

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
1	198	Antonio Almeida	Vitoria Futebol Clube Trail Running	M	35	01:52:46.04
2	95	João Ferreira	Mf Grupo	M	25	01:55:03.85
3	57	Filipe Costa	Clube Desportivo De Espite	M	35	01:55:40.27
4	173	Miguel Ribeiro	Zona Alta Trail	M	40	02:00:41.31
5	31	Jose Rosario	Porto De Mós A Correr	M	45	02:00:42.07
6	125	Pedro Venâncio	Clube Desportivo Em Movimento	M	28	02:03:18.71
7	213	Ricardo Mordomo	Clube Desportivo De Espite	M	32	02:04:18.10
8	148	Ricardo Ferreira	Trilhos Dos Templários / Xporfit	M	38	02:04:20.76
9	33	Eduardo Fonseca	Individual	M	32	02:04:47.79
10	96	Micael Costa	Clube Desportivo De Espite	M	28	02:06:31.04
11	124	Luís Rufino	Clube Desportivo Em Movimento	M	37	02:06:44.92
12	202	Fernando Gomes	C. A. Ferreira Do Zêzere	M	36	02:06:57.83
13	162	André Rosário	Zona Alta Trail	M	30	02:07:51.26
14	190	Dinis Santos	Clube Desportivo De Espite	M	33	02:09:25.86
15	30	Luiz Mota	C. B. Abrantes	M	49	02:09:38.84
16	51	Diogo Pimenta	Dci / Trilhos Luso Bussaco	M	29	02:12:55.45
17	62	Carlos Manuel Dias Simões	Ama(Dores) Trail Team/Acru	M	36	02:13:32.90
18	179	Marcolino Verissimo	Amcf - Arrábida Trail Team	M	47	02:13:34.30
19	205	Miguel Lopes	C. A. Ferreira Do Zêzere	M	27	02:14:06.46
20	201	André Luís	C. A. Ferreira Do Zêzere	M	24	02:14:08.73
21	26	David Ventura Gonçalves	Individual	M	36	02:14:42.80
22	69	Bruno Marcelino	Bsm68	M	37	02:15:06.61
23	111	Bernardo Emidio	Trilho Perdido Eventos / Imporlux	M	28	02:15:28.65
24	220	Henrique Dias	Caracol Trail Team	M	22	02:15:38.57
25	181	Luís Semedo	Acportalegre / Utsm	M	31	02:16:50.55
26	159	João Tomás	A. C. S. Mamede	M	28	02:18:15.66
27	214	Pedro Marques	Coa - Corvus Trail Team	M	38	02:18:20.95
28	91	João Borda D' Água	Fitnis - Suplementos Alimentares	M	34	02:18:45.65
29	163	Tiago Morais	C. D. R. Águias Unidas	M	32	02:19:00.66
30	116	Núrio Ramos	Trilho Perdido Eventos / Imporlux	M	28	02:19:08.20
31	146	David Pereira	Ama(Dores) Trail Team/Acru	M	36	02:19:16.73
32	66	Adriano Simplicio	Individual	M	36	02:19:22.03
33	50	Arlindo Ribeiro	Arcd Venda Da Luísa	M	50	02:19:36.19
34	215	Belarmino Catroga	C. B. Abrantes	M	41	02:20:32.54
35	206	Carlos Ferreira	Caracol Trail Team	M	50	02:20:54.96
36	203	Marco Franco	C. A. Ferreira Do Zêzere	M	39	02:20:56.17
37	60	Paulo Roque	Individual	M	46	02:21:34.72
38	223	Nelson Lebre	Individual	M	41	02:21:39.19
39	211	David Lopes	Individual	M	49	02:21:51.69
40	37	António Simões	Rx Runners	M	43	02:22:02.56
41	176	João Alexandre	100 Travões Trail Team	M	30	02:22:05.50
42	154	Sergio Campos	Coa - Corvus Trail Team	M	32	02:22:20.70
43	67	José Mestre	C. A. Ferreira Do Zêzere	M	28	02:23:55.76
44	221	Gil Vicente	Caracol Trail Team	M	46	02:24:03.35

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
45	112	Pedro Pinheiro	Trilho Perdido Eventos / Imporlux	M	45	02:24:18.10
46	210	Ricardo Neves	Individual	M	33	02:24:46.81
47	150	Luís Alexandre	Trilhos Dos Templários / Xporfit	M	44	02:25:05.39
48	723	Paulo Silva	Trilho Perdido Eventos / Imporlux	M	32	02:25:52.25
49	174	Ricardo Fonseca	Vitoria Futebol Clube Trail Running	M	22	02:26:25.34
50	29	Jose Fonseca	Uniao Fci De Tomar	M	54	02:26:25.54
51	17	Jorge Vieira	Porto De Mós A Correr	M	36	02:26:41.57
52	135	Marcelo Alonso	Vespinga Saudável / Fet	M	49	02:26:56.80
53	134	Délio Nunes	Vespinga Saudável / Fet	M	47	02:26:57.15
54	108	Pedro Freitas	Caracol Trail Team	M	37	02:27:55.35
55	189	Guilherme Ferreira David	Gang Do Amendoim	M	58	02:28:39.96
56	81	Mário Fernandes	Individual	M	33	02:28:40.59
57	34	João Paulino	Rx Runners	M	34	02:29:00.30
58	126	Sérgio Silva	Clube Desportivo Em Movimento	M	27	02:30:02.86
59	13	Rui Machinho	Gd Santander Totta	M	43	02:31:01.67
60	120	José Vital	Clac Entroncamento/Ondatrilhos	M	55	02:31:07.41
61	177	Tiago David	Gang Do Amendoim	M	39	02:31:16.32
62	122	Luis Mota	Clac Entroncamento/Ondatrilhos	M	46	02:31:29.35
63	153	André Duarte	C. D. Águias De Alpiarça	M	39	02:31:48.10
64	151	Hugo Gabriel	Trilhos Dos Templários / Xporfit	M	43	02:31:51.72
65	43	Rodolfo Serra	Bué Da Serra	M	37	02:31:53.69
66	166	Rui Silva	Soutaria Team	M	42	02:32:27.37
67	99	Frederico Portugal	Correr Na Cidade	M	42	02:32:33.84
68	98	Michael Granadeiro	C. D. Águias De Alpiarça	M	32	02:32:46.07
69	168	Rui Martins	G. D. Pavia	M	34	02:32:58.90
70	78	Vanda Santos	Individual	F	37	02:33:11.49
71	152	Miguel Sousa	C.A.S.P.A	M	53	02:33:15.90
72	102	Artur Oliveira	Coa - Corvus Trail Team	M	37	02:33:20.37
73	80	Leonel Campos	Clac Entroncamento/Ondatrilhos	M	55	02:34:11.74
74	182	Artur Costa	Rx Runners	M	41	02:34:19.99
75	164	Fernndo Simao	Ca Barreira	M	60	02:34:39.83
76	142	César Gomes	Pace.Makers	M	48	02:34:40.20
77	113	Joao Vieira Dias	Trilho Perdido Eventos / Imporlux	M	34	02:34:41.02
78	195	Celso Nunes	Auto Reparadora Vale De Estacas	M	40	02:34:41.58
79	180	André Sismeiro	Clube Desportivo De Espite	M	28	02:34:47.24
80	127	Luis Morgado	Scalabis Night Runners	M	49	02:35:19.91
81	193	Joaquim Teieira	Caracol Trail Team	M	64	02:36:27.56
82	184	Andreia Correia	Vespinga Saudável / Fet	F	32	02:36:36.75
83	183	Fred Kalahari	Vespinga Saudável / Fet	M	47	02:36:38.29
84	115	David Sousa	Trilho Perdido Eventos / Imporlux	M	30	02:36:51.93
85	123	São Castanheira	Clac Entroncamento/Ondatrilhos	F	56	02:37:01.36
86	191	Pedro Anjos	Individual	M	42	02:38:00.90
87	212	Rogério Horta	Coa - Corvus Trail Team	M	46	02:38:22.98
88	18	Leonel Cordeiro	Porto De Mós A Correr	M	45	02:38:31.09

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
89	24	Paulo Martins	Ourém Vida Team	M	47	02:39:04.95
90	10	Gonçalo Almeida	Individual	M	27	02:39:10.23
91	106	Duarte Ribeiro	Sflur / Viver Almonda	M	32	02:39:11.08
92	20	João Soares	Gd Santander Totta	M	53	02:39:11.35
93	52	Vitor Pires	Individual	M	50	02:39:11.53
94	155	Andreia Parreiras	A. C. S. Mamede	F	34	02:39:30.68
95	19	Paula Pita	Porto De Mós A Correr	F	42	02:40:18.80
96	3	Samuel Margarido	Ocr Portugal Lab	M	32	02:40:57.22
97	85	Rodolfo Deyllot	Porto De Mós A Correr	M	52	02:41:35.63
98	64	Jose Figueiredo	Monsanto Running Team	M	59	02:41:45.62
99	45	Luís Sousa	Rx Runners	M	40	02:41:52.41
100	187	João Silva	João Paulo Félix Atleta	M	49	02:42:36.53
101	149	Tiago Gaspar	Trilhos Dos Templários / Xporfit	M	40	02:43:22.41
102	186	Dany Grilo	Grupo Alegre E Unido Bajouca	M	34	02:43:38.36
103	119	Nuno Moita	Individual	M	38	02:43:46.89
104	136	Ulisses Monteiro	Correr Na Cidade	M	40	02:44:11.16
105	100	Tiago Portugal	Correr Na Cidade	M	39	02:44:11.91
106	56	Nuno Nunes	C. A. Ferreira Do Zêzere	M	31	02:44:14.55
107	101	Rafael Coelho	Quenianos Do Ribatejo	M	29	02:45:09.76
108	172	Paulo Dias	Nel - Pédatleta	M	36	02:45:17.71
109	216	Edgar Gaspar	C. B. Abrantes	M	36	02:45:19.89
110	27	José Brito	C.A.S.P.A	M	50	02:45:56.28
111	6	Mario Caridade	Coa - Corvus Trail Team	M	38	02:46:27.20
112	84	Weslen Gomes	Associação 20 Kms De Almeirim	M	27	02:46:44.08
113	110	Miguel Henriques	Trilho Perdido Eventos / Imporlux	M	24	02:47:11.89
114	157	Filipa Casimiro	A. C. S. Mamede	F	36	02:47:22.29
115	156	Carlos Bárbara	A. C. S. Mamede	M	34	02:47:23.14
116	107	David Mendes	Sflur / Viver Almonda	M	43	02:47:30.81
117	87	José Mota	Os Matrecos	M	58	02:47:32.42
118	114	Vanda Matias	Trilho Perdido Eventos / Imporlux	F	49	02:47:44.97
119	15	João Frazão	Gd Santander Totta	M	39	02:48:32.60
120	12	Rita Mogo	Gd Santander Totta	F	34	02:48:33.29
121	63	Daniel Cavalheiro	Individual	M	43	02:48:33.55
122	71	Paulo Alves	Gd Santander Totta	M	41	02:48:33.85
123	117	Nelson Pereira	Clac Entroncamento/Ondatrilhos	M	47	02:48:37.21
124	90	Diogo Gomes	Individual	M	27	02:48:39.33
125	141	Carlos Santos	Uniao Fci De Tomar	M	53	02:49:16.44
126	79	João Manuel Cordeiro Mendes	Coa - Corvus Trail Team	M	50	02:49:18.26
127	36	Carlos Miguel	O Desgasta Montanhas	M	46	02:49:46.84
128	22	Sofia Nunes	Cork Trail Team	F	33	02:49:51.95
129	130	Ricardo Triães	Rx Runners	M	43	02:50:24.59
130	55	Vitor Pereira	Águeda Action Club - Actib	M	37	02:50:35.31
131	118	Pedro Dias	Clac Entroncamento/Ondatrilhos	M	36	02:50:38.74
132	121	Lina Marques	Clac Entroncamento/Ondatrilhos	F	43	02:50:40.38

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
133	158	Hugo Brasana	A. C. S. Mamede	M	37	02:50:47.87
134	38	João Alves	Individual	M	35	02:50:56.62
135	5	José Gil Andrade	Grupo Desportivo Ferreirense	M	34	02:52:00.83
136	28	Luís Andrade	Grupo Desportivo Ferreirense	M	31	02:52:01.29
137	104	Cláudio Costa	Clube Aventura Juvenil Da Raposa	M	36	02:52:51.99
138	9	Rui Perdigão	C.A.S.P.A	M	53	02:53:34.90
139	132	Octávio Lopes	Vespinga Saudável / Fet	M	44	02:53:41.31
140	68	António Paulo	Coa - Corvus Trail Team	M	38	02:54:39.30
141	109	Laura Paulos	Trilho Perdido Eventos / Imporlux	F	38	02:54:42.89
142	167	Luís Quinta-Nova	Penta Clube Da Covilhã	M	52	02:57:08.96
143	46	Rui Marçal	Pace.Makers	M	46	02:58:43.84
144	4	Nelson Aguiar	Sflur / Viver Almonda	M	44	02:59:19.04
145	217	Pedro Alfaiate	C. B. Abrantes	M	41	02:59:23.71
146	32	Jorge Nunes	Tomar Runners	M	43	03:00:14.97
147	137	Ricardo Apura	Quenianos Do Ribatejo	M	40	03:00:33.76
148	8	Carlos Mendes	Individual	M	45	03:00:58.91
149	35	Clélia Conceição	Os Matrecos	F	46	03:01:12.75
150	65	Sérgio Simões	Individual	M	33	03:01:35.75
151	775	Carolina Feliz	Uniao Fci De Tomar	F	60	03:03:24.67
152	73	Manuel Rosa Victorino	C. C. D - O Alvitejo	M	70	03:03:51.58
153	165	Jorge Rosa Rosa	Ourém Vida Team	M	41	03:04:09.66
154	97	Gonçalo Zeferino	Ourém Vida Team	M	38	03:04:09.93
155	192	João Lobato	Individual	M	39	03:04:23.57
156	222	Sofia Coelho	Núcleo De Montanha De Espinho	F	45	03:04:25.44
157	178	Pedro Rito	Individual	M	47	03:05:04.04
158	89	Pedro Costa Pereira	Hotel Tryp Colina Do Castelo	M	48	03:05:25.81
159	47	Sónia Marçal	Pace.Makers	F	45	03:05:37.65
160	138	Sonia Neto	Tomar Runners	F	39	03:05:42.52
161	82	Nuno Galvão	Simecq	M	56	03:07:22.91
162	83	Ricardo Nobre	Simecq	M	39	03:07:23.51
163	41	José Oliveira	C.A.S.P.A	M	53	03:08:55.50
164	194	Nuno Barata	Coa - Corvus Trail Team	M	46	03:09:12.72
165	139	David Clemente	Associação 20 Kms De Almeirim	M	37	03:10:54.28
166	170	Ana Margarida	C. C. D - O Alvitejo	F	52	03:10:54.31
167	160	Manuel Antunes	A. C. S. Mamede	M	44	03:11:14.80
168	185	Marco Neves	Clac Entroncamento/Ondatrilhos	M	38	03:13:16.59
169	140	José Aleixo	Uniao Fci De Tomar	M	66	03:13:20.56
170	93	Susana Pires	Coa - Corvus Trail Team	F	44	03:14:05.45
171	92	Antonio Jose Azevedo Pires	Coa - Corvus Trail Team	M	48	03:14:06.25
172	86	Nuno Coelho	M. C. Trail Running / Efapel	M	39	03:16:06.54
173	1	Rui Monteiro	Nel - Pédatleta	M	52	03:16:11.69
174	196	Susana Castro	Trail Runners Family	F	43	03:16:13.10
175	197	Fernando Marques	Trail Runners Family	M	41	03:16:18.06
176	171	António Palmeira	Veteranos Ribeirense	M	44	03:16:43.16

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
177	161	Luis Alberto	Individual	M	42	03:17:43.65
178	58	Carlos Ribeiro	Os Tolinhos	M	45	03:18:04.11
179	54	Emmanuel Domingos	Magnatas	M	35	03:19:22.93
180	208	António Santos	Sarapitolas	M	49	03:22:42.17
181	207	Daniel Martins	Sarapitolas	M	38	03:22:42.57
182	209	Ana Silva	Sarapitolas	F	35	03:22:42.66
183	40	Paula Falacho	Individual	F	43	03:23:04.73
184	74	Vitor Franco	Pace.Makers	M	58	03:23:06.05
185	605	Elsa Soares	Da-Lhe Gás Team	F	38	03:24:02.45
186	188	Pedro Ferreira	Tomar Runners	M	54	03:24:03.33
187	94	Nuno Molero	Individual	M	46	03:24:46.14
188	175	Carlos De Sousa	Individual	M	62	03:24:56.33
189	103	Vitor Marques	Quenianos Do Ribatejo	M	33	03:28:52.01
190	105	Carlos Almeida	Quenianos Do Ribatejo	M	38	03:28:52.96
191	21	João Silva	Coa - Corvus Trail Team	M	47	03:28:56.67
192	42	Jose Garcez	Évora Night Runners	M	44	03:40:03.31
193	199	Carla Jesus	Pace.Makers	F	38	03:41:00.62
194	143	Maria Antónia Saldanha	Team Spartans Sioux	F	44	03:41:08.78
195	147	André Reis	Team Spartans Sioux	M	42	03:41:09.73
196	61	Gina Oliveira	C. D. Águias De Alpiarça	F	53	03:41:19.35
197	14	Henrique Fernandes	Gd Santander Totta	M	37	03:41:54.62
198	144	António Botelho	Team Spartans Sioux	M	40	03:53:24.52
199	145	Jaime Lamego	Team Spartans Sioux	M	59	03:53:26.01
200	133	Helena Marques	Vespinga Saudável / Fet	F	41	04:04:55.21
201	59	Lina Mateus	Rbs Shoes	F	40	04:07:55.78
202	2	Filipe Melo	Individual	M	46	04:30:40.39
203	76	João Paulo Oliveira Nepomuceno	Da-Lhe Gás Team	M	45	04:30:45.02
DNF	553	João Costa	Coa - Corvus Trail Team	M	24	04:11:49.29
DNS	11	Luis Gomes	Gd Santander Totta	M	46	01:35:13.30
DNS	72	Faustino Matos	Individual	M	44	01:55:08.34



Classificação por Equipas

03-09-2019

25K - TNNT

20:26:51

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta
1	Clube Desportivo De Espite	20	3	10
Pos	Dorsal	Nome		
3	57	Filipe	Costa	
7	213	Ricardo	Mordomo	
10	96	Micael	Costa	
2	C. A. Ferreira Do Zêzere	51	3	20
Pos	Dorsal	Nome		
12	202	Fernando	Gomes	
19	205	Miguel	Lopes	
20	201	André	Luís	
3	Clube Desportivo Em Movimento	75	3	58
Pos	Dorsal	Nome		
6	125	Pedro	Venâncio	
11	124	Luís	Rufino	
58	126	Sérgio	Silva	
4	Trilho Perdido Eventos / Imporlux	98	3	45
Pos	Dorsal	Nome		
23	111	Bernardo	Emidio	
30	116	Núrio	Ramos	
45	112	Pedro	Pinheiro	
5	Caracol Trail Team	103	3	44
Pos	Dorsal	Nome		
24	220	Henrique	Dias	
35	206	Carlos	Ferreira	
44	221	Gil	Vicente	
6	Trilhos Dos Templários / Xporfit	119	3	64
Pos	Dorsal	Nome		
8	148	Ricardo	Ferreira	
47	150	Luís	Alexandre	
64	151	Hugo	Gabriel	
7	Coa - Corvus Trail Team	141	3	72
Pos	Dorsal	Nome		
27	214	Pedro	Marques	
42	154	Sergio	Campos	
72	102	Artur	Oliveira	

Pos	Equipa	Pontuação	QtyAtletas	Ult. Atleta															
8	Porto De Mós A Correr	144	3	88															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>5</td> <td>31</td> <td>Jose</td> <td>Rosario</td> </tr> <tr> <td>51</td> <td>17</td> <td>Jorge</td> <td>Vieira</td> </tr> <tr> <td>88</td> <td>18</td> <td>Leonel</td> <td>Cordeiro</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		5	31	Jose	Rosario	51	17	Jorge	Vieira	88	18	Leonel	Cordeiro		
Pos	Dorsal	Nome																	
5	31	Jose	Rosario																
51	17	Jorge	Vieira																
88	18	Leonel	Cordeiro																
9	C. B. Abrantes	158	3	109															
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Pos	Dorsal	Nome																	
15	30	Luiz	Mota																
34	215	Belarmino	Catroga																
109	216	Edgar	Gaspar																
10	Rx Runners	171	3	74															
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Pos	Dorsal	Nome																	
40	37	António	Simões																
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74	182	Artur	Costa																
11	Vespinga Saudável / Fet	187	3	82															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>52</td> <td>135</td> <td>Marcelo</td> <td>Alonso</td> </tr> <tr> <td>53</td> <td>134</td> <td>Délio</td> <td>Nunes</td> </tr> <tr> <td>82</td> <td>184</td> <td>Andreia</td> <td>Correia</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		52	135	Marcelo	Alonso	53	134	Délio	Nunes	82	184	Andreia	Correia		
Pos	Dorsal	Nome																	
52	135	Marcelo	Alonso																
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82	184	Andreia	Correia																
12	Clac Entroncamento/Ondatrilhos	195	3	73															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>60</td> <td>120</td> <td>José</td> <td>Vital</td> </tr> <tr> <td>62</td> <td>122</td> <td>Luis</td> <td>Mota</td> </tr> <tr> <td>73</td> <td>80</td> <td>Leonel</td> <td>Campos</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		60	120	José	Vital	62	122	Luis	Mota	73	80	Leonel	Campos		
Pos	Dorsal	Nome																	
60	120	José	Vital																
62	122	Luis	Mota																
73	80	Leonel	Campos																
13	A. C. S. Mamede	234	3	114															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>26</td> <td>159</td> <td>João</td> <td>Tomás</td> </tr> <tr> <td>94</td> <td>155</td> <td>Andreia</td> <td>Parreiras</td> </tr> <tr> <td>114</td> <td>157</td> <td>Filipa</td> <td>Casimiro</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		26	159	João	Tomás	94	155	Andreia	Parreiras	114	157	Filipa	Casimiro		
Pos	Dorsal	Nome																	
26	159	João	Tomás																
94	155	Andreia	Parreiras																
114	157	Filipa	Casimiro																
14	Gd Santander Totta	270	3	119															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>59</td> <td>13</td> <td>Rui</td> <td>Machinho</td> </tr> <tr> <td>92</td> <td>20</td> <td>João</td> <td>Soares</td> </tr> <tr> <td>119</td> <td>15</td> <td>João</td> <td>Frazão</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		59	13	Rui	Machinho	92	20	João	Soares	119	15	João	Frazão		
Pos	Dorsal	Nome																	
59	13	Rui	Machinho																
92	20	João	Soares																
119	15	João	Frazão																
15	Correr Na Cidade	276	3	105															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>67</td> <td>99</td> <td>Frederico</td> <td>Portugal</td> </tr> <tr> <td>104</td> <td>136</td> <td>Ulisses</td> <td>Monteiro</td> </tr> <tr> <td>105</td> <td>100</td> <td>Tiago</td> <td>Portugal</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		67	99	Frederico	Portugal	104	136	Ulisses	Monteiro	105	100	Tiago	Portugal		
Pos	Dorsal	Nome																	
67	99	Frederico	Portugal																
104	136	Ulisses	Monteiro																
105	100	Tiago	Portugal																

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta															
16	C.A.S.P.A	319	3	138															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>71</td> <td>152</td> <td>Miguel</td> <td>Sousa</td> </tr> <tr> <td>110</td> <td>27</td> <td>José</td> <td>Brito</td> </tr> <tr> <td>138</td> <td>9</td> <td>Rui</td> <td>Perdigão</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		71	152	Miguel	Sousa	110	27	José	Brito	138	9	Rui	Perdigão		
Pos	Dorsal	Nome																	
71	152	Miguel	Sousa																
110	27	José	Brito																
138	9	Rui	Perdigão																
17	Uniao Fci De Tomar	326	3	151															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>50</td> <td>29</td> <td>Jose</td> <td>Fonseca</td> </tr> <tr> <td>125</td> <td>141</td> <td>Carlos</td> <td>Santos</td> </tr> <tr> <td>151</td> <td>775</td> <td>Carolina</td> <td>Feliz</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		50	29	Jose	Fonseca	125	141	Carlos	Santos	151	775	Carolina	Feliz		
Pos	Dorsal	Nome																	
50	29	Jose	Fonseca																
125	141	Carlos	Santos																
151	775	Carolina	Feliz																
18	C. D. Águias De Alpiarça	327	3	196															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>63</td> <td>153</td> <td>André</td> <td>Duarte</td> </tr> <tr> <td>68</td> <td>98</td> <td>Michael</td> <td>Granadeiro</td> </tr> <tr> <td>196</td> <td>61</td> <td>Gina</td> <td>Oliveira</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		63	153	André	Duarte	68	98	Michael	Granadeiro	196	61	Gina	Oliveira		
Pos	Dorsal	Nome																	
63	153	André	Duarte																
68	98	Michael	Granadeiro																
196	61	Gina	Oliveira																
19	Sflur / Viver Almonda	351	3	144															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>91</td> <td>106</td> <td>Duarte</td> <td>Ribeiro</td> </tr> <tr> <td>116</td> <td>107</td> <td>David</td> <td>Mendes</td> </tr> <tr> <td>144</td> <td>4</td> <td>Nelson</td> <td>Aguiar</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		91	106	Duarte	Ribeiro	116	107	David	Mendes	144	4	Nelson	Aguiar		
Pos	Dorsal	Nome																	
91	106	Duarte	Ribeiro																
116	107	David	Mendes																
144	4	Nelson	Aguiar																
20	Pace.Makers	378	3	159															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>76</td> <td>142</td> <td>César</td> <td>Gomes</td> </tr> <tr> <td>143</td> <td>46</td> <td>Rui</td> <td>Marçal</td> </tr> <tr> <td>159</td> <td>47</td> <td>Sónia</td> <td>Marçal</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		76	142	César	Gomes	143	46	Rui	Marçal	159	47	Sónia	Marçal		
Pos	Dorsal	Nome																	
76	142	César	Gomes																
143	46	Rui	Marçal																
159	47	Sónia	Marçal																
21	Ourém Vida Team	396	3	154															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>89</td> <td>24</td> <td>Paulo</td> <td>Martins</td> </tr> <tr> <td>153</td> <td>165</td> <td>Jorge</td> <td>Rosa Rosa</td> </tr> <tr> <td>154</td> <td>97</td> <td>Gonçalo</td> <td>Zeferino</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		89	24	Paulo	Martins	153	165	Jorge	Rosa Rosa	154	97	Gonçalo	Zeferino		
Pos	Dorsal	Nome																	
89	24	Paulo	Martins																
153	165	Jorge	Rosa Rosa																
154	97	Gonçalo	Zeferino																
22	Quenianos Do Ribatejo	443	3	189															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>107</td> <td>101</td> <td>Rafael</td> <td>Coelho</td> </tr> <tr> <td>147</td> <td>137</td> <td>Ricardo</td> <td>Apura</td> </tr> <tr> <td>189</td> <td>103</td> <td>Vitor</td> <td>Marques</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		107	101	Rafael	Coelho	147	137	Ricardo	Apura	189	103	Vitor	Marques		
Pos	Dorsal	Nome																	
107	101	Rafael	Coelho																
147	137	Ricardo	Apura																
189	103	Vitor	Marques																
23	Tomar Runners	492	3	186															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>146</td> <td>32</td> <td>Jorge</td> <td>Nunes</td> </tr> <tr> <td>160</td> <td>138</td> <td>Sonia</td> <td>Neto</td> </tr> <tr> <td>186</td> <td>188</td> <td>Pedro</td> <td>Ferreira</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		146	32	Jorge	Nunes	160	138	Sonia	Neto	186	188	Pedro	Ferreira		
Pos	Dorsal	Nome																	
146	32	Jorge	Nunes																
160	138	Sonia	Neto																
186	188	Pedro	Ferreira																

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta															
24	Sarapitolas	543	3	182															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>180</td> <td>208</td> <td>António</td> <td>Santos</td> </tr> <tr> <td>181</td> <td>207</td> <td>Daniel</td> <td>Martins</td> </tr> <tr> <td>182</td> <td>209</td> <td>Ana</td> <td>Silva</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		180	208	António	Santos	181	207	Daniel	Martins	182	209	Ana	Silva		
Pos	Dorsal	Nome																	
180	208	António	Santos																
181	207	Daniel	Martins																
182	209	Ana	Silva																

25	Team Spartans Sioux	587	3	198															
	<table border="1"> <thead> <tr> <th>Pos</th> <th>Dorsal</th> <th>Nome</th> <th></th> </tr> </thead> <tbody> <tr> <td>194</td> <td>143</td> <td>Maria</td> <td>Antónia Saldanha</td> </tr> <tr> <td>195</td> <td>147</td> <td>André</td> <td>Reis</td> </tr> <tr> <td>198</td> <td>144</td> <td>António</td> <td>Botelho</td> </tr> </tbody> </table>	Pos	Dorsal	Nome		194	143	Maria	Antónia Saldanha	195	147	André	Reis	198	144	António	Botelho		
Pos	Dorsal	Nome																	
194	143	Maria	Antónia Saldanha																
195	147	André	Reis																
198	144	António	Botelho																

25
