



# I Trail Ponta Piedade - Lagos / Trail Curto

23 de Fevereiro, 2020

<https://werun.pt/resultados/trail-da-ponta-da-piedade-trail-curto/>

| Pos. | Dorsal | Nome                   | Tempo Bruto | Tempo Líquido | Escalão | Equipa                        | Pos. Escalão |
|------|--------|------------------------|-------------|---------------|---------|-------------------------------|--------------|
| 1    | 1257   | PAULO GILSON CHAVES    | 00:52:18    | 00:52:18      | M4549   | OLIMPICO CLUBE DE LAGOS       | 1            |
| 2    | 1283   | ANTONIO SILVA          | 00:53:33    | 00:53:34      | M5054   | OLIMPICO CLUBE DE LAGOS       | 1            |
| 3    | 1243   | CARLOS CABRITA         | 01:03:58    | 01:13:56      | M4549   | OLÍMPICO CLUBE DE LAGOS       | 2            |
| 4    | 1045   | LUIS CARRAQUICO        | 01:04:58    | 01:04:57      | M2339   | LEBRES DE DOMINGO             | 1            |
| 5    | 1199   | LUIS LOURENÇO          | 01:05:00    | 01:04:44      | M4549   | MARINHA - COMANDO ZONA - FARO | 3            |
| 6    | 1089   | SANDRO SERRAO          | 01:06:35    | 01:06:26      | M2339   | BARATA RACING TEAM            | 2            |
| 7    | 1186   | AMÉRICO SEQUEIRA       | 01:08:10    | 01:08:09      | M5559   | LAGOS AVENTURA                | 1            |
| 8    | 1053   | JOÃO PINTO             | 01:08:40    | 01:19:19      | M5054   | Algarunners                   | 2            |
| 9    | 1268   | LUCILIA SOARES         | 01:09:41    | 01:19:39      | F5559   | WERUN                         | 1            |
| 10   | 1067   | MAURO ENGLER           | 01:09:48    | 01:09:45      | M2339   | PART-TIME RUNNERS             | 3            |
| 11   | 1252   | TIAGO PEREIRA          | 01:09:49    | 01:09:43      | M2339   |                               | 4            |
| 12   | 1028   | JOSÉ JACINTO           | 01:09:58    | 01:20:39      | M6099   | Algarunners                   | 1            |
| 13   | 1109   | FERNANDO JESUS         | 01:10:37    | 01:10:30      | M5559   |                               | 2            |
| 14   | 1201   | NUNO GUEDES            | 01:10:37    | 01:10:14      | M2339   |                               | 5            |
| 15   | 1060   | BRUNO VIEIRA DE CAMPOS | 01:11:23    | 01:11:22      | M2339   | PART-TIME RUNNERS             | 6            |
| 16   | 1010   | RICCARDO TARELLO       | 01:11:36    | 01:22:13      | M6099   | INDIVIDUAL                    | 2            |
| 17   | 1134   | FLÁVIO OLIVEIRA        | 01:11:46    | 01:11:44      | M2339   | VICENTINA STUDIO              | 7            |
| 18   | 1082   | FILIPA SILVA           | 01:12:30    | 01:21:48      | F2339   | BIFANAS RUNNERS               | 1            |

|    |      |                              |          |          |       |                           |    |
|----|------|------------------------------|----------|----------|-------|---------------------------|----|
| 19 | 1164 | NUNO MANUEL LIMPO            | 01:13:13 | 01:12:40 | M2339 |                           | 8  |
| 20 | 1285 | BRAM CRIKEMANS               | 01:13:35 | 01:13:30 | M2339 |                           | 9  |
| 21 | 1159 | CARLOS RODRIGUES             | 01:13:44 | 01:13:37 | M4549 | TRAIL RUNNERS PORTIMÃO    | 4  |
| 22 | 1271 | CLAUDIA GUERREIRO            | 01:13:52 | 01:20:49 | F4044 | ATR-ALGARVE TRAIL RUNNING | 1  |
| 23 | 1144 | JOÃO MARTINS                 | 01:14:11 | 01:13:58 | M5054 | NOBEL ALGARVE             | 3  |
| 24 | 1030 | LUIS GUERREIRO               | 01:14:32 | 01:14:05 | M5054 | GRIFOS                    | 4  |
| 25 | 1158 | VITOR ALBERTO                | 01:14:55 | 01:24:58 | M5054 | TRAIL RUNNERS PORTIMÃO    | 5  |
| 26 | 1256 | EURICO BORREGO               | 01:15:35 | 01:15:34 | M4549 | OLIMPICO CLUBE DE LAGOS   | 5  |
| 27 | 1237 | GAIL KING                    | 01:15:43 | 01:15:29 | F5559 | CCD /INTERMARCHÉ DE LAGOS | 2  |
| 28 | 1084 | RICHARD SANTOS               | 01:16:11 | 01:15:54 | M2339 |                           | 10 |
| 29 | 1281 | MANUEL FERREIRA              | 01:16:21 | 01:15:59 | M4549 |                           | 6  |
| 30 | 1266 | ANABELA CARVALHO             | 01:16:34 | 01:26:04 | F5559 | GD SÃO DOMINGOS           | 3  |
| 31 | 1253 | SANDRO VILELA                | 01:17:27 | 01:17:11 | M4044 | AMIGOS DO DESCANSO        | 1  |
| 32 | 1083 | JOSÉ MÁRIO COSTA             | 01:17:29 | 01:17:19 | M4044 | BIFANAS RUNNERS           | 2  |
| 33 | 1101 | HÉLIO RAMALHO                | 01:17:33 | 01:17:29 | M2339 | BARBARIS TEAM             | 11 |
| 34 | 1019 | FILIPE CAGICA                | 01:17:46 | 01:17:26 | M2339 |                           | 12 |
| 35 | 1132 | BRUNO VIANA                  | 01:17:55 | 01:17:47 | M2339 | VICENTINA STUDIO FITNESS  | 13 |
| 36 | 1196 | JOSÉ MARTINS                 | 01:17:58 | 01:17:37 | M6099 |                           | 3  |
| 37 | 1192 | LUÍS CARLOS TEIXEIRA RIBEIRO | 01:18:59 | 01:18:56 | M2339 | VICENTINA STUDIO FITNESS  | 14 |
| 38 | 1198 | IVO FERNANDES                | 01:19:09 | 01:19:00 | M2339 | BIFANA'S RUNNERS          | 15 |
| 39 | 1211 | HUGO CRISTAL                 | 01:19:29 | 01:19:07 | M2339 | POVODOMAL                 | 16 |
| 40 | 1021 | PETER STEINHAUSEN            | 01:19:30 | 01:28:05 | M6099 | OCL LAGOS                 | 4  |
| 41 | 1145 | CLÁUDIO GALEGO               | 01:19:40 | 01:19:18 | M2339 |                           | 17 |

|    |      |                  |          |          |       |                          |    |
|----|------|------------------|----------|----------|-------|--------------------------|----|
| 42 | 1238 | DIOGO SILVA      | 01:19:59 | 01:19:51 | M2339 | VICENTINA STUDIO FITNESS | 18 |
| 43 | 1236 | NUNO BARROS      | 01:20:00 | 01:19:57 | M2339 | CCD /INTERMACHÉ DE LAGOS | 19 |
| 44 | 1051 | LUÍS ALEXANDRE   | 01:20:01 | 01:19:51 | M4549 | BIFANAS RUNNERS          | 7  |
| 45 | 1219 | EUNICE MARTINS   | 01:20:03 | 01:20:00 | F2339 |                          | 2  |
| 46 | 1244 | JORGE MACHADO    | 01:20:16 | 01:20:16 | M5559 | CLUBE OLÍMPICO DE LAGOS  | 3  |
| 47 | 1247 | NUNO FERNANDES   | 01:21:18 | 01:21:14 | M2339 | INDIVIDUAL               | 20 |
| 48 | 1137 | SANDRA BAILOTE   | 01:21:20 | 01:21:19 | F4549 | OLIMPICO CLUBE DE LAGOS  | 1  |
| 49 | 1235 | ELSA GASPAR      | 01:21:20 | 01:27:48 | F2339 | CRU COM SAÚDE            | 3  |
| 50 | 1048 | MANUEL GADELHO   | 01:21:53 | 01:21:30 | M5054 | VEGAN RUNNERS            | 6  |
| 51 | 1260 | JOÃO MATOS       | 01:22:06 | 01:21:47 | M4549 | 3MARIAS GUEST HOUSE      | 8  |
| 52 | 1065 | PAULA MANGUALDE  | 01:22:14 | 01:22:08 | F2339 | TRAIL RUNNERS PORTIMÃO   | 4  |
| 53 | 1239 | PEDRO NASCIMENTO | 01:22:16 | 01:22:03 | M2339 | 8300 WILD SPORTS         | 21 |
| 54 | 1206 | CARLOS REIS      | 01:22:18 | 01:21:58 | M2339 | THE IN-LAWS              | 22 |
| 55 | 1012 | PAULO RAMIRES    | 01:22:20 | 01:32:40 | M5054 | AROO                     | 7  |
| 56 | 1000 | ANA BATISTA      | 01:22:36 | 01:52:56 | F4044 | Sónósdois                | 2  |
| 57 | 1081 | RUI PEREIRA      | 01:22:37 | 01:22:26 | M4549 | RUI PEREIRA MASSAGEM     | 9  |
| 58 | 1240 | BRUNO FARIA      | 01:23:03 | 01:22:51 | M2339 | 8300 WILD SPORTS         | 23 |
| 59 | 1034 | CARLOS TRABULO   | 01:23:10 | 01:33:54 | M6099 | LISBOA                   | 5  |
| 60 | 1163 | ILÍDIO CAMPOS    | 01:23:59 | 01:34:47 | M6099 | PART-TIME RUNNERS        | 6  |
| 61 | 1029 | PAULO NUNES      | 01:24:23 | 01:23:56 | M2339 | GRIFOS                   | 24 |
| 62 | 1146 | DAVID SUMARES    | 01:24:25 | 01:23:48 | M4044 |                          | 3  |
| 63 | 1088 | FRANCISCO MESTRE | 01:24:59 | 01:24:45 | M0019 | XICOS RUN & BEER         | 1  |
| 64 | 1090 | ROBERTO NUNES    | 01:25:00 | 01:24:53 | M4044 | BIFANAS RUNNERS          | 4  |

|    |      |  |          |          |       |                           |    |
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| 65 | 1008 | CLÁUDIA SOFIA TANGANHO DE SOUSA MENDONÇA | 01:25:02 | 01:25:02 | F4044 | INDIVIDUAL                | 3  |
| 66 | 1102 | BACH ERIC                                | 01:25:30 | 01:25:21 | M5054 |                           | 8  |
| 67 | 1118 | ANA MANUELA ANTÓNIO ROSA                 | 01:25:32 | 01:25:30 | F4044 |                           | 4  |
| 68 | 1161 | EURICO ALVES                             | 01:25:56 | 01:25:49 | M5559 | TRAIL RUNNERS PORTIMÃO    | 4  |
| 69 | 1242 | RICARDO BRIZIDO                          | 01:25:59 | 01:25:42 | M2339 |                           | 25 |
| 70 | 1207 | MARTA MOURÃO                             | 01:26:19 | 01:26:09 | F2339 | PÉ NO MONTE               | 5  |
| 71 | 1020 | TIAGO SILVA                              | 01:26:23 | 01:26:07 | M2339 | TRAIL RUNNERS PORTIMÃO    | 26 |
| 72 | 1143 | JOÃO MENDONÇA                            | 01:26:46 | 01:26:33 | M4549 | NOBEL ALGARVE             | 10 |
| 73 | 1216 | HELENA RIBEIRO                           | 01:27:24 | 01:27:15 | F4549 |                           | 2  |
| 74 | 1093 | MICAEL MANUEL                            | 01:27:36 | 01:27:17 | M2339 | BOX SW                    | 27 |
| 75 | 1259 | PEDRO DE JESUS MENDONÇA MENDONÇA         | 01:28:44 | 01:28:39 | M5559 |                           | 5  |
| 76 | 1254 | ANA VIEIRA                               | 01:28:48 | 01:28:43 | F2339 | CDQ                       | 6  |
| 77 | 1204 | FERNANDO DE ABREU                        | 01:29:20 | 01:29:16 | M2339 | HELP21                    | 28 |
| 78 | 1229 | CARLA BERNARDINO                         | 01:29:32 | 01:39:40 | F4044 |                           | 5  |
| 79 | 1227 | ALEXANDRE KELLY-GONCALVES                | 01:29:35 | 01:29:23 | M0019 |                           | 2  |
| 80 | 1263 | SUSANA FRAGA                             | 01:29:36 | 01:29:30 | F2022 | HELP21                    | 1  |
| 81 | 1208 | JOANA NUNES                              | 01:29:41 | 01:29:37 | F0019 | HELP21                    | 1  |
| 82 | 1217 | JOÃO MARCELO                             | 01:29:45 | 01:29:45 | M5054 |                           | 9  |
| 83 | 1246 | HUGO FERNANDES                           | 01:29:59 | 01:29:56 | M2339 | INDIVIDUAL                | 29 |
| 84 | 1249 | FRANCISCO PEREIRA                        | 01:30:01 | 01:29:37 | M5559 |                           | 6  |
| 85 | 1142 | INGRID SCHULJIN                          | 01:30:33 | 01:30:08 | F5054 | RUN-MEMORIES              | 1  |
| 86 | 1105 | LARISSA MÖLLER                           | 01:30:33 | 01:30:10 | F5054 | CARVOEIRO-LAGOA, PORTUGAL | 2  |
| 87 | 1106 | GREGOR MÖLLER                            | 01:30:34 | 01:30:10 | M5054 | O2 PORTIMAO               | 10 |

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| 88  | 1066 | PEDRO MARQUES                            | 01:30:52 | 01:30:25 | M4044 | BIFANAS RUNNERS          | 5  |
| 89  | 1063 | NELSON FRANCISCO                         | 01:31:07 | 01:30:42 | M2339 |                          | 30 |
| 90  | 1054 | RITA COSTA                               | 01:31:11 | 01:31:08 | F2339 | Algarunners              | 7  |
| 91  | 1087 | ELEUTÉRIO MESTRE                         | 01:31:13 | 01:31:13 | M4044 | XICOS RUN & BEER         | 6  |
| 92  | 1017 | LUIS CASIMIRO                            | 01:31:28 | 02:00:48 | M5559 | AROO                     | 7  |
| 93  | 1070 | PAULA SILVA                              | 01:31:29 | 01:31:29 | F4549 | AROO                     | 3  |
| 94  | 1092 | ANABELA SOUSA                            | 01:32:23 | 01:32:14 | F2339 | BIFANAS RUNNERS          | 8  |
| 95  | 1091 | EMILIO SILVA                             | 01:32:24 | 01:32:13 | M2339 | BIFANAS RUNNERS          | 31 |
| 96  | 1074 | LUÍS LIBÂNIO                             | 01:32:48 | 01:32:38 | M6099 | GINJA TEAM               | 7  |
| 97  | 1016 | PAULA MARIA TAVEIRA PEREIRA VIEIRA JORGE | 01:33:42 | 01:33:21 | F5054 |                          | 3  |
| 98  | 1062 | NIINA ONTTONEN                           | 01:33:44 | 01:33:19 | F2339 |                          | 9  |
| 99  | 1120 | JOÃO FERNANDES                           | 01:34:12 | 01:33:54 | M6099 |                          | 8  |
| 100 | 1166 | TIAGO ALEXANDRE SILVA JORGE              | 01:34:30 | 01:34:11 | M2339 |                          | 32 |
| 101 | 1015 | RICARDO FONSECA                          | 01:34:53 | 01:34:47 | M2339 |                          | 33 |
| 102 | 1183 | MARLENE SUSANA RIBEIRO                   | 01:34:56 | 01:34:24 | F2339 | TRAIL RUNNERS LAGOS      | 10 |
| 103 | 1047 | JOCELYN FERREIRA                         | 01:34:57 | 01:34:52 | F2339 |                          | 11 |
| 104 | 1209 | FÁBIO MANUEL QUITÉRIO                    | 01:35:33 | 01:35:24 | M2339 | VICENTINA STUDIO FITNESS | 34 |
| 105 | 1218 | LILIAN OLIVEIRA                          | 01:35:42 | 01:35:24 | F4549 | 3 MARIAS GUEST HOUSE     | 4  |
| 106 | 1241 | ANTÓNIO TEIXEIRA                         | 01:35:45 | 01:46:07 | M6099 | FARO PEGADAS À QUARTA    | 9  |
| 107 | 1154 | SANDRA CORREIA                           | 01:35:47 | 01:35:40 | F5054 |                          | 4  |
| 108 | 1032 | PEDRO SERRALHA                           | 01:36:15 | 01:36:12 | M4549 | N.D.C. ODEMIRA           | 11 |
| 109 | 1213 | PAULO GEADAS                             | 01:36:40 | 01:36:16 | M5054 | NUNO AFONSO TEAM         | 11 |
| 110 | 1282 | MARIO NOGUEIRA                           | 01:36:40 | 01:36:16 | M4044 |                          | 7  |

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| 111 | 1205 | JORGE DIAS                 | 01:36:44 | 01:36:38 | M5054 | HELP21                           | 12 |
| 112 | 1003 | IVONE LEAL                 | 01:36:45 | 01:36:35 | F5054 |                                  | 5  |
| 113 | 1126 | PATRÍCIA MARTINS           | 01:36:50 | 01:36:26 | F4044 | BIKE SUL                         | 6  |
| 114 | 1113 | PATRÍCIA RODRIGUES         | 01:36:50 | 01:36:26 | F4044 | BIKESUL                          | 7  |
| 115 | 1018 | JOÃO ALMEIDA               | 01:37:54 | 02:05:23 | M2022 | AROO                             | 1  |
| 116 | 1141 | HEITOR GRAÇA               | 01:38:59 | 01:38:50 | M4549 | -                                | 12 |
| 117 | 1056 | MARCO BATISTA              | 01:39:02 | 01:38:59 | M4044 | BABES ON ROAD                    | 8  |
| 118 | 1162 | CARLA ALBERTO              | 01:39:02 | 01:38:55 | F4549 | TRAIL RUNNERS PORTIMÃO           | 5  |
| 119 | 1110 | ANA VANESSA SILVA FERREIRA | 01:39:03 | 01:38:55 | F4044 | TRAILRUNNERSPORTIMAO             | 8  |
| 120 | 1094 | MARIANA SOARES             | 01:39:12 | 01:38:59 | F2339 | @BLACKBEERRUNNERS                | 12 |
| 121 | 1095 | ALEXANDRE SIMÕES           | 01:39:13 | 01:39:13 | M4549 | @BLACKBEERRUNNERS                | 13 |
| 122 | 1035 | SANDRO SILVA               | 01:39:21 | 01:38:50 | M4044 | ATR-ALGARVE TRAIL RUNNING        | 9  |
| 123 | 1231 | CLAIRE STOUT               | 01:39:44 | 01:39:26 | F5054 | VALE DO JUNCO                    | 6  |
| 124 | 1078 | VANDA GONÇALVES            | 01:39:46 | 01:39:46 | M4044 | CLUBE FUTEBOL ESPERANÇA DE LAGOS | 10 |
| 125 | 1127 | SÉRGIO TAVARES             | 01:40:17 | 01:40:02 | M2339 | DECATHLON PORTIMÃO               | 35 |
| 126 | 1210 | PEDRO BASTO                | 01:40:25 | 01:40:04 | M2339 | POVODOMAL                        | 36 |
| 127 | 1220 | NÉLSON FREITAS             | 01:40:26 | 01:40:05 | M4044 | POVODOMAL                        | 11 |
| 128 | 1133 | MARGARIDA POLÍCIA          | 01:41:11 | 01:41:02 | F2339 |                                  | 13 |
| 129 | 1136 | SUSANA SILVA               | 01:41:13 | 01:41:05 | F4044 | ESGALGADINHAS                    | 9  |
| 130 | 1272 | LUÍS DEUS                  | 01:41:14 | 01:41:00 | M5559 | INDIVIDUAL                       | 8  |
| 131 | 1139 | ANA PAULA BRANCO           | 01:41:18 | 01:41:12 | F4549 | RUN CREW TRAIL MONTIJO           | 6  |
| 132 | 1068 | PAULO MARTINS              | 01:41:50 | 01:41:50 | M5054 | BIFANAS RUNNERS                  | 13 |
| 133 | 1280 | BRUNO FRANCISCO            | 01:42:00 | 01:41:47 | M2339 | TRAIL RUNNERS PORTIMÃO           | 37 |

|     |      |                               |          |          |       |                          |    |
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| 134 | 1100 | PATRÍCIA VIANA                | 01:42:24 | 01:42:09 | F2339 | BOX SW                   | 14 |
| 135 | 1171 | FERNANDO MARQUES              | 01:43:02 | 01:42:35 | M4044 | MARINA DE LAGOS          | 12 |
| 136 | 1064 | RICARDO JACINTO               | 01:43:26 | 01:43:14 | M2339 | JACINTO                  | 38 |
| 137 | 1111 | MARÍLIA GUERREIRO ALVES SILVA | 01:43:33 | 01:43:34 | F4044 | ESGALGADINHAS            | 10 |
| 138 | 1169 | JOSÉ ANTÓNIO ALDEIA           | 01:43:53 | 01:43:28 | M5054 | MARINA DE LAGOS          | 14 |
| 139 | 1001 | MARIA JOSÉ BARRETO            | 01:43:58 | 01:43:53 | F4549 | TRAIL DO TEXUGO          | 7  |
| 140 | 1059 | CARLOS FIALHO                 | 01:44:04 | 01:43:57 | M6099 | MOURA                    | 10 |
| 141 | 1250 | CRISTIANA VIANA               | 01:44:08 | 01:43:59 | F2339 | VICENTINA STUDIO FITNESS | 15 |
| 142 | 1165 | ANA SOFIA SANTOS              | 01:44:08 | 01:43:59 | F2339 | VICENTINA STUDIO FITNESS | 16 |
| 143 | 1124 | DÁLIA LOPES                   | 01:44:08 | 01:43:59 | F2339 | VICENTINA STUDIO FITNESS | 17 |
| 144 | 1116 | SARA ROSA                     | 01:44:20 | 01:44:19 | F2339 | ESGALGADINHAS            | 18 |
| 145 | 1140 | ISABEL CARVALHO               | 01:44:41 | 01:44:34 | F4549 | RUN CREW TRAIL MONTIJO   | 8  |
| 146 | 1160 | MARIA DUARTE                  | 01:44:57 | 01:44:48 | F4549 | TRAIL RUNNERS PORTIMÃO   | 9  |
| 147 | 1022 | ELISABETE SANTOS              | 01:45:08 | 01:45:00 | F2339 | TRAIL RUNNERS PORTIMÃO   | 19 |
| 148 | 1099 | CARLA VIANA                   | 01:45:40 | 01:45:24 | F2339 | BOX SW                   | 20 |
| 149 | 1117 | ANA SETERIO                   | 01:45:44 | 01:45:43 | F2339 | ESGALGADINHAS            | 21 |
| 150 | 1125 | CARLA VALÉRIO                 | 01:45:50 | 01:45:46 | F2339 | VICENTINA STUDIO FITNESS | 22 |
| 151 | 1031 | ELEUTÉRIO MARTINS             | 01:45:56 | 01:45:29 | M4044 | GRIFOS                   | 13 |
| 152 | 1190 | FERNANDO MARTINS              | 01:46:16 | 01:45:56 | M5559 | SS CGD                   | 9  |
| 153 | 1135 | TATIANA LOURENÇO              | 01:47:28 | 01:47:22 | F2022 | VICENTINA STUDIO FITNESS | 2  |
| 154 | 1170 | PEDRO MIGUEL MARQUES          | 01:47:43 | 01:47:15 | M4549 | MARINA DE LAGOS          | 14 |
| 155 | 1155 | CRISTINA MOREIRA              | 01:48:15 | 01:48:04 | F4549 | #NOCAMINHODOBEM          | 10 |
| 156 | 1152 | MARCOS PAULA                  | 01:48:17 | 01:47:59 | M4549 | OS MAIS FIXES            | 15 |

|     |      |                                 |          |          |       |                          |    |
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| 157 | 1278 | PEDRO GABRIEL                   | 01:49:21 | 01:49:11 | M4044 |                          | 14 |
| 158 | 1245 | CATIA LIMA                      | 01:50:12 | 01:49:45 | F2339 |                          | 23 |
| 159 | 1193 | CELINA ISABEL DA SILVA BAILADOR | 01:50:18 | 01:50:14 | F4044 | VICENTINA STUDIO FITNESS | 11 |
| 160 | 1215 | NUNO COUTINHO                   | 01:50:21 | 01:49:51 | M4549 |                          | 16 |
| 161 | 1264 | RACHEL SNOW                     | 01:50:28 | 01:50:02 | F4549 |                          | 11 |
| 162 | 1055 | CÁTIA SILVA                     | 01:50:59 | 01:50:59 | F2339 | Algarunners              | 24 |
| 163 | 1214 | INÊS GEADAS                     | 01:50:59 | 01:50:37 | F0019 | PORTIMAO                 | 2  |
| 164 | 1061 | JOSÉ FERREIRA                   | 01:51:49 | 01:51:48 | M2339 | PART-TIME RUNNERS        | 39 |
| 165 | 1112 | ÓSCAR BAPTISTA                  | 01:52:33 | 01:52:20 | M4044 |                          | 15 |
| 166 | 1013 | LUÍS SANTOS                     | 01:53:05 | 01:52:38 | M5054 | -----                    | 15 |
| 167 | 1044 | JOÃO CANELAS                    | 01:53:14 | 01:53:09 | F2339 | PESQUISA...              | 25 |
| 168 | 1262 | HORÁCIO CARVALHO                | 01:53:19 | 01:52:54 | M4044 |                          | 16 |
| 169 | 1043 | CÁTIA REIS                      | 01:53:20 | 01:53:15 | F2339 | TSUMOMMIES               | 26 |
| 170 | 1050 | MARIA EMILIA MONIZ              | 01:53:49 | 01:53:23 | F5559 |                          | 4  |
| 171 | 1150 | AMANDIO SANTOS                  | 01:53:50 | 01:53:29 | F4549 | OS MAIS FIXES            | 12 |
| 172 | 1157 | ANA GARCIA                      | 01:54:26 | 01:54:18 | F2339 | TRAIL RUNNERS PORTIMÃO   | 27 |
| 173 | 1276 | MARIA CARMEN                    | 01:54:47 | 01:54:31 | F5054 |                          | 7  |
| 174 | 1108 | MARISA RODRIGUES                | 01:55:19 | 01:54:51 | F2339 | BIFANAS RUNNERS          | 28 |
| 175 | 1255 | TERESA COELHO                   | 01:55:19 | 01:54:51 | F4549 | BIFANAS RUNNERS          | 13 |
| 176 | 1230 | ANA NOTÁRIO                     | 01:55:29 | 01:55:04 | F5054 | AO RITMO DAS 200PPM      | 8  |
| 177 | 1224 | ALFREDO NOTÁRIO                 | 01:55:30 | 01:55:05 | M5054 |                          | 16 |
| 178 | 1267 | RICARDO ANINU                   | 01:55:36 | 02:25:56 | M2339 |                          | 40 |
| 179 | 1248 | JOÃO CARNEIRO                   | 01:55:39 | 01:55:21 | M5054 | ZAWAIA RUNNERS           | 17 |

|     |      |                                    |          |          |       |                     |    |
|-----|------|------------------------------------|----------|----------|-------|---------------------|----|
| 180 | 1002 | ARMINDA BARRADAS                   | 01:55:43 | 01:55:43 | F5054 | TRAIL DO TEXUGO     | 9  |
| 181 | 1232 | HILARY SCHACHT                     | 01:56:03 | 01:55:44 | F4549 | VALE DO JUNCO       | 14 |
| 182 | 1049 | LUIS MARTINS                       | 01:56:03 | 01:55:29 | M6099 |                     | 11 |
| 183 | 1114 | ANA SOUSA                          | 01:56:09 | 01:55:53 | F2339 | LAGOS               | 29 |
| 184 | 1115 | SANDRA RODRIGUES                   | 01:56:12 | 01:55:57 | F4549 |                     | 15 |
| 185 | 1040 | CELIA MATIAS                       | 01:56:15 | 01:56:15 | F4549 | INDIVIDUAL          | 16 |
| 186 | 1233 | EMANUEL REIS                       | 01:56:30 | 01:56:25 | M4044 |                     | 17 |
| 187 | 1258 | ANA PAULA MENDONÇA                 | 01:56:30 | 01:56:27 | F5054 |                     | 10 |
| 188 | 1025 | ANA RITA MENDES DOS SANTOS JACINTO | 01:57:05 | 01:57:06 | F4044 | AMINHACORRIDA       | 12 |
| 189 | 1069 | HENRIQUE COLA                      | 01:57:07 | 02:23:32 | M4549 | AROO                | 17 |
| 190 | 1153 | RODRIGO RAMIRES                    | 01:57:07 | 02:00:58 | M0019 | QUEIJAS             | 3  |
| 191 | 1279 | HELENA MARQUES                     | 01:57:09 | 01:56:59 | F4549 | PÉ NO MONTE         | 17 |
| 192 | 1131 | ADRIANA GODINHO                    | 01:57:20 | 01:57:07 | F4044 | @BLACKBEERRUNNERS   | 13 |
| 193 | 1130 | NÉLIA MARTINS                      | 01:57:23 | 01:57:09 | F4044 | @BLACKBEERRUNNERS   | 14 |
| 194 | 1265 | JOÃO OLIVA                         | 01:58:13 | 01:57:38 | M5559 |                     | 10 |
| 195 | 1085 | JULIANA CARDOSO                    | 01:58:13 | 01:57:57 | F4044 |                     | 15 |
| 196 | 1173 | RUI IMAGINARIO MAURICIO            | 01:59:34 | 01:59:02 | M2339 | TRAIL RUNNERS LAGOS | 41 |
| 197 | 1180 | ALEXANDRA SOFIA DELGADO            | 02:00:00 | 01:59:28 | F2339 | TRAIL RUNNERS LAGOS | 30 |
| 198 | 1174 | JOÃO PEDRO MAURICIO                | 02:00:01 | 01:59:29 | M4044 | TRAIL RUNNERS LAGOS | 18 |
| 199 | 1175 | JOÃO CARLOS NETO                   | 02:00:03 | 01:59:34 | M2339 | TRAIL RUNNERS LAGOS | 42 |
| 200 | 1181 | YES MARLENE LUZ                    | 02:00:06 | 01:59:33 | F2339 | TRAIL RUNNERS LAGOS | 31 |
| 201 | 1011 | PAULO JOSÉ ÁGUAS GONÇALVES         | 02:00:31 | 01:59:56 | M5054 | LICEU ROUNERS       | 18 |
| 202 | 1129 | SUSANA NARCISO                     | 02:02:27 | 02:02:04 | F4044 | VILLA MARIAS        | 16 |

|     |      |                               |          |          |       |                      |    |
|-----|------|-------------------------------|----------|----------|-------|----------------------|----|
| 203 | 1128 | CARLOS JARA                   | 02:02:27 | 02:02:04 | M4549 | VILLA MARIAS         | 18 |
| 204 | 1251 | JK B                          | 02:03:06 | 02:02:37 | M4549 | SLOW JOGGING ALGARVE | 19 |
| 205 | 1123 | MARINA REIS                   | 02:03:30 | 02:03:18 | F5054 | ESGALGADINHAS        | 11 |
| 206 | 1079 | ELIZABETE AÇO                 | 02:03:35 | 02:03:35 | F5559 | ALGARVIANA TEAM      | 5  |
| 207 | 1071 | SANDRA ROSA                   | 02:03:36 | 02:03:36 | F4549 | ALGARVIANA TEAM      | 18 |
| 208 | 1284 | ANA ENES                      | 02:05:02 | 02:04:56 | F4549 |                      | 19 |
| 209 | 1119 | SOFIA DOS REIS QUENTAL        | 02:05:06 | 02:04:53 | F2339 |                      | 32 |
| 210 | 1197 | TÂNIA VILHENA                 | 02:05:29 | 02:05:09 | F2339 |                      | 33 |
| 211 | 1168 | ISABEL CRISTINA MARTINS PERES | 02:06:07 | 02:06:03 | F4044 | EQUIPALINDA          | 17 |
| 212 | 1041 | NICOLA NASCIMENTO             | 02:08:30 | 02:08:00 | M4549 | ALGARVIANA TEAM      | 20 |
| 213 | 1179 | RITA ISABELA MAURICIO         | 02:10:39 | 02:10:07 | F4044 | TRAIL RUNNERS LAGOS  | 18 |
| 214 | 1172 | TATIANA LAISA MACEDO          | 02:10:41 | 02:10:08 | F2339 | TRAIL RUNNERS LAGOS  | 34 |
| 215 | 1042 | CRISTINA CHAVECA              | 02:10:41 | 02:10:11 | F5054 | ALGARVIANA TEAM      | 12 |
| 216 | 1072 | JOÃO ROSA                     | 02:11:53 | 02:22:29 | M5559 | CSP 43 RUNNING       | 11 |
| 217 | 1036 | DALILA REQUEIJO               | 02:12:01 | 02:11:47 | F4549 |                      | 20 |
| 218 | 1203 | DANIELA MATEUS                | 02:12:15 | 02:11:57 | F2339 |                      | 35 |
| 219 | 1178 | ANA ISABEL NOBRE              | 02:12:15 | 02:11:42 | F2339 | TRAIL RUNNERS LAGOS  | 36 |
| 220 | 1234 | ALEXANDRA ALFARROBINHA        | 02:12:16 | 02:11:47 | M2339 |                      | 43 |
| 221 | 1200 | ANABELA MONTEIRO              | 02:12:16 | 02:11:55 | F2339 |                      | 37 |
| 222 | 1188 | VERA MANUELA MADEIRA          | 02:14:22 | 02:14:05 | F2339 |                      | 38 |
| 223 | 1151 | TELMA BRITO                   | 02:15:43 | 02:15:26 | F4044 | OS MAIS FIXES        | 19 |
| 224 | 1149 | CÁTIA SANTOS                  | 02:15:43 | 02:15:24 | F2339 | OS MAIS FIXES        | 39 |
| 225 | 1156 | KARIS ANDREWS                 | 02:17:03 | 02:16:37 | F2339 |                      | 40 |

|     |      |                           |          |          |       |                 |    |
|-----|------|---------------------------|----------|----------|-------|-----------------|----|
| 226 | 1277 | ANTHONY OSBORNE           | 02:17:08 | 02:16:51 | M6099 |                 | 12 |
| 227 | 1147 | IZABELA SANTOS            | 02:17:18 | 02:16:52 | F2339 |                 | 41 |
| 228 | 1289 | DAVID PENHA               | 02:23:35 | 02:23:12 | M0019 | PIZZOLINO       | 4  |
| 229 | 1287 | JOÃO PENHA                | 02:23:37 | 02:23:10 | M5054 | PIZZOLINO       | 19 |
| 230 | 1288 | ALEXANDRE GUERREIRO       | 02:23:38 | 02:23:16 | M2022 | PIZZOLINO       | 2  |
| 231 | 1104 | MANUELA SILVA             | 02:24:57 | 02:24:45 | F5054 | PENHASTRAILTEAM | 13 |
| 232 | 1290 | VANESSA GOMES             | 02:24:59 | 02:24:39 | F0019 | PIZZOLINO       | 3  |
| 233 | 1286 | HELIA FURTADO             | 02:24:59 | 02:24:39 | F4549 | PIZZOLINO       | 21 |
| 234 | 1009 | LEONOR ALMEIDA            | 02:29:13 | 02:46:46 | F5559 | MÉXE-TE MÓ      | 6  |
| 235 | 1033 | MARIA LELO                | 02:29:16 | 02:29:08 | F6099 | MÉXE-TE MÓ      | 1  |
| 236 | 1223 | SOFIA GOMES               | 02:30:55 | 02:30:55 | M2339 |                 | 44 |
| 237 | 1194 | SARAH MAGEE               | 02:33:35 | 02:33:23 | M5559 |                 | 12 |
| 238 | 1226 | MICHELLE KELLY -GONCALVES | 02:36:27 | 02:36:15 | F5054 |                 | 14 |
| 239 | 1046 | PAULA MARTINS             | 02:38:19 | 02:38:17 | F2339 |                 | 42 |
| 240 | 1148 | SORAIA DOMINGOS           | 02:38:21 | 02:38:21 | F2339 |                 | 43 |
| 241 | 1039 | LUÍS PALMA                | 02:38:23 | 02:38:20 | M4549 |                 | 21 |
| 242 | 1004 | VANDA MATIAS              | 02:39:19 | 02:39:06 | F4044 |                 | 20 |
| 243 | 1005 | CARLOS GRAÇA              | 02:39:19 | 02:39:08 | M6099 |                 | 13 |
| 244 | 1189 | EDRISSÉ JAMU              | 02:49:01 | 02:48:43 | M5054 |                 | 20 |