



I Trail
Boneca D'Ouro
15 Novembro 2015 | Sebolido - Penafiel



CLASS GERAL	CLASS ESC	DORSAL	NOME	CLUBE	SEXO	IDADE	TEMPO	dif	RITMO	PROVA	DISTANCIA
1	1	577	Asdrubal freitas	Centro de Ciclista de Gondomar	M	47	54:14.07	+0:00.0	4:50	10	11,213
2	1	574	Bruno Santiago	Gaia Trail	M	31	54:53.66	+0:39.6	4:53	10	11,213
3	2	317	Alcino Silva	C.I.A.Alpendorada	M	42	56:43.09	+2:29.0	5:03	10	11,213
4	3	503	Paulo Silva	Vapesol	M	46	59:56.55	+5:42.5	5:20	10	11,213
5	2	374	Ângelo Cabral	Gramidense lfc	M	39	1:01:44.77	+7:30.7	5:30	10	11,213
6	1	419	José Adelino	Clube Pessoal Aguas Gaia	M	54	1:02:27.76	+8:13.7	5:34	10	11,213
7	4	518	Paulo Pereira	Airorun	M	40	1:03:40.21	+9:26.2	5:41	10	11,213
8	2	312	José Rodrigues De Almeida	Individual	M	55	1:04:01.80	+9:47.8	5:42	10	11,213
9	5	573	Miguel Furtado	Gaia Trail	M	46	1:04:15.86	+10:01.8	5:44	10	11,213
10	6	354	Camilo Guedes	Clube Pessoal Aguas Gaia	M	46	1:05:18.12	+11:04.1	5:49	10	11,213
11	3	538	Alberto Azevedo	Correrparanáoengordar	M	27	1:05:23.79	+11:09.7	5:50	10	11,213
12	4	535	Fábio Azevedo	Individual	M	21	1:05:23.84	+11:09.8	5:50	10	11,213
13	5	355	César Filipe Rocha Da Costa	Força De Elite	M	34	1:05:37.55	+11:23.5	5:51	10	11,213
14	7	422	Alcino Gomes	Bravos Da Montanha	M	45	1:06:20.54	+12:06.5	5:55	10	11,213
15	6	323	Nuno Moreira	Moinhos Run - Adrm	M	31	1:07:02.53	+12:48.5	5:58	10	11,213
16	8	534	Rui Teixeira	Fernando	M	45	1:08:33.55	+14:19.5	6:06	10	11,213
17	7	339	António Duarte	Individual	M	38	1:08:54.44	+14:40.4	6:07	10	11,213
18	8	407	Carlos Manuel Santos Rocha	Individual	M	39	1:08:59.21	+14:45.2	6:08	10	11,213
19	9	304	Laurindo Osório	Individual	M	44	1:09:28.84	+15:14.8	6:12	10	11,213
20	10	513	Jose Pereira	Airorun	M	46	1:10:34.96	+16:20.9	6:17	10	11,213
21	11	511	Luis Mota	Airorun	M	45	1:11:47.33	+17:33.3	6:24	10	11,213
22	3	515	Casemiro Araujo	Airorun	M	51	1:12:19.19	+18:05.1	6:27	10	11,213
23	9	445	Carlos Sousa	Individual	M	32	1:12:48.56	+18:34.5	6:30	10	11,213
24	10	466	Ricardo Fernando Silva	Bravos Da Montanha	M	31	1:12:56.98	+18:42.9	6:30	10	11,213
25	11	463	Paulo Alexandre Rodrigues	Bravos Da Montanha	M	37	1:12:57.26	+18:43.2	6:30	10	11,213
26	12	539	Leonardo Costa	Individual	M	23	1:13:37.72	+19:23.7	6:33	10	11,213
27	1	324	Eva Cristiana Monteiro Coelho	Moinhos Run - Adrm	F	26	1:13:44.41	+19:30.4	6:34	10	11,213





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CLASS GERAL	CLASS ESC	DORSAL	NOME	CLUBE	SEXO	IDADE	TEMPO	dif	RITMO	PROVA	DISTANCIA
28	13	566	Paulo Araujo	Individual	M	31	1:14:43.39	+20:29.3	6:39	10	11,213
29	4	493	João Fernando Ferreira	Factor X	M	51	1:15:27.77	+21:13.7	6:43	10	11,213
30	14	404	Pedro Moreira	Amigos Do Sofá	M	18	1:16:22.14	+22:08.1	6:48	10	11,213
31	15	429	Hugo Alexandre Da Rocha Freitas	Active Gym	M	16	1:16:33.18	+22:19.1	6:48	10	11,213
32	5	487	Joao Silva	Lsd	M	55	1:17:03.80	+22:49.8	6:52	10	11,213
33	6	444	Francisco Moura	Lsd	M	59	1:17:03.84	+22:49.8	6:52	10	11,213
34	12	416	Fernando Santos	Clube Pessoal Aguas Gaia	M	43	1:17:24.08	+23:10.0	6:54	10	11,213
35	16	568	Helder Camilo	Paredes Aventura	M	33	1:18:06.32	+23:52.3	6:57	10	11,213
36	17	452	João Pedro Macedo	Os Potentes	M	36	1:18:43.32	+24:29.3	7:01	10	11,213
37	18	489	Bernardo Ferreira De Sousa Monteiro	Individual	M	20	1:18:43.36	+24:29.3	7:01	10	11,213
38	19	434	Vasco Alexandre Peixoto Dos Santos	Active Gym	M	34	1:19:11.00	+24:57.0	7:04	10	11,213
39	20	470	Fábio Da Costa	C4team	M	22	1:19:18.73	+25:04.7	7:04	10	11,213
40	21	347	Bruno Maia	Javalis Portugal	M	31	1:20:15.69	+26:01.6	7:09	10	11,213
41	22	536	Paulo Sarmento	Individual	M	35	1:20:30.60	+26:16.6	7:09	10	11,213
42	7	415	Jorge Santos	Clube Pessoal Aguas Gaia	M	51	1:20:33.01	+26:19.0	7:11	10	11,213
43	23	362	Pedro Miguel Cunha Barata Duarte	Melres Trail Running	M	26	1:20:33.19	+26:19.1	7:11	10	11,213
44	13	572	Pedro Sousa		M	49	1:20:35.11	+26:21.1	7:11	10	11,213
45	1	512	Deolinda Faria	Airorun	F	45	1:20:39.02	+26:25.0	7:11	10	11,213
46	24	575	Bruno Miguel		M	38	1:20:41.75	+26:27.7	7:11	10	11,213
47	8	328	António Ferreira	AsS. Desportiva De Cabroelo	M	51	1:20:45.29	+26:31.2	7:12	10	11,213
48	25	467	Tiago Sousa	Individual	M	24	1:20:47.56	+26:33.5	7:11	10	11,213
49	9	318	Modesto Monteiro	C.I.A.Alpendorada	M	55	1:20:52.74	+26:38.7	7:12	10	11,213
50	26	387	Bruno Miguel Teixeira Pinto	Individual	M	16	1:20:56.10	+26:42.1	7:12	10	11,213
51	2	524	Ana Barros	Individual	F	30	1:21:10.84	+26:56.8	7:13	10	11,213
52	27	563	Hugo Silva	Os Potentes	M	35	1:21:16.60	+27:02.6	7:14	10	11,213
53	3	342	Joana Sousa	Individual	F	32	1:21:30.37	+27:16.3	7:16	10	11,213
54	28	479	Avelino Fernando Alves Neto	Individual	M	38	1:21:31.92	+27:17.9	7:14	10	11,213





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CLASS GERAL	CLASS ESC	DORSAL	NOME	CLUBE	SEXO	IDADE	TEMPO	dif	RITMO	PROVA	DISTANCIA
55	29	343	Jorge Ferreira	Individual	M	28	1:21:33.76	+27:19.7	7:16	10	11,213
56	14	311	Adao Ribeiro	Individual	M	42	1:21:48.79	+27:34.7	7:16	10	11,213
57	15	475	Luis Gomes	Bravos Da Montanha	M	47	1:21:52.52	+27:38.5	7:18	10	11,213
58	30	425	Nuno Miguel Dos Santos Soares	Active Gym	M	17	1:22:02.69	+27:48.6	7:17	10	11,213
59	4	406	Maria José Pereira Leão	Amigos Do Pedal Trail - Lagares	F	34	1:22:19.73	+28:05.7	7:21	10	11,213
60	31	349	Ricardo Barbosa	Btt Alegria / Tubani	M	25	1:22:28.59	+28:14.5	7:20	10	11,213
61	32	300	Marcelo Peixoto	Individual	M	27	1:22:28.70	+28:14.7	7:20	10	11,213
62	33	301	Renato Peixoto	Individual	M	24	1:22:29.84	+28:15.8	7:20	10	11,213
63	34	481	Rui Ribeiro	Individual	M	37	1:22:31.38	+28:17.3	7:20	10	11,213
64	35	480	Vitor Manuel Morais Coelho	Individual	M	36	1:22:31.45	+28:17.4	7:20	10	11,213
65	16	414	Silvério Santos	Clube Pessoal Aguas Gaia	M	44	1:22:35.88	+28:21.8	7:22	10	11,213
66	36	375	Miguel Teixeira	Gramidense lfc	M	38	1:22:48.33	+28:34.3	7:23	10	11,213
67	17	461	Eduardo Nascimento	Individual	M	44	1:23:08.27	+28:54.2	7:25	10	11,213
68	5	337	Monica Carvalhais	Factor X	F	39	1:24:26.47	+30:12.4	7:32	10	11,213
69	37	390	Gonçalo Correia	Individual	M	16	1:25:05.24	+30:51.2	7:35	10	11,213
70	38	402	António Moreira	Amigos Do Sofá	M	35	1:25:06.94	+30:52.9	7:34	10	11,213
71	39	644	Andre Freitas	Equipotencia	M	30	1:25:29.52	+31:15.5	7:36	10	11,213
72	40	504	Miguel Varejao	Vapesol	M	36	1:25:34.50	+31:20.5	7:37	10	11,213
73	41	305	Jorge Mosqueira	Individual	M	31	1:25:37.08	+31:23.0	7:37	10	11,213
74	42	623	Ricardo Moreira	Individual	M	31	1:25:45.11	+31:31.1	7:39	10	11,213
75	43	430	Jorge Miguel Soares Lopes	Active Gym	M	15	1:26:02.90	+31:48.9	7:39	10	11,213
76	44	427	Marcelo Daniel Santos Barbosa	Active Gym	M	22	1:26:14.63	+32:00.6	7:40	10	11,213
77	6	432	Ângela Isabel Fernandes De Jesus	Active Gym	F	28	1:26:23.13	+32:09.1	7:41	10	11,213
78	45	335	Bruno Silva	Individual	M	39	1:26:26.01	+32:12.0	7:41	10	11,213
79	46	525	Marcos Silva	Ciclotainadas	M	34	1:27:23.47	+33:09.4	7:47	10	11,213
80	7	325	Inês Moreira	Moinhos Run - Adrm	F	30	1:28:53.63	+34:39.6	7:55	10	11,213
81	47	544	Sérgio Dinis Santos	Usf Ts	M	37	1:28:53.70	+34:39.7	7:54	10	11,213





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82	48	564	Gustavo Santos	Gramidense lfc	M	33	1:28:54.12	+34:40.1	7:55	10	11,213
83	18	348	Joaquim Soares	Btt Alegria / Tubani	M	42	1:29:13.21	+34:59.2	7:56	10	11,213
84	49	486	André Filipe Pinto Vieira	Há Bolas De Berlim Na Meta	M	26	1:29:18.07	+35:04.0	7:56	10	11,213
85	8	433	Sandra Elisabete R. A. Dos Santos	Active Gym	F	34	1:29:29.00	+35:15.0	7:57	10	11,213
86	50	528	Pedro Soares	Filhos Da Águia	M	35	1:29:35.26	+35:21.2	7:58	10	11,213
87	10	397	Joaquim Coelho	Individual	M	51	1:30:19.35	+36:05.3	8:02	10	11,213
88	51	517	Antonio Rodrigues	Airorun	M	33	1:30:50.84	+36:36.8	8:06	10	11,213
89	9	554	Luísa Cruz	Individual	F	36	1:32:12.91	+37:58.9	8:13	10	11,213
90	19	565	Leonel Juca Teixeira	Btt Alegria / Tubani	M	43	1:32:13.37	+37:59.3	8:12	10	11,213
91	52	459	Miguel Coelho	Individual	M	18	1:32:44.56	+38:30.5	8:15	10	11,213
92	53	365	Nuno Angélico	Dolcefarma	M	33	1:32:54.39	+38:40.3	8:16	10	11,213
93	10	366	Nathalie Santos	Dolcefarma	F	33	1:32:54.46	+38:40.4	8:16	10	11,213
94	54	369	Nuno Pereira	Dolcefarma	M	33	1:32:54.72	+38:40.7	8:16	10	11,213
95	20	439	Sérgio Cunha	Individual	M	47	1:33:05.42	+38:51.4	8:16	10	11,213
96	11	321	Irene Barbosa	Novatos	F	39	1:33:09.27	+38:55.2	8:18	10	11,213
97	12	490	Patricia Silva	Individual	F	28	1:34:02.23	+39:48.2	8:22	10	11,213
98	13	522	Mônica Rebelo	Cães & Gatos	F	34	1:34:15.19	+40:01.1	8:24	10	11,213
99	21	491	Jorge Ribeiro	Cães & Gatos	M	40	1:34:15.51	+40:01.5	8:24	10	11,213
100	55	521	Paulo Almeida	Cães & Gatos	M	34	1:34:15.80	+40:01.8	8:24	10	11,213
101	22	540	Joao Nogueira	Gondobike	M	43	1:34:16.59	+40:02.5	8:24	10	11,213
102	11	458	José Abelino Da Costa	Individual	M	53	1:34:23.40	+40:09.4	8:23	10	11,213
103	56	330	David Salgado	Individual	M	37	1:34:34.55	+40:20.5	8:25	10	11,213
104	14	476	Sandra	Individual	F	34	1:34:45.89	+40:31.8	8:26	10	11,213
105	23	571	Bruno Rodrigues		M	41	1:34:45.97	+40:31.9	8:26	10	11,213
106	2	326	Maria José Silva Teixeira	Pés De Chumbo	F	48	1:34:59.30	+40:45.3	8:28	10	11,213
107	15	327	Lucia Marisa	Pés De Chumbo	F	33	1:34:59.54	+40:45.5	8:28	10	11,213
108	57	344	Agostinho Barros	U.D. Santa Isabel 2005 - Rio Mau	M	34	1:35:36.12	+41:22.1	8:31	10	11,213





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109	12	529	Luiz Blanquet	Individual	M	54	1:36:06.19	+41:52.1	8:34	10	11,213
111	24	561	Joaquim Pereira	Individual	M	45	1:36:09.50	+41:55.5	8:34	10	11,213
110	3	560	Manuela Ferreira	Individual	F	45	1:36:09.50	+41:55.5	8:34	10	11,213
112	16	488	Luciana Camilo	Individual	F	30	1:36:38.79	+42:24.7	8:36	10	11,213
113	4	376	Paula Anjos	Individual	F	43	1:36:40.94	+42:26.9	8:36	10	11,213
114	17	562	Diana Maria Faria Vieira	Melres Trail Running	F	31	1:36:49.86	+42:35.8	8:38	10	11,213
115	18	361	Lia Bárbara Cunha Barata Duarte	Melres Trail Running	F	27	1:36:50.22	+42:36.2	8:38	10	11,213
116	5	514	Francelina Pereira	Airorun	F	42	1:36:58.32	+42:44.3	8:38	10	11,213
117	25	532	Hugo Almeida	Usf Ts	M	40	1:37:22.02	+43:08.0	8:39	10	11,213
118	19	551	Sandra Ramos	Individual	F	35	1:38:20.82	+44:06.8	8:46	10	11,213
119	20	553	Albertina Cunha	Individual	F	30	1:38:21.13	+44:07.1	8:46	10	11,213
120	26	552	Joaquim Ramos	Individual	M	44	1:38:21.84	+44:07.8	8:46	10	11,213
121	27	303	Daniel Gomes	Individual	M	44	1:38:25.71	+44:11.7	8:46	10	11,213
122	13	559	Luis Cunha	Individual	M	53	1:39:04.34	+44:50.3	8:49	10	11,213
123	28	400	Armindo Moreira	Amigos Do Sofá	M	40	1:39:46.49	+45:32.4	8:53	10	11,213
124	1	545	Fátima Nunes	Usf Ts	F	50	1:40:04.03	+45:50.0	8:54	10	11,213
125	21	477	Anabela Barata	Individual	F	38	1:40:10.81	+45:56.8	8:55	10	11,213
126	22	372	Alexandra Silva	Individual	F	33	1:40:12.01	+45:58.0	8:56	10	11,213
127	58	509	Fernando Costa	Vapesol	M	31	1:40:13.40	+45:59.4	8:56	10	11,213
128	29	526	Ricardo Silva	Individual	M	43	1:40:52.09	+46:38.0	8:59	10	11,213
129	59	428	Rui Filipe Freitas Silva	Active Gym	M	19	1:41:15.92	+47:01.9	9:00	10	11,213
130	60	424	Orlando Miguel Da Silva Vieira	Active Gym	M	33	1:41:16.70	+47:02.7	9:00	10	11,213
131	23	440	Ângela Fernandes	Há Bolas De Berlim Na Meta	F	25	1:41:22.33	+47:08.3	9:01	10	11,213
132	61	322	Hugo Moreira	Individual	M	32	1:41:27.96	+47:13.9	9:02	10	11,213
133	62	502	Tiago Faria	Vapesol	M	32	1:41:39.27	+47:25.2	9:03	10	11,213
134	30	398	José Costa	Amigos Do Sofá	M	40	1:41:56.47	+47:42.4	9:04	10	11,213
135	24	399	Sandra Costa	Amigos Do Sofá	F	38	1:41:56.56	+47:42.5	9:04	10	11,213





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136	2	492	Adelaide Vigário	Factor X	F	51	1:42:02.09	+47:48.0	9:06	10	11,213
137	25	441	Paula Vieira De Castro	Há Bolas De Berlim Na Meta	F	26	1:42:14.09	+48:00.0	9:05	10	11,213
138	26	446	Ana Fernandes	Há Bolas De Berlim Na Meta	F	27	1:42:14.53	+48:00.5	9:06	10	11,213
139	27	307	Rosana Martins	Equipa Do Reumatico	F	31	1:42:29.90	+48:15.9	9:07	10	11,213
140	63	309	Sergio Pereira	Equipa Do Reumatico	M	37	1:42:30.16	+48:16.1	9:07	10	11,213
141	31	360	Paulo Pereira	Individual	M	42	1:42:31.71	+48:17.7	9:07	10	11,213
142	14	533	Rui Coelho	Usf Ts	M	59	1:42:37.93	+48:23.9	9:07	10	11,213
143	28	546	Sónia Rocha	Nast	F	33	1:42:44.93	+48:30.9	9:09	10	11,213
144	15	386	Abilio Neves	Equipotencia	M	56	1:42:50.86	+48:36.8	9:09	10	11,213
145	29	420	Sónia Pinto	Individual	F	32	1:42:55.41	+48:41.4	9:09	10	11,213
146	32	484	Paulo Alexandre Ribeiro Cardoso	Individual	M	44	1:42:55.69	+48:41.6	9:09	10	11,213
147	30	483	Lucinda Marques	Paredes Running	F	39	1:42:57.20	+48:43.2	9:09	10	11,213
148	31	570	Joana Madureira Araujo		F	35	1:43:58.82	+49:44.8	9:16	10	11,213
149	64	351	Daniel Sousa	Btt Alegria / Tubani	M	32	1:43:59.74	+49:45.7	9:15	10	11,213
150	32	435	Maria Sousa	Individual	F	24	1:44:22.44	+50:08.4	9:17	10	11,213
151	65	436	André Vieira	Individual	M	37	1:44:23.04	+50:09.0	9:17	10	11,213
152	66	352	Paulo Freitas	Individual	M	20	1:44:36.95	+50:22.9	9:19	10	11,213
153	33	316	Monica Magalhaes	Usf Ts	F	29	1:45:05.11	+50:51.1	9:21	10	11,213
154	6	314	Ana Alves	Usf Ts	F	41	1:45:06.75	+50:52.7	9:21	10	11,213
155	34	531	Sabrina Pedone	Usf Ts	F	35	1:45:07.48	+50:53.4	9:21	10	11,213
156	33	449	Raul Cunha	Cunhax	M	47	1:45:14.16	+51:00.1	9:22	10	11,213
157	35	516	Sonia Pereira	Airorun	F	37	1:45:38.30	+51:24.3	9:25	10	11,213
158	7	332	Manuela Gonçalves	Melres Trail Running	F	44	1:45:46.48	+51:32.4	9:25	10	11,213
159	36	363	Andreia Silva	Individual	F	28	1:46:00.03	+51:46.0	9:25	10	11,213
160	37	431	Carina Filipa Barros Alves	Active Gym	F	20	1:48:03.38	+53:49.3	9:36	10	11,213
161	67	426	Silvio Ribeiro Ferreira	Active Gym	M	28	1:48:03.49	+53:49.4	9:36	10	11,213
162	38	555	Carina Gonçalves Ferreira	Amigos Do Pedal Trail - Lagares	F	17	1:48:42.19	+54:28.1	9:40	10	11,213





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CLASS GERAL	CLASS ESC	DORSAL	NOME	CLUBE	SEXO	IDADE	TEMPO	dif	RITMO	PROVA	DISTANCIA
163	39	556	Ana Coelho	Individual	F	23	1:48:44.00	+54:30.0	9:41	10	11,213
164	40	557	Telma Rocha	Individual	F	25	1:48:45.25	+54:31.2	9:41	10	11,213
165	41	380	Brigida Duarte	Osfazconta	F	37	1:48:59.41	+54:45.4	9:42	10	11,213
166	34	498	Cláudio Cerqueira	Pernetas	M	40	1:49:15.02	+55:01.0	9:44	10	11,213
167	35	346	Nuno Santos	Individual	M	43	1:49:37.27	+55:23.2	9:45	10	11,213
168	36	336	João Strecht	Individual	M	46	1:49:37.60	+55:23.6	9:46	10	11,213
169	42	472	Liliana Pereira	Individual	F	29	1:50:02.31	+55:48.3	9:48	10	11,213
170	43	411	Raquel Silva	Individual	F	36	1:50:24.71	+56:10.7	9:50	10	11,213
171	44	494	Bebiana Silva	Piratas Team Runners	F	28	1:51:03.67	+56:49.6	9:53	10	11,213
172	45	340	Daniela Lopes	Individual	F	38	1:51:22.88	+57:08.8	9:56	10	11,213
173	46	353	Lígia Freitas	Individual	F	20	1:51:49.21	+57:35.2	9:58	10	11,213
174	47	341	Cecília Sousa	Individual	F	38	1:51:50.99	+57:36.9	9:58	10	11,213
175	48	389	Carla Santos	Individual	F	38	1:52:06.21	+57:52.2	9:59	10	11,213
176	68	391	José Luís Pinto	Individual	M	39	1:52:06.28	+57:52.2	9:59	10	11,213
177	49	412	Sonia Silva	Individual	F	36	1:52:08.56	+57:54.5	9:58	10	11,213
178	69	413	Antonio Barbosa	Individual	M	38	1:52:09.12	+57:55.1	9:58	10	11,213
179	50	315	Estela Oliveira	Usf Ts	F	36	1:52:44.14	+58:30.1	10:02	10	11,213
180	8	345	Natália Santos	Individual	F	42	1:52:48.22	+58:34.2	10:03	10	11,213
181	9	396	Marília Dias	Individual	F	42	1:53:23.65	+59:09.6	10:06	10	11,213
182	37	395	Carlos Sousa	Individual	M	42	1:54:00.07	+59:46.0	10:09	10	11,213
183	38	482	Luis Ribeiro	Paredes Running	M	40	1:54:00.52	+59:46.5	10:08	10	11,213
184	51	403	Vanessa Santos	Amigos Do Sofá	F	31	1:56:21.21	+1:02:07.2	10:21	10	11,213
185	52	306	Mara Freitas	Equipa Do Reumatico	F	34	1:56:31.40	+1:02:17.4	10:23	10	11,213
186	16	319	Manuel Barbosa	C.I.A.Alpendorada	M	72	1:56:44.68	+1:02:30.6	10:25	10	11,213
187	53	448	Andrea Vieira	Individual	F	35	1:57:05.73	+1:02:51.7	10:26	10	11,213
188	54	576	Eunice	Individual	F	36	1:57:05.97	+1:02:51.9	10:26	10	11,213
189	70	499	Helder Marques	Vapesol	M	35	1:57:34.78	+1:03:20.7	10:29	10	11,213





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CLASS GERAL	CLASS ESC	DORSAL	NOME	CLUBE	SEXO	IDADE	TEMPO	dif	RITMO	PROVA	DISTANCIA
190	71	506	Gil Leite	Vapesol	M	26	1:58:51.97	+1:04:37.9	10:36	10	11,213
191	3	634	Conceição Ribas	Individual	F	50	1:58:55.33	+1:04:41.3	10:35	10	11,213
192	55	334	Patrícia Alves	Individual	F	33	1:59:21.30	+1:05:07.3	10:38	10	11,213
193	56	379	Adriana Duarte	Osfazconta	F	32	1:59:28.19	+1:05:14.1	10:38	10	11,213
194	57	381	Vania Soares	Osfazconta	F	34	1:59:30.33	+1:05:16.3	10:39	10	11,213
195	72	371	Manuel Oliveira	Individual	M	39	1:59:31.90	+1:05:17.9	10:39	10	11,213
196	10	442	Ana Paula Silva	Individual	F	44	1:59:32.01	+1:05:18.0	10:39	10	11,213
197	73	469	João Cardoso	Individual	M	29	2:00:34.78	+1:06:20.7	10:44	10	11,213
198	58	468	Ana Oliveira	Individual	F	26	2:00:35.13	+1:06:21.1	10:44	10	11,213
199	59	462	Carla Sofia Almeida	Bravos Da Montanha	F	28	2:00:37.32	+1:06:23.3	10:45	10	11,213
200	11	558	Carmen Moreira	Individual	F	44	2:00:44.49	+1:06:30.4	10:45	10	11,213
201	12	338	Daria Teixeira	Indomáveis	F	43	2:02:03.06	+1:07:49.0	10:52	10	11,213
202	60	578	Susana Moreira		F	38	2:02:03.13	+1:07:49.1	10:52	10	11,213
203	74	378	Jorge Silva	Osfazconta	M	36	2:02:12.04	+1:07:58.0	10:53	10	11,213
204	39	437	Joaquim Macedo	Individual	M	47	2:02:34.92	+1:08:20.9	10:54	10	11,213
205	40	438	Joaquim Castro	Individual	M	48	2:02:35.13	+1:08:21.1	10:54	10	11,213
206	75	507	Marco Costa	Vapesol	M	33	2:03:16.23	+1:09:02.2	10:59	10	11,213
207	13	457	Maria Conceição Pereira Da Costa	Individual	F	44	2:03:24.66	+1:09:10.6	10:58	10	11,213
208	14	320	Cidalia Peixoto	Factor X	F	43	2:03:51.88	+1:09:37.8	11:02	10	11,213
209	61	550	Eliana Santos	Individual	F	31	2:03:56.03	+1:09:42.0	11:02	10	11,213
210	62	549	Marta Oliveira	Individual	F	32	2:03:56.32	+1:09:42.3	11:02	10	11,213
211	63	548	Liliana Lopes	Individual	F	33	2:03:56.41	+1:09:42.4	11:02	10	11,213
212	76	547	Isolino Coelho	Individual	M	30	2:03:58.26	+1:09:44.2	11:02	10	11,213
213	15	527	Cristina Silva	Individual	F	46	2:04:28.71	+1:10:14.7	11:06	10	11,213
214	64	567	Lisa Pereira	Individual	F	35	2:04:29.19	+1:10:15.1	11:06	10	11,213
215	65	454	Patrícia Durão	Runners & Friends	F	38	2:05:35.76	+1:11:21.7	11:10	10	11,213
216	4	460	Julieta Messena	Individual	F	54	2:05:53.01	+1:11:39.0	11:14	10	11,213





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217	66	313	Mafalda Alves	Usf Ts	F	20	2:06:29.00	+1:12:15.0	11:15	10	11,213
218	77	465	Pedro Silva	Individual	M	21	2:06:30.20	+1:12:16.2	11:15	10	11,213
219	67	447	Lúcia Leite Ferreira	Individual	F	32	2:06:49.12	+1:12:35.1	11:17	10	11,213
220	78	523	Joaquim Ribeiro	Equipotencia	M	32	2:07:11.60	+1:12:57.6	11:20	10	11,213
221	68	356	Susana Taipa	Equipotencia	F	31	2:07:13.40	+1:12:59.4	11:20	10	11,213
222	69	500	Sandrina Gonçalves	Vapesol	F	35	2:07:22.24	+1:13:08.2	11:21	10	11,213
223	79	329	José Fernandes	Individual	M	30	2:07:37.95	+1:13:23.9	11:22	10	11,213
224	70	331	Susana Cristina Fernandes Cunha	Individual	F	39	2:07:40.97	+1:13:26.9	11:22	10	11,213
225	80	464	Luis Gomes	Individual	M	32	2:08:36.18	+1:14:22.1	11:26	10	11,213
226	71	405	Susana Ferreira	Amigos Do Sofá	F	36	2:09:16.54	+1:15:02.5	11:30	10	11,213
227	16	392	Margarida Moreira	Individual	F	40	2:09:38.91	+1:15:24.9	11:33	10	11,213
228	81	393	Sergio Sousa	Individual	M	39	2:09:38.94	+1:15:24.9	11:32	10	11,213
229	72	359	Tânia Ferreira	Individual	F	26	2:09:51.45	+1:15:37.4	11:33	10	11,213
230	82	385	Paulo Cavaleiro	Nocturnos De Paredes	M	37	2:09:51.70	+1:15:37.7	11:33	10	11,213
231	73	542	Ana Dias	Individual	F	27	2:10:33.41	+1:16:19.4	11:37	10	11,213
232	5	543	Ana Maria Dias	Individual	F	50	2:10:35.01	+1:16:21.0	11:38	10	11,213
233	17	450	Cristina Cunha	Cunhax	F	47	2:10:45.15	+1:16:31.1	11:38	10	11,213
234	74	394	Raquel Rodriguez	Step By Step Team	F	39	2:11:08.03	+1:16:54.0	11:41	10	11,213
235	75	358	Micaela Santos	Equipotencia	F	30	2:13:07.37	+1:18:53.3	11:52	10	11,213
236	76	357	Patricia Santos	Equipotencia	F	23	2:13:07.54	+1:18:53.5	11:52	10	11,213
237	77	384	Sónia Marisa Vieira De Araújo Malheiro	Individual	F	38	2:13:08.32	+1:18:54.3	11:52	10	11,213
238	41	495	Albino Dias	Individual	M	41	2:25:12.20	+1:30:58.2	12:55	10	11,213
239	78	496	Susana Machado	Individual	F	39	2:25:12.37	+1:30:58.3	12:55	10	11,213
240	18	377	Ana Paula Pires	Individual	F	46	2:26:07.37	+1:31:53.3	13:00	10	11,213
241	79	382	Isabel Susano	Individual	F	39	2:26:07.85	+1:31:53.8	13:00	10	11,213
242	19	410	Maria José Mestre	Individual	F	41	2:28:49.96	+1:34:35.9	13:15	10	11,213
243	80	501	Carla Sousa	Vapesol	F	32	2:36:48.11	+1:42:34.1	13:58	10	11,213





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244	81	508	Dalila Cristina	Vapesol	F	38	2:36:49.17	+1:42:35.1	13:58	10	11,213
245	17	505	Carlos Lopes	Vapesol	M	53	2:42:21.47	+1:48:07.4	14:28	10	11,213
246	82	510	Carla Ferreira	Vapesol	F	28	2:42:21.87	+1:48:07.8	14:28	10	11,213

