

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
187	1	1	LOIS PACHITA		M	37	02:32:45	MSEN
194	2	2	BRUNO RIBEIRO	AGUIAS DE ALVELOS	M	37	02:32:52	MSEN
195	3	3	SERGIO SA	AGUIAS DE ALVELOS	M	33	02:37:35	MSEN
110	4	4	MARCOS ANTONIO	CASTRO TRAIL	M	33	02:38:07	MSEN
124	5	1	MIGUEL VIEITEZ	TRINORTH	M	48	02:39:57	M40
159	6	2	AMANDIO ANTUNES	AFIFENSE TRAIL	M	40	02:41:31	M40
193	7	5	ANDRE RAMOS	AGUIAS DE ALVELOS	M	29	02:42:21	MSEN
196	8	6	HUGO ARAUJO	AGUIAS DE ALVELOS	M	31	02:42:44	MSEN
143	9	7	ZE LUIS	CASA BENFICA SANTO T	M	36	02:45:36	MSEN
156	10	1	JORGE ESPINA	TRAIL RUNNING NIGRAN	M	51	02:47:48	M50
129	11	8	PAULO SIMOES	BTT OS GOTINHAS	M	39	02:48:40	MSEN
190	12	9	OIHAN AMURRIO		M	31	02:48:48	MSEN
178	13	10	MIGUEL ARAUJO	LODEIROS TRAIL	M	35	02:49:30	MSEN
101	14	11	RICARDO AMORIM	XLES TRAIL	M	34	02:49:40	MSEN
153	15	12	TIAGO SUBTIL	AFIFENSE TRAIL	M	37	02:50:03	MSEN
137	16	3	CARLOS PEIXOTO	AMIGOS DA MONTANHA	M	45	02:50:10	M40
168	17	13	JOSE MANUEL	TORAKKA	M	33	02:51:29	MSEN
111	18	4	FEDERICO CONDE	CASTRO TRAIL	M	42	02:52:20	M40
1287	19	14	CARLOS COELHO	TRAIL ME	M	33	02:54:51	MSEN
1248	20	2	JOSE MARTINS	TEAM WORKOUT 48/CAM	M	51	02:54:51	M50
162	21	5	JOSE FINS	BRAGUINHAS RUNNERS	M	48	02:56:26	M40
176	22	6	ROBERTO GRANA	LODEIROS TRAIL	M	44	02:56:27	M40
167	23	15	MARCELO MARTINS	PADELA NATURAL TEAM	M	28	02:56:41	MSEN
86	24	7	FRANCISCO FONTELO	PADELA NATURAL TEAM	M	43	02:56:41	M40
169	25	8	PAULO FILIPE	APULIA A CORRER	M	40	02:57:50	M40
49	26	9	FERNANDO SILVA	ALEXANDRA CARVALHO T	M	43	02:58:47	M40
172	27	16	PEDRO ALVES	GD CASTELENSE	M	30	02:59:28	MSEN
84	28	17	NUNO TRIGUEIRO		M	39	02:59:32	MSEN
186	29	10	PEDRO CALDAS	EDVVIANA TRAIL	M	40	02:59:38	M40
174	30	3	JOSE SANTOS	EDVVIANA TRAIL	M	51	03:00:30	M50
43	31	18	NUNO GUIMARAES		M	36	03:01:02	MSEN
28	32	19	ANTONIO GOMES	FERNANDA MACIEL MA	M	39	03:03:08	MSEN
112	33	11	DAVID CONDE	CASTRO TRAIL	M	44	03:03:35	M40
191	34	12	ARTURO	SD BARBANTIA RODA	M	47	03:04:18	M40
60	35	20	MIGUEL FERREIRA		M	38	03:04:40	MSEN
92	36	21	MARCO RODRIGUES	MELGACO ALVARINHO TR	M	39	03:05:59	MSEN
182	37	13	PEDRO PINTO	AMA ASSOCIACAO MON	M	42	03:06:26	M40
77	38	14	JAVIER VERDE	BUGALLAS MOBLES E VI	M	42	03:06:36	M40
88	39	4	ARNALDO RODRIGUES	DESNIVEL POSITIVO	M	54	03:06:58	M50
132	40	22	AITOR	CAZAFANTASMAS	M	26	03:07:18	MSEN
67	41	15	FERNANDO CASTRO	COUTADAS TRAIL TEAM	M	45	03:07:23	M40
157	42	23	RICARDO BOUCINHA	TRINCAMETAS	M	36	03:08:13	MSEN
82	43	1	FERNANDA VERDE	EDVVIANA TRAIL	F	40	03:09:08	F40
139	44	24	PEDRO NUNES		M	24	03:09:10	MSEN
72	45	25	LEONARDO MAIA	MINHO AVENTURA	M	37	03:09:40	MSEN
130	46	5	JOSE MACHADO	CYCLONESSPORTS	M	55	03:09:53	M50
119	47	16	JAVIER FERNANDEZ		M	43	03:11:03	M40
121	48	17	ANTONIO PEREZ	NTA NEVER TRAIL ALON	M	42	03:12:05	M40
108	49	26	FRANCISCO PASCUAL	CASTRO TRAIL	M	35	03:13:25	MSEN
188	50	18	MIGUEL ARAUJO	TRAIL ME	M	47	03:15:43	M40
198	51	27	JOSE PEREIRA	TRAIL RUNNING NIGRAN	M	36	03:16:01	MSEN
200	52	6	FRANCISCO SILVA	PENA TREVINCA	M	52	03:17:57	M50
142	53	19	MANUEL REFOJOS	TRINORTH	M	48	03:18:13	M40
116	54	7	GUILLERMO RODRIGUEZ	TRINORTH	M	51	03:18:13	M50
123	55	28	PABLO GONZALEZ	TRINORTH	M	36	03:18:13	MSEN
154	56	20	MARCO CARAUX	CERVEIRA TEAM RUNNIN	M	40	03:19:53	M40
109	57	29	JAVIER GOMEZ	CASTRO TRAIL	M	33	03:20:53	MSEN
25	58	21	ALBERTO		M	45	03:20:55	M40
55	59	8	CARLOS PEDRINHAS	AMIGOS DA MONTANHA	M	53	03:21:04	M50
85	60	30	JOSE GONCALVES	BEST FITNESS PLACE	M	27	03:22:25	MSEN
197	61	31	BERNARDO GIRALDEZ	TRAIL RUNNING NIGRAN	M	39	03:23:12	MSEN
79	62	22	JAVIER NAVIA	CAZAFANTASMAS	M	47	03:23:19	M40
42	63	32	SAMUEL AMORIM	GD CASTELENSE	M	34	03:24:12	MSEN
107	64	9	PEDRO NOVOA	MINHO AVENTURA	M	54	03:25:01	M50
104	65	23	LUIS PEREIRA	CERVEIRA TEAM RUNNIN	M	42	03:26:49	M40
144	66	33	DIOGO AMORIM	MINHO E LIMA TRAIL	M	31	03:27:20	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
91	67	34	MANUEL SILVA	TREPATRILHOS TRAIL T	M	33	03:27:22	MSEN
131	68	10	JOSE GOMES	CERVEIRA TEAM RUNNIN	M	52	03:29:54	M50
81	69	35	AMADOR PEREZ		M	36	03:33:41	MSEN
171	70	36	PAULO SILVA		M	30	03:34:00	MSEN
175	71	24	ROBERTO EXPOSITO	CORNELIOS	M	42	03:34:14	M40
149	72	11	FERNANDO VIEIRA	TREPATRILHOS TRAIL T	M	53	03:35:00	M50
93	73	37	LUCIANO PIRES	MELGACO ALVARINHO TR	M	36	03:35:23	MSEN
158	74	25	CARLOS PEREIRA	AFIFENSE TRAIL	M	45	03:35:43	M40
113	75	2	MONICA BARBOSA	CASTRO TRAIL	F	44	03:37:34	F40
127	76	1	SUSANA ALVES	XLES TRAIL	F	26	03:37:34	FSEN
89	77	12	JOAQUIM MANUEL		M	55	03:39:43	M50
122	78	26	JOSE PEREZ	NTA NEVER TRAIL ALON	M	48	03:40:08	M40
105	79	38	WILLIAM SANTOS	SPINERUN ESPOSENDE	M	28	03:40:12	MSEN
183	80	13	MARIO COSTA	MOPREIRA RELAX RUNNE	M	53	03:44:22	M50
27	81	3	AIDA PRESA	GIRLS4RUN	F	42	03:44:23	F40
52	82	27	MIGUEL CRUZ	ASSOCIACAO DESPORTIV	M	40	03:44:23	M40
141	83	28	JOSE GARRIDO		M	46	03:44:23	M40
181	84	29	MARTIN MIRANDA		M	40	03:44:40	M40
114	85	4	MANUELA GONZALEZ	CDM XESTEIRAS	F	48	03:45:23	F40
69	86	39	JOSE MACIEL	PADELA NATURAL TEAM	M	21	03:46:57	MSEN
160	87	30	LEONEL PINTO		M	49	03:50:26	M40
26	88	2	CATARINA AMORIM	GD CASTELENSE	F	33	03:50:29	FSEN
61	89	3	SUSANA RODRIGUES	CLUBE ATLETISMO FAFE	F	32	03:52:32	FSEN
140	90	40	JOAO RESENDE	CUIDADO COM O URSO T	M	38	03:53:55	MSEN
147	91	4	VERA FERNANDES	BRAGUINHAS RUNNERS	F	36	03:53:55	FSEN
163	92	31	PEDRO BARBOSA		M	46	03:54:29	M40
94	93	32	PEDRO SILVA	TREPATRILHOS TRAIL T	M	45	03:55:30	M40
148	94	33	RICARDO MOTA	TREPATRILHOS TRAIL T	M	44	03:55:31	M40
115	95	14	TOMAS PINAL	CDM XESTEIRAS	M	68	03:56:25	M50
106	96	15	LINO MOREIRA	OS TURBOMULA	M	63	03:56:25	M50
59	97	41	JOAO SOBREIRO	PADELA NATURAL TEAM	M	36	03:57:05	MSEN
58	98	5	SARA MEIRA	PADELA NATURAL TEAM	F	29	03:57:05	FSEN
128	99	42	HUGO SILVA	PAPA MILHAS	M	37	03:59:31	MSEN
71	100	34	JOAQUIM VIDAL		M	41	04:00:35	M40
125	101	1	SAMY COSTA	BRAGUINHAS RUNNERS	F	50	04:00:43	F50
45	102	35	JOAO COUTO	OS FINOS	M	45	04:03:14	M40
180	103	43	FILIPE	PONTEVEL A MEXER	M	37	04:04:43	MSEN
87	104	44	OLAVO CARNEIRO	MINHO E LIMA TRAIL	M	25	04:06:19	MSEN
90	105	6	ANA CARNEIRO	XLES TRAIL	F	18	04:06:19	FSEN
83	106	45	BRUNO RODRIGUES	TEAM WORKOUT 48/CAM	M	33	04:07:01	MSEN
184	107	46	LUIS CONDE		M	31	04:08:57	MSEN
75	108	36	CARLOS PINHEIRO	CERVEIRA TEAM RUNNIN	M	43	04:09:27	M40
102	109	37	JOAQUIM ARAUJO	CERVEIRA TEAM RUNNIN	M	42	04:09:27	M40
118	110	47	TIAGO GONCALVES		M	30	04:10:55	MSEN
145	111	38	JOSE DUARTE		M	41	04:10:56	M40
64	112	5	ELIZABETH ORTIZ	BRAGUINHAS RUNNERS	F	47	04:12:27	F40
151	113	7	SOLANGE SOUSA		F	38	04:15:35	FSEN
152	114	8	RAQUEL VASCONCELOS	NO TOMORROW RUNNING	F	39	04:18:34	FSEN
146	115	39	PAULO GOMES	NO TOMORROW RUNNING	M	45	04:18:34	M40
41	116	48	CARLOS SOARES	AMIGOS DA MONTANHA	M	33	04:20:02	MSEN
1342	117	6	CARLA GONCALVES	THINGS	F	47	04:28:27	F40
133	118	7	SOLANGE CABRAL	ALEXANDRA CARVALHO T	F	41	04:29:08	F40
35	119	40	ANTONIO OLIVEIRA	OS FINOS	M	46	04:29:58	M40
29	120	49	JOSE FARIA	EDVVIANA TRAIL	M	31	04:29:59	MSEN
31	121	9	MARIANA BALLESTER		F	28	04:29:59	FSEN
37	122	41	PEDRO MAGALHAES	CUIDADO COM O URSO T	M	43	04:33:19	M40
80	123	10	ISABEL LOPEZ	BOX001 OURENSE RUN M	F	37	04:36:23	FSEN
185	124	42	SERGIO SANTOS	TURBULENTOS	M	40	04:38:31	M40
170	125	43	HENRIQUE SANTOS	BARDINOS TRAIL RUNNI	M	40	04:54:23	M40
38	126	44	PEDRO SILVA	TREPATRILHOS TRAIL T	M	40	04:54:23	M40
201	127	8	CARLA SANTOS	BARDINOS TRAIL RUNNI	F	41	04:54:24	F40
98	128	45	RUI PEREIRA	BARDINOS TRAIL RUNNI	M	40	04:58:18	M40
97	129	11	ANDREA PEREIRA	BARDINOS TRAIL RUNNI	F	39	04:58:18	FSEN
40	130	12	DIANA RIBEIRO	AMIGOS DA MONTANHA	F	35	04:59:36	FSEN
54	131	2	ISABEL MARTINS	AMIGOS DA MONTANHA	F	53	04:59:36	F50
62	132	9	AURORA SILVA	BRAGUINHAS RUNNERS	F	47	05:01:14	F40

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66	133	10	ELISABETE BORGES	BRAGUINHAS RUNNERS	F	41	05:01:15	F40
192	134	46	TIAGO MARTINS		M	41	05:05:06	M40
73	135	16	JOSE FONSECA	BRAGUINHAS RUNNERS	M	58	05:05:17	M50
96	136	47	JOSE FERNANDES		M	49	05:05:17	M40
95	137	11	BETA FERNANDES		F	42	05:05:17	F40
70	138	12	MANUELA MATIAS	BRAGUINHAS RUNNERS	F	44	05:05:17	F40
78	139	3	MA ENRIQUEZ	BUGALLAS MOBLES E VI	F	52	05:35:27	F50