

# Trail De Santa Catarina - 5ª Edição

Trail De Santa Catarina

Fama Runners

28 de Outubro

Chrono.pt

**Geral - 15km**



Pos.	Dor. Nome	Clube	Cat.	Pos. Cat.	Tempo	Km./h.	Diferencia
1	3675 carlos veloso veloso	airorun	V	1	1:20:03.92	11,24	
2	1554 Bruno Silva	Afa Cycles	V	2	1:23:32.86	10,77	0:03:29
3	3231 Marcelo Costa	Olimpico Vianense Trail	S	1	1:24:59.74	10,59	0:04:56
4	1064 Ricardo Carreira		S	2	1:25:46.01	10,49	0:05:42
5	5028 João Ferreira	airorun	S	3	1:26:02.75	10,46	0:05:59
6	1002 Ricardo Rodrigues		S	4	1:29:59.34	10,00	0:09:55
7	1535 Patrick Marques	F.S.L.	V	3	1:30:32.00	9,94	0:10:28
8	3209 Luís Freitas	airorun	S	5	1:31:07.87	9,88	0:11:04
9	1510 paulo pereira	DRAGON club	V	4	1:32:25.35	9,74	0:12:21
10	1086 Pedro Oliveira	Fama Runners	S	6	1:32:28.25	9,73	0:12:24
11	3600 Marco Rocha	DRAGON club	V	5	1:32:32.73	9,73	0:12:29
12	1540 Abilio Martins Almeida		V	6	1:32:39.54	9,71	0:12:36
13	3660 Duarte Barbosa		V	7	1:32:45.21	9,70	0:12:41
14	1048 Tiago Oliveira	UMFCA Warriors	S	7	1:33:53.50	9,59	0:13:50
15	1062 Hélder Ribeiro	airorun	S	8	1:35:09.31	9,46	0:15:05
16	1555 Raul Silva	ProFisio Team	V	8	1:36:49.10	9,30	0:16:45
17	3668 Miguel Machado	ProFisio Team	V	9	1:37:42.33	9,21	0:17:38
18	1039 Sérgio Pereira	ERMIDAFIT	S	9	1:38:06.31	9,17	0:18:02
19	3671 André Peixoto		V	10	1:38:24.48	9,15	0:18:20
20	3123 Sérgio Fernandes	Mouquim-Afacycles-Eugénios_Bargz	S	10	1:38:29.69	9,14	0:18:26
21	1013 Sérgio Monteiro	A.Cu.R.A. 4 Trail	S	11	1:39:15.10	9,07	0:19:11
22	1001 Felisberto Arcipreste		S	12	1:39:52.07	9,01	0:19:48
23	3626 José Costa		V	11	1:39:54.14	9,01	0:19:50
24	3009 Ricardo Oliveira		S	13	1:40:29.28	8,96	0:20:25
25	4044 Paulo Martins		V50	1	1:40:45.80	8,93	0:20:42
26	1012 Jose Dias	C.T.A.D.	V	12	1:40:58.81	8,91	0:20:55
27	3058 Marco Costa	Os passatempo	S	14	1:41:09.69	8,90	0:21:06
28	3029 nuno lemos	Clube atletismo fafe	S	15	1:41:17.71	8,89	0:21:14
29	1090 Daniel Sousa	Fama Runners	S	16	1:41:24.73	8,88	0:21:21
30	3060 Jesus cAMPOS	MOUTADOS TEAM	S	17	1:41:34.35	8,86	0:21:30
31	3546 Vitor Silva	Team Bodyline	V	13	1:41:36.94	8,86	0:21:33
32	3581 Hélder Borges	AFIPRE Team	V	14	1:41:42.95	8,85	0:21:39
33	3014 Marco Salgado		S	18	1:41:57.95	8,83	0:21:54
34	1037 Telma Duarte	ERMIDAFIT	SF	1	1:42:09.83	8,81	0:22:06
35	1038 Ricardo Pais	ERMIDAFIT	S	19	1:42:25.08	8,79	0:22:21
36	3672 MANUEL OLIVEIRA		V	15	1:43:33.24	8,69	0:23:29
37	4022 Fernando Martins		V50	2	1:43:55.95	8,66	0:23:52
38	3506 Nuno Carvalho	ATIB FinaBraga Running	V	16	1:43:57.73	8,66	0:23:54
39	3027 Bruno Mendes	A.Cu.R.A BTT	S	20	1:44:11.53	8,64	0:24:08
40	1094 Micael Guimarães		S	21	1:44:17.15	8,63	0:24:13
41	1551 Carlos Fernandes	FREZITE	V50	3	1:44:25.09	8,62	0:24:21
42	3162 Libório Vilela	Fisiojoane	S	22	1:44:37.96	8,60	0:24:34
43	1099 António Pedro Vieira	Fama Runners	S	23	1:45:06.72	8,56	0:25:03
44	3091 Luís Ribeiro	Bota&Siga	S	24	1:45:27.71	8,53	0:25:24
45	3167 Olinda Sá	Ptmiguelassis	SF	2	1:45:28.60	8,53	0:25:25
46	3171 Bruno Sampaio	HABcarpintaria	S	25	1:45:34.24	8,53	0:25:30
47	3110 Carlos Pinto	AFIPRE Team	S	26	1:45:38.04	8,52	0:25:34

48	3097	João Marques		S	27	1:45:44.31	8,51	0:25:40
49	3674	Dario Coelho		V	17	1:45:45.05	8,51	0:25:41
50	3104	Eduardo Xavier		S	28	1:45:48.57	8,51	0:25:45
51	3227	Tânia Salgado	Minho Aventura	SF	3	1:45:54.15	8,50	0:25:50
52	3256	Vítor Silva	Vimarunners	S	29	1:45:54.49	8,50	0:25:50
53	3188	Miguel Torres		S	30	1:46:28.42	8,45	0:26:24
54	1003	Cristiano Saldanha	Evolution trail team Amve	S	31	1:46:36.28	8,44	0:26:32
55	3164	Amaro Barbosa	Fisiojoane	S	32	1:46:46.10	8,43	0:26:42
56	3508	PAULO QUINTAS		V	18	1:46:53.48	8,42	0:26:49
57	3238	Diogo Madeira	Fama Runners	S	33	1:46:58.07	8,41	0:26:54
58	3585	jose pereira	airorun	V	19	1:47:41.05	8,36	0:27:37
59	3631	RICARDO LEMOS		V	20	1:47:50.54	8,35	0:27:47
60	3236	Sérgio Rego		S	34	1:48:18.58	8,31	0:28:15
61	1093	Jorge Pereira	ProFisio Team	S	35	1:48:37.76	8,29	0:28:34
62	3132	Rui Ferreira		S	36	1:48:38.40	8,28	0:28:34
63	3612	Gilberto Ribeiro	LMA Run Team	V	21	1:48:43.31	8,28	0:28:39
64	3066	Sandra Araújo	A.Cu.R.A. 4 Trail	SF	4	1:48:44.70	8,28	0:28:41
65	3172	Paulo Leça	Team Lantermil	S	37	1:48:49.36	8,27	0:28:45
66	3026	André Silva		S	38	1:49:19.05	8,23	0:29:15
67	1058	Jose Pereira	GTT - Armazém do Café	S	39	1:49:23.14	8,23	0:29:19
68	1544	Manuel Gomes	Fama Runners	V	22	1:49:48.74	8,20	0:29:45
69	4024	João Silva	DRAGON club	V50	4	1:50:06.37	8,17	0:30:02
70	3580	António Carvalho	AFIPRE Team	V	23	1:50:07.88	8,17	0:30:04
71	1059	Paulo Reis		S	40	1:50:53.57	8,12	0:30:50
72	1007	Paulo Gomes	A.Cu.R.A. 4 Trail	S	41	1:50:55.95	8,11	0:30:52
73	1014	João Machado	Squadra di Potenza	S	42	1:50:58.69	8,11	0:30:55
74	3515	Paulo Fernandes		V	24	1:50:59.37	8,11	0:30:55
75	1016	André Fraga		S	43	1:51:02.39	8,11	0:30:58
76	3163	Nélson Almeida	Fisiojoane	S	44	1:51:20.85	8,08	0:31:17
77	4006	JOSÉ COSTA	A. C. VERMOIM	V50	5	1:51:33.93	8,07	0:31:30
78	3056	Nuno Moreira		S	45	1:51:48.57	8,05	0:31:45
79	3073	Marco Paulo Andrade	AFIPRE Team	S	46	1:52:04.37	8,03	0:32:00
80	1068	Hugo Sampaio		S	47	1:52:12.21	8,02	0:32:08
81	3570	Carlos Alberto Sousa	MOUTADOS TEAM	V	25	1:52:31.59	8,00	0:32:28
82	3520	RICARDO CARVALHO	ATIB FinaBraga Running	V	26	1:52:59.93	7,97	0:32:56
83	3529	Miguel Machado	ATIB FinaBraga Running	V	27	1:53:00.21	7,96	0:32:56
84	3025	Nelson Mendes		S	48	1:53:10.57	7,95	0:33:07
85	3599	António Ferreira	DRAGON club	V	28	1:53:38.39	7,92	0:33:34
86	4004	Manuel Couto		V50	6	1:53:46.08	7,91	0:33:42
87	3229	RICARDO MOTA	Tesco Team Running	S	49	1:53:47.81	7,91	0:33:44
88	3071	Paulo César Gomes	Bota&Siga	S	50	1:53:57.84	7,90	0:33:54
89	3106	Fernando Pinto	AFIPRE Team	S	51	1:53:59.68	7,90	0:33:56
90	3502	Ricardo Vidal	LION RUNNERS - G.D. Leões da Gi	V	29	1:54:10.14	7,88	0:34:06
91	4027	Fernando Sousa		V50	7	1:54:16.18	7,88	0:34:12
92	3124	Daniel Oliveira	Airão Trail Team	S	52	1:54:34.41	7,86	0:34:30
93	3582	paulo abreu	AFIPRE Team	V	30	1:55:16.92	7,81	0:35:13
94	3138	Francisco Silva		S	53	1:55:18.97	7,81	0:35:15
95	1071	Rui Ferreira	Fama Runners	S	54	1:55:19.82	7,80	0:35:16
96	3131	Luís Gomes		S	55	1:55:30.56	7,79	0:35:27
97	3178	Sérgio Matos		S	56	1:55:32.30	7,79	0:35:28
98	4021	Antonio Rodrigues	AFIPRE Team	V50	8	1:55:35.90	7,79	0:35:32
99	3142	Diogo Oliveira	Os passatempo	S	57	1:55:41.40	7,78	0:35:37
100	3180	David Sousa	UMFCA Warriors	S	58	1:55:45.62	7,78	0:35:42
101	4005	JOAQUIM FERREIRA		V50	9	1:55:49.08	7,77	0:35:45
102	8007	João Dinis		S	59	1:55:55.00	7,76	0:35:51
103	3039	Ivo Fernandes		S	60	1:55:55.08	7,76	0:35:51
104	1017	Rogério Santos		S	61	1:55:55.83	7,76	0:35:52
105	1049	João Rodrigues		S	62	1:55:57.13	7,76	0:35:53
106	3601	Gloria Souto		VF	1	1:56:00.14	7,76	0:35:56

107	3509	Mário Coelho		V	31	1:56:16.28	7,74 0:36:12
108	3583	Eduardo Barbosa	Bota&Siga	V	32	1:56:22.07	7,73 0:36:18
109	1529	Amadeu Soares		V	33	1:56:27.39	7,73 0:36:23
110	3005	Mafalda Reis		SF	5	1:56:33.52	7,72 0:36:30
111	1035	Armando Silva	FREZITE	S	63	1:56:33.83	7,72 0:36:30
112	3022	Nuno Alves	Airão Trail Team	S	64	1:56:40.12	7,71 0:36:36
113	3608	Francisco Rua		V	34	1:56:41.78	7,71 0:36:38
114	1047	Pedro Ferreira	Airão Trail Team	S	65	1:57:29.47	7,66 0:37:25
115	3141	Nuno Meneses	VAMOS EQUIPE	S	66	1:58:01.42	7,63 0:37:57
116	3528	FILIPE RIBEIRO	A. C. VERMOIM	V	35	1:58:06.33	7,62 0:38:02
117	8006	Daniel Soareso		S	67	1:58:20.67	7,61 0:38:17
118	3057	Ariana Araújo	Minho Aventura	SF	6	1:58:23.53	7,60 0:38:20
119	1085	Filipe Oliveira	Fama Runners	S	68	1:58:33.70	7,59 0:38:30
120	3615	Luis Lucas	GTT - Armazém do Café	V	36	1:58:38.76	7,59 0:38:35
121	1006	Vasco faria	Evolution trail team Amve	S	69	1:58:41.41	7,58 0:38:37
122	3683	Rui Gonçalves		V	37	1:58:44.84	7,58 0:38:41
123	3682	Nuno Santos		V	38	1:59:01.17	7,56 0:38:57
124	3563	Mauela Freitas	OS ISABELINHAS	VF	2	1:59:02.66	7,56 0:38:59
125	3041	Nelson Araújo	Team Bodyline	S	70	1:59:08.26	7,55 0:39:04
126	4015	PAULO BRÁS	LION RUNNERS - G.D. Leões da Gi	V50	10	1:59:29.73	7,53 0:39:26
127	3242	Katheline Leterrier		SF	7	1:59:45.31	7,52 0:39:41
128	3202	Sérgio Louros	Fama Runners	S	71	1:59:51.31	7,51 0:39:47
129	1512	Casimiro Tavares	Amigos do Caneco	V50	11	1:59:55.00	7,51 0:39:51
130	1063	Luís Da Fonseca	A.Cu.R.A. 4 Trail	S	72	1:59:58.73	7,50 0:39:55
131	3572	TOZÉ Ls	DRAGON club	V	39	2:00:05.85	7,49 0:40:02
132	3072	Rui Telmo Gomes	Bota&Siga	S	73	2:00:08.05	7,49 0:40:04
133	3148	Martinho Sousa	Evolution trail team Amve	S	74	2:01:03.93	7,43 0:41:00
134	1518	André Castro		V	40	2:01:23.95	7,41 0:41:20
135	3249	Lucio Santos	Alive Runners	S	75	2:01:27.80	7,41 0:41:24
136	3237	Dominique Lima	Fama Runners	S	76	2:01:34.68	7,40 0:41:31
137	3540	pedro brizido		V	41	2:01:36.22	7,40 0:41:32
138	3523	Victor Almeida		V	42	2:01:53.86	7,38 0:41:50
139	3637	José Sotelo	Fisiojoane	V	43	2:02:21.35	7,36 0:42:17
140	3724	*****Dorsal 3724		??????		2:02:44.20	7,33 0:42:40
141	3095	Bruno Mimoso		S	77	2:02:46.83	7,33 0:42:43
142	3140	José Sousa		S	78	2:02:49.95	7,33 0:42:46
143	3145	Flávio Sampaio		S	79	2:03:40.48	7,28 0:43:36
144	3248	Marco Silva	Alive Runners	S	80	2:03:45.63	7,27 0:43:42
145	3016	Roberto Silva		S	81	2:03:53.28	7,26 0:43:49
146	3505	Paulo Marques	Amigos Ponto Final	V	44	2:03:53.92	7,26 0:43:50
147	3667	Miguel Mendes	ARC Vale São Cosme	V	45	2:03:57.46	7,26 0:43:53
148	1057	Helder Faria	Amigos da Onça	S	82	2:03:57.60	7,26 0:43:54
149	3220	Ricardo Seara	ARC Vale São Cosme	S	83	2:03:59.80	7,26 0:43:56
150	3078	Pedro Cerqueira		S	84	2:03:59.98	7,26 0:43:56
151	3092	Daniel Costa	FITNESS SMILE	S	85	2:04:01.07	7,26 0:43:57
152	3081	Ângela Salgado	Os Santa Apolonia	SF	8	2:04:05.46	7,25 0:44:01
153	3030	Duarte Araújo		S	86	2:04:12.07	7,25 0:44:08
154	3111	Bruno Saldanha	PAPAMILHAS	S	87	2:04:39.37	7,22 0:44:35
155	3082	daniel ferreira		S	88	2:04:39.54	7,22 0:44:36
156	3194	Diogo Costa	Fama Runners	S	89	2:04:46.12	7,21 0:44:42
157	1081	Daniel Vieira	Fama Runners	S	90	2:04:46.13	7,21 0:44:42
158	3230	FABIO MATOS	Tesco Team Running	S	91	2:04:53.07	7,21 0:44:49
159	1043	Rita Cruz	BeFitness Runners	SF	9	2:04:54.94	7,21 0:44:51
160	3527	FRANCISCO MIRANDA	A. C. VERMOIM	V	46	2:04:55.37	7,20 0:44:51
161	3193	António Pinto	Fama Runners	S	92	2:05:03.97	7,20 0:45:00
162	3603	Artur Couto	PAPAMILHAS	V	47	2:05:21.65	7,18 0:45:18
163	3198	Joaquim Lopes	Fama Runners	S	93	2:05:22.07	7,18 0:45:18
164	3190	Rafael Costa	Fama Runners	S	94	2:05:24.79	7,18 0:45:21
165	3102	Claudio Oliveira		S	95	2:05:35.27	7,17 0:45:31

166	3538	Armando Fernandes		V	48	2:05:40.71	7,16 0:45:37
167	1015	Rui Goncalves	GTT - Armazém do Café	S	96	2:05:47.65	7,16 0:45:44
168	3597	David Barros		V	49	2:05:57.43	7,15 0:45:53
169	1005	Bruno Silva	Evolution trail team Amve	S	97	2:06:00.12	7,14 0:45:56
170	1089	Tomé Batista	Fama Runners	S	98	2:06:02.74	7,14 0:45:59
171	1027	Ricardo Maia	FREZITE	S	99	2:06:07.75	7,14 0:46:04
172	3246	Helder Martins	Alive Runners	S	100	2:06:07.79	7,14 0:46:04
173	3130	Ricardo Novais		S	101	2:06:14.96	7,13 0:46:11
174	3182	Lúcia Dias		SF	10	2:06:16.06	7,13 0:46:12
175	3001	Ricardo Alves	Sports&cycling	S	102	2:06:16.52	7,13 0:46:13
176	3065	Cristina Oliveira		SF	11	2:06:47.30	7,10 0:46:43
177	3554	Ricardo Ceia		V	50	2:07:47.08	7,04 0:47:43
178	3646	Mário Oliveira	Ronfe a Correr	V	51	2:07:51.54	7,04 0:47:48
179	3241	Rúben Lima	A D ESMERIZ RUNNING	S	103	2:08:11.92	7,02 0:48:08
180	3214	MaRio Costa	ProFisio Team	S	104	2:08:12.59	7,02 0:48:09
181	3088	Marco Correia	Amigos das Cubas	S	105	2:08:14.10	7,02 0:48:10
182	3087	Nuno Martins	Amigos das Cubas	S	106	2:08:14.52	7,02 0:48:11
183	3244	Rui Sousa	Alive Runners	S	107	2:08:14.77	7,02 0:48:11
184	3062	José Dinis	MOUTADOS TEAM	S	108	2:08:14.78	7,02 0:48:11
185	3020	Pedro Sá		S	109	2:08:26.00	7,01 0:48:22
186	3586	deolinda faria	airorun	VF	3	2:08:34.23	7,00 0:48:30
187	4013	Júlio Ferreira	InsanOs	V50	12	2:08:36.23	7,00 0:48:32
188	4501	Alberto Sá	InsanOs	V50	13	2:08:37.35	7,00 0:48:33
189	3240	Alexandre Rodrigues		S	110	2:08:38.38	7,00 0:48:34
190	3003	Pedro Araújo	Pedro Araújo	S	111	2:08:39.43	7,00 0:48:35
191	3023	Jorge Fernandes		S	112	2:08:39.77	7,00 0:48:36
192	3216	Rui Bezerra	ProFisio Team	S	113	2:08:40.39	6,99 0:48:36
193	3518	Paulo Gil		V	52	2:08:41.97	6,99 0:48:38
194	4012	JOAQUIM MARQUES	InsanOs	V50	14	2:08:42.94	6,99 0:48:39
195	3605	José Pedro Teixeira		V	53	2:08:43.70	6,99 0:48:40
196	3544	Carlos Ribeiro	Team Bodyline	V	54	2:08:44.87	6,99 0:48:41
197	1504	António Gomes	A.Cu.R.A. 4 Trail	V	55	2:08:46.46	6,99 0:48:42
198	3545	Paulo Carneiro	Team Bodyline	V	56	2:08:53.68	6,98 0:48:50
199	1559	José Silva		V	57	2:08:55.27	6,98 0:48:51
200	3013	Nelson Andrade		S	114	2:09:09.36	6,97 0:49:05
201	3189	Fátima Oliveira		SF	12	2:09:09.67	6,97 0:49:06
202	3233	Valter Sousa	FITNESS SMILE	S	115	2:09:10.68	6,97 0:49:07
203	3042	Isabel Oliveira	Team Bodyline	SF	13	2:09:21.84	6,96 0:49:18
204	5011	Cesar Lobo		V	58	2:09:35.00	6,95 0:49:31
205	4041	Goreti Sousa	ProFisio Team	VF50	1	2:09:35.33	6,95 0:49:31
206	3525	Paulo Hernâni Moreira		V	59	2:09:40.04	6,94 0:49:36
207	3584	Carlos Ribeiro	Bota&Siga	V	60	2:09:44.90	6,94 0:49:41
208	3513	Ivone Ferreira		VF	4	2:10:01.58	6,92 0:49:58
209	3551	Luis Silva		V	61	2:10:06.11	6,92 0:50:02
210	3208	Artur Vilas Boas		S	116	2:10:30.93	6,90 0:50:27
211	3033	Daniel Oliveira		S	117	2:10:31.60	6,90 0:50:28
212	3559	Pedro Lima		V	62	2:11:07.71	6,86 0:51:04
213	1097	Pedro Oliveira	Fama Runners	S	118	2:11:42.25	6,83 0:51:38
214	3177	Rui Bezerra		S	119	2:11:43.79	6,83 0:51:40
215	3213	Sandra Leite	ProFisio Team	SF	14	2:11:50.69	6,83 0:51:47
216	1546	Rosa Vilhena	Fama Runners	VF50	2	2:12:12.85	6,81 0:52:09
217	3536	João Paulo Gonçalves	ATIB FinaBraga Running	V	63	2:12:16.54	6,80 0:52:13
218	3052	Tiago Campos		S	120	2:12:47.99	6,78 0:52:44
219	1536	Jorge Vale	Fama Runners	V50	15	2:12:49.96	6,78 0:52:46
220	3086	Joao Campos	Os passatempo	S	121	2:12:50.94	6,78 0:52:47
221	3622	Vítor Araújo		V	64	2:12:53.29	6,77 0:52:49
222	3725	*****Dorsal 3725		?????		2:12:53.47	6,77 0:52:49
223	4014	Avelino Sousa	Tartarugas do Asfalto	V50	16	2:12:58.91	6,77 0:52:55
224	1505	Pedro rocha		V50	17	2:12:58.98	6,77 0:52:55

225	2002 Paulo Oliveira	Minho Aventura	S	122	2:13:19.34	6,75 0:53:15
226	3217 SoFia Simões	ProFisio Team	SF	15	2:13:28.17	6,74 0:53:24
227	1558 Paulo Moura	ProFisio Team	V	65	2:13:28.33	6,74 0:53:24
228	1556 Narciso Machado	ProFisio Team	V50	18	2:13:35.49	6,74 0:53:31
229	3247 Manuel Faria	Alive Runners	S	123	2:13:37.09	6,74 0:53:33
230	3507 José Ribeiro		V	66	2:13:49.45	6,73 0:53:45
231	3100 Lili Santos	DRAGON club	SF	16	2:13:51.38	6,72 0:53:47
232	3521 César Costa		V	67	2:13:55.22	6,72 0:53:51
233	3040 Francisco Duarte	New Cycle Team - Ncteam Btt	S	124	2:13:58.60	6,72 0:53:55
234	3207 Pedro Maciel	DRAGON club	S	125	2:14:11.60	6,71 0:54:08
235	1072 José Meira	Fama Runners	S	126	2:14:28.78	6,69 0:54:25
236	1041 André Costa	BeFitness Runners	S	127	2:14:33.61	6,69 0:54:30
237	1040 Helena Castro	BeFitness Runners	SF	17	2:14:36.75	6,69 0:54:33
238	1029 João Rebelo	FREZITE	S	128	2:14:42.06	6,68 0:54:38
239	1008 Vasco Guimarães	Fama Runners	S	129	2:14:43.32	6,68 0:54:39
240	4037 Artur Morais		V50	19	2:14:50.24	6,67 0:54:46
241	3021 Alexandre Fernandes		S	130	2:14:51.42	6,67 0:54:47
242	3635 Isabel Araújo	FIT CLUBE ATC	VF	5	2:15:00.03	6,67 0:54:56
243	3195 Lúgia Santos	Fama Runners	SF	18	2:15:00.05	6,67 0:54:56
244	3630 Vítor Magalhães	FIT CLUBE ATC	V	68	2:15:04.02	6,66 0:55:00
245	3144 Silvia Rafael		SF	19	2:15:08.89	6,66 0:55:05
246	3627 Filipe Pereira		V	69	2:15:12.76	6,66 0:55:09
247	3050 Márcia Ferreira	Geofriends	SF	20	2:15:12.93	6,66 0:55:09
248	3184 RICARDO MENDES	BAREJO TEAM	S	131	2:15:18.56	6,65 0:55:15
249	4007 Gaspar Oliveira	ATIB FinaBraga Running	V50	20	2:15:26.38	6,65 0:55:22
250	3532 Nuno Cunha	ATIB FinaBraga Running	V	70	2:15:26.63	6,65 0:55:23
251	3150 Francisco Rodrigues	Os passatempo	S	132	2:15:28.87	6,64 0:55:25
252	1523 Silvério Pereira	ERMIDAFIT	V	71	2:15:33.49	6,64 0:55:29
253	4507 Joaquim Carvalho	Celtic challenge	V50	21	2:15:34.73	6,64 0:55:31
254	3075 André Fernandes	Arroteia	S	133	2:15:35.70	6,64 0:55:32
255	3504 Joaquim Pinheiro	Amigos Ponto Final	V	72	2:15:42.17	6,63 0:55:38
256	3617 Osvaldo Azevedo		V	73	2:15:52.29	6,62 0:55:48
257	3252 Bruno Baltasar		S	134	2:15:53.18	6,62 0:55:49
258	3624 Cristina Oliveira		VF	6	2:15:55.86	6,62 0:55:52
259	3623 João Oliveira		V	74	2:15:58.20	6,62 0:55:54
260	3181 Daniel Moreira	FIT CLUBE ATC	S	135	2:16:47.74	6,58 0:56:44
261	3510 Xico Faria		V	75	2:16:51.10	6,58 0:56:47
262	3156 Daniela Vilas Boas	DRAGON club	SF	21	2:16:52.54	6,58 0:56:49
263	3596 Hilário Ribeiro	Biclasfriends	V	76	2:17:21.77	6,55 0:57:18
264	7009 Francisco Machado		S	136	2:17:37.54	6,54 0:57:34
265	3054 Ivo Sampaio		S	137	2:17:42.88	6,54 0:57:39
266	4039 Antonio Coelho		V50	22	2:17:46.35	6,53 0:57:42
267	1506 Paula Sá	Online Team	VF	7	2:17:48.73	6,53 0:57:45
268	3648 Eduardo Nascimento		V	77	2:18:03.66	6,52 0:58:00
269	3251 Cristiana Lagoa	Alive Runners	SF	22	2:18:11.38	6,51 0:58:07
270	1030 Rafael Silva	FREZITE	S	138	2:18:25.47	6,50 0:58:21
271	1034 José Gonçalves	FREZITE	S	139	2:18:26.99	6,50 0:58:23
272	3068 Márcia Junqueira		SF	23	2:18:32.46	6,50 0:58:28
273	3089 Vítor Martins	runordie	S	140	2:18:55.02	6,48 0:58:51
274	4042 Rosa Araújo		VF50	3	2:19:00.95	6,47 0:58:57
275	3550 Rui Vilaça		V	78	2:19:12.08	6,47 0:59:08
276	3090 Filipe Leão	runordie	S	141	2:19:13.94	6,46 0:59:10
277	3083 Vítor Silva		S	142	2:19:15.91	6,46 0:59:12
278	1552 José Carneiro	Fama Runners	V50	23	2:19:18.69	6,46 0:59:15
279	3176 Cecília Vieira	Bikermania	SF	24	2:19:52.68	6,43 0:59:49
280	3166 Marta Peixoto	Fisiojoane	SF	25	2:19:53.73	6,43 0:59:50
281	1028 Anibal Cunha	FREZITE	S	143	2:20:07.25	6,42 1:00:03
282	1060 Paulo Laranjo		S	144	2:20:43.85	6,40 1:00:40
283	3002 Hélder Neves	Vila do Conde Running	S	145	2:21:01.40	6,38 1:00:57

284	3610 Rogério Abreu		V	79	2:21:19.78	6,37	1:01:16
285	3534 Jaime Paulo	Jorge Oculista Running Team	V	80	2:21:21.44	6,37	1:01:17
286	3116 Vitor Costa		S	146	2:21:24.43	6,36	1:01:20
287	3678 João Batista	Alive Runners	V	81	2:21:25.42	6,36	1:01:21
288	3045 Celia Cunha		SF	26	2:22:14.42	6,33	1:02:10
289	4017 alexandre pereira	Pereiras	V50	24	2:22:19.28	6,32	1:02:15
290	3643 Sara Capilupi		VF	8	2:22:19.40	6,32	1:02:15
291	3234 Carlos Carneiro		S	147	2:22:25.09	6,32	1:02:21
292	3031 bruno fontao		S	148	2:22:25.45	6,32	1:02:21
293	3076 João Oliveira	Arroteia	S	149	2:22:38.09	6,31	1:02:34
294	3077 Tiago Fernandes	Arroteia	S	150	2:22:42.76	6,31	1:02:39
295	3673 Clara Rua		VF	9	2:22:52.68	6,30	1:02:49
296	3634 Paula Oliveira	Go-Fama	VF	10	2:22:55.29	6,30	1:02:51
297	3173 Rui Costa		S	151	2:23:01.08	6,29	1:02:57
298	3191 Marco Ferreira	Zupper	S	152	2:23:05.61	6,29	1:03:02
299	4046 Dulce Ribeiro	Alive Runners	VF50	4	2:23:06.30	6,29	1:03:02
300	3598 Helena Gomes		VF	11	2:23:07.37	6,29	1:03:03
301	3080 Catarina Maria Pereira Dias		SF	27	2:23:11.17	6,29	1:03:07
302	3085 Artur Bonfim		S	153	2:23:12.73	6,28	1:03:09
303	1514 Luís Rodrigues		V	82	2:23:24.14	6,28	1:03:20
304	3250 Raimundo Dias	Alive Runners	S	154	2:23:42.37	6,26	1:03:38
305	3215 Armando Marques	ProFisio Team	S	155	2:23:42.43	6,26	1:03:38
306	3228 Filipe Fernandes		S	156	2:23:42.64	6,26	1:03:39
307	3225 Rui Alves		S	157	2:23:44.49	6,26	1:03:40
308	3186 Paulo Alves		S	158	2:23:46.15	6,26	1:03:42
309	3024 Ricardo Duarte		S	159	2:24:04.74	6,25	1:04:01
310	4016 José Pereira	Runners_HP_Boavista	V50	25	2:24:05.00	6,25	1:04:01
311	3015 Hugo Ferreira		S	160	2:24:05.38	6,25	1:04:01
312	3611 Manuel Araujo	Airão Trail Team	V	83	2:24:10.36	6,24	1:04:06
313	3578 Marco Barbosa		V	84	2:24:31.17	6,23	1:04:27
314	3232 NUNO FELGUEIRAS	ProFisio Team	S	161	2:24:45.80	6,22	1:04:42
315	3222 António Costa	ARC Vale São Cosme	S	162	2:24:52.08	6,21	1:04:48
316	1066 mario vilaca		S	163	2:24:54.50	6,21	1:04:51
317	3218 Bruno Oliveira	ARC Vale São Cosme	S	164	2:24:55.67	6,21	1:04:52
318	1065 BRUNO VASCONCELOS		S	165	2:24:57.21	6,21	1:04:53
319	3628 António Ferreira	Jorge Oculista Running Team	V	85	2:25:04.96	6,20	1:05:01
320	3174 João Soares		S	166	2:25:37.74	6,18	1:05:34
321	3152 José Lopes	Team Devesa	S	167	2:25:39.89	6,18	1:05:36
322	3149 Paulo Ribeiro	Team Devesa	S	168	2:25:41.02	6,18	1:05:37
323	1061 Rui Costa	A.Cu.R.A. 4 Trail	S	169	2:25:43.41	6,18	1:05:39
324	1070 Filipe Fonseca	Fama Runners	S	170	2:25:51.70	6,17	1:05:48
325	1069 Inês Matos	Fama Runners	SF	28	2:25:52.29	6,17	1:05:48
326	3197 Helder Costa	Fama Runners	S	171	2:25:52.29	6,17	1:05:48
327	3034 Xavier Soares		S	172	2:26:19.77	6,15	1:06:16
328	1522 Anabela Gonçalves	ERMIDAFIT	VF	12	2:26:38.25	6,14	1:06:34
329	3047 Francisco Lemos		S	173	2:26:38.58	6,14	1:06:35
330	3192 Casimiro Cunha	VAMOS EQUIPE	S	174	2:26:43.00	6,13	1:06:39
331	3175 Pedro Miguel Teixeira	Runners_HP_Boavista	S	175	2:26:43.61	6,13	1:06:40
332	3035 Carlos Silva		S	176	2:26:56.81	6,13	1:06:53
333	3670 Vitor Martins		V	86	2:27:00.15	6,12	1:06:56
334	1004 Hugo Peixoto	Evolution trail team Amve	S	177	2:27:03.39	6,12	1:06:59
335	3579 Pedro Roseta		V	87	2:27:04.25	6,12	1:07:00
336	3618 António Jesus		V	88	2:27:21.42	6,11	1:07:17
337	3530 Carlos Borges	ATIB FinaBraga Running	V	89	2:27:50.76	6,09	1:07:47
338	3526 João Riço	ATIB FinaBraga Running	V	90	2:27:51.32	6,09	1:07:47
339	1531 Pedro Dinis	A2D Running	V	91	2:27:51.58	6,09	1:07:48
340	3160 Pedro Catarino		S	178	2:27:52.72	6,09	1:07:49
341	3161 Helder Catarino		S	179	2:27:52.88	6,09	1:07:49
342	3548 Márcia Ferreira	MaiaCrossTeam	VF	13	2:27:54.07	6,09	1:07:50

343	3625 Jorge Soares		V	92	2:27:59.40	6,08	1:07:55
344	1508 Lucas Vilela		V	93	2:28:03.24	6,08	1:07:59
345	3139 Fátima Magalhães		SF	29	2:28:04.56	6,08	1:08:01
346	3547 Sandra Santos	PAPAMILHAS	VF	14	2:28:12.96	6,07	1:08:09
347	3604 paula Couto	PAPAMILHAS	V	94	2:28:15.64	6,07	1:08:12
348	3243 André Reis		S	180	2:28:28.54	6,06	1:08:25
349	3196 Sandra Pinto	Fama Runners	SF	30	2:28:32.47	6,06	1:08:28
350	4508 José Carlos Figueiredo	Fama Runners	V50	26	2:28:34.77	6,06	1:08:31
351	3569 David Rodrigues	MOUTADOS TEAM	V	95	2:29:12.44	6,03	1:09:08
352	3061 Sérgio Sousa	MOUTADOS TEAM	S	181	2:29:13.29	6,03	1:09:09
353	3044 Jorge Araújo		S	182	2:29:28.29	6,02	1:09:24
354	4028 Fernando Lopes	Biclasfriends	V50	27	2:29:31.98	6,02	1:09:28
355	4026 Antero Moreira	Biclasfriends	V50	28	2:29:32.42	6,02	1:09:28
356	3084 Carlos Palma		S	183	2:29:48.89	6,01	1:09:45
357	3723 *****Dorsal 3723		?????		2:29:52.79	6,01	1:09:49
358	3006 Sergio Torre		S	184	2:30:01.30	6,00	1:09:57
359	3115 Luis Barbosa		S	185	2:30:16.90	5,99	1:10:13
360	3107 Aurélio Pinto	AFIPRE Team	S	186	2:30:47.19	5,97	1:10:43
361	3253 Diogo Coelho		S	187	2:30:52.13	5,97	1:10:48
362	3007 Eduarda Barros		SF	31	2:31:17.42	5,95	1:11:13
363	1503 Sergio Oliveira		V	96	2:31:38.21	5,94	1:11:34
364	3549 Joaquim Carvalho		V	97	2:32:04.26	5,92	1:12:00
365	3151 José Sousa	Os passatempo	S	188	2:32:10.17	5,91	1:12:06
366	3121 Maria José Alves	Evolution trail team Amve	SF	32	2:32:24.62	5,91	1:12:21
367	3122 Carla Pinto	Evolution trail team Amve	SF	33	2:32:24.81	5,91	1:12:21
368	3101 SALETE OLIVEIRA		SF	34	2:32:26.49	5,90	1:12:22
369	3133 Joana Alves	Na boa	SF	35	2:32:32.52	5,90	1:12:29
370	3664 Ana Carneiro	Minho Aventura	VF	15	2:32:37.43	5,90	1:12:33
371	3113 Rafaela Raposo		SF	36	2:32:42.82	5,89	1:12:39
372	3677 Carlos Vale	VidaActiva	V	98	2:32:46.72	5,89	1:12:43
373	3662 Joaquim Pimenta	Vidativa runners	V	99	2:32:50.47	5,89	1:12:46
374	1524 João Carlos Gomes		V	100	2:32:51.69	5,89	1:12:48
375	4019 paulo pereira		V50	29	2:33:00.44	5,88	1:12:56
376	3063 Nelson Oliveira		S	189	2:33:03.60	5,88	1:13:00
377	3666 Elsa Moreira	ProFisio Team	VF	16	2:33:16.19	5,87	1:13:12
378	3212 Teresa Oliveira	ProFisio Team	SF	37	2:33:19.67	5,87	1:13:16
379	3219 Rui Vaz	ProFisio Team	S	190	2:33:19.68	5,87	1:13:16
380	3159 Telmo Freitas	Jorge Oculista Running Team	S	191	2:33:46.03	5,85	1:13:42
381	4033 MÁRIO SOARES	LION RUNNERS - G.D. Leões da Gi	V50	30	2:34:20.00	5,83	1:14:16
382	3575 Rui Martins	EAT-Escola de Atletismo da Trofa	V	101	2:34:20.95	5,83	1:14:17
383	4031 Maria Ricardo	LION RUNNERS - G.D. Leões da Gi	VF50	5	2:34:21.51	5,83	1:14:18
384	3134 filipa costa		SF	38	2:34:24.37	5,83	1:14:20
385	1025 Ricardo Amorim	FREZITE	S	192	2:34:59.49	5,81	1:14:55
386	1020 Liliana Gomes		SF	39	2:35:01.13	5,81	1:14:57
387	3638 Alfredo Machado	Fisiojoane	V	102	2:35:11.24	5,80	1:15:07
388	8003 *****Dorsal 8003		?????		2:35:32.25	5,79	1:15:28
389	1537 Margarida Pinto	Fama Runners	VF	17	2:35:36.16	5,78	1:15:32
390	3639 Carla Mendes	Fisiojoane	VF	18	2:35:36.24	5,78	1:15:32
391	3165 Cristina Simoes	Fisiojoane	VF	19	2:35:37.10	5,78	1:15:33
392	3064 Tiago Dias	Team Lantemil	S	193	2:35:40.84	5,78	1:15:37
393	3125 Luciana Ribeiro	Airão Trail Team	SF	40	2:35:41.28	5,78	1:15:37
394	3126 Sandra Vidal	Airão Trail Team	SF	41	2:35:41.80	5,78	1:15:38
395	3665 armindo carvalho		V	103	2:35:51.65	5,77	1:15:48
396	3680 Maria Pereira	Mouquim-Afacycles-Eugénios_Bargz	VF	20	2:36:04.67	5,77	1:16:01
397	4030 Manuel Sampaio		V50	31	2:36:13.85	5,76	1:16:10
398	3200 Marta Oliveira		SF	42	2:37:10.68	5,73	1:17:07
399	3146 Marina Martins		SF	43	2:37:10.72	5,73	1:17:07
400	3571 Conceicao VilasBoas		VF	21	2:37:13.47	5,72	1:17:09
401	4011 Maria José Seara	Team Bodyline	VF50	6	2:37:31.97	5,71	1:17:28

402	3607 Nuno Silva		V	104	2:37:39.37	5,71 1:17:35
403	1545 Paula Ribeiro	Fama Runners	VF	22	2:38:18.72	5,69 1:18:15
404	3043 Bruno Alves	InsanOs	S	194	2:38:20.57	5,68 1:18:17
405	4025 Maria Silva	DRAGON club	VF50	7	2:38:37.37	5,67 1:18:33
406	3636 SANDRA RAIMUNDO		VF	23	2:38:40.33	5,67 1:18:36
407	3519 Paulo Sousa	Team Shark	V	105	2:38:57.55	5,66 1:18:54
408	4029 Fernando Martins	Biclasfriends	V50	32	2:40:13.31	5,62 1:20:09
409	3535 Francisco Silva	Biclasfriends	V	106	2:40:14.03	5,62 1:20:10
410	1095 Vitor Santos		S	195	2:40:21.86	5,61 1:20:18
411	3517 Fernando Mendes	Team Shark	V	107	2:40:24.86	5,61 1:20:21
412	3019 claudia Lopes	Team Shark	SF	44	2:40:24.91	5,61 1:20:21
413	3663 Alexandra Fernandes	Guimarunnig Moscada	VF	24	2:40:24.97	5,61 1:20:21
414	3119 Marcia Sousa	Guimarunnig Moscada	SF	45	2:40:26.02	5,61 1:20:22
415	3037 Mara Silva	Guimaruning	SF	46	2:40:28.58	5,61 1:20:25
416	3118 Luísa Araújo	Guimarunnig Moscada	SF	47	2:40:29.59	5,61 1:20:26
417	3655 Paulo Araújo Carvalho	Fama Runners	V	108	2:40:36.18	5,60 1:20:32
418	3539 isidro silva		V	109	2:40:37.14	5,60 1:20:33
419	3501 Laurinda Martins	Apúlia a correr	VF	25	2:40:49.42	5,60 1:20:45
420	3644 Carlos Gonçalves		V	110	2:40:58.19	5,59 1:20:54
421	1542 Mário Cunha	Go-Fama	V	111	2:41:03.77	5,59 1:21:00
422	3201 Pedro Costa		S	196	2:41:05.37	5,59 1:21:01
423	3032 Ana Moura		SF	48	2:41:08.36	5,59 1:21:04
424	3096 Rui Monteiro		S	197	2:41:09.26	5,58 1:21:05
425	1009 Zé Casanova	Puxa e Empurra	S	198	2:41:13.24	5,58 1:21:09
426	4032 Joaquim Silva	MaiaCrossTeam	V50	33	2:41:16.65	5,58 1:21:13
427	3565 Ricardo Guimarães		V	112	2:42:11.66	5,55 1:22:08
428	3567 Pedro Oliveira		V	113	2:42:23.47	5,54 1:22:19
429	3647 JOSE MENDES	BAREJO TEAM	V	114	2:42:29.69	5,54 1:22:26
430	3183 SILVIA PEREIRA	BAREJO TEAM	SF	49	2:42:30.27	5,54 1:22:26
431	3629 Cristina Guimarães	FIT CLUBE ATC	VF	26	2:42:30.81	5,54 1:22:27
432	3533 Paulo Duarte		V	115	2:42:33.67	5,54 1:22:30
433	3223 Patrícia Machado	AfrikanRunners	SF	50	2:43:02.33	5,52 1:22:58
434	8001 *****Dorsal 8001		??????		2:43:07.82	5,52 1:23:04
435	3588 Albino Couto		V	116	2:43:09.88	5,52 1:23:06
436	3609 Celeste Ramos	A D ESMERIZ RUNNING	VF	27	2:43:21.17	5,51 1:23:17
437	4002 ANTONIO OLIVEIRA	Online Team	V50	34	2:43:22.26	5,51 1:23:18
438	3632 CRISTINA FREITAS		VF	28	2:43:22.46	5,51 1:23:18
439	4036 Maria de Lurdes	Celtic challenge	VF50	8	2:43:23.07	5,51 1:23:19
440	3094 Carlos Carvalho		S	199	2:43:25.05	5,51 1:23:21
441	3594 Carlos Fernandes		V	117	2:43:25.19	5,51 1:23:21
442	3595 Carla Fernandes		VF	29	2:43:26.22	5,51 1:23:22
443	3017 Sara Silva		SF	51	2:43:26.94	5,51 1:23:23
444	3577 Sónia Neves		VF	30	2:43:27.60	5,51 1:23:24
445	3576 Gabriel Ferreira		V	118	2:43:28.02	5,51 1:23:24
446	3018 Filipe Silva		S	200	2:43:35.65	5,50 1:23:32
447	1010 Pedro Gonçalves	Evolution trail team Amve	S	201	2:43:52.17	5,49 1:23:48
448	3098 José Carvalho	Travassós Running Fafe	S	202	2:43:52.28	5,49 1:23:48
449	3099 Hélder Pereira	Travassós running	S	203	2:43:52.45	5,49 1:23:48
450	4001 MARIA ALEXANDRINA M	Online Team	V50	35	2:44:03.05	5,49 1:23:59
451	4003 Fernanda Macedo	Online Team	VF50	9	2:44:12.58	5,48 1:24:09
452	3055 Daniel Torres	ACV	S	204	2:44:26.93	5,47 1:24:23
453	3070 Ricardo Nicolau	A D ESMERIZ RUNNING	S	205	2:45:33.34	5,44 1:25:29
454	3561 Angela Moniz		VF	31	2:45:44.39	5,43 1:25:40
455	3542 Natália Alves	Na boa	VF	32	2:46:30.69	5,41 1:26:27
456	3681 Carla Teixeira	FIT CLUBE ATC	VF	33	2:47:25.93	5,38 1:27:22
457	3641 Manuela Cadilhe	FIT CLUBE ATC	VF	34	2:47:26.44	5,38 1:27:22
458	3649 Teresa Correia		VF	35	2:47:47.45	5,36 1:27:43
459	3650 António José Sá		V	119	2:47:48.22	5,36 1:27:44
460	3679 Gélío Marques	Maximus Team Braga	V	120	2:47:57.23	5,36 1:27:53

461	4045	Manuela Ribeiro	Alive Runners	VF50	10	2:47:59.00	5,36	1:27:55
462	3059	Silvia Barbosa		SF	52	2:47:59.99	5,36	1:27:56
463	3564	Antonio Barbosa		V	121	2:48:00.31	5,36	1:27:56
464	3147	Paula Fernandes	FIT CLUBE ATC	SF	53	2:48:03.57	5,36	1:28:00
465	3656	Ricardo Correia		V	122	2:48:04.42	5,36	1:28:00
466	3556	Dina Gonçalves	LION RUNNERS - G.D. Leões da Gi	VF	36	2:48:46.72	5,33	1:28:43
467	3568	Isabel Pinto	LION RUNNERS - G.D. Leões da Gi	VF	37	2:48:48.06	5,33	1:28:44
468	3552	Pedro Gaio	LION RUNNERS - G.D. Leões da Gi	V	123	2:48:48.96	5,33	1:28:45
469	1096	Ana Amorim	A2D Running	SF	54	2:48:49.02	5,33	1:28:45
470	3048	Celso Oliveira	LION RUNNERS - G.D. Leões da Gi	S	206	2:48:49.62	5,33	1:28:46
471	3553	Miguel Beirão	LION RUNNERS - G.D. Leões da Gi	V	124	2:48:50.81	5,33	1:28:47
472	1502	Ricardo Pimenta		V	125	2:49:21.57	5,31	1:29:18
473	1530	Rui M. Costa	A2D Running	V	126	2:49:32.74	5,31	1:29:29
474	3187	Maria Rosa	saozita	SF	55	2:49:32.90	5,31	1:29:29
475	3049	Mafalda Duro	Geofriends	SF	56	2:49:52.95	5,30	1:29:49
476	3619	Teresa Ribeiro		VF	38	2:50:59.76	5,26	1:30:56
477	3074	Marta Coto		SF	57	2:51:04.62	5,26	1:31:01
478	4034	Pedro Fontes	Jorge Oculista Running Team	V50	36	2:51:15.74	5,26	1:31:12
479	3170	Joana Costa	HABcarpintaria	SF	58	2:51:54.27	5,24	1:31:50
480	3589	Carla Sofia Campos		VF	39	2:52:14.71	5,23	1:32:11
481	3591	Joaquim Costa		V	127	2:52:18.86	5,22	1:32:15
482	3143	Cláudia Novais		SF	59	2:52:19.43	5,22	1:32:15
483	3555	Paulo Ribeiro	LION RUNNERS - G.D. Leões da Gi	V	128	2:54:27.00	5,16	1:34:23
484	3557	Miguel Fonseca	LION RUNNERS - G.D. Leões da Gi	V	129	2:54:27.80	5,16	1:34:24
485	3179	HUGO CARVALHO	Metralhas Runners	S	207	2:55:03.57	5,14	1:35:00
486	4038	Artur Saraiva	Metralhas Runners	V50	37	2:55:04.04	5,14	1:35:00
487	3645	SÓNIA SAMPAIO	Metralhas Runners	VF	40	2:55:07.61	5,14	1:35:04
488	3669	Miguela Monteiro	AfrikanRunners	VF	41	2:55:20.29	5,13	1:35:16
489	3574	Goreti Sá	EAT-Escola de Atletismo da Trofa	VF	42	2:55:23.15	5,13	1:35:19
490	3079	Vitor Pimenta		S	208	2:55:43.89	5,12	1:35:40
491	3640	JULIA BALTAZAR		VF	43	2:55:49.20	5,12	1:35:45
492	1511	LUIZ BLANQUET		V50	38	2:57:47.40	5,06	1:37:43
493	1519	Rosa Fontes	ERMIDAFIT	VF	44	2:58:30.81	5,04	1:38:27
494	3168	Marlene Araújo	FIT CLUBE ATC	SF	60	2:58:33.63	5,04	1:38:30
495	3562	Diana Moura		VF	45	2:58:54.45	5,03	1:38:50
496	3633	Rita Pinto	Go-Fama	VF	46	3:00:37.15	4,98	1:40:33
497	3105	Vânia Costa	Fama Runners	SF	61	3:00:40.44	4,98	1:40:36
498	8008	Ricardo Araujo		V	130	3:01:07.98	4,97	1:41:04
499	3254	Maria Martins	Alive Runners	SF	62	3:01:08.92	4,97	1:41:05
500	4047	Manuel Martins	Alive Runners	V50	39	3:01:11.33	4,97	1:41:07
501	3046	Tânia Faíscas		SF	63	3:04:56.28	4,87	1:44:52
502	3103	Liliana Coelho		SF	64	3:05:08.54	4,86	1:45:05
503	3011	Eva Teixeira		SF	65	3:05:09.47	4,86	1:45:05
504	3512	Armando Amaro		V	131	3:05:14.04	4,86	1:45:10
505	3522	Lurdes Rocha		VF	47	3:05:29.94	4,85	1:45:26
506	3158	Diane Pereira		SF	66	3:05:32.08	4,85	1:45:28
507	3128	carmina gomes		SF	67	3:05:32.09	4,85	1:45:28
508	3514	Lurdes Alves		VF	48	3:06:28.44	4,83	1:46:24
509	3012	Sofia Valinhas		SF	68	3:09:47.99	4,74	1:49:44
510	3511	Adelina Valinhas		V	132	3:09:52.40	4,74	1:49:48
511	3136	Cristina Costa	Jorge Oculista Running Team	SF	69	3:10:05.40	4,73	1:50:01
512	3153	Vítor Fernandes		S	209	3:10:08.76	4,73	1:50:05
513	3154	Vera Morgado		SF	70	3:10:08.77	4,73	1:50:05
514	3135	Magda Rodrigues		SF	71	3:10:20.70	4,73	1:50:17
515	3211	Vanessa Mendes	ProFisio Team	S	210	3:11:13.88	4,71	1:51:10
516	3210	Paula Alves	ProFisio Team	SF	72	3:11:13.95	4,71	1:51:10
517	3221	Ricardo Maia		S	211	3:12:51.32	4,67	1:52:47
518	3587	Filipe Eliseu Brilhante		V	133	3:12:53.51	4,67	1:52:50
519	3157	Daniela Silva	LION RUNNERS - G.D. Leões da Gi	SF	73	3:13:18.03	4,66	1:53:14

520	4010	fernanda Moreira	os selvagens	VF50	11	3:13:30.69	4,65	1:53:27
521	1026	Jorge Meireles	FREZITE	S	212	3:13:48.20	4,64	1:53:44
522	3169	António Oliveira	FIT CLUBE ATC	S	213	3:17:40.78	4,55	1:57:37
523	1054	Ricardo Moreira	Atalanta Runners	S	214	3:17:51.18	4,55	1:57:47
524	3114	Edmundo Costa		S	215	3:19:49.19	4,50	1:59:45
525	6606	*****Dorsal 6606		??????		3:20:41.59	4,48	2:00:38
526	1073	Daniela Marques	Fama Runners	SF	74	3:21:32.59	4,47	2:01:29
527	1526	João Araújo		V50	40	3:21:33.44	4,47	2:01:29
528	3155	Marlene Pinto		SF	75	3:22:12.17	4,45	2:02:08
529	3069	Ana Rocha		SF	76	3:22:15.84	4,45	2:02:12
530	3127	Liliana Isabel Nogueira		SF	77	3:22:17.05	4,45	2:02:13
531	3543	PAULO CRUZ		V	134	3:28:18.98	4,32	2:08:15
532	4023	Rosa Samapio		VF50	12	3:29:39.73	4,29	2:09:36
533	3093	Cátia Navio		SF	78	3:29:44.30	4,29	2:09:40
534	3592	Patrícia Macedo		VF	49	3:29:45.81	4,29	2:09:42
535	8002	Isaura Almeida		VF50	13	3:36:50.00	4,15	2:16:46
536	3224	Sara Brandão		SF	79	3:37:10.00	4,14	2:17:06
537	3616	Susana Paulo	Jorge Oculista Running Team	VF	50	3:38:20.00	4,12	2:18:16
538	3620	Carla Lucas	Jorge Oculista Running Team	VF	51	3:38:50.00	4,11	2:18:46
539	1515	Maria Clara Pinto Reis Rodrigues		VF	52	3:45:16.00	4,00	2:25:12
540	3036	Cristina Ribeiro	#semdesculpas	S	216	3:46:08.00	3,98	2:26:04
541	3004	Filipa Simoes		SF	80	3:46:09.00	3,98	2:26:05
542	3235	Catarina Gil Ribeiro		SF	81	3:46:10.00	3,98	2:26:06
543	3206	Rui Simões	Fama Runners	S	217	3:56:11.00	3,81	2:36:07
544	3239	Isac Pinto	Fama Runners	S	218	3:56:24.00	3,81	2:36:20
545	3661	Américo Simões	Fama Runners	V	135	3:56:33.00	3,80	2:36:29