M	60		00:53:50	00:53:07	TEJAVISTA
783	619	JOAO SIMOES	M	34		00:53:50	00:53:12	INDIVIDUAL
784	256	DANIEL PEREIRA	M	40		00:53:51	00:52:59	INDIVIDUAL
785	684	JOSE SILVESTRE	M	70		00:53:51	00:53:48	A SACAVENENSE
786	217	MAFALDA NUNES	F	45		00:53:52	00:53:17	SPEED RUS
787	834	EDUARDO GRILO	M	46		00:53:53	00:53:46	OS ZATOPEQUES
788	700	HERNÂNI SILVA	M	51		00:53:55	00:53:49	INDIVIDUAL
789	282	LUIS REIS	M	47		00:53:59	00:53:07	CA VALE FIGUEIRA
790	1251	SERAFIM GONÇALVES	M	60		00:54:00	00:53:47	INDIVIDUAL
791	1291	JOAO PRELHAZ	M	53		00:54:02	00:53:47	INDIVIDUAL
792	345	FRANCISCO SILVA	M	53		00:54:04	00:53:55	FALCOES SELVAGENS
793	551	JORGE SOUSA	M	35		00:54:04	00:53:17	IRMANDADE PEDALEIRA
794	549	JOSE ALMEIDA	M	44		00:54:05	00:53:18	IRMANDADE PEDALEIRA
795	146	ANA L DUARTE	F	43		00:54:05	00:53:56	FALCOES SELVAGENS
796	712	HELDER A M P ALMEIDA	M	46		00:54:05	00:53:29	INDIVIDUAL
797	314	LUIS GUEDELHA	M	37		00:54:05	00:53:16	INDIVIDUAL
798	550	MARIA SOUSA	F	37		00:54:05	00:53:18	IRMANDADE PEDALEIRA
799	823	JORGE H C SILVA	M	38		00:54:06	00:53:17	INDIVIDUAL
800	855	VITOR RODRIGUES	M	44		00:54:06	00:53:17	INDIVIDUAL
801	333	DAVID J ALMEIDA	M	42		00:54:07	00:53:23	FRIENDS2RUN
802	360	ALEXANDRE E SANTO	M	32		00:54:08	00:53:53	INDIVIDUAL
803	937	CARLA M S MATOS	F	31		00:54:08	00:53:30	RUN 4 FUN
804	269	JOAQUIM MOTA	M	67		00:54:08	00:53:59	GD CHELAS
805	1241	FERNANDO MOREIRA	M	58		00:54:09	00:54:00	INDIVIDUAL
806	1242	Mª FILOMENA MARTINS	F	56		00:54:09	00:54:00	INDIVIDUAL
807	1127	JOAQUIM OLIMPIO	M	63		00:54:12	00:54:05	AÇOREANA C BANIF
808	1320	JOSE MOGA	M	55		00:54:13	00:53:19	A VALE SILENCIO
809	1332	SANDRA BATISTA	F	37		00:54:13	00:53:20	A VALE SILENCIO
810	816	TIAGO COSTA	M	18		00:54:15	00:53:21	A VALE SILENCIO
811	904	CARLOS COSTA	M	47		00:54:15	00:54:15	A VALE SILENCIO
812	490	VENANCIO BRANCO	M	43		00:54:17	00:53:35	TECNOSPIE
813	583	JOAO FIALHO	M	34		00:54:17	00:53:30	INDIVIDUAL
814	494	EURICO PEREIRA	M	54		00:54:17	00:53:36	TECNOSPIE
815	1292	PAULO V CARDOSO	M	50		00:54:19	00:54:00	INDIVIDUAL
816	1357	ANTONIO DUARTE	M	57		00:54:21	00:53:56	NAZ ABOBODA
817	848	RODRIGO JESUS	M	35		00:54:23	00:53:13	INDIVIDUAL
818	612	SONIA PARREIRA	F	34		00:54:25	00:54:02	C BENFICA TORRES VEDRAS
819	1196	SERGIO BORGES	M	41		00:54:25	00:53:54	ND AUTOCOOPE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	301	AUGUSTO FERNANDES	M	49		00:54:26	00:54:04	10 P`RAS 11
821	292	MANUEL TRINDADE	M	57		00:54:28	00:54:01	INDIVIDUAL
822	1129	JORGE SERRA	M	47		00:54:28	00:54:07	AÇOREANA C BANIF
823	1126	JOAO SERRA	M	41		00:54:28	00:54:12	AÇOREANA C BANIF
824	299	AMERICO AMARO	M	53		00:54:31	00:54:05	10 P`RAS 11
825	538	BRUNO SANTOS	M	38		00:54:31	00:54:13	NOSTOP
826	927	AGOSTINHO TORRES	M	52		00:54:32	00:54:06	10 P`RAS 11
827	450	SERGIO NICOLAU	M	36		00:54:32	00:53:51	INDIVIDUAL
828	353	LUIS SOUSA	M	38		00:54:34	00:54:17	TEAM PRENSOMETAL
829	1077	LEONEL BRANDAO	M	46		00:54:35	00:54:31	C MILLENNIUN BCP
830	819	CARLOS GUEREIRO	M	35		00:54:35	00:54:24	INDIVIDUAL
831	733	RUI ROSA	M	26		00:54:39	00:54:19	AFO
832	874	JOAO GOMES	M	23		00:54:40	00:54:27	INDIVIDUAL
833	873	MANUEL GOMES	M	55		00:54:40	00:54:28	INDIVIDUAL
834	1266	MANUEL VELOSA	M	44		00:54:40	00:54:11	INDIVIDUAL
835	857	JOAO TORRADO	M	65		00:54:41	00:53:53	EIRAGYM
836	608	ANTONIO SANTOS	M	49		00:54:42	00:54:08	LEAIS DA BEIRA
837	596	JOSE M S SEGURO	M	27		00:54:44	00:54:24	INDIVIDUAL
838	448	FAUSTINO A M SANTOS	M	60		00:54:44	00:54:39	INDIVIDUAL
839	1261	RICARDO LUIS	M	36		00:54:44	00:54:02	INDIVIDUAL
840	356	ANTONIO SEROMENHO	M	55		00:54:45	00:54:01	INDIVIDUAL
841	59	MIGUEL REIS	M	37		00:54:45	00:54:11	SS CGD
842	984	DOMINGOS GODINHO	M	45		00:54:50	00:54:20	INDIVIDUAL
843	463	JOSÉ GOMES	M	35		00:54:52	00:54:04	INDIVIDUAL
844	94	PAULO SILVA	M	41		00:54:53	00:54:34	CLUBE CATERINGPOR
845	93	LUIS FRAGOSO	M	39		00:54:53	00:54:34	CLUBE CATERINGPOR
846	466	VIGÍLIO ESPADA	M	59		00:54:53	00:54:29	AD A GARAGEM
847	546	TAMARA MCCMB	F	34		00:54:55	00:54:04	CLUBE SAL E LUZ
848	545	CRAIG BEATTY	M	31		00:54:55	00:54:04	CLUBE SAL E LUZ
849	862	LUIS A C L RIBEIRO	M	28		00:54:56	00:54:42	INDIVIDUAL
850	849	EDUARDO LEYVA	M	45		00:54:57	00:53:48	INDIVIDUAL
851	445	DOGO SOARES	M	29		00:54:58	00:54:16	GD SÃO DOMINGOS
852	1156	LUIS FERRO	M	42		00:54:59	00:54:29	CR CRUZ PAU
853	1084	ANTONIO SANTOS	M	54		00:55:04	00:54:57	C MILLENNIUN BCP
854	989	NUNO FARIA	M	35		00:55:05	00:54:57	INDIVIDUAL
855	955	MIGUEL VALE	M	42		00:55:10	00:54:46	INDIVIDUAL
856	954	MANUEL MATOS	M	43		00:55:10	00:54:46	INDIVIDUAL
857	312	BRUNO M C LOPES	M	38		00:55:12	00:54:39	INDIVIDUAL
858	766	LUÍSA RALHA	F	54		00:55:13	00:54:49	RUN 4 FUN

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	856	ROBERTO SILVA	M	40		00:55:13	00:54:26	FRIENDS2RUN
860	447	LEONOR R CANDEIAS	F	25		00:55:13	00:54:59	AMIGOS DOS LOBOS
861	484	PEDRO LOURENÇO	M	42		00:55:15	00:54:34	CLUBE VODAFONE
862	62	PAULO BAILÃO	M	43		00:55:16	00:54:42	SS CGD
863	586	FILIPE RODRIGUES	M	19		00:55:16	00:55:11	GD CHELAS
864	1299	ORLANDO ZACARIAS	M	62		00:55:17	00:54:37	C C ARCOS VALDEVEZ
865	951	ANTONIO MOREIRA	M	57		00:55:17	00:54:16	INDIVIDUAL
866	1259	PAULO REBELO	M	46		00:55:19	00:54:39	INDIVIDUAL
867	163	JORGE NETO	M	41		00:55:21	00:55:20	INDIVIDUAL
868	615	ALEXANDRE DÂMASO	M	45		00:55:28	00:55:08	RUN FOR LIVE
869	812	MIGUEL BASTOS	M	61		00:55:30	00:55:20	INDIVIDUAL
870	544	MINNE BOUMA	M	39		00:55:30	00:54:37	CLUBE SAL E LUZ
871	636	JOAO ML BORGES	M	49		00:55:32	00:55:08	INDIVIDUAL
872	902	MIGUEL PEREIRA	M	27		00:55:32	00:55:08	RAIL RUNNERS
873	818	DIOGO LUCAS	M	18		00:55:35	00:54:35	AA LEBRES SADO
874	698	LUCIDÉIA PITREZ	F	35		00:55:35	00:55:22	INDIVIDUAL
875	723	CARLOS MACHADO	M	44		00:55:37	00:55:28	FC ESTRELAS LISBOA
876	1333	SUSANA PINTO	F	34		00:55:39	00:54:47	A VALE SILENCIO
877	1218	MANUEL BATISTA	M	48		00:55:40	00:54:58	INDIVIDUAL
878	779	HELENA LEITÃO	F	43		00:55:44	00:55:29	RUNLOVERS
879	9	MANUEL SEQUEIRA	M	63		00:55:45	00:55:18	GDCT REPSOL
880	206	INACIO GONÇALVES	M	62		00:55:48	00:55:37	PATO AZUL
881	969	CESAR LOURENÇO	M	43		00:55:49	00:55:27	INDIVIDUAL
882	207	MARIA MARQUES	F	51		00:55:53	00:55:23	INDIVIDUAL
883	872	JOAQUIM Q LOPES	M	66		00:55:53	00:54:57	INDIVIDUAL
884	820	MARIO M G OLIVEIRA	M	38		00:55:58	00:55:47	INDIVIDUAL
885	46	ANTONIO CARPINTEIRO	M	68		00:55:59	00:55:54	SS CGD
886	542	ANTÓNIO PEREIRA	M	61		00:56:01	00:55:10	INDIVIDUAL
887	1276	JOAQUIM CARDOSO	M	41		00:56:06	00:55:53	INDIVIDUAL
888	917	CARLOS LOPES	M	29		00:56:07	00:55:54	Os Cinco
889	1165	ANTONIO LIMA	M	50		00:56:09	00:56:06	SL CAMPOLIDE
890	865	FATIMA SANTOS	F	33		00:56:10	00:56:06	JOBRINDE
891	635	ANTONIO C MARTINS	M	52		00:56:11	00:55:37	INDIVIDUAL
892	468	VASCO M C ARMES	M	41		00:56:11	00:55:24	INDIVIDUAL
893	76	MANUEL CRISPIM	M	61		00:56:12	00:55:01	UDCA
894	809	JOSE CATITA	M	55		00:56:15	00:55:42	GARMIN CO OEIRAS
895	537	VITOR FELIZARDO	M	38		00:56:15	00:55:56	NOSTOP
896	1408	HUGO GASPAR	M	33		00:56:16	00:56:14	JUNTA FREG OLIVAIS
897	836	LUIS GRAVE	M	56		00:56:18	00:55:12	OS ZATOPEQUES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	1155	PAULO FERRO	M	40		00:56:21	00:55:51	CR CRUZ PAU
899	1151	FRANCISCO FERRO	M	65		00:56:21	00:55:51	CR CRUZ PAU
900	1152	JOSE GONÇALVES	M	71		00:56:21	00:55:49	CR CRUZ PAU
901	1368	ELISABETE ROUXINOL	F	38		00:56:22	00:55:52	NAZ ABOBODA
902	20	VIRGILIO FERRAZ	M	64		00:56:25	00:56:00	FALCOES DO CHILE
903	233	RUI M SANTOS	M	41		00:56:25	00:56:25	INDIVIDUAL
904	730	PEDRO NUNES	M	39		00:56:31	00:56:12	AFO
905	764	JOSE R FERNANDES	M	49		00:56:33	00:56:08	INDIVIDUAL
906	1374	JORGE FERREIRA	M	48		00:56:34	00:55:37	RUNNING OF D MARIA
907	529	MONICA CARRUFA	F	29		00:56:34	00:55:45	INDIVIDUAL
908	1298	JOAO SILVA	M	62		00:56:38	00:55:59	C C ARCOS VALDEVEZ
909	57	LUIA LANDEIRO	F	43		00:56:39	00:56:31	SS CGD
910	417	GONÇALO SEABRA	M	36		00:56:42	00:56:15	INDIVIDUAL
911	309	PAULO A D OLIVEIRA	M	40		00:56:45	00:56:29	ESMTC
912	100	FRANCISCO VELOSO	M	53		00:56:46	00:56:40	DROGARIA DA PORTELA
913	1070	NUNO DAMIÃES	M	32		00:56:47	00:56:14	GD SANTANDER TOTTA
914	65	SEVERINO ROSA	M	58		00:56:47	00:56:15	SS CGD
915	133	PAULO PIRES	M	34		00:56:47	00:56:36	INDIVIDUAL
916	73	MARIO MELO	M	62		00:56:51	00:56:28	C FERROV PORTIUGAL
917	1040	GABRIEL CRUZ	M	71		00:56:53	00:56:37	CCR ALTO MOINHO
918	578	DINA MOTA	F	45		00:56:54	00:55:57	AA LEBRES SADO
919	575	LUÍS ML SANTOS	M	48		00:56:54	00:55:58	AA LEBRES SADO
920	651	LUIS AFONSO	M	43		00:56:55	00:56:00	GEORUNNERS
921	5	HELIO GODINHO	M	63		00:56:58	00:56:05	C BENFICA ABRANTES
922	97	JORGE PIRES	M	45		00:57:00	00:56:10	CP RTP
923	1403	FERNANDO MARQUES	M	64		00:57:02	00:56:57	INGLESES FC
924	1094	ANTONIO SOUSA	M	67		00:57:02	00:56:08	C MILLENNIUN BCP
925	377	JAIME MESTRE	M	42		00:57:07	00:56:10	GD AGUIAS MOITA
926	376	CARLOS SECO	M	52		00:57:07	00:56:11	GD AGUIAS MOITA
927	22	JOAQUIM FRAGOSO	M	64		00:57:10	00:56:31	CCD CASA PIA
928	982	JOSE RUIVO	M	42		00:57:12	00:56:53	INDIVIDUAL
929	1067	LUIS PAIVA	M	46		00:57:12	00:56:19	GD SANTANDER TOTTA
930	800	BRUNO M R GONÇALVES	M	22		00:57:16	00:57:09	INDIVIDUAL
931	51	FERNANDO ALVES	M	52		00:57:17	00:56:42	SS CGD
932	1190	CARLOS FERREIRA	M	56		00:57:18	00:57:02	ND AUTOCOOPE
933	145	SILVINO MARTINS	M	64		00:57:18	00:57:18	NA PALACIO JUSTIÇA
934	117	LUIS PROENÇA	M	44		00:57:19	00:57:04	INDIVIDUAL
935	533	FILIPE C AUGUSTO	M	38		00:57:22	00:56:35	INDIVIDUAL
936	532	BRUNO M ALBINO	M	37		00:57:22	00:56:36	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	981	SOFIA CARDOSO	F	31		00:57:27	00:57:07	INDIVIDUAL
938	61	NUNO TAVARES	M	45		00:57:28	00:56:56	SS CGD
939	315	FILIPE MARQUES	M	33		00:57:29	00:56:40	INDIVIDUAL
940	67	OLGA BORGES	F	38		00:57:29	00:57:19	SS CGD
941	741	PEDRO ALVES	M	31		00:57:29	00:57:22	BTTTASCADUXICO
942	688	JOSE MONTEIRO	M	56		00:57:31	00:57:14	INDIVIDUAL
943	1224	ANGELO FLOR	M	57		00:57:32	00:57:11	INDIVIDUAL
944	185	JOSÉ GALVEIA	M	61		00:57:33	00:56:37	AA LEBRES SADO
945	579	LUÍS OLIVEIRA	M	44		00:57:33	00:56:52	AA LEBRES SADO
946	875	CARLOS LOPES	M	37		00:57:33	00:57:06	ATOMIC TEAM
947	568	CECÍLIA NICOLAU	F	46		00:57:34	00:56:56	AA LEBRES SADO
948	129	ANTONIO ALMEIDA	M	48		00:57:37	00:57:02	INDIVIDUAL
949	796	RUI PEREIRA	M	24		00:57:39	00:57:22	INDIVIDUAL
950	467	CARLOS A G S RODRIGUES	M	39		00:57:40	00:57:07	INDIVIDUAL
951	1257	JORGE PEREZ	M	52		00:57:45	00:57:05	INDIVIDUAL
952	1137	NUNO E SANTO	M	43		00:57:46	00:57:34	AÇOREANA C BANIF
953	1144	SANDRA MARTINS	F	36		00:57:46	00:57:34	AÇOREANA C BANIF
954	453	RUI M P S CARNEIRO	M	58		00:57:47	00:57:03	JOAO CARNEIRO SAD
955	547	NELSON R C S SIMÕES	M	37		00:57:50	00:57:17	TOUHG TRAILS
956	734	RICARDO CAMPOS	M	38		00:57:50	00:57:26	AFO
957	502	JOAO FONSECA	M	42		00:57:50	00:57:29	MERIDIANOS
958	17	JOSE NEVES	M	61		00:57:50	00:57:33	OS INDOMAVEIS
959	458	LUIS C F ALMEIDA	M	41		00:57:52	00:57:42	INDIVIDUAL
960	268	JOSE VENANCIO	M	59		00:57:53	00:57:44	GD CHELAS
961	1376	JORGE SIMOES	M	52		00:57:56	00:57:00	RUNNING OF D MARIA
962	593	RUI RODRIGUES	M	46		00:57:57	00:57:25	OS TUGAS
963	905	MIGUEL PIRES	M	37		00:57:57	00:57:40	PERNAS GAFANHOTO
964	901	HERMÍNIO CABACEIRA	M	52		00:57:58	00:57:45	INDIVIDUAL
965	329	LUIS ANTUNES	M	51		00:58:00	00:57:22	GA MONSANTO GASCAN
966	879	ANTÓNIO PATRÍCIO	M	49		00:58:01	00:57:33	INDIVIDUAL
967	219	ANTONIO P SALVADO	M	67		00:58:01	00:57:28	INDIVIDUAL
968	1139	PAULA SIMOES	F	34		00:58:01	00:58:01	AÇOREANA C BANIF
969	136	MIGUEL BESSA	M	37		00:58:05	00:57:17	COL VASCO GAMA
970	1279	JEREMIAS RIBEIRO	M	70		00:58:06	00:57:26	INDIVIDUAL
971	1053	CARINA VEIGA	F	28		00:58:08	00:57:46	GD SANTANDER TOTTA
972	1313	JOAQUIM ADELINO	M	65		00:58:11	00:57:21	A VALE SILENCIO
973	782	ANDRESSA OMITTI	F	23		00:58:18	00:57:45	TRIATLO GOLEGÃ/DINAMITE TEAM
974	7	MANUEL OLIVEIRA	M	74		00:58:19	00:57:26	AAE BNU
975	756	JOAQUIM VALADARES	M	51		00:58:20	00:58:04	VALADARES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	790	ELINA I A MATONSE	F	30		00:58:22	00:57:38	AMINHACORRIDA.COM
977	785	ANTONIO FARIAS	M	40		00:58:23	00:58:02	GIRAFENSE FC
978	346	NUNO LOUREIRO	M	47		00:58:24	00:58:14	FALCOES SELVAGENS
979	784	JOSE SILVA	M	48		00:58:25	00:57:51	INDIVIDUAL
980	1182	JOAO FIGUEIREDO	M	57		00:58:29	00:57:44	CÂMARA L CLUBE
981	354	ANTONIO PICA	M	65		00:58:30	00:57:45	OS PERIGOSOS
982	236	SARA LOPES	F	28		00:58:31	00:58:13	INDIVIDUAL
983	743	GIL FERREIRA	M	28		00:58:31	00:58:14	INDIVIDUAL
984	357	JOSE S JORGE	M	41		00:58:31	00:57:21	INDIVIDUAL
985	108	DANIEL GUERREIRO	M	38		00:58:33	00:57:36	INDIVIDUAL
986	693	DIAMANTINO COSTA	M	52		00:58:36	00:58:12	CR DO PENTEADO
987	858	MARIO FERNANDES	M	49		00:58:39	00:58:28	BELAS RUNNERS
988	692	MANUEL N BATALHEIRO	M	51		00:58:43	00:58:18	CR DO PENTEADO
989	286	ANTÓNIO CAMACHO	M	61		00:58:43	00:58:43	CA VALE FIGUEIRA
990	104	LÉNIO F N MARINHO	M	59		00:58:43	00:58:18	INDIVIDUAL
991	324	ANTONIO REYES	M	59		00:58:46	00:58:11	GA MONSANTO GASCAN
992	1148	VITOR RAFAEL	M	50		00:58:46	00:58:12	AÇOREANA C BANIF
993	260	HUGO M COSTA	M	35		00:58:51	00:57:50	GD CHELAS
994	1356	VIRGILIO CARLOS	M	51		00:58:52	00:58:16	NAZ ABOBODA
995	1054	DINIS SOUSA	M	72		00:58:52	00:57:47	GD SANTANDER TOTTA
996	1065	LIDIA LOPES	F	51		00:58:53	00:57:48	GD SANTANDER TOTTA
997	1359	JOAO CARVALHO	M	56		00:58:53	00:58:17	NAZ ABOBODA
998	91	MANUEL HORTA	M	61		00:58:55	00:57:59	GAA VILA FRANCA XIRA
999	735	PEDRO PEREIRA	M	38		00:58:56	00:58:35	AFO
1000	361	ROMÃO VALENTE	M	51		00:58:56	00:58:45	INDIVIDUAL
1001	1102	JOAQUIM FULGENCIO	M	56		00:58:57	00:58:30	C MILLENNIUN BCP
1002	2	LUIS ROSA	M	60		00:58:57	00:58:42	CAA BELEM
1003	797	TIAGO ALBERTO	M	27		00:58:59	00:58:41	INDIVIDUAL
1004	261	ANDREIA SOFIA	F	35		00:59:00	00:57:59	GD CHELAS
1005	43	ALBERTINO SEMEDO	M	55		00:59:02	00:58:32	SS CGD
1006	654	DOMINGOS L PINTOCOELHO	M	61		00:59:02	00:58:31	LEÕES DA ESTRADA
1007	1130	JOSE PAVAO	M	57		00:59:06	00:58:44	AÇOREANA C BANIF
1008	119	RUI ALEGRE	M	34		00:59:15	00:58:52	INDIVIDUAL
1009	1296	ANGELA L COSTA	F	27		00:59:15	00:58:52	INDIVIDUAL
1010	971	NUNO BASTOS	M	42		00:59:18	00:58:55	INDIVIDUAL
1011	1017	JOAO P CAROÇO	M	57		00:59:28	00:58:44	TEJAVISTA
1012	1372	MANUEL COELHO	M	52		00:59:28	00:58:46	C C ARCOS VALDEVEZ
1013	215	PERPÉTUA CRISPIM	F	42		00:59:32	00:59:06	ADCR P JUDICIARIA
1014	510	ALBERTO CARVALHO	M	55		00:59:34	00:59:00	AFRS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	511	MARTA CORREIA	F	21		00:59:34	00:58:58	AFRS
1016	1115	ANTONIO JORGE	M	59		00:59:35	00:59:20	AÇOREANA C BANIF
1017	1124	HELENA SANTOS	F	51		00:59:35	00:59:25	AÇOREANA C BANIF
1018	457	SERGIO MONTE LEE	M	38		00:59:36	00:58:53	MONTE LEE
1019	310	ANA J A GOMES	F	37		00:59:40	00:59:23	ESMTC
1020	221	JOSE A BARREIROS	M	42		00:59:41	00:59:01	INDIVIDUAL
1021	761	LUCIENNE NEVES	F	29		00:59:43	00:59:16	INDIVIDUAL
1022	1404	DOMINGOS COSTA	M	65		00:59:43	00:58:49	INGLESES FC
1023	762	CARLA MARQUES	F	29		00:59:44	00:59:44	INDIVIDUAL
1024	432	JORGE MARTINS	M	35		00:59:45	00:59:03	JD ALHANDRENSE
1025	456	ALEXANDRE MONTE LEE	M	36		00:59:49	00:59:06	MONTE LEE
1026	588	GUILHERME NUNES	M	18		00:59:52	00:59:22	GD CHELAS
1027	1093	JOAO CUNHA	M	56		00:59:56	00:59:10	C MILLENNIUN BCP
1028	208	RICARDO SOUSA	M	42		00:59:58	00:59:27	INDIVIDUAL
1029	397	ANTONIO EDUARDO	M	58		00:59:58	00:59:06	CCDT METRO LX
1030	975	JOANA MOREIRA	F	32		00:59:59	00:59:26	INDIVIDUAL
1031	1329	PAULO PORTUGAL	M	48		01:00:01	00:59:09	A VALE SILENCIO
1032	1030	VANESSA GOMES	F	26		01:00:02	00:59:15	ARBITROS FUTEBOL
1033	1032	ANA RIBEIRO	F	33		01:00:03	00:59:15	ARBITROS FUTEBOL
1034	1031	HELDER MALHERIRO	M	33		01:00:03	00:59:15	ARBITROS FUTEBOL
1035	111	JORGE LOPES	M	47		01:00:03	00:59:32	INDIVIDUAL
1036	946	ADRIANO VITORINO	M	52		01:00:05	00:59:45	CCD OLIVAIS SUL
1037	338	RODRIGO RODRIGUES	M	18		01:00:07	00:59:22	INDIVIDUAL
1038	339	CARLOS RODRIGUES	M	49		01:00:07	00:59:22	INDIVIDUAL
1039	675	NUNO SANTOS	M	44		01:00:08	00:59:08	PLUMAS
1040	379	BRUNO RIBEIRO	M	41		01:00:09	00:59:49	GD AGUIAS MOITA
1041	1274	ALBANO SILVA	M	51		01:00:13	00:59:52	INDIVIDUAL
1042	964	ALEXANDRA PIRES	F	46		01:00:23	01:00:06	INDIVIDUAL
1043	290	MADALENA RIBAS	F	58		01:00:30	01:00:06	INDIVIDUAL
1044	15	FERNANDO LOURENÇO	M	63		01:00:32	01:00:19	BOM PETISCO
1045	434	JAIME F R ÉVORA	M	38		01:00:32	00:59:39	INDIVIDUAL
1046	16	RICARDO FIGUEIRA	M	38		01:00:32	01:00:20	BOM PETISCO
1047	291	FATIMA LEITÃO	F	52		01:00:34	01:00:10	INDIVIDUAL
1048	300	ANABELA PERES	F	50		01:00:38	01:00:14	10 P`RAS 11
1049	1132	LUIS NEVES	M	40		01:00:40	01:00:17	AÇOREANA C BANIF
1050	1125	JOAO P FERNANDES	M	36		01:00:40	01:00:40	AÇOREANA C BANIF
1051	622	PAULO INÁCIO	M	33		01:00:43	01:00:21	EQUIPA HERMES
1052	1236	FILIPPE P VITORIO	M	28		01:00:43	00:59:49	INDIVIDUAL
1053	621	ALEXANDRA INÁCIO	F	39		01:00:43	01:00:22	EQUIPA HERMES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	474	JOSE ISIDORO	M	73		01:00:44	00:59:58	C PRAÇAS ARMADA
1055	1162	BARBARA MIRANDA	F	41		01:00:47	01:00:27	SCU TORREENSE
1056	1233	PEDRO PIRES	M	35		01:00:48	01:00:38	INDIVIDUAL
1057	1289	MARIBEL SILVA	F	46		01:00:49	01:00:29	INDIVIDUAL
1058	780	MARIO J C AGREIRO	M	41		01:00:50	01:00:09	INDIVIDUAL
1059	656	CARLOS F A CORREIA	M	37		01:00:55	01:00:36	AS LEBRES DA RINCHOA
1060	854	FERNANDO C SILVA	M	61		01:00:56	01:00:45	CCDT METRO LX
1061	242	ISABEL F G MONTEIRO	F	27		01:00:56	01:00:22	INDIVIDUAL
1062	722	PEDRO MARTINS	M	37		01:00:58	01:00:48	FC ESTRELAS LISBOA
1063	153	ANA ALPALHÃO	F	40		01:00:59	01:00:17	ALPALHÃO
1064	239	ALEXANDRA RODRIGUES	F	32		01:01:04	01:00:37	ATOMIC TEAM
1065	1161	MARGARIDA FONTES	F	39		01:01:05	01:00:45	SCU TORREENSE
1066	390	LUIS J S B LARA	M	64		01:01:06	01:00:24	INDIVIDUAL
1067	882	FILIPE L FONSECA	M	28		01:01:06	01:00:49	ESMTC
1068	1103	BRUNO SANTOS	M	39		01:01:09	01:00:37	C MILLENNIUN BCP
1069	911	LUIS FILIPE	M	27		01:01:12	01:00:50	INDIVIDUAL
1070	847	JOAO M SILVA	M	40		01:01:13	01:00:05	INDIVIDUAL
1071	602	ANTONIO CIPRIANO	M	68		01:01:15	01:00:29	AMCR FONTE GRADA
1072	323	ANTONIO PARDAL	M	57		01:01:17	01:00:39	GA MONSANTO GASCAN
1073	1305	ANTONIO SILVA	M	68		01:01:22	01:00:32	A VALE SILENCIO
1074	1304	ANTONIO FERNANDES	M	57		01:01:22	01:00:29	A VALE SILENCIO
1075	1327	PAULO BARBEITO	M	49		01:01:22	01:00:27	A VALE SILENCIO
1076	1318	JORGE LOURENÇO	M	47		01:01:22	01:00:27	A VALE SILENCIO
1077	1307	DANIEL PINTO	M	29		01:01:22	01:00:29	A VALE SILENCIO
1078	1319	JORGE TEIXEIRA	M	37		01:01:23	01:00:28	A VALE SILENCIO
1079	1334	TIAGO SILVA	M	22		01:01:23	01:00:32	A VALE SILENCIO
1080	1314	JOAQUIM BELO	M	47		01:01:23	01:00:30	A VALE SILENCIO
1081	1310	FERNANDO SILVA	M	49		01:01:23	01:00:33	A VALE SILENCIO
1082	327	JOAO PINTO	M	52		01:01:25	01:00:47	GA MONSANTO GASCAN
1083	164	JOANA CHOURIÇO	F	50		01:01:26	01:01:16	INDIVIDUAL
1084	1169	PAULA COSTA	F	43		01:01:34	01:01:13	SFUAP
1085	386	CARLA S PEREIRA	F	42		01:01:34	01:01:26	INDIVIDUAL
1086	431	PEDRO LEITÃO	M	31		01:01:36	01:00:53	JD ALHANDRENSE
1087	1214	RUTE MENEZES	F	33		01:01:38	01:00:46	GA MACEDO OCULISTA
1088	1215	VERA VALENTIM	F	35		01:01:39	01:00:47	GA MACEDO OCULISTA
1089	508	MÁRIO SILVA	M	46		01:01:39	01:01:02	AFRS
1090	486	ANTONIO C NOVAS	M	35		01:01:48	01:01:01	GODINHO
1091	810	BRUNO SANTOS	M	34		01:01:48	01:01:18	ATOMIC TEAM
1092	359	MIGUEL A S RODRIGUES	M	34		01:01:51	00:58:43	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	771	TERESA OLIVEIRA	F	44		01:01:54	01:01:41	INDIVIDUAL
1094	770	MANUEL MENDES	M	47		01:01:54	01:01:41	INDIVIDUAL
1095	489	AMERICO COSTA	M	56		01:01:57	01:01:15	TECNOSPIE
1096	624	MANUEL PAIS	M	36		01:01:59	01:01:40	EQUIPA HERMES
1097	620	JORGE LOURENÇO	M	36		01:02:00	01:02:00	EQUIPA HERMES
1098	1071	PAULA FIGUEIREDO	F	56		01:02:02	01:01:33	GD SANTANDER TOTTA
1099	380	ALTINO SILVA	M	69		01:02:08	01:01:28	CP IVA
1100	562	SERGIO OLIVEIRA	M	38		01:02:10	01:01:58	QUENIANOS OLIVENSES
1101	563	FERNANDO RIBEIRO	M	47		01:02:10	01:01:58	QUENIANOS OLIVENSES
1102	455	BRUNO M S MARTINS	M	37		01:02:10	01:01:58	INDIVIDUAL
1103	573	MAYER RAPOSO	M	66		01:02:12	01:01:35	AA LEBRES SADO
1104	939	HELDER P PEREIRA	M	34		01:02:12	01:01:57	INDIVIDUAL
1105	14	ANDRE LOURENÇO	M	32		01:02:13	01:02:02	BOM PETISCO
1106	1308	EMILIO GONÇALVES	M	46		01:02:15	01:01:24	A VALE SILENCIO
1107	871	JOAO SANTOS	M	52		01:02:16	01:01:39	INDIVIDUAL
1108	1106	PAULO FRANÇA	M	51		01:02:22	01:01:51	GDCT UNICRE
1109	631	Mª JULIA R CONCEIÇÃO	F	42		01:02:25	01:01:39	FALCOES SELVAGENS
1110	11	LUIS PARRO	M	52		01:02:27	01:01:27	GARMIN CO OEIRAS
1111	1044	CARLOS PEREIRA	M	43		01:02:28	01:01:33	GD SANTANDER TOTTA
1112	674	TIAGO NEVES	M	36		01:02:28	01:01:57	INDIVIDUAL
1113	745	NUNO M P S DIAS	M	38		01:02:28	01:01:59	INDIVIDUAL
1114	480	SARA M C C TIMÓTEO	F	34		01:02:29	01:02:28	EUROPA
1115	253	MARIA QUITÉRIA	F	40		01:02:31	01:01:59	INDIVIDUAL
1116	1047	ANTONIO CASTRO	M	44		01:02:34	01:01:40	GD SANTANDER TOTTA
1117	382	FERNANDO SANTOS	M	67		01:02:36	01:01:36	CP IVA
1118	383	JOSE M REIS	M	59		01:02:36	01:02:36	CP IVA
1119	224	ALEXANDRE RODRIGUES	M	42		01:02:51	01:01:58	BUE RAPIDOS
1120	657	ANTONIO M ALTER	M	49		01:02:57	01:02:12	INDIVIDUAL
1121	1005	ANA L FONSECA	F	37		01:02:58	01:02:15	TEJAVISTA
1122	1227	JOAQUIM CAPUCHO	M	62		01:03:01	01:02:57	INDIVIDUAL
1123	264	LEOPOLDINO MARCELINO	M	69		01:03:03	01:02:14	GD CHELAS
1124	1111	MARCELO CARDOSO	M	44		01:03:04	01:02:32	GDCT UNICRE
1125	626	RUBEN BAHAMONDE	M	32		01:03:06	01:03:06	EQUIPA HERMES
1126	627	LUISA FREITAS	F	32		01:03:06	01:02:46	EQUIPA HERMES
1127	1146	TAM AFONSO	M	61		01:03:12	01:02:56	AÇOREANA C BANIF
1128	6	JOAO BRANCO	M	66		01:03:28	01:03:02	AAE BNU
1129	4	MANUEL AUGUSTO	M	74		01:03:30	01:02:28	OUR ESPIRITO SANTO
1130	1268	RUI P M BRANCO	M	35		01:03:35	01:02:58	INDIVIDUAL
1131	1097	JAIME LUZ	M	18		01:03:43	01:03:43	C MILLENNIUN BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	1061	JOSE MONTEIRO	M	64		01:03:45	01:03:37	GD SANTANDER TOTTA
1133	687	LUIS ARCADINHO	M	61		01:03:47	01:03:14	INDIVIDUAL
1134	893	NUNO P M C DIAS	M	39		01:03:54	01:03:24	INDIVIDUAL
1135	768	FRANCISCO M COSTA	M	27		01:03:55	01:03:47	INDIVIDUAL
1136	968	ANTONIO FERNANDES	M	77		01:03:55	01:03:18	INDIVIDUAL
1137	1278	ARONS CARVALHO	M	66		01:03:59	01:03:03	INDIVIDUAL
1138	974	LUIS MATOS	M	47		01:04:01	01:03:47	NAPA
1139	389	EBERHARD A WILHELM	M	65		01:04:05	01:03:47	4 AO KM
1140	459	PAULO CASTANHEIRA	M	40		01:04:12	01:04:12	INDIVIDUAL
1141	591	FATIMA GONÇALVES	F	46		01:04:13	01:03:33	OS TUGAS
1142	1262	NUNO GRANDAO	M	41		01:04:14	01:03:36	INDIVIDUAL
1143	1014	ANDRE ASCENÇÃO	M	31		01:04:24	01:03:50	TEJAVISTA
1144	125	ALEXANDRE TAM	M	34		01:04:29	01:04:12	INDIVIDUAL
1145	454	JOAO C P S CARNEIRO	M	54		01:04:30	01:03:46	JOAO CARNEIRO SAD
1146	912	NUNO SANTOS	M	26		01:04:38	01:04:16	INDIVIDUAL
1147	414	CESAR F GUERRA	M	44		01:04:43	01:04:13	CTJ
1148	175	ANTONIO REBELO	M	42		01:05:01	01:04:36	INDIVIDUAL
1149	970	RICARDO PINTO	M	38		01:05:01	01:04:36	INDIVIDUAL
1150	274	HELENA SERRA	F	48		01:05:04	01:04:59	GD CHELAS
1151	404	JOSE PIRES	M	77		01:05:04	01:04:12	CCDT METRO LX
1152	642	ANDRE MOREIRA	M	23		01:05:07	01:04:27	INDIVIDUAL
1153	641	CARINA DUARTE	F	20		01:05:07	01:04:27	INDIVIDUAL
1154	640	SARA REIS	F	25		01:05:09	01:04:29	INDIVIDUAL
1155	10	MANUEL SANTOS	M	66		01:05:13	01:04:18	GDCT REPSOL
1156	953	DAVID SANTOS	M	40		01:05:14	01:04:52	INDIVIDUAL
1157	952	MARTA RAMOS	F	38		01:05:14	01:04:52	INDIVIDUAL
1158	130	MARTA FRANCO	F	32		01:05:17	01:04:29	COL VASCO GAMA
1159	1110	JOSE MILAGRES	M	57		01:05:18	01:04:47	GDCT UNICRE
1160	737	JOSE LOURENÇO	M	31		01:05:27	01:05:02	AFO
1161	918	MANUEL VASCONCELOS	M	28		01:05:27	01:05:14	Os Cinco
1162	341	JOAQUIM VENÂNCIO	M	59		01:05:30	01:05:11	CLUBE OGMA
1163	342	JOAO SIMÕES	M	50		01:05:31	01:05:12	CLUBE OGMA
1164	983	VANESSA SOUSA	F	33		01:05:34	01:04:44	INDIVIDUAL
1165	878	VANIA PEDROSO	M	29		01:05:34	01:05:21	INDIVIDUAL
1166	523	LURDES SANTOS	F	32		01:05:34	01:04:45	INDIVIDUAL
1167	794	GIOVANNA MADEO	F	35		01:05:34	01:04:46	INDIVIDUAL
1168	522	GABRIELA MARQUES	F	36		01:05:34	01:04:45	INDIVIDUAL
1169	793	ALESSANDRO MICHELI	M	37		01:05:35	01:04:47	INDIVIDUAL
1170	1001	EDUARDO P SOARES	M	45		01:05:35	01:05:00	TEJAVISTA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	422	HÉLIO PEDROSO	M	33		01:05:36	01:05:21	INDIVIDUAL
1172	605	PAULA FERNANDES	F	36		01:05:36	01:04:48	CLUBE VODAFONE
1173	897	JORGE NARCISO	M	53		01:05:36	01:04:42	CC ARGANIL
1174	910	IVO R D ROSA	M	29		01:05:41	01:05:02	INDIVIDUAL
1175	1271	PEDRO H F MACHADO	M	51		01:05:59	01:05:31	INDIVIDUAL
1176	392	JOSE M S S MARTINS	M	55		01:06:01	01:05:35	INDIVIDUAL
1177	288	FRANCISCO CASACA	M	74		01:06:01	01:05:01	CA VALE FIGUEIRA
1178	534	ADELAIDE FELIZARDO	F	36		01:06:08	01:05:50	NOSTOP
1179	557	CATIA P PEREIRA	F	34		01:06:08	01:05:46	INDIVIDUAL
1180	1131	JOSE SEQUEIRA	M	53		01:06:10	01:05:11	AÇOREANA C BANIF
1181	113	PEDRO N N PINTO	M	56		01:06:14	01:05:40	OS PINTOS
1182	992	JOANA CEIA	F	26		01:06:18	01:05:38	INDIVIDUAL
1183	1158	JOAO RODRIGUES	M	21		01:06:21	01:05:50	CR CRUZ PAU
1184	1157	AGAPITO BELGA	M	62		01:06:31	01:05:59	CR CRUZ PAU
1185	1324	LUIS L SANTOS	M	55		01:06:32	01:05:33	A VALE SILENCIO
1186	1316	JOAQUIM GOMES	M	66		01:06:32	01:05:37	A VALE SILENCIO
1187	1331	RICARDO NICOLAU	M	32		01:06:33	01:05:42	A VALE SILENCIO
1188	931	MARINA MORAES	F	50		01:06:47	01:06:05	INDIVIDUAL
1189	763	SERGIO NEVES	M	54		01:06:57	01:06:30	INDIVIDUAL
1190	1281	MARIA AGUIAR	F	42		01:07:04	01:06:22	INDIVIDUAL
1191	284	ANTONIO MOURA	M	57		01:07:06	01:07:06	CA VALE FIGUEIRA
1192	683	TÂNIA COSTA	F	31		01:07:06	01:06:39	INDIVIDUAL
1193	1056	FABIO PASSOS	M	27		01:07:09	01:06:25	GD SANTANDER TOTTA
1194	476	ANA R S ALTER	F	20		01:07:09	01:06:26	INDIVIDUAL
1195	228	VITOR CAVACO	M	36		01:07:18	01:06:40	INDIVIDUAL
1196	229	CATARINA CAVACO	F	36		01:07:18	01:06:41	INDIVIDUAL
1197	405	ORLANDO SOUSA	M	51		01:07:27	01:06:35	CCDT METRO LX
1198	48	AURELIO CALADO	M	64		01:07:28	01:06:36	SS CGD
1199	56	JOAQUIM LAVADO	M	60		01:07:30	01:06:38	SS CGD
1200	570	JOAQUIM PEREIRA	M	74		01:07:35	01:07:31	AA LEBRES SADO
1201	581	ANTONIO PINHO	M	61		01:07:35	01:07:05	O MUNDO CORRIDA
1202	535	ANA CARRAPITO	F	36		01:07:41	01:07:21	NOSTOP
1203	1007	DANIELA MOURA	F	53		01:07:53	01:06:56	TEJAVISTA
1204	252	PAULA COUTO	F	50		01:07:58	01:07:26	INDIVIDUAL
1205	251	ARTUR DINIS	M	56		01:07:59	01:07:26	INDIVIDUAL
1206	929	EDUARDO A C GONÇALVES	M	52		01:08:15	01:08:08	INDIVIDUAL
1207	938	LEONARDO A CABACEIRA	M	53		01:08:30	01:08:18	INDIVIDUAL
1208	541	SUSANA CARVALHO	F	35		01:08:46	01:07:56	INDIVIDUAL
1209	1076	SANDRA CUNHA	F	39		01:08:51	01:08:29	GD SANTANDER TOTTA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	941	REINALDO PEREIRA	M	50		01:09:15	01:09:07	INDIVIDUAL
1211	914	MARGARIDA FERREIRA	F	29		01:09:21	01:09:07	Os Cinco
1212	869	JORGE ANJOS	M	38		01:09:29	01:08:59	INDIVIDUAL
1213	1055	FABIO DIAS	M	42		01:09:34	01:08:55	GD SANTANDER TOTTA
1214	686	PAULA CUNHA	F	47		01:09:36	01:08:48	INDIVIDUAL
1215	774	TIAGO SIMENTA	M	36		01:10:00	01:09:32	INDIVIDUAL
1216	851	NUNO M L CORREIA	M	41		01:10:00	01:09:32	INDIVIDUAL
1217	49	CARLOS ALBANO	M	42		01:10:03	01:09:07	SS CGD
1218	53	HELDER VALENTE	M	40		01:10:03	01:09:07	SS CGD
1219	1015	JOANA BUSTORFF	F	28		01:10:06	01:09:32	TEJAVISTA
1220	1226	LUIS M L CAROUNHO	M	42		01:10:29	01:10:20	INDIVIDUAL
1221	1187	ANTONIO NASCIMENTO	M	47		01:10:47	01:10:05	N&A-CNAS
1222	991	LILIANA BORGES	F	25		01:10:49	01:10:09	INDIVIDUAL
1223	690	PEDRO MIGUEL DIAS	M	35		01:10:49	01:10:24	CR DO PENTEADO
1224	1011	MANUELA BUSTORFF	F	58		01:10:54	01:10:20	TEJAVISTA
1225	1004	PEDRO M DELGADO	M	65		01:10:55	01:10:19	TEJAVISTA
1226	35	TERESA SOUSA	F	39		01:10:55	01:10:28	GD SÃO DOMINGOS
1227	444	JOAQUIM LEITÃO	M	57		01:10:56	01:10:31	GD SÃO DOMINGOS
1228	79	MARIO JORGE	M	49		01:10:57	01:10:35	UDCA
1229	372	HELENA MAGALHÃES	F	43		01:11:11	01:10:06	URCA
1230	272	CECILIA TAVARES	F	47		01:11:15	01:11:01	GD CHELAS
1231	589	FERNANDO PAULO	M	60		01:11:19	01:11:12	GD CHELAS
1232	1193	JOAO GRAÇA	M	74		01:11:24	01:10:20	ND AUTOCOOPE
1233	265	ARTUR MARCELINO	M	72		01:11:44	01:11:44	GD CHELAS
1234	515	SUSANA PALMA	F	39		01:12:03	01:11:24	CP IVA
1235	514	SANDRA SILVA	F	41		01:12:03	01:11:24	CP IVA
1236	752	FRANCISCO MOUCHINHO	M	65		01:12:48	01:12:37	ACADEMIA LUMIAR
1237	1064	JOSE SIMOES	M	65		01:12:51	01:11:57	GD SANTANDER TOTTA
1238	1135	MA FEE HUNG	F	63		01:12:52	01:12:09	AÇOREANA C BANIF
1239	285	VERGILIO NASCIMENTO	M	59		01:13:12	01:12:31	CA VALE FIGUEIRA
1240	289	CLARA MINA	F	53		01:13:13	01:12:32	CA VALE FIGUEIRA
1241	1089	FERNANDO FERREIRA	M	67		01:13:18	01:13:09	C MILLENNIUN BCP
1242	415	Mª TERESA L RODRIGUES	F	57		01:13:32	01:13:06	CTJ
1243	1186	ANA S BENTO	F	54		01:13:42	01:12:46	CÂMARA L CLUBE
1244	1232	Mª RITA PIRES	F	38		01:13:48	01:13:38	INDIVIDUAL
1245	1212	GONÇALO NUNES	M	23		01:14:00	01:13:38	OS NUNES
1246	1209	JOSE MATILDES	M	57		01:14:00	01:13:52	OS NUNES
1247	1282	FRANCSICO BANDO	M	62		01:15:23	01:14:46	INDIVIDUAL
1248	888	ANDREIA PEREIRA	F	20		01:15:30	01:15:02	OLEIRO P REBELO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	886	HUGO REBELO	M	39		01:15:30	01:15:02	OLEIRO P REBELO
1250	887	JOANA REBELO	F	20		01:15:31	01:15:04	OLEIRO P REBELO
1251	135	CLAUDIA RATO	F	33		01:16:34	01:16:21	INDIVIDUAL
1252	909	PEDRO C COSTA	M	41		01:16:35	01:15:58	SS CGD
1253	1003	SANDRA JOAQUIM	F	38		01:17:08	01:16:29	TEJAVISTA
1254	1008	LUIS MOURA	M	55		01:17:08	01:16:30	TEJAVISTA
1255	925	ANDRÉ SILVESTRE	M	27		01:17:16	01:16:44	TRILHOS E CORRIDAS
1256	1149	Mª CARMO ANJOS	F	67		01:17:25	01:16:50	J FREG PORTELA
1257	1142	RICARDO ALVES	M	30		01:17:39	01:16:56	AÇOREANA C BANIF
1258	381	LUDGERO CALDEIRA	M	68		01:17:40	01:16:41	CP IVA
1259	1104	SONIA DURO	F	36		01:17:49	01:17:17	C MILLENNIUN BCP
1260	429	ANA C CANHOTO	F	39		01:18:29	01:18:00	MATILHA RADICAL
1261	513	LAINHA REIS	F	47		01:18:30	01:17:50	CP IVA
1262	1100	FOCK CHIU	F	63		01:18:31	01:17:26	C MILLENNIUN BCP
1263	1101	JOSE ARRUDA	M	64		01:18:31	01:17:26	C MILLENNIUN BCP
1264	425	LUIS H SILVA	M	42		01:18:35	01:18:07	MATILHA RADICAL
1265	753	MANUEL MARTINS	M	44		01:18:35	01:18:16	ACADEMIA LUMIAR
1266	430	Mª GRAÇA SARAIVA	F	40		01:18:35	01:18:06	MATILHA RADICAL
1267	334	FRANCISCO J G BERNARDO	M	38		01:18:48	01:18:03	FRIENDS2RUN
1268	1414	MARTINHO ROQUE	M	33		01:18:57	01:18:13	JUNTA FREG OLIVAIS
1269	1415	CARLOS CARVALHO	M	33		01:20:30	01:20:30	JUNTA FREG OLIVAIS
1270	966	FILIPE VASCONCELOS	M	39		01:21:29	01:20:38	INDIVIDUAL
1271	1198	VITOR DINIS	M	41		01:21:30	01:20:31	ID VIEIRENSE
1272	287	JOSE LINDO	M	67		01:22:25	01:21:03	CA VALE FIGUEIRA
1273	965	MARCELO LOBATO	M	40		01:25:49	01:24:57	INDIVIDUAL
1274	629	CARLOS RIBEIRO	M	53		01:28:53	01:28:43	INDIVIDUAL
1275	630	ILDA RIBEIRO	F	53		01:29:00	01:29:00	INDIVIDUAL
1276	932	MARGARIDA TRAÇA	F	22		01:29:24	01:28:41	INDIVIDUAL
1277	666	CARLA A B INFANTE	F	38		01:30:26	01:29:19	INDIVIDUAL
1278	665	PAULO J R SANTOS	M	40		01:31:00	01:29:53	INDIVIDUAL
1279	930	ANA C B CARDOSO	F	20		01:31:00	01:29:53	INDIVIDUAL
1280	1244	CARLOS ROLO	M	53		01:36:47	01:35:59	INDIVIDUAL
1281	1248	FRANCISCO ROXO	M	50		01:36:47	01:35:57	INDIVIDUAL
1282	1243	CARLOS ROXO	M	78		01:36:49	01:36:49	INDIVIDUAL
1283	1249	JOSE A SILVA	M	51		01:36:49	01:36:49	INDIVIDUAL
1284	1245	ANA ROXO	F	52		01:36:49	01:36:49	INDIVIDUAL

Total de registros: 1284

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	461	SUSANA CUNHA	F	25	00:38:51	00:38:49	LINDA A PASTORA SC
2	81	SOFIA MARMELO	F	20	00:41:53	00:41:52	CA FERREIRA DO ZEZERE
3	1405	ANA MACHADO	F	24	00:42:21	00:42:21	INGLESES FC
4	1098	FILIPA VILAR	F	28	00:44:30	00:44:18	C MILLENNIUN BCP
5	530	BRIGITTE S CARDOSO	F	30	00:46:18	00:45:53	INDIVIDUAL
6	1114	ALEXANDRA ALVES	F	30	00:46:41	00:46:41	AÇOREANA C BANIF
7	1019	CAROLINA GREGORIO	F	22	00:46:47	00:46:41	FALCOES SELVAGENS
8	167	Mª JOAO LOPES	F	33	00:46:53	00:46:42	MONSANTO RUNNING TEAM
9	960	ANA TOMAS	F	32	00:47:13	00:46:58	RUNLOVERS
10	109	MARIANA P S MARQUES	F	25	00:47:17	00:47:14	INDIVIDUAL
11	308	ANA R S GASPAR	F	33	00:47:40	00:47:24	ESMTC
12	423	TÂNIA PEDROSO	F	33	00:48:50	00:48:34	INDIVIDUAL
13	413	FILIPA FARINHA	F	30	00:49:19	00:48:33	OPTICALIA RUNNING TEAM
14	814	CARLA BRITO	F	33	00:49:22	00:49:18	INDIVIDUAL
15	187	MARIANA MONTEIRO	F	33	00:50:09	00:49:51	INDIVIDUAL
16	1159	RAQUEL MONTEIRO	F	21	00:50:23	00:50:23	CR CRUZ PAU
17	1351	SANDRINA CUNHA	F	30	00:50:37	00:50:25	NAZ ABOBODA
18	1082	MARIANA MARTINS	F	20	00:50:44	00:50:08	C MILLENNIUN BCP
19	351	KRISTINE ROHULA	F	34	00:50:58	00:50:44	INDIVIDUAL
20	479	ALEXANDRA S F VICENTE	F	32	00:51:29	00:51:25	VIZINHOS TEAM
21	74	RITA S MELO	F	32	00:51:52	00:51:29	C FERROV PORTIUGAL
22	617	MARTA F F P RODRIGUES	F	29	00:52:41	00:52:21	RUN FOR LIVE
23	829	MARISA MARQUES	F	32	00:52:43	00:52:12	INDIVIDUAL
24	937	CARLA M S MATOS	F	31	00:54:08	00:53:30	RUN 4 FUN
25	612	SONIA PARREIRA	F	34	00:54:25	00:54:02	C BENFICA TORRES VEDRAS
26	546	TAMARA MCCMB	F	34	00:54:55	00:54:04	CLUBE SAL E LUZ
27	447	LEONOR R CANDEIAS	F	25	00:55:13	00:54:59	AMIGOS DOS LOBOS
28	1333	SUSANA PINTO	F	34	00:55:39	00:54:47	A VALE SILENCIO
29	865	FATIMA SANTOS	F	33	00:56:10	00:56:06	JOBRINDE
30	529	MONICA CARRUFA	F	29	00:56:34	00:55:45	INDIVIDUAL
31	981	SOFIA CARDOSO	F	31	00:57:27	00:57:07	INDIVIDUAL
32	1139	PAULA SIMOES	F	34	00:58:01	00:58:01	AÇOREANA C BANIF
33	1053	CARINA VEIGA	F	28	00:58:08	00:57:46	GD SANTANDER TOTTA
34	782	ANDRESSA OMITTI	F	23	00:58:18	00:57:45	TRIATLO GOLEGÃ/DINAMITE TEAM
35	790	ELINA I A MATONSE	F	30	00:58:22	00:57:38	AMINHACORRIDA.COM
36	236	SARA LOPES	F	28	00:58:31	00:58:13	INDIVIDUAL
37	1296	ANGELA L COSTA	F	27	00:59:15	00:58:52	INDIVIDUAL
38	511	MARTA CORREIA	F	21	00:59:34	00:58:58	AFRS
39	761	LUCIENNE NEVES	F	29	00:59:43	00:59:16	INDIVIDUAL
40	762	CARLA MARQUES	F	29	00:59:44	00:59:44	INDIVIDUAL

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Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	975	JOANA MOREIRA	F	32	00:59:59	00:59:26	INDIVIDUAL
42	1030	VANESSA GOMES	F	26	01:00:02	00:59:15	ARBITROS FUTEBOL
43	1032	ANA RIBEIRO	F	33	01:00:03	00:59:15	ARBITROS FUTEBOL
44	242	ISABEL F G MONTEIRO	F	27	01:00:56	01:00:22	INDIVIDUAL
45	239	ALEXANDRA RODRIGUES	F	32	01:01:04	01:00:37	ATOMIC TEAM
46	1214	RUTE MENEZES	F	33	01:01:38	01:00:46	GA MACEDO OCULISTA
47	480	SARA M C C TIMÓTEO	F	34	01:02:29	01:02:28	EUROPA
48	627	LUISA FREITAS	F	32	01:03:06	01:02:46	EQUIPA HERMES
49	641	CARINA DUARTE	F	20	01:05:07	01:04:27	INDIVIDUAL
50	640	SARA REIS	F	25	01:05:09	01:04:29	INDIVIDUAL
51	130	MARTA FRANCO	F	32	01:05:17	01:04:29	COL VASCO GAMA
52	983	VANESSA SOUSA	F	33	01:05:34	01:04:44	INDIVIDUAL
53	523	LURDES SANTOS	F	32	01:05:34	01:04:45	INDIVIDUAL
54	557	CATIA P PEREIRA	F	34	01:06:08	01:05:46	INDIVIDUAL
55	992	JOANA CEIA	F	26	01:06:18	01:05:38	INDIVIDUAL
56	683	TÂNIA COSTA	F	31	01:07:06	01:06:39	INDIVIDUAL
57	476	ANA R S ALTER	F	20	01:07:09	01:06:26	INDIVIDUAL
58	914	MARGARIDA FERREIRA	F	29	01:09:21	01:09:07	Os Cinco
59	1015	JOANA BUSTORFF	F	28	01:10:06	01:09:32	TEJAVISTA
60	991	LILIANA BORGES	F	25	01:10:49	01:10:09	INDIVIDUAL
61	888	ANDREIA PEREIRA	F	20	01:15:30	01:15:02	OLEIRO P REBELO
62	887	JOANA REBELO	F	20	01:15:31	01:15:04	OLEIRO P REBELO
63	135	CLAUDIA RATO	F	33	01:16:34	01:16:21	INDIVIDUAL
64	932	MARGARIDA TRAÇA	F	22	01:29:24	01:28:41	INDIVIDUAL
65	930	ANA C B CARDOSO	F	20	01:31:00	01:29:53	INDIVIDUAL

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	720	RAQUEL AFONSO	F	40	00:45:20	00:45:15	NOVABASE
2	1117	CARLA CALÇADA	F	44	00:47:02	00:46:54	AÇOREANA C BANIF
3	625	FILIPA RAMOS	F	36	00:47:21	00:47:04	EQUIPA HERMES
4	436	ROSARIO MORGADO	F	37	00:48:35	00:48:26	GD SÃO DOMINGOS
5	555	ESTELA COSTA	F	39	00:49:09	00:48:47	INDIVIDUAL
6	302	DANIELA MARINHEIRO	F	36	00:49:10	00:48:44	CP EDP LISBOA
7	1234	SALOME SANTOS	F	43	00:50:43	00:50:30	INDIVIDUAL
8	241	ISABEL MARTINS	F	42	00:50:51	00:50:34	ADCR P JUDICIARIA
9	1185	ANA MONTEIRO	F	42	00:51:00	00:50:36	CÂMARA L CLUBE
10	825	TERESA JERÓNIMO	F	44	00:51:50	00:51:23	FAM 2 RUN
11	1041	INES MARQUES	F	36	00:52:18	00:52:01	CCR ALTO MOINHO
12	96	MAFALDA GAMEIRO	F	44	00:52:19	00:52:11	CP RTP
13	213	SUSANA G DURO	F	36	00:52:33	00:52:29	INDIVIDUAL
14	427	ISABEL J FARIA	F	38	00:52:59	00:52:33	MATILHA RADICAL
15	426	PATRICIA V JEREMIAS	F	36	00:53:00	00:52:34	MATILHA RADICAL
16	889	ISABEL OLEIRO	F	40	00:53:21	00:52:53	OLEIRO P REBELO
17	146	ANA L DUARTE	F	43	00:54:05	00:53:56	FALCOES SELVAGENS
18	550	MARIA SOUSA	F	37	00:54:05	00:53:18	IRMANDADE PEDALEIRA
19	1332	SANDRA BATISTA	F	37	00:54:13	00:53:20	A VALE SILENCIO
20	698	LUCIDÉIA PITREZ	F	35	00:55:35	00:55:22	INDIVIDUAL
21	779	HELENA LEITÃO	F	43	00:55:44	00:55:29	RUNLOVERS
22	1368	ELISABETE ROUXINOL	F	38	00:56:22	00:55:52	NAZ ABOBODA
23	57	LUISA LANDEIRO	F	43	00:56:39	00:56:31	SS CGD
24	67	OLGA BORGES	F	38	00:57:29	00:57:19	SS CGD
25	1144	SANDRA MARTINS	F	36	00:57:46	00:57:34	AÇOREANA C BANIF
26	261	ANDREIA SOFIA	F	35	00:59:00	00:57:59	GD CHELAS
27	215	PERPÉTUA CRISPIM	F	42	00:59:32	00:59:06	ADCR P JUDICIARIA
28	310	ANA J A GOMES	F	37	00:59:40	00:59:23	ESMTC
29	621	ALEXANDRA INÁCIO	F	39	01:00:43	01:00:22	EQUIPA HERMES
30	1162	BARBARA MIRANDA	F	41	01:00:47	01:00:27	SCU TORREENSE
31	153	ANA ALPALHÃO	F	40	01:00:59	01:00:17	ALPALHÃO
32	1161	MARGARIDA FONTES	F	39	01:01:05	01:00:45	SCU TORREENSE
33	1169	PAULA COSTA	F	43	01:01:34	01:01:13	SFUAP
34	386	CARLA S PEREIRA	F	42	01:01:34	01:01:26	INDIVIDUAL
35	1215	VERA VALENTIM	F	35	01:01:39	01:00:47	GA MACEDO OCULISTA
36	771	TERESA OLIVEIRA	F	44	01:01:54	01:01:41	INDIVIDUAL
37	631	Mª JULIA R CONCEIÇÃO	F	42	01:02:25	01:01:39	FALCOES SELVAGENS
38	253	MARIA QUITÉRIA	F	40	01:02:31	01:01:59	INDIVIDUAL
39	1005	ANA L FONSECA	F	37	01:02:58	01:02:15	TEJAVISTA
40	952	MARTA RAMOS	F	38	01:05:14	01:04:52	INDIVIDUAL

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	794	GIOVANNA MADEO	F	35	01:05:34	01:04:46	INDIVIDUAL
42	522	GABRIELA MARQUES	F	36	01:05:34	01:04:45	INDIVIDUAL
43	605	PAULA FERNANDES	F	36	01:05:36	01:04:48	CLUBE VODAFONE
44	534	ADELAIDE FELIZARDO	F	36	01:06:08	01:05:50	NOSTOP
45	1281	MARIA AGUIAR	F	42	01:07:04	01:06:22	INDIVIDUAL
46	229	CATARINA CAVACO	F	36	01:07:18	01:06:41	INDIVIDUAL
47	535	ANA CARRAPITO	F	36	01:07:41	01:07:21	NOSTOP
48	541	SUSANA CARVALHO	F	35	01:08:46	01:07:56	INDIVIDUAL
49	1076	SANDRA CUNHA	F	39	01:08:51	01:08:29	GD SANTANDER TOTTA
50	35	TERESA SOUSA	F	39	01:10:55	01:10:28	GD SÃO DOMINGOS
51	372	HELENA MAGALHÃES	F	43	01:11:11	01:10:06	URCA
52	515	SUSANA PALMA	F	39	01:12:03	01:11:24	CP IVA
53	514	SANDRA SILVA	F	41	01:12:03	01:11:24	CP IVA
54	1232	Mª RITA PIRES	F	38	01:13:48	01:13:38	INDIVIDUAL
55	1003	SANDRA JOAQUIM	F	38	01:17:08	01:16:29	TEJAVISTA
56	1104	SONIA DURO	F	36	01:17:49	01:17:17	C MILLENNIUN BCP
57	429	ANA C CANHOTO	F	39	01:18:29	01:18:00	MATILHA RADICAL
58	430	Mª GRAÇA SARAIVA	F	40	01:18:35	01:18:06	MATILHA RADICAL
59	666	CARLA A B INFANTE	F	38	01:30:26	01:29:19	INDIVIDUAL

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1042	AMELIA COSTA	F	47	00:43:01	00:42:44	CCR ALTO MOINHO
2	24	MANUELA FOLGADO	F	63	00:48:33	00:48:29	CR LEÕES P SALVO
3	437	ANABELA CARVALHO	F	49	00:48:43	00:48:34	GD SÃO DOMINGOS
4	590	GRAÇA ROLDÃO	F	49	00:49:06	00:48:42	OS TUGAS
5	1280	ANALICE SILVA	F	73	00:53:32	00:53:25	INDIVIDUAL
6	217	MAFALDA NUNES	F	45	00:53:52	00:53:17	SPEED RUS
7	1242	Mª FILOMENA MARTINS	F	56	00:54:09	00:54:00	INDIVIDUAL
8	766	LUÍSA RALHA	F	54	00:55:13	00:54:49	RUN 4 FUN
9	207	MARIA MARQUES	F	51	00:55:53	00:55:23	INDIVIDUAL
10	578	DINA MOTA	F	45	00:56:54	00:55:57	AA LEBRES SADO
11	568	CECÍLIA NICOLAU	F	46	00:57:34	00:56:56	AA LEBRES SADO
12	1065	LIDIA LOPES	F	51	00:58:53	00:57:48	GD SANTANDER TOTTA
13	1124	HELENA SANTOS	F	51	00:59:35	00:59:25	AÇOREANA C BANIF
14	964	ALEXANDRA PIRES	F	46	01:00:23	01:00:06	INDIVIDUAL
15	290	MADALENA RIBAS	F	58	01:00:30	01:00:06	INDIVIDUAL
16	291	FATIMA LEITÃO	F	52	01:00:34	01:00:10	INDIVIDUAL
17	300	ANABELA PERES	F	50	01:00:38	01:00:14	10 P'RAS 11
18	1289	MARIBEL SILVA	F	46	01:00:49	01:00:29	INDIVIDUAL
19	164	JOANA CHOURIÇO	F	50	01:01:26	01:01:16	INDIVIDUAL
20	1071	PAULA FIGUEIREDO	F	56	01:02:02	01:01:33	GD SANTANDER TOTTA
21	591	FATIMA GONÇALVES	F	46	01:04:13	01:03:33	OS TUGAS
22	274	HELENA SERRA	F	48	01:05:04	01:04:59	GD CHELAS
23	931	MARINA MORAES	F	50	01:06:47	01:06:05	INDIVIDUAL
24	1007	DANIELA MOURA	F	53	01:07:53	01:06:56	TEJAVISTA
25	252	PAULA COUTO	F	50	01:07:58	01:07:26	INDIVIDUAL
26	686	PAULA CUNHA	F	47	01:09:36	01:08:48	INDIVIDUAL
27	1011	MANUELA BUSTORFF	F	58	01:10:54	01:10:20	TEJAVISTA
28	272	CECILIA TAVARES	F	47	01:11:15	01:11:01	GD CHELAS
29	1135	MA FEE HUNG	F	63	01:12:52	01:12:09	AÇOREANA C BANIF
30	289	CLARA MINA	F	53	01:13:13	01:12:32	CA VALE FIGUEIRA
31	415	Mª TERESA L RODRIGUES	F	57	01:13:32	01:13:06	CTJ
32	1186	ANA S BENTO	F	54	01:13:42	01:12:46	CÂMARA L CLUBE
33	1149	Mª CARMO ANJOS	F	67	01:17:25	01:16:50	J FREG PORTELA
34	513	LAINHA REIS	F	47	01:18:30	01:17:50	CP IVA
35	1100	FOCK CHIU	F	63	01:18:31	01:17:26	C MILLENNIUN BCP
36	630	ILDA RIBEIRO	F	53	01:29:00	01:29:00	INDIVIDUAL
37	1245	ANA ROXO	F	52	01:36:49	01:36:49	INDIVIDUAL

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	585	VANDERLEY SILVA	M	19	00:36:47	00:36:40	GD CHELAS
2	646	VICENTE P G ALBUQUERQUE	M	18	00:36:51	00:36:50	AC PORTALEGRE
3	305	FLAVIO SANTOS	M	18	00:37:11	00:37:11	FF PAZ MUNDIAL
4	1380	MIGUEL FERREIRA	M	18	00:38:42	00:38:42	INGLESES FC
5	1400	HUGO AFONSO	M	18	00:39:35	00:39:28	INGLESES FC
6	1406	AFONSO MOREIRA	M	18	00:39:35	00:39:27	INGLESES FC
7	1293	JOAO P VIEIRA	M	19	00:40:49	00:40:46	INDIVIDUAL
8	477	LEONARDO A A LOPES	M	19	00:40:50	00:40:37	SFRAA
9	41	DANIEL MORAIS	M	18	00:41:20	00:41:18	ALCAINS
10	610	BERNARDO M M A GUERRA	M	18	00:44:16	00:44:16	INDIVIDUAL
11	1083	NUNO MARTINS	M	18	00:50:34	00:50:16	C MILLENNIUN BCP
12	639	JOAO M INACIO	M	18	00:51:32	00:50:31	ADCR PAINHO
13	816	TIAGO COSTA	M	18	00:54:15	00:53:21	A VALE SILENCIO
14	586	FILIFE RODRIGUES	M	19	00:55:16	00:55:11	GD CHELAS
15	818	DIOGO LUCAS	M	18	00:55:35	00:54:35	AA LEBRES SADO
16	588	GUILHERME NUNES	M	18	00:59:52	00:59:22	GD CHELAS
17	338	RODRIGO RODRIGUES	M	18	01:00:07	00:59:22	INDIVIDUAL
18	1097	JAIME LUZ	M	18	01:03:43	01:03:43	C MILLENNIUN BCP

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1388	MIGUEL QUARESMA	M	30	00:31:49	00:31:48	INGLESES FC
2	978	KUTS DMITRY	M	34	00:31:58	00:31:57	INDIVIDUAL
3	1385	SERGIO MONTEIRO	M	22	00:32:31	00:32:30	INGLESES FC
4	369	NUNO CARRAÇA	M	24	00:32:50	00:32:49	URCA
5	1302	JOAO CAETANO	M	28	00:33:41	00:33:40	NUCLEOEIRAS/SPORTZONE
6	42	JOSE ESTRANGEIRO	M	25	00:34:11	00:34:10	AA COIMBRA
7	977	RULEVSKII EVGENII	M	24	00:34:46	00:34:32	INDIVIDUAL
8	1341	PEDRO RIBEIRO	M	25	00:35:11	00:35:09	CUA BENAVENTENSE
9	670	JOSE FERREIRA	M	34	00:35:12	00:35:12	INDIVIDUAL
10	799	EDMIR CORREIA	M	22	00:36:04	00:36:01	INDIVIDUAL
11	1391	GONÇALO FIGUEIRA	M	28	00:36:29	00:36:27	INGLESES FC
12	424	BRUNO PEDROSO	M	33	00:36:33	00:36:29	INDIVIDUAL
13	611	DULIO PARREIRA	M	34	00:36:36	00:36:35	C BENFICA TORRES VEDRAS
14	25	NUNO RODRIGUES	M	27	00:36:40	00:36:39	CR LEÕES P SALVO
15	645	SIMÃO P G ALBUQUERQUE	M	21	00:36:51	00:36:50	AC PORTALEGRE
16	1378	JOSE LORGA	M	32	00:36:54	00:36:52	HC RUNNERS
17	1325	LUIS SANTOS	M	31	00:36:59	00:36:50	A VALE SILENCIO
18	235	RODRIGO G N GREGÓRIO	M	31	00:37:47	00:37:44	INDIVIDUAL
19	347	NUNO VAZ	M	30	00:38:27	00:38:25	FALCOES SELVAGENS
20	421	EDGAR JACINTO	M	27	00:38:28	00:38:24	INDIVIDUAL
21	580	RICARDO M ALMEIDA	M	33	00:39:00	00:38:55	O MUNDO CORRIDA
22	804	RUI NOVAIS	M	30	00:39:14	00:39:14	INDIVIDUAL
23	861	CLAUDIO PAULINHO	M	32	00:39:14	00:39:13	INDIVIDUAL
24	866	FILIFE MADEIRA	M	22	00:39:16	00:39:15	INDIVIDUAL
25	485	NUNO A M SOARES	M	32	00:39:42	00:39:28	INDIVIDUAL
26	1384	JOAO PEREIRA	M	22	00:39:49	00:39:41	INGLESES FC
27	186	SAMUEL GALVEIA	M	32	00:39:57	00:39:54	AA LEBRES SADO
28	12	RICARDO JORGE	M	24	00:40:05	00:40:03	AA CHARNECA
29	39	RUI HENRIQUES	M	34	00:40:13	00:40:11	SS MONTEPIO GERAL
30	906	TIAGO A M CORREIA	M	28	00:40:14	00:40:13	NAFLS
31	1213	LUIS MACEDO	M	34	00:40:35	00:40:23	GA MACEDO OCULista
32	1052	RUI MARTINS	M	28	00:40:38	00:40:35	INDIVIDUAL
33	755	PAULO R F PATRÍCIO	M	32	00:41:14	00:41:04	INDIVIDUAL
34	88	RAUL QUARESMA	M	33	00:41:17	00:41:06	GAA VILA FRANCA XIRA
35	1000	HUGO PINA	M	32	00:41:21	00:40:57	INDIVIDUAL
36	609	FERNANDO ANDRADE	M	34	00:41:24	00:41:17	OS PERIGOSOS
37	976	CARLOS BRANCO	M	34	00:41:35	00:41:02	CD AGUIAS ALPIARÇA
38	678	JOAO FERNANDES	M	32	00:41:52	00:41:50	CP ALCANENA
39	321	ANTONIO J A G LOUREIRO	M	32	00:41:57	00:41:53	INDIVIDUAL
40	710	TIAGO VERMELHO	M	28	00:42:02	00:42:00	GRD RIBEIRA DA LAGE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	528	MIGUEL PAULINO	M	20	00:42:18	00:42:15	AMIGOS PENICHE
42	137	HELDER VALADAS	M	33	00:42:19	00:42:11	OS PERIGOSOS
43	1382	RUBEN MONTEIRO	M	33	00:42:21	00:42:10	INGLESES FC
44	1379	MIGUEL HEITOR	M	25	00:42:21	00:41:57	INGLESES FC
45	531	PEDRO G CARDOSO	M	32	00:42:23	00:41:58	INDIVIDUAL
46	151	FRANCISCO FREIRE	M	33	00:42:30	00:42:12	SERTANITOS & FRIENDS
47	703	ALCIDES J CANIVETE	M	32	00:42:38	00:42:36	BTTTASCADUXICO
48	1238	PEDRO F SIMOES	M	34	00:42:39	00:41:54	INDIVIDUAL
49	478	JOAO L M B MARTINS	M	28	00:42:41	00:42:40	VIZINHOS TEAM
50	470	NUNO F LINO	M	33	00:42:41	00:42:39	INDIVIDUAL
51	1399	TIAGO BRITO	M	30	00:42:44	00:42:16	INGLESES FC
52	193	HUGO P FARINHA	M	31	00:42:46	00:42:42	RUN TOPFITNESS
53	781	DAVID M FERREIRA	M	24	00:43:03	00:42:43	TRIATLO GOLEGÃ/DINAMITE TEAM
54	655	TIAGO M GABRIEL	M	26	00:43:05	00:43:00	INDIVIDUAL
55	922	RICARDO F LEITAO	M	30	00:43:19	00:43:03	INDIVIDUAL
56	994	RUI RAMALHO	M	24	00:43:26	00:43:18	INDIVIDUAL
57	673	JOAO LOURENÇO	M	33	00:43:27	00:43:15	CNCVG-TRIATLO
58	740	PEDRO SIMÕES	M	32	00:43:42	00:43:35	BTTTASCADUXICO
59	603	RUI PEREIRA	M	33	00:43:58	00:43:24	AMCR FONTE GRADA
60	933	BOGDAN SANDU	M	21	00:44:22	00:44:06	INDIVIDUAL
61	21	PEDRO M L PEREIRA	M	29	00:44:26	00:44:14	CNCVG-TRIATLO
62	1172	IVO NOGUEIRA	M	27	00:44:29	00:42:51	CÂMARA L CLUBE
63	460	LUIS F S RAMOS	M	34	00:44:36	00:44:30	INDIVIDUAL
64	493	RUI T MARTINS	M	30	00:44:37	00:44:04	TECNOSPIE
65	152	SILVIO M B HORTA	M	31	00:44:46	00:44:28	ACR ZONA AZUL
66	1401	ANDRE SATAR	M	25	00:44:48	00:44:20	INGLESES FC
67	281	DIOGO PIRES	M	28	00:44:57	00:44:53	INDIVIDUAL
68	758	MIGUEL RAMALHO	M	32	00:44:58	00:44:42	VALADARES
69	243	ANDRE GUERREIRO	M	21	00:45:09	00:44:57	INDIVIDUAL
70	180	MARCO MORGADO	M	34	00:45:19	00:45:16	INDIVIDUAL
71	1246	DUARTE ROLO	M	28	00:45:23	00:44:36	INDIVIDUAL
72	231	VICTOR MANSO	M	33	00:45:28	00:45:14	A FAROLIM PENICHE
73	584	JOAO A D COSTA	M	25	00:45:29	00:45:15	INDIVIDUAL
74	908	NUNO J ALMEIDA	M	29	00:45:34	00:45:28	INDIVIDUAL
75	950	LEANDRTO BARROS	M	24	00:45:46	00:45:41	INDIVIDUAL
76	318	NUNO M N CUNHA	M	34	00:45:46	00:45:37	INDIVIDUAL
77	697	PETER PITREZ	M	34	00:45:57	00:45:51	INDIVIDUAL
78	75	FRANCISCO GOMES	M	31	00:46:11	00:46:07	CA ODIMARQ
79	669	MICKE ROSADO	M	21	00:46:14	00:45:24	INDIVIDUAL
80	505	BRUNO FRANCISCO	M	30	00:46:22	00:45:50	2 FAST 4 YOU

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Relatório por Faixas Etárias

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81	945	HUGO SILVA	M	27	00:46:27	00:46:10	INDIVIDUAL
82	671	JOAO VEIGA	M	25	00:46:29	00:45:59	RUN 4 FUN
83	1416	MIGUEL ALMEIDA	M	30	00:46:39	00:46:33	INDIVIDUAL
84	1350	ANDRE LEANDRO	M	29	00:46:52	00:46:39	NAZ ABOBODA
85	660	DAVID MARTINS	M	31	00:47:03	00:46:32	GRD RIBEIRA DA LAGE
86	554	ANDRE TAVARES	M	24	00:47:13	00:46:53	INDIVIDUAL
87	504	RICARDO TAVARES	M	32	00:47:20	00:46:50	2 FAST 4 YOU
88	1247	BERNARDO ROQUE	M	28	00:47:27	00:46:41	INDIVIDUAL
89	963	FABIO MALHOA	M	28	00:47:31	00:47:12	INDIVIDUAL
90	956	PEDRO QUEIROS	M	30	00:47:38	00:47:22	INDIVIDUAL
91	1010	JOAO C BRÁS	M	32	00:47:42	00:47:09	TEJAVISTA
92	210	RICARDO L R VITORINO	M	31	00:47:42	00:46:50	OUR TEAM
93	1349	HELDER SANTOS	M	31	00:47:42	00:47:13	NAZ ABOBODA
94	238	LICINIO SIMÕES	M	31	00:47:45	00:47:18	ATOMIC TEAM
95	374	ALEXANDRE BARBOSA	M	33	00:47:49	00:47:49	NUNCORRANTANTO
96	209	RICARDO P R FERREIRA	M	31	00:47:59	00:47:06	OUR TEAM
97	115	MARCO RICARDO	M	32	00:48:20	00:48:01	INDIVIDUAL
98	410	BRUNO MMOITA	M	28	00:48:21	00:47:52	INDIVIDUAL
99	418	CARLOS PEREIRA	M	31	00:48:22	00:47:56	INDIVIDUAL
100	469	EDUARDO MARQUES	M	28	00:48:29	00:48:14	INDIVIDUAL
101	667	ANTHONY ROSADO	M	28	00:48:34	00:47:45	INDIVIDUAL
102	739	DIOGO SILVA	M	34	00:48:36	00:48:34	BTTTASCADUXICO
103	385	DANIEL M FEITEIRONA	M	31	00:48:39	00:48:21	INDIVIDUAL
104	107	NUNO LUCAS	M	33	00:48:46	00:48:29	PERNAS GAFANHOTO
105	320	ANTONIO CUMBRE	M	34	00:48:46	00:48:31	PERNAS GAFANHOTO
106	1373	ACACIO REIS	M	29	00:48:50	00:48:17	INDIVIDUAL
107	400	HONORATO MOURA	M	32	00:49:07	00:49:01	CCDT METRO LX
108	1112	NUNO GAMEIRO	M	33	00:49:19	00:48:54	AÇOREANA C BANIF
109	1027	HUGO RIBEIRO	M	32	00:49:25	00:49:25	ARBITROS FUTEBOL
110	114	MARCO P M CACHINHO	M	33	00:49:27	00:49:21	KANINOS
111	1029	TIAGO MARTINS	M	33	00:49:37	00:48:48	ARBITROS FUTEBOL
112	336	RUI R V R M C GOMES	M	31	00:49:43	00:48:33	INDIVIDUAL
113	881	JOAO J FERNANDES	M	32	00:49:45	00:49:35	INDIVIDUAL
114	516	CARLOS GRADÍSSIMO	M	30	00:50:00	00:49:22	INDIVIDUAL
115	891	MILTON RODRIGUES	M	27	00:50:05	00:49:49	INDIVIDUAL
116	1221	HUGO REGO	M	32	00:50:21	00:49:49	INDIVIDUAL
117	317	TIAGO DUARTE	M	28	00:50:29	00:50:06	INDIVIDUAL
118	988	JOAO MONTEIRO	M	31	00:50:32	00:50:16	LINDA A PASTORA SC
119	518	NUNO TENREIRO	M	29	00:50:38	00:49:43	INDIVIDUAL
120	495	DAVID PEREIRA	M	21	00:50:51	00:50:10	TECNOSPIE

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	558	TIAGO N ANTUNES	M	33	00:50:57	00:50:50	INDIVIDUAL
122	349	ROGERIO COSTA	M	32	00:51:00	00:50:34	NUNCORRASTANTO
123	942	FERNANDO M G PEREIRA	M	26	00:51:22	00:50:32	GA BARRINHA
124	106	NUNO M N RAMOS	M	31	00:51:40	00:51:26	INDIVIDUAL
125	788	JOEL J R TOMAZ	M	33	00:51:46	00:51:41	INDIVIDUAL
126	736	TIAGO FREITAS	M	32	00:51:49	00:51:23	AFO
127	412	SÉRGIO GALÓ	M	33	00:51:51	00:51:05	OPTICALIA RUNNING TEAM
128	890	RICARDO CORREIA	M	32	00:51:54	00:51:39	INDIVIDUAL
129	92	NUNO BATISTA	M	31	00:52:04	00:51:43	GAA VILA FRANCA XIRA
130	707	JATIN RAMGI	M	29	00:52:11	00:51:18	FDS RUNNER
131	833	NUNO RAFAEL	M	33	00:52:15	00:52:08	OS ZATOPEQUES
132	628	JOAO DIAS	M	32	00:52:31	00:52:12	EQUIPA HERMES
133	496	FERNANDO ALVES	M	34	00:52:31	00:51:38	FALCOES SELVAGENS
134	668	STEEVE ROSADO	M	25	00:52:31	00:51:41	INDIVIDUAL
135	449	DAVID PRATA	M	30	00:52:44	00:51:51	INDIVIDUAL
136	759	NUNO SANTOS	M	24	00:52:50	00:52:43	FF PAZ MUNDIAL
137	802	RUI COSTA	M	27	00:52:51	00:52:35	INDIVIDUAL
138	742	RODRIGO GUERREIRO	M	32	00:52:58	00:52:51	BTTTASCADUXICO
139	1211	DANIEL NUNES	M	33	00:53:12	00:52:54	OS NUNES
140	870	JORGE GONÇALVES	M	33	00:53:20	00:52:45	LEAIS DA BEIRA
141	192	DIOGO A F MATOS	M	34	00:53:42	00:53:17	INDIVIDUAL
142	619	JOAO SIMOES	M	34	00:53:50	00:53:12	INDIVIDUAL
143	360	ALEXANDRE E SANTO	M	32	00:54:08	00:53:53	INDIVIDUAL
144	583	JOAO FIALHO	M	34	00:54:17	00:53:30	INDIVIDUAL
145	733	RUI ROSA	M	26	00:54:39	00:54:19	AFO
146	874	JOAO GOMES	M	23	00:54:40	00:54:27	INDIVIDUAL
147	596	JOSE M S SEGURO	M	27	00:54:44	00:54:24	INDIVIDUAL
148	545	CRAIG BEATTY	M	31	00:54:55	00:54:04	CLUBE SAL E LUZ
149	862	LUIS A C L RIBEIRO	M	28	00:54:56	00:54:42	INDIVIDUAL
150	445	DOGO SOARES	M	29	00:54:58	00:54:16	GD SÃO DOMINGOS
151	902	MIGUEL PEREIRA	M	27	00:55:32	00:55:08	RAIL RUNNERS
152	917	CARLOS LOPES	M	29	00:56:07	00:55:54	Os Cinco
153	1408	HUGO GASPAR	M	33	00:56:16	00:56:14	JUNTA FREG OLIVAIS
154	1070	NUNO DAMIÃES	M	32	00:56:47	00:56:14	GD SANTANDER TOTTA
155	133	PAULO PIRES	M	34	00:56:47	00:56:36	INDIVIDUAL
156	800	BRUNO M R GONÇALVES	M	22	00:57:16	00:57:09	INDIVIDUAL
157	315	FILIPE MARQUES	M	33	00:57:29	00:56:40	INDIVIDUAL
158	741	PEDRO ALVES	M	31	00:57:29	00:57:22	BTTTASCADUXICO
159	796	RUI PEREIRA	M	24	00:57:39	00:57:22	INDIVIDUAL
160	743	GIL FERREIRA	M	28	00:58:31	00:58:14	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	797	TIAGO ALBERTO	M	27	00:58:59	00:58:41	INDIVIDUAL
162	119	RUI ALEGRE	M	34	00:59:15	00:58:52	INDIVIDUAL
163	1031	HELDER MALHEIRO	M	33	01:00:03	00:59:15	ARBITROS FUTEBOL
164	622	PAULO INÁCIO	M	33	01:00:43	01:00:21	EQUIPA HERMES
165	1236	FILIFE P VITORIO	M	28	01:00:43	00:59:49	INDIVIDUAL
166	882	FILIFE L FONSECA	M	28	01:01:06	01:00:49	ESMTC
167	911	LUIS FILIFE	M	27	01:01:12	01:00:50	INDIVIDUAL
168	1307	DANIEL PINTO	M	29	01:01:22	01:00:29	A VALE SILENCIO
169	1334	TIAGO SILVA	M	22	01:01:23	01:00:32	A VALE SILENCIO
170	431	PEDRO LEITÃO	M	31	01:01:36	01:00:53	JD ALHANDRENSE
171	810	BRUNO SANTOS	M	34	01:01:48	01:01:18	ATOMIC TEAM
172	359	MIGUEL A S RODRIGUES	M	34	01:01:51	00:58:43	INDIVIDUAL
173	939	HELDER P PEREIRA	M	34	01:02:12	01:01:57	INDIVIDUAL
174	14	ANDRE LOURENÇO	M	32	01:02:13	01:02:02	BOM PETISCO
175	626	RUBEN BAHAMONDE	M	32	01:03:06	01:03:06	EQUIPA HERMES
176	768	FRANCISCO M COSTA	M	27	01:03:55	01:03:47	INDIVIDUAL
177	1014	ANDRE ASCENÇÃO	M	31	01:04:24	01:03:50	TEJAVISTA
178	125	ALEXANDRE TAM	M	34	01:04:29	01:04:12	INDIVIDUAL
179	912	NUNO SANTOS	M	26	01:04:38	01:04:16	INDIVIDUAL
180	642	ANDRE MOREIRA	M	23	01:05:07	01:04:27	INDIVIDUAL
181	737	JOSE LOURENÇO	M	31	01:05:27	01:05:02	AFO
182	918	MANUEL VASCONCELOS	M	28	01:05:27	01:05:14	Os Cinco
183	878	VANIA PEDROSO	M	29	01:05:34	01:05:21	INDIVIDUAL
184	422	HÉLIO PEDROSO	M	33	01:05:36	01:05:21	INDIVIDUAL
185	910	IVO R D ROSA	M	29	01:05:41	01:05:02	INDIVIDUAL
186	1158	JOAO RODRIGUES	M	21	01:06:21	01:05:50	CR CRUZ PAU
187	1331	RICARDO NICOLAU	M	32	01:06:33	01:05:42	A VALE SILENCIO
188	1056	FABIO PASSOS	M	27	01:07:09	01:06:25	GD SANTANDER TOTTA
189	1212	GONÇALO NUNES	M	23	01:14:00	01:13:38	OS NUNES
190	925	ANDRÉ SILVESTRE	M	27	01:17:16	01:16:44	TRILHOS E CORRIDAS
191	1142	RICARDO ALVES	M	30	01:17:39	01:16:56	AÇOREANA C BANIF
192	1414	MARTINHO ROQUE	M	33	01:18:57	01:18:13	JUNTA FREG OLIVAIS
193	1415	CARLOS CARVALHO	M	33	01:20:30	01:20:30	JUNTA FREG OLIVAIS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1343	JOEL MARTINS	M	36	00:33:08	00:33:07	CUA BENAVENTENSE
2	1369	CARLOS ROUXINOL	M	39	00:36:40	00:36:37	NAZ ABOBODA
3	662	PAULO ALVES	M	36	00:36:44	00:36:42	GDCT IN CASA MOEDA
4	1228	VITOR T MARQUES	M	36	00:36:59	00:36:58	ASS PARQ TEJO NORTE
5	1387	RUI CHAVES	M	37	00:37:02	00:37:02	INGLESES FC
6	920	RUI NARIGUETA	M	37	00:37:15	00:37:15	INDIVIDUAL
7	1301	RUI FIRMINO	M	39	00:37:52	00:37:50	NUCLEOEIRAS/SPORTZONE
8	747	NUNO TINTIM	M	37	00:37:59	00:37:57	INDIVIDUAL
9	446	PAULO N J SEQUEIRA	M	35	00:38:19	00:38:17	AMIGOS DOS LOBOS
10	218	ANTONIO GASPARINHO	M	36	00:38:25	00:38:23	AA MAFRA
11	598	VITOR SANTOS	M	37	00:38:38	00:38:36	AMCR FONTE GRADA
12	1317	RUI PACHECO	M	37	00:38:47	00:38:39	A VALE SILENCIO
13	226	JOAO CANAS	M	38	00:38:52	00:38:38	BUE RAPIDOS
14	653	GUILHERME HORA	M	39	00:39:08	00:39:02	INDIVIDUAL
15	375	PAULO A M N RODRIGUES	M	37	00:39:15	00:39:15	INDIVIDUAL
16	232	PAULO J S PALMA	M	36	00:39:25	00:39:24	INDIVIDUAL
17	789	CARLOS LOPES	M	39	00:39:49	00:39:47	AMINHACORRIDA.COM
18	835	HENRIQUE SANJOANICO	M	35	00:39:54	00:39:50	OS ZATOPQUES
19	561	NUNO PITA	M	38	00:40:02	00:39:48	INDIVIDUAL
20	1143	RUI SILVA	M	37	00:40:26	00:40:06	AÇOREANA C BANIF
21	1269	TIAGO BASTOS	M	36	00:40:37	00:40:37	INDIVIDUAL
22	244	LUÍS TRINDADE	M	35	00:40:38	00:40:26	INDIVIDUAL
23	1290	CARLOS CHARRUA	M	39	00:41:04	00:41:03	INDIVIDUAL
24	1277	MIGUEL LOUREIRO	M	37	00:41:11	00:40:54	INDIVIDUAL
25	795	PEDRO GABRIEL	M	39	00:41:13	00:40:37	CA AMIGOS PARQUE PAZ
26	451	NUNO M S F ALVES	M	37	00:41:16	00:41:14	INDIVIDUAL
27	200	DAVID ROSADO	M	37	00:41:19	00:41:18	LE DROPSORTIFF
28	928	JOAO CARMO	M	39	00:41:20	00:41:16	O MUNDO CORRIDA
29	488	JOSE M ANDRADE	M	35	00:41:21	00:41:08	INDIVIDUAL
30	87	VITOR NOVAIS	M	37	00:41:45	00:41:29	GAA VILA FRANCA XIRA
31	499	VITOR LEBRE	M	38	00:42:00	00:41:53	INDIVIDUAL
32	1390	LUIS FERNANDES	M	39	00:42:02	00:42:01	INGLESES FC
33	384	HUGO PALMA	M	39	00:42:19	00:42:19	CP IVA
34	123	LUIS M C NEVES	M	35	00:42:27	00:42:18	MARINHAIS AC
35	1059	JOAO JESUS	M	38	00:42:29	00:42:21	GD SANTANDER TOTTA
36	259	PEDRO A MARQUES	M	38	00:42:31	00:42:20	GD CHELAS
37	102	DANIEL RAMOS	M	37	00:42:43	00:42:22	INDIVIDUAL
38	331	NUNO M R CARVALHINHO	M	39	00:42:50	00:42:35	INDIVIDUAL
39	900	NUNO NOBRE	M	39	00:42:54	00:42:50	R BIKES
40	227	NUNO M S JORGE	M	37	00:42:55	00:42:51	INDIVIDUAL

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	161	RUI D FREITAS	M	36	00:42:57	00:42:28	INDIVIDUAL
42	727	FILIPE SERRAZINA	M	36	00:43:11	00:42:36	INDIVIDUAL
43	997	AURELIO ROSA	M	37	00:43:12	00:43:10	INDIVIDUAL
44	895	PEDRO M V LIMA	M	35	00:43:15	00:43:05	INDIVIDUAL
45	721	RODRIGO OLIVEIRA	M	35	00:43:25	00:43:15	FC ESTRELAS LISBOA
46	822	RUI A S ESTEVES	M	39	00:43:34	00:43:23	GD FIDELIDADE
47	245	PAULO FERREIRA	M	36	00:43:35	00:43:26	INDIVIDUAL
48	50	CARLOS ANTUNES	M	39	00:43:39	00:43:21	SS CGD
49	1086	EDUARDO FERREIRA	M	38	00:43:39	00:43:39	C MILLENNIUN BCP
50	663	CARLOS CRISTOVÃO	M	38	00:43:51	00:43:41	GDCT IN CASA MOEDA
51	1058	HAMILTON DIAS	M	38	00:43:51	00:43:39	GD SANTANDER TOTTA
52	1303	ANDRE SANTOS	M	37	00:44:03	00:43:49	A VALE SILENCIO
53	1263	RUI MINHOTO	M	35	00:44:14	00:44:08	INDIVIDUAL
54	1138	NUNO SABINO	M	36	00:44:31	00:44:05	AÇOREANA C BANIF
55	725	RUI ROMÃO	M	36	00:44:33	00:44:24	INDIVIDUAL
56	240	EDUARDO LUIS	M	35	00:44:45	00:44:18	ATOMIC TEAM
57	1381	HELIO MARQUES	M	39	00:44:45	00:44:34	INGLESES FC
58	254	JORGE PRAZERES	M	39	00:44:55	00:44:42	MONSANTO RUNNING TEAM
59	1417	SERGIO RAMOS	M	37	00:44:55	00:44:26	INDIVIDUAL
60	211	RUI PINA	M	36	00:44:55	00:44:43	INDIVIDUAL
61	1239	JOAO DURAO	M	37	00:44:58	00:44:58	INDIVIDUAL
62	482	JOAO ROSA	M	38	00:45:02	00:44:19	CLUBE VODAFONE
63	876	RUI P ALMEIDA	M	37	00:45:03	00:44:20	A VALE SILENCIO
64	507	GONÇALO SILVA	M	35	00:45:05	00:44:28	AFRS
65	1072	RUI MACHINHO	M	37	00:45:06	00:44:57	GD SANTANDER TOTTA
66	807	JOSE C N RAMOS	M	38	00:45:08	00:44:53	INDIVIDUAL
67	294	LUIS M P CARVALHO	M	38	00:45:12	00:44:41	AREALBIKE/RADIOALENQUER
68	203	RICARDO LEITÃO	M	37	00:45:22	00:45:00	INDIVIDUAL
69	1366	SERGIO MONTES	M	36	00:45:22	00:45:04	NAZ ABOBODA
70	724	SERGIO NUNES	M	37	00:45:27	00:45:21	FC ESTRELAS LISBOA
71	63	PEDRO LUZIO	M	37	00:45:40	00:45:22	SS CGD
72	601	SERGIO CIPRIANO	M	35	00:46:09	00:45:46	AMCR FONTE GRADA
73	787	CARLOS OLIVEIRA	M	37	00:46:12	00:46:04	INDIVIDUAL
74	552	PEDRO SALGUEIRO	M	36	00:46:15	00:45:29	IRMANDADE PEDALEIRA
75	769	FREDERICO FERNANDES	M	37	00:46:16	00:46:09	INDIVIDUAL
76	1264	NUNO SILVA	M	37	00:46:16	00:46:16	INDIVIDUAL
77	1235	DOMINGOS P COELHO	M	39	00:46:20	00:45:47	INDIVIDUAL
78	141	MARCO CASEIRO	M	35	00:46:44	00:46:37	OS PERIGOSOS
79	276	LUIS BOLETO	M	36	00:46:46	00:46:22	GD CHELAS
80	303	PEDRO ANTUNES	M	39	00:46:47	00:46:43	CP EDP LISBOA

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	852	HUGO GOMES	M	38	00:46:51	00:46:14	RUN 4U
82	66	TIAGO AVELÃS	M	38	00:46:58	00:46:53	SS CGD
83	86	MAURO PIMENTA	M	37	00:47:12	00:46:51	GAA VILA FRANCA XIRA
84	842	NUNO PEREIRA	M	35	00:47:25	00:47:17	OS ZATOPEQUES
85	387	JORGE M SEBASTIAO	M	38	00:47:26	00:47:18	INDIVIDUAL
86	899	RUI PANCADARES	M	39	00:47:54	00:47:18	R BIKES
87	295	CARLOS M F MACHADO	M	37	00:47:57	00:47:33	INDIVIDUAL
88	1057	GABRIEL CHARRUA	M	35	00:48:13	00:47:42	GD SANTANDER TOTTA
89	293	PAULO TRINDADE	M	39	00:48:18	00:47:50	O MUNDO CORRIDA
90	1389	NUNO MARQUES	M	39	00:48:21	00:48:19	INGLESES FC
91	201	ISRAEL GUARDA	M	35	00:48:23	00:48:20	LE DROPSORTIFF
92	717	ANDRE MOTA	M	36	00:48:42	00:48:11	URD ARRANHO
93	731	DAVID PINHEIRO	M	35	00:49:19	00:48:59	AFO
94	940	MARCO A SILVA	M	38	00:49:26	00:49:11	INDIVIDUAL
95	110	SERGIO SALVADO	M	37	00:49:34	00:49:03	INDIVIDUAL
96	1023	RUI RODRIGUES	M	35	00:49:34	00:48:48	ARBITROS FUTEBOL
97	1024	JOSE GOMES	M	36	00:49:35	00:48:48	ARBITROS FUTEBOL
98	1020	ANDRE CAMPOS	M	35	00:49:35	00:48:50	ARBITROS FUTEBOL
99	352	HENRIQUE PEREIRA	M	37	00:49:36	00:49:18	TEAM PRENSOMETAL
100	913	RUI M S ALVES	M	39	00:49:36	00:49:31	INDIVIDUAL
101	60	NUNO COSTA	M	39	00:49:37	00:48:42	SS CGD
102	121	CARLOS SEMIDE	M	39	00:49:41	00:49:28	ITALIAN MOTOR VILLAGE
103	777	MIGUEL QUINTANILHA	M	37	00:49:41	00:49:24	RUNLOVERS
104	428	CARLOS M SILVA	M	39	00:49:47	00:49:22	MATILHA RADICAL
105	127	RUI MATOS	M	36	00:50:07	00:49:48	BE2RUN
106	199	FERNANDO L COSTA	M	37	00:50:08	00:49:26	INDIVIDUAL
107	613	PAULO A N RODRIGUES	M	35	00:50:08	00:49:55	INDIVIDUAL
108	1006	JOSE L MARTINS	M	39	00:50:25	00:50:00	TEJAVISTA
109	416	PEDRO A G FERREIRA	M	36	00:50:31	00:49:43	INDIVIDUAL
110	270	JORGE LOPES	M	39	00:50:44	00:50:40	GD CHELAS
111	1250	FILIPPE R ORTIGAO	M	38	00:50:46	00:50:09	INDIVIDUAL
112	1222	NORBERTO MACEDO	M	37	00:50:48	00:50:16	INDIVIDUAL
113	853	ANDRE M CARMO	M	37	00:51:18	00:50:41	RUN 4U
114	332	RUI M I TAVARES	M	38	00:51:21	00:51:11	INDIVIDUAL
115	614	TIAGO FONSECA	M	39	00:51:24	00:50:43	INDIVIDUAL
116	867	LUIS M CALHEIROS	M	39	00:51:29	00:51:14	GD BANCO BPI
117	1370	PEDRO CAMPOS	M	35	00:51:32	00:50:54	NAZ ABOBODA
118	998	RODOLFO COSTA	M	35	00:51:34	00:50:48	MERIDIANOS
119	903	RUI SANTOS	M	38	00:51:34	00:50:48	MERIDIANOS
120	702	ALEXANDRE MATEUS	M	37	00:51:35	00:50:43	INDIVIDUAL

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	749	LUÍS SOUSA	M	39	00:51:38	00:51:35	ACADEMIA LUMIAR
122	1145	SERGIO CAJADO	M	39	00:51:41	00:51:27	AÇOREANA C BANIF
123	943	LUIS COUTINHO	M	36	00:51:42	00:51:13	INDIVIDUAL
124	576	LUÍS SOUSA	M	38	00:51:44	00:51:03	AA LEBRES SADO
125	595	LUIS FERREIRA	M	37	00:51:49	00:51:26	INDIVIDUAL
126	411	TIAGO FERREIRA	M	35	00:51:51	00:51:06	OPTICALIA RUNNING TEAM
127	732	JOAO MARQUES	M	39	00:51:54	00:51:35	AFO
128	72	GONÇALO BERNARDINO	M	36	00:51:55	00:50:34	C FERROV PORTIUGAL
129	948	RENATO LUCAS	M	38	00:51:59	00:51:16	INDIVIDUAL
130	1231	ABEL MARTINS	M	36	00:52:11	00:51:19	INDIVIDUAL
131	1075	JORGE ALVES	M	36	00:52:20	00:51:28	GD SANTANDER TOTTA
132	162	CARLOS RODRIGUES	M	39	00:52:23	00:52:02	NEPN
133	313	NUNO PEREIRA	M	37	00:52:26	00:51:37	INDIVIDUAL
134	124	JOSE L C S LEAL	M	37	00:52:39	00:52:29	MARINHAI AC
135	524	HUGO VIEIRA	M	36	00:52:40	00:52:02	INDIVIDUAL
136	95	TIAGO OLIVEIRA	M	36	00:52:43	00:52:25	CLUBE CATERINGPOR
137	464	JORGE P SANTOS	M	36	00:52:46	00:52:31	INDIVIDUAL
138	525	NUNO MARQUES	M	35	00:53:10	00:52:32	INDIVIDUAL
139	623	JOAO CRUZ	M	39	00:53:18	00:53:00	EQUIPA HERMES
140	694	BRUNO S RIBEIRO	M	35	00:53:26	00:53:00	CR DO PENTEADO
141	500	NUNO NUNES	M	39	00:53:45	00:52:58	INDIVIDUAL
142	551	JORGE SOUSA	M	35	00:54:04	00:53:17	IRMANDADE PEDALEIRA
143	314	LUIS GUEDELHA	M	37	00:54:05	00:53:16	INDIVIDUAL
144	823	JORGE H C SILVA	M	38	00:54:06	00:53:17	INDIVIDUAL
145	848	RODRIGO JESUS	M	35	00:54:23	00:53:13	INDIVIDUAL
146	538	BRUNO SANTOS	M	38	00:54:31	00:54:13	NOSTOP
147	450	SERGIO NICOLAU	M	36	00:54:32	00:53:51	INDIVIDUAL
148	353	LUIS SOUSA	M	38	00:54:34	00:54:17	TEAM PRENSOMETAL
149	819	CARLOS GUEREIRO	M	35	00:54:35	00:54:24	INDIVIDUAL
150	1261	RICARDO LUIS	M	36	00:54:44	00:54:02	INDIVIDUAL
151	59	MIGUEL REIS	M	37	00:54:45	00:54:11	SS CGD
152	463	JOSÉ GOMES	M	35	00:54:52	00:54:04	INDIVIDUAL
153	93	LUIS FRAGOSO	M	39	00:54:53	00:54:34	CLUBE CATERINGPOR
154	989	NUNO FARIA	M	35	00:55:05	00:54:57	INDIVIDUAL
155	312	BRUNO M C LOPES	M	38	00:55:12	00:54:39	INDIVIDUAL
156	544	MINNE BOUMA	M	39	00:55:30	00:54:37	CLUBE SAL E LUZ
157	820	MARIO M G OLIVEIRA	M	38	00:55:58	00:55:47	INDIVIDUAL
158	537	VITOR FELIZARDO	M	38	00:56:15	00:55:56	NOSTOP
159	730	PEDRO NUNES	M	39	00:56:31	00:56:12	AFO
160	417	GONÇALO SEABRA	M	36	00:56:42	00:56:15	INDIVIDUAL

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	533	FILIPE C AUGUSTO	M	38	00:57:22	00:56:35	INDIVIDUAL
162	532	BRUNO M ALBINO	M	37	00:57:22	00:56:36	INDIVIDUAL
163	875	CARLOS LOPES	M	37	00:57:33	00:57:06	ATOMIC TEAM
164	467	CARLOS A G S RODRIGUES	M	39	00:57:40	00:57:07	INDIVIDUAL
165	547	NELSON R C S SIMÕES	M	37	00:57:50	00:57:17	TOUHG TRAILS
166	734	RICARDO CAMPOS	M	38	00:57:50	00:57:26	AFO
167	905	MIGUEL PIRES	M	37	00:57:57	00:57:40	PERNAS GAFANHOTO
168	136	MIGUEL BESSA	M	37	00:58:05	00:57:17	COL VASCO GAMA
169	108	DANIEL GUERREIRO	M	38	00:58:33	00:57:36	INDIVIDUAL
170	260	HUGO M COSTA	M	35	00:58:51	00:57:50	GD CHELAS
171	735	PEDRO PEREIRA	M	38	00:58:56	00:58:35	AFO
172	457	SERGIO MONTE LEE	M	38	00:59:36	00:58:53	MONTE LEE
173	432	JORGE MARTINS	M	35	00:59:45	00:59:03	JD ALHANDRENSE
174	456	ALEXANDRE MONTE LEE	M	36	00:59:49	00:59:06	MONTE LEE
175	434	JAIME F R ÉVORA	M	38	01:00:32	00:59:39	INDIVIDUAL
176	16	RICARDO FIGUEIRA	M	38	01:00:32	01:00:20	BOM PETISCO
177	1125	JOAO P FERNANDES	M	36	01:00:40	01:00:40	AÇOREANA C BANIF
178	1233	PEDRO PIRES	M	35	01:00:48	01:00:38	INDIVIDUAL
179	656	CARLOS F A CORREIA	M	37	01:00:55	01:00:36	AS LEBRES DA RINCHOA
180	722	PEDRO MARTINS	M	37	01:00:58	01:00:48	FC ESTRELAS LISBOA
181	1103	BRUNO SANTOS	M	39	01:01:09	01:00:37	C MILLENNIUN BCP
182	1319	JORGE TEIXEIRA	M	37	01:01:23	01:00:28	A VALE SILENCIO
183	486	ANTONIO C NOVAS	M	35	01:01:48	01:01:01	GODINHO
184	624	MANUEL PAIS	M	36	01:01:59	01:01:40	EQUIPA HERMES
185	620	JORGE LOURENÇO	M	36	01:02:00	01:02:00	EQUIPA HERMES
186	562	SERGIO OLIVEIRA	M	38	01:02:10	01:01:58	QUENIANOS OLIVENSES
187	455	BRUNO M S MARTINS	M	37	01:02:10	01:01:58	INDIVIDUAL
188	674	TIAGO NEVES	M	36	01:02:28	01:01:57	INDIVIDUAL
189	745	NUNO M P S DIAS	M	38	01:02:28	01:01:59	INDIVIDUAL
190	1268	RUI P M BRANCO	M	35	01:03:35	01:02:58	INDIVIDUAL
191	893	NUNO P M C DIAS	M	39	01:03:54	01:03:24	INDIVIDUAL
192	970	RICARDO PINTO	M	38	01:05:01	01:04:36	INDIVIDUAL
193	793	ALESSANDRO MICHELI	M	37	01:05:35	01:04:47	INDIVIDUAL
194	228	VITOR CAVACO	M	36	01:07:18	01:06:40	INDIVIDUAL
195	869	JORGE ANJOS	M	38	01:09:29	01:08:59	INDIVIDUAL
196	774	TIAGO SIMENTA	M	36	01:10:00	01:09:32	INDIVIDUAL
197	690	PEDRO MIGUEL DIAS	M	35	01:10:49	01:10:24	CR DO PENTEADO
198	886	HUGO REBELO	M	39	01:15:30	01:15:02	OLEIRO P REBELO
199	334	FRANCISCO J G BERNARDO	M	38	01:18:48	01:18:03	FRIENDS2RUN
200	966	FILIPE VASCONCELOS	M	39	01:21:29	01:20:38	INDIVIDUAL

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Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1392	ALBERTO CHAIÇA	M	40	00:32:02	00:32:02	INGLESES FC
2	1340	RAUL CAETANO	M	41	00:34:37	00:34:37	CUA BENAVENTENSE
3	1312	JOAO INOCENCIO	M	43	00:35:18	00:35:17	A VALE SILENCIO
4	1197	JORGE MARCELINO	M	40	00:35:59	00:35:57	ID VIEIRENSE
5	1393	PEDRO RIBEIRO	M	41	00:36:23	00:36:22	INGLESES FC
6	582	JOSE SILVA	M	43	00:36:32	00:36:31	CA PATAMEIRAS
7	1396	JACINTO NASCIMENTO	M	44	00:36:35	00:36:33	INGLESES FC
8	1201	JOAO DOMINGOS	M	42	00:36:42	00:36:41	ID VIEIRENSE
9	1394	JOAQUIM MACHADO	M	42	00:37:02	00:37:01	INGLESES FC
10	452	CARLOS A S ALMEIDA	M	40	00:37:04	00:37:04	INDIVIDUAL
11	685	PAULO SILVESTRE	M	41	00:37:19	00:37:18	A SACAVENENSE
12	648	LUIS PEREIRA	M	43	00:38:02	00:38:02	AC PORTALEGRE
13	52	FERNANDO CANDEIAS	M	42	00:38:05	00:38:03	SS CGD
14	278	ANTONIO PINHEIRO	M	42	00:38:18	00:38:17	GD CHELAS
15	754	PAULO J OLIVEIRA	M	44	00:38:24	00:38:23	INDIVIDUAL
16	600	LUÍS CIPRIANO	M	40	00:38:32	00:38:29	AMCR FONTE GRADA
17	1352	JOSE GEADA	M	43	00:38:40	00:38:39	NAZ ABOBODA
18	824	PAULO JERÓNIMO	M	44	00:39:43	00:39:40	FAM 2 RUN
19	202	JORGE MIMOSO	M	42	00:39:57	00:39:39	INDIVIDUAL
20	99	ANTONIO NUNES	M	41	00:39:58	00:39:55	CP RTP
21	1028	HERNANI FERNANDES	M	42	00:40:00	00:39:49	ARBITROS FUTEBOL
22	832	ARTUR OLIVEIRA	M	41	00:40:00	00:39:57	OS ZATOPEQUES
23	1050	ANTONIO LOURO	M	40	00:40:11	00:40:09	GD SANTANDER TOTTA
24	864	HERMINIO VICENTE	M	41	00:40:16	00:40:15	INDIVIDUAL
25	884	PEDRO FERNANDES	M	42	00:40:48	00:40:43	CRD ARRUDENSE
26	599	JOSE MAGALHÃES	M	42	00:40:52	00:40:46	AMCR FONTE GRADA
27	765	MIGUEL ROCHA	M	42	00:40:52	00:40:51	INDIVIDUAL
28	370	CARLOS PIRES	M	42	00:40:53	00:40:51	URCA
29	350	PIOTR KOROLEV	M	41	00:41:01	00:40:57	INDIVIDUAL
30	894	JOAO ROSA	M	42	00:41:15	00:41:12	CLUBE VODAFONE
31	803	MIGUEL LOURENÇO	M	40	00:41:37	00:40:59	INDIVIDUAL
32	637	JOSE M M FERREIRA	M	41	00:42:00	00:41:44	ADCR PAINHO
33	1200	JOAO MARCELINO	M	43	00:42:03	00:41:49	ID VIEIRENSE
34	738	SADIQ M KASSAMO	M	40	00:42:06	00:42:01	PORTUGAL RUNNING
35	1199	NUNO LORVAO	M	43	00:42:12	00:42:08	ID VIEIRENSE
36	1092	TIAGO MENDES	M	40	00:42:19	00:42:16	C MILLENNIUN BCP
37	711	PAULO LOPES	M	42	00:42:43	00:42:43	GRD RIBEIRA DA LAGE
38	134	MIGUEL F G MENEZES	M	41	00:42:54	00:42:50	OSC/IPA
39	1095	NUNO ALMEIDA	M	41	00:43:41	00:43:12	C MILLENNIUN BCP
40	373	JOAO A OMAÇÃS	M	44	00:43:44	00:43:15	INDIVIDUAL

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Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1128	JORGE CANTEIRO	M	44	00:43:50	00:43:26	AÇOREANA C BANIF
42	1353	CARLOS PORTELA	M	42	00:43:54	00:43:45	NAZ ABOBODA
43	633	MARIO P G MARTINS	M	40	00:43:56	00:43:47	INDIVIDUAL
44	246	LUIS BARRETO	M	42	00:44:18	00:44:16	INDIVIDUAL
45	394	JOAO S ANTUNES	M	43	00:44:19	00:44:19	GD BANCO BPI
46	859	JAIME COSTA	M	43	00:44:21	00:44:11	BELAS RUNNERS
47	706	JOAO REVÉS	M	41	00:44:24	00:44:14	LESMAS ALOPRADAS
48	8	JOSE OLIVEIRA	M	40	00:44:31	00:44:28	RB RUNNING
49	985	GUILHERME GODINHO	M	43	00:44:44	00:44:14	INDIVIDUAL
50	267	CARLOS SA	M	43	00:44:44	00:44:41	GD CHELAS
51	564	JORGE SIRGADO	M	44	00:44:49	00:44:40	INDIVIDUAL
52	503	ANTONIO MACHADO	M	43	00:44:55	00:44:19	INDIVIDUAL
53	471	RAFAEL SANTOS	M	40	00:45:01	00:44:59	INDIVIDUAL
54	472	LUIS M F ANTUNES	M	41	00:45:04	00:45:01	RB RUNNING
55	501	JOAO GONCALVES	M	41	00:45:17	00:44:56	MERIDIANOS
56	29	ANTONIO VILELA	M	44	00:45:22	00:45:04	CR LEÕES P SALVO
57	64	RUI PEREIRA	M	43	00:45:24	00:44:39	SS CGD
58	973	LUIS MENDES	M	41	00:45:26	00:44:48	NAPA
59	860	HUMBERTO LUZ	M	43	00:45:34	00:45:24	BELAS RUNNERS
60	148	CARLOS M G MARQUES	M	42	00:45:48	00:45:14	INDIVIDUAL
61	257	CARLOS RODRIGUES	M	41	00:45:50	00:45:45	GD CHELAS
62	643	PEDRO M D EUGÉNIO	M	41	00:45:58	00:45:49	OS PERIGOSOS
63	1119	FAUSTO ISAAC	M	44	00:45:58	00:45:32	AÇOREANA C BANIF
64	1225	PEDRO ANDRADE	M	43	00:46:18	00:45:39	INDIVIDUAL
65	1140	PAULO TORRAO	M	42	00:46:36	00:46:11	AÇOREANA C BANIF
66	54	JOAO MARAL	M	44	00:46:42	00:46:33	SS CGD
67	1265	HUGO AFONSO	M	40	00:46:43	00:46:37	INDIVIDUAL
68	1383	CARLOS MAGALHAES	M	44	00:46:56	00:46:30	INGLESES FC
69	343	RICARDO J F FRANCO	M	41	00:46:57	00:46:53	INDIVIDUAL
70	1173	ERNESTO MONTEIRO	M	42	00:47:00	00:46:14	CÂMARA L CLUBE
71	101	PEDRO CARVALHO	M	41	00:47:07	00:46:50	BIP-BIP RUNNERS
72	172	JOAO PARADINHA	M	40	00:47:08	00:45:39	INDIVIDUAL
73	560	JOSE VITORINO	M	41	00:47:26	00:46:52	INDIVIDUAL
74	335	JOSE FALÉ	M	44	00:47:27	00:47:02	NUNCORRANTANTO
75	892	NUNO M ANTUNES	M	44	00:47:30	00:46:59	INDIVIDUAL
76	986	NUNO PINTAO	M	43	00:47:41	00:47:39	INDIVIDUAL
77	972	CELIA CECILIO	M	40	00:47:44	00:47:06	NAPA
78	1284	ANTONIO B ALMEIDA	M	43	00:47:51	00:47:46	INDIVIDUAL
79	402	JOSE L SANTOS	M	44	00:48:03	00:47:17	CCDT METRO LX
80	1062	CARLOS TEIXEIRA	M	41	00:48:17	00:47:26	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1049	ANTONIO FERREIRA	M	42	00:48:18	00:47:26	GD SANTANDER TOTTA
82	262	JORGE MARQUES	M	44	00:48:19	00:48:16	GD CHELAS
83	1297	PEDRO SEMEDO	M	41	00:48:26	00:48:21	JOMA
84	548	CARLOS SERRA	M	43	00:48:28	00:47:42	IRMANDADE PEDALEIRA
85	155	MIGUEL DIAS	M	42	00:48:36	00:48:05	RUN 4 FUN
86	159	RUI M C AGUIAR	M	40	00:48:38	00:48:28	INDIVIDUAL
87	160	JOAQUIM A S LACÃO	M	41	00:48:39	00:48:28	INDIVIDUAL
88	182	PAULO J A G NUNES	M	41	00:48:41	00:47:45	INDIVIDUAL
89	559	CARLOS VITORINO	M	40	00:48:41	00:47:45	INDIVIDUAL
90	1136	NELSON MOTA	M	43	00:48:51	00:48:27	AÇOREANA C BANIF
91	748	JOAO ANTUNES	M	44	00:48:52	00:48:29	REBELO'S
92	3	CARLOS PRECISO	M	40	00:49:04	00:48:35	CAA BELEM
93	149	LUIS M S BERNARDINO	M	40	00:49:10	00:48:44	INDIVIDUAL
94	1025	ALEXANDRE BENTO	M	40	00:49:35	00:48:50	ARBITROS FUTEBOL
95	1021	PEDRO PROENÇA	M	43	00:49:35	00:48:45	ARBITROS FUTEBOL
96	1022	TIAGO TRIGO	M	41	00:49:35	00:48:49	ARBITROS FUTEBOL
97	896	VICTOR M S VENDA	M	42	00:49:36	00:48:48	FRIENDS2RUN
98	1109	FERNANDO LUZ	M	44	00:49:40	00:49:08	GDCT UNICRE
99	682	JOSE M NUNES	M	42	00:49:40	00:48:55	INDIVIDUAL
100	204	FRANCISCO FERREIRA	M	41	00:49:42	00:49:22	INDIVIDUAL
101	526	JOSUE FRADE	M	41	00:49:53	00:49:36	INDIVIDUAL
102	234	LUIS MIGUEL RIBEIRO	M	41	00:50:01	00:49:36	INDIVIDUAL
103	962	ANTONIO TRIGUEIRO	M	42	00:50:19	00:50:12	INDIVIDUAL
104	1045	DANIEL SIMÕES	M	40	00:50:27	00:49:30	GD SANTANDER TOTTA
105	98	RUI GAMEIRO	M	40	00:50:41	00:50:33	CP RTP
106	1080	VITOR GOMES	M	44	00:50:46	00:50:35	C MILLENNIUN BCP
107	979	RUI MELO	M	41	00:51:00	00:50:47	INDIVIDUAL
108	961	RICARDO PESTANA	M	43	00:51:05	00:50:58	INDIVIDUAL
109	868	PEDRO BARRELA	M	41	00:51:08	00:50:52	GD BANCO BPI
110	337	PEDRO ROSA	M	43	00:51:09	00:50:21	ROSA BROS
111	571	MIGUEL CASTELA	M	43	00:51:11	00:50:31	AA LEBRES SADO
112	222	LUIS PENTEADO	M	42	00:51:14	00:50:20	BUE RAPIDOS
113	757	JOAO M MORADIAS	M	44	00:51:24	00:51:08	VALADARES
114	618	CARLOS ANDRADE	M	42	00:51:26	00:50:59	SAI DA FRENTE
115	751	JOAO P SILVA	M	44	00:51:31	00:51:12	ACADEMIA LUMIAR
116	118	VITOR M P GONCALVES	M	44	00:51:38	00:50:54	INDIVIDUAL
117	1230	MIGUEL FRANCO	M	40	00:52:10	00:51:19	INDIVIDUAL
118	539	JOAQUIM M T CARRUFA	M	43	00:52:10	00:51:20	INDIVIDUAL
119	632	NUNO A V F ZULMIRO	M	40	00:52:11	00:51:36	INDIVIDUAL
120	726	CARLOS ABRUNHOSA	M	43	00:52:11	00:51:36	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	358	PEDRO COSTA	M	42	00:52:15	00:51:05	INDIVIDUAL
122	980	LUIS CARDOSO	M	41	00:52:19	00:51:59	INDIVIDUAL
123	699	NUNO AFONSO	M	41	00:52:20	00:52:15	INDIVIDUAL
124	713	FILIPE BRANCO	M	43	00:52:27	00:51:56	URD ARRANHO
125	828	JOAO H FAUSTINO	M	40	00:52:42	00:52:12	INDIVIDUAL
126	778	JOAO LEITÃO	M	43	00:52:48	00:52:33	RUNLOVERS
127	607	BRUNO B SILVA	M	41	00:52:56	00:52:28	RUN 4 FUN
128	28	CARLOS PENA	M	44	00:53:04	00:52:30	CR LEÕES P SALVO
129	728	RUI LAPA	M	42	00:53:05	00:52:46	AFO
130	406	RAFAEL SANTOS	M	44	00:53:06	00:52:16	CCDT METRO LX
131	154	VASCO ALPALHÃO	M	43	00:53:08	00:52:25	ALPALHÃO
132	491	MARCO BERNARDES	M	41	00:53:10	00:52:29	TECNOSPIE
133	170	CARLOS M SILVA	M	41	00:53:11	00:52:47	TARTARUGAS DO TEJO
134	1272	RUI FERNANDES	M	42	00:53:11	00:52:28	INDIVIDUAL
135	1335	FREDERICO WIBORG	M	42	00:53:24	00:52:40	VFF 1896
136	783	RUI DIAS	M	40	00:53:28	00:53:08	GIRAFENSE FC
137	483	RUI BARBOSA	M	44	00:53:29	00:52:49	CLUBE VODAFONE
138	536	ROGERIO SALAS	M	42	00:53:29	00:53:08	NOSTOP
139	223	ANTONIO FERREIRA	M	42	00:53:40	00:52:45	BUE RAPIDOS
140	907	JOSE E B DUARTE	M	41	00:53:44	00:53:26	INDIVIDUAL
141	944	NUNO PRATES	M	43	00:53:46	00:53:26	BE2RUN
142	256	DANIEL PEREIRA	M	40	00:53:51	00:52:59	INDIVIDUAL
143	549	JOSE ALMEIDA	M	44	00:54:05	00:53:18	IRMANDADE PEDALEIRA
144	855	VITOR RODRIGUES	M	44	00:54:06	00:53:17	INDIVIDUAL
145	333	DAVID J ALMEIDA	M	42	00:54:07	00:53:23	FRIENDS2RUN
146	490	VENANCIO BRANCO	M	43	00:54:17	00:53:35	TECNOSPIE
147	1196	SERGIO BORGES	M	41	00:54:25	00:53:54	ND AUTOCOOPE
148	1126	JOAO SERRA	M	41	00:54:28	00:54:12	AÇOREANA C BANIF
149	1266	MANUEL VELOSA	M	44	00:54:40	00:54:11	INDIVIDUAL
150	94	PAULO SILVA	M	41	00:54:53	00:54:34	CLUBE CATERINGPOR
151	1156	LUIS FERRO	M	42	00:54:59	00:54:29	CR CRUZ PAU
152	955	MIGUEL VALE	M	42	00:55:10	00:54:46	INDIVIDUAL
153	954	MANUEL MATOS	M	43	00:55:10	00:54:46	INDIVIDUAL
154	856	ROBERTO SILVA	M	40	00:55:13	00:54:26	FRIENDS2RUN
155	484	PEDRO LOURENÇO	M	42	00:55:15	00:54:34	CLUBE VODAFONE
156	62	PAULO BAILÃO	M	43	00:55:16	00:54:42	SS CGD
157	163	JORGE NETO	M	41	00:55:21	00:55:20	INDIVIDUAL
158	723	CARLOS MACHADO	M	44	00:55:37	00:55:28	FC ESTRELAS LISBOA
159	969	CESAR LOURENÇO	M	43	00:55:49	00:55:27	INDIVIDUAL
160	1276	JOAQUIM CARDOSO	M	41	00:56:06	00:55:53	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	468	VASCO M C ARMES	M	41	00:56:11	00:55:24	INDIVIDUAL
162	1155	PAULO FERRO	M	40	00:56:21	00:55:51	CR CRUZ PAU
163	233	RUI M SANTOS	M	41	00:56:25	00:56:25	INDIVIDUAL
164	309	PAULO A D OLIVEIRA	M	40	00:56:45	00:56:29	ESMTC
165	651	LUIS AFONSO	M	43	00:56:55	00:56:00	GEORUNNERS
166	377	JAIME MESTRE	M	42	00:57:07	00:56:10	GD AGUIAS MOITA
167	982	JOSE RUIVO	M	42	00:57:12	00:56:53	INDIVIDUAL
168	117	LUIS PROENÇA	M	44	00:57:19	00:57:04	INDIVIDUAL
169	579	LUÍS OLIVEIRA	M	44	00:57:33	00:56:52	AA LEBRES SADO
170	1137	NUNO E SANTO	M	43	00:57:46	00:57:34	AÇOREANA C BANIF
171	502	JOAO FONSECA	M	42	00:57:50	00:57:29	MERIDIANOS
172	458	LUIS C F ALMEIDA	M	41	00:57:52	00:57:42	INDIVIDUAL
173	785	ANTONIO FARIAS	M	40	00:58:23	00:58:02	GIRAFENSE FC
174	357	JOSE S JORGE	M	41	00:58:31	00:57:21	INDIVIDUAL
175	971	NUNO BASTOS	M	42	00:59:18	00:58:55	INDIVIDUAL
176	221	JOSE A BARREIROS	M	42	00:59:41	00:59:01	INDIVIDUAL
177	208	RICARDO SOUSA	M	42	00:59:58	00:59:27	INDIVIDUAL
178	675	NUNO SANTOS	M	44	01:00:08	00:59:08	PLUMAS
179	379	BRUNO RIBEIRO	M	41	01:00:09	00:59:49	GD AGUIAS MOITA
180	1132	LUIS NEVES	M	40	01:00:40	01:00:17	AÇOREANA C BANIF
181	780	MARIO J C AGREIRO	M	41	01:00:50	01:00:09	INDIVIDUAL
182	847	JOAO M SILVA	M	40	01:01:13	01:00:05	INDIVIDUAL
183	1044	CARLOS PEREIRA	M	43	01:02:28	01:01:33	GD SANTANDER TOTTA
184	1047	ANTONIO CASTRO	M	44	01:02:34	01:01:40	GD SANTANDER TOTTA
185	224	ALEXANDRE RODRIGUES	M	42	01:02:51	01:01:58	BUE RAPIDOS
186	1111	MARCELO CARDOSO	M	44	01:03:04	01:02:32	GDCT UNICRE
187	459	PAULO CASTANHEIRA	M	40	01:04:12	01:04:12	INDIVIDUAL
188	1262	NUNO GRANDAO	M	41	01:04:14	01:03:36	INDIVIDUAL
189	414	CESAR F GUERRA	M	44	01:04:43	01:04:13	CTJ
190	175	ANTONIO REBELO	M	42	01:05:01	01:04:36	INDIVIDUAL
191	953	DAVID SANTOS	M	40	01:05:14	01:04:52	INDIVIDUAL
192	1055	FABIO DIAS	M	42	01:09:34	01:08:55	GD SANTANDER TOTTA
193	851	NUNO M L CORREIA	M	41	01:10:00	01:09:32	INDIVIDUAL
194	49	CARLOS ALBANO	M	42	01:10:03	01:09:07	SS CGD
195	53	HELDER VALENTE	M	40	01:10:03	01:09:07	SS CGD
196	1226	LUIS M L CAROUNHO	M	42	01:10:29	01:10:20	INDIVIDUAL
197	909	PEDRO C COSTA	M	41	01:16:35	01:15:58	SS CGD
198	425	LUIS H SILVA	M	42	01:18:35	01:18:07	MATILHA RADICAL
199	753	MANUEL MARTINS	M	44	01:18:35	01:18:16	ACADEMIA LUMIAR
200	1198	VITOR DINIS	M	41	01:21:30	01:20:31	ID VIEIRENSE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	965	MARCELO LOBATO	M	40	01:25:49	01:24:57	INDIVIDUAL
202	665	PAULO J R SANTOS	M	40	01:31:00	01:29:53	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1395	EUSEBIO ROSA	M	45	00:34:23	00:34:22	INGLESES FC
2	32	JOAO GINJA	M	48	00:34:24	00:34:23	CR LEÕES P SALVO
3	1348	PAULO ROLA	M	48	00:35:14	00:35:13	NAZ ABOBODA
4	85	CARLOS SANTOS	M	45	00:35:36	00:35:35	GAA VILA FRANCA XIRA
5	1203	GABRIEL RODRIGUES	M	49	00:35:59	00:35:57	ID VIEIRENSE
6	1397	JOSE QUARESMA	M	45	00:36:25	00:36:25	INGLESES FC
7	40	AMILCAR SOARES	M	45	00:36:58	00:36:57	ALCAINS
8	691	ANTONIO BRANCO	M	49	00:37:00	00:36:59	CR DO PENTEADO
9	1220	CARLOS JORGE	M	45	00:37:22	00:37:21	INDIVIDUAL
10	1398	JOAO LUCAS	M	49	00:37:30	00:37:29	INGLESES FC
11	30	JORGE RODRIGUES	M	45	00:38:51	00:38:48	CR LEÕES P SALVO
12	1090	PEDRO SILVA	M	47	00:39:20	00:39:17	C MILLENNIUN BCP
13	1081	PEDRO MARTINS	M	46	00:39:22	00:39:18	C MILLENNIUN BCP
14	679	JOAO LUIS	M	47	00:39:57	00:39:57	CP ALCANENA
15	1204	CARLOS PINTO	M	45	00:40:10	00:40:03	ID VIEIRENSE
16	1037	ANTONIO AMIEIRO	M	45	00:40:15	00:40:09	CCR ALTO MOINHO
17	1051	ANTONIO PEREIRA	M	48	00:40:22	00:40:20	GD SANTANDER TOTTA
18	1205	RUI DINIS	M	49	00:40:24	00:40:16	ID VIEIRENSE
19	1354	CARLOS MENDES	M	45	00:40:35	00:40:25	NAZ ABOBODA
20	89	VITOR NOGUEIRA	M	49	00:40:44	00:40:41	GAA VILA FRANCA XIRA
21	672	CARLOS LOURENÇO	M	45	00:40:51	00:40:46	INDIVIDUAL
22	826	ABEL M COSTA	M	49	00:41:04	00:41:01	FAM 2 RUN
23	1358	AUGUSTO DIOGO	M	49	00:41:30	00:41:27	NAZ ABOBODA
24	31	CARLOS MENDES	M	48	00:41:46	00:41:43	CR LEÕES P SALVO
25	1122	FRANCISCO CALÇADA	M	49	00:41:48	00:41:46	AÇOREANA C BANIF
26	934	FERNANDO FIGUEIREDO	M	47	00:41:54	00:41:26	FALCOES SELVAGENS
27	1237	ANTONIO CARDOSO	M	46	00:42:00	00:41:55	INDIVIDUAL
28	173	CONSTANTINO ARAUJO	M	46	00:42:06	00:41:38	SC REBOLEIRA DAMAIA
29	519	MARIO LOURENÇO	M	48	00:42:42	00:42:40	C PRAÇAS ARMADA
30	1288	NUNO COELHO	M	45	00:43:08	00:42:58	INDIVIDUAL
31	1294	JOSE A G BAPTISTA	M	47	00:43:12	00:43:11	INDIVIDUAL
32	801	RODRIGO G SILVA	M	46	00:43:13	00:42:37	INDIVIDUAL
33	1036	ANTONIO BARROS	M	49	00:43:27	00:43:21	CCR ALTO MOINHO
34	328	JOSE BERNARDO	M	45	00:43:28	00:43:25	GA MONSANTO GASCAN
35	395	ANTONIO E GONÇALVES	M	48	00:43:38	00:43:27	CCDT METRO LX
36	1202	LUIS PEDROSA	M	47	00:43:53	00:43:40	ID VIEIRENSE
37	1191	JOAO CALDAS	M	47	00:43:53	00:43:44	ND AUTOCOOPE
38	190	JOAO M N R MARTINS	M	49	00:43:57	00:43:54	INDIVIDUAL
39	647	JOAO P C S ALBUQUERQUE	M	49	00:44:05	00:43:51	AC PORTALEGRE
40	19	JOAO A MARQUES	M	48	00:44:25	00:44:25	GRD RIBEIRA DA LAGE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	362	PEDRO BUENO	M	45	00:44:34	00:44:22	CD ARNEIRO
42	701	JOAO VAZ	M	48	00:44:55	00:44:49	INDIVIDUAL
43	604	JOAO ALVES	M	46	00:45:03	00:44:40	AMCR FONTE GRADA
44	368	MANUEL ALVES	M	47	00:45:04	00:44:51	CD ARNEIRO
45	1256	JORGE GODINHO	M	48	00:45:14	00:44:36	INDIVIDUAL
46	1174	PAULO SANTOS	M	48	00:45:16	00:43:38	CÂMARA L CLUBE
47	205	CARLOS CRAVO	M	48	00:45:22	00:45:00	INDIVIDUAL
48	1034	JAIME FIGUEIREDO	M	47	00:45:32	00:45:25	CCR ALTO MOINHO
49	1087	PAULO PAIS	M	48	00:45:36	00:45:32	C MILLENNIUN BCP
50	841	PAULO BASÍLIO	M	46	00:45:38	00:45:12	OS ZATOPEQUES
51	839	JOSE CUNHA	M	49	00:45:44	00:45:17	OS ZATOPEQUES
52	408	ROGERIO SILVA	M	49	00:45:57	00:45:48	INDIVIDUAL
53	248	JORGE NUNES	M	47	00:46:01	00:45:04	INDIVIDUAL
54	1260	ROGERIO ARAUJO	M	49	00:46:25	00:45:46	INDIVIDUAL
55	574	JOÃO SANTOS	M	49	00:46:33	00:46:33	AA LEBRES SADO
56	709	RAFAEL A F D ABRUNHOSA	M	47	00:46:35	00:46:00	INDIVIDUAL
57	509	JOAO CORREIA	M	45	00:46:35	00:45:59	AFRS
58	171	CARLOS M O SILVA	M	48	00:46:39	00:46:36	INDIVIDUAL
59	1326	MANUEL CHINITA	M	49	00:46:39	00:45:48	A VALE SILENCIO
60	140	MÁRIO LOPES	M	45	00:46:42	00:46:34	OS PERIGOSOS
61	1328	PAULO DUARTE	M	47	00:46:47	00:45:54	A VALE SILENCIO
62	594	RUI PINTO	M	48	00:46:59	00:46:35	OS TUGAS
63	225	JOAO BENTO	M	45	00:47:10	00:46:16	BUE RAPIDOS
64	885	RICARDO MOREIRA	M	48	00:47:12	00:47:12	CRD ARRUDENSE
65	776	LUIS FERREIRA	M	47	00:47:14	00:46:57	RUNLOVERS
66	1364	KJOSE OLIVEIRA	M	48	00:47:15	00:46:45	NAZ ABOBODA
67	883	PAULO L VEIGA	M	47	00:47:25	00:46:58	CRD ARRUDENSE
68	169	JOAO G MOREIRA	M	46	00:47:37	00:47:25	INDIVIDUAL
69	798	EDUARDO MOUTINHO	M	45	00:47:42	00:47:26	O MUNDO CORRIDA
70	1163	DAVID PALMEIRO	M	47	00:47:44	00:47:39	SL CAMPOLIDE
71	275	VICTOR DIAS	M	47	00:47:45	00:47:31	GD CHELAS
72	1078	FERNANDO RODRIGUES	M	49	00:47:48	00:47:09	C MILLENNIUN BCP
73	1116	ARMANDO APREIRA	M	45	00:47:58	00:47:34	AÇOREANA C BANIF
74	1154	ANTONIO MONTEIRO	M	48	00:47:59	00:47:59	CR CRUZ PAU
75	475	JOSÉ MATOS	M	45	00:48:00	00:47:56	C PRAÇAS ARMADA
76	157	JOAO PEREIRA	M	46	00:48:11	00:48:06	INDIVIDUAL
77	166	JOAO P ALMEIDA	M	46	00:48:14	00:48:08	INDIVIDUAL
78	840	JORGE LEITÃO	M	49	00:48:16	00:47:50	OS ZATOPEQUES
79	263	AMERICO PIMENTA	M	48	00:48:19	00:48:17	GD CHELAS
80	996	RUI FILIPE	M	49	00:48:20	00:47:31	OS ZATOPEQUES

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	924	FERNANDO ALBUQUERQUE	M	46	00:48:33	00:48:14	INDIVIDUAL
82	178	NUNO MANUEL	M	48	00:48:33	00:48:29	CLUBE TAP PORTUGAL
83	138	BENTO VALENTE	M	48	00:48:41	00:48:32	OS PERIGOSOS
84	649	ANTONIO COSTA	M	46	00:48:42	00:47:48	GEORUNNERS
85	419	FREDERIC SERRE	M	45	00:48:52	00:48:23	INDIVIDUAL
86	1164	RUI RODRIGUES	M	48	00:48:58	00:48:53	SL CAMPOLIDE
87	1345	JOAQUIM CARMO	M	47	00:49:05	00:48:32	CUA BENAVENTENSE
88	103	JOÃO GERMANO	M	46	00:49:06	00:48:54	INDIVIDUAL
89	1168	PAULO COSTA	M	47	00:49:07	00:48:12	SFUAP
90	1254	DIAMANTINO ALMEIDA	M	45	00:49:09	00:48:29	INDIVIDUAL
91	658	FERNANDO CORREIA	M	48	00:49:38	00:49:07	GRD RIBEIRA DA LAGE
92	297	MANUEL ANTUNES	M	45	00:49:42	00:49:24	INDIVIDUAL
93	1355	JORGE PAIVA	M	49	00:49:43	00:49:07	NAZ ABOBODA
94	401	JOAO SEQUEIRA	M	49	00:49:46	00:48:55	CCDT METRO LX
95	220	PEDRO BRETES	M	48	00:49:55	00:49:32	INDIVIDUAL
96	1035	PAULO FERREIRA	M	47	00:49:57	00:49:42	CCR ALTO MOINHO
97	705	PAULO ANTUNES	M	45	00:50:01	00:49:51	LESMAS ALOPRADAS
98	212	MANUEL J S DIAS	M	46	00:50:02	00:49:27	INDIVIDUAL
99	1096	HUGO LUZ	M	49	00:50:03	00:49:56	C MILLENNIUN BCP
100	1295	ANTONIO VARELA	M	47	00:50:08	00:50:02	INDIVIDUAL
101	33	ANTONIO JACINTO	M	48	00:50:25	00:49:52	CR LEÕES P SALVO
102	1418	JOSE NASCIMENTO	M	49	00:50:31	00:50:20	INDIVIDUAL
103	1322	JUÇIO ROQUE	M	48	00:50:43	00:49:50	A VALE SILENCIO
104	1347	ANTONIO ROGERIO	M	47	00:50:51	00:50:15	CUA BENAVENTENSE
105	806	PAULO V FIGUEIRA	M	49	00:50:55	00:49:55	INDIVIDUAL
106	1091	FERNANDO ALMEIDA	M	45	00:50:58	00:50:54	C MILLENNIUN BCP
107	1252	ANTONIO J V RIBEIRO	M	48	00:51:12	00:50:32	INDIVIDUAL
108	433	JORGE MATINHO	M	46	00:51:20	00:51:18	INDIVIDUAL
109	237	PAULO SANTOS	M	45	00:51:27	00:51:10	GARMIN CO OEIRAS
110	1188	GUILHERME ROSA	M	48	00:51:28	00:51:11	N&A-CNAS
111	1009	CARLOS O RODRIGUES	M	45	00:51:37	00:51:03	TEJAVISTA
112	808	LUÍS PIRES	M	46	00:51:38	00:50:59	CA AMIGOS PARQUE PAZ
113	1033	PAULO ANTONIO	M	46	00:51:43	00:50:58	CCR ALTO MOINHO
114	1375	PAULO MARTINS	M	45	00:51:49	00:50:53	RUNNING OF D MARIA
115	1108	EDUARDO RIBEIRO	M	46	00:51:53	00:51:20	GDCT UNICRE
116	1219	JORGE MIRANDA	M	46	00:51:55	00:51:49	INDIVIDUAL
117	316	MAURI F GUEDES	M	49	00:52:09	00:52:01	INDIVIDUAL
118	45	ANDRE NORONHA	M	49	00:52:13	00:51:44	SS CGD
119	296	ABILIO GOMES	M	49	00:52:16	00:51:34	CAFÉ ESCONDIDINHO
120	716	GABRIEL ANTONIO	M	49	00:52:26	00:51:55	URD ARRANHO

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	714	EDGAR FRANCISCO	M	48	00:52:27	00:51:56	URD ARRANHO
122	718	FERNANDO RODRIGUES	M	46	00:52:27	00:51:55	URD ARRANHO
123	676	VITOR FERREIRA	M	49	00:52:46	00:52:09	CP ALCANENA
124	729	MANUEL MARTINHO	M	46	00:52:48	00:52:28	AFO
125	681	ANTONIO LUÍS	M	48	00:52:54	00:52:31	AFO
126	775	NUNO MARQUES	M	46	00:53:01	00:52:45	RUNLOVERS
127	1066	LUCIO SILVA	M	47	00:53:16	00:52:24	GD SANTANDER TOTTA
128	196	PAULO A ALMEIDA	M	46	00:53:36	00:52:37	GD BANCO BPI
129	877	JORGE M S CARREIRAS	M	47	00:53:38	00:52:41	INDIVIDUAL
130	391	ARLINDO C SANTOS	M	49	00:53:39	00:52:41	INDIVIDUAL
131	821	MANUEL A MEXIA	M	48	00:53:49	00:53:28	CLUBE TAP PORTUGAL
132	834	EDUARDO GRILO	M	46	00:53:53	00:53:46	OS ZATOPEQUES
133	282	LUIS REIS	M	47	00:53:59	00:53:07	CA VALE FIGUEIRA
134	712	HELDER A M P ALMEIDA	M	46	00:54:05	00:53:29	INDIVIDUAL
135	904	CARLOS COSTA	M	47	00:54:15	00:54:15	A VALE SILENCIO
136	301	AUGUSTO FERNANDES	M	49	00:54:26	00:54:04	10 P' RAS 11
137	1129	JORGE SERRA	M	47	00:54:28	00:54:07	AÇOREANA C BANIF
138	1077	LEONEL BRANDAO	M	46	00:54:35	00:54:31	C MILLENNIUN BCP
139	608	ANTONIO SANTOS	M	49	00:54:42	00:54:08	LEAIS DA BEIRA
140	984	DOMINGOS GODINHO	M	45	00:54:50	00:54:20	INDIVIDUAL
141	849	EDUARDO LEYVA	M	45	00:54:57	00:53:48	INDIVIDUAL
142	1259	PAULO REBELO	M	46	00:55:19	00:54:39	INDIVIDUAL
143	615	ALEXANDRE DÂMASO	M	45	00:55:28	00:55:08	RUN FOR LIVE
144	636	JOAO ML BORGES	M	49	00:55:32	00:55:08	INDIVIDUAL
145	1218	MANUEL BATISTA	M	48	00:55:40	00:54:58	INDIVIDUAL
146	764	JOSE R FERNANDES	M	49	00:56:33	00:56:08	INDIVIDUAL
147	1374	JORGE FERREIRA	M	48	00:56:34	00:55:37	RUNNING OF D MARIA
148	575	LUÍS ML SANTOS	M	48	00:56:54	00:55:58	AA LEBRES SADO
149	97	JORGE PIRES	M	45	00:57:00	00:56:10	CP RTP
150	1067	LUIS PAIVA	M	46	00:57:12	00:56:19	GD SANTANDER TOTTA
151	61	NUNO TAVARES	M	45	00:57:28	00:56:56	SS CGD
152	129	ANTONIO ALMEIDA	M	48	00:57:37	00:57:02	INDIVIDUAL
153	593	RUI RODRIGUES	M	46	00:57:57	00:57:25	OS TUGAS
154	879	ANTÓNIO PATRÍCIO	M	49	00:58:01	00:57:33	INDIVIDUAL
155	346	NUNO LOUREIRO	M	47	00:58:24	00:58:14	FALCOES SELVAGENS
156	784	JOSE SILVA	M	48	00:58:25	00:57:51	INDIVIDUAL
157	858	MARIO FERNANDES	M	49	00:58:39	00:58:28	BELAS RUNNERS
158	1329	PAULO PORTUGAL	M	48	01:00:01	00:59:09	A VALE SILENCIO
159	111	JORGE LOPES	M	47	01:00:03	00:59:32	INDIVIDUAL
160	339	CARLOS RODRIGUES	M	49	01:00:07	00:59:22	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1327	PAULO BARBEITO	M	49	01:01:22	01:00:27	A VALE SILENCIO
162	1318	JORGE LOURENÇO	M	47	01:01:22	01:00:27	A VALE SILENCIO
163	1314	JOAQUIM BELO	M	47	01:01:23	01:00:30	A VALE SILENCIO
164	1310	FERNANDO SILVA	M	49	01:01:23	01:00:33	A VALE SILENCIO
165	508	MÁRIO SILVA	M	46	01:01:39	01:01:02	AFRS
166	770	MANUEL MENDES	M	47	01:01:54	01:01:41	INDIVIDUAL
167	563	FERNANDO RIBEIRO	M	47	01:02:10	01:01:58	QUENIANOS OLIVENSES
168	1308	EMILIO GONÇALVES	M	46	01:02:15	01:01:24	A VALE SILENCIO
169	657	ANTONIO M ALTER	M	49	01:02:57	01:02:12	INDIVIDUAL
170	974	LUIS MATOS	M	47	01:04:01	01:03:47	NAPA
171	1001	EDUARDO P SOARES	M	45	01:05:35	01:05:00	TEJAVISTA
172	1187	ANTONIO NASCIMENTO	M	47	01:10:47	01:10:05	N&A-CNAS
173	79	MARIO JORGE	M	49	01:10:57	01:10:35	UDCA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1141	JOAO GOMES	M	54	00:36:30	00:36:28	AÇOREANA C BANIF
2	746	JOAQUIM ANTUNES	M	54	00:36:58	00:36:56	ASS PARQ TEJO NORTE
3	999	VASILY ZVERER	M	50	00:37:40	00:37:38	INDIVIDUAL
4	1337	JOSE BORGES	M	53	00:37:43	00:37:42	ALHANDRA SC
5	1330	PAULO POVOA	M	50	00:37:45	00:37:42	A VALE SILENCIO
6	1339	JOAO MARTINS	M	51	00:39:16	00:39:11	CUA BENAVENTENSE
7	1365	JOSE CONDUTO	M	52	00:39:39	00:39:33	NAZ ABOBODA
8	1179	DANIEL ANTUNES	M	51	00:39:58	00:39:55	CÂMARA L CLUBE
9	1181	LICINIO FIDALGO	M	54	00:42:18	00:41:33	CÂMARA L CLUBE
10	258	EDUARDO RODRIGUES	M	54	00:42:21	00:42:09	GD CHELAS
11	279	JOSE SERRA	M	50	00:42:32	00:42:30	GD CHELAS
12	371	DEOLINDO ANDRÉ	M	53	00:43:02	00:43:01	URCA
13	78	DAVID SANTOS	M	50	00:43:03	00:42:52	UDCA
14	363	JOSÉ MAIO	M	50	00:43:18	00:43:07	CD ARNEIRO
15	179	JOSE CARLOS MELO	M	51	00:43:56	00:43:31	RUN 4 FUN
16	1079	MANUEL PEREIRA	M	53	00:43:59	00:43:52	C MILLENNIUN BCP
17	177	JOSÉ SIMÕES	M	51	00:44:03	00:43:36	O MUNDO CORRIDA
18	1177	JORGE DUARTE	M	50	00:44:08	00:43:52	CÂMARA L CLUBE
19	420	ANTONIO JACINTO	M	53	00:44:15	00:44:10	INDIVIDUAL
20	990	LUIS BORGES	M	51	00:44:17	00:44:01	INDIVIDUAL
21	306	ARMINDO SANTOS	M	52	00:44:19	00:44:18	FF PAZ MUNDIAL
22	1273	FERNANDO CARREIRO	M	52	00:44:21	00:44:09	INDIVIDUAL
23	898	ANTONIO P LOPES	M	53	00:44:23	00:44:19	CC ARGANIL
24	659	CARLOS FOLGADO	M	53	00:44:37	00:44:06	GRD RIBEIRA DA LAGE
25	1099	ANTONIO BRAGA	M	54	00:44:44	00:44:40	C MILLENNIUN BCP
26	442	DANIEL SILVA	M	53	00:44:48	00:44:40	GD SÃO DOMINGOS
27	1016	JOAQUIM S FIDALGO	M	53	00:44:59	00:44:53	TEJAVISTA
28	572	MANUEL FONSECA	M	50	00:45:33	00:45:29	AA LEBRES SADO
29	1285	MARIO J C MARQUES	M	53	00:46:03	00:45:57	INDIVIDUAL
30	266	PAULO CARDOSO	M	51	00:46:06	00:46:05	GD CHELAS
31	1147	VIRGILIO MADEIRA	M	54	00:46:21	00:46:08	AÇOREANA C BANIF
32	1118	CARLOS FONSECA	M	53	00:46:22	00:46:15	AÇOREANA C BANIF
33	863	LUIS GAMA	M	50	00:46:37	00:46:03	2 FAST 4 YOU
34	1153	JOSE SOIUSA	M	53	00:46:55	00:46:50	CR CRUZ PAU
35	298	JOSE M U TAVARES	M	54	00:47:01	00:46:59	INDIVIDUAL
36	817	FLORIVAL LUCAS	M	50	00:47:04	00:46:55	AA LEBRES SADO
37	407	RUI ARAUJO	M	54	00:47:07	00:46:55	CCDT METRO LX
38	176	MIGUEL SAN-PAYO	M	51	00:47:10	00:46:41	INDIVIDUAL
39	84	ANTONIO RIBEIRO	M	52	00:47:12	00:46:51	GAA VILA FRANCA XIRA
40	1309	FERNANDO AVELINO	M	53	00:47:13	00:46:20	A VALE SILENCIO

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	325	CARLOS COELHO	M	52	00:47:16	00:47:12	GA MONSANTO GASCAN
42	680	MIGUEL MARQUES	M	53	00:47:36	00:47:24	INDIVIDUAL
43	1306	ARMANDO ALMEIDA	M	54	00:47:43	00:46:49	A VALE SILENCIO
44	70	JOSE HENRIQUES	M	50	00:47:43	00:47:02	AD REAL ACADEMIA
45	1367	JOSE MELO	M	52	00:47:43	00:47:15	NAZ ABOBODA
46	197	FERNANDO M SANTOS	M	51	00:47:47	00:47:23	GD BANCO BPI
47	947	AUGUSTO GASPAR	M	52	00:48:02	00:47:29	CCD OLIVAIS SUL
48	403	JOSE P CUNHA	M	50	00:48:10	00:47:59	CCDT METRO LX
49	597	JOAO CORTE-REAL	M	50	00:48:11	00:47:58	AMCR FONTE GRADA
50	838	JOSE MORAIS	M	52	00:48:20	00:47:31	OS ZATOPEQUES
51	378	LUIS SOBRAL	M	51	00:48:51	00:47:57	GD AGUIAS MOITA
52	487	MARIO RAMOS	M	54	00:49:14	00:48:47	APOGMA
53	967	FERNANDO FERREIRA	M	50	00:49:37	00:49:08	INDIVIDUAL
54	569	LUÍS CLAUDINA	M	54	00:49:38	00:49:02	AA LEBRES SADO
55	540	JOAQUIM LIMA	M	50	00:49:41	00:49:00	CLUBE VODAFONE
56	689	VITOR G MARTINS	M	54	00:49:44	00:49:18	CR DO PENTEADO
57	527	JORGE PAULINO	M	51	00:49:49	00:49:46	AMIGOS PENICHE
58	247	ALMERINDO M L SILVA	M	54	00:50:03	00:49:56	ADC CATUJAL
59	326	CARLOS FORTUNATO	M	51	00:50:06	00:49:50	GA MONSANTO GASCAN
60	845	JORGE ANDRADE	M	51	00:50:54	00:50:31	INDIVIDUAL
61	638	RENATO INACIO	M	52	00:51:32	00:50:31	ADCR PAINHO
62	283	ANTONIO MINA	M	52	00:51:35	00:50:53	CA VALE FIGUEIRA
63	344	ANTONIO CANDEIAS	M	51	00:51:47	00:50:55	FALCOES SELVAGENS
64	1178	ADELINO PIRES	M	51	00:51:55	00:51:10	CÂMARA L CLUBE
65	1013	LUIS MIRANDA	M	54	00:52:08	00:51:33	TEJAVISTA
66	923	VITOR DOMINGOS	M	51	00:52:15	00:51:43	INDIVIDUAL
67	1275	ANTONIO CORREIA	M	52	00:52:30	00:52:15	INDIVIDUAL
68	1074	VITOR TEIXEIRA	M	54	00:52:30	00:51:51	GD SANTANDER TOTTA
69	1175	MIGUEL VELEZ	M	50	00:52:50	00:52:02	CÂMARA L CLUBE
70	1180	EDUARDO MANSO	M	52	00:52:50	00:52:05	CÂMARA L CLUBE
71	767	HILARIO TORRES	M	54	00:52:56	00:52:28	RUN 4 FUN
72	1107	GONÇALO OLIVEIRA	M	51	00:53:28	00:52:54	GDCT UNICRE
73	592	ANTÓNIO GONÇALVES	M	52	00:53:32	00:52:50	OS TUGAS
74	396	ALBERTO MARTINHO	M	50	00:53:39	00:53:26	CCDT METRO LX
75	837	ORLANDO SILVA	M	53	00:53:41	00:53:16	OS ZATOPEQUES
76	700	HERNÂNI SILVA	M	51	00:53:55	00:53:49	INDIVIDUAL
77	1291	JOAO PRELHAZ	M	53	00:54:02	00:53:47	INDIVIDUAL
78	345	FRANCISCO SILVA	M	53	00:54:04	00:53:55	FALCOES SELVAGENS
79	494	EURICO PEREIRA	M	54	00:54:17	00:53:36	TECNOSPIE
80	1292	PAULO V CARDOSO	M	50	00:54:19	00:54:00	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	299	AMERICO AMARO	M	53	00:54:31	00:54:05	10 P'RAS 11
82	927	AGOSTINHO TORRES	M	52	00:54:32	00:54:06	10 P'RAS 11
83	1084	ANTONIO SANTOS	M	54	00:55:04	00:54:57	C MILLENNIUN BCP
84	1165	ANTONIO LIMA	M	50	00:56:09	00:56:06	SL CAMPOLIDE
85	635	ANTONIO C MARTINS	M	52	00:56:11	00:55:37	INDIVIDUAL
86	100	FRANCISCO VELOSO	M	53	00:56:46	00:56:40	DROGARIA DA PORTELA
87	376	CARLOS SECO	M	52	00:57:07	00:56:11	GD AGUIAS MOITA
88	51	FERNANDO ALVES	M	52	00:57:17	00:56:42	SS CGD
89	1257	JORGE PEREZ	M	52	00:57:45	00:57:05	INDIVIDUAL
90	1376	JORGE SIMOES	M	52	00:57:56	00:57:00	RUNNING OF D MARIA
91	901	HERMÍNIO CABACEIRA	M	52	00:57:58	00:57:45	INDIVIDUAL
92	329	LUIS ANTUNES	M	51	00:58:00	00:57:22	GA MONSANTO GASCAN
93	756	JOAQUIM VALADARES	M	51	00:58:20	00:58:04	VALADARES
94	693	DIAMANTINO COSTA	M	52	00:58:36	00:58:12	CR DO PENTEADO
95	692	MANUEL N BATALHEIRO	M	51	00:58:43	00:58:18	CR DO PENTEADO
96	1148	VITOR RAFAEL	M	50	00:58:46	00:58:12	AÇOREANA C BANIF
97	1356	VIRGILIO CARLOS	M	51	00:58:52	00:58:16	NAZ ABOBODA
98	361	ROMÃO VALENTE	M	51	00:58:56	00:58:45	INDIVIDUAL
99	1372	MANUEL COELHO	M	52	00:59:28	00:58:46	C C ARCOS VALDEVEZ
100	946	ADRIANO VITORINO	M	52	01:00:05	00:59:45	CCD OLIVAIS SUL
101	1274	ALBANO SILVA	M	51	01:00:13	00:59:52	INDIVIDUAL
102	327	JOAO PINTO	M	52	01:01:25	01:00:47	GA MONSANTO GASCAN
103	871	JOAO SANTOS	M	52	01:02:16	01:01:39	INDIVIDUAL
104	1106	PAULO FRANÇA	M	51	01:02:22	01:01:51	GDCT UNICRE
105	11	LUIS PARRO	M	52	01:02:27	01:01:27	GARMIN CO OEIRAS
106	454	JOAO C P S CARNEIRO	M	54	01:04:30	01:03:46	JOAO CARNEIRO SAD
107	342	JOAO SIMÕES	M	50	01:05:31	01:05:12	CLUBE OGMA
108	897	JORGE NARCISO	M	53	01:05:36	01:04:42	CC ARGANIL
109	1271	PEDRO H F MACHADO	M	51	01:05:59	01:05:31	INDIVIDUAL
110	1131	JOSE SEQUEIRA	M	53	01:06:10	01:05:11	AÇOREANA C BANIF
111	763	SERGIO NEVES	M	54	01:06:57	01:06:30	INDIVIDUAL
112	405	ORLANDO SOUSA	M	51	01:07:27	01:06:35	CCDT METRO LX
113	929	EDUARDO A C GONÇALVES	M	52	01:08:15	01:08:08	INDIVIDUAL
114	938	LEONARDO A CABACEIRA	M	53	01:08:30	01:08:18	INDIVIDUAL
115	941	REINALDO PEREIRA	M	50	01:09:15	01:09:07	INDIVIDUAL
116	629	CARLOS RIBEIRO	M	53	01:28:53	01:28:43	INDIVIDUAL
117	1244	CARLOS ROLO	M	53	01:36:47	01:35:59	INDIVIDUAL
118	1248	FRANCISCO ROXO	M	50	01:36:47	01:35:57	INDIVIDUAL
119	1249	JOSE A SILVA	M	51	01:36:49	01:36:49	INDIVIDUAL

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1206	LICINIO PEREIRA	M	57	00:36:36	00:36:31	ID VIEIRENSE
2	556	MARCOS A F PEREIRA	M	58	00:40:01	00:39:57	INDIVIDUAL
3	398	MANUEL B COSTA	M	55	00:40:22	00:40:11	CCDT METRO LX
4	399	CARLOS J MOREIRA	M	59	00:40:39	00:40:29	CCDT METRO LX
5	664	ARSÊNIO FERNANDES	M	58	00:41:06	00:41:03	INDIVIDUAL
6	1134	LUIS PREGO	M	56	00:41:11	00:41:09	AÇOREANA C BANIF
7	273	RAUL RODRIGUES	M	55	00:41:59	00:41:58	GD CHELAS
8	280	PEDRO SOUSA	M	57	00:42:02	00:41:54	INDIVIDUAL
9	1207	ACACIO SANTOS	M	55	00:42:05	00:41:37	ID VIEIRENSE
10	512	AUGUSTO ESTEVES	M	56	00:42:09	00:42:08	OS PERIGOSOS
11	949	LUIS SALGUEIRO	M	56	00:42:25	00:42:18	INDIVIDUAL
12	1184	ANTONIO INACIO	M	57	00:42:25	00:42:21	CÂMARA L CLUBE
13	695	JOSE J AFECTO	M	59	00:42:49	00:42:35	CR DO PENTEADO
14	1176	MANUEL AMARO	M	58	00:43:05	00:42:47	CÂMARA L CLUBE
15	82	ANTONIO SANTOS	M	55	00:43:22	00:43:17	GAA VILA FRANCA XIRA
16	147	JOAQUIM SANTOS	M	55	00:43:55	00:43:02	FALCOES SELVAGENS
17	652	JOSE BARROCO	M	55	00:44:42	00:44:38	INDIVIDUAL
18	696	AUGUSTO SEMEDO	M	55	00:45:13	00:45:11	CR DO PENTEADO
19	34	ANTONIO VALE	M	56	00:45:41	00:45:37	CR LEÕES P SALVO
20	1361	ARMINDO SANTOS	M	58	00:45:42	00:45:32	NAZ ABOBODA
21	55	JOAQUIM FRADE	M	58	00:45:43	00:45:40	SS CGD
22	1038	JOAO BATISTA	M	56	00:45:55	00:45:49	CCR ALTO MOINHO
23	1121	FERNANDO CELESTINO	M	55	00:46:04	00:45:43	AÇOREANA C BANIF
24	1336	ANDRE WIBORG	M	55	00:46:37	00:45:52	VFF 1896
25	543	DOUGLAS FRY	M	57	00:46:53	00:46:18	CLUBE SAL E LUZ
26	77	JOAQUIM CRISPIM	M	57	00:47:02	00:46:50	UDCA
27	1039	JOAO FAZENDA	M	55	00:47:13	00:46:55	CCR ALTO MOINHO
28	1360	PAULINO PACHECO	M	57	00:47:22	00:47:03	NAZ ABOBODA
29	760	RAUL SANTOS	M	56	00:47:23	00:47:17	FF PAZ MUNDIAL
30	142	CARLOS SOUSA	M	56	00:47:44	00:47:37	OS PERIGOSOS
31	926	ORLANDO G S FERREIRA	M	56	00:47:45	00:47:33	INDIVIDUAL
32	1133	LUIS NOVO	M	59	00:47:47	00:47:24	AÇOREANA C BANIF
33	1113	ALBANO ALVES	M	58	00:48:02	00:47:30	AÇOREANA C BANIF
34	44	ALVARO FURTADO	M	55	00:48:12	00:47:28	SS CGD
35	69	ALVARO PINTO	M	56	00:48:14	00:47:33	AD REAL ACADEMIA
36	156	JOSE GABRIEL	M	56	00:48:37	00:47:53	INDIVIDUAL
37	1120	FERNANDO ANDRADE	M	59	00:49:04	00:48:42	AÇOREANA C BANIF
38	1253	ALBANO GINJA	M	57	00:49:12	00:48:59	INDIVIDUAL
39	1160	JOAQUIM DELGADO	M	55	00:49:18	00:49:14	CR CRUZ PAU
40	1183	JOSE PICAGO	M	57	00:49:23	00:48:35	CÂMARA L CLUBE

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1063	FERNANDO MARQUES	M	58	00:49:40	00:49:40	GD SANTANDER TOTTA
42	815	CARLOS M S CAEIRO	M	59	00:49:46	00:49:33	INDIVIDUAL
43	139	ALCIDES NUNES	M	55	00:49:46	00:49:38	OS PERIGOSOS
44	650	ANTONIO CORREIA	M	56	00:50:07	00:49:14	GEORUNNERS
45	1085	ANTONIO CORREIA	M	58	00:50:07	00:49:25	C MILLENNIUN BCP
46	143	JOSE SILVA	M	59	00:50:19	00:49:47	OS PERIGOSOS
47	750	NORBERTO COELHO	M	57	00:50:22	00:50:03	ACADEMIA LUMIAR
48	1315	JOAQUIM DAMAS	M	59	00:50:52	00:50:15	A VALE SILENCIO
49	1192	JOSE DIAS	M	56	00:50:59	00:50:28	ND AUTOCOOPE
50	364	LUS VIDEOEIRA	M	56	00:51:21	00:51:05	CD ARNEIRO
51	1402	MARIO BRANQUINHO	M	59	00:51:25	00:51:09	INGLESES FC
52	1210	MANUEL NUNES	M	57	00:51:26	00:51:20	OS NUNES
53	1002	JOSE A AZURARA	M	55	00:51:29	00:50:50	TEJAVISTA
54	271	MANUEL TAVARES	M	55	00:51:34	00:51:20	GD CHELAS
55	987	ALDONIO FERNANDES	M	59	00:51:35	00:50:38	INDIVIDUAL
56	330	VITOR RODRIGUES	M	59	00:51:51	00:51:14	GA MONSANTO GASCAN
57	340	JOAO C F COSTA	M	57	00:51:55	00:51:45	INDIVIDUAL
58	1166	MARIO ALVES	M	58	00:52:02	00:51:05	SFUAP
59	441	ARTUR PEREIRA	M	58	00:52:16	00:51:52	GD SÃO DOMINGOS
60	83	JOSE SERAFIM	M	57	00:52:58	00:52:41	GAA VILA FRANCA XIRA
61	18	ANTONIO SILVA	M	57	00:53:00	00:52:44	OS INDOMAVEIS
62	13	CARLOS JESUS	M	56	00:53:08	00:52:32	AA CHARNECA
63	388	ABILIO TAVARES	M	58	00:53:48	00:53:39	INDIVIDUAL
64	1241	FERNANDO MOREIRA	M	58	00:54:09	00:54:00	INDIVIDUAL
65	1320	JOSE MOGA	M	55	00:54:13	00:53:19	A VALE SILENCIO
66	1357	ANTONIO DUARTE	M	57	00:54:21	00:53:56	NAZ ABOBODA
67	292	MANUEL TRINDADE	M	57	00:54:28	00:54:01	INDIVIDUAL
68	873	MANUEL GOMES	M	55	00:54:40	00:54:28	INDIVIDUAL
69	356	ANTONIO SEROMENHO	M	55	00:54:45	00:54:01	INDIVIDUAL
70	466	VIGÍLIO ESPADA	M	59	00:54:53	00:54:29	AD A GARAGEM
71	951	ANTONIO MOREIRA	M	57	00:55:17	00:54:16	INDIVIDUAL
72	809	JOSE CATITA	M	55	00:56:15	00:55:42	GARMIN CO OEIRAS
73	836	LUIS GRAVE	M	56	00:56:18	00:55:12	OS ZATOPEQUES
74	65	SEVERINO ROSA	M	58	00:56:47	00:56:15	SS CGD
75	1190	CARLOS FERREIRA	M	56	00:57:18	00:57:02	ND AUTOCOOPE
76	688	JOSE MONTEIRO	M	56	00:57:31	00:57:14	INDIVIDUAL
77	1224	ANGELO FLOR	M	57	00:57:32	00:57:11	INDIVIDUAL
78	453	RUI M P S CARNEIRO	M	58	00:57:47	00:57:03	JOAO CARNEIRO SAD
79	268	JOSE VENANCIO	M	59	00:57:53	00:57:44	GD CHELAS
80	1182	JOAO FIGUEIREDO	M	57	00:58:29	00:57:44	CÂMARA L CLUBE

25 SAO SILVESTRE DOS OLIVAIS 2013 - 30/12/2013

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	104	LÊNIO F N MARINHO	M	59	00:58:43	00:58:18	INDIVIDUAL
82	324	ANTONIO REYES	M	59	00:58:46	00:58:11	GA MONSANTO GASCAN
83	1359	JOAO CARVALHO	M	56	00:58:53	00:58:17	NAZ ABOBODA
84	1102	JOAQUIM FULGENCIO	M	56	00:58:57	00:58:30	C MILLENNIUN BCP
85	43	ALBERTINO SEMEDO	M	55	00:59:02	00:58:32	SS CGD
86	1130	JOSE PAVAO	M	57	00:59:06	00:58:44	AÇOREANA C BANIF
87	1017	JOAO P CAROÇO	M	57	00:59:28	00:58:44	TEJAVISTA
88	510	ALBERTO CARVALHO	M	55	00:59:34	00:59:00	AFRS
89	1115	ANTONIO JORGE	M	59	00:59:35	00:59:20	AÇOREANA C BANIF
90	1093	JOAO CUNHA	M	56	00:59:56	00:59:10	C MILLENNIUN BCP
91	397	ANTONIO EDUARDO	M	58	00:59:58	00:59:06	CCDT METRO LX
92	323	ANTONIO PARDAL	M	57	01:01:17	01:00:39	GA MONSANTO GASCAN
93	1304	ANTONIO FERNANDES	M	57	01:01:22	01:00:29	A VALE SILENCIO
94	489	AMERICO COSTA	M	56	01:01:57	01:01:15	TECNOSPIE
95	383	JOSE M REIS	M	59	01:02:36	01:02:36	CP IVA
96	1110	JOSE MILAGRES	M	57	01:05:18	01:04:47	GDCT UNICRE
97	341	JOAQUIM VENÂNCIO	M	59	01:05:30	01:05:11	CLUBE OGMA
98	392	JOSE M S S MARTINS	M	55	01:06:01	01:05:35	INDIVIDUAL
99	113	PEDRO N N PINTO	M	56	01:06:14	01:05:40	OS PINTOS
100	1324	LUIS L SANTOS	M	55	01:06:32	01:05:33	A VALE SILENCIO
101	284	ANTONIO MOURA	M	57	01:07:06	01:07:06	CA VALE FIGUEIRA
102	251	ARTUR DINIS	M	56	01:07:59	01:07:26	INDIVIDUAL
103	444	JOAQUIM LEITÃO	M	57	01:10:56	01:10:31	GD SÃO DOMINGOS
104	285	VERGILIO NASCIMENTO	M	59	01:13:12	01:12:31	CA VALE FIGUEIRA
105	1209	JOSE MATILDES	M	57	01:14:00	01:13:52	OS NUNES
106	1008	LUIS MOURA	M	55	01:17:08	01:16:30	TEJAVISTA

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	744	MANUEL DIAS	M	61	00:43:04	00:42:58	INDIVIDUAL
2	830	MANUEL FIDALGO	M	61	00:44:59	00:44:55	INDIVIDUAL
3	935	JOAO F F BALSINHA	M	60	00:45:40	00:45:35	INDIVIDUAL
4	90	FERNANDO ALVARENGA	M	67	00:45:40	00:45:20	GAA VILA FRANCA XIRA
5	1386	FERNANDO SANTOS	M	60	00:45:41	00:45:36	INGLESES FC
6	1323	KEONEL NEVES	M	60	00:46:18	00:46:05	A VALE SILENCIO
7	704	ARMANDO CORREIA	M	62	00:46:18	00:46:07	LESMAS ALOPRADAS
8	230	JOSE L GONÇALVES	M	84	00:46:41	00:46:27	A FAROLIM PENICHE
9	304	VITOR MOREIRA	M	60	00:46:42	00:46:36	CP EDP LISBOA
10	1150	DIOGO COSTA	M	65	00:46:42	00:46:36	CR CRUZ PAU
11	174	JOSE REIS	M	60	00:46:44	00:46:17	SC REBOLEIRA DAMAIA
12	366	JOSE SOUSA	M	63	00:46:45	00:46:31	CD ARNEIRO
13	47	ANTONIO TABORDA	M	63	00:46:48	00:46:39	SS CGD
14	936	JOSE L F CAETANO	M	61	00:48:04	00:47:47	INDIVIDUAL
15	71	CARLOS SANTOS	M	61	00:48:06	00:47:57	C FERROV PORTIUGAL
16	1362	CARLOS DUARTE	M	63	00:48:11	00:47:33	NAZ ABOBODA
17	1208	ACACIO LAVOS	M	62	00:48:14	00:47:57	ID VIEIRENSE
18	440	FERNANDO GUERREIRO	M	66	00:48:43	00:48:35	GD SÃO DOMINGOS
19	1046	ANASYTACIO VALADAS	M	60	00:49:13	00:48:22	GD SANTANDER TOTTA
20	80	CARLOS RANGEL	M	60	00:50:10	00:49:42	UDCA
21	1300	MANUEL SANTOS	M	64	00:50:16	00:50:07	C C ARCOS VALDEVEZ
22	443	ANIBAL CARVALHO	M	62	00:50:27	00:49:44	GD SÃO DOMINGOS
23	1043	MANUEL CLEMENTE	M	64	00:50:28	00:49:49	CCR ALTO MOINHO
24	1363	CARLOS SIMOES	M	70	00:50:32	00:49:55	NAZ ABOBODA
25	1060	JOAO ROCHA	M	62	00:50:36	00:50:28	GD SANTANDER TOTTA
26	126	JOAO R REIS	M	62	00:50:37	00:50:26	INDIVIDUAL
27	506	LUIS OLIVEIRA	M	61	00:50:42	00:50:09	2 FAST 4 YOU
28	144	JOSE BELCHIOR	M	61	00:50:53	00:50:43	OS PERIGOSOS
29	1068	MANUEL ROBALO	M	68	00:51:08	00:50:34	GD SANTANDER TOTTA
30	365	CARLOS DUARTE	M	60	00:52:06	00:51:50	CD ARNEIRO
31	1	GILBERTO GONÇALVES	M	65	00:52:18	00:51:50	CAA BELEM
32	1270	ARNALDO MACHADO	M	63	00:52:28	00:52:14	INDIVIDUAL
33	348	JORGE MARQUES	M	60	00:53:21	00:53:21	INDIVIDUAL
34	1012	JOSE F GOMES	M	60	00:53:50	00:53:07	TEJAVISTA
35	684	JOSE SILVESTRE	M	70	00:53:51	00:53:48	A SACAVENENSE
36	1251	SERAFIM GONÇALVES	M	60	00:54:00	00:53:47	INDIVIDUAL
37	269	JOAQUIM MOTA	M	67	00:54:08	00:53:59	GD CHELAS
38	1127	JOAQUIM OLIMPIO	M	63	00:54:12	00:54:05	AÇOREANA C BANIF
39	857	JOAO TORRADO	M	65	00:54:41	00:53:53	EIRAGYM
40	448	FAUSTINO A M SANTOS	M	60	00:54:44	00:54:39	INDIVIDUAL

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1299	ORLANDO ZACARIAS	M	62	00:55:17	00:54:37	C C ARCOS VALDEVEZ
42	812	MIGUEL BASTOS	M	61	00:55:30	00:55:20	INDIVIDUAL
43	9	MANUEL SEQUEIRA	M	63	00:55:45	00:55:18	GDCT REPSOL
44	206	INACIO GONÇALVES	M	62	00:55:48	00:55:37	PATO AZUL
45	872	JOAQUIM Q LOPES	M	66	00:55:53	00:54:57	INDIVIDUAL
46	46	ANTONIO CARPINTEIRO	M	68	00:55:59	00:55:54	SS CGD
47	542	ANTÓNIO PEREIRA	M	61	00:56:01	00:55:10	INDIVIDUAL
48	76	MANUEL CRISPIM	M	61	00:56:12	00:55:01	UDCA
49	1151	FRANCISCO FERRO	M	65	00:56:21	00:55:51	CR CRUZ PAU
50	1152	JOSE GONÇALVES	M	71	00:56:21	00:55:49	CR CRUZ PAU
51	20	VIRGILIO FERRAZ	M	64	00:56:25	00:56:00	FALCOES DO CHILE
52	1298	JOAO SILVA	M	62	00:56:38	00:55:59	C C ARCOS VALDEVEZ
53	73	MARIO MELO	M	62	00:56:51	00:56:28	C FERROV PORTIUGAL
54	1040	GABRIEL CRUZ	M	71	00:56:53	00:56:37	CCR ALTO MOINHO
55	5	HELIO GODINHO	M	63	00:56:58	00:56:05	C BENFICA ABRANTES
56	1403	FERNANDO MARQUES	M	64	00:57:02	00:56:57	INGLESES FC
57	1094	ANTONIO SOUSA	M	67	00:57:02	00:56:08	C MILLENNIUN BCP
58	22	JOAQUIM FRAGOSO	M	64	00:57:10	00:56:31	CCD CASA PIA
59	145	SILVINO MARTINS	M	64	00:57:18	00:57:18	NA PALACIO JUSTIÇA
60	185	JOSÉ GALVEIA	M	61	00:57:33	00:56:37	AA LEBRES SADO
61	17	JOSE NEVES	M	61	00:57:50	00:57:33	OS INDOMAVEIS
62	219	ANTONIO P SALVADO	M	67	00:58:01	00:57:28	INDIVIDUAL
63	1279	JEREMIAS RIBEIRO	M	70	00:58:06	00:57:26	INDIVIDUAL
64	1313	JOAQUIM ADELINO	M	65	00:58:11	00:57:21	A VALE SILENCIO
65	7	MANUEL OLIVEIRA	M	74	00:58:19	00:57:26	AAE BNU
66	354	ANTONIO PICA	M	65	00:58:30	00:57:45	OS PERIGOSOS
67	286	ANTÓNIO CAMACHO	M	61	00:58:43	00:58:43	CA VALE FIGUEIRA
68	1054	DINIS SOUSA	M	72	00:58:52	00:57:47	GD SANTANDER TOTTA
69	91	MANUEL HORTA	M	61	00:58:55	00:57:59	GAA VILA FRANCA XIRA
70	2	LUIS ROSA	M	60	00:58:57	00:58:42	CAA BELEM
71	654	DOMINGOS L PINTOCOELHO	M	61	00:59:02	00:58:31	LEÕES DA ESTRADA
72	1404	DOMINGOS COSTA	M	65	00:59:43	00:58:49	INGLESES FC
73	15	FERNANDO LOURENÇO	M	63	01:00:32	01:00:19	BOM PETISCO
74	474	JOSE ISIDORO	M	73	01:00:44	00:59:58	C PRAÇAS ARMADA
75	854	FERNANDO C SILVA	M	61	01:00:56	01:00:45	CCDT METRO LX
76	390	LUIS J S B LARA	M	64	01:01:06	01:00:24	INDIVIDUAL
77	602	ANTONIO CIPRIANO	M	68	01:01:15	01:00:29	AMCR FONTE GRADA
78	1305	ANTONIO SILVA	M	68	01:01:22	01:00:32	A VALE SILENCIO
79	380	ALTINO SILVA	M	69	01:02:08	01:01:28	CP IVA
80	573	MAYER RAPOSO	M	66	01:02:12	01:01:35	AA LEBRES SADO

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	382	FERNANDO SANTOS	M	67	01:02:36	01:01:36	CP IVA
82	1227	JOAQUIM CAPUCHO	M	62	01:03:01	01:02:57	INDIVIDUAL
83	264	LEOPOLDINO MARCELINO	M	69	01:03:03	01:02:14	GD CHELAS
84	1146	TAM AFONSO	M	61	01:03:12	01:02:56	AÇOREANA C BANIF
85	6	JOAO BRANCO	M	66	01:03:28	01:03:02	AAE BNU
86	4	MANUEL AUGUSTO	M	74	01:03:30	01:02:28	OUR ESPIRITO SANTO
87	1061	JOSE MONTEIRO	M	64	01:03:45	01:03:37	GD SANTANDER TOTTA
88	687	LUIS ARCADINHO	M	61	01:03:47	01:03:14	INDIVIDUAL
89	968	ANTONIO FERNANDES	M	77	01:03:55	01:03:18	INDIVIDUAL
90	1278	ARONS CARVALHO	M	66	01:03:59	01:03:03	INDIVIDUAL
91	389	EBERHARD A WILHELM	M	65	01:04:05	01:03:47	4 AO KM
92	404	JOSE PIRES	M	77	01:05:04	01:04:12	CCDT METRO LX
93	10	MANUEL SANTOS	M	66	01:05:13	01:04:18	GDCT REPSOL
94	288	FRANCISCO CASACA	M	74	01:06:01	01:05:01	CA VALE FIGUEIRA
95	1157	AGAPITO BELGA	M	62	01:06:31	01:05:59	CR CRUZ PAU
96	1316	JOAQUIM GOMES	M	66	01:06:32	01:05:37	A VALE SILENCIO
97	48	AURELIO CALADO	M	64	01:07:28	01:06:36	SS CGD
98	56	JOAQUIM LAVADO	M	60	01:07:30	01:06:38	SS CGD
99	570	JOAQUIM PEREIRA	M	74	01:07:35	01:07:31	AA LEBRES SADO
100	581	ANTONIO PINHO	M	61	01:07:35	01:07:05	O MUNDO CORRIDA
101	1004	PEDRO M DELGADO	M	65	01:10:55	01:10:19	TEJAVISTA
102	589	FERNANDO PAULO	M	60	01:11:19	01:11:12	GD CHELAS
103	1193	JOAO GRAÇA	M	74	01:11:24	01:10:20	ND AUTOCOOPE
104	265	ARTUR MARCELINO	M	72	01:11:44	01:11:44	GD CHELAS
105	752	FRANCISCO MOUCHINHO	M	65	01:12:48	01:12:37	ACADEMIA LUMIAR
106	1064	JOSE SIMOES	M	65	01:12:51	01:11:57	GD SANTANDER TOTTA
107	1089	FERNANDO FERREIRA	M	67	01:13:18	01:13:09	C MILLENNIUN BCP
108	1282	FRANCSICO BANDO	M	62	01:15:23	01:14:46	INDIVIDUAL
109	381	LUDGERO CALDEIRA	M	68	01:17:40	01:16:41	CP IVA
110	1101	JOSE ARRUDA	M	64	01:18:31	01:17:26	C MILLENNIUN BCP
111	287	JOSE LINDO	M	67	01:22:25	01:21:03	CA VALE FIGUEIRA
112	1243	CARLOS ROXO	M	78	01:36:49	01:36:49	INDIVIDUAL