

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1	Bernardo Aguiar	106	M		Senior M	00:33:04	00:33:04
2	João Vaz	1054	M	C.C.D. O ALVITEJO	Vet50 M	00:33:14	00:33:14
3	João Lopes	212	M	VITÓRIA FC Trail Running	Senior M	00:33:26	00:33:26
4	PEDRO JANUÁRIO	1703	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:33:33	00:33:33
5	Luís Miguel Macário Rações	1539	M	Sacavem	Vet40 M	00:33:52	00:33:52
6	Ricardo Silva	1630	M	CF Os Belenenses	Senior M	00:34:21	00:34:21
7	Sergio Correia	672	M	Zona alta trail	Senior M	00:34:28	00:34:28
8	Valério Ferreira	2320	M	Escola Atletismo Cartaxo	Junior M	00:34:29	00:34:29
9	Pedro Miguel	2319	M	Escola Atletismo Cartaxo	Junior M	00:34:46	00:34:46
10	JORGE MARCELINO	1704	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:34:53	00:34:53
11	Júlio Finote	1260	M	CCD Sintrense	Vet40 M	00:35:20	00:35:20
12	RUI CABEÇAS	1705	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:35:25	00:35:24
13	Diogo Azevedo	2335	M	Lisboa	Senior M	00:35:29	00:35:29
14	Pedro Amigo	897	M	CCR Alto do Moinho	Senior M	00:35:31	00:35:29
15	Ivo Inácio	1515	M		Senior M	00:35:33	00:35:33
16	Nuno Evangelista	2185	M		Senior M	00:35:35	00:35:34
17	Nuno Gonçalo Luis Santos	12	M	GRF Benedita - Atletismo	Vet40 M	00:35:38	00:35:38
18	Carlos Fernandes	22	M	CA Barreira	Senior M	00:35:51	00:35:50
19	Gonçalo Cruz	789	M		Senior M	00:35:57	00:35:57
20	Ricardo Silva	1175	M	CLAC - Entroncamento	Senior M	00:36:02	00:36:00
21	Ricardo Carreira	329	M		Senior M	00:36:25	00:36:24
22	Tiago Tomas	1446	M	CCRD BURINHOSA	Senior M	00:36:34	00:36:33
23	FERNANDO BATISTA	1094	M	SR. CAMARNAL	Vet40 M	00:36:35	00:36:34
24	Rui Galinha	1730	M	Golegã	Vet40 M	00:36:39	00:36:39
25	RICARDO FRANCO	766	M	Pelotão da Pinga	Senior M	00:36:52	00:36:51
26	Telmo Nogueira	335	M		Senior M	00:36:57	00:36:55
27	GABRIEL RODRIGUES	1707	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:37:09	00:37:09
28	Gonçalo Martins	2699	M	Clube Triatlo Torres Novas	Senior M	00:37:16	00:37:14
29	Pedro Lopes	262	M		Senior M	00:37:23	00:37:21
30	Marco Franco	1798	M	Clube de Atletismo de Ferreira do Zêzere	Senior M	00:37:24	00:37:23
31	Cláudio Vicente Nunes	398	M		Senior M	00:37:31	00:37:29
32	ANTÓNIO FERREIRA	1706	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:37:37	00:37:37
33	Alexandre Felício	1961	M	Correr Lisboa	Senior M	00:37:42	00:37:39
34	LICÍNIO PEREIRA	1708	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet60 M	00:37:47	00:37:46
35	FÁBIO MARTINS	1058	M	C.C.D. O ALVITEJO	Senior M	00:37:49	00:37:48
36	Antonio Calafate	1357	M	Triatlo Golegã	Vet50 M	00:37:51	00:37:51
37	ARTUR LOPES	1709	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:37:53	00:37:52
38	Flavio Castelhana	1648	M	GRF Benedita - Atletismo	Senior M	00:37:56	00:37:54
39	Hugo Ferreira	918	M	Queluz	Vet40 M	00:37:58	00:37:57
40	Gonçalo Resina	1404	M	Brogueira	Vet40 M	00:37:59	00:37:59
41	Bruno Marcelino	2048	M	BSM68	Senior M	00:38:01	00:38:01
42	Francisco Henriques	1185	M	CLAC - Entroncamento	Vet40 M	00:38:04	00:38:02
43	RICARDO SIMÕES	1055	M	C.C.D. O ALVITEJO	Vet50 M	00:38:06	00:38:05
44	Nuno Silva	223	M	Federação da Família para a Paz Mundial e Unificação	Senior M	00:38:09	00:38:08

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
45	Fábio Martins	1369	M	Clube de Atletismo da Nazaré	Senior M	00:38:13	00:38:11
46	Fernando Santos	561	M	Diabetes Team Portugal	Vet40 M	00:38:21	00:38:21
47	JOÃO DOMINGOS	1710	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:38:21	00:38:21
48	ROGÉRIO ARRAIOLOS	1272	M		Vet40 M	00:38:22	00:38:22
49	Luis Silvério	1372	M	Clube de Atletismo da Nazaré	Senior M	00:38:23	00:38:20
50	CARLOS SIMÕES	1711	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:38:25	00:38:25
51	Nuno Calisto	1060	M	C.C.D. O ALVITEJO	Vet40 M	00:38:27	00:38:27
52	Micael António Agostinho	2005	M		Senior M	00:38:35	00:38:34
53	Jorge Fonseca	905	M	CCDS Sintrense	Vet40 M	00:38:37	00:38:36
54	PETRO PASKAR	1775	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior M	00:38:41	00:38:39
55	Nelson Oliveira	1184	M	CLAC - Entroncamento	Vet40 M	00:38:46	00:38:43
56	Fernando Fernandes	1740	M	Peniche a Correr	Senior M	00:38:47	00:38:44
57	Emanuel Serrazina	562	M	Escola Atletismo Cartaxo	Senior M	00:38:51	00:38:51
58	Paulo Lopes	1737	M	Gang do Amendoim	Vet40 M	00:38:54	00:38:51
59	Samuel Sebastiao	485	M	Caracóis de Pedra	Senior M	00:38:58	00:38:56
60	João Pedro Ferreira	1189	M	CLAC - Entroncamento	Vet40 M	00:39:00	00:38:57
61	Jorge Pardal	338	M	Tartarugas Solidárias	Vet40 M	00:39:10	00:39:10
62	Leandro Galende	2102	M	GALENDE ASSESORIA ESPORTIVA	Senior M	00:39:11	00:38:56
63	ALÉXIS ROCHA	1714	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior M	00:39:16	00:39:13
64	Gonçalo Soeiro	2098	M	Soeirovsky	Senior M	00:39:18	00:39:07
65	Armando Pessoa	1604	M		Vet40 M	00:39:21	00:39:21
66	Diogo Rosa	2616	M	NSCPGolegã	Senior M	00:39:26	00:39:26
67	Pedro Inês	526	M	pace.makers	Senior M	00:39:30	00:39:28
68	Fernando Gaspar	1	M	INcapazes	Senior M	00:39:31	00:39:28
69	Rui Martins	1178	M	CLAC - Entroncamento	Senior M	00:39:35	00:39:32
70	José Vital	1194	M	CLAC - Entroncamento	Vet50 M	00:39:35	00:39:33
71	VITOR ANTUNES	1092	M	SR. CAMARNAL	Vet40 M	00:39:36	00:39:36
72	Raul Vieira	572	M	RX Runners	Vet50 M	00:39:39	00:39:35
73	Leonel Marques	1751	M		Senior M	00:39:41	00:39:40
74	Nuno Sousa	2154	M	Running Espinho	Vet40 M	00:39:44	00:39:44
75	Fernando Pelarigo	1321	M	Escola Atletismo Cartaxo	Vet40 M	00:39:46	00:39:44
76	Hugo Vaz	2150	M	Balance Running Club	Senior M	00:39:47	00:39:47
77	Hugo Palmeiro	1467	M	Casa do Benfica de Algueirão Mem-Martins	Vet50 M	00:39:52	00:39:37
78	Paulo Silva	1216	M	Trilho Perdido	Senior M	00:39:56	00:39:42
79	Filipe Patricio	507	M	Velhos	Senior M	00:40:00	00:39:58
80	Rodrigo Galão	2356	M	Grupo Desportivo da Parreira	Senior M	00:40:07	00:39:57
81	Gonçalo Almeida	1222	M		Senior M	00:40:09	00:40:07
82	Pedro Ferreira	2249	M	C. C. R. Alto do Moinho	Senior M	00:40:11	00:40:09
83	Luís Mota	1183	M	CLAC - Entroncamento	Vet40 M	00:40:12	00:40:11
84	Hélder Pereira	1366	M	Clube de Atletismo da Nazaré	Senior M	00:40:15	00:40:12
85	Tony Almeida	922	M	RB Running	Senior M	00:40:16	00:40:14
86	Augusto Portugal	1371	M	Clube de Atletismo da Nazaré	Vet40 M	00:40:20	00:40:17
87	Manuel Matos	569	M	APPACDM SANTAREM	Vet40 M	00:40:21	00:40:19
88	Luís Silva	710	M	Elite runners	Senior M	00:40:23	00:40:17

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
89	ANTÓNIO PAIS	1059	M	C.C.D. O ALVITEJO	Vet40 M	00:40:24	00:40:24
90	Nuno Ferreira	899	M	Patrulha Lobo	Vet40 M	00:40:25	00:40:24
91	Alexandre Miguel Araújo	1732	M	GRF Benedita	Senior M	00:40:27	00:40:24
92	António Nogueira	1913	M		Vet50 M	00:40:29	00:40:24
93	MARCO FIDALGO	1097	M	SR. CAMARNAL	Vet40 M	00:40:31	00:40:29
94	Pedro Anjos	1181	M	CLAC - Entroncamento	Vet40 M	00:40:34	00:40:31
95	Rui Mota	1549	M	Amigos do Atletismo de Mafra	Vet40 M	00:40:40	00:40:38
96	Patrick Magalhães	577	M	Corre K´emagreces	Senior M	00:40:43	00:40:41
97	RUI DINIS	1712	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:40:48	00:40:47
98	André Henriques	287	M	NADAR	Vet40 M	00:40:49	00:40:44
99	Filipe Centeno Centeno	1733	M	Escola Atletismo Cartaxo	Vet40 M	00:40:53	00:40:52
100	Nuno Tiago	668	M		Vet40 M	00:40:55	00:40:49
101	José Ruivo	1933	M	pace.makers	Vet40 M	00:41:06	00:41:01
102	João Branco	1922	M	OCR POLICE TEAM	Senior M	00:41:06	00:41:04
103	Carlos Antunes	1190	M	CLAC - Entroncamento	Vet50 M	00:41:10	00:41:08
104	Marco Santos	1132	M	Afeleias do farolim	Senior M	00:41:15	00:41:07
105	Carla Ribeiro	2002	F	Scalabis Night Run Triatlo	Senior F	00:41:16	00:41:16
106	Artur Duarte	1770	M		Vet40 M	00:41:18	00:41:13
107	HUGO HENRIQUES	1233	M	SR. CAMARNAL	Vet40 M	00:41:19	00:41:14
108	josé carvalho	103	M		Senior M	00:41:19	00:41:19
109	Nuno Ferreira	361	M	Os Galgos de Tancos	Senior M	00:41:27	00:41:24
110	JOÃO MARCELINO	1713	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:41:28	00:41:24
111	Miguel Jacob	812	M		Senior M	00:41:29	00:41:27
112	Paulo Moreira	306	M	Os Filhos da Noite	Vet40 M	00:41:30	00:41:26
113	LUIS CASCÃO	675	M	CASA DO PESSOAL DA RTP	Vet40 M	00:41:30	00:41:30
114	Tiago Pinto	1103	M	CCR Alto do Moinho	Senior M	00:41:32	00:41:29
115	Tiago Barreiro	677	M	Mar.team.chel	Senior M	00:41:33	00:41:27
116	Avelino Soares	2198	M	Run Tejo	Vet50 M	00:41:34	00:41:34
117	VITOR MARQUES	1096	M	SR. CAMARNAL	Vet50 M	00:41:36	00:41:30
118	Luis Silvério Barbosa	1145	M	Pederneira_Nazaré	Vet40 M	00:41:38	00:41:26
119	Pedro Sá Pereira	352	M		Senior M	00:41:39	00:41:36
120	Igor Dias	1314	M	Twins Fitness Station	Senior M	00:41:42	00:41:38
121	MARCO ANDRÉ VITORINO	30	M	MONSANTO	Senior M	00:41:47	00:41:46
122	Alexandra Mayer Caldas Portela Fernandes	1886	F	CFB Clube Futebol Os Belenenses	Vet40 F	00:41:49	00:41:49
123	Paul Pilton	2044	M	Balance Running Club	Vet50 M	00:41:49	00:41:46
124	Lúcio Monteiro	1848	M	Canha	Senior M	00:41:50	00:41:31
125	Rafael Lourenço	1764	M	Benedita	Vet40 M	00:41:54	00:41:51
126	Nuno Pereira	527	M	pace.makers	Vet40 M	00:41:55	00:41:50
127	José Gomes	1182	M	CLAC - Entroncamento	Vet50 M	00:41:55	00:41:53
128	João Paulo Oliveira Nepomuceno	11	M	Dá-lhe Gás team	Vet40 M	00:41:56	00:41:53
129	Marco Mangas	1650	M	Clube de Atletismo da Nazaré	Vet40 M	00:41:58	00:41:53
130	Ismael Salvador	2124	M		Vet40 M	00:41:58	00:41:56
131	Fábio Silva	807	M	ACBatalha	Senior M	00:42:01	00:41:55
132	Nelson Santos	405	M	Caldas Corre +	Senior M	00:42:03	00:41:59

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
133	Jose Amigo	1033	M	CCR Alto do Moinho	Vet60 M	00:42:04	00:42:03
134	Antonio Rodrigues Rodrigues	1566	M		Senior M	00:42:05	00:42:02
135	Emanuel Libório	13	M	Balance Running Club	Senior M	00:42:09	00:42:06
136	Michael Granadeiro	761	M	Alpiarça	Senior M	00:42:13	00:42:06
137	eusebio Santos	1241	M	FOROS DE SALVATERRA(SALVATERRA DE MAGOS)	Senior M	00:42:17	00:42:03
138	Daniel Carpinteiro	1077	M	Academia 100%	Senior M	00:42:23	00:41:49
139	Luís Neves	1390	M	FIDELIDADE GDC	Vet40 M	00:42:25	00:42:20
140	Miguel Ângelo	1840	M	Canha	Senior M	00:42:27	00:42:09
141	Nuno Roque	888	M		Vet40 M	00:42:29	00:42:24
142	Gonçalo Roque	1043	M	Monliz	Vet40 M	00:42:29	00:42:19
143	Carlos Vieira	487	M	Alhandra	Senior M	00:42:30	00:42:28
144	Antonio Franco	1135	M	Ateletas do farolim	Vet50 M	00:42:30	00:42:23
145	Pedro Pereira	1797	M	Correr Lisboa	Senior M	00:42:31	00:41:41
146	João Simões	1796	M	Correr Lisboa	Vet40 M	00:42:32	00:41:42
147	Sérgio Simões	711	M		Senior M	00:42:34	00:42:16
148	LUIS AMORIM	1093	M	SR. CAMARNAL	Vet50 M	00:42:34	00:42:32
149	Pedro Carmo	1179	M	CLAC - Entroncamento	Vet40 M	00:42:34	00:42:32
150	Nuno Ramos	1866	M		Senior M	00:42:39	00:42:26
151	Ricardo Calado	2151	M		Senior M	00:42:44	00:42:44
152	Pedro Ferreira	832	M	C. D. Os Águias de Alpiarça	Senior M	00:42:45	00:41:56
153	Paulo Mendes	529	M	pace.makers	Vet50 M	00:42:46	00:42:40
154	ANTÓNIO AZEDO	1061	M	C.C.D. O ALVITEJO	Vet50 M	00:42:47	00:42:40
155	Nuno Varela	1864	M	Tivoli Runners	Vet40 M	00:42:48	00:42:42
156	António Morgado	457	M	Chitas de Alcobaça	Vet50 M	00:42:53	00:42:50
157	Jorge Montês	1560	M	Com Dores	Senior M	00:42:55	00:42:52
158	Mario Cunha	951	M	CCR Alto do Moinho	Vet40 M	00:42:55	00:42:50
159	Hugo Trindade	2092	M	Clube de Atletismo da Nazaré	Senior M	00:42:55	00:42:51
160	João Paulino	625	M	Rx Runners	Senior M	00:42:57	00:42:36
161	Nuno Moita	52	M		Senior M	00:43:00	00:42:46
162	Gonçalo Gargaté	1100	M	Velhos	Senior M	00:43:05	00:43:02
163	André Alexandre	1702	M	CF1	Senior M	00:43:11	00:42:55
164	PEDRO MARIA	1095	M	SR. CAMARNAL	Vet40 M	00:43:12	00:43:08
165	Rodrigo Costa	1844	M		Senior M	00:43:15	00:43:12
166	Pedro Santos	1302	M	Centro Marcha e Corrida Alcanena	Senior M	00:43:15	00:43:10
167	Paulo Moreira	1294	M		Vet40 M	00:43:17	00:43:13
168	José Badalo	1847	M	ADCSABaldio	Vet50 M	00:43:18	00:43:15
169	Pedro Cruz	1943	M	ETX Portugal	Vet40 M	00:43:20	00:43:08
170	Rui Faustino	1938	M		Vet40 M	00:43:23	00:43:20
171	Hugo Brás	1472	M	Portela LRS	Senior M	00:43:27	00:43:19
172	Nuno Martins	1857	M	4 Gê runners	Vet40 M	00:43:30	00:43:28
173	Nuno Lorvão	1435	M	CCRD BURINHOSA	Vet40 M	00:43:32	00:43:26
174	Paulo Mota	1177	M	CLAC - Entroncamento	Vet40 M	00:43:32	00:43:30
175	Pedro Rodrigues	1280	M	Clube Atletismo Barreira	Vet40 M	00:43:34	00:43:29
176	germano martins	2073	M	RUN FRIENDS TORRES NOVAS	Vet40 M	00:43:37	00:43:35

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
177	Gonçalo Grazina	1316	M	Link	Senior M	00:43:38	00:43:07
178	Carolina Oliveira	2082	F	Sporting Club de Portugal	Junior F	00:43:40	00:43:40
179	Jorge Vaz	901	M	Correr Lisboa	Vet40 M	00:43:40	00:43:37
180	Paulo Alexandre Nunes	478	M	Correr Lisboa	Vet40 M	00:43:41	00:43:33
181	Sérgio Soeiro	2099	M	Soeirovsky	Vet40 M	00:43:45	00:43:34
182	Andre Silva	2078	M	brr	Vet40 M	00:43:51	00:43:33
183	Pedro Pejapes	718	M	Clube de Atletismo da Nazaré	Senior M	00:43:53	00:43:45
184	Tiago Branco	938	M		Senior M	00:43:57	00:43:30
185	FERNANDO DANIEL RAMOS Oliveira	1593	M		Senior M	00:43:57	00:43:46
186	José Almeida	1858	M	s/equipa	Vet40 M	00:43:57	00:43:46
187	João Silva	2296	M	Liz Runners	Senior M	00:44:00	00:43:30
188	Jorge Ribeiro	409	M	Chitas de Alcobaça	Vet40 M	00:44:03	00:43:10
189	OSVALDO HENRIQUES	2017	M	OSVALDO	Senior M	00:44:06	00:43:38
190	António Ferreira	1509	M	CLAC - Entroncamento	Senior M	00:44:06	00:44:03
191	Amelia Costa	972	F	CCR Alto do Moinho	Vet50 F	00:44:09	00:44:06
192	João Marques	973	M	CCR Alto do Moinho	Vet50 M	00:44:09	00:44:08
193	Miguel Morais	633	M		Senior M	00:44:10	00:44:03
194	Rui Reis	1251	M	TN Friends	Vet40 M	00:44:11	00:44:10
195	Mário Rosa	878	M	Vitória Clube de Santarém	Vet40 M	00:44:11	00:44:05
196	Vitor Ferreira	77	M	ALCANENA TRAIL	Vet50 M	00:44:14	00:44:09
197	Ana Lopes	1652	F		Senior F	00:44:15	00:43:56
198	Bruno Oliveira	1790	M	GRCD Leiao	Vet40 M	00:44:15	00:44:10
199	Tiago Ferreira	1067	M		Senior M	00:44:18	00:44:16
200	Paulo Costa	595	M	Balance Running Club	Vet40 M	00:44:20	00:44:17
201	Fábio Fortunato	1105	M	Balance Running Club	Senior M	00:44:20	00:44:15
202	Vítor Gonzas	2226	M	Associação Run Tejo	Vet50 M	00:44:21	00:44:07
203	Fernando Santos	1303	M	Centro Marcha e Corrida Alcanena	Vet60 M	00:44:22	00:44:17
204	Luis Fidalgo	1292	M	C.D.Os Águias de Alpiarça	Senior M	00:44:22	00:43:56
205	Humberto Ramos	1403	M		Vet50 M	00:44:29	00:44:02
206	PAULO SANTOS	1749	M	LOURDETE PERFUMARIAS	Senior M	00:44:29	00:44:28
207	Mário Dias	977	M	Running espinho	Senior M	00:44:32	00:44:24
208	Luis Aurélio	2014	M	BRRnightRUNNERS	Vet40 M	00:44:33	00:44:16
209	António Serrão	2088	M	C.D. Os Águias de Alpiarça	Vet40 M	00:44:34	00:44:30
210	Rodrigo Marques	2321	M	AZA - Azambuja com Alma	Vet40 M	00:44:36	00:44:21
211	Jorge Ferreira	616	M		Vet40 M	00:44:36	00:44:27
212	Daniel Janeiro	2136	M	Gurus-SUP	Senior M	00:44:38	00:44:26
213	Tiago Pinto	500	M	Correr Lisboa	Vet40 M	00:44:39	00:44:25
214	Nuno Quintela	804	M	GRCD Leião	Senior M	00:44:40	00:44:36
215	Mário Colaço	1081	M	Seca adegas bike team Santarém	Vet40 M	00:44:40	00:44:28
216	Mário Caridade	1000	M	COA / CORVUS TRAIL TEAM	Senior M	00:44:42	00:44:38
217	João Pedro Pereira	326	M	Chitas de Alcobaça	Senior M	00:44:42	00:44:35
218	Carlos Filipe	1197	M	CLAC - Entroncamento	Vet40 M	00:44:44	00:44:40
219	Miguel Cruz	1988	M	Barreiro	Vet40 M	00:44:45	00:44:27
220	Gabriel Carvalho	1612	M	Chamusca	Senior M	00:44:46	00:43:52

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
221	Nelson Aguiar	1807	M	Ribeira Ruiva	Vet40 M	00:44:47	00:44:41
222	Sandrina Cardoso	1540	F	Viseu 360	Senior F	00:44:48	00:44:42
223	Diogo Duarte	1445	M	CCRD BURINHOSA	Senior M	00:44:48	00:44:43
224	Emilio Estrelinha	1370	M	Clube de Atletismo da Nazaré	Vet40 M	00:44:54	00:44:46
225	Eduardo Gomes	1311	M	RCS	Vet40 M	00:44:55	00:44:48
226	Pedro Alves	402	M	TNFriends	Vet40 M	00:44:55	00:44:51
227	José Pinho	834	M	CCD Sintrense	Vet40 M	00:44:57	00:44:49
228	Tiago Rodrigues	494	M	20 comer pampilho	Senior M	00:44:58	00:44:50
229	Helena Moreira	222	F	Sintra	Vet40 F	00:44:59	00:44:43
230	Valter Escrevente	522	M	A20KM Trail Running Team	Vet40 M	00:44:59	00:44:53
231	Nelson Andrade	1524	M		Senior M	00:45:00	00:44:40
232	frederico Baião	1232	M	Sailors runners	Senior M	00:45:01	00:43:45
233	Tiago Anastácio	1793	M	#passoapasso-runners Pontével	Senior M	00:45:05	00:45:01
234	Pedro Pedro	1500	M	CD CRÉDITO AGRÍCOLA	Senior M	00:45:06	00:44:56
235	Ricardo Cravo	1533	M	Amigos Atletismo Serra Sintra	Senior M	00:45:13	00:45:10
236	Pedro Ribeiro	1795	M	G.D.S.S. de Canha	Senior M	00:45:14	00:44:54
237	MIGUEL COELHO	1715	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior M	00:45:14	00:45:09
238	João Almeida	2068	M	Deep around the world	Vet40 M	00:45:14	00:45:06
239	Pedro Coelho	439	M		Vet40 M	00:45:15	00:45:04
240	RICARDO PAIS	2297	M	RUNNING ESPINHO	Senior M	00:45:17	00:45:09
241	Ricardo Silva	1869	M	Canha	Senior M	00:45:17	00:44:58
242	Paulo Cartaxo	598	M		Vet40 M	00:45:20	00:44:55
243	Guilherme Marques	2257	M		Junior M	00:45:22	00:44:16
244	Pedro Ferraz	1471	M	Correr Lisboa	Vet40 M	00:45:22	00:45:12
245	Marco Conceição	1080	M	Runners do Demo	Senior M	00:45:23	00:45:15
246	João Dias	1187	M	CLAC - Entroncamento	Vet50 M	00:45:23	00:45:21
247	André Lopes	2350	M	Cartaxo	Senior M	00:45:24	00:45:20
248	Duarte Caldeira	750	M		Vet40 M	00:45:24	00:45:09
249	Joaquim Silva	1809	M	GINjinha Runners	Vet40 M	00:45:26	00:45:15
250	Claudia torres	1441	F	CCRD BURINHOSA	Senior F	00:45:29	00:45:21
251	Jose Rato	1836	M	CCRD BURINHOSA	Vet60 M	00:45:29	00:45:21
252	Luis Miguel Oliveira	536	M	Run@Abrã	Vet40 M	00:45:29	00:45:27
253	Nuno Marques	567	M	Évora Night Runners	Vet40 M	00:45:35	00:45:32
254	Susana Espada	1591	F	Évora Night Runners	Senior F	00:45:35	00:45:32
255	Helder Martins	537	M	Run@Abrã	Senior M	00:45:36	00:45:33
256	Isabel Costa	1872	F	pace.makers	Vet40 F	00:45:36	00:45:34
257	Nuno Raposo	1883	M		Vet40 M	00:45:40	00:45:33
258	Paulo Lopes	1106	M	Alverca Urban Runners	Senior M	00:45:44	00:45:37
259	Rui Bogalho	566	M	Chitas de Alcobaça	Vet40 M	00:45:46	00:44:49
260	David Andrade	1734	M		Senior M	00:45:46	00:45:40
261	Paulo Rodrigues	587	M		Vet40 M	00:45:46	00:45:32
262	João Manuel Cordeiro Mendes	820	M		Vet40 M	00:45:50	00:45:36
263	Rui Miguel Ferreira Gaspar	1583	M	Leiria	Vet50 M	00:45:52	00:45:46
264	Pedro Maia	1999	M		Vet40 M	00:45:53	00:45:46

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
265	Paulo Costa	1188	M	CLAC ~Entroncamento	Vet40 M	00:45:56	00:45:52
266	André Ribeiro	481	M		Senior M	00:45:57	00:45:46
267	Valter Onofre	1656	M		Vet40 M	00:45:58	00:45:44
268	Hélder Santos	853	M	Chitas de Alcobaça	Senior M	00:45:58	00:45:29
269	Luis Tomé	2326	M	Foros de Salvaterra	Vet40 M	00:45:58	00:45:49
270	Bruno Daniel Candeias botas	1902	M	TFM	Senior M	00:45:58	00:44:49
271	Lina Marques	1186	F	CLAC - Entroncamento	Vet40 F	00:46:00	00:45:56
272	Paulo Ferreira	2067	M	Balance Running Club	Senior M	00:46:05	00:45:41
273	Paulo Tainha	288	M	GFD Running	Vet50 M	00:46:05	00:46:05
274	Anselmo Maia	1356	M	Os últimos	Vet40 M	00:46:07	00:46:03
275	Paulo Feliciano	1884	M		Vet50 M	00:46:08	00:46:02
276	Rui Brilhante	1304	M	Trilho Perdido Eventos / Imporlux	Vet40 M	00:46:08	00:45:55
277	Tiago Ribeiro	4	M	GRCD Leiao	Senior M	00:46:09	00:46:04
278	Jorge Marques	492	M	20 comer pampilho	Senior M	00:46:11	00:46:04
279	Paulo Duarte	1442	M	CCRD BURINHOSA	Vet50 M	00:46:12	00:46:08
280	Miguel Ribeiro	1931	M	ZONA ALTA TRAIL	Vet40 M	00:46:14	00:46:12
281	Ana Tomé	456	F	Zona Alta Trail	Senior F	00:46:15	00:46:12
282	Nuno Viegas	1622	M	Lourinhã	Vet40 M	00:46:16	00:46:07
283	Renato Alexandre	1574	M		Senior M	00:46:16	00:46:12
284	Pedro Silva	2353	M	Irmandade 1904	Senior M	00:46:17	00:46:12
285	Abílio Nunes	1991	M	Alpiarça	Senior M	00:46:19	00:46:09
286	Rui Maltez	1350	M		Vet40 M	00:46:19	00:46:12
287	Carlos Craveira	279	M	Cacém	Vet40 M	00:46:20	00:46:16
288	Telmo Pedroso	1437	M	CCRD BURINHOSA	Vet40 M	00:46:22	00:46:16
289	Gonçalo Carreira	618	M	GAB Runners	Senior M	00:46:25	00:45:58
290	Carlos Amaro	32	M	Grupo Barraqueiro	Senior M	00:46:27	00:46:22
291	Gonçalo Garcia	575	M		Senior M	00:46:28	00:46:14
292	Ilsa Carvalho Da Costa Costa	1240	F	FOROS DE SALVATERRA(SALVATERRA DE MAGOS)	Senior F	00:46:28	00:46:16
293	RICARDO CONCEIÇÃO	1750	M	LOURDETE PERFUMARIAS	Senior M	00:46:30	00:46:26
294	Flavio Batista	2163	M	100% Tiger Box	Senior M	00:46:34	00:46:19
295	Vitor Guerra	1893	M	Clube de btt zona 55	Vet40 M	00:46:35	00:46:26
296	Francisco Correia	648	M	Asa Negra	Senior M	00:46:38	00:46:25
297	António Batalha	1895	M	Santarém	Vet60 M	00:46:40	00:46:37
298	Ricardo Castelão	773	M		Senior M	00:46:40	00:45:53
299	Pedro Monteiro	294	M		Vet40 M	00:46:42	00:46:37
300	Albino Lopes	1423	M		Vet40 M	00:46:44	00:46:19
301	David Fragoso	483	M	CARTEL ABT	Senior M	00:46:47	00:46:32
302	David Clemente	469	M	CUAB	Senior M	00:46:47	00:46:35
303	Nuno Soares	1766	M		Senior M	00:46:49	00:46:41
304	Joaquim Cristovão	1569	M	Gaeiras	Vet40 M	00:46:49	00:46:33
305	Rodrigo Paúl	1976	M	Santarem	Senior M	00:46:51	00:46:49
306	Marlene Oliveira	808	F		Vet40 F	00:46:51	00:46:45
307	Carlos Machado	1926	M	ALVERCA URBAN RUNNERS	Vet40 M	00:46:51	00:46:44
308	rui ferreira	2070	M		Senior M	00:46:51	00:46:44

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
309	Vera Santos	913	F	Núcleo Sporting Torres Novas	Senior F	00:46:54	00:46:38
310	José Santos	1196	M	CLAC - Entroncamento	Vet60 M	00:46:54	00:46:50
311	Sérgio Marques	512	M	BLWHF	Senior M	00:46:56	00:46:47
312	Nuno Barata	1891	M	COA / Corvus Trail Team	Vet40 M	00:46:56	00:46:40
313	Gonçalo Henriques	496	M	20 comer pampilho	Senior M	00:46:59	00:46:53
314	João Terra	1827	M	GFS	Senior M	00:47:07	00:46:44
315	Luis Correia	649	M	CHITAS DE ALCOBAÇA	Vet40 M	00:47:08	00:46:55
316	André Rodrigues	2015	M	MONTANELAS UNITED	Senior M	00:47:08	00:46:29
317	João Faria	1936	M	OCS - Outdoor Club Setúbal	Vet40 M	00:47:09	00:46:39
318	PEDRO PEREIRA	1716	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 M	00:47:09	00:47:03
319	Nelson Lopes	707	M	Balance Running Club	Vet40 M	00:47:10	00:46:46
320	Joao Ribeiro	2229	M		Vet40 M	00:47:11	00:47:04
321	ADRIANA COELHO	1724	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior F	00:47:11	00:47:08
322	João Cristovam	2030	M	Família Cristovam	Vet40 M	00:47:12	00:47:03
323	Ricardo Wenceslau	979	M		Senior M	00:47:13	00:46:59
324	Evaristo Machado	538	M	Chitas de Alcobaça	Vet40 M	00:47:13	00:47:05
325	Hugo Faustino	758	M	Trendout	Senior M	00:47:15	00:47:07
326	Ivo Carvalho	2167	M	100% Tiger Box	Senior M	00:47:17	00:47:03
327	Henrique Simão	2182	M		Vet40 M	00:47:19	00:47:08
328	Fábio Pousinho	2108	M		Senior M	00:47:22	00:47:10
329	Jorge Honório	1502	M	CCD CRÉDITO AGRÍCOLA	Senior M	00:47:23	00:47:12
330	Luis Valente	2079	M	Running Club Santa Casa	Vet40 M	00:47:23	00:47:03
331	Daniel Barbosa	1611	M	Pés de Chumbo	Vet60 M	00:47:24	00:46:54
332	Flavio Carvalho	2080	M	Alpiarça	Senior M	00:47:24	00:46:47
333	Vitor Rito	2262	M	Running Espinho	Senior M	00:47:25	00:47:16
334	José Gomes	2338	M	Running Espinho	Vet40 M	00:47:25	00:47:17
335	Bruno Oliveira	1909	M		Senior M	00:47:25	00:46:35
336	Joana Leal	1062	F		Senior F	00:47:26	00:47:22
337	José Coelho	300	M	Santarém	Vet60 M	00:47:27	00:47:26
338	Edgar Anastacio	671	M	AZA - Azambuja com Alma	Vet50 M	00:47:27	00:47:12
339	Pedro Nascimento	744	M	BFR	Vet40 M	00:47:27	00:47:00
340	João Gaspar	2205	M	Granho runners	Senior M	00:47:28	00:47:16
341	Ricardo Silva	2120	M	Quasetudo	Vet40 M	00:47:28	00:47:24
342	LUIS SANTOS	877	M		Vet50 M	00:47:28	00:46:37
343	luz Martins	2072	F	run friends torres novas	Vet40 F	00:47:29	00:47:15
344	Jorge Antunes	404	M	Os Galgos de Tancos	Vet40 M	00:47:30	00:47:14
345	Francisco Pinto	921	M	CCR Alto do Moinho	Vet50 M	00:47:30	00:47:24
346	Andre Zibaia	956	M		Senior M	00:47:30	00:47:17
347	Catarina Oliveira	1489	F	Dá-lhe Gás Team	Senior F	00:47:30	00:47:20
348	Daniel Conceição	719	M	Clube de Atletismo da Nazaré	Senior M	00:47:31	00:47:22
349	Renato Andre Esteves	1731	M	Udt	Senior M	00:47:31	00:47:04
350	Mário Batista	571	M	Évora Night Runners	Vet40 M	00:47:32	00:47:25
351	Valter Rodrigues	1812	M	Team Roda Encravada	Senior M	00:47:34	00:46:06
352	Tiago Pisco	976	M	Running espinho	Senior M	00:47:35	00:47:25



Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
353	Paulo Parrilha	1121	M	Chitas de Alcobaça	Vet40 M	00:47:35	00:47:05
354	Anibal Silva	1440	M	CCRD BURINHOSA	Vet50 M	00:47:38	00:47:31
355	Paulo Pinto	1456	M		Vet40 M	00:47:38	00:47:13
356	Francisco Monteiro	1763	M	#passoapasso-runners Pontével	Vet40 M	00:47:39	00:47:13
357	Manuela Oliveira	891	F	Cumeira de Cima	Vet50 F	00:47:43	00:47:43
358	Bruno Ricardo Antunes Martinho	909	M		Vet40 M	00:47:44	00:47:37
359	Luis Azevedo	2295	M	Correr Lisboa	Vet50 M	00:47:44	00:47:24
360	Rui Nunes	1076	M	Amadora	Vet40 M	00:47:46	00:47:43
361	Oscar Rodrigues	382	M		Vet40 M	00:47:53	00:47:37
362	Leandro Almeida	1572	M	RX Runners	Vet40 M	00:47:53	00:47:31
363	Liliana Pereira	34	F		Senior F	00:47:55	00:47:45
364	Fernando Verissimo	837	M	Chester's Team	Vet50 M	00:47:55	00:47:26
365	Miguel Santos	607	M		Vet40 M	00:47:56	00:47:24
366	António Gaspar	564	M		Senior M	00:48:00	00:47:00
367	Paulo Manaças	2135	M		Vet40 M	00:48:00	00:47:55
368	Ricardo Santos	591	M	Balance Running Club	Senior M	00:48:00	00:47:56
369	Carlos Dias	2697	M	Citroën	Vet40 M	00:48:01	00:47:42
370	Antonio Pereira	954	M	CCR Alto do Moinho	Vet60 M	00:48:02	00:47:52
371	Gonçalo Águas	331	M	Almeirim	Senior M	00:48:03	00:47:54
372	Marco Faustino	1684	F	Barosa Viva	Vet40 F	00:48:08	00:48:06
373	Pedro Jorge	441	M		Vet40 M	00:48:10	00:47:59
374	Luis Mónico	1484	M		Vet40 M	00:48:12	00:48:03
375	Miguel Barba	1637	M	Peniche a Correr	Vet40 M	00:48:12	00:47:24
376	André Martins	2065	M		Senior M	00:48:12	00:48:02
377	David Catela	1887	M	Associação Académica de Santarém	Vet50 M	00:48:13	00:45:47
378	João Guedes	2620	M	Running Espinho	Senior M	00:48:13	00:48:05
379	Natalino Cordeiro	2254	M		Senior M	00:48:14	00:47:54
380	Fernando Madeira	489	M		Vet50 M	00:48:14	00:48:10
381	Filipe Narciso	2063	M		Senior M	00:48:15	00:48:06
382	Ricardo Pedro	1457	M	GRCD Leiao	Vet40 M	00:48:15	00:47:18
383	Nuno Lopes	640	M	Allbebike Team	Vet40 M	00:48:16	00:48:05
384	Pedro Mendes Da Silva	734	M	Puxa por Ti	Vet40 M	00:48:19	00:48:11
385	João Lopes	886	M	Ginjinha Runners	Vet40 M	00:48:20	00:48:09
386	Carlos Carranca	764	M	Vila Franca de Xira	Vet50 M	00:48:21	00:48:12
387	Rui Carreira	51	M	GASoutos	Vet50 M	00:48:22	00:48:14
388	Mário Lourenço	1090	M	Entroncamento	Vet40 M	00:48:26	00:48:16
389	Luis Sales	502	M		Vet40 M	00:48:28	00:48:12
390	Carina Silva	1192	F	CLAC - Entroncamento	Senior F	00:48:28	00:48:06
391	Rita Alexandra Ribeiro	1850	F		Senior F	00:48:29	00:48:26
392	Pedro Vicente	203	M		Vet50 M	00:48:30	00:48:17
393	Horácio Ruivo	2266	M	C.C.D. O ALVITEJO	Vet50 M	00:48:32	00:48:18
394	Manuel Pimentel	1248	M	Cartaxo	Vet40 M	00:48:33	00:48:30
395	António Serra	1846	M	ADCSABaldio	Vet50 M	00:48:33	00:48:30
396	Luís Miguel Nogueira	2274	M	GRCD Leião	Vet40 M	00:48:34	00:48:31

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
397	João Ferreira	1030	M	Não fazemos nem mais um...km	Vet40 M	00:48:36	00:48:23
398	Marco Pedro	1193	M	CLAC - Entroncamento	Vet40 M	00:48:36	00:48:33
399	Ricardo Rodrigues	1784	M	G.D.M. Trail Team	Vet40 M	00:48:37	00:48:21
400	PEDRO SA	2280	M	CLUBE MBCP	Vet40 M	00:48:38	00:48:19
401	Marta Anselmo	936	F	Alenquer Run	Vet40 F	00:48:38	00:48:34
402	João Calisto	1006	M	Alhos Vedros	Vet50 M	00:48:39	00:48:28
403	João Cocharro	284	M	Renault Run Club	Vet40 M	00:48:41	00:48:23
404	José Vinagre	2265	M	Grupo Desportivo São Sebastião de Canha	Vet40 M	00:48:42	00:48:20
405	João Santos	753	M	SCD Glória do Ribatejo	Senior M	00:48:43	00:48:10
406	Nuno Mariquitos	1753	M		Vet40 M	00:48:44	00:48:25
407	Marina Martins	2237	F	Lisboa	Vet40 F	00:48:44	00:48:44
408	Ruben Ventura	2169	M		Senior M	00:48:44	00:48:30
409	Ricardo Cardoso	2236	M	Lisboa	Senior M	00:48:44	00:48:44
410	Maria Luís	2101	F	GRCD Leião	Junior F	00:48:46	00:48:42
411	Luís Santos	1728	M	GRCD - Leião	Vet40 M	00:48:46	00:48:43
412	Jorge Esteireiro	1842	M		Vet40 M	00:48:47	00:48:32
413	Faustino Matos	2051	M		Vet40 M	00:48:47	00:47:49
414	Luis Ramos	399	M	DIABETES TEAM PORTUGAL	Senior M	00:48:48	00:47:43
415	Rui Alegre	323	M	Família Martins	Vet40 M	00:48:49	00:48:07
416	Miguel Verdugo	610	M	FONTE DOS CORAÇÕES	Senior M	00:48:49	00:48:17
417	Núrio Ramos	1053	M	Almeirim	Senior M	00:48:49	00:48:24
418	Nélia Vitorino	2613	F	Veteranos do lis	Vet40 F	00:48:50	00:48:42
419	Rui Ventura	1443	M	CCRD BURINHOSA	Vet50 M	00:48:52	00:48:45
420	Jorge Garradas	1295	M	Escola Atletismo Cartaxo	Vet40 M	00:48:53	00:48:38
421	PEDRO JORGE	2204	M	MONTANELAS UNITED	Senior M	00:48:57	00:48:14
422	Rodrigo Vitorino	1666	M		Junior M	00:48:59	00:48:14
423	Nuno Belo	974	M	HCT Running Team	Senior M	00:48:59	00:47:56
424	Nuno Lourenço	958	M	Porto de Mós a Correr	Vet40 M	00:48:59	00:48:41
425	Tiago Gafeira	1597	M		Vet40 M	00:49:01	00:48:54
426	Ricardo Cordeiro	244	M	Caldas Corre +	Vet40 M	00:49:01	00:48:49
427	João Lopes	819	M	RX runners	Senior M	00:49:02	00:48:41
428	Bruno Garcia	2011	M		Senior M	00:49:03	00:48:51
429	Abilio Casimiro	1029	M	Nao fazemos nem mais um...km	Vet60 M	00:49:05	00:48:52
430	Diogo Carranço	2270	M		Senior M	00:49:06	00:48:26
431	Pedro Brinquete	2345	M		Senior M	00:49:08	00:47:49
432	Margarida Pestana	1653	F	C.D. Os Águias de Alpiarça	Senior F	00:49:08	00:48:29
433	Joao Passeiro	1012	M		Vet50 M	00:49:11	00:48:20
434	Gonçalo Neves	1940	M	CAJ	Vet40 M	00:49:12	00:49:07
435	José Silvestre	1458	M		Vet40 M	00:49:13	00:49:06
436	Pedro Manaças	2110	M		Vet40 M	00:49:13	00:49:08
437	Rui Velaz	1582	F	OsMosqueteiros&CIA	Senior F	00:49:14	00:49:08
438	Pedro Figueiredo	1306	M	Running Club Santa Casa	Vet40 M	00:49:14	00:48:55
439	tiago dias	2608	M		Senior M	00:49:15	00:49:11
440	Patrícia Guerra	809	F	Newground	Senior F	00:49:15	00:49:10

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
441	Humberto Neves	207	M	MADRUGAS	Vet40 M	00:49:15	00:49:12
442	Francisco Julião	1916	M	Dolce Furadouro	Vet60 M	00:49:15	00:48:59
443	Maria Vassalo	1115	F	pace.makers	Vet40 F	00:49:16	00:49:04
444	JOÃO FELIZARDO	2016	M	MONTANELAS UNITED	Senior M	00:49:16	00:48:36
445	Gonçalo Tomás	1068	M	Chitas de Alcobaça	Senior M	00:49:17	00:48:27
446	ÉRICA LAVOS	1721	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Junior F	00:49:17	00:49:13
447	Gonçalo Sereno	1044	F	Monliz	Vet40 F	00:49:17	00:48:32
448	MIGUEL PEREIRA	208	M	MADRUGAS	Vet50 M	00:49:18	00:49:15
449	Patrícia Marujo	1104	F	CCR Alto do Moinho	Senior F	00:49:19	00:49:14
450	Clara Oliveira	2126	F	Viseu 360	Senior F	00:49:21	00:49:13
451	Tiago Prata	2127	M	Viseu 360	Vet40 M	00:49:22	00:49:13
452	António Martins	1154	M	Clube de Atletismo da Nazaré	Vet60 M	00:49:23	00:49:17
453	Sérgio Silva	1461	M		Senior M	00:49:24	00:47:58
454	Fábio Ferra	498	M		Senior M	00:49:25	00:48:20
455	Nuno Marques	1701	M	CONVERSA CORRIDA	Vet40 M	00:49:25	00:49:19
456	Joao Alberto	211	M	Jobrinde - Montes Saloios	Vet50 M	00:49:25	00:49:09
457	Vitor Braz	307	M	Os Filhos da Noite	Vet50 M	00:49:28	00:49:24
458	Carlos Duarte	1308	M	C.D.Os Águias de Alpiarça	Vet40 M	00:49:29	00:49:20
459	Alexandre Isaac	714	M	Clube de Atletismo da Nazaré	Vet40 M	00:49:32	00:49:24
460	Jorge Batista	2061	M		Senior M	00:49:32	00:48:40
461	Gonçalo Duarte	1487	M	Correr Lisboa	Senior M	00:49:34	00:49:02
462	André Santos	401	M	Elite Runners	Senior M	00:49:34	00:48:31
463	Fernando Manuel Ramos de Carvalho	1824	M	CDCR-CTT	Vet50 M	00:49:37	00:49:27
464	Carlo Moura	1900	M	Abt night runners	Vet40 M	00:49:38	00:49:23
465	Bernardo Batalha	2033	M	Wave Center Baleal	Senior M	00:49:39	00:48:51
466	Tulio Narciso	2064	M		Vet40 M	00:49:40	00:49:33
467	Gonçalo Santos	1070	M		Senior M	00:49:40	00:49:33
468	Marco Belo	2258	M	Castanheira	Senior M	00:49:41	00:48:46
469	Hugo Ferreira	799	M		Senior M	00:49:41	00:49:37
470	Antonio Luiz Bastos Bastos	73	M		Vet60 M	00:49:43	00:49:39
471	Jorge Eustáquio	1374	M	Clube de Atletismo da Nazaré	Vet40 M	00:49:45	00:49:36
472	Gonçalo Domingues	2358	M	Correr Lisboa	Senior M	00:49:47	00:49:35
473	Marco Jacinto	53	M		Vet40 M	00:49:48	00:48:38
474	Sérgio Troeira	2316	M		Vet40 M	00:49:49	00:49:39
475	Fernando Agostinho	314	M	Caldas Corre +	Vet50 M	00:49:51	00:49:37
476	Filipe Ribeiro	1411	M		Senior M	00:49:52	00:48:57
477	Carlos Cardoso	1544	M		Senior M	00:49:53	00:49:43
478	Tiago Ferreira	1868	M		Senior M	00:49:54	00:49:26
479	Marcelo Chagas	1274	M	Peniche a Correr	Senior M	00:49:55	00:49:10
480	ANA ROCHA	1268	F	CORRER LISBOA	Senior F	00:49:55	00:49:07
481	Ana Roxo	515	F	Chitas de Alcobaça	Senior F	00:49:55	00:49:05
482	Lino Coelho	557	M	FOROS SALVATERRA	Vet40 M	00:49:56	00:49:54
483	Sara Tainha	1861	F	Correr Lisboa	Senior F	00:49:57	00:49:37
484	João Espadinha	861	M		Senior M	00:49:57	00:48:56

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
485	Cesário Filipe	78	M		Senior M	00:49:57	00:48:44
486	Bruno Maia	704	M	Federação da Família para a Paz Mundial e Unificação	Vet40 M	00:49:58	00:48:45
487	Olivier Durão	18	M		Vet40 M	00:49:59	00:49:43
488	Paulo Silva	508	M	Velhos	Vet40 M	00:49:59	00:49:57
489	Joel Pedrosa Simões	2190	M		Senior M	00:50:01	00:49:47
490	Catarina Amaro	419	F	Run for Friends	Senior F	00:50:02	00:49:45
491	Bruno Gomes	281	M	Elite Runners	Senior M	00:50:02	00:48:51
492	Possidónio Graça	1739	M	Granho runners	Vet40 M	00:50:05	00:49:54
493	Rui Balau	475	M	Twins Fitness Station	Senior M	00:50:05	00:49:14
494	Marco Dias	1074	M	Correr Lisboa	Senior M	00:50:08	00:49:09
495	Fabio Araujo	1914	M		Senior M	00:50:10	00:49:45
496	ANDREIA PIRES	771	F	Pelotão da Pinga	Senior F	00:50:11	00:49:31
497	Pedro Fonseca Fonseca	2045	M		Senior M	00:50:11	00:49:58
498	Armindo Queimado	1845	M	ADCSABaldio	Vet50 M	00:50:12	00:50:11
499	Paulo Correia	71	M		Vet40 M	00:50:12	00:49:59
500	Gabriel Marcondes	2142	M		Senior M	00:50:15	00:48:46
501	Jose Ferreira	839	M	Chester's Team	Vet40 M	00:50:16	00:50:04
502	Rafaela Moreira	2232	F	AC Batalha	Senior F	00:50:16	00:50:06
503	Alexandre Sá Pereira	261	M		Vet40 M	00:50:16	00:49:42
504	Jorge Duarte	829	M	Chester's Team	Vet40 M	00:50:18	00:49:50
505	António Trigueiro	31	M	Grupo Barraqueiro	Vet40 M	00:50:20	00:50:02
506	Carla Silva	2116	F	AZA-Azambuja Com Alma	Vet40 F	00:50:22	00:50:08
507	Fábio Silva	392	M	SlowMotion	Senior M	00:50:23	00:49:57
508	Pedro Antunes	312	M	Academia 100%	Vet50 M	00:50:23	00:50:06
509	Armando Joaquim	1780	M	pace.makers	Vet40 M	00:50:24	00:50:07
510	Paulo Silva	1930	M	Conquista ginásio	Vet40 M	00:50:25	00:49:10
511	Carlos Isidro	1950	M	Sapatrilhos	Vet40 M	00:50:25	00:50:11
512	MARIA HENRIQUES	1722	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Junior F	00:50:28	00:50:25
513	Benjamim Medalha	1255	M	Balance	Vet40 M	00:50:29	00:49:53
514	Rui Monteiro	779	M		Vet50 M	00:50:30	00:50:17
515	Carlos Costa	2176	M	Sartim Runners	Senior M	00:50:32	00:49:56
516	Rodolfo Silva	1915	M	Sapatilhas & Petiscos	Senior M	00:50:33	00:50:08
517	João Pereira	689	M		Vet40 M	00:50:34	00:50:15
518	João Florindo	246	M	Serviços Sociais Montepio	Senior M	00:50:35	00:50:06
519	Daniel Vital	2617	M	C.D. "Os Águias" de Alpiarça	Senior M	00:50:37	00:49:52
520	Paulo Ricardo Silva Frazão	2034	M	Dinossauros do kettlebell	Senior M	00:50:37	00:49:18
521	antónio mena	2333	F		Senior F	00:50:37	00:50:37
522	patricia LAGARTINHO	2332	F		Vet40 F	00:50:37	00:50:37
523	Claudia Ribeiro	2618	F	C.D. "Os Águias" de Alpiarça	Senior F	00:50:37	00:49:51
524	Filipe Borges	838	M	Chester's Team	Vet40 M	00:50:38	00:50:09
525	João Veiga	1158	M	Lisboa	Senior M	00:50:40	00:50:20
526	Luís Devesa	775	M		Vet40 M	00:50:42	00:50:36
527	Pedro Capelo	1788	M		Senior M	00:50:43	00:50:32
528	Nuno Alves	940	M	Carrascões	Vet40 M	00:50:44	00:49:45

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
529	Bruno Ferrão	2324	M		Vet40 M	00:50:49	00:50:49
530	João Guerra	1425	M	Clube de BTT Zona 55	Vet40 M	00:50:50	00:50:41
531	Humberto Proença	726	M	Seca Adegas Bike Team	Vet40 M	00:50:50	00:50:38
532	Miguel Ezequiel	1348	M	osmarretas	Vet40 M	00:50:51	00:50:39
533	Joel Gomes	615	M	Amigos do 19.º	Vet40 M	00:50:55	00:49:47
534	Pedro Bernardes	1026	M		Vet40 M	00:50:55	00:50:23
535	João Limeiro	1562	M	Com Dores	Senior M	00:50:56	00:50:52
536	José Vicente	811	M		Vet50 M	00:50:56	00:50:52
537	João Bastos	1270	M	Almeirim	Senior M	00:50:59	00:50:49
538	Alexandre Pombo	1239	M	Centro de Marcha e Corrida de Alcanena	Senior M	00:50:59	00:50:17
539	Marco Ferreira	1685	M		Vet40 M	00:51:01	00:50:45
540	Rui Agrião	1473	M	Correr Lisboa	Senior M	00:51:01	00:50:42
541	LUIS CORREIA	2288	M	CLUBE MBCP	Vet40 M	00:51:02	00:50:59
542	Pedro Rodrigues	1364	M	Sailors Runners	Senior M	00:51:04	00:49:46
543	Maria João	2003	F	SCD Glória do Ribatejo	Vet40 F	00:51:04	00:50:53
544	Hugo Figueiredo	1448	M	HCP Team	Senior M	00:51:04	00:49:52
545	Ricardo Mesquita	914	M	SCD Glória do Ribatejo	Senior M	00:51:04	00:50:34
546	Zé Paulo	1116	M	pace.makers	Vet50 M	00:51:06	00:50:51
547	Andreia Mourão	1700	F		Senior F	00:51:07	00:50:14
548	Joana Rosa	2075	F		Vet40 F	00:51:07	00:50:45
549	Antonio Mouzinho	1236	M		Vet50 M	00:51:08	00:50:47
550	Patricia Caldas	484	F	Caracóis de Pedra	Senior F	00:51:09	00:50:25
551	Artur Gaio	1011	M	CCD tranquilidade	Senior M	00:51:09	00:50:25
552	Catarina Costa	1585	F		Senior F	00:51:10	00:50:47
553	João Pinto	791	M	Run for Friends	Vet40 M	00:51:10	00:50:53
554	Olinda Ladeira	2037	F	Sailors runners	Vet40 F	00:51:10	00:49:53
555	Nuno Miguel Santos Santos	205	M	Gaeiras Running Team	Vet40 M	00:51:11	00:50:55
556	Octavio Mariano	1439	M	CCRD BURINHOSA	Vet40 M	00:51:12	00:51:05
557	Sofia Batista	342	F	SCD Glória do Ribatejo	Senior F	00:51:13	00:50:40
558	JOÃO BENTO	1717	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet50 M	00:51:14	00:50:41
559	Zelia Ferreira	1964	F		Senior F	00:51:14	00:50:46
560	Saulo Abreu	1541	M		Senior M	00:51:14	00:51:01
561	JOAQUIM MARTINS	1057	M	C.C.D. O ALVITEJO	Vet50 M	00:51:14	00:50:38
562	Helder Santos	1624	M	Correr Lisboa	Vet40 M	00:51:16	00:51:11
563	Carla Neto	2323	F		Vet40 F	00:51:17	00:51:17
564	Sérgio Pimenta	1856	M	Caldas da Rainha	Vet40 M	00:51:17	00:50:34
565	João Protásio	1138	M	UAB	Senior M	00:51:17	00:50:44
566	jaime passos	2209	M	Peniche a Correr	Vet40 M	00:51:18	00:51:16
567	André Pinto	636	M	Balance Running Club	Senior M	00:51:20	00:51:18
568	João Carlos Duarte Martins	840	M		Senior M	00:51:22	00:50:45
569	Pedro Singéis	282	M	BJWHF	Vet40 M	00:51:23	00:51:14
570	Tiago Silva	1382	M		Vet40 M	00:51:25	00:51:02
571	Rodrigo Sousa	915	M		Senior M	00:51:25	00:51:09
572	Nuno Maia	1576	M		Vet40 M	00:51:26	00:50:32

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
573	Luís Miguel Costa	345	M		Vet40 M	00:51:28	00:51:16
574	Diogo Lopes	660	M	ALMEIRM	Senior M	00:51:31	00:51:03
575	Catarina Leitão	513	F		Senior F	00:51:31	00:51:13
576	Bruno Silva	2025	M	Nextgreen - Sports and Adventure	Senior M	00:51:33	00:51:03
577	Pedro Valentim	50	M	Correr Lisboa	Vet50 M	00:51:35	00:51:30
578	João Agostinho	1317	M	Link	Senior M	00:51:35	00:51:04
579	Hilario Silva	1998	M	SCD Glória do Ribatejo	Senior M	00:51:36	00:51:05
580	TIAGO GRILATE	1773	M	C.C.D. O ALVITEJO	Senior M	00:51:36	00:50:53
581	Nélio Filipe Oliveira Fonseca	271	M	SCD Glória do Ribatejo	Vet40 M	00:51:37	00:51:03
582	Cláudia Simão	2346	F	Pace. Makers	Vet40 F	00:51:37	00:51:23
583	Diogo Montez	226	M		Senior M	00:51:38	00:51:17
584	Nuno Simoes	1526	M		Vet40 M	00:51:41	00:50:53
585	Nuno Bernardes	2355	M		Vet50 M	00:51:41	00:50:41
586	LEONEL BRANDAO	2294	M	CLUBE MBCP	Vet50 M	00:51:43	00:51:26
587	Célia Ferreira	1781	F	pace.makers	Vet40 F	00:51:44	00:51:31
588	Hugo Filipe	1166	M	Benecar Runners	Senior M	00:51:44	00:51:21
589	Adriana Cabecinhas	1550	F	OCR POLICE TEAM	Senior F	00:51:45	00:51:29
590	Miguel Ribeiro	2189	M	Balance Running Club	Senior M	00:51:45	00:51:09
591	Joana Ribeiro	573	F		Senior F	00:51:45	00:51:06
592	Vasco Vieira	1122	M	Balance Running Club	Vet40 M	00:51:47	00:51:44
593	José Garrafão	1195	M	CLAC - Entroncamento	Vet50 M	00:51:48	00:51:38
594	Renato Gomes	430	M		Vet40 M	00:51:48	00:51:30
595	Camila Gomes	429	F		Senior F	00:51:49	00:51:31
596	Ana Santos	432	F		Vet40 F	00:51:49	00:51:31
597	Nelson Gomes	431	M		Vet40 M	00:51:49	00:51:31
598	Diana Vargas	554	F	QADrun	Senior F	00:51:51	00:51:41
599	Carlos Vital	2125	M	Fura Montes	Senior M	00:51:52	00:51:11
600	Ana Margarida	1436	F	CCRD BURINHOSA	Vet40 F	00:51:52	00:51:17
601	Joao Fernando Silva Ferreira	2360	M		Senior M	00:51:54	00:50:47
602	Angela Moreira	6	F	Unidos pelo Desporto	Senior F	00:51:54	00:51:41
603	Paulo Esperança	383	M		Vet40 M	00:51:54	00:51:39
604	André Antunes	1341	M		Senior M	00:51:54	00:51:37
605	Rodrigo Martins	939	M	Elite Runners	Senior M	00:51:55	00:50:51
606	Emanuel Gaspar	893	M		Senior M	00:51:58	00:51:46
607	Cristina Cunha	337	F	Tartarugas Solidárias	Vet40 F	00:51:59	00:51:53
608	Joana Simões	841	F		Senior F	00:51:59	00:51:21
609	Raquel Duarte	1392	F	FIDELIDADE GDC	Vet40 F	00:51:59	00:51:41
610	Daniel Filipe	2031	M	Wave Center Baleal	Senior M	00:52:00	00:51:10
611	Márcio Silva	2614	M	Ílhavo	Senior M	00:52:01	00:51:10
612	Inês catarina Marques	578	F	Corre K´emagreces	Senior F	00:52:01	00:51:58
613	FILIPE CASIMIRO	44	M	CLUBE ANA LISBOA	Junior M	00:52:02	00:50:55
614	Antonio Grazina	835	M	Chester´s Team	Vet60 M	00:52:03	00:51:58
615	Tiago Clara	1275	M	Peniche a Correr	Senior M	00:52:03	00:51:13
616	Igor Antunes	250	M	PEÇAS D'EL REI	Senior M	00:52:03	00:51:52

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
617	Paulo Lamas	270	M	Óbidos	Vet40 M	00:52:03	00:51:52
618	Nuno Moreira	304	M	Alverca Urban Runners	Senior M	00:52:04	00:51:57
619	Pedro Conceição	826	M	Ramiro's & Companhia	Vet50 M	00:52:05	00:51:30
620	Vanda Maia	705	F	Federação da Família para a Paz Mundial e Unificação	Vet40 F	00:52:08	00:51:51
621	Rui Isabel	2179	M	Pimpões triatlo	Senior M	00:52:10	00:51:09
622	Miguel Carvalho	1022	M	Ninjas do Ribatejo	Vet40 M	00:52:10	00:51:46
623	João Carvalho	1021	M	Ninjas do Ribatejo	Senior M	00:52:11	00:51:46
624	Antonio Maia	740	M	Sartim Runners	Senior M	00:52:12	00:51:37
625	RUI RIJO	2284	M	CLUBE MBCP	Vet50 M	00:52:13	00:51:55
626	PEDRO BROCO	2283	M	CLUBE MBCP	Vet40 M	00:52:13	00:51:55
627	Ricardo Costa	2331	M	Dinossauros do kettlebell	Vet40 M	00:52:13	00:50:54
628	Gonçalo Telo	1975	M		Senior M	00:52:18	00:52:12
629	Rui Fernandes	1818	M	team Roda Encravada	Vet40 M	00:52:22	00:50:59
630	leandro Rei	333	M		Senior M	00:52:22	00:51:27
631	Pedro Salvador	1643	M	Scalkokas	Senior M	00:52:22	00:52:00
632	Raquel Madeira	1548	F	Gymrunners	Senior F	00:52:25	00:51:57
633	João Rafael	1134	M	Santarém	Vet50 M	00:52:25	00:51:57
634	Micael Rodrigues	215	M		Senior M	00:52:26	00:52:21
635	Ricardo Falé	1805	M	Clube OGMA	Senior M	00:52:26	00:51:50
636	Ana Montez	1804	F	Tombaminis	Vet40 F	00:52:27	00:51:50
637	Ana Carvalho	802	F	GAB RUNNERS	Senior F	00:52:28	00:52:00
638	joão carvalho	102	M		Vet50 M	00:52:29	00:52:21
639	Carlos Ribeiro	1479	M	Os Tolinhos	Vet40 M	00:52:30	00:51:55
640	Bernardo Ratilal	60	M	Snr	Vet40 M	00:52:32	00:51:19
641	Hugo Marques	252	M	GAB RUNNERS	Senior M	00:52:34	00:51:59
642	Marco Serrabulho	830	M	Évora Night Runners	Vet40 M	00:52:35	00:52:30
643	Crina Oltean	228	F	Tartarugas Furiosas	Senior F	00:52:35	00:51:50
644	Mário José	814	M	Vamos a todas!	Senior M	00:52:37	00:51:14
645	Manuel Pardal	1877	M	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Vet60 M	00:52:38	00:52:24
646	Ana Marques	363	F	Scalabis night runners	Vet40 F	00:52:39	00:52:37
647	Bruno Cunha	21	M	C. D. OS ÁGUIAS ALPIARÇA	Senior M	00:52:41	00:51:49
648	Pedro Santos	1970	M	Aljubarrota	Vet40 M	00:52:42	00:52:14
649	Pedro Vitorino	1826	M		Senior M	00:52:44	00:52:34
650	Renato Serra	721	M		Senior M	00:52:46	00:52:16
651	Fernando Silva	525	M	pace.makers	Vet50 M	00:52:47	00:52:03
652	Artur Santos	59	M		Vet40 M	00:52:50	00:51:35
653	Alexandre Caneira	1645	M	H ratacepa	Vet40 M	00:52:52	00:51:21
654	Pedro Flores	202	M		Senior M	00:52:52	00:51:43
655	Rui Henriques	551	M	Trendout	Senior M	00:52:53	00:52:44
656	Odete Oliveira	343	F	A C Batalha	Senior F	00:52:53	00:52:19
657	João Soares	354	M		Senior M	00:52:55	00:52:30
658	Paulo Coelho	1587	M	RUNTASCAS	Senior M	00:52:55	00:52:25
659	José Nogueira	1627	M	Rafa's Team / Segurança 24	Vet40 M	00:52:55	00:52:51
660	Pedro Vitorino	442	M		Senior M	00:52:56	00:52:14

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
661	Fábio Carvalho	394	M	SlowMotion	Senior M	00:52:57	00:52:33
662	José Marques	1879	M	Setúbal	Vet60 M	00:53:01	00:52:45
663	Rafael Oliveira	1992	M	CALDAS DA RAINHA - 2500	Senior M	00:53:02	00:52:26
664	Ricardo Nunes	2159	M		Vet40 M	00:53:02	00:51:30
665	Catarina Ramos	1488	F	Correr Lisboa	Senior F	00:53:04	00:52:52
666	Fábio Lopes	1876	M		Senior M	00:53:04	00:52:10
667	José Ribeiro	1899	M	CORRER LISBOA	Vet50 M	00:53:05	00:52:52
668	Edite Eusébio	596	F	Balance Running Club	Vet40 F	00:53:05	00:53:01
669	Mário Filipe	2191	M		Senior M	00:53:06	00:52:12
670	Tiago Ramos	752	M	Chitas de Alcobaça	Senior M	00:53:08	00:52:39
671	RODRIGO NEVES	749	M		Senior M	00:53:13	00:53:02
672	Nuno Baptista	1543	M	A GRUPETA	Senior M	00:53:14	00:52:35
673	Jorge Frazão	2006	M	Dinossauros do kettlebell	Senior M	00:53:16	00:51:58
674	João Pedro Bonifácio	647	M		Vet40 M	00:53:16	00:53:09
675	Pedro Gaspar	894	M		Senior M	00:53:17	00:53:04
676	Artur José Carvalho	1271	M	Correr Lisboa	Vet50 M	00:53:20	00:52:59
677	André Rafael	1088	M	Santarém	Senior M	00:53:21	00:52:51
678	Rafael Duarte	1947	M	Twins Fitness Station	Senior M	00:53:22	00:52:30
679	Filipe Martins	1655	M		Senior M	00:53:22	00:53:02
680	Filipa Simões	1654	F		Senior F	00:53:22	00:53:03
681	Roel de Koning	612	M	FONTE DOS CORAÇÕES	Senior M	00:53:23	00:52:49
682	rui Oliveira	1695	M		Vet40 M	00:53:25	00:52:38
683	Avô Laticas Avô Laticas	784	M	Scalabis Night Runners	Vet50 M	00:53:26	00:53:08
684	Bruno Madeira	800	M	Lisboa	Vet40 M	00:53:28	00:53:16
685	Hugo Frederico	1045	F	Monliz	Senior F	00:53:29	00:52:43
686	SÓNIA FARTO	1719	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 F	00:53:31	00:53:03
687	JOAO SOUSA	1837	M	benavente	Vet50 M	00:53:32	00:53:22
688	Nuno Rodrigues	1470	M	ACPORTALEGRE/UTSM	Vet40 M	00:53:34	00:53:10
689	Diamantino Neves	1040	M	Monliz	Vet50 M	00:53:34	00:52:37
690	Tiago Silva	2351	M	Irmadade 1904	Senior M	00:53:35	00:53:30
691	Carlos Fialho	1168	M	Benecar Runners	Vet50 M	00:53:35	00:53:12
692	Ana Curva	2155	M		Vet40 M	00:53:36	00:53:19
693	Fábio Duarte	1083	M		Senior M	00:53:36	00:52:14
694	Luis Germano	2047	M	PGES	Vet40 M	00:53:37	00:52:36
695	Hugo Gabriel Gabriel	1995	M	PGES	Vet40 M	00:53:37	00:52:36
696	Nuno Gonçalves	867	M		Vet40 M	00:53:37	00:52:51
697	Bruno Mósca	2344	M		Senior M	00:53:38	00:53:34
698	Tiago Trindade	1590	M		Vet40 M	00:53:40	00:53:01
699	Bruno Carvalho	395	M	SlowMotion	Senior M	00:53:41	00:53:14
700	José Carlos Cabaço	2043	M	Chitas de Alcobaça	Senior M	00:53:41	00:52:46
701	Miguel Ribeiro	1828	M	Miguel	Senior M	00:53:41	00:52:46
702	João Santos	2010	M		Senior M	00:53:42	00:53:39
703	Carlos Carvalho	219	M	Elite Runners	Senior M	00:53:43	00:52:31
704	Daniel Pires	589	M		Senior M	00:53:45	00:52:23



Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
705	Joaquim Lopes Soares Soares	355	M		Vet50 M	00:53:46	00:53:21
706	João Gaspar	2210	M	pace.makers	Vet60 M	00:53:46	00:52:44
707	César Silva	670	M	Domingos Fit	Senior M	00:53:47	00:53:04
708	João Madeira	1758	M	Orange Team	Vet40 M	00:53:48	00:53:29
709	Rodrigo Bernarda	2694	M		Senior M	00:53:51	00:52:52
710	Marcia Machado	852	F	Chitas de Alcobaça	Senior F	00:53:53	00:53:03
711	Lúcio Tomé	356	M	Chitas de Alcobaça	Senior M	00:53:53	00:53:03
712	Ricardo Suissas	2227	M	Primos BTT Team	Senior M	00:53:54	00:53:25
713	Ricardo Vaz	10	M	Trail C.D.Os Águias Alpiarça	Senior M	00:53:55	00:53:04
714	Pedro Louro	2318	M		Senior M	00:53:56	00:52:57
715	Hélio Bruno	2245	M	Peniche a Correr	Senior M	00:53:56	00:53:10
716	Jorge Canelas	1210	M		Vet50 M	00:53:57	00:53:43
717	Maria J. Jesus	1957	F	pace.makers	Vet50 F	00:53:57	00:53:44
718	Miguel Pedro	1478	M		Senior M	00:53:58	00:52:46
719	Gonçalo Ferreira	1172	M		Junior M	00:53:58	00:53:31
720	Luis Lopes	2243	M	Obidos	Vet40 M	00:54:00	00:53:55
721	João Inglês Ferreira	2086	M	Montijo	Senior M	00:54:00	00:53:39
722	João Pinto	2244	M	Usse GPL	Senior M	00:54:00	00:53:56
723	Alexandra Biscaia	1414	F	Balance Running Club	Senior F	00:54:01	00:53:57
724	João Francisco	1048	M	Monliz	Vet40 M	00:54:01	00:53:14
725	Tomás Rosado	927	M	CDCR-Santarém	Senior M	00:54:04	00:53:19
726	Francisco Calado Pinheiro	2054	M	Abrantes	Vet60 M	00:54:04	00:53:51
727	Francisco Varela	931	M	Runtralhas	Senior M	00:54:07	00:52:59
728	Duarte Cerveira	1171	M		Senior M	00:54:07	00:53:44
729	Fernando Pires Da Costa	1415	M	RCS	Vet40 M	00:54:07	00:51:30
730	Joaquim Gomes	563	M		Senior M	00:54:07	00:54:03
731	ÂNGELA SOUSA	1723	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Junior F	00:54:07	00:54:04
732	Mafalda Silva	2162	F	100% Tiger Box	Vet40 F	00:54:09	00:53:54
733	Ana Curva	2156	F		Senior F	00:54:09	00:53:51
734	José Polho	365	M		Senior M	00:54:10	00:53:54
735	David Santos Sousa	685	M	Ortobeste Running Team	Senior M	00:54:11	00:53:41
736	Manuel Cruz	16	M	Balance Running Club	Vet50 M	00:54:12	00:53:11
737	Telmo Gameiro	969	M	C.D. Os Águias de Alpiarça	Senior M	00:54:12	00:53:24
738	Pedro Silva	499	M		Vet40 M	00:54:12	00:53:59
739	Renato Fonte	1816	M	Team Roda Encravada	Senior M	00:54:13	00:52:43
740	Nuno Silva	1490	M	Diabetes team Portugal	Vet40 M	00:54:15	00:53:10
741	Pedro Pechilga	681	M	Tartarugas Solidárias	Senior M	00:54:16	00:53:23
742	Nuno Caseiro	316	M	Tratadasaude	Vet40 M	00:54:18	00:54:02
743	Andre Pereira	1918	M	TiMim	Senior M	00:54:19	00:53:51
744	Albertina Gonçalves	1638	F		Vet40 F	00:54:19	00:54:07
745	RODOLFO RIBEIRO	1108	M		Vet40 M	00:54:21	00:54:02
746	MARIO FARIA	2289	M	CLUBE MBCP	Vet50 M	00:54:22	00:54:03
747	ALEXANDRA COSTA	2290	F	CLUBE MBCP	Vet40 F	00:54:22	00:54:06
748	Paulo Lopes	911	M		Vet40 M	00:54:23	00:53:41

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
749	Humberto Quental	946	M		Vet50 M	00:54:23	00:53:43
750	Bruno Manuel Pires	1354	M	Coimbra	Senior M	00:54:25	00:54:11
751	Ricardo Serodio	746	M		Vet40 M	00:54:25	00:53:33
752	João Leal	1119	M		Vet40 M	00:54:26	00:53:51
753	Pedro Lucas	63	M		Senior M	00:54:28	00:54:09
754	Micael Toito	2679	M		Senior M	00:54:29	00:53:07
755	Luis Lopes	1683	M	C.D.Os Águias de Alpiarça	Vet50 M	00:54:30	00:53:37
756	Bruno Gomes Gomes	706	M	Piedras Rolantes	Senior M	00:54:32	00:53:52
757	Jorge Costa	2336	M	Pastelaria bijou	Vet40 M	00:54:33	00:54:30
758	Teresa Rosa	2118	F		Senior F	00:54:33	00:54:25
759	Joana Pires	1800	F	Twins Fitness Station	Senior F	00:54:33	00:54:07
760	Paulo Bertolo	1256	M	HCT Running Team	Senior M	00:54:33	00:53:27
761	Gonçalo Coelho	848	M	Clube Sosi / Táxis dos Moleanos	Senior M	00:54:34	00:53:26
762	Carla Lourenço	1511	F	CLAC - Entroncamento	Senior F	00:54:36	00:54:12
763	DAVID CARVALHO	1359	M	ACADEMIA 100%	Senior M	00:54:37	00:54:22
764	André Rodrigues	391	M	SlowMotion	Senior M	00:54:37	00:54:10
765	Sónia Cristina Agostinho Marques	1069	F		Senior F	00:54:39	00:54:31
766	Vasco Roldão	803	M	GAB RUNNERS	Senior M	00:54:40	00:54:13
767	OSCAR MARQUES	2279	M	CLUBE MBCP	Vet60 M	00:54:41	00:54:19
768	Nuno Almeida	437	M	Sportings de Almeida	Vet40 M	00:54:41	00:53:29
769	Pedro Correia	560	M	RUNTASCAS	Senior M	00:54:42	00:54:09
770	Paula Madeira	1433	F	MM2019	Senior F	00:54:42	00:54:16
771	Rita Almeida	297	F	Scalabis Night Runners	Vet40 F	00:54:42	00:54:25
772	Alexandre Dâmaso	438	M	Sportings de Almeida	Vet50 M	00:54:44	00:53:31
773	Ana Almeida	436	F	Sportings de Almeida	Vet40 F	00:54:44	00:53:31
774	João Paulo Sousa	785	M		Senior M	00:54:45	00:54:03
775	Tania Fernandes	975	F	Academia 100%	Senior F	00:54:47	00:53:30
776	Maria Quaresma	1245	F	Running Club Santa Casa	Vet60 F	00:54:50	00:54:28
777	Dulce Tavares	967	F		Vet50 F	00:54:50	00:54:48
778	Ricardo Miranda	2158	M		Senior M	00:54:51	00:53:19
779	Nelson Silva	1584	M	Gnr rio maior	Vet40 M	00:54:52	00:54:25
780	Bruno Fragoso	1776	M		Senior M	00:54:52	00:53:18
781	Bruno Ruivo	2330	M	Buenas Tardes	Senior M	00:54:53	00:53:56
782	Jorge Gonçalves	2161	M	Setúbal	Senior M	00:54:53	00:53:56
783	Célia Anacleto	2160	F	Lebres do Sado	Vet40 F	00:54:54	00:53:57
784	Ivo Liberato	2091	M		Senior M	00:54:54	00:54:11
785	Helena Vasconcelos	1389	F	FIDELIDADE GDC	Vet40 F	00:54:55	00:54:36
786	Margarida Amigo	1032	F	CCR Alto do Moinho	Vet50 F	00:54:56	00:54:51
787	João Antunes	884	M	#tiraorabodosofa	Senior M	00:54:59	00:54:28
788	Rita Santos	1697	F	Malukinhas da corrida	Senior F	00:55:02	00:54:13
789	Elsa Silva	1696	F	Malukinhas da corrida	Vet40 F	00:55:02	00:54:14
790	Nuno Henriques	1167	M	Benecar Runners	Vet40 M	00:55:05	00:54:44
791	Daniel Loureiro	1525	M	Corro Por Sua Casa C21	Senior M	00:55:12	00:55:02
792	João Pulginhas	1293	M	Gazelas trail team	Senior M	00:55:12	00:54:30

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
793	Fábio Guerra	1159	M		Senior M	00:55:13	00:51:59
794	Rita Cipriano	735	F	Puxa por Ti	Vet40 F	00:55:14	00:54:45
795	António Gonçalves	449	M	Santana Futebol Clube Trail Tean	Vet50 M	00:55:16	00:53:54
796	Helder José Sousa Santos Santos	638	M	Allbebike team	Vet40 M	00:55:17	00:55:07
797	Diogo Soeiro	2097	M	Soeirovsky	Senior M	00:55:18	00:55:07
798	Marcio Alexandre	370	M	Águias da Lamarosa	Senior M	00:55:18	00:53:49
799	Diogo Martinho	1592	M		Senior M	00:55:19	00:54:15
800	Rita Brandao	1727	F		Senior F	00:55:20	00:54:35
801	Francisco Rosa	2174	F	Bombeiros Voluntários de Montemor-o-Novo	Vet50 F	00:55:20	00:55:17
802	Nuno Santos	1079	M	Clube Ogma	Vet40 M	00:55:20	00:55:20
803	Raimundo Pechilga	680	M	Tartarugas Solidárias	Vet50 M	00:55:22	00:54:26
804	Carlos Rosário	2239	M		Vet50 M	00:55:22	00:54:30
805	José Correia	2240	M		Vet50 M	00:55:22	00:54:30
806	Manuel Malacas	1531	M	UCI	Senior M	00:55:24	00:54:28
807	Nuno Bandarra	1783	M	Figueira Kayak Clube	Vet40 M	00:55:24	00:54:16
808	André Machado	1480	M	ACADEMIA 100%	Senior M	00:55:24	00:54:31
809	Maria Cotrim	1287	F	Academia100%	Senior F	00:55:25	00:54:32
810	Ana Silva	691	F		Senior F	00:55:25	00:55:03
811	Alexandre Silva	533	M	Diabetes Team Portugal	Senior M	00:55:27	00:54:21
812	Carlos Rodrigues	1142	M		Vet40 M	00:55:28	00:54:35
813	Paulo Lourenço	380	M		Vet50 M	00:55:28	00:55:11
814	Marco Alexandre Silva	860	M		Vet40 M	00:55:29	00:54:30
815	Pedro Pereira	283	M	Ai Que Sede	Senior M	00:55:30	00:52:12
816	Luis Faria	2203	M	Cartaxo night runners	Vet50 M	00:55:30	00:54:39
817	João Neves	1347	M	Por Ti, Yolanda	Vet40 M	00:55:30	00:54:19
818	Paulo Fernandes	745	M		Vet40 M	00:55:31	00:55:00
819	Carla Nascimento	2225	F	Associação Run Tejo	Senior F	00:55:31	00:55:02
820	Hugo Bruno	1835	M	VSRunner	Senior M	00:55:33	00:54:32
821	Ricardo Flores	292	M	4 runners	Senior M	00:55:34	00:54:31
822	Hernâni Monteiro	896	M		Vet50 M	00:55:35	00:54:42
823	Adriana Ascenso	1405	F	Clube Atletismo da BARREIRA	Vet40 F	00:55:36	00:55:29
824	Elisa Geraldes	869	F	Refisica Team	Senior F	00:55:37	00:54:45
825	Cláudio Lopes	1343	M	Bikewheels Team	Vet40 M	00:55:37	00:55:26
826	Ivo Genebra	1349	M	Twins Fitness Station	Senior M	00:55:40	00:54:37
827	joao Costa	1529	F	CCD Sintrense	Vet50 F	00:55:40	00:54:32
828	Orlando Lino	1651	M		Vet40 M	00:55:41	00:54:11
829	Ricardo Costa	27	M	Scalabis Night Runners	Senior M	00:55:41	00:54:29
830	Renato Miguel Monteiro Correia	1217	M		Senior M	00:55:41	00:54:30
831	Inês Santos	1290	M	C.D.Os Águias de Alpiarça	Senior M	00:55:45	00:55:18
832	Lucilene Cardoso	845	F	Scalabis Night Runners	Senior F	00:55:46	00:55:36
833	Pedro Gonçalves	390	M	SlowMotion	Senior M	00:55:46	00:55:22
834	José Teodósio	65	M		Vet50 M	00:55:49	00:54:36
835	Horácio Coelho	1924	M	Águias da lamarosa	Senior M	00:55:50	00:54:22
836	Filipa Vedor	1958	F	Vargos	Senior F	00:55:50	00:55:27

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
837	RICARDO SENA	2286	M	CLUBE MBCP	Junior M	00:55:51	00:55:31
838	Margarida Monteiro	360	F	Alverca Urban Runners	Vet50 F	00:55:52	00:55:44
839	Sandro Relvas	2359	M		Senior M	00:55:54	00:54:39
840	Liliana Julião	1917	F	Dolce Furadouro	Senior F	00:55:56	00:55:39
841	Bruno Pereira	1817	M	team Roda Encravada	Senior M	00:55:56	00:54:28
842	Nuno Carvalho	2194	M	Serviços Sociais Montepio	Vet40 M	00:55:57	00:55:11
843	GONCALO PATRICIO	2192	M		Senior M	00:55:57	00:55:16
844	Joana Antunes	2186	F		Senior F	00:55:58	00:55:17
845	João Carlos Santos	751	M		Vet60 M	00:56:00	00:55:26
846	Fernanda Ribeiro	49	F	Correr Lisboa	Vet50 F	00:56:00	00:55:15
847	Ana Silva	1126	F		Senior F	00:56:00	00:55:21
848	Sandra Pereira	1123	F	TFM	Vet40 F	00:56:02	00:54:51
849	Sonia Cardoso	1605	F		Senior F	00:56:03	00:55:40
850	Luís Costa	2259	M		Vet40 M	00:56:07	00:54:39
851	Nuno Luis	1898	M	Povóa POWER	Vet40 M	00:56:07	00:54:41
852	Carlos Santos	1291	M	C.D.Os Águias de Alpiarça	Vet50 M	00:56:07	00:55:38
853	João Paulo Martins	1896	M	Blue O	Vet40 M	00:56:08	00:54:43
854	Joao Assude	2298	M	Correr Lisboa	Vet40 M	00:56:09	00:55:57
855	Paulo Martins	305	M		Vet40 M	00:56:10	00:54:53
856	Carla Ribas	952	F	Não fazemos nem mais um...km	Vet40 F	00:56:11	00:55:15
857	João Rodrigues	2349	M	Irmandade 1904	Senior M	00:56:11	00:56:07
858	Inês Vidal	210	F		Senior F	00:56:12	00:55:47
859	Cristina Lino	350	F	Alverca Urban Runners	Vet50 F	00:56:12	00:56:05
860	Vitor Silva	1176	M	CLAC - Entroncamento	Vet50 M	00:56:13	00:55:49
861	PATRICIA FERNANDES	40	F	CLUBE ANA LISBOA	Vet40 F	00:56:14	00:55:06
862	Cláudia Veríssimo	285	F	DM - Desportos de Montanha	Vet40 F	00:56:14	00:55:36
863	Fernando Rosário	903	M	RX RUNNERS	Vet40 M	00:56:17	00:55:51
864	Luís Augusto Sousa	39	M		Vet40 M	00:56:17	00:55:27
865	Armando Lacerda	75	M	Oculista Portas de Santo António	Vet60 M	00:56:18	00:55:19
866	Daniel Coelho	1008	M		Senior M	00:56:20	00:55:42
867	Paulo Marques	816	M		Vet40 M	00:56:22	00:56:05
868	Miguel Barriga	532	M		Vet40 M	00:56:22	00:54:57
869	Tiago Fonseca Fonseca	656	M		Vet40 M	00:56:22	00:54:57
870	Rogério Dias	1912	M		Vet40 M	00:56:23	00:55:37
871	Ana Rodrigues	932	F		Senior F	00:56:24	00:56:10
872	Andreia Alves	1208	F		Senior F	00:56:24	00:56:07
873	Carlos Dias	1386	M	FIDELIDADE GDC	Vet60 M	00:56:28	00:55:42
874	Diogo Pereira	1388	M	FIDELIDADE GDC	Vet40 M	00:56:28	00:55:42
875	Márcio Nogueira	1453	M		Senior M	00:56:30	00:55:19
876	Elisa Monteiro	1882	F		Vet40 F	00:56:32	00:56:28
877	José Dias	1677	M	Running Club Santa Casa	Vet40 M	00:56:36	00:56:15
878	Rui Antunes	1228	M	Running Club Santa Casa	Vet40 M	00:56:36	00:56:15
879	Ana Cortes	1213	F	Running Club Santa Casa	Senior F	00:56:36	00:56:17
880	Ana Fonseca	1960	F	Running Club Santa Casa	Vet50 F	00:56:36	00:56:15

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
881	Daniel Tomás	687	M	Run Forrest Run	Senior M	00:56:37	00:55:52
882	Ana Inácio	1036	F	Monliz	Senior F	00:56:37	00:55:52
883	Luis Rosa	599	M	MM on Road	Vet40 M	00:56:37	00:55:46
884	Rui Roque	1644	M	Saregas	Vet40 M	00:56:38	00:55:35
885	Luís Pombo	1609	M	Pés de Chumbo	Vet40 M	00:56:39	00:56:09
886	Nuno Lopes	898	M	Achete, Azoia de Baixo e Póvoa de Santarém	Vet40 M	00:56:42	00:56:23
887	MANUEL MATOS	1956	M		Vet60 M	00:56:43	00:56:22
888	João Sousa	1237	M		Vet50 M	00:56:45	00:55:52
889	Fernando Pao Alvo Pao Alvo	1819	M	Team Roda Encravada	Vet40 M	00:56:46	00:55:23
890	Nelson Melo	2619	M	Barreiro	Vet40 M	00:56:47	00:55:41
891	Claudio Correira	2117	M	Aza-Azambuja com Alma	Vet40 M	00:56:47	00:56:32
892	Tiago Jerónimo	655	M	CMC RUNNERS	Vet40 M	00:56:49	00:56:21
893	Nuno Marques	2214	M	Fenomenos do pedal	Senior M	00:56:49	00:56:23
894	Gonçalo Monteiro	1558	M	Auto Reparadora Vale de Estacas	Senior M	00:56:52	00:56:14
895	Samuel Silva	325	M	DIABETES TEAM PORTUGAL	Vet40 M	00:56:52	00:55:48
896	Andreia Cardador	433	F	Só vim porque gostei do vinho	Senior F	00:56:53	00:55:39
897	Helena Reis	291	F	4 runners	Senior F	00:56:53	00:55:51
898	José Pena	1901	M		Senior M	00:56:53	00:55:36
899	Miguel Sequeira	632	M	Linda-a-Pastora Sporting Clube	Senior M	00:56:54	00:56:15
900	Sonia Sequeira	631	F	Linda-a-Pastora Sporting Clube	Vet40 F	00:56:54	00:56:17
901	Luis Conceição	1444	M	CCRD BURINHOSA	Vet50 M	00:56:54	00:55:51
902	João Ferreira	999	M		Senior M	00:56:55	00:55:37
903	Goncalo Palminha	286	M	C.D. Águias de Alpiarça	Senior M	00:56:56	00:56:02
904	Marco Quintans	1049	M	Monliz	Senior M	00:56:56	00:56:46
905	Joaquim Tomé	2235	M	Panela Mágica	Vet40 M	00:56:57	00:56:48
906	Sérgio Marques	1263	M	RX Runners	Senior M	00:56:57	00:56:34
907	Catarina Finote	1202	F		Senior F	00:56:57	00:55:56
908	Afonso Maia	1163	M		Junior M	00:56:57	00:56:38
909	Jorge Maia	1162	M	Alpiarça	Vet40 M	00:56:58	00:56:34
910	Julia Calisto	1007	F	Alhos Vedros	Vet50 F	00:57:01	00:56:49
911	Inmaculada Portillo	614	F		Vet40 F	00:57:01	00:56:49
912	Nuno Mendao	613	M		Vet40 M	00:57:01	00:56:49
913	Ana Alves	81	F		Senior F	00:57:02	00:56:24
914	João Osório	644	M		Vet40 M	00:57:04	00:56:38
915	Pedro Carvalho	1603	M		Senior M	00:57:04	00:56:00
916	Pedro Simões	1619	M		Vet40 M	00:57:04	00:55:59
917	Rui Amaral	1661	M	Bolinhas Runners	Vet40 M	00:57:07	00:56:07
918	João Simões	1252	M	Jota Team	Senior M	00:57:09	00:57:09
919	Jorge Assunção	264	M		Vet40 M	00:57:11	00:56:14
920	Anabela Assunção	263	F		Vet40 F	00:57:11	00:56:13
921	Ricardo Santos	1942	M	Torres Novas	Senior M	00:57:11	00:56:59
922	Cláudia Frazão	1941	F		Senior F	00:57:12	00:56:58
923	Vanda Sequeira	2305	F	Correr lisboa	Vet40 F	00:57:12	00:57:00
924	Sónia Vicente	473	F	HCT Running Team	Vet40 F	00:57:14	00:56:08

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
925	Ricardo Seara	713	M	HCT Running Team	Vet40 M	00:57:14	00:56:07
926	Dario Rebelo	686	M	HCT Running Team	Senior M	00:57:14	00:56:06
927	Tiago Oliveira	585	M	Domingos Fit	Senior M	00:57:15	00:56:31
928	Diogo Casal	35	M		Senior M	00:57:16	00:57:06
929	Silvia Santos	67	F	Chitas	Senior F	00:57:16	00:56:27
930	NELSON RODRIGUES	856	M	CHITAS DE ALCOBAÇA	Vet40 M	00:57:16	00:56:24
931	Júlio Silva	635	M	K9artaxo	Vet50 M	00:57:18	00:57:03
932	Jorge Veríssimo	1491	M	SlowMotion	Senior M	00:57:19	00:56:52
933	Ana Santos	634	F	K9artaxo	Vet40 F	00:57:19	00:57:03
934	Filipe Godinho	844	M	Twins Fitness Station	Senior M	00:57:21	00:56:27
935	Pedro Ferreira	1432	M		Senior M	00:57:22	00:56:15
936	Nélio Fernandes	1476	M	grupo desportivo leões do veneza	Vet40 M	00:57:24	00:56:18
937	Hugo Mendes	620	M	SNR	Vet40 M	00:57:24	00:56:15
938	Sara Fernandes	1617	F	pace.makers	Vet40 F	00:57:24	00:56:16
939	Rui Caeiro	700	M		Senior M	00:57:24	00:56:44
940	Anabela Luis	1885	F		Vet40 F	00:57:26	00:56:36
941	Daniela Rebelo	462	F	HCTRunning Team	Senior F	00:57:26	00:56:18
942	Fernando Miguel Godinho	1626	M	Fajarda Runners	Senior M	00:57:27	00:57:00
943	Bernardo Henriques	674	M	20 comer pampilho	Senior M	00:57:27	00:57:20
944	Paulo Dias	798	M	Chitas de Alcobaça	Vet50 M	00:57:28	00:56:40
945	Jeronimo Graça	2301	M	Pastelaria bijou	Vet40 M	00:57:28	00:57:23
946	Catarina Fernandes	68	F	Chitas	Senior F	00:57:28	00:56:38
947	Vitor Ferreira	971	M	Caldas Corre +	Vet50 M	00:57:28	00:56:22
948	Flávio Gaspar	769	M	Pelotão da Pinga	Senior M	00:57:29	00:57:02
949	Inês Severino	74	F		Senior F	00:57:29	00:56:57
950	Miguel Raposo	1513	M	Trail águias	Senior M	00:57:30	00:56:05
951	Rosa Marques	1699	F	CRGD Leião	Vet40 F	00:57:32	00:57:28
952	João Pina	1636	M		Vet40 M	00:57:33	00:56:53
953	Paulo Cruz	1391	M	FIDELIDADE GDC	Vet40 M	00:57:36	00:57:17
954	Nuno Molero	1220	M		Vet40 M	00:57:37	00:56:40
955	Diogo Gonçalves	389	M	SlowMotion	Senior M	00:57:38	00:57:12
956	Pedro Gorjão	1289	M	SNR	Senior M	00:57:39	00:57:16
957	Márcia Gaspar	2062	F	GRDC Leião	Vet40 F	00:57:40	00:56:44
958	Liliana Louro	17	F	Lisboa	Vet40 F	00:57:42	00:57:26
959	Gin Mendes	1282	M		Vet40 M	00:57:44	00:57:29
960	Miguel Sampaio	866	M		Vet40 M	00:57:45	00:57:00
961	Andreia Almeida	2053	F	Santa Maria da Feira	Vet40 F	00:57:47	00:57:32
962	José Carlos Lopes	450	M	LINDA-A-PASTORA SPORTING CLUBE	Vet40 M	00:57:49	00:57:08
963	Neuza Rebelo	373	F	HCT Running Team	Senior F	00:57:51	00:56:42
964	Raquel Braz	309	F	Os Filhos da Noite	Senior F	00:57:52	00:57:15
965	Gonçalo Santos	639	M	Porto Salvo	Vet40 M	00:57:52	00:56:54
966	Catarina Rodrigues	445	F	GRCD Leião	Senior F	00:57:52	00:56:54
967	Pedro Mendes	1358	M	Chitas de Alcobaça	Vet50 M	00:57:53	00:56:59
968	Sónia Marcelino	455	F	Chitas de Alcobaça	Senior F	00:57:53	00:56:53

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
969	Ruben Calado	1288	M		Senior M	00:57:54	00:57:07
970	Elizabete Valente	1315	F	Twins Fitness Station	Vet40 F	00:57:54	00:57:27
971	Ana Patrício	1889	F	Canha	Senior F	00:57:56	00:57:34
972	Rita Farinha	1851	F	G.S.D.S.de Canha	Vet40 F	00:57:56	00:57:35
973	Diogo Arraias	407	M	Os Arraias	Vet60 M	00:57:57	00:56:55
974	Sandra Arraias	408	F	Os Arraias	Senior F	00:57:57	00:56:54
975	Pedro Pires Da Silva	565	M	Ah e tal...	Senior M	00:57:59	00:57:18
976	Marcelo Gaspar	1301	M		Senior M	00:57:59	00:57:17
977	Diogo Vital	875	M		Senior M	00:57:59	00:57:19
978	José Limeiro	1561	M	Com Dores	Vet50 M	00:58:00	00:57:57
979	António Ribeiro	1447	M		Vet60 M	00:58:04	00:57:17
980	ana fortunato	1395	F	torres vedras	Vet40 F	00:58:05	00:57:43
981	Tiago Ferreira	1338	M	Run 4 tintinhos	Senior M	00:58:05	00:56:41
982	Ricardo Pereira	321	M		Senior M	00:58:05	00:57:18
983	Luis Barbas	235	M	AKDSS	Senior M	00:58:08	00:56:53
984	Ricardo Prates	1787	M	Águias da Lamarosa	Senior M	00:58:09	00:56:38
985	Braulio Nunes	605	M	Texas Runners	Senior M	00:58:09	00:56:39
986	Miguel Gualdino	387	M	Cork Trail Team	Senior M	00:58:10	00:56:39
987	Paulo Canário	2071	M		Vet40 M	00:58:10	00:57:40
988	David Cruz	1567	M	Ulme	Vet60 M	00:58:14	00:57:59
989	Marta Ramalho	1955	M	Twins Fitness Station	Vet40 M	00:58:15	00:58:00
990	bruno trincão	2602	M		Senior M	00:58:16	00:57:35
991	Casimir Lopes	990	M	Assentiz	Senior M	00:58:17	00:57:23
992	Pedro Santos	783	M	Xiripiti Team	Senior M	00:58:18	00:57:48
993	Paulo Oliveira	1520	M	Azeitonas&Comp	Vet50 M	00:58:19	00:58:04
994	João Martinho	1281	M		Vet50 M	00:58:19	00:58:05
995	Camillo Lopes	988	M	Assentiz	Senior M	00:58:19	00:57:27
996	João Botas	2267	M		Senior M	00:58:19	00:57:38
997	João Luis	1047	M	Monliz	Vet50 M	00:58:20	00:57:10
998	Pedro Carrinho	2268	M		Senior M	00:58:20	00:57:37
999	Ruben Silva	2269	M		Senior M	00:58:21	00:57:39
1000	Jose Melo	2196	M		Vet40 M	00:58:21	00:57:59
1001	Susana Marques	774	F		Vet40 F	00:58:22	00:57:41
1002	CARLOS GOUVEIA	1173	M	TRADIÇÕES BTT TEAM	Vet40 M	00:58:22	00:57:22
1003	Sónia Borrego	1009	F		Vet40 F	00:58:22	00:57:58
1004	Sónia Sousa	715	F	Clube de Atletismo da Nazaré	Vet40 F	00:58:24	00:57:50
1005	António Alexandre	716	M	Clube de Atletismo da Nazaré	Vet50 M	00:58:24	00:58:09
1006	marina marques	1545	F	Amigalhaços	Senior F	00:58:25	00:58:03
1007	Rui Ferreira	1229	M	RX RUNNERS	Vet40 M	00:58:25	00:58:02
1008	Luis Melro	1224	M	C.D."Os Águias " de Alpiarça	Vet50 M	00:58:25	00:57:32
1009	TIAGO ROSA	2278	M	CLUBE MBCP	Senior M	00:58:25	00:57:34
1010	João Rama	1137	M	C.D. Os Águias de Alpiarça	Senior M	00:58:26	00:57:35
1011	Diogo Simoes	831	M		Vet40 M	00:58:27	00:57:51
1012	Luís Felizardo	1736	M		Senior M	00:58:27	00:58:07

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1013	Tomás Fernandes	1963	M	Correr Lisboa	Senior M	00:58:28	00:57:59
1014	Vania Sousa	1777	F		Senior F	00:58:29	00:56:57
1015	Joana Fernandes	1962	F	Correr Lisboa	Senior F	00:58:30	00:58:01
1016	HELENA PIRES	1284	F	C.C.D. O ALVITEJO	Vet50 F	00:58:31	00:58:01
1017	Paula Oliveira	1937	F		Vet40 F	00:58:31	00:58:15
1018	Nilcilene Ormond	1225	F	Correr Lisboa	Senior F	00:58:32	00:58:11
1019	Rui Amaro	1670	M	NooK	Senior M	00:58:32	00:57:57
1020	Rui Moreira	364	M	DIABETES TEAM PORTUGAL	Senior M	00:58:32	00:57:28
1021	António Jorge	1085	M	Baixa da Banheira	Vet60 M	00:58:33	00:57:12
1022	LUCIA SILVESTRE	2282	F	CLUBE MBCP	Vet40 F	00:58:34	00:57:55
1023	Silvia Duarte	1199	F	Caldas Corre +	Vet40 F	00:58:36	00:57:23
1024	Ana Feijão	1257	F		Senior F	00:58:36	00:58:09
1025	Joana Lopes	1669	F	NooK	Senior F	00:58:36	00:58:02
1026	José Diogo Maia	1853	M	ZONA ALTA TRAIL	Senior M	00:58:38	00:57:41
1027	Diogo Gonçalves	1542	M		Senior M	00:58:38	00:58:17
1028	Ricardo Marques	1615	M		Senior M	00:58:38	00:57:40
1029	Joao Galveia	227	M	Tartarugas Furiosas	Vet40 M	00:58:39	00:57:54
1030	Isabel Cabaça	1616	F	pace.makers	Vet40 F	00:58:39	00:58:27
1031	Sandra Marques	240	F		Vet40 F	00:58:40	00:57:44
1032	Rosa Oliveira	1855	F	Canha	Vet50 F	00:58:41	00:58:22
1033	Henrique Ferreira	2026	M	Fazendas de Almeirim	Senior M	00:58:42	00:57:48
1034	Tiago Sousa	552	M	GAB RUNNERS	Senior M	00:58:43	00:58:18
1035	João Brito	2077	M		Vet40 M	00:58:43	00:57:48
1036	Telmo Marques	1838	M		Vet40 M	00:58:43	00:57:52
1037	Horacio Alexandre	1242	M	Os tolinhos	Vet50 M	00:58:43	00:58:02
1038	Luis Vale	1514	M	Alpiarca	Vet40 M	00:58:43	00:57:52
1039	Eunice Cardoso	1754	M	ARTVOLIN	Vet40 M	00:58:44	00:57:58
1040	Rui José Garcia Bernardino	1259	M	Santarém	Vet50 M	00:58:44	00:57:59
1041	Julia Menezes	872	F	Scalabis Night Runners	Vet50 F	00:58:46	00:58:27
1042	Ricardo Marques	2081	M	Alpiarça	Senior M	00:58:47	00:57:27
1043	Paulo Soares	792	M		Senior M	00:58:47	00:58:36
1044	João Gomes	2343	M	Guarda Runner	Vet40 M	00:58:47	00:57:53
1045	Catarina Maurício	793	F		Senior F	00:58:47	00:58:36
1046	José Ferreira	2184	M	Alpiarça	Senior M	00:58:48	00:57:29
1047	Fábio Francisco	741	M	Xiripiti Team	Senior M	00:58:49	00:58:19
1048	Dora Simão	2183	F		Vet40 F	00:58:50	00:58:39
1049	Luís Santos	381	M		Senior M	00:58:50	00:57:33
1050	Anabela Santos	916	F	LINDA-A-PASTORA SPORTING CLUBE	Vet40 F	00:58:51	00:58:13
1051	João Ribeiro	574	M		Senior M	00:58:52	00:58:09
1052	Rui Apolinário	1219	M	Falta de ar	Vet50 M	00:58:52	00:58:22
1053	Sandra Lopes	892	F	Cartaxo	Vet40 F	00:58:52	00:58:45
1054	Marta Berneaud	794	F	ORTOBEST RUNNING TEAM	Senior F	00:58:53	00:58:24
1055	Cláudia Sofia Costa	221	F	SCALABIS NIGHT RUNNERS	Senior F	00:58:54	00:57:43
1056	carlos ferreira	949	M	Albebike.team-Entrepoto	Vet40 M	00:58:54	00:58:45



Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1057	Susana Vieira	26	F		Vet40 F	00:58:55	00:58:13
1058	lucio batista	1394	M		Vet40 M	00:58:56	00:58:33
1059	Carla Ferreira	2233	F	Pimpões Triatlo	Vet40 F	00:58:57	00:57:58
1060	José Costa	953	M	Não fazemos nem mais um...km	Vet50 M	00:58:57	00:58:00
1061	Luis de Oliveira	2273	M	Alcatraz coffee runners	Vet40 M	00:58:57	00:57:59
1062	Bruno Carvalho	2041	M	Pimpoes Triatlo	Vet40 M	00:58:57	00:57:59
1063	Paulo Ferreira	2234	M	Pimpões Triatlo	Vet50 M	00:58:59	00:58:00
1064	Fátima Martins	717	F	Clube de Atletismo da Nazaré	Vet50 F	00:58:59	00:58:25
1065	Angelo Silva	1361	M		Senior M	00:59:00	00:58:11
1066	João Cruz	1602	M	Metralhas	Senior M	00:59:05	00:57:35
1067	Paula Antunes	1832	F	CCR Alto do Moinho	Vet40 F	00:59:06	00:59:01
1068	Augusto Ribeiro	730	M		Vet50 M	00:59:07	00:58:51
1069	Helio Balinha	348	M		Senior M	00:59:08	00:58:22
1070	DUARTE GOMES	912	M	Funchal	Vet40 M	00:59:09	00:58:09
1071	Marco Teodósio	418	M	Balance Running Club	Senior M	00:59:11	00:58:34
1072	Mafalda Alexandre	298	F	scalabis night runners	Vet40 F	00:59:12	00:59:01
1073	PAULA ARRAIOLOS	1273	F		Vet40 F	00:59:21	00:59:09
1074	Ana Vieira	417	F	Balance Running Club	Senior F	00:59:25	00:58:47
1075	Cristiano Figueiredo	1538	M	Acafellas	Senior M	00:59:28	00:58:10
1076	Anabela Ruivo	1863	F	Correr Lisboa	Vet40 F	00:59:31	00:58:40
1077	Francisco Rodrigues	933	M		Senior M	00:59:31	00:59:17
1078	Luís Nabais	1862	M	Correr Lisboa	Senior M	00:59:31	00:58:39
1079	Carla Dias	523	F	pace.makers	Senior F	00:59:33	00:59:19
1080	ALCIDES GONÇALVES	2109	M	SBOCK	Vet40 M	00:59:35	00:58:16
1081	João Jorge	1953	M		Senior M	00:59:35	00:59:04
1082	Sara Rute	1952	F		Vet40 F	00:59:35	00:59:06
1083	Eduardo Bernardo	319	M	CMC Odivelas	Vet40 M	00:59:35	00:59:23
1084	Susana Sousa	318	F	CMC Odivelas	Vet40 F	00:59:36	00:59:23
1085	Miguel Dinis	2112	M		Senior M	00:59:36	00:58:21
1086	Joana Onofre	1657	F		Senior F	00:59:36	00:58:34
1087	Ricardo Faria	1346	M	Por Ti, Yolanda	Vet40 M	00:59:39	00:58:28
1088	hugo pedro	662	M	Sapatilhas e Petiscos	Senior M	00:59:40	00:58:39
1089	Ana Oliveira	1694	F	Malukinhas da Corrida	Senior F	00:59:40	00:58:53
1090	Pedro Azevedo	813	M		Senior M	00:59:41	00:59:25
1091	João Serrão	788	M	Fátima	Senior M	00:59:41	00:59:10
1092	Gina Oliveira	2277	F		Vet50 F	00:59:43	00:59:29
1093	Nuno Tormenta	2104	M		Vet40 M	00:59:43	00:58:27
1094	Cláudia Rita Carneiro	201	F	BFR	Vet40 F	00:59:45	00:59:18
1095	Tânia Ferreira	586	F		Vet40 F	00:59:45	00:59:20
1096	Jorge Rodrigues	374	M	Scalabisnightrunners	Vet40 M	00:59:47	00:58:56
1097	Isabel Janeiro	1919	F		Vet40 F	00:59:49	00:59:00
1098	Vasco Biscoito	2152	M	Balance running club	Vet40 M	00:59:53	00:59:16
1099	João Pedro Silva	388	M	Balance Running Club	Senior M	00:59:53	00:59:12
1100	HELENA HENRIQUES	1718	F	INDUSTRIAL DSPORTIVO VIEIRENSE	Vet50 F	00:59:53	00:59:49

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1101	SÍLVIA LAVOS	1720	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 F	00:59:53	00:59:49
1102	Lubelia Ferreira	1099	F	Chitas de Alcobaça	Vet40 F	00:59:54	00:59:05
1103	Paulo Cerqueira	1498	M	PHC - Business at Speed	Vet40 M	00:59:55	00:58:45
1104	Pedro Rebelo	1786	M	Scalabis Night Runners	Vet40 M	00:59:57	00:58:39
1105	André Fragoso	945	M	K9artaxo	Senior M	00:59:58	00:59:42
1106	José De Sá	1880	M	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Vet60 M	00:59:59	00:59:42
1107	Leonel Soeiro	2100	M	Soeirovsky	Vet40 M	00:59:59	00:59:48
1108	Joana Rodrigues	2696	F		Senior F	01:00:00	00:59:04
1109	Ana Martinho	2271	F	Malukinhas da corrida	Senior F	01:00:00	00:59:14
1110	Mafalda Matos	1409	F	Casa do Benfica em Abrantes	Vet40 F	01:00:03	00:59:45
1111	Virgílio Lopes	1075	M	Diabetes Team Portugal	Senior M	01:00:04	00:58:59
1112	Francisco Pereira	1530	M	Beer Runners	Senior M	01:00:05	00:59:25
1113	filipe pereira	2609	M		Vet40 M	01:00:06	00:59:26
1114	João Vassalo	1601	M	Metralhas	Senior M	01:00:11	00:58:39
1115	Marta Cunha	1124	F	TFM	Senior F	01:00:13	00:59:04
1116	Antonio Verdugo	611	M	FONTE DOS CORAÇÕES	Vet50 M	01:00:13	00:59:42
1117	Paulo Abreu	503	M		Vet50 M	01:00:14	01:00:01
1118	Liliana Ferreira	406	F	Balance Running Club	Vet40 F	01:00:16	00:59:40
1119	Maria João Silva	2018	F		Senior F	01:00:16	00:58:58
1120	Diogo Martins	2019	M		Senior M	01:00:17	00:58:58
1121	Julio Parreira	833	M	Chester's Team	Vet60 M	01:00:17	00:59:48
1122	Marco Rebelo	1212	M		Vet40 M	01:00:18	00:59:56
1123	João Carlos Pereira Da Cunha Pires	2	M		Vet40 M	01:00:20	00:59:26
1124	Joana Rodrigues	1109	F	Pampilhos	Senior F	01:00:26	00:59:38
1125	JOANA D'AVÓ	1772	F	C.C.D. O ALVITEJO	Senior F	01:00:30	00:59:46
1126	HUGO GASPAS	1774	M	C.C.D. O ALVITEJO	Senior M	01:00:31	00:59:47
1127	Miguel Pereira	1959	M	Vargos	Senior M	01:00:33	00:59:43
1128	Maria João Teixeira	1265	F	Running Club Santa Casa	Senior F	01:00:36	01:00:17
1129	Francisca Agostinho Duarte	1300	F		Senior F	01:00:39	00:59:59
1130	Magguie Macedo	654	F		Vet40 F	01:00:41	01:00:17
1131	Paulo Baptista	1474	M		Vet50 M	01:00:43	00:59:57
1132	Francisco Prates	1878	M	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Vet60 M	01:00:44	01:00:27
1133	Diogo Ferreira Borges	1413	M	AQS	Senior M	01:00:44	00:57:28
1134	Diana Evangelista	1431	F		Senior F	01:00:45	00:59:39
1135	Liliana Agostinho	772	F	Caldas Corre +	Senior F	01:00:45	00:59:37
1136	Ana Pinto	1455	F		Vet40 F	01:00:45	01:00:18
1137	Rogério Marins Marins	1971	M	Pace Baixo	Vet40 M	01:00:49	01:00:49
1138	Marco Feliciano	1815	M	team Roda Encravada	Vet40 M	01:00:49	00:59:26
1139	Buno Batista	440	M		Vet40 M	01:00:52	01:00:22
1140	Marisa Pernão	959	F		Senior F	01:00:52	01:00:24
1141	Catarina Clérigo	206	F		Vet50 F	01:00:53	00:59:51
1142	Rui Horta	278	M	Scalkokas	Vet40 M	01:00:53	01:00:15
1143	Pedro Silva	1157	M	Scalkokas	Senior M	01:00:53	01:00:15
1144	Rui Pinheiro	1744	M	100PEDAL	Vet40 M	01:00:55	01:00:33

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1145	Rui Gomes	2339	M	Rui Gomes Osteopstia e Fisioterapia	Vet40 M	01:00:57	01:00:35
1146	Emilia Galinha	505	F	Trilho Perdido Eventos / Imporlux	Vet50 F	01:00:57	01:00:25
1147	Inês Sofia Rodrigues	1013	F	Correr Lisboa	Senior F	01:00:58	00:59:45
1148	Pedro Esteves	690	M		Senior M	01:00:59	01:00:37
1149	Valter Leal	1246	M		Vet40 M	01:00:59	01:00:41
1150	Ricardo Domingos	2171	M	100% Tiger Box	Senior M	01:01:01	01:00:45
1151	Filipe Caetano	454	M	Elite Runners	Vet40 M	01:01:03	00:59:37
1152	Carlos Bernardino	2049	M	Correr Lisboa	Vet40 M	01:01:04	00:59:47
1153	LUIS FERREIRA	1778	M		Vet40 M	01:01:07	01:00:50
1154	JOAO VARGAS	56	M	Santarém	Vet40 M	01:01:08	00:59:46
1155	Marcos Faustino	1110	M	CCR Alto do Moinho	Vet60 M	01:01:10	01:01:04
1156	Eusébio Bonifácio	2013	M		Vet50 M	01:01:11	01:00:29
1157	Tiago Fino	1810	M	Team Roda Encravada	Senior M	01:01:13	00:59:45
1158	Valerio Barreto	1811	M	team Roda Encravada	Senior M	01:01:13	00:59:48
1159	Pedro Cardoso	303	M	Sorte-vai	Junior M	01:01:14	00:59:57
1160	Adriana Francisco	1427	F		Senior F	01:01:14	01:01:00
1161	Lídia Vieira	1881	F	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Vet40 F	01:01:15	01:01:00
1162	Inês Martins	322	F	Família Martins	Senior F	01:01:17	01:00:31
1163	Sérgio Oliveira	1334	M	Turma da Sol	Vet40 M	01:01:17	01:00:51
1164	Vera Neves	1005	F	Chitas de Alcobaça	Vet40 F	01:01:18	01:00:30
1165	Susana Marques	459	F	Peniche a correr	Senior F	01:01:19	01:01:01
1166	Ana Verissimo	2246	F	Peniche a Correr	Vet50 F	01:01:19	01:00:56
1167	João Lopes	778	M	Run 4 tintinhos	Senior M	01:01:20	00:59:54
1168	Perpétua Santos	236	F		Vet40 F	01:01:20	01:00:47
1169	Leonel Manha	920	M	Leiria	Senior M	01:01:21	01:00:05
1170	Daniela Caeiro	2263	F	Gurus-SUP	Senior F	01:01:22	01:01:02
1171	Carlos Godinho	2264	M	Gurus-SUP	Senior M	01:01:22	01:01:01
1172	Gonçalo Ribeira	1679	M		Vet40 M	01:01:22	01:00:13
1173	Paulo Trezentos	2103	M		Vet40 M	01:01:25	01:00:09
1174	Gonçalo Amorim	61	M	MIROMA	Vet40 M	01:01:26	01:00:16
1175	Goncalo Ferraz	1689	M		Vet40 M	01:01:26	01:00:22
1176	Vasco Simões	1064	M		Vet40 M	01:01:26	01:00:22
1177	Luís Madeira	663	M	Piedras Rolantes	Senior M	01:01:26	01:00:45
1178	Alice Apolónia	978	F	Running espinho	Senior F	01:01:28	01:01:17
1179	Rita Barros	1215	M		Senior M	01:01:30	01:01:10
1180	Joana Afonso	1230	F	PHC - Business at speed	Vet40 F	01:01:32	01:00:31
1181	Rui Severina	698	M	Os Caracóis Furiosos	Senior M	01:01:34	01:00:33
1182	Catarina Serrão Coelho	1831	F		Vet40 F	01:01:40	01:00:46
1183	Marisa Ferreira	1554	F	SCALABIS NIGHT RUNNERS	Senior F	01:01:43	01:01:43
1184	Carlos Grazina	1555	M		Senior M	01:01:43	01:00:40
1185	Hugo Malarranha	477	F	Run 4 tintinhos	Vet40 F	01:01:44	01:00:20
1186	António Capelão	1231	M	PHC - Business at speed	Vet50 M	01:01:46	01:00:45
1187	Gabriel Nunes	434	M	SCD Glória do Ribatejo	Senior M	01:01:50	01:01:18
1188	Diana Marques	435	F	SCD Glória do Ribatejo	Senior F	01:01:50	01:01:19

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1189	Luis Leitão	308	M	Os Filhos da Noite	Senior M	01:01:51	01:00:58
1190	Valter Leandro	1368	M	Clube de Atletismo da Nazaré	Vet40 M	01:01:52	01:01:17
1191	Rui Pedro	712	M		Senior M	01:01:53	01:00:59
1192	Jorge Vieira	220	M	Diabetes running team	Senior M	01:01:54	01:00:43
1193	Mariana Carvalho	919	F	Twins Fitness Station	Senior F	01:01:54	01:01:28
1194	Noélia Piteira	1363	F	pace.makers	Vet40 F	01:01:54	01:01:06
1195	Tiago Neto	683	M	Twins Fitness Satation	Senior M	01:01:55	01:01:00
1196	Rogério Frazão	2178	M		Vet60 M	01:01:57	01:01:39
1197	Ricardo Ribeiro	233	M	Monte Redondo	Vet40 M	01:01:59	01:00:42
1198	Lena Vieira	2238	F	Correr Lisboa	Vet50 F	01:01:59	01:01:06
1199	João Manuel de Jesus Pereira	1865	M	Correr Lisboa	Vet50 M	01:01:59	01:01:08
1200	Joao Alves	854	M		Vet40 M	01:02:00	01:01:02
1201	Gilberto Cardoso	1687	M		Vet40 M	01:02:00	01:00:51
1202	André Monteiro	1929	M	TFM	Senior M	01:02:01	01:00:51
1203	luís Custódia	1779	M		Vet40 M	01:02:01	01:00:38
1204	Rita Magalhaes	20	F	Dentuças	Vet50 F	01:02:01	01:00:51
1205	Susana Mendes	2304	F		Vet40 F	01:02:02	01:01:59
1206	Vera Paulo	1762	F		Senior F	01:02:02	01:01:23
1207	Susana Dias	1483	F		Senior F	01:02:03	01:01:39
1208	Ana Melo	582	F		Senior F	01:02:04	01:00:54
1209	Tatiana Ildefonso	728	F		Senior F	01:02:04	01:01:02
1210	Luis Jacinto	1563	M		Vet40 M	01:02:05	01:00:57
1211	Sandra Rocha	1020	F		Senior F	01:02:05	01:01:35
1212	Paulo Lopes	332	M	LAMA SOLTA	Vet40 M	01:02:05	01:00:44
1213	Marta Elias	23	F		Vet40 F	01:02:06	01:01:06
1214	Jane Silva	482	F	Scalabis Night Runners	Senior F	01:02:06	01:01:04
1215	João Miguel Branco	1871	M	Gang do Amendoim	Vet40 M	01:02:07	01:02:01
1216	Ana Margarida Ferreira	1870	F	Gang do Amendoim	Vet40 F	01:02:07	01:02:04
1217	Fernanda Tavares	1001	F	COA / CORVUS TRAIL TEAM	Senior F	01:02:08	01:02:02
1218	Paulo Rosado	926	M	CDCR- Santarém	Vet40 M	01:02:08	01:01:48
1219	António Caneira	2218	M	Glória do Ribatejo	Vet50 M	01:02:09	01:01:07
1220	Andreia Sousa	787	F		Senior F	01:02:09	01:01:40
1221	Sérgio Lopes	371	M	Rancho da Putaria	Senior M	01:02:09	01:01:14
1222	Andre Morgado	274	M		Senior M	01:02:09	01:00:36
1223	Jorge Magalhães	19	M	Dentuças	Vet50 M	01:02:10	01:00:59
1224	claudio Soares	1211	M		Vet40 M	01:02:11	01:01:33
1225	Rafaela Coelho	2090	F	Twins fitness station	Senior F	01:02:12	01:01:22
1226	Diogo Soares	2089	M	Twins fitness station	Senior M	01:02:13	01:01:22
1227	Carmen Rodrigues	1143	F		Senior F	01:02:13	01:01:41
1228	Eduardo Coelho	1867	M		Vet40 M	01:02:14	01:01:31
1229	Inês Carapau	2004	F	Nazaré	Senior F	01:02:14	01:01:04
1230	Luís Miranda	1854	M	Os Galgos	Vet40 M	01:02:15	01:01:54
1231	Gisela Silva	1144	F	Alcobaça	Senior F	01:02:16	01:01:46
1232	João Afonso	1686	M	CDCR Santarém	Senior M	01:02:19	01:01:23

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1233	Pedro Magina	2303	M	Cerveja Bordallo	Vet40 M	01:02:24	01:01:43
1234	Ricardo Ferreira	330	M	Grupo Desportivo da Parreira	Senior M	01:02:31	01:02:02
1235	João Ferreira	1738	M	Grupo Desportivo da Parreira	Senior M	01:02:31	01:02:02
1236	Sara Alberto	1037	F	Monliz	Senior F	01:02:31	01:01:45
1237	Vitor Martins	2610	M	Clinica do Coração	Vet50 M	01:02:31	01:02:26
1238	Filipa Duarte	1277	F		Senior F	01:02:31	01:01:47
1239	Pedro Vicente	2084	M	Happy Feet	Junior M	01:02:38	01:02:07
1240	Laura Lapa	1897	F	.	Senior F	01:02:39	01:01:25
1241	Margarida Antunes	1625	F	Santana FC-trail Team	Vet50 F	01:02:39	01:01:21
1242	Tania Santos	1035	F	Academia 100%	Senior F	01:02:40	01:01:24
1243	Paula Pires	1243	F	Lisboa	Vet50 F	01:02:43	01:01:34
1244	Andreia Paulo	725	F	Sem equipa	Senior F	01:02:46	01:02:32
1245	Carina Salgado	673	M	Paradoxal	Senior M	01:02:46	01:01:40
1246	Gonçalo Estevão	1042	M	Monliz	Senior M	01:02:47	01:02:08
1247	João Granja	1575	M		Vet40 M	01:02:48	01:02:00
1248	Joao Fojo	1573	M		Senior M	01:02:48	01:01:45
1249	Nuno Miguel Monteiro Silva	1174	M	Quarteto do Leitão	Vet40 M	01:02:48	01:01:45
1250	Bruno Custódio	724	M	SNR TRIATLO	Senior M	01:02:48	01:02:35
1251	Carla Sofia Angueira	446	F	Ginásio clube de Bragança	Vet40 F	01:02:49	01:02:36
1252	Paulo Sá	1954	M	Rio Maior	Vet40 M	01:02:49	01:02:36
1253	Brígida Cristóvão	341	F	Centro de Marcha e Corrida de Alenquer	Vet40 F	01:02:49	01:01:33
1254	Alexandra Silva	1874	F	GINjinha Runners	Vet40 F	01:02:49	01:01:34
1255	Mirella aparicio	679	F	Alenquer	Vet40 F	01:02:49	01:01:32
1256	Paulo Guedes	1127	M	Centro de Marcha e Corrida de Alenquer	Vet40 M	01:02:50	01:01:34
1257	David Palmeiro	366	M	Ginásio Club Bragança	Vet50 M	01:02:50	01:02:37
1258	Luís Cunha	204	M		Vet40 M	01:02:51	01:02:23
1259	Paula Calado	1071	F	SCD glória ribatejo	Vet40 F	01:02:52	01:02:18
1260	Helena Bispo	1464	F	Casa do Benfica de Algueirão Mem-Martins	Senior F	01:02:52	01:02:37
1261	Gonçalo Valente	1297	M	Não fazemos nem mais um... Km	Vet40 M	01:02:53	01:02:21
1262	Sofia Valente	1296	F		Senior F	01:02:53	01:02:20
1263	Rui Santos	7	M	Bilal Fantasy	Vet40 M	01:02:54	01:01:25
1264	Sandra Santos	1906	F	Escola de Krav Maga de Santarém	Vet40 F	01:02:54	01:02:42
1265	João Manuel Leite Vieira	1449	M	Centro de Marcha e Corrida de Alenquer	Vet50 M	01:02:55	01:01:37
1266	Filipa Augusto	2123	F		Senior F	01:02:55	01:02:05
1267	Isa Marques	377	F	AMR a mexer!	Senior F	01:02:55	01:01:40
1268	Ivone Marques	2698	F	20 comer pampilho	Senior F	01:02:56	01:01:42
1269	Paula S. Santos	528	M	pace.makers	Vet40 M	01:02:56	01:02:42
1270	Luis Grilo	218	M	Lusko fusko - liteiros	Senior M	01:02:56	01:01:42
1271	Filomena Duarte	590	F	Elite Runners	Vet40 F	01:02:59	01:01:50
1272	Ana Margarida Simões	14	F	Balance Running Club	Senior F	01:03:01	01:02:24
1273	Carolina Martins	731	F	Balance Running Club	Senior F	01:03:01	01:02:24
1274	Sandra Teixeira	376	F	AMR a mexer!	Senior F	01:03:03	01:01:48
1275	Pedro Cruz	378	M	AMR a mexer!	Vet40 M	01:03:03	01:01:48
1276	Idalina Cordeiro	2207	F	Primos Btt Team	Vet50 F	01:03:12	01:02:41

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1277	Luis Cordeiro	2206	M	Primos Btt Team	Vet40 M	01:03:12	01:02:40
1278	Francisco Suissas	2208	M	Salvaterra de Magos	Vet40 M	01:03:12	01:02:43
1279	João Fernandes	1492	M	Letras + Técnica	Senior M	01:03:12	01:02:07
1280	José Paulino	1890	M		Vet40 M	01:03:14	01:01:59
1281	Tiago Rodrigues	259	M		Senior M	01:03:14	01:02:45
1282	joão dias	2607	M		Senior M	01:03:15	01:02:39
1283	Marla Carvalho	1465	F	Casa do Benfica de Algueirão Mem-Martins	Senior F	01:03:17	01:03:02
1284	José Duarte	1468	M	Casa do Benfica de Algueirão Mem-Martins	Vet50 M	01:03:17	01:03:02
1285	Alexandra Rodrigues	1466	F	Casa do Benfica de Algueirão Mem-Martins	Vet40 F	01:03:17	01:03:01
1286	Vera Tolêdo	1463	F	Casa do Benfica de Algueirão Mem-Martins	Vet40 F	01:03:17	01:03:01
1287	Ana Rosa	2202	M		Vet40 M	01:03:20	01:03:10
1288	Francisco Naia	2201	M		Vet40 M	01:03:20	01:03:11
1289	Ana Margarida Centeio	1631	F	Happy Feet	Vet40 F	01:03:21	01:02:45
1290	Vania Moleirinho	2157	F		Senior F	01:03:23	01:01:51
1291	Madalena Costa	760	F		Senior F	01:03:26	01:02:04
1292	Mariana Matos	444	F		Senior F	01:03:28	01:02:23
1293	Filipa Cotrim	461	F		Senior F	01:03:28	01:02:12
1294	Sérgio Barros Pereira	460	M		Senior M	01:03:28	01:02:12
1295	João Rodrigues	516	M		Senior M	01:03:33	01:02:39
1296	Cristina Oliveira	1977	F	TFM	Vet40 F	01:03:34	01:02:21
1297	Pedro Flores	695	M	Os Caracóis Furiosos	Senior M	01:03:35	01:02:36
1298	Carlos Vieira	275	M		Vet40 M	01:03:36	01:02:44
1299	ANA RITA Beja	1647	F	ACADEMIA 100%	Senior F	01:03:37	01:02:19
1300	Beatriz Costa	1564	F	Twins Fitness Station	Senior F	01:03:38	01:02:34
1301	Isabel Ferreira	1910	F	Ginásio 100%	Vet50 F	01:03:39	01:02:22
1302	Sira Azevedo	2200	F		Senior F	01:03:43	01:03:11
1303	Sofia Francisco	2199	F		Senior F	01:03:43	01:03:12
1304	David Cerejo	1682	M	Terra Batida	Senior M	01:03:43	01:02:51
1305	Fernando Tavares	968	M		Vet40 M	01:03:43	01:03:40
1306	Mariana Costa	1565	F	Twins Fitness Station	Senior F	01:03:44	01:02:41
1307	João Macário	548	M	TFM	Vet60 M	01:03:46	01:02:35
1308	Rodrigo Rodrigues	2114	M		Senior M	01:03:46	01:03:00
1309	Rodrigo Rodrigues	2113	M	Sem equipa	Senior M	01:03:46	01:03:00
1310	Sofia Isabel de Vieira	902	F	RX RUNNERS	Vet40 F	01:03:47	01:03:21
1311	Tiago Alves	1318	M	Link	Senior M	01:03:49	01:03:17
1312	Natália Fernandes	747	F		Vet40 F	01:03:52	01:03:19
1313	Ana Vieira	2328	F	as fortes	Vet40 F	01:03:55	01:03:32
1314	Patrícia Rogado	1946	F	Twins Fitness Station	Senior F	01:03:55	01:03:04
1315	Mariana Bernardino	2050	F	Correr Lisboa	Vet40 F	01:03:55	01:02:39
1316	João Côrça	2309	M		Senior M	01:03:56	01:03:26
1317	NUNO NETO	1726	M	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior M	01:03:57	01:03:40
1318	Miguel Alexandre Inácio Pires	2134	M		Vet40 M	01:03:58	01:02:44
1319	André Vicente	2172	M	Passo a Passo Pontével	Senior M	01:03:58	01:02:44
1320	Antonio Salvador	386	M		Vet50 M	01:03:59	01:03:04

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1321	Élio Colaço	1613	M		Vet40 M	01:03:59	01:03:02
1322	Mário Monteiro	340	M		Vet40 M	01:03:59	01:03:06
1323	Paulo Rosa	1325	M	LAMA SOLTA	Vet40 M	01:04:00	01:02:36
1324	Pedro Santos	488	M	Lama Solta	Senior M	01:04:00	01:02:37
1325	Marina Barroca	466	F	Lama Solta	Senior F	01:04:00	01:02:39
1326	Ivo Santos	871	M	Lama Solta	Senior M	01:04:00	01:02:37
1327	ISIDRO FERNANDES	1932	M	LAMA SOLTA	Senior M	01:04:00	01:02:36
1328	Marisa Bregieiro	448	F	Souremov	Senior F	01:04:00	01:02:38
1329	Bruno Ligeiro	422	M	Lama Solta	Senior M	01:04:00	01:02:38
1330	Pedro Marques	1939	M	Lama Solta	Senior M	01:04:00	01:02:38
1331	Patrícia Gonçalves	490	F	Lama Solta	Senior F	01:04:01	01:02:36
1332	Fernanda Marques	62	F	Lama solta	Vet40 F	01:04:01	01:02:37
1333	Carla Atilho	558	F	S.F.C TRAIL TEAM	Vet40 F	01:04:02	01:02:41
1334	Antonio Neves	550	M	soure mov	Vet50 M	01:04:03	01:02:41
1335	Patrícia Piedade	421	F		Senior F	01:04:03	01:03:25
1336	André Ventura	1128	M	UAB	Senior M	01:04:07	01:03:36
1337	João Bento	1164	M	UAB	Senior M	01:04:07	01:03:35
1338	Miguel Morais	1581	M	Cerveja Bordallo	Senior M	01:04:08	01:03:28
1339	Alexandre Paulo	2020	M		Senior M	01:04:11	01:03:27
1340	Rita Pedro	1499	F	CCD CRÉDITO AGRÍCOLA	Senior F	01:04:12	01:03:29
1341	Bruno Fernandes	961	M	Falcões Selvagens	Vet40 M	01:04:14	01:03:27
1342	Joana Jacinto	667	F	Sapatilhas&Petiscos	Senior F	01:04:20	01:03:04
1343	Badia Amerraye	1823	F	Centro de Marcha e Corrida de Alcanena	Vet50 F	01:04:21	01:03:41
1344	Eliseo Moreira	2325	M		Vet60 M	01:04:21	01:03:39
1345	Sara Duarte	1570	F	GURUS SUP	Senior F	01:04:23	01:04:03
1346	Rita Cartaxo	1634	F		Senior F	01:04:23	01:04:03
1347	Pedro Carvalho	1635	M		Senior M	01:04:24	01:04:02
1348	valdemar fernandes	1276	M	santarem	Vet40 M	01:04:25	01:03:17
1349	Hugo Cerqueira	1323	M	FC Estrelas Lisboa	Vet40 M	01:04:26	01:04:10
1350	Maria Alegria	821	F	Moita do Norte	Vet50 F	01:04:26	01:04:00
1351	Liliana Matias	509	F		Senior F	01:04:26	01:04:08
1352	Maria Joao Simoes	66	F		Vet50 F	01:04:27	01:03:46
1353	Daniela Nobre	58	F		Senior F	01:04:29	01:03:21
1354	Anabela Gomes	2342	F	Guarda Runner	Vet40 F	01:04:35	01:03:45
1355	Cecilia Gomes	2334	F		Vet40 F	01:04:35	01:03:45
1356	Sónia Santos	696	F	Os Caracóis Furiosos	Senior F	01:04:38	01:03:39
1357	Joana Teixeira	2143	F		Senior F	01:04:39	01:03:09
1358	Pedro Tiago Lopes Gonzaga	273	M		Vet40 M	01:04:40	01:03:05
1359	Nuno Serra	2213	M		Vet40 M	01:04:40	01:03:06
1360	Rui Gomes	1516	M	Scalabis Night Running	Vet40 M	01:04:40	01:03:07
1361	Francisco Sarrasqueiro	801	M	Correr Lisboa	Vet60 M	01:04:40	01:04:37
1362	Daniela Amaro	556	F	Twins Fitness Station	Senior F	01:04:40	01:04:13
1363	Patrícia Gaspar	1769	F	Chitas de Alcobaça	Vet40 F	01:04:42	01:03:52
1364	angela coelho	2021	F		Vet40 F	01:04:43	01:03:42

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1365	Carla Ferreira	541	F	4 runners	Vet40 F	01:04:43	01:03:40
1366	Inês Ferreira	334	F		Senior F	01:04:43	01:03:41
1367	Mário Alexandre Ferreira	738	M		Senior M	01:04:45	01:04:09
1368	Sérgio Bento	1969	M		Vet40 M	01:04:46	01:04:10
1369	Hernâni Tomás	709	M	S.R.Camarnal	Vet40 M	01:04:46	01:04:08
1370	Rui Gameiro	1621	M	Rs Team	Senior M	01:04:46	01:03:40
1371	Ana Luísa Tomás	708	F	S.R.Camarnal	Vet40 F	01:04:47	01:04:10
1372	Ilda Sofia Pé D' Arca de Pinho	1759	F	Orange Team	Vet40 F	01:04:48	01:04:30
1373	Magda Raposo	2329	F	as fortes	Vet40 F	01:04:50	01:04:27
1374	Sónia Macário	545	F	TFM	Senior F	01:04:55	01:03:41
1375	Nuno Macário	546	M	TFM	Vet40 M	01:04:55	01:03:42
1376	Joana Justo	806	F	Twins Fitness Station	Senior F	01:04:56	01:04:30
1377	João Vieira	1662	M	Bolinhas Runners	Vet40 M	01:04:59	01:03:59
1378	Belinha Isabelreis Pereira	1258	F	Balance Running Club	Vet50 F	01:04:59	01:04:21
1379	Nuno Lúcio	1153	M	Balance running club	Vet40 M	01:04:59	01:04:21
1380	Cláudia Conceição	827	F	Ramiro's & Companhia	Senior F	01:04:59	01:04:23
1381	Isabel América	1114	F	pace.makers	Vet50 F	01:05:06	01:04:29
1382	Paula Santos	742	F	UCI	Senior F	01:05:07	01:04:06
1383	Marta Sequeira	1527	M		Vet40 M	01:05:07	01:04:16
1384	Tiago Tomé	748	M	CMC RUNNERS	Senior M	01:05:07	01:04:39
1385	Ana Costa	1150	F	Centro Municipal Marcha e Corrida de Alcanena	Vet40 F	01:05:08	01:04:25
1386	Maria Curva	2187	F	100% Tiger Box	Vet50 F	01:05:08	01:04:52
1387	Joana Santos	372	F	Flash Runners	Senior F	01:05:10	01:03:59
1388	Soraia Paulo	1974	F		Senior F	01:05:10	01:04:51
1389	MARCO MENDES	768	M	Pelotão da Pinga	Vet40 M	01:05:13	01:04:35
1390	João Marques	1504	M	Lebres da Lezíria	Vet50 M	01:05:13	01:04:59
1391	Ana Ribeiro Moniz	1352	M	GAB Runners	Senior M	01:05:14	01:04:39
1392	Carlos Dinis	1353	M	GAB Runners	Senior M	01:05:15	01:04:40
1393	Filipe Fernandes	1102	M	Tokyo2020	Vet40 M	01:05:17	01:05:00
1394	Paula Alves	1101	F		Vet40 F	01:05:17	01:05:02
1395	Ines Estrada	627	F		Senior F	01:05:17	01:04:52
1396	João Martins	628	M		Senior M	01:05:18	01:04:50
1397	Sofia Marques	876	F		Senior F	01:05:18	01:04:52
1398	Mariana Paulo	1973	F		Senior F	01:05:20	01:05:00
1399	cláudia seixas	2606	F		Vet40 F	01:05:22	01:04:54
1400	Sónia Abana	822	F	CMC RUNNERS	Senior F	01:05:22	01:04:54
1401	José Saraiva Saraiva	1825	M		Vet50 M	01:05:26	01:05:02
1402	Lourenço Nogueira	260	M		Vet40 M	01:05:27	01:04:53
1403	Angela Ferreira	344	F		Senior F	01:05:27	01:04:57
1404	Tânia Rodrigues	1799	F	Salvaterra de magos	Senior F	01:05:27	01:04:57
1405	João Delgado	2337	M	Buenas Tardes	Senior M	01:05:31	01:04:34
1406	Cristina Alves	2115	F	Energia	Vet40 F	01:05:32	01:04:54
1407	Joana Serrano	1406	F		Senior F	01:05:32	01:04:22
1408	Paula Barroso	1039	F	Monliz	Vet40 F	01:05:34	01:04:50



Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1409	Nuno Pereira	518	M	Arneirinhos	Senior M	01:05:37	01:04:27
1410	Sónia Martins	606	F		Vet40 F	01:05:37	01:05:04
1411	ana cristina coelho	1084	F	Tratadasaude	Vet40 F	01:05:40	01:04:14
1412	Patrícia Libânio	1536	F	Chitas de Alcobaça	Senior F	01:05:42	01:05:14
1413	Bruno Vigário	2036	M		Senior M	01:05:46	01:05:12
1414	Sara Vigarío	2035	F		Senior F	01:05:46	01:05:13
1415	Francisco Vicente	881	M	Rugby Clube Santarém	Vet40 M	01:05:47	01:04:37
1416	Rui Cabanita	882	M	Rugby Clube Santarém	Vet40 M	01:05:47	01:04:37
1417	Odília Caneira	1399	F	SCD Glória do Ribatejo	Vet40 F	01:05:48	01:05:15
1418	Cristina Estanqueiro	2223	F	Montréal	Vet50 F	01:05:54	01:04:32
1419	Luis Conceição	1767	M		Vet40 M	01:05:55	01:05:15
1420	Isabel Estrela	1140	F		Vet50 F	01:05:55	01:05:49
1421	Susana Figueiredo	1139	F		Vet40 F	01:05:55	01:05:50
1422	Cristina Estanqueiro	2224	F	Montréal	Vet40 F	01:05:58	01:04:36
1423	Rui Alvares	1642	M		Vet50 M	01:05:59	01:04:46
1424	Mario Sousa	2107	M	Chitas Alcobaça	Vet60 M	01:06:01	01:05:25
1425	Gabriela Horta	825	F	Ramiro & Companhia	Vet50 F	01:06:01	01:05:25
1426	Filipa Taxa Araújo	5	F	O Micas	Vet40 F	01:06:01	01:05:29
1427	Nuno Frazão	1923	M		Vet50 M	01:06:02	01:04:48
1428	André Mendes	379	M	AMR a mexer!	Senior M	01:06:03	01:04:47
1429	ANTONIO ASSENTIZ	2299	M	ALCANEDE SANTAREM	Vet40 M	01:06:03	01:05:01
1430	JOANA PAZ	2300	F		Senior F	01:06:03	01:05:01
1431	Suzana Pestana	1235	F	C.D. Os Águias de Alpiarça	Vet40 F	01:06:04	01:05:20
1432	Claudia Barreiro	676	F	Mar.team.chel	Senior F	01:06:04	01:05:33
1433	Rúben Quaresma	1034	M		Senior M	01:06:09	01:05:49
1434	Luis Bizarro	1147	M		Senior M	01:06:09	01:04:38
1435	Renata Chichorro	70	F	G.D. Carris	Senior F	01:06:12	01:04:51
1436	Magda Carvalho	626	F	Chitas de Alcobaça	Vet40 F	01:06:17	01:05:17
1437	Célia Carvalho	1148	F	Correr Lisboa	Vet40 F	01:06:17	01:05:44
1438	Luís Carvalho	1149	F	Correr Lisboa	Vet50 F	01:06:17	01:05:43
1439	Ana Ribeiro	410	F	Correr Lisboa	Vet40 F	01:06:17	01:05:13
1440	João Pedro Neves	810	M	ACAFELLAS	Senior M	01:06:20	01:05:01
1441	Maria do ceu Escudeiro	1546	F		Vet50 F	01:06:22	01:06:00
1442	Carmen Pereira	1010	F		Senior F	01:06:22	01:05:46
1443	Carlos Cravo	1532	M	Amigos Atletismo Serra Sintra	Vet50 M	01:06:23	01:06:03
1444	Filipe Vargas	1620	M		Vet50 M	01:06:28	01:05:18
1445	Maria João Rosa	2175	F	Bombeiros Voluntários de Montemor-o-Novo	Vet40 F	01:06:32	01:06:10
1446	Pedro Nunes	248	M	Elite Runners	Vet40 M	01:06:41	01:05:14
1447	Tiago Lopes	1056	M	C.C.D. O ALVITEJO	Senior M	01:06:41	01:05:45
1448	Rita Brites	553	F	GAB RUNNERS	Senior F	01:06:42	01:06:16
1449	Sónia Germano	253	F	GAB RUNNERS	Senior F	01:06:43	01:06:17
1450	Catarina Duarte	2069	F		Senior F	01:06:44	01:06:04
1451	Carlos Martins	1599	M	Carpe Diem	Vet50 M	01:06:48	01:05:17
1452	Nídia Martins	1598	F	Carpe Diem	Senior F	01:06:48	01:05:18

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1453	Isabel Agostinho	504	F	Cartaxo Night Runners	Vet40 F	01:06:48	01:06:19
1454	Helder Couto	506	M	OsMosquetaires&CIA	Senior M	01:06:49	01:06:07
1455	Luís Serafim	815	M	Vamos a todas!	Senior M	01:06:49	01:05:23
1456	Fábio Silva	823	M		Senior M	01:06:50	01:05:28
1457	Cândida Pacheco	231	F	Santana FC Trail Team	Senior F	01:06:51	01:05:30
1458	Bárbara Sá Marques	664	F	S.F.C TRAIL TEAM	Senior F	01:06:51	01:05:30
1459	José Carreira	723	M	100Equipa	Senior M	01:06:52	01:05:29
1460	Elisabete Carvalho	1299	F		Senior F	01:06:53	01:05:53
1461	Diogo Vergueiro	642	M		Senior M	01:06:53	01:05:20
1462	Paulo Alves	324	M		Vet40 M	01:06:53	01:05:20
1463	Jorge Silva	339	M		Vet40 M	01:06:53	01:05:20
1464	Teresa Fialho	251	F	Elite Runners	Vet40 F	01:06:53	01:05:45
1465	Nuno Mendes	1298	M		Senior M	01:06:54	01:05:53
1466	Tania Fonseca	906	F	CCD Sintrense	Vet40 F	01:06:55	01:05:48
1467	Ines Costa	1528	F	CCD Sintrense	Vet40 F	01:06:55	01:05:48
1468	Manuela Lopes	765	F	CCD Sintrense	Vet40 F	01:06:55	01:05:48
1469	Bruno Sampaio	1165	M		Senior M	01:06:57	01:05:32
1470	Carla Peleira	293	F	4 runners	Vet40 F	01:06:57	01:05:56
1471	Filipa Inácio	1791	F		Vet40 F	01:06:59	01:06:28
1472	Vítor Cordeiro	2308	M		Senior M	01:07:00	01:05:37
1473	Manuel Rua	2306	M		Vet40 M	01:07:00	01:05:37
1474	Sergio Rodrigues	1745	M	100PEDAL	Vet40 M	01:07:06	01:06:43
1475	A.Nuno Costa	759	M		Vet50 M	01:07:08	01:05:45
1476	Valter Ribeiro	313	M	Gaeiras Running Team	Senior M	01:07:11	01:06:55
1477	Paulo Jorge	693	M	Os Caracóis Furiosos	Senior M	01:07:12	01:06:14
1478	Sofia Almeida	1729	F	Golegã	Vet40 F	01:07:12	01:06:40
1479	Paulo Carvalho	269	M		Vet40 M	01:07:15	01:06:42
1480	Filipe Soares	1086	M		Senior M	01:07:24	01:06:41
1481	Cláudio Barroca	2059	M	Balance Running Club	Senior M	01:07:33	01:07:10
1482	Sofia Monica Bernardes Sabino de Figueiredo	797	F	Balance Running Club	Vet40 F	01:07:33	01:07:10
1483	Sérgio Costa	1559	M	Pontével a Mexer	Vet40 M	01:07:36	01:06:13
1484	Paulo Dias	2222	M		Senior M	01:07:36	01:06:14
1485	Carla Mourato	2173	F		Vet40 F	01:07:41	01:06:32
1486	Henrique Vilhena	549	M	Lisrunning CPA	Vet60 M	01:07:42	01:06:08
1487	Ana Cardoso	1087	F		Senior F	01:07:42	01:07:01
1488	Tânia Matos	2140	F		Senior F	01:07:45	01:06:32
1489	Bela Pinheiro	2147	F		Vet40 F	01:07:46	01:06:32
1490	Patrícia Moreira	310	F	Os Filhos da Noite	Senior F	01:07:55	01:07:18
1491	Diogo Monteiro	1360	M	ACADEMIA 100%	Senior M	01:07:57	01:06:39
1492	Daniel Pereira	254	M	Runners Friends	Vet40 M	01:07:59	01:07:16
1493	Joana Friezas	1023	F	Ninjas do Ribatejo	Vet40 F	01:07:59	01:07:36
1494	Carla Nunes	2056	F	Os Corre para Comer	Vet40 F	01:08:01	01:06:37
1495	Natacha Cabral	2057	F	Os Corre para Comer	Vet40 F	01:08:01	01:06:38
1496	Mario Nunes	2055	M	Os Corre para Comer	Vet40 M	01:08:02	01:06:36

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1497	PAULO MARIZ	2291	M	CLUBE MBCP	Vet50 M	01:08:04	01:07:56
1498	BEATRIZ MARIZ	2293	F	CLUBE MBCP	Senior F	01:08:04	01:07:58
1499	ESTRELA MARIZ	2292	F	CLUBE MBCP	Vet40 F	01:08:04	01:07:57
1500	Adriana Rego	234	M	Monte Redondo	Senior M	01:08:04	01:06:46
1501	Anabela Luis	1214	F		Vet50 F	01:08:05	01:07:44
1502	Rita Batista Rodrigues	1577	F	Divertidos	Senior F	01:08:05	01:06:40
1503	Maria Exposito	1968	F		Senior F	01:08:05	01:07:18
1504	António Raposo	1967	M		Senior M	01:08:05	01:07:18
1505	Alexandre Campanacho	637	M		Vet40 M	01:08:06	01:07:42
1506	José C. Neto	1221	M		Senior M	01:08:07	01:07:42
1507	Ana Rosa Ferreira Matias	55	F		Vet40 F	01:08:07	01:07:41
1508	Márcia Silva	1497	F	PHC - Business at Speed	Vet40 F	01:08:09	01:07:00
1509	Catarina Gomes	247	F		Vet40 F	01:08:11	01:07:03
1510	Bruno Beja	2074	M	Academia 100%	Senior M	01:08:12	01:06:52
1511	Flávia Madeira	1664	F	Academia 100%	Senior F	01:08:13	01:06:52
1512	Joana Caetano	497	F		Senior F	01:08:15	01:07:10
1513	Anabela Pina	1377	F		Vet40 F	01:08:15	01:08:15
1514	Teresa Pombo	1238	F	Centro de Marcha e Corrida de Alcanena	Vet50 F	01:08:15	01:07:34
1515	Ricardo Guedes	1078	M	C.D Os Águias	Vet40 M	01:08:16	01:06:51
1516	Nelson Carvalhinho	357	M	Correr Lisboa	Vet40 M	01:08:17	01:07:12
1517	Rita Carvalhinho	359	F	Correr Lisboa	Vet40 F	01:08:18	01:07:13
1518	Mário Serrão	592	M		Vet40 M	01:08:20	01:07:51
1519	Ruben Oliveira	694	M	Os Caracóis Furiosos	Senior M	01:08:24	01:07:24
1520	Teresa Ventura	981	F	QualquerCoisa	Senior F	01:08:28	01:07:40
1521	Shirlene Costa	2023	F	BOLINHAS RUNNERS - EREIRA - CTX	Senior F	01:08:29	01:07:31
1522	Cibele Costa	1663	F	Bolinhas Runners	Senior F	01:08:29	01:07:29
1523	Pedro Gonçalves	641	M		Vet40 M	01:08:34	01:08:09
1524	Wanda Barros	1454	F	Trail águias	Vet40 F	01:08:34	01:07:11
1525	Carlos Ferreira	1384	M		Senior M	01:08:34	01:08:01
1526	Jéssica Moreira	1385	F		Senior F	01:08:34	01:08:01
1527	Rita Costa	1407	F		Senior F	01:08:36	01:07:43
1528	Egídio Goncalves	367	M		Senior M	01:08:39	01:07:43
1529	Eugénio Montês	2252	M	Batnavoh	Senior M	01:08:40	01:07:33
1530	Marisa Louro	1839	F		Senior F	01:08:46	01:07:46
1531	Joaquim Lopes	991	M	Assentiz	Vet50 M	01:08:46	01:07:54
1532	Marta Lopes	989	F	Assentiz	Junior F	01:08:46	01:07:54
1533	Sónia Henriques	1649	F	Caracoletas	Vet40 F	01:08:51	01:07:36
1534	Susana Miguel	1547	F	Caracoletas	Vet40 F	01:08:51	01:07:37
1535	Susana Lopes	870	F	Caracoletas	Vet40 F	01:08:51	01:07:37
1536	Filipa Maia	1506	F	C.D.Águias de Alpiarça	Vet40 F	01:08:51	01:07:59
1537	Luís Martins	883	M	Família Martins	Vet60 M	01:08:52	01:08:08
1538	ana marques	36	F		Vet40 F	01:08:54	01:08:05
1539	Cláudia Silva	659	F		Vet40 F	01:08:56	01:08:11
1540	Teresa Alexandre	258	F	Elite Runners	Senior F	01:08:59	01:07:50

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1541	Ana Henriques	540	F	Elite runners	Senior F	01:09:00	01:07:32
1542	Mafalda Fernandes	2327	F		Vet40 F	01:09:04	01:08:39
1543	Joana de Jesus	411	F	Correr Lisboa	Senior F	01:09:05	01:08:07
1544	Sandro Lavado	272	M	BrrnightRunners	Senior M	01:09:05	01:07:44
1545	Gi Ribeiro	763	F	Santana F. C Trail Team	Vet50 F	01:09:07	01:07:51
1546	António Silva	1340	M		Vet40 M	01:09:14	01:08:47
1547	Danilo Almeida	900	M	Terra Batida	Senior M	01:09:14	01:08:23
1548	Ana Carla Lopes	1339	F		Vet40 F	01:09:14	01:08:48
1549	André Coelho	465	M	Terra batida	Senior M	01:09:15	01:08:24
1550	Mariana Mendes	2253	F	MM	Senior F	01:09:18	01:08:11
1551	Noé Soares	1072	M	RUNNERS 4 FUN	Senior M	01:09:21	01:08:04
1552	Patrícia Neves	1073	F	RUNNERS 4 FUN	Senior F	01:09:25	01:08:09
1553	Tânia Jordão	213	F		Senior F	01:09:25	01:08:47
1554	Vanda Ribeiro	645	F	Runners 4 fun	Senior F	01:09:26	01:08:10
1555	Vitor Lucas	1534	M	CORRER LISBOA	Vet50 M	01:09:27	01:08:25
1556	Daniela Vitorino	584	F	Domingos Fit	Senior F	01:09:27	01:08:43
1557	Joaquim Ventura	983	M	QualquerCoisa	Vet60 M	01:09:28	01:08:39
1558	Joao Felix Felix	1614	M	Pombalinho	Senior M	01:09:34	01:08:53
1559	Pedro Almeida	904	M		Vet60 M	01:09:36	01:08:31
1560	João Marcelino	963	M	Falcões Selvagens	Vet40 M	01:09:36	01:08:47
1561	Catarina Miriam	230	F	Run 4 tintinhos	Senior F	01:09:37	01:08:12
1562	Edna Ribeiro	1331	F	Turma da Sol	Senior F	01:09:37	01:08:10
1563	Susana Martins	928	F	Tratadasaude	Vet40 F	01:09:46	01:08:20
1564	Filipa Morgado	1417	F	Terra Batida	Senior F	01:09:47	01:08:56
1565	Carla Sabino	970	F	C.D. Os Águias de Alpiarça	Senior F	01:09:50	01:09:08
1566	Joana Pinto	1014	F		Senior F	01:09:52	01:08:57
1567	EUNICE LAVOS	1725	F	INDUSTRIAL DESPORTIVO VIEIRENSE	Vet40 F	01:09:52	01:09:34
1568	Joao Dantas	474	M	Terra Batida	Senior M	01:09:58	01:09:06
1569	Sandra Isidro	1024	F	Rx Runners	Senior F	01:10:00	01:09:36
1570	Ricardo Triães	1025	M	Rx Runners	Vet40 M	01:10:00	01:09:38
1571	Vera Rodrigues	517	F	Arneirinhos	Vet40 F	01:10:01	01:08:52
1572	André Ramalho	1990	F	Alpiarça	Senior F	01:10:02	01:09:16
1573	Ana Rita Rodrigues	1328	F	Turma da Sol	Senior F	01:10:02	01:08:35
1574	Hugo Faustino	1600	M	Divertidos	Senior M	01:10:03	01:08:37
1575	Diogo Guilherme	1735	M	Divertidos	Senior M	01:10:03	01:08:39
1576	Carlos Domingos	511	M	RUNTASCAS	Vet40 M	01:10:03	01:09:31
1577	Cátia Rodrigues	1462	F	Divertidos	Senior F	01:10:04	01:08:39
1578	João Luís	2341	M	Santarém	Senior M	01:10:08	01:09:11
1579	Carlos Silva	2220	M	ISLA Runners	Senior M	01:10:13	01:08:42
1580	Liliana Isabel Asseiceira Santiago	1629	F	Escola Atletismo Cartaxo	Vet40 F	01:10:26	01:10:21
1581	Blisa Maria Simão	471	F	Divertidos	Senior F	01:10:29	01:09:06
1582	Diogo Jesus	521	M	Divertidos	Senior M	01:10:29	01:09:06
1583	Hugo Bernardino	1419	M		Vet40 M	01:10:34	01:09:31
1584	JOAO FILIPE	1418	M		Vet40 M	01:10:34	01:09:33

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1585	HUGO BERNARDO	1421	M		Vet40 M	01:10:34	01:09:33
1586	Cristina Teixeira	2145	F		Senior F	01:10:35	01:09:07
1587	Tiago Maia	1829	M		Vet40 M	01:10:41	01:09:13
1588	Ana Sa	1985	F	Estrela da noite	Senior F	01:10:47	01:09:19
1589	Sergio Ramos	1422	M	Scalkokas	Vet40 M	01:10:54	01:10:17
1590	Juliana Gregório	2137	F		Senior F	01:10:56	01:09:34
1591	Carla Assunção	1632	F	Alenquer	Vet40 F	01:11:04	01:10:29
1592	CATARINA ROMÃO	1200	F	ACADEMIA 100%	Senior F	01:11:11	01:09:51
1593	Rogério Ricardo	621	M	ARTVOLIN	Vet40 M	01:11:14	01:09:54
1594	Miguel Soares	1849	M	Trilho do Castelejo	Vet40 M	01:11:18	01:10:01
1595	Gustavo Valente	2219	M	ISLA Runners	Senior M	01:11:26	01:09:54
1596	João Ricardo Silva	543	M	Correr Lisboa	Senior M	01:11:26	01:10:31
1597	Cristina Vicente	542	F	lisboa	Senior F	01:11:26	01:10:29
1598	Marta Gomes	1674	F		Senior F	01:11:30	01:10:00
1599	Ana Ferreira	805	F	UCI	Vet40 F	01:11:42	01:10:41
1600	miguel vicente	1761	M	A20km trail running team	Senior M	01:11:47	01:10:55
1601	Helena Lacerda	76	F	Oculista Portas de Santo António	Vet50 F	01:11:49	01:10:51
1602	Joana Fontes	743	F	UCI	Senior F	01:11:52	01:10:51
1603	RUTE CASIMIRO	43	F	CLUBE ANA LISBOA	Senior F	01:11:56	01:10:46
1604	Paulo Gadeiro	1568	M	OsMosqueteiros&CIA	Senior M	01:12:07	01:11:23
1605	Catarina Ribeiro	2095	F		Senior F	01:12:12	01:11:38
1606	Bárbara Amoroso	2096	F		Senior F	01:12:12	01:11:39
1607	Carlo Farropo	847	M	Adegueiros	Vet40 M	01:12:18	01:11:22
1608	Anne Oliveira	757	F	TFM	Vet40 F	01:12:23	01:11:09
1609	Rui Martins	2164	M		Senior M	01:12:24	01:12:10
1610	NATACHA Martins	2165	F		Senior F	01:12:25	01:12:11
1611	Mário Atilho	559	M	S.F.C TRAIL TEAM	Vet40 M	01:12:25	01:11:03
1612	Nuno Marques	665	M	S.F.C TRAIL TEAM	Vet40 M	01:12:27	01:11:07
1613	Marta Sá	666	F	S.F.C TRAIL TEAM	Senior F	01:12:27	01:11:06
1614	Tânia Pereira	1351	F	Santana FC trail team	Senior F	01:12:27	01:11:06
1615	Tiago Pacheco	232	F	Santana FC Trail Team	Senior F	01:12:28	01:11:07
1616	Lisbete Pereira	1285	F	CORRER POUCO, CONHECER MUITO	Senior F	01:12:38	01:12:12
1617	Henrique Santana	1111	M	C.D."Os Águias " de Alpiarça	Vet40 M	01:12:39	01:12:09
1618	CARLA FARIA	2287	F	CLUBE MBCP	Vet50 F	01:12:40	01:11:48
1619	Diana Costa	588	F	Elite Runners	Senior F	01:12:40	01:11:16
1620	Inês Varela	930	F	Runtralhas	Senior F	01:12:42	01:11:33
1621	Paulo Dinis	2119	F	Elite runners	Vet40 F	01:12:46	01:11:20
1622	RUI COUTINHO	1286	M	CORRER POUCO, CONHECER MUITO	Vet40 M	01:12:46	01:12:17
1623	Alice Cruz	2122	F	RX Runners	Vet60 F	01:12:47	01:12:22
1624	Adriana Cruz	2121	F	RX Runners	Senior F	01:12:47	01:12:23
1625	FERNANDO FERREIRA	2281	M	CLUBE MBCP	Vet60 M	01:12:47	01:12:28
1626	Carla Pereira	1250	F	Elite runners	Vet40 F	01:12:52	01:11:26
1627	Sandra Henriques	1249	F	Elite runners	Senior F	01:12:53	01:11:27
1628	Anabela Ferreira	2347	F	Rio Maior	Vet40 F	01:12:53	01:11:24

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1629	Guida Batista	1903	F	TFM	Senior F	01:12:54	01:11:46
1630	Linda Ribeiro	1794	F	G.D.S.S de Canha	Senior F	01:12:55	01:12:35
1631	Natacha Custodio	2085	M	Montijo	Senior M	01:12:55	01:12:34
1632	Inês Pinto	2247	F	C. C. R. Alto do Moinho	Senior F	01:13:00	01:12:54
1633	Amélia Pinto	2248	F	C. C. R. Alto do Moinho	Vet50 F	01:13:00	01:12:55
1634	Joao Rosao	2128	M	5 do Prado	Senior M	01:13:09	01:11:37
1635	Carlos Calado	9	M	Scalabis Night Runners	Vet40 M	01:13:13	01:12:02
1636	Cláudia Gaspar	623	F	Só vim porque gostei do vinho	Vet40 F	01:13:13	01:12:00
1637	Anabela Mousinho	1618	F	pace.makers	Vet50 F	01:13:18	01:12:35
1638	Duarte Ricardo	622	M	ARTVOLIN	Senior M	01:13:20	01:12:00
1639	Carla Jesus	530	F	Divertidos	Senior F	01:13:20	01:13:06
1640	Francisco Vieira	1155	M		Vet60 M	01:13:30	01:13:23
1641	Ana Luísa Novais	1755	F	SCD GLÓRIA DO RIBATEJO	Senior F	01:13:34	01:13:02
1642	Marco Martins	966	M	Top Grup Friends	Senior M	01:13:37	01:12:25
1643	Cilia Cristóvão	1757	F	Glória do Ribatejo	Vet40 F	01:13:40	01:13:07
1644	Vitor Monteiro	1756	M	SCD GLÓRIA DO RIBATEJO	Senior M	01:13:40	01:13:07
1645	Carlos Chora	2700	M		Senior M	01:13:40	01:13:11
1646	Andreia Chora Filipe	2352	F		Senior F	01:13:40	01:13:09
1647	Valter Dias	885	M	Alges	Vet40 M	01:13:46	01:13:04
1648	Sónia Nogueira	1262	M	Centro de Marcha e Corrida de Alcanena	Vet40 M	01:13:52	01:13:10
1649	João Cruz	2139	M	SóVinu	Vet40 M	01:13:52	01:13:03
1650	Miguel Silva	2138	M	SóVinu	Senior M	01:13:52	01:13:02
1651	maria da matos	1551	F	Gang das Manjericas	Vet40 F	01:13:55	01:13:46
1652	Joana Silva	1028	F	Elite Runners	Senior F	01:13:59	01:12:31
1653	Diogo Peixinho	1041	M	Monliz	Senior M	01:13:59	01:13:13
1654	Isabel Cipriano	1089	F	Entroncamento	Vet40 F	01:14:03	01:13:54
1655	Sofia Queimado	1091	F	Entroncamento	Vet40 F	01:14:03	01:13:53
1656	Regina Bonifácio	2012	F		Vet50 F	01:14:11	01:13:28
1657	MARIA CÉU	1319	F	ACADEMIA 100%	Vet40 F	01:14:16	01:12:54
1658	Elisa Loureiro	514	F		Vet40 F	01:14:16	01:13:32
1659	MAGDA PEREIRA	782	F	Tokyo2020	Vet40 F	01:14:17	01:14:01
1660	Carlos Almeida	781	M	Tokyo2020	Senior M	01:14:17	01:14:00
1661	Cláudia Pereira	1984	F		Senior F	01:14:19	01:12:58
1662	Luís Vicente	396	M	SlowMotion	Senior M	01:14:23	01:14:02
1663	Sandrina Batista	762	F		Senior F	01:14:31	01:13:53
1664	João Ascenso	619	F	GAB Runners	Senior F	01:14:31	01:13:54
1665	Sonia Lima	2241	F	Correr Lisboa	Vet50 F	01:14:34	01:13:39
1666	Teresa Oliveira	1141	F		Vet50 F	01:14:42	01:14:37
1667	Pedro Melão	2052	M	TUIMS-Tuna Universitária NOVA IMS	Senior M	01:14:50	01:13:53
1668	João Ferreira	217	M	GINjinha Runners	Vet40 M	01:14:51	01:13:36
1669	Dora Cruz	216	F	GINjinha Runners	Vet40 F	01:14:52	01:13:37
1670	Nuno Silva	2146	M		Vet40 M	01:14:57	01:13:43
1671	Carlos Carvalho	824	M		Senior M	01:14:59	01:13:33
1672	Hélder Vieira	1019	M	Top Grup Friends	Vet40 M	01:15:06	01:13:55

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1673	Vitor Santos	1623	M		Vet40 M	01:15:07	01:14:02
1674	Cláudio Monteiro	2354	M	Irmandade 1904	Senior M	01:15:12	01:15:07
1675	Cláudia Martins	519	F		Senior F	01:15:15	01:14:01
1676	Manuel Ferreira	2149	F		Senior F	01:15:16	01:14:00
1677	Rosa Farinha	1223	F	C.D."Os Águias " de Alpiarça	Vet50 F	01:15:17	01:14:24
1678	Carla Pereira	1667	F	Clube Desportivo Os Águias	Vet40 F	01:15:18	01:14:24
1679	Rosário Anselmo	935	F	Alenquer Run	Vet50 F	01:15:20	01:14:17
1680	Carlos Colaço	311	M		Senior M	01:15:25	01:14:46
1681	Cláudia Alves	908	F	Santarém	Senior F	01:15:39	01:14:23
1682	João Romão	907	M	Santarém	Senior M	01:15:39	01:14:22
1683	Ana Romao	661	F	Sapatilhas e Petiscos	Vet40 F	01:15:39	01:14:24
1684	Filipe Polónia	701	M	ACADEMIA 100%	Senior M	01:15:40	01:14:23
1685	Ana Oliveira	256	F	Runners Friends	Senior F	01:15:55	01:15:11
1686	Maria Cidália Ribeiro	1450	F	Centro de Marcha e Corrida de Alenquer	Vet50 F	01:15:56	01:14:40
1687	Tânia Oliveira	255	F	Runners Friends	Senior F	01:15:56	01:15:12
1688	Pedro Gomes	1156	M		Vet40 M	01:16:00	01:14:27
1689	Marco Rosário	24	M	Santarém	Senior M	01:16:01	01:14:27
1690	Raquel Teixeira	2144	F		Senior F	01:16:01	01:14:33
1691	Elisabete Jorge	576	F		Vet40 F	01:16:08	01:15:44
1692	Manuel Martins	608	F		Vet60 F	01:16:11	01:15:59
1693	Luisa Martins	609	F		Vet60 F	01:16:11	01:16:00
1694	Cristina Marcos	1112	F	pace.makers	Vet50 F	01:16:12	01:15:30
1695	Agostinho Almeida	890	M	Cumeira de Cima	Vet50 M	01:16:16	01:15:28
1696	Claudia Tadeia	2129	F	5 do Prado	Senior F	01:16:17	01:14:46
1697	Aníbal Pepino	777	M	Santarém	Vet40 M	01:16:37	01:15:57
1698	Sílvia Vitorino	1782	F	pace.makers	Vet40 F	01:16:40	01:16:03
1699	Eulália Vitorino	1113	F	pace.makers	Vet50 F	01:16:53	01:16:10
1700	Sónia Vieira	1017	F	Top Grup Friends	Senior F	01:16:57	01:15:46
1701	Ligia Jacinto	1310	F	Top Grup Friends	Senior F	01:17:07	01:15:56
1702	Alexandre Fernandes	1966	M	Salvaterra Night Runners	Vet40 M	01:17:07	01:16:35
1703	Ines Martins	965	F	Top Grup Friends	Senior F	01:17:07	01:15:56
1704	Patrícia Fernandes	1965	F	Salvaterra Night Runners	Vet40 F	01:17:08	01:16:36
1705	Filipe Pereira	257	M	Elite Runners	Senior M	01:17:13	01:15:43
1706	Vítor Silvestre	1066	M		Vet40 M	01:17:13	01:16:14
1707	André Monteiro	1586	M		Senior M	01:17:19	01:15:59
1708	Maria José Ferreira	2348	F	Rio Maior	Vet40 F	01:17:34	01:16:04
1709	Ana Rangel	249	F	Elite Runners	Vet40 F	01:17:34	01:16:04
1710	Helena Saldanha	1746	M	100PEDAL	Vet40 M	01:17:39	01:17:17
1711	Margarete Cruz	755	F	Panela Mágica	Vet40 F	01:17:40	01:16:28
1712	Ricardo Sardinheiro	754	M	Panela Mágica	Vet40 M	01:17:41	01:16:29
1713	SANDRA ALEXANDRE	472	F	SCALABIS NIGHT RUNNERS	Vet40 F	01:17:42	01:17:32
1714	Daniel Henriques	2314	M	Pepis	Senior M	01:17:45	01:17:45
1715	Susana Gomes	669	F	Domingos Fit	Senior F	01:17:49	01:17:04
1716	Jenifer Duarte	245	F	Diabetes Team Portugal	Senior F	01:17:54	01:16:47

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1717	Carlos Neves	239	M	Diabetes Team Portugal	Senior M	01:17:54	01:16:47
1718	Ana Abrantes	786	F		Senior F	01:17:56	01:17:09
1719	RUI FROIS	1320	M	ACADEMIA 100%	Vet40 M	01:18:00	01:16:39
1720	Eduardo Timóteo	2188	M		Senior M	01:18:02	01:16:31
1721	Pedro Almeida	2312	M	Pepis	Senior M	01:18:07	01:18:07
1722	Leonardo Antunes	393	M	SlowMotion	Senior M	01:18:23	01:16:52
1723	Raquel Pinheiro	237	F		Senior F	01:18:23	01:17:10
1724	Mário Silva	1639	M	Salvaterra de Magos	Senior M	01:18:25	01:16:54
1725	Teresa Montez	8	F		Senior F	01:18:26	01:17:49
1726	Cristina Medalha	2272	F	balance	Vet40 F	01:18:26	01:17:22
1727	Filipa Arruda	1269	F	Balance Running Club	Senior F	01:18:26	01:17:22
1728	Isabel Marques	1428	F	Domingos Fit	Vet50 F	01:18:37	01:17:18
1729	Pedro Fernando	289	M	Os primos	Vet40 M	01:18:39	01:17:23
1730	Marta Adão	864	F	Run for Friends	Vet40 F	01:18:43	01:18:25
1731	Rosa Afonso	849	F	CCR Alto do Moinho	Vet50 F	01:18:51	01:18:46
1732	Ana Margarida Marques	2000	F		Senior F	01:18:52	01:17:20
1733	Filipa Farinha	1015	F		Vet40 F	01:18:52	01:17:55
1734	Ana Fernandes	1493	F	Letras + Técnico	Senior F	01:18:52	01:17:44
1735	Joana Ruas	1494	F	Letras + Técnico	Senior F	01:18:52	01:17:44
1736	Rita Marques	2317	F	S.Domingos de Rana	Vet40 F	01:18:53	01:17:56
1737	Ana Catarina Padrão	2001	F	Alpiarça	Senior F	01:19:01	01:17:30
1738	César Orlando Cardoso	756	M	TFM	Vet50 M	01:19:01	01:17:49
1739	Fernando Silva	2322	M		Vet40 M	01:19:04	01:19:04
1740	Sonya Day	580	F		Vet40 F	01:19:06	01:18:37
1741	Hélio Silva	535	M	Equipa Silva	Vet40 M	01:19:07	01:17:45
1742	Cidália Silva	984	F	Qualquer Coisa	Senior F	01:19:09	01:18:20
1743	Mónica Cerqueira	1322	F	FC Estrelas Lisboa	Senior F	01:19:28	01:19:13
1744	Paula Leitão	1324	F	FC Estrelas Lisboa	Vet40 F	01:19:28	01:19:13
1745	Leonor Batista	925	F	Twins Fitness Station	Senior F	01:19:37	01:18:43
1746	Clara Reis	1003	F	Terra Batida	Senior F	01:19:37	01:18:50
1747	Rúben Almeida	1002	M	Terra Batida	Senior M	01:19:37	01:18:50
1748	Patrícia Caneira	1398	F	SCD Glória do Ribatejo	Senior F	01:19:39	01:19:06
1749	António Monteiro	1400	M	SCD Glória do Ribatejo	Vet50 M	01:19:39	01:19:06
1750	Catarina Silva	603	F	Leões à Solta	Senior F	01:19:41	01:18:45
1751	Sérgio Vences	602	M	Leões à Solta	Senior M	01:19:41	01:18:45
1752	Mariana Soares	412	F	Correr Lisboa	Vet60 F	01:19:41	01:18:46
1753	Rute Silva	1742	F	alverca	Senior F	01:19:43	01:18:57
1754	monica freitas	1741	F	alverca	Senior F	01:19:43	01:18:56
1755	Célia Barros	1792	F		Vet40 F	01:19:49	01:19:11
1756	Rosa Almeida	2615	F		Senior F	01:19:55	01:19:52
1757	António Silvestre	986	M	QualquerCoisa	Vet50 M	01:20:01	01:19:13
1758	Patrícia Rosa	985	F	QualquerCoisa	Senior F	01:20:01	01:19:13
1759	Bruno Amaro	732	M	Run for Friends	Vet40 M	01:20:05	01:18:45
1760	Mónica Amaro	400	F	Run for Friends	Senior F	01:20:06	01:18:46



Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1761	Vera Pereira	1628	F		Senior F	01:20:09	01:18:57
1762	Pedro Delgado	38	M		Vet40 M	01:20:09	01:18:56
1763	Dina Pinheiro	910	F		Vet40 F	01:20:10	01:19:30
1764	Leandro costa	79	M		Senior M	01:20:10	01:19:31
1765	Helder Justino	80	M		Vet40 M	01:20:11	01:19:31
1766	Joana Albino	428	F	Domingos Fit	Senior F	01:20:11	01:19:26
1767	Raquel Fernandes	1052	F		Senior F	01:20:11	01:18:53
1768	Diana Vitorino	427	F	Domingos Fit	Senior F	01:20:12	01:19:25
1769	Marco Nunes	420	M	XXX	Vet40 M	01:20:13	01:18:45
1770	Sofia Botas	1482	F	Super Saloios	Vet40 F	01:20:13	01:19:14
1771	João Luz	1481	M	Super Saloios	Senior M	01:20:14	01:19:14
1772	Jorge Lopes	937	M	Alenquer Run	Vet40 M	01:20:15	01:19:12
1773	Susana Godinho	353	M		Senior M	01:20:21	01:19:46
1774	Ana Pintassilgo	2024	F		Senior F	01:20:23	01:19:40
1775	Olivia Lucas	1535	F	CORRER LISBOA	Vet50 F	01:20:23	01:19:19
1776	Bruno Petinga	1226	M	Divertidos	Senior M	01:20:25	01:19:02
1777	Vânia Duarte	1678	F		Senior F	01:20:50	01:19:41
1778	Filipe Carrilho	982	M	QualquerCoisa	Vet40 M	01:21:05	01:20:13
1779	Luís Duarte	2087	M		Vet50 M	01:21:12	01:20:55
1780	Flávia Epifânio	1507	F		Senior F	01:21:12	01:19:44
1781	Carlos Rainha	1508	M		Senior M	01:21:12	01:19:45
1782	Paula Rocha	1018	F		Vet40 F	01:21:17	01:20:38
1783	Cláudia Neto	2133	F	pace.makers	Vet40 F	01:21:18	01:20:39
1784	Ju Saramago	476	F	Run 4 tintinhos	Senior F	01:21:22	01:19:57
1785	Elsa Lopes	328	F	Run 4 tintinhos	Senior F	01:21:22	01:19:57
1786	Cátia Fragoso	887	F	Chitas de Alcobaça	Senior F	01:21:28	01:20:22
1787	Helder Figueiredo	267	M	Alpiarça	Vet40 M	01:21:38	01:20:45
1788	Tiago Vitorino	2221	M	ISLA Runners	Senior M	01:21:45	01:20:14
1789	José Conceição	828	F	Ramiro's & Companhia	Vet60 F	01:21:48	01:21:11
1790	Zé Manel	2131	M	5 do Prado	Senior M	01:21:50	01:20:18
1791	Inês Rosao	2130	F	5 do Prado	Senior F	01:21:50	01:20:18
1792	Pedro Rodrigues	1578	M	Divertidos	Senior M	01:22:37	01:21:12
1793	Micaela Ferreira	1892	F	Divertidos	Senior F	01:22:37	01:21:13
1794	Ricardo Vergas	1152	M	Vergas Team	Vet50 M	01:22:40	01:21:38
1795	Carina Vergas	1151	F	Vergas Team	Senior F	01:22:41	01:21:38
1796	Carlota Silva	524	F	pace.makers	Junior F	01:22:42	01:21:59
1797	Mónica Mendes	1873	F	pace.makers	Vet40 F	01:22:42	01:22:05
1798	Gonçalo Sá	2251	M		Senior M	01:22:48	01:21:19
1799	Gonçalo Germano	1691	M	Santarém	Vet40 M	01:22:49	01:22:12
1800	Joana Alves	2250	F		Senior F	01:22:49	01:21:20
1801	Nelson Barra	315	M		Senior M	01:22:50	01:22:16
1802	Ana Luísa Fernandes	1668	F	Santarém	Vet40 F	01:22:50	01:22:14
1803	Flávio Simões	737	M	Santarém	Senior M	01:22:53	01:21:41
1804	Clara Lopes	736	F	Santarém	Vet40 F	01:22:53	01:21:40

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1805	Hugo Silva	1082	M		Senior M	01:23:03	01:21:46
1806	Elisabete Oliveira	1330	F	Turma da Sol	Vet40 F	01:23:33	01:23:09
1807	Raquel Afonso	327	M	Chitas de Alcobaça	Senior M	01:23:35	01:22:25
1808	Fábio Grou	1279	M	Grou	Senior M	01:23:35	01:22:33
1809	Rosa Mateus	1278	F	Grou	Senior F	01:23:35	01:22:34
1810	Patrícia Frazão	2177	F	Torres Novas	Vet40 F	01:23:51	01:23:33
1811	Andreia Timóteo	2230	F		Senior F	01:23:51	01:22:20
1812	Mimi Costa Martins	1972	F	Balance Running Club	Vet40 F	01:24:06	01:23:03
1813	Luciana Pereira Bortone	425	F	Balance Running Club	Vet40 F	01:24:06	01:23:02
1814	VERONICA Romaõ	2170	F		Vet40 F	01:24:13	01:22:47
1815	Andreia Coelho	2181	M	White Team	Senior M	01:24:28	01:23:23
1816	Rodrigo Branco	2180	M	White Team	Senior M	01:24:28	01:23:22
1817	FLORINDA SEABRA	1580	F		Vet40 F	01:24:31	01:23:00
1818	Sara Louro	1209	F	Cartaxo	Vet40 F	01:24:54	01:24:12
1819	Paulo Nunes	2261	M	Pestinhas	Senior M	01:25:18	01:24:02
1820	Ariana Leal	2260	F	Pestinhas	Senior F	01:25:18	01:24:02
1821	Daniel Silva	1692	M		Senior M	01:25:27	01:25:27
1822	Rita Oliveira	1693	F		Senior F	01:25:27	01:25:27
1823	Bruna Ferreira	862	F	RubyRunners	Senior F	01:25:30	01:24:36
1824	Pedro Marques	843	M	GAB RUNNERS	Vet40 M	01:25:39	01:25:04
1825	Lara Herveth	2195	F	Correr Lisboa	Senior F	01:25:40	01:24:36
1826	Luciana Félix	1760	F	Balance running club	Vet40 F	01:25:43	01:24:38
1827	Rita Merenda	1107	F	Alverca Urban Runners	Vet40 F	01:25:47	01:25:39
1828	Eunice Rei	2106	F		Vet40 F	01:26:11	01:26:02
1829	Paulo Cruz	2111	M		Vet50 M	01:26:11	01:26:00
1830	Sofia Cordeiro	617	F		Senior F	01:26:14	01:24:56
1831	Rita Domingos	349	F	RubyRunners	Senior F	01:26:14	01:25:19
1832	Alexandra Fernandes	962	F	Falcões Selvagens	Senior F	01:26:15	01:25:27
1833	Nádia Pereira	998	F		Senior F	01:26:16	01:24:58
1834	David Ventura	369	M		Vet40 M	01:26:17	01:24:56
1835	sandra reis	1993	F	SNR	Vet40 F	01:26:17	01:24:55
1836	Teresa Cruz	1510	F	CLAC - Entroncamento	Vet40 F	01:26:21	01:26:11
1837	Telma Faustino	1675	F	Alencas	Senior F	01:26:22	01:24:59
1838	Rui Neves	1676	M	Alencas	Senior M	01:26:23	01:25:00
1839	Lígia Marcelino	964	F	Falcões Selvagens	Vet40 F	01:26:53	01:26:06
1840	Beatriz Gaspar	491	F	20 comer pampilho	Senior F	01:26:55	01:25:41
1841	Monica Canteiro	495	F	20 comer pampilho	Senior F	01:26:55	01:25:42
1842	Fábio Reis	225	M	Flash Runners	Senior M	01:26:55	01:25:41
1843	Paulo Veloso	583	M	Flash Runners	Senior M	01:26:55	01:25:41
1844	Ana Barreto	1908	F		Senior F	01:27:16	01:25:50
1845	José Lucas	1907	M		Senior M	01:27:19	01:25:53
1846	Ângela Cid	1401	F		Senior F	01:27:29	01:25:59
1847	Tiago Silva	1402	M		Senior M	01:27:29	01:26:00
1848	Isabel Oltean	229	F	Tartarugas Furiosas	Junior F	01:27:37	01:26:54

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1849	Miguel Tiago Leal	1996	M	Leal	Vet40 M	01:27:49	01:26:55
1850	Catarina Esparteiro	1951	F	I am alive	Senior F	01:27:49	01:26:54
1851	Hélio Gonçalves	467	M	Pestinhas	Senior M	01:27:51	01:26:20
1852	Sara Silva	1646	F	Arruda dos Vinhos	Vet40 F	01:28:15	01:27:39
1853	Cláudia Silva	1945	F	Happy Feet	Vet40 F	01:28:15	01:27:39
1854	Miguel Pereira	2132	M	5 do Prado	Senior M	01:28:43	01:27:10
1855	Vânia Filipe	1397	F		Senior F	01:28:44	01:27:10
1856	Pedro Teigas	424	M	Santarém	Senior M	01:28:52	01:27:31
1857	Isabel Piscalho	423	F	Santarém	Vet40 F	01:28:52	01:27:33
1858	Marta Tagarro	568	F	Guia 38	Senior F	01:28:52	01:27:32
1859	Abilio Pereira	2311	M	Pepis	Senior M	01:30:36	01:30:36
1860	Ana Bento	2310	F	Pepis	Senior F	01:30:38	01:30:38
1861	Margarida Marques	1065	F		Senior F	01:30:55	01:29:36
1862	Márcia Silva	534	F	Equipa Silva	Senior F	01:30:56	01:29:37
1863	David Silva	1888	M		Senior M	01:30:56	01:29:37
1864	Carla Caeiro	1680	F		Vet40 F	01:31:02	01:30:22
1865	Catarina Guedes	238	F		Senior F	01:31:02	01:29:28
1866	Raquel Caeiro	520	F		Senior F	01:31:03	01:30:23
1867	Elsa Fonseca	480	F	Ronhonhós Running Team	Vet40 F	01:31:19	01:29:46
1868	Joao Campos	479	M	Ronhonhós Running Team	Vet40 M	01:31:19	01:29:47
1869	Joana Reis	413	F		Senior F	01:31:41	01:30:27
1870	Dália Damas	416	F		Vet50 F	01:31:41	01:30:27
1871	Gabriela Serrão	593	F		Vet40 F	01:31:46	01:31:19
1872	Sonia Valentina	651	F		Vet40 F	01:32:01	01:30:55
1873	Marco Oliveira	653	M		Vet40 M	01:32:01	01:30:55
1874	Paulo Veloso	652	M		Vet50 M	01:32:01	01:30:56
1875	Paulo rodrigues	650	M		Vet40 M	01:32:01	01:30:55
1876	Marina Rodrigues	1802	F	Trata da saúde	Senior F	01:32:13	01:30:46
1877	Carina Silva	317	F	Tratadasaude	Vet40 F	01:32:13	01:30:47
1878	Sandra Vitorino	2340	F		Senior F	01:32:26	01:31:46
1879	Ana Alberto	722	F		Vet40 F	01:32:34	01:31:50
1880	João Sousa	1522	F	Azeitonas&Comp	Senior F	01:32:37	01:31:24
1881	Marina Oliveira	1519	F	Azeitonas&Comp	Vet50 F	01:32:37	01:31:25
1882	Madalena Oliveira	1521	F	Azeitonas&Comp	Senior F	01:32:38	01:31:23
1883	Ana Lourenço	2315	F	Pepis	Senior F	01:32:40	01:32:40
1884	Filipe Amador	2313	M	Pepis	Senior M	01:32:40	01:32:40
1885	Solange Cardoso	1326	F	Turma da Sol	Senior F	01:32:44	01:31:16
1886	Ângela Cardoso	1329	F	Turma da Sol	Senior F	01:32:44	01:31:15
1887	Tânia Pêgo	375	F	Chitas de Alcobaça	Senior F	01:32:52	01:31:44
1888	Cláudia Pego	464	F	Chitas de Alcobaça	Senior F	01:32:52	01:31:48
1889	Paula E Caramelo	855	F	CHITAS DE ALCOBAÇA	Senior F	01:32:52	01:31:47
1890	Marta Neves	594	F	Chitas de Alcobaça	Senior F	01:32:52	01:31:48
1891	Margarida Ferreira	2027	F	Fazendas de Almeirim	Senior F	01:33:02	01:32:07
1892	CARINA MAGALHÃES	857	F	CHITAS DE ALCOBAÇA	Senior F	01:33:18	01:31:50

Lugar	Nome	Dorsal	M/F	Equipa	Escalão	Tempo	Chip
1893	Vera Bento	2028	F	Fazendas de Almeirim	Vet40 F	01:33:19	01:32:25
1894	Luis Cardador	1305	M		Senior M	01:33:25	01:32:45
1895	vera cebola	1607	F	vilagaitarunners	Senior F	01:34:15	01:32:38
1896	sergio santos	1606	M	vilagaitarunners	Vet40 M	01:34:15	01:32:40
1897	joão menino	1477	M	vilagaitarunners	Vet50 M	01:34:18	01:32:34
1898	Joana Duarte	468	F	Pestinhas	Senior F	01:36:11	01:34:57
1899	Fátima Gomes	414	F		Vet50 F	01:36:12	01:34:59
1900	Vanessa Damas	415	F		Senior F	01:36:12	01:34:58
1901	Teresa Fernandes	993	F	Paratleticamente falando	Senior F	01:36:37	01:35:09
1902	Patrícia Filipe	995	F	Paratleticamente falando	Senior F	01:37:00	01:35:30
1903	Catarina Sousa	994	F	Paratleticamente falando	Senior F	01:37:00	01:35:30
1904	Joana Sousa	997	F	Paratleticamente falando	Senior F	01:37:01	01:35:30
1905	Joana Matias	996	F	Paratleticamente falando	Senior F	01:37:01	01:35:31
1906	Joana Fernandes	992	F	Paratleticamente falando	Senior F	01:37:01	01:35:32
1907	Tiago Neves	54	M	Paratleticamente falando	Senior M	01:37:01	01:35:30
1908	Carla Carvalho	1451	F	Paratleticamente falando	Senior F	01:37:02	01:35:31
1909	Ana Maria Dias Coito	1641	F	Happy Feet	Vet40 F	01:39:24	01:38:48
1910	Sofia Pedroso	600	F	MM on Road	Senior F	01:39:30	01:38:40
1911	Carolina Matias	601	F	MM on Road	Senior F	01:39:30	01:38:39
1912	Cláudia Leote	2083	F	Happy Feet	Vet40 F	01:40:45	01:40:11
1913	vitor batista	1518	M	vilagatarunners	Vet50 M	01:41:59	01:40:23
1914	são batista	1517	M	vilagaitarunners	Vet50 M	01:41:59	01:40:23
1915	Rodolfo Taborda	2302	M		Senior M	01:42:34	01:41:00
1916	Regina Costa	1396	F		Junior F	01:42:42	01:41:09
1917	Teresa Martins	1633	F	Happy Feet	Vet50 F	01:42:47	01:42:12
1918	Catarina Vieira	2256	F		Junior F	01:42:50	01:41:17
1919	Joaquina Lopes	1553	F	gang das Manjericas	Vet50 F	01:44:00	01:43:50
1920	clara parracho	1552	F	gang das manjericas	Vet50 F	01:44:00	01:43:51
DQ	Laura Sebastião	678	F	Mar.team.chel	Senior F		