

#	Nome	Equipa	Dorsal	Tempo	Diferença
<b>MASCULINO</b>					
1	João Pedro Antunes Rodrigues	Comando Territorial de Aveiro	98	00:50:41.405	----
2	Hilário Pinto	Comando Territorial de Aveiro	138	00:55:23.023	00:04:41.618
3	PEDRO ALVES	Melguinhas doces	113	00:55:28.845	00:04:47.440
4	Tiago Ribeiro	SC paradela	169	00:58:34.501	00:07:53.096
5	Rafael Tavares Guedes	----	53	00:58:36.314	00:07:54.909
6	Filipe Oliveira	----	164	00:59:35.589	00:08:54.184
7	António Silva	STORYBUGGIES	101	00:59:48.906	00:09:07.501
8	Armando Cardoso	Sport Clube Paradela	27	01:00:35.925	00:09:54.520
9	Eugénio Santos	out 2 run/Miro	39	01:00:44.552	00:10:03.147
10	Amílcar Almeida	----	120	01:00:48.817	00:10:07.412
11	Adelino Martins	SC paradela	170	01:01:36.546	00:10:55.141
12	fernando morais	individual	44	01:01:55.188	00:11:13.783
13	André João Rodrigues Dias	----	28	01:02:14.795	00:11:33.390
14	Mário Felgueiras	Comando Territorial de Aveiro	122	01:04:24.555	00:13:43.150
15	João Saraiva	Sport club Paradela	50	01:04:53.305	00:14:11.900
16	Alexandre Carvalho	Fireman Challenge	159	01:05:26.270	00:14:44.865
17	Maximiano Vaz Alves	CT Aveiro	118	01:05:41.037	00:14:59.632
18	Pedro André Branco de Abreu	----	65	01:06:25.701	00:15:44.296
19	Rui Pedro Sousa Figueiredo	BIKE RIDERS A.D.R.F	1	01:06:44.321	00:16:02.916
20	António Quadros	Geadas Running	94	01:07:21.508	00:16:40.103
21	Paulo Reis	Lobos do Monte	38	01:07:41.681	00:17:00.276
22	RAFAEL MORETO	----	20	01:07:57.930	00:17:16.525
23	Luis Rodrigues	----	54	01:08:00.286	00:17:18.881
24	Ricardo Almeida	----	163	01:08:02.428	00:17:21.023
25	Amilcar Vinagre	Bike Riders	133	01:08:07.928	00:17:26.523
26	TONY MATIAS	INSÍGNIA MOBILIÁRIO	5	01:09:42.017	00:19:00.612
27	Miguel Pimentel	----	134	01:10:41.502	00:20:00.097
28	João Matos	CPT Coimbra	80	01:10:46.318	00:20:04.913
29	João Paulo de Sousa e Silva	Ohana	131	01:10:51.906	00:20:10.501
30	Diogo Pereira	Clube de Ancas	72	01:11:13.982	00:20:32.577
31	Nuno Andrade	Bioteam	12	01:11:59.648	00:21:18.243
32	Nuno Filipe Lopes da Silva	----	26	01:12:07.410	00:21:26.005
33	Vasco Dias Martins da Rosa Pires	----	30	01:13:00.760	00:22:19.355
34	Alexander Marques	Clube de Ancas	129	01:13:08.845	00:22:27.440
35	Gabriel	----	125	01:13:09.175	00:22:27.770
36	Nikita Eremenko	----	29	01:14:47.017	00:24:05.612
37	João Rodrigues	----	17	01:14:59.179	00:24:17.774
38	Tiago	Clube de Ancas	106	01:15:03.209	00:24:21.804
39	Paulo Sérgio Pires de Almeida	----	34	01:16:26.088	00:25:44.683
40	Tiago Pereira	#DeusNoComando	10	01:16:47.025	00:26:05.620
41	Gonçalo Carneiro	Fireman Challenge	154	01:16:47.764	00:26:06.359
42	António Pires	Comando Territorial de Aveiro	137	01:17:09.420	00:26:28.015
43	Valter de Miranda Jacinto	grupo desportivo Assempark - AVEIRO	45	01:18:29.178	00:27:47.773

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44	João Pedro Duarte Lopes	Scparadela	46	01:19:04.926	00:28:23.521
45	João Lopes	----	174	01:19:25.914	00:28:44.509
46	Rui manuel monteiro	----	147	01:19:55.871	00:29:14.466
47	Alexandre Samuel Fonseca Duarte	----	123	01:20:31.396	00:29:49.991
48	Filipe Fonseca	Fireman Challenge	153	01:20:46.633	00:30:05.228
49	Carlos Santos	Melguinhas doces	115	01:21:11.395	00:30:29.990
50	Gonçalo Daniel Correia	Clube de Ancas	107	01:21:17.414	00:30:36.009
51	Carlos Almeida	COMANDO TERRITORIAL DE AVEIRO	139	01:21:40.190	00:30:58.785
52	Roberto Rodrigues	Comando Territorial de Aveiro	141	01:21:42.535	00:31:01.130
53	Fábio Marques	Mexe mexe	112	01:22:34.100	00:31:52.695
54	Ricardo Lourenço	Mexe mexe	110	01:22:35.701	00:31:54.296
55	Bruno Martins	Ohana	148	01:23:13.895	00:32:32.490
56	Pedro Nunes	Atletismo clube da Tocha	84	01:24:01.624	00:33:20.219
57	Vasco rocha	Melguinhas doces	117	01:26:07.830	00:35:26.425
58	Pedro Martins	CPT Coimbra	58	01:28:03.948	00:37:22.543
59	José Teixeira	Fireman Challenge	161	01:28:53.613	00:38:12.208
60	João Carlos Freire Caetano da Silva	----	144	01:29:05.090	00:38:23.685
61	Nelson Adrego	Comando Territorial de Aveiro	70	01:29:29.367	00:38:47.962
62	Nuno Sucena	----	165	01:32:48.818	00:42:07.413
63	Luís Manuel da Silva Neto	ALL 4 Mountain BTT Águeda	142	01:32:56.723	00:42:15.318
64	Raul	----	25	01:33:21.392	00:42:39.987
65	Miguel Vaz	Comando Territorial de Aveiro	140	01:34:41.491	00:44:00.086
66	Nuno Cardoso	----	130	01:34:50.170	00:44:08.765
67	Paulo Carmo	----	31	01:35:18.013	00:44:36.608
68	João A. M. Santos	----	124	01:37:14.973	00:46:33.568
69	António Castanheira	CPT Coimbra	66	01:40:53.080	00:50:11.675
70	Filipe Seabra	Clube de Ancas	75	01:41:17.080	00:50:35.675
71	Ricardo Filipe Santos Maia	----	85	01:41:39.563	00:50:58.158
72	Nuno Coelho	Os moitas	96	01:41:40.528	00:50:59.123
73	Bruno Carvalho	Fireman Challenge	156	01:48:35.146	00:57:53.741
74	Hugo Seabra	Clube de Ancas	73	02:02:11.022	01:11:29.617
<b>FEMININO</b>					
1	Isoleta Simões	----	47	01:10:51.416	----
2	Vera Nogueira	Comando Territorial de Aveiro	121	01:14:30.089	00:03:38.673
3	Patrícia Santos	----	60	01:14:47.993	00:03:56.577
4	Renata Vinagre	Ozxtreme/ADCRPereira	135	01:15:09.904	00:04:18.488
5	Joana Moutela	----	55	01:17:38.668	00:06:47.252
6	Fátima Machado	CPT Coimbra	95	01:20:02.149	00:09:10.733
7	Manuela Marques	OzXtreme	93	01:20:44.816	00:09:53.400
8	Marisa Santos	Comando Territorial de Aveiro	126	01:21:20.119	00:10:28.703
9	Filipa Ângela	Comando Territorial de Aveiro	119	01:21:20.357	00:10:28.941
10	sofia costa	Sport Clube Paradela	87	01:22:27.080	00:11:35.664
11	Neide Dias	Mexe mexe	111	01:22:31.141	00:11:39.725
12	Rute Bastos	Atletismo Clube da Tocha	143	01:23:44.843	00:12:53.427

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13	Patrícia Gomes	Atletismo clube da tocha	83	01:24:00.510	00:13:09.094
14	Sara cristina almeida silva	----	146	01:24:07.650	00:13:16.234
15	Celia Oliveira	----	76	01:25:02.050	00:14:10.634
16	Sandra chipelo	Melguinhas doces	116	01:25:04.957	00:14:13.541
17	Berta pires	Melguinhas doces	114	01:25:14.053	00:14:22.637
18	Inês Ernesto	----	173	01:26:18.866	00:15:27.450
19	INÊS MENDONÇA	Desliza Team	40	01:28:36.770	00:17:45.354
20	Vera Abreu	Comando Territorial de Aveiro	69	01:29:33.003	00:18:41.587
21	Catarina Reis	Lobos do Monte	37	01:30:30.323	00:19:38.907
22	Alzira Armada	Lobos do monte	42	01:30:30.660	00:19:39.244
23	Rosa Correia	Fireman Challenge	157	01:32:45.826	00:21:54.410
24	Lia Miranda	----	166	01:32:48.327	00:21:56.911
25	Sofia Figueiredo	----	43	01:33:21.106	00:22:29.690
26	Armanda Santos	Fireman Challenge	155	01:33:44.334	00:22:52.918
27	Michele Martins	----	136	01:35:00.257	00:24:08.841
28	Rita Tinoco Torres	----	61	01:35:16.723	00:24:25.307
29	Rosa Matos	CPT Coimbra	81	01:35:45.267	00:24:53.851
30	Leonor Coelho	----	48	01:40:12.780	00:29:21.364
31	Graça Castanheira	CPT Coimbra	67	01:40:52.857	00:30:01.441
32	Vera Branco	#DeusNoComando	9	01:41:34.268	00:30:42.852
33	Daniela Geitoeira	Os Moitas	79	01:41:41.539	00:30:50.123
34	Lurdes Martins	CPT Coimbra	57	01:42:32.106	00:31:40.690
35	Mª João Nogueira	CPT Coimbra	49	01:42:33.481	00:31:42.065
36	Tânia Filipa Gomes Martins	CPT Coimbra	56	01:47:57.211	00:37:05.795
37	Bárbara Pereira	Clube de Ancas	77	01:48:06.788	00:37:15.372
38	Carla Neves	----	128	01:56:01.569	00:45:10.153
39	Marlene Freitas	Comando Territorial de Aveiro	100	02:00:29.380	00:49:37.964
--	Elisabeth Oliveira	Cd pateira	89	--:--:-- (D)	----
--	Ana Lopes	CD pateira	82	--:--:-- (D)	----
--	Sara Fernandes	----	167	--:--:-- (D) (NT)	----