

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
22	1	1	BRUNO FERREIRA	AGUIAS DE ALVELOS	M	31	02:07:12	05:05	MSEN
69	2	2	RICARDO MIRANDA	GTTARMAZEM DO CAFFE	M	28	02:17:09	05:29	MSEN
68	3	1	ADRIANO SA	AGUIAS DE ALVELOS	M	45	02:18:39	05:32	M40
56	4	1	AGOSTINHO RODRIGUES	ASC VILA DO CONDE	M	52	02:20:11	05:36	M50
67	5	3	CARLOS COELHO		M	33	02:20:46	05:38	MSEN
33	6	4	FRANCISCO ROSA	BARCELOS TEAM PORTUG	M	36	02:29:44	05:59	MSEN
23	7	2	HILARIO GARIM	ACRRORIZ	M	60	02:31:08	06:03	M50
25	8	5	PEDRO TORRES	VIDAATIVARUNNERS	M	33	02:32:22	06:05	MSEN
37	9	6	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	38	02:33:57	06:10	MSEN
63	10	2	FERNANDO SILVA	TERAPIAS ALEXANDRA C	M	42	02:41:04	06:27	M40
71	11	7	RICARDO PAIS	ERMIDAFIT	M	35	02:45:03	06:36	MSEN
27	12	3	CARLOS PEDRINHAS	AMIGOS DA MONTANHA	M	52	02:46:52	06:40	M50
40	13	8	PEDRO CUNHA	VIDAATIVARUNNERS	M	31	02:50:58	06:50	MSEN
57	14	3	MANUEL GONCALVES	ALVELINHOSRUNNING	M	45	02:52:52	06:55	M40
61	15	9	RICARDO SOUSA	AGUIAS DE ALVELOS	M	32	02:53:52	06:57	MSEN
49	16	4	NELSON CARVALHO	ALVELINHOSRUNNING	M	42	02:53:56	06:58	M40
70	17	1	TELMA DUARTE	ERMIDAFIT	F	30	03:00:06	07:12	FSEN
58	18	10	JOSE COSTA	FAMA RUNNERS	M	39	03:00:13	07:12	MSEN
53	19	5	RUI BOAS	DITCHIL GO	M	40	03:01:02	07:14	M40
24	20	4	JOSE MACHADO	CYCLONESSPORTS	M	54	03:05:21	07:25	M50
55	21	6	JOAO CERQUEIRA	GRUPO JUVENIL DE VIL	M	44	03:07:37	07:31	M40
26	22	11	NELSON LEAL		M	32	03:08:42	07:33	MSEN
46	23	7	FERNANDO FERNANDES	TERRAS DO VEZ	M	44	03:08:50	07:33	M40
65	24	12	DANIEL FERNANDES		M	39	03:08:50	07:33	MSEN
66	25	8	RUI MACHADO	ALVELINHOSRUNNING	M	40	03:09:07	07:34	M40
62	26	13	ALVARO SANTOS		M	37	03:12:58	07:43	MSEN
48	27	9	JOSE CARVALHO	ALVELINHOSRUNNING	M	45	03:14:28	07:47	M40
60	28	10	PAULO FARIA	AGUIAS DE ALVELOS	M	41	03:14:28	07:47	M40
50	29	5	FIRMINO SILVA	ARCA BARCELOS RUNNER	M	51	03:14:28	07:47	M50
59	30	14	LEONEL AZEVEDO	AGUIAS DE ALVELOS	M	36	03:14:28	07:47	MSEN
36	31	1	CONCEICAO QUEIROZ	GTTARMAZEM DO CAFFE	F	58	03:14:46	07:47	F50
42	32	15	ANDRE AMORIM	AGUIAS DE ALVELOS	M	26	03:26:26	08:15	MSEN
30	33	16	LUIS VAZ	GTTARMAZEM DO CAFFE	M	32	03:37:00	08:41	MSEN
51	34	6	JOSE PINTO	CICLISTAS COSMICOS	M	51	03:37:00	08:41	M50
20	35	17	JOAO FIGUEIREDO	ACRRORIZ	M	39	03:53:27	09:21	MSEN
54	36	1	CATARINA PEREIRA	EI TEAM TRAIL	F	41	04:03:02	09:43	F40
41	37	7	BELARMINO SOUSA	ACRRORIZ	M	73	04:14:56	10:12	M50
19	38	11	ANTONIO DIAS		M	49	04:16:08	10:15	M40
28	39	2	ISABEL MARTINS	AMIGOS DA MONTANHA	F	52	04:23:12	10:31	F50
43	40	18	JORGE ROCHA	INVICTA RUNNERS TEAM	M	38	05:01:55	12:05	MSEN
44	41	2	CARLA SANTOS	INVICTA RUNNERS TEAM	F	47	05:01:55	12:05	F40