

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                   | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|---------|--------------------------|----------|----------|
| 1     | 1559   | PAULO PINHEIRO       | M    | 26    | M2034   | 1 SL BENFICA             | 00:31:53 | 00:31:51 |
| 2     | 1555   | LUIS PINTO           | M    | 32    | M2034   | 2 SPORTING CP            | 00:31:54 | 00:31:54 |
| 3     | 1561   | HELIO FUMO           | M    | 33    | M2034   | 3 INDIVIDUAL             | 00:31:57 | 00:31:55 |
| 4     | 1557   | JOAO VALENTE         | M    | 22    | M2034   | 4 SPORTING CP            | 00:32:14 | 00:32:14 |
| 5     | 1375   | MIGUEL QUARESMA      | M    | 32    | M2034   | 5 INGLESES FC            | 00:32:24 | 00:32:22 |
| 6     | 1630   | TIAGO ROMAO          | M    | 26    | M2034   | 6 A JORGE PINA           | 00:33:39 | 00:33:39 |
| 7     | 1627   | PAULO PINHEIRO       | M    | 38    | M3539   | 1 A JORGE PINA           | 00:34:10 | 00:34:10 |
| 8     | 1390   | PAULO ANTONIO        | M    | 48    | M4549   | 1 INGLESES FC            | 00:34:12 | 00:34:12 |
| 9     | 1386   | ALBERTO CHAIÇA       | M    | 42    | M4044   | 1 INGLESES FC            | 00:34:19 | 00:34:19 |
| 10    | 1454   | JOSE FERREIRA        | M    | 36    | M3539   | 2 CF OS BELENENSES       | 00:34:26 | 00:34:26 |
| 11    | 1037   | PAULO GUIMARAES      | M    | 38    | M3539   | 3 AMINHACORRIDA/ KALENJI | 00:34:29 | 00:34:26 |
| 12    | 1628   | LUIS GINJA           | M    | 42    | M4044   | 2 A JORGE PINA           | 00:34:34 | 00:34:32 |
| 13    | 857    | PEDRO GOMES          | M    | 38    | M3539   | 4 CA ODIMARQ             | 00:34:35 | 00:34:35 |
| 14    | 1366   | HUGO GIL             | M    | 18    | M0019   | 1 INGLESES FC            | 00:34:41 | 00:34:40 |
| 15    | 1165   | ANDRÉ ALVES          | M    | 29    | M2034   | 7 CUA BENAVENTENSE       | 00:34:47 | 00:34:47 |
| 16    | 1538   | TIAGO LEAO           | M    | 18    | M0019   | 2 ASS NAVAL AMORENSE     | 00:34:52 | 00:34:52 |
| 17    | 1058   | VANDERLEY SILVA      | M    | 22    | M2034   | 8 GD CHELAS              | 00:34:52 | 00:34:51 |
| 18    | 1511   | CLAUDIO RIBEIRO      | M    | 18    | M0019   | 3 SL BENFICA             | 00:34:55 | 00:34:55 |
| 19    | 1389   | EUSEBIO ROSA         | M    | 47    | M4549   | 2 INGLESES FC            | 00:35:14 | 00:35:14 |
| 20    | 1474   | CARLOS CORREIA       | M    | 41    | M4044   | 3 C BENFICA T VEDRAS     | 00:35:15 | 00:35:14 |
| 21    | 372    | RODRIGO G N GREGÓRIO | M    | 33    | M2034   | 9 GO RUNNERS             | 00:35:19 | 00:35:16 |
| 22    | 1468   | TIAGO M LOPES        | M    | 19    | M0019   | 4 EVELX                  | 00:35:23 | 00:35:23 |
| 23    | 1080   | JOÃO INOCENCIO       | M    | 45    | M4549   | 3 A VALE SILENCIO        | 00:35:24 | 00:35:23 |
| 24    | 1038   | RUI BALTAZAR         | M    | 50    | M5054   | 1 AMINHACORRIDA/ KALENJI | 00:35:27 | 00:35:26 |
| 25    | 1264   | DANIEL A S DIAS      | M    | 24    | M2034   | 10 GRCD LEIÃO            | 00:35:32 | 00:35:32 |
| 26    | 1451   | JOSE CUSTODIO        | M    | 51    | M5054   | 2 CF OS BELENENSES       | 00:35:32 | 00:35:32 |
| 27    | 1489   | SUSANA CUNHA         | F    | 27    | F0034   | 1 LINDA A PASTORA SC     | 00:35:36 | 00:35:36 |
| 28    | 342    | CLAUDIO PAULINHO     | M    | 34    | M2034   | 11 SFRAA-TRIATLO         | 00:35:44 | 00:35:42 |
| 29    | 1387   | DOMINGOS CARNEIRO    | M    | 42    | M4044   | 4 INGLESES FC            | 00:35:45 | 00:35:45 |
| 30    | 270    | NUNO EVANGELISTA     | M    | 35    | M3539   | 5 A 20KM ALMEIRIM        | 00:35:50 | 00:35:47 |
| 31    | 851    | CARLOS H C SANTOS    | M    | 47    | M4549   | 4 GAA VF XIRA            | 00:35:53 | 00:35:50 |
| 32    | 1372   | JOAO FREIRE          | M    | 22    | M2034   | 12 INGLESES FC           | 00:35:57 | 00:35:56 |
| 33    | 1088   | LUIS SANTOS          | M    | 41    | M4044   | 5 A VALE SILENCIO        | 00:36:02 | 00:36:01 |
| 34    | 1631   | PAULO BENAVENTE      | M    | 36    | M3539   | 6 A JORGE PINA           | 00:36:03 | 00:36:03 |
| 35    | 1638   | LUIS MACAU           | M    | 26    | M2034   | 13 GA FATIMA             | 00:36:09 | 00:36:09 |
| 36    | 1164   | HENRIQUE SANTOS      | M    | 35    | M3539   | 7 CUA BENAVENTENSE       | 00:36:10 | 00:36:09 |
| 37    | 1558   | ERCILIA MACHADO      | F    | 28    | F0034   | 2 SPORTING CP            | 00:36:10 | 00:36:10 |
| 38    | 1169   | OCTÁVIO VICENTE      | M    | 31    | M2034   | 14 CUA BENAVENTENSE      | 00:36:28 | 00:36:28 |
| 39    | 1125   | RICARDO ADÃO         | M    | 18    | M0019   | 5 SL BENFICA             | 00:36:34 | 00:36:34 |
| 40    | 1170   | AUGUSTO PIRES        | M    | 43    | M4044   | 6 CUA BENAVENTENSE       | 00:36:37 | 00:36:34 |
| 41    | 1391   | JOSE CARLOS          | M    | 48    | M4549   | 5 INGLESES FC            | 00:36:42 | 00:36:42 |
| 42    | 1094   | BRUNO CARVALHO       | M    | 36    | M3539   | 8 FCR ROSSÃO             | 00:36:52 | 00:36:48 |
| 43    | 1624   | RICARDO TEIXEIRA     | M    | 38    | M3539   | 9 A JORGE PINA           | 00:36:59 | 00:36:57 |
| 44    | 1479   | LUIS GOMES           | M    | 47    | M4549   | 6 C BENFICA T VEDRAS     | 00:37:00 | 00:36:55 |
| 45    | 1363   | RICARDO FERREIRA     | M    | 18    | M0019   | 6 INGLESES FC            | 00:37:02 | 00:37:01 |

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão | Equipa                | Tempo    | Chip     |
|-------|--------|--------------------|------|-------|---------|-----------------------|----------|----------|
| 46    | 1367   | AFONSO MOREIRA     | M    | 18    | M0019   | 7 INGLESES FC         | 00:37:05 | 00:37:05 |
| 47    | 1163   | PAULO PINHEIRO     | M    | 38    | M3539   | 10 CUA BENAVENTENSE   | 00:37:25 | 00:37:24 |
| 48    | 700    | ANTÓNIO GONÇALVES  | M    | 46    | M4549   | 7 LEBRE               | 00:37:28 | 00:37:27 |
| 49    | 1110   | TIAGO N SILVA      | M    | 36    | M3539   | 11 INDIVIDUAL         | 00:37:31 | 00:37:24 |
| 50    | 400    | PEDRO MARTINS      | M    | 48    | M4549   | 8 C MILLENNIUM BCP    | 00:37:39 | 00:37:33 |
| 51    | 1154   | RICARDO M ALMEIDA  | M    | 35    | M3539   | 12 O MUNDO DA CORRIDA | 00:37:42 | 00:37:27 |
| 52    | 791    | RUI J F HENRIQUES  | M    | 36    | M3539   | 13 INDIVIDUAL         | 00:37:45 | 00:37:45 |
| 53    | 1368   | VASCO DUARTE       | M    | 18    | M0019   | 8 INGLESES FC         | 00:37:47 | 00:37:40 |
| 54    | 1476   | NELSON SANTOS      | M    | 41    | M4044   | 7 C BENFICA T VEDRAS  | 00:37:49 | 00:37:49 |
| 55    | 1556   | SANDRA TEIXEIRA    | F    | 37    | F3544   | 1 SPORTING CP         | 00:37:49 | 00:37:49 |
| 56    | 1452   | GUSTAVO SANTOS     | M    | 43    | M4044   | 8 CF OS BELENENSES    | 00:37:51 | 00:37:41 |
| 57    | 318    | JOSÉ C BAPTISTA    | M    | 29    | M2034   | 15 S LAGOS BENFICA    | 00:37:53 | 00:37:52 |
| 58    | 297    | PAULO SILVESTRE    | M    | 43    | M4044   | 9 INDIVIDUAL          | 00:37:55 | 00:37:55 |
| 59    | 1625   | JORGE PINA         | M    | 39    | M3539   | 14 A JORGE PINA       | 00:37:59 | 00:37:59 |
| 60    | 906    | JOSE MACIEL        | M    | 31    | M2034   | 16 FALCOES SELVAGENS  | 00:38:02 | 00:38:00 |
| 61    | 907    | NUNO VAZ           | M    | 32    | M2034   | 17 FALCOES SELVAGENS  | 00:38:02 | 00:37:59 |
| 62    | 1167   | JOSÉ BORGES        | M    | 55    | M5559   | 1 CUA BENAVENTENSE    | 00:38:02 | 00:38:02 |
| 63    | 1211   | ERNESTO MONTEIRO   | M    | 44    | M4044   | 10 CÂMARA L CLUBE     | 00:38:05 | 00:38:03 |
| 64    | 750    | RICARDO DAMIÃO     | M    | 39    | M3539   | 15 NAZ ABOBODA        | 00:38:11 | 00:38:04 |
| 65    | 1436   | SERGIO SANTOS      | M    | 47    | M4549   | 9 INDIVIDUAL          | 00:38:12 | 00:38:10 |
| 66    | 1488   | AIRES PRATAS       | M    | 60    | M6099   | 1 LINDA A PASTORA SC  | 00:38:15 | 00:38:13 |
| 67    | 1143   | LUIS NEIVA         | M    | 48    | M4549   | 10 NAZ ABOBODA        | 00:38:18 | 00:38:15 |
| 68    | 1528   | TIAGO SOUSA        | M    | 33    | M2034   | 18 GO RUNNERS         | 00:38:19 | 00:38:16 |
| 69    | 41     | PAULO SEQUEIRA     | M    | 37    | M3539   | 16 AMIGOS LOBOS       | 00:38:19 | 00:38:18 |
| 70    | 814    | FERNANDO CANDEIAS  | M    | 44    | M4044   | 11 SS CGD             | 00:38:25 | 00:38:22 |
| 71    | 1253   | MIGUEL FERNANDES   | M    | 36    | M3539   | 17 ADA DESNIVEL       | 00:38:30 | 00:38:27 |
| 72    | 1371   | DAVID VILAS        | M    | 19    | M0019   | 9 INGLESES FC         | 00:38:31 | 00:38:31 |
| 73    | 704    | BRUNO DIAS         | M    | 39    | M3539   | 18 ADRAGA BTTEAM      | 00:38:35 | 00:38:35 |
| 74    | 645    | LUÍS REFORÇO       | M    | 41    | M4044   | 12 NCAFB              | 00:38:38 | 00:38:33 |
| 75    | 522    | DUARTE QUINTAS     | M    | 32    | M2034   | 19 INDIVIDUAL         | 00:38:40 | 00:38:39 |
| 76    | 226    | GUILHERME HORA     | M    | 41    | M4044   | 13 INDIVIDUAL         | 00:38:41 | 00:38:38 |
| 77    | 1379   | PEDRO MARQUES      | M    | 37    | M3539   | 19 INGLESES FC        | 00:38:42 | 00:38:38 |
| 78    | 1623   | JOSE SANTOS        | M    | 50    | M5054   | 3 A JORGE PINA        | 00:38:50 | 00:38:48 |
| 79    | 44     | DIOGO LOPES        | M    | 41    | M4044   | 14 INDIVIDUAL         | 00:38:52 | 00:38:18 |
| 80    | 701    | JOÃO LOPES         | M    | 57    | M5559   | 2 LEBRE               | 00:38:53 | 00:38:52 |
| 81    | 1369   | BERNARDO PEREIRA   | M    | 18    | M0019   | 10 INGLESES FC        | 00:38:56 | 00:38:55 |
| 82    | 945    | NUNO SANTOS        | M    | 36    | M3539   | 20 CLUBE VODAFONE     | 00:39:04 | 00:38:56 |
| 83    | 1365   | PEDRO MOREIRA      | M    | 18    | M0019   | 11 INGLESES FC        | 00:39:12 | 00:39:04 |
| 84    | 1596   | TIAGO F ALVES      | M    | 38    | M3539   | 21 INDIVIDUAL         | 00:39:17 | 00:39:13 |
| 85    | 1415   | NUNO HENRIQUES     | M    | 40    | M4044   | 15 LEBRE              | 00:39:20 | 00:39:20 |
| 86    | 137    | VITOR ANTUNES      | M    | 42    | M4044   | 16 SR CAMARNAL        | 00:39:21 | 00:39:13 |
| 87    | 374    | CARLOS BRANCO      | M    | 35    | M3539   | 22 GAUDÍBROWN         | 00:39:22 | 00:39:18 |
| 88    | 1049   | VASCO RODRIGUES    | M    | 36    | M3539   | 23 INDIVIDUAL         | 00:39:24 | 00:39:20 |
| 89    | 1248   | NUNO J V VERÍSSIMO | M    | 32    | M2034   | 20 INDIVIDUAL         | 00:39:25 | 00:39:19 |
| 90    | 94     | JOÃO P C VIEIRA    | M    | 21    | M2034   | 21 INDIVIDUAL         | 00:39:26 | 00:39:16 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                  | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|---------|-------------------------|----------|----------|
| 91    | 1622   | MANUEL COSTA         | M    | 39    | M3539   | 24 A JORGE PINA         | 00:39:33 | 00:39:32 |
| 92    | 665    | LUIS REBELO          | M    | 51    | M5054   | 4 FALCOES SELVAGENS     | 00:39:35 | 00:39:33 |
| 93    | 1335   | RITA MINEIRO         | F    | 18    | F0034   | 3 CDUL                  | 00:39:37 | 00:39:36 |
| 94    | 965    | ABEL COSTA           | M    | 51    | M5054   | 5 FAM 2 RUN             | 00:39:37 | 00:39:31 |
| 95    | 251    | NUNO PITA            | M    | 40    | M4044   | 17 CCDT METRO LX        | 00:39:37 | 00:39:33 |
| 96    | 474    | SAMUEL GALVEIA       | M    | 34    | M2034   | 22 AA LEBRES SADO       | 00:39:38 | 00:39:34 |
| 97    | 1373   | PEDRO DUARTE         | M    | 29    | M2034   | 23 INGLESES FC          | 00:39:39 | 00:39:29 |
| 98    | 1168   | NUNO VARELA          | M    | 36    | M3539   | 25 CUA BENAVENTENSE     | 00:39:43 | 00:39:42 |
| 99    | 1166   | HUGO CASELHAS        | M    | 37    | M3539   | 26 CUA BENAVENTENSE     | 00:39:50 | 00:39:47 |
| 100   | 1210   | CARLOS CUSTÓDIO      | M    | 41    | M4044   | 18 CÂMARA L CLUBE       | 00:39:52 | 00:39:52 |
| 101   | 963    | PAULO JERÓNIMO       | M    | 46    | M4549   | 11 FAM 2 RUN            | 00:39:52 | 00:39:48 |
| 102   | 1497   | RICARDO GONÇALVES    | M    | 20    | M2034   | 24 ADNO                 | 00:39:54 | 00:39:54 |
| 103   | 319    | PEDRO CEROL          | M    | 31    | M2034   | 25 S LAGOS BENFICA      | 00:39:56 | 00:39:54 |
| 104   | 1634   | FILIPE SANTOS        | M    | 18    | M0019   | 12                      | 00:39:57 | 00:39:51 |
| 105   | 1233   | LUÍS CIPRIANO        | M    | 42    | M4044   | 19 AMCR FONTE GRADA     | 00:39:59 | 00:39:54 |
| 106   | 184    | LUIS M P CARVALHO    | M    | 40    | M4044   | 20 CLUBE OGMA           | 00:40:00 | 00:39:51 |
| 107   | 263    | FERNANDO SANTIAGO    | M    | 54    | M5054   | 6 RUNLOVERS             | 00:40:01 | 00:39:59 |
| 108   | 569    | MARCO MENDES         | M    | 40    | M4044   | 21 C PRAÇAS ARMADA      | 00:40:03 | 00:40:03 |
| 109   | 1533   | PAULO CORREIA        | M    | 41    | M4044   | 22 INDIVIDUAL           | 00:40:04 | 00:39:58 |
| 110   | 1146   | PEDRO A B BARBOSA    | M    | 34    | M2034   | 26 INDIVIDUAL           | 00:40:06 | 00:40:05 |
| 111   | 546    | VIRGILIO GOMES       | M    | 47    | M4549   | 12 NAZ ABOBODA          | 00:40:07 | 00:40:01 |
| 112   | 1495   | VANESSA AGULHA       | F    | 19    | F0034   | 4 ADNO                  | 00:40:07 | 00:40:06 |
| 113   | 1498   | JOAO MARQUES         | M    | 50    | M5054   | 7 ADNO                  | 00:40:08 | 00:40:05 |
| 114   | 256    | JOSÉ LOPES           | M    | 51    | M5054   | 8 GRD OS FIXES          | 00:40:12 | 00:40:08 |
| 115   | 582    | PAULO PEREIRA        | M    | 48    | M4549   | 13 AÇOREANA C BANIF     | 00:40:16 | 00:40:10 |
| 116   | 229    | PAULO SANTOS         | M    | 40    | M4044   | 23 JUVENTUDE            | 00:40:22 | 00:40:03 |
| 117   | 1509   | MARCO QUEDAS         | M    | 31    | M2034   | 27 ACR MEALHADA         | 00:40:23 | 00:40:19 |
| 118   | 1469   | PAULO A B GOMES      | M    | 35    | M3539   | 27 EVELX                | 00:40:24 | 00:40:10 |
| 119   | 409    | PEDRO SILVA          | M    | 49    | M4549   | 14 C MILLENNIUM BCP     | 00:40:25 | 00:40:24 |
| 120   | 408    | TIAGO MENDES         | M    | 42    | M4044   | 24 C MILLENNIUM BCP     | 00:40:26 | 00:40:25 |
| 121   | 202    | NELSON FERNANDES     | M    | 36    | M3539   | 28 INDIVIDUAL           | 00:40:31 | 00:40:13 |
| 122   | 1503   | ALEXANDRE ILDEFONSO  | M    | 18    | M0019   | 13 CDUL                 | 00:40:37 | 00:40:30 |
| 123   | 1461   | JOAO GOMES           | M    | 46    | M4549   | 15 CF OS BELENENSES     | 00:40:38 | 00:40:21 |
| 124   | 26     | CARLOS M A CAETANO   | M    | 42    | M4044   | 25 INDIVIDUAL           | 00:40:40 | 00:40:28 |
| 125   | 136    | MARCO FIDALGO        | M    | 38    | M3539   | 29 SR CAMARNAL          | 00:40:44 | 00:40:17 |
| 126   | 1494   | FILIPA EUTIQUEIO     | F    | 19    | F0034   | 5 ADNO                  | 00:40:45 | 00:40:45 |
| 127   | 1688   | RUI LACERDA          | M    | 43    | M4044   | 26                      | 00:40:50 | 00:40:39 |
| 128   | 1453   | PAULO PALMA          | M    | 38    | M3539   | 30 CF OS BELENENSES     | 00:40:57 | 00:40:55 |
| 129   | 567    | SÉRGIO RIBEIRO       | M    | 41    | M4044   | 27 C PRAÇAS ARMADA      | 00:41:00 | 00:40:51 |
| 130   | 946    | RUI BARBOSA          | M    | 44    | M4044   | 28 CLUBE VODAFONE       | 00:41:01 | 00:40:44 |
| 131   | 924    | PEDRO FERREIRA       | M    | 39    | M3539   | 31 INFANTADO FC         | 00:41:02 | 00:40:47 |
| 132   | 1540   | JOSE A G BAPTISTA    | M    | 49    | M4549   | 16 INDIVIDUAL           | 00:41:03 | 00:41:00 |
| 133   | 1182   | SÉRGIO NUNES         | M    | 41    | M4044   | 29 CARAP AUS DE CORRIDA | 00:41:04 | 00:41:01 |
| 134   | 130    | ANTÓNIO NUNES        | M    | 43    | M4044   | 30 CP RTP               | 00:41:04 | 00:40:51 |
| 135   | 365    | JOAQUIM A FIGUEIREDO | M    | 58    | M5559   | 3 CDR RIBEIRINHO        | 00:41:07 | 00:41:03 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão  | Equipa                 | Tempo    | Chip     |
|-------|--------|---------------------|------|-------|----------|------------------------|----------|----------|
| 136   | 763    | LUIS VIEIRA         | M    | 43    | M4044 31 | CA VALE FIGUEIRA       | 00:41:09 | 00:41:08 |
| 137   | 1490   | HUGO DOMINGOS       | M    | 37    | M3539 32 | LINDA A PASTORA SC     | 00:41:10 | 00:41:08 |
| 138   | 672    | NELSON COELHO       | M    | 26    | M2034 28 | INDIVIDUAL             | 00:41:13 | 00:41:10 |
| 139   | 1199   | RICARDO PITA        | M    | 35    | M3539 33 | CÂMARA L CLUBE         | 00:41:16 | 00:41:14 |
| 140   | 1034   | JORGE AMARAL        | M    | 47    | M4549 17 | AMINHACORRIDA/ KALENJI | 00:41:20 | 00:41:15 |
| 141   | 941    | JOÃO ROSA           | M    | 40    | M4044 32 | CLUBE VODAFONE         | 00:41:21 | 00:41:07 |
| 142   | 1086   | ORLANDO RAMOS       | M    | 39    | M3539 34 | A VALE SILENCIO        | 00:41:22 | 00:40:53 |
| 143   | 1681   | DAVID MARTINS       | M    | 33    | M2034 29 |                        | 00:41:23 | 00:41:17 |
| 144   | 132    | PEDRO GABRIEL       | M    | 41    | M4044 33 | INDIVIDUAL             | 00:41:24 | 00:41:17 |
| 145   | 1353   | PEDRO C CONSTANTINO | M    | 40    | M4044 34 | INDIVIDUAL             | 00:41:25 | 00:41:15 |
| 146   | 1650   | JORGE CALDEIRA      | M    | 45    | M4549 18 | INDIVIDUAL             | 00:41:26 | 00:41:26 |
| 147   | 476    | ANDRÉ MELO          | M    | 34    | M2034 30 | INDIVIDUAL             | 00:41:29 | 00:41:29 |
| 148   | 1342   | JOSE MOREIRA        | M    | 39    | M3539 35 | CCDT MUN ODIVELAS      | 00:41:32 | 00:41:32 |
| 149   | 1516   | CATARINA ALVES      | F    | 19    | F0034 6  | ADNO                   | 00:41:36 | 00:41:36 |
| 150   | 728    | PAULO ROLA          | M    | 50    | M5054 9  | NAZ ABOBODA            | 00:41:39 | 00:41:39 |
| 151   | 1000   | ARTUR VALENTIM      | M    | 39    | M3539 36 | INDIVIDUAL             | 00:41:43 | 00:41:41 |
| 152   | 1223   | ARSÉNIO FERNANDES   | M    | 60    | M6099 2  | AR SÃO MIGUEL          | 00:41:45 | 00:41:45 |
| 153   | 695    | FERNANDO S MENDES   | M    | 44    | M4044 35 | NA PENTEADO            | 00:41:51 | 00:41:45 |
| 154   | 1423   | JOSE GUIMARAES      | M    | 41    | M4044 36 | C NOT PARQUE NAÇOES    | 00:41:53 | 00:41:45 |
| 155   | 96     | JOAO JESUS          | M    | 40    | M4044 37 | GD SANTANDER TOTTA     | 00:41:53 | 00:41:48 |
| 156   | 1204   | CARLOS FERREIRA     | M    | 51    | M5054 10 | CÂMARA L CLUBE         | 00:41:54 | 00:41:52 |
| 157   | 490    | PEDRO F MARTINS     | M    | 37    | M3539 37 | CDC NAVE               | 00:41:55 | 00:41:49 |
| 158   | 153    | GONÇALO FERREIRA    | M    | 42    | M4044 38 | INDIVIDUAL             | 00:41:58 | 00:41:46 |
| 159   | 1099   | RUI P C BOLOTA      | M    | 43    | M4044 39 | INDIVIDUAL             | 00:41:58 | 00:41:51 |
| 160   | 1068   | JOÃO AFONSO         | M    | 40    | M4044 40 | MLGTSPORTS             | 00:42:00 | 00:41:47 |
| 161   | 494    | CARLOS SERRA        | M    | 37    | M3539 38 | INDIVIDUAL             | 00:42:06 | 00:41:57 |
| 162   | 1265   | DIOGO SOUSA         | M    | 28    | M2034 31 | GO RUNNERS             | 00:42:07 | 00:41:55 |
| 163   | 638    | MIGUEL JACOB        | M    | 35    | M3539 39 | NCAFB                  | 00:42:13 | 00:41:03 |
| 164   | 1364   | ROBERT VEDRASCO     | M    | 18    | M0019 14 | INGLESES FC            | 00:42:15 | 00:42:09 |
| 165   | 434    | ANTONIO BRAGA       | M    | 56    | M5559 4  | C MILLENNIUM BCP       | 00:42:15 | 00:42:15 |
| 166   | 25     | RICARDO CORREIA     | M    | 37    | M3539 40 | INDIVIDUAL             | 00:42:17 | 00:42:06 |
| 167   | 756    | JOAQUIM NEIVA       | M    | 32    | M2034 32 | NAZ ABOBODA            | 00:42:20 | 00:42:11 |
| 168   | 749    | CARLOS MARQUES      | M    | 49    | M4549 19 | NAZ ABOBODA            | 00:42:21 | 00:42:12 |
| 169   | 1370   | GONÇALO PIRROLAS    | M    | 19    | M0019 15 | INGLESES FC            | 00:42:23 | 00:42:22 |
| 170   | 734    | AUGUSTO DIOGO       | M    | 51    | M5054 11 | NAZ ABOBODA            | 00:42:25 | 00:41:51 |
| 171   | 1262   | JOSÉ PINTO-COELHO   | M    | 34    | M2034 33 | OS LEÕES DA ESTRADA    | 00:42:27 | 00:42:22 |
| 172   | 996    | JOÃO BARBADO        | M    | 46    | M4549 20 | INDIVIDUAL             | 00:42:27 | 00:42:14 |
| 173   | 444    | MIGUEL ROCHA        | M    | 44    | M4044 41 | INDIVIDUAL             | 00:42:29 | 00:42:24 |
| 174   | 1492   | ANTONIO MERUJO      | M    | 56    | M5559 5  | SCU TORREENSE          | 00:42:30 | 00:42:30 |
| 175   | 286    | MÁRIO COUTO         | M    | 38    | M3539 41 | INDIVIDUAL             | 00:42:33 | 00:42:07 |
| 176   | 1128   | ABIGAIL SANTANA     | F    | 25    | F0034 7  | INDIVIDUAL             | 00:42:34 | 00:42:28 |
| 177   | 1209   | JOÃO VALHELHAS      | M    | 44    | M4044 42 | CÂMARA L CLUBE         | 00:42:34 | 00:42:32 |
| 178   | 287    | PAULO CALIXTO       | M    | 43    | M4044 43 | INDIVIDUAL             | 00:42:34 | 00:42:34 |
| 179   | 786    | BRUNO FRANCISCO     | M    | 32    | M2034 34 | AMIGOS FRANCISCO       | 00:42:35 | 00:42:14 |
| 180   | 285    | JOSE PINA           | M    | 45    | M4549 21 | A JORGE PINA           | 00:42:35 | 00:42:35 |

| Lugar | Dorsal | Atleta                 | Sexo | Idade | Escalão | Equipa                  | Tempo    | Chip     |
|-------|--------|------------------------|------|-------|---------|-------------------------|----------|----------|
| 181   | 1629   | CARLOS FERREIRA        | M    | 46    | M4549   | 22 A JORGE PINA         | 00:42:35 | 00:42:35 |
| 182   | 562    | ANTERO RODRIGUES       | M    | 46    | M4549   | 23 C PRAÇAS ARMADA      | 00:42:39 | 00:42:39 |
| 183   | 1232   | JOSÉ MAGALHÃES         | M    | 44    | M4044   | 44 AMCR FONTE GRADA     | 00:42:49 | 00:42:43 |
| 184   | 1177   | PAULO F N MARQUES      | M    | 37    | M3539   | 42 GO RUNNERS           | 00:42:55 | 00:42:43 |
| 185   | 1123   | LUIS XAVIER            | M    | 28    | M2034   | 35 GD SAO DOMINGOS      | 00:42:56 | 00:42:45 |
| 186   | 871    | FERNANDO FIGUEIREDO    | M    | 49    | M4549   | 24 FALCOES SELVAGENS    | 00:42:59 | 00:42:45 |
| 187   | 544    | PAULO SILVA            | M    | 43    | M4044   | 45 NAZ ABOBODA          | 00:43:00 | 00:42:51 |
| 188   | 726    | JOÃO SOARES            | M    | 62    | M6099   | 3 NAZ ABOBODA           | 00:43:00 | 00:42:45 |
| 189   | 1331   | JORGE MANUEL VAZ       | M    | 42    | M4044   | 46 INDIVIDUAL           | 00:43:01 | 00:43:01 |
| 190   | 1382   | LUIS FERNANDES         | M    | 41    | M4044   | 47 INGLESES FC          | 00:43:02 | 00:43:02 |
| 191   | 889    | TIAGO M P LOPES        | M    | 26    | M2034   | 36 INDIVIDUAL           | 00:43:05 | 00:42:40 |
| 192   | 447    | BRUNO M R FONSECA      | M    | 35    | M3539   | 43 INDIVIDUAL           | 00:43:08 | 00:41:55 |
| 193   | 487    | HUGO BRÁS              | M    | 35    | M3539   | 44 CDC NAVE             | 00:43:09 | 00:42:49 |
| 194   | 246    | ANTONIO E GONÇALVES    | M    | 50    | M5054   | 12 CCDT METRO LX        | 00:43:11 | 00:42:45 |
| 195   | 694    | DIOGO M SILVA          | M    | 36    | M3539   | 45 NA PENTEADO          | 00:43:11 | 00:43:01 |
| 196   | 414    | EDUARDO FERREIRA       | M    | 40    | M4044   | 48 C MILLENNIUM BCP     | 00:43:14 | 00:43:09 |
| 197   | 568    | NUNO CRUZ              | M    | 34    | M2034   | 37 C PRAÇAS ARMADA      | 00:43:15 | 00:43:14 |
| 198   | 919    | JOSE L GONÇALVES       | M    | 40    | M4044   | 49 PENICHE@CORRER       | 00:43:16 | 00:43:08 |
| 199   | 1463   | NUNO QUEIJA            | M    | 42    | M4044   | 50 CF OS BELENENSES     | 00:43:16 | 00:43:01 |
| 200   | 792    | JULIO VICENTE          | M    | 43    | M4044   | 51 INDIVIDUAL           | 00:43:16 | 00:43:11 |
| 201   | 1100   | RENATO SANTANA         | M    | 34    | M2034   | 38 INDIVIDUAL           | 00:43:16 | 00:43:14 |
| 202   | 1529   | SÉRGIO RAMOS           | M    | 39    | M3539   | 46 KANINOS              | 00:43:17 | 00:42:24 |
| 203   | 1683   | JOSE TEIXEIRA          | M    | 39    | M3539   | 47 NUCLEOEIRAS          | 00:43:17 | 00:43:17 |
| 204   | 556    | JOSÉ BERNARDO          | M    | 47    | M4549   | 25 GA MONSANTO/GASCAN   | 00:43:18 | 00:43:12 |
| 205   | 1196   | HUGO F E CARAGO        | M    | 42    | M4044   | 52 CARAP AUS DE CORRIDA | 00:43:20 | 00:43:17 |
| 206   | 1006   | JOAO R MARTINS         | M    | 51    | M5054   | 13 C FERROV PORTUGAL    | 00:43:21 | 00:43:17 |
| 207   | 1429   | RUI JULIO              | M    | 40    | M4044   | 53 INDIVIDUAL           | 00:43:21 | 00:43:16 |
| 208   | 55     | CARLOS PEREIRA         | M    | 33    | M2034   | 39 OS ZATOPEQUES        | 00:43:21 | 00:42:45 |
| 209   | 640    | NUNO ROQUE             | M    | 43    | M4044   | 54 NCAFB                | 00:43:22 | 00:42:16 |
| 210   | 375    | FERNANDO FARINHA       | M    | 48    | M4549   | 26 INDIVIDUAL           | 00:43:27 | 00:42:55 |
| 211   | 74     | SÉRGIO MANSO           | M    | 31    | M2034   | 40 INDIVIDUAL           | 00:43:33 | 00:43:14 |
| 212   | 609    | BRUNO BRITO            | M    | 39    | M3539   | 48 O2 LIFE CENTER       | 00:43:36 | 00:43:22 |
| 213   | 1648   | CARLOS CHARRUA         | M    | 41    | M4044   | 55 O2 LIFE CENTER       | 00:43:37 | 00:43:22 |
| 214   | 1376   | TIAGO MINEIRO          | M    | 32    | M2034   | 41 INGLESES FC          | 00:43:40 | 00:42:50 |
| 215   | 334    | MIGUEL PAULINO         | M    | 22    | M2034   | 42 AMIGOS PENICHE       | 00:43:42 | 00:43:33 |
| 216   | 1344   | ORLANDO CORREIA        | M    | 44    | M4044   | 56 AB CAMPOLIDE         | 00:43:43 | 00:43:14 |
| 217   | 79     | ANTÓNIO L R M FERREIRA | M    | 32    | M2034   | 43 INDIVIDUAL           | 00:43:44 | 00:43:33 |
| 218   | 1486   | CARLOS PIRES           | M    | 44    | M4044   | 57 URCA                 | 00:43:45 | 00:43:32 |
| 219   | 164    | VASCO GONCALVES        | M    | 52    | M5054   | 14 FAPOC                | 00:43:47 | 00:43:25 |
| 220   | 1478   | JOAO SANTOS            | M    | 44    | M4044   | 58 C BENFICA T VEDRAS   | 00:43:49 | 00:43:46 |
| 221   | 1316   | GONÇALO SERAFIM        | M    | 39    | M3539   | 49 INDIVIDUAL           | 00:43:50 | 00:43:44 |
| 222   | 1197   | MIGUEL ALMEIDA         | M    | 32    | M2034   | 44 INDIVIDUAL           | 00:43:50 | 00:43:33 |
| 223   | 218    | PAULO NOVAIS           | M    | 39    | M3539   | 50 GAA VF XIRA          | 00:43:52 | 00:43:09 |
| 224   | 777    | JOAO CALDAS            | M    | 49    | M4549   | 27 ND AUTOCOOPE         | 00:43:53 | 00:43:50 |
| 225   | 794    | AFZAL AZIZ             | M    | 28    | M2034   | 45 INDIVIDUAL           | 00:43:54 | 00:43:06 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                              | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|---------|-------------------------------------|----------|----------|
| 226   | 1580   | FLAVIO DELFINO       | M    | 25    | M2034   | 46                                  | 00:43:55 | 00:43:47 |
| 227   | 579    | PEDRO LIMA           | M    | 37    | M3539   | 51 AÇOREANA C BANIF                 | 00:43:58 | 00:43:49 |
| 228   | 304    | MANUEL TAVARES       | M    | 57    | M5559   | 6 CCD CASA PIA                      | 00:44:00 | 00:43:52 |
| 229   | 1341   | FABIO A M F LOURENÇO | M    | 28    | M2034   | 47 CCDT MUN ODIVELAS                | 00:44:02 | 00:43:55 |
| 230   | 1380   | RUI CHAVES           | M    | 39    | M3539   | 52 INGLESES FC                      | 00:44:03 | 00:44:03 |
| 231   | 1388   | JOAQUIM MACHADO      | M    | 43    | M4044   | 59 INGLESES FC                      | 00:44:04 | 00:44:04 |
| 232   | 967    | JORGE ALMEIDA        | M    | 38    | M3539   | 53 FAM 2 RUN                        | 00:44:04 | 00:43:56 |
| 233   | 1281   | BERNARDO MALHADOR    | M    | 39    | M3539   | 54 C NOT PARQUE NAÇOES              | 00:44:05 | 00:43:59 |
| 234   | 322    | JOAO GONCALVES       | M    | 43    | M4044   | 60 INDIVIDUAL                       | 00:44:05 | 00:43:46 |
| 235   | 905    | APOLO PEREIRA        | M    | 46    | M4549   | 28 SC REBOLEIRA DAMAIA              | 00:44:08 | 00:44:03 |
| 236   | 1151   | TELMO PEDRO          | M    | 37    | M3539   | 55 ASS JORGE PINA                   | 00:44:08 | 00:43:30 |
| 237   | 328    | ANTÓNIO MACHADO      | M    | 45    | M4549   | 29 INDIVIDUAL                       | 00:44:11 | 00:44:01 |
| 238   | 439    | LORENZO G PEREZ      | M    | 51    | M5054   | 15 CORRECAMINOS SOLIDARIOS TENERIFE | 00:44:12 | 00:44:09 |
| 239   | 1093   | MAURO PIMENTA        | M    | 39    | M3539   | 56 GAA VF XIRA                      | 00:44:14 | 00:43:30 |
| 240   | 1541   | JOÃO VEIGA           | M    | 27    | M2034   | 48 CORRER LISBOA                    | 00:44:16 | 00:43:52 |
| 241   | 1222   | HUGO PALMA           | M    | 41    | M4044   | 61 CP IVA                           | 00:44:18 | 00:43:55 |
| 242   | 1616   | JORGE OLIVEIRA       | M    | 46    | M4549   | 30                                  | 00:44:19 | 00:44:12 |
| 243   | 199    | JOÃO PAIXÃO          | M    | 44    | M4044   | 62 INDIVIDUAL                       | 00:44:20 | 00:44:09 |
| 244   | 560    | JOSÉ A A BRITO       | M    | 53    | M5054   | 16 INDIVIDUAL                       | 00:44:23 | 00:44:02 |
| 245   | 904    | NELSON DIAS          | M    | 54    | M5054   | 17 CCDT METRO LX                    | 00:44:24 | 00:43:50 |
| 246   | 245    | HUMBERTO BRITO       | M    | 40    | M4044   | 63 CCDT METRO LX                    | 00:44:25 | 00:44:19 |
| 247   | 820    | JOAQUIM FRADE        | M    | 60    | M6099   | 4 SS CGD                            | 00:44:28 | 00:44:12 |
| 248   | 1228   | ANDRÉ SANTOS         | M    | 40    | M4044   | 64 INDIVIDUAL                       | 00:44:30 | 00:44:26 |
| 249   | 1293   | BRUNO CHEN           | M    | 43    | M4044   | 65 C NOT PARQUE NAÇOES              | 00:44:34 | 00:44:29 |
| 250   | 1510   | RUI RODRIGUES        | M    | 18    | M0019   | 16 ACR MEALHADA                     | 00:44:43 | 00:44:38 |
| 251   | 566    | MÁRIO LOURENÇO       | M    | 50    | M5054   | 18 C PRAÇAS ARMADA                  | 00:44:43 | 00:43:33 |
| 252   | 1542   | PAULO A CALDEIRA     | M    | 37    | M3539   | 57 INDIVIDUAL                       | 00:44:44 | 00:44:22 |
| 253   | 320    | ÁLVARO SILVA         | M    | 33    | M2034   | 49 S LAGOS BENFICA                  | 00:44:46 | 00:44:43 |
| 254   | 173    | HELDER VALADAS       | M    | 35    | M3539   | 58 OS PERIGOSOS                     | 00:44:47 | 00:44:27 |
| 255   | 1383   | HELIO MARQUES        | M    | 41    | M4044   | 66 INGLESES FC                      | 00:44:47 | 00:44:41 |
| 256   | 766    | DAVID PINHEIRO       | M    | 37    | M3539   | 59 AFO                              | 00:44:48 | 00:44:18 |
| 257   | 1240   | CARLOS VITORINO      | M    | 48    | M4549   | 31 GC BARQUINHENSE                  | 00:44:49 | 00:44:32 |
| 258   | 1216   | ANTÓNIO F P CASACA   | M    | 54    | M5054   | 19 INDIVIDUAL                       | 00:44:50 | 00:44:35 |
| 259   | 1195   | PAULO A C TEIXEIRA   | M    | 53    | M5054   | 20 INDIVIDUAL                       | 00:44:51 | 00:44:47 |
| 260   | 1178   | DIOGO P SOUSA        | M    | 28    | M2034   | 50 INDIVIDUAL                       | 00:44:53 | 00:44:41 |
| 261   | 381    | PAULO BASILIO        | M    | 48    | M4549   | 32 OS ZATOPEQUES                    | 00:44:54 | 00:44:18 |
| 262   | 1597   | MARCELO FIGUEIREDO   | M    | 25    | M2034   | 51 INDIVIDUAL                       | 00:44:54 | 00:44:49 |
| 263   | 213    | NUNO PEREIRA         | M    | 39    | M3539   | 60 CLUBE OGMA                       | 00:44:55 | 00:44:34 |
| 264   | 78     | ALVARO SANTOS        | M    | 40    | M4044   | 67 INDIVIDUAL                       | 00:44:55 | 00:44:18 |
| 265   | 1487   | DEOLINDO ANDRE       | M    | 55    | M5559   | 7 URCA                              | 00:44:56 | 00:44:43 |
| 266   | 1398   | LEONEL SELEIRO       | M    | 58    | M5559   | 8 INGLESES FC                       | 00:44:56 | 00:44:52 |
| 267   | 66     | JOAQUIM SANTOS       | M    | 57    | M5559   | 9 FALCOES SELVAGENS                 | 00:44:57 | 00:44:44 |
| 268   | 1231   | JOÃO ALVES           | M    | 48    | M4549   | 33 AMCR FONTE GRADA                 | 00:44:58 | 00:44:50 |
| 269   | 1687   | NUNO GONCALO         | M    | 28    | M2034   | 52                                  | 00:44:58 | 00:44:58 |
| 270   | 1399   | MANUEL EMIDIO        | M    | 59    | M5559   | 10 INGLESES FC                      | 00:44:59 | 00:43:41 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão  | Equipa                    | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|----------|---------------------------|----------|----------|
| 271   | 225    | LUIS F S RAMOS       | M    | 36    | M3539 61 | INDIVIDUAL                | 00:45:01 | 00:44:49 |
| 272   | 507    | RAFAEL SANTOS        | M    | 43    | M4044 68 | INDIVIDUAL                | 00:45:01 | 00:44:17 |
| 273   | 331    | JOSÉ MAIO            | M    | 52    | M5054 21 | CD ARNEIRO                | 00:45:02 | 00:45:01 |
| 274   | 1190   | RUI M P HENRIQUES    | M    | 40    | M4044 69 | INDIVIDUAL                | 00:45:03 | 00:44:19 |
| 275   | 1085   | MANUEL CHINITA       | M    | 51    | M5054 22 | A VALE SILENCIO           | 00:45:03 | 00:44:15 |
| 276   | 994    | NUNO M F SILVA       | M    | 42    | M4044 70 | INDIVIDUAL                | 00:45:04 | 00:44:46 |
| 277   | 1685   | TOME PEREIRA         | M    | 24    | M2034 53 |                           | 00:45:04 | 00:44:32 |
| 278   | 268    | CARLOS E CORREIA     | M    | 36    | M3539 62 | INDIVIDUAL                | 00:45:04 | 00:45:00 |
| 279   | 1116   | ORLANDO J BARBOSA    | M    | 58    | M5559 11 | GR JANZ ASSOCIADOS        | 00:45:08 | 00:45:04 |
| 280   | 169    | JORGE NUNES          | M    | 49    | M4549 34 | INDIVIDUAL                | 00:45:09 | 00:43:46 |
| 281   | 651    | JOSE A M CORREIA     | M    | 52    | M5054 23 | INDIVIDUAL                | 00:45:11 | 00:45:09 |
| 282   | 772    | FREDERIC SERRE       | M    | 47    | M4549 35 | OS ZATOPEQUES             | 00:45:13 | 00:44:37 |
| 283   | 309    | FERNANDO COSTA       | M    | 39    | M3539 63 | INDIVIDUAL                | 00:45:14 | 00:44:56 |
| 284   | 1322   | JOAQUIM AZEVEDO      | M    | 51    | M5054 24 | GD CHELAS                 | 00:45:15 | 00:45:10 |
| 285   | 482    | EDUARDO RODRIGUES    | M    | 56    | M5559 12 | GD CHELAS                 | 00:45:16 | 00:44:28 |
| 286   | 224    | FERNANDO CARREIRO    | M    | 54    | M5054 25 | REST O CARTAXEIRO         | 00:45:16 | 00:44:40 |
| 287   | 778    | JOAO CAIRES          | M    | 48    | M4549 36 | ND AUTOCOOPE              | 00:45:16 | 00:44:38 |
| 288   | 542    | PEDRO TEIXEIRA       | M    | 42    | M4044 71 | PORTELAS                  | 00:45:16 | 00:45:04 |
| 289   | 239    | RUI R V R M C GOMES  | M    | 33    | M2034 54 | CORRER LISBOA             | 00:45:19 | 00:45:01 |
| 290   | 1425   | MARCO GUIA           | M    | 38    | M3539 64 | INDIVIDUAL                | 00:45:22 | 00:44:50 |
| 291   | 354    | CARLA DIAS           | F    | 42    | F3544 2  | INDIVIDUAL                | 00:45:23 | 00:45:13 |
| 292   | 1040   | TELMO FILIPE         | M    | 39    | M3539 65 | AMINHACORRIDA/ KALENJI    | 00:45:26 | 00:44:39 |
| 293   | 590    | VIRGILIO MADEIRA     | M    | 56    | M5559 13 | AÇOREANA C BANIF          | 00:45:28 | 00:44:52 |
| 294   | 1084   | LUIS FERREIRA        | M    | 46    | M4549 37 | A VALE SILENCIO           | 00:45:29 | 00:44:41 |
| 295   | 1358   | CELIA CECILIO        | F    | 43    | F3544 3  | INDIVIDUAL                | 00:45:30 | 00:45:19 |
| 296   | 1357   | LUIS MENDES          | M    | 42    | M4044 72 | INDIVIDUAL                | 00:45:30 | 00:45:20 |
| 297   | 710    | ARMANDO CORREIA      | M    | 64    | M6099 5  | LESMAS ALOPRADAS          | 00:45:33 | 00:44:46 |
| 298   | 481    | CARLOS RODRIGUES     | M    | 43    | M4044 73 | GD CHELAS                 | 00:45:33 | 00:44:29 |
| 299   | 1585   | ANASTACIO NETO       | M    | 41    | M4044 74 | CORRIDA NOTURNA P NAÇÕES  | 00:45:34 | 00:45:25 |
| 300   | 284    | SIDÓNIO DIAS         | M    | 45    | M4549 38 | C BENFICA ALG MEM MARTINS | 00:45:35 | 00:45:16 |
| 301   | 918    | FREDERICO E S LÁZARO | M    | 36    | M3539 66 | CORRER LISBOA             | 00:45:37 | 00:44:57 |
| 302   | 186    | JOÃO PARADINHA       | M    | 42    | M4044 75 | INDIVIDUAL                | 00:45:38 | 00:45:19 |
| 303   | 1144   | FÚLVIO ESTEVES       | M    | 37    | M3539 67 | NAZ ABOBODA               | 00:45:39 | 00:45:16 |
| 304   | 1514   | MARIO SOARES         | M    | 25    | M2034 55 | INDIVIDUAL                | 00:45:39 | 00:45:27 |
| 305   | 827    | PEDRO FONTOURA       | M    | 45    | M4549 39 | SS CGD                    | 00:45:40 | 00:44:53 |
| 306   | 698    | HENRIQUE PEREIRA     | M    | 39    | M3539 68 | NA PENTEADO               | 00:45:41 | 00:45:08 |
| 307   | 329    | PEDRO BUENO          | M    | 47    | M4549 40 | CD ARNEIRO                | 00:45:41 | 00:45:40 |
| 308   | 124    | JORGE MIMOSO         | M    | 42    | M4044 76 | INDIVIDUAL                | 00:45:42 | 00:45:00 |
| 309   | 1147   | PEDRO J G L A TOMÁS  | M    | 43    | M4044 77 | INDIVIDUAL                | 00:45:46 | 00:45:22 |
| 310   | 1437   | MARIO MARQUES        | M    | 55    | M5559 14 | INDIVIDUAL                | 00:45:48 | 00:45:48 |
| 311   | 1033   | VITOR JORGE          | M    | 53    | M5054 26 | AMINHACORRIDA/ KALENJI    | 00:45:48 | 00:45:40 |
| 312   | 1219   | BRUNO ABREU          | M    | 40    | M4044 78 | INDIVIDUAL                | 00:45:51 | 00:45:22 |
| 313   | 825    | PAULO PIRES          | M    | 50    | M5054 27 | SS CGD                    | 00:45:52 | 00:44:38 |
| 314   | 1131   | LUÍS M A LOUREIRO    | M    | 30    | M2034 56 | INDIVIDUAL                | 00:45:53 | 00:44:34 |
| 315   | 1145   | CARLOS PORTELA       | M    | 44    | M4044 79 | NAZ ABOBODA               | 00:45:54 | 00:45:31 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão  | Equipa                   | Tempo    | Chip     |
|-------|--------|---------------------|------|-------|----------|--------------------------|----------|----------|
| 316   | 364    | ALFREDO M G SOUSA   | M    | 60    | M6099 6  | A SACAVENENSE            | 00:45:55 | 00:45:10 |
| 317   | 912    | GONÇALO MEXIA       | M    | 27    | M2034 57 | PERNAS DE GAFANHOTO      | 00:45:56 | 00:45:51 |
| 318   | 1670   | ROGERIO SANTOS      | M    | 40    | M4044 80 | GO FIT                   | 00:45:57 | 00:44:55 |
| 319   | 1215   | ANDRÉ C RIBEIRETE   | M    | 39    | M3539 69 | ULTRA-LEVES DO CPOC      | 00:45:57 | 00:45:25 |
| 320   | 802    | SERGIO M C OLIVEIRA | M    | 40    | M4044 81 | INDIVIDUAL               | 00:45:58 | 00:45:43 |
| 321   | 362    | JOSE SERRA          | M    | 52    | M5054 28 | GD CHELAS                | 00:45:58 | 00:45:35 |
| 322   | 363    | RUI CAETANO         | M    | 48    | M4549 41 | GD CHELAS                | 00:45:59 | 00:45:38 |
| 323   | 1217   | NUNO COSTA          | M    | 42    | M4044 82 | CADACORRER               | 00:45:59 | 00:45:55 |
| 324   | 752    | JOÃO CARVALHO       | M    | 58    | M5559 15 | NAZ ABOBODA              | 00:45:59 | 00:44:48 |
| 325   | 508    | CARLOS SA           | M    | 46    | M4549 42 | GD CHELAS                | 00:45:59 | 00:45:03 |
| 326   | 894    | LUÍS F F FERNANDES  | M    | 24    | M2034 58 | INDIVIDUAL               | 00:46:01 | 00:45:33 |
| 327   | 1592   | JOSE VAZ            | M    | 46    | M4549 43 |                          | 00:46:01 | 00:45:59 |
| 328   | 86     | PEDRO BATISTA       | M    | 33    | M2034 59 | INDIVIDUAL               | 00:46:02 | 00:45:55 |
| 329   | 543    | JOÃO GINJA          | M    | 50    | M5054 29 | NAZ ABOBODA              | 00:46:02 | 00:45:53 |
| 330   | 862    | MARIANA S M ALMEIDA | F    | 23    | F0034 8  | INDIVIDUAL               | 00:46:02 | 00:45:36 |
| 331   | 421    | ANTONIO SOUSA       | M    | 69    | M6099 7  | C MILLENNIUM BCP         | 00:46:06 | 00:45:37 |
| 332   | 478    | DIOGO REBELO        | M    | 18    | M0019 17 | INDIVIDUAL               | 00:46:06 | 00:46:02 |
| 333   | 65     | MARCO FRANCISCO     | M    | 32    | M2034 60 | SCU TORREENSE            | 00:46:08 | 00:45:57 |
| 334   | 1124   | CESAR MIRANDA       | M    | 40    | M4044 83 | GD SAO DOMINGOS          | 00:46:10 | 00:46:10 |
| 335   | 846    | LUIS SOARES         | M    | 49    | M4549 44 | APOGMA                   | 00:46:11 | 00:45:48 |
| 336   | 234    | FERNANDO VAZ        | M    | 46    | M4549 45 | INDIVIDUAL               | 00:46:12 | 00:45:54 |
| 337   | 1001   | NUNO VENANCIO       | M    | 39    | M3539 70 | INDIVIDUAL               | 00:46:12 | 00:46:10 |
| 338   | 249    | JOSE L SANTOS       | M    | 46    | M4549 46 | CCDT METRO LX            | 00:46:13 | 00:44:59 |
| 339   | 419    | SUSANA ROCHA        | F    | 38    | F3544 4  | C MILLENNIUM BCP         | 00:46:13 | 00:46:07 |
| 340   | 1133   | ANDRÉ O ALMEIDA     | M    | 28    | M2034 61 | EQUIPA "CT AFL"          | 00:46:13 | 00:44:59 |
| 341   | 15     | NUNO SANTOS         | M    | 26    | M2034 62 | FF PAZ MUNDIAL           | 00:46:14 | 00:45:41 |
| 342   | 545    | LUISA SANTO         | F    | 48    | F4599 1  | NAZ ABOBODA              | 00:46:15 | 00:46:09 |
| 343   | 552    | CARLOS COELHO       | M    | 54    | M5054 30 | GA MONSANTO/GASCAN       | 00:46:22 | 00:45:59 |
| 344   | 1318   | JOSÉ MASSUÇA        | M    | 44    | M4044 84 | INDIVIDUAL               | 00:46:25 | 00:45:28 |
| 345   | 510    | RODRIGO OLIVEIRA    | M    | 37    | M3539 71 | FC ESTRELAS LISBOA       | 00:46:26 | 00:45:37 |
| 346   | 1314   | JORGE GODINHO       | M    | 50    | M5054 31 | VIVA OS AMIGOS           | 00:46:26 | 00:46:16 |
| 347   | 1096   | CARLOS MACHADO      | M    | 46    | M4549 47 | FCR ROSSÃO               | 00:46:27 | 00:46:16 |
| 348   | 863    | ISABELA SHIN        | F    | 34    | F0034 9  | EVELX - AE VIDA SAUDÁVEL | 00:46:30 | 00:46:17 |
| 349   | 192    | VITOR SARAIVA       | M    | 47    | M4549 48 | FALCOES SELVAGENS        | 00:46:32 | 00:46:16 |
| 350   | 80     | ANTONIO GONÇALVES   | M    | 54    | M5054 32 | ALVERCA URBAN RUNNERS    | 00:46:34 | 00:46:08 |
| 351   | 1444   | PEDRO ROSA          | M    | 45    | M4549 49 | INDIVIDUAL               | 00:46:34 | 00:46:15 |
| 352   | 1573   | ARMANDO LIMA        | M    | 46    | M4549 50 |                          | 00:46:34 | 00:46:23 |
| 353   | 592    | FERNANDO CELESTINO  | M    | 57    | M5559 16 | AÇOREANA C BANIF         | 00:46:38 | 00:46:04 |
| 354   | 426    | PAULO PAIS          | M    | 50    | M5054 33 | C MILLENNIUM BCP         | 00:46:38 | 00:46:29 |
| 355   | 89     | GUSTAVO FONSECA     | M    | 27    | M2034 63 | AC VERMOIL               | 00:46:38 | 00:45:58 |
| 356   | 691    | AUGUSTO SEMEDO      | M    | 57    | M5559 17 | NA PENTEADO              | 00:46:38 | 00:46:00 |
| 357   | 1362   | LUIS TROVAO         | M    | 18    | M0019 18 | INGLESES FC              | 00:46:39 | 00:46:35 |
| 358   | 458    | FERNANDO RIBEIRO    | M    | 49    | M4549 51 | ORIENTAL                 | 00:46:40 | 00:46:25 |
| 359   | 1562   | NUNO GASPAR         | M    | 35    | M3539 72 | INDIVIDUAL               | 00:46:41 | 00:46:03 |
| 360   | 1282   | RUI ANTUNES         | M    | 37    | M3539 73 | C NOT PARQUE NAÇÕES      | 00:46:42 | 00:46:29 |



| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|---------|-----------------------|----------|----------|
| 361   | 1284   | JOSÉ SARAIVA         | M    | 47    | M4549   | 52 C NOT PARQUE NAÇOS | 00:46:42 | 00:46:32 |
| 362   | 1491   | ROSALIA SALDANHA     | F    | 42    | F3544   | 5 SCU TORREENSE       | 00:46:44 | 00:46:37 |
| 363   | 775    | ANTONIO ALMEIDA      | M    | 52    | M5054   | 34 ND AUTOCOOPE       | 00:46:46 | 00:46:44 |
| 364   | 1014   | PAULO COSTA          | M    | 49    | M4549   | 53 SFUAP              | 00:46:47 | 00:46:27 |
| 365   | 1591   | NUNO FARIA           | M    | 37    | M3539   | 74                    | 00:46:47 | 00:46:40 |
| 366   | 1311   | SÉRGIO MADEIRA       | M    | 31    | M2034   | 64 VIVA OS AMIGOS     | 00:46:48 | 00:46:31 |
| 367   | 626    | RICARDO SÁ           | M    | 45    | M4549   | 54 INDIVIDUAL         | 00:46:50 | 00:46:35 |
| 368   | 806    | ALCIDES ESTRELA      | M    | 38    | M3539   | 75 SS CGD             | 00:46:51 | 00:46:29 |
| 369   | 830    | PEDRO LUZIO          | M    | 39    | M3539   | 76 SS CGD             | 00:46:51 | 00:46:29 |
| 370   | 699    | CARMEN HENRIQUES     | F    | 38    | F3544   | 6 RUN IS A GIFT       | 00:46:55 | 00:46:37 |
| 371   | 134    | MANUEL ARAÚJO        | M    | 54    | M5054   | 35 GRD OS FIXES       | 00:46:55 | 00:46:53 |
| 372   | 731    | JOSÉ MELO            | M    | 54    | M5054   | 36 NAZ ABOBODA        | 00:46:55 | 00:46:21 |
| 373   | 1276   | NUNO M C REDONDO     | M    | 34    | M2034   | 65 INDIVIDUAL         | 00:46:55 | 00:46:47 |
| 374   | 392    | ALVARO PINTO         | M    | 58    | M5559   | 18 AD REAL ACADEMIA   | 00:46:56 | 00:46:26 |
| 375   | 14     | ARMINDO SANTOS       | M    | 54    | M5054   | 37 FF PAZ MUNDIAL     | 00:46:57 | 00:46:43 |
| 376   | 565    | JOSÉ MATOS           | M    | 47    | M4549   | 55 C PRAÇAS ARMADA    | 00:46:57 | 00:46:46 |
| 377   | 57     | SERGIO PEREIRA       | M    | 40    | M4044   | 85 INDIVIDUAL         | 00:46:59 | 00:46:59 |
| 378   | 276    | JOSÉ ARAUJO          | M    | 35    | M3539   | 77 INDIVIDUAL         | 00:47:00 | 00:46:38 |
| 379   | 882    | JORGE M P FIGUEIREDO | M    | 51    | M5054   | 38 INDIVIDUAL         | 00:47:02 | 00:45:51 |
| 380   | 1409   | FILIPA RODRIGUES     | F    | 19    | F0034   | 10 INGLESES FC        | 00:47:02 | 00:46:43 |
| 381   | 1565   | JOAO RAQUEL          | M    | 38    | M3539   | 78                    | 00:47:02 | 00:46:13 |
| 382   | 114    | ANTONIO FERREIRA     | M    | 44    | M4044   | 86 GD SANTANDER TOTTA | 00:47:03 | 00:45:58 |
| 383   | 107    | RUI SARROEIRA        | M    | 47    | M4549   | 56 GD SANTANDER TOTTA | 00:47:03 | 00:45:55 |
| 384   | 415    | HUGO LUZ             | M    | 51    | M5054   | 39 C MILLENNIUM BCP   | 00:47:03 | 00:46:19 |
| 385   | 647    | JOÃO JACOB           | M    | 33    | M2034   | 66 NCAFB              | 00:47:05 | 00:45:56 |
| 386   | 489    | PEDRO FERRAZ         | M    | 39    | M3539   | 79 CDC NAVE           | 00:47:07 | 00:46:50 |
| 387   | 816    | HENRIQUE AMADOR      | M    | 44    | M4044   | 87 SS CGD             | 00:47:10 | 00:46:40 |
| 388   | 1445   | LUIS CRUZ            | M    | 44    | M4044   | 88 VITORIA FC         | 00:47:10 | 00:47:06 |
| 389   | 717    | JORGE CARVALHO       | M    | 46    | M4549   | 57 FC ESTRELAS LISBOA | 00:47:10 | 00:46:20 |
| 390   | 437    | MIGUEL SOUSA         | M    | 55    | M5559   | 19 WIKABOO            | 00:47:11 | 00:46:50 |
| 391   | 395    | JOSE HENRIQUES       | M    | 44    | M4044   | 89 AD REAL ACADEMIA   | 00:47:13 | 00:46:38 |
| 392   | 541    | JOAQUIM G SILVA      | M    | 47    | M4549   | 58 INDIVIDUAL         | 00:47:14 | 00:46:29 |
| 393   | 10     | RUI ALEGRE           | M    | 36    | M3539   | 80 INDIVIDUAL         | 00:47:14 | 00:46:35 |
| 394   | 399    | FERNANDO RODRIGUES   | M    | 51    | M5054   | 40 C MILLENNIUM BCP   | 00:47:15 | 00:46:22 |
| 395   | 45     | MIGUEL SANTOS        | M    | 40    | M4044   | 90 CORRER LISBOA      | 00:47:17 | 00:47:17 |
| 396   | 917    | JOÃO PEREIRA         | M    | 48    | M4549   | 59 MULTIRUNNERS       | 00:47:18 | 00:46:34 |
| 397   | 1656   | LUCIO SILVA          | M    | 38    | M3539   | 81 INDIVIDUAL         | 00:47:19 | 00:47:19 |
| 398   | 1092   | RUI P F RODRIGUES    | M    | 41    | M4044   | 91 INDIVIDUAL         | 00:47:21 | 00:47:17 |
| 399   | 308    | CARLOS M S CAEIRO    | M    | 61    | M6099   | 8 INDIVIDUAL          | 00:47:22 | 00:47:07 |
| 400   | 1320   | PAULO RODRIGUES      | M    | 45    | M4549   | 60 INDIVIDUAL         | 00:47:23 | 00:46:22 |
| 401   | 801    | LUÍS FÉLIX           | M    | 33    | M2034   | 67 INDIVIDUAL         | 00:47:24 | 00:46:56 |
| 402   | 693    | VITOR M MARTINS      | M    | 56    | M5559   | 20 NA PENTEADO        | 00:47:25 | 00:46:47 |
| 403   | 1291   | JOÃO TRINDADE        | M    | 18    | M0019   | 19 C NOT PARQUE NAÇOS | 00:47:26 | 00:46:32 |
| 404   | 118    | JOSE C PEREIRA       | M    | 46    | M4549   | 61 GD SANTANDER TOTTA | 00:47:27 | 00:46:55 |
| 405   | 379    | JOSÉ CUNHA           | M    | 51    | M5054   | 41 OS ZATOPEQUES      | 00:47:27 | 00:46:49 |

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão | Equipa                    | Tempo    | Chip     |
|-------|--------|--------------------|------|-------|---------|---------------------------|----------|----------|
| 406   | 856    | FRANCISCO FRANÇA   | M    | 18    | M0019   | 20 CA VALE FIGUEIRA       | 00:47:28 | 00:47:02 |
| 407   | 997    | JOÃO P F SILVA     | M    | 45    | M4549   | 62 INDIVIDUAL             | 00:47:28 | 00:47:07 |
| 408   | 1064   | JORGE CARDOSO      | M    | 44    | M4044   | 92 RB RUNNERS             | 00:47:29 | 00:47:04 |
| 409   | 1662   | AUGUSTO GASPAR     | M    | 54    | M5054   | 42                        | 00:47:30 | 00:46:49 |
| 410   | 1496   | MARGARIDA VITORINO | F    | 23    | F0034   | 11 ADNO                   | 00:47:32 | 00:47:26 |
| 411   | 240    | VIRGILIO COSTA     | M    | 45    | M4549   | 63 INDIVIDUAL             | 00:47:33 | 00:46:50 |
| 412   | 660    | JOAO FERRO         | M    | 35    | M3539   | 82 CR CRUZ PAU            | 00:47:34 | 00:46:50 |
| 413   | 549    | PEDRO CAMPOS       | M    | 39    | M3539   | 83 INDIVIDUAL             | 00:47:35 | 00:47:05 |
| 414   | 1550   | HUGO SILVA         | M    | 29    | M2034   | 68 C FERROV PORTUGAL      | 00:47:35 | 00:47:00 |
| 415   | 514    | ANTONIO JACINTO    | M    | 55    | M5559   | 21 AUTOJACINTO            | 00:47:36 | 00:46:08 |
| 416   | 1122   | CARLOS SILVA       | M    | 60    | M6099   | 9 C BENFICA ALG M MARTINS | 00:47:37 | 00:47:24 |
| 417   | 515    | EDGAR JACINTO      | M    | 29    | M2034   | 69 AUTOJACINTO            | 00:47:37 | 00:46:09 |
| 418   | 300    | PEDRO L NUNES      | M    | 48    | M4549   | 64 INDIVIDUAL             | 00:47:37 | 00:47:25 |
| 419   | 1200   | MIGUEL VELEZ       | M    | 52    | M5054   | 43 CÂMARA L CLUBE         | 00:47:38 | 00:46:28 |
| 420   | 1690   | CARLOS PEREIRA     | M    | 40    | M4044   | 93                        | 00:47:38 | 00:47:26 |
| 421   | 115    | CARLOS TEIXEIRA    | M    | 43    | M4044   | 94 GD SANTANDER TOTTA     | 00:47:38 | 00:46:33 |
| 422   | 1007   | JOAO P PEREIRA     | M    | 41    | M4044   | 95 C FERROV PORTUGAL      | 00:47:39 | 00:47:32 |
| 423   | 1346   | RUI RODRIGUES      | M    | 50    | M5054   | 44 AB CAMPOLIDE           | 00:47:40 | 00:47:34 |
| 424   | 77     | ANTONIO GUERREIRO  | M    | 63    | M6099   | 10 INDIVIDUAL             | 00:47:40 | 00:47:04 |
| 425   | 901    | TIAGO BOLETO       | M    | 32    | M2034   | 70 GALHETEIRO             | 00:47:41 | 00:47:17 |
| 426   | 50     | TIAGO RODRIGUES    | M    | 37    | M3539   | 84 CORRER LISBOA          | 00:47:42 | 00:47:23 |
| 427   | 243    | EDUARDO LUÍS       | M    | 37    | M3539   | 85 ATOMIC TEAM            | 00:47:42 | 00:47:25 |
| 428   | 1536   | ALEXANDRE CAPUCHA  | M    | 44    | M4044   | 96 INDIVIDUAL             | 00:47:42 | 00:47:34 |
| 429   | 1312   | PEDRO ANDRADE      | M    | 45    | M4549   | 65 VIVA OS AMIGOS         | 00:47:44 | 00:47:33 |
| 430   | 981    | HELDER MALHEIRO    | M    | 35    | M3539   | 86 ÁRBITROS DE FUTEBOL    | 00:47:45 | 00:46:23 |
| 431   | 330    | MANUEL ALVES       | M    | 49    | M4549   | 66 CD ARNEIRO             | 00:47:46 | 00:47:46 |
| 432   | 599    | NUNO M G G LUZIA   | M    | 40    | M4044   | 97 INDIVIDUAL             | 00:47:47 | 00:47:23 |
| 433   | 1273   | PEDRO FRIAS        | M    | 38    | M3539   | 87 INDIVIDUAL             | 00:47:48 | 00:46:49 |
| 434   | 1402   | ALBERTO FERNANDES  | M    | 62    | M6099   | 11 INGLESES FC            | 00:47:48 | 00:47:46 |
| 435   | 724    | ANDRÉ MOTA         | M    | 38    | M3539   | 88 URD ARRANHÔ            | 00:47:48 | 00:47:21 |
| 436   | 577    | JOAO J FERNANDES   | M    | 34    | M2034   | 71 AÇOREANA C BANIF       | 00:47:49 | 00:47:40 |
| 437   | 1411   | FERNANDA GIL       | F    | 46    | F4599   | 2 INGLESES FC             | 00:47:49 | 00:47:31 |
| 438   | 278    | NUNO ANTUNES       | M    | 46    | M4549   | 67 INDIVIDUAL             | 00:47:50 | 00:47:24 |
| 439   | 1684   | SALOMAO TEIXEIRA   | M    | 37    | M3539   | 89                        | 00:47:50 | 00:47:50 |
| 440   | 942    | JOAQUIM LIMA       | M    | 50    | M5054   | 45 CLUBE VODAFONE         | 00:47:51 | 00:47:43 |
| 441   | 925    | RUI JESUS          | M    | 44    | M4044   | 98 INFANTADO FC           | 00:47:51 | 00:47:29 |
| 442   | 922    | CARLOS CAMPOS      | M    | 42    | M4044   | 99 INFANTADO FC           | 00:47:52 | 00:47:36 |
| 443   | 999    | JOSÉ C N RAMOS     | M    | 40    | M4044   | 100 INDIVIDUAL            | 00:47:52 | 00:47:18 |
| 444   | 1609   | RITA LOPES         | F    | 32    | F0034   | 12                        | 00:47:53 | 00:47:00 |
| 445   | 1059   | CARLOS TAVARES     | M    | 45    | M4549   | 68 GD CHELAS              | 00:47:54 | 00:47:42 |
| 446   | 1384   | FRANCISCO PESSOA   | M    | 42    | M4044   | 101 INGLESES FC           | 00:47:56 | 00:47:13 |
| 447   | 126    | RUI M I TAVARES    | M    | 40    | M4044   | 102 UDCA                  | 00:47:57 | 00:47:52 |
| 448   | 1401   | MARIO BRANQUINHO   | M    | 61    | M6099   | 12 INGLESES FC            | 00:47:58 | 00:46:40 |
| 449   | 73     | JOSÉ GOMES         | M    | 37    | M3539   | 90 CORRER LISBOA          | 00:47:58 | 00:47:39 |
| 450   | 1201   | PAULO SANTOS       | M    | 50    | M5054   | 46 CÂMARA L CLUBE         | 00:47:58 | 00:46:40 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão   | Equipa                 | Tempo    | Chip     |
|-------|--------|---------------------|------|-------|-----------|------------------------|----------|----------|
| 451   | 762    | ANTONIO CAMACHO     | M    | 63    | M6099 13  | CA VALE FIGUEIRA       | 00:48:00 | 00:47:34 |
| 452   | 774    | SÉRGIO NUNES        | M    | 39    | M3539 91  | FC ESTRELAS LISBOA     | 00:48:00 | 00:47:11 |
| 453   | 781    | BRUNO CARDOSO       | M    | 36    | M3539 92  | INDIVIDUAL             | 00:48:00 | 00:47:48 |
| 454   | 782    | NELSON CUSTODIO     | M    | 40    | M4044 103 | INDIVIDUAL             | 00:48:00 | 00:47:49 |
| 455   | 834    | TIAGO AVELAS        | M    | 40    | M4044 104 | SS CGD                 | 00:48:04 | 00:46:41 |
| 456   | 492    | CARLOS SILVA        | M    | 52    | M5054 47  | CCD CA MÚTUO           | 00:48:04 | 00:46:48 |
| 457   | 1551   | RICARDO SEQUEIRA    | M    | 28    | M2034 72  | C FERROV PORTUGAL      | 00:48:04 | 00:47:56 |
| 458   | 659    | JOSE GONÇALVES      | M    | 73    | M6099 14  | CR CRUZ PAU            | 00:48:05 | 00:47:44 |
| 459   | 1397   | MANUEL RODRIGUES    | M    | 57    | M5559 22  | INGLESES FC            | 00:48:06 | 00:47:48 |
| 460   | 1446   | FERNANDO ZACARIAS   | M    | 43    | M4044 105 | VITORIA FC             | 00:48:07 | 00:48:03 |
| 461   | 524    | PEDRO PEREIRA       | M    | 38    | M3539 93  | INDIVIDUAL             | 00:48:07 | 00:47:52 |
| 462   | 255    | ANTONIO C ALMEIDA   | M    | 51    | M5054 48  | INDIVIDUAL             | 00:48:10 | 00:47:59 |
| 463   | 436    | MIGUEL SAN PAYO     | M    | 53    | M5054 49  | RUN 4 FUN              | 00:48:11 | 00:47:37 |
| 464   | 1513   | NELSON LUIS         | M    | 25    | M2034 73  | INDIVIDUAL             | 00:48:12 | 00:48:00 |
| 465   | 703    | NUNO GASPAR         | M    | 35    | M3539 94  | INDIVIDUAL             | 00:48:13 | 00:48:00 |
| 466   | 606    | RODOLFO OLIVEIRA    | M    | 38    | M3539 95  | HAPPY RUNNERS          | 00:48:13 | 00:47:29 |
| 467   | 24     | ROBERTO BATISTA     | M    | 18    | M0019 21  | BATISTAS               | 00:48:13 | 00:47:21 |
| 468   | 810    | ANTONIO TABORDA     | M    | 65    | M6099 15  | SS CGD                 | 00:48:14 | 00:47:58 |
| 469   | 411    | ANDRE GONÇALVES     | M    | 19    | M0019 22  | C MILLENNIUM BCP       | 00:48:15 | 00:47:35 |
| 470   | 908    | PAULO PICADO        | M    | 41    | M4044 106 | FALCOES SELVAGENS      | 00:48:15 | 00:47:53 |
| 471   | 208    | LUIS CARLOS         | M    | 33    | M2034 74  | TOUGH TRAILS ALENQUER  | 00:48:16 | 00:48:03 |
| 472   | 371    | BRUNO PINTO         | M    | 30    | M2034 75  | INDIVIDUAL             | 00:48:16 | 00:47:57 |
| 473   | 1531   | JOSE S M VERMELHUDO | M    | 56    | M5559 23  | AERO RUNNERS           | 00:48:17 | 00:47:53 |
| 474   | 22     | ANTÓNIO J VARELA    | M    | 49    | M4549 69  | INDIVIDUAL             | 00:48:18 | 00:48:08 |
| 475   | 977    | BRUNO JESUS         | M    | 33    | M2034 76  | ÁRBITROS DE FUTEBOL    | 00:48:20 | 00:46:56 |
| 476   | 350    | FREDERICO FERNANDES | M    | 39    | M3539 96  | MERIDIANOS             | 00:48:21 | 00:48:01 |
| 477   | 920    | VITOR MANSO         | M    | 53    | M5054 50  | PENICHE@CORRER         | 00:48:21 | 00:48:14 |
| 478   | 1635   | NUNO PINTAO         | M    | 45    | M4549 70  |                        | 00:48:22 | 00:48:07 |
| 479   | 563    | MANUEL AMARO        | M    | 60    | M6099 16  | C PRAÇAS ARMADA        | 00:48:24 | 00:48:14 |
| 480   | 154    | MARCO BAPTISTA      | M    | 34    | M2034 77  | ACD BOCAL              | 00:48:26 | 00:47:34 |
| 481   | 294    | GIL JORGE           | M    | 46    | M4549 71  | INDIVIDUAL             | 00:48:26 | 00:48:04 |
| 482   | 819    | JOAO SILVA          | M    | 52    | M5054 51  | SS CGD                 | 00:48:26 | 00:48:17 |
| 483   | 655    | FRANCISCO FERRO     | M    | 67    | M6099 17  | CR CRUZ PAU            | 00:48:28 | 00:47:44 |
| 484   | 561    | LUIS CONCEIÇÃO      | M    | 38    | M3539 97  | C PRAÇAS ARMADA        | 00:48:28 | 00:48:07 |
| 485   | 504    | RUI LANÇA           | M    | 38    | M3539 98  | INCAPAZES              | 00:48:30 | 00:48:01 |
| 486   | 459    | DUARTE RIBEIRO      | M    | 18    | M0019 23  | ORIENTAL               | 00:48:31 | 00:48:17 |
| 487   | 1393   | JOAO RAMOS          | M    | 49    | M4549 72  | INGLESES FC            | 00:48:32 | 00:48:29 |
| 488   | 1277   | ÁLVARO FERREIRA     | M    | 50    | M5054 52  | INDIVIDUAL             | 00:48:33 | 00:47:46 |
| 489   | 1518   | RICARDO SILVA       | M    | 38    | M3539 99  | INDIVIDUAL             | 00:48:33 | 00:47:54 |
| 490   | 435    | MARTA ANDRADE       | F    | 40    | F3544 7   | C MILLENNIUM BCP       | 00:48:33 | 00:47:55 |
| 491   | 1032   | MIRIAM LOPES        | F    | 32    | F0034 13  | AMINHACORRIDA/ KALENJI | 00:48:34 | 00:48:27 |
| 492   | 410    | JOAO GONÇALVES      | M    | 48    | M4549 73  | C MILLENNIUM BCP       | 00:48:36 | 00:47:55 |
| 493   | 501    | JOSÉ CARDINHO       | M    | 31    | M2034 78  | INCAPAZES              | 00:48:37 | 00:48:04 |
| 494   | 165    | BRUNO GONCALVES     | M    | 23    | M2034 79  | FAPOC                  | 00:48:38 | 00:48:15 |
| 495   | 1317   | FERNANDO BEIJINHA   | M    | 66    | M6099 18  | GDR S FRANCISCO SERRA  | 00:48:38 | 00:48:25 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão   | Equipa             | Tempo    | Chip     |
|-------|--------|---------------------|------|-------|-----------|--------------------|----------|----------|
| 496   | 393    | ANTONIO VILELA      | M    | 46    | M4549 74  | AD REAL ACADEMIA   | 00:48:38 | 00:48:08 |
| 497   | 1548   | HELENA SILVA        | F    | 47    | F4599 3   | INDIVIDUAL         | 00:48:39 | 00:48:26 |
| 498   | 1119   | LUÍS M PEREIRA      | M    | 38    | M3539 100 | INDIVIDUAL         | 00:48:43 | 00:48:34 |
| 499   | 1003   | GUILHERME GONÇALVES | M    | 55    | M5559 24  | C FERROV PORTUGAL  | 00:48:44 | 00:48:39 |
| 500   | 81     | PAULO J A G NUNES   | M    | 43    | M4044 107 | INDIVIDUAL         | 00:48:45 | 00:47:22 |
| 501   | 823    | NUNO COSTA          | M    | 41    | M4044 108 | SS CGD             | 00:48:45 | 00:47:22 |
| 502   | 787    | LUÍS GAMA           | M    | 52    | M5054 53  | AMIGOS FRANCISCO   | 00:48:45 | 00:48:25 |
| 503   | 307    | PAULA CARDOSO       | F    | 38    | F3544 8   | JPRBFAMILIACARDOSO | 00:48:45 | 00:48:43 |
| 504   | 1576   | PEDRO ALVES         | M    | 43    | M4044 109 |                    | 00:48:45 | 00:48:16 |
| 505   | 306    | ANTÓNIO CARDOSO     | M    | 44    | M4044 110 | JPRBFAMILIACARDOSO | 00:48:45 | 00:48:42 |
| 506   | 378    | JOSÉ MORAIS         | M    | 54    | M5054 54  | OS ZATOPEQUES      | 00:48:45 | 00:48:07 |
| 507   | 1082   | JULIO ROQUE         | M    | 50    | M5054 55  | A VALE SILENCIO    | 00:48:47 | 00:47:37 |
| 508   | 1198   | DANIEL ANTUNES      | M    | 53    | M5054 56  | CÂMARA L CLUBE     | 00:48:47 | 00:48:39 |
| 509   | 890    | CARLOS SEQUEIRA     | M    | 47    | M4549 75  | O2 LIFE CENTER     | 00:48:48 | 00:48:33 |
| 510   | 253    | RAFAEL SANTOS       | M    | 48    | M4549 76  | CCDT METRO LX      | 00:48:50 | 00:48:21 |
| 511   | 2000   | MIGUEL JUDAS        | M    | 42    | M4044 111 | INDIVIDUAL         | 00:48:58 | 00:48:58 |
| 512   | 248    | JOAO MOREIRA        | M    | 48    | M4549 77  | CCDT METRO LX      | 00:49:00 | 00:48:31 |
| 513   | 1535   | ANTONIO GRILO       | M    | 52    | M5054 57  | INDIVIDUAL         | 00:49:04 | 00:48:33 |
| 514   | 637    | FERNANDO RODRIGUES  | M    | 48    | M4549 78  | RODRIGUES          | 00:49:04 | 00:48:18 |
| 515   | 747    | SERGIO MONTES       | M    | 38    | M3539 101 | NAZ ABOBODA        | 00:49:05 | 00:48:34 |
| 516   | 62     | MARIO RESINA        | M    | 37    | M3539 102 | INDIVIDUAL         | 00:49:07 | 00:48:28 |
| 517   | 503    | FERNANDO GASPAR     | M    | 36    | M3539 103 | INCAPAZES          | 00:49:07 | 00:48:36 |
| 518   | 601    | BRUNO SANTOS        | M    | 40    | M4044 112 | GORUN VENDAS NOVAS | 00:49:10 | 00:48:39 |
| 519   | 910    | JOSÉ M S SEGURO     | M    | 29    | M2034 80  | INDIVIDUAL         | 00:49:11 | 00:48:44 |
| 520   | 702    | RUI COSTA           | M    | 29    | M2034 81  | GYRAD              | 00:49:12 | 00:48:37 |
| 521   | 37     | ALEXANDRE MATEUS    | M    | 39    | M3539 104 | INDIVIDUAL         | 00:49:14 | 00:48:37 |
| 522   | 553    | CARLOS FORTUNATO    | M    | 53    | M5054 58  | GA MONSANTO/GASCAN | 00:49:16 | 00:48:53 |
| 523   | 947    | SANDEEP JHA         | M    | 30    | M2034 82  | CLUBE VODAFONE     | 00:49:16 | 00:49:03 |
| 524   | 129    | RUI GOUVEIA         | M    | 32    | M2034 83  | INDIVIDUAL         | 00:49:16 | 00:49:11 |
| 525   | 893    | PABLO OLIVEIRA      | M    | 41    | M4044 113 | INDIVIDUAL         | 00:49:16 | 00:49:13 |
| 526   | 1097   | ANTONIO RAMOS       | M    | 44    | M4044 114 | FCR ROSSÃO         | 00:49:17 | 00:49:10 |
| 527   | 818    | JOAO CABRITO        | M    | 52    | M5054 59  | SS CGD             | 00:49:18 | 00:48:47 |
| 528   | 1234   | SÉRGIO CIPRIANO     | M    | 37    | M3539 105 | AMCR FONTE GRADA   | 00:49:18 | 00:48:45 |
| 529   | 175    | MÁRIO LOPES         | M    | 47    | M4549 79  | OS PERIGOSOS       | 00:49:18 | 00:48:52 |
| 530   | 620    | RICARDO FERNANDES   | M    | 31    | M2034 84  | INDIVIDUAL         | 00:49:18 | 00:49:13 |
| 531   | 911    | IDALÉCIO BARROS     | M    | 61    | M6099 19  | INDIVIDUAL         | 00:49:19 | 00:49:15 |
| 532   | 157    | TELMO COELHO        | M    | 40    | M4044 115 | ACD BOCAL          | 00:49:20 | 00:48:31 |
| 533   | 158    | JOÃO CARVALHO       | M    | 52    | M5054 60  | ACD BOCAL          | 00:49:20 | 00:48:29 |
| 534   | 123    | PEDRO PALHA         | M    | 34    | M2034 85  | GD SANTANDER TOTTA | 00:49:22 | 00:48:29 |
| 535   | 332    | JOSÉ SOUSA          | M    | 65    | M6099 20  | CD ARNEIRO         | 00:49:24 | 00:49:23 |
| 536   | 1218   | NUNO CARDOSO        | M    | 44    | M4044 116 | CADACORRER         | 00:49:25 | 00:49:22 |
| 537   | 1325   | CARLOS SERRA        | M    | 47    | M4549 80  | INDIVIDUAL         | 00:49:25 | 00:49:13 |
| 538   | 432    | LUIS MONTEIRO       | M    | 44    | M4044 117 | C MILLENNIUM BCP   | 00:49:28 | 00:49:14 |
| 539   | 82     | MIGUEL PEREIRA      | M    | 41    | M4044 118 | PI-LINHA RUNNERS   | 00:49:28 | 00:49:05 |
| 540   | 112    | NUNO DAMIAES        | M    | 34    | M2034 86  | GD SANTANDER TOTTA | 00:49:30 | 00:48:33 |

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão | Equipa                      | Tempo    | Chip     |
|-------|--------|--------------------|------|-------|---------|-----------------------------|----------|----------|
| 541   | 1019   | ELISA VARELA       | F    | 42    | F3544   | 9 GD SAO DOMINGOS           | 00:49:30 | 00:49:24 |
| 542   | 1028   | FERNANDO GUERREIRO | M    | 68    | M6099   | 21 GD SAO DOMINGOS          | 00:49:31 | 00:49:21 |
| 543   | 1686   | JOSE BONITO        | M    | 45    | M4549   | 81                          | 00:49:31 | 00:49:10 |
| 544   | 603    | TIAGO FERREIRA     | M    | 33    | M2034   | 87 HAPPY RUNNERS            | 00:49:32 | 00:48:51 |
| 545   | 176    | CARLOS SOUSA       | M    | 58    | M5559   | 25 OS PERIGOSOS             | 00:49:34 | 00:49:13 |
| 546   | 161    | LUIS PENTEADO      | M    | 44    | M4044   | 119 BUERAPIDOS              | 00:49:34 | 00:48:53 |
| 547   | 92     | JOÃO FIALHO        | M    | 36    | M3539   | 106 CCD-AT                  | 00:49:36 | 00:49:03 |
| 548   | 586    | FRANCISCO PEREIRA  | M    | 48    | M4549   | 82 AÇOREANA C BANIF         | 00:49:36 | 00:48:53 |
| 549   | 162    | JOÃO BENTO         | M    | 47    | M4549   | 83 BUERAPIDOS               | 00:49:36 | 00:48:55 |
| 550   | 1480   | JOAO ANTUNES       | M    | 46    | M4549   | 84 C BENFICA T VEDRAS       | 00:49:36 | 00:48:53 |
| 551   | 881    | STEVEN DUNLOP      | M    | 42    | M4044   | 120 EMSA                    | 00:49:37 | 00:49:31 |
| 552   | 1348   | MANUEL FONSECA     | M    | 52    | M5054   | 61 AB CAMPOLIDE             | 00:49:37 | 00:49:33 |
| 553   | 1191   | TIAGO FONSECA      | M    | 42    | M4044   | 121 INDIVIDUAL              | 00:49:39 | 00:49:27 |
| 554   | 1456   | JOSE SERPA         | M    | 70    | M6099   | 22 CF OS BELENENSES         | 00:49:39 | 00:49:24 |
| 555   | 1568   | JOAO SARAIVA       | M    | 36    | M3539   | 107                         | 00:49:39 | 00:48:55 |
| 556   | 214    | LUIS GUERRA        | M    | 40    | M4044   | 122 INDIVIDUAL              | 00:49:39 | 00:48:54 |
| 557   | 721    | FILIPE BRANCO      | M    | 45    | M4549   | 85 URD ARRANHÔ              | 00:49:40 | 00:49:13 |
| 558   | 795    | GRAÇA ROLDÃO       | F    | 51    | F4599   | 4 OS TUGAS                  | 00:49:41 | 00:49:15 |
| 559   | 722    | EDGAR FRANCISCO    | M    | 50    | M5054   | 62 URD ARRANHÔ              | 00:49:41 | 00:49:41 |
| 560   | 471    | MIGUEL CASTELA     | M    | 45    | M4549   | 86 AA LEBRES SADO           | 00:49:41 | 00:49:09 |
| 561   | 261    | LUIA PALMINHAS     | F    | 46    | F4599   | 5 RUNLOVERS                 | 00:49:42 | 00:49:21 |
| 562   | 217    | ANTONIO RIBEIRO    | M    | 54    | M5054   | 63 GAA VF XIRA              | 00:49:46 | 00:49:01 |
| 563   | 1295   | ANTÓNIO GONÇALVES  | M    | 54    | M5054   | 64 C NOT PARQUE NAÇOES      | 00:49:46 | 00:49:25 |
| 564   | 943    | MAURO GONÇALVES    | M    | 40    | M4044   | 123 CLUBE VODAFONE          | 00:49:47 | 00:49:36 |
| 565   | 1484   | MANUEL ANTONIO     | M    | 46    | M4549   | 87 RAIL RUNNERS SC          | 00:49:49 | 00:49:36 |
| 566   | 13     | DAVID A D SIMAO    | M    | 45    | M4549   | 88 INDIVIDUAL               | 00:49:52 | 00:49:39 |
| 567   | 40     | DANIEL RAMOS       | M    | 39    | M3539   | 108 JOBRINDE MONTES SALOIOS | 00:49:55 | 00:49:16 |
| 568   | 357    | JOSE P O GOMES     | M    | 46    | M4549   | 89 INDIVIDUAL               | 00:49:55 | 00:49:38 |
| 569   | 90     | HUMBERTO AFONSO    | M    | 40    | M4044   | 124                         | 00:49:57 | 00:49:05 |
| 570   | 230    | SÉRGIO F M PIRES   | M    | 40    | M4044   | 125 INDIVIDUAL              | 00:49:59 | 00:48:40 |
| 571   | 339    | HILARIO TORRES     | M    | 56    | M5559   | 26 INDIVIDUAL               | 00:50:00 | 00:49:53 |
| 572   | 1286   | NUNO ALMEIDA       | M    | 39    | M3539   | 109 C NOT PARQUE NAÇOES     | 00:50:01 | 00:49:51 |
| 573   | 1294   | FATIMA GONÇALVES   | F    | 48    | F4599   | 6 C NOT PARQUE NAÇOES       | 00:50:05 | 00:49:45 |
| 574   | 212    | ANTÓNIO CARDOSO    | M    | 48    | M4549   | 90 INDIVIDUAL               | 00:50:08 | 00:49:51 |
| 575   | 1392   | JOSE SILVA         | M    | 51    | M5054   | 65 INGLESES FC              | 00:50:08 | 00:50:08 |
| 576   | 1394   | FRANCISCO CUNHA    | M    | 51    | M5054   | 66 INGLESES FC              | 00:50:08 | 00:50:08 |
| 577   | 1354   | RICARDO GASPAR     | M    | 25    | M2034   | 88 A VALE SILENCIO          | 00:50:09 | 00:48:58 |
| 578   | 618    | ANTÓNIO C MARTINS  | M    | 54    | M5054   | 67 FALCOES SELVAGENS        | 00:50:11 | 00:49:46 |
| 579   | 636    | CARLOS RODRIGUES   | M    | 41    | M4044   | 126 RODRIGUES               | 00:50:12 | 00:49:22 |
| 580   | 737    | PEDRO NISA         | M    | 42    | M4044   | 127 INDIVIDUAL              | 00:50:13 | 00:49:26 |
| 581   | 1251   | DIOGO GONÇALVES    | M    | 32    | M2034   | 89 INDIVIDUAL               | 00:50:13 | 00:49:45 |
| 582   | 4      | RUI MATOS          | M    | 38    | M3539   | 110 BE2RUN                  | 00:50:13 | 00:49:59 |
| 583   | 1589   | RENATO GUILHERME   | M    | 37    | M3539   | 111                         | 00:50:14 | 00:50:02 |
| 584   | 21     | PEDRO HC BARROSO   | M    | 34    | M2034   | 90 FISIOPARROSORUN          | 00:50:15 | 00:49:53 |
| 585   | 986    | JOÃO TRIGO         | M    | 20    | M2034   | 91 ÁRBITROS DE FUTEBOL      | 00:50:15 | 00:49:03 |

| Lugar | Dorsal | Atleta            | Sexo | Idade | Escalão   | Equipa                         | Tempo    | Chip     |
|-------|--------|-------------------|------|-------|-----------|--------------------------------|----------|----------|
| 586   | 838    | ANTONIO BOGAS     | M    | 49    | M4549 91  | C BENFICA ALG M MARTINS        | 00:50:16 | 00:49:56 |
| 587   | 653    | PAULO FERRO       | M    | 42    | M4044 128 | CR CRUZ PAU                    | 00:50:16 | 00:49:31 |
| 588   | 1326   | JOSÉ ALMEIDA      | M    | 48    | M4549 92  | INDIVIDUAL                     | 00:50:17 | 00:50:04 |
| 589   | 1563   | MANUEL SA         | M    | 65    | M6099 23  | CC ARCOS VALDEVEZ              | 00:50:18 | 00:50:01 |
| 590   | 1073   | ANTÓNIO FERNANDES | M    | 59    | M5559 27  | A VALE SILENCIO                | 00:50:18 | 00:49:10 |
| 591   | 1324   | JOÃO FERNANDES    | M    | 39    | M3539 112 | INDIVIDUAL                     | 00:50:18 | 00:50:07 |
| 592   | 1035   | TINA OLIVEIRA     | F    | 51    | F4599 7   | AMINHACORRIDA/ KALENJI         | 00:50:19 | 00:50:11 |
| 593   | 713    | NUNO LOPES        | M    | 41    | M4044 129 | FC ESTRELAS LISBOA             | 00:50:19 | 00:49:29 |
| 594   | 1173   | RUI ANDRÉ         | M    | 57    | M5559 28  | FALCÕES SELVAGENS              | 00:50:20 | 00:49:53 |
| 595   | 1172   | LUÍS GRAÇA        | M    | 45    | M4549 93  | FALCÕES SELVAGENS              | 00:50:20 | 00:49:51 |
| 596   | 719    | SOFIA TRISTÃO     | F    | 39    | F3544 10  | INDIVIDUAL                     | 00:50:21 | 00:49:54 |
| 597   | 1076   | CARLOS PASCOA     | M    | 48    | M4549 94  | A VALE SILENCIO                | 00:50:22 | 00:49:13 |
| 598   | 1246   | DORAMAS RODRIGUEZ | M    | 35    | M3539 113 | INDIVIDUAL                     | 00:50:24 | 00:49:56 |
| 599   | 155    | ERNESTO GUIA      | M    | 61    | M6099 24  | ACD BOCAL                      | 00:50:25 | 00:49:33 |
| 600   | 9      | JORGE NETO        | M    | 43    | M4044 130 | INDIVIDUAL                     | 00:50:26 | 00:50:12 |
| 601   | 323    | JORGE MATINHO     | M    | 48    | M4549 95  | INDIVIDUAL                     | 00:50:27 | 00:49:44 |
| 602   | 674    | BRUNO M C LOPES   | M    | 40    | M4044 131 | TOUGH TRAILS ALENQUER          | 00:50:28 | 00:50:14 |
| 603   | 185    | LUÍS MARTINS      | M    | 49    | M4549 96  | REST CARLA                     | 00:50:33 | 00:49:41 |
| 604   | 1292   | ADELINO TRINDADE  | M    | 45    | M4549 97  | C NOT PARQUE NAÇOES            | 00:50:36 | 00:49:43 |
| 605   | 427    | PEDRO QUARESMA    | M    | 49    | M4549 98  | C MILLENNIUM BCP               | 00:50:36 | 00:50:21 |
| 606   | 1300   | ANTONIO IRIA      | M    | 47    | M4549 99  | C NOT PARQUE NAÇOES            | 00:50:36 | 00:49:44 |
| 607   | 1288   | FERNANDO SERRANO  | M    | 46    | M4549 100 | C NOT PARQUE NAÇOES            | 00:50:37 | 00:50:27 |
| 608   | 1083   | LEONEL NEVES      | M    | 62    | M6099 25  | A VALE SILENCIO                | 00:50:38 | 00:49:30 |
| 609   | 271    | VANDA CHAVES      | F    | 37    | F3544 11  | RUNNERS F RIB POVOA STA IRIA   | 00:50:38 | 00:50:34 |
| 610   | 641    | SÉRGIO JESUS      | M    | 22    | M2034 92  | NCAFB                          | 00:50:39 | 00:49:30 |
| 611   | 1022   | GONÇALO REBELO    | M    | 56    | M5559 29  | GD SAO DOMINGOS                | 00:50:39 | 00:50:14 |
| 612   | 642    | DANIEL CARVALHO   | M    | 23    | M2034 93  | NCAFB                          | 00:50:39 | 00:49:29 |
| 613   | 505    | JOÃO RIBEIRO      | M    | 36    | M3539 114 | INCAPAZES                      | 00:50:39 | 00:50:07 |
| 614   | 1075   | ARMANDO ALMEIDA   | M    | 56    | M5559 30  | A VALE SILENCIO                | 00:50:40 | 00:49:28 |
| 615   | 1004   | PAULO SARROEIRA   | M    | 45    | M4549 101 | C FERROV PORTUGAL              | 00:50:42 | 00:49:51 |
| 616   | 76     | EDUARDO RIBEIRO   | M    | 31    | M2034 94  | INDIVIDUAL                     | 00:50:42 | 00:49:43 |
| 617   | 1546   | ALBERTO SANTOS    | M    | 48    | M4549 102 | INDIVIDUAL                     | 00:50:43 | 00:49:44 |
| 618   | 903    | PEDRO PINGUINHA   | M    | 40    | M4044 132 | RUNNING ACADEMY/O2 LIFE CENTER | 00:50:45 | 00:50:27 |
| 619   | 1256   | JOÃO P C ALVES    | M    | 40    | M4044 133 | INDIVIDUAL                     | 00:50:46 | 00:50:43 |
| 620   | 1031   | CARLOS LOPES      | M    | 41    | M4044 134 | AMINHACORRIDA/ KALENJI         | 00:50:49 | 00:49:24 |
| 621   | 1042   | PAULO GOMES       | M    | 35    | M3539 115 | AMINHACORRIDA/ KALENJI         | 00:50:50 | 00:49:26 |
| 622   | 455    | JOSÉ C FRAGA      | M    | 35    | M3539 116 | ROMANTIC RUNNERS               | 00:50:50 | 00:50:31 |
| 623   | 216    | JOSÉ SERAFIM      | M    | 59    | M5559 31  | GAA VF XIRA                    | 00:50:51 | 00:50:09 |
| 624   | 46     | BRUNO PROENCA     | M    | 35    | M3539 117 | TANTADOR                       | 00:50:51 | 00:50:35 |
| 625   | 1443   | PEDRO RIBEIRO     | M    | 36    | M3539 118 | RUN 4 FUN                      | 00:50:52 | 00:50:15 |
| 626   | 511    | FERNANDO SILVEIRO | M    | 47    | M4549 103 | FC ESTRELAS LISBOA             | 00:50:53 | 00:50:02 |
| 627   | 72     | LUIS A MORENO     | M    | 33    | M2034 95  | INDIVIDUAL                     | 00:50:55 | 00:49:31 |
| 628   | 879    | JOSÉ GABRIEL      | M    | 58    | M5559 32  | INDIVIDUAL                     | 00:51:01 | 00:49:57 |
| 629   | 605    | NUNO LUFINHA      | M    | 41    | M4044 135 | HAPPY RUNNERS                  | 00:51:02 | 00:50:17 |
| 630   | 631    | JOAQUIM CARRUFA   | M    | 45    | M4549 104 | INDIVIDUAL                     | 00:51:03 | 00:50:11 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão   | Equipa              | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|-----------|---------------------|----------|----------|
| 631   | 779    | SERGIO BORGES         | M    | 43    | M4044 136 | ND AUTOCOOPE        | 00:51:04 | 00:50:24 |
| 632   | 869    | ANTÓNIO SILVA         | M    | 56    | M5559 33  | O PARQUE LBS        | 00:51:06 | 00:50:37 |
| 633   | 868    | PEDRO SILVA           | M    | 31    | M2034 96  | O PARQUE LBS        | 00:51:06 | 00:50:37 |
| 634   | 873    | CARLOS MELO           | M    | 49    | M4549 105 | CORRER LISBOA       | 00:51:07 | 00:50:53 |
| 635   | 676    | BRUNO ALVES           | M    | 32    | M2034 97  | INDIVIDUAL          | 00:51:07 | 00:50:53 |
| 636   | 1515   | JOSE FELICIANO        | M    | 41    | M4044 137 | INDIVIDUAL          | 00:51:09 | 00:50:54 |
| 637   | 1579   | BRUNO DELTINO         | M    | 34    | M2034 98  |                     | 00:51:09 | 00:51:00 |
| 638   | 575    | TAM AFONSO            | M    | 63    | M6099 26  | AÇOREANA C BANIF    | 00:51:10 | 00:51:04 |
| 639   | 1098   | CARLOS TEIXEIRA       | M    | 52    | M5054 68  | FCR ROSSÃO          | 00:51:13 | 00:50:30 |
| 640   | 1175   | MIGUEL BARRADAS       | M    | 42    | M4044 138 | INDIVIDUAL          | 00:51:18 | 00:50:41 |
| 641   | 499    | ALMERINDO M L SILVA   | M    | 58    | M5559 34  | ADC CATUJAL         | 00:51:20 | 00:50:46 |
| 642   | 540    | RICARDO MENDES        | M    | 37    | M3539 119 | INDIVIDUAL          | 00:51:22 | 00:51:12 |
| 643   | 1181   | VASCO ARMÉS           | M    | 43    | M4044 139 | CARAPUS DE CORRIDA  | 00:51:26 | 00:50:46 |
| 644   | 1062   | NUNO TEMPERA          | M    | 46    | M4549 106 | RUNLOVERS           | 00:51:27 | 00:50:52 |
| 645   | 147    | JOSE C MARTINS        | M    | 36    | M3539 120 | FALCOES SELVAGENS   | 00:51:28 | 00:51:18 |
| 646   | 619    | SERGIO PONTES         | M    | 39    | M3539 121 | INDIVIDUAL          | 00:51:29 | 00:50:08 |
| 647   | 1174   | JOSÉ COSTA ALVES      | M    | 46    | M4549 107 | INDIVIDUAL          | 00:51:29 | 00:51:10 |
| 648   | 517    | PAULO TRINCHEIRAS     | M    | 44    | M4044 140 | AUTOJACINTO         | 00:51:31 | 00:50:13 |
| 649   | 1202   | ADELINO PIRES         | M    | 53    | M5054 69  | CÂMARA L CLUBE      | 00:51:31 | 00:50:50 |
| 650   | 976    | PEDRO PROENÇA         | M    | 45    | M4549 108 | ÁRBITROS DE FUTEBOL | 00:51:32 | 00:50:20 |
| 651   | 1465   | RICARDO B VENTURA     | M    | 37    | M3539 122 | INDIVIDUAL          | 00:51:32 | 00:50:59 |
| 652   | 985    | TIAGO TRIGO           | M    | 44    | M4044 141 | ÁRBITROS DE FUTEBOL | 00:51:32 | 00:50:19 |
| 653   | 975    | ANDRÉ CAMPOS          | M    | 37    | M3539 123 | ÁRBITROS DE FUTEBOL | 00:51:32 | 00:50:14 |
| 654   | 980    | RUI RODRIGUES         | M    | 37    | M3539 124 | ÁRBITROS DE FUTEBOL | 00:51:33 | 00:50:16 |
| 655   | 282    | CYNTHIA MARTINEZ      | F    | 33    | F0034 14  | INDIVIDUAL          | 00:51:34 | 00:50:59 |
| 656   | 1307   | MIGUEL MATOS          | M    | 49    | M4549 109 | DOR DE BURRO        | 00:51:35 | 00:51:04 |
| 657   | 649    | DJALMA RODRIGUES      | M    | 43    | M4044 142 | INDIVIDUAL          | 00:51:35 | 00:51:27 |
| 658   | 116    | FERNANDO SIMOES       | M    | 60    | M6099 27  | GD SANTANDER TOTTA  | 00:51:37 | 00:50:46 |
| 659   | 612    | MANUEL CRISPIM        | M    | 63    | M6099 28  | UDCA                | 00:51:38 | 00:50:19 |
| 660   | 138    | PAULO SOUSA           | M    | 42    | M4044 143 | INDIVIDUAL          | 00:51:38 | 00:51:22 |
| 661   | 1091   | BRUNO CALDEIRA        | M    | 41    | M4044 144 | PERNAS DE GAFANHOTO | 00:51:39 | 00:51:03 |
| 662   | 1641   | PAULO QUINTAS         | M    | 43    | M4044 145 | INDIVIDUAL          | 00:51:39 | 00:51:23 |
| 663   | 613    | SANDRO SILVA          | M    | 36    | M3539 125 | INDIVIDUAL          | 00:51:40 | 00:51:38 |
| 664   | 966    | LILIANA CORREIA       | F    | 22    | F0034 15  | FAM 2 RUN           | 00:51:42 | 00:51:32 |
| 665   | 359    | JOAO COCHARRO         | M    | 39    | M3539 126 |                     | 00:51:42 | 00:50:50 |
| 666   | 1345   | DAVID PALMEIRO        | M    | 49    | M4549 110 | AB CAMPOLIDE        | 00:51:42 | 00:51:36 |
| 667   | 174    | ALCIDES NUNES         | M    | 57    | M5559 35  | OS PERIGOSOS        | 00:51:42 | 00:51:20 |
| 668   | 1054   | NUNO ALVES            | M    | 34    | M2034 99  | INDIVIDUAL          | 00:51:45 | 00:51:26 |
| 669   | 1643   | ATLETA NÃO CADASTRADO | M    | 0     | M0019 24  |                     | 00:51:45 | 00:50:48 |
| 670   | 1396   | BERNARDO GRADISSIMO   | M    | 57    | M5559 36  | INGLESES FC         | 00:51:46 | 00:51:39 |
| 671   | 105    | LINO OLIVEIRA         | M    | 70    | M6099 29  | GD SANTANDER TOTTA  | 00:51:46 | 00:51:36 |
| 672   | 1018   | ROSARIA MORGADO       | F    | 41    | F3544 12  | GD SAO DOMINGOS     | 00:51:47 | 00:51:40 |
| 673   | 1020   | ANABELA CARVALHO      | F    | 51    | F4599 8   | GD SAO DOMINGOS     | 00:51:47 | 00:51:41 |
| 674   | 1023   | HERLANDER MARTINS     | M    | 59    | M5559 37  | GD SAO DOMINGOS     | 00:51:48 | 00:51:48 |
| 675   | 1395   | FERNANDO RAMALHETE    | M    | 53    | M5054 70  | INGLESES FC         | 00:51:51 | 00:50:49 |

| Lugar | Dorsal | Atleta                 | Sexo | Idade | Escalão | Equipa                      | Tempo    | Chip     |
|-------|--------|------------------------|------|-------|---------|-----------------------------|----------|----------|
| 676   | 463    | NUNO FREITAS           | M    | 36    | M3539   | 127 A LIVRES CANEÇAS        | 00:51:53 | 00:51:01 |
| 677   | 785    | ANDRÉ MACHADO          | M    | 24    | M2034   | 100 INDIVIDUAL              | 00:51:53 | 00:51:33 |
| 678   | 1203   | LICÍNIO FIDALGO        | M    | 56    | M5559   | 38 CÂMARA L CLUBE           | 00:51:53 | 00:50:49 |
| 679   | 1142   | CARLOS CORREIA         | M    | 33    | M2034   | 101 INDIVIDUAL              | 00:51:53 | 00:50:40 |
| 680   | 1637   | ATLETA NÃO CADASTRADO  | M    | 0     | M0019   | 25                          | 00:51:54 | 00:51:48 |
| 681   | 1306   | EMÍDIO CARRAPEIRO      | M    | 55    | M5559   | 39 DOR DE BURRO             | 00:51:54 | 00:51:22 |
| 682   | 840    | MARIO CHARRUA          | M    | 47    | M4549   | 111 C BENFICA ALG M MARTINS | 00:51:54 | 00:50:38 |
| 683   | 358    | JORGE M S CARREIRAS    | M    | 49    | M4549   | 112 INDIVIDUAL              | 00:51:55 | 00:50:45 |
| 684   | 740    | LUIS MONTEIRO          | M    | 39    | M3539   | 128 TEAM 3                  | 00:51:56 | 00:51:30 |
| 685   | 1270   | VITOR MARTINS          | M    | 44    | M4044   | 146 INDIVIDUAL              | 00:51:58 | 00:50:32 |
| 686   | 1675   | BRUNO NOGUEIRA         | M    | 40    | M4044   | 147 GO FIT                  | 00:51:58 | 00:51:29 |
| 687   | 915    | PEDRO MARTINS          | M    | 30    | M2034   | 102 INDIVIDUAL              | 00:51:58 | 00:51:39 |
| 688   | 1112   | RUI RIBEIRO            | M    | 43    | M4044   | 148 INDIVIDUAL              | 00:51:59 | 00:51:48 |
| 689   | 236    | ANTONIO C NOVAS        | M    | 37    | M3539   | 129 INDIVIDUAL              | 00:51:59 | 00:50:42 |
| 690   | 456    | ALEXANDRA DINIS        | F    | 37    | F3544   | 13 ROMANTIC RUNNERS         | 00:52:01 | 00:51:50 |
| 691   | 622    | MIGUEL LAVRADOR        | M    | 44    | M4044   | 149 INDIVIDUAL              | 00:52:02 | 00:51:34 |
| 692   | 1127   | ILISITO FERREIRA       | M    | 32    | M2034   | 103 CADACORRER              | 00:52:06 | 00:52:03 |
| 693   | 1095   | ANTONIO SILVA          | M    | 55    | M5559   | 40 FCR ROSSÃO               | 00:52:07 | 00:51:25 |
| 694   | 1400   | GILBERTO MORAIS        | M    | 60    | M6099   | 30 INGLESES FC              | 00:52:08 | 00:52:08 |
| 695   | 1252   | SEBASTIÃO GUERRA       | M    | 30    | M2034   | 104 INDIVIDUAL              | 00:52:09 | 00:51:39 |
| 696   | 87     | ALFREDO NEVES          | M    | 59    | M5559   | 41 AC VERMOIL               | 00:52:09 | 00:51:37 |
| 697   | 874    | LUÍS C SILVA           | M    | 40    | M4044   | 150 C BENFICA SEIXAL        | 00:52:11 | 00:51:00 |
| 698   | 207    | CARLOS SEMIDE          | M    | 41    | M4044   | 151 INDIVIDUAL              | 00:52:11 | 00:51:07 |
| 699   | 1074   | ARMANDO SILVA          | M    | 51    | M5054   | 71 A VALE SILENCIO          | 00:52:12 | 00:51:00 |
| 700   | 875    | PAULA SANTOS           | F    | 46    | F4599   | 9 OS TUGAS                  | 00:52:12 | 00:51:44 |
| 701   | 95     | SALVADOR AFONSO        | M    | 61    | M6099   | 31 GD SANTANDER TOTTA       | 00:52:12 | 00:52:01 |
| 702   | 1205   | EDUARDO MANSO          | M    | 54    | M5054   | 72 CÂMARA L CLUBE           | 00:52:14 | 00:51:08 |
| 703   | 667    | ANA F REBELO           | F    | 22    | F0034   | 16 FALCOES SELVAGENS        | 00:52:15 | 00:52:04 |
| 704   | 42     | LEONOR CANDEIAS        | F    | 27    | F0034   | 17 AMIGOS LOBOS             | 00:52:16 | 00:51:44 |
| 705   | 483    | FILIPE RODRIGUES       | M    | 21    | M2034   | 105 GD CHELAS               | 00:52:18 | 00:52:18 |
| 706   | 1206   | JOÃO PEREIRA           | M    | 45    | M4549   | 113 CÂMARA L CLUBE          | 00:52:19 | 00:51:13 |
| 707   | 1247   | MIGUEL GAMA            | M    | 40    | M4044   | 152 INDIVIDUAL              | 00:52:22 | 00:50:57 |
| 708   | 333    | JORGE PAULINO          | M    | 53    | M5054   | 73 AMIGOS PENICHE           | 00:52:24 | 00:52:15 |
| 709   | 466    | MARCOS RATOLA          | M    | 36    | M3539   | 130 INDIVIDUAL              | 00:52:25 | 00:51:20 |
| 710   | 441    | VASCO ALPALHÃO         | M    | 45    | M4549   | 114 INDIVIDUAL              | 00:52:25 | 00:51:21 |
| 711   | 1530   | PEDRO CARVALHO         | M    | 31    | M2034   | 106 CADACORRER              | 00:52:28 | 00:52:23 |
| 712   | 1148   | CECILIA M M C MARTINHO | F    | 48    | F4599   | 10 INDIVIDUAL               | 00:52:28 | 00:51:55 |
| 713   | 438    | JOSE MOTA              | M    | 55    | M5559   | 42 WIKABOO                  | 00:52:28 | 00:52:09 |
| 714   | 1405   | FERNANDO MARQUES       | M    | 66    | M6099   | 32 INGLESES FC              | 00:52:30 | 00:52:16 |
| 715   | 744    | SUSANA SANTOS          | F    | 30    | F0034   | 18 INDIVIDUAL               | 00:52:33 | 00:51:29 |
| 716   | 23     | MANUEL BATISTA         | M    | 50    | M5054   | 74 BATISTAS                 | 00:52:34 | 00:51:41 |
| 717   | 745    | ANDRÉ CARVALHO         | M    | 36    | M3539   | 131 INDIVIDUAL              | 00:52:34 | 00:51:30 |
| 718   | 127    | RICARDO TRINCHEIRAS    | M    | 35    | M3539   | 132 INDIVIDUAL              | 00:52:34 | 00:51:15 |
| 719   | 1046   | LUÍS BOLETO            | M    | 38    | M3539   | 133 IRMANDADE DA PEDALEIRA  | 00:52:35 | 00:51:28 |
| 720   | 761    | NUNO CHARRUA           | M    | 39    | M3539   | 134 INDIVIDUAL              | 00:52:35 | 00:52:20 |



| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão   | Equipa                     | Tempo    | Chip     |
|-------|--------|--------------------|------|-------|-----------|----------------------------|----------|----------|
| 721   | 587    | PAULO TORRAO       | M    | 44    | M4044 153 | AÇOREANA C BANIF           | 00:52:37 | 00:51:19 |
| 722   | 1207   | PAULO GORDINHO     | M    | 40    | M4044 154 | CÂMARA L CLUBE             | 00:52:37 | 00:51:30 |
| 723   | 578    | FAUSTO ISAAC       | M    | 46    | M4549 115 | AÇOREANA C BANIF           | 00:52:38 | 00:51:19 |
| 724   | 798    | RUI COSTA          | M    | 46    | M4549 116 | INDIVIDUAL                 | 00:52:41 | 00:52:25 |
| 725   | 382    | ORLANDO SILVA      | M    | 55    | M5559 43  | OS ZATOPEQUES              | 00:52:42 | 00:52:07 |
| 726   | 923    | TELMA MOTA         | F    | 36    | F3544 14  | INFANTADO FC               | 00:52:42 | 00:52:01 |
| 727   | 380    | JORGE LEITÃO       | M    | 51    | M5054 75  | OS ZATOPEQUES              | 00:52:42 | 00:52:03 |
| 728   | 206    | RICARDO PÁSCOA     | M    | 35    | M3539 135 | INDIVIDUAL                 | 00:52:42 | 00:52:10 |
| 729   | 1617   | LUIS M ROQUE       | M    | 46    | M4549 117 | CAA PARQUE PAZ             | 00:52:43 | 00:51:58 |
| 730   | 5      | JOSÉ FINURAS       | M    | 45    | M4549 118 | MULTIRUNNERS               | 00:52:44 | 00:51:58 |
| 731   | 969    | PEDRO G FERREIRA   | M    | 50    | M5054 76  | MULTIRUNNERS               | 00:52:44 | 00:51:58 |
| 732   | 928    | DANIEL JORDAO      | M    | 35    | M3539 136 | INDIVIDUAL                 | 00:52:44 | 00:52:07 |
| 733   | 1063   | PEDRO NUNES        | M    | 43    | M4044 155 | MARMEDSA                   | 00:52:44 | 00:52:17 |
| 734   | 832    | RUI PEREIRA        | M    | 45    | M4549 119 | SS CGD                     | 00:52:45 | 00:51:57 |
| 735   | 1213   | MANUEL MAJOR       | M    | 42    | M4044 156 | INDIVIDUAL                 | 00:52:46 | 00:51:35 |
| 736   | 1263   | JORGE FERRAZ       | M    | 44    | M4044 157 | INDIVIDUAL                 | 00:52:47 | 00:52:38 |
| 737   | 1243   | NUNO PITTA         | M    | 46    | M4549 120 | HAKKEN                     | 00:52:48 | 00:51:58 |
| 738   | 600    | ADELAIDE FELIZARDO | F    | 38    | F3544 15  | GORUN VENDAS NOVAS         | 00:52:49 | 00:52:19 |
| 739   | 712    | PAULO REVÉS        | M    | 43    | M4044 158 | LESMAS ALOPRADAS           | 00:52:50 | 00:52:00 |
| 740   | 585    | JOAO SERRA         | M    | 43    | M4044 159 | AÇOREANA C BANIF           | 00:52:52 | 00:52:16 |
| 741   | 170    | BRUNO PEREIRA      | M    | 39    | M3539 137 | INDIVIDUAL                 | 00:52:52 | 00:51:38 |
| 742   | 1553   | ANA P GUEDES       | F    | 44    | F3544 16  | OS AMIGOS PARQUE DA PAZ    | 00:52:52 | 00:52:34 |
| 743   | 156    | JOÃO BATISTA       | M    | 38    | M3539 138 | ACD BOCAL                  | 00:52:53 | 00:52:02 |
| 744   | 1012   | ANTONIO JORDAO     | M    | 38    | M3539 139 | SFUAP                      | 00:52:54 | 00:52:06 |
| 745   | 1214   | RICARDO MORGADO    | M    | 33    | M2034 107 | INDIVIDUAL                 | 00:52:54 | 00:51:42 |
| 746   | 191    | ANA DUARTE         | F    | 45    | F4599 11  | FALCOES SELVAGENS          | 00:52:54 | 00:52:54 |
| 747   | 376    | NUNO NUNES         | M    | 41    | M4044 160 | CCD-AT                     | 00:52:57 | 00:52:24 |
| 748   | 1610   | RUI ANTUNES        | M    | 41    | M4044 161 |                            | 00:52:57 | 00:52:05 |
| 749   | 1521   | NATACHA MARTINS    | F    | 34    | F0034 19  | CARAP AUS DE CORRIDA       | 00:52:59 | 00:52:22 |
| 750   | 643    | SILVANA SEBASTIÃO  | F    | 28    | F0034 20  | NCAFB                      | 00:53:00 | 00:51:53 |
| 751   | 849    | MARIO RAMOS        | M    | 56    | M5559 44  | APOGMA                     | 00:53:00 | 00:52:11 |
| 752   | 858    | JOAO FONSECA       | M    | 46    | M4549 121 | AMCF - ARRÁBIDA TRAIL TEAM | 00:53:01 | 00:52:45 |
| 753   | 366    | JOAO BARATA        | M    | 45    | M4549 122 | INDIVIDUAL                 | 00:53:07 | 00:52:51 |
| 754   | 534    | GILBERTO GONÇALVES | M    | 67    | M6099 33  | CAA BELEM                  | 00:53:11 | 00:52:10 |
| 755   | 633    | MÓNICA CARRUFA     | F    | 31    | F0034 21  | INDIVIDUAL                 | 00:53:14 | 00:52:24 |
| 756   | 91     | JOÃO CAMPOS        | M    | 43    | M4044 162 | RONHONHÓS RT               | 00:53:15 | 00:52:57 |
| 757   | 829    | PEDRO LOPES        | M    | 36    | M3539 140 | SS CGD                     | 00:53:15 | 00:52:41 |
| 758   | 602    | FRANCISCO ROQUE    | M    | 60    | M6099 34  | HAPPY RUNNERS              | 00:53:17 | 00:52:31 |
| 759   | 1179   | JORGE A T ESTEVES  | M    | 51    | M5054 77  | INDIVIDUAL                 | 00:53:18 | 00:52:44 |
| 760   | 751    | JORGE PAIVA        | M    | 51    | M5054 78  | NAZ ABOBODA                | 00:53:18 | 00:52:09 |
| 761   | 1136   | FILIFE SOUSA       | M    | 21    | M2034 108 | EQUIPA "CT AFL"            | 00:53:20 | 00:52:07 |
| 762   | 1070   | CARLOS ALVES       | M    | 58    | M5559 45  | C FERROV PORTUGAL          | 00:53:20 | 00:52:23 |
| 763   | 1347   | ANTONIO LIMA       | M    | 52    | M5054 79  | AB CAMPOLIDE               | 00:53:20 | 00:53:20 |
| 764   | 1581   | BRUNO SANTOS       | M    | 30    | M2034 109 |                            | 00:53:22 | 00:53:14 |
| 765   | 1582   | NUNO ROQUE         | M    | 29    | M2034 110 |                            | 00:53:22 | 00:53:14 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão   | Equipa                          | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|-----------|---------------------------------|----------|----------|
| 766   | 1185   | NUNO CLEMENTE         | M    | 42    | M4044 163 | CARAPPAUS DE CORRIDA            | 00:53:24 | 00:52:43 |
| 767   | 1403   | FERNANDO SANTOS       | M    | 62    | M6099 35  | INGLESES FC                     | 00:53:26 | 00:53:20 |
| 768   | 1315   | RICARDO LUÍS          | M    | 36    | M3539 141 | VIVA OS AMIGOS                  | 00:53:27 | 00:52:58 |
| 769   | 628    | MARTA ALVES           | F    | 36    | F3544 17  | INDIVIDUAL                      | 00:53:29 | 00:52:24 |
| 770   | 1519   | GONÇALO MALHEIRO      | M    | 43    | M4044 164 | INDIVIDUAL                      | 00:53:30 | 00:52:41 |
| 771   | 680    | RICARDO CORREIA       | M    | 34    | M2034 111 | INDIVIDUAL                      | 00:53:31 | 00:52:57 |
| 772   | 321    | LUIS M F ANTUNES      | M    | 43    | M4044 165 | RB RUNNING                      | 00:53:32 | 00:53:17 |
| 773   | 452    | JORGE ANDRADE         | M    | 53    | M5054 80  | INDIVIDUAL                      | 00:53:33 | 00:52:58 |
| 774   | 921    | NUNO DUARTE           | M    | 32    | M2034 112 | INFANTADO FC                    | 00:53:35 | 00:53:17 |
| 775   | 811    | BRUNO DIAS            | M    | 39    | M3539 142 | SS CGD                          | 00:53:37 | 00:53:03 |
| 776   | 1225   | HERMÍNIO CABACEIRA    | M    | 54    | M5054 81  | CABACEIRA SPORTS & RUN          | 00:53:38 | 00:53:17 |
| 777   | 815    | FRANCISCO CLERIGO     | M    | 62    | M6099 36  | SS CGD                          | 00:53:39 | 00:53:22 |
| 778   | 685    | CARLOS SILVA          | M    | 41    | M4044 166 | MATILHA RADICAL                 | 00:53:39 | 00:53:03 |
| 779   | 1619   | DUARTE CARREIRA       | M    | 30    | M2034 113 | JF OLIVAIS                      | 00:53:40 | 00:53:10 |
| 780   | 11     | ALEXANDRE TAM         | M    | 36    | M3539 143 | INDIVIDUAL                      | 00:53:41 | 00:53:34 |
| 781   | 1305   | JOAO REIS             | M    | 44    | M4044 167 | DOR DE BURRO                    | 00:53:42 | 00:53:10 |
| 782   | 405    | FERNANDO ALMEIDA      | M    | 47    | M4549 123 | C MILLENNIUM BCP                | 00:53:42 | 00:52:59 |
| 783   | 1605   | ATLETA NÃO CADASTRADO | M    | 0     | M0019 26  |                                 | 00:53:42 | 00:52:29 |
| 784   | 1606   | ATLETA NÃO CADASTRADO | M    | 0     | M0019 27  |                                 | 00:53:43 | 00:52:30 |
| 785   | 52     | CARLOS FREIRE         | M    | 43    | M4044 168 | ADCR PJ                         | 00:53:43 | 00:52:58 |
| 786   | 1416   | HUGO REBELO           | M    | 41    | M4044 169 | OS GALEGOS                      | 00:53:52 | 00:53:24 |
| 787   | 1275   | BRUNO PIRES           | M    | 39    | M3539 144 | INDIVIDUAL                      | 00:53:53 | 00:53:17 |
| 788   | 681    | LUIS H SILVA          | M    | 44    | M4044 170 | MATILHA RADICAL                 | 00:53:54 | 00:53:15 |
| 789   | 683    | PATRÍCIA JEREMIAS     | F    | 38    | F3544 18  | MATILHA RADICAL                 | 00:53:54 | 00:53:16 |
| 790   | 317    | MIGUEL TEIXEIRA       | M    | 33    | M2034 114 | RUNNING OF D <sup>a</sup> MARIA | 00:53:55 | 00:53:28 |
| 791   | 353    | RICARDO BORDALO       | M    | 46    | M4549 124 | INDIVIDUAL                      | 00:53:55 | 00:52:36 |
| 792   | 2      | JOSE MATIAS           | M    | 51    | M5054 82  | INDIVIDUAL                      | 00:54:01 | 00:52:57 |
| 793   | 39     | HUGO SILVA            | M    | 42    | M4044 171 | INDIVIDUAL                      | 00:54:02 | 00:53:18 |
| 794   | 267    | RUI HENRIQUES         | M    | 44    | M4044 172 | INDIVIDUAL                      | 00:54:05 | 00:53:12 |
| 795   | 1583   | NUNO PEREIRA          | M    | 29    | M2034 115 |                                 | 00:54:05 | 00:53:49 |
| 796   | 1108   | NUNO MARTINS          | M    | 36    | M3539 145 | LETS RUN MODAFOCAS              | 00:54:05 | 00:52:49 |
| 797   | 413    | LUIS REIS             | M    | 46    | M4549 125 | C MILLENNIUM BCP                | 00:54:06 | 00:53:20 |
| 798   | 159    | RUI M P PIRES         | M    | 42    | M4044 173 | INDIVIDUAL                      | 00:54:09 | 00:53:15 |
| 799   | 187    | JOÃO P ALMEIDA        | M    | 48    | M4549 126 | KANINOS                         | 00:54:10 | 00:53:39 |
| 800   | 944    | NUNO PEDROSO          | M    | 44    | M4044 174 | CLUBE VODAFONE                  | 00:54:10 | 00:54:10 |
| 801   | 1575   | MIGUEL RIBEIRO        | M    | 45    | M4549 127 |                                 | 00:54:11 | 00:53:27 |
| 802   | 1539   | RUI DIAS              | M    | 38    | M3539 146 | INDIVIDUAL                      | 00:54:13 | 00:53:51 |
| 803   | 1152   | TIAGO SILVA           | M    | 38    | M3539 147 | INDIVIDUAL                      | 00:54:14 | 00:52:54 |
| 804   | 402    | NUNO MARTINS          | M    | 18    | M0019 28  | C MILLENNIUM BCP                | 00:54:14 | 00:52:52 |
| 805   | 1      | JOSE M NUNES          | M    | 44    | M4044 175 | ACTIVIDADE FISICA               | 00:54:14 | 00:53:12 |
| 806   | 1672   | FRANCISCO VIEIRA      | M    | 44    | M4044 176 | GO FIT                          | 00:54:15 | 00:53:15 |
| 807   | 512    | PEDRO CARVALHO        | M    | 39    | M3539 148 | FC ESTRELAS LISBOA              | 00:54:15 | 00:53:24 |
| 808   | 429    | JOAQUIM FULGENCIO     | M    | 58    | M5559 46  | C MILLENNIUM BCP                | 00:54:15 | 00:53:45 |
| 809   | 1137   | JOSÉ FIGUEIREDO       | M    | 44    | M4044 177 | EQUIPA "CT AFL"                 | 00:54:16 | 00:53:04 |
| 810   | 1021   | CARLOS QUEIROGA       | M    | 55    | M5559 47  | GD SAO DOMINGOS                 | 00:54:17 | 00:54:17 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão   | Equipa                     | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|-----------|----------------------------|----------|----------|
| 811   | 485    | JORGE LOPES           | M    | 41    | M4044 178 | GD CHELAS                  | 00:54:17 | 00:53:12 |
| 812   | 1027   | ANIBAL CARVALHO       | M    | 64    | M6099 37  | GD SAO DOMINGOS            | 00:54:17 | 00:53:01 |
| 813   | 1271   | TIAGO DIAS            | M    | 27    | M2034 116 | INDIVIDUAL                 | 00:54:18 | 00:54:17 |
| 814   | 139    | SÓNIA FIGUEIREDO      | F    | 39    | F3544 19  | INDIVIDUAL                 | 00:54:18 | 00:53:22 |
| 815   | 1607   | DIOGO ALFARO          | M    | 31    | M2034 117 |                            | 00:54:19 | 00:53:05 |
| 816   | 812    | CATARINA MARTINS      | F    | 43    | F3544 20  | SS CGD                     | 00:54:19 | 00:53:26 |
| 817   | 758    | PAULO ONOFRE          | M    | 45    | M4549 128 | AMCF - ARRÁBIDA TRAIL TEAM | 00:54:21 | 00:53:56 |
| 818   | 475    | DANIEL M FEITEIRONA   | M    | 33    | M2034 118 | INDIVIDUAL                 | 00:54:23 | 00:53:26 |
| 819   | 401    | MARIANA MARTINS       | F    | 18    | F0034 22  | C MILLENNIUM BCP           | 00:54:23 | 00:52:58 |
| 820   | 344    | JOÃO SANTOS           | M    | 21    | M2034 119 | INDIVIDUAL                 | 00:54:23 | 00:53:01 |
| 821   | 850    | LUIS CAMPOS           | M    | 66    | M6099 38  | ALVERCA URBAN RUNNERS      | 00:54:24 | 00:53:52 |
| 822   | 28     | JOÃO PINTO            | M    | 34    | M2034 120 | INDIVIDUAL                 | 00:54:25 | 00:53:52 |
| 823   | 1642   | ATLETA NÃO CADASTRADO | M    | 0     | M0019 29  |                            | 00:54:26 | 00:53:27 |
| 824   | 36     | NORBERTO MACEDO       | M    | 39    | M3539 149 | INDIVIDUAL                 | 00:54:27 | 00:53:43 |
| 825   | 755    | CARLOS SIMÕES         | M    | 72    | M6099 39  | NAZ ABOBODA                | 00:54:29 | 00:53:19 |
| 826   | 163    | PEDRO ROSENDO         | M    | 29    | M2034 121 | FAPOC                      | 00:54:30 | 00:54:06 |
| 827   | 1523   | ANA ALMEIDA           | F    | 38    | F3544 21  | CARAP AUS DE CORRIDA       | 00:54:32 | 00:53:55 |
| 828   | 368    | RUI MANUEL FERNANDES  | M    | 44    | M4044 179 |                            | 00:54:36 | 00:54:05 |
| 829   | 19     | MIGUEL DIAS           | M    | 44    | M4044 180 | RUN 4 FUN                  | 00:54:37 | 00:54:12 |
| 830   | 71     | DAVID ALMEIDA         | M    | 44    | M4044 181 | INDIVIDUAL                 | 00:54:40 | 00:54:18 |
| 831   | 764    | VIRGILIO NASCIMENTO   | M    | 59    | M5559 48  | CA VALE FIGUEIRA           | 00:54:41 | 00:53:30 |
| 832   | 1157   | SERGIO MARQUES        | M    | 44    | M4044 182 | INDIVIDUAL                 | 00:54:42 | 00:53:49 |
| 833   | 833    | SEVERINO ROSA         | M    | 60    | M6099 40  | SS CGD                     | 00:54:43 | 00:53:52 |
| 834   | 1120   | CARLOS ALBANO         | M    | 44    | M4044 183 | SS CGD                     | 00:54:43 | 00:53:51 |
| 835   | 654    | LUIS FERRO            | M    | 44    | M4044 184 | CR CRUZ PAU                | 00:54:44 | 00:54:01 |
| 836   | 595    | PAULO MORAIS          | M    | 42    | M4044 185 | PAPA TRILHOS               | 00:54:45 | 00:54:24 |
| 837   | 180    | RUI M S ALVES         | M    | 41    | M4044 186 | INDIVIDUAL                 | 00:54:45 | 00:54:22 |
| 838   | 205    | LUIS FERREIRA         | M    | 39    | M3539 150 | BOLELAS TEAM               | 00:54:45 | 00:53:39 |
| 839   | 204    | RICARDO LEITÃO        | M    | 39    | M3539 151 | BOLELAS TEAM               | 00:54:46 | 00:53:39 |
| 840   | 570    | FERNANDO ANDRADE      | M    | 61    | M6099 41  | AÇOREANA C BANIF           | 00:54:46 | 00:53:40 |
| 841   | 1679   | ANTONIO AMARAL        | M    | 35    | M3539 152 | GO FIT                     | 00:54:47 | 00:53:45 |
| 842   | 757    | RICARDO CAMPOS        | M    | 40    | M4044 187 | AFO                        | 00:54:48 | 00:53:56 |
| 843   | 1361   | ANTONIO SANTINHOS     | M    | 45    | M4549 129 | INDIVIDUAL                 | 00:54:53 | 00:53:57 |
| 844   | 160    | FERNANDO CARVALHO     | M    | 44    | M4044 188 | BUERAPIDOS                 | 00:54:55 | 00:54:13 |
| 845   | 1149   | SÍLVIA P SANTOS       | F    | 38    | F3544 22  | INDIVIDUAL                 | 00:54:57 | 00:54:28 |
| 846   | 831    | RUI MARTINS           | M    | 36    | M3539 153 | SS CGD                     | 00:54:58 | 00:53:43 |
| 847   | 1016   | JOSE L NOBRE          | M    | 52    | M5054 83  | SFUAP                      | 00:54:59 | 00:53:43 |
| 848   | 295    | VASCO A PAIXÃO        | M    | 31    | M2034 122 | INDIVIDUAL                 | 00:55:00 | 00:54:20 |
| 849   | 1665   | PEDRO QUINTANILHA     | M    | 31    | M2034 123 | GO FIT                     | 00:55:03 | 00:54:02 |
| 850   | 260    | JOÃO LEITÃO           | M    | 45    | M4549 130 | RUNLOVERS                  | 00:55:04 | 00:54:40 |
| 851   | 1599   | ATLETA NÃO CADASTRADO | M    | 0     | M0019 30  |                            | 00:55:05 | 00:54:32 |
| 852   | 257    | NUNO MARQUES          | M    | 48    | M4549 131 | RUNLOVERS                  | 00:55:05 | 00:54:42 |
| 853   | 1090   | TIAGO SILVA           | M    | 24    | M2034 124 | A VALE SILENCIO            | 00:55:07 | 00:53:57 |
| 854   | 1079   | FERNANDO SILVA        | M    | 51    | M5054 84  | A VALE SILENCIO            | 00:55:07 | 00:53:59 |
| 855   | 1072   | ANTÓNIO COELHO        | M    | 41    | M4044 189 | A VALE SILENCIO            | 00:55:07 | 00:54:27 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão | Equipa                  | Tempo    | Chip     |
|-------|--------|---------------------|------|-------|---------|-------------------------|----------|----------|
| 856   | 625    | PAULO PINHEIRO      | M    | 46    | M4549   | 132 INDIVIDUAL          | 00:55:08 | 00:55:08 |
| 857   | 1089   | SANDRA BAPTISTA     | F    | 39    | F3544   | 23 A VALE SILENCIO      | 00:55:08 | 00:53:59 |
| 858   | 1081   | JOSÉ MOGA           | M    | 57    | M5559   | 49 A VALE SILENCIO      | 00:55:08 | 00:54:00 |
| 859   | 1087   | PAULO BARBEITO      | M    | 51    | M5054   | 85 A VALE SILENCIO      | 00:55:08 | 00:53:58 |
| 860   | 718    | ALEXANDRA GUERREIRO | F    | 42    | F3544   | 24 INDIVIDUAL           | 00:55:10 | 00:54:41 |
| 861   | 53     | MARIO GOULART       | M    | 44    | M4044   | 190 ADCR PJ             | 00:55:14 | 00:54:29 |
| 862   | 1135   | PEDRO MENDES        | M    | 32    | M2034   | 125 EQUIPA "CT AFL"     | 00:55:16 | 00:54:02 |
| 863   | 614    | ISABEL NICOLAU      | F    | 45    | F4599   | 12 O2 LIFE CENTER       | 00:55:17 | 00:55:01 |
| 864   | 335    | MARGARIDA MARTINS   | F    | 57    | F4599   | 13 AMIGOS PENICHE       | 00:55:17 | 00:55:08 |
| 865   | 982    | ANA RIBEIRP         | F    | 35    | F3544   | 25 ÁRBITROS DE FUTEBOL  | 00:55:18 | 00:53:57 |
| 866   | 978    | HUGO RIBEIRO        | M    | 34    | M2034   | 126 ÁRBITROS DE FUTEBOL | 00:55:18 | 00:53:55 |
| 867   | 989    | TIAGO G L FERREIRA  | M    | 33    | M2034   | 127 INDIVIDUAL          | 00:55:20 | 00:55:20 |
| 868   | 1111   | LUIS AREIAS         | M    | 29    | M2034   | 128 INDIVIDUAL          | 00:55:21 | 00:54:20 |
| 869   | 652    | ANGELO FLOR         | M    | 59    | M5559   | 50 INDIVIDUAL           | 00:55:21 | 00:54:53 |
| 870   | 629    | CARLOS HENRIQUES    | M    | 52    | M5054   | 86 INDIVIDUAL           | 00:55:21 | 00:54:13 |
| 871   | 753    | JOAQUIM GAMITO      | M    | 54    | M5054   | 87 NAZ ABOBODA          | 00:55:22 | 00:54:59 |
| 872   | 1011   | FILOMENA JESUS      | F    | 43    | F3544   | 26 SFUAP                | 00:55:27 | 00:54:40 |
| 873   | 1118   | JORGE NASCIMENTO    | M    | 43    | M4044   | 191                     | 00:55:27 | 00:54:15 |
| 874   | 995    | JOANA PINTO         | F    | 18    | F0034   | 23 ASS NAVAL AMORENSE   | 00:55:28 | 00:55:21 |
| 875   | 360    | PAULO V CARDOSO     | M    | 52    | M5054   | 88 INDIVIDUAL           | 00:55:28 | 00:55:00 |
| 876   | 398    | LEONEL BRANDAO      | M    | 48    | M4549   | 133 C MILLENNIUM BCP    | 00:55:30 | 00:55:18 |
| 877   | 430    | MARIO MENDES        | M    | 51    | M5054   | 89 C MILLENNIUM BCP     | 00:55:30 | 00:55:19 |
| 878   | 771    | ANTÓNIO MATEUS      | M    | 73    | M6099   | 42 OS ZATOPEQUES        | 00:55:31 | 00:55:14 |
| 879   | 305    | CECILIA TAVARES     | F    | 49    | F4599   | 14 CCD CASA PIA         | 00:55:32 | 00:55:23 |
| 880   | 1025   | NUNO SILVA          | M    | 61    | M6099   | 43 GD SAO DOMINGOS      | 00:55:32 | 00:55:32 |
| 881   | 1407   | PATRICIA ROMAO      | F    | 18    | F0034   | 24 INGLESES FC          | 00:55:33 | 00:55:20 |
| 882   | 316    | NUNO MONTEIRO       | M    | 35    | M3539   | 154 RUNNING OF Dª MARIA | 00:55:34 | 00:55:09 |
| 883   | 1212   | DANIEL OLIVEIRA     | M    | 60    | M6099   | 44 CÂMARA L CLUBE       | 00:55:34 | 00:54:12 |
| 884   | 63     | CARLOS PENA         | M    | 46    | M4549   | 134 CORRER POR GOSTO    | 00:55:35 | 00:54:50 |
| 885   | 70     | JORGE M G PIRES     | M    | 61    | M6099   | 45 INDIVIDUAL           | 00:55:36 | 00:54:43 |
| 886   | 706    | JORGE LOURENÇO      | M    | 22    | M2034   | 129 SC CASAINHOS        | 00:55:38 | 00:54:22 |
| 887   | 221    | JOAQUIM F C PINTO   | M    | 56    | M5559   | 51 INDIVIDUAL           | 00:55:38 | 00:54:43 |
| 888   | 433    | PEDRO FERNANDES     | M    | 39    | M3539   | 155 C MILLENNIUM BCP    | 00:55:40 | 00:54:34 |
| 889   | 646    | DINIS GORJÃO        | M    | 30    | M2034   | 130 NCAFB               | 00:55:41 | 00:54:34 |
| 890   | 265    | MIGUEL FONTES       | M    | 34    | M2034   | 131 GDCFA               | 00:55:41 | 00:55:04 |
| 891   | 644    | MAURO SANTOS        | M    | 31    | M2034   | 132 NCAFB               | 00:55:43 | 00:54:35 |
| 892   | 172    | ABEL LUÍS           | M    | 51    | M5054   | 90 CORRER EPAL          | 00:55:43 | 00:55:43 |
| 893   | 748    | JOSÉ OLIVEIRA       | M    | 50    | M5054   | 91 NAZ ABOBODA          | 00:55:44 | 00:54:33 |
| 894   | 1115   | JOANA FRAGATA       | F    | 39    | F3544   | 27 INDIVIDUAL           | 00:55:45 | 00:55:28 |
| 895   | 149    | PAULA VIEIRA        | F    | 43    | F3544   | 28 FALCOES SELVAGENS    | 00:55:45 | 00:55:36 |
| 896   | 1647   | LUIS PEREIRA        | M    | 46    | M4549   | 135 O2 LIFE CENTER      | 00:55:47 | 00:55:30 |
| 897   | 1266   | RUI SIMOES          | M    | 38    | M3539   | 156 INDIVIDUAL          | 00:55:48 | 00:54:57 |
| 898   | 621    | DAVIDE CHAINHO      | M    | 28    | M2034   | 133 INDIVIDUAL          | 00:55:49 | 00:55:49 |
| 899   | 1438   | FERNANDO GIL        | M    | 63    | M6099   | 46 INDIVIDUAL           | 00:55:50 | 00:54:51 |
| 900   | 767    | PAULO DUARTE        | M    | 50    | M5054   | 92 GDCT UNICRE          | 00:55:51 | 00:54:42 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                  | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|---------|-------------------------|----------|----------|
| 901   | 1010   | MARIO ALVES           | M    | 60    | M6099   | 47 SFUAP                | 00:55:52 | 00:55:02 |
| 902   | 1343   | PAULA SOARES          | F    | 45    | F4599   | 15 REST O CARTAXEIRO    | 00:55:52 | 00:55:45 |
| 903   | 1432   | MIGUEL MARTINS        | M    | 35    | M3539   | 157 INDIVIDUAL          | 00:55:53 | 00:54:56 |
| 904   | 1431   | JOSE PAULO            | M    | 36    | M3539   | 158 INDIVIDUAL          | 00:55:53 | 00:54:56 |
| 905   | 1602   | ATLETA NÃO CADASTRADO | M    | 0     | M0019   | 31                      | 00:55:53 | 00:54:54 |
| 906   | 892    | ANALICE SILVA         | F    | 72    | F4599   | 16 INDIVIDUAL           | 00:55:55 | 00:55:48 |
| 907   | 385    | RUI OLIVEIRA          | M    | 58    | M5559   | 52 OS ZATOPEQUES        | 00:55:56 | 00:55:21 |
| 908   | 709    | LUIZ RIBEIRO ROSA     | M    | 62    | M6099   | 48 CAA BELEM            | 00:55:58 | 00:54:46 |
| 909   | 1301   | PEDRO TEIXEIRA        | M    | 29    | M2034   | 134 C NOT PARQUE NAÇOES | 00:55:58 | 00:54:28 |
| 910   | 1297   | CARLOS DIAS           | M    | 59    | M5559   | 53 C NOT PARQUE NAÇOES  | 00:55:58 | 00:55:32 |
| 911   | 1296   | DANIEL PEREIRA        | M    | 42    | M4044   | 192 C NOT PARQUE NAÇOES | 00:55:59 | 00:55:28 |
| 912   | 99     | JOAO ROCHA            | M    | 64    | M6099   | 49 GD SANTANDER TOTTA   | 00:56:00 | 00:55:51 |
| 913   | 367    | RUBEN COSTA           | M    | 35    | M3539   | 159 BRRNIGHTRUNNERS     | 00:56:04 | 00:55:50 |
| 914   | 538    | JOÃO BENEVENTE        | M    | 63    | M6099   | 50 CA AMIGOS PARQUE PAZ | 00:56:05 | 00:55:40 |
| 915   | 953    | PEDRO SOBRAL          | M    | 42    | M4044   | 193 INDIVIDUAL          | 00:56:05 | 00:55:07 |
| 916   | 1676   | PEDRO FARINHA         | M    | 37    | M3539   | 160 GO FIT              | 00:56:07 | 00:55:37 |
| 917   | 418    | NELSON GUIMARAES      | M    | 68    | M6099   | 51 C MILLENNIUM BCP     | 00:56:07 | 00:55:11 |
| 918   | 219    | LUÍSA RALHA           | F    | 56    | F4599   | 17 RUN 4 FUN            | 00:56:07 | 00:55:32 |
| 919   | 1674   | LINA MONTEIRO         | F    | 39    | F3544   | 29 GO FIT               | 00:56:08 | 00:55:40 |
| 920   | 847    | CARLOS SOUSA          | M    | 48    | M4549   | 136 APOGMA              | 00:56:09 | 00:55:19 |
| 921   | 738    | DORA FIGUEIREDO       | F    | 44    | F3544   | 30 TEAM 3               | 00:56:11 | 00:55:46 |
| 922   | 241    | LUIS AMORIM           | M    | 57    | M5559   | 54 NA BDF               | 00:56:12 | 00:55:41 |
| 923   | 31     | CRISTINA LUCAS        | F    | 40    | F3544   | 31 OS NINOS             | 00:56:13 | 00:55:36 |
| 924   | 29     | HELENA PINTO          | F    | 37    | F3544   | 32 INDIVIDUAL           | 00:56:13 | 00:55:40 |
| 925   | 33     | JOSÉ G PIRES          | M    | 45    | M4549   | 137 ASAS NOS PÉS        | 00:56:14 | 00:55:33 |
| 926   | 1241   | RICARDO CAROLA        | M    | 32    | M2034   | 135 INDIVIDUAL          | 00:56:17 | 00:56:15 |
| 927   | 948    | ROGÉRIO DIAS          | M    | 44    | M4044   | 194 INDIVIDUAL          | 00:56:17 | 00:56:17 |
| 928   | 902    | EDUARDO BORRALHO      | M    | 55    | M5559   | 55 INDIVIDUAL           | 00:56:17 | 00:56:17 |
| 929   | 167    | FERNANDO CORREIA      | M    | 50    | M5054   | 93 GRD RIBEIRA LAGE     | 00:56:18 | 00:55:38 |
| 930   | 477    | VASCO REBELO          | M    | 49    | M4549   | 138 INDIVIDUAL          | 00:56:19 | 00:55:39 |
| 931   | 1290   | VASCO BAPTISTA        | M    | 42    | M4044   | 195 C NOT PARQUE NAÇOES | 00:56:20 | 00:55:22 |
| 932   | 220    | JOÃO RALHA            | M    | 56    | M5559   | 56 RUN 4 FUN            | 00:56:21 | 00:55:47 |
| 933   | 934    | EVA SILVA             | F    | 40    | F3544   | 33 ERICSSON             | 00:56:21 | 00:55:13 |
| 934   | 968    | ALEXANDRE ARANA       | M    | 50    | M5054   | 94 ERICSSON             | 00:56:21 | 00:55:11 |
| 935   | 168    | LICINIA REGO          | F    | 46    | F4599   | 18 GRD RIBEIRA LAGE     | 00:56:23 | 00:55:43 |
| 936   | 1162   | JOEL MARTINS          | M    | 38    | M3539   | 161 CUA BENAVENTENSE    | 00:56:23 | 00:55:43 |
| 937   | 222    | CARLOS FOLGADO        | M    | 55    | M5559   | 57 GRD RIBEIRA LAGE     | 00:56:24 | 00:55:44 |
| 938   | 1153   | JOAO FREITAS          | M    | 48    | M4549   | 139 PAPAVERONAIR        | 00:56:25 | 00:56:25 |
| 939   | 431    | PEDRO PIRES           | M    | 48    | M4549   | 140 C MILLENNIUM BCP    | 00:56:26 | 00:56:14 |
| 940   | 1104   | BÁRBARA M O CRUZ      | F    | 24    | F0034   | 25 INDIVIDUAL           | 00:56:28 | 00:55:23 |
| 941   | 56     | SERGIO RODELO         | M    | 46    | M4549   | 141 INDIVIDUAL          | 00:56:29 | 00:55:50 |
| 942   | 972    | RICARDO L PINTO       | M    | 40    | M4044   | 196 MOTA TEVE MEDO      | 00:56:30 | 00:56:22 |
| 943   | 1517   | MARIA SILVA           | F    | 46    | F4599   | 19 INDIVIDUAL           | 00:56:31 | 00:55:52 |
| 944   | 266    | SUSANA PEDRO          | F    | 29    | F0034   | 26 GDCFA                | 00:56:31 | 00:55:53 |
| 945   | 992    | RAQUEL D M DUQUE      | F    | 28    | F0034   | 27 INDIVIDUAL           | 00:56:32 | 00:56:17 |

| Lugar | Dorsal | Atleta            | Sexo | Idade | Escalão | Equipa                     | Tempo    | Chip     |
|-------|--------|-------------------|------|-------|---------|----------------------------|----------|----------|
| 946   | 1455   | LUIS SILVA        | M    | 64    | M6099   | 52 CF OS BELENENSES        | 00:56:33 | 00:56:28 |
| 947   | 940    | ANTÓNIO SIETRA    | M    | 42    | M4044   | 197 CLUBE VODAFONE         | 00:56:34 | 00:56:21 |
| 948   | 1349   | MARIA AGUIAR      | F    | 44    | F3544   | 34 AB CAMPOLIDE            | 00:56:34 | 00:55:45 |
| 949   | 1048   | SUSANA OLIVEIRA   | F    | 36    | F3544   | 35 INDIVIDUAL              | 00:56:35 | 00:56:31 |
| 950   | 1667   | PAULA BAKKER      | F    | 44    | F3544   | 36 GO FIT                  | 00:56:37 | 00:55:34 |
| 951   | 281    | JOÃO CRUZ         | M    | 41    | M4044   | 198 MALUCOS CORRIDA        | 00:56:38 | 00:55:22 |
| 952   | 150    | VITOR ABRANCHES   | M    | 44    | M4044   | 199 FALCOES SELVAGENS      | 00:56:40 | 00:56:28 |
| 953   | 69     | JOANA A FERNANDES | F    | 25    | F0034   | 28 CORRER LISBOA           | 00:56:40 | 00:56:14 |
| 954   | 550    | MARIA NOGUEIRA    | F    | 44    | F3544   | 37 INDIVIDUAL              | 00:56:41 | 00:56:10 |
| 955   | 1192   | LUIS SOUSA        | M    | 40    | M4044   | 200 INDIVIDUAL             | 00:56:42 | 00:56:07 |
| 956   | 1653   | ANA SILVA         | F    | 33    | F0034   | 29                         | 00:56:43 | 00:56:17 |
| 957   | 388    | PEDRO GONÇALVES   | M    | 42    | M4044   | 201 TURBOLENTOS            | 00:56:45 | 00:55:55 |
| 958   | 1117   | RITA ESTEVES      | F    | 43    | F3544   | 38 INDIVIDUAL              | 00:56:46 | 00:56:36 |
| 959   | 1237   | JOÃO GONÇALVES    | M    | 38    | M3539   | 162 PRIMOS DOS POUSOS      | 00:56:46 | 00:56:02 |
| 960   | 1304   | JOÃO MENDES PEDRO | M    | 43    | M4044   | 202 INDIVIDUAL             | 00:56:46 | 00:55:45 |
| 961   | 254    | RICARDO MARTINS   | M    | 34    | M2034   | 136 INDIVIDUAL             | 00:56:47 | 00:56:31 |
| 962   | 1572   | WALTER PALMA      | M    | 50    | M5054   | 95                         | 00:56:48 | 00:56:13 |
| 963   | 1570   | LUIS VIEGAS       | M    | 45    | M4549   | 142                        | 00:56:48 | 00:56:13 |
| 964   | 148    | LUIS REIS         | M    | 52    | M5054   | 96 FALCOES SELVAGENS       | 00:56:48 | 00:56:01 |
| 965   | 1254   | FILIPE VITORIO    | M    | 30    | M2034   | 137 INDIVIDUAL             | 00:56:50 | 00:56:20 |
| 966   | 931    | LUÍS CAPÃO        | M    | 36    | M3539   | 163 INDIVIDUAL             | 00:56:53 | 00:55:59 |
| 967   | 1633   | SANDRA GASPAR     | F    | 40    | F3544   | 39 CM LISBOA               | 00:56:54 | 00:56:15 |
| 968   | 526    | HUGO COSTA        | M    | 37    | M3539   | 164 INDIVIDUAL             | 00:56:55 | 00:55:49 |
| 969   | 979    | VANESSA GOMES     | F    | 28    | F0034   | 30 ÁRBITROS DE FUTEBOL     | 00:56:56 | 00:55:35 |
| 970   | 1543   | ANTÓNIO FRANCO    | M    | 32    | M2034   | 138 TEAM ACELERA           | 00:56:57 | 00:55:33 |
| 971   | 181    | LUIS PROENÇA      | M    | 46    | M4549   | 143 INDIVIDUAL             | 00:56:58 | 00:56:35 |
| 972   | 536    | JOAO P FERNANDES  | M    | 36    | M3539   | 165 INDIVIDUAL             | 00:56:59 | 00:56:06 |
| 973   | 1056   | NELSON COUTEIRO   | M    | 39    | M3539   | 166 INDIVIDUAL             | 00:56:59 | 00:56:07 |
| 974   | 462    | JOSÉ FREITAS      | M    | 37    | M3539   | 167 A LIVRES CANEÇAS       | 00:57:00 | 00:56:08 |
| 975   | 1334   | RICARDO MORAIS    | M    | 35    | M3539   | 168 INDIVIDUAL             | 00:57:01 | 00:56:47 |
| 976   | 1067   | RENATO ALVES      | M    | 33    | M2034   | 139 RB RUNNERS             | 00:57:03 | 00:56:35 |
| 977   | 1274   | JOSÉ SEBASTIÃO    | M    | 44    | M4044   | 203 INDIVIDUAL             | 00:57:04 | 00:56:34 |
| 978   | 632    | ANTÓNIO PEREIRA   | M    | 63    | M6099   | 53 INDIVIDUAL              | 00:57:04 | 00:56:13 |
| 979   | 1499   | INES FREIRE       | F    | 18    | F0034   | 31 CDUL                    | 00:57:05 | 00:56:06 |
| 980   | 716    | RICARDO LOURENÇO  | M    | 44    | M4044   | 204 FC ESTRELAS LISBOA     | 00:57:05 | 00:56:15 |
| 981   | 1502   | LEONOR ABECASSIS  | F    | 18    | F0034   | 32 CDUL                    | 00:57:05 | 00:56:06 |
| 982   | 1176   | PEDRO REIS        | M    | 43    | M4044   | 205 EVELX                  | 00:57:06 | 00:56:42 |
| 983   | 839    | ESTELA COSTA      | F    | 41    | F3544   | 40 C BENFICA ALG M MARTINS | 00:57:09 | 00:56:12 |
| 984   | 611    | JOAQUIM CRISPIM   | M    | 59    | M5559   | 58 UDCA                    | 00:57:09 | 00:55:50 |
| 985   | 1194   | ANTÓNIO A R COSTA | M    | 32    | M2034   | 140 INDIVIDUAL             | 00:57:12 | 00:55:59 |
| 986   | 6      | MARTINHO DIAS     | M    | 39    | M3539   | 169 INDIVIDUAL             | 00:57:12 | 00:57:04 |
| 987   | 1186   | CLAUDIO RODRIGUES | M    | 50    | M5054   | 97 CARAP AUS DE CORRIDA    | 00:57:13 | 00:56:30 |
| 988   | 1611   | HENRIQUE VENTURA  | M    | 36    | M3539   | 170                        | 00:57:14 | 00:56:23 |
| 989   | 1658   | LUIS MIRANDA      | M    | 56    | M5559   | 59                         | 00:57:14 | 00:55:53 |
| 990   | 555    | JOSÉ AIRES        | M    | 58    | M5559   | 60 GA MONSANTO/GASCAN      | 00:57:14 | 00:56:11 |

| Lugar | Dorsal | Atleta                 | Sexo | Idade | Escalão   | Equipa                 | Tempo    | Chip     |
|-------|--------|------------------------|------|-------|-----------|------------------------|----------|----------|
| 991   | 60     | DIOGO NOBRE            | M    | 28    | M2034 141 | SALA 13 RUNNING TEAM   | 00:57:16 | 00:56:30 |
| 992   | 809    | ANTONIO CARPINTEIRO    | M    | 70    | M6099 54  | SS CGD                 | 00:57:20 | 00:57:12 |
| 993   | 1406   | JEREMIAS RIBEIRO       | M    | 72    | M6099 55  | INGLESES FC            | 00:57:21 | 00:56:23 |
| 994   | 1061   | JOANA PERALTA          | F    | 40    | F3544 41  | RUNLOVERS              | 00:57:23 | 00:56:48 |
| 995   | 1267   | ANTONIO TEIXEIRA       | M    | 38    | M3539 171 | INDIVIDUAL             | 00:57:24 | 00:56:33 |
| 996   | 88     | LEANDRO SANTOS         | M    | 59    | M5559 61  | AC VERMOIL             | 00:57:28 | 00:56:56 |
| 997   | 788    | LUÍS OLIVEIRA          | M    | 63    | M6099 56  | AMIGOS FRANCISCO       | 00:57:30 | 00:56:50 |
| 998   | 1261   | DOMINGOS L P COELHO    | M    | 63    | M6099 57  | OS LEÕES DA ESTRADA    | 00:57:31 | 00:57:25 |
| 999   | 789    | JOÃO TORNEIRO          | M    | 49    | M4549 144 | AMIGOS FRANCISCO       | 00:57:31 | 00:56:51 |
| 1000  | 109    | LUCIO SILVA            | M    | 18    | M0019 32  | GD SANTANDER TOTTA     | 00:57:33 | 00:56:27 |
| 1001  | 1620   | HUGO GASPAR            | M    | 38    | M3539 172 | JF OLIVAIS             | 00:57:35 | 00:56:56 |
| 1002  | 1039   | JOSE ASCENÇÃO          | M    | 45    | M4549 145 | AMINHACORRIDA/ KALENJI | 00:57:35 | 00:56:10 |
| 1003  | 1036   | CLAUDIA ABREU          | F    | 39    | F3544 42  | AMINHACORRIDA/ KALENJI | 00:57:35 | 00:56:10 |
| 1004  | 1588   | HUGO CALDEIRA          | M    | 40    | M4044 206 |                        | 00:57:36 | 00:56:47 |
| 1005  | 493    | SÓNIA CRUZ             | F    | 39    | F3544 43  | INDIVIDUAL             | 00:57:36 | 00:57:25 |
| 1006  | 1328   | NUNO JESUS             | M    | 37    | M3539 173 | INDIVIDUAL             | 00:57:37 | 00:56:49 |
| 1007  | 743    | NUNO MOREIRA           | M    | 34    | M2034 142 | ALVERCA URBAN RUNNERS  | 00:57:38 | 00:57:04 |
| 1008  | 844    | PEDRO MARTINS          | M    | 41    | M4044 207 | INDIVIDUAL             | 00:57:39 | 00:56:19 |
| 1009  | 209    | FRANCISCO M A SARDINHA | M    | 45    | M4549 146 | CORRER LISBOA          | 00:57:39 | 00:57:23 |
| 1010  | 340    | FILIFE AUGUSTO         | M    | 40    | M4044 208 | INDIVIDUAL             | 00:57:40 | 00:57:17 |
| 1011  | 843    | MARINA MARTINS         | F    | 41    | F3544 44  | INDIVIDUAL             | 00:57:40 | 00:56:20 |
| 1012  | 866    | FÁBIO ROSA             | M    | 26    | M2034 143 | INDIVIDUAL             | 00:57:41 | 00:57:40 |
| 1013  | 341    | BRUNO ALBINO           | M    | 39    | M3539 174 | INDIVIDUAL             | 00:57:42 | 00:57:18 |
| 1014  | 880    | DEOLINDA SANTOS        | F    | 44    | F3544 45  | INDIVIDUAL             | 00:57:42 | 00:57:20 |
| 1015  | 152    | LUIS FRAGOSO           | M    | 41    | M4044 209 | INDIVIDUAL             | 00:57:43 | 00:57:28 |
| 1016  | 1574   | CARLOS FERNANDES       | M    | 49    | M4549 147 |                        | 00:57:44 | 00:56:24 |
| 1017  | 988    | JOÃO FERREIRA          | M    | 56    | M5559 62  | CORRER LISBOA          | 00:57:45 | 00:56:59 |
| 1018  | 47     | ANDREIA PEREIRA        | F    | 30    | F0034 33  | O MUNDO DA CORRIDA     | 00:57:45 | 00:56:49 |
| 1019  | 356    | LUIZ CARACOL           | M    | 39    | M3539 175 | CARACOIS               | 00:57:46 | 00:57:10 |
| 1020  | 97     | MARIO R COSTA          | M    | 39    | M3539 176 | GD SANTANDER TOTTA     | 00:57:48 | 00:56:56 |
| 1021  | 1586   | LUIS MOTA              | M    | 44    | M4044 210 |                        | 00:57:49 | 00:56:35 |
| 1022  | 83     | RUI GAMEIRO            | M    | 42    | M4044 211 | CP RTP                 | 00:57:50 | 00:57:02 |
| 1023  | 1532   | JOSÉ P C B GOMES       | M    | 48    | M4549 148 | INDIVIDUAL             | 00:57:51 | 00:56:38 |
| 1024  | 495    | PAULO A GONÇALVES      | M    | 57    | M5559 63  | INDIVIDUAL             | 00:57:51 | 00:57:26 |
| 1025  | 280    | JOSE MELAO             | M    | 70    | M6099 58  | CHAVES OLIVAIS         | 00:57:55 | 00:57:52 |
| 1026  | 311    | JORGE FERREIRA         | M    | 50    | M5054 98  | RUNNING OF Dª MARIA    | 00:57:56 | 00:57:32 |
| 1027  | 314    | JORGE SIMOES           | M    | 46    | M4549 149 | RUNNING OF Dª MARIA    | 00:57:56 | 00:57:33 |
| 1028  | 315    | NORBERTO MARQUES       | M    | 45    | M4549 150 | RUNNING OF Dª MARIA    | 00:57:56 | 00:57:56 |
| 1029  | 1649   | CARLOS P ABREU         | M    | 38    | M3539 177 |                        | 00:57:57 | 00:57:32 |
| 1030  | 425    | CARLOS TOME            | M    | 64    | M6099 59  | C MILLENNIUM BCP       | 00:57:57 | 00:57:24 |
| 1031  | 279    | MIGUEL CAROUNHO        | M    | 44    | M4044 212 | CHAVES OLIVAIS         | 00:57:59 | 00:57:01 |
| 1032  | 1660   | ONOFRE COSTA           | M    | 42    | M4044 213 | F C ESTRELAS DE LISBOA | 00:57:59 | 00:57:02 |
| 1033  | 808    | ANDRE NORONHA          | M    | 51    | M5054 99  | SS CGD                 | 00:57:59 | 00:57:05 |
| 1034  | 108    | TIAGO CANHOTO          | M    | 44    | M4044 214 | GD SANTANDER TOTTA     | 00:57:59 | 00:57:01 |
| 1035  | 571    | PEDRO BURGUETTE        | M    | 40    | M4044 215 | AÇOREANA C BANIF       | 00:58:00 | 00:57:38 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão   | Equipa                      | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|-----------|-----------------------------|----------|----------|
| 1036  | 573    | NELSON MOTA          | M    | 45    | M4549 151 | AÇOREANA C BANIF            | 00:58:00 | 00:56:36 |
| 1037  | 828    | PEDRO HENRIQUES      | M    | 29    | M2034 144 | SS CGD                      | 00:58:01 | 00:57:03 |
| 1038  | 581    | NUNO COELHO          | M    | 47    | M4549 152 | AÇOREANA C BANIF            | 00:58:01 | 00:58:01 |
| 1039  | 1668   | EDUARDO FREITAS      | M    | 46    | M4549 153 | GO FIT                      | 00:58:02 | 00:57:00 |
| 1040  | 122    | VITOR TEIXEIRA       | M    | 60    | M6099 60  | GD SANTANDER TOTTA          | 00:58:06 | 00:57:01 |
| 1041  | 1577   | FRANCISCO PEREIRA    | M    | 41    | M4044 216 |                             | 00:58:06 | 00:57:36 |
| 1042  | 1424   | MARCO JULIO          | M    | 35    | M3539 178 | INDIVIDUAL                  | 00:58:06 | 00:57:18 |
| 1043  | 422    | BRUNO RAMOS          | M    | 39    | M3539 179 | C MILLENNIUM BCP            | 00:58:07 | 00:57:03 |
| 1044  | 1677   | LUIS NUNES           | M    | 45    | M4549 154 | GO FIT                      | 00:58:08 | 00:57:04 |
| 1045  | 1238   | CARLOS GONÇALVES     | M    | 34    | M2034 145 | PRIMOS DOS POUSOS           | 00:58:09 | 00:57:25 |
| 1046  | 498    | CARLOS M FAÍSCA      | M    | 33    | M2034 146 | INDIVIDUAL                  | 00:58:10 | 00:57:51 |
| 1047  | 59     | JOÃO SILVA           | M    | 45    | M4549 155 | INDIVIDUAL                  | 00:58:11 | 00:57:10 |
| 1048  | 312    | ALEXANDRE PINTO      | M    | 57    | M5559 64  | RUNNING OF Dª MARIA         | 00:58:11 | 00:57:47 |
| 1049  | 861    | VITOR DOMINGOS       | M    | 53    | M5054 100 | ALGYMNS                     | 00:58:12 | 00:58:12 |
| 1050  | 1029   | VANESSA PAIS         | F    | 30    | F0034 34  | INDIVIDUAL                  | 00:58:13 | 00:57:16 |
| 1051  | 1030   | DINIS CARTAS         | M    | 33    | M2034 147 | INDIVIDUAL                  | 00:58:13 | 00:57:15 |
| 1052  | 201    | MÁRCIO CASTRO        | M    | 35    | M3539 180 | INDIVIDUAL                  | 00:58:15 | 00:56:55 |
| 1053  | 720    | RITA CAPUCHO         | F    | 41    | F3544 46  | INDIVIDUAL                  | 00:58:15 | 00:57:45 |
| 1054  | 776    | CARLOS FERREIRA      | M    | 58    | M5559 65  | ND AUTOCOOPE                | 00:58:16 | 00:58:05 |
| 1055  | 1457   | HENRIQUE LINARES     | M    | 62    | M6099 61  | CF OS BELENENSES            | 00:58:16 | 00:58:00 |
| 1056  | 870    | JULIA ROCHA          | F    | 44    | F3544 47  | FALCOES SELVAGENS           | 00:58:17 | 00:57:32 |
| 1057  | 559    | VÍTOR RODRIGUES      | M    | 61    | M6099 62  | GA MONSANTO/GASCAN          | 00:58:18 | 00:57:10 |
| 1058  | 349    | MANUEL SEQUEIRA      | M    | 65    | M6099 63  | GDCT REPSOL POLÍMEROS       | 00:58:20 | 00:57:49 |
| 1059  | 1051   | MARCO RIBEIRO        | M    | 34    | M2034 148 | INDIVIDUAL                  | 00:58:20 | 00:58:01 |
| 1060  | 491    | LUIS MARTINS         | M    | 59    | M5559 66  | NAV RUNNERS                 | 00:58:21 | 00:58:07 |
| 1061  | 765    | JOSÉ LINDO           | M    | 69    | M6099 64  | CA VALE FIGUEIRA            | 00:58:23 | 00:58:18 |
| 1062  | 1636   | JORGE MAXIMO         | M    | 35    | M3539 181 |                             | 00:58:23 | 00:57:55 |
| 1063  | 822    | LUISA LANDEIRO       | F    | 45    | F4599 20  | SS CGD                      | 00:58:28 | 00:57:39 |
| 1064  | 824    | PAULO BAILAO         | M    | 45    | M4549 156 | SS CGD                      | 00:58:29 | 00:57:32 |
| 1065  | 627    | INÊS FRANCO          | F    | 44    | F3544 48  | INDIVIDUAL                  | 00:58:29 | 00:57:24 |
| 1066  | 686    | MÁRIO ANJO           | M    | 51    | M5054 101 | MATILHA RADICAL             | 00:58:30 | 00:57:49 |
| 1067  | 166    | BRUNO NEVES          | M    | 32    | M2034 149 | INDIVIDUAL                  | 00:58:33 | 00:57:19 |
| 1068  | 34     | HUGO REGO            | M    | 34    | M2034 150 | CRISTEAM                    | 00:58:33 | 00:57:50 |
| 1069  | 1103   | ERNESTO F L CARVALHO | M    | 59    | M5559 67  | JANZ RUN                    | 00:58:34 | 00:57:43 |
| 1070  | 35     | CRISTINA PATRICIO    | F    | 35    | F3544 49  | CRISTEAM                    | 00:58:35 | 00:57:51 |
| 1071  | 30     | BRUNO FERNANDES      | M    | 39    | M3539 182 | OS NINOS                    | 00:58:39 | 00:58:02 |
| 1072  | 461    | SOFIA GAMA           | F    | 21    | F0034 35  | INDIVIDUAL                  | 00:58:41 | 00:57:26 |
| 1073  | 1245   | NORBERTO FERREIRA    | M    | 54    | M5054 102 | INDIVIDUAL                  | 00:58:43 | 00:57:53 |
| 1074  | 1187   | JOSÉ A S SOARES      | M    | 33    | M2034 151 | TEAM 143, TASCA DO ZÉ RUSSO | 00:58:45 | 00:57:58 |
| 1075  | 1330   | PEDRO LOPES          | M    | 46    | M4549 157 | INDIVIDUAL                  | 00:58:47 | 00:58:16 |
| 1076  | 797    | RUI SANTOS           | M    | 43    | M4044 217 | INDIVIDUAL                  | 00:58:47 | 00:58:17 |
| 1077  | 32     | ARMANDO J SILVA      | M    | 65    | M6099 65  | INDIVIDUAL                  | 00:58:50 | 00:58:48 |
| 1078  | 1183   | AGOSTINHO DIAS       | M    | 50    | M5054 103 | CARAP AUS DE CORRIDA        | 00:58:51 | 00:58:08 |
| 1079  | 1184   | VITOR SANTOS         | M    | 44    | M4044 218 | CARAP AUS DE CORRIDA        | 00:58:51 | 00:58:09 |
| 1080  | 288    | FERNANDO MORAIS      | M    | 53    | M5054 104 | O MUNDO DA CORRIDA          | 00:58:52 | 00:57:45 |



| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                   | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|---------|--------------------------|----------|----------|
| 1081  | 727    | SUSANA FIGUEIRA       | F    | 40    | F3544   | 50 NAZ ABOBODA           | 00:58:52 | 00:58:02 |
| 1082  | 1639   | JAIME AFONSO          | M    | 50    | M5054   | 105 INDIVIDUAL           | 00:58:54 | 00:58:54 |
| 1083  | 572    | JOAQUIM OLIMPIO       | M    | 65    | M6099   | 66 AÇOREANA C BANIF      | 00:58:56 | 00:58:18 |
| 1084  | 836    | OLGA BORGES           | F    | 40    | F3544   | 51 SS CGD                | 00:58:59 | 00:58:10 |
| 1085  | 1287   | TÂNIA REGENCIO        | F    | 36    | F3544   | 52 C NOT PARQUE NAÇOES   | 00:58:59 | 00:58:42 |
| 1086  | 617    | CARLA PEREIRA         | F    | 28    | F0034   | 36 O2 LIFE CENTER        | 00:59:01 | 00:58:45 |
| 1087  | 235    | SILVINO M MARTINS     | M    | 66    | M6099   | 67 NA PALACIO JUSTIÇA    | 00:59:01 | 00:58:35 |
| 1088  | 479    | JOSE MONTEIRO         | M    | 58    | M5559   | 68 INDIVIDUAL            | 00:59:04 | 00:58:24 |
| 1089  | 1506   | ERMELINDA MINEIRO     | F    | 54    | F4599   | 21 CDUL                  | 00:59:08 | 00:58:10 |
| 1090  | 715    | GISELA CARVALHO       | F    | 30    | F0034   | 37 FC ESTRELAS LISBOA    | 00:59:08 | 00:58:32 |
| 1091  | 1414   | JOSE MALES            | M    | 61    | M6099   | 68 INDIVIDUAL            | 00:59:11 | 00:59:04 |
| 1092  | 1545   | JOSÉ BORGES           | M    | 40    | M4044   | 219 TEAM ACELERA         | 00:59:14 | 00:57:58 |
| 1093  | 404    | JOAO CUNHA            | M    | 58    | M5559   | 69 C MILLENNIUM BCP      | 00:59:16 | 00:58:32 |
| 1094  | 1323   | JULIETA CALDARELLA    | F    | 42    | F3544   | 53 INDIVIDUAL            | 00:59:16 | 00:58:22 |
| 1095  | 179    | MANUEL OLIVEIRA       | M    | 76    | M6099   | 69 AAE BNU               | 00:59:17 | 00:58:21 |
| 1096  | 1026   | ANTONIO BRITO         | M    | 64    | M6099   | 70 GD SAO DOMINGOS       | 00:59:18 | 00:59:18 |
| 1097  | 896    | BRUNO M PRETO         | M    | 38    | M3539   | 183 AI VÃO ELES          | 00:59:20 | 00:58:53 |
| 1098  | 1208   | JOÃO FIGUEIREDO       | M    | 59    | M5559   | 70 CÂMARA L CLUBE        | 00:59:21 | 00:58:15 |
| 1099  | 383    | LUIS GRAVE            | M    | 58    | M5559   | 71 OS ZATOPEQUES         | 00:59:21 | 00:58:49 |
| 1100  | 143    | ANA M MARTINS         | F    | 48    | F4599   | 22 FALCOES SELVAGENS     | 00:59:21 | 00:58:35 |
| 1101  | 1525   | PEDRO MARTINS         | M    | 37    | M3539   | 184 CARAP AUS DE CORRIDA | 00:59:23 | 00:58:46 |
| 1102  | 1640   | JOAO MALHA            | M    | 35    | M3539   | 185 INDIVIDUAL           | 00:59:25 | 00:58:06 |
| 1103  | 1055   | JOÃO RODRIGUES        | M    | 35    | M3539   | 186 INDIVIDUAL           | 00:59:26 | 00:59:05 |
| 1104  | 730    | VIRGILIO CARLOS       | M    | 53    | M5054   | 106 NAZ ABOBODA          | 00:59:28 | 00:58:18 |
| 1105  | 1239   | JORGE SOUSA           | M    | 40    | M4044   | 220 PRimos DOS Pousos    | 00:59:29 | 00:58:46 |
| 1106  | 1584   | ATLETA NÃO CADASTRADO | M    | 0     | M0019   | 33                       | 00:59:30 | 00:59:14 |
| 1107  | 326    | JOÃO SIMÕES           | M    | 52    | M5054   | 107 CLUBE OGMA           | 00:59:30 | 00:58:36 |
| 1108  | 327    | JOAQUIM VENÂNCIO      | M    | 61    | M6099   | 71 CLUBE OGMA            | 00:59:31 | 00:58:37 |
| 1109  | 754    | PAULO MAFRA           | M    | 47    | M4549   | 158 NAZ ABOBODA          | 00:59:32 | 00:59:31 |
| 1110  | 361    | LUIS LAMBIDO          | M    | 43    | M4044   | 221 INDIVIDUAL           | 00:59:34 | 00:59:26 |
| 1111  | 998    | LUIS TOSTE            | M    | 49    | M4549   | 159 INDIVIDUAL           | 00:59:46 | 00:58:51 |
| 1112  | 384    | ELISIO COSTA          | M    | 59    | M5559   | 72 OS ZATOPEQUES         | 00:59:47 | 00:59:07 |
| 1113  | 991    | RÚBEN LINO            | M    | 29    | M2034   | 152 INDIVIDUAL           | 00:59:48 | 00:58:53 |
| 1114  | 133    | ALEXANDRE E SANTO     | M    | 34    | M2034   | 153 INDIVIDUAL           | 00:59:48 | 00:58:53 |
| 1115  | 803    | MANUEL BARROS         | M    | 58    | M5559   | 73 CLUBE ANACOM          | 00:59:51 | 00:59:26 |
| 1116  | 817    | HUGO VENANCIO         | M    | 36    | M3539   | 187 SS CGD               | 00:59:53 | 00:59:21 |
| 1117  | 1508   | CATIA RODRIGUES       | F    | 33    | F0034   | 38 ACR MEALHADA          | 00:59:54 | 00:59:15 |
| 1118  | 885    | ALBERTO RAMIRES       | M    | 61    | M6099   | 72 INDIVIDUAL            | 01:00:00 | 00:59:24 |
| 1119  | 3      | JORGE LOPES           | M    | 49    | M4549   | 160 INDIVIDUAL           | 01:00:06 | 00:58:52 |
| 1120  | 707    | VITOR FORMIGA         | M    | 33    | M2034   | 154 INDIVIDUAL           | 01:00:11 | 01:00:11 |
| 1121  | 513    | CARLOS MACHADO        | M    | 46    | M4549   | 161 FC ESTRELAS LISBOA   | 01:00:12 | 00:59:15 |
| 1122  | 548    | FILIPE TIAGO          | M    | 46    | M4549   | 162 INDIVIDUAL           | 01:00:12 | 01:00:12 |
| 1123  | 547    | JOSÉ RIBEIRO          | M    | 49    | M4549   | 163 INDIVIDUAL           | 01:00:13 | 00:59:19 |
| 1124  | 1578   | ANDRE BARBAÇA         | M    | 29    | M2034   | 155                      | 01:00:14 | 01:00:05 |
| 1125  | 142    | PAULO A SILVA         | M    | 40    | M4044   | 222 INDIVIDUAL           | 01:00:14 | 00:58:55 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                   | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|---------|--------------------------|----------|----------|
| 1126  | 735    | CATARINA ROLO         | F    | 29    | F0034   | 39 PB                    | 01:00:15 | 00:59:46 |
| 1127  | 736    | CÁTIA CÂMARA          | F    | 29    | F0034   | 40 PB                    | 01:00:17 | 00:59:48 |
| 1128  | 519    | NUNO SOBRAL           | M    | 40    | M4044   | 223 RUN BUDDY RUN        | 01:00:18 | 00:59:17 |
| 1129  | 518    | PAULO CALDEIRINHA     | M    | 42    | M4044   | 224 RUN BUDDY RUN        | 01:00:18 | 00:59:15 |
| 1130  | 520    | PEDRO LOPES           | M    | 42    | M4044   | 225 RUN BUDDY RUN        | 01:00:19 | 00:59:15 |
| 1131  | 521    | SÉRGIO MESQUITA       | M    | 37    | M3539   | 188 RUN BUDDY RUN        | 01:00:19 | 00:59:16 |
| 1132  | 574    | CLAUDIA TAM           | F    | 33    | F0034   | 41 AÇOREANA C BANIF      | 01:00:19 | 00:59:41 |
| 1133  | 584    | JOAO MELO             | M    | 29    | M2034   | 156 AÇOREANA C BANIF     | 01:00:19 | 01:00:19 |
| 1134  | 768    | GONÇALO LOPES         | M    | 40    | M4044   | 226 GDCT UNICRE          | 01:00:20 | 00:59:16 |
| 1135  | 1666   | PEDRO GASPAR          | M    | 35    | M3539   | 189 GO FIT               | 01:00:20 | 00:59:49 |
| 1136  | 1664   | MARTA FERNANDES       | F    | 29    | F0034   | 42 GO FIT                | 01:00:20 | 00:59:51 |
| 1137  | 551    | ANTÓNIO REYES         | M    | 61    | M6099   | 73 GA MONSANTO/GASCAN    | 01:00:21 | 00:59:13 |
| 1138  | 1526   | AUGUSTO COSTA         | M    | 35    | M3539   | 190 CARAPUS DE CORRIDA   | 01:00:21 | 00:59:42 |
| 1139  | 529    | DIOGO COSTA           | M    | 18    | M0019   | 34 INDIVIDUAL            | 01:00:25 | 00:59:19 |
| 1140  | 932    | AMERICO COSTA         | M    | 58    | M5559   | 74 TECNOSPIE             | 01:00:27 | 00:59:46 |
| 1141  | 1537   | ABILIO TAVARES        | M    | 60    | M6099   | 74 INDIVIDUAL            | 01:00:28 | 01:00:20 |
| 1142  | 1600   | ATLETA NÃO CADASTRADO | M    | 0     | M0019   | 35                       | 01:00:30 | 00:59:43 |
| 1143  | 233    | JOAQUIM PINTO         | M    | 45    | M4549   | 164 NAV RUNNERS          | 01:00:31 | 00:59:07 |
| 1144  | 140    | PHELIM OKANE          | M    | 58    | M5559   | 75 OS ZATOPEQUES         | 01:00:32 | 00:59:17 |
| 1145  | 790    | GABRIELA J MARUES     | F    | 38    | F3544   | 54 INDIVIDUAL            | 01:00:32 | 01:00:02 |
| 1146  | 958    | LURDES SANTOS         | F    | 35    | F3544   | 55 INDIVIDUAL            | 01:00:32 | 01:00:02 |
| 1147  | 104    | CARLOS HENRIQUE       | M    | 48    | M4549   | 165 GD SANTANDER TOTTA   | 01:00:32 | 01:00:04 |
| 1148  | 528    | ABEL COSTA            | M    | 58    | M5559   | 76 INDIVIDUAL            | 01:00:33 | 00:59:28 |
| 1149  | 1420   | JOANA PEREZ           | F    | 17    | F0034   | 43 OS AZEITONENSES       | 01:00:34 | 01:00:17 |
| 1150  | 1069   | ANTÓNIO PINTO         | M    | 34    | M2034   | 157 INDIVIDUAL           | 01:00:37 | 00:59:26 |
| 1151  | 61     | LUIS LOURO            | M    | 32    | M2034   | 158 SALA 13 RUNNING TEAM | 01:00:37 | 00:59:50 |
| 1152  | 125    | MARIO J MIRA          | M    | 49    | M4549   | 166 INDIVIDUAL           | 01:00:38 | 00:59:35 |
| 1153  | 1313   | DIAMANTINO ALMEIDA    | M    | 47    | M4549   | 167 VIVA OS AMIGOS       | 01:00:39 | 01:00:24 |
| 1154  | 1419   | JORGE PEREZ           | M    | 54    | M5054   | 108 OS AZEITONENSES      | 01:00:39 | 01:00:23 |
| 1155  | 1066   | MANUEL VALENTE        | M    | 32    | M2034   | 159 RB RUNNERS           | 01:00:40 | 01:00:13 |
| 1156  | 1065   | RITA COSTA            | F    | 31    | F0034   | 44 RB RUNNERS            | 01:00:40 | 01:00:14 |
| 1157  | 773    | RUI ALBERTO           | M    | 38    | M3539   | 191 OS ZATOPEQUES        | 01:00:42 | 00:59:27 |
| 1158  | 49     | CÉLIA AZENHA          | F    | 51    | F4599   | 23 AA LEBRES SADO        | 01:00:43 | 01:00:38 |
| 1159  | 1632   | ATILIA NOLETO         | M    | 35    | M3539   | 192 INDIVIDUAL           | 01:00:45 | 01:00:15 |
| 1160  | 472    | CECÍLIA NICOLAU       | F    | 48    | F4599   | 24 AA LEBRES SADO        | 01:00:50 | 01:00:47 |
| 1161  | 993    | EDUARDO AMORIM        | M    | 44    | M4044   | 227 INDIVIDUAL           | 01:00:53 | 00:59:56 |
| 1162  | 1130   | PEDRO OLIVEIRA        | M    | 25    | M2034   | 160 INDIVIDUAL           | 01:00:54 | 01:00:51 |
| 1163  | 1129   | FILIPE ESTRELA        | M    | 25    | M2034   | 161 INDIVIDUAL           | 01:00:55 | 01:00:51 |
| 1164  | 1299   | SANDRA BATISTA        | F    | 43    | F3544   | 56 C NOT PARQUE NAÇOES   | 01:00:56 | 01:00:45 |
| 1165  | 1309   | ANTÓNIO ALMEIDA       | M    | 44    | M4044   | 228 INDIVIDUAL           | 01:00:57 | 00:59:35 |
| 1166  | 1595   | JOANA CALDEIRA        | F    | 40    | F3544   | 57 INDIVIDUAL            | 01:00:57 | 01:00:21 |
| 1167  | 689    | JOÃO MASSANO          | M    | 45    | M4549   | 168 INDIVIDUAL           | 01:00:59 | 01:00:28 |
| 1168  | 1608   | NUNO LOPES            | M    | 42    | M4044   | 229                      | 01:00:59 | 01:00:25 |
| 1169  | 688    | LÍDIA MASSANO         | F    | 43    | F3544   | 58 INDIVIDUAL            | 01:01:00 | 01:00:28 |
| 1170  | 837    | ANTONIO C LOPES       | M    | 54    | M5054   | 109 INDIVIDUAL           | 01:01:00 | 01:00:29 |

| Lugar | Dorsal | Atleta            | Sexo | Idade | Escalão   | Equipa                       | Tempo    | Chip     |
|-------|--------|-------------------|------|-------|-----------|------------------------------|----------|----------|
| 1171  | 386    | SIMÃO G FERNANDES | M    | 36    | M3539 193 | DOIS EM LINHA                | 01:01:00 | 00:59:52 |
| 1172  | 387    | CARINA VIEIRA     | F    | 31    | F0034 45  | DOIS EM LINHA                | 01:01:00 | 00:59:52 |
| 1173  | 826    | PEDRO C COSTA     | M    | 43    | M4044 230 | SS CGD                       | 01:01:00 | 01:00:28 |
| 1174  | 1671   | JAQUELINA VIEIRA  | F    | 41    | F3544 59  | GO FIT                       | 01:01:01 | 00:59:57 |
| 1175  | 1101   | CELIA SILVEIRA    | F    | 43    | F3544 60  | C PRAÇAS ARMADA              | 01:01:13 | 01:00:04 |
| 1176  | 1285   | MARIA MAGRO       | F    | 42    | F3544 61  | C NOT PARQUE NAÇOES          | 01:01:14 | 01:00:57 |
| 1177  | 228    | JORGE MARTINS     | M    | 37    | M3539 194 | JUVENTUDE                    | 01:01:14 | 01:00:54 |
| 1178  | 859    | SARA VALADARES    | F    | 43    | F3544 62  | AMCF - ARRÁBIDA TRAIL TEAM   | 01:01:15 | 01:00:50 |
| 1179  | 1298   | DOMINGOS ROSÁRIO  | M    | 52    | M5054 110 | C NOT PARQUE NAÇOES          | 01:01:16 | 01:00:58 |
| 1180  | 964    | TERESA JERÓNIMO   | F    | 46    | F4599 25  | FAM 2 RUN                    | 01:01:16 | 01:01:07 |
| 1181  | 729    | LUIS DAMIÃO       | M    | 46    | M4549 169 | NAZ ABOBODA                  | 01:01:17 | 01:00:42 |
| 1182  | 897    | RUI PINTO         | M    | 38    | M3539 195 | AI VÃO ELES                  | 01:01:19 | 01:00:52 |
| 1183  | 898    | DANIEL DIAS       | M    | 40    | M4044 231 | AI VÃO ELES                  | 01:01:19 | 01:00:52 |
| 1184  | 196    | JOÃO CRAVO        | M    | 31    | M2034 162 | 4 AO KM                      | 01:01:22 | 01:00:23 |
| 1185  | 75     | JOSÉ MAGRO        | M    | 45    | M4549 170 | RUNNERS F RIB POVOA STA IRIA | 01:01:23 | 01:00:25 |
| 1186  | 277    | BRUNO PINTO       | M    | 28    | M2034 163 | INDIVIDUAL                   | 01:01:24 | 01:01:04 |
| 1187  | 1283   | RUI LAGINHA       | M    | 47    | M4549 171 | C NOT PARQUE NAÇOES          | 01:01:27 | 01:01:08 |
| 1188  | 895    | RENATO JÚNIOR     | M    | 34    | M2034 164 | INDIVIDUAL                   | 01:01:30 | 01:00:14 |
| 1189  | 106    | PAULA FIGUEIREDO  | F    | 58    | F4599 26  | GD SANTANDER TOTTA           | 01:01:38 | 01:00:42 |
| 1190  | 564    | JOSÉ ISIDORO      | M    | 75    | M6099 75  | C PRAÇAS ARMADA              | 01:01:39 | 01:00:26 |
| 1191  | 145    | FRANCISCO SILVA   | M    | 55    | M5559 77  | FALCOES SELVAGENS            | 01:01:39 | 01:00:51 |
| 1192  | 669    | BRUNO CONCEIÇÃO   | M    | 40    | M4044 232 | INDIVIDUAL                   | 01:01:40 | 01:00:27 |
| 1193  | 770    | EDUARDO CARDOSO   | M    | 46    | M4549 172 | GDCT UNICRE                  | 01:01:44 | 01:01:23 |
| 1194  | 98     | SUSANA GUERREIRO  | F    | 39    | F3544 63  | GD SANTANDER TOTTA           | 01:01:46 | 01:00:54 |
| 1195  | 842    | PAULA SILVA       | F    | 53    | F4599 27  | GD SANTANDER TOTTA           | 01:01:46 | 01:00:55 |
| 1196  | 200    | LUIS DUARTE       | M    | 41    | M4044 233 | RUNNERS F RIB POVOA STA IRIA | 01:01:47 | 01:00:50 |
| 1197  | 146    | JOAO VIEIRA       | M    | 44    | M4044 234 | FALCOES SELVAGENS            | 01:01:49 | 01:01:30 |
| 1198  | 373    | JOANA MOREIRA     | F    | 32    | F0034 46  | GAUDÍBROWN                   | 01:01:52 | 01:01:14 |
| 1199  | 355    | LUISA MENDES      | F    | 31    | F0034 47  | CARACOIS                     | 01:01:55 | 01:01:19 |
| 1200  | 345    | PAULO CARVALHO    | M    | 46    | M4549 173 | INDIVIDUAL                   | 01:01:58 | 01:01:04 |
| 1201  | 554    | JOÃO PINTO        | M    | 54    | M5054 111 | GA MONSANTO/GASCAN           | 01:01:58 | 01:00:49 |
| 1202  | 557    | LUÍS ANTUNES      | M    | 53    | M5054 112 | GA MONSANTO/GASCAN           | 01:01:58 | 01:00:50 |
| 1203  | 1466   | PEDRO SANTOS      | M    | 34    | M2034 165 | INDIVIDUAL                   | 01:01:59 | 01:01:26 |
| 1204  | 670    | ANA GOMES         | F    | 40    | F3544 64  | INDIVIDUAL                   | 01:02:03 | 01:00:51 |
| 1205  | 1005   | CARLOS SANTOS     | M    | 63    | M6099 76  | C FERROV PORTUGAL            | 01:02:09 | 01:01:10 |
| 1206  | 1450   | JOSE CATITA       | M    | 57    | M5559 78  | GARMIN/ CO OEIRAS            | 01:02:09 | 01:00:52 |
| 1207  | 488    | VÍTOR ANTUNES     | M    | 44    | M4044 235 | CDC NAVE                     | 01:02:11 | 01:01:51 |
| 1208  | 1220   | BRUNO S AGOSTINHO | M    | 43    | M4044 236 | INDIVIDUAL                   | 01:02:11 | 01:00:55 |
| 1209  | 237    | HÉLIO GODINHO     | M    | 65    | M6099 77  | C BENFICA ABRANTES           | 01:02:13 | 01:00:52 |
| 1210  | 593    | MANUEL PRATES     | M    | 43    | M4044 237 | ATLETISMO VIDENSE            | 01:02:14 | 01:00:58 |
| 1211  | 1669   | RUTE OLIVEIRA     | F    | 45    | F4599 28  | GO FIT                       | 01:02:14 | 01:01:14 |
| 1212  | 1356   | TIAGO SANTO       | M    | 24    | M2034 166 | A VALE SILENCIO              | 01:02:16 | 01:01:05 |
| 1213  | 732    | PEDRO CAMPOS      | M    | 37    | M3539 196 | NAZ ABOBODA                  | 01:02:17 | 01:01:00 |
| 1214  | 111    | LINO M OLIVEIRA   | M    | 40    | M4044 238 | GD SANTANDER TOTTA           | 01:02:19 | 01:02:04 |
| 1215  | 914    | LUIS COITO        | M    | 45    | M4549 174 | INDIVIDUAL                   | 01:02:24 | 01:01:16 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                           | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|---------|----------------------------------|----------|----------|
| 1216  | 835    | CRISTIANA ALMEIDA    | F    | 51    | F4599   | 29 SS CGD                        | 01:02:24 | 01:01:31 |
| 1217  | 1047   | SUSANA VILAÇA        | F    | 38    | F3544   | 65 IRMANDADE DA PEDALEIRA        | 01:02:27 | 01:01:19 |
| 1218  | 516    | NUNO MONTEIRO        | M    | 45    | M4549   | 175 AUTOJACINTO                  | 01:02:30 | 01:01:12 |
| 1219  | 983    | CATARINA CAMPOS      | F    | 30    | F0034   | 48 ÁRBITROS DE FUTEBOL           | 01:02:30 | 01:01:08 |
| 1220  | 1044   | JOSE LUZIA           | M    | 31    | M2034   | 167 DESPE E SIGA                 | 01:02:31 | 01:01:07 |
| 1221  | 303    | JOAQUIM FRAGOSO      | M    | 66    | M6099   | 78 CCD CASA PIA                  | 01:02:36 | 01:01:29 |
| 1222  | 1319   | PAULO J O FIGUEIREDO | M    | 33    | M2034   | 168 INDIVIDUAL                   | 01:02:36 | 01:01:38 |
| 1223  | 957    | BRUNO BERNARDO       | M    | 37    | M3539   | 197 COLINAS BIKE TOUR - ODIVELAS | 01:02:40 | 01:02:21 |
| 1224  | 453    | RODRIGO SILVA        | M    | 48    | M4549   | 176 INDIVIDUAL                   | 01:02:45 | 01:02:05 |
| 1225  | 454    | PAULA ANTUNES        | F    | 47    | F4599   | 30 INDIVIDUAL                    | 01:02:45 | 01:02:05 |
| 1226  | 296    | NUNO SILVA           | M    | 42    | M4044   | 239 INDIVIDUAL                   | 01:02:47 | 01:01:33 |
| 1227  | 841    | RICARDO SOUSA        | M    | 44    | M4044   | 240 C BENFICA ALG M MARTINS      | 01:02:47 | 01:01:43 |
| 1228  | 973    | CLÁUDIA PISSARRA     | F    | 43    | F3544   | 66 CORRER LISBOA                 | 01:02:48 | 01:01:57 |
| 1229  | 1692   | JOAO GAMEIRO         | M    | 48    | M4549   | 177                              | 01:02:50 | 01:01:28 |
| 1230  | 369    | PAULO J M NOGUEIRA   | M    | 50    | M5054   | 113 INDIVIDUAL                   | 01:02:54 | 01:01:36 |
| 1231  | 909    | PAULO RODRIGUES      | M    | 52    | M5054   | 114 FALCOES SELVAGENS            | 01:02:54 | 01:02:35 |
| 1232  | 1015   | PAULA COSTA          | F    | 45    | F4599   | 31 SFUAP                         | 01:02:55 | 01:02:08 |
| 1233  | 1689   | JOAQUIM ALMEIDA      | M    | 63    | M6099   | 79                               | 01:02:56 | 01:02:07 |
| 1234  | 624    | DUARTE COSTA         | M    | 32    | M2034   | 169 O CÃO LARANJA                | 01:03:04 | 01:02:57 |
| 1235  | 1236   | MAFALDA GRILO        | F    | 20    | F0034   | 49 GRILOS TEAM                   | 01:03:06 | 01:02:24 |
| 1236  | 1235   | PEDRO GRILO          | M    | 30    | M2034   | 170 GRILOS TEAM                  | 01:03:06 | 01:02:25 |
| 1237  | 238    | JOSE V RODRIGUES     | M    | 49    | M4549   | 178 INDIVIDUAL                   | 01:03:08 | 01:02:06 |
| 1238  | 352    | JOÃO FONSECA         | M    | 44    | M4044   | 241 MERIDIANOS                   | 01:03:11 | 01:02:51 |
| 1239  | 446    | SARA LOPES           | F    | 30    | F0034   | 50 INDIVIDUAL                    | 01:03:12 | 01:02:17 |
| 1240  | 1440   | ALBERTINO J L C NOVO | M    | 44    | M4044   | 242 INDIVIDUAL                   | 01:03:14 | 01:02:15 |
| 1241  | 1567   | ANDRE MARTINS        | M    | 38    | M3539   | 198                              | 01:03:14 | 01:03:14 |
| 1242  | 1441   | CARLA S M C NOVO     | F    | 42    | F3544   | 67 INDIVIDUAL                    | 01:03:14 | 01:02:15 |
| 1243  | 110    | JOSE MONTEIRO        | M    | 66    | M6099   | 80 GD SANTANDER TOTTA            | 01:03:14 | 01:03:10 |
| 1244  | 1381   | NUNO MARQUES         | M    | 41    | M4044   | 243 INGLESES FC                  | 01:03:19 | 01:03:05 |
| 1245  | 338    | JOSÉ COELHO          | M    | 36    | M3539   | 199 INDIVIDUAL                   | 01:03:20 | 01:02:04 |
| 1246  | 346    | VANDA NOGUEIRA       | F    | 40    | F3544   | 68 INDIVIDUAL                    | 01:03:22 | 01:02:31 |
| 1247  | 1524   | MIGUEL SALGUEIRO     | M    | 38    | M3539   | 200 CARAP AUS DE CORRIDA         | 01:03:22 | 01:02:43 |
| 1248  | 141    | JOSÉ A BARREIROS     | M    | 44    | M4044   | 244 INDIVIDUAL                   | 01:03:23 | 01:02:17 |
| 1249  | 1009   | MARIO MELO           | M    | 64    | M6099   | 81 C FERROV PORTUGAL             | 01:03:25 | 01:02:16 |
| 1250  | 244    | JOSE NUNES           | M    | 42    | M4044   | 245 INDIVIDUAL                   | 01:03:25 | 01:02:43 |
| 1251  | 1008   | JOSE VALENTIM        | M    | 62    | M6099   | 82 C FERROV PORTUGAL             | 01:03:27 | 01:02:17 |
| 1252  | 805    | BRUNO MOREIRA        | M    | 34    | M2034   | 171 INDIVIDUAL                   | 01:03:29 | 01:02:57 |
| 1253  | 887    | ANTONIO FERNANDES    | M    | 47    | M4549   | 179 INDIVIDUAL                   | 01:03:30 | 01:03:03 |
| 1254  | 607    | ROGÉRIO PUGA         | M    | 52    | M5054   | 115 HAPPY RUNNERS                | 01:03:31 | 01:02:45 |
| 1255  | 784    | LENA ROSADO          | F    | 48    | F4599   | 32 INDIVIDUAL                    | 01:03:33 | 01:03:13 |
| 1256  | 275    | RUI GONÇALVES        | M    | 51    | M5054   | 116 INDIVIDUAL                   | 01:03:35 | 01:03:11 |
| 1257  | 1289   | ROMANA MENDES        | F    | 67    | F4599   | 33 C NOT PARQUE NAÇÕES           | 01:03:35 | 01:03:18 |
| 1258  | 274    | MARTA GOMES          | F    | 42    | F3544   | 69 INDIVIDUAL                    | 01:03:36 | 01:03:13 |
| 1259  | 962    | HENRIQUE RUAS        | M    | 75    | M6099   | 83 CCD O ALVITEJO                | 01:03:38 | 01:02:52 |
| 1260  | 853    | PETRA BARROS         | F    | 40    | F3544   | 70 INDIVIDUAL                    | 01:03:42 | 01:02:32 |

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão   | Equipa              | Tempo    | Chip     |
|-------|--------|--------------------|------|-------|-----------|---------------------|----------|----------|
| 1261  | 854    | ANTONIO DIONISIO   | M    | 46    | M4549 180 | INDIVIDUAL          | 01:03:43 | 01:02:33 |
| 1262  | 1552   | JORGE NARCISO      | M    | 55    | M5559 79  | INDIVIDUAL          | 01:03:50 | 01:02:29 |
| 1263  | 1280   | TITIVORADA KLAHAN  | F    | 18    | F0034 51  | C NOT PARQUE NAÇOES | 01:03:54 | 01:03:37 |
| 1264  | 1422   | INES BARROSO       | F    | 41    | F3544 71  | C NOT PARQUE NAÇOES | 01:03:55 | 01:03:38 |
| 1265  | 1644   | RICARDO MOREIRA    | M    | 40    | M4044 246 |                     | 01:03:55 | 01:03:29 |
| 1266  | 711    | PAULO ANTUNES      | M    | 47    | M4549 181 | LESMAS ALOPRADAS    | 01:03:59 | 01:03:09 |
| 1267  | 591    | IDALINA MADEIRA    | F    | 54    | F4599 34  | AÇOREANA C BANIF    | 01:04:06 | 01:03:30 |
| 1268  | 583    | LUIS NEVES         | M    | 42    | M4044 247 | AÇOREANA C BANIF    | 01:04:07 | 01:03:30 |
| 1269  | 714    | SANDRA LOURENÇO    | F    | 39    | F3544 72  | FC ESTRELAS LISBOA  | 01:04:07 | 01:03:32 |
| 1270  | 389    | TERESA SANTOS      | F    | 41    | F3544 73  | TURBOLENTOS         | 01:04:12 | 01:03:26 |
| 1271  | 1255   | SÉRGIO ANTUNES     | M    | 48    | M4549 182 | CLUBE ANACOM        | 01:04:12 | 01:02:58 |
| 1272  | 769    | PAULO FRANÇA       | M    | 53    | M5054 117 | GDCT UNICRE         | 01:04:21 | 01:04:21 |
| 1273  | 1564   | PAULO GUERRA       | M    | 44    | M4044 248 | INDIVIDUAL          | 01:04:22 | 01:03:33 |
| 1274  | 412    | PEDRO MURCA        | M    | 49    | M4549 183 | C MILLENNIUM BCP    | 01:04:26 | 01:03:42 |
| 1275  | 1310   | PAULO REBELO       | M    | 48    | M4549 184 | VIVA OS AMIGOS      | 01:04:29 | 01:04:00 |
| 1276  | 18     | MARIA QUITÉRIA     | F    | 42    | F3544 74  | ALGYMNS             | 01:04:30 | 01:03:48 |
| 1277  | 1105   | RICARDO CARVALHO   | M    | 35    | M3539 201 | LISRUNNING CPA      | 01:04:31 | 01:03:33 |
| 1278  | 1268   | JOANA RAMALHO      | F    | 31    | F0034 52  | INDIVIDUAL          | 01:04:36 | 01:03:08 |
| 1279  | 1269   | JOÃO FILIPE        | M    | 42    | M4044 249 | INDIVIDUAL          | 01:04:38 | 01:03:11 |
| 1280  | 1060   | ANA DIAS           | F    | 34    | F0034 53  | GD CHELAS           | 01:04:40 | 01:04:28 |
| 1281  | 470    | ANTÓNIO PINHO      | M    | 63    | M6099 84  | AA LEBRES SADO      | 01:04:44 | 01:04:06 |
| 1282  | 1180   | CARLOS M P MENDES  | M    | 39    | M3539 202 | INDIVIDUAL          | 01:04:45 | 01:03:37 |
| 1283  | 671    | PAULO OLIVEIRA     | M    | 42    | M4044 250 | INDIVIDUAL          | 01:04:55 | 01:03:43 |
| 1284  | 1435   | JOAO OLIVEIRA      | M    | 49    | M4549 185 | INDIVIDUAL          | 01:04:56 | 01:04:24 |
| 1285  | 891    | FRANCISCO BARRENTO | M    | 38    | M3539 203 | O2 LIFE CENTER      | 01:04:58 | 01:04:38 |
| 1286  | 1052   | INÊS RAMOS         | F    | 33    | F0034 54  | INDIVIDUAL          | 01:05:01 | 01:04:42 |
| 1287  | 1327   | ELISABETE PINHEL   | F    | 42    | F3544 75  | INDIVIDUAL          | 01:05:01 | 01:04:12 |
| 1288  | 469    | MAYER RAPOSO       | M    | 68    | M6099 85  | AA LEBRES SADO      | 01:05:05 | 01:04:42 |
| 1289  | 406    | MANUEL PEREIRA     | M    | 55    | M5559 80  | C MILLENNIUM BCP    | 01:05:10 | 01:03:50 |
| 1290  | 325    | RUI PINTO          | M    | 51    | M5054 118 | INDIVIDUAL          | 01:05:10 | 01:03:48 |
| 1291  | 990    | JOSE PINTO         | M    | 35    | M3539 204 | INDIVIDUAL          | 01:05:11 | 01:04:11 |
| 1292  | 416    | JAIME LUZ          | M    | 20    | M2034 172 | C MILLENNIUM BCP    | 01:05:11 | 01:03:51 |
| 1293  | 407    | VITOR GOMES        | M    | 46    | M4549 186 | C MILLENNIUM BCP    | 01:05:11 | 01:03:51 |
| 1294  | 171    | ADÉLIA FERREIRA    | F    | 42    | F3544 76  | INDIVIDUAL          | 01:05:13 | 01:05:13 |
| 1295  | 804    | LORENO DELGADO     | M    | 47    | M4549 187 | INDIVIDUAL          | 01:05:14 | 01:05:14 |
| 1296  | 1114   | DOMINGOS DA COSTA  | M    | 67    | M6099 86  | INDIVIDUAL          | 01:05:15 | 01:04:34 |
| 1297  | 509    | LUIS CANASTRA      | M    | 40    | M4044 251 | INDIVIDUAL          | 01:05:16 | 01:03:55 |
| 1298  | 293    | MANYA AFONSO       | M    | 33    | M2034 173 | INDIVIDUAL          | 01:05:26 | 01:04:50 |
| 1299  | 1050   | Mª LUISA SOARES    | F    | 51    | F4599 35  | INDIVIDUAL          | 01:05:27 | 01:04:39 |
| 1300  | 38     | CESAR GUERRA       | M    | 46    | M4549 188 | CTJ                 | 01:05:31 | 01:04:44 |
| 1301  | 523    | ANA FIALHO         | F    | 34    | F0034 55  | INDIVIDUAL          | 01:05:36 | 01:04:38 |
| 1302  | 1618   | ISABEL MORGADO     | F    | 42    | F3544 77  |                     | 01:05:51 | 01:05:29 |
| 1303  | 1229   | FRANCISCO CIPRIANO | M    | 73    | M6099 87  | AMCR FONTE GRADA    | 01:05:53 | 01:05:23 |
| 1304  | 1428   | FILIPE SILVA       | M    | 40    | M4044 252 | INDIVIDUAL          | 01:05:54 | 01:05:07 |
| 1305  | 113    | HELDER LOPES       | M    | 45    | M4549 189 | GD SANTANDER TOTTA  | 01:05:54 | 01:05:26 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão   | Equipa                 | Tempo    | Chip     |
|-------|--------|----------------------|------|-------|-----------|------------------------|----------|----------|
| 1306  | 1109   | MIGUEL A S RODRIGUES | M    | 36    | M3539 205 | LETS RUN MODAFOCAS     | 01:05:55 | 01:04:38 |
| 1307  | 684    | JOÃO G GARCIA        | M    | 42    | M4044 253 | MATILHA RADICAL        | 01:05:57 | 01:05:18 |
| 1308  | 298    | ALBERTO CANO         | M    | 62    | M6099 88  | CAA BELEM              | 01:06:08 | 01:05:07 |
| 1309  | 1426   | ANA ALBANO           | F    | 46    | F4599 36  | INDIVIDUAL             | 01:06:12 | 01:05:18 |
| 1310  | 1427   | JOAO ALVES           | M    | 50    | M5054 119 | INDIVIDUAL             | 01:06:12 | 01:05:17 |
| 1311  | 1141   | ANTÓNIO FRANCISCO    | M    | 18    | M0019 36  | INDIVIDUAL             | 01:06:15 | 01:04:52 |
| 1312  | 1140   | FLÁVIO FRANCISCO     | M    | 42    | M4044 254 | INDIVIDUAL             | 01:06:17 | 01:04:54 |
| 1313  | 813    | DORA PIRES           | F    | 49    | F4599 37  | SS CGD                 | 01:06:19 | 01:05:05 |
| 1314  | 195    | JOANA RUIVO          | F    | 38    | F3544 78  | 4 AO KM                | 01:06:23 | 01:05:25 |
| 1315  | 608    | HELENA FINO          | F    | 57    | F4599 38  | HAPPY RUNNERS          | 01:06:27 | 01:05:41 |
| 1316  | 1661   | TERESA SOUS          | F    | 43    | F3544 79  |                        | 01:06:31 | 01:05:53 |
| 1317  | 1230   | ANTÓNIO CIPRIANO     | M    | 70    | M6099 89  | AMCR FONTE GRADA       | 01:06:31 | 01:05:49 |
| 1318  | 1041   | INES PEIXOTO         | F    | 36    | F3544 80  | AMINHACORRIDA/ KALENJI | 01:06:45 | 01:05:26 |
| 1319  | 58     | ALEXANDRA PIRES      | F    | 48    | F4599 39  | INDIVIDUAL             | 01:06:51 | 01:06:24 |
| 1320  | 336    | NUNO MARQUES         | M    | 45    | M4549 190 | SEMPRE EM FESTA        | 01:06:52 | 01:05:33 |
| 1321  | 687    | ANTÓNIO MOURA        | M    | 59    | M5559 81  | CA VALE FIGUEIRA       | 01:06:53 | 01:06:50 |
| 1322  | 100    | FABIO P DIAS         | M    | 44    | M4044 255 | GD SANTANDER TOTTA     | 01:06:55 | 01:06:45 |
| 1323  | 938    | LUIS SANTOS          | M    | 44    | M4044 256 | ERICSSON               | 01:06:56 | 01:05:46 |
| 1324  | 1078   | EMILIO GONÇALVES     | M    | 48    | M4549 191 | A VALE SILENCIO        | 01:06:57 | 01:05:54 |
| 1325  | 1655   | SERGIO CARDOSO       | M    | 36    | M3539 206 |                        | 01:07:02 | 01:06:08 |
| 1326  | 1680   | RITA AZEVEDO         | F    | 40    | F3544 81  |                        | 01:07:02 | 01:06:08 |
| 1327  | 1654   | JOAQUIM ALEIXO       | M    | 45    | M4549 192 |                        | 01:07:03 | 01:06:08 |
| 1328  | 1002   | NUNO M S OLIVEIRA    | M    | 39    | M3539 207 | INDIVIDUAL             | 01:07:04 | 01:06:16 |
| 1329  | 1691   | RUI RAPOSO           | M    | 51    | M5054 120 |                        | 01:07:05 | 01:05:43 |
| 1330  | 668    | NUNO C DIAS          | M    | 41    | M4044 257 | DIAS                   | 01:07:10 | 01:05:57 |
| 1331  | 131    | ANA LOURENÇO         | F    | 47    | F4599 40  | INDIVIDUAL             | 01:07:10 | 01:06:16 |
| 1332  | 1534   | ALBERTO LIXA         | M    | 53    | M5054 121 | INDIVIDUAL             | 01:07:27 | 01:07:27 |
| 1333  | 956    | LUIS CHAMBEL         | M    | 40    | M4044 258 | REXCOR / SABICOR       | 01:07:41 | 01:06:26 |
| 1334  | 615    | STEVE GOUVEIA        | M    | 43    | M4044 259 | O2 LIFE CENTER         | 01:07:41 | 01:07:20 |
| 1335  | 955    | ADELINO SANTOS       | M    | 43    | M4044 260 | REXCOR / SABICOR       | 01:07:42 | 01:06:28 |
| 1336  | 616    | CRISTINA GOUVEIA     | F    | 43    | F3544 82  | O2 LIFE CENTER         | 01:07:42 | 01:07:21 |
| 1337  | 193    | EBERHARD WILHELM     | M    | 67    | M6099 90  | 4 AO KM                | 01:07:50 | 01:07:24 |
| 1338  | 527    | HUGO COSTA           | M    | 18    | M0019 37  | INDIVIDUAL             | 01:07:51 | 01:06:43 |
| 1339  | 865    | ANTÓNIO OLIVEIRA     | M    | 41    | M4044 261 | INDIVIDUAL             | 01:07:51 | 01:07:10 |
| 1340  | 525    | ANDREIA MONTEIRO     | F    | 37    | F3544 83  | INDIVIDUAL             | 01:07:51 | 01:06:44 |
| 1341  | 420    | FERNANDO FERREIRA    | M    | 69    | M6099 91  | C MILLENNIUM BCP       | 01:07:58 | 01:07:01 |
| 1342  | 1350   | MANUEL AUGUSTO       | M    | 76    | M6099 92  | OUR ESP SANTO          | 01:08:01 | 01:06:43 |
| 1343  | 337    | SANDRA ZOGG          | F    | 44    | F3544 84  | INDIVIDUAL             | 01:08:02 | 01:06:44 |
| 1344  | 464    | SOFIA MINCHIN        | F    | 37    | F3544 85  | INDIVIDUAL             | 01:08:22 | 01:07:16 |
| 1345  | 440    | ANA ALPALHÃO         | F    | 42    | F3544 86  | INDIVIDUAL             | 01:08:23 | 01:07:18 |
| 1346  | 662    | NUNO LOUREIRO        | M    | 49    | M4549 193 | FALCOES SELVAGENS      | 01:08:23 | 01:08:01 |
| 1347  | 17     | PAULA COUTO          | F    | 52    | F4599 41  | ALGYMNS                | 01:08:26 | 01:07:41 |
| 1348  | 16     | CARLA FIGUEIRA       | F    | 36    | F3544 87  | ALGYMNS                | 01:08:27 | 01:07:42 |
| 1349  | 1321   | FRANCISCO CASACA     | M    | 76    | M6099 93  | CA VALE FIGUEIRA       | 01:08:33 | 01:08:20 |
| 1350  | 117    | ANASTACIO VALADAS    | M    | 62    | M6099 94  | GD SANTANDER TOTTA     | 01:08:35 | 01:08:35 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                  | Tempo    | Chip     |
|-------|--------|-----------------------|------|-------|---------|-------------------------|----------|----------|
| 1351  | 445    | ANA ALMEIDA           | F    | 35    | F3544   | 88 INDIVIDUAL           | 01:08:49 | 01:07:54 |
| 1352  | 198    | VITOR GONÇALVES       | M    | 46    | M4549   | 194 4 AO KM             | 01:09:05 | 01:08:10 |
| 1353  | 194    | ISADORA COSTA         | F    | 27    | F0034   | 56 4 AO KM              | 01:09:05 | 01:08:10 |
| 1354  | 197    | JOÃO LIMA             | M    | 55    | M5559   | 82 4 AO KM              | 01:09:05 | 01:08:10 |
| 1355  | 872    | CARLOS REIS           | M    | 53    | M5054   | 122 INDIVIDUAL          | 01:09:05 | 01:08:38 |
| 1356  | 939    | CHIARA BEDINI         | F    | 42    | F3544   | 89 ERICSSON             | 01:09:05 | 01:07:59 |
| 1357  | 178    | JOAO BRANCO           | M    | 68    | M6099   | 95 AAE BNU              | 01:09:06 | 01:08:08 |
| 1358  | 1594   | MONICA LOPES          | F    | 38    | F3544   | 90 INDIVIDUAL           | 01:09:19 | 01:08:42 |
| 1359  | 1593   | PAULO CARDOSO         | M    | 39    | M3539   | 208 INDIVIDUAL          | 01:09:20 | 01:08:44 |
| 1360  | 351    | MIGUEL COSTA          | M    | 27    | M2034   | 174 MERIDIANOS          | 01:09:24 | 01:09:03 |
| 1361  | 1024   | JOAQUIM LEITAO        | M    | 59    | M5559   | 83 GD SAO DOMINGOS      | 01:09:39 | 01:09:10 |
| 1362  | 1017   | TERESA SOUSA          | F    | 41    | F3544   | 91 GD SAO DOMINGOS      | 01:09:41 | 01:08:50 |
| 1363  | 7      | SANDRA ANDRADE        | F    | 41    | F3544   | 92 INDIVIDUAL           | 01:09:43 | 01:08:45 |
| 1364  | 1604   | ATLETA NÃO CADASTRADO | M    | 0     | M0019   | 38                      | 01:09:44 | 01:08:44 |
| 1365  | 1603   | ATLETA NÃO CADASTRADO | M    | 0     | M0019   | 39                      | 01:09:45 | 01:08:45 |
| 1366  | 252    | ORLANDO SOUSA         | M    | 53    | M5054   | 123 CCDT METRO LX       | 01:09:49 | 01:08:49 |
| 1367  | 610    | MANUELA MENDES        | F    | 45    | F4599   | 42 INDIVIDUAL           | 01:09:52 | 01:09:31 |
| 1368  | 926    | CELSO GOMES           | M    | 56    | M5559   | 84 INFANTADO FC         | 01:09:52 | 01:08:51 |
| 1369  | 864    | VIRGÍNIA DELGADO      | F    | 40    | F3544   | 93 INDIVIDUAL           | 01:09:59 | 01:09:18 |
| 1370  | 1189   | VITOR CORREIA         | M    | 39    | M3539   | 209 INDIVIDUAL          | 01:10:01 | 01:08:54 |
| 1371  | 1188   | EDUARDO FREITAS       | F    | 42    | F3544   | 94 INDIVIDUAL           | 01:10:03 | 01:08:57 |
| 1372  | 533    | SANDRA S P SANTOS     | F    | 37    | F3544   | 95 INDIVIDUAL           | 01:10:09 | 01:08:57 |
| 1373  | 532    | JOAO M L MARTINS      | M    | 43    | M4044   | 262 INDIVIDUAL          | 01:10:10 | 01:08:59 |
| 1374  | 725    | CRISTINA PAIVA        | F    | 44    | F3544   | 96 NAZ ABOBODA          | 01:10:16 | 01:09:25 |
| 1375  | 1279   | RITA MADALENO         | F    | 39    | F3544   | 97 C NOT PARQUE NAÇOES  | 01:10:18 | 01:10:00 |
| 1376  | 1278   | DIOGO MADALENO        | M    | 40    | M4044   | 263 C NOT PARQUE NAÇOES | 01:10:18 | 01:09:59 |
| 1377  | 1333   | RUI P R MOTA          | M    | 43    | M4044   | 264 INDIVIDUAL          | 01:10:25 | 01:09:55 |
| 1378  | 666    | CARLOS COELHO         | M    | 42    | M4044   | 265 FALCOES SELVAGENS   | 01:10:53 | 01:10:05 |
| 1379  | 807    | ANABELA ESTEVES       | F    | 51    | F4599   | 43 SS CGD               | 01:11:05 | 01:10:11 |
| 1380  | 1106   | ANTÓNIO PARAMÉS       | M    | 31    | M2034   | 175 INDIVIDUAL          | 01:11:11 | 01:10:06 |
| 1381  | 1132   | HUGO FERREIRA         | M    | 36    | M3539   | 210 INDIVIDUAL          | 01:11:11 | 01:10:13 |
| 1382  | 1646   | ANDREA TAVARES        | F    | 45    | F4599   | 44 O2 LIFE CENTER       | 01:11:29 | 01:11:29 |
| 1383  | 1359   | RUI FIGUEIREDO        | M    | 47    | M4549   | 195 INDIVIDUAL          | 01:12:10 | 01:11:14 |
| 1384  | 1360   | RICARDO COSTA         | M    | 34    | M2034   | 176 INDIVIDUAL          | 01:12:10 | 01:11:14 |
| 1385  | 951    | MIGUEL SOL            | M    | 17    | M0019   | 40 DIAS DE SOL          | 01:12:18 | 01:11:03 |
| 1386  | 949    | LUÍS GRAÇA            | M    | 45    | M4549   | 196 DIAS DE SOL         | 01:12:19 | 01:11:04 |
| 1387  | 588    | ANTONIO JORGE         | M    | 61    | M6099   | 96 AÇOREANA C BANIF     | 01:12:23 | 01:12:23 |
| 1388  | 1107   | MIGUEL GONÇALVES      | M    | 42    | M4044   | 266 INDIVIDUAL          | 01:12:38 | 01:11:32 |
| 1389  | 262    | EDITE SANTIAGO        | F    | 54    | F4599   | 45 RUNLOVERS            | 01:12:38 | 01:12:15 |
| 1390  | 259    | HELENA LEITÃO         | F    | 45    | F4599   | 46 RUNLOVERS            | 01:12:39 | 01:12:16 |
| 1391  | 634    | SUSANA CARVALHO       | F    | 37    | F3544   | 98 INDIVIDUAL           | 01:13:14 | 01:12:24 |
| 1392  | 1571   | ALEXANDRA PALMA       | F    | 49    | F4599   | 47                      | 01:13:42 | 01:13:09 |
| 1393  | 480    | MIGUEL SILVA          | M    | 71    | M6099   | 97 INDIVIDUAL           | 01:13:59 | 01:13:18 |
| 1394  | 1612   | BARBARA O             | F    | 23    | F0034   | 57                      | 01:14:09 | 01:13:15 |
| 1395  | 888    | JORGE C VAZ           | M    | 76    | M6099   | 98 INDIVIDUAL           | 01:14:11 | 01:13:25 |

| Lugar | Dorsal | Atleta                   | Sexo | Idade | Escalão | Equipa                    | Tempo    | Chip     |
|-------|--------|--------------------------|------|-------|---------|---------------------------|----------|----------|
| 1396  | 673    | JOAQUIM ARAUJO           | M    | 70    | M6099   | 99 INDIVIDUAL             | 01:14:25 | 01:14:21 |
| 1397  | 576    | MA FEE HUNG              | F    | 65    | F4599   | 48 AÇOREANA C BANIF       | 01:14:45 | 01:13:59 |
| 1398  | 299    | ANTÓNIO MARQUES          | M    | 69    | M6099   | 100 INDIVIDUAL            | 01:15:02 | 01:14:45 |
| 1399  | 8      | ELISABETE FONSECA        | F    | 42    | F3544   | 99 INDIVIDUAL             | 01:15:15 | 01:14:19 |
| 1400  | 450    | GUILHERME CARVALHO       | M    | 18    | M0019   | 41 INDIVIDUAL             | 01:15:29 | 01:14:15 |
| 1401  | 451    | RODRIGO FERRO            | M    | 18    | M0019   | 42 INDIVIDUAL             | 01:15:29 | 01:14:18 |
| 1402  | 1657   | RUBEN SERRA              | M    | 19    | M0019   | 43 INDIVIDUAL             | 01:15:43 | 01:14:33 |
| 1403  | 449    | MIGUEL FERRO             | M    | 41    | M4044   | 267 INDIVIDUAL            | 01:15:43 | 01:14:32 |
| 1404  | 496    | Mª HELENA FIGUEIREDO     | F    | 44    | F3544   | 100 INDIVIDUAL            | 01:15:53 | 01:14:39 |
| 1405  | 780    | JOAO GRACA               | M    | 76    | M6099   | 101 ND AUTOCOOPE          | 01:15:59 | 01:14:56 |
| 1406  | 1417   | JOANA REBELO             | F    | 18    | F0034   | 58 OS GALEGOS             | 01:16:26 | 01:15:59 |
| 1407  | 1224   | JOSÉ JÚLIO CABACEIRA     | M    | 55    | M5559   | 85 CABACEIRA SPORTS & RUN | 01:16:26 | 01:15:47 |
| 1408  | 1418   | ANDREIA PEREIRA          | F    | 18    | F0034   | 59 OS GALEGOS             | 01:16:27 | 01:16:00 |
| 1409  | 658    | JOSE PARRANÇA            | M    | 77    | M6099   | 102 CR CRUZ PAU           | 01:16:40 | 01:16:09 |
| 1410  | 656    | AGAPITO BELGA            | M    | 60    | M6099   | 103 CR CRUZ PAU           | 01:16:45 | 01:16:16 |
| 1411  | 886    | CELESTE ROMERO           | F    | 40    | F3544   | 101 INDIVIDUAL            | 01:16:46 | 01:16:11 |
| 1412  | 43     | BEATRIZ CANDEIAS         | F    | 18    | F0034   | 60 AMIGOS LOBOS           | 01:17:07 | 01:16:04 |
| 1413  | 1308   | PAULO FARIA              | M    | 44    | M4044   | 268 INDIVIDUAL            | 01:17:27 | 01:16:05 |
| 1414  | 1566   | INES T ALMEIDA           | F    | 39    | F3544   | 102                       | 01:17:32 | 01:17:32 |
| 1415  | 67     | GINA ROSA                | F    | 50    | F4599   | 49 INDIVIDUAL             | 01:18:01 | 01:17:43 |
| 1416  | 961    | PEDRO MARTINIANO         | M    | 39    | M3539   | 211 PIRATAS DO TEJO       | 01:18:24 | 01:18:00 |
| 1417  | 960    | INNA CHEMRIS             | F    | 40    | F3544   | 103 PIRATAS DO TEJO       | 01:18:24 | 01:18:00 |
| 1418  | 959    | FRANCISCO VELOSO         | M    | 55    | M5559   | 86 PIRATAS DO TEJO        | 01:18:25 | 01:18:01 |
| 1419  | 424    | JOSE ARRUDA              | M    | 66    | M6099   | 104 C MILLENNIUM BCP      | 01:19:20 | 01:18:19 |
| 1420  | 423    | FOCH CHIU                | F    | 65    | F4599   | 50 C MILLENNIUM BCP       | 01:19:21 | 01:18:20 |
| 1421  | 1645   | SAMUEL MONTEIRO          | M    | 50    | M5054   | 124                       | 01:20:00 | 01:18:41 |
| 1422  | 1652   | JOAO ALCANTARA           | M    | 50    | M5054   | 125                       | 01:20:01 | 01:18:41 |
| 1423  | 723    | GABRIEL ANTONIO          | M    | 52    | M5054   | 126 URD ARRANHÒ           | 01:20:03 | 01:20:03 |
| 1424  | 144    | CARLA FERREIRA           | F    | 39    | F3544   | 104 FALCOES SELVAGENS     | 01:20:32 | 01:20:15 |
| 1425  | 1598   | ALVARO CARRAPITO         | M    | 51    | M5054   | 127 INDIVIDUAL            | 01:21:40 | 01:20:40 |
| 1426  | 635    | AHNIYA K BAKHTSIHAREYEVA | F    | 67    | F4599   | 51 INDIVIDUAL             | 01:21:44 | 01:21:31 |
| 1427  | 48     | CRISTINA CARNEIRO        | F    | 43    | F3544   | 105 INDIVIDUAL            | 01:22:30 | 01:21:36 |
| 1428  | 971    | OLGA AZEVEDO             | F    | 43    | F3544   | 106 ERICSSON              | 01:22:31 | 01:21:23 |
| 1429  | 1549   | ISIDRO SIMOES            | M    | 48    | M4549   | 197 INDIVIDUAL            | 01:22:31 | 01:21:31 |
| 1430  | 1547   | MARIA SANTOS             | F    | 47    | F4599   | 52 INDIVIDUAL             | 01:22:31 | 01:21:32 |
| 1431  | 987    | CARLOS S ALVES           | M    | 32    | M2034   | 177 INDIVIDUAL            | 01:28:31 | 01:27:06 |
| 1432  | 12     | JOSE PIRRALHA            | M    | 39    | M3539   | 212 INDIVIDUAL            | 01:28:31 | 01:27:07 |
| 1433  | 936    | ANDREIA PRAZERES         | F    | 38    | F3544   | 107 ERICSSON              | 01:30:20 | 01:29:11 |
| 1434  | 935    | JOSÉ PRAZERES            | M    | 40    | M4044   | 269 ERICSSON              | 01:30:21 | 01:30:21 |