

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1	1454	1	ALCINO SILVA	CIAA ALPENDORADA	M	43	00:56:19	M40
2	1270	1	ANDRE NOGUEIRA	ESSENCIA CLINICA	M	31	00:56:23	MSEN
3	1436	2	TIAGO PINTO	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	33	00:58:38	MSEN
4	1437	3	RUI GOMES	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	39	00:58:46	MSEN
5	1069	4	BELMIRO MOREIRA	ORAKLASS AMIGOS DO TRAIL	M	38	01:03:31	MSEN
6	1295	5	HELDER RIBEIRO	AIRORUN	M	34	01:04:27	MSEN
7	1173	6	ANDRE ALMEIDA	FACTOR X / S4L / MEDENSE FC	M	32	01:04:36	MSEN
8	1261	7	FABIO CORREIA	TRAIL RUNNING CLUBE BTT SANGUEDO	M	25	01:04:38	MSEN
9	1439	8	BRUNO SANTOS	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	29	01:05:37	MSEN
10	1418	9	SERGIO SILVA	MSS CONTABILIDADE	M	34	01:05:44	MSEN
11	1047	1	JOSE ALMEIDA		M	56	01:06:58	M50
12	1438	10	RICARDO BARROS	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	29	01:07:52	MSEN
13	1307	11	HELDER CAMILO	MOINHOS RUN ADRM	M	34	01:07:55	MSEN
14	1280	2	FERNANDO GOMES	KEMEDO TEAM	M	46	01:08:17	M40
15	1204	3	JOSE PEREIRA	AIRORUN	M	47	01:09:01	M40
16	1239	2	MANUEL ALVES	QUEIROZ TEAM/ NOKAROL	M	51	01:09:25	M50
17	1290	12	TIAGO SILVA		M	26	01:09:41	MSEN
18	1065	4	PAULO FERREIRA	AMIGOS DO PEDAL TRAILAGARES	M	46	01:10:23	M40
19	1442	5	JOSE ROCHA	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	42	01:11:49	M40
20	1348	13	ANDRE SANTOS	ALIANCA DE GANDRA	M	19	01:12:47	MSEN
21	1168	14	PEDRO VIANA	FACTOR X / S4L / MEDENSE FC	M	31	01:12:52	MSEN
22	1036	1	CRISTIANA FERREIRA	RUNNING ESPINHO	F	27	01:13:01	FSEN
23	1175	15	PEDRO BARROS	FACTOR X / S4L / MEDENSE FC	M	26	01:13:08	MSEN
24	1286	6	JOSE COSTA	KEMEDO TEAM	M	43	01:13:53	M40
25	1304	16	MARCIO BARROS		M	37	01:13:56	MSEN
26	1346	17	MARIO ALMEIDA	ALIANCA DE GANDRA	M	31	01:14:44	MSEN
27	1301	7	LAURINDO OSORIO	KEMEDO TEAM	M	45	01:14:45	M40
28	1197	3	CASEMIRO ARAUJO	AIRORUN	M	52	01:14:46	M50
29	1254	2	ALBERTINA CUNHA	NOCTURNOS DE PAREDES	F	31	01:14:46	FSEN
30	1327	18	VITOR SANTOS	FACTOR X / S4L / MEDENSE FC	M	33	01:15:36	MSEN
31	1326	8	MARIO FERREIRA	FACTOR X / S4L / MEDENSE FC	M	40	01:15:43	M40
32	1421	9	FERNANDO BRANCO	MSS CONTABILIDADE	M	43	01:16:35	M40
33	1044	19	SERGIO SOARES	PROSEL TEAM	M	25	01:16:35	MSEN
34	1273	20	DIOGO FERREIRA	ADC CJ CLARK DE CASTELO DE PAIVA	M	17	01:18:07	MSEN
35	1229	21	PEDRO PEREIRA	NOCTURNOS DE PAREDES	M	38	01:18:15	MSEN
36	1203	1	DEOLINDA FARIA	AIRORUN	F	46	01:18:15	F40
37	1113	4	CARLOS MARTINS	PORTO SENTIDO RUNNERS	M	50	01:18:20	M50
38	1038	22	HUGO MOREIRA		M	33	01:18:25	MSEN
39	1419	23	IBRAIM SOUSA	MSS CONTABILIDADE	M	38	01:18:26	MSEN
40	1035	24	BRUNO BARTES	KUNALAMA RUNNERS	M	39	01:18:44	MSEN
41	1045	25	PEDRO MOREIRA	PROSEL TEAM	M	25	01:19:16	MSEN
42	1025	5	ANTONIO SILVA		M	57	01:19:45	M50
43	1174	26	PEDRO SANTOS	FACTOR X / S4L / MEDENSE FC	M	29	01:20:05	MSEN
44	1383	27	CESAR RIBIERO	A. RIBEIRO	M	26	01:20:19	MSEN
45	1037	28	VITINHO		M	34	01:22:16	MSEN

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
46	1032	29	HELDER TELES		M	36	01:22:30	MSEN
47	1132	6	JORGE CONCEICAO	USF TS	M	53	01:22:32	M50
48	1090	30	SERGIO COSTA	LUSOS XXI	M	34	01:22:50	MSEN
49	689	31	VITOR MARTINS	EQUIPOTENCIA TRAIL TEAM	M	33	01:22:51	MSEN
50	1272	10	RUI MARTINS	ADC CJ CLARK DE CASTELO DE PAIVA	M	43	01:23:20	M40
51	1046	32	JORGE MOREIRA	PROSEL TEAM	M	30	01:23:24	MSEN
52	1233	33	SERGIO SANTOS	FACTOR X / S4L / MEDENSE FC	M	37	01:23:25	MSEN
53	1178	11	PEDRO SILVA	FACTOR X / S4L / MEDENSE FC	M	43	01:23:25	M40
54	1228	34	JOAO NEVES	EQUIPOTENCIA TRAIL TEAM	M	23	01:23:26	MSEN
55	1455	7	MODESTO MONTEIRO	CIAA ALPENDORADA	M	56	01:23:36	M50
56	1336	35	SERGIO SANTOS	PENA TEAM	M	32	01:23:57	MSEN
57	624	36	DANIEL BARBOSA	BTT ALEGRIA / TUBANI	M	34	01:23:59	MSEN
58	1042	12	JOAO PINHEIRO	PORTO SENTIDO RUNNERS	M	47	01:24:19	M40
59	1240	2	MARIA RIBEIRO	QUEIROZ TEAM/ NOKAROL	F	48	01:24:27	F40
60	1232	37	JOAO SOUSA	FACTOR X / S4L / MEDENSE FC	M	34	01:24:38	MSEN
61	1056	38	MARCELO BARBOSA	ACTIVE GYM	M	23	01:24:42	MSEN
62	1096	8	AGOSTINHO SILVA	OSFAZCONTA	M	58	01:25:03	M50
63	1299	39	FILIPE PINTO		M	34	01:25:22	MSEN
64	1257	40	EDUARDO CARVALHO	C+ RUNNERS	M	29	01:25:24	MSEN
65	1312	41	FERNANDO AZEVEDO	KEMEDO TEAM	M	39	01:26:13	MSEN
66	1086	13	DOMINGOS GMOES	LUSOS XXI	M	48	01:26:49	M40
67	1024	42	FABIO MAIA	EQS	M	25	01:26:52	MSEN
68	1077	43	DANIEL SOUSA	BTT ALEGRIA / TUBANI	M	33	01:27:24	MSEN
69	1145	14	NUNO ALEXANDRE	NOCTURNOS DE PAREDES	M	40	01:27:52	M40
70	1055	44	HUGO FREITAS	ACTIVE GYM	M	17	01:28:25	MSEN
71	841	45	NUNO OLIVEIRA	LA ZINCO	M	31	01:28:28	MSEN
72	1340	46	ROBERTO MOREIRA	ALIANCA DE GANDRA	M	38	01:28:30	MSEN
73	1440	15	RUI MARQUES	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	43	01:28:40	M40
74	1230	3	TANIA DIAS	NOCTURNOS DE PAREDES	F	33	01:28:43	FSEN
75	1317	16	HELDER MONTEIRO	TRINCA ORELHAS DE GATO	M	40	01:28:44	M40
76	1424	47	JORGE SALDANHA		M	35	01:28:58	MSEN
77	1052	48	JORGE LOPES	ACTIVE GYM	M	16	01:28:58	MSEN
78	1169	49	JULIO SOUSA	FACTOR X / S4L / MEDENSE FC	M	32	01:30:12	MSEN
79	1347	50	PAULO SOUSA	ALIANCA DE GANDRA	M	39	01:30:52	MSEN
80	1155	51	HELDER MOREIRA	OS PRIMOS	M	27	01:31:04	MSEN
81	1105	17	JOAQUIM MOREIRA	PORTO SENTIDO RUNNERS	M	47	01:31:13	M40
82	1112	3	PAULA COUTINHO	PORTO SENTIDO RUNNERS	F	46	01:31:13	F40
83	1377	52	SERGIO NEVES	PROFISIO TEAM	M	37	01:31:21	MSEN
84	1349	53	PAULO TORRES	PENA TEAM	M	35	01:31:25	MSEN
85	1138	18	SERGIO CUNHA		M	48	01:31:26	M40
86	1185	54	JOAQUIM RIBEIRO	EQUIPOTENCIA TRAIL TEAM	M	33	01:31:27	MSEN
87	1058	4	SANDRA AZEVEDO	ACTIVE GYM	F	35	01:32:21	FSEN
88	1404	55	DIOGO CARVALHO	MCN NIGHT RUNNERS	M	29	01:32:43	MSEN
89	1320	56	LUIS MORATA	TRINCA ORELHAS DE GATO	M	30	01:32:57	MSEN
90	1372	19	SERGIO MOREIRA	AMIGOS SEM LIMITES	M	44	01:32:58	M40

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91	1170	57	RUI BARROS	FACTOR X / S4L / MEDENSE FC	M	26	01:33:07	MSEN
92	1171	58	SERGIO SOUSA	FACTOR X / S4L / MEDENSE FC	M	37	01:33:07	MSEN
93	1129	1	FATIMA NUNES	USF TS	F	51	01:33:41	F50
94	1124	20	HUGO ALMEIDA	USF TS	M	41	01:33:41	M40
95	1162	59	FERNANDO COELHO	SOMOS NOS TEAM	M	39	01:34:25	MSEN
96	1323	21	SILVIO DIAS	TRINCA ORELHAS DE GATO	M	44	01:34:30	M40
97	1318	22	ALCINO TAVARES	TRINCA ORELHAS DE GATO	M	43	01:34:36	M40
98	1205	60	PEDRO LIMA	NOCTURNOS DE PAREDES	M	36	01:34:46	MSEN
99	1344	61	MARCO MOREIRA	ALIANCA DE GANDRA	M	37	01:34:49	MSEN
100	1026	4	MARIA TEIXEIRA	PES DE CHUMBO	F	49	01:34:57	F40
101	1034	5	MARISA SOUSA	PES DE CHUMBO	F	34	01:34:57	FSEN
102	1235	62	MARCO OLIVEIRA	FACTOR X / S4L / MEDENSE FC	M	24	01:35:26	MSEN
103	1342	6	FERNANDA MACHADO	ALIANCA DE GANDRA	F	33	01:35:34	FSEN
104	1091	23	HENRIQUE SOUSA	LUSOS XXI	M	45	01:35:34	M40
105	1143	9	CARLOS PASCOAL		M	51	01:35:37	M50
106	1163	5	MINDA COELHO	SOMOS NOS TEAM	F	45	01:35:38	F40
107	1288	6	EVA SANTOS	TRAIL SRA SALTO	F	47	01:35:44	F40
108	1287	24	VITOR PEREIRA	TRAIL SRA SALTO	M	47	01:35:45	M40
109	1207	25	RICARDO SOUSA	GULPI TRAIL TEAM	M	41	01:35:54	M40
110	1199	7	FRANCELINA PEREIRA	AIRORUN	F	42	01:36:11	F40
111	1422	26	RUI AUGUSTO	MSS CONTABILIDADE	M	42	01:36:11	M40
112	1212	63	JORGE PEREIRA	CLUBE CORRIDA ARGONCILHE	M	37	01:37:02	MSEN
113	1114	8	ELIZABETE LOUREIRO	PORTO SENTIDO RUNNERS	F	43	01:37:36	F40
114	1341	64	MARCO MOREIRA	ALIANCA DE GANDRA	M	38	01:37:50	MSEN
115	1154	27	AMANDIO SOUSA	KINKIPA	M	46	01:37:55	M40
116	1374	7	TEREAS OLIVEIRA	PROFISIO TEAM	F	36	01:38:03	FSEN
117	1220	65	JOAO SOUSA		M	23	01:38:18	MSEN
118	1258	28	JOAO LOURENCO	C+ RUNNERS	M	46	01:38:25	M40
119	1356	29	RUI TEIXEIRA	REFUGIADOS COM REUMATICO	M	48	01:38:49	M40
120	1441	30	MARCO CASTRO	DOUROCONTA GABINETE DE APOIO E CONTABILIDADE	M	44	01:39:11	M40
121	1142	66	CARLOS FERNANDES		M	37	01:39:39	MSEN
122	1059	10	FERNANDO MADURO	PAREDES RUNNING	M	54	01:39:47	M50
123	1343	9	FERNANDA LEAL	ALIANCA DE GANDRA	F	47	01:39:59	F40
124	1043	10	BERTA PINHEIRO	PORTO SENTIDO RUNNERS	F	44	01:40:49	F40
125	1200	67	ANTONIO RODRIGUES	AIRORUN	M	34	01:40:52	MSEN
126	1275	68	JOSE ALVES	INDIOS DE BTTRAIL	M	29	01:40:52	MSEN
127	713	69	PAULO NEVES	CASA DOS TRABALHADORES AGUAS DO PORTO	M	39	01:41:37	MSEN
128	548	70	JOEL SILVA		M	24	01:42:51	MSEN
129	1179	71	BRUNO SOUSA	FACTOR X / S4L / MEDENSE FC	M	38	01:42:54	MSEN
130	1180	72	FABIO MOTA	FACTOR X / S4L / MEDENSE FC	M	31	01:42:54	MSEN
131	1426	8	SANDRA NUNES	MARCO RUNNERS	F	26	01:43:13	FSEN
132	1284	9	JOANA DIREITO	S. S. MONTEPIO	F	29	01:43:17	FSEN
133	1285	73	IVO MARTINS	S. S. MONTEPIO	M	35	01:43:17	MSEN
134	1089	10	RAQUEL COSTA	LUSOS XXI	F	29	01:43:23	FSEN
135	1087	74	HELDER MOTA	LUSOS XXI	M	33	01:43:24	MSEN

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
136	1237	31	JOSE ALVES	FACTOR X / S4L / MEDENSE FC	M	45	01:43:25	M40
137	1408	11	ISABEL MADUREIRA	MCN NIGHT RUNNERS	F	26	01:43:25	FSEN
138	1102	75	FILIPE CARDOSO	PORTO SENTIDO RUNNERS	M	30	01:43:29	MSEN
139	1053	12	MARIANA SOUSA	ACTIVE GYM	F	18	01:43:32	FSEN
140	1072	11	MONICA ALMEIDA	BTT ALEGRIA / TUBANI	F	43	01:43:34	F40
141	1049	2	MANUELA SOUSA	RUNNING ESPINHO	F	51	01:43:36	F50
142	1322	32	CARLOS CONDE	TRINCA ORELHAS DE GATO	M	46	01:43:54	M40
143	1321	33	MIGUEL COSTA	TRINCA ORELHAS DE GATO	M	40	01:43:56	M40
144	1190	12	PAULA MARQUES	ACTIVE GYM	F	44	01:44:22	F40
145	1311	13	MARIA MONTEIRO	QUEIROZ TEAM/ NOKAROL	F	47	01:44:50	F40
146	1407	76	BRUNO PINTO	MCN NIGHT RUNNERS	M	35	01:44:58	MSEN
147	1071	34	ARMINDO MOREIRA	AMIGOS DO SOFA	M	41	01:44:59	M40
148	1425	13	ELSA SOUSA	MCN NIGHT RUNNERS	F	27	01:45:39	FSEN
149	1399	77	FILIPE RIBEIRO	RETAGUARDA	M	34	01:47:03	MSEN
150	1225	14	ADRIANA SILVA		F	41	01:47:11	F40
151	1306	78	ANTONIO ROCHA	KITTY TEAM	M	32	01:47:28	MSEN
152	1337	79	CESAR MOREIRA	PENA TEAM	M	32	01:47:48	MSEN
153	1208	14	ALINE SIMEAO	INQUIPA TRAIL SORRISO	F	38	01:47:53	FSEN
154	1244	15	CRISTIANA BARBOSA	INQUIPA TRAIL SORRISO	F	32	01:47:53	FSEN
155	1371	80	RICARDO LEAL	AMIGOS SEM LIMITES	M	35	01:47:59	MSEN
156	1330	16	SOFIA FERREIRA		F	30	01:48:03	FSEN
157	1420	81	IGOR PEREIRA	MSS CONTABILIDADE	M	27	01:48:14	MSEN
158	1238	35	SALVADOR ROQUE	FACTOR X / S4L / MEDENSE FC	M	45	01:48:26	M40
159	1108	36	VASCO LUXO	PORTO SENTIDO RUNNERS	M	47	01:49:07	M40
160	1359	37	FERNANDO SANTOS	REFUGIADOS COM REUMATICO	M	40	01:49:13	M40
161	1227	11	ABILIO NEVES	EQUIPOTENCIA TRAIL TEAM	M	58	01:49:14	M50
162	1387	82	LUIS OLIVEIRA		M	29	01:49:15	MSEN
163	1409	83	ANDRE MOREIRA	FCALIVIADA TRAIL RUNNERS	M	26	01:49:28	MSEN
164	625	84	CARLOS VIEIRA	BTT ALEGRIA / TUBANI	M	25	01:49:50	MSEN
165	1329	85	HELDER RODRIGUES	TREPATRILHOS TRAILTEAM	M	38	01:49:51	MSEN
166	1357	15	BENVINDA PINTO	REFUGIADOS COM REUMATICO	F	45	01:50:46	F40
167	688	86	ANDRE FREITAS	EQUIPOTENCIA TRAIL TEAM	M	31	01:50:59	MSEN
168	1070	3	GLORIA SANTOS	ARCORUN	F	58	01:51:04	F50
169	1050	87	ORLANDO VIEIRA	ACTIVE GYM	M	34	01:51:06	MSEN
170	1260	16	CARLA SANTOS	QUEIROZ TEAM/ NOKAROL	F	43	01:51:22	F40
171	1209	88	ANDRE FERREIRA		M	28	01:51:33	MSEN
172	1094	89	LUIS SOARES	LUSOS XXI	M	21	01:51:37	MSEN
173	1088	17	JOAO CARVALHO	LUSOS XXI	F	36	01:51:37	FSEN
174	1369	18	CLARA TEIXEIRA	AMIGOS SEM LIMITES	F	31	01:51:40	FSEN
175	1370	19	LILIANA LOUREIRO	AMIGOS SEM LIMITES	F	38	01:51:41	FSEN
176	1051	90	BRUNO RODRIGUES	ACTIVE GYM	M	32	01:51:53	MSEN
177	1210	91	VITOR SOUSA		M	28	01:51:54	MSEN
178	1153	20	EVA MOREIRA	NOCTURNOS DE PAREDES	F	33	01:52:00	FSEN
179	1176	92	VITOR MOREIRA	FACTOR X / S4L / MEDENSE FC	M	30	01:52:22	MSEN
180	1172	93	FERNANDO DELINDRO	FACTOR X / S4L / MEDENSE FC	M	30	01:52:22	MSEN

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181	1054	4	ZIRA BARROS	ACTIVE GYM	F	59	01:52:32	F50
182	1125	21	SABRINA PEDONE	USF TS	F	36	01:52:36	FSEN
183	1319	38	SERGIO ROCHA	TRINCA ORELHAS DE GATO	M	44	01:52:46	M40
184	1416	22	SUSANA DANADOS	DANADOS	F	36	01:52:48	FSEN
185	1363	39	PEDRO SILVA	AMIGOS SEM LIMITES	M	42	01:52:51	M40
186	1177	94	NUNO CORREIA	FACTOR X / S4L / MEDENSE FC	M	37	01:52:53	MSEN
187	1201	23	ROSA PEREIRA	AIRORUN	F	35	01:53:02	FSEN
188	1267	95	ANDRE CUNHA	CUNHAX	M	20	01:53:03	MSEN
189	1255	24	SANDRA MACHADO	NOCTURNOS DE PAREDES	F	36	01:53:10	FSEN
190	1392	25	MARIA MOUTINHO	NOCTURNOS DE PAREDES	F	37	01:53:10	FSEN
191	1183	96	DANIEL SILVA	FUGITIVOS URBANOS CLINICA + SAUDE	M	32	01:53:45	MSEN
192	1182	26	VERA MENDES	FUGITIVOS URBANOS CLINICA + SAUDE	F	33	01:53:50	FSEN
193	1188	97	VITOR SOUSA	EQUIPOTENCIA TRAIL TEAM	M	31	01:53:59	MSEN
194	1057	98	RUI SILVA	ACTIVE GYM	M	20	01:54:26	MSEN
195	1144	99	NUNO SILVA		M	22	01:55:09	MSEN
196	1373	27	SUSANA FERREIRA	PROFISIO TEAM	F	31	01:56:32	FSEN
197	1116	40	JOSE RICARDO	PORTO SENTIDO RUNNERS	M	44	01:56:32	M40
198	1111	5	LURDES CONCEICAO	PORTO SENTIDO RUNNERS	F	53	01:56:32	F50
199	1271	100	PEDRO MOTA	TREPATRILHOS TRAILTEAM	M	13	01:56:33	MSEN
200	1136	41	PAULO TAVARES	TREPATRILHOS TRAILTEAM	M	48	01:56:34	M40
201	1067	28	CATIA OLIVEIRA	AMIGOS DO PEDAL TRAILAGARES	F	30	01:57:04	FSEN
202	1305	29	ANA SILVA	KITTY TEAM	F	28	01:57:28	FSEN
203	1350	30	LUCIANA CAMILO	MOINHOS RUN ADRM	F	31	01:57:31	FSEN
204	1150	101	FRANCISCO MARQUES	NOCTURNOS DE PAREDES	M	11	01:57:49	MSEN
205	1394	102	VASCO MONTEIRO	NOCTURNOS DE PAREDES	M	11	01:57:50	MSEN
206	1149	42	HUGO MARQUES	NOCTURNOS DE PAREDES	M	40	01:57:53	M40
207	1098	31	BRIGIDA DUARTE	OSFAZCONTA	F	38	01:58:30	FSEN
208	1259	32	BEBIANA SILVA	MARCO TRAIL	F	29	01:58:31	FSEN
209	1202	17	DEOLINDA PEREIRA	AIRORUN	F	44	01:58:50	F40
210	1335	43	FRANCISCO OLIVEIRA	TREPATRILHOS TRAILTEAM	M	47	01:58:51	M40
211	1224	103	PEDRO SILVA		M	31	01:59:28	MSEN
212	1293	33	CARLA COELHO		F	34	01:59:40	FSEN
213	1294	44	MANUEL COUTO		M	44	01:59:40	M40
214	1023	34	CARLA SILVA	EQS	F	22	01:59:44	FSEN
215	1213	35	NATACHA PAIVA		F	27	01:59:45	FSEN
216	1039	6	MAE MINA		F	60	02:00:35	F50
217	1435	104	JORGE MENDES	SO DESCIDAS	M	25	02:00:35	MSEN
218	1192	105	RUI VALENTE		M	34	02:00:35	MSEN
219	1122	36	VERONICA VIEIRA	REFUGIADOS COM REUMATICO	F	35	02:01:18	FSEN
220	1120	106	NUNO FREITAS	REFUGIADOS COM REUMATICO	M	36	02:01:18	MSEN
221	1117	107	ANDRE PINHO	REFUGIADOS COM REUMATICO	M	38	02:01:18	MSEN
222	1198	37	SONIA PEREIRA	AIRORUN	F	38	02:01:20	FSEN
223	1256	108	PEDRO LOPES	C+ RUNNERS	M	33	02:02:04	MSEN
224	1080	7	MARINHA MOREIRA	FUGITIVOS URBANOS CLINICA + SAUDE	F	52	02:03:38	F50
225	1152	109	FILIPE JESUS	NOCTURNOS DE PAREDES	M	35	02:03:43	MSEN

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
226	1085	38	SOFIA COELHO	FUGITIVOS URBANOS CLINICA + SAUDE	F	26	02:03:52	FSEN
227	1331	8	MARIA RIBEIRO		F	54	02:04:03	F50
228	1060	45	ANTERO BESSA	PAREDES RUNNING	M	43	02:04:23	M40
229	1430	46	CARLOS CUNHA	SO DESCIDAS	M	41	02:04:24	M40
230	1429	39	MARTA OLIVEIRA	SO DESCIDAS	F	33	02:04:24	FSEN
231	1339	18	NATALIA MOREIRA	ALIANCA DE GANDRA	F	40	02:04:24	F40
232	1027	40	ELISETE FERREIRA	I.S.C. SOBREIRENSE	F	27	02:05:42	FSEN
233	1405	41	HELENA MOREIRA	MCN NIGHT RUNNERS	F	27	02:05:53	FSEN
234	1040	47	ANTONIO BARROS		M	41	02:06:01	M40
235	1140	110	AGOSTINHO BARROS	UNIAO DESPORTIVA ESTRELAS DE RIO MAU	M	35	02:06:01	MSEN
236	1141	42	ELISABETE ROCHA	UNIAO DESPORTIVA ESTRELAS DE RIO MAU	F	35	02:06:02	FSEN
237	1041	43	SONIA MOREIRA		F	38	02:06:02	FSEN
238	1324	111	PEDRO FERREIRA	FACTOR X / S4L / MEDENSE FC	M	37	02:06:36	MSEN
239	1423	44	MONICA SOFIA	BEAT YOUR LIMIT	F	36	02:06:36	FSEN
240	1313	45	ANA FERNANDES		F	27	02:06:43	FSEN
241	1289	46	DIANA NEVES		F	28	02:06:43	FSEN
242	1266	48	RAUL CUNHA	CUNHAX	M	48	02:06:59	M40
243	1181	49	FILIPE FONSECA	FACTOR X / S4L / MEDENSE FC	M	40	02:07:02	M40
244	1391	47	SONIA SOUSA		F	36	02:07:02	FSEN
245	1325	112	RICARDO ALEXANDRE	FACTOR X / S4L / MEDENSE FC	M	37	02:07:04	MSEN
246	1456	48	FATIMA FREITAS		F	36	02:07:05	FSEN
247	1107	19	SANDRA CARVALHO	PORTO SENTIDO RUNNERS	F	44	02:07:06	F40
248	1106	49	SARA NUNES	PORTO SENTIDO RUNNERS	F	38	02:07:07	FSEN
249	1028	113	FILIPE GONCALVES	INDIOS DE BTTRAIL	M	31	02:07:12	MSEN
250	1029	50	FILIPA CARDOSO	INDIOS DE BTTRAIL	F	31	02:07:12	FSEN
251	1064	51	RAQUEL SOUSA	INDIOS DE BTTRAIL	F	30	02:07:13	FSEN
252	1063	114	ANDRE RODRIGUES	INDIOS DE BTTRAIL	M	32	02:07:15	MSEN
253	1133	12	JOSE CARODOSO	INDIOS DE BTTRAIL	M	54	02:07:52	M50
254	1274	52	SILVIA LEO		F	30	02:08:00	FSEN
255	1279	53	ALICE TABORDA	TOO STUPID TO STOP	F	26	02:08:04	FSEN
256	1248	115	JORGE COSTA	TREPATRILHOS TRAILTEAM	M	29	02:08:33	MSEN
257	1388	116	PAULO CARVALHO		M	30	02:08:36	MSEN
258	1048	54	DIANA PAIVA		F	27	02:09:13	FSEN
259	1386	55	FERNANDA CASTELO		F	34	02:09:14	FSEN
260	1263	50	PAULO CUNHA	PATAS NEGRAS	M	48	02:09:24	M40
261	1376	56	VANESSA MENDES	PROFISIO TEAM	F	27	02:09:52	FSEN
262	1099	57	ADRIANA DUARTE	OSFAZCONTA	F	33	02:09:53	FSEN
263	1221	58	ANA MOREIRA		F	29	02:09:54	FSEN
264	1194	59	TERESA MAIAS		F	32	02:09:54	FSEN
265	1432	60	CARLA ALVES	SO DESCIDAS	F	39	02:10:01	FSEN
266	1222	61	SONIA PINTO	HAITOMBOS TEAM	F	30	02:10:02	FSEN
267	1433	117	CESAR COELHO	SO DESCIDAS	M	31	02:10:02	MSEN
268	1428	62	LILIANA LOPES	SO DESCIDAS	F	34	02:10:02	FSEN
269	1427	118	ISOLINO COELHO	SO DESCIDAS	M	31	02:10:03	MSEN
270	1431	51	PAULO BARBOSA	SO DESCIDAS	M	41	02:10:03	M40

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
271	1135	119	SILVIO SILVA		M	33	02:10:08	MSEN
272	1134	63	ANDREIA ROCHA		F	29	02:10:09	FSEN
273	1251	13	EMIDIO MONTEIRO		M	53	02:10:25	M50
274	1250	120	FILIPTE TEIXEIRA		M	38	02:10:26	MSEN
275	1300	121	TIAGO MAGALHAES		M	29	02:10:52	MSEN
276	1148	64	TANIA FERREIRA	NOCTURNOS DE PAREDES	F	27	02:10:52	FSEN
277	1449	65	ALEXANDRA CASTRO		F	38	02:10:56	FSEN
278	1401	122	HENRIQUE ROCHA	RETAGUARDA	M	32	02:11:00	MSEN
279	1281	66	ANA ROCHA		F	32	02:11:11	FSEN
280	1115	52	CLAUDIO CERQUEIRA	PORTO SENTIDO RUNNERS	M	41	02:11:11	M40
281	1109	20	TERESA MOREIRA	PORTO SENTIDO RUNNERS	F	47	02:11:11	F40
282	1236	123	JOSE NUNES	FACTOR X / S4L / MEDENSE FC	M	36	02:11:12	MSEN
283	1381	67	ERMELINDA ADAO		F	28	02:11:12	FSEN
284	1147	68	ANDREIA SILVA	NOCTURNOS DE PAREDES	F	29	02:11:14	FSEN
285	1234	53	VITOR SOUSA	FACTOR X / S4L / MEDENSE FC	M	43	02:11:15	M40
286	1196	69	CLAUDIA COSTA	TREPATRILHOS TRAILTEAM	F	35	02:11:53	FSEN
287	1382	124	PEDRO MONTEIRO		M	27	02:11:56	MSEN
288	1101	70	HELENA MOREIRA	PORTO SENTIDO RUNNERS	F	33	02:13:45	FSEN
289	1073	71	CRISTINA NEVES	BTT ALEGRIA / TUBANI	F	33	02:13:48	FSEN
290	1076	72	PAULA SILVA	BTT ALEGRIA / TUBANI	F	36	02:14:54	FSEN
291	1139	21	ANGELA GRACA		F	48	02:15:17	F40
292	679	125	PEDRO RODRIGUES	GONDOMAR FUTSAL CLUBE	M	33	02:15:18	MSEN
293	1110	73	LISA PEREIRA	PORTO SENTIDO RUNNERS	F	36	02:15:41	FSEN
294	1345	74	SARA BARBOSA	ALIANCA DE GANDRA	F	35	02:16:33	FSEN
295	1291	75	ALEXANDRA RIBEIRO		F	38	02:16:56	FSEN
296	1292	54	JOSE PINHEIRO		M	43	02:16:57	M40
297	1316	76	ISABEL SANTOS	CAIPICOMPANY	F	39	02:18:21	FSEN
298	1457	126	PAULO CAMPOS		M	39	02:18:21	MSEN
299	1253	77	SANDRA VITORIA		F	39	02:18:49	FSEN
300	1264	55	MANUEL CARVALHO		M	45	02:18:50	M40
301	1252	78	TELMA LEITE		F	30	02:20:09	FSEN
302	1451	79	PAULA SILVA	LA ZINCO	F	28	02:21:18	FSEN
303	1450	80	ANDREIA CARVALHO	LA ZINCO	F	35	02:21:18	FSEN
304	1031	9	ANA PAIVA		F	57	02:21:35	F50
305	1368	127	TO FARIA	AMIGOS SEM LIMITES	M	37	02:21:49	MSEN
306	1367	81	VERA SILVA	AMIGOS SEM LIMITES	F	35	02:21:49	FSEN
307	1361	82	CLAUDIA SILVA	AMIGOS SEM LIMITES	F	29	02:21:49	FSEN
308	1360	128	ALCINO SILVA	AMIGOS SEM LIMITES	M	31	02:21:49	MSEN
309	1166	22	FATIMA RAMOS		F	43	02:23:01	F40
310	1165	10	ROSA SOARES		F	52	02:23:01	F50
311	1164	83	LUISA ROCHA		F	34	02:23:01	FSEN
312	1353	84	INES CORREIA	REFUGIADOS COM REUMATICO	F	18	02:24:15	FSEN
313	1355	85	HELENA FERREIRA	REFUGIADOS COM REUMATICO	F	16	02:24:35	FSEN
314	1352	86	JULIANA MOTA	REFUGIADOS COM REUMATICO	F	32	02:24:35	FSEN
315	1030	87	ANA CAETANO		F	22	02:24:36	FSEN

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
316	1453	88	MARIA PINTO	LA ZINCO	F	23	02:24:37	FSEN
317	1282	89	TANIA REBELO	S. S. MONTEPIO	F	35	02:24:37	FSEN
318	1160	90	VANIA OLIVEIRA	TRAIL SRA SALTO	F	28	02:24:57	FSEN
319	656	91	HELENA BENFEITO	TREPATRILHOS TRAILTEAM	F	31	02:25:04	FSEN
320	1137	23	MARIA SOUSA	TREPATRILHOS TRAILTEAM	F	49	02:25:06	F40
321	1444	129	JOAO CARDOSO	EQS	M	30	02:26:26	MSEN
322	1443	92	ANA OLIVEIRA	EQS	F	27	02:26:26	FSEN
323	1211	130	BRUNO SOUSA	GULPI TRAIL TEAM	M	34	02:26:33	MSEN
324	1241	131	BRUNO TAVARES	GULPI TRAIL TEAM	M	33	02:26:33	MSEN
325	1396	56	JOSE PEREIRA	NOCTURNOS DE PAREDES	M	40	02:26:39	M40
326	1397	93	PATRICIA ALVES	NOCTURNOS DE PAREDES	F	39	02:26:40	FSEN
327	1310	94	ISABEL SANTOS		F	37	02:27:23	FSEN
328	1315	132	MIGUEL FERREIRA	CAIPICOMPANY	M	37	02:27:23	MSEN
329	1411	24	CRISTINA PINTO		F	40	02:27:26	F40
330	1283	133	RUI REBELO	S. S. MONTEPIO	M	38	02:27:27	MSEN
331	1184	95	MICAELA SANTOS	EQUIPOTENCIA TRAIL TEAM	F	31	02:27:29	FSEN
332	1187	96	ANGELA SILVA	EQUIPOTENCIA TRAIL TEAM	F	25	02:27:29	FSEN
333	1338	97	ANA MOREIRA	ALIANCA DE GANDRA	F	25	02:28:01	FSEN
334	1402	98	SUSANA ALBUQUERQUE		F	38	02:33:28	FSEN
335	1066	99	ALICE SILVA	AMIGOS DO PEDAL TRAILAGARES	F	34	02:33:55	FSEN
336	1297	100	RAQUEL MOUTINHO	DRAGON RUNNERS	F	37	02:33:56	FSEN
337	1296	57	LUIS MOUTINHO	DRAGON RUNNERS	M	42	02:33:56	M40
338	1100	134	JORGE SILVA	OSFAZCONTA	M	37	02:34:07	MSEN
339	1415	25	ELSA DIAS	DANADOS	F	42	02:34:17	F40
340	1414	101	ANITA SILVA	DANADOS	F	34	02:34:18	FSEN
341	1375	58	RUI ALMEIDA	PROFISIO TEAM	M	44	02:34:23	M40
342	1378	102	SUSANA AGUIAR	PROFISIO TEAM	F	37	02:34:23	FSEN
343	1216	103	NIDIA COSTA	CENTURY21 MAXIS	F	23	02:37:27	FSEN
344	1217	59	ANTONIO MENDES	CENTURY21 MAXIS	M	40	02:37:27	M40
345	1214	104	CATARINA SILVA	OSFAZCONTA	F	32	02:37:32	FSEN
346	1061	26	MANUELA VELOSO		F	43	02:40:08	F40
347	1062	60	JOSE MESQUITA		M	49	02:40:08	M40
348	1354	105	CATARINA SOARES	REFUGIADOS COM REUMATICO	F	19	02:42:31	FSEN
349	1159	106	FLAVIA NOGUEIRA	TRAIL SRA SALTO	F	23	02:42:31	FSEN
350	1351	107	ANA ROCHA	REFUGIADOS COM REUMATICO	F	36	02:42:31	FSEN
351	1452	108	JOANA FERREIRA	LA ZINCO	F	18	02:44:03	FSEN
352	1447	109	LUISA SOARES	BTT ALEGRIA / TUBANI	F	30	02:44:29	FSEN
353	1268	110	CARLA MARUJO		F	39	02:47:19	FSEN
354	1269	135	EDUARDO FERREIRA		M	37	02:47:20	MSEN
355	1393	61	ALBANO MONTEIRO	NOCTURNOS DE PAREDES	M	45	02:48:31	M40
356	1395	27	MONICA MONTEIRO	NOCTURNOS DE PAREDES	F	41	02:48:33	F40
357	1161	14	SERGIO REIS	GENEROSOS RUNNERS	M	54	02:54:04	M50
358	528	28	CARLA GOMES	GENEROSOS RUNNERS	F	40	02:54:05	F40
359	1151	111	RAFAELA MARQUES	NOCTURNOS DE PAREDES	F	29	02:54:05	FSEN
360	1093	1	CAMINHADA	LUSOS XXI	M	0	02:55:20	Caminhada

Class.	Dorsal	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
361	1379	112	DANIELA SILVA		F	27	02:57:14	FSEN
362	1332	113	ANA CARNEIRO		F	18	02:57:14	FSEN
363	1247	2	CAMINHADA		M	0	02:57:23	Caminhada
364	1410	114	MARISA FERREIRA		F	38	02:58:41	FSEN
365	1245	62	PEDRO SOUSA	TREPATRILHOS TRAILTEAM	M	48	03:01:02	M40
366	1195	29	FATIMA COSTA	TREPATRILHOS TRAILTEAM	F	46	03:01:04	F40
367	805	115	MARLENE BATISTA	REFUGIADOS COM REUMATICO	F	37	03:01:34	FSEN
368	1218	116	PAULA SOUSA	CENTURY21 MAXIS	F	32	03:04:40	FSEN
369	1243	136	PEDRO DIAS	CENTURY21 MAXIS	M	30	03:04:40	MSEN
370	1262	117	MARTA BARROS	CENTURY21 MAXIS	F	26	03:04:41	FSEN
371	1309	63	VITOR AREIAS	PARABENS PAULA	M	43	03:05:29	M40
372	1226	137	PEDRO MAIA	PARABENS PAULA	M	32	03:05:29	MSEN
373	1308	30	MANELA DIAS	PARABENS PAULA	F	41	03:05:32	F40
374	1118	3	CAMINHADA	REFUGIADOS COM REUMATICO	M	0	03:32:39	Caminhada
375	1119	4	CAMINHADA	REFUGIADOS COM REUMATICO	M	0	03:32:39	Caminhada
376	635	64	AVELINO RODRIGUES	PORTO SENTIDO RUNNERS	M	43	04:39:08	M40
377	634	65	MIGUEL PEREIRA	PORTO SENTIDO RUNNERS	M	40	04:39:08	M40