



TRAIL ROTA DO GRANITO 2018

25/11/2018

Chrono.pt



Classificação Geral

Trail Curto 17,00 Km.

Pos.	Dor. Nome	Clube	Cat.	Pos.2	Tempo	T/Km.	Dif.
1	68 Joaquim silva,	Adosa - Os Santa Apolónia	V40MTC	1	1:32:27.88	05:26	
2	129 Nuno Lemos,	Clube atletismo fafe Nuno	V40MTC	2	1:43:19.33	06:05	0:10:51
3	151 FERNANDO CARVALHO,	NOS ACREDITAMOS	V40MTC	3	1:43:50.87	06:07	0:11:23
4	150 PAULO SOUSA,	NOS ACREDITAMOS	V40MTC	4	1:46:57.80	06:18	0:14:30
5	141 JOSE PINTO,	NOS ACREDITAMOS	SENMTTC	1	1:47:18.11	06:19	0:14:50
6	147 FRANCISCO LEMOS,	NOS ACREDITAMOS	V50MTC	1	1:47:32.09	06:20	0:15:04
7	93 Narciso Machado,	ProFisio Team	V50MTC	2	1:47:56.70	06:21	0:15:29
8	6 Albino Vieira,	CB RUN	V50MTC	3	1:48:39.03	06:23	0:16:11
9	191 Manuel Costa,	Corredores da noite	V50MTC	4	1:50:26.77	06:30	0:17:59
10	157 Licínio Macário,		SENMTTC	2	1:51:49.36	06:35	0:19:21
11	158 António Oliveira,		V40MTC	5	1:51:56.13	06:35	0:19:28
12	87 Raul Silva,	ProFisio Team	V40MTC	6	1:54:34.87	06:44	0:22:07
13	159 Agostinho Teixeira Teixeira,	CB RUN	SENMTTC	3	1:56:57.44	06:53	0:24:29
14	161 Narciso Marques,	Limite Vertical Trekking	V50MTC	5	1:57:06.67	06:53	0:24:39
15	72 Vasco Costa,		SENMTTC	4	1:59:20.00	07:01	0:26:52
16	95 Mario Costa,	ProFisio Team	V40MTC	7	1:59:33.56	07:02	0:27:06
17	94 Nelson Vaz,	ProFisio Team	SENMTTC	5	2:00:00.61	07:04	0:27:33
18	165 JOAQUIM PEREIRA,	NOS ACREDITAMOS	V40MTC	8	2:00:27.67	07:05	0:28:00
19	148 FABIO silva,	NOS ACREDITAMOS	SENMTTC	6	2:01:18.27	07:08	0:28:50
20	152 ANTONIO PEREIRA,	NOS ACREDITAMOS	V50MTC	6	2:01:21.12	07:08	0:28:53
21	217 Vitor Fernandes,	RorizAventura	SENMTTC	7	2:01:56.04	07:10	0:29:28
22	218 Pedro Ferreira,		V40MTC	9	2:01:56.39	07:10	0:29:28
23	73 RICARDO Lemos,		V40MTC	10	2:02:06.99	07:11	0:29:39
24	169 António Caldas,		V40MTC	11	2:05:02.19	07:21	0:32:34
25	128 Artur Oliveira Mendes		V50MTC	7	2:05:11.97	07:22	0:32:44
26	32 Davide Silva,	Moinho Vermoim / Avebikers	SENMTTC	8	2:05:36.17	07:23	0:33:08
27	33 Bruno Carneiro,	AMVE / Avebikers	SENMTTC	9	2:05:36.85	07:23	0:33:09
28	25 Carlos Lemos,		SENMTTC	10	2:06:05.43	07:25	0:33:37
29	31 Nuno Miguel Lemos		SENMTTC	11	2:06:27.64	07:26	0:34:00
30	220 Bruno Ferreira,	RorizAventura	SENMTTC	12	2:06:46.00	07:27	0:34:18
31	168 Casimiro Tavares,	Corredores da noite	V50MTC	8	2:07:09.97	07:29	0:34:42
32	24 Carla Oliveira,	Adosa - Os Santa Apolónia	SENFTTC	1	2:07:22.95	07:30	0:34:55
33	23 Joaquim Dinis,	Adosa - Os Santa Apolónia	V40MTC	12	2:07:23.92	07:30	0:34:56
34	131 Duarte Martins,	Ronfe a Correr	S23MTC	1	2:07:38.12	07:30	0:35:10
35	124 Hugo Sampaio,	Habcarpintaria	SENMTTC	13	2:07:38.47	07:30	0:35:10
36	177 Flávio Costa,		SENMTTC	14	2:07:46.24	07:31	0:35:18
37	2 Ricardo Miguel silva,	V.N.Famalicação	SENMTTC	15	2:08:07.91	07:32	0:35:40
38	75 Marisa Salgado,	Ronfe a Correr	SENFTTC	2	2:08:12.30	07:32	0:35:44
39	98 Rui Barbosa,	ProFisio Team	SENMTTC	16	2:08:23.07	07:33	0:35:55
40	74 Alexandre Ribeiro,	Ronfe a Correr	SENMTTC	17	2:08:42.82	07:34	0:36:15
41	85 Pedro Gonçalves,	Alexandra Carvalho Team	V40MTC	13	2:09:31.76	07:37	0:37:04
42	69 Deolinda faria Faria,	Adosa - Os Santa Apolónia	V40FTC	1	2:10:55.72	07:42	0:38:28
43	142 FERNANDO silva,	NOS ACREDITAMOS	V50MTC	9	2:12:12.87	07:47	0:39:45
44	11 Rosalina Marinho,	Travassós Running Fafe	V50FTC	1	2:12:59.05	07:49	0:40:31
45	10 Roberto Machado,	CB RUN	SENMTTC	18	2:15:05.94	07:57	0:42:38

46	149 CLAUDIA SANTOS,	NOS ACREDITAMOS	SENFTC	3	2:15:21.60	07:58	0:42:54
47	86 Goretí Sousa,	ProFisio Team	V50FTC	2	2:15:34.48	07:58	0:43:06
48	140 Daniel Miranda,	Os pastilhas	V40MTC	14	2:15:54.83	08:00	0:43:27
49	19 Diogo Barros,	CB RUN	V40MTC	15	2:18:15.92	08:08	0:45:48
50	8 Cristina Cristina Machado,	GUIMARUNNING	SENFTC	4	2:18:29.62	08:09	0:46:02
51	111 Adriano Ferreira,	CHOCOTEAM	SENMTTC	19	2:19:43.94	08:13	0:47:16
52	112 André Ferreira,	CHOCOTEAM	SENMTTC	20	2:19:47.12	08:13	0:47:19
53	146 ARMANDO CARDOSO	NOS ACREDITAMOS	V40MTC	16	2:20:13.53	08:15	0:47:46
54	28 Francisco Miranda,	A.C. VERMOIM	V40MTC	17	2:21:33.18	08:20	0:49:05
55	91 Hugo Costa,	ProFisio Team	SENMTTC	21	2:21:39.33	08:20	0:49:11
56	264 Alexandre Salazar,	ProFisio Team	SENMTTC	22	2:21:41.59	08:20	0:49:14
57	82 Helder fernandes,	Helder	SENMTTC	23	2:21:42.13	08:20	0:49:14
58	143 MARTINHA MARTINE	NOS ACREDITAMOS	V40FTC	2	2:21:43.67	08:20	0:49:16
59	127 Bruno Marques,	Habcarpintaria	SENMTTC	24	2:22:59.38	08:25	0:50:31
60	137 Aníbal Costa,	Levanta cedo/ fisiojoane	V50MTC	10	2:23:17.00	08:26	0:50:49
61	132 Sandra Oliveira,	Levanta cedo/ fisiojoane	V40FTC	3	2:23:17.52	08:26	0:50:50
62	180 Manuel Ferreira Sampaio		V50MTC	11	2:23:55.12	08:28	0:51:27
63	196 Paula Cristina Pereira Silva,	Sérgio Rodrigues Fotografia	V40FTC	4	2:24:53.53	08:31	0:52:26
64	30 Rui Carvalho,	CB RUN	V40MTC	18	2:25:25.60	08:33	0:52:58
65	204 Vitor Miguel,	Viva Light	SENMTTC	25	2:26:40.93	08:38	0:54:13
66	135 Fernando Dias,	Levanta cedo/ fisiojoane	V40MTC	19	2:27:25.67	08:40	0:54:58
67	268 José Pinto,		V50MTC	12	2:27:53.75	08:42	0:55:26
68	145 SANDRA PEREIRA,	NOS ACREDITAMOS	V40FTC	5	2:28:05.42	08:43	0:55:37
69	45 Ernesto Freitas,	CB RUN	V40MTC	20	2:28:52.74	08:45	0:56:25
70	138 Liborio Vilela,	Levanta cedo/ fisiojoane	V40MTC	21	2:29:22.35	08:47	0:56:54
71	136 Luis Silva,	Levanta cedo/ fisiojoane	V40MTC	22	2:29:23.55	08:47	0:56:56
72	133 Cristina Simões,	Levanta cedo/ fisiojoane	V40FTC	6	2:29:24.41	08:47	0:56:56
73	100 Luis dias,		SENMTTC	26	2:30:11.39	08:50	0:57:43
74	92 Sandra Leite,	ProFisio Team	SENFTC	5	2:31:06.91	08:53	0:58:39
75	80 Leandro Oliveira,	CB RUN	SENMTTC	27	2:32:30.93	08:58	1:00:03
76	208 João Oliveira,	CB RUN	SENMTTC	28	2:32:33.29	08:58	1:00:05
77	156 Nelson Andrade,	CB RUN	SENMTTC	29	2:32:58.66	09:00	1:00:31
78	126 Elson Carvalho,	Habcarpintaria	SENMTTC	30	2:33:03.87	09:00	1:00:36
79	267 RUI PEREIRA,		V50MTC	13	2:34:37.60	09:06	1:02:10
80	12 Alexandra Matos,	GUIMARUNNING	V40FTC	7	2:35:30.44	09:09	1:03:02
81	119 Marta Carvalho,	Joane Corre Corre	V40FTC	8	2:35:30.87	09:09	1:03:03
82	7 Pedro Pereira,	GUIMARUNNING	SENMTTC	31	2:38:11.91	09:18	1:05:44
83	37 Gil Santos,	CB RUN	SENMTTC	32	2:38:52.34	09:21	1:06:24
84	42 Vitor Ribeiro,	CB RUN	SENMTTC	33	2:39:10.79	09:22	1:06:43
85	52 Sérgio Vieira,	CB RUN	SENMTTC	34	2:39:11.69	09:22	1:06:44
86	51 Fernando Vieira,	CB RUN	V50MTC	14	2:39:14.48	09:22	1:06:46
87	56 Marta Fonseca,		V40FTC	9	2:39:24.23	09:23	1:06:56
88	209 Elsa Costa,	Viva Light	SENFTC	6	2:39:52.78	09:24	1:07:25
89	160 Anabela Silva,	Limite Vertical Trekking	V40FTC	10	2:40:20.93	09:26	1:07:53
90	120 Maria Vasconcelos,		V40FTC	11	2:40:30.30	09:26	1:08:02
91	40 Alexandra Fernandes,	GUIMARUNNING	V40FTC	12	2:41:32.87	09:30	1:09:05
92	79 Márcia Sousa,	GUIMARUNNING	SENFTC	7	2:41:36.93	09:30	1:09:09
93	44 Daniel Gomes,		V40MTC	23	2:41:44.34	09:31	1:09:16
94	106 José Paulo Gomes,		V40MTC	24	2:42:12.17	09:32	1:09:44
95	197 José Fonseca,	Braguinhas Runners	SENMTTC	35	2:42:22.77	09:33	1:09:55
96	175 Pedro Faria,		SENMTTC	36	2:42:25.71	09:33	1:09:58
97	182 André Silva,	Núcleo do Sporting Clube de Po	SENMTTC	37	2:42:34.98	09:34	1:10:07
98	125 Ricardo Costa,	Habcarpintaria	SENMTTC	38	2:44:41.89	09:41	1:12:14
99	176 Elisabete Borges,	Braguinhas Runners	V40FTC	13	2:45:05.72	09:43	1:12:38
100	181 Thiago Espanha,		SENMTTC	39	2:45:06.17	09:43	1:12:38
101	183 Hugo Silva,	Núcleo do Sporting Clube de Po	V40MTC	25	2:46:11.88	09:47	1:13:44
102	185 Romeu Andrade,	Viva Light	SENMTTC	40	2:46:16.99	09:47	1:13:49
103	205 Carlos Pereira,	Viva Light	SENMTTC	41	2:46:17.64	09:47	1:13:50
104	154 FÁTIMA AZEVEDO,	A.C. VERMOIM	V40FTC	14	2:47:08.79	09:50	1:14:41

105	187 Ricardo Silva,	Viva Light	SENMTC	42	2:47:10.19	09:50	1:14:42
106	263 Alexandre Faria,		S23MTC	2	2:52:40.68	10:09	1:20:13
107	262 José Diogo Saldanha,		S23MTC	3	2:52:41.57	10:10	1:20:14
108	200 Sílvia Sá,	Viva Light	V40FTC	15	2:53:33.47	10:13	1:21:05
109	212 José Fernandes,	Viva Light	V40MTC	26	2:53:35.63	10:13	1:21:08
110	90 Paula Alves,	ProFisio Team	V40FTC	16	2:58:42.42	10:31	1:26:14
111	20 Marcela Fernandes,	CB RUN	SENFTC	8	2:59:11.51	10:32	1:26:44
112	198 Ana Costa,	Levanta cedo/ fisiojoane	SENFTC	9	3:01:54.90	10:42	1:29:27
113	144 ALVARO CARDOSO,	NOS ACREDITAMOS	V50MTC	15	3:02:28.65	10:44	1:30:01
114	123 Candido Ribeiro,	Novumdux	V40MTC	27	3:04:09.98	10:50	1:31:42
115	14 Paulo Mendes,	Trepa Torres	SENMTC	43	3:04:56.55	10:53	1:32:29
116	13 Carlos Mendes,	Trepa Torres	SENMTC	44	3:04:57.27	10:53	1:32:29
117	210 Tânia Mota,	Viva Light	SENFTC	10	3:07:59.61	11:04	1:35:32
118	188 Ana Soliz,	Viva Light	SENFTC	11	3:08:01.12	11:04	1:35:33
119	215 Fernando Vilarinho,	Barcelos Runners	V40MTC	28	3:09:36.07	11:09	1:37:08
120	190 Carmo Machado,	Os Santa Apolónia	V50FTC	3	3:12:26.24	11:19	1:39:58
121	122 José Freitas,		SENMTC	45	3:13:29.22	11:23	1:41:01
122	59 Diogo Alves,	CB RUN	SENMTC	46	3:14:03.22	11:25	1:41:35
123	64 Elsa Silva,	CB RUN	SENFTC	16	3:25:24.92	12:05	1:52:57
124	49 Aurelino Ribeiro,	CB RUN	SENMTC	47	3:25:30.21	12:05	1:53:02
125	43 Nuno Oliveira,	CB RUN	SENMTC	48	3:25:33.42	12:05	1:53:05
126	67 Sandra Pinto,	CB RUN	SENFTC	17	3:25:34.95	12:06	1:53:07
127	265 Patrícia Machado,	AD Carril	SENFTC	18	3:26:40.95	12:09	1:54:13
128	266 Rosa Machado,	AD Carril	V40FTC	18	3:26:41.93	12:10	1:54:14
129	66 Manuela Cadilhe,	AD Carril	V40FTC	19	3:26:43.49	12:10	1:54:15
130	211 Maria Pereira,	Viva Light	SENFTC	19	3:26:45.79	12:10	1:54:18
131	104 Ana Sousa,	A.D.Pedome	SENFTC	20	3:27:06.66	12:11	1:54:39
132	105 Cristina Fernandes,	A.D.Pedome	V40FTC	20	3:27:09.22	12:11	1:54:41
133	270 JOSE PINTO,		SENMTC	49	3:28:07.20	12:15	1:55:39
134	189 Sandra Oliveira,	Malhas Alice	V40FTC	21	3:31:58.58	12:28	1:59:31
135	269 SANDRA MACHADO,		V40FTC	22	3:32:00.74	12:28	1:59:33
136	134 Mónica Gonçalves,	Levanta cedo/ fisiojoane	V40FTC	23	3:34:31.82	12:37	2:02:04
137	121 Tânia Carvalho,		SENFTC	21	3:54:52.71	13:49	2:22:25
138	78 Isabel Lopes,	LION RUNNERS – G.D. Leões	V50FTC	4	3:54:53.59	13:49	2:22:26