

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
1	172	Tiago Pereira	Futebol Clube De Penafiel	01:39:57.127	00:00:00.000
2	131	Paulo Costa	A.D.Amarante Trail Running	01:41:22.770	00:01:25.643
3	27	Pedro Santos	Oralklass - Amigos Do Trail	01:42:15.260	00:02:18.133
4	82	Álvaro Moreira	Fridão Sem Limites	01:42:16.260	00:02:19.133
5	130	Vitor Costa	A.D.Amarante Trail Running	01:44:38.013	00:04:40.886
6	22	Pedro Vieira	Generosos Runners	01:51:10.783	00:11:13.656
7	121	Miguel Neto	Royal Wellness Center	01:53:46.787	00:13:49.660
8	81	Rui Azevedo	Fridão Sem Limites	01:54:47.540	00:14:50.413
9	155	Cristiano Santos	A.D.Amarante Trail Running	01:54:54.290	00:14:57.163
10	138	Carlos Queirós	A.D.Amarante Trail Running	01:55:13.790	00:15:16.663
11	168	Filipe Carneiro	Oralklass - Amigos Do Trail	01:56:13.043	00:16:15.916
12	158	Jorge Oliveira	A.D.Amarante Trail Running	01:56:30.043	00:16:32.916
13	80	Ricardo Nunes	Fridão Sem Limites	01:57:51.993	00:17:54.866
14	120	Tiago Soares	Moinhos Run - Adrm	01:58:00.550	00:18:03.423
15	55	Nuno Lemos	Clube Atletismo Fafe	01:59:25.050	00:19:27.923
16	225	José Costa	Abrevaes	02:00:01.053	00:20:03.926
17	208	Eurico Pereira	Trail Team Bifase	02:00:31.303	00:20:34.176
18	33	Fernando Carvalho	Nós Acreditamos	02:00:33.553	00:20:36.426
19	95	Filipe Pinto	Btt Alegria // Tubani	02:00:49.553	00:20:52.426
20	163	Carlos Coelho	Trail Me	02:01:41.557	00:21:44.430
21	167	Leonel Ferreira	Royal Wellness Center	02:02:08.557	00:22:11.430
22	133	António Mendes	A.D.Amarante Trail Running	02:02:17.057	00:22:19.930
23	76	Patrick Marques	Fridão Sem Limites	02:02:22.337	00:22:25.210
24	94	Carlos Vieira	Btt Alegria // Tubani	02:02:54.810	00:22:57.683
25	19	Antonio Maia	Kunalama Runners	02:03:09.810	00:23:12.683
26	21	Antonio Pinto	Monte Dos Amigos	02:03:12.317	00:23:15.190
27	198	Pedro Nunes	Individual	02:03:24.310	00:23:27.183
28	31	Francisco Lemos	Nós Acreditamos	02:03:49.563	00:23:52.436
29	154	Luís Silva	Ctad - Trilhos De Cinfães	02:03:52.310	00:23:55.183
30	230	Carlos Ferreira	Btt Alegria // Tubani	02:04:06.310	00:24:09.183
31	136	José Pereira	A.D.Amarante Trail Running	02:04:10.597	00:24:13.470
32	132	Telmo Silva	A.D.Amarante Trail Running	02:04:12.560	00:24:15.433
33	194	José Nogueira	Individual	02:04:43.320	00:24:46.193
34	135	Inês Moreira	A.D.Amarante Trail Running	02:04:56.563	00:24:59.436
35	106	Antonio Teles	Clube Trilheiros & Amigos	02:05:12.823	00:25:15.696
36	134	Paula Soares	A.D.Amarante Trail Running	02:05:43.313	00:25:46.186
37	54	Adolfo Gomes	Andatrilhos Freamunde	02:05:49.073	00:25:51.946
38	149	Antonio Pinto	Individual	02:05:52.817	00:25:55.690
39	88	Carlos Silva	Clube Trilheiros & Amigos	02:06:09.067	00:26:11.940
40	125	Miguel Cruz	Bitrunners	02:06:13.567	00:26:16.440
41	139	Tiago Teles	A.D.Amarante Trail Running	02:06:24.577	00:26:27.450
42	157	Bruno Teixeira	A.D.Amarante Trail Running	02:06:36.077	00:26:38.950
43	193	Sérgio Monteiro	Sardonisca Runners	02:07:14.070	00:27:16.943
44	23	Vitor Monteiro	Generosos Runners	02:07:24.327	00:27:27.200
45	203	Ricardo Moreira	Abrevaes	02:08:12.320	00:28:15.193
46	37	Lucas Morgado	Royal Wellness Center	02:08:20.323	00:28:23.196
47	42	Paulo Barbosa	Trail Team Bifase	02:09:18.823	00:29:21.696
48	109	Mário Ferreira	Leões De Tardariz Trail	02:09:35.827	00:29:38.700
49	202	Manuel Ferreira	Oralklass - Amigos Do Trail	02:10:19.827	00:30:22.700
50	218	Sergio Santos	Hora Do Lobo Trail - Cf Perosinho Atletismo	02:10:21.077	00:30:23.950
51	164	Marcio Teixeira	Fridão Sem Limites	02:10:57.087	00:30:59.960
52	4	Alfredo Moreira	Moinhos Run - Adrm	02:11:04.830	00:31:07.703
53	10	Joao Queiros	100Pressas Team	02:11:09.077	00:31:11.950
54	152	Abilio Marques	Escola De Atletismo Da Trofa	02:11:19.830	00:31:22.703
55	50	Hernani Nunes	Descola	02:14:09.833	00:34:12.706
56	124	Carlos Cardoso	Bitrunners	02:14:44.843	00:34:47.716
57	240	Antonio Borges	Porto Sentido Runners	02:15:10.087	00:35:12.960
58	53	Rafael Mota	Individual	02:15:20.590	00:35:23.463
59	16	Rodrigo Ferraz	Generosos Runners	02:15:32.340	00:35:35.213
60	147	Angela Soares	A.D.Amarante Trail Running	02:15:55.090	00:35:57.963
61	241	Joaquim Ferreira	Melres Trail Running	02:16:51.843	00:36:54.716
62	14	Duarte Cerqueira	Royal Wellness Center	02:16:54.840	00:36:57.713
63	70	José Meneses	Nocturnos De Paredes	02:17:15.090	00:37:17.963
64	63	José Gomes	Nocturnos De Paredes	02:17:26.590	00:37:29.463

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
65	180	Miguel Araújo	Trail Me	02:17:49.347	00:37:52.220
66	114	Alberto Freitas	Nova Linha Trail Runners	02:18:03.593	00:38:06.466
67	197	Dario Cardoso	Leões De Tardariz Trail	02:18:23.850	00:38:26.723
68	239	Ricardo Costa	Individual	02:18:31.097	00:38:33.970
69	238	Fabio Pereira	Individual	02:18:35.093	00:38:37.966
70	196	Paula Barbosa	Oralklass - Amigos Do Trail	02:18:48.853	00:38:51.726
71	171	Maria Gonçalves	Oralklass - Amigos Do Trail	02:18:49.843	00:38:52.716
72	35	António Pereira	Nós Acreditamos	02:19:23.857	00:39:26.730
73	122	Miguel Alves	Leões De Tardariz Trail	02:19:27.357	00:39:30.230
74	116	Vitor Ferreira	Nova Linha Trail Runners	02:19:35.607	00:39:38.480
75	62	Nuno Ferreira	Royal Wellness Center	02:20:15.097	00:40:17.970
76	71	Roberto Freitas	Adsebolido Trail Boneca Douro	02:20:17.583	00:40:20.456
77	29	Agostinho Sousa	Individual	02:20:58.103	00:41:00.976
78	110	Alexandra Fernandes	Individual	02:21:19.607	00:41:22.480
79	65	Sérgio Carneiro	Descola	02:22:06.350	00:42:09.223
80	15	Ricardo Rodrigues	Moinhos Run - Adrm	02:22:51.603	00:42:54.476
81	210	Bruno Machado	Individual	02:23:33.557	00:43:36.430
82	212	Silvia Cunha	Individual	02:23:39.607	00:43:42.480
83	189	Manuel Barbosa	Paredes Running	02:23:40.607	00:43:43.480
84	161	José Madureira	Amigo Trail Run	02:23:49.357	00:43:52.230
85	115	José Fernandes	Nova Linha Trail Runners	02:23:58.357	00:44:01.230
86	52	Matias Silva	Andatrilhos Freamunde	02:24:02.107	00:44:04.980
87	60	Miguel Pereira	A.D.Amarante Trail Running	02:24:18.860	00:44:21.733
88	156	Gil Magalhães	A.D.Amarante Trail Running	02:24:31.857	00:44:34.730
89	57	Raúl Moura	Bttás9	02:24:35.107	00:44:37.980
90	107	Fábio Silva	Nós Acreditamos	02:24:40.860	00:44:43.733
91	45	José Coelho	Socksby/Afacycles	02:24:40.863	00:44:43.736
92	150	Miguel Santos	Moinhos Run - Adrm	02:25:04.360	00:45:07.233
93	170	Andreia Almeida	Fridão Sem Limites	02:25:37.040	00:45:39.913
94	78	António Alves	Fridão Sem Limites	02:26:18.860	00:46:21.733
95	77	Antonio Teixeira	Fridão Sem Limites	02:26:19.110	00:46:21.983
96	236	Rob Hewett	Hewettmartins	02:27:07.867	00:47:10.740
97	183	Pedro Nogueira	Marco Runners	02:27:10.863	00:47:13.736
98	59	Gisela Sousa	16.9 Crossfit	02:27:15.617	00:47:18.490
99	58	Margarida Sousa	16.9 Crossfit	02:27:22.123	00:47:24.996
100	179	Tiago Mendonça	Individual	02:27:56.117	00:47:58.990
101	209	Helder Cunha	Individual	02:27:56.367	00:47:59.240
102	99	Paulo Carvalho	Wild Runners	02:28:04.117	00:48:06.990
103	79	Filipe Pinheiro	Fridão Sem Limites	02:28:16.123	00:48:18.996
104	105	Pedro Ferreira	Leões De Tardariz Trail	02:28:29.870	00:48:32.743
105	226	Hugo Soares	Moinhos Run - Adrm	02:28:30.273	00:48:33.146
106	113	António Loureiro	Autistic Runners	02:29:17.370	00:49:20.243
107	223	Nuno Santos	Villa De Basto Trail	02:29:19.620	00:49:22.493
108	108	Daniel Silva	Nocturnos De Paredes	02:30:09.373	00:50:12.246
109	137	Marco Nunes	A.D.Amarante Trail Running	02:30:28.130	00:50:31.003
110	101	Vítor Dias	Clube Trilheiros & Amigos	02:31:20.123	00:51:22.996
111	51	Carmindo Gomes	Nocturnos De Paredes	02:31:52.373	00:51:55.246
112	85	Domingo Faria	Lion Runners - G. D. Leões Da Guarda	02:31:55.627	00:51:58.500
113	214	Enrique Alonso	Rocky	02:32:08.880	00:52:11.753
114	141	Cláudia Moreira	A.D.Amarante Trail Running	02:32:22.877	00:52:25.750
115	146	Pedro Marinho	A.D.Amarante Trail Running	02:32:22.877	00:52:25.750
116	12	Pedro Carneiro	Individual	02:33:06.637	00:53:09.510
117	1	João Ribeiro	Fire Runners	02:33:07.127	00:53:10.000
118	5	Raquel Andrade	Individual	02:33:27.630	00:53:30.503
119	6	Bruno Moura	Individual	02:33:27.630	00:53:30.503
120	166	António Coelho	Trail Me	02:34:30.980	00:54:33.853
121	233	Pedro Coelho	Individual	02:35:03.880	00:55:06.753
122	200	Joaquim Oliveira	Aja Trail	02:35:24.387	00:55:27.260
123	28	Damião Duarte	Travassós Running Fafe	02:36:11.397	00:56:14.270
124	235	Feliciano Ferreira	Individual	02:36:24.633	00:56:27.506
125	143	Rui Borges	A.D.Amarante Trail Running	02:36:34.713	00:56:37.586
126	72	Pedro Pereira	Andatrilhos Freamunde	02:36:51.887	00:56:54.760
127	231	Adão Rocha	Btt Alegria // Tubani	02:37:04.133	00:57:07.006
128	3	Manuel Fernandes	Individual	02:37:12.143	00:57:15.016

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
129	162	Hélder Costa	Amigo Trail Run	02:37:14.637	00:57:17.510
130	30	Sérgio Rodrigues	Dr. Merino 4 Moove	02:37:15.643	00:57:18.516
131	213	Jorge Alves	Villa De Basto Trail	02:37:59.897	00:58:02.770
132	36	Fernando Silva	Nós Acreditamos	02:38:06.637	00:58:09.510
133	9	Alcino Costa	Individual	02:38:09.390	00:58:12.263
134	144	Paulo Alves	A.D.Amarante Trail Running	02:38:21.143	00:58:24.016
135	111	Helder Campos	Individual	02:38:21.890	00:58:24.763
136	66	Jorge Souto	Clube Trilheiros & Amigos	02:39:25.390	00:59:28.263
137	206	Sara Rafael	Kemedo Team	02:39:41.897	00:59:44.770
138	1284	Delfim Nunes	Kemedo Team	02:39:42.140	00:59:45.013
139	112	Jose Loureiro	Autistic Runners	02:40:31.147	01:00:34.020
140	222	Sergio Moura	Hora Do Lobo Trail - Cf Perosinho Atletismo	02:40:55.147	01:00:58.020
141	8	Pedro Rocha	Individual	02:40:56.143	01:00:59.016
142	195	Carlos Felgueiras	Individual	02:41:33.143	01:01:36.016
143	119	António Ribeiro	Individual	02:41:55.647	01:01:58.520
144	204	José Martins	Individual	02:42:06.147	01:02:09.020
145	46	Daniel Machado	Andatrilhos Freamunde	02:42:21.157	01:02:24.030
146	61	Marco Mendes	Andatrilhos Freamunde	02:42:22.150	01:02:25.023
147	220	Luis Morais	Hora Do Lobo Trail - Cf Perosinho Atletismo	02:42:37.403	01:02:40.276
148	159	João Gil	A.D.Amarante Trail Running	02:43:03.400	01:03:06.273
149	117	Elena Dominguez	Aviva Sport	02:43:03.663	01:03:06.536
150	56	Ricardo Santos	Individual	02:46:11.657	01:06:14.530
151	145	Alice Pereira	A.D.Amarante Trail Running	02:46:16.657	01:06:19.530
152	140	Carlos Macedo	A.D.Amarante Trail Running	02:46:17.387	01:06:20.260
153	192	Paulo Martins	Individual	02:46:36.160	01:06:39.033
154	84	Cristina Saraiva	Hora Do Lobo Trail - Cf Perosinho Atletismo	02:46:40.157	01:06:43.030
155	100	José Carvalho	Travassós Running Fafe	02:46:55.380	01:06:58.253
156	74	José Matos	Individual	02:48:40.160	01:08:43.033
157	103	Luis Rodrigues	Kiquipa	02:50:06.163	01:10:09.036
158	68	Manuel Guedes	Clube Independente De Atletismo De Alpendorada	02:51:31.687	01:11:34.560
159	188	Joana Azevedo	Marco Runners	02:51:40.167	01:11:43.040
160	7	Margarida Neves	Hora Do Lobo Trail - Cf Perosinho Atletismo	02:52:15.087	01:12:17.960
161	187	Pedro Silva	Marco Runners	02:52:36.333	01:12:39.206
162	118	Carlos Ferreira	Autistic Runners	02:53:07.670	01:13:10.543
163	216	Mariana Ballester	Trail-Running.Pt	02:53:19.953	01:13:22.826
164	217	José Faria	Trail-Running.Pt	02:53:20.177	01:13:23.050
165	184	Filipe Rocha	Marco Runners	02:53:25.927	01:13:28.800
166	20	Paula Guedes	Monte Dos Amigos	02:53:26.423	01:13:29.296
167	228	Benjamim Marinho	Benjamim	02:54:08.583	01:14:11.456
168	234	Marco Gomes	Individual	02:54:08.950	01:14:11.823
169	153	Andreia Mota	Clube Recreativo De Candoso	02:54:14.323	01:14:17.196
170	67	Pedro Madureira	Comdor Runners	02:55:46.677	01:15:49.550
171	91	David Barros	Batedores	02:56:19.177	01:16:22.050
172	25	Hugo Neto	Nocturnos De Paredes	02:57:35.180	01:17:38.053
173	97	Daniel Barbosa	Btt Alegria // Tubani	02:58:21.190	01:18:24.063
174	47	António Pinto	Individual	02:58:22.437	01:18:25.310
175	151	Adriano Reis	Moinhos Run - Adrm	03:00:31.937	01:20:34.810
176	127	Clara Carvalho	A.D.Amarante Trail Running	03:00:57.197	01:21:00.070
177	1317	José Azevedo	A.D.Amarante Trail Running	03:00:57.690	01:21:00.563
178	148	Ana Lirio	A.D.Amarante Trail Running	03:00:57.690	01:21:00.563
179	199	Dulce Ribeiro	Alive Runners	03:02:58.193	01:23:01.066
180	102	Rogério Ribeiro	Kiquipa	03:05:07.697	01:25:10.570
181	245	Rui Sá	Fit Gaia Trail	03:05:56.450	01:25:59.323
182	221	Jorge Mota	Hora Do Lobo Trail - Cf Perosinho Atletismo	03:11:01.217	01:31:04.090
183	104	Pedro Miranda	Individual	03:12:29.183	01:32:32.056
184	49	Diana Dias	Clube Trilheiros & Amigos	03:12:45.180	01:32:48.053
185	207	Flávio Carvalho	Individual	03:12:46.933	01:32:49.806
186	190	Paula Pereira	Individual	03:13:05.963	01:33:08.836
187	18	Claudia Coelho	Generosos Runners	03:13:35.217	01:33:38.090
188	39	Thomas Magalhães	Individual	03:13:50.217	01:33:53.090
189	98	Hugo Pacheco	Wild Runners	03:14:22.967	01:34:25.840
190	32	Álvaro Cardoso	Nós Acreditamos	03:15:18.717	01:35:21.590
191	232	Sara Rocha	Btt Alegria // Tubani	03:17:56.223	01:37:59.096
192	178	Rui Gonçalves	Individual	03:18:16.977	01:38:19.850

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
193	43	Elisabete Gonçalves	Clube Trilheiros & Amigos	03:22:13.860	01:42:16.733
194	64	Paulina Soares	Run For Life	03:23:28.987	01:43:31.860
195	128	Fernando Cerqueira	A.D.Amarante Trail Running	03:27:38.503	01:47:41.376
196	242	Alcides Freire	O Jogo	03:29:58.507	01:50:01.380
197	41	Cláudia Maeiro	Individual	03:32:44.510	01:52:47.383
198	123	Paula Costa	Kikas Team	03:32:44.510	01:52:47.383
199	48	Nuno Carneiro	Sóvin Paco Mer	03:37:20.267	01:57:23.140
200	173	Florinda Carvalho	Gansos	03:50:42.800	02:10:45.673
201	174	Ana Cristina	Gansos	03:50:43.550	02:10:46.423
202	177	Joaquim Garces	Gansos	03:50:44.300	02:10:47.173
203	175	Alcino Tavares	Gansos	03:50:44.800	02:10:47.673
204	176	Miguel Costa	Gansos	03:50:46.547	02:10:49.420
205	24	Carlos Vasconcelos	Nocturnos De Paredes	03:58:36.067	02:18:38.940
206	211	Inês Soares	João Ferreira	04:51:33.683	03:11:36.556
207	83	Jorge Rocha	Lion Runners - G. D. Leões Da Guarda	04:51:33.933	03:11:36.806