



Classificações Trilhos S. Barnabé 38 km

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	Ctrl-1	T.Oficial	Média	Difer.
1		35	Nelson Santos	DÃO NELAS RUNNERS	V40M 38 - 1	02:40:37	03:28:06	05:28	
2		52	Filipe Costa	CLUBE DESPORTIVO DE ESPIT	SNM 38 - 1	02:46:45	03:36:51	05:42	00:08:45
3		81	Nuno Carneiro	NAST - NÚCLEO ASSOCIATIVO	SNM 38 - 2	02:46:44	03:39:37	05:46	00:11:31
4		109	José Tomás	PSP VISEU RUNNERS	V50M 38 - 1	02:48:10	03:43:09	05:52	00:15:03
5		56	Miguel Ribeiro	ZONA ALTA TRAIL	V40M 38 - 2	02:54:20	03:49:44	06:02	00:21:38
6		108	Ricardo Carreira		SNM 38 - 3	02:58:20	03:55:48	06:12	00:27:42
7		95	Ricardo Mordomo	CLUBE DESPORTIVO DE ESPIT	SNM 38 - 4	02:58:04	03:55:48	06:12	00:27:42

8	77	André Rosário	ZONA ALTA TRAIL	SNM 38 - 5	02:59:02	03:58:06	06:15	00:30:00
9	51	Ricardo Rodrigues	ASDREQ	SNM 38 - 6	03:07:49	04:05:46	06:28	00:37:40
10	67	André Costa	NAST - NÚCLEO ASSOCIATIVO	SNM 38 - 7	03:10:55	04:06:41	06:29	00:38:35
11	98	Diogo Carvalho	TREPADORES	V50M 38 - 2	03:03:51	04:07:53	06:31	00:39:47
12	24	Eduardo Fonseca		SNM 38 - 8	03:08:35	04:11:22	06:36	00:43:16
13	87	Micael Costa	CLUBE DESPORTIVO DE ESPIT	SNM 38 - 9	03:04:09	04:12:13	06:38	00:44:07
14	80	Tiago Almeida	JAVALIS - AMIZADE E GLÓRIA	SNM 38 - 10	03:05:38	04:14:00	06:41	00:45:54
15	72	Jose Fernandes	RUNNERS DO DEMO	V45M 38 - 1	03:12:36	04:19:15	06:49	00:51:09
16	97	Dinis Santos	CLUBE DESPORTIVO DE ESPIT	SNM 38 - 11	03:14:22	04:21:35	06:53	00:53:29
17	32	Tony Figueiredo	DÃO NELAS RUNNERS	SNM 38 - 12	03:17:45	04:24:45	06:58	00:56:39
18	69	Bruno		SNM 38 - 13	03:16:54	04:25:01	06:58	00:56:55
19	29	Ferreira Coimbra	WISEU 360	SNM 38 - 14	03:20:36	04:28:17	07:03	01:00:11
20	105	Nuno Oliveira	MOINHOS DA GÂNDARA TRAIL	SNM 38 - 15	03:27:42	04:30:04	07:06	01:01:58
21	100	Claudio Roças	DÃO NELAS RUNNERS	SNM 38 - 16	03:22:05	04:30:36	07:07	01:02:30
22	42	Paulo Matos	JAVALIS - AMIZADE E GLÓRIA	V45M 38 - 2	03:21:41	04:34:06	07:12	01:06:00
23	39	Diogo Pimenta	DCI/TRILHOS LUSO BUSSACO	SNM 38 - 17	03:20:37	04:34:51	07:13	01:06:45

24	65	Isaac Costa	ADDICTED TO TRAIL	V45M 38 - 3	03:17:03	04:39:36	07:21	01:11:30	
25	70	Carlos Ferreira	WISEU 360	V40M 38 - 3	03:25:47	04:41:15	07:24	01:13:09	
26	63	João Toscano	ESTRELAS DA BEIRA BAIXA	S23M 38 - 1	03:31:25	04:53:40	07:43	01:25:34	
27	46	Sérgio Pinto	TARTARUGAS RUNNERS	SNM 38 - 18	03:28:50	04:55:05	07:45	01:26:59	
28	23	Paulo Filipe		V40M 38 - 4	03:40:06	04:57:22	07:49	01:29:16	
29	30	Pedro Guimaraes	#LETSRUNAZORES	V50M 38 - 3	03:50:18	05:00:29	07:54	01:32:23	
30	84	João Mateus2016-10-23	GR CORREDOURA	SNM 38 - 19	03:54:26	05:05:51	08:02	01:37:45	
31	1	11	Ariana Tavares	WISEU RUNNING TEAM	SNF 38 - 1	03:54:55	05:08:54	08:07	01:40:48
32	85	Paulo Barry	RUN CREW TRAIL MONTIJO	V50M 38 - 4	03:54:52	05:08:55	08:07	01:40:49	
33	2	74	Andreia Oliveira	RUNNERS DO DEMO	V40F 38 - 1	03:56:24	05:09:30	08:08	01:41:24
34	37	Jose Rodrigues Costa	RUNNERS DO DEMO	V50M 38 - 5	03:56:10	05:09:30	08:08	01:41:24	
35	3	92	São Castanheira	CLAC ENTRONCAMENTO/OND	V50F 38 - 1	04:05:02	05:10:48	08:10	01:42:42
36	89	Carlos Antunes	CLAC ENTRONCAMENTO/OND	V50M 38 - 6	04:05:38	05:10:48	08:10	01:42:42	
37	99	Fábio Ferreira	CASA JOVASE	V40M 38 - 5	03:54:58	05:13:13	08:14	01:45:07	
38	75	Nuno Oliveira	RUNNERS DO DEMO	V40M 38 - 6	04:00:06	05:14:19	08:16	01:46:13	
39	104	Nuno Salvador	DÃO NELAS RUNNERS	V40M 38 - 7	03:54:44	05:17:30	08:21	01:49:24	

40		59	Daniel Carvalho	99	SNM 38 - 20	04:00:41	05:21:39	08:27	01:53:33
41		31	Vitor Pereira	ÁGUEDA ACTION CLUB - ACTIB	SNM 38 - 21	04:05:08	05:22:25	08:29	01:54:19
42		88	André Cardão		SNM 38 - 22	04:07:13	05:23:06	08:30	01:55:00
43	4	10	Sabina Marques	WISEU RUNNING TEAM	SNF 38 - 2	04:07:17	05:25:08	08:33	01:57:02
44		43	Simao Castro	COIMBRA TRAIL RUNNING	V40M 38 - 8	04:14:35	05:30:09	08:41	02:02:03
45		41	Joaquim Lobato	RUNNING ESPINHO	V50M 38 - 7	04:09:55	05:30:49	08:42	02:02:43
46		61	Carlos Figueiredo	ADGALOMAR	V50M 38 - 8	04:15:06	05:32:16	08:44	02:04:10
47	5	33	Blandine Craveiro	ADDICTED TO TRAIL	V40F 38 - 2	04:18:54	05:35:50	08:50	02:07:44
48		111	Nuno Almeida		SNM 38 - 23	04:14:29	05:38:00	08:53	02:09:54
49	6	91	Lina Marques	CLAC ENTRONCAMENTO/OND	V40F 38 - 3	04:11:37	05:41:06	08:58	02:13:00
50	7	76	Ana Tomé	ZONA ALTA TRAIL	V45F 38 - 1	04:32:33	05:47:47	09:09	02:19:41
51		93	Sérgio Oliveira	PACE.MAKERS	V45M 38 - 4	04:32:10	05:47:47	09:09	02:19:41
52		102	Hugo And The Twins	HUGO AND THE TWINS	V45M 38 - 5	04:15:54	05:48:18	09:09	02:20:12
53		38	Luís Costa	RUNNERS DO DEMO	V40M 38 - 9	04:26:12	05:50:18	09:13	02:22:12
54	8	78	Sofia Simões	GRUPO DESPORTIVO FERREIR	SNF 38 - 3	04:17:24	05:51:09	09:14	02:23:03
55		90	João Lopes	CLAC ENTRONCAMENTO/OND	V45M 38 - 6	04:28:26	05:51:23	09:14	02:23:17

56		62	Daniel Lopes	ESTRELAS DA BEIRA BAIXA	S23M 38 - 2	04:22:04	05:51:49	09:15	02:23:43
57		106	António Simões		V50M 38 - 9	04:24:30	05:53:12	09:17	02:25:06
58		44	João Ferreira	RUNNERS DO DEMO	V40M 38 - 10	04:25:29	05:59:50	09:28	02:31:44
59		20	Rogério Machado		SNM 38 - 24	04:47:08	06:02:06	09:31	02:34:00
60		71	Paulo Azevedo	LUSUTANOS	V50M 38 - 10	04:34:14	06:02:40	09:32	02:34:34
61		103	Nuno Ribeiro		SNM 38 - 25	04:28:06	06:03:42	09:34	02:35:36
62		45	Carlos Barbosa	RUNNERS DO DEMO	SNM 38 - 26	04:32:23	06:03:45	09:34	02:35:39
63		101	António Paulo	CASA JOVASE	V50M 38 - 11	04:35:37	06:10:15	09:44	02:42:09
64		58	Luis Fazenda	VODRA	SNM 38 - 27	04:31:52	06:18:25	09:57	02:50:19
65		57	Gonçalo Coelho	GRUNNINGTEAM	SNM 38 - 28	04:33:50	06:20:25	10:00	02:52:19
66		21	Nuno Mariz	ALLFORONE	V40M 38 - 11	04:33:53	06:20:26	10:00	02:52:20
67	9	96	Ana Pedreira	WOMEN RUNNERS PORTUGAL	SNF 38 - 4	04:48:00	06:21:04	10:01	02:52:58
68	10	27	Zélia Rodrigues	RUN CREW TRAIL MONTIJO	V50F 38 - 2	04:48:27	06:24:12	10:06	02:56:06
69	11	107	Carla Sofia Garcez		V45F 38 - 2	04:53:43	06:25:54	10:09	02:57:48
70		64	Jose Leitao	PINHAL NOVO A CORRER	V45M 38 - 7	05:58:13	06:37:52	10:28	03:09:46
71		54	Fabio Fazenda	A.R.C VODRENSE	SNM 38 - 29	04:56:36	06:40:46	10:32	03:12:40

72	12	48	Sónia Marçal	PACE.MAKERS	V45F 38 - 3	05:09:37	06:49:54	10:47	03:21:48
73		47	Rui Marçal	PACE.MAKERS	V45M 38 - 8	05:09:42	06:49:54	10:47	03:21:48
74	13	110	Luisa Mota		SNF 38 - 5	05:24:47	07:16:01	11:28	03:47:55
75		60	Valdemar Almeida	INVICTA RUNNERS TEAM	V50M 38 - 12	05:43:42	07:35:00	11:58	04:06:54
76	14	82	Susana Castro	PSP VISEU RUNNERS	V40F 38 - 4	05:43:29	07:35:00	11:58	04:06:54
77		55	Fabio Boto	ARCVODRENSE	SNM 38 - 30	05:40:46	07:42:40	12:10	04:14:34