Trail.20 ADT - Trilhos de Águeda

Travassô, Águeda

12-janeiro-2020

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	4,7ºC	100%
End	12:05	4,7ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	572	Nelson Loureiro	individual	Senior Masculino	01:08:34		04:34
2	653	Rui Figueiredo	trail bela bela	Senior Masculino	01:09:57	+01:23	04:40
3	567	João Coentrão	individual	Senior Masculino	01:11:20	+02:46	04:45
4	521	João Santos	casa do povo de alquerubim	Veterano M40	01:12:07	+03:33	04:48
5	533	Diogo Pimenta	dci/trilhos luso bussaco	Senior Masculino	01:12:40	+04:06	04:51
6	638	António Mariz	saca trilhos anadia	Veterano M40	01:14:03	+05:29	04:56
7	535	Manuel Vicente	dci/trilhos luso bussaco	Veterano M50	01:14:16	+05:42	04:57
8	540	Márcio Cruz	escola de atletismo de coimbra / intermaché condeixa	Senior Masculino	01:15:20	+06:45	05:01
9	651	Bruno Simões	trail bela bela	Senior Masculino	01:15:25	+06:50	05:02
10	681	António Ratola	individual	Senior Masculino	01:15:51	+07:17	05:03
11	643	Márcio Melo	sc espinho atletismo antónio leitão	Veterano M40	01:15:52	+07:18	05:03
12	641	Ricardo Silva	sc espinho atletismo antónio leitão	Senior Masculino	01:16:15	+07:41	05:05
13	664	Manuel Pinto	tribo nr	Veterano M40	01:17:48	+09:14	05:11
14	576	Rafael Matias	individual	Senior Masculino	01:18:09	+09:34	05:13
15	554	André Ferreira	individual	Senior Masculino	01:18:43	+10:08	05:15
16	536	Hugo Silva	duravit raceteam	Senior Masculino	01:19:11	+10:37	05:17
17	526	David Felizardo	dar-recardaes	Senior Masculino	01:19:58	+11:24	05:20
18	546	Tiago Estrafalhote	gelcentro	Senior Masculino	01:20:34	+12:00	05:22
19	637	Rui alvim	runriver	Veterano M40	01:20:59	+12:25	05:24
20	524	luis santos	crossfit agd	Senior Masculino	01:21:44	+13:10	05:27
21	577	Ricardo Mendes	individual	Senior Masculino	01:22:00	+13:26	05:28
22	534	Miguel Silva	dci/trilhos luso bussaco	Senior Masculino	01:22:22	+13:48	05:29
23	684	Paulo António	individual	Veterano M40	01:22:25	+13:51	05:30
24	657	João Almeida	trail bela bela	Veterano M40	01:22:26	+13:51	05:30
25	574	Pedro alves	individual	Senior Masculino	01:23:31	+14:57	05:34
26	557	bruno alexandre	individual	Senior Masculino	01:24:13	+15:39	05:37
27	501	Rui Pedro Sousa Figueiredo	a.d.f/bike riders	Senior Masculino	01:25:20	+16:46	05:41
28	504	Gilberto Brites	actib	Senior Masculino	01:25:29	+16:55	05:42
29	570	Maikol Simões	individual	Senior Masculino	01:25:33	+16:59	05:42
30	686	Paulo Briga	individual	Veterano M50	01:25:54	+17:20	05:44
31	648	MIGUEL TAVARES RIBEIRO	sport patadela	Senior Masculino	01:26:07	+17:33	05:44
32	687	Pedro Pereira	mc vc	Senior Masculino	01:26:10	+17:35	05:45
33	541	Vitor Dias	fiaes running	Senior Masculino	01:26:24	+17:50	05:46
34	538	João Portugal	duravit raceteam	Veterano M40	01:27:07	+18:33	05:48
35	649	Felicia Fernandes	trail bela bela	Senior Feminino	01:27:47	+19:12	05:51
36	656	Daniel Henriques	trail bela bela	Veterano M40	01:27:48	+19:14	05:51
37	650	André Oliveira	trail bela bela	Senior Masculino	01:28:01	+19:27	05:52
38	627	Ricardo Branquinho	nar - núcleo de atletismo de requeixo	Senior Masculino	01:28:17	+19:42	05:53
39	685	Brian Ferreira	individual	Senior Masculino	01:30:03	+21:28	06:00
40	548	Luís Miguel Grou	grvilaverdense	Senior Masculino	01:30:07	+21:33	06:00
41	516	Telmo Pinho	agd sports academy	Senior Masculino	01:30:26	+21:52	06:02

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	600	Miguel Teixeira	dci/trilhos luso bussaco	Veterano M40	01:30:52	+22:18	06:03
43	509	Tiago Almeida	actib	Senior Masculino	01:31:11	+22:37	06:05
44	544	Emanuel Rodrigues	fundiven	Senior Masculino	01:31:14	+22:40	06:05
45	507	Pedro Cruz	actib	Senior Masculino	01:31:15	+22:40	06:05
46	645	Armando Cardoso	sport clube paradela	Senior Masculino	01:32:36	+24:02	06:10
47	514	Márcio Silva	agd sports academy	Senior Masculino	01:32:40	+24:05	06:11
48	610	Ricardo Jorge Silva Ribeiro	individual	Veterano M40	01:32:52	+24:17	06:11
49	591	Carlos Silva	individual	Veterano M40	01:33:05	+24:30	06:12
50	555	André Ribeiro	individual	Senior Masculino	01:33:14	+24:40	06:13
51	634	Sergio Gomes	os preguiças team	Veterano M40	01:33:20	+24:46	06:13
52	503	Inês Teixeira	actib	Senior Feminino	01:33:24	+24:49	06:14
53	527	Davide Silva	dar-recardaes	Senior Masculino	01:33:27	+24:53	06:14
54	659	Oscar Ramalho	trail bela bela	Veterano M50	01:33:48	+25:14	06:15
55	569	Luís Bessa	individual	Senior Masculino	01:34:49	+26:15	06:19
56	680	Maria Isoleta Neves Simões	a.d.f/bike riders	Veterana F40	01:34:57	+26:22	06:20
57	537	José Pinto	duravit raceteam	Senior Masculino	01:35:15	+26:40	06:21
58	682	Pedro Ratola	individual	Veterano M50	01:35:24	+26:50	06:22
59	566	JOÃO ALMEIDA	individual	Senior Masculino	01:35:26	+26:52	06:22
60	597	Jorge Rodrigues	individual	Veterano M40	01:36:55	+28:21	06:28
61	578	Tiago Miguel Rodrigues Gonçalves	individual	Senior Masculino	01:36:56	+28:21	06:28
62	510	JOÃO ALMADA	adt trail	Veterano M60	01:37:15	+28:41	06:29
63	622	Marta Gracinda Tavares Reis	juventude cortegacense	Senior Feminino	01:37:53	+29:19	06:32
64	633	Fernando Teixeira	os preguiças team	Senior Masculino	01:38:32	+29:58	06:34
65	689	Vasco Micaelo	individual	Veterano M60	01:39:00	+30:25	06:36
66	668	João Paulo Lopes Bernardino	tribo nr	Veterano M50	01:39:01	+30:26	06:36
67	502	Luis Dias	a.d.f/bike riders	Veterano M40	01:39:01	+30:26	06:36
68	589	Adrian Melo de Melo	individual	Veterano M40	01:39:17	+30:43	06:37
69	596	Jorge Fernandes	individual	Veterano M40	01:39:37	+31:03	06:38
70	603	Nuno Jorge Reis dos Santos	individual	Veterano M40	01:40:01	+31:26	06:40
71	678	AMILCAR JOSE CARVALHO ALMEIDA	individual	Senior Masculino	01:40:02	+31:27	06:40
72	522	Paulo Jorge Silva	casa do povo de alquerubim	Veterano M50	01:40:03	+31:28	06:40
73	21	Pedro Cruz	individual	Senior Masculino	01:40:04	+31:30	06:40
74	660	Ana Fernandes	tribo nr	Veterana F40	01:40:06	+31:32	06:40
75	612	Antonio Cunha	individual	Veterano M50	01:40:09	+31:34	06:41
76	671	Paulo Providencia	tribo nr	Veterano M50	01:40:09	+31:34	06:41
77	665	Marcos Alves	tribo nr	Veterano M40	01:40:10	+31:36	06:41
78	652	Ricardo Costa	trail bela bela	Senior Masculino	01:40:43	+32:08	06:43
79	559	Bruno Santos	individual	Senior Masculino	01:40:48	+32:14	06:43
80	508	Renato Silva	actib	Senior Masculino	01:40:51	+32:17	06:43
81	517	João Silva	agd sports academy	Veterano M40	01:41:09	+32:35	06:45
82	571	Miguel Ferreira	individual	Senior Masculino	01:41:25	+32:51	06:46
83	674	MÁRIO ANTÓNIO PEREIRA MIGUEIS	vamos a pé	Veterano M40	01:42:30	+33:56	06:50
84	562	Filipe Figueiredo	individual	Senior Masculino	01:43:57	+35:23	06:56
85	601	Nuno Almeida	individual	Veterano M40	01:44:09	+35:35	06:57

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	623	HERNANI SILVA	laac - bike & sport	Veterano M40	01:44:50	+36:16	06:59
87	624	LUÍS SOARES	laac - bike & sport	Veterano M40	01:44:55	+36:21	07:00
88	604	Nuno Reis	individual	Veterano M40	01:44:56	+36:22	07:00
89	565	Israel Tavares	individual	Senior Masculino	01:44:59	+36:25	07:00
90	621	Sergio Fernandes	just trail 4 fun	Veterano M40	01:44:59	+36:25	07:00
91	683	Susete Marco	individual	Veterana F40	01:45:10	+36:36	07:01
92	506	Marco Oliveira	actib	Senior Masculino	01:46:19	+37:45	07:05
93	688	Amândio Brites	individual	Veterano M60	01:46:33	+37:59	07:06
94	676	FERNANDO CARVALHO	individual	Veterano M50	01:47:30	+38:56	07:10
95	609	Ricardo Diogo	individual	Veterano M40	01:47:32	+38:57	07:10
96	558	Bruno Piorro	individual	Senior Masculino	01:47:34	+39:00	07:10
97	647	João Pedro Duarte Lopes	sport clube paradela	Veterano M40	01:48:23	+39:49	07:14
98	644	Liliana Pereira Ferreira	sport clube paradela	Senior Feminino	01:48:24	+39:50	07:14
99	675	Narciso José da Silva Pinho	vamos a pé	Veterano M40	01:48:26	+39:52	07:14
100	532	Liliana Margarita Lopes da Silva	dar-recardães	Senior Feminino	01:48:27	+39:53	07:14
101	587	Alice Coelho	individual	Veterana F50	01:48:28	+39:53	07:14
102	614	Octavio Sergio Rodrigues Linhares	individual	Veterano M50	01:48:30	+39:56	07:14
103	582	CLARA SANTOS	individual	Veterana F40	01:48:53	+40:18	07:16
104	513	Luis Gaspar	agd sports academy	Senior Masculino	01:49:00	+40:26	07:16
105	594	Hernâni Martins Laranja	individual	Veterano M40	01:49:09	+40:35	07:17
106	598	Jose Gomes	individual	Veterano M40	01:49:38	+41:04	07:19
107	617	José Tavares	individual	Veterano M60	01:49:40	+41:06	07:19
108	619	VITOR MANUEL DA CONCEIÇÃO CAMPOS	individual	Veterano M60	01:49:40	+41:06	07:19
109	607	Pedro Lopes	individual	Veterano M40	01:49:41	+41:06	07:19
110	529	Nuno Gonçalves	dar-recardaes	Veterano M40	01:51:08	+42:34	07:25
111	631	Clara Teixeira	os preguiças team	Senior Feminino	01:51:09	+42:34	07:25
112	590	carlos ferreira	individual	Veterano M40	01:51:10	+42:36	07:25
113	640	João Gabriel Da Silva João	saca trilhos anadia	Veterano M40	01:51:21	+42:47	07:25
114	630	Jorge Vilela	nar - núcleo de atletismo de requeixo	Veterano M40	01:51:40	+43:05	07:27
115	611	Sebastião Calvo	individual	Veterano M40	01:51:41	+43:06	07:27
116	575	Pedro Vieira	individual	Senior Masculino	01:53:08	+44:34	07:33
117	599	Márcio Ferreira	individual	Veterano M40	01:53:24	+44:50	07:34
118	629	Hélder Ribeiro	nar - núcleo de atletismo de requeixo	Veterano M40	01:53:29	+44:55	07:34
119	551	Leonor Salgueiro	individual	Senior Feminino	01:53:48	+45:14	07:35
120	553	Tatiana Soares	individual	Senior Feminino	01:53:48	+45:14	07:35
121	593	Fernando de Sousa	individual	Veterano M40	01:54:57	+46:23	07:40
122	515	Ricardo Ferreira	agd sports academy	Senior Masculino	01:54:57	+46:23	07:40
123	525	Carina Nunes	dar-recardaes	Senior Feminino	01:55:48	+47:14	07:43
124	528	VÂnia Baptista	dar-recardaes	Veterana F40	01:55:48	+47:14	07:43
125	673	MARCO PAULO DOS SANTOS MARQUES	vamos a pé	Veterano M40	01:55:52	+47:18	07:43
126	568	JOÃO PAULO MARQUES	individual	Senior Masculino	01:56:10	+47:36	07:45
127	556	António Ribeiro	individual	Senior Masculino	01:56:40	+48:05	07:47
128	519	Mónica Martins	bombeiros brasfemes btt e trail	Veterana F40	01:57:00	+48:26	07:48

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	531	Arlindo Santos	dar-recardaes	Veterano M60	01:57:48	+49:13	07:51
130	530	Pedro Tavares	dar-recardaes	Veterano M50	01:57:59	+49:24	07:52
131	560	Eduardo Ferreira	individual	Senior Masculino	01:59:29	+50:55	07:58
132	592	Claudio Jorge da Costa Almeida	individual	Veterano M40	01:59:41	+51:07	07:59
133	655	Vítor Emanuel	trail bela bela	Senior Masculino	01:59:48	+51:14	07:59
134	616	JOAQUIM AMIEIRO	individual	Veterano M60	02:00:00	+51:26	08:00
135	661	Ana Matias	tribo nr	Veterana F40	02:00:28	+51:54	08:02
136	620	Joana Ferreira	joana	Senior Feminino	02:00:33	+51:59	08:02
137	677	RICARDO MANUEL MARQUES ALMEIDA	individual	Senior Masculino	02:00:40	+52:05	08:03
138	512	Diogo Santos	agd sports academy	Senior Masculino	02:01:07	+52:33	08:04
139	511	Dina Figueiredo	agd sports academy	Senior Feminino	02:01:07	+52:33	08:04
140	579	Tiago Simoes	individual	Senior Masculino	02:02:26	+53:52	08:10
141	581	Vitor Miguel	individual	Senior Masculino	02:02:50	+54:16	08:11
142	580	Vitor Bruno da Silva Correia	individual	Senior Masculino	02:03:25	+54:50	08:14
143	646	Sofia Costa	sport clube paradela	Veterana F40	02:04:20	+55:46	08:17
144	636	ISABEL RIBAU	os quartas	Veterana F40	02:06:43	+58:09	08:27
145	663	Jacqueline Dias	tribo nr	Veterana F50	02:07:22	+58:47	08:29
146	586	Sandra Santos	individual	Veterana F40	02:08:10	+59:36	08:33
147	549	Angela oliveira	individual	Senior Feminino	02:09:45	+01:01:11	08:39
148	595	HUGO PIMENTA	individual	Veterano M40	02:12:03	+01:03:28	08:48
149	662	Ana Rufino	tribo nr	Veterana F40	02:12:58	+01:04:24	08:52
150	666	Paulo Domingues	tribo nr	Veterano M40	02:13:01	+01:04:27	08:52
151	635	DANIELA FERREIRA	os quartas	Veterana F40	02:13:02	+01:04:28	08:52
152	552	Maria Filomena Peralta da Cruz	individual	Senior Feminino	02:14:16	+01:05:41	08:57
153	539	Márcia Coelho	ei team trail	Veterana F40	02:16:45	+01:08:11	09:07
154	523	Miguel A. Martins	correio de albergaria trail running	Senior Masculino	02:17:06	+01:08:32	09:08
155	520	Elisabete Silva	casa do povo de alquerubim	Veterana F40	02:19:27	+01:10:52	09:18
156	626	Carla Ferreira	nar - núcleo de atletismo de requeixo	Senior Feminino	02:19:27	+01:10:53	09:18
157	628	Judite Dias	nar - núcleo de atletismo de requeixo	Veterana F40	02:19:27	+01:10:53	09:18
158	518	Teresa Simões	bombeiros brasfemes btt e trail	Senior Feminino	02:19:40	+01:11:06	09:19
159	585	Nazaré Peixoto	individual	Veterana F40	02:19:43	+01:11:08	09:19
160	584	Elizabete Ferreira	individual	Veterana F40	02:19:43	+01:11:09	09:19
161	550	Laura	individual	Senior Feminino	02:23:23	+01:14:49	09:34
162	672	João Pedro de Matos Simões	vamos a pé	Senior Masculino	02:30:47	+01:22:13	10:03
163	632	Rita Dias	os preguiças team	Senior Feminino	02:32:05	+01:23:31	10:08
164	542	Andreia Regal	fiaes running	Veterana F40	02:32:06	+01:23:31	10:08
165	545	Joana Lopes	gelcentro	Senior Feminino	02:33:56	+01:25:21	10:16
166	547	Mário Nunes	gelcentro	Veterano M50	02:33:56	+01:25:22	10:16

Trail.20 ADT - Trilhos de Águeda

Travassô, Águeda

12-janeiro-2020

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	4,7ºC	100%
End	12:05	4,7ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	649	Felicia Fernandes	Trail bela bela	Senior Feminino	01:27:47	+19:12	05:51
2	503	Inês Teixeira	ACTIB	Senior Feminino	01:33:24	+24:49	06:14
3	622	Marta Gracinda Tavares Reis	Juventude Cortegacense	Senior Feminino	01:37:53	+29:19	06:32
4	644	Liliana Pereira Ferreira	Sport Clube Paradela	Senior Feminino	01:48:24	+39:50	07:14
5	532	Liliana Margarita Lopes da Silva	DAR-RECARDÃES	Senior Feminino	01:48:27	+39:53	07:14
6	631	Clara Teixeira	Os Preguiças Team	Senior Feminino	01:51:09	+42:34	07:25
7	551	Leonor Salgueiro	Individual	Senior Feminino	01:53:48	+45:14	07:35
8	553	Tatiana Soares	Individual	Senior Feminino	01:53:48	+45:14	07:35
9	525	Carina Nunes	DAR-Recardaes	Senior Feminino	01:55:48	+47:14	07:43
10	620	Joana Ferreira	Joana	Senior Feminino	02:00:33	+51:59	08:02
11	511	Dina Figueiredo	AGD Sports Academy	Senior Feminino	02:01:07	+52:33	08:04
12	549	Angela oliveira	Individual	Senior Feminino	02:09:45	+01:01:11	08:39
13	552	Maria Filomena Peralta da Cruz	Individual	Senior Feminino	02:14:16	+01:05:41	08:57
14	626	Carla Ferreira	NAR - Núcleo de Atletismo de Requeixo	Senior Feminino	02:19:27	+01:10:53	09:18
15	518	Teresa Simões	Bombeiros brasfemes btt e trail	Senior Feminino	02:19:40	+01:11:06	09:19
16	550	Laura	Individual	Senior Feminino	02:23:23	+01:14:49	09:34
17	632	Rita Dias	Os Preguiças Team	Senior Feminino	02:32:05	+01:23:31	10:08
18	545	Joana Lopes	Gelcentro	Senior Feminino	02:33:56	+01:25:21	10:16

Senior Masculino

1	572	Nelson Loureiro	Individual	Senior Masculino	01:08:34		04:34
2	653	Rui Figueiredo	Trail Bela Bela	Senior Masculino	01:09:57	+01:23	04:40
3	567	João Coentrão	Individual	Senior Masculino	01:11:20	+02:46	04:45
4	533	Diogo Pimenta	DCI/Trilhos Luso Bussaco	Senior Masculino	01:12:40	+04:06	04:51
5	540	Márcio Cruz	Escola de Atletismo de Coimbra / Intermaché Condeixa	Senior Masculino	01:15:20	+06:45	05:01
6	651	Bruno Simões	Trail bela bela	Senior Masculino	01:15:25	+06:50	05:02
7	681	António Ratola	Individual	Senior Masculino	01:15:51	+07:17	05:03
8	641	Ricardo Silva	SC Espinho Atletismo António Leitão	Senior Masculino	01:16:15	+07:41	05:05
9	576	Rafael Matias	Individual	Senior Masculino	01:18:09	+09:34	05:13
10	554	André Ferreira	Individual	Senior Masculino	01:18:43	+10:08	05:15
11	536	Hugo Silva	Duravit Raceteam	Senior Masculino	01:19:11	+10:37	05:17
12	526	David Felizardo	DAR-Recardaes	Senior Masculino	01:19:58	+11:24	05:20
13	546	Tiago Estrafalhote	Gelcentro	Senior Masculino	01:20:34	+12:00	05:22
14	524	luis santos	Crossfit AGD	Senior Masculino	01:21:44	+13:10	05:27
15	577	Ricardo Mendes	Individual	Senior Masculino	01:22:00	+13:26	05:28
16	534	Miguel Silva	DCI/Trilhos Luso Bussaco	Senior Masculino	01:22:22	+13:48	05:29

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

17	574	Pedro alves	Individual	Senior Masculino	01:23:31	+14:57	05:34
18	557	bruno alexandre	Individual	Senior Masculino	01:24:13	+15:39	05:37
19	501	Rui Pedro Sousa Figueiredo	A.D.F/Bike Riders	Senior Masculino	01:25:20	+16:46	05:41
20	504	Gilberto Brites	ACTIB	Senior Masculino	01:25:29	+16:55	05:42
21	570	Maikol Simões	Individual	Senior Masculino	01:25:33	+16:59	05:42
22	648	MIGUEL TAVARES RIBEIRO	SPORT PATADELA	Senior Masculino	01:26:07	+17:33	05:44
23	687	Pedro Pereira	MC VC	Senior Masculino	01:26:10	+17:35	05:45
24	541	Vitor Dias	Fiaes Running	Senior Masculino	01:26:24	+17:50	05:46
25	650	André Oliveira	Trail bela bela	Senior Masculino	01:28:01	+19:27	05:52
26	627	Ricardo Branquinho	NAR - Núcleo de Atletismo de Requeixo	Senior Masculino	01:28:17	+19:42	05:53
27	685	Brian Ferreira	Individual	Senior Masculino	01:30:03	+21:28	06:00
28	548	Luís Miguel Grou	GRVilaverdense	Senior Masculino	01:30:07	+21:33	06:00
29	516	Telmo Pinho	AGD Sports Academy	Senior Masculino	01:30:26	+21:52	06:02
30	509	Tiago Almeida	ACTIB	Senior Masculino	01:31:11	+22:37	06:05
31	544	Emanuel Rodrigues	FUNDIVEN	Senior Masculino	01:31:14	+22:40	06:05
32	507	Pedro Cruz	ACTIB	Senior Masculino	01:31:15	+22:40	06:05
33	645	Armando Cardoso	Sport Clube Paradela	Senior Masculino	01:32:36	+24:02	06:10
34	514	Márcio Silva	AGD Sports Academy	Senior Masculino	01:32:40	+24:05	06:11
35	555	André Ribeiro	Individual	Senior Masculino	01:33:14	+24:40	06:13
36	527	Davide Silva	DAR-Recardaes	Senior Masculino	01:33:27	+24:53	06:14
37	569	Luís Bessa	Individual	Senior Masculino	01:34:49	+26:15	06:19
38	537	José Pinto	Duravit Raceteam	Senior Masculino	01:35:15	+26:40	06:21
39	566	JOÃO ALMEIDA	Individual	Senior Masculino	01:35:26	+26:52	06:22
40	578	Tiago Miguel Rodrigues Gonçalves	Individual	Senior Masculino	01:36:56	+28:21	06:28
41	633	Fernando Teixeira	Os Preguiças Team	Senior Masculino	01:38:32	+29:58	06:34
42	678	AMILCAR JOSE CARVALHO ALMEIDA	Individual	Senior Masculino	01:40:02	+31:27	06:40
43	21	Pedro Cruz	Individual	Senior Masculino	01:40:04	+31:30	06:40
44	652	Ricardo Costa	Trail Bela Bela	Senior Masculino	01:40:43	+32:08	06:43
45	559	Bruno Santos	Individual	Senior Masculino	01:40:48	+32:14	06:43
46	508	Renato Silva	ACTIB	Senior Masculino	01:40:51	+32:17	06:43
47	571	Miguel Ferreira	Individual	Senior Masculino	01:41:25	+32:51	06:46
48	562	Filipe Figueiredo	Individual	Senior Masculino	01:43:57	+35:23	06:56
49	565	Israel Tavares	Individual	Senior Masculino	01:44:59	+36:25	07:00
50	506	Marco Oliveira	ACTIB	Senior Masculino	01:46:19	+37:45	07:05
51	558	Bruno Piorro	Individual	Senior Masculino	01:47:34	+39:00	07:10
52	513	Luis Gaspar	AGD Sports Academy	Senior Masculino	01:49:00	+40:26	07:16
53	575	Pedro Vieira	Individual	Senior Masculino	01:53:08	+44:34	07:33
54	515	Ricardo Ferreira	AGD Sports Academy	Senior Masculino	01:54:57	+46:23	07:40
55	568	JOÃO PAULO MARQUES	Individual	Senior Masculino	01:56:10	+47:36	07:45
56	556	António Ribeiro	Individual	Senior Masculino	01:56:40	+48:05	07:47
57	560	Eduardo Ferreira	Individual	Senior Masculino	01:59:29	+50:55	07:58
58	655	Vítor Emanuel	Trail Bela Bela	Senior Masculino	01:59:48	+51:14	07:59
59	677	RICARDO MANUEL MARQUES ALMEIDA	Individual	Senior Masculino	02:00:40	+52:05	08:03
60	512	Diogo Santos	AGD Sports Academy	Senior Masculino	02:01:07	+52:33	08:04
61	579	Tiago Simoes	Individual	Senior Masculino	02:02:26	+53:52	08:10

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

62	581	Vitor Miguel	Individual	Senior Masculino	02:02:50	+54:16	08:11
63	580	Vitor Bruno da Silva Correia	Individual	Senior Masculino	02:03:25	+54:50	08:14
64	523	Miguel A. Martins	Correio de Albergaria Trail Running	Senior Masculino	02:17:06	+01:08:32	09:08
65	672	João Pedro de Matos Simões	Vamos a Pé	Senior Masculino	02:30:47	+01:22:13	10:03

Veterana F40

1	680	Maria Isoleta Neves Simões	A.D.F/Bike Riders	Veterana F40	01:34:57	+26:22	06:20
2	660	Ana Fernandes	Tribo NR	Veterana F40	01:40:06	+31:32	06:40
3	683	Susete Marco	Individual	Veterana F40	01:45:10	+36:36	07:01
4	582	CLARA SANTOS	Individual	Veterana F40	01:48:53	+40:18	07:16
5	528	VÂnia Baptista	DAR-Recardaes	Veterana F40	01:55:48	+47:14	07:43
6	519	Mónica Martins	Bombeiros brasfemes btt e trail	Veterana F40	01:57:00	+48:26	07:48
7	661	Ana Matias	Tribo NR	Veterana F40	02:00:28	+51:54	08:02
8	646	Sofia Costa	Sport Clube Paradela	Veterana F40	02:04:20	+55:46	08:17
9	636	ISABEL RIBAU	OS QUARTAS	Veterana F40	02:06:43	+58:09	08:27
10	586	Sandra Santos	Individual	Veterana F40	02:08:10	+59:36	08:33
11	662	Ana Rufino	Tribo NR	Veterana F40	02:12:58	+01:04:24	08:52
12	635	DANIELA FERREIRA	OS QUARTAS	Veterana F40	02:13:02	+01:04:28	08:52
13	539	Márcia Coelho	Ei Team Trail	Veterana F40	02:16:45	+01:08:11	09:07
14	520	Elisabete Silva	Casa do Povo de Alquerubim	Veterana F40	02:19:27	+01:10:52	09:18
15	628	Judite Dias	NAR - Núcleo de Atletismo de Requeixo	Veterana F40	02:19:27	+01:10:53	09:18
16	585	Nazaré Peixoto	Individual	Veterana F40	02:19:43	+01:11:08	09:19
17	584	Elizabete Ferreira	Individual	Veterana F40	02:19:43	+01:11:09	09:19
18	542	Andreia Regal	Fiaes Running	Veterana F40	02:32:06	+01:23:31	10:08

Veterana F50

1	587	Alice Coelho	Individual	Veterana F50	01:48:28	+39:53	07:14
2	663	Jacqueline Dias	TRIBO NR	Veterana F50	02:07:22	+58:47	08:29

Veterano M40

1	521	João Santos	Casa do Povo de Alquerubim	Veterano M40	01:12:07	+03:33	04:48
2	638	António Mariz	Saca Trilhos Anadia	Veterano M40	01:14:03	+05:29	04:56
3	643	Márcio Melo	SC Espinho Atletismo António Leitão	Veterano M40	01:15:52	+07:18	05:03
4	664	Manuel Pinto	Tribo NR	Veterano M40	01:17:48	+09:14	05:11
5	637	Rui alvim	Runriver	Veterano M40	01:20:59	+12:25	05:24
6	684	Paulo António	Individual	Veterano M40	01:22:25	+13:51	05:30
7	657	João Almeida	Trail Bela Bela	Veterano M40	01:22:26	+13:51	05:30
8	538	João Portugal	Duravit Raceteam	Veterano M40	01:27:07	+18:33	05:48
9	656	Daniel Henriques	Trail Bela Bela	Veterano M40	01:27:48	+19:14	05:51
10	600	Miguel Teixeira	DCI/Trilhos Luso Bussaco	Veterano M40	01:30:52	+22:18	06:03
11	610	Ricardo Jorge Silva Ribeiro	Individual	Veterano M40	01:32:52	+24:17	06:11

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	591	Carlos Silva	Individual	Veterano M40	01:33:05	+24:30	06:12
13	634	Sergio Gomes	Os Preguiças Team	Veterano M40	01:33:20	+24:46	06:13
14	597	Jorge Rodrigues	Individual	Veterano M40	01:36:55	+28:21	06:28
15	502	Luis Dias	A.D.F/Bike Riders	Veterano M40	01:39:01	+30:26	06:36
16	589	Adrian Melo de Melo	Individual	Veterano M40	01:39:17	+30:43	06:37
17	596	Jorge Fernandes	Individual	Veterano M40	01:39:37	+31:03	06:38
18	603	Nuno Jorge Reis dos Santos	Individual	Veterano M40	01:40:01	+31:26	06:40
19	665	Marcos Alves	Tribo NR	Veterano M40	01:40:10	+31:36	06:41
20	517	João Silva	AGD Sports Academy	Veterano M40	01:41:09	+32:35	06:45
21	674	MÁRIO ANTÓNIO PEREIRA MIGUEIS	Vamos a Pé	Veterano M40	01:42:30	+33:56	06:50
22	601	Nuno Almeida	Individual	Veterano M40	01:44:09	+35:35	06:57
23	623	HERNANI SILVA	LAAC - BIKE & SPORT	Veterano M40	01:44:50	+36:16	06:59
24	624	LUÍS SOARES	LAAC - BIKE & SPORT	Veterano M40	01:44:55	+36:21	07:00
25	604	Nuno Reis	Individual	Veterano M40	01:44:56	+36:22	07:00
26	621	Sergio Fernandes	Just Trail 4 Fun	Veterano M40	01:44:59	+36:25	07:00
27	609	Ricardo Diogo	Individual	Veterano M40	01:47:32	+38:57	07:10
28	647	João Pedro Duarte Lopes	Sport Clube Paradela	Veterano M40	01:48:23	+39:49	07:14
29	675	Narciso José da Silva Pinho	Vamos a Pé	Veterano M40	01:48:26	+39:52	07:14
30	594	Hernâni Martins Laranja	Individual	Veterano M40	01:49:09	+40:35	07:17
31	598	Jose Gomes	Individual	Veterano M40	01:49:38	+41:04	07:19
32	607	Pedro Lopes	Individual	Veterano M40	01:49:41	+41:06	07:19
33	529	Nuno Gonçalves	DAR-Recardaes	Veterano M40	01:51:08	+42:34	07:25
34	590	carlos ferreira	Individual	Veterano M40	01:51:10	+42:36	07:25
35	640	João Gabriel Da Silva João	Saca Trilhos Anadia	Veterano M40	01:51:21	+42:47	07:25
36	630	Jorge Vilela	NAR - Núcleo de Atletismo de Requeixo	Veterano M40	01:51:40	+43:05	07:27
37	611	Sebastião Calvo	Individual	Veterano M40	01:51:41	+43:06	07:27
38	599	Márcio Ferreira	Individual	Veterano M40	01:53:24	+44:50	07:34
39	629	Hélder Ribeiro	NAR - Núcleo de Atletismo de Requeixo	Veterano M40	01:53:29	+44:55	07:34
40	593	Fernando de Sousa	Individual	Veterano M40	01:54:57	+46:23	07:40
41	673	MARCO PAULO DOS SANTOS MARQUES	Vamos a Pé	Veterano M40	01:55:52	+47:18	07:43
42	592	Claudio Jorge da Costa Almeida	Individual	Veterano M40	01:59:41	+51:07	07:59
43	595	HUGO PIMENTA	Individual	Veterano M40	02:12:03	+01:03:28	08:48
44	666	Paulo Domingues	Tribo NR	Veterano M40	02:13:01	+01:04:27	08:52

Veterano M50

1	535	Manuel Vicente	DCI/trilhos Luso Bussaco	Veterano M50	01:14:16	+05:42	04:57
2	686	Paulo Briga	Individual	Veterano M50	01:25:54	+17:20	05:44
3	659	Oscar Ramalho	Trail Bela Bela	Veterano M50	01:33:48	+25:14	06:15
4	682	Pedro Ratola	Individual	Veterano M50	01:35:24	+26:50	06:22
5	668	João Paulo Lopes Bernardino	Tribo NR	Veterano M50	01:39:01	+30:26	06:36
6	522	Paulo Jorge Silva	Casa do Povo de Alquerubim	Veterano M50	01:40:03	+31:28	06:40
7	612	Antonio Cunha	Individual	Veterano M50	01:40:09	+31:34	06:41
8	671	Paulo Providencia	Tribo NR	Veterano M50	01:40:09	+31:34	06:41

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	676	FERNANDO CARVALHO	Individual	Veterano M50	01:47:30	+38:56	07:10
10	614	Octavio Sergio Rodrigues Linhares	Individual	Veterano M50	01:48:30	+39:56	07:14
11	530	Pedro Tavares	DAR-Recardaes	Veterano M50	01:57:59	+49:24	07:52
12	547	Mário Nunes	Gelcentro	Veterano M50	02:33:56	+01:25:22	10:16

Veterano M60

1	510	JOÃO ALMADA	ADT TRAIL	Veterano M60	01:37:15	+28:41	06:29
2	689	Vasco Micaelo	Individual	Veterano M60	01:39:00	+30:25	06:36
3	688	Amândio Brites	Individual	Veterano M60	01:46:33	+37:59	07:06
4	617	José Tavares	Individual	Veterano M60	01:49:40	+41:06	07:19
5	619	VITOR MANUEL DA CONCEIÇÃO CAMPOS	Individual	Veterano M60	01:49:40	+41:06	07:19
6	531	Arlindo Santos	DAR-Recardaes	Veterano M60	01:57:48	+49:13	07:51
7	616	JOAQUIM AMIEIRO	Individual	Veterano M60	02:00:00	+51:26	08:00