

Lugar	Nome	Equipa	Tempo	Escalão	Dorsal
1	JOÃO FERREIRA	Airorun	01:05:16.036	MSEN	1 1111
2	MARCELO COSTA	Umfca Warriors	01:06:04.042	MSEN	2 1185
3	BRUNO RODRIGUES	Umfca Warriors	01:08:44.027	MSEN	3 1192
4	VASCO COSTA	Arc Vale S. Cosme	01:11:40.085	MSEN	4 1024
5	NUNO FIGUEIREDO	Dive - Into The Mountains	01:11:44.058	MSEN	5 1105
6	PAULO PEREIRA	Dragon Club	01:11:45.019	M40	1 1109
7	ARMINDO ARAÚJO	Liberdade Futebol Clube	01:12:01.059	M50	1 1046
8	RAFAEL SÁ	Dragon Club	01:12:52.017	MSEN	6 1184
9	FILIPE MENESES	Ker Sport Trail Running	01:13:57.075	MSEN	7 1117
10	PAULO MACEDO		01:14:05.091	MSEN	8 1141
11	PEDRO MACIEL	Dragon Club	01:14:28.008	MSEN	9 1108
12	NELSON COSTA	Crisnel Running	01:14:59.056	MSEN	10 1218
13	JOSÉ SILVA	Motorline	01:15:26.032	M40	2 1077
14	GUILHERME BRITO	B.T.M.	01:17:30.049	M40	3 1245
15	ANTONIO GONÇALVES	Dragon Club	01:18:15.082	M40	4 1089
16	CARLOS SILVA	Airorun	01:18:39.036	MSEN	11 1144
17	JOAQUIM RODRIGUES	Accroriz	01:18:47.043	M50	2 1116
18	MANUEL MIRANDA	Accroriz	01:19:05.034	M50	3 1115
19	ARTUR ROCHA		01:19:09.036	M40	5 1234
20	SÉRGIO PEREIRA	Protek Running	01:19:20.036	MSEN	12 1099
21	EDUARDO CUNHA	Águias De Alvelos	01:20:09.068	M40	6 1194
22	FRANCISCO GOMES		01:20:45.070	MSEN	13 1227
23	JOÃO GOMES		01:20:45.084	M40	7 1253
24	ANTONIO CARDOSO	A.D.Carvalhal	01:20:50.066	M40	8 1113
25	PEDRO COSTA		01:21:18.073	MSEN	14 1180
26	CARLOS MARTINS		01:21:55.005	MSEN	15 1092
27	JOSE PEREIRA	Phoenix Evorun	01:22:12.002	MSEN	16 1217
28	LUÍS FERREIRA	Motorline	01:23:04.082	MSEN	17 1157
29	JOSE MACHADO	Cyclones	01:23:09.047	M50	4 1175
30	FERNANDO MARTINS	Sem Medo	01:23:24.001	M50	5 1124
31	DAVID GONÇALVES		01:24:17.096	MSEN	18 1251
32	VITOR SILVA		01:24:51.032	MSEN	19 1035
33	JOÃO SANTOS	Barcelmalhas	01:24:56.049	M40	9 1206
34	ANTONIO MARTINS	Martosa	01:25:12.070	M50	6 1026
35	IGOR LYSYI	Motorline	01:25:21.082	MSEN	20 1076
36	JOSÉ RIBEIRO	Cave	01:25:32.058	M40	10 1182
37	RUI SANTOS	Dragon Club	01:25:52.045	MSEN	21 1088
38	HUGO RIBEIRO		01:26:08.036	MSEN	22 1163
39	JOSE VALE	Águias De Alvelos	01:26:17.042	M40	11 1209
40	JOAO COUTO	Bora Lá	01:26:25.071	MSEN	23 1130
41	ANDRÉ MAGALHÃES		01:26:38.079	MSEN	24 1172
42	DÉLIO COUTINHO	Btt Carreira	01:26:59.087	M40	12 1224
43	PEDRO MIRANDA	Akuafit	01:27:01.005	MSEN	25 1213
44	CARLOS PEREIRA	Vitrocelos Vidraria	01:27:08.070	MSEN	26 1220
45	JOAQUIM SÁ	Bora Lá	01:27:23.032	M40	13 1135
46	VÍTOR SILVA	Arca Barcelos Runners	01:28:26.006	MSEN	27 1249
47	JOSE DIAS		01:28:35.071	M40	14 1228
48	DOMINGOS ARAÚJO	Rumo À Aventura	01:28:37.035	M40	15 1066
49	PAULO RIBEIRO	Dragon Club	01:29:11.086	M40	16 1021
50	EMANUEL FREITAS	Team Lantemil	01:29:12.096	MSEN	28 1151
51	RICARDO PAIS	Protek Running	01:29:22.098	MSEN	29 1098
52	NUNO CAMPOS	Bora Lá	01:29:30.068	MSEN	30 1132
53	HELDER ARAUJO		01:29:33.097	MSEN	31 1240
54	NELSON FERREIRA	Cb Run	01:29:49.052	MSEN	32 1190
55	JORGE NUNES	Afrikanrunners	01:29:56.047	M40	17 1093
56	GABRIEL SILVA	Dragon Club	01:30:01.000	MSEN	33 1034
57	SARA ARAÚJO	B.T.M.	01:30:11.083	FSEN	1 1189

Lugar	Nome	Equipa	Tempo	Escalão	Dorsal
58	JOSÉ AZEVEDO	B.T.M.	01:30:13.072	MSEN 34	1091
59	NUNO GOMES	B.T.M.	01:30:13.083	MSEN 35	1051
60	ANTONIO FIGUEIREDO	Águias De Alvelos	01:30:14.004	M40 18	1210
61	JOAO OLIVEIRA	Vilacelos	01:30:27.077	MSEN 36	1215
62	JORGE PEREIRA	Profisio Eupago Team	01:30:46.057	MSEN 37	1137
63	ARNALDO AZEVEDO	Ker Sport Trail Running	01:31:11.046	MSEN 38	1096
64	MIGUEL ARAÚJO		01:31:34.033	MSEN 39	1033
65	FILIPE FERNANDES	Sem Medo	01:31:38.076	MSEN 40	1121
66	OTAVIO BRITO	B.T.M.	01:31:58.039	M40 19	1244
67	LUÍS SOUSA	Clube Atletismo Fafe	01:32:34.041	MSEN 41	1031
68	PAULO ANDRADE		01:32:34.047	MSEN 42	97
69	HUGO COSTA	Profisio Eupago Team	01:32:55.064	MSEN 43	1139
70	SÉRGIO FERNANDES	Vilacelos	01:33:09.086	M40 20	1095
71	ANTÓNIO CAPITAO	Cave	01:33:15.077	M40 21	1179
72	JOÃO CRUZ	Arca Barcelos Runners	01:33:19.022	MSEN 44	1191
73	PEDRO CUNHA	Vidaativarunners	01:33:46.077	MSEN 45	1195
74	JOSE ANTUNES		01:34:25.003	MSEN 46	1049
75	TIAGO PINHEIRO		01:34:25.051	MSEN 47	1223
76	JORGE CARDOSO	Jiracing	01:34:44.044	MSEN 48	1208
77	JOEL GOMES	Águias De Alvelos	01:34:47.044	MSEN 49	1193
78	VITOR CUNHA	Bora Lá	01:34:59.044	M50 7	1188
79	ALBINO FARIA	Btt Carreira	01:35:10.054	M50 8	1214
80	SILVÉRIO PEREIRA	Protek Running	01:35:12.064	M50 9	1101
81	MANUEL SOUSA	Bora Lá	01:35:15.091	M50 10	1114
82	PEDRO MARINO	Vidaativarunners	01:35:37.009	MSEN 50	1061
83	ANTONIO SILVA		01:35:47.097	M40 22	1226
84	JOÃO SILVA		01:35:57.020	M40 23	1043
85	AVELINO FIGUEIREDO	Águias De Alvelos	01:36:24.093	M40 24	1212
86	SÉRGIO SILVA		01:36:31.066	M40 25	1020
87	PEDRO PIMENTA	Sem Medo	01:36:43.082	M40 26	1119
88	NUNO CARAÇA	Umfca Warriors	01:37:00.051	MSEN 51	1181
89	LURDES PINHEIRO	Sem Medo	01:37:47.094	F40 1	1029
90	ANTÓNIO COELHO	Sem Medo	01:37:48.012	M50 11	1120
91	MIGUEL OLIVEIRA	Vidaativarunners	01:37:58.020	M50 12	1057
92	MÁRCIO FIGUEIREDO	Arrastadeiras Team	01:37:58.072	MSEN 52	1201
93	PAULO FARIA	Águias De Alvelos	01:38:00.077	M40 27	1211
94	RICARDO VAZ	Alexandra Carvalho Team	01:38:21.064	MSEN 53	1149
95	LILIANA GONÇALVES	Dragon Club	01:39:40.048	FSEN 2	1090
96	DIOGO COSTA	Senra	01:39:47.006	M50 13	1143
97	JORGE PIRES	Trail Team Montaria	01:40:31.001	M40 28	1252
98	CARLA SALGADO	B.T.M.	01:40:35.089	F40 2	1052
99	CARLOS MARTINS		01:40:46.084	MSEN 54	1054
100	PEDRO FERREIRA	A Seita	01:41:01.055	M40 29	1203
101	HELDER SILVA	Btt Carreira	01:41:08.014	MSEN 55	1242
102	MARCO PEREIRA	Btt Carreira	01:41:08.031	MSEN 56	1241
103	IVO BRAS		01:41:31.085	MSEN 57	1048
104	FERNANDO AMARO	Clube Trilheiros E Amigos	01:41:45.036	M50 14	1160
105	JOSÉ BOAS		01:41:51.074	M40 30	1055
106	SERGIO FERNANDES		01:41:52.089	M40 31	1222
107	VITOR ANDRADE	Sem Medo	01:41:53.001	M40 32	1122
108	CARINA PINHO	Umfca Warriors	01:41:55.061	FSEN 3	1183
109	MARIIA LYSA	Motorline	01:41:56.023	FSEN 4	1219
110	LIBÂNIA LOPES	Ker Sport Trail Running	01:42:40.067	FSEN 5	1158
111	ANDRÉ REGO	Motorline	01:42:42.047	MSEN 58	1136
112	RICARDO MAGALHAES	Havaianas	01:44:05.070	MSEN 59	1221
113	ANGELO SENRA	Vilacelos	01:44:07.078	MSEN 60	1072
114	CRISTINA MATOS	Ker Sport Trail Running	01:44:12.051	FSEN 6	1168

Lugar	Nome	Equipa	Tempo	Escalão	Dorsal
115	ARTUR SILVA	Motorline	01:46:00.012	MSEN 61	1159
116	PEDRO SOUSA	Motorline	01:46:00.027	MSEN 62	1156
117	ERNESTO MACEDO	Runners Flylondon Team	01:46:21.086	M40 33	1174
118	PAULO MONTEIRO	Vidaativarunners	01:47:42.093	M40 34	1058
119	MANUEL BORGES		01:48:17.053	M40 35	1053
120	NUNO SILVA	B.T.M.	01:49:05.055	MSEN 63	1036
121	HÉLDER ARAÚJO		01:49:06.017	MSEN 64	1233
122	JOSE GOMES	Edgar	01:49:07.003	M40 36	1145
123	PAULO SANTOS	Gaventura	01:49:50.067	MSEN 65	1243
124	LUÍS COELHO	Protek Running	01:49:55.038	M40 37	1100
125	ELVIS ROCHA	Gaventura	01:49:57.098	MSEN 66	1140
126	JORGE SILVA		01:50:02.020	MSEN 67	1232
127	SANDRA FARIA		01:50:04.063	FSEN 7	1164
128	EDGAR FONSECA		01:50:04.094	MSEN 68	1248
129	TIAGO SILVA		01:50:11.020	MSEN 69	1045
130	FRANCISCO FERREIRA	Adeca	01:51:11.008	M40 38	1041
131	JOEL SILVA	Vidaativarunners	01:51:16.072	MSEN 70	1064
132	RICARDO VIEIRA	Vidaativarunners	01:51:16.077	MSEN 71	1062
133	JOAQUIM MIRANDA	Vidaativarunners	01:51:16.086	MSEN 72	1056
134	PAULA FERREIRA	Akuafit	01:51:42.077	F40 3	1128
135	ANTÓNIO MOREIRA	Segundas A Correr	01:51:46.069	M40 39	1173
136	MÓNICA DOMINGUES	Lebres Minhotas	01:52:05.068	FSEN 8	1148
137	ANDREIA POMBO	Motorline	01:52:12.082	FSEN 9	1075
138	PAULO AZEVEDO	Lanhas Tt	01:52:16.051	M40 40	1025
139	PAULO FERREIRA	A Seita	01:53:07.049	M40 41	1204
140	ANABELA GONÇALVES	Protek Running	01:53:24.080	F40 4	1104
141	PAULO RODRIGUES	Arrastadeiras Team	01:53:46.023	MSEN 73	1198
142	NELSON VELOSO	Aventureiros	01:53:53.052	MSEN 74	1167
143	VITOR FONSECA	Edgar	01:53:56.006	MSEN 75	1147
144	JORGE SILVA	Edgar	01:53:59.046	M40 42	1146
145	CLÁUDIA PEREIRA	Edl Trail	01:54:07.014	FSEN 10	1154
146	DARIO CRUZ	Adosa-santa Apolonia	01:54:21.005	M40 43	1085
147	NELSON DANTAS	Ad Calcafolhas	01:54:52.059	MSEN 76	1247
148	DOMINGOS ARAUJO	D.A.S.Confecções	01:54:54.069	M50 15	1037
149	CIDALIA RODRIGUES	Arca Barcelos Runners	01:55:11.067	F40 5	1065
150	ÂNGELA MARTINS	B.T.M.	01:56:15.045	FSEN 11	1125
151	ALBERTO PINHÃO	Clube De Montanhismo De Braga	01:56:15.059	M50 16	1032
152	ISABEL DOMINGUES	Lebres Minhotas	01:56:41.017	F40 6	1129
153	CÉLIA CAMPOS	B.T.M.	01:56:45.098	FSEN 12	1083
154	PAULA SILVA	Protek Running	01:57:09.054	F40 7	1103
155	ANA MATOS	Arca Barcelos Runners	01:57:33.023	F50 1	1216
156	ELISA ALVES		01:57:34.002	FSEN 13	1229
157	ARTUR MORAIS	Vidaativarunners	01:57:45.010	MSEN 77	1106
158	IRENE SILVA	D.A.S.Confecções	01:58:20.047	F40 8	1038
159	TEOTÓNIO BOUCINHA	Castanhas	01:58:51.035	M40 44	1050
160	LUÍS TORRES	Motorline	01:59:10.087	MSEN 78	1078
161	CÁTIA LINHARES	B.T.M.	02:00:39.062	FSEN 14	1073
162	ANA PEREIRA	Segundas A Correr	02:00:47.099	F40 9	1080
163	GUILHERMINA FERREIRA	Segundas A Correr	02:00:48.009	F40 10	1082
164	RUI FONTES	Bora Lá	02:01:16.061	M40 45	1134
165	MARLENE COSTA	Bora Lá	02:01:16.076	F40 11	1187
166	ISABEL COSTA	Bora Lá	02:01:16.094	FSEN 15	1186
167	DOMINGOS MATEUS	Vilacelos	02:01:32.059	M50 17	1067
168	MANUEL PEREIRA	Vilacelos	02:01:34.019	M50 18	1068
169	MARIA CÉU	Dragon Club	02:02:04.007	F40 12	1087
170	JOÃO DIAS	JF	02:02:04.014	M40 46	1152
171	DANIEL GOMES		02:02:49.078	M40 47	1178

Lugar	Nome	Equipa	Tempo	Escalão	Dorsal
172	FERNANDO GOMES	Vidaativarunners	02:03:36.038	M40	48 1063
173	FATIMA MARINHO	Sem Medo	02:03:55.080	FSEN	16 1118
174	MANUEL PEIXOTO		02:04:59.078	M40	49 1042
175	DAVID VAZ	Alexandra Carvalho Team	02:05:10.075	M40	50 1150
176	ROSA ALVES		02:05:30.070	F40	13 1028
177	FÁBIO PEREIRA	Motorline	02:05:43.094	MSEN	79 1155
178	MANUEL PAIVA	Paiva Team	02:06:04.000	M50	19 1023
179	CARLOS SERRA	Vidaativarunners	02:07:52.032	M40	51 1059
180	AMÉRICO FERREIRA		02:08:15.009	M50	20 1047
181	SANDRA SILVA		02:08:15.063	FSEN	17 1040
182	BRUNO NUNES		02:08:15.080	MSEN	80 1039
183	RAFAEL ROCHA		02:09:05.024	MSEN	81 1162
184	ISABEL SABINO		02:09:50.047	F40	14 1169
185	SOFIA LOPES		02:09:52.059	FSEN	18 1170
186	NORBERTA GRILO		02:10:56.053	F40	15 1044
187	HÉLDER SILVA		02:11:50.084	MSEN	82 1236
188	PAULA COSTA		02:11:51.012	F40	16 1237
189	JOSE FERNANDES	Vilacelos	02:13:32.027	M50	21 1070
190	CRISTINA MEIRA	Adosa-santa Apolonia	02:14:58.093	FSEN	19 1084
191	CECILIA HIPOLITO		02:16:06.043	FSEN	20 32
192	PAULA SILVA	Sem Medo	02:16:18.049	F40	17 1123
193	JOÃO SANTOS	Barcelmalhas	02:19:30.010	MSEN	83 1207
194	SANDRA FREITAS	Afrikanrunners	02:19:42.047	FSEN	21 1074
195	MIGUELA MONTEIRO	Afrikanrunners	02:19:42.078	F40	18 1094
196	NATÁLIA PEREIRA	Protek Running	02:24:58.036	FSEN	22 1102
197	DANIEL OLIVEIRA	Arc Vale S. Cosme	02:37:54.089	MSEN	84 1112
198	JOANA ARAUJO		02:40:25.062	FSEN	23 1110
199	PEDRO SANCHES	Vilacelos	02:40:26.030	MSEN	85 1069
200	CARLOS ARAUJO	Vilacelos	02:40:26.040	MSEN	86 1071
201	TATIANA RAMOS		02:40:26.050	FSEN	24 1079
202	ALEXANDRA PINHO	Arrastadeiras Team	02:42:44.076	FSEN	25 1200
203	JOSÉ PEREIRA		02:43:49.020	M40	52 1246
204	VÂNIA OLIVEIRA	Nós Acreditamos	02:44:01.081	F40	19 1166
205	LEANDRO TEIXEIRA	Nós Acreditamos	02:44:01.084	MSEN	87 1165
206	JOANA CAMPOS	Arrastadeiras Team	02:44:06.070	FSEN	26 1197
207	ANABELA SANTOS	Arrastadeiras Team	02:45:37.058	FSEN	27 1199
208	SÉRGIO SANTOS		02:46:38.069	M40	53 1235
209	PATRÍCIA VALE	Barcelmalhas	03:09:38.033	F40	20 1205