

Lugar	Dorsal	S Nome	País	EQUIPA	Escalões	Tempo	Diferença
1	1119	M JOÃO ALVES	PORTUGAL	C.M.M. ESCARAVELHOS TEAM	SEN M	01:31:49.877	00:00:00.000
2	2066	M JOÃO PATRÍCIO	PORTUGAL	INDIVIDUAL	SEN M	01:32:03.040	00:00:13.163
3	2054	M TIAGO BARBOSA	PORTUGAL	C.M.M. ESCARAVELHOS TEAM	SUB23 M	01:32:13.183	00:00:23.306
4	2036	M FERNANDO SANTOS	PORTUGAL	C.M.M. ESCARAVELHOS TEAM	SEN M	01:34:54.407	00:03:04.530
5	2052	M CARLOS PEREIRA	PORTUGAL	MIRO TRAIL	M40	01:37:08.433	00:05:18.556
6	2138	M ALEX SILVA	PORTUGAL	SC POVOENSE - CARACÓIS DE CORRIDA	M40	01:37:36.520	00:05:46.643
7	2081	M VÍTOR GODINHO	PORTUGAL	ESCOLA DE ATLETISMO DE COIMBRA/ INTERMARCHÉ CONDEIXA	M40	01:38:33.883	00:06:44.006
8	2115	M LUIS MARTINS	PORTUGAL	PASCOALITOS AB BARCOUÇO	M40	01:40:56.533	00:09:06.656
9	2038	M LUÍS RODRIGUES	PORTUGAL	INDIVIDUAL	SEN M	01:47:38.643	00:15:48.766
10	2110	M PAULO MARQUES	PORTUGAL	PASCOALITOS AB BARCOUÇO	M50	01:48:10.340	00:16:20.463
11	2128	M JOÃO ALVES	PORTUGAL	ADABEM RUNNING TEAM	M40	01:48:23.643	00:16:33.766
12	2064	M JOSÉ BAPTISTA	PORTUGAL	INDIVIDUAL	M40	01:48:30.547	00:16:40.670
13	2012	M JOÃO PIRES	PORTUGAL	ADABEM RUNNING TEAM	M40	01:48:48.763	00:16:58.886
14	2084	M VICTOR DOURADO	PORTUGAL	MONGES DO VAROSA	M40	01:49:09.657	00:17:19.780
15	2119	M ALBERTO CUNHA	PORTUGAL	BENFEITA ALDEIAS DE XISTO L	M40	01:49:19.023	00:17:29.146
16	2123	M TIAGO FERNANDES	PORTUGAL	INDIVIDUAL	SEN M	01:50:09.030	00:18:19.153
17	2056	M DAVID ASSIS	PORTUGAL	CASA DO POVO DE MANGUALDE	M50	01:51:14.787	00:19:24.910
18	1117	M EDGAR GOMES	PORTUGAL	FARMÁCIA LUCIANO E MATOS	SEN M	01:51:59.140	00:20:09.263
19	2028	M BRUNO SOUSA	PORTUGAL	OCR PORTUGAL LAB	M40	01:53:52.683	00:22:02.806
20	2165	M NUNO GONÇALVES	PORTUGAL	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	M40	01:54:39.210	00:22:49.333
21	2127	M JOSE MARTINS	PORTUGAL	SARZEDO RUNNERS	M40	01:54:44.397	00:22:54.520
22	2122	M ANDRÉ COELHO	PORTUGAL	C.M.M. ESCARAVELHOS TEAM	SEN M	01:54:51.987	00:23:02.110
23	2107	M CLAUDIO MARQUES	PORTUGAL	INDIVIDUAL	M40	01:55:24.387	00:23:34.510
24	2061	M FERNANDO MORAIS	PORTUGAL	SACA TRILHOS ANADIA	M50	01:55:51.067	00:24:01.190
25	1115	M ABEL SIMÕES	PORTUGAL	INDIVIDUAL	SEN M	01:55:55.867	00:24:05.990
26	2160	M RICARDO PENEDA	PORTUGAL	#PISTOLEIROS DOTRAIL	M40	01:57:05.397	00:25:15.520
27	2067	M NUNO ALMEIDA	PORTUGAL	NA TEAM	M40	02:01:51.607	00:30:01.730
28	2053	F PAULA NEVES	PORTUGAL	MIRO TRAIL	F40	02:03:58.017	00:32:08.140
29	2095	M VASCO TAVARES	PORTUGAL	CASAL DE SÃO JOÃO	M40	02:04:49.543	00:32:59.666
30	2120	M PAULO SOARES	PORTUGAL	CASA DO BENFICA DE ARGANIL	SEN M	02:05:35.360	00:33:45.483
31	2048	M RICARDO LOPES	PORTUGAL	CLUBE BENFEITA-ALDEIA DE XISTO	SEN M	02:05:36.273	00:33:46.396
32	2068	M JOSÉ DIAS	PORTUGAL	100 GAS TRAIL TEAM	M40	02:06:24.920	00:34:35.043
33	2069	F SILVIA DIAS	PORTUGAL	100 GAS TRAIL TEAM	F40	02:06:25.233	00:34:35.356
34	2079	M JULIO LOUREIRO	PORTUGAL	100 GAS TRAIL TEAM	M40	02:06:25.347	00:34:35.470
35	2043	M MARCO MARQUES	PORTUGAL	ADABEM RUNNING TEAM	SEN M	02:07:12.033	00:35:22.156
36	2153	M PEDRO RITO	PORTUGAL	INDIVIDUAL	M40	02:10:09.920	00:38:20.043
37	2108	M LUIS MENDES	PORTUGAL	NEXEBRA TRAIL TEAM	M40	02:11:34.103	00:39:44.226
38	2145	M EUGÉNIO NEVES	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M50	02:11:36.423	00:39:46.546
39	2090	M PEDRO PAIVA	PORTUGAL	CROSS BOX AÇOR	S/ESCALÃO	02:11:51.903	00:40:02.026
40	2154	M JOÃO FERREIRA	PORTUGAL	SARZEDO RUNNERS	M40	02:12:02.440	00:40:12.563
41	2132	M VALTER MARQUES	PORTUGAL	AVENTURA TRAIL	M40	02:12:19.357	00:40:29.480
42	2103	M NILTON CAETANO	PORTUGAL	LAMA SOLTA	M40	02:12:24.353	00:40:34.476
43	2098	M ARTUR FIGUEIREDO	PORTUGAL	INDIVIDUAL	M40	02:12:44.157	00:40:54.280
44	1118	M TIAGO FIGUEIREDO	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	SEN M	02:12:52.840	00:41:02.963
45	2159	M ARLINDO NEVES	PORTUGAL	SOURE MOV	M50	02:13:15.587	00:41:25.710
46	2086	M GIL NOVO	PORTUGAL	LAMA SOLTA	SEN M	02:16:39.343	00:44:49.466
47	2124	M DAVID PAIVA	PORTUGAL	SARZEDO RUNNERS	S/ESCALÃO	02:16:49.537	00:44:59.660

Lugar	Dorsal	S Nome	País	EQUIPA	Escalões	Tempo	Diferença
48	2131	M TOMÁS ALVES	PORTUGAL	TONDELA	SUB23 M	02:17:08.527	00:45:18.650
49	2077	M ROGÉRIO FERREIRA	PORTUGAL	TARTARUGA	M40	02:17:20.337	00:45:30.460
50	2072	M PEDRO FERREIRA	PORTUGAL	CENTRO TRAIL CARLOS SÁ TEAM PENACOVA	M40	02:18:50.047	00:47:00.170
51	2166	M CARLOS LOPES	PORTUGAL	VEISEU RUNNING TEAM	M40	02:19:06.897	00:47:17.020
52	2094	M ANTÓNIO REBELO	PORTUGAL	VEISEU RUNNING TEAM	M60	02:19:07.657	00:47:17.780
53	2046	F FÁTIMA FERNANDES	PORTUGAL	AVENTURAS FORTE(S) - TURISMO DE NATUREZA	SEN F	02:21:09.047	00:49:19.170
54	2139	M RUI FERNANDES	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M50	02:21:38.703	00:49:48.826
55	2143	M PAULO AZEVEDO	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M50	02:21:39.833	00:49:49.956
56	2114	M FRANCISCO AMARAL	PORTUGAL	GESTOSA	M50	02:21:49.137	00:49:59.260
57	2042	M VITOR SANTOS	PORTUGAL	100 GAS TRAIL TEAM	M40	02:22:25.180	00:50:35.303
58	2133	F SU GOMES	PORTUGAL	100 GAS TRAIL TEAM	SEN F	02:22:25.237	00:50:35.360
59	2125	F SOFIA ALMEIDA	PORTUGAL	ATLETISMO CLUBE DA TOCHA	SEN F	02:23:23.837	00:51:33.960
60	2163	M MARCEL SANTOS	PORTUGAL	SACA TRILHOS ANADIA	SEN M	02:24:02.563	00:52:12.686
61	2147	M PEDRO FERREIRA	PORTUGAL	TONDELA RUNNERS	M40	02:25:22.250	00:53:32.373
62	2161	F ANA PORTO	PORTUGAL	MORTÁGUA	F40	02:25:50.103	00:54:00.226
63	2183	M EZEQUIEL LAPO	PORTUGAL	ARCD VENDA DA LUÍSA	M40	02:27:10.727	00:55:20.850
64	2093	M DANIEL GONÇALVES	PORTUGAL	OS CONVIDADOS	SEN M	02:27:19.593	00:55:29.716
65	2151	F ELISABETE CARREIRA	PORTUGAL	SOURE MOV	F40	02:27:19.703	00:55:29.826
66	1124	M ANTÓNIO MARTINS	PORTUGAL	CORRER VISEU	M40	02:27:36.670	00:55:46.793
67	2142	M RUI AZEVEDO	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M40	02:28:36.337	00:56:46.460
68	2111	F EUGÉNIA BATISTA	PORTUGAL	SOURE MOV	F50	02:29:03.100	00:57:13.223
69	2157	M PEDRO OLIVEIRA	PORTUGAL	FARMÁCIA LUCIANO E MATOS	M50	02:30:42.220	00:58:52.343
70	2017	F CRISTINA MEIRELES	PORTUGAL	SACA TRILHOS ANADIA	F50	02:31:02.600	00:59:12.723
71	2021	M AGOSTINHO PEREIRA	PORTUGAL	CMMC TÁBUA	M50	02:31:23.477	00:59:33.600
72	2150	F ROSÁLIA DUARTE	PORTUGAL	SOURE MOV	F50	02:31:41.403	00:59:51.526
73	2158	M TIAGO RIBEIRO	PORTUGAL	OS CONVIDADOS	SEN M	02:32:08.340	01:00:18.463
74	2144	M MIGUEL CARVALHO	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M50	02:32:18.533	01:00:28.656
75	2060	F MARIA ABREU	PORTUGAL	CENTRO TRAIL CARLOS SÁ TEAM PENACOVA	F50	02:33:54.797	01:02:04.920
76	2075	M JOSÉ SIMÃO	PORTUGAL	ACDRS QUINHENDROS	M40	02:33:55.557	01:02:05.680
77	2130	M RUI SILVA	PORTUGAL	LISBOA	M50	02:33:56.943	01:02:07.066
78	2137	M ANDRÉ CARVALHO	PORTUGAL	ADOES TRAIL TEAM	SEN M	02:34:21.597	01:02:31.720
79	2136	M TIAGO BERNARDES	PORTUGAL	ADOES TRAIL TEAM	SEN M	02:34:21.987	01:02:32.110
80	2186	M MANUEL JACINTO		INDIVIDUAL	M40	02:34:40.713	01:02:50.836
81	2051	M PEDRO SÉRGIO	PORTUGAL	CLUBE BENFEITA-ALDEIA DE XISTO	SEN M	02:36:55.667	01:05:05.790
82	2049	M NUNO MARTINS	PORTUGAL	CLUBE BENFEITA-ALDEIA DE XISTO	SEN M	02:36:56.320	01:05:06.443
83	2050	M DANIEL SANTOS	PORTUGAL	CALÕES TEAM PRO	SEN M	02:36:56.490	01:05:06.613
84	2047	M TIAGO CARVALHO	PORTUGAL	PÓNALAMA	SEN M	02:38:27.347	01:06:37.470
85	2065	M RICARDO BARBOSA	PORTUGAL	D4E	M40	02:38:28.400	01:06:38.523
86	2168	M HUGO RODRIGUES	PORTUGAL	INDIVIDUAL	SEN M	02:38:32.903	01:06:43.026
87	2058	F MARIA PEREIRA	PORTUGAL	CASA DO BENFICA DE ARGANIL	F50	02:39:48.840	01:07:58.963
88	2031	M JOSE PEREIRA	PORTUGAL	CASA DO BENFICA DE ARGANIL	M60	02:39:49.923	01:08:00.046
89	2170	F ANA GONÇALVES	PORTUGAL	OCR PORTUGAL LAB	F40	02:40:46.760	01:08:56.883
90	2152	M RUI MACHADO	PORTUGAL	ADOES TRAIL TEAM	SEN M	02:41:54.977	01:10:05.100
91	2155	M JOSÉ COUTINHO	PORTUGAL	CPT COIMBRA	M60	02:42:09.523	01:10:19.646
92	2102	M NUNO VEIGA	PORTUGAL	ALDEIA DAS DEZ	M50	02:42:41.800	01:10:51.923
93	2032	M DAVID ANDRADE	PORTUGAL	INDIVIDUAL	SEN M	02:43:34.580	01:11:44.703
94	2092	F HELENA OLIVEIRA	PORTUGAL	SARZEDO RUNNERS	F40	02:45:35.140	01:13:45.263

Lugar	Dorsal	S Nome	País	EQUIPA	Escalões	Tempo	Diferença
95	2013	F ANA SALSAS	PORTUGAL	LOBOS DA SERRA - LOUREIRO	SEN F	02:48:30.137	01:16:40.260
96	2015	M PEDRO BAILÃO	PORTUGAL	INDIVIDUAL	M40	02:48:40.330	01:16:50.453
97	2181	F PAULA GONÇALVES	PORTUGAL	ARCD VENDA DA LUÍSA	F40	02:50:04.533	01:18:14.656
98	2173	F CRISTINA MELO	PORTUGAL	ARCD VENDA DA LUÍSA	F40	02:50:16.973	01:18:27.096
99	2141	M LUIS SILVA	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M40	02:50:42.083	01:18:52.206
100	2167	F SANDRA RIBEIRO	PORTUGAL	COIMBRA TRAIL RUNNING	F40	02:50:45.027	01:18:55.150
101	2175	M GONÇALO DEUS	PORTUGAL	ARCD VENDA DA LUÍSA	SUB23 M	02:51:32.840	01:19:42.963
102	2180	F MARGARIDA MOITA	PORTUGAL	ARCD VENDA DA LUÍSA	SUB23 F	02:51:33.110	01:19:43.233
103	2014	M NUNO PAIVA	PORTUGAL	SARZEDO RUNNERS	M40	02:51:36.873	01:19:46.996
104	2076	F PAULA MARQUES	PORTUGAL	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	F40	02:51:46.200	01:19:56.323
105	2018	M FILIPE RIBEIRO	PORTUGAL	INDIVIDUAL	SEN M	02:52:33.100	01:20:43.223
106	2088	M JOÃO SIMÕES	PORTUGAL	ANSIÃO	M60	02:54:22.910	01:22:33.033
107	2106	F TÂNIA PINTO	PORTUGAL	AVENTURA TRAIL	SEN F	02:54:31.833	01:22:41.956
108	2178	M JOSÉ CORREIA	PORTUGAL	ARCD VENDA DA LUÍSA	M60	02:54:55.817	01:23:05.940
109	2080	F JUDITE ROQUE	PORTUGAL	LAMA SOLTA	F40	02:57:14.997	01:25:25.120
110	2082	F ELISA BREGIEIRO	PORTUGAL	LAMA SOLTA	SEN F	02:57:15.393	01:25:25.516
111	2083	F VERA MARTINS	PORTUGAL	CROSS BOX AÇOR	SEN F	02:58:11.757	01:26:21.880
112	2030	M BRUNO COSTA	PORTUGAL	UDT TOUCH	M40	03:03:27.400	01:31:37.523
113	2033	M JOSÉ OLIVEIRA	PORTUGAL	UDT TOUCH	M40	03:03:29.350	01:31:39.473
114	2169	F MARIA RODRIGUES	PORTUGAL	INDIVIDUAL	F50	03:03:34.863	01:31:44.986
115	2024	M JOÃO MORAIS	PORTUGAL	DROP IN TRAIL	SEN M	03:03:50.077	01:32:00.200
116	2070	M FRANCISCO FIGUEIREDO	PORTUGAL	INDIVIDUAL	M40	03:03:52.817	01:32:02.940
117	2172	F CIDÁLIA CANAIS	PORTUGAL	ARCD VENDA DA LUÍSA	F50	03:05:40.410	01:33:50.533
118	2182	F TÂNIA LOURENÇO	PORTUGAL	ARCD VENDA DA LUÍSA	SEN F	03:05:41.377	01:33:51.500
119	2184	M TIAGO COELHO		INDIVIDUAL	SUB23 M	03:06:52.673	01:35:02.796
120	2135	M NELSON MONTEIRO	PORTUGAL	AVENTURA TRAIL	M40	03:07:12.620	01:35:22.743
121	2097	M BRUNO FERREIRA	PORTUGAL	INDIVIDUAL	M40	03:10:50.790	01:39:00.913
122	2109	F MÓNICA CUNHA	PORTUGAL	FARMÁCIA LUCIANO E MATOS	F40	03:14:35.877	01:42:46.000
123	2037	M NUNO FIDALGO	PORTUGAL	OS CONVIDADOS	M40	03:14:37.857	01:42:47.980
124	2126	M NUNO CARVALHO	PORTUGAL	OS CONVIDADOS	SEN M	03:14:38.910	01:42:49.033
125	2041	M NUNO ALMEIDA	PORTUGAL	OS CONVIDADOS	M40	03:15:29.633	01:43:39.756
126	2146	M ANDRÉ SÁ	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	SEN M	03:16:44.567	01:44:54.690
127	2140	M FERNANDO LOURENÇO	PORTUGAL	PAZEVEDOSEGUROS/TEROMOVIGO/CASADOPAO/EFAPEL/A.D.SERPINENSE	M40	03:16:44.803	01:44:54.926
128	2096	F ANA NEVES	PORTUGAL	INDIVIDUAL	F40	03:17:05.270	01:45:15.393
129	2062	F TÂNIA SILVA	PORTUGAL	INDIVIDUAL	SEN F	03:19:28.533	01:47:38.656
130	2026	F JULIANA SANTOS	PORTUGAL	DROP IN TRAIL	SEN F	03:19:59.527	01:48:09.650
131	2022	M ALEXANDRE COELHO	PORTUGAL	INDIVIDUAL	SEN M	03:19:59.710	01:48:09.833
132	2156	M SÉRGIO MARQUES	PORTUGAL	CAMINHAR AO LUAR	M40	03:20:54.647	01:49:04.770
133	2071	F CÁTIA FIGUEIREDO	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	SEN F	03:21:55.850	01:50:05.973
134	2149	M MANUEL JORGE	PORTUGAL	FARMÁCIA LUCIANO E MATOS	M60	03:24:51.067	01:53:01.190
135	2099	M IVO CORDEIRO	PORTUGAL	GANG DA AREOSA	SEN M	03:25:43.157	01:53:53.280
136	2100	F TATIANA MORAIS	PORTUGAL	GANG DA AREOSA	SEN F	03:25:43.487	01:53:53.610
137	2044	F CRISTINA SILVA	PORTUGAL	100 GAS TRAIL TEAM	F40	03:26:55.107	01:55:05.230
138	2078	F FATIMA ANASTACIO	PORTUGAL	100 GAS TRAIL TEAM	F40	03:29:44.467	01:57:54.590
139	2035	M HUGO MARTINS	PORTUGAL	CROSS FG	M40	03:33:16.737	02:01:26.860
140	2176	F GRAÇA SIMÕES	PORTUGAL	ARCD VENDA DA LUÍSA	F40	03:35:29.090	02:03:39.213
141	2174	F MARISA CORREIA	PORTUGAL	ARCD VENDA DA LUÍSA	SEN F	03:35:29.097	02:03:39.220

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142	2177	F GUIDA SILVA	PORTUGAL	ARCD VENDA DA LUÍSA	F40	03:35:29.433	02:03:39.556
143	2113	F MARGARIDA ABREU	PORTUGAL	ALLFORONE	SEN F	03:42:15.453	02:10:25.576
144	2112	M DAVIDE BORGES	PORTUGAL	GESTOSA	M40	03:43:14.427	02:11:24.550
145	2105	F SANDRA MARQUES	PORTUGAL	INDIVIDUAL	F40	03:44:01.877	02:12:12.000
146	2185	M BRUNO MARTINS		INDIVIDUAL	SEN M	03:47:16.293	02:15:26.416
147	2039	M TIAGO SANTOS	PORTUGAL	FFIITT GORDOS BY AMCR SILVEIRINHO	SEN M	03:47:16.687	02:15:26.810
148	2118	F ANA CALVINHO	PORTUGAL	ACTIFISIO	F50	03:55:57.453	02:24:07.576
149	2117	M EMANUEL CASIMIRO	PORTUGAL	ACTIFISIO	M40	03:55:57.747	02:24:07.870
150	2089	F MARIA FREIRE	PORTUGAL	100 GAS TRAIL TEAM	F60	03:58:21.250	02:26:31.373
151	2059	F DINA FERREIRA	PORTUGAL	INDIVIDUAL	F40	04:06:47.930	02:34:58.053
152	2055	M BRUNO FERREIRA	PORTUGAL	INDIVIDUAL	SEN M	04:06:48.617	02:34:58.740
153	2101	F ELISA SANTOS	PORTUGAL	INDIVIDUAL	F40	04:16:43.613	02:44:53.736