

| Dorsal | Class. | Esc. | Atleta            | Clube                | Sexo | Idade | Tempo    | min/Km | Escalão |
|--------|--------|------|-------------------|----------------------|------|-------|----------|--------|---------|
| 1177   | 1      | 1    | RUI LARANJEIRA    | EXPERIENCIAR /BARCEL | M    | 43    | 02:23:34 | 05:44  | M40     |
| 1041   | 2      | 1    | SERGIO SA         | GTT ARMAZEM DO CAF   | M    | 32    | 02:23:34 | 05:44  | MSEN    |
| 1121   | 3      | 2    | IGOR MOREIRA      | MELGACO ALVARINHO TR | M    | 39    | 02:26:44 | 05:52  | MSEN    |
| 1034   | 4      | 3    | LUIS MARTINS      | GTT ARMAZEM DO CAF   | M    | 37    | 02:27:26 | 05:54  | MSEN    |
| 1191   | 5      | 2    | JOSE CORREIA      |                      | M    | 48    | 02:29:13 | 05:58  | M40     |
| 1001   | 6      | 4    | TIAGO ARAGAO      | CTAD TRILHOS DE CI   | M    | 38    | 02:30:16 | 06:00  | MSEN    |
| 1078   | 7      | 5    | VITOR RIBEIRO     | GTT ARMAZEM DO CAF   | M    | 33    | 02:32:32 | 06:06  | MSEN    |
| 1185   | 8      | 6    | MIGUEL ARAUJO     | LODEIROS ATHLETICS T | M    | 34    | 02:33:05 | 06:07  | MSEN    |
| 1184   | 9      | 7    | ALBERTO BARROS    | LODEIROS ATHLETICS T | M    | 39    | 02:34:20 | 06:10  | MSEN    |
| 1089   | 10     | 8    | NUNO FIGUEIREDO   | GTT ARMAZEM DO CAF   | M    | 31    | 02:34:52 | 06:12  | MSEN    |
| 1226   | 11     | 9    | HUGO ARAUJO       | GTT ARMAZEM DO CAF   | M    | 30    | 02:38:57 | 06:22  | MSEN    |
| 1166   | 12     | 10   | PEDRO AFONSO      |                      | M    | 36    | 02:39:13 | 06:22  | MSEN    |
| 1133   | 13     | 3    | STEPHANE SIMOES   | EDV VIANA TRAIL      | M    | 40    | 02:39:17 | 06:22  | M40     |
| 1134   | 14     | 11   | PEDRO CALDAS      | EDV VIANA TRAIL      | M    | 39    | 02:40:07 | 06:24  | MSEN    |
| 1107   | 15     | 12   | RICARDO MIRANDA   | GTT ARMAZEM DO CAF   | M    | 28    | 02:40:21 | 06:25  | MSEN    |
| 1180   | 16     | 13   | JOAO CASTELBRANCO | OLIMPICO VIANENSE TR | M    | 23    | 02:40:43 | 06:26  | MSEN    |
| 1088   | 17     | 14   | PAULO SIMOES      | BTT OS GOTINHAS      | M    | 38    | 02:41:22 | 06:27  | MSEN    |
| 1106   | 18     | 15   | ARMANDO SANTOS    | SALAMANDRAS          | M    | 34    | 02:43:33 | 06:33  | MSEN    |
| 1186   | 19     | 1    | JOSE ALONSO       | LODEIROS ATHLETICS T | M    | 53    | 02:43:49 | 06:33  | M50     |
| 1168   | 20     | 4    | FRANCISCO FONTELO | PADELA NATURAL TEAM  | M    | 42    | 02:44:11 | 06:34  | M40     |
| 1067   | 21     | 16   | FILIFE FERNANDES  | PALMEIRA RUNNERS     | M    | 29    | 02:45:06 | 06:36  | MSEN    |
| 1157   | 22     | 17   | PEDRO COSTA       |                      | M    | 38    | 02:46:06 | 06:39  | MSEN    |
| 1229   | 23     | 18   | AMANDIO FREITAS   | EDV VIANA TRAIL      | M    | 36    | 02:48:19 | 06:44  | MSEN    |
| 1060   | 24     | 19   | LUIS SILVA        | CTAD TRILHOS DE CI   | M    | 26    | 02:48:45 | 06:45  | MSEN    |
| 1071   | 25     | 20   | NUNO LOMBA        | APULIA A CORRER      | M    | 28    | 02:49:04 | 06:46  | MSEN    |
| 1075   | 26     | 5    | EDUARDO SILVA     | BARCELOS RUNNERS     | M    | 48    | 02:49:47 | 06:48  | M40     |
| 1257   | 27     | 6    | FERNANDO SILVA    | TERAPIAS ALEXANDRA C | M    | 42    | 02:50:39 | 06:50  | M40     |
| 1212   | 28     | 7    | SANTI FERNANDEZ   | CAZAFANTASMAS        | M    | 43    | 02:51:05 | 06:51  | M40     |
| 1101   | 29     | 21   | BRUNO PIRES       | OLIMPICO VIANENSE TR | M    | 29    | 02:51:17 | 06:51  | MSEN    |
| 1246   | 30     | 1    | FERNANDA VERDE    | EDV VIANA TRAIL      | F    | 39    | 02:52:04 | 06:53  | FSEN    |
| 1076   | 31     | 2    | JOAQUIM SA        |                      | M    | 54    | 02:52:21 | 06:54  | M50     |
| 1234   | 32     | 8    | JOSE SALDANHA     | EDV VIANA TRAIL      | M    | 48    | 02:55:32 | 07:01  | M40     |
| 1057   | 33     | 22   | VITOR CARDOSO     | CTAD TRILHOS DE CI   | M    | 38    | 02:55:43 | 07:02  | MSEN    |
| 1192   | 34     | 9    | JOAO ANTUNES      | VIANA RUNNING        | M    | 44    | 02:55:48 | 07:02  | M40     |
| 1205   | 35     | 10   | RUI ANJOS         |                      | M    | 41    | 02:57:20 | 07:06  | M40     |
| 1213   | 36     | 23   | TIAGO VIEIRA      |                      | M    | 32    | 02:57:20 | 07:06  | MSEN    |
| 1139   | 37     | 24   | SAMUEL AMORIM     | G D CASTELENSE       | M    | 33    | 02:58:38 | 07:09  | MSEN    |
| 1135   | 38     | 25   | MARCO RODRIGUES   | MELGACO ALVARINHO TR | M    | 38    | 02:58:44 | 07:09  | MSEN    |
| 1038   | 39     | 26   | FILIFE ALMEIDA    | APULIA A CORRER      | M    | 39    | 02:59:58 | 07:12  | MSEN    |
| 1040   | 40     | 27   | ARSENIO ALMEIDA   | APULIA A CORRER      | M    | 36    | 02:59:58 | 07:12  | MSEN    |
| 1240   | 41     | 3    | JAVIER IGLESIAS   | PEROXA RUNNING       | M    | 55    | 03:00:25 | 07:13  | M50     |
| 1160   | 42     | 28   | PEDRO RIBEIRO     | TEAM WORKOUT 48      | M    | 29    | 03:00:26 | 07:13  | MSEN    |
| 1056   | 43     | 29   | MARCELO MARTINS   | PADELA NATURAL TEAM  | M    | 27    | 03:01:36 | 07:16  | MSEN    |
| 1100   | 44     | 30   | NUNO LEMOS        |                      | M    | 38    | 03:01:44 | 07:16  | MSEN    |
| 1035   | 45     | 31   | LUCIANO AMARO     | AFIFENSE TRAIL       | M    | 20    | 03:01:48 | 07:16  | MSEN    |
| 1113   | 46     | 32   | RUI LIMA          |                      | M    | 32    | 03:01:55 | 07:17  | MSEN    |
| 1042   | 47     | 11   | CARLOS LOUREIRO   | TERRAS DO VEZ        | M    | 43    | 03:02:18 | 07:17  | M40     |
| 1230   | 48     | 33   | PEDRO ALVES       | G D CASTELENSE       | M    | 29    | 03:02:22 | 07:17  | MSEN    |
| 1162   | 49     | 12   | JAVIER NAVIA      | CAZAFANTASMAS        | M    | 46    | 03:04:58 | 07:24  | M40     |
| 1066   | 50     | 4    | ABILIO LEITE      | UNIDAD ESPECIAL DE C | M    | 56    | 03:05:13 | 07:24  | M50     |
| 1165   | 51     | 13   | ANTONIO PEREZ     | NEVER TRAIL ALONE (N | M    | 41    | 03:07:08 | 07:29  | M40     |
| 1104   | 52     | 34   | FABIO VAZ         | MINHO E LIMA TRAIL   | M    | 22    | 03:08:24 | 07:32  | MSEN    |
| 1116   | 53     | 35   | OLAVO CARNEIRO    | MINHO E LIMA TRAIL   | M    | 24    | 03:08:24 | 07:32  | MSEN    |
| 1105   | 54     | 36   | RAFAEL PEREIRA    | MINHO E LIMA TRAIL   | M    | 30    | 03:08:25 | 07:32  | MSEN    |
| 1064   | 55     | 37   | NUNO SILVA        |                      | M    | 37    | 03:09:03 | 07:34  | MSEN    |
| 1237   | 56     | 38   | DAMIAN GUTIERREZ  | PATO BLANCO          | M    | 24    | 03:09:17 | 07:34  | MSEN    |
| 1232   | 57     | 14   | MANUEL NASCIMENTO | VRLVIANA REMADORES   | M    | 44    | 03:09:29 | 07:35  | M40     |
| 1170   | 58     | 5    | MANUEL ALVES      | QUEIROZ TEAM / NOKAR | M    | 51    | 03:10:00 | 07:36  | M50     |
| 1094   | 59     | 39   | NUNO ARAUJO       | OLIMPICO VIANENSE TR | M    | 39    | 03:10:03 | 07:36  | MSEN    |
| 1144   | 60     | 40   | JOSE              |                      | M    | 37    | 03:10:10 | 07:36  | MSEN    |
| 1081   | 61     | 41   | LUIS FERREIRA     |                      | M    | 39    | 03:10:18 | 07:37  | MSEN    |
| 1203   | 62     | 15   | VASCO ROCHA       |                      | M    | 40    | 03:10:42 | 07:37  | M40     |
| 1241   | 63     | 16   | DIOGO OLIVEIRA    |                      | M    | 42    | 03:11:12 | 07:39  | M40     |
| 1095   | 64     | 42   | MARCO FERNANDES   | GTT ARMAZEM DO CAF   | M    | 37    | 03:12:08 | 07:41  | MSEN    |
| 1239   | 65     | 17   | MARIO SOUSA       | PEROXA RUNNING       | M    | 40    | 03:12:17 | 07:42  | M40     |

| Dorsal | Class. | Esc. | Atleta            | Clube                | Sexo | Idade | Tempo    | min/Km | Escalão |
|--------|--------|------|-------------------|----------------------|------|-------|----------|--------|---------|
| 1206   | 66     | 43   | PEDRO ROCHA       | EDV VIANA TRAIL      | M    | 38    | 03:12:30 | 07:42  | MSEN    |
| 1247   | 67     | 18   | OSCAR SOUSA       | VILAVERDEACORRER     | M    | 41    | 03:13:28 | 07:44  | M40     |
| 1096   | 68     | 6    | ADELINO FERNANDES | GTT ARMAZEM DO CAF   | M    | 60    | 03:14:00 | 07:45  | M50     |
| 1140   | 69     | 7    | RUI NOVO          |                      | M    | 54    | 03:15:11 | 07:49  | M50     |
| 1083   | 70     | 19   | JOSE PARENTE      | CYCLONES SANITOP     | M    | 49    | 03:15:45 | 07:50  | M40     |
| 1045   | 71     | 20   | JOAO OLIVEIRA     | JUVENTUDE CORTEGACEN | M    | 41    | 03:15:55 | 07:50  | M40     |
| 1201   | 72     | 44   | DIEGO GONZALEZ    |                      | M    | 37    | 03:16:31 | 07:52  | MSEN    |
| 1142   | 73     | 8    | CARLOS SOARES     |                      | M    | 50    | 03:16:47 | 07:52  | M50     |
| 1224   | 74     | 45   | JOSE FONSECA      |                      | M    | 34    | 03:16:59 | 07:53  | MSEN    |
| 1207   | 75     | 2    | MARCIA LOURENCO   |                      | F    | 30    | 03:17:04 | 07:53  | FSEN    |
| 1128   | 76     | 21   | LUIS PEREIRA      | CERVEIRA TEAM RUNNIN | M    | 41    | 03:17:11 | 07:54  | M40     |
| 1115   | 77     | 22   | LUIS RIBEIRO      |                      | M    | 41    | 03:18:04 | 07:55  | M40     |
| 1173   | 78     | 46   | LUIS FERREIRA     |                      | M    | 29    | 03:18:40 | 07:57  | MSEN    |
| 1252   | 79     | 47   | OSCAR SEQUEIROS   |                      | M    | 27    | 03:18:44 | 07:57  | MSEN    |
| 1148   | 80     | 23   | VITOR SOUSA       |                      | M    | 44    | 03:19:30 | 07:58  | M40     |
| 1029   | 81     | 24   | MANUEL AMADO      |                      | M    | 41    | 03:19:40 | 07:59  | M40     |
| 1074   | 82     | 48   | FERNANDO ALVES    | OLIMPICO VIANENSE TR | M    | 37    | 03:20:17 | 08:01  | MSEN    |
| 1124   | 83     | 49   | ANDRE PEREIRA     | OLIMPICO VIANENSE TR | M    | 25    | 03:21:22 | 08:03  | MSEN    |
| 1002   | 84     | 25   | JOSE MATRTINS     | SANTA APOLONIA       | M    | 41    | 03:21:23 | 08:03  | M40     |
| 1070   | 85     | 3    | MARIANA MACHADO   | SANTA APOLONIA       | F    | 25    | 03:21:24 | 08:03  | FSEN    |
| 1154   | 86     | 26   | CARLOS PEREIRA    | AFIFENSE TRAIL       | M    | 44    | 03:21:31 | 08:03  | M40     |
| 1118   | 87     | 50   | RICARDO CARVALHO  | CTAD TRILHOS DE CI   | M    | 32    | 03:21:32 | 08:03  | MSEN    |
| 1152   | 88     | 9    | CARLOS FERNANDES  | CERVEIRA TEAM RUNNIN | M    | 58    | 03:21:38 | 08:04  | M50     |
| 1219   | 89     | 27   | CESAR             | OLIMPICO VIANENSE TR | M    | 41    | 03:21:38 | 08:04  | M40     |
| 1202   | 90     | 28   | JOAO COSTA        |                      | M    | 43    | 03:21:44 | 08:04  | M40     |
| 1260   | 91     | 4    | SANDRA GUERREIRO  | RUN4FUN              | F    | 38    | 03:21:48 | 08:04  | FSEN    |
| 1054   | 92     | 29   | ABILIO MALHEIRO   | TIME TO RUN          | M    | 42    | 03:22:08 | 08:05  | M40     |
| 1196   | 93     | 5    | SUSANA ALVES      | XL&S TRAIL           | F    | 25    | 03:22:15 | 08:05  | FSEN    |
| 1072   | 94     | 51   | RICARDO SILVA     | AS BELAS E ELES      | M    | 35    | 03:22:16 | 08:05  | MSEN    |
| 1061   | 95     | 30   | ERNESTO ALVES     | JUVENTUDE CORTEGACEN | M    | 48    | 03:22:31 | 08:06  | M40     |
| 1145   | 96     | 31   | NUNO CESAR        |                      | M    | 47    | 03:23:29 | 08:08  | M40     |
| 1027   | 97     | 10   | MANUEL PINTO      | TERRAS DO VEZ        | M    | 57    | 03:24:13 | 08:10  | M50     |
| 1164   | 98     | 32   | JUAN FERNANDEZ    | C. A. R. MARISQUEIRO | M    | 48    | 03:24:52 | 08:12  | M40     |
| 1208   | 99     | 33   | ANTONIO MARINHO   | VIANA RUNNING        | M    | 46    | 03:25:51 | 08:14  | M40     |
| 1195   | 100    | 52   | GUILHERME ROCHA   | SPAC/LIMABIKE/EVERYN | M    | 17    | 03:26:12 | 08:15  | MSEN    |
| 1215   | 101    | 1    | MARIA GONCALVES   | CERVEIRA TEAM RUNNIN | F    | 51    | 03:28:32 | 08:20  | F50     |
| 1062   | 102    | 1    | ROSA NOGUEIRA     | EDV VIANA TRAIL      | F    | 49    | 03:29:08 | 08:22  | F40     |
| 1046   | 103    | 34   | CECILIO FERREIRA  | JUVENTUDE CORTEGACEN | M    | 42    | 03:31:34 | 08:28  | M40     |
| 1048   | 104    | 35   | JULIO SILVA       | JUVENTUDE CORTEGACEN | M    | 45    | 03:31:35 | 08:28  | M40     |
| 1137   | 105    | 53   | CESAR MACEDO      | FRAGOSO TEAM         | M    | 37    | 03:31:36 | 08:28  | MSEN    |
| 1174   | 106    | 54   | ABILIO OLIVEIRA   | RIOFIT RUNNING       | M    | 39    | 03:32:17 | 08:30  | MSEN    |
| 1123   | 107    | 55   | LUIS MARTINS      |                      | M    | 37    | 03:32:17 | 08:30  | MSEN    |
| 1150   | 108    | 36   | MANUEL LOPES      | RIOFIT RUNNING       | M    | 49    | 03:32:17 | 08:30  | M40     |
| 1245   | 109    | 37   | JORGE GONCALVES   | BARCELOS TEAM PORTUG | M    | 40    | 03:32:27 | 08:30  | M40     |
| 1004   | 110    | 38   | NUNO CAMPOS       |                      | M    | 43    | 03:32:28 | 08:30  | M40     |
| 1244   | 111    | 2    | MARIA MELO        | BARCELOS TEAM PORTUG | F    | 45    | 03:32:28 | 08:30  | F40     |
| 1242   | 112    | 39   | ARTUR RODRIGUES   | BARCELOS TEAM PORTUG | M    | 45    | 03:32:28 | 08:30  | M40     |
| 1243   | 113    | 56   | NUNO MARQUES      | BARCELOS TEAM PORTUG | M    | 38    | 03:32:30 | 08:30  | MSEN    |
| 1110   | 114    | 57   | TIAGO SOUSA       | BARCELOS TEAM PORTUG | M    | 30    | 03:32:30 | 08:30  | MSEN    |
| 1210   | 115    | 3    | LUCIA COSTA       | EDV VIANA TRAIL      | F    | 48    | 03:33:33 | 08:33  | F40     |
| 1063   | 116    | 58   | PAULO AFONSO      |                      | M    | 38    | 03:33:34 | 08:33  | MSEN    |
| 1190   | 117    | 59   | DENIS BARROS      | CAZAFANTASMAS        | M    | 25    | 03:33:38 | 08:33  | MSEN    |
| 1163   | 118    | 40   | CARLOS PEREIRO    | CAZAFANTASMAS        | M    | 40    | 03:33:39 | 08:33  | M40     |
| 1251   | 119    | 2    | LOLI RODRIGUEZ    | CAZAFANTASMAS        | F    | 50    | 03:33:39 | 08:33  | F50     |
| 1119   | 120    | 41   | NUNO NABEIRO      | MELGACO ALVARINHO TR | M    | 43    | 03:34:02 | 08:34  | M40     |
| 1114   | 121    | 60   | LUCIANO PIRES     | MELGACO ALVARINHO TR | M    | 35    | 03:34:04 | 08:34  | MSEN    |
| 1155   | 122    | 6    | JULIANA ONUMA     | VIANA RUNNING        | F    | 39    | 03:34:08 | 08:34  | FSEN    |
| 1223   | 123    | 42   | ABILIO MINA       | EDV VIANA TRAIL      | M    | 46    | 03:34:30 | 08:35  | M40     |
| 1259   | 124    | 4    | ANA MINA          | RUN4FUN              | F    | 43    | 03:34:30 | 08:35  | F40     |
| 1131   | 125    | 43   | DAVID ALMEIDA     |                      | M    | 44    | 03:35:17 | 08:36  | M40     |
| 1120   | 126    | 5    | SANDRA ARRIBANCA  |                      | F    | 45    | 03:37:46 | 08:43  | F40     |
| 1073   | 127    | 61   | NUNO ABREU        | TIME TO RUN          | M    | 32    | 03:37:47 | 08:43  | MSEN    |
| 1068   | 128    | 62   | NUNO OLIVEIRA     |                      | M    | 34    | 03:38:18 | 08:44  | MSEN    |
| 1169   | 129    | 6    | MARIA RIBEIRO     | QUEIROZ TEAM / NOKAR | F    | 48    | 03:39:18 | 08:46  | F40     |
| 1156   | 130    | 44   | ANTONIO FONSECA   |                      | M    | 40    | 03:39:25 | 08:46  | M40     |

| Dorsal | Class. | Esc. | Atleta              | Clube                | Sexo | Idade | Tempo    | min/Km | Escalão |
|--------|--------|------|---------------------|----------------------|------|-------|----------|--------|---------|
| 1161   | 131    | 7    | MONICA DASILVA      | AVIVA SPORT CLUB     | F    | 40    | 03:39:31 | 08:47  | F40     |
| 1052   | 132    | 63   | JOEL SEQUEIRA       | JUVENTUDE CORTEGACEN | M    | 38    | 03:39:41 | 08:47  | MSEN    |
| 1217   | 133    | 64   | JOAO OLIVEIRA       | CAP                  | M    | 33    | 03:40:12 | 08:48  | MSEN    |
| 1033   | 134    | 65   | JOAO SOBREIRO       | PADELA NATURAL TEAM  | M    | 35    | 03:41:15 | 08:51  | MSEN    |
| 1126   | 135    | 45   | JOSE AMARO          | HAPPY RUNNERS        | M    | 46    | 03:41:56 | 08:53  | M40     |
| 1147   | 136    | 11   | MANUEL MONTEIRO     | CERVEIRA TEAM RUNNIN | M    | 54    | 03:41:56 | 08:53  | M50     |
| 1127   | 137    | 66   | NUNO MARTINS        | HAPPY RUNNERS        | M    | 36    | 03:41:59 | 08:53  | MSEN    |
| 1189   | 138    | 12   | HUMBERTO MONTE      |                      | M    | 53    | 03:42:07 | 08:53  | M50     |
| 1181   | 139    | 8    | MARIA MARINHO       | VIANA RUNNING        | F    | 46    | 03:42:22 | 08:54  | F40     |
| 1176   | 140    | 13   | ANTONIO SANTOS      | ASSOCIACAO ACADEMICA | M    | 62    | 03:43:04 | 08:56  | M50     |
| 1175   | 141    | 67   | IVAO DIAS           |                      | M    | 39    | 03:45:08 | 09:00  | MSEN    |
| 1151   | 142    | 68   | TIAGO AREIAS        | SPIN&RUN ESPOSENDE T | M    | 31    | 03:45:09 | 09:01  | MSEN    |
| 1141   | 143    | 69   | ALEXANDRE RODRIGUES |                      | M    | 36    | 03:45:11 | 09:01  | MSEN    |
| 1024   | 144    | 46   | MARCOS PEREIRA      | EDV VIANA TRAIL      | M    | 42    | 03:45:44 | 09:02  | M40     |
| 1026   | 145    | 9    | AIDA PRESA          | GIRLS4RUN            | F    | 41    | 03:46:04 | 09:02  | F40     |
| 1255   | 146    | 47   | LUIS MARQUES        | TERAPIAS ALEXANDRA C | M    | 43    | 03:46:12 | 09:03  | M40     |
| 1256   | 147    | 10   | ELSA RODRIGUES      | TERAPIAS ALEXANDRA C | F    | 41    | 03:46:13 | 09:03  | F40     |
| 1129   | 148    | 70   | FILIFE              | PONTEVEL A MEXER     | M    | 36    | 03:46:30 | 09:04  | MSEN    |
| 1091   | 149    | 7    | ANA CARNEIRO        | XL&S TRAIL           | F    | 18    | 03:47:20 | 09:06  | FSEN    |
| 1182   | 150    | 14   | LEANDRO FREITAS     | OLIMPICO VIANENSE TR | M    | 51    | 03:47:58 | 09:07  | M50     |
| 1097   | 151    | 48   | DAVID ANTUNES       | DESNIVEL POSITIVO    | M    | 48    | 03:48:15 | 09:08  | M40     |
| 1087   | 152    | 8    | GISELDA MARTINS     | EDV VIANA TRAIL      | F    | 39    | 03:50:13 | 09:12  | FSEN    |
| 1103   | 153    | 71   | TIAGO SOEIRO        | PEAK TRAIL TEAM      | M    | 38    | 03:50:39 | 09:14  | MSEN    |
| 1032   | 154    | 49   | RICARDO RODRIGUES   |                      | M    | 41    | 03:54:50 | 09:24  | M40     |
| 1199   | 155    | 72   | IVAN RODRIGUEZ      | CORNELIOS            | M    | 39    | 03:55:09 | 09:24  | MSEN    |
| 1250   | 156    | 9    | IVONE CORREIA       | OS ESTRELOUCADOS     | F    | 39    | 03:55:28 | 09:25  | FSEN    |
| 1003   | 157    | 73   | NUNO SANTOS         |                      | M    | 38    | 03:55:28 | 09:25  | MSEN    |
| 1158   | 158    | 50   | MANUEL ARAUJO       | EDV VIANA TRAIL      | M    | 46    | 03:56:38 | 09:28  | M40     |
| 1099   | 159    | 10   | ANDRA JULIO         | GTT ARMAZEM DO CAF   | F    | 38    | 03:57:25 | 09:30  | FSEN    |
| 1153   | 160    | 11   | CAROLINA PEREIRA    | AFIFENSE TRAIL       | F    | 46    | 03:57:26 | 09:30  | F40     |
| 1077   | 161    | 11   | SARA MEIRA          | PADELA NATURAL TEAM  | F    | 28    | 03:57:34 | 09:30  | FSEN    |
| 1086   | 162    | 74   | VITOR MENDES        | BRAVOS DA MONTANHA   | M    | 35    | 03:57:41 | 09:30  | MSEN    |
| 1187   | 163    | 75   | RUFINO CARBALLI     | TRINORTH             | M    | 39    | 03:57:45 | 09:30  | MSEN    |
| 1080   | 164    | 12   | PAULA COSTA         | TUGAS NA ESTRADA     | F    | 49    | 03:59:56 | 09:36  | F40     |
| 1235   | 165    | 12   | MARIANA BALLESTER   |                      | F    | 27    | 04:00:43 | 09:38  | FSEN    |
| 32     | 166    | 13   | LUCIA LOURENCO      | AVF AUTO             | F    | 31    | 04:00:44 | 09:38  | FSEN    |
| 1125   | 167    | 76   | ZE LUIS             | CASA BENFICA SANTO T | M    | 35    | 04:01:11 | 09:39  | MSEN    |
| 1043   | 168    | 13   | MARCIA COSTA        | JUVENTUDE CORTEGACEN | F    | 42    | 04:01:35 | 09:40  | F40     |
| 1194   | 169    | 51   | CARLOS GONCA        |                      | M    | 41    | 04:02:54 | 09:43  | M40     |
| 1136   | 170    | 14   | CARINA SILVA        | DIVERTIDAS.LOL       | F    | 31    | 04:02:58 | 09:43  | FSEN    |
| 1227   | 171    | 15   | VERONICA MOREIRA    |                      | F    | 33    | 04:02:58 | 09:43  | FSEN    |
| 1172   | 172    | 77   | HELDER GONCALVES    | XL&S TRAIL           | M    | 22    | 04:04:48 | 09:47  | MSEN    |
| 1179   | 173    | 78   | RICARDO BRIOTE      | ADE TRAIL RUNNING    | M    | 37    | 04:07:23 | 09:53  | MSEN    |
| 1109   | 174    | 16   | ANA FERREIRA        | TEAM WORKOUT 48      | F    | 31    | 04:07:37 | 09:54  | FSEN    |
| 1211   | 175    | 14   | ELISABETE CARVALHO  | EDV VIANA TRAIL      | F    | 44    | 04:07:37 | 09:54  | F40     |
| 1039   | 176    | 15   | CARMO VEIGA         |                      | F    | 48    | 04:07:37 | 09:54  | F40     |
| 1122   | 177    | 79   | MARCO AFONSO        | MELGACO ALVARINHO TR | M    | 39    | 04:11:39 | 10:04  | MSEN    |
| 1159   | 178    | 15   | JOSE RODRIGUES      | AASM                 | M    | 52    | 04:11:55 | 10:05  | M50     |
| 1092   | 179    | 17   | DANIELA FERNANDEZ   |                      | F    | 36    | 04:12:20 | 10:06  | FSEN    |
| 1082   | 180    | 52   | ACACIO SANTOS       |                      | M    | 40    | 04:12:21 | 10:06  | M40     |
| 1079   | 181    | 80   | RODOLFO CARVALHO    | TIME TO RUN          | M    | 36    | 04:12:25 | 10:06  | MSEN    |
| 1044   | 182    | 16   | ANABELA MARQUES     | JUVENTUDE CORTEGACEN | F    | 44    | 04:15:15 | 10:13  | F40     |
| 1050   | 183    | 53   | JORGE COELHO        | JUVENTUDE CORTEGACEN | M    | 45    | 04:15:15 | 10:13  | M40     |
| 1171   | 184    | 18   | MONICA FERREIRA     | SPIN&RUN ESPOSENDE T | F    | 39    | 04:15:49 | 10:14  | FSEN    |
| 1090   | 185    | 19   | ANA ALVES           | XL&S TRAIL           | F    | 35    | 04:15:49 | 10:14  | FSEN    |
| 1209   | 186    | 54   | PEDRO MAGALHAES     | CUIDADO COM O URSO T | M    | 42    | 04:15:49 | 10:14  | M40     |
| 1197   | 187    | 81   | NUNO DAMASCENO      | CUIDADO COM O URSO T | M    | 33    | 04:15:49 | 10:14  | MSEN    |
| 1143   | 188    | 17   | SILVIA PEDROSO      | AASM TRIATLO         | F    | 44    | 04:20:42 | 10:26  | F40     |
| 1228   | 189    | 18   | CARLA MORIM         |                      | F    | 42    | 04:22:21 | 10:29  | F40     |
| 1112   | 190    | 55   | JOAO MORAIS         | PEAK TRAIL TEAM      | M    | 45    | 04:22:32 | 10:30  | M40     |
| 1138   | 191    | 20   | DIANA RIBEIRO       | AMIGOS DA MONTANHA   | F    | 34    | 04:22:33 | 10:30  | FSEN    |
| 1051   | 192    | 3    | ISABEL MARTINS      | AMIGOS DA MONTANHA   | F    | 52    | 04:22:44 | 10:31  | F50     |
| 1216   | 193    | 56   | MANUEL TEIXEIRA     |                      | M    | 42    | 04:24:50 | 10:36  | M40     |
| 1117   | 194    | 4    | FERNANDA ESTEVES    | CERVEIRA TEAM RUNNIN | F    | 61    | 04:25:25 | 10:37  | F50     |
| 1028   | 195    | 16   | DAVID COELHO        | TERRAS DO VEZ        | M    | 59    | 04:28:09 | 10:44  | M50     |

| Dorsal | Class. | Esc. | Atleta             | Clube                | Sexo | Idade | Tempo    | min/Km | Escalão |
|--------|--------|------|--------------------|----------------------|------|-------|----------|--------|---------|
| 1188   | 196    | 21   | EMILIA LORENZO     | MAIS QUE AUGA        | F    | 39    | 04:29:52 | 10:47  | FSEN    |
| 1193   | 197    | 82   | BRUNO ALVES        | XL&S TRAIL           | M    | 28    | 04:30:32 | 10:49  | MSEN    |
| 1036   | 198    | 19   | ANA PESTANA        |                      | F    | 43    | 04:46:35 | 11:28  | F40     |
| 1231   | 199    | 20   | CRISTINA GONCALVES | OS ESTRELOUCADOS     | F    | 46    | 04:46:52 | 11:29  | F40     |
| 1108   | 200    | 57   | JORGE QUERALES     | CICLISTAS COSMICOS   | M    | 48    | 04:50:54 | 11:38  | M40     |
| 1102   | 201    | 21   | ROSA PEREIRA       | XL&S TRAIL           | F    | 42    | 04:58:25 | 11:56  | F40     |
| 1258   | 202    | 58   | OSCAR MAGOLO       |                      | M    | 40    | 05:14:36 | 12:35  | M40     |
| 1146   | 203    | 83   | FABIO RESENDE      | TNT TRILHOS NATURA   | M    | 26    | 05:14:36 | 12:35  | MSEN    |
| 1178   | 204    | 22   | DULIA REIS         | TNT TRILHOS NATURA   | F    | 41    | 05:14:37 | 12:35  | F40     |
| 1225   | 205    | 84   | NUNO PAREDINHA     | OLIMPICO VIANENSE TR | M    | 37    | 05:14:39 | 12:35  | MSEN    |