



# 1º TRAIL DE TRILHOS DA SOBREIRA

## Classificação Geral Conjunta MINI TRAIL 15,00 Km.

Pos.	Dor. Nome	Clube	Cat.	Pos.	Tempo	T/Km.	Dif.
1	66 Pedro Santos, o	FUGITIVOS URBANOS	M4015	1	<b>1:32:40.78</b>	06:11	
2	89 Rui Pedro Machado, o	Individual	SM15	1	<b>1:50:10.55</b>	07:21	0:17:30
3	152 Miguel Pereira, o	Veloses e furiosos	M4015	2	<b>1:50:16.65</b>	07:21	0:17:36
4	106 Carlos Filipe Santos, o		SM15	2	<b>1:51:43.79</b>	07:27	0:19:03
5	81 Emanuel Cunha, o	GENEROSOS RUNNERS	SM15	3	<b>1:51:57.63</b>	07:28	0:19:17
6	73 Helder Silva, o	GENEROSOS RUNNERS	SM15	4	<b>1:52:12.37</b>	07:29	0:19:31
7	41 Bruno Maia, o	GENEROSOS RUNNERS	SM15	5	<b>2:01:03.69</b>	08:04	0:28:23
8	45 Andrea Barbosa Coelho, a	Tecla 3 Runners	F4015	1	<b>2:02:41.79</b>	08:11	0:30:01
9	26 Hélder Moreira, o		SM15	6	<b>2:02:43.79</b>	08:11	0:30:03
10	141 Manuel Reis, o	FUGITIVOS URBANOS	SM15	7	<b>2:02:43.98</b>	08:11	0:30:03
11	155 Samuel Silva, o		JM15	1	<b>2:06:59.07</b>	08:28	0:34:18
12	300 Miguel Leal, o		SM15	8	<b>2:09:59.79</b>	08:40	0:37:19
13	107 César Ribiero, o	SOLAGASTA	SM15	9	<b>2:15:00.61</b>	09:00	0:42:20
14	34 Antonio Miranda, o	CORRER POR UM SORF	M4015	3	<b>2:16:14.01</b>	09:05	0:43:33
15	304 José Jeremias Barbosa, o	Nocturnos de Paredes	SM15	10	<b>2:16:56.77</b>	09:08	0:44:16
16	33 Cristina Barbosa Couto, a	Tecla 3 Runners	SF15	1	<b>2:17:07.40</b>	09:08	0:44:26
17	131 Maria Silva Coelho, a	Somos Nós Team	F4015	2	<b>2:23:01.47</b>	09:32	0:50:20
18	102 Fernando Coelho, o	Sobreirense inst electricas	SM15	11	<b>2:23:04.13</b>	09:32	0:50:23
19	165 Hugo Oliveira, o	Fugitivos Urbanos	SM15	12	<b>2:25:34.16</b>	09:42	0:52:53
20	161 Luís Celso Santos Garcia, a	Parjovem	SM15	13	<b>2:26:34.74</b>	09:46	0:53:54
21	175 Marlene Alves da Silva, a	Individual	SF15	2	<b>2:27:24.30</b>	09:50	0:54:43
22	184 Sérgio Pinto Santos, o	Marco canaveses	SM15	14	<b>2:34:53.33</b>	10:20	1:02:12
23	154 Tiago s Serrano, o		SM15	15	<b>2:35:04.95</b>	10:20	1:02:24
24	144 Carmen Moreira, a	Amigos do Pedal TraiLaga	F4015	3	<b>2:35:21.20</b>	10:21	1:02:40
25	18 Natercia Teixeira, a	GENEROSOS RUNNERS	F4015	4	<b>2:35:22.44</b>	10:21	1:02:41
26	46 Vítor Nuno Silva, o	Tecla 3 Runners	M4015	4	<b>2:39:17.56</b>	10:37	1:06:37
27	51 Susana Mota Silva, a	Tecla 3 Runners	SF15	3	<b>2:39:29.40</b>	10:38	1:06:48
28	133 Ana Isabel Silva Morais, a	Somos Nós Team	JF15	1	<b>2:40:18.11</b>	10:41	1:07:37
29	149 Isabel Duarte Cavadas, a	Run4Fun	SF15	4	<b>2:48:25.94</b>	11:14	1:15:45
30	176 Sonia Oliveira, a		SF15	5	<b>2:48:29.59</b>	11:14	1:15:49
31	91 Estela Marisa Oliveira, a	PAPATRAILS	SF15	6	<b>2:48:53.23</b>	11:16	1:16:12
32	134 Fernando Alexandre Magr	PAPATRAILS	SM15	16	<b>2:49:38.80</b>	11:19	1:16:58
33	123 José da Cunha Alves, o	PAPATRAILS	M4015	5	<b>2:49:40.64</b>	11:19	1:17:00
34	74 Ana Paula Alves, a	PAPATRAILS	F4015	5	<b>2:49:58.83</b>	11:20	1:17:18
35	138 Carlos Rodrigues, o	FUGITIVOS URBANOS	SM15	17	<b>2:50:01.40</b>	11:20	1:17:20
36	67 Tiago Coelho, o	FUGITIVOS URBANOS	SM15	18	<b>2:50:04.82</b>	11:20	1:17:24
37	71 Sónia Gonçalves, a	KinKipa	SF15	7	<b>2:50:13.53</b>	11:21	1:17:33
38	42 João Pedro Silva, o		SM15	19	<b>2:50:19.39</b>	11:21	1:17:38
39	172 Rute Moreira, a	BIT RUNNERS	SF15	8	<b>2:52:27.27</b>	11:30	1:19:46
40	173 Vitor Carvalho de Sousa, c	Sobreirense inst electricas	SM15	20	<b>2:52:28.26</b>	11:30	1:19:47
41	70 Carlos Pedro Sousa, o	Dores	M4015	6	<b>2:54:02.74</b>	11:36	1:21:22
42	82 Nuno Sousa, o	Tecla3runners	SM15	21	<b>2:54:44.86</b>	11:39	1:22:04
43	21 Marta Soares, a		SF15	9	<b>2:55:47.04</b>	11:43	1:23:06
44	22 Pedro Nogueira Rocha, o		SM15	22	<b>2:55:47.71</b>	11:43	1:23:07
45	43 Claudio Silva, o		SM15	23	<b>2:57:04.37</b>	11:48	1:24:23
46	167 Vitor Rafael Moreira, o	Amigos do Pedal TraiLaga	JM15	2	<b>2:57:06.44</b>	11:48	1:24:25
47	83 Bruno Barbosa, o	Tecla3runners	SM15	24	<b>2:58:06.25</b>	11:52	1:25:25
48	62 Mafalda Ferreira Alves, a	PAPATRAILS	SF15	10	<b>3:00:18.74</b>	12:01	1:27:38
49	61 Mónica s Magalhães, a	PAPATRAILS	SF15	11	<b>3:00:20.85</b>	12:01	1:27:40
50	129 Joana Sousa, a		SF15	12	<b>3:00:22.16</b>	12:01	1:27:41
51	49 Joao Manuel Sousa, o		M4015	7	<b>3:00:25.05</b>	12:02	1:27:44
52	63 Rui Coelho, o	FUGITIVOS URBANOS	M4015	8	<b>3:01:06.04</b>	12:04	1:28:25

53	101	Teresa Barbosa, a	Individual	SF15	13	<b>3:02:03.10</b>	12:08	1:29:22
54	301	Antonio Barbosa, o		SM15	25	<b>3:15:00.36</b>	13:00	1:42:19
55	17	Claudia Coelho, a	GENEROSOS RUNNERS	SF15	14	<b>3:17:09.17</b>	13:09	1:44:28
56	19	Ana Paula Ferreira, a	GENEROSOS RUNNERS	F4015	6	<b>3:17:11.67</b>	13:09	1:44:31
57	93	Sofia Tadeu, a	GENEROSOS RUNNERS	SF15	15	<b>3:19:15.54</b>	13:17	1:46:35
58	16	Rodrigo Ferraz, o	GENEROSOS RUNNERS	M4015	9	<b>3:19:23.48</b>	13:18	1:46:42
59	183	Guilhermina Rocha, a		F4015	7	<b>3:28:33.82</b>	13:54	1:55:53
60	182	Filipa Pinto, a		SF15	16	<b>3:36:16.93</b>	14:25	2:03:36
61	302	Joana Amaro, a	Nocturnos de Paredes	SF15	17	<b>3:36:18.00</b>	14:25	2:03:37
62	4	Vania Rocha, a	Trail Sra do Salto	SF15	18	<b>3:42:32.77</b>	14:50	2:09:52
63	111	Catarina Nogueira, a		SF15	19	<b>3:43:34.33</b>	14:54	2:10:53
64	65	Sandra Silva, a	FUGITIVOS URBANOS	SF15	20	<b>3:43:46.07</b>	14:55	2:11:05
65	105	Irene ferreira, a	Individual	F4015	8	<b>3:47:35.62</b>	15:10	2:14:55
66	1	Teresa Silva, a	Trail Sra do Salto	SF15	21	<b>3:47:36.74</b>	15:10	2:14:56
67	3	Flavia Nogueira, a	Trail Sra do Salto	SF15	22	<b>3:47:38.24</b>	15:11	2:14:57
68	2	Lénia Oriana de Sousa, a	Trail Sra do Salto	SF15	23	<b>3:47:40.98</b>	15:11	2:15:00
69	157	Ana Filipa Dias, a		SF15	24	<b>3:49:20.86</b>	15:17	2:16:40
70	158	Marília Sousa Dias, a		F4015	9	<b>3:49:22.40</b>	15:17	2:16:41
71	156	Maria de Fátima Gonçalves, a		F4015	10	<b>3:49:36.80</b>	15:18	2:16:56
72	116	Ana Pascoal, a		SF15	25	<b>3:49:36.88</b>	15:18	2:16:56
73	166	Sofia Coelho, a	Fugitivos Urbanos	SF15	26	<b>3:49:36.98</b>	15:18	2:16:56
74	115	Carlos Pascoal, o		M4015	10	<b>3:49:37.18</b>	15:18	2:16:56
75	50	Sérgio Claudio Silva, o	Tecla 3 Runners	M4015	11	<b>3:59:56.96</b>	16:00	2:27:16
76	6	Teresa s neves, a	Individual	SF15	27	<b>4:02:23.53</b>	16:10	2:29:43

## Classificação Geral Conjunta TRAIL 23,00 Km.

1	307	Antonio Martins, o		M423	1	<b>2:17:35.06</b>	05:59	
2	254	Ricardo Monteiro, o		SM23	1	<b>2:17:54.06</b>	06:00	0:00:19
3	169	Jorge Manuel Moreira, o	Amigos do Pedal TrailLaga	M423	2	<b>2:22:05.09</b>	06:11	0:04:30
4	306	Paulo Caldas, o		M423	3	<b>2:35:30.28</b>	06:46	0:17:55
5	30	Pedro Nogueira, o	Clube Vodafone	SM23	2	<b>2:50:05.41</b>	07:24	0:32:30
6	24	Manuel Henrique dos Sant	individual	M423	4	<b>2:52:15.58</b>	07:29	0:34:41
7	60	Pedro Rocha, o		SM23	3	<b>2:53:26.50</b>	07:32	0:35:52
8	35	Hugo Filipe Sousa, o	Tecla 3 Runners	SM23	4	<b>2:55:29.60</b>	07:38	0:37:55
9	32	Lucília Ferreira Silva, a	Tecla 3 Runners	SF23	1	<b>2:58:24.26</b>	07:45	0:40:49
10	255	José Sousa, o		M423	5	<b>2:59:31.96</b>	07:48	0:41:57
11	143	Filipe Barbosa, o	GEMs	SM23	5	<b>3:09:32.38</b>	08:14	0:51:57
12	253	Gersão Machado, o	Nocturnos de Paredes	SM23	6	<b>3:32:02.56</b>	09:13	1:14:28
13	252	Daniela Ferreira, a	Nocturnos de Paredes	SF23	2	<b>3:32:10.16</b>	09:13	1:14:35
14	94	Libânio José Rocha Alves, o		SM23	7	<b>3:34:08.09</b>	09:19	1:16:33
15	150	Carlos Moreira, o		SM23	8	<b>3:34:18.11</b>	09:19	1:16:43
16	250	Bruno Oliveira, o		SM23	9	<b>3:36:20.75</b>	09:24	1:18:46
17	251	Pedro Bastos, o		M423	6	<b>3:37:11.78</b>	09:27	1:19:37
18	28	Amandio Sousa, o	kinkipa	SM23	10	<b>3:37:23.36</b>	09:27	1:19:48
19	95	Francisco Ribeiro Da Costa, o		M423	7	<b>3:39:21.15</b>	09:32	1:21:46