Trail Amigos da Montanha 2017

Barcelos, PT

19-novembro-2017

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	9,6ºC	41%
End	14:01	9,6ºC	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2449	Fernando Lemos	gaia trail	Senior Masculino	01:33:15		04:40
2	2625	Carlos veloso	airórun	Veterano M40	01:34:10	+00:55	04:43
3	2447	Paulo Oliveira	oralklass – amigos do trail	Senior Masculino	01:34:43	+01:27	04:44
4	2360	Dinis Gonçalves	gaia trail	Veterano M40	01:35:07	+01:51	04:45
5	2688	Diogo Fernandes	dr. merino/4moove	Senior Masculino	01:35:20	+02:04	04:46
6	2696	Cristiano José Moreira dos Santos	yogurtneste trail running team	Senior Masculino	01:35:32	+02:16	04:47
7	2005	Pedro Santos	fugitivos urbanos - clínica + saúde	Veterano M40	01:35:54	+02:38	04:48
8	2539	Paulo Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	01:38:18	+05:02	04:55
9	2318	Álvaro Gabriel Vasconcelos da Silva	fridão sem limites	Senior Masculino	01:38:27	+05:11	04:55
10	2001	Bruno Silva	afacycles sport	Veterano M40	01:39:24	+06:08	04:58
11	2530	Vitor Manuel Monteiro da Costa	a.d.amarante trail running	Veterano M40	01:39:53	+06:37	05:00
12	2302	Hugo Silva	spin&run esposende	Senior Masculino	01:43:10	+09:54	05:09
13	2398	Luis Gil	gaia trail	Veterano M40	01:43:24	+10:08	05:10
14	2624	Joao ferreira	airórun	Senior Masculino	01:43:54	+10:38	05:12
15	2384	Ivo Peko	gaia trail	Senior Masculino	01:44:35	+11:19	05:14
16	2028	Fernando Figueiredo	centro ciclista de gondomar	Veterano M40	01:44:49	+11:34	05:14
17	2631	João Patrício	dr. merino/4moove	Sub 23 Masculino	01:45:00	+11:44	05:15
18	2260	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:46:42	+13:26	05:20
19	2452	Ivo Silva	associação desportiva da efacec	Senior Masculino	01:48:20	+15:05	05:25
20	2371	João Pedro Leal	white running team	Senior Masculino	01:48:21	+15:05	05:25
21	2531	Carlos Queiros	a.d.amarante trail running	Senior Masculino	01:48:34	+15:19	05:26
22	2164	Ciano Ribeiro	associação desportiva de carvalhal	Veterano M40	01:48:58	+15:42	05:27
23	2235	Bernardino José das Neves Alves Moreira Pinto	dr. merino/4moove	Senior Masculino	01:49:22	+16:07	05:28
24	2018	David Tavares	centro ciclista de gondomar	Veterano M50	01:49:51	+16:35	05:30
25	2149	Igor Bruno Palhares Moreira	melgaço alvarinho trail	Veterano M40	01:50:56	+17:40	05:33
26	2408	Francisco Castelo Branco	place foz prime	Veterano M50	01:50:58	+17:42	05:33
27	2247	Carlos Miguel Oliveira Coelho	trail me	Senior Masculino	01:51:02	+17:46	05:33
28	2225	Nuno Miguel Oliveira Pereira	ada rio neiva	Senior Masculino	01:51:20	+18:04	05:34
29	2374	João Trigueiros	gaia trail	Sub 23 Masculino	01:51:47	+18:31	05:35
30	2438	Adão Paulo Teixeira Monteiro	fridão sem limites	Senior Masculino	01:52:12	+18:56	05:37
31	2484	Paula Sofia Coutinho Soares	autistic runners	Senior Feminino	01:52:12	+18:56	05:37
32	2174	Julio macedo fernandes	associação desportiva de carvalhal	Veterano M40	01:52:31	+19:15	05:38
33	2020	Vitor Sousa	centro ciclista de gondomar	Veterano M50	01:52:51	+19:35	05:39
34	2694	Carlos Nuno Araújo Martins	airórun	Senior Masculino	01:52:53	+19:37	05:39
35	2027	Tiago Gonçalves Portela	alexandra carvalho team	Senior Masculino	01:53:58	+20:42	05:42
36	2599	Jose Rocha	barcelos team portugal	Veterano M40	01:54:42	+21:26	05:44
37	2479	Fernando Oliveira	individual	Veterano M40	01:55:35	+22:19	05:47
38	2095	Joaquim da Silva Rodrigues	acrroriz	Veterano M50	01:55:39	+22:23	05:47

TRAIL CURTO - STAGE 1 — 20 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	2094	Manuel Joaquim Maciel Miranda	acrroriz	Veterano M50	01:55:54	+22:38	05:48
40	2171	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:56:04	+22:48	05:48
41	2075	Adriano	lusitanos	Veterano M40	01:56:21	+23:05	05:49
42	2526	Marcelo Ramos Martins	padela natural team-fisiofreixo	Senior Masculino	01:56:30	+23:15	05:50
43	2217	António Cardoso	associação desportiva de carvalhal	Veterano M40	01:56:44	+23:28	05:50
44	2312	Paulo Teixeira Sousa	fridão sem limites	Veterano M40	01:57:28	+24:13	05:52
45	2072	PAULO BALTASAR MARTINS	individual	Veterano M50	01:57:32	+24:16	05:53
46	2359	Paulo Madeira	gaia trail	Senior Masculino	01:57:33	+24:17	05:53
47	2633	Daniel Raimundo Martins Cardoso	airórun	Veterano M40	01:57:34	+24:18	05:53
48	2314	Nuno Ricardo Carvalho Silva	the newbies	Senior Masculino	01:58:36	+25:20	05:56
49	2187	Nuno Ferreira	trail me	Senior Masculino	01:58:46	+25:31	05:56
50	2002	Maria Areias	individual	Senior Feminino	01:59:06	+25:50	05:57
51	2703	Filipe Carneiro	oralklass – amigos do trail	Senior Masculino	01:59:06	+25:51	05:57
52	2501	Rafael Fernandes de Abreu	ada rio neiva	Senior Masculino	01:59:47	+26:31	05:59
53	2114	Ernesto Marques Alves	juventude cortegacense	Veterano M40	01:59:58	+26:42	06:00
54	2176	Francisco Moreira	ss montepio	Veterano M40	01:59:59	+26:43	06:00
55	2076	João Carlos Ferreira da Silva	ade trail running	Senior Masculino	02:00:27	+27:11	06:01
56	2142	Hugo Manuel Gallego Machado Sousa Brito	café candelabro	Veterano M40	02:00:43	+27:27	06:02
57	2154	Pedro Filipe Torres Nunes	individual	Senior Masculino	02:01:06	+27:50	06:03
58	2527	Filipe Oliveira Ramos	aesthetically team running	Veterano M40	02:01:07	+27:51	06:03
59	2352	Antonio Francisco Dantas Barbosa	individual	Veterano M40	02:01:11	+27:55	06:04
60	2019	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	02:01:13	+27:57	06:04
61	2585	Antonio Borge	porto sentido runners	Veterano M40	02:01:13	+27:57	06:04
62	2208	José Ponte	edv-viana trail	Veterano M60	02:01:22	+28:06	06:04
63	2104	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	02:01:41	+28:25	06:05
64	2480	Filipe Ricardo Pinto Ferreira	os lobos do saibro	Senior Masculino	02:02:29	+29:13	06:07
65	2376	Cláudio Domingos Martins Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:02:30	+29:14	06:08
66	2451	Mário Ferreira	associação desportiva da efacec	Veterano M40	02:02:50	+29:35	06:09
67	2236	Miguel Ângelo Salgueiro Araúj	trail me	Veterano M40	02:03:07	+29:51	06:09
68	2023	João Barbosa	global trail	Sub 23 Masculino	02:03:41	+30:25	06:11
69	2413	Joaquim Manuel Soares Miranda	vidaativarunners	Senior Masculino	02:03:46	+30:30	06:11
70	2514	JOSÉ LOPES	vidaativarunners	Senior Masculino	02:03:46	+30:30	06:11
71	2649	Pedro Miranda	vidaativarunners	Veterano M40	02:03:46	+30:30	06:11
72	2015	Jorge Silva	centro ciclista de gondomar	Veterano M50	02:03:54	+30:38	06:12
73	2074	Nelson	lusitanos	Senior Masculino	02:04:13	+30:57	06:13
74	2004	Maria Gonçalves	oralklass – amigos do trail	Senior Feminino	02:04:48	+31:32	06:14
75	2554	Diogo Leiras	sidónios	Senior Masculino	02:04:57	+31:41	06:15
76	2257	Bruno Eusébio da Rocha Pereira	adeca associação desportiva de castelões	Senior Masculino	02:05:10	+31:54	06:16
77	2320	Ines	individual	Senior Feminino	02:05:18	+32:02	06:16
78	2339	Paulo Alexandre da Fonseca Amadeu	gaia trail	Veterano M40	02:05:23	+32:08	06:16

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
79	2629	André Pereira Dias	eu é mais bolos	Senior Masculino	02:05:29	+32:14	06:16
80	2372	JOAQUIM DA CUNHA GOMES DE SÁ	barcelos runners	Veterano M40	02:05:51	+32:35	06:18
81	2619	Paulo Ribeiro	edv-viana trail	Veterano M40	02:05:58	+32:43	06:18
82	2354	Carlos Gaspar Brandão Correia Martins	run4life	Veterano M40	02:06:07	+32:51	06:18
83	2330	Luís Paulo Matos Ferreira	minho e lima trail	Veterano M40	02:06:11	+32:55	06:19
84	2218	Óscar Miguel Ribeiro Costa	associação desportiva de carvalhal	Senior Masculino	02:06:14	+32:58	06:19
85	2085	Abel Silva	juventude cortegacense	Senior Masculino	02:06:22	+33:06	06:19
86	2533	Miguel Barros	a.d.amarante trail running	Veterano M40	02:06:45	+33:29	06:20
87	2266	Lígia Mendes	gaia-running	Veterana F40	02:06:53	+33:37	06:21
88	2267	André Pessoa Dias	gaia-running	Veterano M40	02:06:53	+33:37	06:21
89	2244	Ricardo Filipe Figueiredo Ferreira	gtt-armazém do caffè	Senior Masculino	02:07:02	+33:46	06:21
90	2500	Tiago Correia	carlos jorge marques ribeiro	Senior Masculino	02:07:03	+33:47	06:21
91	2638	José Mateus Tavares	sidónios	Veterano M50	02:07:23	+34:08	06:22
92	2204	Sérgio Jesus Costa	lusos xxi	Senior Masculino	02:07:49	+34:33	06:23
93	2246	Eric Alexandre Couto Carvalho	ermida team	Senior Masculino	02:08:03	+34:47	06:24
94	2331	João Paulo Antunes da Cruz	minho e lima trail	Senior Masculino	02:08:15	+34:59	06:25
95	2690	Artur Linhares	individual	Senior Masculino	02:08:41	+35:25	06:26
96	2435	Fernando Fernandes Pinheiro	individual	Senior Masculino	02:08:57	+35:41	06:27
97	2510	Jorge Barbosa	paredes aventura	Veterano M40	02:09:05	+35:49	06:27
98	2666	António Carlos Sousa Vilas Boas	fisipadrão/lusosport	Veterano M40	02:09:07	+35:51	06:27
99	2630	Sérgio Luis Rodrigues Martins	b.t.m.	Senior Masculino	02:09:09	+35:53	06:27
100	2082	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:09:10	+35:55	06:28
101	2221	Marco André de Sousa Pinto	individual	Senior Masculino	02:09:26	+36:10	06:28
102	2124	HELDER ROBERTO SANTOS AZEVEDO	airórun	Veterano M40	02:09:29	+36:13	06:28
103	2564	João Carlos Soutelo Couto	barcelos runners	Senior Masculino	02:10:08	+36:52	06:30
104	2397	Nuno Miguel Lima Gonçalves	individual	Senior Masculino	02:10:33	+37:18	06:32
105	2054	João Ricardo da Cunha Santos	vimarunners	Senior Masculino	02:10:49	+37:33	06:32
106	2357	Fábio Alexandre Barros Durães	individual	Senior Masculino	02:11:04	+37:48	06:33
107	2313	Hugo Tiago Silva Faria	the newbies	Senior Masculino	02:11:16	+38:00	06:34
108	2578	Pedro Costa	dive | into the mountains	Veterano M40	02:11:39	+38:23	06:35
109	2140	Fernando Coelho	caracóis do monte	Veterano M40	02:11:46	+38:30	06:35
110	2161	Carlos Miguel Tomé Fernande	individual	Senior Masculino	02:11:53	+38:37	06:36
111	2355	Orlando Xavier Gomes Amorim	associação desportiva de carvalhal	Senior Masculino	02:11:57	+38:41	06:36
112	2537	Ângela Macedo Soares	a.d.amarante trail running	Senior Feminino	02:12:04	+38:48	06:36
113	2399	Patrício Marques Afonso	individual	Veterano M40	02:12:10	+38:54	06:37
114	2450	Miguel Cruz	associação desportiva da efacec	Veterano M40	02:12:55	+39:39	06:39
115	2504	Ricardo Vieira	individual	Veterano M40	02:12:55	+39:39	06:39
116	2383	Daniel Ramalhao	portocargo	Senior Masculino	02:12:56	+39:40	06:39
117	2615	Mario Oliveira	shots international runners	Senior Masculino	02:12:58	+39:42	06:39
118	2160	Raul Pereira Fernandes	cerveira team running/clube celtas do minho	Veterano M60	02:13:05	+39:49	06:39
119	2653	Manuel Gomes	fama runners	Veterano M40	02:13:25	+40:09	06:40
120	2411	Jorge Guilherme Lopes Brito	individual	Veterano M40	02:13:25	+40:09	06:40

TRAIL CURTO - STAGE 1 — 20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
121	2105	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M40	02:13:49	+40:33	06:41
122	2431	Tiago João Cerqueira Teles	individual	Senior Masculino	02:14:01	+40:45	06:42
123	2144	João Renato M P Pereira	gtt-armazém do caffè	Senior Masculino	02:14:27	+41:12	06:43
124	2639	Rui Pedro Pena	sidónios	Veterano M40	02:14:35	+41:19	06:44
125	2641	Paulo Costa	sidónios	Veterano M40	02:14:35	+41:20	06:44
126	2474	Eva Jesus Costa Martins	individual	Veterana F40	02:15:02	+41:47	06:45
127	2520	António Carlos Silva Teixeira	fridão sem limites	Veterano M50	02:15:07	+41:51	06:45
128	2702	Brigida Pinto	oralklass – amigos do trail	Senior Feminino	02:15:14	+41:58	06:46
129	2516	Jorge Miguel leite de oliveira	individual	Senior Masculino	02:15:17	+42:01	06:46
130	2006	Nádia Casteleiro	oralklass – amigos do trail	Senior Feminino	02:15:18	+42:02	06:46
131	2003	Nuno Alves	oralklass – amigos do trail	Senior Masculino	02:15:18	+42:03	06:46
132	2669	George Ferreira Araújo	individual	Veterano M40	02:15:23	+42:08	06:46
133	2662	Amadeu Peixoto	global trail	Veterano M40	02:15:38	+42:22	06:47
134	2542	Rosa Barros	a.d.amarante trail running	Veterana F40	02:15:49	+42:33	06:47
135	2052	Pedro Bogas	b'life outdoor team	Veterano M40	02:15:50	+42:35	06:48
136	2644	António Freitas	sidónios	Veterano M40	02:15:55	+42:39	06:48
137	2055	Paulo Jorge da Silva Alves	gondomar futsal clube	Veterano M40	02:15:55	+42:39	06:48
138	2647	Manuel Martins	vidaativarunners	Veterano M40	02:16:02	+42:46	06:48
139	2709	Ricardo Pimenta	individual	Veterano M40	02:16:13	+42:57	06:49
140	2141	Vitor Manuel Diniz Maio	individual	Senior Masculino	02:16:16	+43:00	06:49
141	2343	Luis Carlos Sá Laranjeira	laranjeira runners	Senior Masculino	02:16:25	+43:09	06:49
142	2024	Pedro Miguel Pereira Martins	individual	Senior Masculino	02:16:31	+43:15	06:50
143	2382	Tania Bateira	portocargo	Senior Feminino	02:16:44	+43:28	06:50
144	2406	Rafael Junqueira Kerr	place foz prime	Veterano M40	02:16:48	+43:32	06:50
145	2387	JOAO PAULO COSTA CORREIA MONTEIO	pes de chumbo	Veterano M40	02:16:56	+43:40	06:51
146	2170	Andreia ribeiro almeida	fridão sem limites	Senior Feminino	02:17:19	+44:03	06:52
147	2338	João Fernando Sá Laranjeira	laranjeira runners	Senior Masculino	02:17:21	+44:05	06:52
148	2675	Orlando Costa	equipa joão ferreira	Veterano M40	02:17:59	+44:43	06:54
149	2529	José Filipe Dinis Barros	a.d.amarante trail running	Senior Masculino	02:18:13	+44:58	06:55
150	2541	Ana Isabel Pereira Ferreira	a.d.amarante trail running	Senior Feminino	02:18:14	+44:58	06:55
151	2483	António Da Cruz Sousa Fernandes	individual	Veterano M40	02:18:27	+45:11	06:55
152	2494	Pedro Nogueira	marco runners	Senior Masculino	02:18:52	+45:36	06:57
153	2238	Rui Pedro da Silva Rodrigues	mountain runners	Veterano M40	02:18:52	+45:36	06:57
154	2210	António Luis Esteves Coelho	trail me	Veterano M40	02:18:57	+45:41	06:57
155	2112	Ana Maria Amaral	centro ciclista de gondomar	Veterana F40	02:19:02	+45:46	06:57
156	2704	João Orlando Pereira	individual	Veterano M40	02:19:30	+46:14	06:59
157	2589	Antonino Gonçalves	cerveira team running/clube celtas do minho	Veterano M50	02:19:33	+46:17	06:59
158	2482	Filipe Alves	cerveira team running/clube celtas do minho	Veterano M40	02:19:33	+46:17	06:59
159	2667	José Manuel Padrão Ferreira	individual	Senior Masculino	02:19:44	+46:29	06:59
160	2009	ARTUR FILIPE DE MATOS PEREIRA	shots international runners	Senior Masculino	02:19:53	+46:37	07:00
161	2025	Hélder Renato Lima Martins	amigos para correr	Senior Masculino	02:19:59	+46:43	07:00
162	2022	Daniel António Neto Alves	individual	Veterano M40	02:19:59	+46:44	07:00
163	2678	Sergio Fernando Gomes Sá	givec	Veterano M40	02:20:07	+46:51	07:00

TRAIL CURTO - STAGE 1 — 20 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
164	2445	Isabel Cunha	cerveira team running/clube celtas do minho	Veterana F40	02:20:14	+46:58	07:01
165	2467	Francisco Alves	individual	Veterano M40	02:20:14	+46:58	07:01
166	2607	Isabel Almeida	correr leça	Senior Feminino	02:20:27	+47:11	07:01
167	2278	Pedro Justo	correr leça	Veterano M40	02:20:28	+47:12	07:01
168	2602	Rui Brito	g. aventura	Senior Masculino	02:20:37	+47:21	07:02
169	2456	Fernando António Teixeira Soares	g. aventura	Veterano M40	02:20:49	+47:33	07:02
170	2265	Nuno Almeida	gaia-running	Senior Masculino	02:21:19	+48:03	07:04
171	2269	Jorge Pereira	gaia-running	Veterano M40	02:21:19	+48:04	07:04
172	2234	Luísa Catarina Costa Azevedo	team lantemil	Senior Feminino	02:21:30	+48:14	07:05
173	2436	Manuel Luis Rocha Brabosa	paredes running	Veterano M40	02:21:46	+48:30	07:05
174	2375	Jose Bento Morais	gaia trail	Veterano M50	02:21:51	+48:35	07:06
175	2656	Ana Cardoso	fama runners	Senior Feminino	02:21:55	+48:39	07:06
176	2422	José Mendes	gondomar futsal clube	Veterano M50	02:22:14	+48:58	07:07
177	2491	Sérgio Silva	fugitivos urbanos - clínica + saúde	Senior Masculino	02:22:19	+49:03	07:07
178	2377	Carlos Miguel Santos Linhares	associação desportiva de carvalhal	Senior Masculino	02:22:23	+49:07	07:07
179	2048	Domingos Jerónimo Ribeiro Gomes	bttrilhos.pg	Veterano M40	02:22:24	+49:08	07:07
180	2628	IVÓNIO MARTINS	tmp	Senior Masculino	02:22:26	+49:10	07:07
181	2231	Paulo Oliveira	spin&run esposende	Senior Masculino	02:22:34	+49:18	07:08
182	2577	Paulo Ribeiro	dive | into the mountains	Veterano M40	02:22:40	+49:24	07:08
183	2294	Manuel Luís Miranda de Morais	ada rio neiva	Senior Masculino	02:22:44	+49:28	07:08
184	2423	Arselio Sousa Remelhe	individual	Veterano M40	02:22:54	+49:38	07:09
185	2476	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	02:23:00	+49:44	07:09
186	2340	Josep Bernat Perelló	individual	Senior Masculino	02:23:07	+49:52	07:09
187	2558	André Pereira	sidónios	Sub 23 Masculino	02:23:09	+49:54	07:09
188	2309	Paulo Filipe Fernandes Monteiro	vidaativarunners	Veterano M40	02:23:20	+50:04	07:10
189	2521	Manuel martins	alvelinhos running	Veterano M40	02:23:25	+50:09	07:10
190	2084	Marcia Castro Costa	juventude cortegacense	Veterana F40	02:23:29	+50:13	07:10
191	2194	Mário Miguel Lourenço Coelho	eu+2	Senior Masculino	02:24:02	+50:47	07:12
192	2600	Nuno Miguel Nunes Neves	100meta	Senior Masculino	02:24:03	+50:47	07:12
193	2287	William Santos	spin&run esposende	Senior Masculino	02:24:20	+51:04	07:13
194	2515	MIGUEL OLIVEIRA	vidaativarunners	Veterano M50	02:24:26	+51:10	07:13
195	2263	Vítor Fernandes	gaia-running	Veterano M40	02:24:38	+51:23	07:14
196	2351	Carlos miguel oliveira esteves	trail me	Senior Masculino	02:24:39	+51:23	07:14
197	2308	Steven Florence Vitorino Pereira	ada rio neiva	Senior Masculino	02:24:40	+51:24	07:14
198	2056	Rui Manuel Campinho Vilas Boas	associação desportiva de carvalhal	Veterano M40	02:24:45	+51:29	07:14
199	2321	Nelson freitas	afrikanrunners	Senior Masculino	02:24:46	+51:30	07:14
200	2454	Hugo Barroso	associação desportiva da efacec	Senior Masculino	02:25:08	+51:52	07:15
201	2264	Rui Pereira	gaia-running	Veterano M40	02:25:29	+52:13	07:16
202	2062	Joaquim Filipe da Cunha Mimoso Lima	individual	Veterano M40	02:25:44	+52:28	07:17
203	2594	Vitor hugo gonaçalves costa	individual	Senior Masculino	02:25:47	+52:31	07:17

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
204	2444	Manuel António e Sá da Graça	palmeira runners	Veterano M40	02:25:51	+52:35	07:18
205	2079	Ariana Sofia Barroso de Araújo	minho aventura	Senior Feminino	02:25:51	+52:36	07:18
206	2637	Pedro Magalhães	sidónios	Senior Masculino	02:25:59	+52:43	07:18
207	2645	Bruno Lopes	sidónios	Senior Masculino	02:25:59	+52:43	07:18
208	2169	Nuno Nabeiro	melgaço alvarinho trail	Veterano M40	02:26:11	+52:55	07:19
209	2486	José Luis Machado Loureiro	autistic runners	Veterano M50	02:26:22	+53:06	07:19
210	2281	Rui Miguel da Costa Teixeira	team lantemil	Veterano M40	02:26:26	+53:10	07:19
211	2477	Ricardo Tomé Ribeiro Guimarães	individual	Senior Masculino	02:26:52	+53:37	07:21
212	2386	PAULO HENRIQUES	pes de chumbo	Veterano M40	02:26:54	+53:38	07:21
213	2185	Rafaela Alexandra Ramos Moreira	acbatalha	Senior Feminino	02:26:55	+53:40	07:21
214	2460	Bruno Miguel Pires Rodrigues	g. aventura	Senior Masculino	02:27:00	+53:44	07:21
215	2459	Joaquim Augusto Gomes Figueiredo	g. aventura	Senior Masculino	02:27:00	+53:44	07:21
216	2518	Pedro Pereira	individual	Veterano M40	02:27:06	+53:50	07:21
217	2016	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:27:09	+53:53	07:21
218	2040	José Manuel Rodrigues Costa	palmeira runners	Veterano M40	02:27:10	+53:54	07:22
219	2039	Domingos Manuel Oliveira Peixoto	palmeira runners	Veterano M40	02:27:10	+53:54	07:22
220	2089	Rui Miguel Pereira de Sousa	palmeira runners	Senior Masculino	02:27:10	+53:54	07:22
221	2088	José Augusto Lopes Ferreira	palmeira runners	Veterano M40	02:27:10	+53:55	07:22
222	2348	Carla Maria Martins Amorim	run4life	Senior Feminino	02:27:33	+54:17	07:23
223	2165	Catarina Fagundes Amorim	gd castelense	Senior Feminino	02:27:40	+54:24	07:23
224	2209	Miguel Ângelo Mendanha Faria	individual	Senior Masculino	02:27:40	+54:24	07:23
225	2175	Ivo Daniel Azevedo Sampaio	individual	Senior Masculino	02:27:50	+54:34	07:23
226	2538	José Manuel Teixeira Rocha	a.d.amarante trail running	Veterano M40	02:27:58	+54:42	07:24
227	2289	Filipe Reis Pinheiro	fridão sem limites	Veterano M40	02:27:58	+54:42	07:24
228	2186	Maria Conceição Queiroz Oliveira	gtt-armazém do caffè	Veterana F50	02:28:00	+54:45	07:24
229	2213	Patricia Fernandes	amigos	Veterana F40	02:28:06	+54:50	07:24
230	2608	João Carlos Silva Rebelo	nijori runners	Senior Masculino	02:28:06	+54:50	07:24
231	2549	Vitor Manuel Rodrigues Martins	maximusteam	Veterano M40	02:28:21	+55:05	07:25
232	2367	Pedro Marques	factor x / s4l / medense fc	Veterano M40	02:28:34	+55:18	07:26
233	2138	Diogo Resende	caracóis do monte	Senior Masculino	02:29:02	+55:46	07:27
234	2448	Vitor Almeida	all about	Veterano M50	02:29:13	+55:57	07:28
235	2106	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	02:29:14	+55:58	07:28
236	2391	António Manuel Resende Martins	individual	Senior Masculino	02:29:18	+56:02	07:28
237	2671	Lino Moreira	all about	Veterano M60	02:29:18	+56:02	07:28
238	2153	Ondina Maria Morim Salgado	gtt-armazém do caffè	Senior Feminino	02:29:23	+56:07	07:28
239	2273	António Manuel de Sousa Barros	correr leça	Veterano M40	02:29:24	+56:08	07:28
240	2611	Eulália Sofia Gomes Freitas Rangel	oada - os amigos da aventura	Senior Feminino	02:29:42	+56:27	07:29
241	2612	Luis Miguel Carvalhido Gonçalves	oada - os amigos da aventura	Veterano M40	02:29:43	+56:27	07:29

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
242	2268	José Rodrigues	gaia-running	Veterano M50	02:29:52	+56:37	07:30
243	2392	Luís Vieira	kunalama runners	Senior Masculino	02:29:53	+56:37	07:30
244	2017	Sandra Matos	centro ciclista de gondomar	Veterana F40	02:30:02	+56:46	07:30
245	2215	Monia leonilde neiva martins ribeiro	gtt-armazém do caffè	Senior Feminino	02:30:06	+56:50	07:30
246	2695	NUNO DAVID LOPES ARAUJO	individual	Senior Masculino	02:30:06	+56:51	07:30
247	2455	Paulo José Farinha de Campos	g. aventura	Veterano M40	02:30:10	+56:54	07:30
248	2458	Joaquim Aníbal Lopes Montes	g. aventura	Senior Masculino	02:30:10	+56:54	07:30
249	2419	Luís Nuno Escortell Sendao	individual	Senior Masculino	02:30:22	+57:06	07:31
250	2591	Rui Dias Teixeira	individual	Veterano M40	02:30:26	+57:10	07:31
251	2270	Catarina Figueiredo	gaia-running	Senior Feminino	02:30:29	+57:13	07:31
252	2271	César Teixeira	gaia-running	Veterano M40	02:30:29	+57:13	07:31
253	2197	Miguel Seca	shots international runners	Senior Masculino	02:30:29	+57:13	07:31
254	2574	Fátima Oliveira	dive | into the mountains	Senior Feminino	02:30:45	+57:29	07:32
255	2081	Rui Fernando Rosas de Oliveira	lusitanos	Senior Masculino	02:30:52	+57:36	07:33
256	2178	Fernando Carvalho	ss montepio	Veterano M50	02:30:59	+57:44	07:33
257	2282	Patricia Ribeiro	mountain runners	Senior Feminino	02:31:16	+58:00	07:34
258	2274	Cláudia Cunha	correr leça	Veterana F40	02:31:24	+58:08	07:34
259	2196	Pedro Lima	individual	Veterano M40	02:31:36	+58:20	07:35
260	2427	João Augusto da Silva Rodrigues	individual	Senior Masculino	02:31:42	+58:26	07:35
261	2648	José Rocha	vidaativarunners	Senior Masculino	02:32:07	+58:51	07:36
262	2256	Patrícia Lemos	gd castelense	Senior Feminino	02:32:18	+59:02	07:37
263	2362	Raul Ramos Fernandes Barreiros	individual	Senior Masculino	02:32:45	+59:29	07:38
264	2258	Eliana Novo Rodrigues Pereira	tw48/cam	Senior Feminino	02:32:58	+59:42	07:39
265	2492	Miguel Alexandre Alves Martin	individual	Veterano M50	02:33:01	+59:45	07:39
266	2700	Nuno Carvalho	individual	Senior Masculino	02:33:11	+59:56	07:40
267	2493	Bruno Pereira	individual	Senior Masculino	02:33:13	+59:57	07:40
268	2298	Miguel Teixeira	pm	Veterano M40	02:33:16	+01:00:00	07:40
269	2576	Nuno Santos	dive | into the mountains	Veterano M40	02:33:22	+01:00:06	07:40
270	2283	Luis Miguel Moreira Mendes	individual	Veterano M40	02:33:38	+01:00:22	07:41
271	2495	Francisco Pereira da Costa	individual	Veterano M40	02:33:45	+01:00:29	07:41
272	2405	Hélder Mota	lusos xxi	Senior Masculino	02:33:51	+01:00:35	07:42
273	2685	Ana Sofia Gonçalves Coelho	o praticante	Veterana F40	02:33:55	+01:00:40	07:42
274	2697	Alexandre Viana	correr antas à noite	Senior Masculino	02:34:15	+01:00:59	07:43
275	2070	Paulo Hernani Almeida moreira	individual	Veterano M40	02:34:26	+01:01:10	07:43
276	2470	Joaquim Araújo	cerveira team running/clube celtas do minho	Veterano M40	02:34:34	+01:01:18	07:44
277	2087	Ana Catarina Ferreira António Leitão	individual	Senior Feminino	02:34:42	+01:01:26	07:44
278	2086	António Eduardo Carramão de Oliveira Leitão	individual	Senior Masculino	02:34:42	+01:01:26	07:44
279	2379	Marco Oliveira	portocargo	Veterano M40	02:34:56	+01:01:40	07:45
280	2684	Pedro Samarão	individual	Senior Masculino	02:34:57	+01:01:41	07:45

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
281	2109	PEDRO JOAQUIM ARAUJO CARVALHO	arrastassolas	Veterano M40	02:35:11	+01:01:55	07:46
282	2272	Orlanda Rego	gaia-running	Veterana F40	02:35:15	+01:01:59	07:46
283	2441	João Vasco Gil da Silva Gomes Ferreira	clube pessoal edp - v. n. gaia	Veterano M40	02:35:20	+01:02:04	07:46
284	2254	MIGUEL ÂNGELO DA GRAÇA É CASTRO ROCHA	individual	Veterano M40	02:35:25	+01:02:09	07:46
285	2627	RICARDO CERQUEIRA	individual	Veterano M40	02:35:27	+01:02:11	07:46
286	2553	Luís Pedro	guimarunning moscada	Senior Masculino	02:35:36	+01:02:20	07:47
287	2181	Rui Freitas	ss montepio	Veterano M40	02:35:42	+01:02:26	07:47
288	2107	Mario Telmo Pereira dos Santos	arrastassolas	Senior Masculino	02:35:46	+01:02:30	07:47
289	2316	Pedro Jorge Silva Carreiras	individual	Senior Masculino	02:35:47	+01:02:31	07:47
290	2071	Pedro Miguel Carvalho da Silva	individual	Senior Masculino	02:36:03	+01:02:47	07:48
291	2557	Paulo Azevedo	sidónios	Veterano M40	02:36:03	+01:02:48	07:48
292	2277	Manuel Rodrigues	correr leça	Veterano M50	02:36:05	+01:02:50	07:48
293	2212	Wilson Fonseca	amigos	Veterano M40	02:36:07	+01:02:51	07:48
294	2418	Jorge Miguel Alvão Serra Leite da Cunha	nice runners	Veterano M40	02:36:12	+01:02:56	07:49
295	2295	Ricardo Miguel Gonçalves Santos Rocha	b.t.m.	Veterano M40	02:36:17	+01:03:01	07:49
296	2706	Susana Maria Neto Carrasquinho	ss box	Senior Feminino	02:36:19	+01:03:03	07:49
297	2323	Ricardo da Silva Ferreira	associação desportiva de carvalhal	Senior Masculino	02:36:32	+01:03:16	07:50
298	2118	RICARDO JOÃO RIBEIRO DE SOUSA	individual	Senior Masculino	02:36:44	+01:03:28	07:50
299	2707	José Pedro Novais de Carvalho Dias Teixeira	ss box	Veterano M40	02:36:45	+01:03:29	07:50
300	2651	Orlando Pedro Monteiro Rodrigues	maximos team	Senior Masculino	02:36:49	+01:03:33	07:50
301	2111	Ana Sofia Fontes	individual	Senior Feminino	02:36:50	+01:03:34	07:51
302	2548	DOMINGOS COSTA	addc run	Veterano M40	02:36:52	+01:03:36	07:51
303	2650	Antonio Martins	vidaativarunners	Senior Masculino	02:36:56	+01:03:40	07:51
304	2080	José Ricardo Fernandes Silva	individual	Veterano M40	02:37:04	+01:03:48	07:51
305	2285	Franco Sá Costa	fitteam	Veterano M40	02:37:08	+01:03:53	07:51
306	2201	José Fernando dos Santos Oliveira	individual	Veterano M40	02:37:26	+01:04:10	07:52
307	2358	Maria Fernanda Ferreira	correr leça	Veterana F40	02:37:27	+01:04:11	07:52
308	2498	José Leite	individual	Veterano M50	02:37:28	+01:04:12	07:52
309	2478	Ana Pinto	individual	Veterana F40	02:37:31	+01:04:15	07:53
310	2251	Ricardo Duarte	cerveira team running/clube celtas do minho	Senior Masculino	02:37:34	+01:04:18	07:53
311	2536	Nuno André Sampaio Moura	a.d.amarante trail running	Senior Masculino	02:37:37	+01:04:21	07:53
312	2252	António Luis Santos da Costa	braga runners	Veterano M60	02:37:50	+01:04:34	07:53
313	2102	André Filipe Pedrosa da Rocha	individual	Senior Masculino	02:37:52	+01:04:36	07:54
314	2163	Luis Fernando Carvalho Oliveira Martins	individual	Veterano M40	02:37:54	+01:04:38	07:54
315	2681	Paulo Costa	givec	Veterano M40	02:37:56	+01:04:40	07:54
316	2350	Fátima Vieira	somos nós team	Veterana F50	02:37:57	+01:04:41	07:54

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
317	2157	João Ribeiro	individual	Veterano M40	02:37:59	+01:04:43	07:54
318	2156	Célia Maria Portela Sousa	individual	Veterana F40	02:37:59	+01:04:43	07:54
319	2429	Mário Álvaro Rúber de Meneses	porto runners	Veterano M50	02:37:59	+01:04:43	07:54
320	2090	Ricardo Romeu castro rodrigues	guimaraes trail	Veterano M40	02:38:24	+01:05:08	07:55
321	2129	Pedro Matos	gondomar futsal clube	Veterano M40	02:38:33	+01:05:17	07:56
322	2057	Mafalda Sofia Curralo Luís	individual	Senior Feminino	02:38:33	+01:05:17	07:56
323	2093	Ana Margarida Sousa Ferreira	individual	Senior Feminino	02:38:33	+01:05:17	07:56
324	2682	Jorge Azevedo	givec	Veterano M50	02:38:45	+01:05:29	07:56
325	2390	Ricardo Jorge Fernandes Alve	sports&cycling	Senior Masculino	02:38:46	+01:05:30	07:56
326	2127	Filipe Leitão	gondomar futsal clube	Senior Masculino	02:38:49	+01:05:34	07:56
327	2255	Flávio André Alves Sampaio	individual	Senior Masculino	02:38:56	+01:05:40	07:57
328	2613	Luís Filipe Vilas Boas Campos	wtg	Senior Masculino	02:38:58	+01:05:43	07:57
329	2192	Salome cerqueira	edv-viana trail	Veterana F40	02:39:07	+01:05:51	07:57
330	2415	Ricardo Filipe Sousa Moreira	atalanta runners	Senior Masculino	02:39:16	+01:06:00	07:58
331	2241	Ricardo Jorge Macedo Pereira Brandão	trail me	Veterano M40	02:39:35	+01:06:19	07:59
332	2226	César Rafael Macedo Pereira Brandão	trail me	Senior Masculino	02:39:35	+01:06:19	07:59
333	2550	Ernesto Braga Martins de Macedo	runners flylondon team	Veterano M40	02:39:39	+01:06:23	07:59
334	2332	Micael Cunha	gaia trail	Senior Masculino	02:39:42	+01:06:27	07:59
335	2364	Claudia Moutinho	factor x / s4l / medense fc	Sub 23 Feminino	02:39:42	+01:06:27	07:59
336	2134	Bruno Miguel Oliveira Neves	individual	Senior Masculino	02:39:43	+01:06:27	07:59
337	2693	JOSE LUIS COSTA MOREIRA	loja staff	Veterano M50	02:39:46	+01:06:30	07:59
338	2033	Pedro Miguel Barros Rodrigues	happyrun	Veterano M40	02:40:32	+01:07:16	08:02
339	2280	Ricardo Gonçalves	correr leça	Veterano M40	02:40:47	+01:07:31	08:02
340	2381	Ricardo Pereira	portocargo	Senior Masculino	02:40:48	+01:07:32	08:02
341	2598	Pedro Sendao	individual	Veterano M40	02:41:07	+01:07:51	08:03
342	2380	Renato Oliveira	portocargo	Veterano M40	02:41:14	+01:07:58	08:04
343	2581	Humberto Pinho	porto sentido runners	Veterano M50	02:41:16	+01:08:00	08:04
344	2604	Sandra Maria Dias Leite	individual	Senior Feminino	02:41:18	+01:08:02	08:04
345	2605	Abilio Fernando Machado Pereira	individual	Veterano M40	02:41:18	+01:08:02	08:04
346	2409	Ivo Bruno de Oliveira Lopes	place foz prime	Senior Masculino	02:41:22	+01:08:06	08:04
347	2299	Paulo Silva	pm	Senior Masculino	02:41:36	+01:08:20	08:05
348	2060	Tiago André Maia Dias	team lantemil	Senior Masculino	02:41:37	+01:08:21	08:05
349	2073	Hugo Emanuel Silva Rocha	nortrail	Senior Masculino	02:41:41	+01:08:25	08:05
350	2327	Andre alexandre costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:41:42	+01:08:26	08:05
351	2184	PAULO ALEXANDRE CARNEIRO	dive | into the mountains	Veterano M40	02:42:08	+01:08:52	08:06
352	2401	João Vítor Faria Couto	spin&run esposende	Senior Masculino	02:42:09	+01:08:53	08:06
353	2563	Victor Martins	barcelos runners	Senior Masculino	02:42:09	+01:08:53	08:06
354	2220	Rui Manuel Costa Santos	duasdeletra	Veterano M40	02:42:14	+01:08:58	08:07
355	2117	David Cardoso Teixeira	c+ runners	Senior Masculino	02:42:40	+01:09:24	08:08
356	2583	Vasco Luxo	porto sentido runners	Veterano M40	02:42:40	+01:09:25	08:08

TRAIL CURTO - STAGE 1 — 20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
357	2045	Vitor Hugo Bouça Nova Alves	amigos para correr	Senior Masculino	02:42:45	+01:09:29	08:08
358	2410	Antonio Camilo Sousa Leite	lousada hotwheels runners	Senior Masculino	02:42:59	+01:09:43	08:09
359	2012	Hugo Miguel de Sousa Machado	individual	Senior Masculino	02:42:59	+01:09:43	08:09
360	2026	Antonio Soares	global trail	Veterano M40	02:43:04	+01:09:48	08:09
361	2540	Marco Paulo Nunes	a.d.amarante trail running	Senior Masculino	02:43:11	+01:09:56	08:10
362	2461	Pedro Miguel Cerqueira Teles de Oliveira	individual	Senior Masculino	02:43:18	+01:10:02	08:10
363	2505	Elisabete Repas	gaia-running	Veterana F50	02:43:25	+01:10:09	08:10
364	2041	Paulo Jorge Romão de Campos	atalanta runners	Veterano M40	02:43:27	+01:10:11	08:10
365	2524	Bruno Andrade	prova de fogo	Senior Masculino	02:43:32	+01:10:16	08:11
366	2128	Paulo Henriques	gondomar futsal clube	Veterano M40	02:43:37	+01:10:21	08:11
367	2205	Miguel Baptista	bravos da montanha	Senior Masculino	02:43:38	+01:10:22	08:11
368	2120	ALBERTO RAFAEL MARTINS SILVA	amigos para correr	Senior Masculino	02:43:40	+01:10:24	08:11
369	2100	Paulo Castelo	juventude cortegacense	Veterano M50	02:44:04	+01:10:48	08:12
370	2047	Vítor Manuel Almeida Correia	individual	Senior Masculino	02:44:06	+01:10:50	08:12
371	2425	Alice Sousa	dr. merino/4moove	Veterana F40	02:44:25	+01:11:09	08:13
372	2626	Pedro Miguel Barbosa Magalhaes	b.t.m.	Senior Masculino	02:44:32	+01:11:16	08:14
373	2101	Ana Patrícia	b.t.m.	Senior Feminino	02:44:32	+01:11:16	08:14
374	2172	Marco Paulo Marques Dias	quenianos	Veterano M40	02:44:44	+01:11:28	08:14
375	2584	Miguel Pereira	porto sentido runners	Veterano M40	02:44:47	+01:11:31	08:14
376	2636	Nuno Miguel Cunha Freitas Tino Carvalhal	individual	Veterano M40	02:45:08	+01:11:52	08:15
377	2365	Paulo Freitas	factor x / s4l / medense fc	Veterano M40	02:45:17	+01:12:02	08:16
378	2342	Ricardo Manuel Silva Vieira	vidaativarunners	Senior Masculino	02:45:22	+01:12:06	08:16
379	2245	Francisco Tinoco	a d esmeriz running	Senior Masculino	02:45:29	+01:12:13	08:16
380	2121	Susana Santos	a d esmeriz running	Senior Feminino	02:45:29	+01:12:13	08:16
381	2485	Carlos Ferreira	autistic runners	Veterano M40	02:45:39	+01:12:23	08:17
382	2570	Carla Antunes	dive | into the mountains	Veterana F40	02:45:41	+01:12:25	08:17
383	2239	Luis Filipe Miranda vaz	gtt-armazém do caffè	Senior Masculino	02:45:41	+01:12:25	08:17
384	2597	HUGO JOSÉ SOUSA COELHO	lion runners - g. d. leões da guarda	Senior Masculino	02:45:45	+01:12:29	08:17
385	2249	Américo José Coutinho Machado	individual	Veterano M50	02:45:52	+01:12:37	08:18
386	2250	Manuel António Coutinho Machado	individual	Veterano M50	02:45:52	+01:12:37	08:18
387	2393	André Xavier Figueiredo da Silva	b.t.m.	Senior Masculino	02:46:07	+01:12:52	08:18
388	2609	Henrique Graciano Varela Gonçalves	oada - os amigos da aventura	Senior Masculino	02:46:11	+01:12:55	08:19
389	2463	Ana Maria Carvalho Matos	arca barcelos runners	Veterana F40	02:46:15	+01:12:59	08:19
390	2261	António Gonçalves	arca barcelos runners	Veterano M40	02:46:15	+01:12:59	08:19
391	2462	Vitor Manuel Pereira da Silva	arca barcelos runners	Senior Masculino	02:46:16	+01:13:00	08:19
392	2433	Cidalia Rodrigues	arca barcelos runners	Veterana F40	02:46:16	+01:13:00	08:19
393	2573	Emanuel Costa	dive | into the mountains	Senior Masculino	02:46:17	+01:13:01	08:19
394	2606	Daniel Almeida da Silva	barcelos team portugal	Senior Masculino	02:46:19	+01:13:03	08:19

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
395	2665	Joel Almeida Silva	asas nos pés	Senior Masculino	02:46:19	+01:13:03	08:19
396	2286	Rui Manuel Alves Figueiras	associação desportiva carvalhal	Veterano M40	02:46:33	+01:13:17	08:20
397	2686	Isabel Maria da Cruz Barra	opraticante	Veterana F40	02:46:38	+01:13:22	08:20
398	2466	Vitor Perfeito Pereira de Sousa	individual	Veterano M40	02:47:10	+01:13:55	08:22
399	2010	Ricardo Antonio da Silva Sousa	fit gaia trail	Veterano M40	02:47:13	+01:13:57	08:22
400	2672	Victor Cunha	barcelos runners	Veterano M50	02:47:23	+01:14:07	08:22
401	2575	Hernani Pinto	dive | into the mountains	Senior Masculino	02:47:45	+01:14:29	08:23
402	2579	Raquel Oliveira	dive | into the mountains	Senior Feminino	02:47:45	+01:14:29	08:23
403	2673	João Faustino	barcelos runners	Veterano M60	02:47:50	+01:14:34	08:23
404	2659	Paulinho Carvalho	fama runners	Senior Masculino	02:48:14	+01:14:58	08:25
405	2652	Daniel Vieira	fama runners	Senior Masculino	02:48:15	+01:14:59	08:25
406	2640	José Rodrigues	sidónios	Veterano M50	02:48:20	+01:15:04	08:25
407	2291	Bruno Pereira	individual	Senior Masculino	02:48:29	+01:15:13	08:25
408	2341	Tiago Frutuoso	individual	Veterano M40	02:48:29	+01:15:13	08:25
409	2259	Maria Emilia Brás	spin&run esposende	Veterana F60	02:48:57	+01:15:42	08:27
410	2508	Mário Jorge Monte Soares	imperadores	Senior Masculino	02:49:38	+01:16:22	08:29
411	2547	JOAQUIM LOBO	addc run	Veterano M40	02:50:09	+01:16:54	08:30
412	2315	Mariana Duarte de Magalhães	gd	Senior Feminino	02:50:10	+01:16:54	08:31
413	2177	Nuno Bastos	ss montepio	Veterano M40	02:50:19	+01:17:04	08:31
414	2180	Rui Carvalho	ss montepio	Senior Masculino	02:50:19	+01:17:04	08:31
415	2222	Natália Maria da Silva Lima	individual	Senior Feminino	02:50:31	+01:17:15	08:32
416	2328	Mario rui vaz gomes vilaca	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
417	2329	Bruno ricardo costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
418	2488	António Vilas Boas Rosa	alvelinhos running	Veterano M50	02:51:08	+01:17:52	08:33
419	2687	José Carvalho	individual	Veterano M40	02:51:08	+01:17:52	08:33
420	2674	Joao Carlos Andresen Stüve Figueirinhas	homem do leme	Veterano M50	02:51:28	+01:18:13	08:34
421	2443	Deolinda Brites Antunes	palmeira runners	Veterana F40	02:52:02	+01:18:46	08:36
422	2303	Mónica Ferreira	spin&run esposende	Veterana F40	02:52:03	+01:18:47	08:36
423	2232	Maria Conceição Campos	spin&run esposende	Veterana F50	02:52:08	+01:18:53	08:36
424	2592	Viriato Barreira Quintino	individual	Veterano M40	02:52:09	+01:18:53	08:36
425	2676	Daniel Dias Gonçalves	individual	Veterano M40	02:52:09	+01:18:53	08:36
426	2356	Francisco Bartolomeu	team lantemil	Veterano M40	02:52:14	+01:18:58	08:37
427	2193	Nuno Miguel Ferreira Pacheco	alive runners	Veterano M40	02:52:15	+01:18:59	08:37
428	2705	Carla Marina Vilas Boas	individual	Veterana F40	02:52:21	+01:19:05	08:37
429	2349	José Teixeira	somos nós team	Veterano M50	02:52:23	+01:19:08	08:37
430	2506	Carla Marques Silva	individual	Veterana F40	02:52:25	+01:19:09	08:37
431	2699	João Carlos Torres Arantes Maia	individual	Senior Masculino	02:53:04	+01:19:48	08:39
432	2560	Nuno Miguel Pereira da Silva	b.t.m.	Senior Masculino	02:53:04	+01:19:48	08:39
433	2151	Pedro Roseta	nop	Veterano M40	02:53:36	+01:20:20	08:41
434	2668	Carlos marques	individual	Senior Masculino	02:53:53	+01:20:38	08:42
435	2546	PEDRO FALCÃO	addc run	Veterano M40	02:54:06	+01:20:50	08:42
436	2066	Eduarda Fernanda da Costa Pinto	brabus runners	Senior Feminino	02:54:07	+01:20:51	08:42

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
437	2698	Vitor Manuel Pereira da Cunha Coutinho	brabus runners	Veterano M50	02:54:07	+01:20:51	08:42
438	2489	Inês Pires	beat your limit!	Senior Feminino	02:54:10	+01:20:54	08:43
439	2593	Pedro Pereira	guimarunning moscada	Senior Masculino	02:54:24	+01:21:08	08:43
440	2481	Paulo André Pereira Martins	moka trail team	Senior Masculino	02:54:31	+01:21:15	08:44
441	2635	Helio neves ferreira	grupo 46	Senior Masculino	02:54:50	+01:21:34	08:45
442	2571	Cátia Silva	dive | into the mountains	Senior Feminino	02:54:58	+01:21:42	08:45
443	2691	Vasco Oliveira	individual	Senior Masculino	02:55:14	+01:21:58	08:46
444	2130	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	02:55:14	+01:21:58	08:46
445	2513	JOAQUIM PIMENTA	vidaativarunners	Veterano M40	02:55:15	+01:21:59	08:46
446	2621	António Teixeira Castro	marão trail	Senior Masculino	02:55:51	+01:22:36	08:48
447	2307	Liseta Fernanda de Sousa Pinto	individual	Veterana F40	02:56:09	+01:22:53	08:48
448	2465	Pedro Bruno Ferreira Aguiar,	individual	Senior Masculino	02:56:16	+01:23:00	08:49
449	2446	Diogo Sousa	caracóis do monte	Senior Masculino	02:56:18	+01:23:02	08:49
450	2131	Luisa Guimaraes do Lago e Costa Rodrigues	c.r.candoso	Veterana F40	02:56:24	+01:23:08	08:49
451	2701	Vitor Manuel da Silva Pereira	individual	Senior Masculino	02:56:36	+01:23:20	08:50
452	2616	Teresa Sofia Almeida Alves	individual	Senior Feminino	02:56:36	+01:23:21	08:50
453	2509	Luís Augusto Paulo Pinheiro	prova de fogo	Senior Masculino	02:56:56	+01:23:40	08:51
454	2692	Jorge Barbosa	individual	Senior Masculino	02:57:02	+01:23:46	08:51
455	2083	Anabela dos Santos Marques	juventude cortegacense	Veterana F40	02:57:12	+01:23:56	08:52
456	2453	Hélder Oliveira	associação desportiva da efacec	Senior Masculino	02:57:13	+01:23:57	08:52
457	2162	José Vitor campos costa	individual	Senior Masculino	02:57:21	+01:24:06	08:52
458	2202	Maria de la salete fonseca oliveira	individual	Senior Feminino	02:57:37	+01:24:22	08:53
459	2150	Marco Zeferino da Silva Barbosa	nop	Veterano M40	02:57:50	+01:24:34	08:53
460	2296	Ricardo Manuel Rocha Oliveira	sal running	Senior Masculino	02:57:50	+01:24:34	08:54
461	2297	Helder Bruno Alves Amorim	sal running	Senior Masculino	02:57:50	+01:24:34	08:54
462	2092	Augusto Santos Silva	juventude cortegacense	Veterano M50	02:58:00	+01:24:44	08:54
463	2568	Maria Sá	dive | into the mountains	Veterana F40	02:58:11	+01:24:55	08:55
464	2580	Joana Morais	dive | into the mountains	Veterana F40	02:58:11	+01:24:55	08:55
465	2414	JOANA CORREIA	vidaativarunners	Senior Feminino	02:58:21	+01:25:05	08:55
466	2417	Helder Filipe Ribeiro Vilas Boas	vidaativarunners	Senior Masculino	02:58:21	+01:25:05	08:55
467	2512	ARTUR MORAIS	vidaativarunners	Senior Masculino	02:58:21	+01:25:06	08:55
468	2646	Susana Silva	vidaativarunners	Veterana F40	02:58:21	+01:25:06	08:55
469	2288	Pedro Alexandre Gomes Sá Silva Pereira	grupo 46	Veterano M40	02:58:46	+01:25:30	08:56
470	2275	José Teixeira	correr leça	Senior Masculino	02:59:00	+01:25:45	08:57
471	2426	Rui Francisco de Neiva Moura Bastos	individual	Senior Masculino	02:59:01	+01:25:45	08:57
472	2125	João Gil	individual	Veterano M60	02:59:03	+01:25:47	08:57
473	2065	Rui Pedro Nogueira Tuna Rabiço	individual	Senior Masculino	02:59:52	+01:26:37	09:00
474	2534	Ricardo Gil Silva Magalhães	a.d.amarante trail running	Senior Masculino	02:59:52	+01:26:37	09:00
475	2535	Luís Carlos Pinto MEndes	a.d.amarante trail running	Senior Masculino	02:59:55	+01:26:39	09:00

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
476	2440	Ana Virgínia da Silva Gonçalves Pereira Lírio	ada trail running team amarante	Senior Feminino	02:59:59	+01:26:44	09:00
477	2525	Sara Capilupi	individual	Veterana F40	03:00:07	+01:26:51	09:00
478	2242	Paulo Ferreira	grupo 46	Veterano M40	03:00:15	+01:26:59	09:01
479	2532	Joel Jacinto Costa Silva	a.d.amarante trail running	Sub 23 Masculino	03:00:18	+01:27:02	09:01
480	2683	Alice Fonseca	givec	Senior Feminino	03:00:31	+01:27:16	09:02
481	2623	Maria Fernanda Gonçalves Rocha Azevedo	barcelos runners	Veterana F50	03:00:46	+01:27:30	09:02
482	2561	João Gonçalves	barcelos runners	Veterano M40	03:00:46	+01:27:31	09:02
483	2044	Ivo Filipe Matos da Silva	individual	Senior Masculino	03:00:50	+01:27:34	09:02
484	2123	Fernando José dos Santos Sousa	individual	Senior Masculino	03:00:50	+01:27:34	09:02
485	2424	Rui Manuel Ribeiro Correia	dragon runners	Senior Masculino	03:00:50	+01:27:34	09:02
486	2099	João Filipe Jardim Correia Simões	individual	Senior Masculino	03:00:50	+01:27:34	09:03
487	2388	Carlos da Costa Correia Monteiro	pes de chumbo	Veterano M50	03:00:52	+01:27:36	09:03
488	2523	LURDES CARDOSO	ada trail running team amarante	Veterana F50	03:01:12	+01:27:57	09:04
489	2519	Anabela Lopes da Silva	individual	Senior Feminino	03:01:13	+01:27:57	09:04
490	2191	Aida Linhares	gtt-armazém do caffè	Veterana F40	03:01:13	+01:27:57	09:04
491	2035	ANA PAULA LIMA ALVES	xl&s trail	Senior Feminino	03:01:13	+01:27:57	09:04
492	2522	Ricardo Cibrão	alvelinhos running	Veterano M40	03:01:59	+01:28:43	09:06
493	2502	João António Ferreira Vilas Boas	alvelinhos running	Veterano M40	03:01:59	+01:28:43	09:06
494	2223	Nuno jorge barbosa cunha	cnp- centro de treino	Veterano M40	03:02:07	+01:28:51	09:06
495	2122	Pedro Daniel Martins Moreira	amigos para correr	Sub 23 Masculino	03:02:10	+01:28:55	09:07
496	2469	Sandra Araujo	cerveira team running/clube celtas do minho	Senior Feminino	03:02:13	+01:28:57	09:07
497	2582	Sandra Mascarenhas	porto sentido runners	Veterana F40	03:02:16	+01:29:00	09:07
498	2586	Elizabete Loureiro	porto sentido runners	Veterana F40	03:02:16	+01:29:00	09:07
499	2587	Carlos Martins	porto sentido runners	Veterano M50	03:02:16	+01:29:00	09:07
500	2098	Daniel de Castro Machado	os fugitivos da crise	Senior Masculino	03:02:17	+01:29:01	09:07
501	2097	Diana Andrea Massa Pintado Carneiro	os fugitivos da crise	Veterana F40	03:02:17	+01:29:01	09:07
502	2517	Alexandra Marques Azevedo	clínica médica da foz	Senior Feminino	03:02:21	+01:29:05	09:07
503	2043	Jose Alberto Martins Ribeiro	individual	Veterano M40	03:02:53	+01:29:37	09:09
504	2240	António Sousa Longras	individual	Veterano M50	03:03:07	+01:29:51	09:09
505	2664	Cristina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	03:03:20	+01:30:04	09:10
506	2147	Daniela Martins	los manos	Senior Feminino	03:03:20	+01:30:04	09:10
507	2663	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	03:03:21	+01:30:05	09:10
508	2394	Bruno Silva	individual	Senior Masculino	03:03:33	+01:30:17	09:11
509	2198	Luís Filipe Castro Costa Campos Guimarães	individual	Senior Masculino	03:04:23	+01:31:07	09:13
510	2660	Manuel Veloso	fama runners	Veterano M40	03:04:35	+01:31:19	09:14
511	2262	Paulo António Ribeiro de Sousa	individual	Veterano M40	03:06:42	+01:33:26	09:20
512	2188	Celeste Dias	quenianos	Veterana F40	03:06:51	+01:33:35	09:21
513	2182	Anabela da Silva Machado	quenianos	Veterana F40	03:06:51	+01:33:35	09:21
514	2183	Paulo Daniel Correia Viana	quenianos	Veterano M40	03:06:52	+01:33:36	09:21

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
515	2344	Rui manuel lobo machado pinto da costa	individual	Veterano M50	03:07:07	+01:33:52	09:21
516	2031	Sergio Torre	individual	Senior Masculino	03:07:18	+01:34:03	09:22
517	2032	Eduarda Barros	individual	Senior Feminino	03:07:20	+01:34:05	09:22
518	2617	Alberto Quintiães	edv-viana trail	Veterano M40	03:07:25	+01:34:10	09:22
519	2368	Nuno Santos	factor x / s4l / medense fc	Veterano M40	03:07:40	+01:34:24	09:23
520	2053	Maria Rosa Lima Pereira	xl&s trail	Veterana F40	03:08:13	+01:34:58	09:25
521	2091	Ana Rita da Costa Araújo	keepmoving	Senior Feminino	03:08:24	+01:35:08	09:25
522	2145	Ricardo Jose Rodrigues Alves Dias	individual	Senior Masculino	03:08:24	+01:35:09	09:25
523	2610	Alexandre Manuel Lima Areias	oada - os amigos da aventura	Senior Masculino	03:08:30	+01:35:14	09:26
524	2471	Rita Pinto Basto	kikas team	Senior Feminino	03:08:59	+01:35:43	09:27
525	2200	Feliciano Ferreira	individual	Veterano M40	03:08:59	+01:35:43	09:27
526	2545	RUI SILVA	addc run	Veterano M40	03:09:00	+01:35:44	09:27
527	2511	CARLOS VALE	vidaativarunners	Veterano M40	03:09:16	+01:36:00	09:28
528	2133	Sonia bras	individual	Senior Feminino	03:10:14	+01:36:58	09:31
529	2412	Teotónio da Silva Boucinha	individual	Veterano M40	03:10:26	+01:37:10	09:31
530	2216	Paula Carneiro	a voar	Senior Feminino	03:10:28	+01:37:12	09:31
531	2311	Paula Cristina Sá Peixoto	braguinhas runners	Veterana F50	03:10:30	+01:37:14	09:31
532	2310	José Manuel Sequeira Ferreira	braguinhas runners	Veterano M50	03:10:30	+01:37:14	09:32
533	2253	Helder José Pinto Neves	conquista.dores	Senior Masculino	03:11:57	+01:38:41	09:36
534	2620	Susana Matos	edv-viana trail	Veterana F40	03:12:10	+01:38:54	09:36
535	2472	Silvia Maria Ribeiro Faria	budeguita runners	Senior Feminino	03:14:14	+01:40:58	09:43
536	2658	Natália Santos	fama runners	Senior Feminino	03:14:43	+01:41:27	09:44
537	2661	João Pinheiro	fama runners	Senior Masculino	03:14:43	+01:41:27	09:44
538	2657	Ana Paula Simões	fama runners	Veterana F50	03:14:43	+01:41:27	09:44
539	2132	António Carlos Rodrigues Pinheiro	dr. merino/4moove	Senior Masculino	03:14:46	+01:41:31	09:44
540	2228	Sónia Manuela Venancio Ribeiro Gilvaz	gdr juventude das ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
541	2229	Eva Cristina Freitas Ribeiro	gdr juventude das ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
542	2230	Rosa da Conceição Borges Pinto Almeida	gdr juventude das ribeiras	Senior Feminino	03:15:06	+01:41:50	09:45
543	2420	Alberto Simão Rocha	lusitanos	Senior Masculino	03:15:29	+01:42:13	09:46
544	2166	Luis Silva	lusitanos	Veterano M40	03:15:29	+01:42:13	09:46
545	2643	Miguel Lobão	sidónios	Senior Masculino	03:15:40	+01:42:24	09:47
546	2497	Naiara Back	individual	Senior Feminino	03:16:01	+01:42:45	09:48
547	2566	Carla Sofia Pereira Carvalho Araújo Santos	bardinos trail running	Veterana F40	03:16:14	+01:42:58	09:49
548	2528	Andrea Renata Fonte Lima Pereira	bardinos trail running	Senior Feminino	03:16:14	+01:42:59	09:49
549	2059	Patrícia Lage	super lesmas	Senior Feminino	03:16:15	+01:42:59	09:49
550	2203	Maria José Figueiredo	cerveira team running/clube celtas do minho	Veterana F40	03:17:24	+01:44:08	09:52
551	2136	Bruno Ricardo Martins Machado	nails maria	Senior Masculino	03:17:30	+01:44:14	09:52
552	2135	Maria José da Cruz Martins	nails maria	Senior Feminino	03:17:30	+01:44:14	09:53
553	2064	Marta Freitas de Caldas	don't need prep team	Senior Feminino	03:17:33	+01:44:17	09:53
554	2063	José Gil Pereira Rodrigues	don't need prep team	Senior Masculino	03:17:33	+01:44:17	09:53

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
555	2159	Patrícia Alexandra Moreira da Silva Palma	edv-viana trail	Senior Feminino	03:17:47	+01:44:31	09:53
556	2363	Pedro Torres Ferreira	factor x / s4l / medense fc	Senior Masculino	03:18:58	+01:45:42	09:57
557	2068	Nelson Filipe Ferreira Pinto	team lantemil	Senior Masculino	03:19:20	+01:46:05	09:58
558	2306	Jony	individual	Senior Masculino	03:20:33	+01:47:17	10:02
559	2551	Joaquim Santos	nast	Veterano M40	03:21:00	+01:47:44	10:03
560	2473	Sílvia Marta Soares do Rêgo	nast	Senior Feminino	03:21:00	+01:47:44	10:03
561	2301	Filomena Lascasas Rocha	m&e runners	Veterana F40	03:21:21	+01:48:05	10:04
562	2300	Eurico Fernando Portela Mendes	m&e runners	Veterano M40	03:21:21	+01:48:05	10:04
563	2233	Sofia Duarte dos Reis	individual	Senior Feminino	03:21:37	+01:48:21	10:05
564	2037	José Carlos correia almeida	individual	Veterano M50	03:21:38	+01:48:22	10:05
565	2464	Pedro Rui Silva Alves Ferreira	bardinos dos montes	Senior Masculino	03:21:39	+01:48:23	10:05
566	2439	Diogo André Monteiro da Silva	individual	Sub 23 Masculino	03:21:39	+01:48:23	10:05
567	2158	Paula Susana Araujo Pereira	alvelinhos running	Veterana F40	03:21:45	+01:48:29	10:05
568	2146	Carla alexandra araujo pereira	edv-viana trail	Senior Feminino	03:21:45	+01:48:29	10:05
569	2337	Carmen Moreira	amigos do pedal trailagares	Veterana F40	03:21:51	+01:48:36	10:06
570	2679	Raquel Cristina Macedo Maia	individual	Senior Feminino	03:22:02	+01:48:46	10:06
571	2058	Filipe José Pereira Martinho	super lesmas	Veterano M40	03:24:05	+01:50:49	10:12
572	2061	Catia Monteiro	super lesmas	Senior Feminino	03:24:05	+01:50:49	10:12
573	2562	Graça Martins	barcelos runners	Veterana F40	03:25:51	+01:52:35	10:18
574	2237	Ana Germano	individual	Veterana F40	03:26:57	+01:53:41	10:21
575	2227	Ana Martins	team lantemil	Veterana F40	03:27:40	+01:54:25	10:23
576	2224	Paulo Miguel Areal de Sousa	team shark	Veterano M40	03:27:40	+01:54:25	10:23
577	2284	Paulo Jorge Ferreira Ribeiro	invicta runners team	Veterano M40	03:29:37	+01:56:22	10:29
578	2335	Cátia Sofia Rodrigues Oliveira	amigos do pedal trailagares	Senior Feminino	03:30:05	+01:56:49	10:30
579	2336	Susana Marisa da Cunha Melo Leal	amigos do pedal trailagares	Senior Feminino	03:30:05	+01:56:49	10:30
580	2199	Fernanda Esteves	cerveira team running/clube celtas do minho	Veterana F60	03:30:29	+01:57:13	10:31
581	2590	Elizia Gonçalves	cerveira team running/clube celtas do minho	Veterana F40	03:30:29	+01:57:13	10:31
582	2333	Ana Rita Nogueira Coelho	amigos do pedal trailagares	Senior Feminino	03:30:42	+01:57:26	10:32
583	2334	Telma Filipa Teixeira Rocha	amigos do pedal trailagares	Senior Feminino	03:30:42	+01:57:26	10:32
584	2632	Alexandra Madureira	bardinos dos montes	Veterana F40	03:31:28	+01:58:12	10:34
585	2248	Pedro Gonçalves	individual	Veterano M40	03:32:37	+01:59:21	10:38
586	2189	Silvia Catarina da Cunha Pereira	individual	Senior Feminino	03:37:37	+02:04:21	10:53
587	2211	Dianelys Caballero	amigos	Senior Feminino	03:37:46	+02:04:30	10:53
588	2214	Leonilde Macedo	amigos	Veterana F40	03:37:46	+02:04:30	10:53
589	2103	Maria da Luz Neves Olivença	comdor runners	Veterana F50	03:38:38	+02:05:22	10:56
590	2119	Rui Miguel Oliveira	comdor runners	Veterano M40	03:38:38	+02:05:23	10:56
591	2007	Artur Fonseca	ruptura total	Veterano M40	03:38:48	+02:05:32	10:56
592	2369	Natália Santos	factor x / s4l / medense fc	Veterana F40	03:39:18	+02:06:02	10:58
593	2366	Ligia Freitas	factor x / s4l / medense fc	Veterana F40	03:39:18	+02:06:02	10:58
594	2567	José Manuel Domingues Morais Neves	place foz prime	Veterano M50	03:41:04	+02:07:48	11:03
595	2385	Paulo Martins	b'life outdoor team	Veterano M40	03:41:06	+02:07:50	11:03

TRAIL CURTO - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
596	2572	Diana Moura	dive | into the mountains	Veterana F40	03:44:04	+02:10:48	11:12
597	2347	Alvaro Norberto Silva	individual	Veterano M50	03:46:29	+02:13:13	11:19
598	2346	Ana Rita da Silva Pereira Duarte	individual	Veterana F40	03:46:29	+02:13:13	11:19
599	2614	António Álvaro Coelho Esteves	util - informática & electrónica	Senior Masculino	03:46:38	+02:13:22	11:20
600	2139	Yessica Magalhaes	caracóis do monte	Senior Feminino	03:46:42	+02:13:26	11:20
601	2143	Joana Carolina Teixeira Da Silva	metralhas runners	Senior Feminino	03:47:28	+02:14:12	11:22
602	2195	Elsa Sofia Lopes Agra da Silva	individual	Senior Feminino	03:47:39	+02:14:23	11:23
603	2565	Ana Isabel Caio dos Santos	bardinos dos montes	Veterana F40	03:48:11	+02:14:55	11:25
604	2152	Luís Filipe Gordicho Ribeiro	individual	Veterano M40	03:50:04	+02:16:48	11:30
605	2110	Manuel Silva	arrastassolas	Veterano M40	03:50:04	+02:16:48	11:30
606	2108	Helena Maria Santos Cunha	arrastassolas	Veterana F40	03:50:05	+02:16:49	11:30
607	2036	Rosa de Fátima Conceição Bispo da Silva	em força - corremos com a esclerose múltipla	Veterana F60	03:50:30	+02:17:14	11:31
608	2389	ROSA MARIA AFONSO	gondaràfrente	Veterana F40	03:52:09	+02:18:54	11:36
609	2029	José Augusto Teixeira Pires de Lima	em força - corremos com a esclerose múltipla	Veterano M60	03:52:13	+02:18:57	11:37
610	2595	Cristiano Manuel De Barros Miranda	3d	Senior Masculino	03:54:48	+02:21:32	11:44
611	2049	Pedro Alves	nice runners	Veterano M40	03:56:34	+02:23:18	11:50
612	2689	Hugo Barbosa	individual	Senior Masculino	03:57:20	+02:24:04	11:52
613	2618	Cidália Ribeiro	edv-viana trail	Veterana F40	04:01:43	+02:28:28	12:05

Trail Amigos da Montanha 2017

Barcelos, PT

19-novembro-2017

Trail Curto — **20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	9,6ºC	41%
End	14:01	9,6ºC	41%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2484	Paula Sofia Coutinho Soares	Autistic Runners	Senior Feminino	01:52:12	+18:56	05:37
2	2002	Maria Areias	Individual	Senior Feminino	01:59:06	+25:50	05:57
3	2004	Maria Gonçalves	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:04:48	+31:32	06:14
4	2320	Ines	Individual	Senior Feminino	02:05:18	+32:02	06:16
5	2537	Ângela Macedo Soares	A.D.Amarante trail running	Senior Feminino	02:12:04	+38:48	06:36
6	2702	Brigida Pinto	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:15:14	+41:58	06:46
7	2006	Nádia Casteleiro	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:15:18	+42:02	06:46
8	2382	Tania Bateira	PORTOCARGO	Senior Feminino	02:16:44	+43:28	06:50
9	2170	Andreia ribeiro almeida	Fridão Sem Limites	Senior Feminino	02:17:19	+44:03	06:52
10	2541	Ana Isabel Pereira Ferreira	A.D.Amarante trail running	Senior Feminino	02:18:14	+44:58	06:55
11	2607	Isabel Almeida	CORRER LEÇA	Senior Feminino	02:20:27	+47:11	07:01
12	2234	Luísa Catarina Costa Azevedo	TEAM LANTEMIL	Senior Feminino	02:21:30	+48:14	07:05
13	2656	Ana Cardoso	FAMA RUNNERS	Senior Feminino	02:21:55	+48:39	07:06
14	2476	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	02:23:00	+49:44	07:09
15	2079	Ariana Sofia Barroso de Araújo	MINHO AVENTURA	Senior Feminino	02:25:51	+52:36	07:18
16	2185	Rafaela Alexandra Ramos Moreira	ACBATALHA	Senior Feminino	02:26:55	+53:40	07:21
17	2348	Carla Maria Martins Amorim	Run4Life	Senior Feminino	02:27:33	+54:17	07:23
18	2165	Catarina Fagundes Amorim	GD Castelense	Senior Feminino	02:27:40	+54:24	07:23
19	2153	Ondina Maria Morim Salgado	GTT-Armazém do Caffè	Senior Feminino	02:29:23	+56:07	07:28
20	2611	Eulália Sofia Gomes Freitas Rangel	OADA - Os Amigos da Aventura	Senior Feminino	02:29:42	+56:27	07:29
21	2215	Monia leonilde neiva martins ribeiro	GTT-Armazém do Caffè	Senior Feminino	02:30:06	+56:50	07:30
22	2270	Catarina Figueiredo	GAIA-RUNNING	Senior Feminino	02:30:29	+57:13	07:31
23	2574	Fátima Oliveira	DiVE | Into The Mountains	Senior Feminino	02:30:45	+57:29	07:32
24	2282	Patricia Ribeiro	Mountain Runners	Senior Feminino	02:31:16	+58:00	07:34
25	2256	Patrícia Lemos	GD CASTELENSE	Senior Feminino	02:32:18	+59:02	07:37
26	2258	Eliana Novo Rodrigues Pereira	TW48/CAM	Senior Feminino	02:32:58	+59:42	07:39
27	2087	Ana Catarina Ferreira António Leitão	Individual	Senior Feminino	02:34:42	+01:01:26	07:44
28	2706	Susana Maria Neto Carrasquinho	SS Box	Senior Feminino	02:36:19	+01:03:03	07:49
29	2111	Ana Sofia Fontes	Individual	Senior Feminino	02:36:50	+01:03:34	07:51
30	2057	Mafalda Sofia Curralo Luís	Individual	Senior Feminino	02:38:33	+01:05:17	07:56
31	2093	Ana Margarida Sousa Ferreira	Individual	Senior Feminino	02:38:33	+01:05:17	07:56
32	2604	Sandra Maria Dias Leite	Individual	Senior Feminino	02:41:18	+01:08:02	08:04
33	2101	Ana Patrícia	B.T.M.	Senior Feminino	02:44:32	+01:11:16	08:14
34	2121	Susana Santos	A D ESMERIZ RUNNING	Senior Feminino	02:45:29	+01:12:13	08:16
35	2579	Raquel Oliveira	DiVE | Into The Mountains	Senior Feminino	02:47:45	+01:14:29	08:23
36	2315	Mariana Duarte de Magalhães	GD	Senior Feminino	02:50:10	+01:16:54	08:31
37	2222	Natália Maria da Silva Lima	Individual	Senior Feminino	02:50:31	+01:17:15	08:32

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	2066	Eduarda Fernanda da Costa Pinto	Brabus Runners	Senior Feminino	02:54:07	+01:20:51	08:42
39	2489	Inês Pires	Beat Your Limit!	Senior Feminino	02:54:10	+01:20:54	08:43
40	2571	Cátia Silva	DiVE | Into The Mountains	Senior Feminino	02:54:58	+01:21:42	08:45
41	2616	Teresa Sofia Almeida Alves	Individual	Senior Feminino	02:56:36	+01:23:21	08:50
42	2202	Maria de la salete fonseca oliveira	Individual	Senior Feminino	02:57:37	+01:24:22	08:53
43	2414	JOANA CORREIA	VIDAATIVARUNNERS	Senior Feminino	02:58:21	+01:25:05	08:55
44	2440	Ana Virgínia da Silva Gonçalves Pereira Lírio	ADA TRAIL RUNNING TEAM AMARANTE	Senior Feminino	02:59:59	+01:26:44	09:00
45	2683	Alice Fonseca	Givec	Senior Feminino	03:00:31	+01:27:16	09:02
46	2519	Anabela Lopes da Silva	Individual	Senior Feminino	03:01:13	+01:27:57	09:04
47	2035	ANA PAULA LIMA ALVES	XL&S TRAIL	Senior Feminino	03:01:13	+01:27:57	09:04
48	2469	Sandra Araujo	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:02:13	+01:28:57	09:07
49	2517	Alexandra Marques Azevedo	Clínica Médica da Foz	Senior Feminino	03:02:21	+01:29:05	09:07
50	2147	Daniela Martins	Los Manos	Senior Feminino	03:03:20	+01:30:04	09:10
51	2032	Eduarda Barros	Individual	Senior Feminino	03:07:20	+01:34:05	09:22
52	2091	Ana Rita da Costa Araújo	keepmoving	Senior Feminino	03:08:24	+01:35:08	09:25
53	2471	Rita Pinto Basto	Kikas team	Senior Feminino	03:08:59	+01:35:43	09:27
54	2133	Sonia bras	Individual	Senior Feminino	03:10:14	+01:36:58	09:31
55	2216	Paula Carneiro	A voar	Senior Feminino	03:10:28	+01:37:12	09:31
56	2472	Silvia Maria Ribeiro Faria	BUDEGUITA RUNNERS	Senior Feminino	03:14:14	+01:40:58	09:43
57	2658	Natália Santos	FAMA RUNNERS	Senior Feminino	03:14:43	+01:41:27	09:44
58	2230	Rosa da Conceição Borges Pinto Almeida	GDR Juventude das Ribeiras	Senior Feminino	03:15:06	+01:41:50	09:45
59	2497	Naiara Back	Individual	Senior Feminino	03:16:01	+01:42:45	09:48
60	2528	Andrea Renata Fonte Lima Pereira	Bardinos Trail Running	Senior Feminino	03:16:14	+01:42:59	09:49
61	2059	Patrícia Lage	Super Lesmas	Senior Feminino	03:16:15	+01:42:59	09:49
62	2135	Maria José da Cruz Martins	Nails Maria	Senior Feminino	03:17:30	+01:44:14	09:53
63	2064	Marta Freitas de Caldas	Don't need prep TEAM	Senior Feminino	03:17:33	+01:44:17	09:53
64	2159	Patrícia Alexandra Moreira da Silva Palma	EDV-VIANA TRAIL	Senior Feminino	03:17:47	+01:44:31	09:53
65	2473	Sílvia Marta Soares do Rêgo	NAST	Senior Feminino	03:21:00	+01:47:44	10:03
66	2233	Sofia Duarte dos Reis	Individual	Senior Feminino	03:21:37	+01:48:21	10:05
67	2146	Carla alexandra araujo pereira	EDV-VIANA TRAIL	Senior Feminino	03:21:45	+01:48:29	10:05
68	2679	Raquel Cristina Macedo Maia	Individual	Senior Feminino	03:22:02	+01:48:46	10:06
69	2061	Catia Monteiro	Super Lesmas	Senior Feminino	03:24:05	+01:50:49	10:12
70	2335	Cátia Sofia Rodrigues Oliveira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:05	+01:56:49	10:30
71	2336	Susana Marisa da Cunha Melo Leal	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:05	+01:56:49	10:30
72	2333	Ana Rita Nogueira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:42	+01:57:26	10:32
73	2334	Telma Filipa Teixeira Rocha	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:42	+01:57:26	10:32
74	2189	Silvia Catarina da Cunha Pereira	Individual	Senior Feminino	03:37:37	+02:04:21	10:53
75	2211	Dianelys Caballero	Amigos	Senior Feminino	03:37:46	+02:04:30	10:53
76	2139	Yessica Magalhaes	Caracóis do monte	Senior Feminino	03:46:42	+02:13:26	11:20
77	2143	Joana Carolina Teixeira Da Silva	Metralhas Runners	Senior Feminino	03:47:28	+02:14:12	11:22
78	2195	Elsa Sofia Lopes Agra da Silva	Individual	Senior Feminino	03:47:39	+02:14:23	11:23

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Senior Masculino

1	2449	Fernando Lemos	Gaia Trail	Senior Masculino	01:33:15		04:40
2	2447	Paulo Oliveira	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	01:34:43	+01:27	04:44
3	2688	Diogo Fernandes	Dr. Merino/4moove	Senior Masculino	01:35:20	+02:04	04:46
4	2696	Cristiano José Moreira dos Santos	Yogurtneste trail running team	Senior Masculino	01:35:32	+02:16	04:47
5	2539	Paulo Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	01:38:18	+05:02	04:55
6	2318	Álvaro Gabriel Vasconcelos da Silva	Fridão Sem Limites	Senior Masculino	01:38:27	+05:11	04:55
7	2302	Hugo Silva	Spin&Run Esposende	Senior Masculino	01:43:10	+09:54	05:09
8	2624	Joao ferreira	airórun	Senior Masculino	01:43:54	+10:38	05:12
9	2384	Ivo Peko	Gaia Trail	Senior Masculino	01:44:35	+11:19	05:14
10	2260	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:46:42	+13:26	05:20
11	2452	Ivo Silva	Associação Desportiva da Efacec	Senior Masculino	01:48:20	+15:05	05:25
12	2371	João Pedro Leal	WHITE RUNNING TEAM	Senior Masculino	01:48:21	+15:05	05:25
13	2531	Carlos Queiros	A.D.Amarante trail running	Senior Masculino	01:48:34	+15:19	05:26
14	2235	Bernardino José das Neves Alves Moreira Pinto	Dr. Merino/4moove	Senior Masculino	01:49:22	+16:07	05:28
15	2247	Carlos Miguel Oliveira Coelho	TRAIL ME	Senior Masculino	01:51:02	+17:46	05:33
16	2225	Nuno Miguel Oliveira Pereira	ADA Rio Neiva	Senior Masculino	01:51:20	+18:04	05:34
17	2438	Adão Paulo Teixeira Monteiro	Fridão Sem Limites	Senior Masculino	01:52:12	+18:56	05:37
18	2694	Carlos Nuno Araújo Martins	airórun	Senior Masculino	01:52:53	+19:37	05:39
19	2027	Tiago Gonçalves Portela	Alexandra Carvalho Team	Senior Masculino	01:53:58	+20:42	05:42
20	2171	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:56:04	+22:48	05:48
21	2526	Marcelo Ramos Martins	Padela Natural Team-Fisiofreixo	Senior Masculino	01:56:30	+23:15	05:50
22	2359	Paulo Madeira	Gaia Trail	Senior Masculino	01:57:33	+24:17	05:53
23	2314	Nuno Ricardo Carvalho Silva	The Newbies	Senior Masculino	01:58:36	+25:20	05:56
24	2187	Nuno Ferreira	TRAIL ME	Senior Masculino	01:58:46	+25:31	05:56
25	2703	Filipe Carneiro	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	01:59:06	+25:51	05:57
26	2501	Rafael Fernandes de Abreu	ADA Rio Neiva	Senior Masculino	01:59:47	+26:31	05:59
27	2076	João Carlos Ferreira da Silva	ADE Trail Running	Senior Masculino	02:00:27	+27:11	06:01
28	2154	Pedro Filipe Torres Nunes	Individual	Senior Masculino	02:01:06	+27:50	06:03
29	2480	Filipe Ricardo Pinto Ferreira	Os Lobos do Saibro	Senior Masculino	02:02:29	+29:13	06:07
30	2413	Joaquim Manuel Soares Miranda	VIDAATIVARUNNERS	Senior Masculino	02:03:46	+30:30	06:11
31	2514	JOSÉ LOPES	VIDAATIVARUNNERS	Senior Masculino	02:03:46	+30:30	06:11
32	2074	Nelson	Lusitanos	Senior Masculino	02:04:13	+30:57	06:13
33	2554	Diogo Leiras	Sidónios	Senior Masculino	02:04:57	+31:41	06:15
34	2257	Bruno Eusébio da Rocha Pereira	Adeca Associação desportiva de Castelões	Senior Masculino	02:05:10	+31:54	06:16
35	2629	André Pereira Dias	Eu é mais bolos	Senior Masculino	02:05:29	+32:14	06:16
36	2218	Óscar Miguel Ribeiro Costa	Associação desportiva de carvalhal	Senior Masculino	02:06:14	+32:58	06:19
37	2085	Abel Silva	Juventude Cortegacense	Senior Masculino	02:06:22	+33:06	06:19
38	2244	Ricardo Filipe Figueiredo Ferreira	GTT-Armazém do Caffè	Senior Masculino	02:07:02	+33:46	06:21
39	2500	Tiago Correia	Carlos Jorge Marques Ribeiro	Senior Masculino	02:07:03	+33:47	06:21
40	2204	Sérgio Jesus Costa	LUSOS XXI	Senior Masculino	02:07:49	+34:33	06:23

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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41	2246	Eric Alexandre Couto Carvalho	Ermida Team	Senior Masculino	02:08:03	+34:47	06:24
42	2331	João Paulo Antunes da Cruz	Minho e Lima Trail	Senior Masculino	02:08:15	+34:59	06:25
43	2690	Artur Linhares	Individual	Senior Masculino	02:08:41	+35:25	06:26
44	2435	Fernando Fernandes Pinheiro	Individual	Senior Masculino	02:08:57	+35:41	06:27
45	2630	Sérgio Luis Rodrigues Martins	B.T.M.	Senior Masculino	02:09:09	+35:53	06:27
46	2221	Marco André de Sousa Pinto	Individual	Senior Masculino	02:09:26	+36:10	06:28
47	2564	João Carlos Soutelo Couto	BARCELOS RUNNERS	Senior Masculino	02:10:08	+36:52	06:30
48	2397	Nuno Miguel Lima Gonçalves	Individual	Senior Masculino	02:10:33	+37:18	06:32
49	2054	João Ricardo da Cunha Santos	vimarunners	Senior Masculino	02:10:49	+37:33	06:32
50	2357	Fábio Alexandre Barros Durães	Individual	Senior Masculino	02:11:04	+37:48	06:33
51	2313	Hugo Tiago Silva Faria	The Newbies	Senior Masculino	02:11:16	+38:00	06:34
52	2161	Carlos Miguel Tomé Fernandes	Individual	Senior Masculino	02:11:53	+38:37	06:36
53	2355	Orlando Xavier Gomes Amorim	Associação desportiva de carvalhal	Senior Masculino	02:11:57	+38:41	06:36
54	2383	Daniel Ramalhao	PORTOCARGO	Senior Masculino	02:12:56	+39:40	06:39
55	2615	Mario Oliveira	Shots International Runners	Senior Masculino	02:12:58	+39:42	06:39
56	2431	Tiago João Cerqueira Teles	Individual	Senior Masculino	02:14:01	+40:45	06:42
57	2144	João Renato M P Pereira	GTT-Armazém do Caffè	Senior Masculino	02:14:27	+41:12	06:43
58	2516	Jorge Miguel leite de oliveira	Individual	Senior Masculino	02:15:17	+42:01	06:46
59	2003	Nuno Alves	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	02:15:18	+42:03	06:46
60	2141	Vitor Manuel Diniz Maio	Individual	Senior Masculino	02:16:16	+43:00	06:49
61	2343	Luis Carlos Sá Laranjeira	Laranjeira runners	Senior Masculino	02:16:25	+43:09	06:49
62	2024	Pedro Miguel Pereira Martins	Individual	Senior Masculino	02:16:31	+43:15	06:50
63	2338	João Fernando Sá Laranjeira	Laranjeira runners	Senior Masculino	02:17:21	+44:05	06:52
64	2529	José Filipe Dinis Barros	A.D.Amarante trail running	Senior Masculino	02:18:13	+44:58	06:55
65	2494	Pedro Nogueira	Marco Runners	Senior Masculino	02:18:52	+45:36	06:57
66	2667	José Manuel Padrão Ferreira	Individual	Senior Masculino	02:19:44	+46:29	06:59
67	2009	ARTUR FILIPE DE MATOS PEREIRA	Shots International Runners	Senior Masculino	02:19:53	+46:37	07:00
68	2025	Hélder Renato Lima Martins	Amigos para correr	Senior Masculino	02:19:59	+46:43	07:00
69	2602	Rui Brito	G. Aventura	Senior Masculino	02:20:37	+47:21	07:02
70	2265	Nuno Almeida	GAIA-RUNNING	Senior Masculino	02:21:19	+48:03	07:04
71	2491	Sérgio Silva	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:22:19	+49:03	07:07
72	2377	Carlos Miguel Santos Linhares	Associação desportiva de carvalhal	Senior Masculino	02:22:23	+49:07	07:07
73	2628	IVÓNIO MARTINS	TMP	Senior Masculino	02:22:26	+49:10	07:07
74	2231	Paulo Oliveira	Spin&Run Esposende	Senior Masculino	02:22:34	+49:18	07:08
75	2294	Manuel Luís Miranda de Morais	ADA Rio Neiva	Senior Masculino	02:22:44	+49:28	07:08
76	2340	Josep Bernat Perelló	Individual	Senior Masculino	02:23:07	+49:52	07:09
77	2194	Mário Miguel Lourenço Coelho	Eu+2	Senior Masculino	02:24:02	+50:47	07:12
78	2600	Nuno Miguel Nunes Neves	100meta	Senior Masculino	02:24:03	+50:47	07:12
79	2287	William Santos	Spin&Run Esposende	Senior Masculino	02:24:20	+51:04	07:13
80	2351	Carlos miguel oliveira esteves	TRAIL ME	Senior Masculino	02:24:39	+51:23	07:14
81	2308	Steven Florence Vitorino Pereira	ADA Rio Neiva	Senior Masculino	02:24:40	+51:24	07:14
82	2321	Nelson freitas	AfrikanRunners	Senior Masculino	02:24:46	+51:30	07:14
83	2454	Hugo Barroso	Associação Desportiva da Efacec	Senior Masculino	02:25:08	+51:52	07:15
84	2594	Vitor hugo gonaçalves costa	Individual	Senior Masculino	02:25:47	+52:31	07:17
85	2637	Pedro Magalhães	Sidónios	Senior Masculino	02:25:59	+52:43	07:18

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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86	2645	Bruno Lopes	Sidónios	Senior Masculino	02:25:59	+52:43	07:18
87	2477	Ricardo Tomé Ribeiro Guimarães	Individual	Senior Masculino	02:26:52	+53:37	07:21
88	2460	Bruno Miguel Pires Rodrigues	G. Aventura	Senior Masculino	02:27:00	+53:44	07:21
89	2459	Joaquim Augusto Gomes Figueiredo	G. Aventura	Senior Masculino	02:27:00	+53:44	07:21
90	2089	Rui Miguel Pereira de Sousa	Palmeira Runners	Senior Masculino	02:27:10	+53:54	07:22
91	2209	Miguel Ângelo Mendanha Faria	Individual	Senior Masculino	02:27:40	+54:24	07:23
92	2175	Ivo Daniel Azevedo Sampaio	Individual	Senior Masculino	02:27:50	+54:34	07:23
93	2608	João Carlos Silva Rebelo	NIJORI RUNNERS	Senior Masculino	02:28:06	+54:50	07:24
94	2138	Diogo Resende	Caracóis do monte	Senior Masculino	02:29:02	+55:46	07:27
95	2391	António Manuel Resende Martins	Individual	Senior Masculino	02:29:18	+56:02	07:28
96	2392	Luís Vieira	Kunalama runners	Senior Masculino	02:29:53	+56:37	07:30
97	2695	NUNO DAVID LOPES ARAUJO	Individual	Senior Masculino	02:30:06	+56:51	07:30
98	2458	Joaquim Aníbal Lopes Montes	G. Aventura	Senior Masculino	02:30:10	+56:54	07:30
99	2419	Luís Nuno Escortell Sendao	Individual	Senior Masculino	02:30:22	+57:06	07:31
100	2197	Miguel Seca	Shots International Runners	Senior Masculino	02:30:29	+57:13	07:31
101	2081	Rui Fernando Rosas de Oliveira	Lusitanos	Senior Masculino	02:30:52	+57:36	07:33
102	2427	João Augusto da Silva Rodrigues	Individual	Senior Masculino	02:31:42	+58:26	07:35
103	2648	José Rocha	VIDAATIVARUNNERS	Senior Masculino	02:32:07	+58:51	07:36
104	2362	Raul Ramos Fernandes Barreiros	Individual	Senior Masculino	02:32:45	+59:29	07:38
105	2700	Nuno Carvalho	Individual	Senior Masculino	02:33:11	+59:56	07:40
106	2493	Bruno Pereira	Individual	Senior Masculino	02:33:13	+59:57	07:40
107	2405	Hélder Mota	LUSOS XXI	Senior Masculino	02:33:51	+01:00:35	07:42
108	2697	Alexandre Viana	Correr Antas à Noite	Senior Masculino	02:34:15	+01:00:59	07:43
109	2086	António Eduardo Carramão de Oliveira Leitão	Individual	Senior Masculino	02:34:42	+01:01:26	07:44
110	2684	Pedro Samarão	Individual	Senior Masculino	02:34:57	+01:01:41	07:45
111	2553	Luís Pedro	Guimarunning Moscada	Senior Masculino	02:35:36	+01:02:20	07:47
112	2107	Mario Telmo Pereira dos Santos	ARRASTASSOLAS	Senior Masculino	02:35:46	+01:02:30	07:47
113	2316	Pedro Jorge Silva Carreiras	Individual	Senior Masculino	02:35:47	+01:02:31	07:47
114	2071	Pedro Miguel Carvalho da Silva	Individual	Senior Masculino	02:36:03	+01:02:47	07:48
115	2323	Ricardo da Silva Ferreira	Associação desportiva de carvalhal	Senior Masculino	02:36:32	+01:03:16	07:50
116	2118	RICARDO JOÃO RIBEIRO DE SOUSA	Individual	Senior Masculino	02:36:44	+01:03:28	07:50
117	2651	Orlando Pedro Monteiro Rodrigues	Maximos Team	Senior Masculino	02:36:49	+01:03:33	07:50
118	2650	Antonio Martins	VIDAATIVARUNNERS	Senior Masculino	02:36:56	+01:03:40	07:51
119	2251	Ricardo Duarte	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:37:34	+01:04:18	07:53
120	2536	Nuno André Sampaio Moura	A.D.Amarante trail running	Senior Masculino	02:37:37	+01:04:21	07:53
121	2102	André Filipe Pedrosa da Rocha	Individual	Senior Masculino	02:37:52	+01:04:36	07:54
122	2390	Ricardo Jorge Fernandes Alves	Sports&cycling	Senior Masculino	02:38:46	+01:05:30	07:56
123	2127	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:38:49	+01:05:34	07:56
124	2255	Flávio André Alves Sampaio	Individual	Senior Masculino	02:38:56	+01:05:40	07:57
125	2613	Luís Filipe Vilas Boas Campos	WTG	Senior Masculino	02:38:58	+01:05:43	07:57
126	2415	Ricardo Filipe Sousa Moreira	Atalanta runners	Senior Masculino	02:39:16	+01:06:00	07:58
127	2226	César Rafael Macedo Pereira Brandão	TRAIL ME	Senior Masculino	02:39:35	+01:06:19	07:59
128	2332	Micael Cunha	Gaia Trail	Senior Masculino	02:39:42	+01:06:27	07:59
129	2134	Bruno Miguel Oliveira Neves	Individual	Senior Masculino	02:39:43	+01:06:27	07:59
130	2381	Ricardo Pereira	PORTOCARGO	Senior Masculino	02:40:48	+01:07:32	08:02

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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131	2409	Ivo Bruno de Oliveira Lopes	PLACE FOZ PRIME	Senior Masculino	02:41:22	+01:08:06	08:04
132	2299	Paulo Silva	PM	Senior Masculino	02:41:36	+01:08:20	08:05
133	2060	Tiago André Maia Dias	TEAM LANTEMIL	Senior Masculino	02:41:37	+01:08:21	08:05
134	2073	Hugo Emanuel Silva Rocha	NorTrail	Senior Masculino	02:41:41	+01:08:25	08:05
135	2327	Andre alexandre costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:41:42	+01:08:26	08:05
136	2401	João Vítor Faria Couto	Spin&Run Esposende	Senior Masculino	02:42:09	+01:08:53	08:06
137	2563	Victor Martins	BARCELOS RUNNERS	Senior Masculino	02:42:09	+01:08:53	08:06
138	2117	David Cardoso Teixeira	C+ RUNNERS	Senior Masculino	02:42:40	+01:09:24	08:08
139	2045	Vitor Hugo Bouça Nova Alves	Amigos para correr	Senior Masculino	02:42:45	+01:09:29	08:08
140	2410	Antonio Camilo Sousa Leite	Lousada Hotwheels Runners	Senior Masculino	02:42:59	+01:09:43	08:09
141	2012	Hugo Miguel de Sousa Machado	Individual	Senior Masculino	02:42:59	+01:09:43	08:09
142	2540	Marco Paulo Nunes	A.D.Amarante trail running	Senior Masculino	02:43:11	+01:09:56	08:10
143	2461	Pedro Miguel Cerqueira Teles de Oliveira	Individual	Senior Masculino	02:43:18	+01:10:02	08:10
144	2524	Bruno Andrade	Prova de Fogo	Senior Masculino	02:43:32	+01:10:16	08:11
145	2205	Miguel Baptista	Bravos da montanha	Senior Masculino	02:43:38	+01:10:22	08:11
146	2120	ALBERTO RAFAEL MARTINS SILVA	Amigos para correr	Senior Masculino	02:43:40	+01:10:24	08:11
147	2047	Vítor Manuel Almeida Correia	Individual	Senior Masculino	02:44:06	+01:10:50	08:12
148	2626	Pedro Miguel Barbosa Magalhaes	B.T.M.	Senior Masculino	02:44:32	+01:11:16	08:14
149	2342	Ricardo Manuel Silva Vieira	VIDAATIVARUNNERS	Senior Masculino	02:45:22	+01:12:06	08:16
150	2245	Francisco Tinoco	A D ESMERIZ RUNNING	Senior Masculino	02:45:29	+01:12:13	08:16
151	2239	Luis Filipe Miranda vaz	GTT-Armazém do Caffè	Senior Masculino	02:45:41	+01:12:25	08:17
152	2597	HUGO JOSÉ SOUSA COELHO	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:45:45	+01:12:29	08:17
153	2393	André Xavier Figueiredo da Silva	B.T.M.	Senior Masculino	02:46:07	+01:12:52	08:18
154	2609	Henrique Graciano Varela Gonçalves	OADA - Os Amigos da Aventura	Senior Masculino	02:46:11	+01:12:55	08:19
155	2462	Vitor Manuel Pereira da Silva	ARCA BarceloS runners	Senior Masculino	02:46:16	+01:13:00	08:19
156	2573	Emanuel Costa	DiVE | Into The Mountains	Senior Masculino	02:46:17	+01:13:01	08:19
157	2606	Daniel Almeida da Silva	Barcelos Team Portugal	Senior Masculino	02:46:19	+01:13:03	08:19
158	2665	Joel Almeida Silva	Asas nos Pés	Senior Masculino	02:46:19	+01:13:03	08:19
159	2575	Hernani Pinto	DiVE | Into The Mountains	Senior Masculino	02:47:45	+01:14:29	08:23
160	2659	Paulinho Carvalho	FAMA RUNNERS	Senior Masculino	02:48:14	+01:14:58	08:25
161	2652	Daniel Vieira	FAMA RUNNERS	Senior Masculino	02:48:15	+01:14:59	08:25
162	2291	Bruno Pereira	Individual	Senior Masculino	02:48:29	+01:15:13	08:25
163	2508	Mário Jorge Monte Soares	Imperadores	Senior Masculino	02:49:38	+01:16:22	08:29
164	2180	Rui Carvalho	SS MONTEPIO	Senior Masculino	02:50:19	+01:17:04	08:31
165	2328	Mario rui vaz gomes vilaca	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
166	2329	Bruno ricardo costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
167	2699	João Carlos Torres Arantes Maia	Individual	Senior Masculino	02:53:04	+01:19:48	08:39
168	2560	Nuno Miguel Pereira da Silva	B.T.M.	Senior Masculino	02:53:04	+01:19:48	08:39
169	2668	Carlos marques	Individual	Senior Masculino	02:53:53	+01:20:38	08:42
170	2593	Pedro Pereira	Guimarunning Moscada	Senior Masculino	02:54:24	+01:21:08	08:43
171	2481	Paulo André Pereira Martins	Moka Trail Team	Senior Masculino	02:54:31	+01:21:15	08:44
172	2635	Helio neves ferreira	Grupo 46	Senior Masculino	02:54:50	+01:21:34	08:45
173	2691	Vasco Oliveira	Individual	Senior Masculino	02:55:14	+01:21:58	08:46
174	2130	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:55:14	+01:21:58	08:46
175	2621	António Teixeira Castro	Marão Trail	Senior Masculino	02:55:51	+01:22:36	08:48

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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176	2465	Pedro Bruno Ferreira Aguiar,	Individual	Senior Masculino	02:56:16	+01:23:00	08:49
177	2446	Diogo Sousa	Caracóis do monte	Senior Masculino	02:56:18	+01:23:02	08:49
178	2701	Vitor Manuel da Silva Pereira	Individual	Senior Masculino	02:56:36	+01:23:20	08:50
179	2509	Luís Augusto Paulo Pinheiro	Prova de Fogo	Senior Masculino	02:56:56	+01:23:40	08:51
180	2692	Jorge Barbosa	Individual	Senior Masculino	02:57:02	+01:23:46	08:51
181	2453	Hélder Oliveira	Associação Desportiva da Efacec	Senior Masculino	02:57:13	+01:23:57	08:52
182	2162	José Vitor campos costa	Individual	Senior Masculino	02:57:21	+01:24:06	08:52
183	2296	Ricardo Manuel Rocha Oliveira	Sal Running	Senior Masculino	02:57:50	+01:24:34	08:54
184	2297	Helder Bruno Alves Amorim	Sal Running	Senior Masculino	02:57:50	+01:24:34	08:54
185	2417	Helder Filipe Ribeiro Vilas Boas	VIDAATIVARUNNERS	Senior Masculino	02:58:21	+01:25:05	08:55
186	2512	ARTUR MORAIS	VIDAATIVARUNNERS	Senior Masculino	02:58:21	+01:25:06	08:55
187	2275	José Teixeira	CORRER LEÇA	Senior Masculino	02:59:00	+01:25:45	08:57
188	2426	Rui Francisco de Neiva Moura Bastos	Individual	Senior Masculino	02:59:01	+01:25:45	08:57
189	2065	Rui Pedro Nogueira Tuna Rabiço	Individual	Senior Masculino	02:59:52	+01:26:37	09:00
190	2534	Ricardo Gil Silva Magalhães	A.D.Amarante trail running	Senior Masculino	02:59:52	+01:26:37	09:00
191	2535	Luís Carlos Pinto MEndes	A.D.Amarante trail running	Senior Masculino	02:59:55	+01:26:39	09:00
192	2044	Ivo Filipe Matos da Silva	Individual	Senior Masculino	03:00:50	+01:27:34	09:02
193	2123	Fernando José dos Santos Sousa	Individual	Senior Masculino	03:00:50	+01:27:34	09:02
194	2424	Rui Manuel Ribeiro Correia	Dragon Runners	Senior Masculino	03:00:50	+01:27:34	09:02
195	2099	João Filipe Jardim Correia Simões	Individual	Senior Masculino	03:00:50	+01:27:34	09:03
196	2098	Daniel de Castro Machado	OS FUGITIVOS DA CRISE	Senior Masculino	03:02:17	+01:29:01	09:07
197	2394	Bruno Silva	Individual	Senior Masculino	03:03:33	+01:30:17	09:11
198	2198	Luís Filipe Castro Costa Campos Guimarães	Individual	Senior Masculino	03:04:23	+01:31:07	09:13
199	2031	Sergio Torre	Individual	Senior Masculino	03:07:18	+01:34:03	09:22
200	2145	Ricardo Jose Rodrigues Alves Dias	Individual	Senior Masculino	03:08:24	+01:35:09	09:25
201	2610	Alexandre Manuel Lima Areias	OADA - Os Amigos da Aventura	Senior Masculino	03:08:30	+01:35:14	09:26
202	2253	Helder José Pinto Neves	Conquista.dores	Senior Masculino	03:11:57	+01:38:41	09:36
203	2661	João Pinheiro	FAMA RUNNERS	Senior Masculino	03:14:43	+01:41:27	09:44
204	2132	António Carlos Rodrigues Pinheiro	Dr. Merino/4moove	Senior Masculino	03:14:46	+01:41:31	09:44
205	2420	Alberto Simão Rocha	Lusitanos	Senior Masculino	03:15:29	+01:42:13	09:46
206	2643	Miguel Lobão	Sidónios	Senior Masculino	03:15:40	+01:42:24	09:47
207	2136	Bruno Ricardo Martins Machado	Nails Maria	Senior Masculino	03:17:30	+01:44:14	09:52
208	2063	José Gil Pereira Rodrigues	Don't need prep TEAM	Senior Masculino	03:17:33	+01:44:17	09:53
209	2363	Pedro Torres Ferreira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:18:58	+01:45:42	09:57
210	2068	Nelson Filipe Ferreira Pinto	TEAM LANTEMIL	Senior Masculino	03:19:20	+01:46:05	09:58
211	2306	Jony	Individual	Senior Masculino	03:20:33	+01:47:17	10:02
212	2464	Pedro Rui Silva Alves Ferreira	Bardinos dos Montes	Senior Masculino	03:21:39	+01:48:23	10:05
213	2614	António Álvaro Coelho Esteves	UTIL - Informática & Electrónica	Senior Masculino	03:46:38	+02:13:22	11:20
214	2595	Cristiano Manuel De Barros Miranda	3D	Senior Masculino	03:54:48	+02:21:32	11:44
215	2689	Hugo Barbosa	Individual	Senior Masculino	03:57:20	+02:24:04	11:52

Sub 23 Feminino

1	2364	Claudia Moutinho	FACTOR X / S4L / MEDENSE FC	Sub 23 Feminino	02:39:42	+01:06:27	07:59

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Sub 23 Masculino

1	2631	João Patrício	Dr. Merino/4moove	Sub 23 Masculino	01:45:00	+11:44	05:15
2	2374	João Trigueiros	Gaia Trail	Sub 23 Masculino	01:51:47	+18:31	05:35
3	2023	João Barbosa	Global Trail	Sub 23 Masculino	02:03:41	+30:25	06:11
4	2558	André Pereira	Sidónios	Sub 23 Masculino	02:23:09	+49:54	07:09
5	2532	Joel Jacinto Costa Silva	A.D.Amarante trail running	Sub 23 Masculino	03:00:18	+01:27:02	09:01
6	2122	Pedro Daniel Martins Moreira	Amigos para correr	Sub 23 Masculino	03:02:10	+01:28:55	09:07
7	2439	Diogo André Monteiro da Silva	Individual	Sub 23 Masculino	03:21:39	+01:48:23	10:05

Veterana F40

1	2266	Lígia Mendes	GAIA-RUNNING	Veterana F40	02:06:53	+33:37	06:21
2	2474	Eva Jesus Costa Martins	Individual	Veterana F40	02:15:02	+41:47	06:45
3	2542	Rosa Barros	A.D.Amarante trail running	Veterana F40	02:15:49	+42:33	06:47
4	2112	Ana Maria Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:19:02	+45:46	06:57
5	2445	Isabel Cunha	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	02:20:14	+46:58	07:01
6	2084	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	02:23:29	+50:13	07:10
7	2213	Patricia Fernandes	Amigos	Veterana F40	02:28:06	+54:50	07:24
8	2017	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:30:02	+56:46	07:30
9	2274	Cláudia Cunha	CORRER LEÇA	Veterana F40	02:31:24	+58:08	07:34
10	2685	Ana Sofia Gonçalves Coelho	O Praticante	Veterana F40	02:33:55	+01:00:40	07:42
11	2272	Orlanda Rego	GAIA-RUNNING	Veterana F40	02:35:15	+01:01:59	07:46
12	2358	Maria Fernanda Ferreira	CORRER LEÇA	Veterana F40	02:37:27	+01:04:11	07:52
13	2478	Ana Pinto	Individual	Veterana F40	02:37:31	+01:04:15	07:53
14	2156	Célia Maria Portela Sousa	Individual	Veterana F40	02:37:59	+01:04:43	07:54
15	2192	Salome cerqueira	EDV-VIANA TRAIL	Veterana F40	02:39:07	+01:05:51	07:57
16	2425	Alice Sousa	Dr. Merino/4moove	Veterana F40	02:44:25	+01:11:09	08:13
17	2570	Carla Antunes	DiVE | Into The Mountains	Veterana F40	02:45:41	+01:12:25	08:17
18	2463	Ana Maria Carvalho Matos	ARCA BarceloS runners	Veterana F40	02:46:15	+01:12:59	08:19
19	2433	Cidalia Rodrigues	ARCA BarceloS runners	Veterana F40	02:46:16	+01:13:00	08:19
20	2686	Isabel Maria da Cruz Barra	OPraticante	Veterana F40	02:46:38	+01:13:22	08:20
21	2443	Deolinda Brites Antunes	Palmeira Runners	Veterana F40	02:52:02	+01:18:46	08:36
22	2303	Mónica Ferreira	Spin&Run Esposende	Veterana F40	02:52:03	+01:18:47	08:36
23	2705	Carla Marina Vilas Boas	Individual	Veterana F40	02:52:21	+01:19:05	08:37
24	2506	Carla Marques Silva	Individual	Veterana F40	02:52:25	+01:19:09	08:37
25	2307	Liseta Fernanda de Sousa Pinto	Individual	Veterana F40	02:56:09	+01:22:53	08:48
26	2131	Luisa Guimaraes do Lago e Costa Rodrigues	C.R.Candoso	Veterana F40	02:56:24	+01:23:08	08:49
27	2083	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F40	02:57:12	+01:23:56	08:52
28	2568	Maria Sá	DiVE | Into The Mountains	Veterana F40	02:58:11	+01:24:55	08:55
29	2580	Joana Morais	DiVE | Into The Mountains	Veterana F40	02:58:11	+01:24:55	08:55
30	2646	Susana Silva	VIDAATIVARUNNERS	Veterana F40	02:58:21	+01:25:06	08:55
31	2525	Sara Capilupi	Individual	Veterana F40	03:00:07	+01:26:51	09:00

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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32	2191	Aida Linhares	GTT-Armazém do Caffè	Veterana F40	03:01:13	+01:27:57	09:04
33	2582	Sandra Mascarenhas	PORTO SENTIDO RUNNERS	Veterana F40	03:02:16	+01:29:00	09:07
34	2586	Elizabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F40	03:02:16	+01:29:00	09:07
35	2097	Diana Andrea Massa Pintado Carneiro	OS FUGITIVOS DA CRISE	Veterana F40	03:02:17	+01:29:01	09:07
36	2664	Cristina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	03:03:20	+01:30:04	09:10
37	2188	Celeste Dias	Quenianos	Veterana F40	03:06:51	+01:33:35	09:21
38	2182	Anabela da Silva Machado	QUENIANOS	Veterana F40	03:06:51	+01:33:35	09:21
39	2053	Maria Rosa Lima Pereira	XL&S TRAIL	Veterana F40	03:08:13	+01:34:58	09:25
40	2620	Susana Matos	EDV-VIANA TRAIL	Veterana F40	03:12:10	+01:38:54	09:36
41	2228	Sónia Manuela Venancio Ribeiro Gilvaz	GDR Juventude das Ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
42	2229	Eva Cristina Freitas Ribeiro	GDR Juventude das Ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
43	2566	Carla Sofia Pereira Carvalho Araújo Santos	Bardinos Trail Running	Veterana F40	03:16:14	+01:42:58	09:49
44	2203	Maria José Figueiredo	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	03:17:24	+01:44:08	09:52
45	2301	Filomena Lascasas Rocha	M&E Runners	Veterana F40	03:21:21	+01:48:05	10:04
46	2158	Paula Susana Araujo Pereira	ALVELINHOS RUNNING	Veterana F40	03:21:45	+01:48:29	10:05
47	2337	Carmen Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterana F40	03:21:51	+01:48:36	10:06
48	2562	Graça Martins	BARCELOS RUNNERS	Veterana F40	03:25:51	+01:52:35	10:18
49	2237	Ana Germano	Individual	Veterana F40	03:26:57	+01:53:41	10:21
50	2227	Ana Martins	TEAM LANTEMIL	Veterana F40	03:27:40	+01:54:25	10:23
51	2590	Elizia Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	03:30:29	+01:57:13	10:31
52	2632	Alexandra Madureira	Bardinos dos Montes	Veterana F40	03:31:28	+01:58:12	10:34
53	2214	Leonilde Macedo	Amigos	Veterana F40	03:37:46	+02:04:30	10:53
54	2369	Natália Santos	FACTOR X / S4L / MEDENSE FC	Veterana F40	03:39:18	+02:06:02	10:58
55	2366	Ligia Freitas	FACTOR X / S4L / MEDENSE FC	Veterana F40	03:39:18	+02:06:02	10:58
56	2572	Diana Moura	DiVE | Into The Mountains	Veterana F40	03:44:04	+02:10:48	11:12
57	2346	Ana Rita da Silva Pereira Duarte	Individual	Veterana F40	03:46:29	+02:13:13	11:19
58	2565	Ana Isabel Caio dos Santos	Bardinos dos Montes	Veterana F40	03:48:11	+02:14:55	11:25
59	2108	Helena Maria Santos Cunha	ARRASTASSOLAS	Veterana F40	03:50:05	+02:16:49	11:30
60	2389	ROSA MARIA AFONSO	Gondaràfrente	Veterana F40	03:52:09	+02:18:54	11:36
61	2618	Cidália Ribeiro	EDV-VIANA TRAIL	Veterana F40	04:01:43	+02:28:28	12:05

Veterana F50

1	2186	Maria Conceição Queiroz Oliveira	GTT-Armazém do Caffè	Veterana F50	02:28:00	+54:45	07:24
2	2350	Fátima Vieira	Somos Nós Team	Veterana F50	02:37:57	+01:04:41	07:54
3	2505	Elisabete Repas	GAIA-RUNNING	Veterana F50	02:43:25	+01:10:09	08:10
4	2232	Maria Conceição Campos	Spin&Run Esposende	Veterana F50	02:52:08	+01:18:53	08:36
5	2623	Maria Fernanda Gonçalves Rocha Azevedo	BARCELOS RUNNERS	Veterana F50	03:00:46	+01:27:30	09:02
6	2523	LURDES CARDOSO	ADA TRAIL RUNNING TEAM AMARANTE	Veterana F50	03:01:12	+01:27:57	09:04
7	2311	Paula Cristina Sá Peixoto	Braguinhas Runners	Veterana F50	03:10:30	+01:37:14	09:31
8	2657	Ana Paula Simões	FAMA RUNNERS	Veterana F50	03:14:43	+01:41:27	09:44

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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9	2103	Maria da Luz Neves Olivença	ComDor Runners	Veterana F50	03:38:38	+02:05:22	10:56

Veterana F60

1	2259	Maria Emilia Brás	Spin&Run Esposende	Veterana F60	02:48:57	+01:15:42	08:27
2	2199	Fernanda Esteves	Cerveira Team Running/Clube Celtas do Minho	Veterana F60	03:30:29	+01:57:13	10:31
3	2036	Rosa de Fátima Conceição Bispo da Silva	Em Força - Corremos com a Esclerose Múltipla	Veterana F60	03:50:30	+02:17:14	11:31

Veterano M40

1	2625	Carlos veloso	airórun	Veterano M40	01:34:10	+00:55	04:43
2	2360	Dinis Gonçalves	Gaia Trail	Veterano M40	01:35:07	+01:51	04:45
3	2005	Pedro Santos	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	01:35:54	+02:38	04:48
4	2001	Bruno Silva	AFACYCLES sport	Veterano M40	01:39:24	+06:08	04:58
5	2530	Vitor Manuel Monteiro da Costa	A.D.Amarante trail running	Veterano M40	01:39:53	+06:37	05:00
6	2398	Luis Gil	Gaia Trail	Veterano M40	01:43:24	+10:08	05:10
7	2028	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:44:49	+11:34	05:14
8	2164	Ciano Ribeiro	Associação desportiva de carvalhal	Veterano M40	01:48:58	+15:42	05:27
9	2149	Igor Bruno Palhares Moreira	Melgaço Alvarinho Trail	Veterano M40	01:50:56	+17:40	05:33
10	2174	Julio macedo fernandes	Associação desportiva de carvalhal	Veterano M40	01:52:31	+19:15	05:38
11	2599	Jose Rocha	Barcelos Team Portugal	Veterano M40	01:54:42	+21:26	05:44
12	2479	Fernando Oliveira	Individual	Veterano M40	01:55:35	+22:19	05:47
13	2075	Adriano	Lusitanos	Veterano M40	01:56:21	+23:05	05:49
14	2217	António Cardoso	Associação desportiva de carvalhal	Veterano M40	01:56:44	+23:28	05:50
15	2312	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	01:57:28	+24:13	05:52
16	2633	Daniel Raimundo Martins Cardoso	airórun	Veterano M40	01:57:34	+24:18	05:53
17	2114	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	01:59:58	+26:42	06:00
18	2176	Francisco Moreira	SS MONTEPIO	Veterano M40	01:59:59	+26:43	06:00
19	2142	Hugo Manuel Gallego Machado Sousa Brito	Café Candelabro	Veterano M40	02:00:43	+27:27	06:02
20	2527	Filipe Oliveira Ramos	Aesthetically Team Running	Veterano M40	02:01:07	+27:51	06:03
21	2352	Antonio Francisco Dantas Barbosa	Individual	Veterano M40	02:01:11	+27:55	06:04
22	2585	Antonio Borge	PORTO SENTIDO RUNNERS	Veterano M40	02:01:13	+27:57	06:04
23	2104	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	02:01:41	+28:25	06:05
24	2376	Cláudio Domingos Martins Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:02:30	+29:14	06:08
25	2451	Mário Ferreira	Associação Desportiva da Efacec	Veterano M40	02:02:50	+29:35	06:09
26	2236	Miguel Ângelo Salgueiro Araújo	TRAIL ME	Veterano M40	02:03:07	+29:51	06:09
27	2649	Pedro Miranda	VIDAATIVARUNNERS	Veterano M40	02:03:46	+30:30	06:11
28	2339	Paulo Alexandre da Fonseca Amadeu	Gaia Trail	Veterano M40	02:05:23	+32:08	06:16
29	2372	JOAQUIM DA CUNHA GOMES DE SÁ	BARCELOS RUNNERS	Veterano M40	02:05:51	+32:35	06:18
30	2619	Paulo Ribeiro	EDV-VIANA TRAIL	Veterano M40	02:05:58	+32:43	06:18

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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31	2354	Carlos Gaspar Brandão Correia Martins	Run4Life	Veterano M40	02:06:07	+32:51	06:18
32	2330	Luís Paulo Matos Ferreira	Minho e Lima Trail	Veterano M40	02:06:11	+32:55	06:19
33	2533	Miguel Barros	A.D.Amarante trail running	Veterano M40	02:06:45	+33:29	06:20
34	2267	André Pessoa Dias	GAIA-RUNNING	Veterano M40	02:06:53	+33:37	06:21
35	2510	Jorge Barbosa	PAREDES AVENTURA	Veterano M40	02:09:05	+35:49	06:27
36	2666	António Carlos Sousa Vilas Boas	FISIPADRÃO/LUSOSPORT	Veterano M40	02:09:07	+35:51	06:27
37	2082	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:09:10	+35:55	06:28
38	2124	HELDER ROBERTO SANTOS AZEVEDO	airórun	Veterano M40	02:09:29	+36:13	06:28
39	2578	Pedro Costa	DiVE | Into The Mountains	Veterano M40	02:11:39	+38:23	06:35
40	2140	Fernando Coelho	Caracóis do monte	Veterano M40	02:11:46	+38:30	06:35
41	2399	Patrício Marques Afonso	Individual	Veterano M40	02:12:10	+38:54	06:37
42	2450	Miguel Cruz	Associação Desportiva da Efacec	Veterano M40	02:12:55	+39:39	06:39
43	2504	Ricardo Vieira	Individual	Veterano M40	02:12:55	+39:39	06:39
44	2653	Manuel Gomes	FAMA RUNNERS	Veterano M40	02:13:25	+40:09	06:40
45	2411	Jorge Guilherme Lopes Brito	Individual	Veterano M40	02:13:25	+40:09	06:40
46	2105	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M40	02:13:49	+40:33	06:41
47	2639	Rui Pedro Pena	Sidónios	Veterano M40	02:14:35	+41:19	06:44
48	2641	Paulo Costa	Sidónios	Veterano M40	02:14:35	+41:20	06:44
49	2669	George Ferreira Araújo	Individual	Veterano M40	02:15:23	+42:08	06:46
50	2662	Amadeu Peixoto	Global Trail	Veterano M40	02:15:38	+42:22	06:47
51	2052	Pedro Bogas	B'Life Outdoor Team	Veterano M40	02:15:50	+42:35	06:48
52	2644	António Freitas	Sidónios	Veterano M40	02:15:55	+42:39	06:48
53	2055	Paulo Jorge da Silva Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	02:15:55	+42:39	06:48
54	2647	Manuel Martins	VIDAATIVARUNNERS	Veterano M40	02:16:02	+42:46	06:48
55	2709	Ricardo Pimenta	Individual	Veterano M40	02:16:13	+42:57	06:49
56	2406	Rafael Junqueira Kerr	PLACE FOZ PRIME	Veterano M40	02:16:48	+43:32	06:50
57	2387	JOAO PAULO COSTA CORREIA MONTEIO	Pes de chumbo	Veterano M40	02:16:56	+43:40	06:51
58	2675	Orlando Costa	Equipa João Ferreira	Veterano M40	02:17:59	+44:43	06:54
59	2483	António Da Cruz Sousa Fernandes	Individual	Veterano M40	02:18:27	+45:11	06:55
60	2238	Rui Pedro da Silva Rodrigues	Mountain Runners	Veterano M40	02:18:52	+45:36	06:57
61	2210	António Luis Esteves Coelho	TRAIL ME	Veterano M40	02:18:57	+45:41	06:57
62	2704	João Orlando Pereira	Individual	Veterano M40	02:19:30	+46:14	06:59
63	2482	Filipe Alves	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:19:33	+46:17	06:59
64	2022	Daniel António Neto Alves	Individual	Veterano M40	02:19:59	+46:44	07:00
65	2678	Sergio Fernando Gomes Sá	Givec	Veterano M40	02:20:07	+46:51	07:00
66	2467	Francisco Alves	Individual	Veterano M40	02:20:14	+46:58	07:01
67	2278	Pedro Justo	CORRER LEÇA	Veterano M40	02:20:28	+47:12	07:01
68	2456	Fernando António Teixeira Soares	G. Aventura	Veterano M40	02:20:49	+47:33	07:02
69	2269	Jorge Pereira	GAIA-RUNNING	Veterano M40	02:21:19	+48:04	07:04
70	2436	Manuel Luis Rocha Brabosa	Paredes Running	Veterano M40	02:21:46	+48:30	07:05
71	2048	Domingos Jerónimo Ribeiro Gomes	BTTrilhos.PG	Veterano M40	02:22:24	+49:08	07:07
72	2577	Paulo Ribeiro	DiVE | Into The Mountains	Veterano M40	02:22:40	+49:24	07:08
73	2423	Arselio Sousa Remelhe	Individual	Veterano M40	02:22:54	+49:38	07:09
74	2309	Paulo Filipe Fernandes Monteiro	VIDAATIVARUNNERS	Veterano M40	02:23:20	+50:04	07:10

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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75	2521	Manuel martins	ALVELINHOS RUNNING	Veterano M40	02:23:25	+50:09	07:10
76	2263	Vítor Fernandes	GAIA-RUNNING	Veterano M40	02:24:38	+51:23	07:14
77	2056	Rui Manuel Campinho Vilas Boas	Associação desportiva de carvalhal	Veterano M40	02:24:45	+51:29	07:14
78	2264	Rui Pereira	GAIA-RUNNING	Veterano M40	02:25:29	+52:13	07:16
79	2062	Joaquim Filipe da Cunha Mimoso Lima	Individual	Veterano M40	02:25:44	+52:28	07:17
80	2444	Manuel António e Sá da Graça	Palmeira Runners	Veterano M40	02:25:51	+52:35	07:18
81	2169	Nuno Nabeiro	Melgaço Alvarinho Trail	Veterano M40	02:26:11	+52:55	07:19
82	2281	Rui Miguel da Costa Teixeira	TEAM LANTEMIL	Veterano M40	02:26:26	+53:10	07:19
83	2386	PAULO HENRIQUES	Pes de chumbo	Veterano M40	02:26:54	+53:38	07:21
84	2518	Pedro Pereira	Individual	Veterano M40	02:27:06	+53:50	07:21
85	2016	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:27:09	+53:53	07:21
86	2040	José Manuel Rodrigues Costa	Palmeira Runners	Veterano M40	02:27:10	+53:54	07:22
87	2039	Domingos Manuel Oliveira Peixoto	Palmeira Runners	Veterano M40	02:27:10	+53:54	07:22
88	2088	José Augusto Lopes Ferreira	Palmeira Runners	Veterano M40	02:27:10	+53:55	07:22
89	2538	José Manuel Teixeira Rocha	A.D.Amarante trail running	Veterano M40	02:27:58	+54:42	07:24
90	2289	Filipe Reis Pinheiro	Fridão Sem Limites	Veterano M40	02:27:58	+54:42	07:24
91	2549	Vitor Manuel Rodrigues Martins	Maximusteam	Veterano M40	02:28:21	+55:05	07:25
92	2367	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:28:34	+55:18	07:26
93	2273	António Manuel de Sousa Barros	CORRER LEÇA	Veterano M40	02:29:24	+56:08	07:28
94	2612	Luis Miguel Carvalhido Gonçalves	OADA - Os Amigos da Aventura	Veterano M40	02:29:43	+56:27	07:29
95	2455	Paulo José Farinha de Campos	G. Aventura	Veterano M40	02:30:10	+56:54	07:30
96	2591	Rui Dias Teixeira	Individual	Veterano M40	02:30:26	+57:10	07:31
97	2271	César Teixeira	GAIA-RUNNING	Veterano M40	02:30:29	+57:13	07:31
98	2196	Pedro Lima	Individual	Veterano M40	02:31:36	+58:20	07:35
99	2298	Miguel Teixeira	PM	Veterano M40	02:33:16	+01:00:00	07:40
100	2576	Nuno Santos	DiVE | Into The Mountains	Veterano M40	02:33:22	+01:00:06	07:40
101	2283	Luis Miguel Moreira Mendes	Individual	Veterano M40	02:33:38	+01:00:22	07:41
102	2495	Francisco Pereira da Costa	Individual	Veterano M40	02:33:45	+01:00:29	07:41
103	2070	Paulo Hernani Almeida moreira	Individual	Veterano M40	02:34:26	+01:01:10	07:43
104	2470	Joaquim Araújo	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:34:34	+01:01:18	07:44
105	2379	Marco Oliveira	PORTOCARGO	Veterano M40	02:34:56	+01:01:40	07:45
106	2109	PEDRO JOAQUIM ARAUJO CARVALHO	ARRASTASSOLAS	Veterano M40	02:35:11	+01:01:55	07:46
107	2441	João Vasco Gil da Silva Gomes Ferreir	Clube Pessoal EDP - V. N. Gaia	Veterano M40	02:35:20	+01:02:04	07:46
108	2254	MIGUEL ÂNGELO DA GRAÇA É CASTRO ROCHA	Individual	Veterano M40	02:35:25	+01:02:09	07:46
109	2627	RICARDO CERQUEIRA	Individual	Veterano M40	02:35:27	+01:02:11	07:46
110	2181	Rui Freitas	SS MONTEPIO	Veterano M40	02:35:42	+01:02:26	07:47
111	2557	Paulo Azevedo	Sidónios	Veterano M40	02:36:03	+01:02:48	07:48
112	2212	Wilson Fonseca	Amigos	Veterano M40	02:36:07	+01:02:51	07:48
113	2418	Jorge Miguel Alvão Serra Leite da Cunha	Nice Runners	Veterano M40	02:36:12	+01:02:56	07:49
114	2295	Ricardo Miguel Gonçalves Santos Rocha	B.T.M.	Veterano M40	02:36:17	+01:03:01	07:49
115	2707	José Pedro Novais de Carvalho Dias Teixeira	SS Box	Veterano M40	02:36:45	+01:03:29	07:50
116	2548	DOMINGOS COSTA	ADDC RUN	Veterano M40	02:36:52	+01:03:36	07:51

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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117	2080	José Ricardo Fernandes Silva	Individual	Veterano M40	02:37:04	+01:03:48	07:51
118	2285	Franco Sá Costa	Fitteam	Veterano M40	02:37:08	+01:03:53	07:51
119	2201	José Fernando dos Santos Oliveira	Individual	Veterano M40	02:37:26	+01:04:10	07:52
120	2163	Luis Fernando Carvalho Oliveira Martins	Individual	Veterano M40	02:37:54	+01:04:38	07:54
121	2681	Paulo Costa	Givec	Veterano M40	02:37:56	+01:04:40	07:54
122	2157	João Ribeiro	Individual	Veterano M40	02:37:59	+01:04:43	07:54
123	2090	Ricardo Romeu castro rodrigues	GUIMARAES TRAIL	Veterano M40	02:38:24	+01:05:08	07:55
124	2129	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:38:33	+01:05:17	07:56
125	2241	Ricardo Jorge Macedo Pereira Brandão	TRAIL ME	Veterano M40	02:39:35	+01:06:19	07:59
126	2550	Ernesto Braga Martins de Macedo	Runners flylondon team	Veterano M40	02:39:39	+01:06:23	07:59
127	2033	Pedro Miguel Barros Rodrigues	HappyRun	Veterano M40	02:40:32	+01:07:16	08:02
128	2280	Ricardo Gonçalves	CORRER LEÇA	Veterano M40	02:40:47	+01:07:31	08:02
129	2598	Pedro Sendao	Individual	Veterano M40	02:41:07	+01:07:51	08:03
130	2380	Renato Oliveira	PORTOCARGO	Veterano M40	02:41:14	+01:07:58	08:04
131	2605	Abilio Fernando Machado Pereira	Individual	Veterano M40	02:41:18	+01:08:02	08:04
132	2184	PAULO ALEXANDRE CARNEIRO	DiVE | Into The Mountains	Veterano M40	02:42:08	+01:08:52	08:06
133	2220	Rui Manuel Costa Santos	DuasDeLetra	Veterano M40	02:42:14	+01:08:58	08:07
134	2583	Vasco Luxo	PORTO SENTIDO RUNNERS	Veterano M40	02:42:40	+01:09:25	08:08
135	2026	Antonio Soares	Global Trail	Veterano M40	02:43:04	+01:09:48	08:09
136	2041	Paulo Jorge Romão de Campos	Atalanta runners	Veterano M40	02:43:27	+01:10:11	08:10
137	2128	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	02:43:37	+01:10:21	08:11
138	2172	Marco Paulo Marques Dias	Quenianos	Veterano M40	02:44:44	+01:11:28	08:14
139	2584	Miguel Pereira	PORTO SENTIDO RUNNERS	Veterano M40	02:44:47	+01:11:31	08:14
140	2636	Nuno Miguel Cunha Freitas Tino Carvalhal	Individual	Veterano M40	02:45:08	+01:11:52	08:15
141	2365	Paulo Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:45:17	+01:12:02	08:16
142	2485	Carlos Ferreira	Autistic Runners	Veterano M40	02:45:39	+01:12:23	08:17
143	2261	António Gonçalves	ARCA BarceloS runners	Veterano M40	02:46:15	+01:12:59	08:19
144	2286	Rui Manuel Alves Figueiras	Associação Desportiva Carvalhal	Veterano M40	02:46:33	+01:13:17	08:20
145	2466	Vitor Perfeito Pereira de Sousa	Individual	Veterano M40	02:47:10	+01:13:55	08:22
146	2010	Ricardo Antonio da Silva Sousa	FIT GAIA TRAIL	Veterano M40	02:47:13	+01:13:57	08:22
147	2341	Tiago Frutuoso	Individual	Veterano M40	02:48:29	+01:15:13	08:25
148	2547	JOAQUIM LOBO	ADDC RUN	Veterano M40	02:50:09	+01:16:54	08:30
149	2177	Nuno Bastos	SS MONTEPIO	Veterano M40	02:50:19	+01:17:04	08:31
150	2687	José Carvalho	Individual	Veterano M40	02:51:08	+01:17:52	08:33
151	2592	Viriato Barreira Quintino	Individual	Veterano M40	02:52:09	+01:18:53	08:36
152	2676	Daniel Dias Gonçalves	Individual	Veterano M40	02:52:09	+01:18:53	08:36
153	2356	Francisco Bartolomeu	TEAM LANTEMIL	Veterano M40	02:52:14	+01:18:58	08:37
154	2193	Nuno Miguel Ferreira Pacheco	Alive Runners	Veterano M40	02:52:15	+01:18:59	08:37
155	2151	Pedro Roseta	NOP	Veterano M40	02:53:36	+01:20:20	08:41
156	2546	PEDRO FALCÃO	ADDC RUN	Veterano M40	02:54:06	+01:20:50	08:42
157	2513	JOAQUIM PIMENTA	VIDAATIVARUNNERS	Veterano M40	02:55:15	+01:21:59	08:46
158	2150	Marco Zeferino da Silva Barbosa	NOP	Veterano M40	02:57:50	+01:24:34	08:53
159	2288	Pedro Alexandre Gomes Sá Silva Pereira	Grupo 46	Veterano M40	02:58:46	+01:25:30	08:56
160	2242	Paulo Ferreira	Grupo 46	Veterano M40	03:00:15	+01:26:59	09:01

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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161	2561	João Gonçalves	BARCELOS RUNNERS	Veterano M40	03:00:46	+01:27:31	09:02
162	2522	Ricardo Cibrão	ALVELINHOS RUNNING	Veterano M40	03:01:59	+01:28:43	09:06
163	2502	João António Ferreira Vilas Boas	ALVELINHOS RUNNING	Veterano M40	03:01:59	+01:28:43	09:06
164	2223	Nuno jorge barbosa cunha	CNP- Centro de Treino	Veterano M40	03:02:07	+01:28:51	09:06
165	2043	Jose Alberto Martins Ribeiro	Individual	Veterano M40	03:02:53	+01:29:37	09:09
166	2663	Miguel Fonseca	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:03:21	+01:30:05	09:10
167	2660	Manuel Veloso	FAMA RUNNERS	Veterano M40	03:04:35	+01:31:19	09:14
168	2262	Paulo António Ribeiro de Sousa	Individual	Veterano M40	03:06:42	+01:33:26	09:20
169	2183	Paulo Daniel Correia Viana	QUENIANOS	Veterano M40	03:06:52	+01:33:36	09:21
170	2617	Alberto Quintiães	EDV-VIANA TRAIL	Veterano M40	03:07:25	+01:34:10	09:22
171	2368	Nuno Santos	FACTOR X / S4L / MEDENSE FC	Veterano M40	03:07:40	+01:34:24	09:23
172	2200	Feliciano Ferreira	Individual	Veterano M40	03:08:59	+01:35:43	09:27
173	2545	RUI SILVA	ADDC RUN	Veterano M40	03:09:00	+01:35:44	09:27
174	2511	CARLOS VALE	VIDAATIVARUNNERS	Veterano M40	03:09:16	+01:36:00	09:28
175	2412	Teotónio da Silva Boucinha	Individual	Veterano M40	03:10:26	+01:37:10	09:31
176	2166	Luis Silva	Lusitanos	Veterano M40	03:15:29	+01:42:13	09:46
177	2551	Joaquim Santos	NAST	Veterano M40	03:21:00	+01:47:44	10:03
178	2300	Eurico Fernando Portela Mendes	M&E Runners	Veterano M40	03:21:21	+01:48:05	10:04
179	2058	Filipe José Pereira Martinho	Super Lesmas	Veterano M40	03:24:05	+01:50:49	10:12
180	2224	Paulo Miguel Areal de Sousa	TEAM SHARK	Veterano M40	03:27:40	+01:54:25	10:23
181	2284	Paulo Jorge Ferreira Ribeiro	Invicta Runners Team	Veterano M40	03:29:37	+01:56:22	10:29
182	2248	Pedro Gonçalves	Individual	Veterano M40	03:32:37	+01:59:21	10:38
183	2119	Rui Miguel Oliveira	ComDor Runners	Veterano M40	03:38:38	+02:05:23	10:56
184	2007	Artur Fonseca	Ruptura Total	Veterano M40	03:38:48	+02:05:32	10:56
185	2385	Paulo Martins	B'Life Outdoor Team	Veterano M40	03:41:06	+02:07:50	11:03
186	2152	Luís Filipe Gordicho Ribeiro	Individual	Veterano M40	03:50:04	+02:16:48	11:30
187	2110	Manuel Silva	ARRASTASSOLAS	Veterano M40	03:50:04	+02:16:48	11:30
188	2049	Pedro Alves	Nice Runners	Veterano M40	03:56:34	+02:23:18	11:50

Veterano M50

1	2018	David Tavares	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:49:51	+16:35	05:30
2	2408	Francisco Castelo Branco	PLACE FOZ PRIME	Veterano M50	01:50:58	+17:42	05:33
3	2020	Vitor Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:52:51	+19:35	05:39
4	2095	Joaquim da Silva Rodrigues	ACRRORIZ	Veterano M50	01:55:39	+22:23	05:47
5	2094	Manuel Joaquim Maciel Miranda	ACRRORIZ	Veterano M50	01:55:54	+22:38	05:48
6	2072	PAULO BALTASAR MARTINS	Individual	Veterano M50	01:57:32	+24:16	05:53
7	2019	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:01:13	+27:57	06:04
8	2015	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:03:54	+30:38	06:12
9	2638	José Mateus Tavares	Sidónios	Veterano M50	02:07:23	+34:08	06:22
10	2520	António Carlos Silva Teixeira	Fridão Sem Limites	Veterano M50	02:15:07	+41:51	06:45
11	2589	Antonino Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterano M50	02:19:33	+46:17	06:59

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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12	2375	Jose Bento Morais	Gaia Trail	Veterano M50	02:21:51	+48:35	07:06
13	2422	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	02:22:14	+48:58	07:07
14	2515	MIGUEL OLIVEIRA	VIDAATIVARUNNERS	Veterano M50	02:24:26	+51:10	07:13
15	2486	José Luis Machado Loureiro	Autistic Runners	Veterano M50	02:26:22	+53:06	07:19
16	2448	Vitor Almeida	All About	Veterano M50	02:29:13	+55:57	07:28
17	2106	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	02:29:14	+55:58	07:28
18	2268	José Rodrigues	GAIA-RUNNING	Veterano M50	02:29:52	+56:37	07:30
19	2178	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:30:59	+57:44	07:33
20	2492	Miguel Alexandre Alves Martins	Individual	Veterano M50	02:33:01	+59:45	07:39
21	2277	Manuel Rodrigues	CORRER LEÇA	Veterano M50	02:36:05	+01:02:50	07:48
22	2498	José Leite	Individual	Veterano M50	02:37:28	+01:04:12	07:52
23	2429	Mário Álvaro Rúber de Meneses	Porto Runners	Veterano M50	02:37:59	+01:04:43	07:54
24	2682	Jorge Azevedo	Givec	Veterano M50	02:38:45	+01:05:29	07:56
25	2693	JOSE LUIS COSTA MOREIRA	LOJA STAFF	Veterano M50	02:39:46	+01:06:30	07:59
26	2581	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M50	02:41:16	+01:08:00	08:04
27	2100	Paulo Castelo	Juventude Cortegacense	Veterano M50	02:44:04	+01:10:48	08:12
28	2249	Américo José Coutinho Machado	Individual	Veterano M50	02:45:52	+01:12:37	08:18
29	2250	Manuel António Coutinho Machado	Individual	Veterano M50	02:45:52	+01:12:37	08:18
30	2672	Victor Cunha	BARCELOS RUNNERS	Veterano M50	02:47:23	+01:14:07	08:22
31	2640	José Rodrigues	Sidónios	Veterano M50	02:48:20	+01:15:04	08:25
32	2488	António Vilas Boas Rosa	ALVELINHOS RUNNING	Veterano M50	02:51:08	+01:17:52	08:33
33	2674	Joao Carlos Andresen Stüve Figueirinhas	Homem do Leme	Veterano M50	02:51:28	+01:18:13	08:34
34	2349	José Teixeira	Somos Nós Team	Veterano M50	02:52:23	+01:19:08	08:37
35	2698	Vitor Manuel Pereira da Cunha Coutinho	Brabus Runners	Veterano M50	02:54:07	+01:20:51	08:42
36	2092	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	02:58:00	+01:24:44	08:54
37	2388	Carlos da Costa Correia Monteiro	Pes de chumbo	Veterano M50	03:00:52	+01:27:36	09:03
38	2587	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	03:02:16	+01:29:00	09:07
39	2240	António Sousa Longras	Individual	Veterano M50	03:03:07	+01:29:51	09:09
40	2344	Rui manuel lobo machado pinto da costa	Individual	Veterano M50	03:07:07	+01:33:52	09:21
41	2310	José Manuel Sequeira Ferreira	Braguinhas Runners	Veterano M50	03:10:30	+01:37:14	09:32
42	2037	José Carlos correia almeida	Individual	Veterano M50	03:21:38	+01:48:22	10:05
43	2567	José Manuel Domingues Morais Neves	PLACE FOZ PRIME	Veterano M50	03:41:04	+02:07:48	11:03
44	2347	Alvaro Norberto Silva	Individual	Veterano M50	03:46:29	+02:13:13	11:19

Veterano M60

1	2208	José Ponte	EDV-VIANA TRAIL	Veterano M60	02:01:22	+28:06	06:04
2	2160	Raul Pereira Fernandes	Cerveira Team Running/Clube Celtas do Minho	Veterano M60	02:13:05	+39:49	06:39
3	2671	Lino Moreira	All About	Veterano M60	02:29:18	+56:02	07:28
4	2252	António Luis Santos da Costa	BRAGA RUNNERS	Veterano M60	02:37:50	+01:04:34	07:53
5	2673	João Faustino	BARCELOS RUNNERS	Veterano M60	02:47:50	+01:14:34	08:23
6	2125	João Gil	Individual	Veterano M60	02:59:03	+01:25:47	08:57
7	2029	José Augusto Teixeira Pires de Lima	Em Força - Corremos com a Esclerose Múltipla	Veterano M60	03:52:13	+02:18:57	11:37

Trail Curto — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Gaia Trail	06:36:21 [1 + 4 + 13 + 15]	0
2	airórun	07:08:30 [2 + 14 + 34 + 47]	0
3	Fridão Sem Limites	07:13:23 [9 + 18 + 30 + 40]	0
4	A.D.Amarante trail running	07:13:30 [8 + 11 + 21 + 86]	0
5	CENTRO CICLISTA DE GONDOMAR	07:28:43 [16 + 24 + 33 + 60]	0
6	Associação desportiva de carvalhal	07:44:27 [22 + 32 + 43 + 84]	0
7	ORALKLASS – AMIGOS DO TRAIL	07:53:51 [3 + 51 + 74 + 128]	0
8	Dr. Merino/4moove	07:54:07 [5 + 17 + 23 + 371]	0
9	TRAIL ME	08:11:51 [27 + 49 + 67 + 154]	0
10	Juventude Cortegacense	08:17:10 [53 + 63 + 85 + 100]	0
11	VIDAATIVARUNNERS	08:27:19 [69 + 70 + 71 + 138]	0
12	Associação Desportiva da Efacec	08:29:13 [19 + 66 + 114 + 200]	0
13	ADA Rio Neiva	08:38:30 [28 + 52 + 183 + 197]	0
14	Sidónios	08:41:30 [75 + 91 + 124 + 125]	0
15	GAIA-RUNNING	08:56:24 [87 + 88 + 170 + 171]	0
16	Spin&Run Esposende	09:12:12 [12 + 181 + 193 + 352]	0
17	Cerveira Team Running/Clube Celtas do Minho	09:12:25 [118 + 157 + 158 + 164]	0
18	GTT-Armazém do Caffè	09:18:52 [89 + 123 + 228 + 238]	0
19	G. Aventura	09:35:25 [168 + 169 + 214 + 215]	0
20	DiVE | Into The Mountains	09:38:25 [108 + 182 + 254 + 269]	0
21	CORRER LEÇA	09:41:42 [166 + 167 + 239 + 258]	0
22	PORTOCARGO	09:45:23 [116 + 143 + 279 + 340]	0
23	BARCELOS RUNNERS	09:45:30 [80 + 103 + 353 + 400]	0
24	Lusitanos	09:46:54 [41 + 73 + 255 + 543]	0
25	Palmeira Runners	09:47:21 [204 + 218 + 219 + 220]	0
26	EDV-VIANA TRAIL	09:53:52 [62 + 81 + 329 + 518]	0
27	GONDOMAR FUTSAL CLUBE	09:55:31 [137 + 176 + 321 + 326]	0
28	SS MONTEPIO	09:57:00 [54 + 256 + 287 + 413]	0
29	PORTO SENTIDO RUNNERS	10:09:56 [61 + 343 + 356 + 375]	0
30	FAMA RUNNERS	10:11:48 [119 + 175 + 404 + 405]	0
31	B.T.M.	10:14:30 [99 + 295 + 372 + 373]	0
32	TEAM LANTEMIL	10:21:47 [172 + 210 + 348 + 426]	0
33	PLACE FOZ PRIME	10:30:11 [26 + 144 + 346 + 594]	0
34	Givec	10:37:19 [163 + 315 + 324 + 480]	0
35	Amigos para correr	10:48:34 [161 + 357 + 368 + 495]	0
36	OADA - Os Amigos da Aventura	10:54:06 [240 + 241 + 388 + 523]	0
37	FACTOR X / S4L / MEDENSE FC	11:01:13 [232 + 335 + 377 + 519]	0
38	ARCA BarceloS runners	11:05:01 [389 + 390 + 391 + 392]	0

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	ALVELINHOS RUNNING	11:18:29 [189 + 418 + 492 + 493]	0
40	Caracóis do monte	11:23:47 [109 + 233 + 449 + 600]	0
41	ADDC RUN	11:30:06 [302 + 411 + 435 + 526]	0
42	Amigos	12:19:45 [229 + 293 + 587 + 588]	0
43	ARRASTASSOLAS	12:51:06 [281 + 288 + 605 + 606]	0
44	AMIGOS DO PEDAL TRAILAGARES	13:52:43 [569 + 578 + 579 + 582]	0