Trail Broa de Avintes
Gaia, PT
13-October-2019

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	17.6ºC	71%
End	12:19	17.6ºC	71%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	769	Mexilhão da Montanha	Mexilhão da Montanha	01:14:48		04:59	
2	762	Ricardo Silva	SC Espinho -Atletismo /Antônio Leitao	01:16:23	+01:35	05:06	
3	775	Daniel Santos	Numcorrasnao	01:16:31	+01:43	05:06	
4	724	João Ribeiro	Manu's Therapy Trail Running	01:17:31	+02:43	05:10	
5	632	Rui Sousa	RunRiver - Escola Atletismo de Rio TInto	01:17:49	+03:01	05:11	
6	766	Carlos Vizela	Individual	01:18:15	+03:27	05:13	
7	539	Hermenegildo Mendes	Individual	01:20:38	+05:50	05:23	
8	693	David Tavares	RunRiver - Escola Atletismo de Rio TInto	01:22:51	+08:03	05:31	
9	767	Rui Costa	Hora do Lobo Trail - CF Perosinho Atletismo	01:23:04	+08:16	05:32	
10	510	PETER	Gaia Running	01:23:12	+08:24	05:33	
11	772	Carlos	Aliança Gandra	01:23:46	+08:58	05:35	
12	660	Carlos sousa	Devasta Trilhos	01:24:26	+09:38	05:38	
13	661	Eduardo Xavier	Devasta Trilhos	01:26:04	+11:16	05:44	
14	62	Paulo Campos	Hora do Lobo Trail - CF Perosinho Atletismo	01:26:19	+11:31	05:45	
15	738	Octavio Sousa	Individual	01:29:12	+14:24	05:57	
16	513	RICARDO PEREIRA	#atéchoras	01:29:47	+14:59	05:59	
17	791	José Sousa	Hora do Lobo Trail - CF Perosinho Atletismo	01:29:49	+15:01	05:59	
18	541	Luis Gonçalves	AMIGOS DO TRAIL	01:30:14	+15:26	06:01	
19	575	Nuno Teixeira	Fiães Running	01:30:45	+15:57	06:03	
20	540	Edgar Azenha	Individual	01:30:48	+16:00	06:03	
21	532	Jose Morais	AMIGOS DO ATLETISMO MAGNA	01:30:52	+16:04	06:03	
22	624	Hugo Pinto	Individual	01:32:40	+17:52	06:11	
23	752	Celso Gomes	Juventude Cortegacense	01:32:44	+17:57	06:11	
24	774	Fernanda machado	Aliança Gandra	01:32:54	+18:06	06:12	
25	530	Luis Ribeiro	Individual	01:32:54	+18:06	06:12	
26	768	Paulo Moreira	street & trail runners	01:33:15	+18:27	06:13	
27	594	Vitor Oliveira	MASS Kids	01:33:22	+18:34	06:13	
28	587	VERA LEITE	Fiães Running	01:33:51	+19:03	06:15	
29	725	Marta	Juventude Cortegacense	01:33:52	+19:04	06:15	
30	722	VALTER PINHO	Fiães Running	01:33:53	+19:05	06:16	
31	667	Jose Pirata	Equipa A	01:33:54	+19:06	06:16	
32	797	Nélson Marques	Individual	01:34:28	+19:40	06:18	
33	572	Joel Marques	Groz-Beckert running	01:35:40	+20:52	06:23	
34	517	Ricardo Loureiro	Individual	01:35:44	+20:56	06:23	
35	692	José Gonçalves	Individual	01:36:24	+21:36	06:26	
36	569	Manuela Monteiro	Corre Caraças	01:36:46	+21:58	06:27	
37	656	Tiago Magalhães	Grupo de Corrida de Argoncilhe	01:37:13	+22:25	06:29	
38	642	Vitor Moreira	Geocrosstrail	01:37:50	+23:02	06:31	
39	770	Paulo	Aliança Gandra	01:38:11	+23:23	06:33	
40	604	Sergio Fernandes	Just Run 4 Fun	01:39:48	+25:00	06:39	
41	528	António Gomes	Individual	01:39:56	+25:08	06:40	
42	790	Rosa Teixeira	Hora do Lobo Trail - CF Perosinho Atletismo	01:40:00	+25:12	06:40	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	610	Isaac Batista Pereira	Individual	01:40:30	+25:42	06:42	
44	600	Rui Teixeira	#atéchoras	01:42:13	+27:25	06:49	
45	608	Marisa Pereira	Kalenji Team by Decathlon	01:42:28	+27:40	06:50	
46	588	LEANDRO MATOS	AMIGOS DO TRAIL	01:42:35	+27:47	06:50	
47	593	PAULO FERREIRA	AMIGOS DO TRAIL	01:42:36	+27:48	06:50	
48	803	José Mendes	Individual	01:42:48	+28:00	06:51	
49	514	João Resende	Invicta Runners Team	01:42:49	+28:01	06:51	
50	590	PEDRO SILVA	AMIGOS DO TRAIL	01:42:51	+28:03	06:51	
51	776	André Paiva	Numcorrasnao	01:43:17	+28:29	06:53	
52	698	João Silva	Trilhacolorida	01:43:22	+28:34	06:54	
53	589	VERA PINHO	AMIGOS DO TRAIL	01:43:27	+28:39	06:54	
54	777	Diogo Silva	Numcorrasnao	01:43:36	+28:48	06:54	
55	787	Celeste moreira	street & trail runners	01:43:50	+29:02	06:55	
56	718	David Martins	A20s Javalis Trail Team	01:43:50	+29:02	06:55	
57	754	Miguel Morais	#cabrasdomonte	01:44:16	+29:28	06:57	
58	730	Sandra Ferreira	Individual	01:45:11	+30:23	07:01	
59	789	Edgar Cunha	Individual	01:45:56	+31:08	07:04	
60	763	Hugo Santos	Individual	01:46:40	+31:52	07:07	
61	760	Pedro Marques	Individual	01:46:45	+31:57	07:07	
62	685	Vanessa Borja	Atlético Desportivo de São Pedro	01:46:52	+32:04	07:07	
63	733	José Barbosa	Clube Pessoal Aguas Gaia	01:47:11	+32:23	07:09	
64	646	Fábio Gomes	#atéchoras	01:47:59	+33:11	07:12	
65	637	Rui Castro	FORMAÇÃO TARTARUGA	01:48:21	+33:34	07:13	
66	634	Limpa Fundos	Formação Tartaruga	01:48:22	+33:34	07:13	
67	37	Paulo Vaz	Individual	01:48:22	+33:34	07:14	
68	756	Serginho	Hora do Lobo Trail - CF Perosinho Atletismo	01:48:25	+33:38	07:14	
69	753	Paulo pereira	Individual	01:48:27	+33:39	07:14	
70	571	EMANUEL GONÇALVES	Corre Caraças	01:48:30	+33:42	07:14	
71	570	CATIA BRÁS	Corre Caraças	01:48:30	+33:42	07:14	
72	795	Nau Neiva	Gansos	01:49:10	+34:22	07:17	
73	714	Duarte Malheiro	Hjk Gaia	01:49:17	+34:29	07:17	
74	746	Hugo Azevedo	Just trail 4 fun	01:49:30	+34:42	07:18	
75	655	Nilda Magalhaes	Casa da costura/fisiocorpus/citybaik	01:49:31	+34:43	07:18	
76	723	Marcio pinto	Individual	01:50:03	+35:15	07:20	
77	739	Elisabete Leal	Individual	01:50:22	+35:34	07:21	
78	677	Pedro Morais	Pereira team	01:50:23	+35:35	07:22	
79	761	André Sobral	Individual	01:51:02	+36:14	07:24	
80	713	Manu Pinto	Manu's Therapy Trail Running	01:51:22	+36:34	07:25	
81	34	João Almeida	Individual	01:51:26	+36:38	07:26	
82	583	Cleia Lima	Individual	01:51:27	+36:39	07:26	
83	611	Nuno Maio	#atéchoras	01:51:44	+36:56	07:27	
84	734	Jorge Santos	Clube Pessoal Aguas Gaia	01:52:01	+37:13	07:28	
85	650	Jorge Moreira	Geocrosstrail	01:52:12	+37:24	07:29	
86	504	Álvaro Pereira	#atéchoras	01:52:14	+37:26	07:29	
87	597	Ivo Bras	ADT	01:52:15	+37:27	07:29	
88	596	Ze Antunes	ADT	01:52:15	+37:27	07:29	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	663	Filipe Couto	Junkie	01:52:19	+37:31	07:29	
90	599	Tiago Pereira	RUNNING ESPINHO	01:52:19	+37:31	07:29	
91	728	Bruno Monteiro	Individual	01:52:45	+37:57	07:31	
92	502	GABRIELA MADEIRA	#MIRRAS	01:52:51	+38:04	07:31	
93	804	Rui Sá	FIT GAIA TRAIL	01:54:08	+39:20	07:37	
94	603	Carlos Pinto	Clube Vodafone	01:54:21	+39:33	07:37	
95	5	Jose Cardoso	Individual	01:54:22	+39:34	07:37	
96	617	Rita	Gang da Areosa	01:54:48	+40:00	07:39	
97	618	Fabio	Gang da Areosa	01:54:48	+40:00	07:39	
98	717	Carlos Lancha	RUNNING ESPINHO	01:55:13	+40:25	07:41	
99	710	André Belinha	Individual	01:55:19	+40:31	07:41	
100	651	Sara Moreira	Geocrosstrail	01:56:07	+41:19	07:44	
101	729	Teixeira	Individual	01:56:07	+41:19	07:44	
102	636	Ricardo A. Silva Sousa	FIT GAIA TRAIL	01:56:09	+41:21	07:45	
103	574	Mário Pereira	Individual	01:56:18	+41:30	07:45	
104	601	Vitor Osório	#atéchoras	01:56:46	+41:58	07:47	
105	515	Antonio Frazao	A20s Javalis Trail Team	01:57:26	+42:38	07:50	
106	683	André Ferraz	Dragões do Mato	01:57:35	+42:47	07:50	
107	647	Paulo Pinheiro	Dragões do Mato	01:57:36	+42:48	07:50	
108	605	Ricardo Moreira	Individual	01:58:04	+43:16	07:52	
109	794	Carla Cruz	Gaia Running	01:58:14	+43:26	07:53	
110	576	Ricardo Bento	RUNNING ESPINHO	01:58:14	+43:26	07:53	
111	689	Rui Gomes	Just Run 4 Fun	01:59:06	+44:18	07:56	
112	732	Manuel Santiago	Clube Pessoal Aguas Gaia	01:59:06	+44:18	07:56	
113	757	Nelson Miguel	Individual	01:59:19	+44:31	07:57	
114	592	ANDRÉS FERREIRA	AMIGOS DO TRAIL	02:00:06	+45:18	08:00	
115	591	PEDRO ALMEIDA	AMIGOS DO TRAIL	02:00:06	+45:18	08:00	
116	522	Sofia Ferreira	Individual	02:00:09	+45:21	08:01	
117	670	José Silva	Dragões do Mato	02:00:28	+45:40	08:02	
118	671	Miguel Silva	Dragões do Mato	02:00:30	+45:42	08:02	
119	779	David	Os Indomáveis	02:01:14	+46:26	08:05	
120	518	Manuel Moreira	BIG SMILE TEAM	02:02:00	+47:12	08:08	
121	534	Bruno Nunes	Individual	02:02:55	+48:07	08:12	
122	535	Sandra Roque	Individual	02:02:55	+48:08	08:12	
123	796	Marta Pinto	Individual	02:03:03	+48:15	08:12	
124	798	César Rocha	Individual	02:03:03	+48:15	08:12	
125	623	Nuno Teixeira	Individual	02:03:25	+48:37	08:14	
126	726	CARLA	NOCTURNOS DE PAREDES	02:03:30	+48:43	08:14	
127	727	MARIA	NOCTURNOS DE PAREDES	02:03:31	+48:43	08:14	
128	741	Daniel Silva	NOCTURNOS DE PAREDES	02:03:31	+48:43	08:14	
129	688	José Alves	Individual	02:03:32	+48:44	08:14	
130	780	Zé	Os Indomáveis	02:03:41	+48:53	08:15	
131	664	Tânia	Dragões do Mato	02:03:51	+49:03	08:15	
132	635	Sandra Pavão	Dragões do Mato	02:03:52	+49:04	08:15	
133	764	João Santos	Gang da Areosa	02:04:17	+49:29	08:17	
134	620	Maximo	Gang da Areosa	02:04:18	+49:30	08:17	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	682	Cláudia Hortênsio	Gang Mê Primo	02:04:25	+49:37	08:18	
136	684	Rui Levy	Individual	02:04:53	+50:05	08:20	
137	643	Paula Almeida	Geocrosstrail	02:05:04	+50:16	08:20	
138	668	Carlos Pereira	Individual	02:05:07	+50:19	08:20	
139	680	ALCIDIO	Individual	02:05:17	+50:29	08:21	
140	602	Bernardo Santos	Clube Vodafone	02:06:15	+51:27	08:25	
141	681	Diogo Santos	Mafamude	02:07:34	+52:46	08:30	
142	622	Fábio Vaz	Individual	02:07:46	+52:58	08:31	
143	719	Romy	Individual	02:07:50	+53:02	08:31	
144	633	Abel Gonçalves	Individual	02:08:19	+53:31	08:33	
145	606	Pinheiro	SiM Summit	02:08:42	+53:54	08:35	
146	558	Lena	ARRASTASSOLAS	02:08:52	+54:04	08:36	
147	721	Pexa	Individual	02:09:29	+54:41	08:38	
148	720	Valente	RUNNING ESPINHO	02:09:29	+54:41	08:38	
149	527	Vítor Tomé	Individual	02:10:26	+55:38	08:42	
150	521	João Domingues	Riomea/ Santa Maria Da Feira	02:10:27	+55:39	08:42	
151	511	Marlene Ferreira	CLUBE ATLETISMO DE LAMAS	02:10:36	+55:48	08:42	
152	786	Samanta maia	CLUBE ATLETISMO DE LAMAS	02:10:36	+55:48	08:42	
153	507	Teresa Tavares	CLUBE ATLETISMO DE LAMAS	02:10:36	+55:48	08:42	
154	612	Duarte Alves	Individual	02:10:37	+55:49	08:42	
155	745	Abilio Silva	Individual	02:11:51	+57:03	08:47	
156	512	Susana Pereira	#atéchoras	02:12:04	+57:16	08:48	
157	614	Ivo	Gang da Areosa	02:12:05	+57:17	08:48	
158	747	José Sarilho	Gang da Areosa	02:12:08	+57:20	08:49	
159	676	Ana Vieira	Individual	02:12:37	+57:49	08:50	
160	659	Ricardo Silva	Correr no Futuro	02:12:37	+57:49	08:50	
161	542	Nuno Rocha	Individual	02:12:43	+57:55	08:51	
162	658	Tiago Pinto	Dragões do Mato	02:12:44	+57:56	08:51	
163	758	João Colónia	Colónia	02:13:31	+58:43	08:54	
164	641	Vânia Ferreira	MCCB Running	02:13:45	+58:57	08:55	
165	759	António Colónia	Colónia	02:13:45	+58:57	08:55	
166	697	António Dias	Individual	02:13:57	+59:09	08:56	
167	737	Miguel Costa	XtrilhosTeam	02:14:21	+59:34	08:57	
168	673	VITOR CARVALHO	XtrilhosTeam	02:14:31	+59:43	08:58	
169	735	Silverio Santos	Clube Pessoal Aguas Gaia	02:15:08	+01:00:20	09:01	
170	744	João	Individual	02:15:46	+01:00:58	09:03	
171	533	Sónia Pires	FIT GAIA TRAIL	02:15:46	+01:00:58	09:03	
172	749	Aires Almeida	Just Run 4 Fun	02:15:52	+01:01:04	09:03	
173	607	Silva	Individual	02:16:07	+01:01:20	09:05	
174	531	Catarina Silva	Individual	02:16:57	+01:02:09	09:08	
175	691	Paulo Vidinha	Individual	02:16:57	+01:02:09	09:08	
176	568	JULIA PEIXOTO	Corre Caraças	02:17:18	+01:02:30	09:09	
177	711	Tito Alves	Individual	02:17:36	+01:02:48	09:10	
178	755	Vasco Monteiro	Individual	02:18:08	+01:03:20	09:13	
179	743	Carla Pacheco	Sem limites	02:19:29	+01:04:41	09:18	
180	742	José Gonçalves	Sem limites	02:19:29	+01:04:41	09:18	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	802	Ana Pinheiro	Individual	02:19:55	+01:05:07	09:20	
182	501	Filipe Oliveira	Individual	02:20:09	+01:05:21	09:21	
183	573	Secundino Oliveira	STCP Runners	02:20:11	+01:05:23	09:21	
184	716	Vanessa Santos	STCP Runners	02:20:11	+01:05:23	09:21	
185	546	Marya Palhares	STCP Runners	02:20:12	+01:05:24	09:21	
186	615	Béu	Gang da Areosa	02:20:27	+01:05:39	09:22	
187	567	Carla Azevedo	Corre Caraças	02:20:53	+01:06:05	09:24	
188	672	Nuno Silva	FIT GAIA TRAIL	02:22:52	+01:08:04	09:31	
189	695	Liliana Rocha	#atéchoras	02:23:49	+01:09:01	09:35	
190	783	Estela	Os Indomáveis	02:24:16	+01:09:28	09:37	
191	543	Fernando Silva	Individual	02:24:56	+01:10:08	09:40	
192	639	Joana Portilho	MCCB Running	02:25:11	+01:10:23	09:41	
193	644	Paulo Saraiva	Magaivas	02:25:11	+01:10:23	09:41	
194	560	Nelinho	ARRASTASSOLAS	02:25:34	+01:10:46	09:42	
195	765	Veronica Martins	Individual	02:26:47	+01:11:59	09:47	
196	631	Margarida Machado	Formação Tartaruga	02:26:53	+01:12:05	09:48	
197	630	Pedro Gomes	Formação Tartaruga	02:26:55	+01:12:07	09:48	
198	705	Vânia Pereira	Individual	02:27:33	+01:12:45	09:50	
199	706	Sergio Perteira	Individual	02:27:36	+01:12:48	09:50	
200	801	Douglas Passos	Individual	02:29:35	+01:14:47	09:58	
201	626	José Ricardo Veludo	A20s Javalis Trail Team	02:32:06	+01:17:18	10:08	
202	627	Sandra Veludo	A20s Javalis Trail Team	02:32:07	+01:17:19	10:08	
203	548	Filipa Ferreira	União Académica de Avintes	02:32:07	+01:17:19	10:08	
204	563	Tiago Ferreira	União Académica de Avintes	02:32:07	+01:17:19	10:08	
205	579	Ana Ribeiro	RUNNING ESPINHO	02:35:50	+01:21:02	10:23	
206	629	Nuno Veloso	#PeloBenfica	02:36:06	+01:21:18	10:24	
207	506	Ricardo Braga	Rechonchudos Trail Runners	02:36:09	+01:21:21	10:25	
208	550	Ricardo	ARRASTASSOLAS	02:36:48	+01:22:00	10:27	
209	556	Jose Araujo	ARRASTASSOLAS	02:36:49	+01:22:01	10:27	
210	577	Dora Rocha	RUNNING ESPINHO	02:37:04	+01:22:16	10:28	
211	696	Raquel Gavina	#atéchoras	02:37:04	+01:22:16	10:28	
212	549	Fernando Castro	Individual	02:37:09	+01:22:21	10:29	
213	708	Pedro Pereira	Individual	02:37:09	+01:22:21	10:29	
214	526	JOSÉ PIRES LIMA	PERNAS INERTES	02:37:47	+01:22:59	10:31	
215	525	Rosa Bispo	PERNAS INERTES	02:37:47	+01:22:59	10:31	
216	564	Filipe Salazar	ARRASTASSOLAS	02:40:20	+01:25:32	10:41	
217	736	António Peixoto	#atéchoras	02:40:20	+01:25:32	10:41	
218	666	Celina Baptista	CNCBacadapasso	02:40:35	+01:25:47	10:42	
219	665	Carlos Navega	CNCBacadapasso	02:40:35	+01:25:47	10:42	
220	781	Romy	Os Indomáveis	02:47:15	+01:32:27	11:09	
221	785	Carla	Os Indomáveis	02:47:18	+01:32:30	11:09	
222	782	Gusto	Os Indomáveis	02:47:21	+01:32:33	11:09	
223	508	Tina Lopes	Individual	02:48:37	+01:33:49	11:14	
224	619	Mario	Gang da Areosa	02:51:08	+01:36:20	11:25	
225	621	Inês	Gang da Areosa	02:51:08	+01:36:20	11:25	
226	751	ARMANDO MIGUEL MORENO	Individual	02:53:08	+01:38:20	11:33	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	778	Conceição	Os Indomáveis	02:55:14	+01:40:26	11:41	
228	805	Cristina Costa	FIT GAIA TRAIL	02:57:16	+01:42:28	11:49	
229	555	Catia Araujo	ARRASTASSOLAS	02:58:52	+01:44:04	11:55	
230	551	Regina	ARRASTASSOLAS	02:58:52	+01:44:04	11:55	
231	553	Lucia	ARRASTASSOLAS	02:58:53	+01:44:05	11:56	
232	554	Jose Moreira	ARRASTASSOLAS	02:58:56	+01:44:08	11:56	
233	565	Raquel	ARRASTASSOLAS	02:58:56	+01:44:08	11:56	
234	559	Silvia	ARRASTASSOLAS	03:04:04	+01:49:16	12:16	
235	562	Sara	ARRASTASSOLAS	03:04:04	+01:49:16	12:16	

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO	9 + 14 + 17 + 42	82
2	AMIGOS DO TRAIL	18 + 46 + 47 + 50	161
3	#ATÉCHORAS	16 + 44 + 64 + 83	207
4	CORRE CARAÇAS	36 + 70 + 71 + 176	353
5	GEOCROSSTRAIL	38 + 85 + 100 + 137	360
6	CLUBE PESSOAL AGUAS GAIA	63 + 84 + 112 + 169	428
7	RUNNING ESPINHO	90 + 98 + 110 + 148	446
8	DRAGÕES DO MATO	106 + 107 + 117 + 118	448
9	GANG DA AREOSA	96 + 97 + 133 + 134	460
10	FORMAÇÃO TARTARUGA	65 + 66 + 196 + 197	524
11	FIT GAIA TRAIL	93 + 102 + 171 + 188	554
12	A20S JAVALIS TRAIL TEAM	56 + 105 + 201 + 202	564
13	OS INDOMÁVEIS	119 + 130 + 190 + 220	659
14	ARRASTASSOLAS	146 + 194 + 208 + 209	757

Trail Broa de Avintes
Gaia, PT
13-October-2019

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	17.6ºC	71%
End	12:19	17.6ºC	71%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	774	Fernanda machado	Aliança Gandra	Senior Feminino	01:32:53	+18:05	06:12
2	587	VERA LEITE	Fiães Running	Senior Feminino	01:33:51	+19:03	06:15
3	725	Marta	Juventude Cortegacense	Senior Feminino	01:33:51	+19:04	06:15
4	608	Marisa Pereira	Kalenji Team by Decathlon	Senior Feminino	01:42:28	+27:40	06:50
5	589	VERA PINHO	AMIGOS DO TRAIL	Senior Feminino	01:43:27	+28:39	06:54
6	570	CATIA BRÁS	Corre Caraças	Senior Feminino	01:48:30	+33:42	07:14
7	713	Manu Pinto	Manu's Therapy Trail Running	Senior Feminino	01:51:21	+36:34	07:25
8	502	GABRIELA MADEIRA	#MIRRAS	Senior Feminino	01:52:51	+38:03	07:31
9	617	Rita	Gang da Areosa	Senior Feminino	01:54:48	+40:00	07:39
10	794	Carla Cruz	Gaia Running	Senior Feminino	01:58:14	+43:26	07:53
11	535	Sandra Roque	Individual	Senior Feminino	02:02:55	+48:07	08:12
12	726	CARLA	NOCTURNOS DE PAREDES	Senior Feminino	02:03:30	+48:42	08:14
13	664	Tânia	Dragões do Mato	Senior Feminino	02:03:51	+49:03	08:15
14	719	Romy	Individual	Senior Feminino	02:07:50	+53:02	08:31
15	512	Susana Pereira	#atéchoras	Senior Feminino	02:12:03	+57:16	08:48
16	676	Ana Vieira	Individual	Senior Feminino	02:12:36	+57:49	08:50
17	641	Vânia Ferreira	MCCB Running	Senior Feminino	02:13:44	+58:56	08:55
18	531	Catarina Silva	Individual	Senior Feminino	02:16:56	+01:02:08	09:08
19	802	Ana Pinheiro	Individual	Senior Feminino	02:19:55	+01:05:07	09:20
20	716	Vanessa Santos	STCP Runners	Senior Feminino	02:20:11	+01:05:23	09:21
21	546	Marya Palhares	STCP Runners	Senior Feminino	02:20:11	+01:05:24	09:21
22	567	Carla Azevedo	Corre Caraças	Senior Feminino	02:20:52	+01:06:05	09:24
23	695	Liliana Rocha	#atéchoras	Senior Feminino	02:23:49	+01:09:01	09:35
24	639	Joana Portilho	MCCB Running	Senior Feminino	02:25:10	+01:10:23	09:41
25	765	Veronica Martins	Individual	Senior Feminino	02:26:46	+01:11:59	09:47
26	631	Margarida Machado	Formação Tartaruga	Senior Feminino	02:26:53	+01:12:05	09:48
27	705	Vânia Pereira	Individual	Senior Feminino	02:27:33	+01:12:45	09:50
28	627	Sandra Veludo	A20s Javalis Trail Team	Senior Feminino	02:32:06	+01:17:18	10:08
29	548	Filipa Ferreira	União Académica de Avintes	Senior Feminino	02:32:06	+01:17:19	10:08
30	696	Raquel Gavina	#atéchoras	Senior Feminino	02:37:04	+01:22:16	10:28
31	508	Tina Lopes	Individual	Senior Feminino	02:48:36	+01:33:49	11:14
32	621	Inês	Gang da Areosa	Senior Feminino	02:51:08	+01:36:20	11:25
33	555	Catia Araujo	ARRASTASSOLAS	Senior Feminino	02:58:52	+01:44:04	11:55
34	553	Lucia	ARRASTASSOLAS	Senior Feminino	02:58:52	+01:44:05	11:56
35	565	Raquel	ARRASTASSOLAS	Senior Feminino	02:58:55	+01:44:08	11:56
36	559	Silvia	ARRASTASSOLAS	Senior Feminino	03:04:04	+01:49:16	12:16

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	769	Mexilhão da Montanha	Mexilhão da Montanha	Senior Masculino	01:14:47		04:59
2	762	Ricardo Silva	SC Espinho -Atletismo /Antônio Leitao	Senior Masculino	01:16:22	+01:34	05:06
3	775	Daniel Santos	Numcorrasnao	Senior Masculino	01:16:31	+01:43	05:06
4	539	Hermenegildo Mendes	Individual	Senior Masculino	01:20:38	+05:50	05:23
5	767	Rui Costa	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:23:03	+08:16	05:32
6	513	RICARDO PEREIRA	#atéchoras	Senior Masculino	01:29:47	+14:59	05:59
7	791	José Sousa	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:29:49	+15:01	05:59
8	575	Nuno Teixeira	Fiães Running	Senior Masculino	01:30:44	+15:57	06:03
9	540	Edgar Azenha	Individual	Senior Masculino	01:30:47	+15:59	06:03
10	530	Luis Ribeiro	Individual	Senior Masculino	01:32:54	+18:06	06:12
11	722	VALTER PINHO	Fiães Running	Senior Masculino	01:33:53	+19:05	06:16
12	572	Joel Marques	Groz-Beckert running	Senior Masculino	01:35:39	+20:52	06:23
13	517	Ricardo Loureiro	Individual	Senior Masculino	01:35:44	+20:56	06:23
14	692	José Gonçalves	Individual	Senior Masculino	01:36:23	+21:35	06:26
15	656	Tiago Magalhães	Grupo de Corrida de Argoncilhe	Senior Masculino	01:37:12	+22:25	06:29
16	593	PAULO FERREIRA	AMIGOS DO TRAIL	Senior Masculino	01:42:36	+27:48	06:50
17	803	José Mendes	Individual	Senior Masculino	01:42:47	+27:59	06:51
18	590	PEDRO SILVA	AMIGOS DO TRAIL	Senior Masculino	01:42:50	+28:02	06:51
19	776	André Paiva	Numcorrasnao	Senior Masculino	01:43:16	+28:29	06:53
20	777	Diogo Silva	Numcorrasnao	Senior Masculino	01:43:36	+28:48	06:54
21	754	Miguel Morais	#cabrasdomonte	Senior Masculino	01:44:15	+29:27	06:57
22	789	Edgar Cunha	Individual	Senior Masculino	01:45:56	+31:08	07:04
23	763	Hugo Santos	Individual	Senior Masculino	01:46:39	+31:51	07:07
24	760	Pedro Marques	Individual	Senior Masculino	01:46:45	+31:57	07:07
25	646	Fábio Gomes	#atéchoras	Senior Masculino	01:47:59	+33:11	07:12
26	571	EMANUEL GONÇALVES	Corre Caraças	Senior Masculino	01:48:29	+33:41	07:14
27	746	Hugo Azevedo	Just trail 4 fun	Senior Masculino	01:49:29	+34:41	07:18
28	761	André Sobral	Individual	Senior Masculino	01:51:01	+36:13	07:24
29	34	João Almeida	Individual	Senior Masculino	01:51:26	+36:38	07:26
30	611	Nuno Maio	#atéchoras	Senior Masculino	01:51:43	+36:56	07:27
31	597	Ivo Bras	ADT	Senior Masculino	01:52:15	+37:27	07:29
32	596	Ze Antunes	ADT	Senior Masculino	01:52:15	+37:27	07:29
33	663	Filipe Couto	Junkie	Senior Masculino	01:52:18	+37:30	07:29
34	599	Tiago Pereira	RUNNING ESPINHO	Senior Masculino	01:52:18	+37:30	07:29
35	728	Bruno Monteiro	Individual	Senior Masculino	01:52:44	+37:56	07:31
36	618	Fabio	Gang da Areosa	Senior Masculino	01:54:48	+40:00	07:39
37	683	André Ferraz	Dragões do Mato	Senior Masculino	01:57:35	+42:47	07:50
38	605	Ricardo Moreira	Individual	Senior Masculino	01:58:03	+43:15	07:52
39	689	Rui Gomes	Just Run 4 Fun	Senior Masculino	01:59:05	+44:17	07:56
40	592	ANDRÉS FERREIRA	AMIGOS DO TRAIL	Senior Masculino	02:00:06	+45:18	08:00
41	591	PEDRO ALMEIDA	AMIGOS DO TRAIL	Senior Masculino	02:00:06	+45:18	08:00
42	671	Miguel Silva	Dragões do Mato	Senior Masculino	02:00:29	+45:42	08:02

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

43	534	Bruno Nunes	Individual	Senior Masculino	02:02:55	+48:07	08:12
44	623	Nuno Teixeira	Individual	Senior Masculino	02:03:25	+48:37	08:14
45	741	Daniel Silva	NOCTURNOS DE PAREDES	Senior Masculino	02:03:31	+48:43	08:14
46	688	José Alves	Individual	Senior Masculino	02:03:32	+48:44	08:14
47	764	João Santos	Gang da Areosa	Senior Masculino	02:04:17	+49:29	08:17
48	620	Maximo	Gang da Areosa	Senior Masculino	02:04:18	+49:30	08:17
49	681	Diogo Santos	Mafamude	Senior Masculino	02:07:33	+52:45	08:30
50	622	Fábio Vaz	Individual	Senior Masculino	02:07:45	+52:57	08:31
51	606	Pinheiro	SiM Summit	Senior Masculino	02:08:41	+53:54	08:35
52	720	Valente	RUNNING ESPINHO	Senior Masculino	02:09:29	+54:41	08:38
53	612	Duarte Alves	Individual	Senior Masculino	02:10:36	+55:48	08:42
54	614	Ivo	Gang da Areosa	Senior Masculino	02:12:04	+57:17	08:48
55	747	José Sarilho	Gang da Areosa	Senior Masculino	02:12:07	+57:19	08:49
56	659	Ricardo Silva	Correr no Futuro	Senior Masculino	02:12:36	+57:49	08:50
57	542	Nuno Rocha	Individual	Senior Masculino	02:12:42	+57:54	08:51
58	658	Tiago Pinto	Dragões do Mato	Senior Masculino	02:12:43	+57:55	08:51
59	758	João Colónia	Colónia	Senior Masculino	02:13:30	+58:42	08:54
60	697	António Dias	Individual	Senior Masculino	02:13:57	+59:09	08:56
61	737	Miguel Costa	XtrilhosTeam	Senior Masculino	02:14:21	+59:33	08:57
62	673	VITOR CARVALHO	XtrilhosTeam	Senior Masculino	02:14:31	+59:43	08:58
63	749	Aires Almeida	Just Run 4 Fun	Senior Masculino	02:15:52	+01:01:04	09:03
64	691	Paulo Vidinha	Individual	Senior Masculino	02:16:56	+01:02:09	09:08
65	711	Tito Alves	Individual	Senior Masculino	02:17:35	+01:02:48	09:10
66	755	Vasco Monteiro	Individual	Senior Masculino	02:18:07	+01:03:20	09:13
67	615	Béu	Gang da Areosa	Senior Masculino	02:20:26	+01:05:39	09:22
68	672	Nuno Silva	FIT GAIA TRAIL	Senior Masculino	02:22:51	+01:08:04	09:31
69	644	Paulo Saraiva	Magaivas	Senior Masculino	02:25:11	+01:10:23	09:41
70	630	Pedro Gomes	Formação Tartaruga	Senior Masculino	02:26:54	+01:12:07	09:48
71	563	Tiago Ferreira	União Académica de Avintes	Senior Masculino	02:32:07	+01:17:19	10:08
72	629	Nuno Veloso	#PeloBenfica	Senior Masculino	02:36:06	+01:21:18	10:24
73	506	Ricardo Braga	Rechonchudos Trail Runners	Senior Masculino	02:36:08	+01:21:21	10:25
74	550	Ricardo	ARRASTASSOLAS	Senior Masculino	02:36:48	+01:22:00	10:27
75	619	Mario	Gang da Areosa	Senior Masculino	02:51:07	+01:36:20	11:25
76	751	ARMANDO MIGUEL MORENO	Individual	Senior Masculino	02:53:07	+01:38:20	11:33
77	554	Jose Moreira	ARRASTASSOLAS	Senior Masculino	02:58:55	+01:44:08	11:56

Veterana F40

1	569	Manuela Monteiro	Corre Caraças	Veterana F40	01:36:45	+21:57	06:27
2	790	Rosa Teixeira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	01:40:00	+25:12	06:40
3	730	Sandra Ferreira	Individual	Veterana F40	01:45:10	+30:22	07:01
4	685	Vanessa Borja	Atlético Desportivo de São Pedro	Veterana F40	01:46:51	+32:03	07:07
5	739	Elisabete Leal	Individual	Veterana F40	01:50:22	+35:34	07:21
6	583	Cleia Lima	Individual	Veterana F40	01:51:26	+36:38	07:26
7	651	Sara Moreira	Geocrosstrail	Veterana F40	01:56:06	+41:19	07:44

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

8	522	Sofia Ferreira	Individual	Veterana F40	02:00:09	+45:21	08:01
9	796	Marta Pinto	Individual	Veterana F40	02:03:02	+48:15	08:12
10	727	MARIA	NOCTURNOS DE PAREDES	Veterana F40	02:03:31	+48:43	08:14
11	635	Sandra Pavão	Dragões do Mato	Veterana F40	02:03:52	+49:04	08:15
12	682	Cláudia Hortênsio	Gang Mê Primo	Veterana F40	02:04:25	+49:37	08:18
13	643	Paula Almeida	Geocrosstrail	Veterana F40	02:05:04	+50:16	08:20
14	558	Lena	ARRASTASSOLAS	Veterana F40	02:08:52	+54:04	08:36
15	511	Marlene Ferreira	CLUBE ATLETISMO DE LAMAS	Veterana F40	02:10:35	+55:47	08:42
16	786	Samanta maia	CLUBE ATLETISMO DE LAMAS	Veterana F40	02:10:35	+55:47	08:42
17	507	Teresa Tavares	CLUBE ATLETISMO DE LAMAS	Veterana F40	02:10:35	+55:48	08:42
18	533	Sónia Pires	FIT GAIA TRAIL	Veterana F40	02:15:46	+01:00:58	09:03
19	568	JULIA PEIXOTO	Corre Caraças	Veterana F40	02:17:18	+01:02:30	09:09
20	743	Carla Pacheco	Sem limites	Veterana F40	02:19:29	+01:04:41	09:18
21	579	Ana Ribeiro	RUNNING ESPINHO	Veterana F40	02:35:49	+01:21:02	10:23
22	577	Dora Rocha	RUNNING ESPINHO	Veterana F40	02:37:03	+01:22:16	10:28
23	781	Romy	Os Indomáveis	Veterana F40	02:47:14	+01:32:27	11:09
24	785	Carla	Os Indomáveis	Veterana F40	02:47:17	+01:32:30	11:09
25	805	Cristina Costa	FIT GAIA TRAIL	Veterana F40	02:57:16	+01:42:28	11:49
26	551	Regina	ARRASTASSOLAS	Veterana F40	02:58:52	+01:44:04	11:55
27	562	Sara	ARRASTASSOLAS	Veterana F40	03:04:04	+01:49:16	12:16

Veterana F50

1	787	Celeste moreira	street & trail runners	Veterana F50	01:43:49	+29:01	06:55
2	655	Nilda Magalhaes	Casa da costura/fisiocorpus/citybaik	Veterana F50	01:49:31	+34:43	07:18
3	783	Estela	Os Indomáveis	Veterana F50	02:24:15	+01:09:28	09:37
4	525	Rosa Bispo	PERNAS INERTES	Veterana F50	02:37:46	+01:22:59	10:31
5	666	Celina Baptista	CNCBacadapasso	Veterana F50	02:40:34	+01:25:47	10:42
6	778	Conceição	Os Indomáveis	Veterana F50	02:55:14	+01:40:26	11:41

Veterano M40

1	724	João Ribeiro	Manu's Therapy Trail Running	Veterano M40	01:17:30	+02:42	05:10
2	632	Rui Sousa	RunRiver - Escola Atletismo de Rio TInto	Veterano M40	01:17:49	+03:01	05:11
3	766	Carlos Vizela	Individual	Veterano M40	01:18:14	+03:26	05:13
4	510	PETER	Gaia Running	Veterano M40	01:23:12	+08:24	05:33
5	661	Eduardo Xavier	Devasta Trilhos	Veterano M40	01:26:03	+11:15	05:44
6	62	Paulo Campos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:26:19	+11:31	05:45
7	541	Luis Gonçalves	AMIGOS DO TRAIL	Veterano M40	01:30:13	+15:25	06:01
8	624	Hugo Pinto	Individual	Veterano M40	01:32:39	+17:52	06:11
9	667	Jose Pirata	Equipa A	Veterano M40	01:33:53	+19:06	06:16
10	797	Nélson Marques	Individual	Veterano M40	01:34:28	+19:40	06:18
11	642	Vitor Moreira	Geocrosstrail	Veterano M40	01:37:49	+23:02	06:31

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	770	Paulo	Aliança Gandra	Veterano M40	01:38:10	+23:22	06:33
13	604	Sergio Fernandes	Just Run 4 Fun	Veterano M40	01:39:48	+25:00	06:39
14	528	António Gomes	Individual	Veterano M40	01:39:55	+25:07	06:40
15	600	Rui Teixeira	#atéchoras	Veterano M40	01:42:12	+27:24	06:49
16	588	LEANDRO MATOS	AMIGOS DO TRAIL	Veterano M40	01:42:35	+27:47	06:50
17	514	João Resende	Invicta Runners Team	Veterano M40	01:42:48	+28:00	06:51
18	698	João Silva	Trilhacolorida	Veterano M40	01:43:22	+28:34	06:54
19	718	David Martins	A20s Javalis Trail Team	Veterano M40	01:43:49	+29:02	06:55
20	637	Rui Castro	FORMAÇÃO TARTARUGA	Veterano M40	01:48:21	+33:33	07:13
21	634	Limpa Fundos	Formação Tartaruga	Veterano M40	01:48:21	+33:33	07:13
22	37	Paulo Vaz	Individual	Veterano M40	01:48:22	+33:34	07:14
23	756	Serginho	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:48:25	+33:37	07:14
24	753	Paulo pereira	Individual	Veterano M40	01:48:26	+33:39	07:14
25	714	Duarte Malheiro	Hjk Gaia	Veterano M40	01:49:16	+34:28	07:17
26	723	Marcio pinto	Individual	Veterano M40	01:50:02	+35:14	07:20
27	677	Pedro Morais	Pereira team	Veterano M40	01:50:23	+35:35	07:22
28	650	Jorge Moreira	Geocrosstrail	Veterano M40	01:52:11	+37:24	07:29
29	504	Álvaro Pereira	#atéchoras	Veterano M40	01:52:14	+37:26	07:29
30	603	Carlos Pinto	Clube Vodafone	Veterano M40	01:54:21	+39:33	07:37
31	5	Jose Cardoso	Individual	Veterano M40	01:54:21	+39:33	07:37
32	717	Carlos Lancha	RUNNING ESPINHO	Veterano M40	01:55:12	+40:24	07:41
33	710	André Belinha	Individual	Veterano M40	01:55:19	+40:31	07:41
34	636	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	01:56:09	+41:21	07:45
35	574	Mário Pereira	Individual	Veterano M40	01:56:18	+41:30	07:45
36	601	Vitor Osório	#atéchoras	Veterano M40	01:56:45	+41:58	07:47
37	515	Antonio Frazao	A20s Javalis Trail Team	Veterano M40	01:57:26	+42:38	07:50
38	576	Ricardo Bento	RUNNING ESPINHO	Veterano M40	01:58:14	+43:26	07:53
39	757	Nelson Miguel	Individual	Veterano M40	01:59:19	+44:31	07:57
40	670	José Silva	Dragões do Mato	Veterano M40	02:00:27	+45:40	08:02
41	798	César Rocha	Individual	Veterano M40	02:03:03	+48:15	08:12
42	684	Rui Levy	Individual	Veterano M40	02:04:52	+50:04	08:20
43	668	Carlos Pereira	Individual	Veterano M40	02:05:07	+50:19	08:20
44	602	Bernardo Santos	Clube Vodafone	Veterano M40	02:06:14	+51:26	08:25
45	633	Abel Gonçalves	Individual	Veterano M40	02:08:18	+53:30	08:33
46	721	Pexa	Individual	Veterano M40	02:09:29	+54:41	08:38
47	521	João Domingues	Riomea/ Santa Maria Da Feira	Veterano M40	02:10:26	+55:39	08:42
48	745	Abilio Silva	Individual	Veterano M40	02:11:51	+57:03	08:47
49	759	António Colónia	Colónia	Veterano M40	02:13:45	+58:57	08:55
50	735	Silverio Santos	Clube Pessoal Aguas Gaia	Veterano M40	02:15:08	+01:00:20	09:01
51	744	João	Individual	Veterano M40	02:15:46	+01:00:58	09:03
52	742	José Gonçalves	Sem limites	Veterano M40	02:19:29	+01:04:41	09:18
53	501	Filipe Oliveira	Individual	Veterano M40	02:20:09	+01:05:21	09:21
54	573	Secundino Oliveira	STCP Runners	Veterano M40	02:20:11	+01:05:23	09:21
55	706	Sergio Perteira	Individual	Veterano M40	02:27:35	+01:12:48	09:50
56	801	Douglas Passos	Individual	Veterano M40	02:29:35	+01:14:47	09:58
57	626	José Ricardo Veludo	A20s Javalis Trail Team	Veterano M40	02:32:06	+01:17:18	10:08

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

58	708	Pedro Pereira	Individual	Veterano M40	02:37:08	+01:22:21	10:29
59	564	Filipe Salazar	ARRASTASSOLAS	Veterano M40	02:40:20	+01:25:32	10:41
60	736	António Peixoto	#atéchoras	Veterano M40	02:40:20	+01:25:32	10:41

Veterano M50

1	693	David Tavares	RunRiver - Escola Atletismo de Rio TInto	Veterano M50	01:22:51	+08:03	05:31
2	772	Carlos	Aliança Gandra	Veterano M50	01:23:45	+08:58	05:35
3	660	Carlos sousa	Devasta Trilhos	Veterano M50	01:24:26	+09:38	05:38
4	738	Octavio Sousa	Individual	Veterano M50	01:29:12	+14:24	05:57
5	532	Jose Morais	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:30:51	+16:04	06:03
6	752	Celso Gomes	Juventude Cortegacense	Veterano M50	01:32:44	+17:56	06:11
7	768	Paulo Moreira	street & trail runners	Veterano M50	01:33:15	+18:27	06:13
8	594	Vitor Oliveira	MASS Kids	Veterano M50	01:33:22	+18:34	06:13
9	610	Isaac Batista Pereira	Individual	Veterano M50	01:40:30	+25:42	06:42
10	733	José Barbosa	Clube Pessoal Aguas Gaia	Veterano M50	01:47:10	+32:22	07:09
11	795	Nau Neiva	Gansos	Veterano M50	01:49:09	+34:22	07:17
12	734	Jorge Santos	Clube Pessoal Aguas Gaia	Veterano M50	01:52:01	+37:13	07:28
13	804	Rui Sá	FIT GAIA TRAIL	Veterano M50	01:54:08	+39:20	07:37
14	729	Teixeira	Individual	Veterano M50	01:56:06	+41:19	07:44
15	647	Paulo Pinheiro	Dragões do Mato	Veterano M50	01:57:35	+42:48	07:50
16	732	Manuel Santiago	Clube Pessoal Aguas Gaia	Veterano M50	01:59:06	+44:18	07:56
17	779	David	Os Indomáveis	Veterano M50	02:01:13	+46:26	08:05
18	518	Manuel Moreira	BIG SMILE TEAM	Veterano M50	02:01:59	+47:11	08:08
19	780	Zé	Os Indomáveis	Veterano M50	02:03:41	+48:53	08:15
20	680	ALCIDIO	Individual	Veterano M50	02:05:16	+50:28	08:21
21	527	Vítor Tomé	Individual	Veterano M50	02:10:26	+55:38	08:42
22	607	Silva	Individual	Veterano M50	02:16:07	+01:01:19	09:05
23	543	Fernando Silva	Individual	Veterano M50	02:24:56	+01:10:08	09:40
24	560	Nelinho	ARRASTASSOLAS	Veterano M50	02:25:33	+01:10:46	09:42
25	556	Jose Araujo	ARRASTASSOLAS	Veterano M50	02:36:49	+01:22:01	10:27
26	549	Fernando Castro	Individual	Veterano M50	02:37:08	+01:22:21	10:29
27	526	JOSÉ PIRES LIMA	PERNAS INERTES	Veterano M50	02:37:46	+01:22:59	10:31
28	665	Carlos Navega	CNCBacadapasso	Veterano M50	02:40:35	+01:25:47	10:42
29	782	Gusto	Os Indomáveis	Veterano M50	02:47:21	+01:32:33	11:09