

TRAIL LONGO - STAGE 1

32 KM

[illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	12.8°C	93%
End	14:18	12.8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	19	Bruno Miguel da Silva Ferreira	individual	Senior Masculino	02:27:46		04:37
2	12	Helder Rocha	douroconta trail team	Senior Masculino	02:44:32	+16:46	05:09
3	7	Sérgio Pereira	amcf-arrabida trail team	Veterano M40	02:47:36	+19:50	05:14
4	8	Humberto Silva	aztrail	Senior Masculino	02:47:59	+20:13	05:15
5	11	Toze Amorim	caldas s. jorge sport clube	Veterano M40	02:49:44	+21:58	05:18
6	45	Oscar Ferreira	individual	Veterano M50	02:52:58	+25:12	05:24
7	21	Carlos Reis	individual	Senior Masculino	02:54:31	+26:44	05:27
8	6	Filipe Afonso	ac portalegre/utsm	Senior Masculino	02:55:04	+27:17	05:28
9	1	Domingos Gomes	individual	Veterano M40	02:55:45	+27:59	05:30
10	36	João Moreira	individual	Veterano M40	02:57:45	+29:59	05:33
11	38	Óscar Magolo	individual	Veterano M40	02:58:11	+30:24	05:34
12	9	José Nuno Pereira de Paiva	cães d'avenida	Veterano M50	03:01:10	+33:24	05:40
13	42	carlos fazendeiro	individual	Veterano M50	03:01:27	+33:40	05:40
14	47	José Carlos Gomes	ligeirinhos	Veterano M50	03:02:04	+34:18	05:41
15	49	Luís Teixeira	limitless	Senior Masculino	03:02:54	+35:08	05:43
16	15	ALICE LOPES	ginásio fit4fun	Veterana F40	03:05:20	+37:33	05:47
17	28	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	03:10:55	+43:09	05:58
18	35	Francisco Pinheiro	individual	Veterano M40	03:16:28	+48:42	06:08
19	16	Filipe Oliveyra	imperadores	Senior Masculino	03:18:15	+50:29	06:12
20	58	Alexandre Tibete	individual	Veterano M40	03:22:22	+54:35	06:19
21	53	Cristiana Raquel de Sousa Ferreira	running espinho	Senior Feminino	03:25:04	+57:17	06:24
22	13	César sousa	fiaes running	Veterano M40	03:28:43	+01:00:57	06:31
23	3	Silvo Reis	individual	Senior Masculino	03:33:14	+01:05:28	06:40
24	52	Fernando Costa	pernetas	Veterano M40	03:35:34	+01:07:48	06:44
25	34	Fernando Ferreira	individual	Veterano M40	03:35:34	+01:07:48	06:44
26	51	José Pedro Conde Pinto da Silva	núcleo de montanha de espinho	Veterano M40	03:46:50	+01:19:04	07:05
27	18	Bruno cavadas	individual	Senior Masculino	03:52:28	+01:24:41	07:16
28	24	Duarte Conceição	individual	Senior Masculino	03:52:28	+01:24:42	07:16
29	54	LILIANA CARDOSO	trail running clube btt sanguedo	Senior Feminino	03:53:02	+01:25:15	07:17
30	23	Diogo Couto	individual	Senior Masculino	03:53:03	+01:25:17	07:17
31	33	Emanuel Cabeça	individual	Veterano M40	03:53:15	+01:25:29	07:17
32	43	jose couto	individual	Veterano M50	04:00:09	+01:32:23	07:30
33	22	Daniel Moreira	individual	Senior Masculino	04:03:31	+01:35:44	07:37
34	44	jose rodrigues costa	individual	Veterano M50	04:04:59	+01:37:13	07:39
35	32	Domingos Faria	individual	Veterano M40	04:05:01	+01:37:14	07:39
36	37	Manuel Santos Silva	individual	Veterano M40	04:06:29	+01:38:43	07:42
37	17	Afonso Bonifacio	individual	Senior Masculino	04:07:08	+01:39:21	07:43
38	57	Tiago Silva	individual	Senior Masculino	04:10:25	+01:42:39	07:50
39	39	PAULO DUARTE	individual	Veterano M40	04:13:19	+01:45:33	07:55
40	46	Valdemar Manuel Pinto de Almeida	individual	Veterano M50	04:31:28	+02:03:42	08:29

32 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	30	Vitor Manuel Santos Cavadas	individual	Senior Masculino	05:01:22	+02:33:36	09:25
42	26	João Santos	individual	Senior Masculino	05:01:27	+02:33:40	09:25
43	40	Telmo Martins	individual	Veterano M40	05:09:27	+02:41:41	09:40

Obs

BIB	NOTE	NAME	TEAM	CAT
41	DQ	Baltazar Ferreira	Individual	Veterano M50
20	DNF	CARLOS MOREIRA	Individual	Senior Masculino

Trail Longo

32 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	12.8°C	93%
End	14:18	12.8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	53	Cristiana Raquel de Sousa Ferreira	Running Espinho	Senior Feminino	03:25:04	+57:17	06:24
2	54	LILIANA CARDOSO	trail running clube btt sanguedo	Senior Feminino	03:53:02	+01:25:15	07:17

Senior Masculino

1	19	Bruno Miguel da Silva Ferreira	Individual	Senior Masculino	02:27:46		04:37
2	12	Helder Rocha	Douroconta Trail Team	Senior Masculino	02:44:32	+16:46	05:09
3	8	Humberto Silva	AZTrail	Senior Masculino	02:47:59	+20:13	05:15
4	21	Carlos Reis	Individual	Senior Masculino	02:54:31	+26:44	05:27
5	6	Filipe Afonso	AC Portalegre/UTSM	Senior Masculino	02:55:04	+27:17	05:28
6	49	Luís Teixeira	Limitless	Senior Masculino	03:02:54	+35:08	05:43
7	28	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	03:10:55	+43:09	05:58
8	16	Filipe Oliveyra	IMPERADORES	Senior Masculino	03:18:15	+50:29	06:12
9	3	Silvo Reis	Individual	Senior Masculino	03:33:14	+01:05:28	06:40
10	18	Bruno cavadas	Individual	Senior Masculino	03:52:28	+01:24:41	07:16
11	24	Duarte Conceição	Individual	Senior Masculino	03:52:28	+01:24:42	07:16
12	23	Diogo Couto	Individual	Senior Masculino	03:53:03	+01:25:17	07:17
13	22	Daniel Moreira	Individual	Senior Masculino	04:03:31	+01:35:44	07:37
14	17	Afonso Bonifacio	Individual	Senior Masculino	04:07:08	+01:39:21	07:43
15	57	Tiago Silva	Individual	Senior Masculino	04:10:25	+01:42:39	07:50
16	30	Vitor Manuel Santos Cavadas	Individual	Senior Masculino	05:01:22	+02:33:36	09:25
17	26	João Santos	Individual	Senior Masculino	05:01:27	+02:33:40	09:25

Veterana F40

1	15	ALICE LOPES	Ginásio Fit4Fun	Veterana F40	03:05:20	+37:33	05:47
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Veterano M40

1	7	Sérgio Pereira	AMCF-ARRABIDA TRAIL TEAM	Veterano M40	02:47:36	+19:50	05:14
2	11	Toze Amorim	Caldas S. Jorge Sport Clube	Veterano M40	02:49:44	+21:58	05:18
3	1	Domingos Gomes	Individual	Veterano M40	02:55:45	+27:59	05:30
4	36	João Moreira	Individual	Veterano M40	02:57:45	+29:59	05:33
5	38	Óscar Magolo	Individual	Veterano M40	02:58:11	+30:24	05:34
6	35	Francisco Pinheiro	Individual	Veterano M40	03:16:28	+48:42	06:08
7	58	Alexandre Tibete	Individual	Veterano M40	03:22:22	+54:35	06:19
8	13	César sousa	Fiaes running	Veterano M40	03:28:43	+01:00:57	06:31
9	52	Fernando Costa	Pernetas	Veterano M40	03:35:34	+01:07:48	06:44

Official Timekeeper: Lap2Go	1 / 2	generate 03-Sep-2017 22:18
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32 KM

OFFICIAL RESULT

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REVISED

10	34	Fernando Ferreira	Individual	Veterano M40	03:35:34	+01:07:48	06:44
11	51	José Pedro Conde Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M40	03:46:50	+01:19:04	07:05
12	33	Emanuel Cabeça	Individual	Veterano M40	03:53:15	+01:25:29	07:17
13	32	Domingos Faria	Individual	Veterano M40	04:05:01	+01:37:14	07:39
14	37	Manuel Santos Silva	Individual	Veterano M40	04:06:29	+01:38:43	07:42
15	39	PAULO DUARTE	Individual	Veterano M40	04:13:19	+01:45:33	07:55
16	40	Telmo Martins	Individual	Veterano M40	05:09:27	+02:41:41	09:40

1	45	Oscar Ferreira	Individual	Veterano M50	02:52:58	+25:12	05:24
2	9	José Nuno Pereira de Paiva	Cães d'Avenida	Veterano M50	03:01:10	+33:24	05:40
3	42	carlos fazendeiro	Individual	Veterano M50	03:01:27	+33:40	05:40
4	47	José Carlos Gomes	Ligeirinhos	Veterano M50	03:02:04	+34:18	05:41
5	43	jose couto	Individual	Veterano M50	04:00:09	+01:32:23	07:30
6	44	jose rodrigues costa	Individual	Veterano M50	04:04:59	+01:37:13	07:39
7	46	Valdemar Manuel Pinto de Almeida	Individual	Veterano M50	04:31:28	+02:03:42	08:29