

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1509	1	1	BRUNO SILVA	AGUIAS DE ALVELOS	M	33	01:20:13	04:27	MSEN
1311	2	2	HEITOR OLIVEIRA	AIRORUN	M	33	01:24:08	04:40	MSEN
1426	3	3	RICARDO REGO	VIDAATIVARUNNERS	M	31	01:25:28	04:45	MSEN
1120	4	4	AMANDIO ANTUNES	AFIFENSE TRAIL	M	39	01:27:23	04:51	MSEN
1274	5	5	BRUNO RIBEIRO	AGUIAS DE ALVELOS	M	36	01:27:32	04:52	MSEN
1275	6	1	TIAGO FARIA	AGUIAS DE ALVELOS	M	25	01:29:02	04:57	MSUB25
1204	7	6	IGOR MOREIRA	MELSPORT/MELGACO ALV	M	38	01:29:58	05:00	MSEN
1225	8	7	JOAQUIM MIRANDA	VIDAATIVARUNNERS	M	36	01:34:23	05:14	MSEN
1207	9	8	HELDER RIBEIRO	AIRORUN	M	33	01:35:36	05:19	MSEN
1293	10	9	NUNO SILVA		M	37	01:37:23	05:24	MSEN
1430	11	1	VITOR SOUSA		M	48	01:37:48	05:26	M40
1078	12	10	RICARDO SILVA	TURBULENTOS	M	38	01:38:04	05:27	MSEN
1232	13	11	PEDRO TORRES	VIDAATIVARUNNERS	M	33	01:38:12	05:27	MSEN
1186	14	12	LEONEL SOUSA	MINHO AVENTURA	M	33	01:38:33	05:29	MSEN
1248	15	13	PAULO LOPES		M	33	01:38:43	05:29	MSEN
1259	16	2	EZEQUIEL FERNANDES	VIDAATIVARUNNERS	M	42	01:39:00	05:30	M40
1235	17	14	JOSE LOPES	VIDAATIVARUNNERS	M	26	01:39:25	05:31	MSEN
1467	18	3	ABILIO MOREIRA	BUDEGUITA RUNNERS	M	44	01:39:44	05:32	M40
1470	19	15	EDUARDO SOUSA		M	27	01:40:07	05:34	MSEN
1062	20	16	LUIS SOUSA	FAFE RUNNERS	M	36	01:40:25	05:35	MSEN
1376	21	1	ADRIANA GOMES	MINHO AVENTURA	F	31	01:40:27	05:35	FSEN
1338	22	17	RICARDO PAIS	ST TRAIL	M	35	01:40:43	05:36	MSEN
1315	23	2	ISABEL FERREIRA		F	36	01:40:45	05:36	FSEN
1179	24	4	FRANCISCO PEREIRA	AIRORUN	M	46	01:40:53	05:36	M40
1108	25	5	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	45	01:41:26	05:38	M40
1424	26	1	MANUEL ALVES	QUEIROZ TEAM / NOKAR	M	51	01:41:36	05:39	M50
1516	27	2	PEDRO FIGUEIREDO	AGUIAS DE ALVELOS	M	25	01:42:25	05:41	MSUB25
1181	28	6	JOSE PEREIRA	AIRORUN	M	47	01:42:43	05:42	M40
1162	29	7	PEDRO TEIXEIRA	NASCIDOS PARA CORRER	M	42	01:42:48	05:42	M40
1017	30	2	JOSE FERREIRA		M	51	01:44:57	05:50	M50
1440	31	18	PAULO SOUSA		M	29	01:45:19	05:51	MSEN
1182	32	3	CASEMIRO ARAUJO	AIRORUN	M	52	01:45:23	05:51	M50
1233	33	3	JORGE JAQUES	VIDAATIVARUNNERS	M	23	01:45:25	05:51	MSUB25
1238	34	8	ANTONIO NOGUEIRA		M	43	01:45:31	05:52	M40
1220	35	9	AVELINO FIGUEIREDO	AGUIAS DE ALVELOS	M	41	01:45:36	05:52	M40
1250	36	19	JOSE COSTA	PALMEIRA RUNNERS	M	39	01:45:43	05:52	MSEN
1438	37	4	JOAO SOUSA	VIDAATIVARUNNERS	M	54	01:46:13	05:54	M50
1230	38	20	PEDRO CUNHA	VIDAATIVARUNNERS	M	30	01:46:22	05:55	MSEN
1258	39	21	CESAR CARVALHO	VIDAATIVARUNNERS	M	30	01:46:22	05:55	MSEN
1531	40	22	JOAO PEREIRA	CPC TRAIL	M	35	01:46:30	05:55	MSEN
1189	41	23	LUIS FERREIRA	CPC TRAIL	M	38	01:46:31	05:55	MSEN
1242	42	24	IVO LOPES	SHOTS INTERNACIONAL	M	29	01:46:50	05:56	MSEN
1227	43	25	DANIEL FERNANDES		M	39	01:47:36	05:59	MSEN
1123	44	10	ALBINO DIAS	BUDEGUITA RUNNERS	M	42	01:47:42	05:59	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1177	45	11	LUIS MOTA	AIRORUN	M	46	01:48:16	06:01	M40
1530	46	1	JOANA DELGADO		F	23	01:48:44	06:02	FSUB25
176	47	26	JOAO SOUSA		M	32	01:48:57	06:03	MSEN
1102	48	27	ANDRE PRINCIPE	ERMIDA TEAM	M	31	01:49:15	06:04	MSEN
1221	49	12	JOSE GOMES	AGUIAS DE ALVELOS	M	47	01:49:20	06:04	M40
1402	50	13	DANIEL ALVES		M	42	01:49:22	06:05	M40
1457	51	28	RICARDO SILVA	DJANGOMINITEAM	M	27	01:49:51	06:06	MSEN
1246	52	14	CIANO RIBEIRO		M	40	01:49:54	06:06	M40
1044	53	5	ADELINO FERNANDES		M	59	01:50:31	06:08	M50
1520	54	29	RENATO LOPES		M	36	01:50:48	06:09	MSEN
1294	55	30	RICARDO PINHAO		M	36	01:51:08	06:10	MSEN
1407	56	6	RUI PEREIRA	CLUBE DE MONTANHISMO	M	53	01:51:09	06:10	M50
1253	57	15	JOAO GOMES	ATLETICO CLUBE DA PO	M	46	01:51:13	06:11	M40
1197	58	1	DEOLINDA FARIA	AIRORUN	F	46	01:51:15	06:11	F40
1127	59	3	RAQUEL CAMPOS	SHOTS INTERNACIONAL	F	32	01:51:18	06:11	FSEN
232	60	31	NELSON COSTA	AGUIAS DE ALVELOS	M	33	01:51:42	06:12	MSEN
1413	61	4	PAULO FARIA		M	23	01:52:02	06:13	MSUB25
1216	62	4	VERA FERNANDES		F	33	01:52:03	06:13	FSEN
1505	63	2	LUCIA COSTA	EDV VIANA TRAIL	F	47	01:52:13	06:14	F40
1249	64	7	FILIPE ALMEIDA		M	55	01:52:16	06:14	M50
1522	65	3	ROSA VILLAR	RUN4FUN	F	48	01:52:18	06:14	F40
1351	66	32	PAULO SOUSA	ALIANCA DE GANDRA	M	38	01:52:32	06:15	MSEN
1200	67	16	PAULO HENRIQUES		M	47	01:52:35	06:15	M40
1090	68	17	JOSE FERREIRA	PALMEIRA RUNNERS	M	43	01:52:36	06:15	M40
1518	69	8	ANTONIO FERREIRA	TURBULENTOS	M	55	01:52:37	06:15	M50
1052	70	18	TIAGO ALMEIDA	BUDEGUITA RUNNERS	M	42	01:52:37	06:15	M40
1379	71	33	CARLOS JUNCO	S. PAIO TEAM	M	27	01:53:15	06:17	MSEN
1346	72	34	TIAGO COSTA	ERMIDA TEAM	M	32	01:53:32	06:18	MSEN
1488	73	35	CARLOS FERNANDES		M	36	01:53:32	06:18	MSEN
1460	74	2	IOLANDA FONTAINHAS		F	22	01:53:37	06:18	FSUB25
1014	75	36	LUIS TEIXEIRA	NOCTURNOS DE PAREDES	M	27	01:53:37	06:18	MSEN
1135	76	37	RENATO PINTO	NOCTURNOS DE PAREDES	M	35	01:53:38	06:18	MSEN
1392	77	19	PAULO BARBOSA	NOCTURNOS DE PAREDES	M	46	01:53:38	06:19	M40
1212	78	9	FERNANDO CUNHA	EDV VIANA TRAIL	M	50	01:53:43	06:19	M50
1263	79	20	NUNO FREITAS		M	41	01:54:09	06:20	M40
1213	80	38	LUCIANO PIRES	MELSPORT/MELGACO ALV	M	34	01:54:13	06:21	MSEN
1397	81	10	DOMINGOS MENDES	NOCTURNOS DE PAREDES	M	53	01:54:28	06:22	M50
1173	82	39	RUI SOUSA	PALMEIRA RUNNERS	M	35	01:54:31	06:22	MSEN
1423	83	4	MARIA RIBEIRO	QUEIROZ TEAM / NOKAR	F	48	01:54:38	06:22	F40
1366	84	40	ANTONIO MARTINS	VIDAATIVARUNNERS	M	38	01:54:41	06:22	MSEN
1002	85	41	RICARDO FERREIRA		M	32	01:54:53	06:23	MSEN
1393	86	42	CHRISTOPHE SOUSA	NOCTURNOS DE PAREDES	M	32	01:55:03	06:23	MSEN
1015	87	43	MIGUEL GUIMARAES		M	26	01:55:04	06:23	MSEN
1323	88	44	HELDER BOAS	VIDAATIVARUNNERS	M	36	01:55:28	06:25	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1012	89	21	HUGO SOUSA		M	40	01:55:30	06:25	M40
1511	90	11	ANTONIO RIBEIRO	LUSITANUS TEAM	M	51	01:55:31	06:25	M50
1487	91	5	JOSE DANIEL		M	22	01:55:35	06:25	MSUB25
1378	92	45	ROGERIO ROCHA		M	29	01:56:04	06:27	MSEN
1202	93	12	MANUEL PINTO	TERRAS DO VEZ	M	57	01:56:08	06:27	M50
1231	94	13	ANTONIO FINS		M	55	01:56:43	06:29	M50
1154	95	22	JOSE FIGUEIREDO	TURBULENTOS	M	47	01:57:21	06:31	M40
1473	96	6	MANUEL ANTUNES		M	20	01:57:45	06:33	MSUB25
1184	97	14	VITOR ALMEIDA	MILLTRAIL	M	53	01:57:47	06:33	M50
1308	98	46	RICARDO MAGALHAES	PALMEIRA RUNNERS	M	39	01:57:50	06:33	MSEN
1255	99	15	ANTONIO SILVA	ATLETICO CLUBE DA PO	M	50	01:57:59	06:33	M50
1328	100	23	ANTONIO FERNANDES		M	43	01:58:05	06:33	M40
1521	101	47	TIAGO VELOSO		M	32	01:58:17	06:34	MSEN
1082	102	16	JOSE LOUREIRO	TURBULENTOS	M	51	01:58:33	06:35	M50
1063	103	48	JORGE GAMA		M	32	01:58:59	06:36	MSEN
1349	104	17	JOAO VIEIRA		M	60	01:59:12	06:37	M50
1493	105	49	FILIPE MACHADO		M	32	01:59:12	06:37	MSEN
1420	106	50	SERGIO COSTA	TRAIL TEAM KICK OFF	M	29	01:59:28	06:38	MSEN
1404	107	51	FRANCISCO ARAUJO		M	33	01:59:44	06:39	MSEN
1482	108	18	LINO MOREIRA	OS TURBOMULA	M	62	02:00:21	06:41	M50
90	109	52	HELIO LOPES		M	38	02:00:24	06:41	MSEN
1343	110	53	LUIS RODRIGUES		M	27	02:00:30	06:41	MSEN
1436	111	54	RICARDO RIBEIRO	VIDAATIVARUNNERS	M	35	02:00:37	06:42	MSEN
1298	112	55	SERGIO PEREIRA		M	33	02:00:43	06:42	MSEN
1344	113	24	RUI SILVA		M	40	02:00:49	06:43	M40
1355	114	25	VICTOR RODRIGUES		M	43	02:00:50	06:43	M40
1305	115	56	EMANUEL PEREIRA		M	29	02:00:53	06:43	MSEN
1006	116	57	ANTONIO GONCALVES	LUSITANUS TEAM	M	29	02:00:59	06:43	MSEN
1337	117	5	TELMA DUARTE		F	30	02:01:03	06:43	FSEN
1254	118	26	JOSE GOMES	ATLETICO CLUBE DA PO	M	40	02:01:03	06:43	M40
1183	119	19	ANTONIO COSTA	TURBULENTOS	M	56	02:01:11	06:44	M50
1464	120	58	CARLOS MARTINS	AFIFENSE TRAIL	M	38	02:01:38	06:45	MSEN
1434	121	59	NUNO DOMINGUES	ERMIDA TEAM	M	34	02:01:48	06:46	MSEN
1191	122	27	PAULO RITO	TURBULENTOS	M	46	02:02:08	06:47	M40
1312	123	28	PAULO MONTEIRO	VIDAATIVARUNNERS	M	41	02:02:32	06:48	M40
1171	124	60	JOAO SILVA	XTREME TRAIL	M	36	02:02:39	06:49	MSEN
1484	125	29	ANTONIO FIGUEIREDO	AGUIAS DE ALVELOS	M	44	02:02:40	06:49	M40
1463	126	61	IVAO DIAS		M	39	02:02:41	06:49	MSEN
1144	127	62	ANTONIO BRITO	NOCTURNOS DE PAREDES	M	39	02:02:56	06:50	MSEN
1359	128	63	JOAO RODRIGUES	LANHAS TT	M	26	02:03:17	06:51	MSEN
1273	129	6	INACIA VITORIANO	AFIFENSE TRAIL	F	39	02:03:28	06:51	FSEN
1303	130	7	IVO SAMPAIO		M	23	02:03:43	06:53	MSUB25
1022	131	64	DANIEL FERREIRA	SPORT TEKATEKATEKA	M	39	02:03:56	06:53	MSEN
1257	132	7	ANDREIA FERNANDES	VIDAATIVARUNNERS	F	28	02:04:02	06:53	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1504	133	30	PAULO VILAVERDE	EDV VIANA TRAIL	M	46	02:04:06	06:54	M40
1069	134	20	ANTONIO SANTOS	TURBULENTOS	M	53	02:04:21	06:54	M50
1260	135	65	TIAGO SAMPAIO		M	37	02:04:31	06:55	MSEN
1445	136	66	BRUNO PURIFICACAO	DJANGOMINITEAM	M	30	02:04:32	06:55	MSEN
1449	137	67	SEBASTIAO LAGES	DJANGOMINITEAM	M	28	02:04:35	06:55	MSEN
1215	138	68	BRUNO FERREIRA	SPIN E RUN ESPOSENDE	M	31	02:04:58	06:56	MSEN
1099	139	69	SERGIO SANTIAGO	SHOTS INTERNACIONAL	M	34	02:05:11	06:57	MSEN
1442	140	31	ANTONIO FARIA		M	44	02:05:30	06:58	M40
1038	141	70	LINO MAIA	RIBEIRO & SERRA	M	34	02:06:13	07:01	MSEN
1443	142	32	NUNO NABEIRO	MELSPORT/MELGACO ALV	M	42	02:06:25	07:01	M40
1139	143	5	GORETI ROCHA	NOCTURNOS DE PAREDES	F	41	02:07:05	07:04	F40
1403	144	33	PLACIDO CADILHE	LANHAS TT	M	40	02:07:08	07:04	M40
1299	145	34	PAULO AZEVEDO	LANHAS TT	M	46	02:07:54	07:06	M40
1383	146	71	FILIPE RIBEIRO	PUPPYCAT TEAM	M	29	02:08:35	07:09	MSEN
1533	147	72	RENATO MENDES	PUPPYCAT TEAM	M	38	02:08:36	07:09	MSEN
1418	148	35	PAULO FARIA	VIDAATIVARUNNERS	M	43	02:09:05	07:10	M40
1309	149	8	FATIMA MARIZ	VIDAATIVARUNNERS	F	35	02:09:05	07:10	FSEN
1256	150	36	PAULO VIEIRA	VIDAATIVARUNNERS	M	45	02:09:05	07:10	M40
1321	151	9	MARCIA BANDEIRA	VIDAATIVARUNNERS	F	38	02:09:06	07:10	FSEN
1070	152	37	JOSE MOREIRA		M	46	02:09:18	07:11	M40
1479	153	38	ALVARO BRANDAO		M	49	02:09:19	07:11	M40
1477	154	10	MARIA VIANA	MARATONISTAS DO MINH	F	38	02:09:20	07:11	FSEN
1476	155	39	FRANCISCO CERQUEIRA	MARATONISTAS DO MINH	M	44	02:09:20	07:11	M40
1502	156	40	MARCO VIANA	EDV VIANA TRAIL	M	40	02:09:37	07:12	M40
1050	157	41	PAULO CARNEIRO		M	46	02:09:45	07:12	M40
1239	158	21	AUGUSTO CUNHA		M	69	02:09:51	07:13	M50
1401	159	73	DANIEL AMORIM		M	36	02:10:01	07:13	MSEN
1497	160	74	FABIO VIEIRA	PUPPYCAT TEAM	M	30	02:10:02	07:13	MSEN
1465	161	75	DAVID TEIXEIRA		M	35	02:10:14	07:14	MSEN
1450	162	22	ALVARO OLIVEIRA		M	68	02:10:36	07:15	M50
1236	163	76	ARMANDO PEREIRA	REXEMINGAS TEAM	M	28	02:10:40	07:16	MSEN
1211	164	3	CLAUDIA CUNHA		F	23	02:10:42	07:16	FSUB25
1155	165	23	JOSE COSTEIRA	TURBULENTOS	M	54	02:10:56	07:16	M50
1142	166	42	ACACIO TEIXEIRA	NOCTURNOS DE PAREDES	M	41	02:11:10	07:17	M40
1136	167	43	NUNO SALGADO	NOCTURNOS DE PAREDES	M	41	02:11:10	07:17	M40
1195	168	77	NUNO VALE		M	38	02:11:30	07:18	MSEN
1206	169	78	FERNANDO PEREIRA		M	37	02:11:30	07:18	MSEN
1096	170	79	SIMAO VILACA	TURBULENTOS	M	35	02:11:37	07:19	MSEN
1210	171	44	PAULO ANTUNES	TURBULENTOS	M	42	02:11:46	07:19	M40
1237	172	6	AMANDIA ALVES		F	41	02:11:58	07:20	F40
1027	173	24	FRANCISCO SILVA	TURBULENTOS	M	52	02:12:00	07:20	M50
1329	174	11	ANABELA SIMOES		F	35	02:12:01	07:20	FSEN
1125	175	7	ANA BRAS	AVENTUREIROS	F	41	02:12:06	07:21	F40
1313	176	80	BRUNO EIRAS	LANHAS TT	M	38	02:12:12	07:21	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1480	177	8	DANIEL SAMPAIO	AFIFENSE TRAIL	M	19	02:12:14	07:21	MSUB25
1209	178	8	CLARISSE RIBEIRO	S. PAIO TEAM	F	40	02:12:23	07:21	F40
1363	179	45	PEDRO PATRICIO	TURBULENTOS	M	42	02:12:47	07:22	M40
1041	180	81	TIAGO MARTINS		M	36	02:12:49	07:22	MSEN
1194	181	82	FRANCISCO ARAUJO		M	36	02:12:49	07:22	MSEN
1425	182	46	DOMINGOS SILVA		M	44	02:12:49	07:22	M40
1113	183	12	PATRICIA SOARES		F	29	02:12:50	07:23	FSEN
1357	184	83	SERGIO MARTINS	TEAM JMM	M	32	02:12:57	07:23	MSEN
1291	185	9	JULIO ESCRIVAES		M	23	02:13:01	07:23	MSUB25
1515	186	10	JOSE ANTUNES		M	22	02:13:07	07:24	MSUB25
1244	187	84	NUNO MARTINS	HAPPY RUNNERS	M	35	02:13:08	07:24	MSEN
1243	188	47	JOSE AMARO	HAPPY RUNNERS	M	45	02:13:08	07:24	M40
1148	189	48	RUI FERNANDES		M	45	02:13:23	07:24	M40
1034	190	13	CRISTINA CARVALHO		F	39	02:13:35	07:26	FSEN
1035	191	85	BRUNO PENA		M	39	02:13:35	07:26	MSEN
1208	192	49	MARIO PINHEIRO		M	45	02:13:36	07:26	M40
1021	193	86	RUI MOTA	SPORT TEKATEKATEKA	M	31	02:14:08	07:27	MSEN
1453	194	4	FRANCISCA ANHAS	DJANGOMINITEAM	F	24	02:14:15	07:27	FSUB25
1039	195	50	MANUEL SILVA		M	49	02:14:21	07:28	M40
1190	196	14	ANDREIA NOGUEIRA		F	34	02:14:30	07:28	FSEN
1435	197	87	IVO CARDOSO		M	26	02:14:34	07:29	MSEN
1514	198	25	FERNANDO FERNANDES	TURBULENTOS	M	52	02:14:59	07:30	M50
1222	199	11	ANDRE AMORIM	AGUIAS DE ALVELOS	M	25	02:15:05	07:31	MSUB25
1229	200	88	BRUNO SILVA	REXEMINGAS TEAM	M	28	02:15:13	07:31	MSEN
1152	201	89	MIGUEL VIANA		M	37	02:15:39	07:32	MSEN
1180	202	12	MARCOS PEREIRA	AIRORUN	M	19	02:16:22	07:34	MSUB25
1146	203	26	GIUSEPPE BALDASSARRE	TURBULENTOS	M	50	02:16:27	07:35	M50
1085	204	13	TIAGO RODRIGUES	NICE RUNNERS	M	24	02:16:34	07:35	MSUB25
1245	205	90	JOAO COUTO	SPIN E RUN ESPOSENDE	M	32	02:16:34	07:35	MSEN
1088	206	14	ANDRE OLIVEIRA	NICE RUNNERS	M	24	02:16:35	07:35	MSUB25
1306	207	91	NUNO ESTEVES	LANHAS TT	M	38	02:16:37	07:35	MSEN
1391	208	92	RODRIGO FERRAZ	NOCTURNOS DE PAREDES	M	39	02:16:45	07:36	MSEN
1089	209	51	LUIS MARQUES	NICE RUNNERS	M	40	02:16:46	07:36	M40
1141	210	27	ANTONIO CARVALHO	NOCTURNOS DE PAREDES	M	53	02:16:46	07:36	M50
1137	211	93	NUNO ALEXANDRE	NOCTURNOS DE PAREDES	M	39	02:16:47	07:36	MSEN
1345	212	15	PEDRO BOAS		M	22	02:16:47	07:36	MSUB25
1506	213	9	ANABELA SILVA	EDV VIANA TRAIL	F	40	02:16:53	07:36	F40
1153	214	10	CELESTE CRUZ	TURBULENTOS	F	50	02:17:04	07:37	F40
1356	215	15	CARLA ALVES		F	39	02:17:15	07:37	FSEN
1380	216	16	DIANA ALMEIDA	FITSPOT	F	28	02:17:17	07:37	FSEN
1150	217	94	MIGUEL COSTA	XTREME TRAIL	M	37	02:18:49	07:43	MSEN
1005	218	16	DAVID OLIVEIRA		M	25	02:18:58	07:43	MSUB25
1004	219	17	RUI LOMBA		M	23	02:18:58	07:43	MSUB25
1122	220	11	ANA MOREIRA	BUDEGUITA RUNNERS	F	44	02:19:14	07:44	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1252	221	52	PEDRO MACEDO		M	40	02:19:15	07:44	M40
1414	222	18	MARCO PEIXOTO		M	20	02:19:19	07:44	MSUB25
1517	223	53	JOSE RAMALHO	COM CLUBE DE ORIEN	M	49	02:19:26	07:45	M40
1371	224	54	RICARDO PINTO	BRGTEAM	M	44	02:19:29	07:45	M40
1369	225	55	SERGIO ARAUJO	BRGTEAM	M	40	02:19:29	07:45	M40
1370	226	56	NUNO ARAUJO	BRGTEAM	M	40	02:19:29	07:45	M40
1462	227	57	LUIS ROCHA		M	44	02:19:39	07:45	M40
1411	228	58	ANTONIO NOGUEIRA	TURBULENTOS	M	48	02:19:52	07:46	M40
1100	229	95	FRANCISCO GOMES	SHOTS INTERNACIONAL	M	39	02:19:57	07:47	MSEN
1331	230	12	ANA MINA	RUN4FUN	F	43	02:19:57	07:47	F40
1053	231	13	ANA DIAS	BUDEGUITA RUNNERS	F	41	02:20:20	07:48	F40
1055	232	59	ANDRE AMORIM	BUDEGUITA RUNNERS	M	49	02:20:20	07:48	M40
1110	233	28	MARIO RAMOS	TURBULENTOS	M	51	02:20:52	07:50	M50
1166	234	17	MARLENE PINTO	NASCIDOS PARA CORRER	F	38	02:20:55	07:50	FSEN
1161	235	96	HUGO SANTOS	NASCIDOS PARA CORRER	M	35	02:20:55	07:50	MSEN
1037	236	97	ARMINDO SERRA	RIBEIRO & SERRA	M	38	02:21:14	07:51	MSEN
1192	237	14	SUSANA SILVA	EDV VIANA TRAIL	F	40	02:21:16	07:51	F40
1433	238	60	FERNANDO PIMENTEL	PALMEIRA RUNNERS	M	47	02:21:18	07:51	M40
1024	239	98	EDUARDO CARVALHO	SPORT TEKATEKATEKA	M	34	02:21:26	07:52	MSEN
1264	240	61	FRANCISCO VALE		M	43	02:22:02	07:54	M40
1399	241	99	LEANDRO RAMOS	NOCTURNOS DE PAREDES	M	39	02:22:20	07:54	MSEN
1360	242	5	SANDRA ANTUNES	LANHAS TT	F	24	02:22:26	07:55	FSUB25
1410	243	62	CARLOS BRITO	TURBULENTOS	M	46	02:22:32	07:55	M40
1196	244	15	KRISTINA KALPOKIENE	AIRORUN	F	42	02:22:58	07:57	F40
1478	245	100	NELSON PEREIRA	VIDAATIVARUNNERS	M	35	02:22:59	07:57	MSEN
1472	246	101	RODRIGO GOMEZ	GALIZA TRAIL TEAM	M	29	02:23:00	07:57	MSEN
1001	247	18	YOLANDA VALVERDE	GALIZA TRAIL TEAM	F	34	02:23:00	07:57	FSEN
1384	248	63	JOAO OLIVEIRA	TURBULENTOS	M	46	02:24:17	08:01	M40
1421	249	29	ARTUR SILVA	AFIFENSE TRAIL	M	50	02:25:00	08:03	M50
1301	250	102	JOSE ARAUJO	LANHAS TT	M	34	02:25:01	08:03	MSEN
1072	251	16	IRENE LIRA	AVENTUREIROS	F	54	02:25:17	08:04	F40
1007	252	19	ANA MONTEIRO	LUSITANUS TEAM	F	28	02:25:26	08:05	FSEN
1358	253	30	JOSE FONSECA		M	57	02:25:35	08:05	M50
1045	254	17	ISA OUVEIRA		F	47	02:25:35	08:05	F40
1322	255	103	FABIO AZEVEDO	VIDAATIVARUNNERS	M	31	02:25:41	08:05	MSEN
1269	256	104	PAULO CARVALHO		M	36	02:25:52	08:06	MSEN
1270	257	105	RICARDO FERREIRA		M	33	02:25:52	08:06	MSEN
1199	258	31	MANUEL RIBEIRO	TURBULENTOS	M	52	02:25:55	08:07	M50
1149	259	20	EUFEMIA GONCALVES	ERMIDA TEAM	F	38	02:26:06	08:07	FSEN
1076	260	21	CARLA PEREIRA	EDV VIANA TRAIL	F	38	02:26:09	08:07	FSEN
1486	261	6	ANDREIA FONTAINHAS		F	24	02:26:10	08:07	FSUB25
1304	262	18	GRACA FERREIRA	TURBULENTOS	F	48	02:26:15	08:07	F40
1079	263	19	LISETA PINTO	NICE RUNNERS	F	43	02:26:30	08:08	F40
1365	264	64	RUI GAMA	LANHAS TT	M	42	02:26:51	08:10	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1324	265	65	JOSE GAMA	LANHAS TT	M	46	02:26:51	08:10	M40
1490	266	19	LUIS SILVA	LANHAS TT	M	25	02:26:55	08:10	MSUB25
1289	267	106	NUNO PINHEIRO		M	34	02:27:02	08:10	MSEN
1373	268	22	EDUARDA COELHO		F	38	02:27:05	08:10	FSEN
1314	269	107	CESAR PAIS	VIDAATIVARUNNERS	M	32	02:27:05	08:10	MSEN
1131	270	108	JOSE CUNHA	NOCTURNOS DE PAREDES	M	27	02:27:08	08:10	MSEN
1396	271	66	NUNO GOMES	NOCTURNOS DE PAREDES	M	40	02:27:08	08:10	M40
1535	272	7	ANA BARROS		F	24	02:27:16	08:11	FSUB25
1510	273	23	LIDIA ROCHA		F	28	02:27:21	08:11	FSEN
1091	274	20	SANDRA MATOS		F	41	02:27:50	08:13	F40
1092	275	67	J.HENRIQUE S.S.MATOS		M	46	02:27:50	08:13	M40
1185	276	68	JOAO RODRIGUES	TURBULENTOS	M	44	02:28:04	08:13	M40
1097	277	24	ALZIRA ALMEIDA	TURBULENTOS	F	39	02:28:53	08:16	FSEN
1228	278	69	MARIO AMORIM	TURBULENTOS	M	49	02:28:53	08:16	M40
1023	279	70	PAULO RODRIGUES	SPORT TEKATEKATEKA	M	42	02:29:05	08:17	M40
1178	280	109	ANTONIO RODRIGUES	AIRORUN	M	34	02:30:08	08:20	MSEN
1316	281	25	ANABELA GARCIA	RUN4ALL	F	31	02:30:09	08:20	FSEN
1284	282	71	PAULO PEDROSO		M	48	02:30:15	08:21	M40
1104	283	21	SUSANA VIDAL	PALMEIRA RUNNERS	F	40	02:30:18	08:21	F40
1432	284	26	CARMO FERREIRA	PALMEIRA RUNNERS	F	39	02:30:18	08:21	FSEN
1381	285	32	VASCO ARAUJO		M	52	02:30:55	08:23	M50
1372	286	27	FLAVIA XAVIER	TURBULENTOS	F	32	02:30:56	08:23	FSEN
1066	287	33	MANUEL SOUSA	TURBULENTOS	M	50	02:30:56	08:23	M50
1036	288	72	JOSE RIBEIRO	RIBEIRO & SERRA	M	40	02:31:35	08:25	M40
1018	289	34	JOSE MARTINS		M	54	02:31:39	08:25	M50
1466	290	22	ANGELINA PINHO	BUDEGUITA RUNNERS	F	43	02:31:47	08:26	F40
1049	291	28	MINNA SILLANKORVA	BUDEGUITA RUNNERS	F	39	02:31:47	08:26	FSEN
1048	292	73	JOAO CARVALHAL	BUDEGUITA RUNNERS	M	41	02:31:49	08:26	M40
1455	293	20	PEDRO CUNHA		M	15	02:31:56	08:26	MSUB25
1382	294	74	JOAO COSTA	TURBULENTOS	M	46	02:32:02	08:26	M40
1285	295	29	SERGIA ROCHA	MNM S	F	39	02:32:02	08:27	FSEN
1286	296	110	DANIEL MOTA	MNM S	M	28	02:32:02	08:27	MSEN
1219	297	30	MONICA FERREIRA	SPIN E RUN ESPOSENDE	F	39	02:32:10	08:27	FSEN
1071	298	23	TERESA MACEDO	LASER VV	F	45	02:32:19	08:28	F40
1094	299	24	ISABEL SILVA	LASER VV	F	49	02:32:19	08:28	F40
1271	300	111	CARLOS PEREIRA		M	38	02:32:29	08:28	MSEN
1444	301	31	DEBORA SILVA	DJANGOMINITEAM	F	28	02:32:37	08:29	FSEN
1458	302	32	PATRICIA LOPES	DJANGOMINITEAM	F	26	02:32:37	08:29	FSEN
1485	303	75	FRANCISCO FIGUEIREDO	AGUIAS DE ALVELOS	M	43	02:32:38	08:29	M40
1201	304	35	DAVID COELHO	TERRAS DO VEZ	M	58	02:32:47	08:30	M50
1205	305	112	MARCO AFONSO	MELSPORT/MELGACO ALV	M	38	02:33:03	08:30	MSEN
1326	306	33	SILVIA ALVES	VIDAATIVARUNNERS	F	28	02:33:10	08:31	FSEN
1265	307	34	BARBARA MAIA	VIDAATIVARUNNERS	F	35	02:33:10	08:31	FSEN
1151	308	113	JORGE GONCALVES	XTREME TRAIL	M	37	02:33:31	08:31	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1335	309	76	JOSE SALGADO		M	48	02:34:20	08:35	M40
1451	310	25	ANA OLIVEIRA		F	43	02:34:23	08:35	F40
1452	311	77	HUMBERTO CARVALHO		M	40	02:34:24	08:35	M40
1188	312	35	SUSANA FERREIRA	CPC TRAIL	F	35	02:34:45	08:36	FSEN
1241	313	36	ARNALDO BRAS	TURBULENTOS	M	52	02:34:59	08:36	M50
1020	314	36	VESA VALENTINOVIC	BUDEGUITA RUNNERS	F	29	02:35:02	08:37	FSEN
1057	315	37	ISABEL FERREIRA	BUDEGUITA RUNNERS	F	39	02:35:02	08:37	FSEN
1133	316	114	SERGIO VALE	NOCTURNOS DE PAREDES	M	28	02:35:23	08:38	MSEN
1111	317	26	GRACA SILVA		F	51	02:36:44	08:43	F40
1361	318	21	FRANCISCO VIEIRA	LANHAS TT	M	23	02:37:23	08:44	MSUB25
1130	319	38	SANDRA MACHADO	NOCTURNOS DE PAREDES	F	35	02:37:41	08:46	FSEN
1008	320	78	MANUEL GRACA		M	47	02:37:43	08:46	M40
1009	321	27	DEOLINDA ANTUNES		F	45	02:37:43	08:46	F40
1224	322	28	HELENA SOARES	TURBULENTOS	F	47	02:37:56	08:46	F40
1223	323	37	ARMANDO VARANDA	TURBULENTOS	M	50	02:37:56	08:46	M50
1193	324	39	PAULA SOUSA	LASER VV	F	39	02:37:59	08:46	FSEN
1234	325	115	VASCO MARTA	SPIN E RUN ESPOSENDE	M	34	02:38:05	08:47	MSEN
1214	326	40	ANA SILVA	SPIN E RUN ESPOSENDE	F	35	02:38:05	08:47	FSEN
1247	327	29	MARIA MONTEIRO	TURBULENTOS	F	49	02:40:54	08:56	F40
1030	328	41	MARIA BOAS	FIREFIGHTERSTEAM	F	37	02:41:19	08:58	FSEN
1031	329	79	RICARDO SILVA	FIREFIGHTERSTEAM	M	42	02:41:19	08:58	M40
1169	330	30	CRIS SILVA	FIREFIGHTERSTEAM	F	41	02:41:19	08:58	F40
1474	331	42	NATERCIA TEIXEIRA	NOCTURNOS DE PAREDES	F	35	02:41:32	08:58	FSEN
1475	332	43	CLAUDIA COELHO	NOCTURNOS DE PAREDES	F	33	02:41:32	08:58	FSEN
1415	333	44	ANA SOARES	A VOAR	F	32	02:41:52	08:59	FSEN
1416	334	45	PAULA CARNEIRO	A VOAR	F	37	02:41:53	08:59	FSEN
1266	335	116	PEDRO CERQUEIRA		M	36	02:42:47	09:02	MSEN
1267	336	46	RITA BRAGA		F	36	02:42:47	09:02	FSEN
1138	337	117	JOSE CORREIA	NOCTURNOS DE PAREDES	M	37	02:42:55	09:03	MSEN
1140	338	47	EVA MOREIRA	NOCTURNOS DE PAREDES	F	33	02:42:55	09:03	FSEN
1013	339	80	JOSE FERREIRA		M	40	02:43:04	09:04	M40
1011	340	118	TONY SOARES	O MONGE DO TRAIL RUN	M	39	02:43:04	09:04	MSEN
1489	341	31	ANA PITAES		F	41	02:43:04	09:04	F40
1251	342	32	ALBERTINA SOUSA	PALMEIRA RUNNERS	F	52	02:43:05	09:04	F40
1441	343	119	JAIME COELHO		M	37	02:43:19	09:04	MSEN
1439	344	120	FILIPE FERNANDES	LANHAS TT	M	34	02:43:34	09:05	MSEN
1112	345	38	ARTUR SILVA		M	51	02:44:23	09:08	M50
1374	346	81	CARLOS VALE	VIDAATIVARUNNERS	M	40	02:45:07	09:11	M40
1375	347	82	CARLOS SERRA	VIDAATIVARUNNERS	M	41	02:45:08	09:11	M40
1409	348	83	CLAUDIO CERQUEIRA	PORTO SENTIDO	M	40	02:45:42	09:12	M40
1103	349	22	JOAO MOUTA	ERMIDA TEAM	M	23	02:46:15	09:14	MSUB25
1339	350	48	MARA ROCHA	ERMIDAFIT RUNNERS	F	29	02:46:19	09:14	FSEN
1340	351	121	FRANCISCO ROCHA	ERMIDAFIT RUNNERS	M	35	02:46:19	09:14	MSEN
1297	352	33	IVETE R.G.ALVES		F	44	02:46:47	09:16	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1093	353	34	MANUELA RIBEIRO	TURBULENTOS	F	60	02:47:38	09:19	F40
1496	354	35	MARIA JESUS	NOCTURNOS DE PAREDES	F	42	02:47:53	09:20	F40
1495	355	84	RUI SILVA	NOCTURNOS DE PAREDES	M	42	02:47:53	09:20	M40
1278	356	49	ISABEL ALVES		F	29	02:48:13	09:21	FSEN
1277	357	122	SERGIO VAZ		M	38	02:48:13	09:21	MSEN
1352	358	85	FERNANDO ALVES	LANHAS TT	M	42	02:50:04	09:27	M40
1353	359	123	FERNANDO RIBEIRO	LANHAS TT	M	39	02:50:04	09:27	MSEN
1491	360	124	JOAQUIM ARAUJO		M	34	02:50:09	09:27	MSEN
1109	361	36	SANDRINE SILVA	TURBULENTOS	F	42	02:50:31	09:29	F40
1471	362	50	JOANA MACEDO	TURBULENTOS	F	38	02:50:31	09:29	FSEN
1494	363	125	JOAO OLIVEIRA		M	31	02:50:41	09:29	MSEN
1492	364	126	RAUL MARQUES		M	32	02:50:45	09:29	MSEN
1481	365	51	ANA CAROLINA		F	36	02:51:06	09:30	FSEN
1347	366	52	JULIANA PINHEIRAL	OS GALGOS DE TANCOS	F	31	02:51:06	09:30	FSEN
1168	367	53	MONICA LOPES	LASER VV	F	31	02:51:10	09:30	FSEN
1354	368	127	CHRISTOPHER FERNANDES		M	32	02:51:10	09:30	MSEN
1348	369	54	MARGARIDA ROSA	OS GALGOS DE TANCOS	F	28	02:51:22	09:31	FSEN
1456	370	23	PAULO PIRES		M	15	02:52:16	09:34	MSUB25
1454	371	128	CARLOS FERNANDES		M	37	02:52:16	09:34	MSEN
1317	372	55	ANA ARRISCADO	RUN4ALL	F	37	02:52:34	09:35	FSEN
1290	373	8	ARACI QUEIROGA		F	19	02:52:45	09:36	FSUB25
1292	374	9	ANA CUNHA		F	24	02:52:45	09:36	FSUB25
158	375	129	SERGIO RAMOS	EDV VIANA TRAIL	M	39	02:54:57	09:43	MSEN
1427	376	37	LIGIA FERNANDES	CMI MONTANHISMO	F	42	02:54:57	09:43	F40
1469	377	56	CRISTIANA BRAGA	PALMEIRA RUNNERS	F	32	02:56:05	09:47	FSEN
1468	378	130	MIGUEL ALVES	PALMEIRA RUNNERS	M	30	02:56:05	09:47	MSEN
1377	379	86	CARLOS ALVES		M	44	02:56:11	09:47	M40
1126	380	57	SONIA BRAS	AVENTUREIROS	F	34	02:56:17	09:48	FSEN
1080	381	131	SIMAO FERNANDES	AVENTUREIROS	M	33	02:56:17	09:48	MSEN
1327	382	132	FERNANDO GOMES	VIDAATIVARUNNERS	M	37	02:57:09	09:50	MSEN
1058	383	38	MARIA LOUREIRO	BUDEGUITA RUNNERS	F	44	02:58:01	09:53	F40
1512	384	39	ROSA PEIXOTO		F	47	02:59:01	09:57	F40
1534	385	133	VITOR		M	26	02:59:01	09:57	MSEN
1429	386	58	MARTA FERREIRA	VIDAATIVARUNNERS	F	35	02:59:19	09:58	FSEN
1395	387	59	SALOME GOMES	NOCTURNOS DE PAREDES	F	37	03:00:55	10:03	FSEN
1026	388	40	TERESA SILVA	TURBULENTOS	F	46	03:02:02	10:06	F40
1217	389	41	MANUELA RODRIGUES	TURBULENTOS	F	56	03:02:07	10:07	F40
1203	390	10	JULIANA SILVA	TURBULENTOS	F	18	03:02:13	10:07	FSUB25
1164	391	39	MANUEL SILVA	TURBULENTOS	M	60	03:02:14	10:07	M50
1116	392	87	MANUEL GONCALVES	XTREME TRAIL	M	41	03:03:09	10:10	M40
1117	393	60	MARIA GONCALVES	XTREME TRAIL	F	37	03:03:09	10:10	FSEN
1428	394	11	ANA DIAS	VIDAATIVARUNNERS	F	25	03:04:12	10:14	FSUB25
1350	395	61	MARIA BARBOSA	TEAM JMM	F	34	03:05:12	10:17	FSEN
1405	396	62	MARISA MORGADO		F	38	03:08:14	10:28	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1406	397	134	MARIO COSTA		M	39	03:08:15	10:28	MSEN
1074	398	24	RICARDO CRACEL	AVENTUREIROS	M	21	03:08:49	10:29	MSUB25
1084	399	63	VIRGINIA VIVAS	LASER VV	F	35	03:09:37	10:32	FSEN
1268	400	40	GARCIA SILVA		M	66	03:09:42	10:33	M50
1073	401	135	TIAGO AZEVEDO	AVENTUREIROS	M	34	03:10:10	10:34	MSEN
1010	402	42	ROSA COSTA	ALVELINHOS RUNNING	F	44	03:11:17	10:38	F40
1172	403	136	ARNALDO COSTA		M	37	03:11:17	10:38	MSEN
1067	404	64	TERESA CEREJO	AVENTUREIROS	F	35	03:11:42	10:39	FSEN
1386	405	137	JOAO MONTEIRO	TURBULENTOS	M	31	03:13:14	10:44	MSEN
1145	406	41	MANUEL FERNANDES	TURBULENTOS	M	51	03:14:08	10:47	M50
1330	407	138	PEDRO MOREIRA		M	30	03:14:52	10:49	MSEN
1387	408	43	TERESA ALVES	TURBULENTOS	F	51	03:15:44	10:52	F40
1118	409	44	PAULA MACHADO	BUDEGUITA RUNNERS	F	40	03:16:42	10:56	F40
1056	410	45	ISABEL MARQUES	BUDEGUITA RUNNERS	F	43	03:16:43	10:56	F40
1121	411	46	SANDRA SOARES	BUDEGUITA RUNNERS	F	42	03:16:43	10:56	F40
1119	412	88	HELDER SOUSA	BUDEGUITA RUNNERS	M	43	03:16:45	10:56	M40
1167	413	65	SOFIA REIS	NASCIDOS PARA CORRER	F	30	03:17:29	10:58	FSEN
1156	414	139	JOSE ANDRADE	NASCIDOS PARA CORRER	M	36	03:17:29	10:58	MSEN
1158	415	89	GABRIEL SANTOS	NASCIDOS PARA CORRER	M	40	03:17:29	10:58	M40
1165	416	47	CRISTINA MOREIRA	NASCIDOS PARA CORRER	F	41	03:17:29	10:58	F40
1483	417	48	ANA MOREIRA	OS TURBOMULA	F	61	03:20:16	11:07	F40
1389	418	140	MARCO SILVA	VILA VERDE A CORRER	M	34	03:20:55	11:10	MSEN
1390	419	141	SUSETE COELHO	VILA VERDE A CORRER	M	28	03:20:56	11:10	MSEN
1408	420	49	MARIA FERNANDES	CLUBE DE MONTANHISMO	F	53	03:20:58	11:10	F40
1105	421	66	MARIA MALHEIRO	TOCA A MEXER	F	34	03:21:12	11:10	FSEN
1098	422	12	CLAUDIA VIEIRA	TOCA A MEXER	F	21	03:21:12	11:10	FSUB25
1132	423	50	OLGA FERREIRA	NOCTURNOS DE PAREDES	F	41	03:21:49	11:13	F40
1143	424	67	ANDREIA SILVA	NOCTURNOS DE PAREDES	F	28	03:24:58	11:23	FSEN
1336	425	90	PAULO FERNANDES	MELSPORT/MELGACO ALV	M	47	03:25:30	11:25	M40
1333	426	142	RICARDO ABREU		M	35	03:26:31	11:29	MSEN
1295	427	91	JOSE LIMA		M	42	03:31:00	11:43	M40
1288	428	68	ISABEL QUEIROGA		F	27	03:31:01	11:43	FSEN
1302	429	143	DIOGO SAMPAIO		M	28	03:31:13	11:44	MSEN
1025	430	51	EMILIA GONCALVES	CLUBE DE MONTANHISMO	F	41	03:34:17	11:54	F40
1422	431	69	CLAUDIA LEITAO	CLUBE DE MONTANHISMO	F	38	03:34:17	11:54	FSEN
1459	432	52	OTILIA ROCHA	TEAM JMM	F	40	03:54:51	13:03	F40
1332	433	70	MARTA PEREIRA		F	31	03:57:42	13:12	FSEN
1334	434	53	ORLANDA SALGADO		F	46	03:57:42	13:12	F40
1325	435	144	HELDER MELO		M	26	03:57:45	13:12	MSEN
1042	436	54	ANABELA PEREIRA		F	43	04:11:31	13:58	F40
1065	437	55	ANA MOREIRA	TURBULENTOS	F	54	04:14:00	14:07	F40
1388	438	56	ANA LIMA	TURBULENTOS	F	44	04:14:00	14:07	F40
1163	439	42	RUI SANTOS	TURBULENTOS	M	52	04:16:37	14:16	M50
1064	440	57	ANA TEIXEIRA	TURBULENTOS	F	54	04:16:37	14:16	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Ritmo	Escalão
1385	441	58	NATALIA ALVES	TURBULENTOS	F	46	04:16:37	14:16	F40
1447	442	59	ANA PONTE	LANHAS TT	F	49	04:24:50	14:43	F40
1446	443	60	ALICE MEIRELES	LANHAS TT	F	44	04:24:53	14:43	F40
1501	444	61	CARLA RIBEIRO	TURBULENTOS	F	55	04:52:29	16:15	F40
1500	445	62	ISABEL FRIANDE	TURBULENTOS	F	46	04:52:30	16:15	F40