



I Trail Ponta Piedade - Lagos / Trail Longo

23 de Fevereiro, 2020

<https://werun.pt/resultados/pontapiedade/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	200	ANDRÉ FILIPE LUNA COSTA	01:35:15	01:35:15	M2339	CLUBE DE PRAÇAS DA ARMADA/ WE RUN	1
2	113	CLAUDIO NÓBREGA	01:35:16	01:35:16	M2339	RUN CREW TRAIL MONTIJO	2
3	43	JOÃO CORREIA	01:36:56	01:36:56	M2339	GDA-TRAILRUNNERS	3
4	104	WILSON COSTA	01:38:28	01:38:28	M2339	SPORT LISBOA FUZETA	4
5	197	VALDEMAR CARDOSO	01:41:07	01:41:07	M4044	VERTICAL NAVIS	1
6	93	MARCO GONÇALVES	01:45:15	01:45:15	M4549	ATR - ALGARVE TRAIL RUNNING	1
7	49	VÍTOR GATEIRA	01:45:41	01:45:41	M2339	LUSITANO SAD	5
8	76	MARCO SILVA	01:46:47	01:46:47	M2339	OCS-ARRABIDA TRAIL TEAM	6
9	64	PEDRO BOTELHO	01:46:50	01:46:50	M2339	Algarunners	7
10	85	ANTÓNIO CALABOIÇA	01:48:44	01:48:44	M2339	GDA-TRAILRUNNERS	8
11	99	RUI ROQUE	01:49:45	01:49:45	M4549	AABV	2
12	68	PETER CHESTER BROWNE	01:50:48	01:50:48	M4549	Algarunners	3
13	112	LUIS CRUZ	01:50:50	01:50:50	M4549	RUN CREW TRAIL MONTIJO	4
14	178	LUIS VITORINO	01:51:19	01:51:19	M4549	WERUN	5
15	81	JOÃO GODINHO	01:51:48	01:51:48	M2339	Algarunners	9
16	127	RICARDO CASANOVA	01:53:18	01:53:18	M4044		2
17	30	DANIEL GONÇALVES	01:53:54	01:53:54	M2339	GDA-TRAILRUNNERS	10
18	48	NUNO RAMOS	01:54:13	01:54:02	M2339		11

19	198	JOSÉ MIGUEL PEREIRA	01:55:48	01:55:35	M4044	ATR - ALGARVE TRAIL RUNNING	3
20	83	RENATO FERNANDES	01:56:04	01:55:59	M4044	CLUBE FUTEBOL ESPERANÇA DE LAGOS	4
21	116	TIAGO COSTA	01:56:42	01:56:26	M2339		12
22	45	ANTÓNIO MANUEL AMARO SILVESTRE	01:56:44	01:56:35	M5054	SSTMODEMIRA	1
23	156	HÉLDER FERREIRA	01:58:51	01:58:42	M5559		1
24	166	ANTONIO SOARES	01:59:39	01:59:39	M5559	Machada Trail Team	2
25	151	CARLOS DUARTE	01:59:48	01:59:48	M2339	CCD /INTERMARCHÉ DE LAGOS	13
26	115	BRUNO CARDOSO	02:00:57	02:00:51	M2339	INDIVIDUAL	14
27	15	PEDRO MENDES	02:00:57	02:00:44	M4044	PASSADA FORTÍSSIMA	5
28	92	STEVE HYETT	02:01:24	02:01:13	M6099	CCD/INTERMARCHE - LAGOS	1
29	91	LEE EATON	02:02:03	02:01:53	M4044	CCD LAGOS INTERMARCHE	6
30	31	FILOMENA ISABEL SABINO	02:02:48	02:02:48	F4549	C.D.C. NAVE / TRAIL RUNNERS	1
31	119	PAULO EMÍDIO	02:03:03	02:02:52	M5054	TUGAS ON TOUR	2
32	193	HUGO TEIXEIRA	02:03:19	02:03:10	M2339	FARO PEGADAS À QUARTA	15
33	209	NUNO SILVA	02:04:03	02:03:52	M4549	TURBULENTOS	6
34	120	HELDER CARDOSO	02:05:09	02:05:04	M4044	PORTIMAO	7
35	190	BRUNO RODRIGUES	02:05:40	02:05:38	M2339	ATR-ALGARVE TRAIL RUNNING	16
36	158	BRUNO GONÇALVES	02:05:56	02:05:53	M2339		17
37	18	VERA REIS	02:07:01	02:07:01	F4044	CLUBE DE PRAÇAS DA ARMADA	1
38	188	ILÍDIO COSTA	02:07:07	02:06:51	M5559		3
39	187	NUNO SANTOS	02:08:37	02:08:35	M4044	PÉ NO MONTE	8
40	14	CIDÁLIA MARTINS	02:09:15	02:09:15	F5559	ASSOCIAÇÃO VALE GRANDE	1
41	25	JOSÉ CHARRUA	02:09:20	02:09:14	M2339		18

42	154	PEDRO CORREIA	02:09:32	02:09:16	M2339	INDIVIDUAL	19
43	89	PEDRO CARACOL	02:09:36	02:09:27	M2339	BOMBEIROS DE PORTIMÃO	20
44	141	FRANCISCO PAGARETE	02:09:45	02:09:39	M4549	TRAIL RUNNERS LAGOS	7
45	157	CARLOS GOMES	02:10:07	02:10:07	M4044		9
46	28	PEDRO CABRITA	02:10:26	02:10:19	M4549	TRAIL RUNNERS DE LAGOS	8
47	199	PATRÍCIA MADEIRA	02:10:33	02:10:33	F4044	LOULÉ	2
48	21	HUGO FERRAZ	02:10:34	02:10:25	M4044	CENTRO CICLISMO PORTIMÃO	10
49	71	JORGE FIGUEIREDO	02:11:33	02:11:33	M5559	TIBURONS	4
50	169	JOSÉ VIEIRA	02:11:52	02:11:45	M4044	TRAIL RUNNERS DE LAGOS	11
51	110	JOAO CORTES	02:13:09	02:13:08	M4549		9
52	207	HUMBERTO AGAPITO	02:13:52	02:13:52	M2339	TRAIL RUNNERS PORTIMÃO	21
53	123	MARCO GARCIA	02:13:55	02:13:55	M2339	TRAIL RUNNERS PORTIMÃO	22
54	168	LUÍZ FRAGOSO	02:14:23	02:14:16	M4044	TRAIL RUNNERS DE LAGOS	12
55	32	TIAGO ABREU	02:15:00	02:15:00	M4044	RCTM - RUN CREW TRAIL MONTIJO	13
56	138	HUGO FREITAS	02:15:16	02:15:10	M4549	TRAIL RUNNERS LAGOS	10
57	109	VASCO CHARNECO	02:15:29	02:15:27	M5054		3
58	51	CARMEN HENRIQUES	02:15:44	02:15:44	F4044	WERUN	3
59	56	CARLOS HENRIQUES	02:15:53	02:15:53	M6099	CASTRO MARIM	2
60	148	PATXI LARREA	02:16:00	02:15:57	M4044	CEUTA	14
61	54	ANA AREDE	02:16:13	02:16:13	F2339		1
62	55	DANIEL LUCAS BRINK CARVALHO	02:17:02	02:17:02	M2339	MEDUALG	23
63	27	LEANDRO FONSECA	02:17:32	02:17:24	M2339	BOMBEIROS DE PORTIMÃO	24
64	177	FÁBIO MARQUES	02:17:33	02:17:25	M2339	BOMBEIROS DE PORTIMÃO	25

65	100	HENRIQUE PATTERSON	02:17:39	02:17:39	M4549	PATTERSON PROPERTIES TAVIRA	11
66	59	PATRÍCIA FILIPA INÁCIO	02:17:42	02:17:37	F2339	AS BANDIDAS E A LEBRE	2
67	13	JOSÉ MARTINS	02:17:48	02:17:35	M5559	ASSOCIAÇÃO VALE GRANDE	5
68	36	RUI QUELHAS	02:18:52	02:18:43	M5054	RETIRED CLUB	4
69	77	RUI BOTAS	02:19:38	02:19:33	M4549	MTF	12
70	196	PEDRO BASÍLIO	02:19:42	02:19:41	M2339	#NOCAMINHODOBEM	26
71	189	CHRISTOPHE LEGRAND	02:20:01	02:19:48	M5054	VALE DO JUNCO	5
72	47	FREDDY FARINHO	02:20:20	02:20:16	M2339	AS BANDIDAS E A LEBRE	27
73	72	MIGUEL AZEVEDO	02:22:54	02:22:42	M5054	TIBURONS	6
74	160	SILVANO MELO	02:23:22	02:23:15	M4044	BOMBEIROS DE PORTIMAO	15
75	101	JOÃO PEDRO CALDEIRA	02:23:29	02:23:18	M2339	TUGAS ON TOUR ASSOCIAÇÃO DESPORTIVA	28
76	118	PATRICIA EMÍDIO	02:23:30	02:23:22	F2339	TUGAS ON TOUR	3
77	24	ANA DUARTE	02:23:34	02:23:32	F5054	OCS ARRABIDA TRAIL TEAM	1
78	66	HÉLDER GODINHO	02:23:54	02:23:54	M4549	Algarunners	13
79	40	LUIS SANTOS	02:24:15	02:24:05	M5559	OCR PORTUGAL LAB	6
80	152	HELDER FAIA	02:24:16	02:24:14	M2339	CCD MATRIZ /BORBA TRAIL	29
81	46	JOSÉ MANUEL DA SILVA ALVES	02:24:58	02:24:53	M5054	Lagoa	7
82	84	JOAQUIM BARREIROS	02:25:09	02:25:06	M5054	CLUBE FUTEBOL ESPERANÇA DE LAGOS	8
83	183	CUCU ION MARIUS	02:25:15	02:24:58	M2339		30
84	106	JOÃO ALVES	02:25:16	02:25:16	M5054	Machada Trail Team	9
85	114	LILIANA RODRIGUES	02:25:18	02:25:08	F2339		4
86	153	HELDER MIGUEL	02:25:25	02:25:22	M4044	@BLACKBEERRUNNERS	16
87	195	CÉLINE MADEIRA	02:25:32	02:25:32	F2339	Algarunners	5

88	96	FRANCISCO GUERREIRO	02:26:06	02:25:57	M5054	TUGAS ON TOUR	10
89	97	JORGE PINTO	02:26:36	02:26:35	M4549	CCD Matriz/Borba Trail	14
90	98	LÍDIA PINTO	02:26:38	02:26:35	F4044	CCD Matriz/Borba Trail	4
91	58	PEDRO DOMÍNGUEZ ALLEGUE	02:27:02	02:26:52	M5054	CLUB DE MONTAÑA ANYERA	11
92	73	ALMERINDA VELEZ	02:27:13	02:27:12	F5559	ACPORTALEGRE	2
93	86	CIRLEI NEVES	02:27:21	02:27:21	F4549	CASTRO MARIM	2
94	175	VICÉLIO MENDES	02:27:21	02:27:17	M5559	LOULEGEST	7
95	159	ZÉLIA PEDRO	02:28:30	02:28:30	F2339	Machada Trail Team	6
96	11	HELENA DA SILVA MADEIRA	02:28:47	02:28:47	F2339	WERUN	7
97	204	PEDRO RODRIGUES	02:28:53	02:28:50	M4044	PÉ NO MONTE	17
98	78	HÉLDER JOSÉ BARRADAS PALMA	02:29:19	02:29:02	M2339	INDIVIDUAL	31
99	23	PAUL CAMPBELL	02:29:21	02:29:21	M4549		15
100	185	CARLOS COSTA	02:29:26	02:29:23	M4549	CCM TRAIL	16
101	210	SANDRA TRAVESSAS	02:29:54	02:29:42	F4549	TURBULENTOS	3
102	33	CARLOS MARQUES	02:30:21	02:30:08	M6099	TÁLENTOS TEAM	3
103	94	SANDRO PIRES	02:30:34	02:30:31	M4549	@BLACKBEERRUNNERS	17
104	162	EMANUEL PIMENTEL	02:30:47	02:30:46	M4044	#NOCAMINHODOBEM	18
105	29	CARLOS FERREIRA	02:30:47	02:30:33	M2339	PASSADA FORTÍSSIMA	32
106	12	FRANCISCO PASSEIRA	02:30:47	02:30:35	M2339	PASSADA FORTÍSSIMA	33
107	74	JOSE VELEZ	02:30:58	02:30:56	F6099	ACPORTALEGRE/UTSM	1
108	147	GONÇALO MARQUES	02:31:02	02:30:59	M4044	VICENTINA STUDIO FITNESS	19
109	203	JOSÉ MOREIRA	02:31:04	02:31:03	M4044	ALMA SANA - YOGA E TERAPIAS	20
110	176	CARLA CRISTINA	02:31:44	02:31:44	F4549	Machada Trail Team	4

111	206	MANUEL ALVEIRINHO	02:32:03	02:31:52	M2339	TRAIL RUNNERS PORTIMÃO	34
112	192	CEARA JOYCE	02:32:03	02:31:52	F5054	EPSOM ODDBALLS RC	2
113	182	JORGE CUNHA	02:32:05	02:31:53	M4044		21
114	186	ANA BORGES	02:34:29	02:34:25	F4044	PÉ NO MONTE	5
115	202	INES SEPULVEDA	02:35:04	02:34:49	F2339	PINTAINHOS	8
116	201	PAULO MACHADO	02:35:05	02:34:50	M2339	PINTAINHOS	35
117	22	NUNO RODRIGUES	02:35:08	02:34:59	M2339		36
118	184	FILIPE CONCEIÇÃO	02:35:29	02:35:08	M5054	CDCNAVE/TRAILRUNNERS	12
119	179	VALTER ANDRÉ	02:35:35	02:35:27	M2339		37
120	134	LUIS CANDEIAS	02:36:06	02:35:59	M4549	TRAIL RUNNERS LAGOS	18
121	124	ANA DIAS	02:36:45	02:36:45	F2339	TRAIL RUNNERS PORTIMÃO	9
122	117	VERA SIMÕES	02:37:28	02:37:28	F4549	Machada Trail Team	5
123	79	VICTOR FERREIRA	02:37:45	02:37:38	M5054	GINJA TEAM	13
124	44	CLAUDIO AGUIAR	02:38:53	02:38:45	M4044		22
125	35	RUI COELHO	02:40:05	02:39:56	M2339		38
126	174	NATHALIE RODRIGUES	02:40:07	02:39:59	F4044		6
127	95	NUNO TEIXEIRA	02:40:25	02:40:21	M4044	@BLACKBEERRUNNERS	23
128	10	RUI CORREIA	02:43:59	02:43:50	M5054	JUVENTUDE ATLÉTICO CLUBE	14
129	103	CÉU PARDANA	02:44:54	02:44:54	F5054	Machada Trail Team	3
130	105	XENHO ROCHA	02:45:10	02:45:07	M2339	@BLACKBEERRUNNERS	39
131	19	JOÃO SIMÃO	02:45:12	02:45:12	M4549	Sónósdois	19
132	146	ISABEL BARRA	02:47:21	02:47:21	F5054	GAFANHORI	4
133	57	FRANCISCO SOUSA	02:48:17	02:48:17	M2339	NMEDUALG	40

134	125	HENRIQUE FIETZ	02:50:43	02:50:32	M4044	TRAIL RUNNERS PORTIMÃO	24
135	122	TIAGO HENRIQUES	02:50:46	02:50:36	M2339	TRAIL RUNNERS PORTIMÃO	41
136	80	RICARDO CARVALHO	02:50:51	02:50:36	M4044	ALCATEIA RUNNING TEAM	25
137	87	EUNICE RAQUEL SILVA LOURENÇO	02:50:53	02:50:39	F4044		7
138	172	LUIS QUEIRÓS	02:52:11	02:52:11	M4044	PÉ NO MONTE	26
139	17	MARTA DIAS	02:52:14	02:52:02	F2339		10
140	145	CRAIG MELANSON	02:53:45	02:53:33	M6099		4
141	88	ANTÓNIO CAMACHO	02:53:45	02:53:29	M2339		42
142	20	ALEXANDRA MENDONÇA	02:55:36	02:55:36	F2339		11
143	140	FRANCISCO QUITÉRIA	02:55:38	02:55:32	M5054	TRAIL RUNNERS DE LAGOS	15
144	67	AUDREY LAUGAUDIN	02:55:59	02:55:59	F2339	Algarunners	12
145	61	ISABEL RODRIGUES	02:56:50	02:56:46	F4549	@BLACKBEERRUNNERS	6
146	62	ETIENNE NETO	02:56:50	02:56:45	M5054	@BLACKBEERRUNNERS	16
147	194	FILIPE FERREIRA	02:56:56	02:56:39	M2339		43
148	135	PAULA OLIVEIRA	02:57:04	02:57:04	F5054	TRAIL RUNNERS LAGOS	5
149	26	JOÃO MARQUES	02:59:29	02:59:19	M5054	100 EQUIPA	17
150	37	LUÍS CASINHAS	02:59:40	02:59:31	M2339	BOMBEIROS DE PORTIMÃO	44
151	137	TATI SOFI TATIANA COSTA	03:01:14	03:01:09	F2339	TRAIL RUNNERS LAGOS	13
152	136	PAULA MARREIROS	03:01:15	03:01:10	F4549	TRAIL RUNNERS LAGOS	7
153	139	ODETE AZEVEDO	03:01:17	03:01:11	F5054	TRAIL RUNNERS LAGOS	6
154	180	MIGUEL CRUZ	03:08:42	03:08:29	M5054	AO RITMO DAS 200PPM	18
155	181	CARLA SOBREDA	03:08:45	03:08:30	F5054	AO RITMO DAS 200PPM	7
156	75	VILMA DUARTE	03:18:41	03:18:39	F2339	ALGARVIANA TEAM	14

157	39	SÍLVIA GREGORIO	03:18:41	03:18:40	F2339		15
158	102	SÍLVIA MARIA PEDRO	03:41:20	03:41:03	F5054	SS CGD	8
