

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Ritmo	Esc.
1.	17	Paulo Queirós		M	M45	01:31:33,459	04:35	1
2.	36	José Geada	Associação Vale Grande	M	M45	01:33:26,484	04:40	2
3.	48	Matthew Davies		M	Sen M	01:34:11,234	04:43	1
4.	65	Carrasqueira PEDRO	Caracóis de Pedra	M	Sen M	01:34:27,606	04:43	2
5.	25	Jaime Mauricio	RunLovers	M	M40	01:35:43,869	04:47	1
6.	8	Bruno Carvalho	Prudas Racing Team	M	Sen M	01:36:10,942	04:49	3
7.	28	Rui Canelas	SPALD Ginasio	M	Sen M	01:36:34,966	04:50	4
8.	61	Póvoa PAULO	Amigos Vale Silêncio	M	M55	01:36:37,091	04:50	1
9.	5	Bruno Sousa		M	Sen M	01:38:01,701	04:54	5
10.	68	Dias BRUNO		M	M40	01:39:12,600	04:58	2
11.	20	João Balsinha		M	M45	01:39:31,594	04:59	3
12.	38	João Vieira		M	Sen M	01:39:41,563	04:59	6
13.	42	Nelson Santos	Running Wild	M	M45	01:46:16,366	05:19	4
14.	62	Almeida TIAGO	Caracóis de Pedra	M	Sen M	01:46:51,514	05:20	7
15.	50	Cândido Abreu	Run For Friends	M	Sen M	01:48:59,422	05:27	8
16.	67	Alegre NÉLSON		M	M40	01:49:33,212	05:29	3
17.	24	Joaquim Martins	Clube de Atletismo Odimarq	M	M55	01:51:01,124	05:33	2
18.	7	Luis Ferreira	STJoaoOliveiraTeam	M	M50	01:51:01,685	05:33	1
19.	44	Gonçalo Cruz	Engel é aço	M	Sen M	01:52:26,786	05:37	9
20.	45	Diogo Silva		M	Sen M	01:52:27,380	05:37	10
21.	66	Pimentel ADRIANO	Caracóis de Pedra	M	Sen M	01:52:56,824	05:39	11
22.	40	Alberto Santos	10 de Bustelo	M	M50	01:54:14,096	05:43	2
23.	64	Caldas PATRÍCIA	Caracóis de Pedra	F	Sen F	01:55:19,697	05:46	1
24.	63	Sebastião SAMUEL	Caracóis de Pedra	M	Sen M	01:55:20,577	05:46	12
25.	3	Luis Martinho	ATV	M	M45	01:57:06,829	05:52	5
26.	19	Tiago Esteves	Natura4Ever Run Portugal	M	Sen M	01:57:37,035	05:53	13
27.	47	Rui Mura		M	M40	01:58:07,819	05:55	4
28.	46	Antonio Marques	Tozé / Rui	M	M40	01:58:08,841	05:55	5
29.	27	Helena Silva		F	F50	01:58:34,040	05:56	1
30.	12	Herculano Araújo		M	M50	01:58:34,406	05:56	3
31.	33	João Gaspar		M	Sen M	01:59:52,010	05:59	14
32.	6	Alcino Ramos		M	M60	02:01:25,621	06:04	1
33.	30	João Branquinho		M	Sen M	02:06:33,382	06:20	15
34.	58	Lina Mateus		F	F40	02:06:52,807	06:20	1
35.	26	Rodrigo Sousa	RunLovers	M	Sen M	02:07:05,194	06:21	16
36.	34	Helder Santos		M	Sen M	02:07:43,027	06:23	17
37.	13	Elisa Dabrio		F	F45	02:08:03,401	06:24	1
38.	60	Pereira RICARDO	Amigos Vale Silêncio	M	M40	02:08:34,200	06:26	6
39.	18	Ricardo Neves	Monte dos Amigos	M	Sen M	02:08:46,953	06:26	18
40.	4	Ruben Gonçalves	RuSu	M	Sen M	02:15:30,345	06:47	19
41.	41	Maria Santos	10 de Bustelo	F	F50	02:16:05,942	06:48	2
42.	53	Jorge Fernandes	cabrizrun	M	M45	02:19:07,152	06:58	6
43.	49	Tiago Loureiro	Runners do ferro	M	Sen M	02:20:00,717	07:00	20
44.	1	Paula Ventura	Rock & Roll	F	F45	02:23:03,589	07:09	2
45.	29	Carlos Porfírio	amigos do Zé Espanhol	M	M60	02:23:49,459	07:11	2
46.	37	Ricardo Santos	STJoaoOliveiraTeam	M	M40	02:33:18,605	07:40	7
47.	31	Sónia Sequeira	STJoaoOliveiraTeam	F	F40	02:33:20,110	07:40	2
48.	16	João Brito		M	M45	02:41:45,605	08:05	7
49.	52	Mario Santos	Monte da Lua Runners	M	M45	02:41:45,812	08:05	8
50.	56	João Pires	UDRS Guerreiros do Rio	M	M55	02:43:56,729	08:12	3
51.	54	Daniela Carvalho	UDRS Guerreiros do Rio	F	F40	02:43:57,289	08:12	3
52.	55	Renato Saragoça	UDRS Guerreiros do Rio	M	M40	02:43:58,914	08:12	8
53.	51	Anibal Luis	Borinhas	M	M60	02:46:25,838	08:19	3
54.	2	Sónia Saramago	ATV	F	F45	02:51:27,009	08:34	3