

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
1	Artur Oliveira	218	M 50	Caracóis de Pedra	02:00:14
2	Luis Hernandez	113	M SEN	CTAD - Trilhos de Cinfães	02:02:41
3	Arsénio Santos	112	M SEN	O MUNDO DA CORRIDA	02:03:32
4	Nuno Vaz	111	M SEN	Caracóis de Pedra	02:05:56
5	Floriano Silva	174	M SEN	Aminhacorrida/myprotein	02:09:15
6	Moisés Barroso	213	M 40	ABCansadoTrail	02:10:05
7	Bruno Dias	191	M 40	Adraga BTTeam	02:12:54
8	Pedro Baleia	108	M SEN	Caracóis de Pedra	02:15:37
9	Nelson Candeias	100	M 40	4Win	02:15:49
10	João Apolinário	110	M SEN	Caracóis de Pedra	02:17:04
11	Luis Pedro Peixoto Nunes	5	M 40	---	02:22:22
12	Luís Carlos Pereira Alberto	94	M SEN	Oxygen Gym & Fitness	02:23:31
13	Marcelo Dias	131	M 40	Salamandrecos	02:25:10
14	Victor Varizo	3	M 40	Pernas de Gafanhoto	02:26:35
15	Tiago Baleia	109	M SEN	Caracóis de Pedra	02:28:54
16	Hugo Borges	40	M SEN	Amigos Atletismo Mafra	02:32:24
17	Pedro Teixeira	11	M 40	Portelas	02:33:01
18	Manuel Alexandre Lopes Amado	70	M 40	A Raia	02:34:00
19	Pedro Miguel Temporão	71	M SEN	A Raia	02:34:01
20	Carlos Lopes	171	M 40	Aminhacorrida/myprotein	02:34:07
21	Sérgio Lopes	67	M 40	---	02:35:31
22	Bruno Matos	209	M SEN	---	02:36:16
23	Nelson Perpétua	123	M 40	Liz Runners	02:40:11
24	Edgar Reis Martins	50	M SEN	---	02:41:34
25	Peter Cooper	157	M 50	Clube Atletismo Amigos de Belém	02:44:43
26	Jorge Russo	14	M 40	Lisbon Urban Hiking Trail Running Team	02:44:48
27	Edgar Francisco	45	M 50	u.r.d.arranhò	02:46:04
28	Sérgio Moura	203	M SEN	---	02:46:33
29	João Veiga	187	M 40	Tartarugas Noturnas	02:49:15
30	António Santos Costa	129	M 40	---	02:50:28
31	Pedro Caneco	158	M 40	Coininha Runners	02:51:04
32	Joao Carlos Lopes	65	M 50	I Am Fit	02:51:30
33	Nuno Dantas	160	M SEN	Coininha Runners	02:51:47
34	Samuel Reis	102	M SEN	4Win	02:52:13
35	Rui Isidoro	72	M 40	A Raia	02:53:36
36	Eunice Amorim	88	F 50	B C C RUNNERS	02:53:41
37	Diogo Osório	208	M 40	Coversteel Running Team	02:54:28
38	Francisco Carvalho	207	M 40	Coversteel Running Team	02:54:34
39	Sonia Barros	29	F 40	Ai Nós Jamor	02:54:42
40	Romario Almeida	97	M 40	---	02:54:47
41	Luis Ferreira	47	M 50	u.r.d.arranhò	02:55:17
42	Joaquim Caeiro	21	M 40	AlenMinho	02:55:35
43	Carlos Costa	164	M 50	traillers	02:56:33
44	Filipe Branco	44	M 40	u.r.d.arranhò	02:57:11

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
45	David Silva	180	M SEN	Correr Lisboa	02:57:32
46	Pedro Ferreira	86	M 50	B C C RUNNERS	02:57:48
47	Paulo Serra	64	M 40	Matilha da Atalaia	02:57:57
48	Armando Parreira	104	M 40	---	02:58:14
49	Joao Carlos Crespo	38	M 50	---	02:59:36
50	Douglas Fry	9	M 60	---	02:59:42
51	Avelino Alves	81	M SEN	TECLAHOST.COM	02:59:45
52	Fernando G G Da Silva	33	M 50	---	02:59:49
53	João Barreto	85	M 50	B C C RUNNERS	03:00:09
54	Nuno Mota	41	M SEN	Amigos Atletismo Mafra	03:00:58
55	Bruno Tiago Freitas Cardoso Firme	55	M SEN	Tartarugas Noturnas	03:01:10
56	Pedro Domingues	200	M SEN	Miranda	03:01:22
57	Sérgio Vicente	12	M 40	---	03:01:26
58	Tiago Realista	43	M 40	Amigos Atletismo Mafra	03:01:31
59	José Francisco Duarte Neves	103	M 40	---	03:02:12
60	Catarina Costa	25	F SEN	Ai Nós Jamor	03:02:17
61	Fabio Rodrigues	26	M SEN	Ai Nós Jamor	03:02:30
62	Andrè Mota	48	M 40	u.r.d.arranhò	03:02:32
63	Anibal Jose De Sousa Costa	57	M 40	---	03:02:52
64	Fernando Pereira	89	M 40	---	03:02:55
65	João Cardoso	114	M 40	---	03:03:00
66	Francisco Dias	216	M 40	---	03:03:19
67	André Miranda	199	M SEN	Miranda	03:03:25
68	Nuno Bonifácio	82	M 40	B C C RUNNERS	03:03:31
69	Marcelo Silva	206	M 40	Carapaus de Corrida	03:03:44
70	João Cortesão	135	M SEN	Two Trailers	03:04:58
71	Bruno Rocha	134	M SEN	Two Trailers	03:04:59
72	Valter Fontão	101	M SEN	4Win	03:05:02
73	José Francisco Paulo Rocha	165	M 50	---	03:05:06
74	Adriano Pimentel	107	M SEN	Caracóis de Pedra	03:05:10
75	Bruno Miguel Rolo Regalo	54	M 40	Tartarugas Noturnas	03:06:22
76	Mário Jorge Correia Louro	51	M 40	Tartarugas Noturnas	03:06:24
77	Jose Antonio Afonso	31	M 40	---	03:07:17
78	Rui Filipe Loures Martins	182	M SEN	---	03:08:04
79	Nuno Calisto	66	M SEN	---	03:08:12
80	Rui Marques	23	M 40	Sintra Runners	03:08:14
81	Nuno Almeida	24	M 40	Sintra Runners	03:08:20
82	Rui Lourenço	106	M 40	---	03:08:23
83	Carla Gonçalves	137	F 40	---	03:08:26
84	Wilson Rodrigues	98	M SEN	---	03:08:37
85	Júlio Castro	148	M 50	Clube Atletismo Amigos de Belém	03:09:02
86	João Limpo	120	M SEN	Atletas Fortíssimos	03:09:07
87	Aníbal Costa	119	M SEN	Atletas Fortíssimos	03:09:11
88	Ana Santos	79	F SEN	As Máquinas	03:10:30

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
89	Telmo Coelho	130	M 40	---	03:10:44
90	João Filipe Pereira Lourenço	95	M SEN	Oxygen Gym & Fitness	03:11:06
91	Paulo Pereira	35	M 40	Alcache	03:11:12
92	Nuno Caldeira	37	M SEN	Alcache	03:11:18
93	Bruno Vicente Silva Pinto	99	M SEN	4Win	03:11:54
94	Lino Silva	170	M 40	Clube Cimpor	03:11:56
95	Luís Martinho	152	M 40	---	03:12:55
96	André Teles Silva	167	M SEN	Caracóis Furiosos	03:13:21
97	Tiago Caramelo	116	M SEN	Jagozes e afins	03:13:41
98	Luis Silvestre	159	M SEN	Coininha Runners	03:13:59
99	Paulo Jose Louro Costa	166	M 40	---	03:14:47
100	Pedro Silva	87	M 40	B C C RUNNERS	03:14:50
101	Aureliano Luz	76	M 40	As Máquinas	03:15:31
102	Pedro Miguel Miranda Lopes	142	M 40	---	03:15:35
103	Isabel Pinho	90	F SEN	As Máquinas	03:15:44
104	Manuel Alfredo Esteves Cardoso	155	M 50	---	03:16:57
105	Maria Madalena Mateus Menino	139	F SEN	---	03:17:17
106	Gonçalo Nazaré	10	M SEN	---	03:17:20
107	Henrique Ferreira	49	M 40	u.r.d.arranhò	03:17:23
108	Paulo Alexandre Ferreira Viriato	52	M 40	Tartarugas Noturnas	03:17:27
109	Ricardo Tomaz	178	M SEN	Dolce Furadouro	03:17:47
110	Mário Romão	36	M 40	Alcache	03:18:12
111	Pedro Lopes	34	M 40	Alcache	03:18:17
112	Luís Sousa	183	M 40	---	03:18:21
113	Lia Elias	179	F SEN	Dolce Furadouro	03:18:35
114	Pedro Manuel Mariano Silva	141	M SEN	---	03:18:38
115	Ligia Fernandes	73	F SEN	A Raia	03:19:00
116	Ricardo Silva	78	M SEN	As Máquinas	03:20:31
117	Sergio Amaral	162	M 40	---	03:20:33
118	Sofia Sousa	28	F SEN	Ai Nós Jamor	03:20:37
119	Francisco Morais	59	M 50	Confraria 10H11	03:23:55
120	João Pinto	19	M SEN	Novos Trilhos	03:24:32
121	Carolina Torres	186	F SEN	PÉS TROIKADOS-CSCS	03:25:21
122	João Guerra	156	M SEN	Putos da Mangueira	03:25:23
123	Joana Saraiva	121	F SEN	---	03:27:12
124	Lucia Ventura	193	F 40	Georunners	03:27:14
125	Paulo Taboas	194	M 50	---	03:27:34
126	Manuel Borges	91	M 50	Georunners	03:27:37
127	José Costa Mendes	7	M 40	---	03:27:43
128	José Miguel Caridade Gouveia Dos Reis Torgal	201	M SEN	Jagozes e afins	03:28:53
129	Mónica Pereira	190	F 40	---	03:29:00
130	Claudia Sousa	202	F SEN	Jagozes e afins	03:29:03
131	Filipe Carvalho Balsa	192	M SEN	---	03:29:06
132	Carlos Monteiro	13	M 50	---	03:30:45

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
133	Gabriel Antonio	46	M 50	u.r.d.arranhò	03:32:19
134	Daniel Gomes	115	M 40	---	03:34:11
135	Jorge Humberto Pereira	125	M 50	---	03:34:36
136	João Rato	210	M 50	---	03:34:45
137	Sónia Capitão-mor	211	F SEN	---	03:34:47
138	Rogério Dias	84	M 40	B C C RUNNERS	03:37:45
139	Saul Costa	77	M SEN	As Máquinas	03:38:55
140	Rita Leote	30	F 40	---	03:39:27
141	Dora Luís	32	F SEN	---	03:39:29
142	Paulo Santos	122	M 40	---	03:39:56
143	Nuno Palma	20	M 40	---	03:39:58
144	Susana Faria	161	F 40	Coininha Runners	03:40:31
145	Patrícia Falcão	172	F 40	Aminhacorrida/myprotein	03:41:19
146	Pedro Monteiro	163	M 50	traillers	03:41:27
147	Rogério Pinto	18	M 60	Novos Trilhos	03:42:15
148	Filomena Maria Henriques Agostinho	93	F 40	Oxygen Gym & Fitness	03:42:35
149	Dulce Reis	173	F 40	Aminhacorrida/myprotein	03:42:56
150	Nuno Meia-onça	136	M SEN	---	03:43:01
151	Eva Machado Fonte	92	F SEN	Oxygen Gym & Fitness	03:43:10
152	Carmen Cuna	138	F 40	---	03:45:31
153	Susana Climas	169	F SEN	Caracóis Furiosos	03:45:38
154	Renato Vieira	168	M 40	Caracóis Furiosos	03:45:41
155	Gregório Pedro	181	M 50	---	03:47:48
156	Celia Carvalho	188	F 40	---	03:47:56
157	Maria Mendes	8	F 40	---	03:48:02
158	Pedro Alferes	127	M 40	Strawberrys	03:48:07
159	Neusa Almeida	140	F SEN	---	03:48:14
160	Sofia Nobre	177	F SEN	Dolce Furadouro	03:48:17
161	Dina Ribeiro Nunes	133	F 40	---	03:52:32
162	Dulce Marques	176	F 50	Dolce Furadouro	03:53:40
163	Luísa Lopes	62	F 40	Novos Trilhos	03:54:31
164	Patricia Monteiro	27	F 40	Ai Nós Jamor	03:55:30
165	Mafalda Costa	132	F SEN	Ai Nós Jamor	03:55:46
166	Carina Abreu	105	F SEN	Associação Porto da Cruz Trail Team	03:57:59
167	Luísa Guerra Santos	15	F 40	Novos Trilhos	03:58:53
168	Goncalo Cardoso Máximo Ribeiro	6	M 40	Montessaloios	03:58:55
169	Paula Cristina Soares De Jesus Félix	143	F 40	---	03:59:14
170	Céu Miguel	61	F 50	Novos Trilhos	04:00:22
171	Pedro Fernandes	60	M 50	Novos Trilhos	04:00:26
172	Andre Noronha	204	M 50	SS CGD	04:02:13
173	Cristiana Almeida	205	F 50	SS CGD	04:02:15
174	Célia Pereira	124	F 40	Liz Runners	04:05:50
175	Sónia Saramago	151	F 40	---	04:06:53
176	Anabela Lobo Costa	147	F SEN	---	04:07:04

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
177	Paulo Matias	146	M SEN	---	04:07:06
178	Luísa Ramos	83	F 40	B C C RUNNERS	04:07:54
179	Ricardo Magalhães	16	M 40	Novos Trilhos	04:10:07
180	Ana Sancho	17	F 40	Novos Trilhos	04:11:16
181	Ana Alferes	128	F 40	Strawberrys	04:11:49
182	Teresa Sardinha	175	F 40	Dolce Furadouro	04:12:05
183	Emílio Carreiro	149	M 40	Clube Atletismo Amigos de Belém	04:14:27
184	Jose Teixeira	96	M 60	---	04:16:13
185	Manuel Pereira	185	M 40	---	04:19:25
186	Joana Pereira	118	F SEN	Atletas Fortíssimos	04:22:49
187	Ana Sofia Pires	117	F SEN	Atletas Fortíssimos	04:22:52
188	Anabela Eustáquio	153	F 50	---	04:37:03
189	Carlos Guerra	154	M 50	---	04:37:07
190	Ana Jorge	150	M 40	---	04:37:17
	Rodrigo Rodrigues	2	M SEN	Panquecas	DNF
	Paulo Caldeira	4	M SEN	---	DNF
	Rui A Ferreira	22	M 40	bk.run	DNF
	Maria Dulce Duarte	58	F 40	---	DNF
	Tiago Freitas	63	M SEN	---	DNF
	Pedro Oferta	74	F SEN	Micro Running Team	DNF
	João Branco	39	M SEN	Amigos Atletismo Mafra	DNF
	David Camocho	42	M SEN	Amigos Atletismo Mafra	DNF
	Miguel Tavares Pedro	53	M SEN	Tartarugas Noturnas	DNF
	Hugo Novais	80	M 40	RUNSINTRA.COM	DNF
	Sofia Braz	56	F SEN	Rompetocas RT	DNF
	Liberto Oferta	75	M 40	Micro Running Team	DNF
	Dário Nascimento	68	M SEN	ATK	DNF
	Vitor Passarinho	69	M 50	---	DNF
	Luis Miguel Da Ponte Sancho	126	M 50	---	DNF
	João Faria	144	M 40	---	DNF
	Luís Moura	145	M 40	Ouressa Team Runners	DNF
	Luís Jacinto Cristovao	189	M 60	---	DNF
	João Luís Gama	184	M 60	---	DNF
	Nuno Fernandes	197	M 40	Aroo	DNF
	Nuno Martins	198	M 40	Aroo	DNF
	José Monsanto	195	M SEN	---	DNF
	André Cardoso	196	M SEN	---	DNF
	João Martins	212	M 50	---	DNF
	David Alves	214	M SEN	---	DNF
	Carlos Evangelista	217	M ---	---	DNF
	Duarte Cardoso	215	M SEN	---	DNS