

5º Trail Running CTM Vila Pouca de Aguiar - Resultados Provisórios

TRAIL LONGO

TRAIL CURTO

GERAL

GERAL/GÉNERO

ESCALÃO

TRAIL CURTO - 15.00km

| Pos. | Dorsal | | Atleta | Clube | Pos. Escalão | Tempo | Diferença |
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| 1 | 770 | PT | NUNO CARNEIRO | CLUBE ZUPPER | 1 | M30 | 01:21:41.635 |
| 2 | 727 | PT | PAULO PEREIRA | BRAVOS E BRAVITAS RUN | 1 | M40 | 01:23:04.148 +00:01:22.513 |
| 3 | 753 | PT | ANTÓNIO CAMPOS | CTM VILA POUCA DE AGUIAR | 2 | M40 | 01:23:18.952 +00:01:37.317 |
| 4 | 672 | PT | JOAQUIM SILVA | OS SANTA APOLÓNIA | 3 | M40 | 01:24:16.589 +00:02:34.954 |
| 5 | 758 | ES | JOSE ANTONIO LOSADA MIRANDA | PREFABRICADOS FEIJOO | 2 | M30 | 01:25:54.699 +00:04:13.064 |
| 6 | 649 | PT | JORGE COSTA | INDIVIDUAL | 4 | M40 | 01:28:41.394 +00:06:59.759 |
| 7 | 589 | PT | FERNANDO CARVALHO | NOS ACREDITAMOS | 5 | M40 | 01:30:12.628 +00:08:30.993 |
| 8 | 671 | PT | ANDRÉ MACHADO | OS SANTA APOLÓNIA | 1 | Seniores M | 01:30:25.922 +00:08:44.287 |
| 9 | 506 | PT | MÁRIO MONTEIRO | C.A.NOSSA SENHORA DA CONCEIÇÃO | 6 | M40 | 01:30:28.700 +00:08:47.065 |
| 10 | 734 | PT | MANUEL AUGUSTO | SERVIÇOS SOCIAIS DA | 7 | M40 | 01:31:22.202 +00:09:40.567 |

CÂMARA MUNICIPAL
SANTA MARIA DA FEIRA

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| 11 | 760 | ES | FRANCISCO PASCUAL FIDALGO | CASTRO TRAIL | 3 | M30 | 01:32:09.637 | +00:10:28.002 |
| 12 | 587 | PT | JOSÉ PINTO | NOS ACREDITAMOS | 4 | M30 | 01:32:32.097 | +00:10:50.462 |
| 13 | 752 | PT | GUILHERMINO MEIRELES | CTM VILA POUCA DE AGUIAR | 8 | M40 | 01:32:49.524 | +00:11:07.889 |
| 14 | 590 | PT | FRANCISCO LEMOS | NOS ACREDITAMOS | 1 | M50 | 01:33:21.870 | +00:11:40.235 |
| 15 | 583 | PT | JOSÉ OLIVEIRA | PETRO BASTO | 2 | M50 | 01:33:31.945 | +00:11:50.310 |
| 16 | 577 | PT | FILIPE FONTES | C A L | 9 | M40 | 01:34:41.790 | +00:13:00.155 |
| 17 | 579 | PT | HELDER CAMACHO | ALCANENA TRAIL | 5 | M30 | 01:37:55.046 | +00:16:13.411 |
| 18 | 708 | PT | FILIPE SANTOS | BRAVOS E BRAVITAS RUN | 6 | M30 | 01:38:07.527 | +00:16:25.892 |
| 19 | 725 | PT | MARCIO MELO | BRAVOS E BRAVITAS RUN | 7 | M30 | 01:40:37.810 | +00:18:56.175 |
| 20 | 631 | PT | RICARDO CARVALHO | EI TEAM TRAIL | 10 | M40 | 01:40:47.159 | +00:19:05.524 |
| 21 | 696 | PT | NUNO MIGUEL ANDRADE MOREIRA | LAMEGO TRIBO RUNNERS | 8 | M30 | 01:41:02.477 | +00:19:20.842 |
| 22 | 738 | PT | MANUEL BASTOS | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 11 | M40 | 01:41:41.001 | +00:19:59.366 |
| 23 | 588 | PT | PAULO SOUSA | NOS ACREDITAMOS | 12 | M40 | 01:42:09.469 | +00:20:27.834 |
| 24 | 763 | PT | PAULO TAVARES | T | 2 | Seniores M | 01:42:49.307 | +00:21:07.672 |
| 25 | 575 | PT | MANUEL RIBEIRO NEVES | LAMEGO TRIBO RUNNERS | 3 | M50 | 01:42:49.400 | +00:21:07.765 |

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| 26 | 549 | PT | ROSA MARIA TEIXEIRA TORRES OLIVEIRA | INDIVIDUAL | 1 | F40 | 01:43:12.006 | +00:21:30.371 |
| 27 | 733 | PT | ANTONIO NEVES | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 9 | M30 | 01:43:25.927 | +00:21:44.292 |
| 28 | 591 | PT | ANTÓNIO PEREIRA | NOS ACREDITAMOS | 4 | M50 | 01:44:17.022 | +00:22:35.387 |
| 29 | 656 | PT | HUGO FEBRAS | LAMEGO TRIBO RUNNERS | 13 | M40 | 01:44:49.078 | +00:23:07.443 |
| 30 | 646 | PT | PAULO GAIÃO | ALCANENA TRAIL | 14 | M40 | 01:44:54.102 | +00:23:12.467 |
| 31 | 500 | PT | PEDRO VIEIRA | C.C.RECREATIVO DE SÃO MARTINHO | 10 | M30 | 01:46:42.733 | +00:25:01.098 |
| 32 | 555 | PT | MIGUEL CRUZ | INDIVIDUAL | 11 | M30 | 01:47:53.511 | +00:26:11.876 |
| 33 | 640 | PT | MANUEL ABOBELEIRA | GEADAS RUNNING | 15 | M40 | 01:48:01.640 | +00:26:20.005 |
| 34 | 616 | PT | JOÃO FERNANDES | INDIVIDUAL | 12 | M30 | 01:48:21.728 | +00:26:40.093 |
| 35 | 634 | PT | NUNO CARDOSO | TEAM INVICTUS | 13 | M30 | 01:48:33.677 | +00:26:52.042 |
| 36 | 665 | PT | FLÁVIA BATISTA | INDIVIDUAL | 1 | Seniores F | 01:48:39.029 | +00:26:57.394 |
| 37 | 635 | PT | FAUSTO NEVES | CENTRO MMC PESQUEIRA | 16 | M40 | 01:48:50.167 | +00:27:08.532 |
| 38 | 682 | PT | VÍTOR MANUEL GONÇALVES FERREIRA | CTM VILA POUCA DE AGUIAR | 14 | M30 | 01:49:06.569 | +00:27:24.934 |
| 39 | 533 | PT | JOSÉ CARVALHO | INDIVIDUAL | 17 | M40 | 01:49:27.368 | +00:27:45.733 |
| 40 | 705 | PT | ANDRÉ SOUSA | BRAVOS E BRAVITAS RUN | 3 | Seniores M | 01:49:32.989 | +00:27:51.354 |
| 41 | 603 | PT | JOSÉ MESQUITA | INDIVIDUAL | 5 | M50 | 01:50:04.931 | +00:28:23.296 |
| 42 | 560 | PT | JULIO TEIXEIRA | INDIVIDUAL | 18 | M40 | 01:50:32.153 | +00:28:50.518 |

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| 43 | 667 | PT | JORGE MACHADO | OS SANTA APOLÓNIA | 6 | M50 | 01:50:51.411 | +00:29:09.776 |
| 44 | 715 | PT | MARCELO FERNANDES | BRAVOS E BRAVITAS RUN | 19 | M40 | 01:51:01.294 | +00:29:19.659 |
| 45 | 740 | PT | RICHARD NOGUEIRA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 20 | M40 | 01:51:53.056 | +00:30:11.421 |
| 46 | 551 | PT | LUIS GONÇALVES | CLUBE AMADOR DE MIRANDELA | 21 | M40 | 01:53:12.804 | +00:31:31.169 |
| 47 | 697 | PT | LUIS OLIVEIRA | GDST | 22 | M40 | 01:54:11.906 | +00:32:30.271 |
| 48 | 636 | PT | PAULO ALVES | CENTRO MMC PESQUEIRA | 23 | M40 | 01:54:15.279 | +00:32:33.644 |
| 49 | 650 | PT | EDUARDO FERNANDES MACEDO PEREIRA | INDIVIDUAL | 15 | M30 | 01:54:18.516 | +00:32:36.881 |
| 50 | 774 | PT | HUGO PINTO | INDIVIDUAL | 16 | M30 | 01:54:22.163 | +00:32:40.528 |
| 51 | 754 | PT | MANUEL FERREIRA | CTM VILA POUCA DE AGUIAR | 1 | M60 | 01:54:38.920 | +00:32:57.285 |
| 52 | 557 | ES | JORGE BERNARDINO VALVERDE | INDIVIDUAL | 24 | M40 | 01:55:31.814 | +00:33:50.179 |
| 53 | 779 | PT | JORGE DUARTE TEIXEIRA MOREIRA | NB BAR TEAM | 4 | Seniores M | 01:55:36.716 | +00:33:55.081 |
| 54 | 653 | PT | JOÃO FONSECA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 25 | M40 | 01:55:39.073 | +00:33:57.438 |
| 55 | 645 | PT | CARLOS PINTO PINTO | ALCANENA TRAIL | 2 | M60 | 01:55:45.146 | +00:34:03.511 |
| 56 | 527 | PT | CARLOS TEIXEIRA | INDIVIDUAL | 17 | M30 | 01:55:49.520 | +00:34:07.885 |
| 57 | 644 | PT | MANUEL DE SOUSA PEREIRA | INDIVIDUAL | 26 | M40 | 01:56:24.425 | +00:34:42.790 |
| 58 | 673 | PT | DEOLINDA FARIA | OS SANTA APOLÓNIA | 2 | F40 | 02:01:29.388 | +00:39:47.753 |

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| 59 | 699 | PT | ANDRÉ VIEIRA | INDIVIDUAL | 5 | Seniores M | 02:01:31.278 | +00:39:49.643 |
| 60 | 722 | PT | MARIA DO CARMO | BRAVOS E BRAVITAS RUN | 1 | F50 | 02:01:59.933 | +00:40:18.298 |
| 61 | 615 | PT | RUI FERREIRA | CLUBE AMADOR DE MIRANDELA | 7 | M50 | 02:02:03.450 | +00:40:21.815 |
| 62 | 735 | PT | HELDER FERREIRA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 27 | M40 | 02:02:10.720 | +00:40:29.085 |
| 63 | 766 | PT | SILVIO FREITAS | INDIVIDUAL | 18 | M30 | 02:02:12.935 | +00:40:31.300 |
| 64 | 525 | PT | PAULO SANTOS | INDIVIDUAL | 19 | M30 | 02:02:16.836 | +00:40:35.201 |
| 65 | 762 | PT | FERNANDA TAVARES | T | 1 | F30 | 02:02:39.393 | +00:40:57.758 |
| 66 | 741 | PT | ROLANDO PAULO | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 28 | M40 | 02:02:42.671 | +00:41:01.036 |
| 67 | 717 | PT | OLGA GOMES | BRAVOS E BRAVITAS RUN | 3 | F40 | 02:02:46.960 | +00:41:05.325 |
| 68 | 745 | PT | RICARDO FERRAO | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 20 | M30 | 02:02:56.808 | +00:41:15.173 |
| 69 | 746 | PT | CARLA RIBEIRO | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 4 | F40 | 02:03:00.470 | +00:41:18.835 |
| 70 | 719 | PT | FÁTIMA PAIS | BRAVOS E BRAVITAS RUN | 2 | F50 | 02:03:18.840 | +00:41:37.205 |
| 71 | 731 | PT | JOSE COSTA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 8 | M50 | 02:03:58.456 | +00:42:16.821 |
| 72 | 729 | PT | SANDRA SANTOS | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL | 2 | F30 | 02:04:01.431 | +00:42:19.796 |

SANTA MARIA DA FEIRA

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| 73 | 666 | PT | DIANA BATISTA | INDIVIDUAL | 2 | Seniores F | 02:04:11.262 | +00:42:29.627 |
| 74 | 595 | PT | JOSÉ HUMBERTO FERNANDES DE OLIVEIRA | INDIVIDUAL | 29 | M40 | 02:04:16.386 | +00:42:34.751 |
| 75 | 721 | PT | NUNO TEIXEIRA | BRAVOS E BRAVITAS RUN | 21 | M30 | 02:04:38.987 | +00:42:57.352 |
| 76 | 710 | PT | PEDRO CUSTÓDIO | BRAVOS E BRAVITAS RUN | 22 | M30 | 02:04:41.343 | +00:42:59.708 |
| 77 | 674 | PT | BRUNO CARVALHO | OS SANTA APOLÓNIA | 23 | M30 | 02:04:57.533 | +00:43:15.898 |
| 78 | 782 | PT | MENA SILVA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 5 | F40 | 02:04:59.825 | +00:43:18.190 |
| 79 | 623 | PT | FERNANDO REIS | 100PERNAS TEAM | 24 | M30 | 02:05:01.858 | +00:43:20.223 |
| 80 | 532 | PT | BRUNO GUERRA | INSANE TRAIL TEAM | 25 | M30 | 02:05:51.274 | +00:44:09.639 |
| 81 | 691 | ES | DANIEL ELENA LOPES | INDIVIDUAL | 26 | M30 | 02:05:53.244 | +00:44:11.609 |
| 82 | 781 | PT | PAULO COSTA | 100PERNAS TEAM | 30 | M40 | 02:06:11.124 | +00:44:29.489 |
| 83 | 593 | PT | PAULO FERREIRA | FLAVIGRANITOS TEAM | 31 | M40 | 02:06:16.620 | +00:44:34.985 |
| 84 | 792 | PT | IOLANDA FERREIRA | CHAVES RUNNING TEAM | 6 | F40 | 02:06:20.464 | +00:44:38.829 |
| 85 | 675 | PT | ANGELA SALGADO | OS SANTA APOLÓNIA | 3 | F30 | 02:06:26.367 | +00:44:44.732 |
| 86 | 541 | PT | ALBERTO SÁ | INSANOS | 3 | M60 | 02:06:28.544 | +00:44:46.909 |
| 87 | 684 | PT | CABO PEREIRA | TEAM INVICTUS | 4 | M60 | 02:06:32.369 | +00:44:50.734 |
| 88 | 777 | PT | DIOGO SANTA | INDIVIDUAL | 6 | Seniores M | 02:07:11.799 | +00:45:30.164 |

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| 89 | 759 | PT | RUI BORGES | RUN4FUN | 27 | M30 | 02:08:05.189 | +00:46:23.554 |
| 90 | 744 | PT | MANUEL COUTO | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 9 | M50 | 02:08:13.696 | +00:46:32.061 |
| 91 | 761 | PT | HÉLDER LARANJO | LAMEGO TRIBO RUNNERS | 28 | M30 | 02:08:30.442 | +00:46:48.807 |
| 92 | 778 | PT | DAVID RODRIGUES | INDIVIDUAL | 7 | Seniores M | 02:09:22.686 | +00:47:41.051 |
| 93 | 605 | PT | FÁTIMA AMOÍNHA | INDIVIDUAL | 4 | F30 | 02:09:28.229 | +00:47:46.594 |
| 94 | 572 | PT | NELSON SANTOS | 100 PRESSAS | 32 | M40 | 02:10:50.891 | +00:49:09.256 |
| 95 | 598 | ES | LUIS LAFARGA | INDIVIDUAL | 33 | M40 | 02:11:06.591 | +00:49:24.956 |
| 96 | 604 | PT | JOSÉ RUI BASTOS | PETRO-BASTO | 29 | M30 | 02:11:22.976 | +00:49:41.341 |
| 97 | 619 | PT | SÉRGIO OLIVEIRA | 100PERNAS TEAM | 34 | M40 | 02:11:25.455 | +00:49:43.820 |
| 98 | 765 | PT | GONÇALO ANTUNES | INDIVIDUAL | 30 | M30 | 02:11:45.545 | +00:50:03.910 |
| 99 | 559 | PT | LUISA TEIXEIRA | INDIVIDUAL | 7 | F40 | 02:12:33.260 | +00:50:51.625 |
| 100 | 768 | PT | RICARDO JORGE PEREIRA E SILVA DIAS SARMENTO | CABANES ON FIRE | 35 | M40 | 02:12:39.775 | +00:50:58.140 |
| 101 | 617 | PT | ROGÉRIO ANTÓNIO SARAIVA DAS NEVES | INDIVIDUAL | 31 | M30 | 02:14:35.789 | +00:52:54.154 |
| 102 | 692 | ES | MARTA BARBEITO DOMÍNGUEZ | AD NÁUTICO NARÓN | 5 | F30 | 02:14:55.377 | +00:53:13.742 |
| 103 | 607 | PT | JORGE PINHEIRO | TEAM INVICTUS | 10 | M50 | 02:15:40.259 | +00:53:58.624 |
| 104 | 687 | PT | CARLOS PIRES | CHAVES RUNNING TEAM | 11 | M50 | 02:15:51.214 | +00:54:09.579 |
| 105 | 597 | PT | JORGE VALÉRIO | INDIVIDUAL | 36 | M40 | 02:15:52.456 | +00:54:10.821 |

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| 106 | 785 | PT | JP LAGE | MIRANDELAACORRER | 37 | M40 | 02:16:11.508 | +00:54:29.873 |
| 107 | 574 | PT | JOSÉ SANTOS | TEAM LANTEMIL | 32 | M30 | 02:16:39.525 | +00:54:57.890 |
| 108 | 701 | PT | PAULA FERREIRA | BRAVOS E BRAVITAS RUN | 6 | F30 | 02:17:55.160 | +00:56:13.525 |
| 109 | 703 | PT | JOSÉ HERDEIRO | BRAVOS E BRAVITAS RUN | 38 | M40 | 02:18:00.749 | +00:56:19.114 |
| 110 | 700 | PT | MIKE | BRAVOS E BRAVITAS RUN | 39 | M40 | 02:18:02.511 | +00:56:20.876 |
| 111 | 670 | PT | LUÍS MELO | OS SANTA APOLÓNIA | 8 | Seniores M | 02:18:10.764 | +00:56:29.129 |
| 112 | 769 | PT | TIAGO MIGUEL DOS SANTOS BARBOSA | AASM | 33 | M30 | 02:18:25.780 | +00:56:44.145 |
| 113 | 510 | PT | JOSÉ RODRIGUES | PRESTÍGIO - IMOBILIÁRIA MAIA | 12 | M50 | 02:18:27.084 | +00:56:45.449 |
| 114 | 611 | PT | FABRI QUEIROZ | TEAM INVICTUS | 34 | M30 | 02:19:13.554 | +00:57:31.919 |
| 115 | 680 | PT | MIGUEL ALMEIDA | LAMEGO TRIBO RUNNERS | 40 | M40 | 02:19:37.988 | +00:57:56.353 |
| 116 | 627 | PT | MARCO ANTÓNIO | TEAM INVICTUS | 35 | M30 | 02:19:46.285 | +00:58:04.650 |
| 117 | 676 | PT | ELISABETE CORREIA | INDIVIDUAL | 7 | F30 | 02:20:17.150 | +00:58:35.515 |
| 118 | 677 | PT | EDUARDO ANTÓNIO PINTO | INDIVIDUAL | 41 | M40 | 02:20:25.591 | +00:58:43.956 |
| 119 | 622 | PT | NUNO FERREIRA | 100PERNAS TEAM | 36 | M30 | 02:22:15.706 | +01:00:34.071 |
| 120 | 767 | PT | NUNO FILIPE E SILVA COUTO | CABANES ON FIRE | 42 | M40 | 02:24:22.785 | +01:02:41.150 |
| 121 | 690 | PT | SANDRA SOUSA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 8 | F40 | 02:25:06.714 | +01:03:25.079 |

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| 122 | 592 | PT | ARTUR MORAIS | INDIVIDUAL | 13 | M50 | 02:25:10.482 | +01:03:28.847 |
| 123 | 534 | PT | JOÃO CARVALHO | INDIVIDUAL | 9 | Seniores M | 02:26:22.421 | +01:04:40.786 |
| 124 | 668 | PT | CARMO MACHADO | OS SANTA APOLÓNIA | 3 | F50 | 02:28:38.029 | +01:06:56.394 |
| 125 | 630 | PT | LILIANA CARVALHO | OS PIMENTINHAS | 8 | F30 | 02:28:44.546 | +01:07:02.911 |
| 126 | 652 | PT | ANTÓNIO BATISTA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 37 | M30 | 02:29:10.181 | +01:07:28.546 |
| 127 | 531 | PT | CARLOS MACHADO | INDIVIDUAL | 43 | M40 | 02:29:12.041 | +01:07:30.406 |
| 128 | 586 | PT | MANUEL BASTOS | INDIVIDUAL | 44 | M40 | 02:29:18.674 | +01:07:37.039 |
| 129 | 520 | PT | AMÉRICO BOTELHO | PINK FLOYD | 38 | M30 | 02:29:21.511 | +01:07:39.876 |
| 130 | 568 | PT | HORACIO FERREIRA | GENEROSOS RUNNERS | 39 | M30 | 02:30:31.853 | +01:08:50.218 |
| 131 | 643 | BR | BRUNO COSTA | INDIVIDUAL | 40 | M30 | 02:31:18.353 | +01:09:36.718 |
| 132 | 621 | PT | FERNANDO OLIVEIRA | 100PERNAS TEAM | 41 | M30 | 02:31:52.296 | +01:10:10.661 |
| 133 | 776 | PT | FILIPE RODRIGUES | INDIVIDUAL | 45 | M40 | 02:32:00.358 | +01:10:18.723 |
| 134 | 718 | PT | RICARDO FERREIRA | BRAVOS E BRAVITAS RUN | 46 | M40 | 02:32:03.240 | +01:10:21.605 |
| 135 | 724 | PT | ISABEL SANTOS | BRAVOS E BRAVITAS RUN | 9 | F30 | 02:32:05.870 | +01:10:24.235 |
| 136 | 535 | PT | DANIEL GOMES | THINGS.COM.PT | 47 | M40 | 02:33:15.255 | +01:11:33.620 |
| 137 | 648 | PT | MARGARIDA MACHADO | SPORTING CLUBE DE ESPINHO - ANTÓNIO LEITÃO | 4 | F50 | 02:33:27.669 | +01:11:46.034 |

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| 138 | 567 | PT | PAULA FERREIRA | GENEROSOS RUNNERS | 9 | F40 | 02:34:28.826 | +01:12:47.191 |
| 139 | 737 | PT | DULCE CORREIRA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 10 | F40 | 02:36:41.255 | +01:14:59.620 |
| 140 | 695 | PT | ANTÓNIO JOSÉ OLIVEIRA | INDIVIDUAL | 10 | Seniores M | 02:36:53.057 | +01:15:11.422 |
| 141 | 698 | PT | MIGUEL FERREIRA | INDIVIDUAL | 11 | Seniores M | 02:36:54.539 | +01:15:12.904 |
| 142 | 784 | PT | ELISABETE SILVA | MIRANDELAACORRER | 11 | F40 | 02:37:47.199 | +01:16:05.564 |
| 143 | 625 | PT | NUNO REIS | 100PERNAS TEAM | 12 | Seniores M | 02:40:02.976 | +01:18:21.341 |
| 144 | 624 | PT | SANDRA DOMINGUES | 100PERNAS TEAM | 12 | F40 | 02:40:05.015 | +01:18:23.380 |
| 145 | 664 | PT | MIGUEL PAIVA | POMAR D'OURO | 13 | Seniores M | 02:41:20.209 | +01:19:38.574 |
| 146 | 663 | PT | CARLA SANTOS | POMAR D'OURO | 13 | F40 | 02:41:21.717 | +01:19:40.082 |
| 147 | 633 | PT | MANUELA EIRIZ | INDIVIDUAL | 5 | F50 | 02:41:43.113 | +01:20:01.478 |
| 148 | 679 | PT | ADRIANA SILVA | INDIVIDUAL | 14 | F40 | 02:42:01.795 | +01:20:20.160 |
| 149 | 662 | PT | ANTÓNIO CABRAL | LAVADOUROS DUPLA TRAIL | 48 | M40 | 02:42:52.497 | +01:21:10.862 |
| 150 | 657 | PT | MARTA CABRAL | LAVADOUROS DUPLA TRAIL | 15 | F40 | 02:42:53.572 | +01:21:11.937 |
| 151 | 756 | PT | ESTEFÂNIA PINTO | INDIVIDUAL | 3 | Seniores F | 02:43:30.253 | +01:21:48.618 |
| 152 | 757 | PT | RUI PEREIRA | INDIVIDUAL | 42 | M30 | 02:43:32.505 | +01:21:50.870 |
| 153 | 659 | PT | GLÓRIA FERREIRA | "GEO-CAMINHEIRAS" | 16 | F40 | 02:43:36.072 | +01:21:54.437 |

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| 154 | 632 | PT | OLEMA GONÇALVES | INDIVIDUAL | 6 | F50 | 02:44:23.193 | +01:22:41.558 |
| 155 | 562 | PT | FERNANDA TEIXEIRA | RUNNING MACHINES | 10 | F30 | 02:44:29.267 | +01:22:47.632 |
| 156 | 537 | PT | PATRÍCIA LAGE | SUPER LESMAS | 11 | F30 | 02:44:36.222 | +01:22:54.587 |
| 157 | 749 | PT | NELSON SANTOS | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 14 | Seniores M | 02:44:56.559 | +01:23:14.924 |
| 158 | 558 | PT | ANA PAULA SANTOS | INDIVIDUAL | 4 | Seniores F | 02:45:20.946 | +01:23:39.311 |
| 159 | 723 | PT | VERA LEITE | BRAVOS E BRAVITAS RUN | 12 | F30 | 02:45:26.243 | +01:23:44.608 |
| 160 | 585 | PT | FABIO ALEXANDRE MARQUES CATALAO | INDIVIDUAL | 15 | Seniores M | 02:45:55.552 | +01:24:13.917 |
| 161 | 685 | PT | CARLA GONÇALVES | INDIVIDUAL | 17 | F40 | 02:46:23.675 | +01:24:42.040 |
| 162 | 582 | PT | PEDRO CERQUEIRA | OS QUENIANOS DO PAÇO | 43 | M30 | 02:47:33.662 | +01:25:52.027 |
| 163 | 580 | PT | NUNO MIGUEL PEREIRA DA COSTA | OS QUENIANOS DO PAÇO | 16 | Seniores M | 02:47:57.813 | +01:26:16.178 |
| 164 | 581 | PT | DAVID RAFAEL MARTINS AZEVEDO | OS QUENIANOS DO PAÇO | 49 | M40 | 02:48:22.299 | +01:26:40.664 |
| 165 | 750 | PT | JOAO PEREIRA | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 17 | Seniores M | 02:48:29.961 | +01:26:48.326 |
| 166 | 748 | PT | FABIO SANTOS | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 18 | Seniores M | 02:48:31.735 | +01:26:50.100 |
| 167 | 618 | PT | SANDRA GOMES | INDIVIDUAL | 18 | F40 | 02:50:05.596 | +01:28:23.961 |
| 168 | 601 | PT | SOFIA LIGEIRO | TEAM INVICTUS | 13 | F30 | 02:50:06.520 | +01:28:24.885 |
| 169 | 736 | PT | FERNANDO CORREIRA | SERVIÇOS SOCIAIS DA | 14 | M50 | 02:50:53.994 | +01:29:12.359 |

CÂMARA MUNICIPAL
SANTA MARIA DA FEIRA

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| 170 | 742 | PT | ISABEL AGUIAR | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 14 | F30 | 02:50:57.536 | +01:29:15.901 |
| 171 | 563 | PT | RODRIGO FERRAZ | GENEROSOS RUNNERS | 50 | M40 | 02:51:52.953 | +01:30:11.318 |
| 172 | 564 | PT | SOFIA TADEU | GENEROSOS RUNNERS | 15 | F30 | 02:51:55.159 | +01:30:13.524 |
| 173 | 536 | PT | MARGARIDA OLIVEIRA | INDIVIDUAL | 19 | F40 | 02:52:46.492 | +01:31:04.857 |
| 174 | 764 | PT | DAVID SILVA | OPRATICANTE.PT | 15 | M50 | 02:52:50.271 | +01:31:08.636 |
| 175 | 689 | PT | HENRIQUE BARROS | INDIVIDUAL | 51 | M40 | 02:52:56.933 | +01:31:15.298 |
| 176 | 688 | PT | PAULA PEIXOTO | INDIVIDUAL | 20 | F40 | 02:52:57.972 | +01:31:16.337 |
| 177 | 613 | PT | TERESA ARAÚJO | CLUBE DE MONTANHISMO DE BRAGA | 21 | F40 | 02:53:40.088 | +01:31:58.453 |
| 178 | 639 | PT | CÁTIA MONTEIRO | SUPER LESMAS | 16 | F30 | 02:53:42.210 | +01:32:00.575 |
| 179 | 638 | PT | FILIPE MARTINHO | SUPER LESMAS | 52 | M40 | 02:53:48.716 | +01:32:07.081 |
| 180 | 612 | PT | EMILIA MARIA ARCANJO JÚLIO | INDIVIDUAL | 7 | F50 | 02:56:15.299 | +01:34:33.664 |
| 181 | 602 | PT | JOSÉ CARLOS PIRES RODRIGUES | MIRANDELAACORRER | 53 | M40 | 02:59:03.448 | +01:37:21.813 |
| 182 | 620 | PT | CLÁUDIA MEIRELES | 100PERNAS TEAM | 22 | F40 | 02:59:09.397 | +01:37:27.762 |
| 183 | 610 | ES | LUIS CAMPILLO MUÑOZ | INDIVIDUAL | 44 | M30 | 02:59:56.066 | +01:38:14.431 |
| 184 | 608 | PT | IVONE PARDAL | TRICOTAR TRAILS | 23 | F40 | 03:00:02.300 | +01:38:20.665 |

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| 185 | 711 | PT | SOFIA LEAL | BRAVOS E BRAVITAS RUN | 17 | F30 | 03:00:18.686 | +01:38:37.051 |
| 186 | 726 | PT | ROSA SANTOS | BRAVOS E BRAVITAS RUN | 24 | F40 | 03:00:23.465 | +01:38:41.830 |
| 187 | 707 | PT | LILIANA CANEDO | BRAVOS E BRAVITAS RUN | 25 | F40 | 03:00:25.162 | +01:38:43.527 |
| 188 | 704 | PT | SÓNIA ROCHA | BRAVOS E BRAVITAS RUN | 26 | F40 | 03:00:27.399 | +01:38:45.764 |
| 189 | 609 | ES | BORJA CUTILLAS ESTEBAN | INDIVIDUAL | 45 | M30 | 03:00:42.783 | +01:39:01.148 |
| 190 | 614 | PT | ALOISIO LOUREIRO | INDIVIDUAL | 54 | M40 | 03:00:58.044 | +01:39:16.409 |
| 191 | 694 | PT | PALMIRA FONTINHA | INDIVIDUAL | 8 | F50 | 03:03:25.911 | +01:41:44.276 |
| 192 | 787 | PT | JORGE BARBOSA | INDIVIDUAL | 16 | M50 | 03:05:06.912 | +01:43:25.277 |
| 193 | 786 | PT | MARIA ISABEL OLIVEIRA | INDIVIDUAL | 27 | F40 | 03:05:08.348 | +01:43:26.713 |
| 194 | 521 | PT | JOSÉ ALVES | INDIVIDUAL | 17 | M50 | 03:06:05.504 | +01:44:23.869 |
| 195 | 509 | PT | IVONE GRILO | INDIVIDUAL | 46 | M30 | 03:06:27.669 | +01:44:46.034 |
| 196 | 642 | ES | JAVIER GUILLEN SEGURA | INDIVIDUAL | 47 | M30 | 03:06:38.928 | +01:44:57.293 |
| 197 | 793 | PT | JOSÉ FREDERICO BENTO | CHAVES RUNNING TEAM | 55 | M40 | 03:08:47.497 | +00:54:05.862 |
| 198 | 714 | PT | FÁTIMA COUTO | BRAVOS E BRAVITAS RUN | 28 | F40 | 03:10:59.614 | +01:49:17.979 |
| 199 | 747 | PT | CELESTE FERNANDES | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 5 | Seniores F | 03:11:01.745 | +01:49:20.110 |
| 200 | 519 | PT | MANUELA FERNANDES | MIRANDELAACORRER | 1 | F60 | 03:11:03.348 | +01:49:21.713 |
| 201 | 637 | PT | CARLA CARDOSO | INDIVIDUAL | 29 | F40 | 03:11:20.765 | +01:49:39.130 |

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| 202 | 660 | PT | ANA PAULA SILVA | "GEO-CAMINHEIRAS" | 30 | F40 | 03:13:32.703 | +01:51:51.068 |
| 203 | 565 | PT | MARIA PINTO | GENEROSOS RUNNERS | 6 | Seniores F | 03:14:14.139 | +01:52:32.504 |
| 204 | 566 | PT | JOSE FERREIRA | GENEROSOS RUNNERS | 48 | M30 | 03:14:18.689 | +01:52:37.054 |
| 205 | 655 | PT | CRISTINA MOREIRA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 31 | F40 | 03:14:53.783 | +01:53:12.148 |
| 206 | 654 | PT | PAULA MADEIRA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 32 | F40 | 03:14:54.695 | +01:53:13.060 |
| 207 | 511 | PT | ERMESINDA CARVALHO | PRESTÍGIO - IMOBILIÁRIA MAIA | 9 | F50 | 03:16:50.148 | +01:55:08.513 |
| 208 | 522 | PT | BRÁULIO VEIGA | MIRANDELAACORRER | 56 | M40 | 03:19:57.437 | +01:58:15.802 |
| 209 | 507 | PT | ADRIANA ESTEVES | MIRANDELAACORRER | 33 | F40 | 03:19:58.502 | +01:58:16.867 |
| 210 | 791 | PT | ROSA CONCEICAO | SERVIÇOS SOCIAIS DA CÂMARA MUNICIPAL SANTA MARIA DA FEIRA | 34 | F40 | 03:26:23.886 | +01:11:42.251 |
| 211 | 570 | PT | CARLOS JOSÉ RIBEIRO CORREIA LIMA | INDIVIDUAL | 18 | M50 | 03:31:46.382 | +02:10:04.747 |
| 212 | 693 | PT | GUILHERME FONTINHA | INDIVIDUAL | 19 | M50 | 03:31:48.307 | +02:10:06.672 |
| 213 | 569 | PT | MARIA ESTER ALVES SILA CORREIA LIMA | INDIVIDUAL | 10 | F50 | 03:31:51.462 | +02:10:09.827 |
| 214 | 771 | PT | CRISTINA COSTA | HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO | 57 | M40 | 03:33:20.908 | +02:11:39.273 |
| 215 | 594 | ES | DAVID BASTIDAS BERNAL | INDIVIDUAL | 58 | M40 | 03:38:27.870 | +02:16:46.235 |
| 216 | 641 | ES | JESUS VERA | INDIVIDUAL | 49 | M30 | 03:40:21.053 | +02:18:39.418 |

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| 217 | 661 | PT | SANDRA VEIGA | "GEO-CAMINHEIRAS" | 35 | F40 | 03:42:50.352 | +02:21:08.717 |
| 218 | 530 | PT | SÍLVIA MARIA BATISTA PINTO | INDIVIDUAL | 36 | F40 | 03:42:59.259 | +02:21:17.624 |
