



2.º Trail S. Pedro Sobreira

Trail
S. Pedro Sobreira
11 de Junho
Chrono.pt



Trail Curto

15,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos.	Tempo	T/Km.	Dif.
1	106	Artur Jorge Moreira Barbosa	GD Ferroviários de Campanhã	S	1	1:20:15.46	05:21	
2	153	JOSE CARLOS LEAL MOREIRA	TRAIL TEAM CASA DAS REPARAÇÕES	S	2	1:24:31.54	05:38	0:04:17
3	144	André Luís Coelho Nogueira	Aliados Trail Running Team	S	3	1:28:36.50	05:54	0:08:22
4	111	Cristiano José Moreira santos	TRAIL TEAM CASA DAS REPARAÇÕES	S	4	1:28:43.52	05:55	0:08:29
5	57	Vitor Rafael Sousa Moreira	Amigos do Pedal - Trail Lagares	S	5	1:33:21.16	06:13	0:13:06
6	177	Paulo Machado	Aliados Trail Running Team	S	6	1:33:39.34	06:15	0:13:24
7	197	José Soares		M40	1	1:34:52.54	06:20	0:14:38
8	10	Ricardo Ferreira		S	7	1:35:15.84	06:21	0:15:01
9	145	Alfredo da Silva Moreira	moinhos/run	M40	2	1:36:17.52	06:25	0:16:03
10	44	Miguel Ângelo de Oliveira Pinto	Amigos do Pedal - Trail Lagares	S	8	1:36:47.15	06:27	0:16:32
11	43	Rui Pedro Moreira Lopes	Amigos do Pedal - Trail Lagares	M40	3	1:42:40.70	06:51	0:22:26
12	51	Libânio José Rocha Alves	Amigos do Pedal - Trail Lagares	S	9	1:44:00.54	06:56	0:23:46
13	156	Manuel Paulo Monteiro da silva	Fonte arcada running	M40	4	1:44:12.23	06:57	0:23:57
14	189	Pedro Nogueira		S	10	1:45:04.52	07:00	0:24:50
15	125	Lucas Morgado	Royal Wellness Club	M40	5	1:45:18.14	07:01	0:25:03
16	52	Paulo Jorge Ferreira Coelho	Amigos do Pedal - Trail Lagares	S	11	1:46:05.40	07:04	0:25:50
17	151	ALEXANDRE BRITO	TRAIL TEAM CASA DAS REPARAÇÕES	M40	6	1:46:13.84	07:05	0:25:59
18	25	Rui Pedro Martins Machado		S	12	1:46:52.52	07:08	0:26:38
19	31	SAMUEL FERNANDO MATOS SILVA		S	13	1:46:57.28	07:08	0:26:42
20	149	RICARDO PACHECO	TRAIL TEAM CASA DAS REPARAÇÕES	S	14	1:47:45.05	07:11	0:27:30
21	6	MARIA FATIMA FRREIRA COEL	Somos NósTeam	F40	1	1:47:54.57	07:12	0:27:40
22	142	Joaquim Pinto	Bifase Material e Equipamento Eléctrico Lda	M40	7	1:48:17.26	07:13	0:28:02
23	7	Antonio Fernando Barbosa Morais	Somos Nós team	M40	8	1:48:19.85	07:13	0:28:05
24	152	ARMANDO TEIXEIRA DE SOUS	TRAIL TEAM CASA DAS REPARAÇÕES	M40	9	1:48:33.87	07:14	0:28:19
25	191	João Machado		J	1	1:49:22.70	07:18	0:29:08
26	72	Manuel Pacheco Ferreira	TECLA 3 RUNNERS	M40	10	1:49:48.77	07:19	0:29:34
27	192	Pedro Brito		J	2	1:50:08.87	07:21	0:29:54
28	15	Helder Manuel Moreira Teles		S	15	1:50:14.25	07:21	0:29:59
29	150	EDUARDO MENDES	TRAIL TEAM CASA DAS REPARAÇÕES	S	16	1:50:39.24	07:23	0:30:24
30	33	Lucília Marlene Ferreira Silva	TECLA 3 RUNNERS	SF	1	1:51:07.48	07:24	0:30:52
31	32	Hugo Filipe Fernandes Sousa	TECLA 3 RUNNERS	S	17	1:51:09.33	07:25	0:30:54
32	77	Manuel Fernando Lopes Soares	Tombo & Trambolhões	M40	11	1:52:19.97	07:29	0:32:05
33	121	Sérgio Filipe Lopes Silva	Amigos do Pedal - Trail Lagares	S	18	1:53:23.46	07:34	0:33:08
34	107	Patrícia Marlene Moreira Santos	Oralklass Amigos do trail	SF	2	1:54:29.34	07:38	0:34:14
35	147	RUI PEDRO DA SILVA RODRIGU	MOUNTAIN RUNNERS	M40	12	1:55:48.36	07:43	0:35:33
36	140	Patrícia Pereira Ribeiro	MOUNTAIN RUNNERS	SF	3	1:55:54.65	07:44	0:35:40
37	18	Vítor Vieira		S	19	1:58:16.06	07:53	0:38:01
38	36	Andrea Barbosa Coelho	TECLA 3 RUNNERS	F40	2	1:59:11.06	07:57	0:38:56
39	110	Jorge Beliago	Tog's	S	20	2:00:22.44	08:01	0:40:07
40	82	António Sousa	Amigos do Pedal - Trail Lagares	M40	13	2:00:42.10	08:03	0:40:27
41	180	Manuel Teixeira		M40	14	2:01:30.53	08:06	0:41:16
42	112	Telmo Andre Moreira Cardoso		S	21	2:01:41.06	08:07	0:41:26
43	154	João Pinto		S	22	2:03:18.51	08:13	0:43:04

44	87	Antônio Barbosa		S	23	2:04:29.32	08:18	0:44:14
45	65	João Fernando Silva Ribeiro		M40	15	2:04:31.00	08:18	0:44:16
46	130	Diogo Nogueira Bessa		S	24	2:05:11.90	08:21	0:44:57
47	41	Clemente José Machado Garces Mo	TECLA 3 RUNNERS	M40	16	2:05:45.17	08:23	0:45:30
48	143	Henrique Joaquim Soares Teixeira	Tombos & Trambolhões	S	25	2:06:04.91	08:24	0:45:50
49	89	Manuel Coelho Andrade Fernandes	Tombos & Trambolhões	M40	17	2:06:09.99	08:25	0:45:55
50	124	Sérgio Ferreira	Amigos do Pedal - Trail Lagares	S	26	2:06:32.87	08:26	0:46:18
51	115	Jose Mnuel Magalhães Moreira		M40	18	2:08:35.88	08:34	0:48:21
52	190	Cristiano Manuel		S	27	2:08:52.75	08:36	0:48:38
53	91	Tiago Reis	The Kings	S	28	2:09:11.47	08:37	0:48:56
54	53	Bruno Filipe da Costa Mendes	Amigos do Pedal - Trail Lagares	S	29	2:10:25.17	08:42	0:50:10
55	29	David José Andrade Pereira		S	30	2:11:09.85	08:45	0:50:55
56	183	Abilio Pacheco		M40	19	2:11:10.15	08:45	0:50:55
57	88	Albano Alves		S	31	2:11:11.01	08:45	0:50:56
58	19	Jose Alexandre Alves Fernandes		S	32	2:11:12.00	08:45	0:50:57
59	105	Silvio Fernando Carneiro Dias	Tog's	M40	20	2:11:44.76	08:47	0:51:30
60	40	Isabel Maria Ferreira Moreira	TECLA 3 RUNNERS	F40	3	2:12:18.63	08:49	0:52:04
61	49	Maria José Pereira Leão	Amigos do Pedal - Trail Lagares	SF	4	2:14:13.38	08:57	0:53:58
62	63	Antonio Jose Oliveira Soares		M40	21	2:14:15.73	08:57	0:54:01
63	34	Vítor Nuno Pereira Silva	TECLA 3 RUNNERS	M40	22	2:15:03.06	09:00	0:54:48
64	35	Cristina Alexandra Barbosa Couto	TECLA 3 RUNNERS	SF	5	2:15:04.28	09:00	0:54:49
65	86	Ricardo A. Silva Sousa	FFit Gaia Trail	M40	23	2:15:19.02	09:01	0:55:04
66	37	Emília Marília Barros Eusébio	TECLA 3 RUNNERS	F40	4	2:15:21.47	09:01	0:55:06
67	132	Rafael Barbosa		J	3	2:15:55.72	09:04	0:55:41
68	93	Ivo Miguel Ribeiro dos santos		S	33	2:15:58.08	09:04	0:55:43
69	12	Tiago João Gonçalves Serrano		S	34	2:16:02.13	09:04	0:55:47
70	118	Carlos Santos		S	35	2:16:26.27	09:06	0:56:11
71	60	Ana Margarida Moreira Ribeiro	A caminho de ser fit	SF	6	2:17:29.58	09:10	0:57:15
72	138	Sérgio Dinis	Usf-ts	M40	24	2:17:36.18	09:10	0:57:21
73	90	Manuel B.M. Reis	The Kings	M50	1	2:18:14.68	09:13	0:58:00
74	146	ANA CRISTINA SOUSA BESSA		SF	7	2:18:46.89	09:15	0:58:32
75	176	Bruno Barbosa		S	36	2:18:55.70	09:16	0:58:41
76	20	Fernando Micael Silva Ferreira	Amigos do Pedal - Trail Lagares	S	37	2:19:59.55	09:20	0:59:45
77	70	Rui Rocha		M40	25	2:23:39.12	09:35	1:03:24
78	75	Diogo Reis		J	4	2:24:49.09	09:39	1:04:34
79	74	João Reis		M40	26	2:24:56.38	09:40	1:04:41
80	137	Carlos Moreira		M40	27	2:26:06.82	09:44	1:05:52
81	198	Gonçalo Moreira		J	5	2:26:07.83	09:45	1:05:53
82	136	Paulo Moreira		M40	28	2:26:07.89	09:45	1:05:53
83	28	Albino Pacheco		M40	29	2:26:48.00	09:47	1:06:33
84	116	Susana Maria Sousa Bessa		F40	5	2:27:39.63	09:51	1:07:25
85	139	Vitor Manuel Rodrigues Silva	Tombos & Trambolhões	S	38	2:27:42.17	09:51	1:07:27
86	59	Anabela Moreira Ribeiro	A caminho de ser fit	F40	6	2:28:58.81	09:56	1:08:44
87	71	Nuno Cunha	Tristes mas Duros/AutoVet	S	39	2:29:14.70	09:57	1:09:00
88	95	Mónica Magalhães	PAPATRAILS	SF	8	2:29:47.80	09:59	1:09:33
89	97	Ana Alves	PAPATRAILS	F40	7	2:31:47.37	10:07	1:11:32
90	100	Luis Carlos Santos Oliveira	Os imparáveis	S	40	2:32:33.79	10:10	1:12:19
91	101	Cláudia Marisa Nogueira	Os imparáveis	SF	9	2:33:55.73	10:16	1:13:41
92	96	Vitor Teixeira	PAPATRAILS	S	41	2:33:58.62	10:16	1:13:44
93	99	Mafalda Alves	PAPATRAILS	SF	10	2:36:34.16	10:26	1:16:19
94	194	Joana Almeida	NumaJuva	SF	11	2:37:52.73	10:32	1:17:38
95	200	Marco Morreira		M40	30	2:40:00.25	10:40	1:19:45
96	113	Rui Santos		M40	31	2:40:01.09	10:40	1:19:46
97	46	Susana Marisa da Cunha Melo Leal	Amigos do Pedal - Trail Lagares	SF	12	2:40:02.12	10:40	1:19:47
98	45	Cátia Sofia Rodrigues Oliveira	Amigos do Pedal - Trail Lagares	SF	13	2:40:05.63	10:40	1:19:51
99	195	Diogo Perreira	NumaJuva	S	42	2:40:25.36	10:42	1:20:10
100	22	João Pedro Ferreira Araújo	Brothers	S	43	2:40:34.10	10:42	1:20:19
101	186	?????		JF	1	2:40:56.57	10:44	1:20:42

102	4	Marília Carmem Sousa Dias	Os Arrastas	F40	8	2:40:57.57	10:44	1:20:43
103	30	Maria José Ferreira soares	Moreira Somos Nós team	F50	1	2:41:13.21	10:45	1:20:58
104	80	Marta Elvira Oliveira Soares		SF	14	2:41:39.42	10:47	1:21:24
105	79	Pedro Miguel Nogueira da Rocha		S	44	2:41:56.64	10:48	1:21:42
106	119	Susana Cristina de Sousa	Moreira	SF	15	2:43:24.03	10:54	1:23:09
107	185	Andreia Silva		SF	16	2:44:52.26	10:59	1:24:37
108	184	Pedro Coelho		S	45	2:44:52.70	11:00	1:24:38
109	38	Nuno Miguel Rodrigues de Sousa	TECLA 3 RUNNERS	S	46	2:45:36.93	11:02	1:25:22
110	39	Bruno Miguel Cunha Gonçalves Bai	TECLA 3 RUNNERS	S	47	2:45:37.14	11:02	1:25:22
111	24	Sílvio Ferreira Araújo	Brothers	S	48	2:47:16.21	11:09	1:27:01
112	108	Jose Alves	PAPATRAILS	M40	32	2:47:19.32	11:09	1:27:04
113	196	Vania Gonçalves	NumaJuva	SF	17	2:47:43.05	11:11	1:27:28
114	193	Carlos Nunes	NumaJuva	S	49	2:47:43.07	11:11	1:27:28
115	13	Maria Manuela Ferraz da Silva		SF	18	2:48:25.64	11:14	1:28:11
116	141	Hugo Miguel Jesus Pinto Loureiro		S	50	2:48:58.20	11:16	1:28:43
117	48	Natália Cecília da Rocha Ferreira	Amigos do Pedal - Trail Lagares	F50	2	2:50:18.92	11:21	1:30:04
118	98	Estela Oliveira	PAPATRAILS	SF	19	2:50:38.74	11:23	1:30:24
119	178	Pedro Soares		S	51	2:55:41.00	11:43	1:35:26
120	157	Ricardo dos Santos Ribeiro		S	52	2:55:52.51	11:44	1:35:38
121	23	Nuno guilherme Ferreira Araújo	Brothers	S	53	2:55:54.73	11:44	1:35:40
122	155	MARIA ISABEL BARBOSA MARTINS		F40	9	2:56:06.95	11:44	1:35:52
123	3	Carlos Manuel Moreira de Sousa	Os Arrastas	M40	33	2:57:22.84	11:50	1:37:08
124	68	Paula Ferreira	Amigos do Pedal - Trail Lagares	F40	10	2:57:27.11	11:50	1:37:12
125	11	Carlos Pedro Sousa		M50	2	2:57:29.06	11:50	1:37:14
126	16	RICARDO AURÉLIO FERREIRA VIEIRA		S	54	2:59:06.74	11:56	1:38:52
127	148	Ricardo Cesar Couto	MOUNTAIN RUNNERS	S	55	2:59:08.43	11:57	1:38:53
128	27	Filipa Cabral		SF	20	3:00:43.76	12:03	1:40:29
129	134	Fabio Neves	Bifase Material e Equipamento Eléctrico Lda	S	56	3:01:11.33	12:05	1:40:56
130	135	Joel Teixeira	Bifase Material e Equipamento Eléctrico Lda	S	57	3:01:20.52	12:05	1:41:06
131	56	Madalena Amélia Soares Nogueira	Amigos do Pedal - Trail Lagares	F40	11	3:01:24.26	12:06	1:41:09
132	69	Carmen Moreira	Amigos do Pedal - Trail Lagares	F40	12	3:01:26.95	12:06	1:41:12
133	73	Cândida Moreira		F40	13	3:01:27.18	12:06	1:41:12
134	94	Miguel Moreira		S	58	3:01:27.26	12:06	1:41:12
135	133	Pedro Santos	Bifase Material e Equipamento Eléctrico Lda	S	59	3:01:28.02	12:06	1:41:13
136	104	Ana Coelho	Amigos do Pedal - Trail Lagares	SF	21	3:01:29.23	12:06	1:41:14
137	54	Telma Filipa Teixeira Rocha	Amigos do Pedal - Trail Lagares	SF	22	3:01:46.99	12:07	1:41:32
138	117	Helder Santos		S	60	3:02:03.31	12:08	1:41:48
139	76	Paulo Jorge Vieira Teixeira		M40	34	3:02:14.51	12:09	1:42:00
140	131	Sara Alexandra Monteiro de Sousa		F40	14	3:07:58.92	12:32	1:47:44
141	126	Ana Luísa Almeida Marques		SF	23	3:08:09.07	12:33	1:47:54
142	120	Marta Sofia Moreira Oliveira		SF	24	3:08:10.43	12:33	1:47:55
143	123	Manuela Soares	Amigos do Pedal - Trail Lagares	F40	15	3:08:52.98	12:36	1:48:38
144	122	Valentim Ferreira	Amigos do Pedal - Trail Lagares	M40	35	3:08:53.77	12:36	1:48:39
145	55	Guilhermina Maria Vieira Pinto Ro	Amigos do Pedal - Trail Lagares	F50	3	3:09:19.68	12:37	1:49:05
146	199	Ruben Ferreira		S	61	3:09:58.45	12:40	1:49:43
147	103	Carla Brinco	Uh Lá Lá	SF	25	3:10:02.50	12:40	1:49:48
148	102	Carla Leal	Uh Lá Lá	SF	26	3:10:05.01	12:40	1:49:50
149	188	Carlos Coelho		M40	36	3:10:40.64	12:43	1:50:26
150	14	Maria Irene Ferraz da Silva		F40	16	3:11:35.52	12:46	1:51:21
151	85	Isabel Gonçalves		F40	17	3:12:33.98	12:50	1:52:19
152	84	Helder Vieira Moreira		M40	37	3:12:36.15	12:50	1:52:21
153	187	José Morreira		M50	3	3:29:38.24	13:59	2:09:23
154	42	José Moreira		M50	4	3:29:50.12	13:59	2:09:35
155	47	Alice Silva	Amigos do Pedal - Trail Lagares	SF	27	3:47:26.73	15:10	2:27:12