Sistelo Extreme Marathon
Arcos e Valdevez
07-October-2018

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:15	-99ºC	-99%
End	13:33	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	803	ruben veloso	caav trail	Senior Masculino	58:27		04:30
2	1091	Adriano Rafael Caldas Morais	individual	Senior Masculino	01:02:11	+03:44	04:47
3	1006	Ricardo Sá	akuafit	Senior Masculino	01:02:47	+04:20	04:50
4	1012	Marcelo Costa	amc trail	Senior Masculino	01:05:08	+06:41	05:01
5	1034	Paulo Moreira	c.c.recreativo de são martinho	Senior Masculino	01:07:23	+08:56	05:11
6	1105	Hilário Lopes	individual	Senior Masculino	01:08:44	+10:17	05:17
7	1030	Arlindo Ferreira	bits&bikes/trail running	Veterano M50	01:09:14	+10:46	05:20
8	1011	Bruno Barbosa	amc trail	Senior Masculino	01:09:43	+11:15	05:22
9	1291	Nuno Manuel Fernandes Freitas	individual	Senior Masculino	01:12:44	+14:16	05:36
10	1292	José Florêncio Silva	individual	Veterano M40	01:12:44	+14:16	05:36
11	1015	cesar goncalves	amc trail	Veterano M40	01:13:12	+14:45	05:38
12	1289	Domingos Manuel Marques Dias	ecobarcaventura	Veterano M40	01:14:07	+15:40	05:42
13	1077	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	01:14:08	+15:41	05:42
14	1192	Nelson Ramos	individual	Veterano M50	01:14:40	+16:13	05:45
15	1218	Jhou Ribeiro	manu's therapy	Senior Masculino	01:18:56	+20:28	06:04
16	1183	VILSON COSME OLIVEIRA DA ROCHA	individual	Veterano M40	01:19:03	+20:36	06:05
17	1111	Nuno Almeida	gaia running	Senior Masculino	01:19:16	+20:48	06:06
18	1110	Miguel Cruz	individual	Senior Masculino	01:19:19	+20:51	06:06
19	1187	Diamantino Martins Ribeiro	individual	Veterano M50	01:19:53	+21:26	06:09
20	1168	Antonio Vilaça	individual	Veterano M40	01:20:09	+21:42	06:10
21	1193	Paulo AGC Ribeiro	individual	Veterano M50	01:20:09	+21:42	06:10
22	1100	Carlos Taveira	individual	Senior Masculino	01:20:24	+21:56	06:11
23	1104	Hernâni Oliveira	individual	Senior Masculino	01:20:38	+22:11	06:12
24	1081	Emanuela Perez	individual	Senior Feminino	01:20:56	+22:28	06:14
25	1092	Alexandre Sá	individual	Senior Masculino	01:21:13	+22:46	06:15
26	1195	Paulo Dias	individual	Veterano M50	01:21:15	+22:48	06:15
27	1094	Artur Gil	individual	Senior Masculino	01:21:16	+22:49	06:15
28	1198	Fernando Gomes de Sousa	individual	Veterano M60	01:21:42	+23:15	06:17
29	1266	Victor Rodrigues	são team	Veterano M40	01:22:32	+24:04	06:21
30	1106	Jorge pinheiro	individual	Senior Masculino	01:23:42	+25:14	06:26
31	1035	Pedro Vieira	c.c.recreativo de são martinho	Senior Masculino	01:23:52	+25:25	06:27
32	1102	FILIPE CARREIRA	individual	Senior Masculino	01:23:59	+25:32	06:28
33	1131	Carla Almeida Sereno	individual	Veterana F40	01:24:17	+25:49	06:29
34	1167	António Pedro Sereno	individual	Veterano M40	01:24:17	+25:50	06:29
35	1053	Paulo Vilaverde	edv-vianatrail	Veterano M40	01:25:15	+26:48	06:34
36	1178	Paulo Monteiro	individual	Veterano M40	01:25:18	+26:51	06:34
37	1016	Paulo Bastos	amc trail	Veterano M40	01:26:17	+27:50	06:38
38	1064	Sérgio Leal	farroncos papa km	Senior Masculino	01:27:20	+28:53	06:43
39	1228	Lino Moreira	os turbomula	Veterano M60	01:27:59	+29:31	06:46

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1190	Indalecio Lorenzo Moreira	individual	Veterano M50	01:28:12	+29:45	06:47
41	1101	Duarte dias	individual	Senior Masculino	01:28:35	+30:08	06:49
42	1216	MANUEL PINTO	ma	Veterano M50	01:28:44	+30:17	06:50
43	1062	João Matos	farroncos papa km	Senior Masculino	01:28:51	+30:24	06:50
44	1044	Filipe Afonso	clube de montanhismo da guarda	Veterano M40	01:28:54	+30:26	06:50
45	1086	Rosa Pereira	individual	Senior Feminino	01:29:03	+30:36	06:51
46	1238	Carlos Martins	porto sentido runners	Veterano M50	01:29:15	+30:48	06:52
47	1072	DAVID TEIXEIRA	hsantamariart	Senior Masculino	01:30:10	+31:43	06:56
48	1119	Ricardo Novais	individual	Senior Masculino	01:30:19	+31:52	06:57
49	1211	Laura Adelaide Pinto Mendes	kemedo team	Veterana F40	01:30:29	+32:02	06:58
50	1009	Bragaole Hugo	akuafit	Veterano M40	01:30:45	+32:17	06:59
51	1033	Álvaro José Pontes Oliveira	bora lá	Veterano M60	01:31:55	+33:27	07:04
52	1226	Eva Santos	olímpico vianense trail	Veterana F40	01:32:13	+33:45	07:06
53	1172	David Barreira	individual	Veterano M40	01:32:36	+34:09	07:07
54	1123	Sergio araujo	individual	Senior Masculino	01:32:39	+34:11	07:08
55	1282	Ângela Fornelos	trogloditas runners	Veterana F40	01:32:53	+34:26	07:09
56	1217	Manu Pinto	manu's therapy	Senior Feminino	01:33:32	+35:04	07:12
57	534	Carlos Ferreira	autistic runners	Veterano M40	01:33:44	+35:16	07:13
58	1050	Pedro Soares	dive | into the mountains	Veterano M40	01:33:47	+35:20	07:13
59	1219	Carla Silva	mc runners	Senior Feminino	01:34:33	+36:06	07:16
60	1220	Arminda Monteiro	mc runners	Veterana F40	01:34:37	+36:09	07:17
61	1222	Vitor Costa	mc runners	Veterano M40	01:34:38	+36:11	07:17
62	1221	Manuel Souto	mc runners	Veterano M40	01:34:39	+36:12	07:17
63	1071	SUSANA PINTO	hsantamariart	Senior Feminino	01:34:53	+36:26	07:18
64	1108	Marco André Pereira Vieira	individual	Senior Masculino	01:34:59	+36:31	07:18
65	1126	Sergio Oliveira	individual	Sub 23 Masculino	01:35:11	+36:44	07:19
66	1242	Luís Mateus	run forrest run	Senior Masculino	01:35:26	+36:59	07:21
67	1095	Avelino Miguel da Silva Viana	individual	Senior Masculino	01:35:27	+37:00	07:21
68	1177	Nuno Cabral	individual	Veterano M40	01:35:55	+37:28	07:23
69	1284	Carmo Veiga	viana running	Veterana F40	01:35:59	+37:32	07:23
70	1223	Ricardo Cunha	minho aventura	Senior Masculino	01:36:24	+37:57	07:25
71	757	Marina Pereira da Silva	porto sentido runners	Veterana F40	01:37:11	+38:44	07:29
72	1171	Danny Matos	individual	Veterano M40	01:37:22	+38:55	07:29
73	1293	Miguel Martins	caav/trail	Senior Masculino	01:37:22	+38:55	07:29
74	1097	Bruno Rodrigues	individual	Senior Masculino	01:37:23	+38:56	07:30
75	1227	Joaquim Sérgio Oliveira Guerra	os falta d'ar	Veterano M40	01:37:25	+38:57	07:30
76	1028	Carlos Pereira	bioteam	Veterano M40	01:38:52	+40:25	07:36
77	1029	Alzira Alves	bits&bikes/trail running	Veterana F40	01:39:00	+40:32	07:37
78	1209	MARGARIDA SOUSA	kemedo team	Senior Feminino	01:39:11	+40:44	07:38
79	1103	Freddy Ramos	individual	Senior Masculino	01:39:13	+40:46	07:38
80	1018	Patricia Fernandes	amigos	Veterana F40	01:39:30	+41:03	07:39
81	1019	Paula Madeira	amigos	Veterana F40	01:40:20	+41:52	07:43
82	1244	SANDRA ALVES	run forrest run	Veterana F40	01:40:38	+42:10	07:44
83	1124	Tiago David Soares da Cruz Loureiro	individual	Senior Masculino	01:40:40	+42:12	07:45
84	1279	Sandra sobreira otero	triatlon porriño	Senior Feminino	01:40:51	+42:23	07:45

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1280	Victor mouriño fortes	triatlon porriño	Veterano M40	01:40:53	+42:25	07:46
86	1118	Ricardo Filipe Pinho Lopes	individual	Senior Masculino	01:40:56	+42:29	07:46
87	1113	Pedro Ferreira	individual	Senior Masculino	01:41:16	+42:49	07:47
88	1032	Humberto Cordeiro Correia Carvalho	bora lá	Veterano M40	01:41:23	+42:56	07:48
89	1031	Ana Luísa Ribeiro Pontes Oliveira	bora lá	Veterana F40	01:41:23	+42:56	07:48
90	1047	Marcos Ferreira	dive | into the mountains	Senior Masculino	01:41:24	+42:56	07:48
91	1089	Sílvia Palhares	individual	Senior Feminino	01:41:30	+43:03	07:49
92	1083	Joana Pereira	individual	Senior Feminino	01:41:30	+43:03	07:49
93	1202	margarida machado	juventude cortegacense	Veterana F50	01:41:39	+43:11	07:49
94	1239	Fernando Ferraz	porto sentido runners	Veterano M50	01:41:46	+43:19	07:50
95	1267	Fernando Jorge Oliveira	são team	Veterano M50	01:42:04	+43:37	07:51
96	1122	Saul Alves Graça da Silva	individual	Senior Masculino	01:43:21	+44:54	07:57
97	1204	Maria José Franco Oliveira	juventude cortegacense	Veterana F40	01:43:49	+45:22	07:59
98	1046	Renata Almeida	dive | into the mountains	Senior Feminino	01:43:59	+45:32	08:00
99	1197	T Barbosa	individual	Veterano M50	01:44:05	+45:37	08:00
100	1112	Pedro Costa	individual	Senior Masculino	01:44:05	+45:38	08:00
101	1117	RICARDO ANTÓNIO RODRIGUES VILELA	individual	Senior Masculino	01:44:11	+45:43	08:01
102	1287	PEDRO MIGUEL SANTOS MATOS	yazaki runners	Veterano M40	01:44:31	+46:03	08:02
103	1099	Carlos Dias	individual	Senior Masculino	01:44:35	+46:07	08:03
104	1189	Edgar	individual	Veterano M50	01:44:38	+46:11	08:03
105	1258	Albertina Silva	são team	Veterana F50	01:44:44	+46:17	08:03
106	1210	Sandra Martins	kemedo team	Senior Feminino	01:44:48	+46:20	08:04
107	1270	Luis Espirito Santo	são team	Veterano M50	01:45:35	+47:08	08:07
108	1121	Rui Rodrigues Pogeira Dias	individual	Senior Masculino	01:46:16	+47:48	08:10
109	1165	ALFREDO LOPEZ MORAL	individual	Veterano M40	01:46:17	+47:50	08:11
110	1036	Filipe Brito	caav/trail	Veterano M40	01:46:47	+48:19	08:13
111	1080	Élia Francisco	individual	Senior Feminino	01:46:54	+48:27	08:13
112	1069	DANIELA MACHADO	hsantamariart	Senior Feminino	01:47:28	+49:01	08:16
113	1159	SONIA MAURA DO CARMO TAVARES	individual	Veterana F50	01:47:45	+49:18	08:17
114	1290	Maria Fernanda Maia Rodrigues Dias	ecobarcaventura	Veterana F50	01:48:17	+49:50	08:20
115	1013	Miguel Novo	amc trail	Senior Masculino	01:48:28	+50:00	08:21
116	1098	bruno silva	individual	Senior Masculino	01:48:52	+50:24	08:22
117	1130	ANGELA PINTO	individual	Veterana F40	01:49:45	+51:18	08:27
118	1065	João Vieira	farroncos papa km	Sub 23 Masculino	01:50:11	+51:43	08:29
119	1063	Luís Cardoso	farroncos papa km	Senior Masculino	01:50:13	+51:45	08:29
120	1061	Gil Vieira	farroncos papa km	Senior Masculino	01:50:18	+51:50	08:29
121	1256	Natália	são team	Veterana F40	01:50:31	+52:04	08:30
122	1253	Claudia Stottomayor	são team	Veterana F40	01:50:48	+52:21	08:31
123	1295	Teresa Neiva	individual	Veterana F50	01:51:12	+52:45	08:33
124	1214	Alzira armada	lobos do monte btt	Veterana F40	01:52:14	+53:47	08:38
125	1213	Catarina reis	lobos do monte btt	Senior Feminino	01:52:14	+53:47	08:38
126	1140	Lúcia Marinho	individual	Veterana F40	01:52:38	+54:11	08:40

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1179	Rui Matos	individual	Veterano M40	01:52:39	+54:11	08:40
128	1182	Tomas carvalho	individual	Veterano M40	01:52:57	+54:30	08:41
129	1090	SÍLVIA SILVA	individual	Senior Feminino	01:52:57	+54:30	08:41
130	1245	Carla Oliveira	runners 5	Veterana F40	01:54:27	+56:00	08:48
131	1246	Jorge Araújo	runners 5	Veterano M40	01:54:28	+56:01	08:48
132	1274	João Ferreira	siscog - sistemas cognitivos	Senior Masculino	01:54:51	+56:24	08:50
133	1251	Patricia Gonçalves Pires Monteiro Santos	salamandrecos	Veterana F40	01:54:52	+56:25	08:50
134	1138	Laura Moura	individual	Veterana F40	01:55:16	+56:49	08:52
135	1283	douglas nascimento	viana running	Senior Masculino	01:55:19	+56:52	08:52
136	1285	Jose Venda Lira	viana running	Veterano M50	01:55:20	+56:53	08:52
137	1194	Paulo Barbosa	individual	Veterano M50	01:55:20	+56:53	08:52
138	1136	Elsa Maria Martins Soares	individual	Veterana F40	01:55:20	+56:53	08:52
139	1049	Nuno Soares	dive | into the mountains	Veterano M40	01:55:21	+56:54	08:52
140	1268	José Eduardo Fernandes	são team	Veterano M50	01:55:58	+57:31	08:55
141	1186	Augusto Lopes	individual	Veterano M50	01:56:01	+57:33	08:55
142	1229	Ana Beatriz Brandão Loureiro	pernetas	Senior Feminino	01:56:01	+57:34	08:56
143	1236	Lurdes Conceição	porto sentido runners	Veterana F50	01:56:07	+57:39	08:56
144	1070	PAULA GONÇALVES	hsantamariart	Senior Feminino	01:56:08	+57:40	08:56
145	1166	António Espírito Santo Rodrigues Matos	individual	Veterano M40	01:56:10	+57:42	08:56
146	1027	Antonio Magalhães	autistic runners	Veterano M50	01:56:34	+58:06	08:58
147	1237	Rui Silva	porto sentido runners	Veterano M40	01:57:01	+58:33	09:00
148	1278	Ludovic Santos	the lords of the races	Senior Masculino	01:57:07	+58:39	09:01
149	1235	Teresa Maria Lourenço	porto sentido runners	Veterana F40	01:57:12	+58:45	09:01
150	1207	Jorge Teixeira	juventude desportiva de gondomar	Veterano M40	01:57:51	+59:24	09:04
151	1208	José Carmo Teixeira	juventude desportiva de gondomar	Veterano M40	01:57:51	+59:24	09:04
152	1206	Joaquim oliveira	juventude desportiva de gondomar	Veterano M40	01:57:52	+59:24	09:04
153	1224	Sara Sousa	olímpico vianense trail	Senior Feminino	01:57:55	+59:28	09:04
154	1225	Oscar Sousa	olímpico vianense trail	Senior Masculino	01:57:56	+59:29	09:04
155	1281	Patrícia Castro	trogloditas runners	Senior Feminino	01:58:05	+59:37	09:05
156	1037	Carlos Esteves	caav/trail	Veterano M60	01:58:12	+59:45	09:06
157	763	Paulo Rocha	porto sentido runners	Veterano M40	01:58:27	+01:00:00	09:07
158	1215	Lurdes Pereira	lurdes pereira	Veterana F40	01:58:32	+01:00:05	09:07
159	1261	Rosário Guerra	são team	Veterana F50	01:59:31	+01:01:04	09:12
160	1243	Tiago Alves Moacho	run forrest run	Senior Masculino	01:59:58	+01:01:30	09:14
161	1241	Keila Mendes	run forrest run	Senior Feminino	01:59:58	+01:01:30	09:14
162	1017	Cristina Moreira	amigos	Veterana F40	02:02:17	+01:03:49	09:24
163	1073	FERNANDO CUNHA	hsantamariart	Veterano M50	02:02:56	+01:04:29	09:27
164	1004	Filipa Oliveira	akuafit	Senior Feminino	02:03:06	+01:04:39	09:28
165	1010	José Silvia	akuafit	Veterano M40	02:03:06	+01:04:39	09:28
166	1263	Ana Mónica Bandeira	são team	Sub 23 Feminino	02:03:18	+01:04:51	09:29
167	1264	Miguel Bandeira	são team	Veterano M40	02:03:18	+01:04:51	09:29
168	1054	Sãozita Rosa	em´força	Senior Feminino	02:03:34	+01:05:07	09:30
169	1055	Henrique Moreira	em´força	Senior Masculino	02:03:35	+01:05:07	09:30
170	1116	Ricardo alexandre Sousa	individual	Senior Masculino	02:04:17	+01:05:50	09:34
171	1114	Pedro ferreira	individual	Senior Masculino	02:04:17	+01:05:50	09:34

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	1169	Daniel Ferreira Nogueira	individual	Veterano M40	02:05:02	+01:06:35	09:37
173	1173	Eduardo Jorge Martins Monteiro Bastos	individual	Veterano M40	02:05:02	+01:06:35	09:37
174	1155	Maria Clara Baiao Alvarinhas Ferreira	individual	Veterana F50	02:08:33	+01:10:06	09:53
175	1154	Maria Alberta Dantas Ferreira Quadrado Centeno	individual	Veterana F50	02:08:39	+01:10:12	09:54
176	1203	Marcia Almeida Rola	juventude cortegacense	Veterana F40	02:08:59	+01:10:32	09:55
177	1191	Lino Gonçalves de Sousa	individual	Veterano M50	02:11:43	+01:13:15	10:08
178	1139	Livia Sousa	individual	Veterana F40	02:11:45	+01:13:17	10:08
179	1181	sergio ribeiro da silva	individual	Veterano M40	02:11:45	+01:13:18	10:08
180	1039	Sammy Filipe	cerveira team running	Senior Feminino	02:12:40	+01:14:13	10:12
181	1041	Fátima Fernandes	cerveira team running	Veterana F40	02:12:41	+01:14:14	10:12
182	1084	Marlene Afonso	individual	Senior Feminino	02:14:00	+01:15:33	10:18
183	1076	Cláudia Novais	individual	Senior Feminino	02:14:45	+01:16:17	10:22
184	1265	Mohammed Moudnib	são team	Veterano M40	02:15:49	+01:17:22	10:27
185	1252	Benedita Pinto	são team	Sub 23 Feminino	02:15:49	+01:17:22	10:27
186	1259	Conceição Pinto	são team	Veterana F50	02:15:50	+01:17:22	10:27
187	1272	Cláudia Dias	siscog - sistemas cognitivos	Senior Feminino	02:16:39	+01:18:12	10:31
188	1075	Carla Azevedo	individual	Senior Feminino	02:16:48	+01:18:21	10:31
189	1175	José Pereira	individual	Veterano M40	02:16:49	+01:18:22	10:32
190	759	Cláudio Cerqueira	porto sentido runners	Veterano M40	02:17:13	+01:18:46	10:33
191	1137	Francisca Sousa	individual	Veterana F40	02:18:41	+01:20:13	10:40
192	1057	Cristina Costa	fama runners	Veterana F40	02:19:36	+01:21:09	10:44
193	1005	Rosa Santos	akuafit	Senior Feminino	02:19:56	+01:21:28	10:46
194	1058	Cristina Silva	fama runners	Veterana F40	02:20:21	+01:21:54	10:48
195	1059	Graça Pinheiro	fama runners	Veterana F50	02:20:22	+01:21:55	10:48
196	1199	João Alberto Antunes Gonçalves	individual	Veterano M60	02:22:05	+01:23:37	10:56
197	1162	Etelvina Maria de Azevedo Gonçalves	individual	Veterana F60	02:22:05	+01:23:37	10:56
198	1025	Alcina Moura	arcorun	Veterana F60	02:22:15	+01:23:48	10:57
199	1146	PaulaReis	individual	Veterana F40	02:22:35	+01:24:08	10:58
200	1133	Cláudia Silva	individual	Veterana F40	02:23:37	+01:25:10	11:03
201	1120	rodolfo	individual	Senior Masculino	02:23:45	+01:25:18	11:03
202	1164	Acacio Santos	individual	Veterano M40	02:23:46	+01:25:18	11:04
203	1078	Daniela	individual	Senior Feminino	02:23:47	+01:25:20	11:04
204	1153	Filomena Trindade	individual	Veterana F50	02:23:48	+01:25:21	11:04
205	1151	Ana Castro Gonçalves	individual	Veterana F50	02:23:52	+01:25:24	11:04
206	1007	Elsa Ferreira	akuafit	Veterana F40	02:24:20	+01:25:53	11:06
207	1003	Filipa Martins	akuafit	Senior Feminino	02:24:21	+01:25:53	11:06
208	1088	Sara Vigario	individual	Senior Feminino	02:24:53	+01:26:26	11:09
209	1269	José Guilherme Alecrim	são team	Veterano M50	02:29:10	+01:30:42	11:28
210	1174	Joaquim Jorge Barros Guerreiro	individual	Veterano M40	02:39:18	+01:40:51	12:15
211	1148	Rosana Sofia Lages Barbosa de Araújo	individual	Veterana F40	02:39:18	+01:40:51	12:15
212	1234	Isabel Maria Vieira Moreia	porto sentido runners	Veterana F40	02:41:50	+01:43:23	12:27

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
213	1233	Isabel Ferraz	porto sentido runners	Veterana F40	02:41:50	+01:43:23	12:27
214	1254	Cristina Galego	são team	Veterana F40	03:00:33	+02:02:06	13:53
215	1260	Paula Lemos	são team	Veterana F50	03:00:33	+02:02:06	13:53
216	1132	Carla Maria Brotas Góis	individual	Veterana F40	03:01:57	+02:03:29	14:00
217	1255	Luisa Valente	são team	Veterana F40	03:08:01	+02:09:34	14:28
218	1067	Abília Rosa Simões Lopes	fernanda maciel - material ortopédico e hospitalar	Veterana F50	03:13:30	+02:15:03	14:53
219	1066	Rosa Fernanda Maciel Campos	fernanda maciel - material ortopédico e hospitalar	Veterana F40	03:14:36	+02:16:09	14:58
220	1156	Maria Delfina Alves de Oliveira,	individual	Veterana F50	03:14:37	+02:16:09	14:58
221	1271	Luis Lencastre	são team	Veterano M50	03:16:52	+02:18:24	15:09
222	1161	Aurora Cândida dos Santos Alves Graça da Silva	individual	Veterana F60	03:19:37	+02:21:09	15:21
223	69	Joaquim Manuel Alves	individual	Veterano M50	03:19:39	+02:21:11	15:21

Sistelo Extreme Marathon
Arcos e Valdevez
07-October-2018

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:15	-99ºC	-99%
End	13:33	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1077	Cristiana Raquel de Sousa Ferreira	Individual	Senior Feminino	01:14:08	+15:41	05:42
2	1081	Emanuela Perez	Individual	Senior Feminino	01:20:56	+22:28	06:14
3	1086	Rosa Pereira	Individual	Senior Feminino	01:29:03	+30:36	06:51
4	1217	Manu Pinto	Manu's Therapy	Senior Feminino	01:33:32	+35:04	07:12
5	1219	Carla Silva	MC Runners	Senior Feminino	01:34:33	+36:06	07:16
6	1071	SUSANA PINTO	HSantaMariaRT	Senior Feminino	01:34:53	+36:26	07:18
7	1209	MARGARIDA SOUSA	KeMedo Team	Senior Feminino	01:39:11	+40:44	07:38
8	1279	Sandra sobreira otero	Triatlon porriño	Senior Feminino	01:40:51	+42:23	07:45
9	1089	Sílvia Palhares	Individual	Senior Feminino	01:41:30	+43:03	07:49
10	1083	Joana Pereira	Individual	Senior Feminino	01:41:30	+43:03	07:49
11	1046	Renata Almeida	DiVE | Into The Mountains	Senior Feminino	01:43:59	+45:32	08:00
12	1210	Sandra Martins	KeMedo Team	Senior Feminino	01:44:48	+46:20	08:04
13	1080	Élia Francisco	Individual	Senior Feminino	01:46:54	+48:27	08:13
14	1069	DANIELA MACHADO	HSantaMariaRT	Senior Feminino	01:47:28	+49:01	08:16
15	1213	Catarina reis	Lobos do monte btt	Senior Feminino	01:52:14	+53:47	08:38
16	1090	SÍLVIA SILVA	Individual	Senior Feminino	01:52:57	+54:30	08:41
17	1229	Ana Beatriz Brandão Loureiro	Pernetas	Senior Feminino	01:56:01	+57:34	08:56
18	1070	PAULA GONÇALVES	HSantaMariaRT	Senior Feminino	01:56:08	+57:40	08:56
19	1224	Sara Sousa	OLÍMPICO VIANENSE TRAIL	Senior Feminino	01:57:55	+59:28	09:04
20	1281	Patrícia Castro	Trogloditas runners	Senior Feminino	01:58:05	+59:37	09:05
21	1241	Keila Mendes	RUN FORREST RUN	Senior Feminino	01:59:58	+01:01:30	09:14
22	1004	Filipa Oliveira	Akuafit	Senior Feminino	02:03:06	+01:04:39	09:28
23	1054	Sãozita Rosa	EM´FORÇA	Senior Feminino	02:03:34	+01:05:07	09:30
24	1039	Sammy Filipe	Cerveira Team Running	Senior Feminino	02:12:40	+01:14:13	10:12
25	1084	Marlene Afonso	Individual	Senior Feminino	02:14:00	+01:15:33	10:18
26	1076	Cláudia Novais	Individual	Senior Feminino	02:14:45	+01:16:17	10:22
27	1272	Cláudia Dias	SISCOG - Sistemas Cognitivos	Senior Feminino	02:16:39	+01:18:12	10:31
28	1075	Carla Azevedo	Individual	Senior Feminino	02:16:48	+01:18:21	10:31
29	1005	Rosa Santos	Akuafit	Senior Feminino	02:19:56	+01:21:28	10:46
30	1078	Daniela	Individual	Senior Feminino	02:23:47	+01:25:20	11:04
31	1003	Filipa Martins	Akuafit	Senior Feminino	02:24:21	+01:25:53	11:06
32	1088	Sara Vigario	Individual	Senior Feminino	02:24:53	+01:26:26	11:09

Senior Masculino

1	803	ruben veloso	Caav trail	Senior Masculino	58:27		04:30
2	1091	Adriano Rafael Caldas Morais	Individual	Senior Masculino	01:02:11	+03:44	04:47
3	1006	Ricardo Sá	Akuafit	Senior Masculino	01:02:47	+04:20	04:50
4	1012	Marcelo Costa	AMC TRAIL	Senior Masculino	01:05:08	+06:41	05:01

13K 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	1034	Paulo Moreira	C.C.Recreativo de São Martinho	Senior Masculino	01:07:23	+08:56	05:11
6	1105	Hilário Lopes	Individual	Senior Masculino	01:08:44	+10:17	05:17
7	1011	Bruno Barbosa	AMC TRAIL	Senior Masculino	01:09:43	+11:15	05:22
8	1291	Nuno Manuel Fernandes Freitas	Individual	Senior Masculino	01:12:44	+14:16	05:36
9	1218	Jhou Ribeiro	Manu's Therapy	Senior Masculino	01:18:56	+20:28	06:04
10	1111	Nuno Almeida	Gaia Running	Senior Masculino	01:19:16	+20:48	06:06
11	1110	Miguel Cruz	Individual	Senior Masculino	01:19:19	+20:51	06:06
12	1100	Carlos Taveira	Individual	Senior Masculino	01:20:24	+21:56	06:11
13	1104	Hernâni Oliveira	Individual	Senior Masculino	01:20:38	+22:11	06:12
14	1092	Alexandre Sá	Individual	Senior Masculino	01:21:13	+22:46	06:15
15	1094	Artur Gil	Individual	Senior Masculino	01:21:16	+22:49	06:15
16	1106	Jorge pinheiro	Individual	Senior Masculino	01:23:42	+25:14	06:26
17	1035	Pedro Vieira	C.C.Recreativo de São Martinho	Senior Masculino	01:23:52	+25:25	06:27
18	1102	FILIPE CARREIRA	Individual	Senior Masculino	01:23:59	+25:32	06:28
19	1064	Sérgio Leal	Farroncos Papa KM	Senior Masculino	01:27:20	+28:53	06:43
20	1101	Duarte dias	Individual	Senior Masculino	01:28:35	+30:08	06:49
21	1062	João Matos	Farroncos Papa KM	Senior Masculino	01:28:51	+30:24	06:50
22	1072	DAVID TEIXEIRA	HSantaMariaRT	Senior Masculino	01:30:10	+31:43	06:56
23	1119	Ricardo Novais	Individual	Senior Masculino	01:30:19	+31:52	06:57
24	1123	Sergio araujo	Individual	Senior Masculino	01:32:39	+34:11	07:08
25	1108	Marco André Pereira Vieira	Individual	Senior Masculino	01:34:59	+36:31	07:18
26	1242	Luís Mateus	RUN FORREST RUN	Senior Masculino	01:35:26	+36:59	07:21
27	1095	Avelino Miguel da Silva Viana	Individual	Senior Masculino	01:35:27	+37:00	07:21
28	1223	Ricardo Cunha	MINHO AVENTURA	Senior Masculino	01:36:24	+37:57	07:25
29	1293	Miguel Martins	CAAV/TRAIL	Senior Masculino	01:37:22	+38:55	07:29
30	1097	Bruno Rodrigues	Individual	Senior Masculino	01:37:23	+38:56	07:30
31	1103	Freddy Ramos	Individual	Senior Masculino	01:39:13	+40:46	07:38
32	1124	Tiago David Soares da Cruz Loureiro	Individual	Senior Masculino	01:40:40	+42:12	07:45
33	1118	Ricardo Filipe Pinho Lopes	Individual	Senior Masculino	01:40:56	+42:29	07:46
34	1113	Pedro Ferreira	Individual	Senior Masculino	01:41:16	+42:49	07:47
35	1047	Marcos Ferreira	DiVE | Into The Mountains	Senior Masculino	01:41:24	+42:56	07:48
36	1122	Saul Alves Graça da Silva	Individual	Senior Masculino	01:43:21	+44:54	07:57
37	1112	Pedro Costa	Individual	Senior Masculino	01:44:05	+45:38	08:00
38	1117	RICARDO ANTÓNIO RODRIGUES VILELA	Individual	Senior Masculino	01:44:11	+45:43	08:01
39	1099	Carlos Dias	Individual	Senior Masculino	01:44:35	+46:07	08:03
40	1121	Rui Rodrigues Pogeira Dias	Individual	Senior Masculino	01:46:16	+47:48	08:10
41	1013	Miguel Novo	AMC TRAIL	Senior Masculino	01:48:28	+50:00	08:21
42	1098	bruno silva	Individual	Senior Masculino	01:48:52	+50:24	08:22
43	1063	Luís Cardoso	Farroncos Papa KM	Senior Masculino	01:50:13	+51:45	08:29
44	1061	Gil Vieira	Farroncos Papa KM	Senior Masculino	01:50:18	+51:50	08:29
45	1274	João Ferreira	SISCOG - Sistemas Cognitivos	Senior Masculino	01:54:51	+56:24	08:50
46	1283	douglas nascimento	Viana Running	Senior Masculino	01:55:19	+56:52	08:52
47	1278	Ludovic Santos	The Lords of the Races	Senior Masculino	01:57:07	+58:39	09:01
48	1225	Oscar Sousa	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:57:56	+59:29	09:04
49	1243	Tiago Alves Moacho	RUN FORREST RUN	Senior Masculino	01:59:58	+01:01:30	09:14
50	1055	Henrique Moreira	EM´FORÇA	Senior Masculino	02:03:35	+01:05:07	09:30

13K 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

51	1116	Ricardo alexandre Sousa	Individual	Senior Masculino	02:04:17	+01:05:50	09:34
52	1114	Pedro ferreira	Individual	Senior Masculino	02:04:17	+01:05:50	09:34
53	1120	rodolfo	Individual	Senior Masculino	02:23:45	+01:25:18	11:03

Sub 23 Feminino

1	1263	Ana Mónica Bandeira	São Team	Sub 23 Feminino	02:03:18	+01:04:51	09:29
2	1252	Benedita Pinto	São Team	Sub 23 Feminino	02:15:49	+01:17:22	10:27

Sub 23 Masculino

1	1126	Sergio Oliveira	Individual	Sub 23 Masculino	01:35:11	+36:44	07:19
2	1065	João Vieira	Farroncos Papa KM	Sub 23 Masculino	01:50:11	+51:43	08:29

Veterana F40

1	1131	Carla Almeida Sereno	Individual	Veterana F40	01:24:17	+25:49	06:29
2	1211	Laura Adelaide Pinto Mendes	KeMedo Team	Veterana F40	01:30:29	+32:02	06:58
3	1226	Eva Santos	OLÍMPICO VIANENSE TRAIL	Veterana F40	01:32:13	+33:45	07:06
4	1282	Ângela Fornelos	Trogloditas runners	Veterana F40	01:32:53	+34:26	07:09
5	1220	Arminda Monteiro	MC Runners	Veterana F40	01:34:37	+36:09	07:17
6	1284	Carmo Veiga	Viana Running	Veterana F40	01:35:59	+37:32	07:23
7	757	Marina Pereira da Silva	PORTO SENTIDO RUNNERS	Veterana F40	01:37:11	+38:44	07:29
8	1029	Alzira Alves	Bits&Bikes/Trail Running	Veterana F40	01:39:00	+40:32	07:37
9	1018	Patricia Fernandes	Amigos	Veterana F40	01:39:30	+41:03	07:39
10	1019	Paula Madeira	Amigos	Veterana F40	01:40:20	+41:52	07:43
11	1244	SANDRA ALVES	RUN FORREST RUN	Veterana F40	01:40:38	+42:10	07:44
12	1031	Ana Luísa Ribeiro Pontes Oliveira	Bora Lá	Veterana F40	01:41:23	+42:56	07:48
13	1204	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F40	01:43:49	+45:22	07:59
14	1130	ANGELA PINTO	Individual	Veterana F40	01:49:45	+51:18	08:27
15	1256	Natália	São Team	Veterana F40	01:50:31	+52:04	08:30
16	1253	Claudia Stottomayor	São Team	Veterana F40	01:50:48	+52:21	08:31
17	1214	Alzira armada	Lobos do monte btt	Veterana F40	01:52:14	+53:47	08:38
18	1140	Lúcia Marinho	Individual	Veterana F40	01:52:38	+54:11	08:40
19	1245	Carla Oliveira	Runners 5	Veterana F40	01:54:27	+56:00	08:48
20	1251	Patricia Gonçalves Pires Monteiro Santos	Salamandrecos	Veterana F40	01:54:52	+56:25	08:50
21	1138	Laura Moura	Individual	Veterana F40	01:55:16	+56:49	08:52
22	1136	Elsa Maria Martins Soares	Individual	Veterana F40	01:55:20	+56:53	08:52
23	1235	Teresa Maria Lourenço	PORTO SENTIDO RUNNERS	Veterana F40	01:57:12	+58:45	09:01
24	1215	Lurdes Pereira	Lurdes Pereira	Veterana F40	01:58:32	+01:00:05	09:07
25	1017	Cristina Moreira	Amigos	Veterana F40	02:02:17	+01:03:49	09:24
26	1203	Marcia Almeida Rola	Juventude Cortegacense	Veterana F40	02:08:59	+01:10:32	09:55
27	1139	Livia Sousa	Individual	Veterana F40	02:11:45	+01:13:17	10:08
28	1041	Fátima Fernandes	Cerveira Team Running	Veterana F40	02:12:41	+01:14:14	10:12

29	1137	Francisca Sousa	Individual	Veterana F40	02:18:41	+01:20:13	10:40
30	1057	Cristina Costa	FAMA RUNNERS	Veterana F40	02:19:36	+01:21:09	10:44
31	1058	Cristina Silva	FAMA RUNNERS	Veterana F40	02:20:21	+01:21:54	10:48
32	1146	PaulaReis	Individual	Veterana F40	02:22:35	+01:24:08	10:58
33	1133	Cláudia Silva	Individual	Veterana F40	02:23:37	+01:25:10	11:03
34	1007	Elsa Ferreira	Akuafit	Veterana F40	02:24:20	+01:25:53	11:06
35	1148	Rosana Sofia Lages Barbosa de Araújo	Individual	Veterana F40	02:39:18	+01:40:51	12:15
36	1234	Isabel Maria Vieira Moreia	PORTO SENTIDO RUNNERS	Veterana F40	02:41:50	+01:43:23	12:27
37	1233	Isabel Ferraz	PORTO SENTIDO RUNNERS	Veterana F40	02:41:50	+01:43:23	12:27
38	1254	Cristina Galego	São Team	Veterana F40	03:00:33	+02:02:06	13:53
39	1132	Carla Maria Brotas Góis	Individual	Veterana F40	03:01:57	+02:03:29	14:00
40	1255	Luisa Valente	São Team	Veterana F40	03:08:01	+02:09:34	14:28
41	1066	Rosa Fernanda Maciel Campos	Fernanda Maciel - Material Ortopédico e Hospitalar	Veterana F40	03:14:36	+02:16:09	14:58

Veterana F50

1	1202	margarida machado	Juventude Cortegacense	Veterana F50	01:41:39	+43:11	07:49
2	1258	Albertina Silva	São Team	Veterana F50	01:44:44	+46:17	08:03
3	1159	SONIA MAURA DO CARMO TAVARES	Individual	Veterana F50	01:47:45	+49:18	08:17
4	1290	Maria Fernanda Maia Rodrigues Dias	Ecobarcaventura	Veterana F50	01:48:17	+49:50	08:20
5	1295	Teresa Neiva	Individual	Veterana F50	01:51:12	+52:45	08:33
6	1236	Lurdes Conceição	PORTO SENTIDO RUNNERS	Veterana F50	01:56:07	+57:39	08:56
7	1261	Rosário Guerra	São Team	Veterana F50	01:59:31	+01:01:04	09:12
8	1155	Maria Clara Baiao Alvarinhas Ferreira	Individual	Veterana F50	02:08:33	+01:10:06	09:53
9	1154	Maria Alberta Dantas Ferreira Quadrado Centeno	Individual	Veterana F50	02:08:39	+01:10:12	09:54
10	1259	Conceição Pinto	São Team	Veterana F50	02:15:50	+01:17:22	10:27
11	1059	Graça Pinheiro	FAMA RUNNERS	Veterana F50	02:20:22	+01:21:55	10:48
12	1153	Filomena Trindade	Individual	Veterana F50	02:23:48	+01:25:21	11:04
13	1151	Ana Castro Gonçalves	Individual	Veterana F50	02:23:52	+01:25:24	11:04
14	1260	Paula Lemos	São Team	Veterana F50	03:00:33	+02:02:06	13:53
15	1067	Abília Rosa Simões Lopes	Fernanda Maciel - Material Ortopédico e Hospitalar	Veterana F50	03:13:30	+02:15:03	14:53
16	1156	Maria Delfina Alves de Oliveira,	Individual	Veterana F50	03:14:37	+02:16:09	14:58

Veterana F60

1	1162	Etelvina Maria de Azevedo Gonçalves	Individual	Veterana F60	02:22:05	+01:23:37	10:56
2	1025	Alcina Moura	ARCORUN	Veterana F60	02:22:15	+01:23:48	10:57
3	1161	Aurora Cândida dos Santos Alves Graça da Silva	Individual	Veterana F60	03:19:37	+02:21:09	15:21

Veterano M40

1	1292	José Florêncio Silva	Individual	Veterano M40	01:12:44	+14:16	05:36

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	1015	cesar goncalves	AMC TRAIL	Veterano M40	01:13:12	+14:45	05:38
3	1289	Domingos Manuel Marques Dias	Ecobarcaventura	Veterano M40	01:14:07	+15:40	05:42
4	1183	VILSON COSME OLIVEIRA DA ROCHA	Individual	Veterano M40	01:19:03	+20:36	06:05
5	1168	Antonio Vilaça	Individual	Veterano M40	01:20:09	+21:42	06:10
6	1266	Victor Rodrigues	São Team	Veterano M40	01:22:32	+24:04	06:21
7	1167	António Pedro Sereno	Individual	Veterano M40	01:24:17	+25:50	06:29
8	1053	Paulo Vilaverde	EDV-VIANATRAIL	Veterano M40	01:25:15	+26:48	06:34
9	1178	Paulo Monteiro	Individual	Veterano M40	01:25:18	+26:51	06:34
10	1016	Paulo Bastos	AMC TRAIL	Veterano M40	01:26:17	+27:50	06:38
11	1044	Filipe Afonso	Clube de Montanhismo da Guarda	Veterano M40	01:28:54	+30:26	06:50
12	1009	Bragaole Hugo	Akuafit	Veterano M40	01:30:45	+32:17	06:59
13	1172	David Barreira	Individual	Veterano M40	01:32:36	+34:09	07:07
14	534	Carlos Ferreira	Autistic Runners	Veterano M40	01:33:44	+35:16	07:13
15	1050	Pedro Soares	DiVE | Into The Mountains	Veterano M40	01:33:47	+35:20	07:13
16	1222	Vitor Costa	MC Runners	Veterano M40	01:34:38	+36:11	07:17
17	1221	Manuel Souto	MC Runners	Veterano M40	01:34:39	+36:12	07:17
18	1177	Nuno Cabral	Individual	Veterano M40	01:35:55	+37:28	07:23
19	1171	Danny Matos	Individual	Veterano M40	01:37:22	+38:55	07:29
20	1227	Joaquim Sérgio Oliveira Guerra	Os Falta D'Ar	Veterano M40	01:37:25	+38:57	07:30
21	1028	Carlos Pereira	BioTeam	Veterano M40	01:38:52	+40:25	07:36
22	1280	Victor mouriño fortes	Triatlon porriño	Veterano M40	01:40:53	+42:25	07:46
23	1032	Humberto Cordeiro Correia Carvalho	Bora Lá	Veterano M40	01:41:23	+42:56	07:48
24	1287	PEDRO MIGUEL SANTOS MATOS	Yazaki Runners	Veterano M40	01:44:31	+46:03	08:02
25	1165	ALFREDO LOPEZ MORAL	Individual	Veterano M40	01:46:17	+47:50	08:11
26	1036	Filipe Brito	CAAV/TRAIL	Veterano M40	01:46:47	+48:19	08:13
27	1179	Rui Matos	Individual	Veterano M40	01:52:39	+54:11	08:40
28	1182	Tomas carvalho	Individual	Veterano M40	01:52:57	+54:30	08:41
29	1246	Jorge Araújo	Runners 5	Veterano M40	01:54:28	+56:01	08:48
30	1049	Nuno Soares	DiVE | Into The Mountains	Veterano M40	01:55:21	+56:54	08:52
31	1166	António Espírito Santo Rodrigues Matos	Individual	Veterano M40	01:56:10	+57:42	08:56
32	1237	Rui Silva	PORTO SENTIDO RUNNERS	Veterano M40	01:57:01	+58:33	09:00
33	1207	Jorge Teixeira	Juventude desportiva de Gondomar	Veterano M40	01:57:51	+59:24	09:04
34	1208	José Carmo Teixeira	Juventude desportiva de Gondomar	Veterano M40	01:57:51	+59:24	09:04
35	1206	Joaquim oliveira	Juventude desportiva de Gondomar	Veterano M40	01:57:52	+59:24	09:04
36	763	Paulo Rocha	PORTO SENTIDO RUNNERS	Veterano M40	01:58:27	+01:00:00	09:07
37	1010	José Silvia	Akuafit	Veterano M40	02:03:06	+01:04:39	09:28
38	1264	Miguel Bandeira	São Team	Veterano M40	02:03:18	+01:04:51	09:29
39	1169	Daniel Ferreira Nogueira	Individual	Veterano M40	02:05:02	+01:06:35	09:37
40	1173	Eduardo Jorge Martins Monteiro Bastos	Individual	Veterano M40	02:05:02	+01:06:35	09:37
41	1181	sergio ribeiro da silva	Individual	Veterano M40	02:11:45	+01:13:18	10:08
42	1265	Mohammed Moudnib	São Team	Veterano M40	02:15:49	+01:17:22	10:27
43	1175	José Pereira	Individual	Veterano M40	02:16:49	+01:18:22	10:32
44	759	Cláudio Cerqueira	PORTO SENTIDO RUNNERS	Veterano M40	02:17:13	+01:18:46	10:33
45	1164	Acacio Santos	Individual	Veterano M40	02:23:46	+01:25:18	11:04

46	1174	Joaquim Jorge Barros Guerreiro	Individual	Veterano M40	02:39:18	+01:40:51	12:15

Veterano M50

1	1030	Arlindo Ferreira	Bits&Bikes/Trail Running	Veterano M50	01:09:14	+10:46	05:20
2	1192	Nelson Ramos	Individual	Veterano M50	01:14:40	+16:13	05:45
3	1187	Diamantino Martins Ribeiro	Individual	Veterano M50	01:19:53	+21:26	06:09
4	1193	Paulo AGC Ribeiro	Individual	Veterano M50	01:20:09	+21:42	06:10
5	1195	Paulo Dias	Individual	Veterano M50	01:21:15	+22:48	06:15
6	1190	Indalecio Lorenzo Moreira	Individual	Veterano M50	01:28:12	+29:45	06:47
7	1216	MANUEL PINTO	MA	Veterano M50	01:28:44	+30:17	06:50
8	1238	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	01:29:15	+30:48	06:52
9	1239	Fernando Ferraz	PORTO SENTIDO RUNNERS	Veterano M50	01:41:46	+43:19	07:50
10	1267	Fernando Jorge Oliveira	São Team	Veterano M50	01:42:04	+43:37	07:51
11	1197	T Barbosa	Individual	Veterano M50	01:44:05	+45:37	08:00
12	1189	Edgar	Individual	Veterano M50	01:44:38	+46:11	08:03
13	1270	Luis Espirito Santo	São Team	Veterano M50	01:45:35	+47:08	08:07
14	1285	Jose Venda Lira	Viana Running	Veterano M50	01:55:20	+56:53	08:52
15	1194	Paulo Barbosa	Individual	Veterano M50	01:55:20	+56:53	08:52
16	1268	José Eduardo Fernandes	São Team	Veterano M50	01:55:58	+57:31	08:55
17	1186	Augusto Lopes	Individual	Veterano M50	01:56:01	+57:33	08:55
18	1027	Antonio Magalhães	Autistic Runners	Veterano M50	01:56:34	+58:06	08:58
19	1073	FERNANDO CUNHA	HSantaMariaRT	Veterano M50	02:02:56	+01:04:29	09:27
20	1191	Lino Gonçalves de Sousa	Individual	Veterano M50	02:11:43	+01:13:15	10:08
21	1269	José Guilherme Alecrim	São Team	Veterano M50	02:29:10	+01:30:42	11:28
22	1271	Luis Lencastre	São Team	Veterano M50	03:16:52	+02:18:24	15:09
23	69	Joaquim Manuel Alves	Individual	Veterano M50	03:19:39	+02:21:11	15:21

Veterano M60

1	1198	Fernando Gomes de Sousa	Individual	Veterano M60	01:21:42	+23:15	06:17
2	1228	Lino Moreira	Os TurboMula	Veterano M60	01:27:59	+29:31	06:46
3	1033	Álvaro José Pontes Oliveira	Bora Lá	Veterano M60	01:31:55	+33:27	07:04
4	1037	Carlos Esteves	CAAV/TRAIL	Veterano M60	01:58:12	+59:45	09:06
5	1199	João Alberto Antunes Gonçalves	Individual	Veterano M60	02:22:05	+01:23:37	10:56